A new direction in psychology and health: Resistance exand adolescents

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Citation Report

#	Article	IF	CITATIONS
1	Aerobic and strength exercises for youngsters aged 12 to 15: what do parents think?. BMC Public Health, 2015, 15, 994.	2.9	13
2	Sports Medicine - Open. Sports Medicine - Open, 2015, 1, 1.	3.1	30
3	The Association among Difficulties in Emotion Regulation, Hostility, and Empathy in a Sample of Young Italian Adults. Frontiers in Psychology, 2016, 7, 1068.	2.1	27
4	Theory-Based Interventions Combining Mental Simulation and Planning Techniques to Improve Physical Activity: Null Results from Two Randomized Controlled Trials. Frontiers in Psychology, 2016, 7, 1789.	2.1	59
5	The Dutch â€~Focus on Strength' intervention study protocol: programme design and production, implementation and evaluation plan. BMC Public Health, 2016, 16, 496.	2.9	16
6	Assessing the sustained impact of a school-based obesity prevention program for adolescent boys: the ATLAS cluster randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 92.	4.6	80
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8	National Strength and Conditioning Association Position Statement on Long-Term Athletic Development. Journal of Strength and Conditioning Research, 2016, 30, 1491-1509.	2.1	263
9	The Psychological Effects of Strength Exercises in People who are Overweight or Obese: A Systematic Review. Sports Medicine, 2017, 47, 2069-2081.	6.5	18
10	Exerciseâ€induced irisin release as a determinant of the metabolic response to exercise training in obese youth: the <scp>EXIT</scp> trial. Physiological Reports, 2017, 5, e13539.	1.7	29
11	Diet, physical activity and behavioural interventions for the treatment of overweight or obese children from the age of 6 to 11 years. The Cochrane Library, 2017, 2017, CD012651.	2.8	276
12	Adolescents' Responses to a School-Based Prevention Program Promoting Healthy Eating at School. Frontiers in Public Health, 2017, 5, 309.	2.7	20
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15	Development of a Self-Determination Theory-Based Physical Activity Intervention for Aged Care Workers: Protocol for the Activity for Well-being Program. Frontiers in Public Health, 2018, 6, 341.	2.7	11
16	Strength exercises during physical education classes in secondary schools improve body composition: a cluster randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 92.	4.6	21
17	The Role of Habits in Maladaptive Behaviour and Therapeutic Interventions. , 2018, , 285-303.		8

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21	Energy balance-related factors associating with adolescent weight loss intent: evidence from the 2017 National Youth Risk Behavior Survey. BMC Public Health, 2019, 19, 1206.	2.9	4
22	Emotional Intelligence and the Practice of Organized Physical-Sport Activity in Children. Sustainability, 2019, 11, 1615.	3.2	18
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35	The Effect of Physical Activity and Gender on Well Being and Body Image of Adolescents. Psychology, 2017, 08, 1840-1856.	0.5	0
36	Weight-status Related Differences in Reflective and Impulsive Determinants of Physical Activity in Youngsters (8–18 years old). Health Psychology Bulletin, 2020, 4, 29.	0.3	1

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42	Examining the role of sex on the benefits of muscleâ€strengthening activities for people living with obesity: A crossâ€sectional study. Health Science Reports, 2022, 5, .	1.5	0
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