

National Sleep Foundation's updated sleep duration r

Sleep Health

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Sleep Health's first year. <i>Sleep Health</i> , 2015, 1, 223-224.	2.5	0
2	Promoting Sleep Health Among Families of Young Children in Head Start: Protocol for a Social-Ecological Approach. <i>Preventing Chronic Disease</i> , 2016, 13, E121.	3.4	24
3	The Cumulative Impact of Adolescent Sleep Loss: Next Steps. <i>Sleep</i> , 2016, 39, 497-499.	1.1	7
4	WEIRD Considerations When Studying Adolescent Sleep Need. <i>Sleep</i> , 2016, 39, 1491-1492.	1.1	26
5	Nocturnal Pruritus: The Battle for a Peaceful Night's Sleep. <i>International Journal of Molecular Sciences</i> , 2016, 17, 425.	4.1	88
6	Caffeine Consumption and Sleep Quality in Australian Adults. <i>Nutrients</i> , 2016, 8, 479.	4.1	65
7	Screen and nonscreen sedentary behavior and sleep in adolescents. <i>Sleep Health</i> , 2016, 2, 335-340.	2.5	39
8	Work Characteristics as Predictors of Correctional Supervisors' Health Outcomes. <i>Journal of Occupational and Environmental Medicine</i> , 2016, 58, e325-e334.	1.7	22
9	Are Canadian children and adolescents sleep deprived?. <i>Public Health</i> , 2016, 141, 126-129.	2.9	17
10	Changes in taste preference and steps taken after sleep curtailment. <i>Physiology and Behavior</i> , 2016, 163, 228-233.	2.1	31
11	Sleep duration and risk of physical aggression against peers in urban youth. <i>Sleep Health</i> , 2016, 2, 129-135.	2.5	17
12	Do later wake times and increased sleep duration of 12th graders result in more studying, higher grades, and improved SAT/ACT test scores?. <i>Sleep and Breathing</i> , 2016, 20, 1053-1057.	1.7	3
13	Sleep Duration and Diabetes Risk: Population Trends and Potential Mechanisms. <i>Current Diabetes Reports</i> , 2016, 16, 106.	4.2	121
14	Lack of sleep as a contributor to obesity in adolescents: impacts on eating and activity behaviors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 103.	4.6	157
15	Sleep Applications to Assess Sleep Quality. <i>Sleep Medicine Clinics</i> , 2016, 11, 461-468.	2.6	10
16	Problems Associated With Use of Mobile Devices in the Sleep Environment—Streaming Instead of Dreaming. <i>JAMA Pediatrics</i> , 2016, 170, 1146.	6.2	7
17	Sleep. <i>Current Opinion in Cardiology</i> , 2016, 31, 551-565.	1.8	102
18	The Burden of Sleep Problems. <i>Journal of Primary Care and Community Health</i> , 2016, 7, 276-280.	2.1	12

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19	Sleep Duration and Media Time Have a Major Impact on Insulin Resistance and Metabolic Risk Factors in Obese Children and Adolescents. <i>Childhood Obesity</i> , 2016, 12, 272-278.	1.5	33
20	From habitual sleep hours to morbidity and mortality: existing evidence, potential mechanisms, and future agenda. <i>Sleep Health</i> , 2016, 2, 146-153.	2.5	22
21	Sleep Regulation, Physiology and Development, Sleep Duration and Patterns, and Sleep Hygiene in Infants, Toddlers, and Preschool-Age Children. <i>Current Problems in Pediatric and Adolescent Health Care</i> , 2017, 47, 29-42.	1.7	221
22	Managing sleep problems using non-prescription medications and the role of community pharmacists: older adults's perspectives. <i>International Journal of Pharmacy Practice</i> , 2017, 25, 438-446.	0.6	16
23	Investigating the effect of acute sleep deprivation on hypothalamic-pituitary-adrenal-axis response to a psychosocial stressor. <i>Psychoneuroendocrinology</i> , 2017, 79, 1-8.	2.7	37
24	Sleep deficiency on school days in Icelandic youth, as assessed by wrist accelerometry. <i>Sleep Medicine</i> , 2017, 33, 103-108.	1.6	24
25	Sleep duration and breast cancer prognosis: perspectives from the Women's Healthy Eating and Living Study. <i>Breast Cancer Research and Treatment</i> , 2017, 162, 581-589.	2.5	30
26	Determining Resident Sleep During and After Call With Commercial Sleep Monitoring Devices. <i>Urology</i> , 2017, 106, 39-44.	1.0	13
