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Scientific Evidence of Interventions Using the Mediterranean Diet: A Systematic Review

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#	Paper	IF	Citations
97	The changing roles of dietary carbohydrates: from simple to complex. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2006 , 26, 1958-65	9.4	17
96	Proceedings of the Vth Barcelona International Congress on the Mediterranean Diet, Spain, 10-11 March 2004. <i>Public Health Nutrition</i> , 2006 , 9, 101-67	3.3	10
95	The use of indexes evaluating the adherence to the Mediterranean diet in epidemiological studies: a review. <i>Public Health Nutrition</i> , 2006 , 9, 132-46	3.3	276
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87	Long-term effects of non-surgical therapy for obesity on cardiovascular risk management: a weighted empirical review. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2008 , 16, 21-29	1.4	3
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