A randomized controlled pilot study of CBT-I Coach: February of a mobile phone application for patients in coginsomnia

Health Informatics Journal 24, 3-13

DOI: 10.1177/1460458216656472

Citation Report

| #  | Article  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Mobile mental health interventions following war and disaster. MHealth, 2016, 2, 37.   | 0.9 | 35        |
| 2  | Sleep Applications to Assess Sleep Quality. Sleep Medicine Clinics, 2016, 11, 461-468.   | 1.2 | 10        |
| 3  | Sleep and Suicide in Older Adults: An Opportunity for Intervention. Clinical Therapeutics, 2016, 38, 2332-2339.  | 1.1 | 15        |
| 4  | Telehealth and eHealth interventions for posttraumatic stress disorder. Current Opinion in Psychology, 2017, 14, 102-108.  | 2.5 | 30        |
| 5  | Designing behavioral self-regulation application for preventive personal mental healthcare. Health Psychology Open, 2017, 4, 205510291770718.  | 0.7 | 7         |
| 6  | A Single Arm Pilot Trial of Brief Cognitive Behavioral Therapy for Insomnia in Adolescents with Physical and Psychiatric Comorbidities. Journal of Clinical Sleep Medicine, 2017, 13, 401-410.   | 1.4 | 67        |
| 7  | Cognitive Behavioral Therapy Using a Mobile Application Synchronizable With Wearable Devices for Insomnia Treatment: A Pilot Study. Journal of Clinical Sleep Medicine, 2017, 13, 633-640.   | 1.4 | 42        |
| 8  | Increasing access to and utilization of cognitive behavioral therapy for insomnia (CBT-I): a narrative review. Journal of General Internal Medicine, 2018, 33, 955-962.  | 1.3 | 190       |
| 9  | The Role of Integrated Primary Care in Increasing Access to Effective Psychotherapies in the Veterans Health Administration. Focus (American Psychiatric Publishing), 2018, 16, 384-392.   | 0.4 | 6         |
| 10 | Psychological Interventions for Late-Life Insomnia: Current and Emerging Science. Current Sleep<br>Medicine Reports, 2018, 4, 268-277.   | 0.7 | 14        |
| 11 | When research leads to learning, but not action in high performance sport. Progress in Brain Research, 2018, 240, 201-217.   | 0.9 | 16        |
| 12 | Improving Sleep Quality Through Integrated Care. , 2018, , 257-280.  |     | O         |
| 13 | The Internet and CBT: A New Clinical Application of an Effective Therapy. , 2018, , .  |     | 2         |
| 14 | Insomnia in Elderly Patients: Recommendations for Pharmacological Management. Drugs and Aging, 2018, 35, 791-817.  | 1.3 | 100       |
| 15 | Barriers and Opportunities: Examining Attitudes Toward Traditional and Mobile Health Services in a Non-Clinical Sample of Non-Hispanic White and Latino/a Undergraduates. Journal of Technology in Behavioral Science, 2018, 3, 253-258. | 1.3 | 4         |
| 16 | Smartphone and video game use and perceived effects in a community mental health service. Irish Journal of Medical Science, 2019, 188, 1337-1341.  | 0.8 | 3         |
| 17 | Employee Sleep and Workplace Health Promotion: A Systematic Review. American Journal of Health Promotion, 2019, 33, 1009-1019.   | 0.9 | 33        |
| 18 | Consumer Technology for Sleep-Disordered Breathing: a Review of the Landscape. Current Otorhinolaryngology Reports, 2019, 7, 18-26.  | 0.2 | 4         |

