

Prevalence of personal weight control attempts in adults meta-analysis

Obesity Reviews

18, 32-50

DOI: [10.1111/obr.12466](https://doi.org/10.1111/obr.12466)

Citation Report

#	ARTICLE	IF	CITATIONS
1	Acceptability of a very low-energy diet in Type 2 diabetes: patient experiences and behaviour regulation. <i>Diabetic Medicine</i> , 2017, 34, 1554-1567.	1.2	51
3	Health psychology: Healthy choice architecture. <i>Nature Human Behaviour</i> , 2017, 1, .	6.2	5
4	Weight Loss and Appetite Control in Women. <i>Current Obesity Reports</i> , 2017, 6, 334-351.	3.5	26
5	Health Behavior Change for Obesity Management. <i>Obesity Facts</i> , 2017, 10, 666-673.	1.6	68
7	What Is Trained During Food Go/No-Go Training? A Review Focusing on Mechanisms and a Research Agenda. <i>Current Addiction Reports</i> , 2017, 4, 35-41.	1.6	147
8	Prevalence of personal weight control attempts in adults: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2017, 18, 32-50.	3.1	191
9	Episodic Frequency of Energy-Dense Food Consumption in Women with Excessive Adiposity. <i>BioMed Research International</i> , 2017, 2017, 1-6.	0.9	1
10	Motivation and perceived competence for healthy eating and exercise among overweight/obese adolescents in comparison to normal weight adolescents. <i>BMC Obesity</i> , 2017, 4, 36.	3.1	15
11	Intervention strategies to improve nutrition and health behaviours before conception. <i>Lancet</i> , The, 2018, 391, 1853-1864.	6.3	254
12	Accumulating Data to Optimally Predict Obesity Treatment (ADOPT) Core Measures: Psychosocial Domain. <i>Obesity</i> , 2018, 26, S45-S54.	1.5	25
13	Tissue Level Diet and Sex-by-Diet Interactions Reveal Unique Metabolite and Clustering Profiles Using Untargeted Liquid Chromatography-Mass Spectrometry on Adipose, Skeletal Muscle, and Liver Tissue in C57BL6/J Mice. <i>Journal of Proteome Research</i> , 2018, 17, 1077-1090.	1.8	17
14	Weight loss attempts in a racially diverse sample of primary care patients. <i>Preventive Medicine Reports</i> , 2018, 10, 167-171.	0.8	2
15	Does Effectiveness of Weight Management Programs Depend on the Food Environment?. <i>Health Services Research</i> , 2018, 53, 4268-4290.	1.0	7
16	Go/no-go training affects frontal midline theta and mu oscillations to passively observed food stimuli. <i>Neuropsychologia</i> , 2018, 119, 280-291.	0.7	12
17	Correlates of Weight Loss Methods Among Young Adults in Canada. <i>Obesity</i> , 2018, 26, 1357-1364.	1.5	9
18	Fasting and weight loss restrictive diet practices among 2,700 cancer survivors: results from the NutriNet-Santé cohort. <i>International Journal of Cancer</i> , 2018, 143, 2687-2697.	2.3	11
19	Investigation of the long-term sustainability of changes in appetite after weight loss. <i>International Journal of Obesity</i> , 2018, 42, 1489-1499.	1.6	42
20	Support needs of patients with obesity in primary care: a practice-list survey. <i>BMC Family Practice</i> , 2018, 19, 6.	2.9	14

