

CITATION REPORT

List of articles citing

IOC Consensus Statement: Dietary Supplements and the High-Performance Athlete

DOI: 10.1123/ijsnem.2018-0020

International Journal of Sport Nutrition and Exercise Metabolism, 2018, 28, 104-125.

Source: <https://exaly.com/paper-pdf/69335686/citation-report.pdf>

Version: 2024-04-28

This report has been generated based on the citations recorded by exaly.com for the above article. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

#	Paper	IF	Citations
232	Swifter, higher, stronger: What's on the menu?. 2018 , 362, 781-787		53
231	Acute caffeine supplementation in combat sports: a systematic review. 2018 , 15, 60		39
230	Evaluation of Dietary Supplement Use in Wheelchair Rugby Athletes. 2018 , 10,		6
229	Effects of a single dose of beetroot juice on cycling time trial performance at ventilatory thresholds intensity in male triathletes. 2018 , 15, 49		13
228	Antioxidants in Personalized Nutrition and Exercise. 2018 , 9, 813-823		35
227	Dubious and Fraudulent Activities in Sports Nutrition. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2018 , 28, 449-450	4.4	
226	Determination of adulterants in whey protein food supplements by liquid chromatography coupled to Orbitrap high resolution mass spectrometry. 2019 , 22,		2
225	Supplements for Optimal Sports Performance. 2019 , 10, 156-165		4
224	Dietary supplements and elite athletes: when nature becomes high risk. 2019 , 9, 66-73		8
223	Knowledge Concerning Dietary Supplements among General Public. 2019 , 2019, 9629531		2
222	Antioxidant and Adaptative Response Mediated by Nrf2 during Physical Exercise. 2019 , 8,		54
221	The future of genetically based nutritional and pharmacological ergogenic aids in sport. 2019 , 461-485		
220	Dose-dependent effect of caffeine supplementation on judo-specific performance and training activity: a randomized placebo-controlled crossover trial. 2019 , 16, 38		12
219	Caffeine Supplementation Improves Anaerobic Performance and Neuromuscular Efficiency and Fatigue in Olympic-Level Boxers. 2019 , 11,		20
218	Treatment with Nitrate, but Not Nitrite, Lowers the Oxygen Cost of Exercise and Decreases Glycolytic Intermediates While Increasing Fatty Acid Metabolites in Exercised Zebrafish. 2019 , 149, 2120-2132		7
217	Effects of Caffeine Supplementation on Power Performance in a Flywheel Device: A Randomised, Double-Blind Cross-Over Study. 2019 , 11,		14
216	Fueling for the Field: Nutrition for Jumps, Throws, and Combined Events. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019 , 29, 95-105	4.4	8

215	Urine Caffeine Concentration in Doping Control Samples from 2004 to 2015. 2019 , 11,			63
214	Dietary Intakes of Professional and Semi-Professional Team Sport Athletes Do Not Meet Sport Nutrition Recommendations-A Systematic Literature Review. 2019 , 11,			31
213	Influence of Oral Contraceptive Use on Adaptations to Resistance Training. 2019 , 10, 824			15
212	A series of three case reports in patients with phenylketonuria performing regular exercise: first steps in dietary adjustment. 2019 , 32, 635-641			2
211	Protein supplement consumption is linked to time spent exercising and high-protein content foods: A multicentric observational study. 2019 , 5, e01508			2
210	The Effects of Acute Caffeine Supplementation on Performance in Trained CrossFit Athletes. 2019 , 7,			1
209	Sport supplement use predicts doping attitudes and likelihood via sport supplement beliefs. 2019 , 37, 1734-1740			19
208	Evaluation and Behavior of Spanish Bodybuilders: Doping and Sports Supplements. 2019 , 9,			13
207	Keeping Athletes Healthy at the 2020 Tokyo Summer Games: Considerations and Illness Prevention Strategies. 2019 , 10, 426			9
206	The Effect of Olive Leaf Extract on Upper Respiratory Illness in High School Athletes: A Randomised Control Trial. 2019 , 11,			16
205	Contemporary Nutrition Strategies to Optimize Performance in Distance Runners and Race Walkers. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019 , 29, 117-129	4-4		45
204	Effect of Probiotics Supplementations on Health Status of Athletes. 2019 , 16,			6
203	Non-nutritive Sweeteners: Implications for Consumption in Athletic Populations. 2019 , 41, 112-126			
202	Vitamin D Awareness and Intake in Collegiate Athletes. 2021 , 35, 2742-2748			2
201	Probiotics and sports: A new magic bullet?. 2019 , 60, 152-160			23
200	Sports Foods and Dietary Supplements for Optimal Function and Performance Enhancement in Track-and-Field Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019 , 29, 198-209	4-4		29
199	Acute Effects of Caffeine Supplementation on Movement Velocity in Resistance Exercise: A Systematic Review and Meta-analysis. 2020 , 50, 717-729			22
198	Sports Supplements: Pearls and Pitfalls. 2020 , 47, 37-48			3

