

Reconstructing and deconstructing the self: cognitive m

Trends in Cognitive Sciences

19, 515-523

DOI: [10.1016/j.tics.2015.07.001](https://doi.org/10.1016/j.tics.2015.07.001)

Citation Report

#	ARTICLE	IF	CITATIONS
1	Editorial: What can Neuroscience Learn from Contemplative Practices?. <i>Frontiers in Psychology</i> , 2015, 6, 1731.	1.1	11
2	Hypnosis modulates behavioural measures and subjective ratings about external and internal awareness. <i>Journal of Physiology (Paris)</i> , 2015, 109, 173-179.	2.1	24
3	The Mindfulness-to-Meaning Theory: Extensions, Applications, and Challenges at the Attention-Appraisal-Emotion Interface. <i>Psychological Inquiry</i> , 2015, 26, 377-387.	0.4	109
4	Self-specific processing in the meditating brain: a MEG neurophenomenology study. <i>Neuroscience of Consciousness</i> , 2016, 2016, niw019.	1.4	31
5	The Neuroscience of Hypo-Egoic Processes. , 2016, , .		3
6	Defining Contemplative Science: The Metacognitive Self-Regulatory Capacity of the Mind, Context of Meditation Practice and Modes of Existential Awareness. <i>Frontiers in Psychology</i> , 2016, 7, 1788.	1.1	59
7	Psychological Effects of a 1-Month Meditation Retreat on Experienced Meditators: The Role of Non-attachment. <i>Frontiers in Psychology</i> , 2016, 7, 1935.	1.1	38
8	Signal or noise: brain network interactions underlying the experience and training of mindfulness. <i>Annals of the New York Academy of Sciences</i> , 2016, 1369, 240-256.	1.8	39
10	When the dissolution of perceived body boundaries elicits happiness: The effect of selflessness induced by a body scan meditation. <i>Consciousness and Cognition</i> , 2016, 46, 89-98.	0.8	59
11	Mindfulness meditation-based pain relief: a mechanistic account. <i>Annals of the New York Academy of Sciences</i> , 2016, 1373, 114-127.	1.8	185
12	The Ultimate Rx: Cutting Through the Delusion of Self-cherishing. <i>Mindfulness in Behavioral Health</i> , 2016, , 337-352.	0.2	2
13	Experiential self-referential and selfless processing in mindfulness and mental health: Conceptual model and implicit measurement methodology.. <i>Psychological Assessment</i> , 2016, 28, 856-869.	1.2	41
14	Restructuring reward processing with Mindfulness-Oriented Recovery Enhancement: novel therapeutic mechanisms to remediate hedonic dysregulation in addiction, stress, and pain. <i>Annals of the New York Academy of Sciences</i> , 2016, 1373, 25-37.	1.8	105
15	Love and compassion meditation: a nondual perspective. <i>Annals of the New York Academy of Sciences</i> , 2016, 1373, 65-71.	1.8	16
16	Dynamic construction of the neural networks underpinning empathy for pain. <i>Neuroscience and Biobehavioral Reviews</i> , 2016, 63, 191-206.	2.9	64
17	Affect and Motivation Are Critical in Constructive Meditation. <i>Trends in Cognitive Sciences</i> , 2016, 20, 159-160.	4.0	29
18	Cognitive Processes Are Central in Compassion Meditation. <i>Trends in Cognitive Sciences</i> , 2016, 20, 161-162.	4.0	54
19	The Four Immeasurables Meditations: Differential Effects of Appreciative Joy and Compassion Meditations on Emotions. <i>Mindfulness</i> , 2017, 8, 949-959.	1.6	33

#	ARTICLE	IF	CITATIONS
20	Self-views in social anxiety disorder: The impact of CBT versus MBSR. <i>Journal of Anxiety Disorders</i> , 2017, 47, 83-90.	1.5	30
21	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. <i>Consciousness and Cognition</i> , 2017, 49, 172-180.	0.8	30
23	Mindfulness in Social Psychology. , 0, , .		15
24	Distinguishing the cognitive processes of mindfulness: Developing a standardised mindfulness technique for use in longitudinal randomised control trials. <i>Consciousness and Cognition</i> , 2017, 52, 75-92.	0.8	32
25	Differential Effects of Attention-, Compassion-, and Socio-Cognitively Based Mental Practices on Self-Reports of Mindfulness and Compassion. <i>Mindfulness</i> , 2017, 8, 1488-1512.	1.6	65
26	Brief mindfulness training de-couples the anxiogenic effects of distress intolerance on reactivity to and recovery from stress among deprived smokers. <i>Behaviour Research and Therapy</i> , 2017, 95, 117-127.	1.6	25
27	Advances in Contemplative Psychotherapy. , 0, , .		5
28	Increased Support for Political Compromise in the Israeli-Palestinian Conflict Following an 8-Week Mindfulness Workshop. <i>Mindfulness</i> , 2017, 8, 1345-1353.	1.6	23
29	A Review of Interactive Technologies as Support Tools for the Cultivation of Mindfulness. <i>Mindfulness</i> , 2017, 8, 1150-1159.	1.6	51
30	Who am I? Differential effects of three contemplative mental trainings on emotional word use in self-descriptions. <i>Self and Identity</i> , 2017, 16, 607-628.	1.0	9
31	Varieties of Contemplative Practice. <i>JAMA Psychiatry</i> , 2017, 74, 121.	6.0	17
32	Compared to self-immersion, mindful attention reduces salivation and automatic food bias. <i>Scientific Reports</i> , 2017, 7, 13839.	1.6	13
33	Structural plasticity of the social brain: Differential change after socio-affective and cognitive mental training. <i>Science Advances</i> , 2017, 3, e1700489.	4.7	184
34	Specific reduction in cortisol stress reactivity after social but not attention-based mental training. <i>Science Advances</i> , 2017, 3, e1700495.	4.7	102
35	A critical analysis of cultural metaphors and static cultural frameworks with insight from cultural neuroscience and evolutionary biology. <i>Cross Cultural and Strategic Management</i> , 2017, 24, 530-553.	1.0	5
36	“Safe in My Own Mind”: Supporting Healthy Adolescent Development Through Meditation Retreats. <i>Journal of Applied Developmental Psychology</i> , 2017, 53, 96-107.	0.8	13
37	Mindfulness Training for Adults and Children with ADHD: Variables and Outcomes. <i>Current Developmental Disorders Reports</i> , 2017, 4, 95-99.	0.9	3
38	Mantra Meditation Suppression of Default Mode Beyond an Active Task: a Pilot Study. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2017, 1, 219-227.	0.8	6

#	ARTICLE	IF	CITATIONS
39	Rezidivprophylaxe und Akutbehandlung chronischer Depression: Ein Behandlungskonzept für zwei Verlaufsformen?. Verhaltenstherapie, 2017, 27, 254-264.	0.3	1
40	No-Self and Episodic Memory. Australasian Philosophical Review, 2017, 1, 347-352.	0.2	0
41	Getting Stuck on Myself: The Cognitive Processes Underlying Mental Suffering. , 2017, , 319-333.		2
42	Meditation, Cognitive Reserve and the Neural Basis of Consciousness. , 2017, , 51-58.		0
43	Self-centeredness and selflessness: happiness correlates and mediating psychological processes. PeerJ, 2017, 5, e3306.	0.9	42
44	Ruminação e habilidades de mindfulness em praticantes e não praticantes de meditação. Psico, 2017, 48, 264.	0.1	1
45	Mindfulness and Emotion Regulation: Insights from Neurobiological, Psychological, and Clinical Studies. Frontiers in Psychology, 2017, 8, 220.	1.1	269
46	The Mindful Self: A Mindfulness-Enlightened Self-view. Frontiers in Psychology, 2017, 8, 1752.	1.1	34
47	Yoga, Meditation and Mind-Body Health: Increased BDNF, Cortisol Awakening Response, and Altered Inflammatory Marker Expression after a 3-Month Yoga and Meditation Retreat. Frontiers in Human Neuroscience, 2017, 11, 315.	1.0	183
48	Unwanted effects: Is there a negative side of meditation? A multicentre survey. PLoS ONE, 2017, 12, e0183137.	1.1	106
49	Studies of Training Compassion. , 2017, , .		5
50	The Impact of Compassion Meditation Training on the Brain and Prosocial Behavior. , 2017, , .		6
51	Insight meditation and telomere biology: The effects of intensive retreat and the moderating role of personality. Brain, Behavior, and Immunity, 2018, 70, 233-245.	2.0	49
52	Biological foundations and beneficial effects of trance. Behavioral and Brain Sciences, 2018, 41, e76.	0.4	4
53	Why is there shamanism? Developing the cultural evolutionary theory and addressing alternative accounts. Behavioral and Brain Sciences, 2018, 41, e92.	0.4	6
54	A ritual by any other name. Behavioral and Brain Sciences, 2018, 41, e79.	0.4	0
55	Toward a neurophysiological foundation for altered states of consciousness. Behavioral and Brain Sciences, 2018, 41, e87.	0.4	1
56	Increased affluence, life history theory, and the decline of shamanism. Behavioral and Brain Sciences, 2018, 41, e67.	0.4	0

