

Plant-based diets and cardiovascular health

Trends in Cardiovascular Medicine

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Editorial commentary: Plant-based diets: More than meets the eye. <i>Trends in Cardiovascular Medicine</i> , 2018, 28, 442-444.	2.3	0
2	Plant-Based Diets Are Associated With a Lower Risk of Incident Cardiovascular Disease, Cardiovascular Disease Mortality, and All-Cause Mortality in a General Population of Middle-Aged Adults. <i>Journal of the American Heart Association</i> , 2019, 8, e012865.	1.6	230
3	Geographical discrimination of uvaia (<i>Eugenia pyriformis</i> Cambess) by principal component analysis. <i>Journal of the Science of Food and Agriculture</i> , 2019, 99, 6778-6787.	1.7	25
4	Relation of Vegetarian Dietary Patterns With Major Cardiovascular Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. <i>Frontiers in Nutrition</i> , 2019, 6, 80.	1.6	54
5	Dietary Patterns and Cardiometabolic Outcomes in Diabetes: A Summary of Systematic Reviews and Meta-Analyses. <i>Nutrients</i> , 2019, 11, 2209.	1.7	75
6	Comparison of berry juice concentrates and pomaces and alternative plant proteins to produce spray dried protein-polyphenol food ingredients. <i>Food and Function</i> , 2019, 10, 6286-6299.	2.1	21
7	Cholesterol versus Inflammation as Cause of Chronic Diseases. <i>Nutrients</i> , 2019, 11, 2332.	1.7	18
8	Advancing an Integrative Framework to Evaluate Sustainability in National Dietary Guidelines. <i>Frontiers in Sustainable Food Systems</i> , 2019, 3, .	1.8	43
9	Sexual Dimorphism in Cardiovascular Disease Risk and Risk Factors Among Vegetarians: an Exploration of the Potential Mechanisms. <i>Current Atherosclerosis Reports</i> , 2019, 21, 35.	2.0	7
10	Complexation of curcumin with <i>Lepidium sativum</i> protein hydrolysate as a novel curcumin delivery system. <i>Food Chemistry</i> , 2019, 298, 125091.	4.2	32
11	Antioxidant Study and Electroanalytical Investigation of Selected Herbal Samples Used in Folk Medicine. <i>International Journal of Electrochemical Science</i> , 2019, 14, 838-847.	0.5	11
12	Chemical composition, nutritional value and bioactive compounds in six uvaia accessions. <i>Food Chemistry</i> , 2019, 294, 547-556.	4.2	29
13	Dietary Patterns and Precision Prevention of Heart Failure. <i>Journal of the American College of Cardiology</i> , 2019, 73, 2046-2048.	1.2	2
14	Plant-Based Diets for Cardiovascular Disease Prevention: All Plant Foods Are Not Created Equal. <i>Current Atherosclerosis Reports</i> , 2019, 21, 18.	2.0	114
15	The motivations that define eating patterns in some Mediterranean countries. <i>Nutrition and Food Science</i> , 2019, 49, 1126-1141.	0.4	13
16	Vegan and animal meal composition and timing influence glucose and lipid related postprandial metabolic profiles. <i>Molecular Nutrition and Food Research</i> , 2019, 63, 1800568.	1.5	5
17	Fruit and vegetable consumption and health outcomes: an umbrella review of observational studies. <i>International Journal of Food Sciences and Nutrition</i> , 2019, 70, 652-667.	1.3	156
18	Cactus young cladodes improves unbalanced glycemic control, dyslipidemia, prooxidant/antioxidant stress biomarkers and stimulate lecithin-cholesterol acyltransferase and paraoxonase activities in young rats after cafeteria diet exposure. <i>Nutrition and Food Science</i> , 2019, 50, 288-302.	0.4	1