#	ARTICLE	IF	CITATIONS
21	Cognitive and behavioural strategies for weight management in overweight adults: Results from the Oxford Food and Activity Behaviours (OxFAB) cohort study. <i>PLoS ONE</i> , 2018, 13, e0202072.	1.1	13
22	Experiences of Reframing during Self-Directed Weight Loss and Weight Loss Maintenance: Systematic Review of Qualitative Studies. <i>Applied Psychology: Health and Well-Being</i> , 2018, 10, 309-329.	1.6	14
23	Self-Reported Weight Loss Methods and Weight Change: Ten-Year Analysis in the Swedish Obese Subjects Study Control Group. <i>Obesity</i> , 2018, 26, 1137-1143.	1.5	22
24	Self-Report Dieters: Who Are They?. <i>Nutrients</i> , 2019, 11, 1789.	1.7	9
25	Prevalence and predictors of weight loss maintenance: a retrospective population-based survey of European adults with overweight and obesity. <i>Journal of Human Nutrition and Dietetics</i> , 2019, 32, 745-753.	1.3	5
26	Exploring the application of the Prototype Willingness Model to weight loss dieting behaviour among UK adults. <i>Psychology, Health and Medicine</i> , 2019, 24, 1075-1089.	1.3	4
27	The dark side of compulsive eating and food addiction. , 2019, , 115-192.		6
28	Instruments for evaluation of motivations for weight loss in individuals with overweight and obesity: A systematic review and narrative synthesis. <i>PLoS ONE</i> , 2019, 14, e0220104.	1.1	4
29	Cognitive Restraint and History of Dieting Are Negatively Associated with Organic Food Consumption in a Large Population-Based Sample of Organic Food Consumers. <i>Nutrients</i> , 2019, 11, 2468.	1.7	5
30	Weight management perceptions and clinical practices among gynaecology providers caring for reproductive-aged patients. <i>Obesity Science and Practice</i> , 2019, 5, 304-311.	1.0	1
31	Developing evidence-based behavioural strategies to overcome physiological resistance to weight loss in the general population. <i>Proceedings of the Nutrition Society</i> , 2019, 78, 576-589.	0.4	9
32	Nutrition and physical activity counselling by general practitioners in Lithuania, 2000-2014. <i>BMC Family Practice</i> , 2019, 20, 125.	2.9	4
33	Does diet strictness level during weekends and holiday periods influence 1-year follow-up weight loss maintenance? Evidence from the Portuguese Weight Control Registry. <i>Nutrition Journal</i> , 2019, 18, 3.	1.5	2
34	The relationship between indoor tanning and body mass index, physical activity, or dietary practices: a systematic review. <i>Journal of Behavioral Medicine</i> , 2019, 42, 188-203.	1.1	5
35	Behavioural intervention for weight loss maintenance versus standard weight advice in adults with obesity: A randomised controlled trial in the UK (NULevel Trial). <i>PLoS Medicine</i> , 2019, 16, e1002793.	3.9	29
36	Flavor halos and consumer perceptions of food healthfulness. <i>European Journal of Marketing</i> , 2019, 53, 685-707.	1.7	8
37	The roles of autonomous motivation and self-control lapses in concurrent adherence to a gluten-free diet and a self-chosen weight loss plan in adults with coeliac disease. <i>Psychology and Health</i> , 2019, 34, 943-962.	1.2	3
38	Self-report dieting and long-term changes in body mass index and waist circumference. <i>Obesity Science and Practice</i> , 2019, 5, 291-303.	1.0	20

