## The Physical Activity Guidelines for Americans

JAMA - Journal of the American Medical Association 320, 2020 DOI: 10.1001/jama.2018.14854

**Citation Report** 

#	Article	lF	CITATIONS
1	Successful aging: Advancing the science of physical independence in older adults. Ageing Research Reviews, 2015, 24, 304-327.	5.0	172
2	New insights into discrepancies between self-reported and accelerometer-measured moderate to vigorous physical activity among women – the mPED trial. BMC Public Health, 2016, 16, 761.	1.2	30
3	Whole-body electromyostimulation to fight sarcopenic obesity in community-dwelling older women at risk. Resultsof the randomized controlled FORMOsA-sarcopenic obesity study. Osteoporosis International, 2016, 27, 3261-3270.	1.3	80
4	Correlates of Receiving a Recommendation for More Physical Activity From a Primary Care Provider. American Journal of Preventive Medicine, 2017, 52, 207-214.	1.6	8
5	Other Approaches: From Neurofeedback to Cognitive-Enhancing Drugs. , 2017, , 237-316.		1
6	Predictors of Postpartum Exercise According to Prepregnancy Body Mass Index and Gestational Weight Gain. Journal of Physical Activity and Health, 2017, 14, 797-807.	1.0	2
7	Metabolic costs of daily activity in older adults (Chores XL) study: Design and methods. Contemporary Clinical Trials Communications, 2017, 6, 1-8.	0.5	15
8	The development of a sport management and feedback system for the healthcare of the elderly. , 2017, ,		2
10	Sedentary behavior: Is it time to break up with your chair?. Journal of Clinical Lipidology, 2017, 11, 855-857.	0.6	0
11	Assessment of a Chronic Disease Self-Management Program to Increase Physical Activity of Adults With Severe Mental Illness. Archives of Psychiatric Nursing, 2017, 31, 137-140.	0.7	2
12	Rationale, design, and baseline findings from a pilot randomized trial of an IVR-Supported physical activity intervention for cancer prevention in the Deep South: The DIAL study. Contemporary Clinical Trials Communications, 2017, 8, 218-226.	0.5	3
13	The Effect of Endurance and Strength Physical Activity Program and Nutrition Education to Obesity Children Life Satisfaction. IOP Conference Series: Materials Science and Engineering, 2017, 180, 012194.	0.3	0
14	Booms, Blooms, and Doom: The Life of the Gulf of Mexico Dead Zone. , 2017, 70, 156-170.		2
15	A Five-Year Evaluation of the Bearfit Worksite Physical Activity Program. Occupational Medicine & Health Affairs, 2017, 05, .	0.1	0
16	Genotypic and phenotypic features of all Spanish patients with McArdle disease: a 2016 update. BMC Genomics, 2017, 18, 819.	1.2	53
17	The Role of Physical Activity and Exercise in Managing Obesity and Achieving Weight Loss. , 2018, , 215-230.		3
18	Interventions to Prevent Falls in Community-Dwelling Older Adults. JAMA - Journal of the American Medical Association, 2018, 319, 1696.	3.8	233
19	Preventing Fractures and Falls. JAMA - Journal of the American Medical Association, 2018, 319, 1552.	3.8	33

