

# Evening use of light-emitting eReaders negatively affects next-morning alertness

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Citation Report

#	ARTICLE	IF	CITATIONS
2	The importance of intrinsically photosensitive retinal ganglion cells and implications for lighting design. <i>Journal of Solid State Lighting</i> , 2015, 2, .	2.3	8
4	Prioritizing Sleep Health. <i>Perspectives on Psychological Science</i> , 2015, 10, 733-737.	5.2	123
5	56.3: <i>Invited Paper</i>: New Color Rendering Standards and Implications for Displays that Provide Illumination: The Promise and Peril of Solid State Lighting. <i>Digest of Technical Papers SID International Symposium</i> , 2015, 46, 842-845.	0.1	1
7	50.1: <i>Invited Paper</i>: The Importance of Melanopsin Activation in Perception, Health, and Lighting Design. <i>Digest of Technical Papers SID International Symposium</i> , 2015, 46, 750-753.	0.1	1
8	Books on the Move. <i>Pmla</i> , 2015, 130, 690-696.	0.1	1
9	Do Adolescents Prefer Electronic Books to Paper Books?. <i>Publications</i> , 2015, 3, 237-247.	1.9	7
10	Human-Friendly Light-Emitting Diode Source Stimulates Broiler Growth. <i>PLoS ONE</i> , 2015, 10, e0135330.	1.1	9
11	Bigger, Brighter, Bluer-Better? Current Light-Emitting Devices â€“ Adverse Sleep Properties and Preventative Strategies. <i>Frontiers in Public Health</i> , 2015, 3, 233.	1.3	64
12	Solidâ€“State Lighting for Illumination and Displays: Opportunities and Challenges for Color Excellence. <i>Information Display</i> , 2015, 31, 12-20.	0.1	2
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15	Properly Controlling Light Is a Humanâ€“Factors Engineering Problem. <i>Information Display</i> , 2015, 31, 4-46.	0.1	0
16	Light for Life: Emerging Opportunities and Challenges for Using Light to Influence Wellâ€“Being. <i>Information Display</i> , 2015, 31, 16-21.	0.1	3
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18	Reply to Zeitzer: Good science, in or out of the laboratory, should prevail. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2015, 112, E1514-E1514.	3.3	1
19	Recent Updates in the Social and Environmental Determinants of Sleep Health. <i>Current Sleep Medicine Reports</i> , 2015, 1, 212-217.	0.7	59
20	Plasticity of circadian clocks and consequences for metabolism. <i>Diabetes, Obesity and Metabolism</i> , 2015, 17, 65-75.	2.2	31
21	The molecular clock as a metabolic rheostat. <i>Diabetes, Obesity and Metabolism</i> , 2015, 17, 99-105.	2.2	29

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22	Seven Fears and the Science of How Mobile Technologies May Be Influencing Adolescents in the Digital Age. <i>Perspectives on Psychological Science</i> , 2015, 10, 832-851.	5.2	161
23	Human Behavior: Sleep in Hunter-Gatherer Societies. <i>Current Biology</i> , 2015, 25, R1133-R1135.	1.8	1
24	Recognizing academic performance, sleep quality, stress level, and mental health using personality traits, wearable sensors and mobile phones. , 2015, 2015, .		173
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26	Interactive vs passive screen time and nighttime sleep duration among school-aged children. <i>Sleep Health</i> , 2015, 1, 191-196.	1.3	28
28	Consequences of Circadian and Sleep Disturbances for the Cardiovascular System. <i>Canadian Journal of Cardiology</i> , 2015, 31, 860-872.	0.8	67
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30	News Feature: A matter of timing. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2015, 112, 2625-2627.	3.3	0
31	Access to Electric Light Is Associated with Shorter Sleep Duration in a Traditionally Hunter-Gatherer Community. <i>Journal of Biological Rhythms</i> , 2015, 30, 342-350.	1.4	127
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33	Managing Media: Reflections on Media and Video Game Use From a Therapeutic Perspective. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2015, 54, 341-342.	0.3	5
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35	Effects of earplugs and eye masks combined with relaxing music on sleep, melatonin and cortisol levels in ICU patients: a randomized controlled trial. <i>Critical Care</i> , 2015, 19, 115.	2.5	126
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42	Effect of Light and Melatonin and Other Melatonin Receptor Agonists on Human Circadian Physiology. <i>Sleep Medicine Clinics</i> , 2015, 10, 435-453.	1.2	73
43	Sleep Deprivation. <i>Obstetrics and Gynecology Clinics of North America</i> , 2015, 42, 493-506.	0.7	61
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52	Melanopsin Regulates Both Sleep-Promoting and Arousal-Promoting Responses to Light. <i>PLoS Biology</i> , 2016, 14, e1002482.	2.6	129
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56	Disruption of adolescentsâ€™ circadian clock: The vicious circle of media use, exposure to light at night, sleep loss and risk behaviors. <i>Journal of Physiology (Paris)</i> , 2016, 110, 467-479.	2.1	154
57	Stressed and Losing Sleep: Sleep Duration and Perceived Stress Among Affluent Adolescent Females. <i>Peabody Journal of Education</i> , 2016, 91, 628-644.	0.8	3
58	Circadian misalignment affects sleep and medication use before and during spaceflight. <i>Npj Microgravity</i> , 2016, 2, 15019.	1.9	100