#	ARTICLE	IF	CITATIONS
57	Shamanism within a general theory of religious action (no cheesecake needed). Behavioral and Brain Sciences, 2018, 41, e68.	0.4	0
58	Shamanism and efficacious exceptionalism. Behavioral and Brain Sciences, 2018, 41, e69.	0.4	4
59	Missing links: The psychology and epidemiology of shamanistic beliefs. Behavioral and Brain Sciences, 2018, 41, e71.	0.4	2
60	Some needed psychological clarifications on the experience(s) of shamanism. Behavioral and Brain Sciences, 2018, 41, e72.	0.4	1
61	Genetic predilections and predispositions for the development of shamanism. Behavioral and Brain Sciences, 2018, 41, e73.	0.4	0
62	The cultural evolution of war rituals. Behavioral and Brain Sciences, 2018, 41, e74.	0.4	3
63	Do shamans violate notions of humanness?. Behavioral and Brain Sciences, 2018, 41, e75.	0.4	0
64	Shamans as healers: When magical structure becomes practical function. Behavioral and Brain Sciences, 2018, 41, e77.	0.4	2
65	Commitment enforcement also explains shamanism's culturally shared features. Behavioral and Brain Sciences, 2018, 41, e80.	0.4	0
66	Shamanism and the social nature of cumulative culture. Behavioral and Brain Sciences, 2018, 41, e81.	0.4	0
67	Psychosis is episodically required for the enduring integrity of shamanism. Behavioral and Brain Sciences, 2018, 41, e82.	0.4	1
68	Shamanism and psychosis: Shared mechanisms?. Behavioral and Brain Sciences, 2018, 41, e83.	0.4	4
69	Shamanism and the psychosis continuum. Behavioral and Brain Sciences, 2018, 41, e84.	0.4	3
70	An existential perspective on the psychological function of shamans. Behavioral and Brain Sciences, 2018, 41, e85.	0.4	1
71	The social functions of shamanism. Behavioral and Brain Sciences, 2018, 41, e88.	0.4	3
72	The evolution of the shaman's cultural toolkit. Behavioral and Brain Sciences, 2018, 41, e89.	0.4	0
73	Identifying the nature of shamanism. Behavioral and Brain Sciences, 2018, 41, e90.	0.4	1
74	Enjoying your cultural cheesecake: Why believers are sincere and shamans are not charlatans. Behavioral and Brain Sciences, 2018, 41, e70.	0.4	2

#	ARTICLE	IF	CITATIONS
75	Implicit or Explicit Compassion? Effects of Compassion Cultivation Training and Comparison with Mindfulness-based Stress Reduction. <i>Mindfulness</i> , 2018, 9, 1494-1508.	1.6	78
76	Change in emotional self-concept following socio-cognitive training relates to structural plasticity of the prefrontal cortex. <i>Brain and Behavior</i> , 2018, 8, e00940.	1.0	13
77	Catching the Wandering Mind. , 2018, , .		2
78	The Neuroscience of Resilience. <i>Journal of the Society for Social Work and Research</i> , 2018, 9, 305-339.	0.9	22
79	Cognitive Aging and Long-Term Maintenance of Attentional Improvements Following Meditation Training. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2018, 2, 259-275.	0.8	37
80	Mindfulness-Based Movement: A Polyvagal Perspective. <i>Integrative Cancer Therapies</i> , 2018, 17, 5-15.	0.8	12
81	Mindfulness Can Make You Happy-and-Productive: A Mindfulness Controlled Trial and Its Effects on Happiness, Work Engagement and Performance. <i>Journal of Happiness Studies</i> , 2018, 19, 1691-1711.	1.9	60
82	Altering the Trajectory of Affect and Affect Regulation: the Impact of Compassion Training. <i>Mindfulness</i> , 2018, 9, 283-293.	1.6	46
83	Psychological Effects of Meditation for Healthy Practitioners: an Update. <i>Mindfulness</i> , 2018, 9, 371-387.	1.6	58
84	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	1.6	29
85	Outstanding Challenges in Scientific Research on Mindfulness and Meditation. <i>Perspectives on Psychological Science</i> , 2018, 13, 62-65.	5.2	67
86	Structural changes in socio-affective networks: Multi-modal MRI findings in long-term meditation practitioners. <i>Neuropsychologia</i> , 2018, 116, 26-33.	0.7	58
87	Epigenetic Response to Mindfulness in Peripheral Blood Leukocytes Involves Genes Linked to Common Human Diseases. <i>Mindfulness</i> , 2018, 9, 1146-1159.	1.6	30
88	What contributes to wellbeing gains – proficiency or duration of meditation related practices?. <i>International Journal of Wellbeing</i> , 2018, 8, 68-88.	1.5	5
89	Meditation as a Preventive Sleep Medicine. <i>NeuroQuantology</i> , 2018, 16, .	0.1	0
90	The Age-Well observational study on expert meditators in the Medit-Ageing European project. <i>Alzheimer's and Dementia: Translational Research and Clinical Interventions</i> , 2018, 4, 756-764.	1.8	7
91	Future directions in meditation research: Recommendations for expanding the field of contemplative science. <i>PLoS ONE</i> , 2018, 13, e0205740.	1.1	73
92	Divergent effects of brief contemplative practices in response to an acute stressor: A randomized controlled trial of brief breath awareness, loving-kindness, gratitude or an attention control practice. <i>PLoS ONE</i> , 2018, 13, e0207765.	1.1	18

#	ARTICLE	IF	CITATIONS
93	Does Meditation Alter Brain Responses to Negative Stimuli? A Systematic Review. <i>Frontiers in Human Neuroscience</i> , 2018, 12, 448.	1.0	17
94	Breath of Life: The Respiratory Vagal Stimulation Model of Contemplative Activity. <i>Frontiers in Human Neuroscience</i> , 2018, 12, 397.	1.0	126
95	Mindful breath awareness meditation facilitates efficiency gains in brain networks: A steady-state visually evoked potentials study. <i>Scientific Reports</i> , 2018, 8, 13687.	1.6	25
96	Efeito da Meditação Focada no Estresse e Mindfulness Disposicional em Universitários. <i>Psicologia: Teoria E Pesquisa</i> , 0, 34, .	0.1	5
97	Distinct mental trainings differentially affect altruistically motivated, norm motivated, and self-reported prosocial behaviour. <i>Scientific Reports</i> , 2018, 8, 13560.	1.6	50
98	Improved Self-Esteem in Artists After Participating in the “Building Confidence and Self-Esteem Toolbox Workshop”. <i>Frontiers in Psychology</i> , 2018, 9, 1169.	1.1	1
99	Meta-Awareness of Dysregulated Emotional Attention. <i>Clinical Psychological Science</i> , 2018, 6, 658-670.	2.4	12
100	Examining the Decoupling Model of Equanimity in Mindfulness Training: An Intensive Experience Sampling Study. <i>Clinical Psychological Science</i> , 2018, 6, 704-720.	2.4	18
101	Visual Attention to Suffering After Compassion Training Is Associated With Decreased Amygdala Responses. <i>Frontiers in Psychology</i> , 2018, 9, 771.	1.1	50
102	Interoceptive Awareness Skills for Emotion Regulation: Theory and Approach of Mindful Awareness in Body-Oriented Therapy (MABT). <i>Frontiers in Psychology</i> , 2018, 9, 798.	1.1	180
103	Contributions of Neuropsychology to the Study of Ancient Literature. <i>Frontiers in Psychology</i> , 2018, 9, 1092.	1.1	0
104	Differential effects of non-dual and focused attention meditations on the formation of automatic perceptual habits in expert practitioners. <i>Neuropsychologia</i> , 2018, 119, 92-100.	0.7	31
105	Effects of a 7-Day Meditation Retreat on the Brain Function of Meditators and Non-Meditators During an Attention Task. <i>Frontiers in Human Neuroscience</i> , 2018, 12, 222.	1.0	25
106	Meditation Effects on the Control of Involuntary Contingent Reorienting Revealed With Electroencephalographic and Behavioral Evidence. <i>Frontiers in Integrative Neuroscience</i> , 2018, 12, 17.	1.0	4
107	Experiencing meditation “ Evidence for differential effects of three contemplative mental practices in micro-phenomenological interviews. <i>Consciousness and Cognition</i> , 2018, 62, 82-101.	0.8	56
108	Cognitively-Based Compassion Training (CBCT [®]) in Breast Cancer Survivors: A Randomized Clinical Trial Study. <i>Integrative Cancer Therapies</i> , 2018, 17, 684-696.	0.8	61
109	Psychedelics, Meditation, and Self-Consciousness. <i>Frontiers in Psychology</i> , 2018, 9, 1475.	1.1	179
110	Compassion and Loving-Kindness Meditation: An Overview and Prospects for the Application in Clinical Samples. <i>Harvard Review of Psychiatry</i> , 2018, 26, 201-215.	0.9	40

