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## Food patterns and nutritional assessment in Galician university students

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Journal of Physiology and Biochemistry, 2018, 74, 119-126.

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#	Paper	IF	Citations
13	Changing Trends in Nutritional Behavior among University Students in Greece, between 2006 and 2016. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	8
12	Adherence to the Mediterranean Diet and Its Association with Body Composition and Physical Fitness in Spanish University Students. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	23
11	Evaluating Mediterranean diet adherence in university student populations: Does this dietary pattern affect students' academic performance and mental health?. <i>International Journal of Health Planning and Management</i> , <b>2020</b> , 35, 5-21	2.2	22
10	Identification of Body Composition, Dietary Patterns and Its Associated Factors in Medical University Students in China. <i>Ecology of Food and Nutrition</i> , <b>2020</b> , 59, 65-78	1.9	1
9	Changes in Eating Habits among Displaced and Non-Displaced University Students. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	1
8	Dietary Patterns of Breakfast Consumption Among Chilean University Students. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	4
7	The Southern European Atlantic diet. <i>Minerva Endocrinology</i> , <b>2021</b> , 46, 145-160	2.5	0
6	Nutritional quality and carbon footprint of university students' diets: results from the EHU12/24 study. <i>Public Health Nutrition</i> , <b>2021</b> , 1-13	3.3	1
5	Características antropométricas, hábitos nutricionales, actividad física y consumo de alcohol en estudiantes universitarios. <i>Revista De La Universidad Industrial De Santander Salud</i> , <b>2020</b> , 52, 109-118	0.5	2
4	THIRTY-YEAR TRENDS IN UNIVERSITY STUDENTS' LIFESTYLE AND QUALITY OF LIFE. <i>Gigiena i Sanitariia</i> , <b>2019</b> , 98, 534-539	0.4	1
3	Epigenetic Effects of Healthy Foods and Lifestyle Habits From The Southern European Atlantic Diet Pattern: A Narrative Review.. <i>Advances in Nutrition</i> , <b>2022</b> ,	10	2
2	Adherence to the Mediterranean diet in first-year university students and its association with lifestyle-related factors: A cross-sectional study. <b>2022</b> ,		0
1	Effectiveness of a Smartphone App (e-12HR) in Improving Adherence to the Mediterranean Diet in Spanish University Students by Age, Gender, Field of Study, and Body Mass Index: A Randomized Controlled Trial. <b>2023</b> , 15, 1688		0