

Nutritional medicine as mainstream in psychiatry

Lancet Psychiatry, the
2, 271-274

DOI: [10.1016/s2215-0366\(14\)00051-0](https://doi.org/10.1016/s2215-0366(14)00051-0)

Citation Report

#	ARTICLE	IF	CITATIONS
1	A longitudinal analysis of diet quality scores and the risk of incident depression in the SUN Project. BMC Medicine, 2015, 13, 197.	2.3	121
2	International Society for Nutritional Psychiatry Research consensus position statement: nutritional medicine in modern psychiatry. World Psychiatry, 2015, 14, 370-371.	4.8	81
3	How do counsellors and psychotherapists understand diet and nutrition as part of the therapy process? A heuristic study. Counselling and Psychotherapy Research, 2015, 15, 309-319.	1.7	4
4	Dysbiotic drift: mental health, environmental grey space, and microbiota. Journal of Physiological Anthropology, 2015, 34, 23.	1.0	65
5	Effects of Four-Week Supplementation with a Multi-Vitamin/Mineral Preparation on Mood and Blood Biomarkers in Young Adults: A Randomised, Double-Blind, Placebo-Controlled Trial. Nutrients, 2015, 7, 9005-9017.	1.7	39
6	Psychiatric Disorders and Polyphenols: Can They Be Helpful in Therapy?. Oxidative Medicine and Cellular Longevity, 2015, 2015, 1-16.	1.9	66
7	Western diet is associated with a smaller hippocampus: a longitudinal investigation. BMC Medicine, 2015, 13, 215.	2.3	188
8	Clinically Significant Symptom Reduction in Children with Attention-Deficit/Hyperactivity Disorder Treated with Micronutrients: An Open-Label Reversal Design Study. Journal of Child and Adolescent Psychopharmacology, 2015, 25, 783-798.	0.7	36
9	Associations between depression subtypes, depression severity and diet quality: cross-sectional findings from the BiDirect Study. BMC Psychiatry, 2015, 15, 38.	1.1	49
10	Natural environments, ancestral diets, and microbial ecology: is there a modern "paleo-deficit disorder"? Part II. Journal of Physiological Anthropology, 2015, 34, 9.	1.0	25
11	Natural environments and mental health. Advances in Integrative Medicine, 2015, 2, 5-12.	0.4	83
12	Screening and Intervening on Alcohol and Other Drug Use in General Wellness Programs: Challenges and Opportunities. Substance Abuse, 2015, 36, 255-256.	1.1	2
13	Food and your mood: nutritional psychiatry. Lancet Psychiatry, 2015, 2, e19.	3.7	12
14	The Microbiome and Mental Health: Looking Back, Moving Forward with Lessons from Allergic Diseases. Clinical Psychopharmacology and Neuroscience, 2016, 14, 131-147.	0.9	36
15	Transforming Life: A Broad View of the Developmental Origins of Health and Disease Concept from an Ecological Justice Perspective. International Journal of Environmental Research and Public Health, 2016, 13, 1075.	1.2	49
16	Soy and Health Update: Evaluation of the Clinical and Epidemiologic Literature. Nutrients, 2016, 8, 754.	1.7	291
17	Detecting the modest signals of omega-3 fatty acids' antidepressant effects by homogenizing depressed patient groups. Lipid Technology, 2016, 28, 86-87.	0.3	3
18	Ernährung und Depression: Die MoodFOOD Präventions-Studie. Public Health Forum, 2016, 24, 220-224.	0.1	0

#	ARTICLE	IF	CITATIONS
19	Running on empty: a review of nutrition and physicians' well-being. Postgraduate Medical Journal, 2016, 92, 478-481.	0.9	87
20	Evaluation of the potential antidepressant effects of soybean isoflavones. Menopause, 2016, 23, 1348-1360.	0.8	18
21	Adjunctive Nutraceuticals for Depression: A Systematic Review and Meta-Analyses. American Journal of Psychiatry, 2016, 173, 575-587.	4.0	315
22	Dietary Inflammatory Index and Recurrence of Depressive Symptoms. Clinical Psychological Science, 2016, 4, 1125-1134.	2.4	78
23	Nutrition and Depression: Current Evidence on the Association of Dietary Patterns with Depression and Its Subtypes. , 2016, , 279-304.		1
24	Intake of High-Fat Yogurt, but Not of Low-Fat Yogurt or Probiotics, Is Related to Lower Risk of Depression in Women of the SUN Cohort Study. Journal of Nutrition, 2016, 146, 1731-1739.	1.3	28
25	Prevention of depression through nutritional strategies in high-risk persons: rationale and design of the MoodFOOD prevention trial. BMC Psychiatry, 2016, 16, 192.	1.1	52
26	Defining Research Priorities for Nutrition and Mental Health: Insights from Dietetics Practice. Canadian Journal of Dietetic Practice and Research, 2016, 77, 35-42.	0.5	5
27	Nutrition and Mental Health. Clinical Psychological Science, 2016, 4, 1082-1084.	2.4	16
28	The Importance of Diet and Gut Health to the Treatment and Prevention of Mental Disorders. International Review of Neurobiology, 2016, 131, 325-346.	0.9	33
29	Learning more about food, mental health, and menopause. Menopause, 2016, 23, 1275-1276.	0.8	0
30	Role of Omega-3 fatty acids in the etiology, treatment, and prevention of depression: Current status and future directions. Journal of Nutrition & Intermediary Metabolism, 2016, 5, 96-106.	1.7	35
31	Don't panic. A guide to tryptophan depletion with disorder-specific anxiety provocation. Journal of Psychopharmacology, 2016, 30, 1137-1140.	2.0	5
32	Transport of a Prolyl Endopeptidase Inhibitory Peptide across the Blood-Brain Barrier Demonstrated Using the hCMEC/D3 Cell Line Transcytosis Assay. Journal of Agricultural and Food Chemistry, 2016, 64, 146-150.	2.4	12
33	Nutrition and Bipolar Depression. Psychiatric Clinics of North America, 2016, 39, 75-86.	0.7	18
34	Immune-Microbiota Interactions: Dysbiosis as a Global Health Issue. Current Allergy and Asthma Reports, 2016, 16, 13.	2.4	87
35	Lifestyle interventions targeting dietary habits and exercise in bipolar disorder: A systematic review. Journal of Psychiatric Research, 2016, 74, 1-7.	1.5	87
36	Detection and treatment of omega-3 fatty acid deficiency in psychiatric practice: Rationale and implementation. Lipids in Health and Disease, 2016, 15, 25.	1.2	41