27	Determinants of sleep behavior in adolescents: A pilot study. <i>Sleep Health</i> , 2017, 3, 157-162.	2.5	16
28	Inadequate sleep as a contributor to type 2 diabetes in children and adolescents. <i>Nutrition and Diabetes</i> , 2017, 7, e266-e266.	3.2	68
29	The Association Between Extreme Sleep Duration and Cardiac Autonomic Control in Community-Dwelling Older Adults: The Yilan Study, Taiwan. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2017, 72, 929-936.	3.6	12
30	Sleepiness in Adolescents. <i>Sleep Medicine Clinics</i> , 2017, 12, 415-428.	2.6	20
31	Sleep in Adolescents and Young Adults in the Year After Cancer Treatment. <i>Journal of Adolescent and Young Adult Oncology</i> , 2017, 6, 560-567.	1.3	28
32	National Sleep Foundation sets the standard for sleep as a vital sign of health. <i>Sleep Health</i> , 2017, 3, 226.	2.5	9
33	A Sleep Hygiene and Relaxation Intervention for Children With Acute Lymphoblastic Leukemia. <i>Cancer Nursing</i> , 2017, 40, 488-496.	1.5	34
34	A cross-sectional cluster analysis of the combined association of physical activity and sleep with sociodemographic and health characteristics in mid-aged and older adults. <i>Maturitas</i> , 2017, 102, 56-61.	2.4	31
35	Associations between physical and sedentary activity regularity and sleep in preschoolers and kindergartners. <i>Sleep Health</i> , 2017, 3, 263-268.	2.5	14
36	Sleep disorders and allergic diseases in Chinese toddlers. <i>Sleep Medicine</i> , 2017, 37, 174-179.	1.6	21

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38	Health associations with meeting new 24-hour movement guidelines for Canadian children and youth. <i>Preventive Medicine</i> , 2017, 95, 7-13.	3.4	168
39	Impact of sleep restriction versus idealized sleep on emotional experience, reactivity and regulation in healthy adolescents. <i>Journal of Sleep Research</i> , 2017, 26, 516-525.	3.2	82
40	A Pilot Study to Examine the Relationship Between Napping and Fatigue in Nurses Practicing on the Night Shift. <i>Journal of Nursing Administration</i> , 2017, 47, 581-586.	1.4	11
41	Determinants of racial/ethnic disparities in disordered sleep and obesity. <i>Sleep Health</i> , 2017, 3, 401-415.	2.5	42
42	Sleep and obesity risk in adults: possible mechanisms; contextual factors; and implications for research, intervention, and policy. <i>Sleep Health</i> , 2017, 3, 393-400.	2.5	16
43	Association Between Sleep Duration and Body Mass Index Among US Low-income Preschoolers. <i>Obesity</i> , 2017, 25, 1770-1775.	3.0	8
44	The neurocognitive consequences of sleep restriction: A meta-analytic review. <i>Neuroscience and Biobehavioral Reviews</i> , 2017, 80, 586-604.	6.1	299
45	Association of financial hardship with poor sleep health outcomes among men who have sex with men. <i>SSM - Population Health</i> , 2017, 3, 594-599.	2.7	9
46	Sleep Duration and Risk of Type 2 Diabetes. <i>Pediatrics</i> , 2017, 140, .	2.1	48
47	The National Sleep Foundation's Sleep Health Index. <i>Sleep Health</i> , 2017, 3, 234-240.	2.5	110
48	Over-the-counter medications containing diphenhydramine and doxylamine used by older adults to improve sleep. <i>International Journal of Clinical Pharmacy</i> , 2017, 39, 808-817.	2.1	32
49	Predictors of Change in Self-Reported Sleep Duration in Community-Dwelling Older Adults: The Shih-Pai Sleep Study, Taiwan. <i>Scientific Reports</i> , 2017, 7, 4729.	3.3	5
50	Long and short sleep duration are both associated with suicidal ideation in Korean employees. <i>Sleep and Biological Rhythms</i> , 2017, 15, 81-86.	1.0	3
51	Behavioral interventions to promote adequate sleep among women: protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2017, 6, 95.	5.3	5
52	Effect of sleep extension on sluggish cognitive tempo symptoms and driving behavior in adolescents with chronic short sleep. <i>Sleep Medicine</i> , 2017, 30, 93-96.	1.6	28
53	School-based sleep education programs: A knowledge-to-action perspective regarding barriers, proposed solutions, and future directions. <i>Sleep Medicine Reviews</i> , 2017, 36, 13-28.	8.5	54