197	Effects of caffeine supplementation on physical performance and mood dimensions in elite and trained-recreational athletes. 2020 , 17, 2	19
196	Mutual Interactions among Exercise, Sport Supplements and Microbiota. 2019 , 12,	28
195	Emerging Nutritional Supplements for Strength and Hypertrophy: An Update of the Current Literature. 2020 , 42, 57-70	4
194	Gut Microbiota, Probiotics and Physical Performance in Athletes and Physically Active Individuals. 2020 , 12,	20
193	Elite athletes, a rationale for the use of dietary supplements: A practical approach. 2020 , 14, 100234	3
192	Antioxidant supplementation, redox deficiencies and exercise performance: A falsification design. 2020 , 158, 44-52	14
191	Caffeine and Exercise Performance: Possible Directions for Definitive Findings. 2020 , 2, 574854	6
190	Probiotics, prebiotics and synbiotics: useful for athletes and active individuals? A systematic review. 2020 , 11, 135-149	9
189	Caffeine and Doping-What Have We Learned since 2004. 2020 , 12,	5
188	Dietary Supplement and Food Contaminations and Their Implications for Doping Controls. 2020 , 9,	25
187	Effects of Dietary Nitrate Supplementation on Weightlifting Exercise Performance in Healthy Adults: A Systematic Review. 2020 , 12,	7
186	Translation and Validation of the Caffeine Expectancy Questionnaire in Brazil (CaffEQ-BR). 2020 , 12,	2
185	Rehabilitation Nutrition for Injury Recovery of Athletes: The Role of Macronutrient Intake. 2020 , 12,	12
184	High Prevalence of Supplement Intake with a Concomitant Low Information Quality among Swiss Fitness Center Users. 2020 , 12,	4
183	Gender Differences in Prevalence and Patterns of Dietary Supplement Use in Elite Athletes. 2021 , 92, 659-668	8
182	Effects of Beta-Alanine Supplementation on Physical Performance in Aerobic-Anaerobic Transition Zones: A Systematic Review and Meta-Analysis. 2020 , 12,	3
181	Analysis of Sport Supplement Consumption and Body Composition in Spanish Elite Rowers. 2020 , 12,	5
180	Are There Benefits from the Use of Fish Oil Supplements in Athletes? A Systematic Review. 2020 , 11, 1300-1314	10