#	ARTICLE	IF	CITATIONS
37	Great expectations: Nutritional medicine as a mainstream in clinical psychiatry and weighing opportunities against risks. <i>Medical Hypotheses</i> , 2016, 88, 68-69.	0.8	2
38	Food for thought: The role of nutrition in the microbiota-gut-brain axis. <i>Clinical Nutrition Experimental</i> , 2016, 6, 25-38.	2.0	163
39	Nut consumption and age-related disease. <i>Maturitas</i> , 2016, 84, 11-16.	1.0	81
40	Dietary recommendations for the prevention of depression. <i>Nutritional Neuroscience</i> , 2017, 20, 161-171.	1.5	164
41	Polyunsaturated fatty acids and recurrent mood disorders: Phenomenology, mechanisms, and clinical application. <i>Progress in Lipid Research</i> , 2017, 66, 1-13.	5.3	54
42	The Mediterranean Diet and ADHD in Children and Adolescents. <i>Pediatrics</i> , 2017, 139, .	1.0	89
43	Adjunctive Treatment of Psychotic Disorders with Micronutrients. <i>Journal of Alternative and Complementary Medicine</i> , 2017, 23, 526-533.	2.1	6
44	The development of a national nutrition and mental health research agenda with comparison of priorities among diverse stakeholders. <i>Public Health Nutrition</i> , 2017, 20, 712-725.	1.1	17
45	Clinical use of nutraceuticals in the adjunctive treatment of depression in mood disorders. <i>Australasian Psychiatry</i> , 2017, 25, 369-372.	0.4	20
46	The effects of vitamin and mineral supplementation on symptoms of schizophrenia: a systematic review and meta-analysis. <i>Psychological Medicine</i> , 2017, 47, 1515-1527.	2.7	58
47	Relationship between serum calcium and neuropsychological performance might indicate etiological heterogeneity underlying cognitive deficits in schizophrenia and depression. <i>Psychiatry Research</i> , 2017, 252, 80-86.	1.7	17
48	Nutritional Psychiatry: Where to Next?. <i>EBioMedicine</i> , 2017, 17, 24-29.	2.7	159
49	A randomised controlled trial of dietary improvement for adults with major depression (the "SMILES"™) <i>TJ ETQq 0,0 0 rgBT / Overlock</i>	2.3	595
50	A psychology of the human brain-gut-microbiome axis. <i>Social and Personality Psychology Compass</i> , 2017, 11, e12309.	2.0	121
51	Dietary pattern derived by reduced rank regression and depressive symptoms in a multi-ethnic population: the HELIUS study. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 987-994.	1.3	11
52	Polyunsaturated Fatty Acids in Perinatal Depression: A Systematic Review and Meta-analysis. <i>Biological Psychiatry</i> , 2017, 82, 560-569.	0.7	68
53	Treatments for Comorbid Anxiety and Mood Disorders. , 2017, , 103-119.		0
55	Dietary fish, n-3 polyunsaturated fatty acid consumption, and depression risk in Japan: a population-based prospective cohort study. <i>Translational Psychiatry</i> , 2017, 7, e1242-e1242.	2.4	62

#	ARTICLE	IF	CITATIONS
56	Efficacy of adding nutritional supplements in unipolar depression: A systematic review and meta-analysis. <i>European Neuropsychopharmacology</i> , 2017, 27, 1090-1109.	0.3	94
57	Dietary factors in the etiology and therapy of attention deficit/hyperactivity disorder. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2017, 20, 464-469.	1.3	14
58	The impact of essential fatty acid, B vitamins, vitamin C, magnesium and zinc supplementation on stress levels in women. <i>JBI Database of Systematic Reviews and Implementation Reports</i> , 2017, 15, 402-453.	1.7	31
59	Editorial: A Case Demonstrating the Need to Emphasize Wellness as a Treatment Focus for Substance Abuse Disorders. <i>Military Behavioral Health</i> , 2017, 5, 437-440.	0.4	1
60	Nutritional Medicine and Long-Term Care Psychiatry. , 0, , 249-273.		0
61	The essentials of a global index for cognitive function. <i>Translational Neuroscience</i> , 2017, 8, 87-96.	0.7	9
62	Depressed gut? The microbiota-diet-inflammation triad in depression. <i>Current Opinion in Psychiatry</i> , 2017, 30, 369-377.	3.1	94
63	Depression in cancer: The many biobehavioral pathways driving tumor progression. <i>Cancer Treatment Reviews</i> , 2017, 52, 58-70.	3.4	204
64	Feeding the microbiota-gut-brain axis: diet, microbiome, and neuropsychiatry. <i>Translational Research</i> , 2017, 179, 223-244.	2.2	351
65	Ingestion of dried-bonito broth (<i>dashi</i>) facilitates PV-parvalbumin-immunoreactive neurons in the brain, and affects emotional behaviors in mice. <i>Nutritional Neuroscience</i> , 2017, 20, 571-586.	1.5	14
66	Omega-3 polyunsaturated fatty acids critically regulate behaviour and gut microbiota development in adolescence and adulthood. <i>Brain, Behavior, and Immunity</i> , 2017, 59, 21-37.	2.0	195
67	Gut Microbiota, Bacterial Translocation, and Interactions with Diet: Pathophysiological Links between Major Depressive Disorder and Non-Communicable Medical Comorbidities. <i>Psychotherapy and Psychosomatics</i> , 2017, 86, 31-46.	4.0	176
68	Melatonin: Protection against age-related cardiac pathology. <i>Ageing Research Reviews</i> , 2017, 35, 336-349.	5.0	58
69	Complementary and Integrative Health Practices for Depression. <i>Journal of Psychosocial Nursing and Mental Health Services</i> , 2017, 55, 22-33.	0.3	3
70	Diet and ADHD, Reviewing the Evidence: A Systematic Review of Meta-Analyses of Double-Blind Placebo-Controlled Trials Evaluating the Efficacy of Diet Interventions on the Behavior of Children with ADHD. <i>PLoS ONE</i> , 2017, 12, e0169277.	1.1	83
71	Therapeutic Lifestyle Changes: Impact on Weight, Quality of Life, and Psychiatric Symptoms in Veterans With Mental Illness. <i>Military Medicine</i> , 2017, 182, e1738-e1744.	0.4	5
72	Depression and health behaviors in Brazilian adults â€œ PNS 2013. <i>Revista De Saude Publica</i> , 2017, 51, 8s.	0.7	55
73	Focus on fatty acids in the neurometabolic pathophysiology of psychiatric disorders. <i>Journal of Inherited Metabolic Disease</i> , 2018, 41, 597-611.	1.7	35