#	ARTICLE	IF	CITATIONS
39	A Case For a Study Quality Appraisal in Survey Studies in Psychology. <i>Frontiers in Psychology</i> , 2018, 9, 2788.	1.1	18
40	The Influence of Parental Dieting Behavior on Child Dieting Behavior and Weight Status. <i>Current Obesity Reports</i> , 2019, 8, 137-144.	3.5	22
41	Associations between the rate, amount, and composition of weight loss as predictors of spontaneous weight regain in adults achieving clinically significant weight loss: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2019, 20, 935-946.	3.1	20
42	The NoHoW protocol: a multicentre 2Ã—2 factorial randomised controlled trial investigating an evidence-based digital toolkit for weight loss maintenance in European adults. <i>BMJ Open</i> , 2019, 9, e029425.	0.8	30
43	Cognitive and environmental interventions to encourage healthy eating: evidence-based recommendations for public health policy. <i>Royal Society Open Science</i> , 2019, 6, 190624.	1.1	8
44	An Experientially Derived Model of Flexible and Intentional Actions for Weight Loss Maintenance After Severe Obesity. <i>Frontiers in Psychology</i> , 2019, 10, 2503.	1.1	8
45	Response to "Metabolic adaptation is not observed after 8 weeks of overfeeding but energy expenditure variability is associated with weight recovery". <i>American Journal of Clinical Nutrition</i> , 2019, 110, 1513.	2.2	2
46	Mechanisms of weight regain after weight loss " the role of adipose tissue. <i>Nature Reviews Endocrinology</i> , 2019, 15, 274-287.	4.3	107
47	The relationship of weight suppression to treatment outcomes during behavioral weight loss. <i>Journal of Behavioral Medicine</i> , 2019, 42, 365-375.	1.1	6
48	Associations Between Romantic Relationship Factors and Body Mass Index Among Weight Loss Surgery Patients. <i>Journal of Marital and Family Therapy</i> , 2019, 45, 719-732.	0.6	5
49	Attribution of weight regain to emotional reasons amongst European adults with overweight and obesity who regained weight following a weight loss attempt. <i>Eating and Weight Disorders</i> , 2019, 24, 351-361.	1.2	45
50	Self-Control and Weight-Loss Practices: An Exploration of Repertory Grid Constructs. <i>Journal of Constructivist Psychology</i> , 2020, 33, 136-152.	0.7	0
51	Behavioural and psychological pretreatment predictors of short- and long-term weight loss among women with overweight and obesity. <i>Eating and Weight Disorders</i> , 2020, 25, 1377-1385.	1.2	6
52	Exploration of Finnish adults's successful weight management over the life course: a qualitative study. <i>BMC Public Health</i> , 2020, 20, 12.	1.2	2
53	Comparing stigmatizing attitudes toward anorexia nervosa, binge-eating disorder, avoidant-restrictive food intake disorder, and subthreshold eating behaviors in college students. <i>Eating Behaviors</i> , 2020, 39, 101443.	1.1	8
54	Exercise for Weight Loss: Further Evaluating Energy Compensation with Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 2466-2475.	0.2	19
55	No effects on appetite or body weight in weight-reduced individuals of foods containing components previously shown to reduce appetite - Results from the SATIN (Satiety Innovation) study. <i>Obesity Medicine</i> , 2020, 17, 100188.	0.5	2
56	No Difference in Weight Loss, Glucose, Lipids and Vitamin D of Eggs for Breakfast Compared with Cereal for Breakfast during Energy Restriction. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8827.	1.2	3

#	ARTICLE	IF	CITATIONS
57	Change in Weight, BMI, and Body Composition in a Population-Based Intervention Versus Genetic-Based Intervention: The NOW Trial. <i>Obesity</i> , 2020, 28, 1419-1427.	1.5	14
58	Intentional weight loss as a predictor of type 2 diabetes occurrence in a general adult population. <i>BMJ Open Diabetes Research and Care</i> , 2020, 8, e001560.	1.2	2
59	Is Colorectal Cancer Screening Associated with Stages of Weight Control Among Korean Americans Aged 50-75 Years Old?: Implications for Weight Control Practice. <i>Journal of Racial and Ethnic Health Disparities</i> , 2020, 8, 1026-1034.	1.8	1
60	Individual differences in extinction learning predict weight loss after treatment: A pilot study. <i>European Eating Disorders Review</i> , 2020, 28, 782-788.	2.3	3
61	Weight-related lifestyle behaviours and the COVID-19 crisis: An online survey study of UK adults during social lockdown. <i>Obesity Science and Practice</i> , 2020, 6, 735-740.	1.0	99
62	Correlates of intentional weight loss among American adults. <i>Journal of Human Behavior in the Social Environment</i> , 2020, 30, 730-742.	1.1	0
63	The impact of genetic polymorphisms on weight regain after successful weight loss. <i>British Journal of Nutrition</i> , 2020, 124, 809-823.	1.2	4
64	The consequences of exercise-induced weight loss on food reinforcement. A randomized controlled trial. <i>PLoS ONE</i> , 2020, 15, e0234692.	1.1	14
65	Eating behavior tendencies among Finnish adults in relation to previous weight loss attempts. <i>Appetite</i> , 2020, 150, 104650.	1.8	9
66	Dietary restraint is associated with adiposity and repeated attempts of food avoidance since early adolescence. <i>Physiology and Behavior</i> , 2020, 218, 112826.	1.0	3
67	How dieting might make some fatter: modeling weight cycling toward obesity from a perspective of body composition autoregulation. <i>International Journal of Obesity</i> , 2020, 44, 1243-1253.	1.6	29
68	Desire to lose weight and need of weight loss support in the adult population—Results from a cross-sectional study in Sweden. <i>Obesity Science and Practice</i> , 2020, 6, 373-381.	1.0	8
69	Effects of Popular Diets on Anthropometric and Cardiometabolic Parameters: An Umbrella Review of Meta-Analyses of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2020, 11, 815-833.	2.9	100
70	Why young women gain weight: A narrative review of influencing factors and possible solutions. <i>Obesity Reviews</i> , 2020, 21, e13002.	3.1	29
71	Influence of postexercise fasting on hunger and satiety in adults. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020, 45, 1022-1030.	0.9	3
72	Effect of JumpstartMD, a Commercial Low-Calorie Low-Carbohydrate Physician-Supervised Weight Loss Program, on 22,407 Adults. <i>Journal of Obesity</i> , 2020, 2020, 1-24.	1.1	0
73	Weight loss since early adulthood, later life risk of fracture hospitalizations, and bone mineral density: a prospective cohort study of 0.5 million Chinese adults. <i>Archives of Osteoporosis</i> , 2020, 15, 60.	1.0	8
74	Planning and self-monitoring the quality and quantity of eating: How different styles of self-regulation strategies relate to healthy and unhealthy eating behaviors, bulimic symptoms, and BMI. <i>Appetite</i> , 2021, 156, 104839.	1.8	4

