Stress, Sleep and Recovery in Elite Soccer: A Critical Rev

Sports Medicine

45, 1387-1400

DOI: 10.1007/s40279-015-0358-z

Citation Report

#	Article	IF	Citations
1	Sleep Medication and Athletic Performanceâ€"The Evidence for Practitioners and Future Research Directions. Frontiers in Physiology, 2016, 7, 83.	1.3	39
2	The Importance of Monitoring Sleep within Adolescent Athletes: Athletic, Academic, and Health Considerations. Frontiers in Physiology, 2016, 7, 101.	1.3	30
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6	REM sleep deprivation impairs muscle regeneration in rats. Growth Factors, 2017, 35, 12-18.	0.5	26
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