54	A novel sleep optimisation programme to improve athletes' wellbeing and performance. <i>European Journal of Sport Science</i> , 2017, 17, 144-151.	2.7	57
55	Predicting sleep hygiene: a reasoned action approach. <i>Journal of Applied Social Psychology</i> , 2017, 47, 3-12.	2.0	17

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56	Impact of short sleep on metabolic variables in obese children with obstructive sleep apnea. <i>Laryngoscope</i> , 2017, 127, 2176-2181.	2.0	10
57	Impact of Multi-Night Experimentally Induced Short Sleep on Adolescent Performance in a Simulated Classroom. <i>Sleep</i> , 2017, 40, .	1.1	33
58	Short Sleep Duration and Obesity Among Children. <i>Journal of Paediatrics and Child Health</i> , 2017, 53, 1245-1246.	0.8	0
59	Long Sleep Duration is Associated With Sarcopenia in Korean Adults Based on Data from the 2008â€“2011 KNHANES. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 1097-1104.	2.6	39
60	Weight Status Is Related with Gender and Sleep Duration but Not with Dietary Habits and Physical Activity in Primary School Italian Children. <i>Nutrients</i> , 2017, 9, 579.	4.1	31
61	A Socio-Ecological Examination of Weight-Related Characteristics of the Home Environment and Lifestyles of Households with Young Children. <i>Nutrients</i> , 2017, 9, 604.	4.1	26
62	Differences in Sleep Duration among Four Different Population Groups of Older Adults in South Africa. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 502.	2.6	15
63	Association between Visual Impairment and Low Vision and Sleep Duration and Quality among Older Adults in South Africa. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 811.	2.6	19
64	Is 8:30 a.m. Still Too Early to Start School? A 10:00 a.m. School Start Time Improves Health and Performance of Students Aged 13â€“16. <i>Frontiers in Human Neuroscience</i> , 2017, 11, 588.	2.0	34
65	Interrelationship between Sleep and Exercise: A Systematic Review. <i>Advances in Preventive Medicine</i> , 2017, 2017, 1-14.	2.7	168
66	The Functions of Sleep and the Effects of Sleep Deprivation. , 2017, , 55-72.		4
67	Systematic review of the relationships between sleep duration and health indicators in the early years (0â€“4Â½years). <i>BMC Public Health</i> , 2017, 17, 855.	2.9	246
68	Cross-sectional associations between sleep duration, sedentary time, physical activity, and adiposity indicators among Canadian preschool-aged children using compositional analyses. <i>BMC Public Health</i> , 2017, 17, 848.	2.9	71
69	Meeting new Canadian 24-Hour Movement Guidelines for the Early Years and associations with adiposity among toddlers living in Edmonton, Canada. <i>BMC Public Health</i> , 2017, 17, 840.	2.9	54
70	Canadian 24-Hour Movement Guidelines for the Early Years (0â€“4Â½years): An Integration of Physical Activity, Sedentary Behaviour, and Sleep. <i>BMC Public Health</i> , 2017, 17, 874.	2.9	382
71	Relationship between Mobile Phone Addiction and the Incidence of Poor and Short Sleep among Korean Adolescents: a Longitudinal Study of the Korean Children & Youth Panel Survey. <i>Journal of Korean Medical Science</i> , 2017, 32, 1166.	2.5	57
72	Cognitive Behavioral Therapy for Sleep Disorders. , 2017, , 381-403.		0
73	Investigating the association between sleep parameters and the weight status of children: night sleep duration matters. <i>Sleep Health</i> , 2018, 4, 147-153.	2.5	8

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74	Combining Lifestyle Medicine and Positive Psychology to Improve Mental Health and Emotional Well-being. <i>American Journal of Lifestyle Medicine</i> , 2018, 12, 370-374.	1.9	14
75	Sleep patterns and sugar-sweetened beverage consumption among children from around the world. <i>Public Health Nutrition</i> , 2018, 21, 2385-2393.	2.2	53
76	Self perceived memory difficulties in medical students as another symptom of anxiety. <i>Trends in Neuroscience and Education</i> , 2018, 11, 9-12.	3.1	8