179	Probiotics and Gut Health in Athletes. 2020 , 9, 129-136	6
178	The effect of New Zealand blackcurrant on sport performance and related biomarkers: a systematic review and meta-analysis. 2020 , 17, 25	6
177	The influence of progressive-chronic and acute sodium bicarbonate supplementation on anaerobic power and specific performance in team sports: a randomized, double-blind, placebo-controlled crossover study. 2020 , 17, 38	5
176	Caffeine supplementation is ergogenic in soccer players independent of cardiorespiratory or neuromuscular fitness levels. 2020 , 17, 31	5
175	An Untargeted Metabolomics Approach to Investigate the Metabolic Effect of Beetroot Juice Supplementation in Fencers-A Preliminary Study. 2020 , 10,	4
174	Which are the Nutritional Supplements Used by Beach-Volleyball Athletes? A Cross-Sectional Study at the Italian National Championship. 2020 , 8,	2
173	Vitamin D, sport and health: a still unresolved clinical issue. 2020 , 43, 1689-1702	3
172	Individualized Breakfast Programs or Glycogen Super-Compensation: Which Is the Better Performing Strategy? Insights from an Italian Soccer Referees Cohort. 2020 , 17,	
171	Acute Caffeine Intake Enhances Mean Power Output and Bar Velocity during the Bench Press Throw in Athletes Habituated to Caffeine. 2020 , 12,	16
170	Prioritized Dietary Supplement Information Needs of 307 NCAA Division I Student Athletes. 2020 , 52, 867-873	4
169	An Investigation of Habitual Dietary Supplement Use Among 557 NCAA Division I Athletes. 2020 , 39, 619-627	4
168	Effects of a commercially available branched-chain amino acid-alanine-carbohydrate-based sports supplement on perceived exertion and performance in high intensity endurance cycling tests. 2020 , 17, 6	8
167	Supplements and Nutritional Interventions to Augment High-Intensity Interval Training Physiological and Performance Adaptations-A Narrative Review. 2020 , 12,	18
166	Acute Caffeine Supplementation Does Not Improve Performance in Trained CrossFit Athletes. 2020 , 8,	7
165	Analysis of Sports Supplements Consumption in Young Spanish Elite Dinghy Sailors. 2020 , 12,	10
164	Athletes using ergogenic and medical sport supplements report more favourable attitudes to doping than non-users. 2021 , 24, 307-311	9
163	Goals in Nutrition Science 2020-2025. 2020 , 7, 606378	7
162	The importance of nutrition in football: perspective of a national team's doctor. 2021 , 55, 412-413	0

161	UEFA expert group statement on nutrition in elite football. Current evidence to inform practical recommendations and guide future research. 2021 , 55, 416	35
160	Date fruit: a review of the chemical and nutritional compounds, functional effects and food application in nutrition bars for athletes. 2021 , 56, 1503-1513	11
159	Acute Effects of Caffeine Intake on Psychological Responses and High-Intensity Exercise Performance. 2021 , 18,	2
158	International society of sports nutrition position stand: caffeine and exercise performance. 2021 , 18, 1	67
157	Key Nutritional Considerations for Youth Winter Sports Athletes to Optimize Growth, Maturation and Sporting Development. 2021 , 3, 599118	4
156	Influence of Vitamin D Supplementation by Simulated Sunlight or Oral D3 on Respiratory Infection during Military Training. 2021 , 53, 1505-1516	2
155	Effects of Nutritional Supplements on Judo-Related Performance: A Review. 2021 , 77, 81-96	1
154	Widespread Supplement Intake and Use of Poor Quality Information in Elite Adolescent Swiss Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2021 , 1-8	4-4
153	Caffeine Ingestion Improves Performance During Fitness Tests but Does Not Alter Activity During Simulated Games in Professional Basketball Players. 2021 , 16, 387-394	6
152	Sports Pharmacy: New Specialty of Pharmacists and Pharmaceutical Care Services. 2021 , 31, 12-20	0
151	FRENK ÖZMİN SPOR PERFORMANSI VE SPOR PERFORMANSIYLA İLİŞKİLİ PARAMETRELERİN İZLENİMLERİ 18-28	
150	The time to peak blood bicarbonate (HCO_3^-) pH, and strong ion difference (SID) following sodium bicarbonate (NaHCO_3) ingestion in highly trained adolescent swimmers.	
149	Dietary Nitrate Intake Is Positively Associated with Muscle Function in Men and Women Independent of Physical Activity Levels. 2021 , 151, 1222-1230	3
148	Associations Between Health Status, Training Level, Motivations for Exercise, and Supplement Use Among Recreational Runners. 2021 , 1-16	0
147	Paediatric anterior cruciate ligament injury. 2021 , 82, 1-9	0
146	Pre-workout supplements marketed in Brazil: Caffeine quantification and caffeine daily intake assessment. 2021 ,	0
145	Analysis of the consumption of sports supplements in elite fencers according to sex and competitive level. 2021 , 13, 50	1
144	Possible Effects of Beetroot Supplementation on Physical Performance Through Metabolic, Neuroendocrine, and Antioxidant Mechanisms: A Narrative Review of the Literature. 2021 , 8, 660150	5