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19	Plant-Based Diets for Personal, Population, and Planetary Health. <i>Advances in Nutrition</i> , 2019, 10, S275-S283.	2.9	121
20	Plant-based Diet and Adiposity Over Time in a Middle-aged and Elderly Population. <i>Epidemiology</i> , 2019, 30, 303-310.	1.2	36
21	Attitudes and knowledge towards plant-based diets of young adults across four European countries. Exploratory survey. <i>Appetite</i> , 2020, 145, 104498.	1.8	52
22	Vegetarian diet and its possible influence on dental health: A systematic literature review. <i>Community Dentistry and Oral Epidemiology</i> , 2020, 48, 7-13.	0.9	22
23	Toward the Definition of Personalized Nutrition: A Proposal by The American Nutrition Association. <i>Journal of the American College of Nutrition</i> , 2020, 39, 5-15.	1.1	104
24	Dietary Intakes and Cardiovascular Health of Healthy Adults in Short-, Medium-, and Long-Term Whole-Food Plant-Based Lifestyle Program. <i>Nutrients</i> , 2020, 12, 55.	1.7	23
25	Beyond Ablation in Atrial Fibrillation: 10 Steps to Better Control. <i>American Journal of Lifestyle Medicine</i> , 2021, 15, 155982762094332.	0.8	0
26	Observed Physical Function Is Associated With Better Cognition Among Elderly Adults: The Adventist Health Study-2. <i>American Journal of Alzheimer's Disease and Other Dementias</i> , 2020, 35, 153331752096086.	0.9	7
27	Influencing factor of resistant starch formation and application in cereal products: A review. <i>International Journal of Biological Macromolecules</i> , 2020, 149, 424-431.	3.6	61
28	Plant-based food and protein trend from a business perspective: markets, consumers, and the challenges and opportunities in the future. <i>Critical Reviews in Food Science and Nutrition</i> , 2021, 61, 3119-3128.	5.4	234
29	<p>Effects of Plant-Based Diets on Outcomes Related to Glucose Metabolism: A Systematic Review</p>. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2020, Volume 13, 2811-2822.	1.1	22
30	The role of fruit and vegetables in the diets of children in Europe: current state of knowledge on dietary recommendations, intakes and contribution to energy and nutrient intakes. <i>Proceedings of the Nutrition Society</i> , 2020, 79, 479-486.	0.4	9
31	Characteristics of Slovenian Adults in Community-Based Whole-Food Plant-Based Lifestyle Program. <i>Journal of Nutrition and Metabolism</i> , 2020, 2020, 1-13.	0.7	5
32	A Vegetarian-Style Dietary Pattern Is Associated with Lower Energy, Saturated Fat, and Sodium Intakes; and Higher Whole Grains, Legumes, Nuts, and Soy Intakes by Adults: National Health and Nutrition Examination Surveys 2013â2016. <i>Nutrients</i> , 2020, 12, 2668.	1.7	26
33	Polyphenol Profile and Biological Activity Comparisons of Different Parts of <i>Astragalus macrocephalus</i> subsp. <i>finitimus</i> from Turkey. <i>Biology</i> , 2020, 9, 231.	1.3	17
34	The position of functional foods and supplements with a serum LDL-C lowering effect in the spectrum ranging from universal to care-related CVD risk management. <i>Atherosclerosis</i> , 2020, 311, 116-123.	0.4	28
35	Plantâbased diets and diabetic neuropathy: A systematic review. <i>Lifestyle Medicine</i> , 2020, 1, e6.	0.3	7
36	Healthful nutrition as a prevention and intervention paradigm to decrease the vulnerability to environmental toxicity or stressors and associated inflammatory disease risks. <i>Food Frontiers</i> , 2020, 1, 13-14.	3.7	6