#	ARTICLE	IF	CITATIONS
111	The Mindfulness Manifold: Exploring How Self-Preoccupation, Self-Compassion, and Self-Transcendence Translate Mindfulness Into Positive Psychological Outcomes. <i>Mindfulness</i> , 2019, 10, 131-145.	1.6	19
112	Psychosis or spiritual emergency? A Foucauldian discourse analysis of case reports of extreme mental states in the context of meditation. <i>Transcultural Psychiatry</i> , 2019, 56, 1094-1115.	0.9	4
113	Mindful meta-awareness: sustained and non-propositional. <i>Current Opinion in Psychology</i> , 2019, 28, 307-311.	2.5	56
114	Meditation techniques <i>v</i>. relaxation therapies when treating anxiety: a meta-analytic review. <i>Psychological Medicine</i> , 2019, 49, 2118-2133.	2.7	32
115	Does mindfulness change the mind? A novel psychonectome perspective based on Network Analysis. <i>PLoS ONE</i> , 2019, 14, e0219793.	1.1	22
116	Mindfulness meditation and gene expression: a hypothesis-generating framework. <i>Current Opinion in Psychology</i> , 2019, 28, 302-306.	2.5	24
117	The Role of Empathy and Compassion in Conflict Resolution. <i>Emotion Review</i> , 2019, 11, 310-325.	2.1	82
118	PROMISE: A Model of Insight and Equanimity as the Key Effects of Mindfulness Meditation. <i>Frontiers in Psychology</i> , 2019, 10, 2389.	1.1	22
119	Decentering constructs predict experience and tolerance of pain: evidence from a cold pressor study / Constructos relacionados con el descentramiento predicen la experiencia y la tolerancia al dolor: evidencia obtenida mediante la prueba del fr�o. <i>Revista De Psicología Social</i> , 2019, 34, 535-562.	0.3	2
120	Mindfulness Meditation and Fantasy Relaxation in a Group Setting Leads to a Diminished Sense of Self and an Increased Present Orientation. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2019, 9, 87.	1.0	7
121	A Systematic Review and Meta-Analysis of Nature-Based Mindfulness: Effects of Moving Mindfulness Training into an Outdoor Natural Setting. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3202.	1.2	62
122	Enhancing Resilience in Youth. , 2019, , .		5
123	What Is Meditation? Proposing an Empirically Derived Classification System. <i>Frontiers in Psychology</i> , 2019, 10, 2276.	1.1	55
124	A retrospective study on the acceptability, feasibility, and effectiveness of LoveYourBrain Yoga for people with traumatic brain injury and caregivers. <i>Disability and Rehabilitation</i> , 2021, 43, 1764-1775.	0.9	18
125	Short-term mindful breath awareness training improves inhibitory control and response monitoring. <i>Progress in Brain Research</i> , 2019, 244, 137-163.	0.9	40
126	The contemplative exercise through the lenses of predictive processing: A promising approach. <i>Progress in Brain Research</i> , 2019, 244, 299-322.	0.9	24
127	Training novice practitioners to reliably report their meditation experience using shared phenomenological dimensions. <i>Consciousness and Cognition</i> , 2019, 68, 57-72.	0.8	40
128	Absorption and spiritual experience: A review of evidence and potential mechanisms. <i>Consciousness and Cognition</i> , 2019, 73, 102760.	0.8	70

#	ARTICLE	IF	CITATIONS
129	Putting Oneself in the Body of Others: A Pilot Study on the Efficacy of an Embodied Virtual Reality System to Generate Self-Compassion. <i>Frontiers in Psychology</i> , 2019, 10, 1521.	1.1	36
130	Neurointerfaces, Mental Imagery and Sensory Translation in Art and Science in the Digital Age. , 2019, , 91-109.		0
131	Study on the progress of neural mechanism of positive emotions. <i>Translational Neuroscience</i> , 2019, 10, 93-98.	0.7	13
132	Voluntary upregulation of heart rate variability through biofeedback is improved by mental contemplative training. <i>Scientific Reports</i> , 2019, 9, 7860.	1.6	25
133	Default Mode Network, Meditation, and Age-Associated Brain Changes: What Can We Learn from the Impact of Mental Training on Well-Being as a Psychotherapeutic Approach?. <i>Neural Plasticity</i> , 2019, 2019, 1-15.	1.0	22
134	Historical Pathway from Description of Cognitive Recovery to Formal Neuropsychological Rehabilitation. <i>Frontiers of Neurology and Neuroscience</i> , 2019, 44, 179-191.	3.0	0
135	Unpleasant meditation-related experiences in regular meditators: Prevalence, predictors, and conceptual considerations. <i>PLoS ONE</i> , 2019, 14, e0216643.	1.1	79
136	Loving-kindness meditation slows biological aging in novices: Evidence from a 12-week randomized controlled trial. <i>Psychoneuroendocrinology</i> , 2019, 108, 20-27.	1.3	55
137	Modulation of Event-related Potentials of Visual Discrimination by Meditation Training and Sustained Attention. <i>Journal of Cognitive Neuroscience</i> , 2019, 31, 1184-1204.	1.1	24
138	Varieties of Conscious Experience and the Subjective Awareness of One's True-Self. <i>Review of General Psychology</i> , 2019, 23, 89-98.	2.1	22
139	Acute psychosocial stress increases serum BDNF levels: an antagonistic relation to cortisol but no group differences after mental training. <i>Neuropsychopharmacology</i> , 2019, 44, 1797-1804.	2.8	45
140	Exploring the Role of Meditation and Dispositional Mindfulness on Social Cognition Domains: A Controlled Study. <i>Frontiers in Psychology</i> , 2019, 10, 809.	1.1	30
141	Time perception and the experience of agency in meditation and hypnosis. <i>PsyCh Journal</i> , 2019, 8, 36-50.	0.5	11
142	Unified Consciousness and the Effect of Body Scan Meditation on Happiness: Alteration of Inner-Body Experience and Feeling of Harmony as Central Processes. <i>Mindfulness</i> , 2019, 10, 1530-1544.	1.6	31
143	Religiosity and Meditation Practice: Exploring Their Explanatory Power on Psychological Adjustment. <i>Frontiers in Psychology</i> , 2019, 10, 630.	1.1	9
144	Psilocybin-assisted mindfulness training modulates self-consciousness and brain default mode network connectivity with lasting effects. <i>NeuroImage</i> , 2019, 196, 207-215.	2.1	144
145	Metacognitive processes model of decentering: emerging methods and insights. <i>Current Opinion in Psychology</i> , 2019, 28, 245-251.	2.5	45
146	Awareness of the passage of time and self-consciousness: What do meditators report?. <i>PsyCh Journal</i> , 2019, 8, 51-65.	0.5	37

#	ARTICLE	IF	CITATIONS
147	Concentrative (Sahaj Samadhi) meditation expands subjective time. <i>PsyCh Journal</i> , 2019, 8, 28-35.	0.5	6
148	Behavioral assessment of mindfulness: defining features, organizing framework, and review of emerging methods. <i>Current Opinion in Psychology</i> , 2019, 28, 229-237.	2.5	24
149	Mapping meditative states and stages with electrophysiology: concepts, classifications, and methods. <i>Current Opinion in Psychology</i> , 2019, 28, 211-217.	2.5	24
150	Psychological Theories of Meditation in Early Buddhism and Sāṃkhya/Yoga. , 0, , .		2
151	Positive and negative mind wandering: an assessment of their relationship with mindfulness and metacognition in university students / Divagación mental positiva y negativa: evaluando su relación con la atención plena y la metacognición en estudiantes universitarios. <i>Estudios De Psicología</i> , 2019, 40, 664-701.	0.1	1
152	Feature extraction and calibration of EEG signals in sitting and walking meditation. , 2019, , .		2
153	Only vulnerable adults show change in chronic low-grade inflammation after contemplative mental training: evidence from a randomized clinical trial. <i>Scientific Reports</i> , 2019, 9, 19323.	1.6	9
154	Characterization and prediction of acute and sustained response to psychedelic psilocybin in a mindfulness group retreat. <i>Scientific Reports</i> , 2019, 9, 14914.	1.6	79
155	Contemplative neuroscience, self-awareness, and education. <i>Progress in Brain Research</i> , 2019, 244, 355-385.	0.9	16
156	The effect of a six-week focused meditation training on depression and anxiety symptoms in Brazilian university students with 6 and 12 months of follow-up. <i>Journal of Affective Disorders</i> , 2019, 246, 401-407.	2.0	10
157	Mindfulness and the contemplative life: pathways to connection, insight, and purpose. <i>Current Opinion in Psychology</i> , 2019, 28, 60-64.	2.5	39
158	Computational modelling approaches to meditation research: why should we care?. <i>Current Opinion in Psychology</i> , 2019, 28, 49-53.	2.5	8
159	Meditation, stress processes, and telomere biology. <i>Current Opinion in Psychology</i> , 2019, 28, 92-101.	2.5	43
160	The neuroscience of meditation: classification, phenomenology, correlates, and mechanisms. <i>Progress in Brain Research</i> , 2019, 244, 1-29.	0.9	63
161	Tibetan Buddhist monastic debate: Psychological and neuroscientific analysis of a reasoning-based analytical meditation practice. <i>Progress in Brain Research</i> , 2019, 244, 233-253.	0.9	5
162	Nondual awareness: Consciousness-as-such as non-representational reflexivity. <i>Progress in Brain Research</i> , 2019, 244, 273-298.	0.9	44
163	Fruits of the Buddhism-science dialogue in contemplative research. <i>Current Opinion in Psychology</i> , 2019, 28, 126-132.	2.5	8
164	Residential meditation retreats: their role in contemplative practice and significance for psychological research. <i>Current Opinion in Psychology</i> , 2019, 28, 238-244.	2.5	18