#	ARTICLE	IF	CITATIONS
75	â€œIâ€™m eating healthy nowâ€: The relationship between perceived behavior change and diet. <i>Food Quality and Preference</i> , 2021, 89, 104142.	2.3	6
76	Weight Management Efforts, But Not Weight Perceptions, Are Associated with Dietary Quality among Youth and Young Adults in Canada. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 942-951.	0.4	5
77	Relationship between stress and weight management behaviors during the COVID-19 pandemic among those enrolled in an internet program. <i>Obesity Science and Practice</i> , 2021, 7, 129-134.	1.0	18
78	Body Image Comparisons on Social Networking Sites and Chinese Female College Studentsâ€™ Restrained Eating: The Roles of Body Shame, Body Appreciation, and Body Mass Index. <i>Sex Roles</i> , 2021, 84, 465-476.	1.4	21
79	The hamster wheel: a case study on embodied narrative identity and overcoming severe obesity. <i>Medicine, Health Care and Philosophy</i> , 2021, 24, 255-267.	0.9	1
80	Evidence-Based Digital Tools for Weight Loss Maintenance: The NoHoW Project. <i>Obesity Facts</i> , 2021, 14, 320-333.	1.6	7
82	From famine to therapeutic weight loss: Hunger, psychological responses, and energy balance-related behaviors. <i>Obesity Reviews</i> , 2021, 22, e13191.	3.1	8
83	An analysis of weight loss efforts and expectations in a Canadian Cohort: A retrospective medical chart review. <i>Clinical Obesity</i> , 2021, 11, e12449.	1.1	1
85	Peer-to-Peer Social Media Communication About Dietary Supplements Used for Weight Loss and Sports Performance Among Military Personnel: Pilot Content Analysis of 11 Years of Posts on Reddit. <i>JMIR Formative Research</i> , 2021, 5, e28957.	0.7	4
86	Weight underestimation and weight nonregulation behavior may be related to weak grip strength. <i>Nutrition Research</i> , 2021, 87, 41-48.	1.3	3
87	Attitudes about the treatment of obesity among healthcare providers involved in the care of obesity-related diseases: A survey across medical specialties in multiple European countries. <i>Obesity Science and Practice</i> , 2021, 7, 659-668.	1.0	3
88	The effect of calorie and physical activity equivalent labelling of alcoholic drinks on drinking intentions in participants of higher and lower socioeconomic position: An experimental study. <i>British Journal of Health Psychology</i> , 2022, 27, 30-49.	1.9	8
89	Pragmatic Evaluation of a Health System-Based Employee Weight Management Program. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5901.	1.2	2
90	Caloric Restriction and Hypothalamic Leptin Gene Therapy Have Differential Effects on Energy Partitioning in Adult Female Rats. <i>International Journal of Molecular Sciences</i> , 2021, 22, 6789.	1.8	3
91	Trends for weight control strategies in Korean adults using the Korea National Health and Nutrition Examination Survey from 2007 to 2017. <i>Explore: the Journal of Science and Healing</i> , 2021, 17, 320-326.	0.4	4
92	Problematic eating as an issue of habitual control. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2021, 110, 110294.	2.5	4
93	Does Weight-Cycling Influence Illness Beliefs in Obesity? A Gender-Sensitive Approach. <i>Journal of Obesity</i> , 2021, 2021, 1-10.	1.1	2
94	Enhancing dieters' perseverance in adversity: How counterfactual thinking increases use of digital health tracking tools. <i>Appetite</i> , 2021, 164, 105261.	1.8	1