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95	Endocrine Effects of Circadian Disruption. <i>Annual Review of Physiology</i> , 2016, 78, 109-131.	5.6	103

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127	The evolution of human sleep: Technological and cultural innovation associated with sleep-wake regulation among Hadza hunter-gatherers. <i>Journal of Human Evolution</i> , 2017, 113, 91-102.	1.3	26
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131	Behavioral and neural concordance in parent-child dyadic sleep patterns. <i>Developmental Cognitive Neuroscience</i> , 2017, 26, 77-83.	1.9	9



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136	Chronic Circadian Misalignment without Circadian Arrhythmicity or Sleep Deprivation Does Not Impair Adult Hippocampal Neurogenesis. <i>Journal of Biological Rhythms</i> , 2017, 32, 621-626.	1.4	2
137	Impacts of Artificial Light at Night on Biological Timings. <i>Annual Review of Ecology, Evolution, and Systematics</i> , 2017, 48, 49-68.	3.8	174
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141	Going beyond the limits: effect of clock disruption on human health. <i>Biological Rhythm Research</i> , 2017, 48, 693-700.	0.4	9
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144	Annual variation in daily light exposure and circadian change of melatonin and cortisol concentrations at a northern latitude with large seasonal differences in photoperiod length. <i>Journal of Physiological Anthropology</i> , 2017, 36, 6.	1.0	72
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148	The MVP Model as an Organizing Framework for Neuroscience Findings Related to Learning. <i>New Directions for Teaching and Learning</i> , 2017, 2017, 27-37.	0.2	0
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153	Macular Carotenoid Supplementation Improves Visual Performance, Sleep Quality, and Adverse Physical Symptoms in Those with High Screen Time Exposure. Foods, 2017, 6, 47.	1.9	39
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155	In a Heartbeat: Light and Cardiovascular Physiology. Frontiers in Neurology, 2017, 8, 541.	1.1	25
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159	Daily Profiles of Light Exposure and Evening Use of Light-emitting Devices in Young Adults Complaining of a Delayed Sleep Schedule. Journal of Biological Rhythms, 2018, 33, 192-202.	1.4	34
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163	Youth Screen Media Habits and Sleep. Child and Adolescent Psychiatric Clinics of North America, 2018, 27, 229-245.	1.0	146
164	BEHAVIORAL STRATEGIES, INCLUDING EXERCISE, FOR ADDRESSING INSOMNIA. ACSM's Health and Fitness Journal, 2018, 22, 23-29.	0.3	8
165	Constant light during lactation programs circadian and metabolic systems. Chronobiology International, 2018, 35, 1-15.	0.9	11
166	Associations between problematic Internet use and psychiatric symptoms among university students in Japan. Psychiatry and Clinical Neurosciences, 2018, 72, 531-539.	1.0	90
167	Circadian Misalignment and Hepatocellular Carcinoma Incidence in the United States. Cancer Epidemiology Biomarkers and Prevention, 2018, 27, 719-727.	1.1	32

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170	A review of the environmental parameters necessary for an optimal sleep environment. <i>Building and Environment</i> , 2018, 132, 11-20.	3.0	90
171	The potential influence of LED lighting on mental illness. <i>World Journal of Biological Psychiatry</i> , 2018, 19, 59-73.	1.3	33
172	Reduction of the blue light hazard by adding a cyan light LED. <i>Journal of Advanced Simulation in Science and Engineering</i> , 2018, 4, 44-63.	0.1	1
174	Short Sleep Duration and Screen-Based Activities. <i>American Journal of Lifestyle Medicine</i> , 2018, 12, 340-348.	0.8	6
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319	Does the iPad Night Shift mode reduce melatonin suppression?. <i>Lighting Research and Technology</i> , 2019, 51, 373-383.	1.2	40
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340	The Teensleep study: the effectiveness of a school-based sleep education programme at improving early adolescent sleep. <i>Sleep Medicine: X</i> , 2020, 2, 100011.	0.5	24
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