

# Adherence to Mediterranean diet and risk of cancer: an meta-analysis of observational studies

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Adherence to Mediterranean diet and risk of cancer: an updated systematic review and meta-analysis of observational studies. <i>Cancer Medicine</i> , 2015, 4, 1933-1947.	1.3	228
2	Ronda cl�nica y epidemiol�gica: club de revistas. <i>Iatreia</i> , 2016, 29, .	0.1	0
3	Mediterranean diet in the southern Croatia – does it still exist?. <i>Croatian Medical Journal</i> , 2016, 57, 415-424.	0.2	36
4	Association between selected dietary scores and the risk of urothelial cell carcinoma: A prospective cohort study. <i>International Journal of Cancer</i> , 2016, 139, 1251-1260.	2.3	47
5	Does a Mediterranean-Type Diet Reduce Cancer Risk?. <i>Current Nutrition Reports</i> , 2016, 5, 9-17.	2.1	90
6	Mediterranean diet adherence in children and adolescents in southern European countries. <i>NFS Journal</i> , 2016, 3, 13-19.	1.9	122
7	Anti-cancer properties of olive oil secoiridoid phenols: a systematic review of in vivo studies. <i>Food and Function</i> , 2016, 7, 4145-4159.	2.1	123
8	High red meat intake and all-cause cardiovascular and cancer mortality: is the risk modified by fruit and vegetable intake?. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 1137-1143.	2.2	73
9	Effect of diet on mortality and cancer recurrence among cancer survivors: a systematic review and meta-analysis of cohort studies. <i>Nutrition Reviews</i> , 2016, 74, 737-748.	2.6	190
10	Dietary patterns and risk of colorectal adenoma: a systematic review and meta-analysis of observational studies. <i>Journal of Human Nutrition and Dietetics</i> , 2016, 29, 757-767.	1.3	34
11	Food groups and risk of chronic disease: a protocol for a systematic review and network meta-analysis of cohort studies. <i>Systematic Reviews</i> , 2016, 5, 125.	2.5	16
12	Mediterranean Diet and cancer risk: an open issue. <i>International Journal of Food Sciences and Nutrition</i> , 2016, 67, 593-605.	1.3	29
13	Medicinal plants of the genres <i>Salvia</i> and <i>Hypericum</i> are sources of anticolon cancer compounds: Effects on PI3K/Akt and MAP kinases pathways. <i>PharmaNutrition</i> , 2016, 4, 112-122.	0.8	6
14	Mediterranean diet supplemented with extra virgin olive oil reduces the incidence of invasive breast cancer in a randomised controlled trial. <i>Evidence-Based Medicine</i> , 2016, 21, 72-72.	0.6	11
15	Postdiagnostic Mediterranean and Healthy Nordic Dietary Patterns Are Inversely Associated with All-Cause Mortality in Long-Term Colorectal Cancer Survivors. <i>Journal of Nutrition</i> , 2017, 147, 636-644.	1.3	45
16	Adherence to the Mediterranean diet and nasopharyngeal cancer risk in Italy. <i>Cancer Causes and Control</i> , 2017, 28, 89-95.	0.8	77
17	Lifestyle modifications for patients with breast cancer to improve prognosis and optimize overall health. <i>Cmaj</i> , 2017, 189, E268-E274.	0.9	67
18	Mediterranean diet adherence and risk of postmenopausal breast cancer: results of a cohort study and meta-analysis. <i>International Journal of Cancer</i> , 2017, 140, 2220-2231.	2.3	186