| #  | Article  | IF  | CITATIONS |
|----|--|-----|-----------|
| 19 | Improving Outcomes in Oncological Colorectal Surgery by Prehabilitation. American Journal of Physical Medicine and Rehabilitation, 2019, 98, 231-238.  | 0.7 | 15        |
| 20 | Gambling on Smartphones: A Study of a Potentially Addictive Behaviour in a Naturalistic Setting.<br>European Addiction Research, 2019, 25, 30-40.  | 1.3 | 11        |
| 21 | Clinician Perceptions Related to the Use of the CBT-I Coach Mobile App. Behavioral Sleep Medicine, 2019, 17, 481-491.  | 1.1 | 30        |
| 22 | Smartphone apps for insomnia: examining existing apps' usability and adherence to evidence-based principles for insomnia management. Translational Behavioral Medicine, 2019, 9, 110-119.  | 1.2 | 27        |
| 23 | "You're Missing Out on Something Great― Patient and Provider Perspectives on Increasing the Use of Cognitive Behavioral Therapy for Insomnia. Behavioral Sleep Medicine, 2020, 18, 358-371.  | 1.1 | 17        |
| 24 | A comparative study of engagement in mobile and wearable health monitoring for bipolar disorder.<br>Bipolar Disorders, 2020, 22, 182-190.  | 1.1 | 36        |
| 25 | †Help for trauma from the app stores?' A systematic review and standardised rating of apps for Post-Traumatic Stress Disorder (PTSD). Högre Utbildning, 2020, 11, 1701788.   | 1.4 | 67        |
| 26 | Fibromyalgia. Annals of Internal Medicine, 2020, 172, ITC33.   | 2.0 | 152       |
| 27 | Sleep medications and sleep disturbances across middle aged pre―or <scp>peri―menopausal</scp> women of different race and ethnicities: A <scp>SWAN</scp> pharmacoepidemiology cohort study. Pharmacoepidemiology and Drug Safety, 2020, 29, 1715-1721. | 0.9 | 4         |
| 28 | Provider perspectives of implementation of an evidence-based insomnia treatment in Veterans Affairs (VA) primary care: barriers, existing strategies, and future directions. Implementation Science Communications, 2020, $1,107$ .                    | 0.8 | 10        |
| 29 | A feasibility study of a mobile app to treat insomnia. Translational Behavioral Medicine, 2021, 11, 604-612.   | 1.2 | 16        |
| 30 | The immediate impact of the 2019 novel coronavirus (COVID-19) outbreak on subjective sleep status. Sleep Medicine, 2021, 77, 348-354.  | 0.8 | 184       |
| 31 | Digital medicine for insomnia., 2021,,.  |     | 0         |
| 32 | Understanding eHealth Cognitive Behavioral Therapy Targeting Substance Use: Realist Review. Journal of Medical Internet Research, 2021, 23, e20557.  | 2.1 | 12        |
| 33 | Digital Media Use in Transitional-Age Youth: Challenges and Opportunities. , 2021, , 357-379.  |     | 1         |
| 34 | Framework for the Design Engineering and Clinical Implementation and Evaluation of mHealth Apps for Sleep Disturbance: Systematic Review. Journal of Medical Internet Research, 2021, 23, e24607.  | 2.1 | 15        |
| 35 | Adherence to Cognitive Behavior Therapy for Insomnia. Sleep Medicine Clinics, 2021, 16, 155-202.   | 1.2 | 20        |
| 36 | A Review of Digital Cognitive Behavioral Therapy for Insomnia (CBT-I Apps): Are They Designed for Engagement?. International Journal of Environmental Research and Public Health, 2021, 18, 2929.  | 1.2 | 24        |

| #  | Article   | IF  | CITATIONS |
|----|---|-----|-----------|
| 37 | Primary care provider evaluation and management of insomnia. Journal of Clinical Sleep Medicine, 2021, 17, 1083-1091.   | 1.4 | 13        |
| 38 | Insomnia predicts treatment engagement and symptom change: a secondary analysis of a web-based CBT intervention for veterans with PTSD symptoms and hazardous alcohol use. Translational Behavioral Medicine, 2021, , . | 1.2 | 5         |
| 39 | The Effectiveness of Digital Insomnia Treatment with Adjunctive Wearable Technology: A Pilot Randomized Controlled Trial. Behavioral Sleep Medicine, 2022, 20, 570-583.   | 1.1 | 9         |
| 40 | Cognitive behavioral therapy for insomnia in veterans with gulf war illness: Results from a randomized controlled trial. Life Sciences, 2021, 279, 119147.  | 2.0 | 9         |
| 41 | Cognitive Behavioral Therapy for Insomnia in the Digital Age. Advances in Experimental Medicine and Biology, 2019, 1192, 629-641.   | 0.8 | 8         |
| 42 | Insomnia among cancer caregivers: A proposal for tailored cognitive behavioral therapy Journal of Psychotherapy Integration, 2018, 28, 275-291.   | 0.7 | 13        |
| 43 | Popular mental health apps (MH apps) as a complement to telepsychotherapy: Guidelines for consideration Journal of Psychotherapy Integration, 2020, 30, 265-273.  | 0.7 | 25        |
| 44 | A Closer Look at Yoga Nidra: Sleep Lab Protocol. International Journal of Yoga Therapy, 2021, 31, .   | 0.4 | 5         |
| 45 | VA mobile apps for PTSD and related problems: public health resources for veterans and those who care for them. MHealth, 2018, 4, 28-28.  | 0.9 | 57        |
| 46 | Mobile App Use for Insomnia Self-Management: Pilot Findings on Sleep Outcomes in Veterans.<br>Interactive Journal of Medical Research, 2019, 8, e12408.   | 0.6 | 29        |
| 47 | mHealth App Prescription in Australian General Practice: Pre-Post Study. JMIR MHealth and UHealth, 2020, 8, e16497.   | 1.8 | 20        |
| 48 | Mobile Phone Interventions for Sleep Disorders and Sleep Quality: Systematic Review. JMIR MHealth and UHealth, 2017, 5, e131.   | 1.8 | 66        |
| 49 | Negotiation in Automated E-Coaching. , 2018, , .  |     | 3         |
| 52 | The Thought Journal App. , 2020, , .  |     | 0         |
| 55 | Daily physical activity and sleep in veterans: the role of insomnia severity. Journal of Behavioral Medicine, 2021, , 1.  | 1.1 | 0         |
| 56 | A Transdiagnostic Self-management Web-Based App for Sleep Disturbance in Adolescents and Young Adults: Feasibility and Acceptability Study. JMIR Formative Research, 2021, 5, e25392.                                   | 0.7 | 11        |
| 57 | Engagement and Usability of a Cognitive Behavioral Therapy Mobile App Compared With Web-Based Cognitive Behavioral Therapy Among College Students: Randomized Heuristic Trial. JMIR Human Factors, 2020, 7, e14146.     | 1.0 | 13        |
| 58 | Cognitive-Behavioral Therapy for Insomnia (CBT-I). , 2020, , 47-66.   |     | 0         |

