

World Health Organization 2020 guidelines on physical

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Physical activity guidelines 2020: comprehensive and inclusive recommendations to activate populations. <i>Lancet, The</i> , 2020, 396, 1780-1782.	6.3	63
2	How can global physical activity surveillance adapt to evolving physical activity guidelines? Needs, challenges and future directions. <i>British Journal of Sports Medicine</i> , 2020, 54, 1468-1473.	3.1	68
3	Joint associations of accelerometer-measured physical activity and sedentary time with all-cause mortality: a harmonised meta-analysis in more than 44 000 middle-aged and older individuals. <i>British Journal of Sports Medicine</i> , 2020, 54, 1499-1506.	3.1	161
4	2020 WHO guidelines on physical activity and sedentary behaviour for children and adolescents aged 5â€“17â€“years: summary of the evidence. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 141.	2.0	454
5	Evidence on physical activity and osteoporosis prevention for people aged 65+ years: a systematic review to inform the WHO guidelines on physical activity and sedentary behaviour. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 150.	2.0	157
6	Evidence on physical activity and falls prevention for people aged 65+ years: systematic review to inform the WHO guidelines on physical activity and sedentary behaviour. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 144.	2.0	137
7	New global guidelines on sedentary behaviour and health for adults: broadening the behavioural targets. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 151.	2.0	121
8	Everything counts in sending the right message: science-based messaging implications from the 2020 WHO guidelines on physical activity and sedentary behaviour. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 135.	2.0	17
9	Estimating the global economic benefits of physically active populations over 30 years (2020â€“2050). <i>British Journal of Sports Medicine</i> , 2020, 54, 1482-1487.	3.1	36
10	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 143.	2.0	166
11	Making the case for â€“physical activity securityâ€“™: the 2020 WHO guidelines on physical activity and sedentary behaviour from a Global South perspective. <i>British Journal of Sports Medicine</i> , 2020, 54, 1447-1448.	3.1	26
12	Levels of domain-specific physical activity at work, in the household, for travel and for leisure among 327 789 adults from 104 countries. <i>British Journal of Sports Medicine</i> , 2020, 54, 1488-1497.	3.1	79
13	Home-Based Resistance Training for Older Subjects during the COVID-19 Outbreak in Italy: Preliminary Results of a Six-Months RCT. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9533.	1.2	38
14	Impact on Health-Related Quality of Life after Different Aerobic Exercise Programs in Physically Inactive Adults with Overweight/Obesity and Primary Hypertension: Data from the EXERDIET-HTA Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9349.	1.2	9
15	Do declines in occupational physical activity contribute to population gains in body mass index? TromsÅ, Study 1974â€“2016. <i>Occupational and Environmental Medicine</i> , 2021, 78, 203-210.	1.3	7
16	The effects of a physical activity intervention based on a fatness and fitness smartphone app for University students. <i>Health Informatics Journal</i> , 2021, 27, 146045822098727.	1.1	7
17	The Association of Healthy Lifestyle Behaviors with Overweight and Obesity among Older Adults from 21 Countries. <i>Nutrients</i> , 2021, 13, 315.	1.7	12
18	Le contexte. , 2021, , 3-14.		0

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19	Associations Between Accelerometer-Based Free-Living Walking and Self-Reported Walking Capability Among Community-Dwelling Older People. <i>Journal of Aging and Physical Activity</i> , 2021, 29, 1018-1025.	0.5	4
20	Prevalence of global physical activity among young people: an updated systematic review for the Brazil's Report Card. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 0, 23, .	0.5	2
21	Strategic Negotiation Factors in Participating at Recreational Sport Activities Aiming at the Well-being and the Presentation of Perma Scale for the Greek Population. <i>Springer Proceedings in Business and Economics</i> , 2021, , 71-83.	0.3	0
22	Increased modifiable cardiovascular risk factors in patients with Takayasu arteritis: a multicenter cross-sectional study. <i>Advances in Rheumatology</i> , 2021, 61, 1.	0.8	3
23	Anthropometric Profiles in Table Tennis Players: Analysis of Sex, Age, and Ranking. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 876.	1.3	12