#	ARTICLE	IF	CITATIONS
165	Short-term Sahaja Yoga meditation training modulates brain structure and spontaneous activity in the executive control network. <i>Brain and Behavior</i> , 2019, 9, e01159.	1.0	32
166	Mindfulness Meditation and Psychopathology. <i>Annual Review of Clinical Psychology</i> , 2019, 15, 285-316.	6.3	200
167	It matters what you practice: differential training effects on subjective experience, behavior, brain and body in the ReSource Project. <i>Current Opinion in Psychology</i> , 2019, 28, 151-158.	2.5	104
168	Cognitive, physical, and psychological benefits of yoga for acquired brain injuries: A systematic review of recent findings. <i>Neuropsychological Rehabilitation</i> , 2020, 30, 1388-1407.	1.0	12
169	The Lived Experiences of Experienced Vipassana Mahasi Meditators: an Interpretative Phenomenological Analysis. <i>Mindfulness</i> , 2020, 11, 140-152.	1.6	11
170	Identity in bipolar disorder: Self-worth and achievement. <i>Journal of Personality</i> , 2020, 88, 45-58.	1.8	12
171	Development and psychometric properties of the Self-efficacy for Mindfulness Meditation Practice scale. <i>Journal of Health Psychology</i> , 2020, 25, 2017-2030.	1.3	2
172	Cognitively-Based Compassion Training for parents reduces cortisol in infants and young children. <i>Infant Mental Health Journal</i> , 2020, 41, 126-144.	0.7	15
173	Differential benefits of mental training types for attention, compassion, and theory of mind. <i>Cognition</i> , 2020, 194, 104039.	1.1	84
174	“The Best of the Intellect Is a Person’s Knowledge of His Own Self”: Exploring the Psychological Aspects of Imam Reza’s Hadith Using Structural Equation Modeling. <i>Human Arenas</i> , 2020, 3, 119-136.	1.1	2
175	The Effects of a 1-Month Meditation Retreat on Selective Attention Towards Emotional Faces: an Eye-Tracking Study. <i>Mindfulness</i> , 2020, 11, 219-229.	1.6	13
176	Education and cosmopolitanism: Liberating our non-cosmopolitan minds through mindfulness. <i>Policy Futures in Education</i> , 2020, 18, 610-627.	1.2	1
177	Introducing the eMCC, a Validated Taxonomy to Advance Targeted Application of Mindfulness Skills. <i>Mindfulness</i> , 2020, 11, 698-708.	1.6	3
178	Integrating mindfulness and connection practices into preservice teacher education improves classroom practices. <i>Learning and Instruction</i> , 2020, 66, 101298.	1.9	29
179	Differential DNA methylation in experienced meditators after an intensive day of mindfulness-based practice: Implications for immune-related pathways. <i>Brain, Behavior, and Immunity</i> , 2020, 84, 36-44.	2.0	44
180	Electrophysiological evidence of the differential modulation of approach-related processes toward attractive foods by immersive or mindful viewing conditions. <i>European Journal of Neuroscience</i> , 2020, 51, 1971-1986.	1.2	5
181	The Effect of Meditation on Health: a Metasynthesis of Randomized Controlled Trials. <i>Mindfulness</i> , 2020, 11, 507-516.	1.6	17
182	The development of our sense of self as a defense against invading thoughts: From Buddhist psychology to psychoanalysis. <i>New Ideas in Psychology</i> , 2020, 58, 100775.	1.2	0

#	ARTICLE	IF	CITATIONS
183	How Would the Buddha Rate on Rosenberg's Self-Esteem Scale?. <i>Mindfulness</i> , 2020, 11, 521-526.	1.6	1
184	Mindfulness: Attenuating Self-Referential Processing and Strengthening Other-Referential Processing. <i>Mindfulness</i> , 2020, 11, 599-605.	1.6	8
185	Powered by compassion: The effect of loving-kindness meditation on entrepreneurs' sustainable decision-making. <i>Journal of Business Venturing</i> , 2020, 35, 105986.	4.0	31
186	Effects of a Mindfulness Intervention Among Arab Teachers Are Mediated by Decentering: A Pilot Study. <i>Frontiers in Psychology</i> , 2020, 11, 542986.	1.1	6
187	Self-Transcendent Aspirations and Life Satisfaction: The Moderated Mediation Role of Gratitude Considering Conditional Effects of Affective and Cognitive Empathy. <i>Frontiers in Psychology</i> , 2020, 11, 2105.	1.1	13
188	Meditation, well-being and cognition in heartfulness meditators – A pilot study. <i>Consciousness and Cognition</i> , 2020, 86, 103032.	0.8	13
189	Neuroscience of embodied reflection: somatic/mindbody/contemplative practices, health, and transformative learning. <i>Reflective Practice</i> , 2020, 21, 803-818.	0.7	3
190	E-mindfulness – the growing importance of facilitating tourists' connections to the present moment. <i>Journal of Tourism Futures</i> , 2020, 6, 239-245.	2.3	32
192	The plasticity of well-being: A training-based framework for the cultivation of human flourishing. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2020, 117, 32197-32206.	3.3	87
193	Knowledge of COVID-19 and Its Influence on Mindfulness, Cognitive Emotion Regulation and Psychological Flexibility in the Indian Community. <i>Frontiers in Psychology</i> , 2020, 11, 589365.	1.1	30
194	Toward a Framework for Reporting and Differentiating Key Features of Meditation- and Mindfulness-Based Interventions. <i>Mindfulness</i> , 2020, 11, 2613-2628.	1.6	6
195	A Critical Analysis on Characterizing the Meditation Experience Through the Electroencephalogram. <i>Frontiers in Systems Neuroscience</i> , 2020, 14, 53.	1.2	29
196	A Longitudinal Training Study to Delineate the Specific Causal Effects of Open Monitoring Versus Focused Attention Techniques on Emotional Health. <i>Complementary Therapies in Medicine</i> , 2020, 53, 102525.	1.3	10
197	Mindfulness, Compassion, and Self-Compassion Among Health Care Professionals: What's New? A Systematic Review. <i>Frontiers in Psychology</i> , 2020, 11, 1683.	1.1	100
198	Mindfulness Meditation Weakens Attachment to Self: Evidence from a Self vs Other Binding Task. <i>Mindfulness</i> , 2020, 11, 2411-2422.	1.6	11
199	Mindfulness induction and cognition: A systematic review and meta-analysis. <i>Consciousness and Cognition</i> , 2020, 84, 102991.	0.8	44
200	Brief Self-Compassion Training Alters Neural Responses to Evoked Pain for Chronic Low Back Pain: A Pilot Study. <i>Pain Medicine</i> , 2020, 21, 2172-2185.	0.9	24
201	Differential effects of mindfulness meditation conditions on repetitive negative thinking and subjective time perspective: a randomized active-controlled study. <i>Psychology and Health</i> , 2021, 36, 1275-1298.	1.2	13

#	ARTICLE	IF	CITATIONS
202	Focus on the Breath: Brain Decoding Reveals Internal States of Attention During Meditation. <i>Frontiers in Human Neuroscience</i> , 2020, 14, 336.	1.0	23
203	Mindfulness Training is Associated with Changes in Alpha-Theta Cross-Frequency Dynamics During Meditation. <i>Mindfulness</i> , 2020, 11, 2695-2704.	1.6	13
205	Toward a Unified View of Cognitive and Biochemical Activity: Meditation and Linguistic Self-Reconstructing May Lead to Inflammation and Oxidative Stress Improvement. <i>Entropy</i> , 2020, 22, 818.	1.1	11
206	Understanding the Nature of Oneness Experience in Meditators Using Collective Intelligence Methods. <i>Frontiers in Psychology</i> , 2020, 11, 2092.	1.1	7
207	Nondual Awareness and Minimal Phenomenal Experience. <i>Frontiers in Psychology</i> , 2020, 11, 2087.	1.1	18
208	Adverse events in meditation practices and meditation-based therapies: a systematic review. <i>Acta Psychiatrica Scandinavica</i> , 2020, 142, 374-393.	2.2	85
209	Practice Matters: Pro-environmental Motivations and Diet-Related Impact Vary With Meditation Experience. <i>Frontiers in Psychology</i> , 2020, 11, 584353.	1.1	12
210	The Mindful Emotion Management Framework. , 2020, , 185-199.		1
211	Brief Meditation Trainings Improve Performance in the Emotional Attentional Blink. <i>Mindfulness</i> , 2020, 11, 1613-1622.	1.6	12
212	Functionally Effective Conscious AI Without Suffering. <i>Journal of Artificial Intelligence and Consciousness</i> , 2020, 07, 39-50.	0.6	6
213	Trait and State Equanimity: The Effect of Mindfulness-Based Meditation Practice. <i>Mindfulness</i> , 2020, 11, 1802-1812.	1.6	17
214	Common and distinct lateralised patterns of neural coupling during focused attention, open monitoring and loving kindness meditation. <i>Scientific Reports</i> , 2020, 10, 7430.	1.6	11
215	A Neurophenomenological Investigation of Mindfulness Among Collegiate Musicians. <i>Journal of Research in Music Education</i> , 2020, 68, 351-374.	1.0	4
216	From Teachers's™ Mindfulness to Students's™ Thriving: the Mindful Self in School Relationships (MSSR) Model. <i>Mindfulness</i> , 2020, 11, 2258-2273.	1.6	16
217	The Understudied Side of Contemplation: Words, Images, and Intentions in a Syncretic Spiritual Practice. <i>International Journal of Clinical and Experimental Hypnosis</i> , 2020, 68, 183-199.	1.1	2
218	Meditation experience is associated with lower levels of repetitive negative thinking: The key role of self-compassion. <i>Current Psychology</i> , 2022, 41, 3144-3155.	1.7	8
219	Deconstructing the effects of concentration meditation practice on interference control: The roles of controlled attention and inflammatory activity. <i>Brain, Behavior, and Immunity</i> , 2020, 89, 256-267.	2.0	15
220	Training Meta-Awareness to Modify Attentional Dyscontrol. <i>Mindfulness</i> , 2020, 11, 785-799.	1.6	3

