

Compared to self-immersion, mindful attention reduces

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Effects of Brief Mindfulness-Based Interventions on Health-Related Outcomes: a Systematic Review. <i>Mindfulness</i> , 2019, 10, 1957-1968.	2.8	101
2	The next generation of mindfulness-based intervention research: what have we learned and where are we headed?. <i>Current Opinion in Psychology</i> , 2019, 28, 179-183.	4.9	59
3	The epistemic and pragmatic value of non-action: a predictive coding perspective on meditation. <i>Current Opinion in Psychology</i> , 2019, 28, 166-171.	4.9	47
4	Self-compassion in mindfulness-based stress reduction: An examination of prediction and mediation of intervention effects. <i>Stress and Health</i> , 2020, 36, 88-96.	2.6	11
5	Electrophysiological evidence of the differential modulation of approach-related processes toward attractive foods by immersive or mindful viewing conditions. <i>European Journal of Neuroscience</i> , 2020, 51, 1971-1986.	2.6	5
6	Understanding Desire for Food and Drink: A Grounded-Cognition Approach. <i>Current Directions in Psychological Science</i> , 2020, 29, 193-198.	5.3	47
7	Cognitive Defusion Is a Core Cognitive Mechanism for the Sensory-Affective Uncoupling of Pain During Mindfulness Meditation. <i>Psychosomatic Medicine</i> , 2021, 83, 566-578.	2.0	8
8	“The thought is gonna come and the thought is gonna go” A qualitative study on how non-meditators learn and apply brief mindfulness-based instructions for food cravings. <i>Appetite</i> , 2021, 166, 105482.	3.7	3
9	Enhanced response inhibition and reduced midfrontal theta activity in experienced Vipassana meditators. <i>Scientific Reports</i> , 2019, 9, 13215.	3.3	17
10	Regenerative Virtual Therapy: The Use of Multisensory Technologies and Mindful Attention for Updating the Altered Representations of the Bodily Self. <i>Frontiers in Systems Neuroscience</i> , 2021, 15, 749268.	2.5	17
11	Test-retest reliability of a smartphone-based approach-avoidance task: Effects of retest period, stimulus type, and demographics. <i>Behavior Research Methods</i> , 2023, 55, 2652-2668.	4.0	6
12	Placebo and Nocebo Effects as Bayesian-Brain Phenomena: The Overlooked Role of Likelihood and Attention. <i>Perspectives on Psychological Science</i> , 2023, 18, 1217-1229.	9.0	9
13	A Body Scan Meditation Reduces Negative Affect and Food Cravings in Emotional Eaters: A Randomized Controlled Study of the Effects, Mediators, and Moderators. <i>Mindfulness</i> , 2024, 15, 189-202.	2.8	0