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19	Food groups and risk of type 2 diabetes mellitus: a systematic review and meta-analysis of prospective studies. <i>European Journal of Epidemiology</i> , 2017, 32, 363-375.	2.5	522
20	Food groups and risk of all-cause mortality: a systematic review and meta-analysis of prospective studies. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1462-1473.	2.2	413
21	Impact of different dietary approaches on blood pressure in hypertensive and prehypertensive patients: protocol for a systematic review and network meta-analysis. <i>BMJ Open</i> , 2017, 7, e014736.	0.8	16
22	Differences in the association between empirically derived dietary patterns and cancer: a meta-analysis. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 402-410.	1.3	16
23	Are self-reported unhealthy food choices associated with an increased risk of breast cancer? Prospective cohort study using the British Food Standards Agency nutrient profiling system. <i>BMJ Open</i> , 2017, 7, e013718.	0.8	31
24	Association between polyphenol intake and adherence to the Mediterranean diet in Sicily, southern Italy. <i>NFS Journal</i> , 2017, 8, 1-7.	1.9	50
25	Adherence to Mediterranean diet and risk of gastric cancer: results of a case-control study in Italy. <i>European Journal of Cancer Prevention</i> , 2017, 26, 491-496.	0.6	27
26	Anticancer effects of oleuropein. <i>BioFactors</i> , 2017, 43, 517-528.	2.6	76
27	Impact of different dietary approaches on glycemic control and cardiovascular risk factors in patients with type 2 diabetes: a protocol for a systematic review and network meta-analysis. <i>Systematic Reviews</i> , 2017, 6, 57.	2.5	18
28	The Mediterranean healthy eating, ageing, and lifestyle (MEAL) study: rationale and study design. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 577-586.	1.3	53
29	Prognostic Value of Myocardial Perfusion Analysis in Patients with Coronary Artery Disease: A Meta-Analysis. <i>Journal of the American Society of Echocardiography</i> , 2017, 30, 270-281.	1.2	7
30	Rationale and design of feeding America's bravest: Mediterranean diet-based intervention to change firefighters' eating habits and improve cardiovascular risk profiles. <i>Contemporary Clinical Trials</i> , 2017, 61, 101-107.	0.8	38
31	Association between Mediterranean diet and head and neck cancer: results of a large case-control study in Italy. <i>European Journal of Cancer Prevention</i> , 2017, 26, 418-423.	0.6	27
32	Inflammation: a New Player in the Link Between Mediterranean Diet and Diabetes Mellitus: a Review. <i>Current Nutrition Reports</i> , 2017, 6, 247-256.	2.1	13
33	Digital health behaviour change interventions targeting physical activity and diet in cancer survivors: a systematic review and meta-analysis. <i>Journal of Cancer Survivorship</i> , 2017, 11, 704-719.	1.5	179
34	Dietary Patterns and Colorectal Cancer Risk: a Review of 17 Years of Evidence (2000-2016). <i>Current Colorectal Cancer Reports</i> , 2017, 13, 440-454.	1.0	82
35	Greater adherence to a Mediterranean diet is associated with lower prevalence of colorectal adenomas in men of all races. <i>Nutrition Research</i> , 2017, 48, 76-84.	1.3	15
36	Preliminary results demonstrating the impact of Mediterranean diet on bone health. <i>Journal of Translational Medicine</i> , 2017, 15, 81.	1.8	48

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37	Shorter GGN Repeats in Androgen Receptor Gene Would Not Increase the Risk of Prostate Cancer. <i>Technology in Cancer Research and Treatment</i> , 2017, 16, 159-166.	0.8	8
38	Vegetarianism and breast, colorectal and prostate cancer risk: an overview and meta-analysis of cohort studies. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 349-359.	1.3	72
39	Healthy dietary patterns and incidence of biliary tract and gallbladder cancer in a prospective study of women and men. <i>European Journal of Cancer</i> , 2017, 70, 42-47.	1.3	25
40	Melatonin: Protection against age-related cardiac pathology. <i>Ageing Research Reviews</i> , 2017, 35, 336-349.	5.0	58
42	The Mediterranean Diet in the Prevention of Degenerative Chronic Diseases. , 0, , .		1
43	The Effects of Dietary Nutrition Education on Weight and Health Biomarkers in Breast Cancer Survivors. <i>Medical Sciences (Basel, Switzerland)</i> , 2017, 5, 12.	1.3	14
44	Trends of Adherence to the Mediterranean Dietary Pattern in Northern Italy from 2010 to 2016. <i>Nutrients</i> , 2017, 9, 734.	1.7	43
45	Ten-Year Trends (1999-2010) of Adherence to the Mediterranean Diet among the Balearic Islands' Adult Population. <i>Nutrients</i> , 2017, 9, 749.	1.7	16
46	Adherence to Mediterranean Diet and Risk of Cancer: An Updated Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2017, 9, 1063.	1.7	440
47	Transferability of the Mediterranean Diet to Non-Mediterranean Countries. What Is and What Is Not the Mediterranean Diet. <i>Nutrients</i> , 2017, 9, 1226.	1.7	195
48	Socio-Demographic Determinants of Diet Quality in Australian Adults Using the Validated Healthy Eating Index for Australian Adults (HEIFA-2013). <i>Healthcare (Switzerland)</i> , 2017, 5, 7.	1.0	51
49	Mediterranean Diet: Prevention of Colorectal Cancer. <i>Frontiers in Nutrition</i> , 2017, 4, 59.	1.6	64
50	Fibrous sheath interacting protein 1 overexpression is associated with unfavorable prognosis in bladder cancer: a potential therapeutic target. <i>OncoTargets and Therapy</i> , 2017, Volume 10, 3949-3956.	1.0	8
51	Diet and endometrial cancer: a focus on the role of fruit and vegetable intake, Mediterranean diet and dietary inflammatory index in the endometrial cancer risk. <i>BMC Cancer</i> , 2017, 17, 757.	1.1	32
52	The RS4939827 polymorphism in the SMAD7 GENE and its association with Mediterranean diet in colorectal carcinogenesis. <i>BMC Medical Genetics</i> , 2017, 18, 122.	2.1	4
53	Impact of dietary patterns and the main food groups on mortality and recurrence in cancer survivors: a systematic review of current epidemiological literature. <i>BMJ Open</i> , 2018, 8, e014530.	0.8	68
54	The association between the Mediterranean diet and magnetic resonance parameters for knee osteoarthritis: data from the Osteoarthritis Initiative. <i>Clinical Rheumatology</i> , 2018, 37, 2187-2193.	1.0	15
55	A modified Mediterranean diet score is inversely associated with metabolic syndrome in Korean adults. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 1682-1689.	1.3	12

