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Designing, Prototyping and Evaluating Digital Mindfulness Applications: A Case Study of Mindful Breathing for Stress Reduction

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27	An Empirical Exploration of Mindfulness Design Using Solo Travel Domain. 2018,		5
26	A Review on the Relationship Between Sound and Movement in Sports and Rehabilitation. <i>Frontiers in Psychology</i> , 2019 , 10, 244	3.4	59
25	TANGAEON: Tangible Interaction to Support People in a Mindfulness Practice. <i>International Journal of Human-Computer Interaction</i> , 2019 , 35, 1086-1101	3.6	2
24	A Review on Research and Evaluation Methods for Investigating Self-Transcendence. <i>Frontiers in Psychology</i> , 2020 , 11, 547687	3.4	14
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22	A comparison design study of feedback modalities to support deep breathing whilst performing work tasks. <i>Work</i> , 2021 , 68, 1187-1202	1.6	1
21	aSpire: Clippable, Mobile Pneumatic-Haptic Device for Breathing Rate Regulation via Personalizable Tactile Feedback. 2021 ,		3
20	The Application of Machine Learning to Online Mindfulness Intervention Data: a Primer and Empirical Example in Compliance Assessment. <i>Mindfulness</i> , 2021 , 12, 2519-2534	2.9	2
19	Instant Stress: Detection of Perceived Mental Stress Through Smartphone Photoplethysmography and Thermal Imaging. <i>JMIR Mental Health</i> , 2019 , 6, e10140	6	22
18	To Each Stress Its Own Screen: A Cross-Sectional Survey of the Patterns of Stress and Various Screen Uses in Relation to Self-Admitted Screen Addiction. <i>Journal of Medical Internet Research</i> , 2019 , 21, e11485	7.6	26
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15	Efficacy of Seren@ctif, a Computer-Based Stress Management Program for Patients With Adjustment Disorder With Anxiety: Protocol for a Controlled Trial. <i>JMIR Research Protocols</i> , 2017 , 6, e1	9₫	3
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13	A Biofeedback App to Instruct Abdominal Breathing (Breathing-Mentor): Pilot Experiment (Preprint).		
12	Understanding How Virtual Reality Can Support Mindfulness Practice: Mixed Methods Study (Preprint).		

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