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Rice Bran Oil Decreases Total and LDL Cholesterol in Humans: A Systematic Review and Meta-Analysis of Randomized Controlled Clinical Trials

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Hormone and Metabolic Research, 2016, 48, 417-26.

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#	Paper	IF	Citations
32	Lipid-lowering nutraceuticals in clinical practice: position paper from an International Lipid Expert Panel. <i>Nutrition Reviews</i> , 2017 , 75, 731-767	6.4	186
31	Anti-hyperlipidemic effect of rice bran polysaccharide and its potential mechanism in high-fat diet mice. <i>Food and Function</i> , 2017 , 8, 4028-4041	6.1	35
30	Nutritional and Health Benefits of Rice Bran Oil. 2017 , 135-158		9
29	Brown Rice. 2017 ,		4
28	Potential relevance of microRNAs in inter-species epigenetic communication, and implications for disease pathogenesis. <i>RNA Biology</i> , 2017 , 14, 391-401	4.8	35
27	Lipid lowering nutraceuticals in clinical practice: position paper from an International Lipid Expert Panel. <i>Archives of Medical Science</i> , 2017 , 13, 965-1005	2.9	173
26	Dietary Wheat Bran Oil Is Equally as Effective as Rice Bran Oil in Reducing Plasma Cholesterol. <i>Journal of Agricultural and Food Chemistry</i> , 2018 , 66, 2765-2774	5.7	22
25	The relationship between lipid phytochemicals, obesity and its related chronic diseases. <i>Food and Function</i> , 2018 , 9, 6048-6062	6.1	22
24	Influence of the Special Processing Rice on the Factors of Lifestyle Related Disease. <i>Japanese Journal of Complementary and Alternative Medicine</i> , 2018 , 15, 103-108	0	
23	Cholesterol-Lowering Nutraceuticals Affecting Vascular Function and Cardiovascular Disease Risk. <i>Current Cardiology Reports</i> , 2018 , 20, 53	4.2	25
22	The Role of Nutraceuticals in Statin-Intolerant Patients. <i>Journal of the American College of Cardiology</i> , 2018 , 72, 96-118	15.1	157
21	The effect of healthy Nordic diet on cardio-metabolic markers: a systematic review and meta-analysis of randomized controlled clinical trials. <i>European Journal of Nutrition</i> , 2019 , 58, 2159-2174	5.2	34
20	Preventive Effect of Polyunsaturated Fatty Acid and Vitamin E in Rice Bran Oil on Lifestyle-Related Diseases. <i>Journal of Nutritional Science and Vitaminology</i> , 2019 , 65, S34-S37	1.1	2
19	Exploiting the bioactive properties of Embryanol from bran of different exotic rice varieties. <i>Food and Function</i> , 2019 , 10, 2382-2389	6.1	13
18	Effects of silymarin supplementation on blood lipids: A systematic review and meta-analysis of clinical trials. <i>Phytotherapy Research</i> , 2019 , 33, 871-880	6.7	18
17	The impact of pycnogenol supplementation on plasma lipids in humans: A systematic review and meta-analysis of clinical trials. <i>Phytotherapy Research</i> , 2019 , 33, 276-287	6.7	10
16	Dietary natural products as emerging lipoprotein(a)-lowering agents. <i>Journal of Cellular Physiology</i> , 2019 , 234, 12581-12594	7	17

15	Effects of Canola Oil Consumption on Lipid Profile: A Systematic Review and Meta-Analysis of Randomized Controlled Clinical Trials. <i>Journal of the American College of Nutrition</i> , 2019 , 38, 185-196	3.5	19
14	Rice Bran Oil Containing Gamma-Oryzanol Improves Lipid Profiles and Antioxidant Status in Hyperlipidemic Subjects: A Randomized Double-Blind Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2019 , 25, 353-358	2.4	25
13	Virgin rice bran oil alleviates hypertension through the upregulation of eNOS and reduction of oxidative stress and inflammation in L-NAME-induced hypertensive rats. <i>Nutrition</i> , 2020 , 69, 110575	4.8	14
12	The efficacy of ginseng supplementation on plasma lipid concentration in adults: A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , 2020 , 48, 102239	3.5	4
11	Phytochemicals and Gastrointestinal Cancer: Cellular Mechanisms and Effects to Change Cancer Progression. <i>Biomolecules</i> , 2020 , 10,	5.9	35
10	Cold pressed rice (<i>Oryza sativa</i>) bran oil. 2020 , 391-403		
9	Two Blends of Refined Rice Bran, Flaxseed, and Sesame Seed Oils Affect the Blood Lipid Profile of Chinese Adults with Borderline Hypercholesterolemia to a Similar Extent as Refined Olive Oil. <i>Journal of Nutrition</i> , 2020 , 150, 3141-3151	4.1	8
8	The effects of rice bran oil on left ventricular systolic function, cardiometabolic risk factors and inflammatory mediators in men with coronary artery disease: a randomized clinical trial. <i>Food and Function</i> , 2021 , 12, 4446-4457	6.1	1
7	The impact of rice bran oil consumption on the serum lipid profile in adults: a systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-11	11.5	5
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5	Tropical Oil Consumption and Cardiovascular Disease: An Umbrella Review of Systematic Reviews and Meta Analyses. <i>Nutrients</i> , 2021 , 13,	6.7	0
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