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Preventing Weight Gain in Women in Rural Communities: A Cluster Randomised Controlled Trial

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#	Paper	IF	Citations
44	Weight Gain Prevention among Midlife Women: A Randomized Controlled Trial to Address Needs Related to the Physical and Social Environment. <i>International Journal of Environmental Research and Public Health</i> , 2016 , 13,	4.6	5
43	Evaluation of a large healthy lifestyle program: informing program implementation and scale-up in the prevention of obesity. <i>Implementation Science</i> , 2016 , 11, 151	8.4	6
42	Effectiveness of interventions to promote physical activity and/or decrease sedentary behaviour among rural adults: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2017 , 18, 727-741	10.6	19
41	Comparing a telephone- and a group-delivered diabetes prevention program: Characteristics of engaged and non-engaged postpartum mothers with a history of gestational diabetes. <i>Diabetes Research and Clinical Practice</i> , 2017 , 126, 254-262	7.4	23
40	Technology Interventions to Manage Food Intake: Where Are We Now?. <i>Current Diabetes Reports</i> , 2017 , 17, 103	5.6	8
39	Exploring Diet Quality between Urban and Rural Dwelling Women of Reproductive Age. <i>Nutrients</i> , 2017 , 9,	6.7	17
38	A Randomized Trial of Weight Change in a National Home Visiting Program. <i>American Journal of Preventive Medicine</i> , 2018 , 54, 341-351	6.1	18
37	Effect of a low-intensity, self-management lifestyle intervention on knee pain in community-based young to middle-aged rural women: a cluster randomised controlled trial. <i>Arthritis Research and Therapy</i> , 2018 , 20, 74	5.7	6
36	Effectiveness of lifestyle interventions for preventing harmful weight gain among young adults from lower socioeconomic status and ethnically diverse backgrounds: a systematic review. <i>Obesity Reviews</i> , 2018 , 19, 333-346	10.6	17
35	Effectiveness of a brief behavioural intervention to prevent weight gain over the Christmas holiday period: randomised controlled trial. <i>BMJ, The</i> , 2018 , 363, k4867	5.9	25
34	Data sharing and reanalysis of randomized controlled trials in leading biomedical journals with a full data sharing policy: survey of studies published in and. <i>BMJ, The</i> , 2018 , 360, k400	5.9	92
33	The effect of a diabetes prevention program on dietary quality in women with previous gestational diabetes. <i>BMC Womens Health</i> , 2019 , 19, 88	2.9	1
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31	Diet Quality in a Weight Gain Prevention Trial of Reproductive Aged Women: A Secondary Analysis of a Cluster Randomized Controlled Trial. <i>Nutrients</i> , 2018 , 11,	6.7	8
30	The effectiveness of high intensity intermittent training on metabolic, reproductive and mental health in women with polycystic ovary syndrome: study protocol for the iHIT- randomised controlled trial. <i>Trials</i> , 2019 , 20, 221	2.8	1
29	Scaling-up evidence-based obesity interventions: A systematic review assessing intervention adaptations and effectiveness and quantifying the scale-up penalty. <i>Obesity Reviews</i> , 2019 , 20, 964-982	10.6	75
28	Evaluation of health promotion capacity gains in a state-wide rural food literacy intervention. <i>Australian Journal of Primary Health</i> , 2019 ,	1.4	3

27	Text Message Interventions for Physical Activity: A Systematic Review and Meta-Analysis. <i>American Journal of Preventive Medicine</i> , 2020 , 58, 142-151	6.1	35
26	A caring approach to people with obesity. <i>British Journal of Healthcare Assistants</i> , 2020 , 14, 278-283	0.1	
25	Characterizing Dietary Intakes in Rural Australian Adults: A Systematic Literature Review. <i>Nutrients</i> , 2020 , 12,	6.7	0
24	The effect of workplace lifestyle programmes on diet, physical activity, and weight-related outcomes for working women: A systematic review using the TIDieR checklist. <i>Obesity Reviews</i> , 2020 , 21, e13027	10.6	5
23	Cost Effectiveness of Antenatal Lifestyle Interventions for Preventing Gestational Diabetes and Hypertensive Disease in Pregnancy. <i>PharmacoEconomics - Open</i> , 2020 , 4, 499-510	2.1	10
22	A pragmatic and scalable strategy using mobile technology to promote sustained lifestyle changes to prevent type 2 diabetes in India and the UK: a randomised controlled trial. <i>Diabetologia</i> , 2020 , 63, 486-496	10.3	14
21	Limited dietary interventions in rural Australian communities: A systematic review. <i>Nutrition and Dietetics</i> , 2021 , 78, 57-68	2.5	3
20	How effective are physical activity interventions when they are scaled-up: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 16	8.4	9
19	Preventing weight gain in adults: A systematic review and meta-analysis of randomized controlled trials. <i>Obesity Reviews</i> , 2021 , 22, e13280	10.6	2
18	The Relationship of Diet and Physical Activity with Weight Gain and Weight Gain Prevention in Women of Reproductive Age. <i>Journal of Clinical Medicine</i> , 2021 , 10,	5.1	1
17	Intra-cluster correlations from the CLustered OUtcome Dataset bank to inform the design of longitudinal cluster trials. <i>Clinical Trials</i> , 2021 , 18, 529-540	2.2	5
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15	The OptimalMe healthy lifestyle in preconception, pregnancy and postpartum (HiPPP) intervention: Trial protocol for a randomised controlled implementation effectiveness trial (Preprint).		
14	Is a small change approach for weight management effective? A systematic review and meta-analysis of randomized controlled trials. <i>Obesity Reviews</i> , 2021 , e13357	10.6	2
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6	An Empirical Validation of the Regression Point Displacement Design Using Within-Study Comparison Logic: Emerging Possibilities and Cautions.. <i>Evaluation Review</i> , 2022 , 193841X211064420	1.6	
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4	Preventing Obesity in Midlife Women: A Systematic Review for the Women's Preventive Services Initiative.		1
3	Empowerment for behaviour change through social connections: a qualitative exploration of women's preferences in preconception health promotion in the state of Victoria, Australia. 2022 , 22,		0
2	Modeling the effect of diet and physical activity on body mass index in prepregnant and postpartum women. 2023 , 111, 112026		0
1	Digital behaviour change interventions to increase vegetable intake in adults: a systematic review. 2023 , 20,		0