

CITATION REPORT

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Combined Healthy Lifestyle Is Inversely Associated with Psychological Disorders among Adults

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#	Paper	IF	Citations
36	Dietary patterns and prevalence of irritable bowel syndrome in Iranian adults. <i>Neurogastroenterology and Motility</i> , 2016 , 28, 1921-1933	4	25
35	Protective lifestyle behaviours and depression in middle-aged Irish men and women: a secondary analysis. <i>Public Health Nutrition</i> , 2016 , 19, 2999-3006	3.3	2
34	Biological rhythms, metabolic syndrome and current depressive episode in a community sample. <i>Psychoneuroendocrinology</i> , 2016 , 72, 34-9	5	14
33	A pilot study of the relationship between diet and mental health in female university students enrolled in a training course for registered dietitians. <i>Environmental Health and Preventive Medicine</i> , 2016 , 21, 345-349	4.2	3
32	Do sleep disturbances mediate the association between work-family conflict and depressive symptoms among nurses? A cross-sectional study. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2017 , 24, 620-628	2.4	24
31	Work-Family Conflict, Sleep, and Mental Health of Nursing Assistants Working in Nursing Homes. <i>Workplace Health and Safety</i> , 2017 , 65, 295-303	2	16
30	Lifestyle behaviors and mental health in medical students. <i>Journal of Public Mental Health</i> , 2018 , 17, 210-217	0.7	0
29	Prospective association between adherence to dietary recommendations and incident depressive symptoms in the French NutriNet-Santé cohort. <i>British Journal of Nutrition</i> , 2018 , 120, 290-300	3.6	12
28	Prospective association between combined healthy lifestyles and risk of depressive symptoms in the French NutriNet-Santé cohort. <i>Journal of Affective Disorders</i> , 2018 , 238, 554-562	6.6	15
27	Anxiety and depression symptoms among gas and oil industry workers. <i>Occupational Medicine</i> , 2019 , 69, 22-27	2.1	12
26	Prospective Study on the Association Between Adherence to Healthy Lifestyles and Depressive Symptoms Among Japanese Employees: The Furukawa Nutrition and Health Study. <i>Journal of Epidemiology</i> , 2020 , 30, 288-294	3.4	3
25	Alternate healthy eating index and risk of depression: A meta-analysis and systematic review. <i>Nutritional Neuroscience</i> , 2020 , 23, 101-109	3.6	6
24	Healthy lifestyle score and irritable bowel syndrome: A cross-sectional study in adults. <i>Neurogastroenterology and Motility</i> , 2020 , 32, e13793	4	2
23	Prevalence and Correlates of Depression, Anxiety, Stress, Healthy Beliefs, and Lifestyle Behaviors in First-Year Graduate Health Sciences Students. <i>Worldviews on Evidence-Based Nursing</i> , 2020 , 17, 49-59	2.9	38
22	The Efficacy of Workplace Interventions on Improving the Dietary, Physical Activity and Sleep Behaviours of School and Childcare Staff: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	4
21	Prevalence, clustering and combined effects of lifestyle behaviours and their association with health after retirement age in a prospective cohort study, the Nord-Trøndelag Health Study, Norway. <i>BMC Public Health</i> , 2020 , 20, 900	4.1	3
20	Perceived Organizational Support Associated with Depressive Symptoms Among Petroleum Workers in China: A Cross-Sectional Study. <i>Psychology Research and Behavior Management</i> , 2020 , 13, 97-104	3.8	2

19	Combined Healthy Lifestyle Is Inversely Associated with Upper Gastrointestinal Disorders among Iranian Adults. <i>Digestive Diseases</i> , 2021 , 39, 77-88	3.2	3
18	Development, validation and utilisation of dish-based dietary assessment tools: a scoping review. <i>Public Health Nutrition</i> , 2021 , 24, 223-242	3.3	1
17	Symptoms of depression, anxiety, and post-traumatic stress disorder and their relationship to health-related behaviors in over 12,000 US military personnel: Bi-directional associations. <i>Journal of Affective Disorders</i> , 2021 , 283, 84-93	6.6	4
16	Association Between Adherence to Healthy Lifestyles and Depressive Symptoms Among Japanese Hospital Workers During the COVID-19 Pandemic. <i>Asia-Pacific Journal of Public Health</i> , 2021 , 33, 847-853 ²		0
15	Metabolomic profiles discriminating anxiety from depression. <i>Acta Psychiatrica Scandinavica</i> , 2021 , 144, 178-193	6.5	4
14	Combined healthy lifestyle and depressive symptoms: a meta-analysis of observational studies. <i>Journal of Affective Disorders</i> , 2021 , 289, 144-150	6.6	1
13	Emotional Labor and Depressive Symptoms Among Healthcare Workers: The Role of Sleep. <i>Workplace Health and Safety</i> , 2021 , 69, 383-393	2	2
12	Red and White Meat Intake in Relation to Mental Disorders in Iranian Adults. <i>Frontiers in Nutrition</i> , 2021 , 8, 710555	6.2	1
11	A Systematic Review of the Usefulness of Dietary Scores in Predicting Non-Communicable Diseases: Mediterranean Diet Score. <i>The Japanese Journal of Nutrition and Dietetics</i> , 2021 , 79, 219-241	0.2	
10	Contributions and Challenges in Health Lifestyles Research. <i>Journal of Health and Social Behavior</i> , 2021 , 62, 388-403	4.5	4
9	The relation between dietary intakes and psychological disorders in Iranian adults: a population-based study. <i>BMC Psychiatry</i> , 2020 , 20, 257	4.2	6
8	Biversite Bencilerinin Sağlık Yaşam Biçimi Davranışları Belirlenmesi. <i>Sağlık Akademisi Kastamonu</i> , 1-22	0.2	2
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3	A healthy lifestyle is positively associated with mental health and well-being and core markers in ageing. 2022 , 20,		1
2	Anxiety, depression and quality of life in industry: what are the existing intersections?. 2023 , 14, 2938-2962		0

1 Combined healthy lifestyles and risk of depressive symptoms: a cross-sectional study in China.

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