#	ARTICLE	IF	CITATIONS
74	Low serum zinc levels predict presence of depression symptoms, but not overall disease outcome, regardless of ATG16L1 genotype in Crohn's disease patients. <i>Therapeutic Advances in Gastroenterology</i> , 2018, 11, 1756283X1875771.	1.4	5
75	The case for systems thinking about climate change and mental health. <i>Nature Climate Change</i> , 2018, 8, 282-290.	8.1	260
76	Food and Mood: The Link Between Food, Feelings, and Mood Disorders. <i>Alternative and Complementary Therapies</i> , 2018, 24, 88-90.	0.1	0
77	Adjunctive nutrients in first-episode psychosis: A systematic review of efficacy, tolerability and neurobiological mechanisms. <i>Microbial Biotechnology</i> , 2018, 12, 774-783.	0.9	17
78	A mind cleared by walnut oil: The effects of polyunsaturated and saturated fat on extinction learning. <i>Appetite</i> , 2018, 126, 147-155.	1.8	5
79	Dietary glucoraphanin prevents the onset of psychosis in the adult offspring after maternal immune activation. <i>Scientific Reports</i> , 2018, 8, 2158.	1.6	36
80	An update on adjunctive treatment options for bipolar disorder. <i>Bipolar Disorders</i> , 2018, 20, 87-96.	1.1	25
81	Added sugars and sugar-sweetened beverage consumption, dietary carbohydrate index and depression risk in the Seguimiento Universidad de Navarra (SUN) Project. <i>British Journal of Nutrition</i> , 2018, 119, 211-221.	1.2	61
82	Nutritional Deficiencies and Clinical Correlates in First-Episode Psychosis: A Systematic Review and Meta-analysis. <i>Schizophrenia Bulletin</i> , 2018, 44, 1275-1292.	2.3	61
83	Relationship between diet, the gut microbiota, and brain function. <i>Nutrition Reviews</i> , 2018, 76, 603-617.	2.6	47
84	Mechanisms underlying the effects of n-3 polyunsaturated fatty acids on fear memory processing and their hypothetical effects on fear of cancer recurrence in cancer survivors. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2018, 131, 14-23.	1.0	10
85	Effect of the Mediterranean diet on cognition and brain morphology and function: a systematic review of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 389-404.	2.2	115
86	Nutrition and mental health: bidirectional associations and multidimensional measures. <i>Public Health Nutrition</i> , 2018, 21, 829-830.	1.1	11
87	Genetic polymorphisms of FADS1, FADS2, and FADS3 and fatty acid profiles in subjects received methadone maintenance therapy. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2018, 136, 117-121.	1.0	3
88	Epigenetics, nutrition and mental health. Is there a relationship?. <i>Nutritional Neuroscience</i> , 2018, 21, 602-613.	1.5	25
89	Eicosapentaenoic and docosahexaenoic acids have different effects on peripheral phospholipase A2 gene expressions in acute depressed patients. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2018, 80, 227-233.	2.5	25
90	Diet quality and depression risk: A systematic review and dose-response meta-analysis of prospective studies. <i>Journal of Affective Disorders</i> , 2018, 226, 346-354.	2.0	363
91	Micronutrient intake adequacy and depression risk in the SUN cohort study. <i>European Journal of Nutrition</i> , 2018, 57, 2409-2419.	1.8	33

#	ARTICLE	IF	CITATIONS
92	Associations of mindful eating domains with depressive symptoms and depression in three European countries. <i>Journal of Affective Disorders</i> , 2018, 228, 26-32.	2.0	18
93	The SMILES trial: do undisclosed recruitment practices explain the remarkably large effect?. <i>BMC Medicine</i> , 2018, 16, 243.	2.3	18
94	Behavioral assessment of hippocampal function following dietary intervention. <i>Food Science and Human Wellness</i> , 2018, 7, 229-233.	2.2	3
95	Diet Quality for Sodium and Vegetables Mediate Effects of Whole Food Diets on 8-Week Changes in Stress Load. <i>Nutrients</i> , 2018, 10, 1606.	1.7	20
96	Precision pharmacotherapy: psychiatry's future direction in preventing, diagnosing, and treating mental disorders. <i>Pharmacogenomics and Personalized Medicine</i> , 2018, Volume 11, 211-222.	0.4	31
97	Response to Letter to the Editor to Gut microbiota, dietary intakes and intestinal permeability reflected by serum zonulin in women. <i>European Journal of Nutrition</i> , 2018, 57, 3001-3002.	1.8	0
98	Antidepressant activity of an aqueous extract from okra seeds. <i>RSC Advances</i> , 2018, 8, 32814-32822.	1.7	11
99	Academy of Nutrition and Dietetics: Revised 2018 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Mental Health and Addictions. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 1975-1986.e53.	0.4	9
100	Symposium Oral Presentations. <i>Journal of Theoretical Social Psychology</i> , 2018, 28, 297-391.	1.2	1
101	Antidepressant foods: An evidence-based nutrient profiling system for depression. <i>World Journal of Psychiatry</i> , 2018, 8, 97-104.	1.3	55
102	High Vitamin C Status Is Associated with Elevated Mood in Male Tertiary Students. <i>Antioxidants</i> , 2018, 7, 91.	2.2	36
103	Essential Role of Keap1-Nrf2 Signaling in Mood Disorders: Overview and Future Perspective. <i>Frontiers in Pharmacology</i> , 2018, 9, 1182.	1.6	79
104	Study Protocol for a Randomized Double Blind, Placebo Controlled Trial Exploring the Effectiveness of a Micronutrient Formula in Improving Symptoms of Anxiety and Depression. <i>Medicines (Basel)</i> , 2018, 7, 107.	0.0	0
105	Nutrition and Alzheimer Disease. <i>Clinics in Geriatric Medicine</i> , 2018, 34, 677-697.	1.0	32
106	Association of Use of Omega-3 Polyunsaturated Fatty Acids With Changes in Severity of Anxiety Symptoms. <i>JAMA Network Open</i> , 2018, 1, e182327.	2.8	82
107	A Healthy Diet for Your Heart and Your Brain. , 2018, , 169-197.		12
108	Mediterranean diet and depression among older individuals: The multinational MEDIS study. <i>Experimental Gerontology</i> , 2018, 110, 67-72.	1.2	48
109	Gut-Brain Psychology: Rethinking Psychology From the Microbiota-Gut-Brain Axis. <i>Frontiers in Integrative Neuroscience</i> , 2018, 12, 33.	1.0	169

#	ARTICLE	IF	CITATIONS
110	Nutritional psychiatry for depression. <i>Psychiatry and Clinical Neurosciences</i> , 2018, 72, 465-465.	1.0	0
111	Mediterranean Diet and Health Outcomes in the SUN Cohort. <i>Nutrients</i> , 2018, 10, 439.	1.7	189
112	Database Analysis of Depression and Anxiety in a Community Sampleâ€™Response to a Micronutrient Intervention. <i>Nutrients</i> , 2018, 10, 152.	1.7	30
113	Towards microbiome-informed dietary recommendations for promoting metabolic and mental health: Opinion papers of the MyNewGut project. <i>Clinical Nutrition</i> , 2018, 37, 2191-2197.	2.3	29
114	Trends in the prevalence of psychological distress and the use of mental health services from 2007 to 2016 in Japan. <i>Journal of Affective Disorders</i> , 2018, 239, 208-213.	2.0	40
115	Minding the Mind. <i>Holistic Nursing Practice</i> , 2018, 32, 275-277.	0.3	0
116	The Microbiome in Psychology and Cognitive Neuroscience. <i>Trends in Cognitive Sciences</i> , 2018, 22, 611-636.	4.0	148
117	Food for Brain Health: Flavonoids. , 2019, , 370-386.		3
118	A step ahead: Exploring the gut microbiota in inpatients with bipolar disorder during a depressive episode. <i>Bipolar Disorders</i> , 2019, 21, 40-49.	1.1	149
119	The dark side of compulsive eating and food addiction. , 2019, , 115-192.		6
120	Neurobiological Meaning of Omega-3 Fatty Acids and Their Potential Role in the Treatment of Schizophrenia. , 2019, , 275-294.		1
121	A Biopsychosocial Overview of the Opioid Crisis: Considering Nutrition and Gastrointestinal Health. <i>Frontiers in Public Health</i> , 2019, 7, 193.	1.3	20
122	The emerging role of omega-3 fatty acids as a therapeutic option in neuropsychiatric disorders. <i>Therapeutic Advances in Psychopharmacology</i> , 2019, 9, 204512531985890.	1.2	44
123	Can we â€™seizeâ€™ the gut microbiota to treat epilepsy?. <i>Neuroscience and Biobehavioral Reviews</i> , 2019, 107, 750-764.	2.9	60
124	Elemental Ratios Link Environmental Change and Human Health. <i>Frontiers in Ecology and Evolution</i> , 2019, 7, .	1.1	12
125	Major Depressive Disorder and Food Hypersensitivity: A Case Report. <i>Neuropsychobiology</i> , 2019, 78, 249-255.	0.9	2
126	Nutritional psychiatry: Towards improving mental health by what you eat. <i>European Neuropsychopharmacology</i> , 2019, 29, 1321-1332.	0.3	191
127	The efficacy and safety of nutrient supplements in the treatment of mental disorders: a metaâ€™review of metaâ€™analyses of randomizedâ€™controlled trials. <i>World Psychiatry</i> , 2019, 18, 308-324.	4.8	139