#	ARTICLE	IF	CITATIONS
95	Obesity treatment: Weight loss versus increasing fitness and physical activity for reducing health risks. <i>IScience</i> , 2021, 24, 102995.	1.9	65
96	Free-Living Energy Balance Behaviors Are Associated With Greater Weight Loss During a Weight Loss Program. <i>Frontiers in Nutrition</i> , 2021, 8, 688295.	1.6	1
97	“I didn't want to do it on my own” A qualitative study of women's perceptions of facilitating and risk factors for weight control on a UK commercial community program. <i>Appetite</i> , 2021, 165, 105308.	1.8	0
98	Self-compassion in weight management: A systematic review. <i>Journal of Psychosomatic Research</i> , 2021, 150, 110617.	1.2	15
99	Self-Management in Nutrition and Exercise. , 2021, , 163-190.		0
100	“Easy ways to lose weight with pleasure” <i>Journal of Argumentation in Context</i> , 2018, 7, 270-284.	0.4	1
101	Accelerated progression of waist-to-hip ratio but not body mass index associated with lower socioeconomic position: a cohort study of nonobese early postmenopausal Chinese women. <i>Menopause</i> , 2020, 27, 550-558.	0.8	5
102	Does self-compassion help to deal with dietary lapses among overweight and obese adults who pursue weight-loss goals?. <i>British Journal of Health Psychology</i> , 2021, 26, 767-788.	1.9	16
103	Successful weight loss maintenance: A systematic review of weight control registries. <i>Obesity Reviews</i> , 2020, 21, e13003.	3.1	84
104	Comparing the Keyto App and Device with Weight Watchers™ WW App for Weight Loss: Protocol for a Randomized Trial. <i>JMIR Research Protocols</i> , 2020, 9, e19053.	0.5	6
106	Effectiveness of Counselling on Diet Quality and Physical Activity with Cognitive Counselling for Overweight and Obese Women-A Randomized Clinical Trial. <i>Cognition, Brain, Behavior an Interdisciplinary Journal</i> , 2021, 25, 199-219.	0.4	0
107	Overweight or Obesity Onset and Past Attempts to Lose/Manage Weight: A Qualitative Study. <i>Obesities</i> , 2021, 1, 136-143.	0.3	0
108	Trajectories of Food Choice Motives and Weight Status of Malaysian Youths during the COVID-19 Pandemic. <i>Nutrients</i> , 2021, 13, 3752.	1.7	11
109	Does prepregnancy weight change have an effect on subsequent pregnancy health outcomes? A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2022, 23, e13324.	3.1	21
110	Dynamic changes in energy expenditure in response to underfeeding: a review. <i>Proceedings of the Nutrition Society</i> , 2022, 81, 199-212.	0.4	2
112	Criterion score of the physical and psychophysiological condition of students in the context of determining their individual adaptability to physical loads. <i>Fiziskoe Vospitanie Studentov</i> , 2019, 23, 51-57.	0.9	5
114	Development and feasibility study of an app (Ladle) for weight loss and behaviour change. <i>PeerJ</i> , 2019, 7, e6907.	0.9	6