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37	Healthful and unhealthful provegetarian food patterns and the incidence of breast cancer: Results from a Mediterranean cohort. <i>Nutrition</i> , 2020, 79-80, 110884.	1.1	11
38	Editorial: Vegetarian Dietary Patterns in the Prevention and Treatment of Disease. <i>Frontiers in Nutrition</i> , 2020, 7, 92.	1.6	6
39	Association of Omnivorous and Vegetarian Diets With Antioxidant Defense Mechanisms in Men. <i>Journal of the American Heart Association</i> , 2020, 9, e015576.	1.6	13
40	Non-Systematic Review of Diet and Nutritional Risk Factors of Cardiovascular Disease in Obesity. <i>Nutrients</i> , 2020, 12, 814.	1.7	27
41	Development of a Danish Adapted Healthy Plant-Based Diet Based on the EAT-Lancet Reference Diet. <i>Nutrients</i> , 2020, 12, 738.	1.7	63
42	Will the plant-based movement redefine physicians'™ understanding of chronic disease?. <i>New Bioethics</i> , 2020, 26, 141-157.	0.5	17
43	Production and characterization of pea protein isolate-pectin complexes for delivery of curcumin: Effect of esterified degree of pectin. <i>Food Hydrocolloids</i> , 2020, 105, 105777.	5.6	73
44	Dietary protein intake and all-cause and cause-specific mortality: results from the Rotterdam Study and a meta-analysis of prospective cohort studies. <i>European Journal of Epidemiology</i> , 2020, 35, 411-429.	2.5	67
45	Multisite Culinary Medicine Curriculum Is Associated With Cardioprotective Dietary Patterns and Lifestyle Medicine Competencies Among Medical Trainees. <i>American Journal of Lifestyle Medicine</i> , 2020, 14, 225-233.	0.8	33
46	Refined grains intake in high fat, high protein, low carbohydrate and low energy levels subgroups and higher likelihood of abdominal obesity in Chinese population. <i>International Journal of Food Sciences and Nutrition</i> , 2020, 71, 979-990.	1.3	1
47	Replacing Animal-Based Proteins with Plant-Based Proteins Changes the Composition of a Whole Nordic Diet'™ A Randomised Clinical Trial in Healthy Finnish Adults. <i>Nutrients</i> , 2020, 12, 943.	1.7	56
48	Vegetarianism and veganism compared with mental health and cognitive outcomes: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2021, 79, 361-381.	2.6	56
49	Hydrophobic interaction driving the binding of soybean protein isolate and chlorophyll: Improvements to the thermal stability of chlorophyll. <i>Food Hydrocolloids</i> , 2021, 113, 106465.	5.6	36
50	Fava bean (<i>Vicia faba</i> L.) for food applications: From seed to ingredient processing and its effect on functional properties, antinutritional factors, flavor, and color. <i>Comprehensive Reviews in Food Science and Food Safety</i> , 2021, 20, 401-428.	5.9	68
51	Changes in Plant-Based Diet Indices and Subsequent Risk of Type 2 Diabetes in Women and Men: Three U.S. Prospective Cohorts. <i>Diabetes Care</i> , 2021, 44, 663-671.	4.3	57
52	The Lack of Association between Plant-Based Dietary Pattern and Breast Cancer: a Hospital-Based Case-Control Study. <i>Clinical Nutrition Research</i> , 2021, 10, 115.	0.5	6
53	Association between Different Types of Plant-Based Diets and Risk of Dyslipidemia: A Prospective Cohort Study. <i>Nutrients</i> , 2021, 13, 220.	1.7	20
54	A nudge in the right direction: the role of food choice architecture in changing populations' diets. <i>Proceedings of the Nutrition Society</i> , 2021, 80, 195-206.	0.4	48