#	ARTICLE	IF	CITATIONS
128	Are Psychological Distress and Resilience Associated with Dietary Intake Among Australian University Students?. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4099.	1.2	30
129	Increasing Dietary Carbohydrate as Part of a Healthy Whole Food Diet Intervention Dampens Eight Week Changes in Salivary Cortisol and Cortisol Responsiveness. <i>Nutrients</i> , 2019, 11, 2563.	1.7	8
130	International Society for Nutritional Psychiatry Research Practice Guidelines for Omega-3 Fatty Acids in the Treatment of Major Depressive Disorder. <i>Psychotherapy and Psychosomatics</i> , 2019, 88, 263-273.	4.0	114
131	Probiotics and Psychobiotics: the Role of Microbial Neurochemicals. <i>Probiotics and Antimicrobial Proteins</i> , 2019, 11, 1071-1085.	1.9	62
132	Lifestyle factors, diet and attention-deficit/hyperactivity disorder in Spanish children – an observational study. <i>Nutritional Neuroscience</i> , 2021, 24, 614-623.	1.5	5
133	A Systematic Review and Meta-Analysis of B Vitamin Supplementation on Depressive Symptoms, Anxiety, and Stress: Effects on Healthy and “At-Risk” Individuals. <i>Nutrients</i> , 2019, 11, 2232.	1.7	66
134	The Mediterranean diet and depression – can a healthier dietary pattern reduce the risk of depression?. <i>Nutrition Bulletin</i> , 2019, 44, 65-73.	0.8	3
135	Breakfast consumption and the risk of depressive symptoms: The Furukawa Nutrition and Health Study. <i>Psychiatry Research</i> , 2019, 273, 551-558.	1.7	22
136	Omega-3 Long-Chain Polyunsaturated Fatty Acids Intake in Children with Attention Deficit and Hyperactivity Disorder. <i>Brain Sciences</i> , 2019, 9, 120.	1.1	23
137	Nutritional Psychiatry: From Concept to the Clinic. <i>Drugs</i> , 2019, 79, 929-934.	4.9	30
138	What Is the Role of Dietary Inflammation in Severe Mental Illness? A Review of Observational and Experimental Findings. <i>Frontiers in Psychiatry</i> , 2019, 10, 350.	1.3	64
139	Vitamin D and the Risk of Depression: A Causal Relationship? Findings from a Mendelian Randomization Study. <i>Nutrients</i> , 2019, 11, 1085.	1.7	45
141	An Observational Preliminary Study on the Safety of Long-Term Consumption of Micronutrients for the Treatment of Psychiatric Symptoms. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 613-622.	2.1	11
142	Evaluating the Relationship between Inflammatory Load of a Diet and Depression in Young Adults. <i>Ecology of Food and Nutrition</i> , 2019, 58, 366-378.	0.8	16
143	Gut microbiota and bipolar disorder: a review of mechanisms and potential targets for adjunctive therapy. <i>Psychopharmacology</i> , 2019, 236, 1433-1443.	1.5	37
144	Evaluation of the effect of insulin sensitivity-enhancing lifestyle- and dietary-related adjuncts on antidepressant treatment response: protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2019, 8, 62.	2.5	5
145	Avoiding physician burnout through physical, emotional, and spiritual energy. <i>Current Opinion in Cardiology</i> , 2019, 34, 94-97.	0.8	12
146	The Therapeutic Potential of Mangosteen Pericarp as an Adjunctive Therapy for Bipolar Disorder and Schizophrenia. <i>Frontiers in Psychiatry</i> , 2019, 10, 115.	1.3	16

#	ARTICLE	IF	CITATIONS
147	Micronutrients and Brain Development. <i>Current Nutrition Reports</i> , 2019, 8, 99-107.	2.1	60
148	Clinical and metabolic response to vitamin D plus probiotic in schizophrenia patients. <i>BMC Psychiatry</i> , 2019, 19, 77.	1.1	96
149	Alternative Treatments for Obsessive-Compulsive Disorder: Nutraceuticals and Lifestyle Interventions. , 2019, , 292-306.		0
150	Association of vitamin B12 mediated hyperhomocysteinemia with depression and anxiety disorder: A cross-sectional study among Bhil indigenous population of India. <i>Clinical Nutrition ESPEN</i> , 2019, 30, 199-203.	0.5	15
151	Diet and Depression: From Epidemiology to Novel Therapeutics. , 2019, , 285-292.		3
152	Preventing the recurrence of depression with a Mediterranean diet supplemented with extra-virgin olive oil. The PREDI-DEP trial: study protocol. <i>BMC Psychiatry</i> , 2019, 19, 63.	1.1	30
153	The relationship between dietary inflammatory index and psychosomatic complaints profiles: results from SEPAHAN cross-sectional study. <i>BioPsychoSocial Medicine</i> , 2019, 13, 27.	0.9	3
154	Natural health products, dietary minerals and over-the-counter medications as add-on therapies to antidepressants in the treatment of major depressive disorder: a review. <i>Brain Research Bulletin</i> , 2019, 146, 51-78.	1.4	33
155	Effects of prebiotics on affect and cognition in human intervention studies. <i>Nutrition Reviews</i> , 2019, 77, 81-95.	2.6	25
156	An apple a day: Protective associations between nutrition and the mental health of immigrants in Canada. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2019, 54, 567-578.	1.6	21
157	Nutraceuticals for major depressive disorder- more is not merrier: An 8-week double-blind, randomised, controlled trial. <i>Journal of Affective Disorders</i> , 2019, 245, 1007-1015.	2.0	42
158	Implications for Treatment and Management. , 2019, , 154-191.		0
159	Healthy dietary indices and risk of depressive outcomes: a systematic review and meta-analysis of observational studies. <i>Molecular Psychiatry</i> , 2019, 24, 965-986.	4.1	427
160	The Role of Nutrition and the Gut-Brain Axis in Psychiatry: A Review of the Literature. <i>Neuropsychobiology</i> , 2020, 79, 80-88.	0.9	62
161	Could Dietary Glutamate Play a Role in Psychiatric Distress?. <i>Neuropsychobiology</i> , 2020, 79, 13-19.	0.9	21
162	Associations between long-term adherence to healthy diet and recurrent depressive symptoms in Whitehall II Study. <i>European Journal of Nutrition</i> , 2020, 59, 1031-1041.	1.8	14
163	Cross-sectional association of seafood consumption, polyunsaturated fatty acids and depressive symptoms in two Torres Strait communities. <i>Nutritional Neuroscience</i> , 2020, 23, 353-362.	1.5	8
164	EPA and DHA as markers of nutraceutical treatment response in major depressive disorder. <i>European Journal of Nutrition</i> , 2020, 59, 2439-2447.	1.8	19

