

Yoga practice in the UK: a cross-sectional survey of motor behaviours

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Citation Report

#	ARTICLE	IF	CITATIONS
1	A quest for relaxation? A figurational analysis of the transformation of yoga into a global leisure time phenomenon. <i>Sport in Society</i> , 2020, 23, 1615-1629.	0.8	3
2	Effectiveness of stress-relieving strategies in regulating patterns of cortisol secretion and promoting brain health. <i>International Review of Neurobiology</i> , 2020, 150, 219-246.	0.9	10
3	Analysis of Yoga as an Inclusive Sport in Educational Contexts. <i>Education Sciences</i> , 2020, 10, 162.	1.4	0
4	The effect of the yoga course on mindfulness and self-compassion among nursing students. <i>Perspectives in Psychiatric Care</i> , 2021, 57, 875-882.	0.9	13
5	Benefits and adverse effects associated with yoga practice: A cross-sectional survey from India. <i>Complementary Therapies in Medicine</i> , 2021, 57, 102644.	1.3	15
6	Feasibility and outcome of an online streamed yoga intervention on stress and wellbeing of people working from home during COVID-19. <i>Work</i> , 2021, 69, 331-349.	0.6	24
7	A systematic review of the effectiveness of yoga on pain, physical function, and quality of life in older adults with chronic musculoskeletal conditions. <i>Musculoskeletal Care</i> , 2021, , .	0.6	6
8	Healing myths, yoga styles and social bodies: socio-logics of yoga as a health practice in the socially stratified city of Marseille, France. <i>Anthropology and Medicine</i> , 2021, 28, 374-394.	0.6	1
9	Older women and wellbeing through the pandemic: Examining the effect of daily online yoga lessons. <i>Health Care for Women International</i> , 2021, 42, 1255-1278.	0.6	5
10	Association Between Sudarshan Kriya Yoga and Healthy Lifestyle Practices Among Working Adults: A Cross-Sectional Study from Singapore. <i>Journal of Alternative and Complementary Medicine</i> , 2021, 27, 968-973.	2.1	1
11	A Population-Practice-Based Model to Understand How Yoga Impacts on Human Global Functioning: A Qualitative Study. <i>Journal of Alternative and Complementary Medicine</i> , 2021, 27, 991-1001.	2.1	2
12	The Relationship Between Yoga and Spirituality: A Systematic Review of Empirical Research. <i>Frontiers in Psychology</i> , 2021, 12, 695939.	1.1	22
13	Feasibility of a yoga, aerobic and stretching-toning exercise program for adult cancer survivors: the STAYFit trial. <i>Journal of Cancer Survivorship</i> , 2022, 16, 1107-1116.	1.5	10
14	Mental health, yoga, and other holistic movement practices: A relationship worth investigating. <i>Mental Health and Physical Activity</i> , 2021, 21, 100427.	0.9	6
15	Diversification of Physical Activities: An Exploration of Provision Characteristics of Holistic Movement Practices in a Large Australian City. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 10365.	1.2	3
16	Yoga participation associated with changes in dietary patterns and stress: A pilot study in stressed adults with poor diet. <i>Complementary Therapies in Clinical Practice</i> , 2021, 45, 101472.	0.7	3
17	Practice or performance? A content analysis of yoga-related videos on Instagram. <i>Body Image</i> , 2021, 39, 175-183.	1.9	7
18	Twelve-Week Yoga vs. Aerobic Cycling Initiation in Sedentary Healthy Subjects: A Behavioral and Multiparametric Interventional PET/MR Study. <i>Frontiers in Psychiatry</i> , 2021, 12, 739356.	1.3	3