77	An actigraphic study of the sleep patterns of younger and older school-age children. <i>Sleep Medicine</i> , 2018, 47, 117-125.	1.6	10
78	Association of mildly insufficient sleep with symptoms of anxiety and depression. <i>Neurology Psychiatry and Brain Research</i> , 2018, 30, 1-4.	2.0	15
79	Sustained benefits of delaying school start time on adolescent sleep and well-being. <i>Sleep</i> , 2018, 41, .	1.1	79
80	Burden of disease due to sleep duration and sleep problems in the elderly. <i>Sleep Health</i> , 2018, 4, 182-187.	2.5	22
81	Relationships between daytime sleepiness and sleep quality, duration, and phase among school-aged children: a cross-sectional survey. <i>Sleep and Biological Rhythms</i> , 2018, 16, 177-185.	1.0	0
82	Association of sleep duration and sleep quality with the physical, social, and emotional functioning among Australian adults. <i>Sleep Health</i> , 2018, 4, 194-200.	2.5	74
83	Sleep patterns and problems in infants and young children in Ireland. <i>Child: Care, Health and Development</i> , 2018, 44, 470-475.	1.7	9
84	A provisional tool for the measurement of sleep satisfaction. <i>Sleep Health</i> , 2018, 4, 6-12.	2.5	17
85	Quality of life and mood in children with cystic fibrosis: Associations with sleep quality. <i>Journal of Cystic Fibrosis</i> , 2018, 17, 811-820.	0.7	35
86	Retrospective cohort study on Korean adolescents' sleep, depression, school adjustment, and life satisfaction. <i>Australian Journal of Cancer Nursing</i> , 2018, 20, 422-430.	1.6	10
87	Associations Among Sleep, Body Mass Index, Waist Circumference, and Risk of Type 2 Diabetes Among U.S. Childbearing-Age Women: National Health and Nutrition Examination Survey. <i>Journal of Women's Health</i> , 2018, 27, 1400-1407.	3.3	4
88	Sleep Duration in Relation to Attention Deficit Hyperactivity Disorder in American Adults. <i>Behavioral Sleep Medicine</i> , 2018, 16, 235-243.	2.1	14
89	The Sleep Trap: Do Sleep Problems Prompt Entrepreneurial Motives But Undermine Entrepreneurial Means?. <i>Academy of Management Perspectives</i> , 2018, 32, 228-242.	6.8	28
90	The utility of the Children's Sleep Habits Questionnaire: Associations between parental report and an objective measure of sleep behavior. <i>Children's Health Care</i> , 2018, 47, 119-135.	0.9	8
91	Sleep and physical activity: a survey of people with inflammatory arthritis and their engagement by health professionals in rheumatology in Ireland. <i>Disability and Rehabilitation</i> , 2018, 40, 2260-2266.	1.8	7

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92	Amount and quality of sleep: exploring the role of stress and work experience in a sample of obstetrician-gynecologists. <i>Journal of Psychosomatic Obstetrics and Gynaecology</i> , 2018, 39, 190-195.	2.1	6
93	Long sleep duration and health outcomes: A systematic review, meta-analysis and meta-regression. <i>Sleep Medicine Reviews</i> , 2018, 39, 25-36.	8.5	464
94	Can you snooze your way to an "A"? Exploring the complex relationship between sleep, autonomic activity, wellbeing and performance in medical students. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018, 52, 39-46.	2.3	18
95	Racial/ethnic sleep disparities in US school-aged children and adolescents: a review of the literature. <i>Sleep Health</i> , 2018, 4, 68-80.	2.5	173
96	Are Preschoolers Meeting the Mark? Comparing the Dietary, Activity, and Sleep Behaviors of Preschoolers With Obesity to National Recommendations. <i>Journal of Pediatric Psychology</i> , 2018, 43, 452-463.	2.1	6
97	Screening for Insomnia: An Observational Study Examining Sleep Disturbances, Headache Characteristics, and Psychiatric Symptoms in Patients Visiting a Headache Center. <i>Pain Medicine</i> , 2018, 19, 1067-1076.	1.9	5
98	Chronic sleep restriction differentially affects implicit biases toward food among men and women: preliminary evidence. <i>Journal of Sleep Research</i> , 2018, 27, e12629.	3.2	9
