

# The importance of sleep and physical activity on well-being in a remote island as a case study

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Physical activity and mental health in Covid-19 times: an editorial. <i>Sleep Medicine</i> , 2021, 77, 295-296.	0.8	15
2	A Study on the Causal Process of Virtual Reality Tourism and Its Attributes in Terms of Their Effects on Subjective Well-Being during COVID-19. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1019.	1.2	32
3	COVID-19 among LGBTQ+ individuals living with HIV/AIDS: psycho-social challenges and care options. <i>AIMS Public Health</i> , 2021, 8, 303-308.	1.1	14
4	A cross-sectional study of mental wellbeing with practice of yoga and meditation during COVID-19 pandemic. <i>Journal of Family Medicine and Primary Care</i> , 2021, 10, 1576.	0.3	17
5	The Relationship Between Anxiety Levels, Sleep, and Physical Activity During COVID-19 Lockdown: An Exploratory Study. <i>Frontiers in Psychology</i> , 2021, 12, 659599.	1.1	29
6	Physical Activity Among Predominantly White Middle-Aged and Older US Adults During the SARS-CoV-2 Pandemic: Results From a National Longitudinal Survey. <i>Frontiers in Public Health</i> , 2021, 9, 652197.	1.3	17
7	Physical Activity and Sedentary Behavior of Elderly Populations during Confinement: Results from the FRENCH COVID-19 ONAPS Survey. <i>Experimental Aging Research</i> , 2021, 47, 401-413.	0.6	19
8	Effect of the COVID-19 lockdown on physical activity and sedentary behaviors in French children and adolescents: New results from the ONAPS national survey. <i>European Journal of Integrative Medicine</i> , 2021, 43, 101308.	0.8	82
9	COVID-19-Related National Re-confinement: Recommendations From the National French Observatory for Physical Activity and Sedentary Behaviors (ONAPS). <i>Journal of Physical Activity and Health</i> , 2021, 18, 474-476.	1.0	4
10	What Happened Pre- and during COVID-19 in South Korea? Comparing Physical Activity, Sleep Time, and Body Weight Status. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5863.	1.2	23
11	Sleep and Resilience during the COVID-19 Pandemic. , 0, , .		8
12	How Has the COVID-19 Pandemic Changed BMI Status and Physical Activity – Its Associations with Mental Health Conditions, Suicidality: An Exploratory Study. <i>Risk Management and Healthcare Policy</i> , 2021, Volume 14, 2527-2536.	1.2	9
13	Sleep problems during COVID-19 pandemic and its™ association to psychological distress: A systematic review and meta-analysis. <i>EClinicalMedicine</i> , 2021, 36, 100916.	3.2	233
14	Psychological responses and associated factors during the initial lockdown due to the corona disease epidemic (COVID-19) among Norwegian citizens. <i>Journal of Mental Health</i> , 2021, , 1-8.	1.0	5
15	Detrimental changes to the health and well-being of healthcare workers in an Australian COVID-19 hospital. <i>BMC Health Services Research</i> , 2021, 21, 1002.	0.9	21
16	College students™ sleep difficulty during COVID-19 and correlated stressors: A large-scale cross-sectional survey study. <i>Sleep Epidemiology</i> , 2021, 1, 100004.	0.7	6
17	Being Elder in COVID-19 Pandemia. <i>Ordu Ąeniversitesi HemĄirelik ĄtalĄmalarĄ Dergisi</i> , 2022, 5, 114-124.	0.3	1
18	Adverse Collateral Effects of COVID-19 Public Health Restrictions on Physical Fitness and Cognitive Performance in Primary School Children. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11099.	1.2	25

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19	Prospective changes in physical activity, sedentary time and sleep during the COVID-19 pandemic in a US-based cohort study. <i>BMJ Open</i> , 2021, 11, e053817.	0.8	10
20	Staying Physically Active Is Associated with Better Mental Health and Sleep Health Outcomes during the Initial Period of COVID-19 Induced Nation-Wide Lockdown in Jordan. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 776.	1.2	4
21	Sleep disturbances during the COVID-19 pandemic: A systematic review, meta-analysis, and meta-regression. <i>Sleep Medicine Reviews</i> , 2022, 62, 101591.	3.8	154
22	The association between physical activity and mental health during the first year of the COVID-19 pandemic: a systematic review. <i>BMC Public Health</i> , 2022, 22, 209.	1.2	86
23	Impact of the COVID-19 pandemic on BMI: Its changes in relation to socio-demographic and physical activity patterns based on a short period. <i>PLoS ONE</i> , 2022, 17, e0266024.	1.1	22
24	Predicting subjective well-being in a high-risk sample of Russian mental health app users. <i>EPJ Data Science</i> , 2022, 11, 21.	1.5	6
25	Longitudinal Effects of Distress and Its Management During COVID-19 Lockdown in Spain. <i>Frontiers in Psychology</i> , 2021, 12, 772040.	1.1	1
26	Daily and average associations of physical activity, social media use, and sleep among adolescent girls during the COVID-19 pandemic. <i>Journal of Sleep Research</i> , 2023, 32, e13611.	1.7	9
27	Addictive social media use during Covid-19 outbreak: Validation of the Bergen Social Media Addiction Scale (BSMAS) and investigation of protective factors in nine countries. <i>Current Psychology</i> , 0, , .	1.7	20
28	Sedentarismâ€”A predominant factor in difficult post-COVID-19 recovery. , 2022, , 211-219.		0
29	Sleep Quality Impairment Is Associated With Pandemic Attitudes During the Coronavirus Disease 2019 (COVID-19) Circuit Breaker Lockdown in England: A Cross-Sectional Study. <i>Frontiers in Public Health</i> , 0, 10, .	1.3	5
30	Exercise Training Program Improves Subjective Sleep Quality and Physical Fitness in Severely Obese Bad Sleepers. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 13732.	1.2	0
31	Relationships between organic food experience and customersâ€™ well-being: a cross-cultural study between America and India. <i>Journal of Foodservice Business Research</i> , 0, , 1-17.	1.3	2
32	Cerrahi HastalarÄ±nda Ameliyat SonrasÄ± Uyku Kalitesi ve Uyku DÄ±zenini Etkileyen FaktÅ¶rler. <i>Celal Bayar Äœniversitesi SaÄŸlık Bilimleri EnstitÅ¼sÅ¼ Dergisi</i> , 0, , .	0.1	1
33	Motivation and anxiety during the second COVID-19 lockdown in gym exercisers: The mediating role of affects and satisfaction with life. <i>Current Psychology</i> , 0, , .	1.7	1
34	Healthcare utilisation, physical activity and mental health during COVID-19 lockdown: an interrupted time-series analysis of older adults in England. <i>European Journal of Ageing</i> , 2022, 19, 1617-1630.	1.2	0
35	Effects of the COVID-19 Pandemic on Participation in Physical Activity of Individuals with Autism Spectrum Disorder: The True-Life Experiences of Parents. <i>Ankara Universitesi Egitim Bilimleri Fakultesi Ozel Egitim Dergisi</i> , 2023, 24, 235-251.	0.2	3
36	The Role of Sports in the Subjective Psychological Well-Being of Hungarian Adult Population in Three Waves of the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , 2023, 20, 660.	1.2	5

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37	Changes in sleep quality and sleep disturbances in the general population from before to during the COVID-19 lockdown: A systematic review and meta-analysis. <i>Frontiers in Psychiatry</i> , 0, 14, .	1.3	9
38	Sleep, Physical Activity, and Dietary Patterns During COVID-19 Pandemic. , 2023, , 267-279.		0