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Effect of Cucurbita ficifolia and Probiotic Yogurt Consumption on Blood Glucose, Lipid Profile, and Inflammatory Marker in Type 2 Diabetes

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#	Paper	IF	Citations
44	Effect of probiotics on metabolic profiles in type 2 diabetes mellitus: A meta-analysis of randomized, controlled trials. <i>Medicine (United States)</i> , 2016 , 95, e4088	1.8	58
43	In vitro biocompatibility and proliferative effects of polar and non-polar extracts of cucurbita ficifolia on human mesenchymal stem cells. <i>Biomedicine and Pharmacotherapy</i> , 2017 , 89, 215-220	7.5	4
42	Probiotic strains and mechanistic insights for the treatment of type 2 diabetes. <i>Endocrine</i> , 2017 , 58, 207-227	4	20
41	Effect of probiotics on lipid profiles and blood pressure in patients with type 2 diabetes: A meta-analysis of RCTs. <i>Medicine (United States)</i> , 2017 , 96, e9166	1.8	54
40	The effects of probiotics on total cholesterol: A meta-analysis of randomized controlled trials. <i>Medicine (United States)</i> , 2018 , 97, e9679	1.8	48
39	The beneficial effects of pumpkin extract on atherogenic lipid, insulin resistance and oxidative stress status in high-fat diet-induced obese rats. <i>Journal of Complementary and Integrative Medicine</i> , 2017 , 15,	1.5	9
38	The chemical and pharmacological basis of garlic (<i>Allium sativum</i> L.) as potential therapy for type 2 diabetes and metabolic syndrome. 2019 , 689-749		1
37	The chemical and pharmacological basis of pumpkins (<i>Cucurbita</i> species) as potential therapy for type-2 diabetes. 2019 , 473-502		1
36	Antidiabetic Potential of Medicinal Plants and Their Active Components. <i>Biomolecules</i> , 2019 , 9,	5.9	155
35	The Effect of Probiotic Yogurt on Glycemic Control in Type 2 Diabetes or Obesity: A Meta-Analysis of Nine Randomized Controlled Trials. <i>Nutrients</i> , 2019 , 11,	6.7	44
34	Effects of Consuming Calcium-Rich Foods on the Incidence of Type 2 Diabetes Mellitus. <i>Nutrients</i> , 2018 , 11,	6.7	14
33	Using probiotics for type 2 diabetes mellitus intervention: Advances, questions, and potential. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 60, 670-683	11.5	36
32	The Potential of Probiotics in the Prevention and Treatment of Atherosclerosis. <i>Molecular Nutrition and Food Research</i> , 2020 , 64, e1900797	5.9	16
31	Probiotics have beneficial metabolic effects in patients with type 2 diabetes mellitus: a meta-analysis of randomized clinical trials. <i>Scientific Reports</i> , 2020 , 10, 11787	4.9	35
30	Potential of favorable effects of probiotics fermented milk supplementation on blood pressure: a systematic review and meta-analysis. <i>International Journal of Food Properties</i> , 2020 , 23, 1925-1940	3	0
29	Exploring Health-Promoting Attributes of Plant Proteins as a Functional Ingredient for the Food Sector: A Systematic Review of Human Interventional Studies. <i>Nutrients</i> , 2020 , 12,	6.7	11
28	Effect of daily probiotic yogurt consumption on inflammation: A systematic review and meta-analysis of randomized Controlled Clinical trials. <i>Obesity Medicine</i> , 2020 , 18, 100221	2.6	13

27	Antihyperglycemic Activities of Fermented Milk Enriched with Gembili(Dioscorea esculenta). <i>IOP Conference Series: Earth and Environmental Science</i> , 2020 , 411, 012047	0.3	1
26	The effect of probiotics, prebiotics or synbiotics on metabolic outcomes in individuals with diabetes: a systematic review and meta-analysis. <i>Diabetologia</i> , 2021 , 64, 26-41	10.3	21
25	Probiotics Contribute to Glycemic Control in Patients with Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis. <i>Advances in Nutrition</i> , 2021 , 12, 722-734	10	13
24	Probiotics supplementation and cardiometabolic risk factors: A new insight into recent advances, potential mechanisms, and clinical implications. <i>PharmaNutrition</i> , 2021 , 16, 100261	2.9	2
23	Gut microbiota alteration by Lactobacillus rhamnosus reduces pro-inflammatory cytokines and glucose level in the adult model of Zebrafish. <i>BMC Research Notes</i> , 2021 , 14, 302	2.3	1
22	Molecular structure and anti-diabetic activity of a polysaccharide extracted from pumpkin Cucurbita pepo. <i>Journal of Molecular Structure</i> , 2021 , 1239, 130507	3.4	3
21	Bioactive Foods and Medicinal Plants for Cardiovascular Complications of Type II Diabetes: Current Clinical Evidence and Future Perspectives. <i>Evidence-based Complementary and Alternative Medicine</i> , 2021 , 2021, 6681540	2.3	3
20	Cholesterol-Lowering Effects of Lactobacillus Species. <i>Current Microbiology</i> , 2020 , 77, 638-644	2.4	20
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12	Effects of an Iranian traditional fermented food consumption on blood glucose, blood pressure, and lipid profile in type 2 diabetes: a randomized controlled clinical trial.. <i>European Journal of Nutrition</i> , 2022 , 1	5.2	0
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7	Effects of probiotic/prebiotic/synbiotic supplementation on blood glucose profiles: a systematic review and meta-analysis of randomized controlled trials. 2022 , 210, 149-159		0
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5	The effects of probiotic and synbiotic supplementation on inflammation, oxidative stress, and circulating adiponectin and leptin concentration in subjects with prediabetes and type 2 diabetes mellitus: a GRADE-assessed systematic review, meta-analysis, and meta-regression of randomized clinical trials.		0
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3	Phenolic compounds and antioxidant activity in Cucurbita ficifolia fruits, an underrated fruit. 9,		0
2	Exploring the Active Compounds of Traditional Mongolian Medicine Baolier Capsule (BLEC) in Patients with Coronary Artery Disease (CAD) Based on Network Pharmacology Analysis, Molecular Docking and Experimental Validation. Volume 17, 459-476		0
1	Optimizing the Production of Probiotic Yogurt as a New Functional Food for Diabetics with Favorable Sensory Properties Using the Response Surface Methodology.		0