99	Habitual sleep duration and sleep duration variation are independently associated with body mass index. <i>International Journal of Obesity</i> , 2018, 42, 794-800.	3.4	26
100	Depression and quality of life in older adults: Mediation effect of sleep quality. <i>International Journal of Clinical and Health Psychology</i> , 2018, 18, 8-17.	5.1	69
101	No evidence for an epidemiological transition in sleep patterns among children: a 12-country study. <i>Sleep Health</i> , 2018, 4, 87-95.	2.5	14
102	Effect of sleep curtailment on dietary behavior and physical activity: A randomized crossover trial. <i>Physiology and Behavior</i> , 2018, 184, 60-67.	2.1	23
103	Sleep Schedule Regularity Is Associated with Sleep Duration in Older Australian Adults: Implications for Improving the Sleep Health and Wellbeing of Our Aging Population. <i>Clinical Gerontologist</i> , 2018, 41, 113-122.	2.2	9
104	Sleep duration, lifestyles and chronic diseases: a cross-sectional population-based study. <i>Sleep Science</i> , 2018, 11, 217-230.	1.0	51
105	Addressing Childhood Obesity for Type 2 Diabetes Prevention: Challenges and Opportunities. <i>Diabetes Spectrum</i> , 2018, 31, 330-335.	1.0	9
106	Sleep Quality and Duration Best Predict Quality of Life in College Students. <i>Sleep and Vigilance</i> , 2018, 2, 173-179.	0.8	4
107	Composite health behaviour classifier as the basis for targeted interventions and global comparisons in men's health. <i>Canadian Urological Association Journal</i> , 2018, 13, 125-132.	0.6	5
108	Childhood obesity in Mexico: social determinants of health and other risk factors. <i>BMJ Case Reports</i> , 2018, 2018, bcr-2017-223862.	0.5	5
109	A Community-Based Study of Sleep and Cognitive Development in Infants and Toddlers. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 977-984.	2.6	29

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110	Daytime Sleepiness Among Young Adult Omani Car Drivers. Sultan Qaboos University Medical Journal, 2018, 18, 143.	1.0	4
111	Training: Physical Fitness and Strengthening. , 0, , 175-198.		0
112	Associations between Changes in Activity and Sleep Quality and Duration over Two Years. Medicine and Science in Sports and Exercise, 2018, 50, 2425-2432.	0.4	28
114	Associations between 24 hour movement behaviours and global cognition in US children: a cross-sectional observational study. The Lancet Child and Adolescent Health, 2018, 2, 783-791.	5.6	154
115	Effects of Dietary Habits on Sleep Duration in Korean Adolescents: Based on Results from the 2016 Korean Youth Risk Behavior Web-based Survey. Journal of Korean Academy of Community Health Nursing, 2018, 29, 440.	0.4	2
116	Conceptual and operational definitions of the defining characteristics of the nursing diagnosis Disturbed Sleep Pattern. Revista Latino-Americana De Enfermagem, 2018, 26, e3105.	1.0	2
117	Sleeping hours: what is the ideal number and how does age impact this?. Nature and Science of Sleep, 2018, Volume 10, 421-430.	2.7	189
118	The Christmas e€list (an ode to big data). Medical Journal of Australia, 2018, 209, 510-510.	1.7	1
119	Association between Cluster of Lifestyle Behaviors and HOMA-IR among Adolescents: ABCD Growth Study. Medicina (Lithuania), 2018, 54, 96.	2.0	29
120	Type D personality, lifestyle habits, and cardiovascular disease risk: A mediational model. Revista De Psicopatologia Y Psicologia Clinica, 2018, 23, 35.	0.2	1
121	Adolescent Weight and Electronic Vapor Product Use: Comparing BMI-Based With Perceived Weight Status. American Journal of Preventive Medicine, 2018, 55, 541-550.	3.0	8
122	Towards a Theoretical Model of Aggregate Fatigue in Nursing. Proceedings of the Human Factors and Ergonomics Society, 2018, 62, 1679-1683.	0.3	2
123	Physical Activity and Sleep Quality in Students of the Faculty of Physical Education and Sport of BraÅov, Romania. Sustainability, 2018, 10, 2410.	3.2	24