#	ARTICLE	IF	CITATIONS
165	Daily dietary isoflavone intake in relation to lowered risk of depressive symptoms among men. <i>Journal of Affective Disorders</i> , 2020, 261, 121-125.	2.0	12
166	Amelioration of neurobehavioral and cognitive abilities of F1 progeny following dietary supplementation with <i>Spirulina</i> to protein malnourished mothers. <i>Brain, Behavior, and Immunity</i> , 2020, 85, 69-87.	2.0	21
167	The role of microglia in neuroprogressive disorders: mechanisms and possible neurotherapeutic effects of induced ketosis. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2020, 99, 109858.	2.5	26
168	The influence of health behaviors upon the association between stress and depression and cardiovascular disease. , 2020, , 225-254.		0
169	Wellness Interventions in Psychiatrically Ill Patients: Impact of WILD 5 Wellness, a Five-Domain Mental Health Wellness Intervention on Depression, Anxiety, and Wellness. <i>Journal of the American Psychiatric Nurses Association</i> , 2020, 26, 493-502.	0.4	3
170	Regulation of Reactive Oxygen Species-Mediated Damage in the Pathogenesis of Schizophrenia. <i>Brain Sciences</i> , 2020, 10, 742.	1.1	31
171	Physician Well-Being in Practice. <i>Anesthesia and Analgesia</i> , 2020, 131, 1359-1369.	1.1	10
172	Self-Selection Bias: An Essential Design Consideration for Nutrition Trials in Healthy Populations. <i>Frontiers in Nutrition</i> , 2020, 7, 587983.	1.6	13
173	A mendelian randomization study on causal effects of 25(OH)vitamin D levels on attention deficit/hyperactivity disorder. <i>European Journal of Nutrition</i> , 2021, 60, 2581-2591.	1.8	10
174	Multiple lifestyle factors and depressed mood: a cross-sectional and longitudinal analysis of the UK Biobank (N=84,860). <i>BMC Medicine</i> , 2020, 18, 354.	2.3	60
175	Nutrition and depression: Summary of findings from the EU-funded MoodFOOD depression prevention randomised controlled trial and a critical review of the literature. <i>Nutrition Bulletin</i> , 2020, 45, 403-414.	0.8	8
176	The Role of Diet, Eating Behavior, and Nutrition Intervention in Seasonal Affective Disorder: A Systematic Review. <i>Frontiers in Psychology</i> , 2020, 11, 1451.	1.1	9
177	Omega-3 and Omega-6 fatty acids and risk of psychotic outcomes in the ALSPAC birth cohort. <i>Schizophrenia Research</i> , 2020, 224, 108-115.	1.1	7
178	Self-Reported Diet Quality Differentiates Nutrient Intake, Blood Nutrient Status, Mood, and Cognition: Implications for Identifying Nutritional Neurocognitive Risk Factors in Middle Age. <i>Nutrients</i> , 2020, 12, 2964.	1.7	11
179	Health and nutrition: Social work's role. <i>Social Work in Health Care</i> , 2020, 59, 513-524.	0.8	0
180	Acceptability and feasibility of two interventions in the MoodFOOD Trial: a food-related depression prevention randomised controlled trial in overweight adults with subsyndromal symptoms of depression. <i>BMJ Open</i> , 2020, 10, e034025.	0.8	4
181	Impact of review method on the conclusions of clinical reviews: A systematic review on dietary interventions in depression as a case in point. <i>PLoS ONE</i> , 2020, 15, e0238131.	1.1	18
182	Prevalence of Malnutrition and Depression in Older Adults Living in Nursing Homes in Mexico City. <i>Nutrients</i> , 2020, 12, 2429.	1.7	24

#	ARTICLE	IF	CITATIONS
183	Associations of major depressive disorder and related clinical characteristics with 25-hydroxyvitamin D levels in middle-aged adults. <i>Nutritional Neuroscience</i> , 2022, 25, 1209-1218.	1.5	15
184	Genomic analysis of diet composition finds novel loci and associations with health and lifestyle. <i>Molecular Psychiatry</i> , 2021, 26, 2056-2069.	4.1	79
185	Dietary intake of glucoraphanin during pregnancy and lactation prevents the behavioral abnormalities in the offspring after maternal immune activation. <i>Neuropsychopharmacology Reports</i> , 2020, 40, 268-274.	1.1	16
186	A two arm randomized controlled trial comparing the short and long term effects of an elimination diet and a healthy diet in children with ADHD (TRACE study). Rationale, study design and methods. <i>BMC Psychiatry</i> , 2020, 20, 262.	1.1	6
187	Complementary Medicine and Natural Medications in Psychiatry: A Guide for the Consultation-Liaison Psychiatrist. <i>Psychosomatics</i> , 2020, 61, 508-517.	2.5	2
188	Assessing the Evidence of Micronutrients on Depression among Children and Adolescents: An Evidence Gap Map. <i>Advances in Nutrition</i> , 2020, 11, 908-927.	2.9	11
189	Aging and Coronavirus: Exploring Complementary Therapies to Avoid Inflammatory Overload. <i>Frontiers in Medicine</i> , 2020, 7, 354.	1.2	3
190	Nutraceuticals in Neurological Disorders. <i>International Journal of Molecular Sciences</i> , 2020, 21, 4424.	1.8	92
191	The study protocol for a pseudo-randomised pre-post designed controlled intervention trial to study the effects of a 7-week cooking program on self-efficacy and biomarkers of health: the ECU lifestyle and biomarkers get connected study (ECULABJMOF) including the Jamie's Ministry of Food WA participant experience. <i>BMC Public Health</i> , 2020, 20, 1037.	1.2	3
192	Treating impulsivity with probiotics in adults (PROBIA): study protocol of a multicenter, double-blind, randomized, placebo-controlled trial. <i>Trials</i> , 2020, 21, 161.	0.7	21
193	A multi-national, multi-disciplinary Delphi consensus study on using omega-3 polyunsaturated fatty acids (n-3 PUFAs) for the treatment of major depressive disorder. <i>Journal of Affective Disorders</i> , 2020, 265, 233-238.	2.0	12
194	Is There an Association Between Diet, Physical Activity and Depressive Symptoms in the Perinatal Period? An Analysis of the UPBEAT Cohort of Obese Pregnant Women. <i>Maternal and Child Health Journal</i> , 2020, 24, 1482-1493.	0.7	8
195	Which sleep hygiene factors are important? comprehensive assessment of lifestyle habits and job environment on sleep among office workers. <i>Sleep Health</i> , 2020, 6, 288-298.	1.3	28
196	Adherence to the Australian dietary guidelines and development of depressive symptoms at 5 years follow-up amongst women in the READI cohort study. <i>Nutrition Journal</i> , 2020, 19, 30.	1.5	12
197	Omega-3 fatty acids and mental health. <i>Global Health Journal (Amsterdam, Netherlands)</i> , 2020, 4, 18-30.	1.9	70
198	Lifestyle behaviours during the COVID-19 "time to connect". <i>Acta Psychiatrica Scandinavica</i> , 2020, 141, 399-400.	2.2	183
199	The effect of a raw vs dry diet on serum biochemical, hematologic, blood iron, B 12 , and folate levels in Staffordshire Bull Terriers. <i>Veterinary Clinical Pathology</i> , 2020, 49, 258-269.	0.3	17
200	Nutritional psychiatry in the treatment of psychotic disorders: Current hypotheses and research challenges. <i>Brain, Behavior, & Immunity - Health</i> , 2020, 5, 100070.	1.3	18