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20	Cardiovascular Disease and Breast Cancer: Where These Entities Intersect: A Scientific Statement From the American Heart Association. Circulation, 2018, 137, e30-e66.	1.6	500
21	Black-white disparity in physical performance among older women with newly diagnosed non-metastatic breast cancer: Exploring the role of inflammation and physical activity. Journal of Geriatric Oncology, 2018, 9, 613-619.	0.5	3
22	Effects of 90 Days of Resveratrol Supplementation on Cognitive Function in Elders: A Pilot Study. Journal of Alternative and Complementary Medicine, 2018, 24, 725-732.	2.1	37
23	Associations Between Sleep Habits and Dysglycemia in Adults in the United States: A Cross-Sectional Analysis. Canadian Journal of Diabetes, 2018, 42, 150-157.	0.4	4
24	The role of physical activity in the context of pulmonary rehabilitation. COPD: Journal of Chronic Obstructive Pulmonary Disease, 2018, 15, 632-639.	0.7	39
25	Physical Activity Guidelines for Health and Prosperity in the United States. JAMA - Journal of the American Medical Association, 2018, 320, 1971.	3.8	33
26	An Update on the Role of Cardiorespiratory Fitness, Structured Exercise and Lifestyle Physical Activity in Preventing Cardiovascular Disease and Health Risk. Progress in Cardiovascular Diseases, 2018, 61, 484-490.	1.6	148
27	Setting larger session duration goals is associated with greater future physical activity. PLoS ONE, 2018, 13, e0208644.	1.1	2
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29	Use and physiological responses of portable dynamic office workstations in an occupational setting – A field study. Applied Ergonomics, 2018, 71, 57-64.	1.7	9
30	Preliminary study about the relationship between estimated training status and RAS polymorphisms on blood pressure and ACE activity in the elderly. JRAAS - Journal of the Renin-Angiotensin-Aldosterone System, 2018, 19, 147032031878262.	1.0	1
31	Efficacy and Safety of Low Frequency Whole-Body Electromyostimulation (WB-EMS) to Improve Health-Related Outcomes in Non-athletic Adults. A Systematic Review. Frontiers in Physiology, 2018, 9, 573.	1.3	77
32	Identifying barriers to physical activity among African American women with asthma. Cogent Medicine, 2019, 6, 1582399.	0.7	14
33	Outcome Measures of Free-Living Activity in Spinal Cord Injury Rehabilitation. Current Physical Medicine and Rehabilitation Reports, 2019, 7, 284-289.	0.3	4
34	Effect of Physical Activity Coaching on Acute Care and Survival Among Patients With Chronic Obstructive Pulmonary Disease. JAMA Network Open, 2019, 2, e199657.	2.8	15
35	The Health Benefits of a Pedometer-Based 100,000 Steps/Week Physical Activity Program. Journal of Science in Sport and Exercise, 2019, 1, 176-183.	0.4	1
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38	Physical Exercise Inhibits Inflammation and Microglial Activation. Cells, 2019, 8, 691.	1.8	132
39	Health and Sociodemographic Differences between Individual and Team Sport Participants. Sports, 2019, 7, 150.	0.7	3
40	Smartphone Use Predicts Being an "Active Couch Potato―in Sufficiently Active Adults. American Journal of Lifestyle Medicine, 2021, 15, 673-681.	0.8	8
41	Return to Everyday Activity in the Community and Home: a feasibility study for a lifestyle intervention to sit less, move more, and be strong. Pilot and Feasibility Studies, 2019, 5, 84.	0.5	3
42	Likelihood of Meeting Physical Activity Guidelines of Veterans Who Are Obese by Disability Status. American Journal of Health Promotion, 2019, 33, 1194-1199.	0.9	1
43	Exercise on quality of life and cancer-related fatigue for lymphoma survivors: a systematic review and meta-analysis. Supportive Care in Cancer, 2019, 27, 4069-4082.	1.0	19
44	Self-Perceived Scholastic Competence, Athletic Competence, and Physical Appearance Are Enhanced in Children and Young Adults with Physical Disabilities Following a Community-Based Running Program. Journal of Developmental and Physical Disabilities, 2019, 31, 707-723.	1.0	1
45	Motor Competence Levels and Developmental Delay in Early Childhood: A Multicenter Cross-Sectional Study Conducted in the USA. Sports Medicine, 2019, 49, 1609-1618.	3.1	77
46	An Overview of Current Physical Activity Recommendations in Primary Care. Korean Journal of Family Medicine, 2019, 40, 135-142.	0.4	84
47	Associations of Physical Activity and β-Amyloid With Longitudinal Cognition and Neurodegeneration in Clinically Normal Older Adults. JAMA Neurology, 2019, 76, 1203.	4.5	97
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50	Current Resources for Evidence-Based Practice, July 2019. JOGNN - Journal of Obstetric, Gynecologic, and Neonatal Nursing, 2019, 48, 478-491.	0.2	0
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52	Latent profile analysis of accelerometer-measured sleep, physical activity, and sedentary time and differences in health characteristics in adult women. PLoS ONE, 2019, 14, e0218595.	1.1	12
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54	Exercise and Glaucoma: Positive Steps Toward Finding Another Modifiable Risk Factor to Prevent Vision Loss. Ophthalmology, 2019, 126, 965-966.	2.5	6
55	The 2018 Physical Activity Guidelines for Americans: What's New? Implications for Clinicians and the Public. Journal of Orthopaedic and Sports Physical Therapy, 2019, 49, 487-490.	1.7	18