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56	Diet and supplements in cancer prevention and treatment: Clinical evidences and future perspectives. <i>Critical Reviews in Oncology/Hematology</i> , 2018, 123, 57-73.	2.0	41
57	Nutritional Therapy in Gastrointestinal Cancers. <i>Gastroenterology Clinics of North America</i> , 2018, 47, 231-242.	1.0	32
58	The effects of the Mediterranean diet on rheumatoid arthritis prevention and treatment: a systematic review of human prospective studies. <i>Rheumatology International</i> , 2018, 38, 737-747.	1.5	109
59	A network meta-analysis on the comparative efficacy of different dietary approaches on glycaemic control in patients with type 2 diabetes mellitus. <i>European Journal of Epidemiology</i> , 2018, 33, 157-170.	2.5	163
60	Olive oil and prevention of chronic diseases: Summary of an International conference. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 649-656.	1.1	113
61	Intakes of citrus fruit and risk of esophageal cancer. <i>Medicine (United States)</i> , 2018, 97, e0018.	0.4	20
62	Consensus paper on the executive summary of the international conference on Mediterranean diet and health: a lifelong approach—an Italian initiative supported by the Mediterranean Diet Foundation and the Menarini Foundation. <i>Nutrition</i> , 2018, 51-52, 38-45.	1.1	16
63	Mediterranean diet and multiple health outcomes: an umbrella review of meta-analyses of observational studies and randomised trials. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 30-43.	1.3	628
64	Mediterranean diet adherence in the Mediterranean healthy eating, aging and lifestyle (MEAL) study cohort. <i>International Journal of Food Sciences and Nutrition</i> , 2018, 69, 100-107.	1.3	79
65	Translating Mechanism-Based Strategies to Break the Obesity-Cancer Link: A Narrative Review. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 652-667.	0.4	21
66	Diet Quality as Assessed by the Healthy Eating Index, Alternate Healthy Eating Index, Dietary Approaches to Stop Hypertension Score, and Health Outcomes: An Updated Systematic Review and Meta-Analysis of Cohort Studies. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 74-100.e11.	0.4	445
67	High adherence to Mediterranean diet, but not individual foods or nutrients, is associated with lower likelihood of being obese in a Mediterranean cohort. <i>Eating and Weight Disorders</i> , 2018, 23, 605-614.	1.2	29
68	Do cancer patients change their diet in the e-health information era? A review of the literature and a survey as a proposal for the Italian population. <i>Food Research International</i> , 2018, 104, 59-68.	2.9	19
69	Lifestyle Modifications and Policy Implications for Primary and Secondary Cancer Prevention: Diet, Exercise, Sun Safety, and Alcohol Reduction. <i>American Society of Clinical Oncology Educational Book / ASCO American Society of Clinical Oncology Meeting</i> , 2018, 38, 88-100.	1.8	34
70	Nutritional implications for quality of life in bladder cancer survivors. <i>Translational Andrology and Urology</i> , 2018, 7, S688-S691.	0.6	1
71	Mediterranean dietary components are inversely associated with advanced colorectal polyps: A case-control study. <i>World Journal of Gastroenterology</i> , 2018, 24, 2617-2627.	1.4	21
72	Western Dietary Pattern, But not Mediterranean Dietary Pattern, Increases the Risk of Prostate Cancer. <i>Nutrition and Cancer</i> , 2018, 70, 851-859.	0.9	23
73	A blueprint for the primary prevention of cancer: Targeting established, modifiable risk factors. <i>Ca-A Cancer Journal for Clinicians</i> , 2018, 68, 446-470.	157.7	42