143	Nutritional Interventions to Improve Sleep in Team-Sport Athletes: A Narrative Review. 2021 , 13,	2
142	N-3 PUFA as an ergogenic supplement modulating muscle hypertrophy and strength: a systematic review. 2021 , 1-21	2
141	Dietary Supplementation for Para-Athletes: A Systematic Review. 2021 , 13,	1
140	Keep an eye on the impact of caffeine on the recovery of the cardiovascular system after exercise. 2021 , 40, 407-408	
139	Ergogenic Effects of Sodium Bicarbonate Supplementation on Middle-, But Not Short-Distance Swimming Tests: A Meta-Analysis. 2021 , 1-12	1
138	Keep an eye on the impact of caffeine on the recovery of the cardiovascular system after exercise. 2021 , 40, 407-408	0
137	The Male Athlete Triad-A Consensus Statement From the Female and Male Athlete Triad Coalition Part II: Diagnosis, Treatment, and Return-To-Play. 2021 , 31, 349-366	5
136	Effect of hypoxia and nitrate supplementation on different high-intensity interval-training sessions. 2021 , 121, 2585-2594	0
135	The Effect of Dietary Supplements on Endurance Exercise Performance and Core Temperature in Hot Environments: A Meta-analysis and Meta-regression. 2021 , 51, 2351-2371	1
134	One-Week High-Dose L-Alanine Loading Improves World Tour Cyclists' Time-Trial Performance. 2021 , 13,	
133	Quality Control of Protein Supplements: A Review. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2021 , 31, 369-379	4-4 2
132	Current and Novel Reviews in Sports Nutrition. 2021 , 13,	2
131	The time to peak blood bicarbonate (HCO ₃ ⁻), pH, and the strong ion difference (SID) following sodium bicarbonate (NaHCO ₃) ingestion in highly trained adolescent swimmers. 2021 , 16, e0248456	0
130	Effect of Silymarin Supplementation in Lung and Liver Histological Modifications during Exercise Training in a Rodent Model. 2021 , 6,	0
129	Supplement Intake in Recreational Vegan, Vegetarian, and Omnivorous Endurance Runners-Results from the NURMI Study (Step 2). 2021 , 13,	3
128	Neither Beetroot Juice Supplementation nor Increased Carbohydrate Oxidation Enhance Economy of Prolonged Exercise in Elite Race Walkers. 2021 , 13,	2
127	Sex Differences in Supplement Intake in Recreational Endurance Runners-Results from the NURMI Study (Step 2). 2021 , 13,	2
126	Effects of Beetroot Juice Supplementation on Cognitive Function, Aerobic and Anaerobic Performances of Trained Male Taekwondo Athletes: A Pilot Study. 2021 , 18,	0