#	ARTICLE	IF	CITATIONS
221	Effects of Mindfulness Meditation on Self-Transcendent States: Perceived Body Boundaries and Spatial Frames of Reference. <i>Mindfulness</i> , 2020, 11, 1194-1203.	1.6	22
222	Changing phase relationship of the stepping rhythm to neuronal oscillatory theta activity in the septo-hippocampal network of mice. <i>Brain Structure and Function</i> , 2020, 225, 871-879.	1.2	5
223	Event-related potential and behavioural differences in affective self-referential processing in long-term meditators versus controls. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2020, 20, 326-339.	1.0	11
224	Fear-Free Cross-Cultural Communication: Toward a More Balanced Approach With Insight From Neuroscience. <i>Frontiers in Communication</i> , 2020, 5, .	0.6	2
225	Inter-brain Synchronization in the Practice of Tibetan Monastic Debate. <i>Mindfulness</i> , 2020, 11, 1105-1119.	1.6	10
226	From thoughtless awareness to effortful cognition: alpha - theta cross-frequency dynamics in experienced meditators during meditation, rest and arithmetic. <i>Scientific Reports</i> , 2020, 10, 5419.	1.6	24
227	Why Do People Begin to Meditate and Why Do They Continue?. <i>Mindfulness</i> , 2020, 11, 1527-1545.	1.6	15
228	Traditional Healers and Mental Health in Nepal: A Scoping Review. <i>Culture, Medicine and Psychiatry</i> , 2021, 45, 97-140.	0.7	9
229	When the Window Cracks: Transparency and the Fractured Self in Depersonalisation. <i>Phenomenology and the Cognitive Sciences</i> , 2021, 20, 1-19.	1.1	15
230	Meditation and the Wandering Mind: A Theoretical Framework of Underlying Neurocognitive Mechanisms. <i>Perspectives on Psychological Science</i> , 2021, 16, 39-66.	5.2	22
231	Emotion-Related Constructs Engaged by Mindfulness-Based Interventions: a Systematic Review and Meta-analysis. <i>Mindfulness</i> , 2021, 12, 1041-1062.	1.6	14
232	The Impact of Compassion Meditation Training on Psychological Variables: a Network Perspective. <i>Mindfulness</i> , 2021, 12, 873-888.	1.6	16
233	Interventions and Manipulations of Interoception. <i>Trends in Neurosciences</i> , 2021, 44, 52-62.	4.2	92
234	Meditation Based Lifestyle Modification (MBLM) in outpatients with mild to moderate depression: A mixed-methods feasibility study. <i>Complementary Therapies in Medicine</i> , 2021, 56, 102598.	1.3	7
235	The neuroscience of positive emotions and affect: Implications for cultivating happiness and wellbeing. <i>Neuroscience and Biobehavioral Reviews</i> , 2021, 121, 220-249.	2.9	86
236	Self-Compassion When Coping With Venture Obstacles: Loving-Kindness Meditation and Entrepreneurial Fear of Failure. <i>Entrepreneurship Theory and Practice</i> , 2021, 45, 263-290.	7.1	46
237	Neurocognitive Mechanisms of Yoga. <i>Advances in Medical Diagnosis, Treatment, and Care</i> , 2021, , 124-142.	0.1	0
238	Brief breath awareness training yields poorer working memory performance in the context of acute stress. <i>Cognition and Emotion</i> , 2021, 35, 1009-1017.	1.2	1

#	ARTICLE	IF	CITATIONS
239	Individual Differences in the Contents and Form of Present-Moment Awareness: The Multidimensional Awareness Scale. <i>Assessment</i> , 2022, 29, 583-602.	1.9	4
240	The Self in Meditation. , 0, , .		0
241	Brief mindfulness-based training and mindfulness trait attenuate psychological stress in university students: a randomized controlled trial. <i>BMC Psychology</i> , 2021, 9, 21.	0.9	26
242	Is a meditation retreat the better vacation? effect of retreats and vacations on fatigue, emotional well-being, and acting with awareness. <i>PLoS ONE</i> , 2021, 16, e0246038.	1.1	7
243	Adverse effects of meditation: A review of observational, experimental and case studies. <i>Current Psychology</i> , 2023, 42, 1112-1125.	1.7	7
244	The Art of Happiness: An Explorative Study of a Contemplative Program for Subjective Well-Being. <i>Frontiers in Psychology</i> , 2021, 12, 600982.	1.1	4
245	The psychometric properties of the compassionate love scale and the validation of the English and German 7-item compassion for others scale (COS-7). <i>Current Psychology</i> , 2023, 42, 579-591.	1.7	7
246	A Network Modeling Approach to Mindfulness Mechanisms: a Proof-of-Concept Investigation. <i>Mindfulness</i> , 2021, 12, 1115-1126.	1.6	4
247	Integrated Meditation and Exercise Therapy: A Randomized Controlled Pilot of a Combined Nonpharmacological Intervention Focused on Reducing Disability and Pain in Patients with Chronic Low Back Pain. <i>Pain Medicine</i> , 2021, 22, 444-458.	0.9	14
248	Meditation, Mindfulness, and Attention: a Meta-analysis. <i>Mindfulness</i> , 2021, 12, 1332-1349.	1.6	55
249	Not all types of meditation are the same: Mediators of change in mindfulness and compassion meditation interventions. <i>Journal of Affective Disorders</i> , 2021, 283, 354-362.	2.0	26
250	Expulsar el avatar. <i>Encartes</i> , 2021, 4, 162-202.	0.0	0
251	Attentional and cognitive monitoring brain networks in long-term meditators depend on meditation states and expertise. <i>Scientific Reports</i> , 2021, 11, 4909.	1.6	6
252	Effects on Mood and EEG States After Meditation in Augmented Reality With and Without Adjunctive Neurofeedback. <i>Frontiers in Virtual Reality</i> , 2021, 2, .	2.5	11
253	Personality and Mind-Wandering Self-Perception: The Role of Meta-Awareness. <i>Frontiers in Psychology</i> , 2021, 12, 581129.	1.1	12
254	Metaphor can influence meta-thinking and affective levels in guided meditation. <i>Current Psychology</i> , 2023, 42, 3617-3629.	1.7	3
255	Contrasting Electroencephalography-Derived Entropy and Neural Oscillations With Highly Skilled Meditators. <i>Frontiers in Human Neuroscience</i> , 2021, 15, 628417.	1.0	7
256	Pain regulation during mindfulness meditation: Phenomenological fingerprints in novices and experts practitioners. <i>European Journal of Pain</i> , 2021, 25, 1583-1602.	1.4	8