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19	Níveis de estresse, ansiedade, depressão e fatores associados durante a pandemia de COVID-19 em praticantes de Yoga. Revista Brasileira De Atividade Física E Saúde, 0, 25, 1-7.	0.1	11
20	For Exercise, Relaxation, or Spirituality: Exploring Participation Motives and Conformity to Masculine Norms among Male and Female Yoga Participants. International Journal of Environmental Research and Public Health, 2022, 19, 770.	1.2	2
21	Effect of Postpartum Yoga on Breastfeeding Self-Efficacy and Maternal Attachment in Primiparous Mothers. Breastfeeding Medicine, 2022, 17, 311-317.	0.8	1
22	Effects of yoga and aerobic exercise on wellbeing in physically inactive older adults: Randomized controlled trial (FitForAge). Complementary Therapies in Medicine, 2022, 66, 102815.	1.3	6
23	Perceived usefulness of yoga to maintain well-being and in relation to COVID-19 cases among Hungarian yoga practitioners. Journal of Sports Medicine and Physical Fitness, 2022, , .	0.4	1
24	Characteristics of Yoga Providers and Their Sessions and Attendees in the UK: A Cross-Sectional Survey. International Journal of Environmental Research and Public Health, 2022, 19, 2212.	1.2	3
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27	Joining a group was inspiring: a qualitative study of service users' experiences of yoga on social prescription. BMC Complementary Medicine and Therapies, 2022, 22, 67.	1.2	7
28	The Influence of Amateur Sports on Health Quality. Ukrainian Journal of Medicine and Sports, 2022, 7, 8-13.	0.0	0
29	Health-Related Quality of Life Outcomes With Regular Yoga and Heartfulness Meditation Practice: Results From a Multinational, Cross-sectional Study. JMIR Formative Research, 2022, 6, e37876.	0.7	6
30	Perceptions about the Benefits and negative outcomes of yoga practice by yoga-naïve persons: A cross-sectional survey. International Journal of Yoga, 2022, 15, 76.	0.4	1
31	What Brings Young Adults to the Yoga Mat? Cross-Sectional Associations Between Motivational Profiles and Physical and Psychological Health Among Participants in the Project EAT-IV Survey. , 2022, , .		0
32	Yoga and mental health among Brazilian practitioners during COVID-19: An internet-based cross-sectional survey. Sports Medicine and Health Science, 2022, 4, 127-132.	0.7	2
35	Remote Delivery of Yoga Interventions Through Technology: Scoping Review. Journal of Medical Internet Research, 2022, 24, e29092.	2.1	3
36	Why do people do yoga? Examining motives across different types of yoga participants. International Journal of Sport and Exercise Psychology, 0, , 1-21.	1.1	4
37	Evolution of yoga: From spiritual uplift to business outburst. Yoga Mimamsa, 2022, 54, 36-40.	0.2	0
38	Impact of preference for yoga or cognitive behavioral therapy in patients with generalized anxiety disorder on treatment outcomes and engagement. Journal of Psychiatric Research, 2022, 153, 109-115.	1.5	2

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39	Contemplating movement: A randomized control trial of yoga training for mental health. <i>Mental Health and Physical Activity</i> , 2022, 23, 100483.	0.9	1
40	Going within, between and beyond: An exploration of regular Ashtanga Yoga practitioners' conceptualizations of five dimensions of wellbeing. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	0
41	"It stretches your body but makes you feel good too": A qualitative study exploring young people's perceptions and experiences of yoga. <i>Journal of Health Psychology</i> , 2023, 28, 789-803.	1.3	0
42	A cross-sectional analysis of yoga experience on variables associated with psychological well-being. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	0
43	A Survey on Yogic Posture Recognition. <i>IEEE Access</i> , 2023, 11, 11183-11223.	2.6	6
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47	Cardiovascular reactivity to stress in long-term yoga practitioners. <i>Journal of Family Medicine and Primary Care</i> , 2023, 12, 383.	0.3	2
48	Yoga, an Appurtenant Method to Improve the Sports Performance of Elite Romanian Athletes. <i>Sustainability</i> , 2023, 15, 4264.	1.6	0
56	Vedic Perspective of Wellness and Wellbeing. <i>Advances in Psychology, Mental Health, and Behavioral Studies</i> , 2024, , 1-18.	0.1	0