125	Motivators of Indiscriminate and Unsafe Supplement Use among Young Australians. 2021 , 18,	0
124	Anabolic-androgenic steroids and dietary supplements among resistance trained individuals in western cities of Saudi Arabia. 2021 , 13, 117	1
123	International Society of Sports Nutrition position stand: sodium bicarbonate and exercise performance. 2021 , 18, 61	5
122	Supplement intake in half-marathon, (ultra-)marathon and 10-km runners - results from the NURMI study (Step 2). 2021 , 18, 64	2
121	Effects of Caffeine on Performance During High- and Long-Jump Competitions. 2021 , 1-6	0
120	Risk Associated with the Use of Selected Ingredients in Food Supplements. 2021 , 18, e2000686	3
119	No Differences Between Beetroot Juice and Placebo on Competitive 5-km Running Performance: A Double-Blind, Placebo-Controlled Trial. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020 , 30, 295-300	4.4 2
118	Dietary Supplement Use According to Sex and Triad Risk Factors in Collegiate Endurance Runners. 2021 , 35, 404-410	4
117	Whey protein isolate or concentrate combined with concurrent training does not augment performance, cardiorespiratory fitness, or strength adaptations. 2020 , 60, 832-840	3
116	Isolated branched-chain amino acid intake and muscle protein synthesis in humans: a biochemical review. 2019 , 17, eRB4898	11
115	Sports nutrition: science and practical application in relation to improvement of performance and preservation of the health of athletes. IOC Consensus Statement. 2018 , 70-80	5
114	The Prevalence and Awareness Concerning Dietary Supplement Use among Saudi Adolescents. 2020 , 17,	3
113	Diet in neurogenic bowel management: A viewpoint on spinal cord injury. 2020 , 26, 2479-2497	16
112	CYP1A2 Genotype Polymorphism Influences the Effect of Caffeine on Anaerobic Performance in Trained Males. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2021 , 1-6	4.4 0
111	Predictors of upper respiratory tract symptom risk: Differences between elite rugby union and league players. 2021 , 39, 1594-1601	1
110	Prevalence and Attitudes towards Using Protein Supplements Among Female Gym Users: an Online Survey. 2021 , 17,	
109	Ego orientation is related to doping likelihood via sport supplement use and sport supplement beliefs. 2021 , 1-9	1
108	The Effect of Beetroot Ingestion on High-Intensity Interval Training: A Systematic Review and Meta-Analysis. 2021 , 13,	2

107	Potato biofortification: an effective way to fight global hidden hunger. 2021 , 27, 2297-2313	1
106	DIETARY SUPPLEMENTS FOR CONSIDERATION IN ELITE FEMALE FOOTBALLERS. 2021 , 1-17	2
105	Pharmacological and Nutritional Aspects of Physical and Mental Work Capacity Support under Extreme Conditions of Professional Activity: General Principles and Peculiarities. 2019 , 4, 5-12	
104	Nutrition Strategies for Triathlon. 2020 , 261-287	
103	Nutrire. 2020 , 45,	1
102	Topical Sodium Bicarbonate: No Improvement in Blood Buffering Capacity or Exercise Performance. 2020 , 1-7	0
101	: An Overview of Its Chemical Constituents in Relation to Biological Activity. 2021 , 10,	2
100	Effects of Short Term Omega-3 Supplementation on Body Composition, Food Intake, and Lipid Profile in Elite Athletes: A Double-Blind Randomized Controlled Trial.. 1-15	
99	Diyete protein eklenmesi sporcuların kardiyovasküler sistemini etkiler mi?. 2020 , 45, 1428-1435	1
98	Chapter 14:Natural Substances in Supplements and Nutraceuticals as Endocrine Disruptors. 2020 , 356-376	0
97	Nutritional Supplements. 2020 , 399-403	
96	Physical activity and exercise in peritoneal dialysis: International Society for Peritoneal Dialysis and the Global Renal Exercise Network practice recommendations. 2021 , 8968608211055290	6
95	Chrono-nutrition. 2020 , 69, 401-411	
94	Neither a Multi-Ingredient Pre-Workout Supplement nor Caffeine Were Effective at Improving Markers of Blood Flow or Upper-Body Resistance Exercise Performance. 2020 , 13, 167-182	1
93	What Will the Next Challenges Be?. 2022 , 243-255	
92	Effects of creatine and caffeine ingestion in combination on exercise performance: A systematic review. 2021 , 1-14	0
91	Nutritional Considerations for Para-Cycling Athletes: A Narrative Review. 2021 , 9,	0
90	Sport supplements and the athlete's gut: a review. 2021 ,	1

