

# CITATION REPORT

List of articles citing

Proficiency in pole handling during Nordic walking influences exercise effectiveness in middle-aged and older adults

DOI: 10.1371/journal.pone.0208070  
PLoS ONE, 2018, 13, e0208070.

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#	Paper	IF	Citations
5	Nordic Walking and Free Walking Improve the Quality of Life, Cognitive Function, and Depressive Symptoms in Individuals with Parkinson's Disease: A Randomized Clinical Trial. <i>Journal of Functional Morphology and Kinesiology</i> , <b>2020</b> , 5,	2.4	2
4	Nordic walking training in elderly, a randomized clinical trial. Part II: Biomechanical and metabolic adaptations. <i>Sports Medicine - Open</i> , <b>2020</b> , 6, 3	6.1	12
3	Physiological response and cardiorespiratory adaptation after a 6-week Nordic Walking training targeted at lipid oxidation in a group of post-menopausal women. <i>PLoS ONE</i> , <b>2020</b> , 15, e0230917	3.7	6
2	The Influence of the Relative Timing between Pole and Heel Strike on Lower Limb Loading among Young and Older Naïve Pole Walkers. <i>Translational Sports Medicine</i> , <b>2022</b> , 2022, 1-10	1.3	
1	Comparative effectiveness of playing golf to Nordic walking and walking on acute physiological effects on cardiometabolic markers in healthy older adults: a randomised cross-over study. <b>2023</b> , 9, e001474		0