

# Clinical hypnosis and Patanjali yoga sutras

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#	ARTICLE	IF	CITATIONS
1	Mind-Body Therapies. , 2021, , 133-151.		0
2	Effectiveness of yogic visual concentration (Trataka) on cognitive performance and anxiety among adolescents. Journal of Complementary and Integrative Medicine, 2020, 17, .	0.9	6
3	Lifestyle - A common denominator for the onset and management of migraine headache: Complementing traditional approaches with scientific evidence. International Journal of Yoga, 2019, 12, 146.	1.0	2
4	A Retrospective Analysis of Three Focused Attention Meditation Techniques: Mantra, Breath, and External-Point Meditation. Cureus, 2022, 14, e23589.	0.5	1
5	Existence of Therapeutic Techniques in Indian Psychology. Advances in Psychology, Mental Health, and Behavioral Studies, 2023, , 77-97.	0.1	0