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A Longitudinal Study of Physical Activity to Improve Sleep Quality During Pregnancy

DOI: 10.2147/nss.s253213

Nature and Science of Sleep, 2020, 12, 431-442.

Source: <https://exaly.com/paper-pdf/75607786/citation-report.pdf>

Version: 2024-04-27

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#	Paper	IF	Citations
17	Cluster Analysis of the Combined Association of Sleep and Physical Activity with Healthy Behavior and Psychological Health in Pregnant Women. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	1
16	Physical Activity Behaviors and Barriers in Multifetal Pregnancy: What to Expect When You're Expecting More. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	1
15	Influence of physical activity before and during pregnancy on infant's sleep and neurodevelopment at 1-year-old. <i>Scientific Reports</i> , 2021 , 11, 8099	4.9	1
14	Prenatal exposure to ambient fine particulate matter and early childhood neurodevelopment: A population-based birth cohort study. <i>Science of the Total Environment</i> , 2021 , 785, 147334	10.2	7
13	Longitudinal Associations Between Maternal Glucose Levels and Ultrasonographic Fetal Biometrics in a Shanghai Cohort.. <i>JAMA Network Open</i> , 2022 , 5, e226407	10.4	0
12	Prenatal fine particulate matter exposure associated with placental small extracellular vesicle derived microRNA and child neurodevelopmental delays. <i>Science of the Total Environment</i> , 2022 , 841, 156747	10.2	0
11	Sleep characteristics modify the associations of physical activity during pregnancy and gestational weight gain.		
10	Effects of Gestational Sleep Patterns and Their Changes on Maternal Glycemia and Offspring Physical Growth in Early Life. 2022 , 14, 3390		
9	Walking Promotion in Pregnancy and Its Effects on Insomnia: Results of Walking_Preg Project (WPP) Clinical Trial. 2022 , 19, 10012		
8	Glycemic response to acute high-intensity interval versus moderate-intensity continuous exercise during pregnancy. 2022 , 10,		0
7	Comparison of factor structures of the Pittsburgh sleep quality index between mid- and late pregnancy among Korean women: a cross-sectional study. 2022 , 22,		0
6	Dietary Diversity, Micronutrient Adequacy and Bone Status during Pregnancy: A Study in Urban China from 2019 to 2020. 2022 , 14, 4690		0
5	Longitudinal and prospective assessment of prenatal maternal sleep quality and associations with newborn hippocampal and amygdala volume. 2022 , 58, 101174		0
4	Peculiarities of insomnia in men and women at different age periods. 2022 , 112-118		1
3	Maternal Pre-Pregnancy BMI and Gestational Weight Gain Modified the Association between Prenatal Depressive Symptoms and Toddler's Emotional and Behavioral Problems: A Prospective Cohort Study. 2023 , 15, 181		0
2	Sleep quality, antepartum depression and self-harm thoughts in pregnant Chinese women. 2023 , 327, 292-298		0
1	The Effects of Exercise on Sleep During Pregnancy: A Systematic Review and Meta-analysis. Publish Ahead of Print,		0