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56	Strategies to Increase Physical Activity in Chronic Respiratory Diseases. Clinics in Chest Medicine, 2019, 40, 397-404.	0.8	23
57	Aerobic Fitness and Adherence to Guideline-Recommended Minimum Physical Activity Among Ambulatory Patients With Type 2 Diabetes Mellitus. Diabetes Care, 2019, 42, 1333-1339.	4.3	38
58	Treatment of Metabolic Syndrome in Children. Frontiers in Endocrinology, 2019, 10, 702.	1.5	26
59	Informing the design of exercise programs for persons with multiple sclerosis who use wheelchairs: a qualitative inquiry of perceived components. Disability and Rehabilitation, 2021, 43, 1838-1848.	0.9	10
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64	Lifestyle factors modulate postprandial hypertriglyceridemia: From the CORDIOPREV study. Atherosclerosis, 2019, 290, 118-124.	0.4	12
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67	Weight management perceptions and clinical practices among gynaecology providers caring for reproductiveâ€aged patients. Obesity Science and Practice, 2019, 5, 304-311.	1.0	1
68	Nutrition & Exercise Interventions in Pediatric Patients with Brain Tumors: A Narrative Review. Journal of the National Cancer Institute Monographs, 2019, 2019, 163-168.	0.9	11
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82	Effect of tiotropium/olodaterol on sedentary and active time in patients with COPD: post hoc analysis of the VESUTO <sup>®</sup> study. International Journal of COPD, 2019, Volume 14, 1789-1801.	0.9	16
83	†Working-out' the link between inflammation and brain health. Brain, Behavior, and Immunity, 2019, 82, 6-7.	2.0	0
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91	Bone Health in Children and Youth with Cystic Fibrosis: A Systematic Review and Meta-Analysis of Matched Cohort Studies. Journal of Pediatrics, 2019, 215, 178-186.e16.	0.9	6
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93	Association of Total Daily Physical Activity and Fragmented Physical Activity With Mortality in Older Adults. JAMA Network Open, 2019, 2, e1912352.	2.8	65
94	The Positive Impact of Push vs Pull Progress Feedback. , 2019, 3, 1-23.		15
95	Physical activity for patients with heart failure: Position paper from the heart failure (GICC) and cardiac rehabilitation (GERS-P) Working Groups of the French Society of Cardiology. Archives of Cardiovascular Diseases, 2019, 112, 723-731.	0.7	18
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111	Nutrition and Supplement Update for the Endurance Athlete: Review and Recommendations. Nutrients, 2019, 11, 1289.	1.7	119
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127	Physical Activity During Pregnancy is Associated with Improved Breastfeeding Outcomes: A Prospective Cohort Study. International Journal of Environmental Research and Public Health, 2019, 16, 1740.	1.2	10
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131	Trends in Sedentary Behavior Among the US Population, 2001-2016. JAMA - Journal of the American Medical Association, 2019, 321, 1587.	3.8	327
132	A randomized controlled trial of a wearable technologyâ€based intervention for increasing moderate to vigorous physical activity and reducing sedentary behavior in breast cancer survivors: The ACTIVATE Trial. Cancer, 2019, 125, 2846-2855.	2.0	104
133	Sitting Time, Physical Activity, and Risk of Mortality inÂAdults. Journal of the American College of Cardiology, 2019, 73, 2062-2072.	1.2	349
134	Effects of a Homeâ€based Exercise Program on Anxiety and Mood Disturbances in Older Adults with Cancer Receiving Chemotherapy. Journal of the American Geriatrics Society, 2019, 67, 1005-1011.	1.3	37
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143	Nutrition, Obesity, and Cachexia in Patients With Heart Failure: A Consensus Statement from the Heart Failure Society of America Scientific Statements Committee. Journal of Cardiac Failure, 2019, 25, 380-400.	0.7	122
144	Light Physical Activity and Incident Coronary Heart Disease and Cardiovascular Disease Among Older Women—A Call for Action. JAMA Network Open, 2019, 2, e190405.	2.8	2
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147	Cardiac rehabilitation in people with peripheral arterial disease: A higher risk population that benefits from completion. International Journal of Cardiology, 2019, 285, 108-114.	0.8	16
148	Screening for unhealthy diet and exercise habits: The electronic health record and a healthier population. Preventive Medicine Reports, 2019, 14, 100816.	0.8	15

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150	Are Office-Based Workplace Interventions Designed to Reduce Sitting Time Cost-Effective Primary Prevention Measures for Cardiovascular Disease? A Systematic Review and Modelled Economic Evaluation. International Journal of Environmental Research and Public Health, 2019, 16, 834.	1.2	17
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152	Longâ€Term Physical Activity and Subsequent Risk for Rheumatoid Arthritis Among Women: A Prospective Cohort Study. Arthritis and Rheumatology, 2019, 71, 1460-1471.	2.9	47
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168	Rethinking Endothelial Dysfunction as a Crucial Target in Fighting Heart Failure. Mayo Clinic Proceedings Innovations, Quality & Outcomes, 2019, 3, 1-13.	1.2	68
169	Clobal physical activity levels - Need for intervention. Progress in Cardiovascular Diseases, 2019, 62, 102-107.	1.6	149
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174	Associations of Added Sugar from All Sources and Sugar-Sweetened Beverages with Regional Fat Deposition in US Adolescents: NHANES 1999–2006. Current Developments in Nutrition, 2019, 3, nzz130.	0.1	4
175	Effect of home-based high-intensity interval training and behavioural modification using information and communication technology on cardiorespiratory fitness and exercise habits among sedentary breast cancer survivors: habit-B study protocol for a randomised controlled trial. BMJ Open, 2019, 9, e030911.	0.8	10
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