#	ARTICLE	IF	CITATIONS
115	Painoon liittyvien ihanteiden ja käyttäytymisten vaikutus pitkään aikavälin terveyteen. Sosiaalilaaketieteellinen Aikakauslehti, 2019, 56, .	0.0	0
116	Secular changes in bone mineral density of adult Japanese women from 1995 to 2013. Fukushima Journal of Medical Sciences, 2021, 67, 128-134.	0.1	0
118	The prevalence of weight-control behaviors and associated factors among adolescent girls in Tehran. International Journal of Adolescent Medicine and Health, 2022, 34, 257-264.	0.6	2
119	Intermittent Extended Access Rodent Models of Compulsive Eating. Neuromethods, 2021, , 133-162.	0.2	1
120	Have Our Attempts to Curb Obesity Done More Harm Than Good?. Cureus, 2020, 12, e10275.	0.2	4
121	A Theory- and Evidence-Based Digital Intervention Tool for Weight Loss Maintenance (NoHoW Toolkit): Systematic Development and Refinement Study. Journal of Medical Internet Research, 2021, 23, e25305.	2.1	12
122	A Multi-Faceted Approach to Weight Loss: A Case Report. Integrative Medicine, 2020, 19, 38-45.	0.1	0
123	Variation of psychological and anthropometrics measures before and after dieting and factors associated with body dissatisfaction and quality of life in a Lebanese clinical sample. BMC Psychology, 2021, 9, 189.	0.9	5
124	Dietary and Medical Management of Obesity. , 2022, , 1826-1832.		0
125	Associations between weight loss history and factors related to type 2 diabetes risk in the Stop Diabetes study. International Journal of Obesity, 2022, 46, 935-942.	1.6	4
126	Exercise increases attentional bias towards food cues in individuals classified as overweight to obese. Physiology and Behavior, 2022, 247, 113711.	1.0	7
127	Use of an mHealth Ketogenic Diet App Intervention and User Behaviors Associated With Weight Loss in Adults With Overweight or Obesity: Secondary Analysis of a Randomized Clinical Trial. JMIR MHealth and UHealth, 2022, 10, e33940.	1.8	8
128	Weight Maintenance after Dietary Weight Loss: Systematic Review and Meta-Analysis on the Effectiveness of Behavioural Intensive Intervention. Nutrients, 2022, 14, 1259.	1.7	20
129	Health behaviors & weight loss strategies among surgical and non-surgical weight loss seekers. Obesity Medicine, 2022, 31, 100404.	0.5	0
131	Self-Control at Meals in Order Not to Gain Weight and Its Relationship with Food Cravings in Low-Carb Dieters. Obesities, 2021, 1, 200-208.	0.3	0
132	Weight Change Is Associated with Osteoporosis: A Cross Sectional Study Using the Korean Community Health Survey. International Journal of Environmental Research and Public Health, 2021, 18, 13368.	1.2	3
133	Psychometric Evaluation of the Chinese Version of a Weight-Related Eating Questionnaire Using an Item Response Theory Approach. Nutrients, 2022, 14, 1627.	1.7	1
135	Early time-restricted eating compared with daily caloric restriction: A randomized trial in adults with obesity. Obesity, 2022, 30, 1027-1038.	1.5	39

#	ARTICLE	IF	CITATIONS
136	Weight Cycling and Dieting Behavior in Fitness Club Members. <i>Frontiers in Endocrinology</i> , 2022, 13, 851887.	1.5	0
137	Secondary Outcomes of a Front-of-Pack-Labeling Randomised Controlled Experiment in a Representative British Sample: Understanding, Ranking Speed and Perceptions. <i>Nutrients</i> , 2022, 14, 2188.	1.7	2
138	Cardiovascular effects of intensive lifestyle intervention in adults with overweight/obesity and type 2 diabetes according to body weight time in range. <i>EClinicalMedicine</i> , 2022, 49, 101451.	3.2	3
139	Consulting Obese and Overweight Patients for Nutrition and Physical Activity in Primary Healthcare in Poland. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7694.	1.2	4
140	Persistent and Unsuccessful Attempts to Cut Down on Ultra-Processed Foods and the Associated Challenges for Dietary Adherence. <i>Current Addiction Reports</i> , 2022, 9, 275-281.	1.6	1
141	Predictors of Weight-Control Behavior in Healthy Weight and Overweight Korean Middle-Aged Women. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7546.	1.2	1
142	Weight fluctuation, mortality, and cardiovascular disease in adults in 18Âyears of follow-up: Tehran Lipid and Glucose Study. <i>Journal of Endocrinological Investigation</i> , 0, , .	1.8	3
143	Oxford Food and Activity Behaviors 20â€item questionnaire to assess personal weight management strategies: Development and testing. <i>Obesity</i> , 2022, 30, 1752-1759.	1.5	2
144	Nutrition recommendations for a healthy pregnancy and lactation in women with overweight and obesity â€ strategies for weight loss before and after pregnancy. <i>Fertility and Sterility</i> , 2022, 118, 434-446.	0.5	5
145	Attitudes Toward Obesity, Willingness to Lose Weight, and Treatment Preferences Among Overweight and Obese Saudi Adults. <i>Cureus</i> , 2022, , .	0.2	0
146	Can we have a second helping? A preregistered direct replication study on the neurobiological mechanisms underlying selfâ€control. <i>Human Brain Mapping</i> , 0, , .	1.9	3
147	Weight loss strategies, weight change, and type 2 diabetes in US health professionals: A cohort study. <i>PLoS Medicine</i> , 2022, 19, e1004094.	3.9	6
148	Do eating behavior traits predict energy intake and body mass index? A systematic review and metaâ€analysis. <i>Obesity Reviews</i> , 2023, 24, .	3.1	15
149	Food for thought: diet-induced impairments to decision-making and amelioration by N-acetylcysteine in male rats. <i>Psychopharmacology</i> , 2022, 239, 3495-3506.	1.5	2
150	Physiology of the Weight-Reduced State and Its Impact on Weight Regain. <i>Endocrinology and Metabolism Clinics of North America</i> , 2022, 51, 795-815.	1.2	0
151	What goes on in digital behaviour change interventions for weight loss maintenance targeting physical activity: A scoping review. <i>Digital Health</i> , 2022, 8, 205520762211290.	0.9	3
152	Obesity prevention and related public health advertising versus competing commercial advertising expenditure in Australia. <i>Health Promotion International</i> , 2022, 37, .	0.9	1
153	Motivational and selfâ€efficacy reciprocal effects during a 12â€month' weight regain prevention program. <i>British Journal of Health Psychology</i> , 0, , .	1.9	0