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56	Plant-Based Diets in the Prevention and Treatment of Cardiovascular Disease. <i>Contemporary Cardiology</i> , 2021, , 95-113.	0.0	0
57	The association between dietary patterns and the novel inflammatory markers platelet-activating factor and lipoprotein-associated phospholipase A2: a systematic review. <i>Nutrition Reviews</i> , 2022, 80, 1371-1391.	2.6	12
58	Vegan Diet Health Benefits in Metabolic Syndrome. <i>Nutrients</i> , 2021, 13, 817.	1.7	72
59	Association of plant-based diet and type 2 diabetes mellitus in Chinese rural adults: The Henan Rural Cohort Study. <i>Journal of Diabetes Investigation</i> , 2021, 12, 1569-1576.	1.1	13
60	Dietary Patterns for Immunity Support and Systemic Inflammation against Infections: A Narrative Review. , 0, , .		0
61	Plant-Based Seafood Analogs. <i>Molecules</i> , 2021, 26, 1559.	1.7	53
62	Technological strategies to improve gelation properties of legume proteins with the focus on lupin. <i>Innovative Food Science and Emerging Technologies</i> , 2021, 68, 102634.	2.7	24
63	Effect of a 6-Month Controlled Lifestyle Intervention on Common Carotid Intima-Media Thickness. <i>Journal of Nutrition, Health and Aging</i> , 2021, 25, 869-877.	1.5	11
64	Strategies for Incorporating Lifestyle Medicine in Everyday Hospital Practice. <i>American Journal of Lifestyle Medicine</i> , 2021, 15, 531-537.	0.8	5
65	3D food printing: Applications of plant-based materials in extrusion-based food printing. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 7184-7198.	5.4	28
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67	Adherence to dietary guidelines and cognitive decline from middle age: the Doetinchem Cohort Study. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 871-881.	2.2	9
68	Nutritional concerns later in life. <i>Proceedings of the Nutrition Society</i> , 2021, 80, 339-343.	0.4	4
69	Utilization of agroindustrial residue from passion fruit (<i>Passiflora edulis</i>) seeds as a source of fatty acids and bioactive substances. <i>Food Science and Technology</i> , 2021, 41, 218-225.	0.8	4
70	Prospective evaluation of dietary and lifestyle pattern indices with risk of colorectal cancer in a cohort of younger women. <i>Annals of Oncology</i> , 2021, 32, 778-786.	0.6	25
71	The whole-food plant-based diet: what does it entail and what lessons can it offer South African dietitians?. <i>South African Journal of Clinical Nutrition</i> , 2021, 34, i-ii.	0.3	1
72	Plant-Based Diet Index and Metabolic Risk in Men: Exploring the Role of the Gut Microbiome. <i>Journal of Nutrition</i> , 2021, 151, 2780-2789.	1.3	20

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73	Plant-based diets, pescatarian diets and COVID-19 severity: a population-based case-control study in six countries. <i>BMJ Nutrition, Prevention and Health</i> , 2021, 4, 257-266.	1.9	113
75	Plant-based dietary patterns in Flemish adults: a 10-year trend analysis. <i>European Journal of Nutrition</i> , 2022, 61, 561-565.	1.8	13
76	A Comprehensive Review of <i>Eugenia Pyriformis</i> Cambess: Reported Bioactivities and Health Effects. <i>Food Reviews International</i> , 2023, 39, 2477-2491.	4.3	2
77	Improving Health Targeted Food Quality of Blackberry: Pear Fruit Synergy Using Lactic Acid Bacterial Fermentation. <i>Frontiers in Sustainable Food Systems</i> , 2021, 5, .	1.8	5
78	A Mediterranean diet microsimulation modeling in relation to cardiovascular disease burden: the ATTICA and GREECS epidemiological studies. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 434-441.	1.3	6
79	Healthful and Unhealthful Plant-Based Diets and Risk of Breast Cancer in U.S. Women: Results from the Nurses' Health Studies. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2021, 30, 1921-1931.	1.1	22
80	Effects of the Mediterranean Diet or Nut Consumption on Gut Microbiota Composition and Fecal Metabolites and their Relationship with Cardiometabolic Risk Factors. <i>Molecular Nutrition and Food Research</i> , 2021, 65, e2000982.	1.5	25
81	Ä±EVRESEL SORUNLARA KARÄ±İ Ä±Ä–ZÄ±M Ä–NERÄ°LERÄ°: GÄ±NCEL SÄ±RDÄ±RÄ±LEBÄ°LÄ°R BESLENME UYGÜLAMALARINA GENEL BAKIÄž. <i>GÄ±da</i> , 0, , 1138-1157.	0.1	2
82	Adolescent's Willingness to Adopt a More Plant-Based Diet: A Theory-Based Interview Study. <i>Frontiers in Nutrition</i> , 2021, 8, 688131.	1.6	7
83	Prevention and Reversal of Morbidity in Todayâ€™s Cardiovascular Patient: Role of Lifestyle Modification and Nutrition in the Current Era. <i>Current Cardiology Reports</i> , 2021, 23, 143.	1.3	6
84	Vegetarian Dietary Patterns and Cognitive Function among Older Adults: The Adventist Health Study-2. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2021, 40, 197-214.	0.4	7
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87	Flavonoids and cardiovascular risk factors: a review. , 2021, 3, 523.		4
89	How necessary and feasible are reductions of methane emissions from livestock to support stringent temperature goals?. <i>Philosophical Transactions Series A, Mathematical, Physical, and Engineering Sciences</i> , 2021, 379, 20200452.	1.6	49
90	Prepregnancy plant-based diets and the risk of gestational diabetes mellitus: a prospective cohort study of 14,926 women. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1997-2005.	2.2	19
91	The Effect of Dietary Interventions on Chronic Inflammatory Diseases in Relation to the Microbiome: A Systematic Review. <i>Nutrients</i> , 2021, 13, 3208.	1.7	28
92	Vegan, Vegetarian and Meat-Based Diets in Saudi Arabia. <i>Cureus</i> , 2021, 13, e18073.	0.2	4