24	Patterns of Change in Dietary Habits and Physical Activity during Lockdown in Spain Due to the COVID-19 Pandemic. <i>Nutrients</i> , 2021, 13, 300.	1.7	100
25	Longitudinal effects of evidence-based physical education in Maltese children. <i>Child and Adolescent Obesity</i> , 2021, 4, 98-116.	1.3	1
26	Exercise Interventions Targeting Obesity in Persons With Spinal Cord Injury. <i>Topics in Spinal Cord Injury Rehabilitation</i> , 2021, 27, 109-120.	0.8	18
27	Multicomponent physical activity program to prevent body changes and metabolic disturbances associated with antiretroviral therapy and improve quality of life of people living with HIV: a pragmatic trial. <i>Clinics</i> , 2021, 76, e2457.	0.6	1
28	Physical Activity Among People With Lower Limb Amputation in Brazil. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1269-1276.	1.0	2
29	Implications of Disability Severity on 24-Hour Movement Guideline Adherence Among Children With Neurodevelopmental Disorders in the United States. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1325-1331.	1.0	12
30	Recomendaciones clínicas para la rehabilitación de personas con fibromialgia. Una revisión narrativa.. <i>Revista De La Sociedad Espanola Del Dolor</i> , 2021, 28, .	0.0	0
31	Physical activity: beneficial effects. , 2021, , .		0
32	Physical activity and mortality reduction: is volume or intensity the key variable?. <i>European Heart Journal</i> , 2021, 42, 730-731.	1.0	3
33	Physical Activity Promotion and the United Nations Sustainable Development Goals: Building Synergies to Maximize Impact. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1163-1180.	1.0	84
34	Effects of a Strength-Dominated Exercise Program on Physical Fitness and Cognitive Performance in Preschool Children. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 983-990.	1.0	21
35	Targeting Sedentary Behavior in Minority Populations as a Feasible Health Strategy during and beyond COVID-19: On Behalf of ACSM-EIM and HL-PIVOT. <i>Translational Journal of the American College of Sports Medicine</i> , 2021, 6, .	0.3	1
36	Self-Perceived Changes in Physical Activity and the Relation to Life Satisfaction and Rated Physical Capacity in Swedish Adults during the COVID-19 Pandemic—A Cross Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 671.	1.2	39

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37	The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability. <i>Journal of Physical Activity and Health</i> , 2021, 18, 86-93.	1.0	93
38	Associations of Vigorous Gardening With Cardiometabolic Risk Markers for Middle-Aged and Older Adults. <i>Journal of Aging and Physical Activity</i> , 2022, 30, 466-472.	0.5	4
39	The Influence of Sitting, Standing, and Stepping Bouts on Cardiometabolic Health Markers in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2022, 30, 114-122.	0.5	3
40	Encountering Covid-19 and perceived stress and the role of a health climate among medical workers. <i>Current Psychology</i> , 2022, 41, 9109-9122.	1.7	32
42	Effectiveness of web-based and mobile health interventions designed to enhance adherence to physical activity for people with inflammatory arthritis: a systematic review. <i>Rheumatology Advances in Practice</i> , 2021, 5, rkab016.	0.3	6
43	The association of self-reported physical activity on human sensory long-term potentiation. <i>AIMS Neuroscience</i> , 2021, 8, 435-447.	1.0	3
44	Sedentary behavior in children and adolescents: an update of the systematic review of the Brazil's Report Card. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 0, 23, .	0.5	4
45	Rapid Realist Review of School-Based Physical Activity Interventions in 7- to 11-Year-Old Children. <i>Children</i> , 2021, 8, 52.	0.6	8
46	Impact of COVID-19 Pandemic on University Students' Physical Activity Levels: An Early Systematic Review. <i>Frontiers in Psychology</i> , 2020, 11, 624567.	1.1	152
47	Predictivity of International Physical Activity Questionnaire Short Form for 5-Year Incident Disability Among Japanese Older Adults. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1-5.	1.0	1
48	The Impact of Sports and Physical Activities on Assertiveness in University Students. <i>Juntendo Medical Journal</i> , 2021, 67, 257-263.	0.1	1
49	Vulnerabilidade e Declínio Funcional em pessoas idosas da Atenção Primária à Saúde: estudo longitudinal. <i>Revista Brasileira De Geriatria E Gerontologia</i> , 2021, 24, .	0.1	4
50	Physical activity with person-centred guidance supported by a digital platform for persons with chronic widespread pain: A randomized controlled trial.. <i>Journal of Rehabilitation Medicine</i> , 2021, 53, jrm00175.	0.8	4