| #  | Article   | IF  | CITATIONS |
|----|---|-----|-----------|
| 59 | Prevalence and Correlates of Insomnia in People Living With HIV in Indonesia: A Descriptive, Cross-sectional Study. Journal of the Association of Nurses in AIDS Care, 2020, 31, 606-614.   | 0.4 | 3         |
| 60 | An evaluation of cognitive behavioral therapy for insomnia: A systematic review and application of Tolin's Criteria for empirically supported treatments Clinical Psychology: Science and Practice, 2020, 27, .   | 0.6 | 10        |
| 62 | Comparative efficacy of digital cognitive behavioral therapy for insomnia: A systematic review and network meta-analysis. Sleep Medicine Reviews, 2022, 61, 101567.   | 3.8 | 48        |
| 65 | Mobile Intervention to Improve Sleep and Functional Health of Veterans With Insomnia: Randomized Controlled Trial. JMIR Formative Research, 2021, 5, e29573.  | 0.7 | 10        |
| 66 | Mental health mobile app use to manage psychological difficulties: an umbrella review. Mental Health Review Journal, 2022, ahead-of-print, .  | 0.3 | 1         |
| 67 | Approaches to the assessment of adherence to CBT-I, predictors of adherence, and the association of adherence to outcomes: A systematic review. Sleep Medicine Reviews, 2022, 63, 101620.   | 3.8 | 20        |
| 70 | More than Bedtime and the Bedroom: Sleep Management as a Collaborative Work for the Family. , 2022, , .   |     | 4         |
| 71 | Help for insomnia from the app store? A standardized rating of mobile health applications claiming to target insomnia. Journal of Sleep Research, 2023, 32, .   | 1.7 | 8         |
| 72 | Development and acceptability of a mobile health application integrated with the electronic heath record for treatment of chronic insomnia disorder. Journal of Clinical Sleep Medicine, 2022, 18, 2785-2792.   | 1,4 | 1         |
| 73 | A scoping review of mobile apps for sleep management: User needs and design considerations. Frontiers in Psychiatry, 0, $13$ , .  | 1.3 | 5         |
| 74 | Internet delivered, non-inferiority, two-arm, assessor-blinded intervention comparing mindfulness-based stress reduction and cognitive-behavioral treatment for insomnia: a protocol study for a randomized controlled trial for nursing staff with insomnia. Trials, 2022, 23, . | 0.7 | 0         |
| 75 | Veteran Acceptance of Sleep Health Information Technology: a Mixed-Method Study. Journal of Technology in Behavioral Science, 0, , .  | 1.3 | 0         |
| 76 | Digital Therapies for Insomnia. , 2023, , 95-114.   |     | 2         |
| 77 | Training Staff Across the Veterans Affairs Health Care System to Use Mobile Mental Health Apps: A<br>National Quality Improvement Project. JMIR Mental Health, 0, 10, e41773.   | 1.7 | 3         |
| 78 | Therapeutics-as-a-Service: Neue Wege in der psychischen Gesundheitsversorgung. , 2023, , 177-200.   |     | 0         |
| 79 | Mobile App for Cognitive Therapy Insomnia Management in Primary Care. Journal for Nurse Practitioners, 2023, 19, 104459.  | 0.4 | 0         |
| 80 | Insomnia in primary care: Considerations for screening, assessment, and management., 2023, 7, 275508342311567.  |     | 1         |
| 81 | Understanding the research on tracking, diagnosing, and intervening in sleep disorders using mHealth apps: Bibliometric analysis and systematic reviews. Digital Health, 2023, 9, 205520762311659.  | 0.9 | 1         |

# Article IF Citations