89	Effects of Caffeine Intake on Cardiopulmonary Variables and QT Interval after a Moderate-Intensity Aerobic Exercise in Healthy Adults: A Randomized Controlled Trial.. 2022 , 2022, 3170947	0
88	Probiotics in sports nutrition. 2022 , 277-295	
87	Benefits of a plant-based diet and considerations for the athlete.. 2022 , 1	3
86	N1-Methylnicotinamide: Is It Time to Consider as a Dietary Supplement for Athletes?. 2022 ,	
85	Erratum: Hurst, Saunders, & Coleman (2020).. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022 , 1-2	4-4
84	Auditing the Representation of Female Versus Male Athletes in Sports Science and Sports Medicine Research: Evidence-Based Performance Supplements.. 2022 , 14,	0
83	Bioavailability, Efficacy, Safety, and Regulatory Status of Creatine and Related Compounds: A Critical Review.. 2022 , 14,	2
82	Sportsmen's Attitude towards Dietary Supplements and Nutrition Knowledge: An Investigation in Selected Roman Area Gyms.. 2022 , 14,	2
81	Carbohydrate Intake Practices and Determinants of Food Choices During Training in Recreational, Amateur, and Professional Endurance Athletes: A Survey Analysis.. 2022 , 9, 862396	2
80	Dietary Supplements as a Major Cause of Anti-doping Rule Violations.. 2022 , 4, 868228	1
79	A meta-analysis on the effects of caffeine ingestion on swimming performance. 2022 , ahead-of-print,	1
78	Moral values and moral identity moderate the indirect relationship between sport supplement use and doping use via sport supplement beliefs.. 2022 , 1-8	4
77	Dietary Intakes, Knowledge, and Perceptions of Semi-professional Rugby Athletes in Scotland. 2022 , 19, 49-69	
76	A Cross-Sectional Analysis of Whole Blood Long-Chain ω Polyunsaturated Fatty Acids and Its Relationship with Dietary Intake, Body Composition, and Measures of Strength and Power in Collegiate Athletes.. 2021 , 1-7	0
75	Upper respiratory tract symptom risk in elite field hockey players during a dry run for the Tokyo Olympics. 2021 , 1-13	
74	Effect of β -alanine and sodium bicarbonate co-supplementation on the body's buffering capacity and sports performance: A systematic review. 2021 , 1-14	1
73	Multomics Approach to Precision Sports Nutrition: Limits, Challenges, and Possibilities.. 2021 , 8, 796360	0
72	Dietary Supplementation for Attenuating Exercise-Induced Muscle Damage and Delayed-Onset Muscle Soreness in Humans.. 2021 , 14,	1

71	A systematic review: Role of dietary supplements on markers of exercise-associated gut damage and permeability.. 2022 , 17, e0266379	0
70	Nutritional and Exercise Interventions in Cancer-Related Cachexia: An Extensive Narrative Review.. 2022 , 19,	3
69	Data_Sheet_1.PDF. 2019 ,	
68	Does Tribulus terrestris L. affect hormonal responses following high-intensity resistance exercise?. 2022 , 14, 143-150	
67	Dietary supplements and their effect on the body of students. 2022 , 84, 35-39	
66	Coenzyme Q Supplementation and Its Impact on Exercise and Sport Performance in Humans: A Recovery or a Performance-Enhancing Molecule?. 2022 , 14,	2
65	Dietary supplement use and its associated factors among gym users in Southern Brazil. 1-6	0
64	Can I Have My Coffee and Drink It? A Systematic Review and Meta-analysis to Determine Whether Habitual Caffeine Consumption Affects the Ergogenic Effect of Caffeine.. 2022 , 1	1
63	Effects of ergogenic supplements and dietary supplements on young athletes performance: A review. 2022 , 1, 71-82	
62	The Effect of Dietary Nitrate on the Contractile Properties of Human Skeletal Muscle: A Systematic Review and Meta-Analysis. 1-12	1
61	Efficacy and Safety of TurmXTRA [®] 60N in Delayed-onset Muscle Soreness in Healthy, Recreationally Active Subjects: a Randomized, Double-blind, Placebo-controlled Trial.	
60	Health status of recreational runners over 10-km up to ultra-marathon distance based on data of the NURMI Study Step 2. 2022 , 12,	0
59	Evening Caffeine Did Not Improve 100-m Swimming Time Trials Performed 60 Min Post-Ingestion or the Next Morning After Sleep. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022 , 1-9	4.4 1
58	Effects of Probiotics Supplementation on Gastrointestinal Symptoms in Athletes: A Systematic Review of Randomized Controlled Trials. 2022 , 14, 2645	1
57	Influence of 5-Week Snack Supplementation with the Addition of Gelatin Hydrolysates from Carp Skins on Pro-Oxidative and Antioxidant Balance Disturbances (TOS, TAS) in a Group of Athletes. 2022 , 11, 1314	
56	The Impact of Supplements on Sports Performance for the Trained Athlete: A Critical Analysis. 2022 , 21, 232-238	
55	Nitrate exposure reprograms hepatic amino acid and nutrient sensing pathways prior to exercise: A metabolomic and transcriptomic investigation in zebrafish (<i>Danio rerio</i>). 9,	
54	Nutritional Considerations for the Power Athlete. 2022 , 21, 224-231	