#	ARTICLE	IF	CITATIONS
257	Effect of Mindfulness Training on Inhibitory Control in Young Offenders. <i>Mindfulness</i> , 2021, 12, 1822-1838.	1.6	4
258	Psychobiological mechanisms underlying the mood benefits of meditation: A narrative review. <i>Comprehensive Psychoneuroendocrinology</i> , 2021, 6, 100037.	0.7	20
259	What Do Meditators Do When They Meditate? Proposing a Novel Basis for Future Meditation Research. <i>Mindfulness</i> , 2021, 12, 1791-1811.	1.6	27
260	Assessing self-criticism and self-reassurance: Examining psychometric properties and clinical usefulness of the Short-Form of the Forms of Self-Criticizing/Attacking & Self-Reassuring Scale (FSCRS-SF) in Spanish sample. <i>PLoS ONE</i> , 2021, 16, e0252089.	1.1	4
261	Effects of compassion training on brain responses to suffering others. <i>Social Cognitive and Affective Neuroscience</i> , 2021, 16, 1036-1047.	1.5	8
262	The Effects of Mindfulness-Based Stress Reduction on Negative Self-Representations in Social Anxiety Disorder – A Randomized Wait-List Controlled Trial. <i>Frontiers in Psychiatry</i> , 2021, 12, 582333.	1.3	2
263	Compassion-Based Meditation Quality Practice and Its Impact on the Positive Attitudes Toward Others. <i>Mindfulness</i> , 2021, 12, 1940-1953.	1.6	4
264	The Individual Green-Washing Effect in E-Mobility: Emotional Evaluations of Electric and Gasoline Cars. <i>Frontiers in Psychology</i> , 2021, 12, 594844.	1.1	8
265	Beyond deliberation – radical reflexivity, contemplative practices and teacher change. <i>Journal of Educational Change</i> , 2023, 24, 1-23.	2.5	3
267	Self-Boundary Dissolution in Meditation: A Phenomenological Investigation. <i>Brain Sciences</i> , 2021, 11, 819.	1.1	18
268	Are explicit and implicit affective attitudes toward different body shape categories related to the own body-satisfaction in young women? The role of mindfulness, self-compassion and social media activity. <i>Psychological Research</i> , 2022, 86, 698-710.	1.0	1
269	Contemplative Mental Training Reduces Hair Glucocorticoid Levels in a Randomized Clinical Trial. <i>Psychosomatic Medicine</i> , 2021, 83, 894-905.	1.3	12
270	A path analysis of home meditation practice and mental health status: The role of spirituality and nonduality. <i>Current Psychology</i> , 0, , 1.	1.7	2
271	The Effects of Mindfulness-Based Stress Reduction on the Association Between Autonomic Interoceptive Signals and Emotion Regulation Selection. <i>Psychosomatic Medicine</i> , 2021, 83, 852-862.	1.3	9
272	Towards a computational phenomenology of mental action: modelling meta-awareness and attentional control with deep parametric active inference. <i>Neuroscience of Consciousness</i> , 2021, 2021, niab018.	1.4	35
273	Decreased emotional reactivity after 3-month socio-affective but not attention- or meta-cognitive-based mental training: A randomized, controlled, longitudinal fMRI study. <i>NeuroImage</i> , 2021, 237, 118132.	2.1	12
274	Facilitating Adaptive Emotion Processing and Somatic Reappraisal via Sustained Mindful Interoceptive Attention. <i>Frontiers in Psychology</i> , 2021, 12, 578827.	1.1	7
275	From many to (n)one: Meditation and the plasticity of the predictive mind. <i>Neuroscience and Biobehavioral Reviews</i> , 2021, 128, 199-217.	2.9	58

#	ARTICLE	IF	CITATIONS
276	Compassionate Embodied Virtual Experience Increases the Adherence to Meditation Practice. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 1276.	1.3	9
277	Lifestyle and Well-Being: Potential Epigenetic Benefits of Mindfulness Training, Healthy Eating and Physical Activity. , 2019, , 39-55.		2
278	The "Self"™ Aspects: the Sense of the Existence, Identification, and Location. <i>Integrative Psychological and Behavioral Science</i> , 2019, 53, 463-483.	0.5	5
279	Measuring Decentering and Related Constructs: Capacity and Limitations of Extant Assessment Scales. <i>Mindfulness</i> , 2017, 8, 1674-1688.	1.6	17
280	State-trait influences of Vipassana meditation practice on P3 EEG dynamics. <i>Progress in Brain Research</i> , 2019, 244, 115-136.	0.9	9
281	Meditation training influences mind wandering and mindless reading.. <i>Psychology of Consciousness: Theory Research, and Practice</i> , 2016, 3, 12-33.	0.3	31
282	Dream content and procedural learning in Vipassana meditators and controls.. <i>Dreaming</i> , 2018, 28, 99-121.	0.3	4
283	An eight-week mindfulness-based stress reduction (MBSR) workshop increases regulatory choice flexibility.. <i>Emotion</i> , 2019, 19, 593-604.	1.5	30
284	Socioaffective versus sociocognitive mental trainings differentially affect emotion regulation strategies.. <i>Emotion</i> , 2019, 19, 1329-1342.	1.5	13
285	The Metacognitive Processes of Decentering Scale: Development and initial validation of trait and state versions.. <i>Psychological Assessment</i> , 2020, 32, 956-971.	1.2	11
286	Integrating mindfulness into nursing education: A pilot nonrandomized controlled trial.. <i>International Journal of Stress Management</i> , 2020, 27, 93-100.	0.9	14
287	Mindfulness-Based Analgesia or Placebo Effect? The Development and Evaluation of a Sham Mindfulness Intervention for Acute Experimental Pain. <i>Psychosomatic Medicine</i> , 2021, 83, 557-565.	1.3	7
290	From Ancient Contemplative Practice to the App Store. , 2020, , .		22
291	Absorption, Mentalizing, and Mysticism: Sensing the Presence of the Divine. <i>Journal for the Cognitive Science of Religion</i> , 2020, 5, 63-84.	0.6	5
292	Perceived Barriers to Meditation Among College Students: The Role of Personality Traits. <i>Building Healthy Academic Communities Journal</i> , 2019, 3, 23-33.	0.5	4
293	Comparing Web-Based Mindfulness With Loving-Kindness and Compassion Training for Promoting Well-Being in Pregnancy: Protocol for a Three-Arm Pilot Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2020, 9, e19803.	0.5	6
294	Testing the Efficacy of a Multicomponent, Self-Guided, Smartphone-Based Meditation App: Three-Armed Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2020, 7, e23825.	1.7	42
295	Enseñar Mindfulness: Contextos de Instrucción y Pedagogía. <i>Revista De Psicoterapia</i> , 2016, 27, 103-118.	0.0	6

#	ARTICLE	IF	CITATIONS
296	A Review of the Development of the Concept of "No Self" from the Perspective of Mindfulness. <i>Advances in Social Sciences</i> , 2021, 10, 2844-2850.	0.0	0
297	How Mindfulness Modulates Attention: a Balance Between Self- and Other-Related Processing in Vipassana Practitioners. <i>Mindfulness</i> , 2022, 13, 104-111.	1.6	1
298	Mining the Mind: Linear Discriminant Analysis of MEG Source Reconstruction Time Series Supports Dynamic Changes in Deep Brain Regions During Meditation Sessions. <i>Brain Topography</i> , 2021, 34, 840-862.	0.8	4
299	The Mindfulness Map: A Practical Classification Framework of Mindfulness Practices, Associated Intentions, and Experiential Understandings. <i>Frontiers in Psychology</i> , 2021, 12, 727857.	1.1	17
300	Implicit"explicit gradient of nondual awareness or consciousness as such. <i>Neuroscience of Consciousness</i> , 2021, 2021, niab031.	1.4	5
301	Validation of the Spanish Version of the Lucidity and Consciousness in Dreams Scale. <i>Frontiers in Psychology</i> , 2021, 12, 742438.	1.1	1
302	Exploring the Efficacy of a School-based Mindful Yoga Program on Socioemotional Awareness and Response to Stress among Elementary School Students. <i>Journal of Child and Family Studies</i> , 0, , 1.	0.7	1
303	Effect of Brief Open Monitoring Mindfulness Meditation on Theory of Mind. <i>International Journal of Indian Psychology</i> , 2016, 3, .	0.2	0
304	The Curriculum of I. , 2017, , 251-301.		0
306	The zentensive: A psychodynamically oriented meditation retreat for psychotherapists.. <i>Practice Innovations (Washington, D C)</i> , 2018, 3, 18-31.	0.5	1
307	Achtsamkeitsverfahren. , 2019, , 37-57.		0
308	ChapitreÂ2. Psychologie positive, cognitionÂetÂneurosciences. , 2019, , 43-56.		0
311	Clinical Practice Guidelines for Yoga and Other Alternative Therapies for Patients with Mental Disorders. <i>Indian Journal of Psychiatry</i> , 2020, 62, 272.	0.4	5
313	How long did the time spent in meditation feel? "Attention. Attention. Attention." <i>Psychology of Consciousness: Theory Research, and Practice</i> , 2023, 10, 346-367.	0.3	5
315	The protective effect of mindfulness and compassion meditation practices on ageing: Hypotheses, models and experimental implementation. <i>Ageing Research Reviews</i> , 2021, 72, 101495.	5.0	11
316	The Relevance of Contemplative Studies and Practices for Improving Participatory Urban Governance. <i>Politikon</i> , 0, , 1-18.	0.6	1
319	Designing With Ritual Interaction. , 2020, , .		34
320	Mindfulness Effects on Mind Wandering and Autonomic Balance. <i>Applied Psychophysiology Biofeedback</i> , 2022, 47, 53-64.	1.0	8