51	The Effect of Chair-Based Exercise on Physical Function in Older Adults: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1902.	1.2	17
52	A Novel Mobile App (CareFit) to Support Informal Caregivers to Undertake Regular Physical Activity From Home During and Beyond COVID-19 Restrictions: Co-design and Prototype Development Study. <i>JMIR Formative Research</i> , 2021, 5, e27358.	0.7	7
53	Social Contact with Family and Non-Family Members Differentially Affects Physical Activity: A Parallel Latent Growth Curve Modeling Approach. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2313.	1.2	5
54	Associations of Body Dissatisfaction With Lifestyle Behaviors and Socio-Demographic Factors Among Saudi Females Attending Fitness Centers. <i>Frontiers in Psychology</i> , 2021, 12, 611472.	1.1	10
55	Is Active Lifestyle Related to Autonomic Nervous System Function and Lipid Profile in People with Overweight? A Study Pilot. <i>Sustainability</i> , 2021, 13, 2439.	1.6	4

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56	A School-Based Randomized Controlled Trial to Promote Cycling to School in Adolescents: The PACO Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2066.	1.2	12
58	Sustainable Development Goals and Physical Education. A Proposal for Practice-Based Models. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2129.	1.2	37
59	Association between Depression, Lifestyles, Sleep Quality, and Sense of Coherence in a Population with Cardiovascular Risk. <i>Nutrients</i> , 2021, 13, 585.	1.7	18
60	Levels of Physical Activity and Mental Health in Adolescents in Ireland. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1713.	1.2	8
61	Promoting Physical Activity in Survivors of Childhood and Adolescent Cancers Takes a Society. <i>Rehabilitation Oncology</i> , 2021, 39, E9-E11.	0.2	0
62	Sudden Cardiac Death Risk in Downhill Skiers and Mountain Hikers and Specific Prevention Strategies. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1621.	1.2	11
64	Flourishing or physical activity?: Identifying temporal precedence in supporting the transition to university. <i>Journal of American College Health</i> , 2021, , 1-6.	0.8	3
65	Prescribing active transport as a planetary health intervention “ benefits, challenges and recommendations. <i>Physical Therapy Reviews</i> , 2021, 26, 159-167.	0.3	11
66	Barriers and Facilitators Associated with Physical Activity in the Middle East and North Africa Region: A Systematic Overview. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1647.	1.2	37
67	Environmental and Psychosocial Barriers Affect the Active Commuting to University in Chilean Students. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1818.	1.2	13
68	Do adults with non-communicable diseases meet the German physical activity recommendations?. <i>German Journal of Exercise and Sport Research</i> , 2021, 51, 183-193.	1.0	20
69	Active Video Games for Improving Mental Health and Physical Fitness“ An Alternative for Children and Adolescents during Social Isolation: An Overview. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1641.	1.2	21
70	Cortical hemodynamics as a function of handgrip strength and cognitive performance: a cross-sectional fNIRS study in younger adults. <i>BMC Neuroscience</i> , 2021, 22, 10.	0.8	14
71	Sedentary Behavior, Cardiovascular Risk and Importance of Physical Activity and Breaking-Up Sedentary Behavior. , 0, , .		0
72	Physical Activity, Cardiorespiratory Fitness and Clustered Cardiovascular Risk in South African Primary Schoolchildren from Disadvantaged Communities: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2080.	1.2	6
73	Association of Cardiorespiratory Fitness with Achievement Motivation in Physical Education in Adolescents. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2317.	1.2	6
74	The Role of Physical Activity and School Physical Education in Enhancing School Satisfaction and Life Satisfaction. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1689.	1.2	10
75	Physiology of physical inactivity, sedentary behaviours and non“exercise activity: insights from the space bedrest model. <i>Journal of Physiology</i> , 2022, 600, 1037-1051.	1.3	21

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76	Exercise intervention for the risk of falls in older adults. <i>Medicine (United States)</i> , 2021, 100, e24548.	0.4	7
77	Insights into the Impact of Microbiota in the Treatment of NAFLD/NASH and Its Potential as a Biomarker for Prognosis and Diagnosis. <i>Biomedicines</i> , 2021, 9, 145.	1.4	20