124	Variability of the cortisol awakening response and morning salivary oxytocin in late adolescence. Journal of Neuroendocrinology, 2018, 30, e12645.	2.6	4
125	Unhealthy Behaviors Among Canadian Men Are Predictors of Comorbidities: Implications for Clinical Practice. American Journal of Men's Health, 2018, 12, 2183-2193.	1.6	11
126	Cross-sectional associations between multiple lifestyle behaviours and excellent well-being in Australian adults. Preventive Medicine, 2018, 116, 119-125.	3.4	36
127	Acute sleep deprivation and culpable motor vehicle crash involvement. Sleep, 2018, 41, .	1.1	54
128	Precursors of delayed sleep phase in adolescence: a population-based longitudinal study. Sleep, 2018, 41, .	1.1	9

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129	Dissociable effects of self-reported daily sleep duration on high-level cognitive abilities. <i>Sleep</i> , 2018, 41, .	1.1	72
130	A randomised controlled trial to test the efficacy of an m-health delivered physical activity and sleep intervention to improve sleep quality in middle-aged adults: The Refresh Study Protocol. <i>Contemporary Clinical Trials</i> , 2018, 73, 36-50.	1.8	7
131	Sleep and cardiometabolic health by government-assisted rental housing status among Black and White men and women in the United States. <i>Sleep Health</i> , 2018, 4, 420-428.	2.5	10
132	The Variability of Sleep Among Elite Athletes. <i>Sports Medicine - Open</i> , 2018, 4, 34.	3.1	68
133	Prevalence of sleep problems and sleep-related characteristics in preschool- and school-aged children with cerebral palsy. <i>Sleep Medicine</i> , 2018, 50, 1-6.	1.6	34
134	Weight gain in first-semester university students: Positive sleep and diet practices associated with protective effects. <i>Physiology and Behavior</i> , 2018, 194, 132-136.	2.1	14
135	Objective cognitive functioning in self-reported habitual short sleepers not reporting daytime dysfunction: examination of impulsivity via delay discounting. <i>Sleep</i> , 2018, 41, .	1.1	18
136	Social jetlag impairs balance control. <i>Scientific Reports</i> , 2018, 8, 9406.	3.3	21
137	Examining courses of sleep quality and sleepiness in full 2 weeks on/2 weeks off offshore day shift rotations. <i>Chronobiology International</i> , 2018, 35, 759-772.	2.0	13
138	Beneficial effects of a daytime nap on verbal memory in adolescents. <i>Journal of Adolescence</i> , 2018, 67, 77-84.	2.4	23
139	Prenatal and Neonatal Factors Predicting Sleep Problems in Children Born Extremely Preterm or With Extremely Low Birthweight. <i>Frontiers in Pediatrics</i> , 2018, 6, 178.	1.9	10
140	Clustering of Multiple Risk Behaviors Among a Sample of 18-Year-Old Australians and Associations With Mental Health Outcomes: A Latent Class Analysis. <i>Frontiers in Public Health</i> , 2018, 6, 135.	2.7	59
141	Health Behaviors in Episodic Migraine: Why Behavior Change Matters. <i>Current Pain and Headache Reports</i> , 2018, 22, 65.	2.9	20
142	Self-Reported Sleep Duration and Its Correlates with Sociodemographics, Health Behaviours, Poor Mental Health, and Chronic Conditions in Rural Persons 40 Years and Older in South Africa. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1357.	2.6	14
143	Sleep and Gastrointestinal Symptoms in a Community-Based Survey of Children. <i>Clinical Pediatrics</i> , 2018, 57, 1515-1522.	0.8	5
144	The Relationship between Alcohol Drinking Patterns and Sleep Duration among Black and White Men and Women in the United States. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 557.	2.6	12
145	Cross-sectional associations between weight-related health behaviors and weight misperception among U.S. adolescents with overweight/obesity. <i>BMC Public Health</i> , 2018, 18, 514.	2.9	23
146	Association between sleep and overweight/obesity among women of childbearing age in Canada. <i>Canadian Journal of Public Health</i> , 2018, 109, 516-526.	2.3	9