#	ARTICLE	IF	CITATIONS
201	Adherence to Life-Style Recommendations and Attention-Deficit/Hyperactivity Disorder: A Population-Based Study of Children Aged 10 to 11 Years. <i>Psychosomatic Medicine</i> , 2020, 82, 305-315.	1.3	16
202	Association Between Macronutrients Intake and Depression in the United States and South Korea. <i>Frontiers in Psychiatry</i> , 2020, 11, 207.	1.3	31
203	Gut-brain axis: A matter of concern in neuropsychiatric disorders. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2021, 104, 110051.	2.5	42
204	Brain foods - the role of diet in brain performance and health. <i>Nutrition Reviews</i> , 2021, 79, 693-708.	2.6	21
205	Maternal dietary patterns and depressive symptoms during pregnancy: The Born in Guangzhou Cohort Study. <i>Clinical Nutrition</i> , 2021, 40, 3485-3494.	2.3	7
206	Goals in Nutrition Science 2020-2025. <i>Frontiers in Nutrition</i> , 2021, 7, 606378.	1.6	20
207	A Comparison of Mental Health, Food Insecurity, and Diet Quality Indicators between Foreign-Born Immigrants of Canada and Native-Born Canadians. <i>Journal of Hunger and Environmental Nutrition</i> , 2021, 16, 109-132.	1.1	15
208	Finding Horcrux of psychiatric symptoms in COVID-19: Deficiencies of amino acids and vitamin D. <i>Asian Journal of Psychiatry</i> , 2021, 55, 102523.	0.9	8
209	Does diet play a role in the prevention and management of depression among adolescents? A narrative review. <i>Nutrition and Health</i> , 2021, 27, 243-263.	0.6	19
210	Therapeutic Potentials of <i>Syzygium fruticosum</i> Fruit (Seed) Reflected into an Array of Pharmacological Assays and Prospective Receptors-Mediated Pathways. <i>Life</i> , 2021, 11, 155.	1.1	35
211	Chilean Digital Press Coverage of the Relation between Diet and Mental Health. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2273.	1.2	1
212	Nutritional supplementation in the treatment of violent and aggressive behavior: A systematic review. <i>Aggressive Behavior</i> , 2021, 47, 296-309.	1.5	4
213	Australian mental health practitioners' reported practice, beliefs, and barriers to the prescription of dietary change for mental health conditions. <i>Australian Psychologist</i> , 2021, 56, 245-255.	0.9	5
214	"An Apple a Day": Psychiatrists, Psychologists and Psychotherapists Report Poor Literacy for Nutritional Medicine: International Survey Spanning 52 Countries. <i>Nutrients</i> , 2021, 13, 822.	1.7	18
215	The effect of dietary approaches to stop hypertension (DASH) diet on attention-deficit hyperactivity disorder (ADHD) symptoms: a randomized controlled clinical trial. <i>European Journal of Nutrition</i> , 2021, 60, 3647-3658.	1.8	9
216	Nutrition-based interventions for mood disorders. <i>Expert Review of Neurotherapeutics</i> , 2021, 21, 303-315.	1.4	25
217	Diet and the Microbiota-Gut-Brain Axis: Sowing the Seeds of Good Mental Health. <i>Advances in Nutrition</i> , 2021, 12, 1239-1285.	2.9	125
218	Free Food at Work: A Concept Analysis. <i>Workplace Health and Safety</i> , 2021, 69, 277-289.	0.7	3

#	ARTICLE	IF	CITATIONS
219	Cut Microbiota and Bipolar Disorder: An Overview on a Novel Biomarker for Diagnosis and Treatment. <i>International Journal of Molecular Sciences</i> , 2021, 22, 3723.	1.8	31
220	Non-Western interventions for stress reduction and resilience. <i>BJ Psych Advances</i> , 2021, 27, 198-200.	0.5	1
221	Nutrition-focused group intervention with a strength-based counseling approach for people with clinical depression: a study protocol for the Food for Mind randomized controlled trial. <i>Trials</i> , 2021, 22, 344.	0.7	2
222	Augmenting Clinical Interventions in Psychiatric Disorders: Systematic Review and Update on Nutrition. <i>Frontiers in Psychiatry</i> , 2021, 12, 565583.	1.3	3
223	Therapeutic Opportunities for Food Supplements in Neurodegenerative Disease and Depression. <i>Frontiers in Nutrition</i> , 2021, 8, 669846.	1.6	21
224	Nutritional Status and Adverse Outcomes in Older Depressed Inpatients: A Prospective Study. <i>Journal of Nutrition, Health and Aging</i> , 2021, 25, 889-894.	1.5	3
225	Association between diet and symptoms of anxiety and depression in college students: A systematic review. <i>Journal of American College Health</i> , 2021, , 1-11.	0.8	7
226	Treatment of Refractory Obsessive-Compulsive Disorder with Nutraceuticals (TRON): A 20-week, open label pilot study. <i>CNS Spectrums</i> , 2021, , 1-35.	0.7	4
228	Environmental Risk Factors for Schizophrenia and Bipolar Disorder and Their Relationship to Genetic Risk: Current Knowledge and Future Directions. <i>Frontiers in Genetics</i> , 2021, 12, 686666.	1.1	61
229	The impact of dietary macronutrient intake on cognitive function and the brain. <i>Clinical Nutrition</i> , 2021, 40, 3999-4010.	2.3	50
230	Nutrition, Exercise, and Stress Management for Treatment and Prevention of Psychiatric Disorders. A Narrative Review Psychoneuroendocrineimmunology-Based. <i>Endocrines</i> , 2021, 2, 226-240.	0.4	3
231	Diet, Sleep, and Mental Health: Insights from the UK Biobank Study. <i>Nutrients</i> , 2021, 13, 2573.	1.7	37
232	The Influence of Human Support on the Effectiveness of Digital Mental Health Promotion Interventions for the General Population. <i>Frontiers in Psychology</i> , 2021, 12, 716106.	1.1	16
233	Prospective study on the association between serum amino acid profiles and depressive symptoms among the Japanese working population. <i>PLoS ONE</i> , 2021, 16, e0256337.	1.1	2
234	Converging vulnerability factors for compulsive food and drug use. <i>Neuropharmacology</i> , 2021, 196, 108556.	2.0	11
235	Significant reduction in depressive symptoms among patients with moderately-severe to severe depressive symptoms after participation in a therapist-supported, evidence-based mobile health program delivered via a smartphone app. <i>Internet Interventions</i> , 2021, 25, 100408.	1.4	14
236	The Safety and Efficacy of Botanicals with Nootropic Effects. <i>Current Neuropharmacology</i> , 2021, 19, 1442-1467.	1.4	8
237	Nutrition, nutritional deficiencies, and schizophrenia: An association worthy of constant reassessment. <i>World Journal of Clinical Cases</i> , 2021, 9, 8295-8311.	0.3	14