78	Pain and fatigue are longitudinally and bi-directionally associated with more sedentary time and less standing time in rheumatoid arthritis. <i>Rheumatology</i> , 2021, 60, 4548-4557.	0.9	18
79	The effect of physical activity on total homocysteine concentrations and cardiovascular risk in older Brazilian adults with type 2 diabetes. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 407-416.	0.8	1
80	Walking for hypertension. <i>The Cochrane Library</i> , 2021, 2021, CD008823.	1.5	19
81	Rethinking Physical Activity Promotion During the COVID-19 Pandemic: Focus on a 24-hour Day. <i>Journal of Rheumatology</i> , 2021, 48, 1205-1207.	1.0	8
82	Impact of paternal exercise on physiological systems in the offspring. <i>Acta Physiologica</i> , 2021, 231, e13620.	1.8	12
83	The GoPA! Second Set of Country Cards Informing Decision Making for a Silent Pandemic. <i>Journal of Physical Activity and Health</i> , 2021, 18, 245-246.	1.0	4
84	Device-Measured Physical Activity, Sedentary Behaviors, Built Environment, and Adiposity Gain in Older Women: A Seven-Year Prospective Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3074.	1.2	0
86	Physical and Sedentary Activities in Association with Reproductive Outcomes among Couples Seeking Infertility Treatment: A Prospective Cohort Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2718.	1.2	5
87	Effects of School-Based Exercise Program on Obesity and Physical Fitness of Urban Youth: A Quasi-Experiment. <i>Healthcare (Switzerland)</i> , 2021, 9, 358.	1.0	7
88	Influence of age on functional capacity and work ability in Chilean workers: a cross-sectional study. <i>International Archives of Occupational and Environmental Health</i> , 2021, 94, 1307-1315.	1.1	4
89	Routine participation in sports and fitness activities among out-patients with psychotic disorders: A multi-site cross-sectional survey in England. <i>Mental Health and Physical Activity</i> , 2021, 20, 100402.	0.9	1
90	Physical activity behavior in people with asthma and COPD overlap residing in Spain: a cross-sectional analysis. <i>Journal of Asthma</i> , 2022, 59, 917-925.	0.9	4
91	Physical Activity Level, Insomnia and Related Impact in Medical Students in Poland. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3081.	1.2	13
92	The effects of submaximal exercise on a treadmill on the recovery of the stiffness index and reflection index in men with untreated hypertension. <i>Journal of Medical Science</i> , 2021, 90, e504.	0.2	2
93	“Body & Brain” effects of a multicomponent exercise intervention on physical and cognitive function of adults with dementia - study protocol for a quasi-experimental controlled trial. <i>BMC Geriatrics</i> , 2021, 21, 156.	1.1	7
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95	Association between Levels of Physical Activity, Sarcopenia, Type 2 Diabetes and the Quality of Life of Elderly People in Community Dwellings in Lebanon. <i>Geriatrics (Switzerland)</i> , 2021, 6, 28.	0.6	6
96	<sc>BMI</sc> status and associations between affect, physical activity and anxiety among <sc>U.S.</sc> children during <sc>COVID</sc>â€19. <i>Pediatric Obesity</i> , 2021, 16, e12786.	1.4	41
98	â€œPeople Associate Us with Movement so Itâ€™s an Awesome Opportunityâ€ Perspectives from Physiotherapists on Promoting Physical Activity, Exercise and Sport. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2963.	1.2	13
99	Physical Activity during the First COVID-19-Related Lockdown in Italy. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2511.	1.2	18
100	Parentsâ€™ Perceptions on Barriers and Facilitators of Physical Activity among Schoolchildren: A Qualitative Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3086.	1.2	9
101	Nurseâ€™led telephone intervention for lifestyle changes on glycaemic control in people with prediabetes: Study protocol for a randomized controlled trial. <i>Journal of Advanced Nursing</i> , 2021, 77, 3204-3217.	1.5	5
102	Measurement of Motivation States for Physical Activity and Sedentary Behavior: Development and Validation of the CRAVE Scale. <i>Frontiers in Psychology</i> , 2021, 12, 568286.	1.1	13
103	Preoperative physical activity and functional performance levels are predictors of acute postoperative outcomes in a private South African colorectal cancer cohort. <i>South African Journal of Physiotherapy</i> , 2021, 77, 1526.	0.3	4
104	Physical activity, screen time and the COVIDâ€™19 school closures in Europe â€“ An observational study in 10 countries. <i>European Journal of Sport Science</i> , 2022, 22, 1094-1103.	1.4	87