#	ARTICLE	IF	CITATIONS
321	Studying the precuneus reveals structureâ€‘functionâ€‘affect correlation in long-term meditators. <i>Social Cognitive and Affective Neuroscience</i> , 2020, 15, 1203-1216.	1.5	8
323	On Covid-19, mental health, and meditation. <i>Humanitarian Studios Pedagogics Psychology Philosophy</i> , 2020, 11, 75-81.	0.0	4
324	Mindfulness-Based Stress Reduction Increases Mental Wellbeing and Emotion Regulation During the First Wave of the COVID-19 Pandemic: A Synchronous Online Intervention Study. <i>Frontiers in Psychology</i> , 2021, 12, 720965.	1.1	21
325	A Review of the Methodology, Taxonomy, and Definitions in Recent fMRI Research on Meditation. <i>Mindfulness</i> , 2022, 13, 541-555.	1.6	8
326	From Self-Esteem to Selflessness: An Evidence (Gap) Map of Self-Related Processes as Mechanisms of Mindfulness-Based Interventions. <i>Frontiers in Psychology</i> , 2021, 12, 730972.	1.1	19
327	Mind-Wandering during Personal Music Listening in Everyday Life: Music-Evoked Emotions Predict Thought Valence. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12321.	1.2	10
328	Influence of Mindfulness on the Processes of Consciousness Measured via Evoked Potentials A Theoretical Review. <i>Journal of Consciousness Studies</i> , 2021, 28, 102-124.	0.4	0
330	A Systematic Review of a Polyvagal Perspective on Embodied Contemplative Practices as Promoters of Cardiorespiratory Coupling and Traumatic Stress Recovery for PTSD and OCD: Research Methodologies and State of the Art. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11778.	1.2	8
331	Towards a Contemplative Research Framework for Training Self-Observation in HCI: A Study of Compassion Cultivation. <i>ACM Transactions on Computer-Human Interaction</i> , 2021, 28, 1-27.	4.6	9
332	Affective explicit and implicit attitudes towards vegetarian and vegan food consumption: The role of mindfulness. <i>Appetite</i> , 2022, 169, 105831.	1.8	14
333	La Meditaci3n en la Esperanza en el Programa EBC: Descripci3n y Mecanismos de Acci3n Implicados. <i>Revista De Psicoterapia</i> , 2020, 31, 43-56.	0.0	1
334	EFFECTS OF THE EASTERN MIND-BODY PRACTICES ON MENTAL HEALTH DURING THE COVID-19 PANDEMIC: WHEN EAST MEETS WEST. <i>WiadomoÅci Lekarskie</i> , 2021, 74, 2850-2855.	0.1	4
335	Interoception Underlies Therapeutic Effects of Mindfulness Meditation for Posttraumatic Stress Disorder: A Randomized Clinical Trial. <i>Biological Psychiatry: Cognitive Neuroscience and Neuroimaging</i> , 2022, 7, 793-804.	1.1	7
336	The Homeostatic Ego: Self-Enhancement as a Biological Adaptation. <i>Psychological Inquiry</i> , 2021, 32, 267-274.	0.4	1
337	Equanimity. , 2021, , 61-84.		1
338	Linkages between Psychedelics and Meditation in a Population-Based Sample in the United States. <i>Journal of Psychoactive Drugs</i> , 2023, 55, 11-18.	1.0	10
339	Mindâ€‘Body Practice Is Related to Pro-environmental Engagement Through Self-compassion and Global Identity Rather Than to Self-enhancement. <i>Mindfulness</i> , 2022, 13, 660-673.	1.6	7
340	Measuring Psychological Mechanisms in Meditation Practice: Using a Phenomenologically Grounded Classification System to Develop Theory-Based Composite Scores. <i>Mindfulness</i> , 2022, 13, 600.	1.6	9

#	ARTICLE	IF	CITATIONS
341	How do placebo effects contribute to mindfulness-based analgesia? Probing acute pain effects and interactions using a randomized balanced placebo design. <i>Pain</i> , 2022, 163, 1967-1977.	2.0	8
342	Impact of Mindfulness Training on Spanish Police Officersâ€™ Mental and Emotional Health: a Non-Randomized Pilot Study. <i>Mindfulness</i> , 2022, 13, 695-711.	1.6	9
343	How do Mindfulness-Based Programs Improve Depression Symptoms: Selflessness, Valence, or Valenced Self?. <i>Cognitive Therapy and Research</i> , 2022, 46, 668-685.	1.2	1
344	Experimental Phenomenology as an Approach to the Study of Contemplative Practices. <i>Frontiers in Psychology</i> , 2021, 12, 751298.	1.1	0
345	Classic Psychedelic Drugs: Update on Biological Mechanisms. <i>Pharmacopsychiatry</i> , 2022, 55, 121-138.	1.7	34
346	Integrating mindfulness and connection practices into preservice teacher education results in durable automatic race bias reductions. <i>Journal of School Psychology</i> , 2022, 91, 50-64.	1.5	7
347	The Impact of Mindfulness Meditation on the Psychosomatic Spectrum of Oral Diseases: Mapping the Evidence. <i>Journal of Lifestyle Medicine</i> , 2022, 12, 1-8.	0.3	2
348	Post-secular affective labours of teaching: contemplative practices and the â€˜belaboured selfâ€™. <i>Critical Studies in Education</i> , 2023, 64, 134-150.	3.3	2
349	Interaction of mediation and moderation effects of positivity, cognitive fusion, brooding and mindfulness. <i>L'Encephale</i> , 2022, , .	0.3	0
350	Does mindfulness help to overcome stereotype threat in mental rotation in younger and older adolescents?. <i>Psychological Research</i> , 2023, 87, 624-635.	1.0	2
351	A randomized controlled trial of a smartphone-based well-being training in public school system employees during the COVID-19 pandemic.. <i>Journal of Educational Psychology</i> , 2022, 114, 1895-1911.	2.1	21
352	Visualizing Compassion: Episodic Simulation as Contemplative Practice. <i>Mindfulness</i> , 2023, 14, 2532-2548.	1.6	3
353	Making epistemic goods compatible: knowledge-making practices in a lifestyle intervention RCT on mindfulness and compassion meditation. <i>BioSocieties</i> , 2023, 18, 359-388.	0.8	3
354	No effect of focused attention and open monitoring meditation on EEG auditory mismatch negativity in expert and novice practitioners. <i>International Journal of Psychophysiology</i> , 2022, 176, 62-72.	0.5	4
355	Towards a mechanistic understanding of mindfulness-based stress reduction (MBSR) using an RCT neuroimaging approach: Effects on regulating own stress in social and non-social situations. <i>NeuroImage</i> , 2022, 254, 119059.	2.1	5
356	Prevalence, predictors and types of unpleasant and adverse effects of meditation in regular meditators: international cross-sectional study. <i>BJPsych Open</i> , 2022, 8, .	0.3	2
357	Appâ€™based mindfulness meditation reduces perceived stress and improves selfâ€™regulation in working university students: A randomised controlled trial. <i>Applied Psychology: Health and Well-Being</i> , 2022, 14, 1151-1171.	1.6	15
358	Feasibility, Effectiveness, and Mechanisms of a Brief Mindfulness- and Compassion-Based Program to Reduce Stress in University Students: A Pilot Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 154.	1.2	13

#	ARTICLE	IF	CITATIONS
359	Cultivating Emotional Granularity. <i>Frontiers in Psychology</i> , 2021, 12, 703658.	1.1	2
361	Knowing the Knowing. Non-dual Meditative Practice From an Enactive Perspective. <i>Frontiers in Psychology</i> , 2022, 13, 778817.	1.1	2
369	Enhanced declarative memory in long-term mindfulness practitioners. <i>Psychological Research</i> , 2023, 87, 294-307.	1.0	2
370	State Mindfulness Scale (SMS). , 2022, , 1-16.		2
371	Science-Based Buddhist Practice: an Illustration Using Doctrinal Charts of Won Buddhism. <i>Mindfulness</i> , 2022, 13, 1333-1341.	1.6	4
372	Making peace with disliked others: the effects of a short loving-kindness meditation on implicit and explicit emotional evaluations. <i>BMC Psychology</i> , 2022, 10, 110.	0.9	0
373	Heartfulness Meditation: A Yogic and Neuroscientific Perspective. <i>Frontiers in Psychology</i> , 2022, 13, .	1.1	5
374	Personalized Mindâ€œBody Medicine in Integrative Oncology: Meeting the Moment with Each Patient. , 2022, , .		0
375	Investigating the impact of distinct contemplative mental trainings on daily life stress, thoughts and affectâ€œEvidence from a nine-month longitudinal ecological momentary assessment study. <i>Psychoneuroendocrinology</i> , 2022, 142, 105800.	1.3	3
376	Autobiographical Memory and Mindfulness: a Critical Review with a Systematic Search. <i>Mindfulness</i> , 2022, 13, 1614-1651.	1.6	2
377	Mindfulness-Enhanced Computerized Cognitive Training for Depression: An Integrative Review and Proposed Model Targeting the Cognitive Control and Default-Mode Networks. <i>Brain Sciences</i> , 2022, 12, 663.	1.1	4
378	Mindfulness and Nondual Well-Being â€œ What is the Evidence that We Can Stay Happy?. <i>Review of General Psychology</i> , 2023, 27, 103-120.	2.1	4
379	Stable Consciousness? The â€œHard Problemâ€œHistorically Reconstructed and in Perspective of Neurophenomenological Research on Meditation. <i>Frontiers in Psychology</i> , 2022, 13, .	1.1	5
380	Evidence synthesis indicates contentless experiences in meditation are neither truly contentless nor identical. <i>Phenomenology and the Cognitive Sciences</i> , 2024, 23, 253-304.	1.1	4
381	The path to contentless experience in meditation: An evidence synthesis based on expert texts. <i>Phenomenology and the Cognitive Sciences</i> , 0, , .	1.1	3
382	Traitements non mÃ©dicamenteux et neurochirurgicaux de la maladie de Parkinson. , 2022, , 303-316.		0
383	The Distinctive Mindfulness of Dzogchen: Jigme Lingpaâ€™s Advice on Meta-Awareness and Nondual Meditation. <i>Religions</i> , 2022, 13, 573.	0.3	1
384	Meta-awareness, mind wandering and negative mood in the context of the continuity hypothesis of dreaming. <i>Phenomenology and the Cognitive Sciences</i> , 2024, 23, 105-131.	1.1	1