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147	The feasibility of using actigraphy to characterize sleep in Rett syndrome. <i>Journal of Neurodevelopmental Disorders</i> , 2018, 10, 8.	3.1	13
148	Adolescent sleep insufficiency one year after high school. <i>Journal of Adolescence</i> , 2018, 68, 165-170.	2.4	19
149	Depression, malnutrition, and health-related quality of life among Nepali older patients. <i>BMC Geriatrics</i> , 2018, 18, 191.	2.7	56
150	The Cost of Sleep Lost: Implications for Health, Performance, and the Bottom Line. <i>American Journal of Health Promotion</i> , 2018, 32, 1629-1634.	1.7	13
151	Calculating the contribution of sleep problems to undergraduates' academic success. <i>Sleep Health</i> , 2018, 4, 463-471.	2.5	60
152	Sleep Health in Pregnancy. <i>Sleep Medicine Clinics</i> , 2018, 13, 307-333.	2.6	27
153	Chronic sleep restriction affects the association between implicit bias and explicit social decision making. <i>Sleep Health</i> , 2018, 4, 456-462.	2.5	13
154	Isolating the Association of Sleep, Depressive State, and Other Independent Indicators for Suicide Ideation in United States Teenagers. <i>Archives of Suicide Research</i> , 2019, 23, 471-490.	2.3	9
155	Disorders of Breathing During Sleep. , 2019, , 1143-1159.e9.		1
156	N-WRETS: Near-Lossless Wireless Real-time Efficient Electroencephalogram Transmission Solution to Support Sleep Disorder Monitoring Platforms. <i>Telemedicine Journal and E-Health</i> , 2019, 25, 116-125.	2.8	4
157	Prevalence of night sleep duration, sleep quality and sleep hygiene practices among children attending childcare services in New South Wales, Australia. <i>Journal of Paediatrics and Child Health</i> , 2019, 55, 59-65.	0.8	5
158	Cross-cultural disparities of subjective sleep parameters and their age-related trends over the first three years of human life: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 48, 101203.	8.5	11
159	Positive and Negative Affect Mediate the Influences of a Maladaptive Emotion Regulation Strategy on Sleep Quality. <i>Frontiers in Psychiatry</i> , 2019, 10, 628.	2.6	23
160	Socio-demographic and maternal predictors of adherence to 24-hour movement guidelines in Singaporean children. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 70.	4.6	46
161	Lower physical activity is associated with daytime sleepiness in children aged 9–12 years. <i>Journal of Child Health Care</i> , 2019, 23, 415-424.	1.4	9
162	Magnitude and Determinants of Patients at Risk of Developing Obstructive Sleep Apnea in a Non-Communicable Disease Clinic. <i>Medicina (Lithuania)</i> , 2019, 55, 391.	2.0	5
163	Walk to a better night of sleep: testing the relationship between physical activity and sleep. <i>Sleep Health</i> , 2019, 5, 487-494.	2.5	59
164	Short Sleep Duration and Insomnia Symptoms were Associated with Lower Happiness Levels in Chinese Adults in Hong Kong. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2079.	2.6	26

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165	Mutant neuropeptide S receptor reduces sleep duration with preserved memory consolidation. <i>Science Translational Medicine</i> , 2019, 11, .	12.4	43
166	Insomnia symptoms and risk of cardiovascular diseases among 0.5 million adults. <i>Neurology</i> , 2019, 93, e2110-e2120.	1.1	81
167	Higher Rates of Sleep Disturbance Among Offspring of Parents With Recurrent Depression Compared to Offspring of Nondepressed Parents. <i>Journal of Pediatric Psychology</i> , 2020, 45, 1-11.	2.1	14
168	The Association between Sleep Duration and Metabolic Syndrome: The NHANES 2013/2014. <i>Nutrients</i> , 2019, 11, 2582.	4.1	128
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415	Sleep quality and quantity in Italian University students: an actigraphic study. <i>Chronobiology International</i> , 2020, 37, 1538-1551.	2.0	13
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443	The effects of sleep deprivation and text messaging on pedestrian safety in university students. <i>Sleep</i> , 2020, 43, .	1.1	7