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93	Lifestyle Adjustments in Long-COVID Management: Potential Benefits of Plant-Based Diets. <i>Current Nutrition Reports</i> , 2021, 10, 352-363.	2.1	21
94	A comprehensive research on Lactone Sophorolipid (LSL) and Soy Protein Isolate (SPI) interacting mixture. <i>Journal of Molecular Liquids</i> , 2021, 339, 117239.	2.3	8
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96	Rooibos, a supportive role to play during the COVID-19 pandemic?. <i>Journal of Functional Foods</i> , 2021, 86, 104684.	1.6	7
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99	Self-Management in Nutrition and Exercise. , 2021, , 163-190.		0
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102	The effect of green Mediterranean diet on cardiometabolic risk; a randomised controlled trial. <i>Heart</i> , 2021, 107, 1054-1061.	1.2	35
103	Dietary Strategies for Metabolic Syndrome: A Comprehensive Review. <i>Nutrients</i> , 2020, 12, 2983.	1.7	181
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105	Micronutrients and athletic performance: A review. <i>Food and Chemical Toxicology</i> , 2021, 158, 112618.	1.8	23
107	Personal bias in nutrition advice: A survey of health professionals' recommendations regarding dairy and plant-based dairy alternatives. <i>PEC Innovation</i> , 2022, 1, 100005.	0.3	2
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112	The Association of Plant-Based Diet With Cardiovascular Disease and Mortality: A Meta-Analysis and Systematic Review of Prospect Cohort Studies. <i>Frontiers in Cardiovascular Medicine</i> , 2021, 8, 756810.	1.1	46
113	Plant-Based Diets-Environmental Benefits but Better Awareness Needed to Prevent Future Micronutrient Shortcomings. , 0, , .		1