#	ARTICLE	IF	CITATIONS
238	The Effects of Vitamin-Mineral Supplements on Serious Rule Violations in Correctional Facilities for Young Adult Male Inmates: A Randomized Controlled Trial. <i>Crime and Delinquency</i> , 2023, 69, 822-840.	1.1	6
239	A Macropsychology Perspective on Food Systems. , 2021, , 287-302.		0
240	Nutritional concerns of survivors of childhood cancer: A "First World" perspective. <i>Pediatric Blood and Cancer</i> , 2020, 67, e28193.	0.8	14
241	Recent trends in mental illness and omega-3 fatty acids. <i>Journal of Neural Transmission</i> , 2020, 127, 1491-1499.	1.4	16
242	Dietary creatine intake and depression risk among U.S. adults. <i>Translational Psychiatry</i> , 2020, 10, 52.	2.4	39
243	Nutrition and behavioral health disorders: depression and anxiety. <i>Nutrition Reviews</i> , 2021, 79, 247-260.	2.6	111
244	<p>Healthy Eating, Physical Activity, and Sleep Hygiene (HEPAS) as the Winning Triad for Sustaining Physical and Mental Health in Patients at Risk for or with Neuropsychiatric Disorders: Considerations for Clinical Practice</p>. <i>Neuropsychiatric Disease and Treatment</i> , 2020, Volume 16, 55-70.	1.0	48
245	Diet and Neurocognition in Mood Disorders - An Overview of the Overlooked. <i>Current Pharmaceutical Design</i> , 2020, 26, 2353-2362.	0.9	11
246	Omega-3 Fatty Acids and Vulnerability to Addiction: Reviewing Preclinical and Clinical Evidence. <i>Current Pharmaceutical Design</i> , 2020, 26, 2385-2401.	0.9	7
247	Cognitive and Neurochemical Changes Following Polyphenol-Enriched Diet in Rats. <i>Nutrients</i> , 2021, 13, 59.	1.7	6
248	Health benefits induced by adherence to the Mediterranean lifestyle components diet and physical activity. <i>Annales Kinesiologiae</i> , 2020, 10, 15-30.	0.0	1
249	Nutritional psychiatry: An evolving concept. <i>Journal of Research in Medical Sciences</i> , 2017, 22, 88.	0.4	2
250	Medical nutrition in mental health and disorders. <i>Indian Journal of Psychiatry</i> , 2017, 59, 143.	0.4	6
253	Healthy Habits and Emotional Balance in Women during the Postpartum Period: Differences between Term and Preterm Delivery. <i>Children</i> , 2021, 8, 937.	0.6	10
254	Anxiety Status and Coping Strategies in Association with Sociodemographic Factors, Dietary and Lifestyle Habits in Greece. <i>Clinical Practice and Epidemiology in Mental Health</i> , 2021, 17, 152-160.	0.6	1
255	Psychosis Resulting From Herbs Rather Than Nutrients. primary care companion for CNS disorders, <i>The</i> , 2016, 18, .	0.2	1
256	Motivational interviewing: Its role for the management of mental disorders in primary care. , 2017, , .		0
258	Pathogenetic effects of folate-containing combined oral contraceptive in patients with PCOS. <i>Russian Journal of Human Reproduction</i> , 2018, 24, 21.	0.1	0

#	ARTICLE	IF	CITATIONS
259	Nutrition in Neurocognition and Mental Health. , 2019, , 623-651.		0
260	Rond de zwangerschap. , 2020, , 193-219.		0
261	Nut Consumption and Noncommunicable Diseases. , 2020, , 441-452.		0
262	Different Cases of SARS-CoV-2 Infection and Its Impact on Health and Economy with Special Emphasis on Antiviral Drug Targets. Journal of Pure and Applied Microbiology, 2020, 14, 799-816.	0.3	1
263	Food Fix: How Food Changes Mental Health and Behavior. Alternative and Complementary Therapies, 2020, 26, 255-257.	0.1	0
264	Associations of depression and intake of antioxidants and vitamin B complex: Results of the Brazilian Longitudinal Study of Adult Health (ELSA-Brasil). Journal of Affective Disorders, 2022, 297, 259-268.	2.0	10
265	Tenâ€week high fat and high sugar diets in mice alter gutâ€brain axis cytokines in a sexâ€dependent manner. Journal of Nutritional Biochemistry, 2022, 100, 108903.	1.9	4
268	Validity and reliability of Turkish version of the Foodâ€Mood Questionnaire for university students. Public Health Nutrition, 2021, , 1-9.	1.1	1
269	Integrative Therapies in Anxiety Treatment with Special Emphasis on the Gut Microbiome. Yale Journal of Biology and Medicine, 2016, 89, 397-422.	0.2	30
270	Design and pilot evaluation of an evidence-based worksheet and clinician guide to facilitate nutrition counselling for patients with severe mental illness. BMC Psychiatry, 2021, 21, 556.	1.1	0
271	Role of <i>Bifidobacterium</i> spp. intake in improving depressive mood and well-being and its link to kynurenine blood level: an interventional study. Journal of Complementary and Integrative Medicine, 2023, 20, 223-232.	0.4	5
272	Mediterranean diet and depression: a population-based cohort study. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 153.	2.0	45
273	Healthy diet, depression and quality of life: A narrative review of biological mechanisms and primary prevention opportunities. World Journal of Psychiatry, 2021, 11, 997-1016.	1.3	16
274	The association of plant-based dietary patterns and psychological disorders among Iranian adults. Journal of Affective Disorders, 2022, 300, 314-321.	2.0	6
275	Effects of multivitamin, mineral and n-3 polyunsaturated fatty acid supplementation on aggression among long-stay psychiatric in-patients: randomised clinical trial. BJPsych Open, 2022, 8, e42.	0.3	2
276	Quality of clinical management of cardiometabolic risk factors in patients with severe mental illness in a specialist mental health care setting. Nordic Journal of Psychiatry, 2022, 76, 602-609.	0.7	5
277	Adherence to Mediterranean Diet and Depressive Symptomatology Among Boston Area Puerto Ricans. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2023, 78, 258-266.	1.7	2