444	Relationship between multiple lifestyle behaviors and health-related quality of life among elderly individuals with prediabetes in rural communities in China. <i>Medicine (United States)</i> , 2020, 99, e19560.	1.0	10
445	Combinations of physical activity and screen time recommendations and their association with overweight/obesity in adolescents. <i>Canadian Journal of Public Health</i> , 2020, 111, 515-522.	2.3	15
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452	Sequential Implementation of Functional Behavior Assessment-Informed Treatment Components for Sleep Disturbance in Autism: A Case Study. <i>Behavioral Sleep Medicine</i> , 2021, 19, 333-351.	2.1	12
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455	Nutrient intake, meal timing and sleep in elite male Australian football players. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 7-12.	1.3	21
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458	Racial/Ethnic Disparities in the Relationship Between Traumatic Childhood Experiences and Suboptimal Sleep Dimensions Among Adult Women: Findings from the Sister Study. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 116-129.	1.7	12
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468	The effectiveness of a 17-week lifestyle intervention on health behaviors among airline pilots during COVID-19. <i>Journal of Sport and Health Science</i> , 2021, 10, 333-340.	6.5	17
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470	The contribution of good sleep to working memory in preschool: A matter of sleep quality or duration?. <i>Advances in Child Development and Behavior</i> , 2021, 60, 85-110.	1.3	3
471	Sleep and <sc>diabetes-specific psycho-behavioral</sc> outcomes of a new automated insulin delivery system in young children with type 1 diabetes and their parents. <i>Pediatric Diabetes</i> , 2021, 22, 495-502.	2.9	28
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473	Self-reported sleep duration, sleep quality and sleep problems in Mexicans adults: Results of the 2016 Mexican National Halfway Health and Nutrition Survey. <i>Sleep Health</i> , 2021, 7, 246-253.	2.5	13
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476	<scp>Sleep&wake</scp> patterns in newborns are associated with infant rapid weight gain and incident adiposity in toddlerhood. <i>Pediatric Obesity</i> , 2021, 16, e12726.	2.8	8
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480	Schlafst&rungen & Pr&avalenz, Bedeutung und Implikationen f&r die Pr&vention und Gesundheitsf&rderung. <i>The Springer Reference Pflege, Gesundheit</i> , 2021, , 947-954.	0.3	2
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482	Personality and psychopathic changes. , 2021, , .		0
483	The Role of Sleep Curtailment on Leptin Levels in Obesity and Diabetes Mellitus. <i>Obesity Facts</i> , 2021, 14, 214-221.	3.4	23
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485	2021 ISHNE/HRS/EHRA/APHRS collaborative statement on mHealth in Arrhythmia Management: Digital Medical Tools for Heart Rhythm Professionals. <i>Journal of Arrhythmia</i> , 2021, 37, 271-319.	1.2	21
486	A Qualitative Examination of Factors That Influence Sleep Among Shipboard Sailors. <i>Military Medicine</i> , 2021, 186, e160-e168.	0.8	7
487	How Much Sleep Does an Elite Athlete Need?. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 1746-1757.	2.3	44
489	The Sleep of Shift Workers in a Remote Mining Operation: Methodology for a Randomized Control Trial to Determine Evidence-Based Interventions. <i>Frontiers in Neuroscience</i> , 2020, 14, 579668.	2.8	2
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491	Physiology and pathophysiology of sleep. , 2021, , 694-704.		0
492	2021 ISHNE/ HRS/ EHRA/ APHRS collaborative statement on mHealth in Arrhythmia Management: Digital Medical Tools for Heart Rhythm Professionals. <i>Annals of Noninvasive Electrocardiology</i> , 2021, 26, e12795.	1.1	29
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