105	L-Glutamine Supplementation Enhances Strength and Power of Knee Muscles and Improves Glycemia Control and Plasma Redox Balance in Exercising Elderly Women. <i>Nutrients</i> , 2021, 13, 1025.	1.7	16
106	Development and validation of an instrument to measure beliefs in physical activity among (pre)frail older adults: An integration of the Health Belief Model and the Theory of Planned Behavior. <i>Patient Education and Counseling</i> , 2021, 104, 2544-2551.	1.0	8
107	Dose-response effects of aerobic exercise on adiposity markers in postmenopausal women: pooled analyses from two randomized controlled trials. <i>International Journal of Obesity</i> , 2021, 45, 1298-1309.	1.6	4
109	Effects of interventions for promoting physical activity during recess in elementary schools: a systematic review. <i>Jornal De Pediatria</i> , 2021, 97, 585-594.	0.9	9
110	Physical activity moderates the effect of sedentary time on an older adult's physical independence. <i>Journal of the American Geriatrics Society</i> , 2021, 69, 1964-1970.	1.3	4
111	Cross-sectional associations between accelerometry-measured physical activity, left atrial size, and indices of left ventricular diastolic dysfunction: The TromsÅ, Study. <i>Preventive Medicine Reports</i> , 2021, 21, 101290.	0.8	6
112	Does breaking up prolonged sitting improve cognitive functions in sedentary adults? A mapping review and hypothesis formulation on the potential physiological mechanisms. <i>BMC Musculoskeletal Disorders</i> , 2021, 22, 274.	0.8	46
113	Physical inactivity and non-communicable disease burden in low-income, middle-income and high-income countries. <i>British Journal of Sports Medicine</i> , 2022, 56, 101-106.	3.1	229
114	Reporting physical activity in minutes not bouts: findings from a survey in Australia. <i>Australian and New Zealand Journal of Public Health</i> , 2021, 45, 181-183.	0.8	2

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115	The Impact of Physical Education Based on the Adventure Education Programme on Self-Esteem and Social Competences of Adolescent Boys. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3021.	1.2	11
116	The endurance athlete's circulation: Ultra-risky or a long road to safety?. <i>Atherosclerosis</i> , 2021, 320, 89-91.	0.4	0
117	The fit-active profile to better reflect the benefits of a lifelong vigorous physical activity participation: mini-review of literature and population data. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 1-8.	0.9	1
118	Effect of COVID-19-Related Home Confinement on Sleep Quality, Screen Time and Physical Activity in Tunisian Boys and Girls: A Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3065.	1.2	45
119	Relationship between Sedentary Time, Physical Activity, and Health-Related Quality of Life in Spanish Children. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2702.	1.2	8
120	Benefits of Regular Table Tennis Practice in Body Composition and Physical Fitness Compared to Physically Active Children Aged 10â€“11 Years. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2854.	1.2	14
121	Associations between Daily Movement Distribution, Bone Structure, Falls, and Fractures in Older Adults: A Compositional Data Analysis Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3757.	1.2	4
122	Intensity Matters for Musculoskeletal Health: A Cross-Sectional Study on Movement Behaviors of Older Adults from High-Income Scottish and Low-Income South African Communities. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4310.	1.2	2
123	Maximal isometric strength indices are associated with the oxygen cost of walking and running in recreationally active men and women. <i>Research in Sports Medicine</i> , 2022, 30, 540-553.	0.7	1
124	Acute Physiological Response to Light- and Heavy-load Power-oriented Exercise in Older Adults. <i>International Journal of Sports Medicine</i> , 2021, , .	0.8	3
125	Global and Leisure-Time Physical Activity Levels Among People Living With HIV on Antiretroviral Therapy in Burundi. <i>Journal of the Association of Nurses in AIDS Care</i> , 2021, Publish Ahead of Print, .	0.4	0
126	Participation in Social Activities and Relationship between Walking Habits and Disability Incidence. <i>Journal of Clinical Medicine</i> , 2021, 10, 1895.	1.0	8
127	Delivery Approaches Within Exercise Referral Schemes: A Survey of Current Practice in England. <i>Journal of Physical Activity and Health</i> , 2021, 18, 357-373.	1.0	4
128	COVID-19 pandemic impacts physical activity levels and sedentary time but not sleep quality in young badminton athletes. <i>Sport Sciences for Health</i> , 2021, , 1-9.	0.4	13