#	ARTICLE	IF	CITATIONS
279	Does the evidence support a relationship between higher levels of nut consumption, lower risk of depression, and better mood state in the general population? A systematic review. <i>Nutrition Reviews</i> , 2022, 80, 2076-2088.	2.6	11
280	Treatment-resistant depression reconsidered. <i>SSM Mental Health</i> , 2022, 2, 100081.	0.9	4
281	Interplay of Nutrition and Psychoneuroendocrine-immune Modulation: Relevance for COVID-19 in BRICS Nations. <i>Frontiers in Microbiology</i> , 2021, 12, 769884.	1.5	3
282	Lifestyle patterns associated with common mental disorders in Brazilian adolescents: Results of the Study of Cardiovascular Risks in Adolescents (ERICA). <i>PLoS ONE</i> , 2021, 16, e0261261.	1.1	6
283	Earth Dreams: Reimagining ARPA for Health of People, Places and Planet. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12788.	1.2	6
290	Does Neuroinflammation Underlie the Cognitive Changes Observed With Dietary Interventions?. <i>Frontiers in Neuroscience</i> , 2022, 16, .	1.4	2
291	Diet and food in attention-deficit hyperactivity disorder. <i>Journal of Future Foods</i> , 2022, 2, 112-118.	2.0	4
292	Status Quo of Research on Correlation between Zinc and Depression in View of the Bibliometric Analyses and Systematic Reviews (from 2007 to 2021). <i>SSRN Electronic Journal</i> , 0, , .	0.4	0
293	Scope of Use and Effectiveness of Dietary Interventions for Improving Health-Related Outcomes in Veterans: A Systematic Review. <i>Nutrients</i> , 2022, 14, 2094.	1.7	4
295	Cross-Sectional Associations of Intakes of Starch and Sugars with Depressive Symptoms in Young and Middle-Aged Japanese Women: Three-Generation Study of Women on Diets and Health. <i>Nutrients</i> , 2022, 14, 2400.	1.7	0
296	Nutritional Needs in Mental Healthcare: Study Protocol of a Prospective Analytic Observational Study Assessing Nutritional Status, Eating Behavior and Barriers to Healthy Eating in Psychiatric Inpatients and Outpatients Compared to Healthy Adults. <i>Frontiers in Psychiatry</i> , 0, 13, .	1.3	4
297	Nutraceuticals as a Therapeutic Promise in Healthy Aging and Neurocognitive Disorders. , 0, , .		0
298	A review of natural foods consumed during the COVID-19 pandemic life. <i>Postepy Higieny I Medycyny Doswiadczalnej</i> , 2022, 76, 188-198.	0.1	1
305	Psychiatric Perspective of Trichotillomania and Response to Nutritional Supplements. <i>International Society of Hair Restoration Surgery</i> , 2022, 32, 123-126.	0.1	0
306	Centering Culture in Mental Health: Differences in Diagnosis, Treatment, and Access to Care Among Older People of Color. <i>American Journal of Geriatric Psychiatry</i> , 2022, 30, 1234-1251.	0.6	4
308	Nutrition and mental health: A review of current knowledge about the impact of diet on mental health. <i>Frontiers in Nutrition</i> , 0, 9, .	1.6	37
309	Changes in dietary patterns among Bangladeshi adult population during the COVID-19 pandemic: A web-based cross-sectional study. <i>Heliyon</i> , 2022, 8, e10349.	1.4	3
310	Low-grade inflammation as mediator between diet and behavioral disinhibition: A UK Biobank study. <i>Brain, Behavior, and Immunity</i> , 2022, 106, 100-110.	2.0	13

#	ARTICLE	IF	CITATIONS
311	Nutrition and Depression. , 2022, , 139-169.		0
312	Neuronutrici3n: repercusiones de los excesos y de las deficiencias nutricionales. Revista De Nutrici3n Cl3nica Y Metabolismo, 2022, 5, 4-14.	0.3	0
313	Daytime eating prevents mood vulnerability in night work. Proceedings of the National Academy of Sciences of the United States of America, 2022, 119, .	3.3	8
314	Population Health, Prevention, and Community Psychiatry. , 2022, , 33-41.		0
315	The associations4of dietary habits with health, well4being, and behavior in adolescents: A cluster analysis. Child: Care, Health and Development, 2023, 49, 497-507.	0.8	4
316	Mental health knowledge and awareness among university students in Bangladesh. Heliyon, 2022, 8, e11084.	1.4	4
317	Excess resource use and costs of physical comorbidities in individuals with mental health disorders: A systematic literature review and meta-analysis. European Neuropsychopharmacology, 2023, 66, 14-27.	0.3	8
318	Exercise, Mediterranean Diet Adherence or Both during Pregnancy to Prevent Postpartum Depression4GESTAFIT Trial Secondary Analyses. International Journal of Environmental Research and Public Health, 2022, 19, 14450.	1.2	4
319	Halting the Metabolic Complications of Antipsychotic Medication in Patients with a First Episode of Psychosis: How Far Can We Go with the Mediterranean Diet? A Pilot Study. Nutrients, 2022, 14, 5012.	1.7	2
320	SVCT24mediated4ascorbic acid uptake buffers stress responses via DNA hydroxymethylation reprogramming of S100 calcium-binding protein A4 gene. Redox Biology, 2022, 58, 102543.	3.9	4
322	Causal effects of fatty acids on depression: Mendelian randomization study. Frontiers in Nutrition, 0, 9, .	1.6	7
323	Association of Soyfoods or Soybean Products Consumption with Psychological Symptoms: Evidence from a Cross-Sectional Study of Chinese University Students during the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 2023, 20, 819.	1.2	0
324	TNF-14 Mediates the Association between Dietary Inflammatory Index and Depressive Symptoms in Breast Cancer. Nutrients, 2023, 15, 84.	1.7	3
325	Plant and animal protein intake and its association with depression, anxiety, and stress among Iranian women. BMC Public Health, 2023, 23, .	1.2	4
326	The Role of Probiotics and Their Metabolites in the Treatment of Depression. Molecules, 2023, 28, 3213.	1.7	4
327	Nutritional supplementation in the management of childhood/youth aggression: A systematic review. Aggression and Violent Behavior, 2023, 71, 101841.	1.2	0
328	Leucine deprivation results in antidepressant effects via GCN2 in AgRP neurons. , 2023, 2, .		2
330	A Review of the Effects of the COVID-19 Pandemic on Children and Adolescents4Mental Health. Current Pediatric Reviews, 2023, 19, .	0.4	0

#	ARTICLE	IF	CITATIONS
331	Niacin Skin Flush Backsâ€™From the Roots of the Test to Nowadays Hope. Journal of Clinical Medicine, 2023, 12, 1879.	1.0	1
332	Mental Health, Behavioral, and Developmental Conditions. , 2023, , .		0
333	Something to Snack on: Can Dietary Modulators Boost Mind and Body?. Nutrients, 2023, 15, 1356.	1.7	0
334	Ketogenic diet for mood disorders from animal models to clinical application. Journal of Neural Transmission, 0, , .	1.4	0
336	Stigma and Barriers to Care for Mental Health Treatment for Military and Veteran Populations. , 2023, , 45-85.		0
337	Association between ultra-processed foods and recurrence of depressive symptoms: the Whitehall II cohort study. Nutritional Neuroscience, 0, , 1-13.	1.5	1
343	Nutraceuticals and bioactive components of herbal extract in the treatment and prevention of neurological disorders. , 2023, , 577-600.		0
347	Nutrition in the Management of ADHD: A Review of Recent Research. Current Nutrition Reports, 2023, 12, 383-394.	2.1	4
364	The Role of Dietary Fiber in Promoting Health: A Review of Choice and Outcomes. , 2023, , 493-508.		0
367	An Overview of the Potential Role of Nutrition in Mental Disorders in the Light of Advances in Nutripsychiatry. Current Nutrition Reports, 0, , .	2.1	0
371	Microbial-related treatments. , 2024, , 221-243.		0
372	Impacts of Omega-3 Fatty Acids, Natural Elixirs for Neuronal Health, on Brain Development and Functions. Methods in Molecular Biology, 2024, , 209-229.	0.4	0