CITATION REPORT
List of articles citing

A New Mental Health Mobile App for Well-Being and Stress Reduction in Working Women: Randomized Controlled Trial

#	Paper	IF	Citations
38	Betriebliche Gesundheitsförderung in der Pflege. *Pravention Und Gesundheitsforderung*, **2021**, 16, 163-169	0.5	8
37	The emergence of digital mental health in low-income and middle-income countries: A review of recent advances and implications for the treatment and prevention of mental disorders. *Journal of Psychiatric Research*, **2021**, 133, 223-246	5.2	23
36	Benefits and Limitations of Implementing Mental Health Apps Among the Working Population. *Psychiatric Annals*, **2021**, 51, 76-83	0.5	1
35	The Integration of Meditation and Positive Psychology Practices to Relieve Stress in Women Workers (Flourish): Effects in Two Pilot Studies. *Behavioral Sciences (Basel, Switzerland)*, **2021**, 11,	2.3	
34	A systematic review and meta-analysis of psychological interventions to improve mental wellbeing. *Nature Human Behaviour*, **2021**, 5, 631-652	12.8	32
33	Feasibility of Using a Mobile App for Stress in Middle-Aged Men and Women. (Preprint).		
32	Perceptions of Mobile Health Apps and Features to Support Psychosocial Well-being Among Frontline Health Care Workers Involved in the COVID-19 Pandemic Response: Qualitative Study. *Journal of Medical Internet Research*, **2021**, 23, e26282	7.6	5
31	Feasibility of Using a Mobile App for Stress in Middle-Aged Men and Women.. *JMIR Formative Research*, **2021**,	2.5	
30	Experiences with and Perception of a Web-Based Mindfulness, Nutrition, and Fitness Platform Reported by First-Year University Students: A Qualitative Study. *Journal of the Academy of Nutrition and Dietetics*, **2021**, 121, 2409-2418.e3	3.9	0
29	Mobile Apps That Promote Emotion Regulation, Positive Mental Health, and Well-being in the General Population: Systematic Review and Meta-analysis. *JMIR Mental Health*, **2021**, 8, e31170	6	5
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26	An App for Classifying Personal Mental Illness at Workplace Using Fit Statistics and Convolutional Neural Networks: Survey-Based Quantitative Study. *JMIR MHealth and UHealth*, **2020**, 8, e17857	5.5	9
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24	İYERİTEMELLİRUH SAĞLIĞINI GELİŞTİRME PROGRAMLARI: SİSTEMATİK İNCELEME.		
23	Quality evaluation of stress, anxiety and depression apps for COVID-19. *Journal of Affective Disorders Reports*, **2021**, 6, 100255	1.4	0
22	Effects of mobile mindfulness meditation on mental health of university students: Systematic review and meta-analysis (Preprint).		

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21	Perceptions of Mobile Health Apps and Features to Support Psychosocial Well-being Among Frontline Health Care Workers Involved in the COVID-19 Pandemic Response: Qualitative Study (Preprint).		
20	An App for Classifying Personal Mental Illness at Workplace Using Fit Statistics and Convolutional Neural Networks: Survey-Based Quantitative Study (Preprint).		
19	Addressability of a Romanian Online Platform for Mental Health in the Workplace (Preprint).		
18	Industrial intelligence in the care of workers mental health: A review of status and challenges. *International Journal of Industrial Ergonomics*, **2022**, 87, 103234	2.9	3
17	Efficacy of 'Foundations', a Digital Mental Health App to Improve Mental Well-Being, during COVID-19: A Proof-of-Principle Randomised Controlled Trial.. *JMIR MHealth and UHealth*, **2021**,	5.5	0
16	Persuasive Technologies and Social Interactions in Professional Environments: Embedded Qualitative Case Study.. *JMIR Formative Research*, **2022**, 6, e32613	2.5	
15	Adolescents wellbeing while using a mobile AI-powered acceptance commitment therapy tool: evidence from a longitudinal study (Preprint).		
14	Persuasive Technologies and Social Interactions in Professional Environments: Embedded Qualitative Case Study (Preprint).		
13	Improving well-being with mobile AI-powered Acceptance Commitment Therapy tool: Pragmatic Retrospective Study (Preprint).		
12	In this paper we report the results of a pragmatic retrospective study aiming to test the effectiveness of a mobile phone delivered ACT based AI conversational coaching platform. In the on-boarding measurement half of all participants reported a WHO-5 score of 40 or less, well below the cut-off point of 50, and an indicator of poor well-being. However, on the last measurement	2.5	0
11	Usability Testing of a Gratitude Application for Promoting Mental Well-Being. *Lecture Notes in Computer Science*, **2022**, 296-312	0.9	
10	Health Promotion for Outpatient Careworkers in Germany. *Healthcare (Switzerland)*, **2022**, 10, 1148	3.4	
9	Are Organizational EHealth Interventions Becoming More Effective at Addressing Employee Mental Health; A Systematic Review and Meta-Analysis (Preprint).		0
8	Effects of a Mindfulness Intervention Comprising an App, Web-Based Workshops, and a Workbook on Perceived Stress Among Nurses and Nursing Trainees: Protocol for a Randomized Controlled Trial. **2022**, 11, e37195		0
7	Effectiveness of Mobile-Based Mindfulness Interventions in Improving Mindfulness Skills and Psychological Outcomes for Adults: a Systematic Review and Meta-regression.		0
6	Effects of mobile mindfulness meditation on mental health of university students: Systematic review and meta-analysis (Preprint).		0
5	Effectiveness of Digital Interventions for Deficit-Oriented and Asset-Oriented Psychological Outcomes in the Workplace: A Systematic Review and Narrative Synthesis. **2022**, 12, 1471-1497		0
4	Workplace Meditation Interventions for Reducing Psychological Stress and Other Cardiovascular Risk Factors: Workplace Wellness Policy Implications.		0

3	Mindfulness-Based Mobile Applications and Their Impact on Well-Being in Non-Clinical Populations: A Systematic Review of Randomized Controlled Trials (Preprint).	0
2	Use and Effectiveness of Mobile Health Applications for Stress Management and Emotional Self-Regulation in Adult Workers: A Systematic Review. **2022**,	0
1	Adolescents Well-being While Using a Mobile Artificial Intelligence Powered Acceptance Commitment Therapy Tool: Evidence From a Longitudinal Study. **2022**, 1, e38171	0