#	ARTICLE	IF	CITATIONS
385	Direct comparisons between hypnosis and meditation: A mini-review. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	2
386	Buddhist-like opposite diminishing and non-judging during ketamine infusion are associated with antidepressant response: an open-label personalized-dosing study. <i>Frontiers in Pharmacology</i> , 0, 13, .	1.6	2
387	Can the Academic and Experiential Study of Flourishing Improve Flourishing in College Students? A Multi-university Study. <i>Mindfulness</i> , 0, , .	1.6	3
388	From Bench to Bedside and Back Again: Developments in the Evidence-Informed Practice (and) Tj ETQq1 1 0.784314 rgBT /Oyerlock 10		
389	Effects of Mindfulness-Based Stress Reduction Therapy on Posttraumatic Growth and Quality of Life in Patients With Breast Cancer Under Early Chemotherapy. <i>Holistic Nursing Practice</i> , 0, Publish Ahead of Print, .	0.3	2
391	Beyond mindfulness: Arousal-driven modulation of attentional control during arousal-based practices. <i>Current Research in Neurobiology</i> , 2022, 3, 100053.	1.1	3
392	Formal mindfulness practice predicts reductions in PTSD symptom severity following a mindfulness-based intervention for women with co-occurring PTSD and substance use disorder. <i>Addiction Science & Clinical Practice</i> , 2022, 17, .	1.2	1
393	Effectiveness of a Mindful Compassion Care Program in reducing burnout and psychological distress amongst frontline hospital nurses during the COVID-19 pandemic: a study protocol for a randomized controlled trial. <i>Trials</i> , 2022, 23, .	0.7	4
394	Loving-kindness meditation (LKM) modulates brain-heart connection: An EEG case study. <i>Frontiers in Human Neuroscience</i> , 0, 16, .	1.0	4
395	Shifting Baselines: Longitudinal Reductions in EEG Beta Band Power Characterize Resting Brain Activity with Intensive Meditation. <i>Mindfulness</i> , 2022, 13, 2488-2506.	1.6	2
396	Differences in Brain Connectivity of Meditators during Assessing Neurocognition via Gamified Experimental Logic Task: A Machine Learning Approach. <i>Neuroradiology Journal</i> , 0, , 197140092211295.	0.6	0
397	Neural Mechanisms and Psychology of Psychedelic Ego Dissolution. <i>Pharmacological Reviews</i> , 2022, 74, 876-917.	7.1	20
398	Introspective self-narrative modulates the neuronal response during the emphatic process: an event-related potentials (ERPs) study. <i>Experimental Brain Research</i> , 0, , .	0.7	0
399	How to target disturbed identity in borderline patients? Self-identification program: A case study. <i>L'Encephale</i> , 2022, , .	0.3	0
400	Effect of an 18-Month Meditation Training on Regional Brain Volume and Perfusion in Older Adults. <i>JAMA Neurology</i> , 0, , .	4.5	7
401	Mindfulness in the focus of the neurosciences - The contribution of neuroimaging to the understanding of mindfulness. <i>Frontiers in Behavioral Neuroscience</i> , 0, 16, .	1.0	7
403	Om chanting modulates the processing of negative stimuli: Behavioral and electrophysiological evidence. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	1
404	How Chanting Relates to Cognitive Function, Altered States and Quality of Life. <i>Brain Sciences</i> , 2022, 12, 1456.	1.1	2

#	ARTICLE	IF	CITATIONS
405	Psychological and socio-demographic factors in the pre-decision stage for the purchase of e-cars. <i>Current Research in Ecological and Social Psychology</i> , 2022, , 100072.	0.9	1
406	Buddhist Affective States Scale (BASS). , 2022, , 1-7.		0
407	Meta-Awareness and Control of Internal Attention: a Simulated Thoughts Paradigm Investigation. <i>Mindfulness</i> , 0, , .	1.6	0
408	Transforming adversity into an ally: A qualitative study of "feeding your demons" meditation. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	0
410	Does the practice of mindfulness reduce somatic symptoms and COVID-19-related anxiety? A community-based survey. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	0
411	Changes in Self-Location During the Practice of Mindfulness Meditation in Novices. <i>Mindfulness</i> , 0, , .	1.6	0
412	A neurophenomenological approach to non-ordinary states of consciousness: hypnosis, meditation, and psychedelics. <i>Trends in Cognitive Sciences</i> , 2023, 27, 139-159.	4.0	18
413	The role of mind-body bridging-based university psychology course for students' well-being. <i>Nordic Psychology</i> , 2024, 76, 97-115.	0.4	1
414	Social Safety Theory: Conceptual foundation, underlying mechanisms, and future directions. <i>Health Psychology Review</i> , 2023, 17, 5-59.	4.4	15
415	Specific Reduction in the Cortisol Awakening Response after Socio-Affective Mental Training. <i>Mindfulness</i> , 2023, 14, 681-694.	1.6	2
416	Stimulated brains and meditative minds: A systematic review on combining low intensity transcranial electrical stimulation and meditation in humans. <i>International Journal of Clinical and Health Psychology</i> , 2023, 23, 100369.	2.7	2
417	Variation in self and familiar facial recognition in bipolar disorder patients at different clinical stages. <i>Acta Psychologica</i> , 2023, 235, 103903.	0.7	0
418	The (In)flexible self: Psychopathology, mindfulness, and neuroscience. <i>International Journal of Clinical and Health Psychology</i> , 2023, 23, 100381.	2.7	5
420	The Occurrence of Psychologically Profound, Meaningful, and Mystical Experiences During a Month-Long Meditation Retreat. <i>Mindfulness</i> , 2023, 14, 606-621.	1.6	0
421	An updated classification of meditation methods using principles of taxonomy and systematics. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	2
422	Effectiveness of four deconstructive meditative practices on well-being and self-deconstruction: study protocol for an exploratory randomized controlled trial. <i>Trials</i> , 2023, 24, .	0.7	0
423	Did Freud Miss the Discovery of Our Spiritual Core?. <i>Religions</i> , 2023, 14, 282.	0.3	1
424	The Effects of Clinical Meditation Programs on Stress and Well-Being. <i>Zeitschrift Fur Psychologie / Journal of Psychology</i> , 2023, 231, 16-29.	0.7	2

#	ARTICLE	IF	CITATIONS
425	Restructuring insight: An integrative review of insight in problem-solving, meditation, psychotherapy, delusions and psychedelics. <i>Consciousness and Cognition</i> , 2023, 110, 103494.	0.8	7
426	Nondual Well-Being - The Evolution of Happiness. , 0, , .		0
427	Long-Term and Meditation-Specific Modulations of Brain Connectivity Revealed Through Multivariate Pattern Analysis. <i>Brain Topography</i> , 2023, 36, 409-418.	0.8	2
428	Meditation as a tool to counteract music performance anxiety from the expertsâ€™ perspective. <i>Psychology of Music</i> , 0, , 030573562311559.	0.9	0
429	Classic Psychedelic Use and Current Meditation Practice. <i>Mindfulness</i> , 2023, 14, 763-768.	1.6	5
430	Uniting Contemplative Theory and Scientific Investigation: Toward a Comprehensive Model of the Mind. <i>Mindfulness</i> , 2023, 14, 1088-1101.	1.6	3
431	Spreading positive change: Societal benefits of meditation. <i>Frontiers in Psychiatry</i> , 0, 14, .	1.3	0
434	Cessations of consciousness in meditation: Advancing a scientific understanding of nirodha samâ€™patti. <i>Progress in Brain Research</i> , 2023, , 61-87.	0.9	2
449	Mind Wandering and Mindfulness During Innovation: An Outline and an Illustration in Poetry. , 2023, , 267-293.		0
455	Module 0: Understanding Attachment-Based Compassion Therapy. , 2023, , 9-29.		0
462	What Mindfulness, and for Whom? And Why Might it Work?. <i>Mindfulness</i> , 0, , .	1.6	3
468	LOOP Meditation: Enhancing Novice's VR Meditation Experience with Physical Movement. , 2023, , .		0
476	Hype D-Live: XR Live Music System to Entertain Passengers for Anxiety Reduction in Autonomous Vehicles. , 2023, , .		0
480	Mindfulness Training and Enlightenment. , 2023, , 1-4.		0
482	Die SelbstmitgefÃ¼hlspraxis. , 2023, , 45-63.		0
490	Well-Being and Heroism. , 2023, , 1-4.		0