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114	Association between Unhealthy Plant-Based Diets and Possible Risk of Dyslipidemia. <i>Nutrients</i> , 2021, 13, 4334.	1.7	9
115	Bioactive Compounds and Nanodelivery Perspectives for Treatment of Cardiovascular Diseases. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 11031.	1.3	13
116	Reproducibility and validity of diet quality scores derived from food-frequency questionnaires. <i>American Journal of Clinical Nutrition</i> , 2022, 115, 843-853.	2.2	25
117	Differences in Environmental Impact between Plant-Based Alternatives to Dairy and Dairy Products: A Systematic Literature Review. <i>Sustainability</i> , 2021, 13, 12599.	1.6	23
118	Sustainable, Healthy and Affordable Diets for Children in Lebanon: A Call for Action in Dire Times. <i>Sustainability</i> , 2021, 13, 13245.	1.6	3
119	Role of Functional Food in Treating and Preventing Cardiovascular Diseases. , 0, , .		0
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126	The effect of plant-based diets on meta-inflammation and associated cardiometabolic disorders: a review. <i>Nutrition Reviews</i> , 2022, 80, 2017-2028.	2.6	3
128	Non-Pharmacological Treatments for Insulin Resistance: Effective Intervention of Plant-Based Dietsâ€”A Critical Review. <i>Nutrients</i> , 2022, 14, 1400.	1.7	15
129	Plant-Based Diets and Cancer Risk: What is the Evidence?. <i>Current Nutrition Reports</i> , 2022, 11, 354-369.	2.1	13
130	Assessment of Methodological Pipelines for the Determination of Isothiocyanates Derived from Natural Sources. <i>Antioxidants</i> , 2022, 11, 642.	2.2	5
131	Healthful eating patterns, serum metabolite profile and risk of diabetes in a population-based prospective study of US Hispanics/Latinos. <i>Diabetologia</i> , 2022, 65, 1133-1144.	2.9	14
132	Comparison of the Impact of the Mediterranean Diet, Anti-Inflammatory Diet, Seventh-Day Adventist Diet, and Ketogenic Diet Relative to Cognition and Cognitive Decline. <i>Current Nutrition Reports</i> , 2022, 11, 161-171.	2.1	4
133	Update on Plant-Based Diets and Cardiometabolic Risk. <i>Current Atherosclerosis Reports</i> , 2022, 24, 173-183.	2.0	8
134	<i>Sauropus androgynus</i> (L.) Merr.: a multipurpose plant with multiple uses in traditional ethnic culinary and ethnomedicinal preparations. <i>Journal of Ethnic Foods</i> , 2022, 9, .	0.8	7

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135	Association Between Ideal Cardiovascular Health and Vegetarian Dietary Patterns Among Community-Dwelling Individuals. <i>Frontiers in Nutrition</i> , 2022, 9, 761982.	1.6	2
136	Plant-Based Diets and Peritoneal Dialysis: A Review. <i>Nutrients</i> , 2022, 14, 1304.	1.7	3
137	Quality of plant-based diets in relation to 10-year cardiovascular disease risk: the ATTICA cohort study. <i>European Journal of Nutrition</i> , 2022, 61, 2639-2649.	1.8	12
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139	Padrões alimentares de adultos brasileiros em 2008–2009 e 2017–2018. <i>Revista De Saude Publica</i> , 2021, 55, 1-11.	0.7	11
140	Plant-based diets: a review of the definitions and nutritional role in the adult diet. <i>Proceedings of the Nutrition Society</i> , 2022, 81, 62-74.	0.4	27
141	Cardiovascular Benefits of Plant-Based Diets. <i>International Journal of Cardiovascular Sciences</i> , 2021, 35, 11-13.	0.0	0
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147	Consumer Acceptance of Plant-Based Meat Substitutes: A Narrative Review. <i>Foods</i> , 2022, 11, 1274.	1.9	51
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150	Six Applications of Plant Based Diets for Health Promotion. <i>American Journal of Lifestyle Medicine</i> , 0, , 155982762211040.	0.8	1
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154	Dietary Therapy in Prevention of Cardiovascular Disease (CVD)—Tradition or Modernity? A Review of the Latest Approaches to Nutrition in CVD. <i>Nutrients</i> , 2022, 14, 2649.	1.7	21
155	One person's meat is another's poison: representations of the meat-health nexus in UK news media. <i>Health Promotion International</i> , 2022, 37, .	0.9	2

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157	A standardised methodological approach for characterising the plant-based component of population or individual diets. <i>Journal of Food Composition and Analysis</i> , 2022, 114, 104727.	1.9	1
158	Hybrid Meat Products: Incorporation of White Bean Flour in Lean Pork Burgers. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 7571.	1.3	4
159	Recent advances in bioactive peptides from cereal-derived Foodstuffs. <i>International Journal of Food Sciences and Nutrition</i> , 2022, 73, 875-888.	1.3	2
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