129	A Mental Healthâ€“Informed Physical Activity Intervention for First Responders and Their Partners Delivered Using Facebook: Mixed Methods Pilot Study. <i>JMIR Formative Research</i> , 2021, 5, e23432.	0.7	14
130	Cardiorespiratory Fitness as Mediator of the Relationship of Recreational Screen Time on Mediterranean Diet Score in Schoolchildren. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4490.	1.2	1
131	Effects of Active Video Games on Health-Related Physical Fitness and Motor Competence in Children and Adolescents With Overweight or Obesity: Systematic Review and Meta-Analysis. <i>JMIR Serious Games</i> , 2021, 9, e29981.	1.7	11
132	Nutritional guidelines for the management of insulin resistance. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 6947-6960.	5.4	23



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133	GRANADA consensus on analytical approaches to assess associations with accelerometer-determined physical behaviours (physical activity, sedentary behaviour and sleep) in epidemiological studies. <i>British Journal of Sports Medicine</i> , 2022, 56, 376-384.	3.1	67
134	Active Transportation to School. Utopia or a Strategy for a Healthy Life in Adolescence. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4503.	1.2	8
135	Is the call to reduce heading exposure in professional football to prevent dementia evidence-based?. <i>BMJ Open Sport and Exercise Medicine</i> , 2021, 7, e001076.	1.4	2
136	Association between weight control behaviors and diet quality among Brazilian adolescents and young adults: Health Survey of São Paulo with Focus on Nutrition, 2015. <i>Eating and Weight Disorders</i> , 2021, , 1.	1.2	1
137	Sliding down the risk factor rankings: reasons for and consequences of the dramatic downgrading of physical activity in the Global Burden of Disease 2019. <i>British Journal of Sports Medicine</i> , 2021, 55, 1222-1223.	3.1	7
138	Climate change, 24-hour movement behaviors, and health: a mini umbrella review. <i>Global Health Research and Policy</i> , 2021, 6, 15.	1.4	15
139	Standing Breaks in Lectures Improve University Students' Self-Perceived Physical, Mental, and Cognitive Condition. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4204.	1.2	13
140	Exercise Training Improves Tumor Control by Increasing CD8+ T-cell Infiltration via CXCR3 Signaling and Sensitizes Breast Cancer to Immune Checkpoint Blockade. <i>Cancer Immunology Research</i> , 2021, 9, 765-778.	1.6	50
141	2021 Spanish Society of Hypertension position statement about telemedicine. <i>Hipertension Y Riesgo Vascular</i> , 2021, 38, 186-196.	0.3	8
142	Accelerometer-Measured Daily Step Counts and Adiposity Indicators among Latin American Adults: A Multi-Country Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4641.	1.2	8
143	Effects of Regular Physical Activity on the Immune System, Vaccination and Risk of Community-Acquired Infectious Disease in the General Population: Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2021, 51, 1673-1686.	3.1	152
144	Wearable Devices for Physical Activity and Healthcare Monitoring in Elderly People: A Critical Review. <i>Geriatrics (Switzerland)</i> , 2021, 6, 38.	0.6	53
145	Comparison of Self-Reported and Device-Based Measured Physical Activity Using Measures of Stability, Reliability, and Validity in Adults and Children. <i>Sensors</i> , 2021, 21, 2672.	2.1	22
146	How to Reduce Sedentary Behavior at All Life Domains. , 0, , .		0
147	Food Addiction and Lifestyle Habits among University Students. <i>Nutrients</i> , 2021, 13, 1352.	1.7	22
148	Skeletal Muscle-Adipose Tissue-Tumor Axis: Molecular Mechanisms Linking Exercise Training in Prostate Cancer. <i>International Journal of Molecular Sciences</i> , 2021, 22, 4469.	1.8	5
149	Physical Activity in Adolescents with and without Type 1 Diabetes during the New Zealand COVID-19 Pandemic Lockdown of 2020. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4475.	1.2	8
150	Robin Hood in SEM? What can we take from elite sport to give back to wider public health?. <i>British Journal of Sports Medicine</i> , 2021, 55, 949-950.	3.1	4

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158	The performance of balance exercises during daily tooth brushing is not sufficient to improve balance and muscle strength in healthy older adults. <i>BMC Geriatrics</i> , 2021, 21, 257.	1.1	6
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161	Misreporting of Physical Activity and Sedentary Behavior in Parents-to-Be: A Validation Study across Sex. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4654.	1.2	7