#	ARTICLE	IF	CITATIONS
154	A Large-Scale Observational Analysis of Social Media Data Reveals Major Public Misperception of the Attainability of Drastic Weight Loss by Dieting. <i>Obesity Facts</i> , 2023, 16, 141-148.	1.6	1
155	Peer Appearance Teasing and Restrained Eating Among Chinese Adolescent Girls: A Mediation Model of Fear of Negative Appearance Evaluation and Body Surveillance. <i>Child Psychiatry and Human Development</i> , 0, , .	1.1	2
156	The impact of living through COVID-19 pandemic on mental health, food insecurity, loneliness and health behaviours in people with obesity. <i>Journal of Human Nutrition and Dietetics</i> , 2023, 36, 1011-1018.	1.3	6
157	High-protein diet prevents fat mass increase after dieting by counteracting <i>Lactobacillus</i> -enhanced lipid absorption. <i>Nature Metabolism</i> , 2022, 4, 1713-1731.	5.1	21
158	Is dieting a risk for higher weight gain in normal-weight individual? A systematic review and meta-analysis. <i>British Journal of Nutrition</i> , 0, , 1-44.	1.2	0
159	Weight management strategies in Middle-Aged Women (MAW): Development and validation of a questionnaire based on the Oxford Food and Activity Behaviors Taxonomy (OxFAB-MAW) in a Portuguese sample. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	0
160	Prospective study of weight loss and all-cause-, cardiovascular-, and cancer mortality. <i>Scientific Reports</i> , 2023, 13, .	1.6	0
161	Theory to treatment to theory: Evolving a community-based obesity intervention. <i>Evaluation and Program Planning</i> , 2023, 98, 102270.	0.9	0
162	Computational mechanisms underpinning greater exploratory behaviour in excess weight relative to healthy weight adolescents. <i>Appetite</i> , 2023, 183, 106484.	1.8	0
163	Weight cycling based on altered immune microenvironment as a result of metaflammation. <i>Nutrition and Metabolism</i> , 2023, 20, .	1.3	0
164	Polycystic ovary syndrome is associated with weight-loss attempts and perception of overweight independent of BMI: a population-based cohort study. <i>Obesity</i> , 2023, 31, 1108-1120.	1.5	1
165	Weight-Control Behaviors and Dietary Intake in Chinese Adults: An Analysis of Three National Surveys (2002-2015). <i>Nutrients</i> , 2023, 15, 1395.	1.7	1
166	Compensatory eating after exercise in everyday life: Insights from daily diary studies. <i>PLoS ONE</i> , 2023, 18, e0282501.	1.1	1
187	The Physiological Effects of Weight-Cycling: A Review of Current Evidence. <i>Current Obesity Reports</i> , 2024, 13, 35-50.	3.5	0