- 53 The effects of nitrate ingestion on high-intensity endurance time-trial performance: A systematic review and meta-analysis. **2022**, 20, 305-316 ○
- 52 Effects of Mediterranean Diet Combined with CrossFit Training on Trained Adults' Performance and Body Composition. **2022**, 12, 1238 ○
- 51 Managing Female Athlete Health: Auditing the Representation of Female versus Male Participants among Research in Supplements to Manage Diagnosed Micronutrient Issues. **2022**, 14, 3372
- 50 The influence of different categories of supplements on body composition of resistance training practitioners: a cross-sectional study. **2022**, 111816
- 49 The Effects of Consuming Amino Acids L-Arginine, L-Citrulline (and Their Combination) as a Beverage or Powder, on Athletic and Physical Performance: A Systematic Review. **2022**, 8, 48 1
- 48 Simultaneous Analysis and Efficient Separation of Anabolic Androgenic Steroids in Dietary Supplement by a Validated HPTLC Method. **2022**, 21,
- 47 Can the Brazilian Caffeine Expectancy Questionnaires Differentiate the CYP1A2 and ADORA2A Gene Polymorphisms? An Exploratory Study with Brazilian Athletes. **2022**, 14, 3355
- 46 Efficacy and Safety of TurmXTRA[®] 60N in Delayed Onset Muscle Soreness in Healthy, Recreationally Active Subjects: A Randomized, Double-Blind, Placebo-Controlled Trial. **2022**, 2022, 1-11
- 45 Analysis of Sport Supplement Consumption by Competitive Swimmers According to Sex and Competitive Level. **2022**, 14, 3218 ○
- 44 Dietary Supplement Use of Turkish Footballers: Differences by Sex and Competition Level. **2022**, 14, 3863 ○
- 43 Creatine Monohydrate Supplementation, but not Creatyl-L-Leucine, Increased Muscle Creatine Content in Healthy Young Adults: A Double-Blind Randomized Controlled Trial. **2022**, 1-7 ○
- 42 Acute caffeine mouth rinse does not affect attention and hand-eye coordination in recreationally active adults. **2022**, 14, 211-219 ○
- 41 The Effects of Blackcurrant and Caffeine Combinations on Performance and Physiology During Repeated High-Intensity Cycling. **2022**, 1-6 ○
- 40 One-Week L-Arginine Supplementation Had No Effect on 200m Freestyle Swimming Time Trial in Moderately-Trained Male Swimmers. 1-11 ○
- 39 Synergy of carbohydrate and caffeine ingestion on physical performance and metabolic responses to exercise: A systematic review with meta-analysis. 1-19 ○
- 38 Therapeutics That Can Potentially Replicate or Augment the Anti-Aging Effects of Physical Exercise. **2022**, 23, 9957 ○
- 37 Efficacy of sodium bicarbonate ingestion strategies for protecting blinding. ○
- 36 Effect of vegan diet (VD) on sports performance: a mechanistic review of metabolic cascades. **2022**, 25, 2022-2043 ○