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164	The association between cardiorespiratory fitness, liver fat and insulin resistance in adults with or without type 2 diabetes: a cross-sectional analysis. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 40.	0.7	12
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1256	Physical Activity Promotion: Moving From Talking the Talk to Walking the Walk. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2022, 52, 236-242.	1.7	2
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1344	Effectiveness of Adapted Taekwondo, Multi-Component Training and Walking Exercise on Health Status in Independent Older Women: Study Protocol for a Randomized Controlled Trial (TKD & Tj ETQq0 0 0 ngBT/Overlock 10 Tf		
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1793	Association between Physical Fitness and Low Back Pain: The Pepe Cross-Sectional Study. <i>Children</i> , 2022, 9, 1350.	0.6	1
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1961	Why people should run after positive affective experiences instead of health benefits. <i>Journal of Sport and Health Science</i> , 2022, , .	3.3	5
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1963	The Association of Outdoor Walking Per Week with Mental Health and Costs of Psychotropic Drugs in Adults. <i>Journal of Community Health</i> , 0, , .	1.9	1
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1965	Impact of Fitness Influencers on the Level of Physical Activity Performed by Instagram Users in the United States of America: Analytical Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 14258.	1.2	5
1966	Risk factors for dementia in Brazil: Differences by region and race. <i>Alzheimer's and Dementia</i> , 2023, 19, 1849-1857.	0.4	15
1967	Promoting Physical Activity Among Children and Adolescents With Disabilities: The Translation of Policy to Practice Internationally. <i>Journal of Physical Activity and Health</i> , 2022, 19, 758-768.	1.0	8
1968	Overweight and Obese Adult Patients Show Larger Benefits from Concurrent Training Compared with Pharmacological Metformin Treatment on Insulin Resistance and Fat Oxidation. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 14331.	1.2	0
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1980	The effect of rhythmic movement on physical and cognitive functions among cognitively healthy older adults: A systematic review and meta-analysis. <i>Archives of Gerontology and Geriatrics</i> , 2023, 104, 104837.	1.4	3
1981	Associations Between Parent™s Perceived Neighborhood Environment and Objectively Measured Walkability With Their Children™s Physical Activity. <i>Journal of Physical Activity and Health</i> , 2022, 19, 811-819.	1.0	3
1982	“To Be Moving Is to Be Alive” A Walk-Along Study Describing Older Public Housing Tenants™ Perceptions of Physical Activity. <i>Journal of Aging and Physical Activity</i> , 2023, 31, 191-203.	0.5	0
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1984	The Association of Smoking Status and Clustering of Obesity and Depression on the Risk of Early™ Onset Cardiovascular Disease in Young Adults: A Nationwide Cohort Study. <i>Korean Circulation Journal</i> , 2023, 53, 17.	0.7	3
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1987	Substituting Stationary Time With Moderate-Intensity Activity May Improve Flow-Mediated Dilatation. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2022, 42, E105-E107.	1.2	0
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2053	Association of Physical Activity With Risk of Mortality Among Breast Cancer Survivors. <i>JAMA Network Open</i> , 2022, 5, e2242660.	2.8	2
2054	Associations between Physical Exercise, Quality of Life, Psychological Symptoms and Treatment Side Effects in Early Breast Cancer. <i>Breast Journal</i> , 2022, 2022, 1-8.	0.4	2
2055	Daily Physical Activity: Associations With Memory and Affect. <i>American Journal of Health Promotion</i> , 2023, 37, 602-613.	0.9	2
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2078	Upper and lower musculoskeletal back pain, stress, physical activity, and organisational work support: An exploratory study of police investigative interviewers. <i>Health Psychology Open</i> , 2022, 9, 205510292211463.	0.7	1
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2248	The role of mental engagement between moderate or vigorous physical activity and academic achievement in adolescents. <i>Health Education Journal</i> , 2023, 82, 211-226.	0.6	2
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