35	Genetic Variants within NOGGIN, COL1A1, COL5A1, and IGF2 are Associated with Musculoskeletal Injuries in Elite Male Australian Football League Players: A Preliminary Study. 2022 , 8,	0
34	Futbolda Kullanılan Ergojenik Destekler ve Performans Üzerindeki Etkileri.	0
33	Exogenous Ketone Supplements in Athletic Contexts: Past, Present, and Future.	1
32	Does Single or Combined Caffeine and Taurine Supplementation Improve Athletic and Cognitive Performance without Affecting Fatigue Level in Elite Boxers? A Double-Blind, Placebo-Controlled Study. 2022 , 14, 4399	0
31	Pharmacological Blockade of Muscle Afferents and Perception of Effort: A Systematic Review with Meta-analysis.	0
30	Sports supplements use in mountain runners: differences by sex and competitive level. 2022 ,	0
29	A nutritional intervention for moderate altitude endurance preparation: A case report. 2022 , 19, 650-663	0
28	Acute Effects of Beetroot Juice Supplementation on Isometric Muscle Strength, Rate of Torque Development and Isometric Endurance in Young Adult Men and Women: A Randomized, Double-Blind, Controlled Cross-Over Pilot Study. 2022 , 14, 4759	0
27	Effects of creatine monohydrate timing on resistance training adaptations and body composition after 8 weeks in male and female collegiate athletes. 4,	0
26	Mental Performance and Sport: Caffeine and Co-consumed Bioactive Ingredients. 2022 , 52, 69-90	2
25	Analysis of the Consumption of Sports Supplements in Open Water Swimmers According to the Competitive Level. 2022 , 14, 5211	2
24	A systematic scoping review of study methodology for randomized controlled trials investigating probiotics in athletic and physically active populations. 2022 ,	0
23	Effect of a novel dietary supplement Khejri, and Spirulina supplementation on lipid profile in cricket players. 4,	0
22	Nutrition knowledge levels and nutritional supplement beliefs of professional karate athletes. 2023 , 6, 51-58	0
21	Food for Thought: Physiological Considerations for Nutritional Ergogenic Efficacy.	0
20	Aspects Regarding the Consumption of Dietary Supplements among the Active Population in Romania. 2023 , 20, 850	0
19	Effects of beetroot juice intake on repeated performance of competitive swimmers. 13,	0
18	The Effect of a Hydroxytyrosol-Rich, Olive-Derived Phytocomplex on Aerobic Exercise and Acute Recovery. 2023 , 15, 421	0

- 17 Caffeine and Exercise Performance. **2023**, 27, 39-40 ○
- 16 Are Dietary Supplements a Gateway to Doping? A Retrospective Survey of Athletes' Substance Use. 1-6 ○
- 15 Effects of Life-Long Supplementation of Potassium Nitrate on Male Mice Longevity and Organs Pathology. **2023**, 13, 177 1
- 14 Prevalence of dietary supplement consumption among CrossFit practitioners. **2023**, 48, ○
- 13 A brief review on the medicinal uses of Cordyceps militaris. **2023**, 7, 100228 ○
- 12 Foodborne doping and supervision in sports. **2023**, 12, 1925-1936 ○
- 11 Nutritional Strategies in the Rehabilitation of Musculoskeletal Injuries in Athletes: A Systematic Integrative Review. **2023**, 15, 819 ○
- 10 Safety of beta-alanine supplementation in humans: a narrative review. ○
- 9 The effects of beetroot and nitrate supplementation on body composition: a GRADE-assessed systematic review and meta-analysis. 1-14 ○
- 8 Ergogenic Aids and the Female Athlete. **2023**, 399-423 ○
- 7 Trends in dietary supplement use among athletes selected for doping controls. 10, ○
- 6 Caffeine and sport. **2023**, ○
- 5 Frequency of Vitamins and Nutritional Supplements Use among Iraqi People in Baghdad City. 4, 44-49 ○
- 4 Energy Expenditure, Dietary Energy Intake, and Nutritional Supplements in Adolescent Volleyball Athletes versus Nonathletic Controls. **2023**, 15, 1788 ○
- 3 The effects of sodium bicarbonate ingestion on swimming interval performance in trained competitive swimmers. ○
- 2 Regular Physical Activity Influences Gut Microbiota with Positive Health Effects. ○
- 1 Nutritional Considerations for the Vegan Athlete. **2023**, ○