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74	Genotoxicity of heterocyclic amines (HCAs) on freshly isolated human peripheral blood mononuclear cells (PBMC) and prevention by phenolic extracts derived from olive, olive oil and olive leaves. <i>Food and Chemical Toxicology</i> , 2018, 122, 234-241.	1.8	12
75	Nutritional quality of food as represented by the FSA-m-NPS nutrient profiling system underlying the Nutri-Score label and cancer risk in Europe: Results from the EPIC prospective cohort study. <i>PLoS Medicine</i> , 2018, 15, e1002651.	3.9	63
76	Extra-virgin Olive Oil and Cancer. <i>Practical Issues in Geriatrics</i> , 2018, , 97-113.	0.3	0
77	A randomized controlled trial of Mediterranean diet and metformin to prevent age-related diseases in people with metabolic syndrome. <i>Tumori</i> , 2018, 104, 137-142.	0.6	12
78	The influence of diet on anti-cancer immune responsiveness. <i>Journal of Translational Medicine</i> , 2018, 16, 75.	1.8	158
79	Wine: An Aspiring Agent in Promoting Longevity and Preventing Chronic Diseases. <i>Diseases (Basel)</i> , 2018, 6, 107-114.	1.0	38
80	Phenolic Compounds Isolated from Olive Oil as Nutraceutical Tools for the Prevention and Management of Cancer and Cardiovascular Diseases. <i>International Journal of Molecular Sciences</i> , 2018, 19, 2305.	1.8	73
81	Mediterranean diet and risk of rheumatoid arthritis: a population-based case-control study. <i>Arthritis Research and Therapy</i> , 2018, 20, 175.	1.6	63
82	Association between dietary flavonoids intake and prostate cancer risk: A case-control study in Sicily. <i>Complementary Therapies in Medicine</i> , 2018, 39, 14-18.	1.3	25
83	Health Benefits of Mediterranean Diet. <i>Nutrients</i> , 2019, 11, 1802.	1.7	123
84	Fruit and Vegetable Consumption and Potential Moderators Associated with All-Cause Mortality in a Representative Sample of Spanish Older Adults. <i>Nutrients</i> , 2019, 11, 1794.	1.7	13
85	Mediterranean Diet (Prong-4)., 2019, , 255-298.		0
86	Sporadic Ovarian and Fallopian Tube Cancer in Postmenopausal Women. , 2019, , 79-100.		1
87	Lifestyle in urology: Cancer. <i>Urologia</i> , 2019, 86, 105-114.	0.3	8
88	Cancer and Mediterranean Diet: A Review. <i>Nutrients</i> , 2019, 11, 2059.	1.7	255
89	Extra-virgin olive oil for potential prevention of Alzheimer disease. <i>Revue Neurologique</i> , 2019, 175, 705-723.	0.6	51
90	Chemoprevention of Prostate Cancer by Natural Agents: Evidence from Molecular and Epidemiological Studies. <i>Anticancer Research</i> , 2019, 39, 5231-5259.	0.5	52
91	Intake of Mediterranean Foods. <i>Reference Series in Phytochemistry</i> , 2019, , 29-51.	0.2	1

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93	Dietary pattern in relation to the risk of Alzheimer's disease: a systematic review. <i>Neurological Sciences</i> , 2019, 40, 2031-2043.	0.9	59
94	From Mediterranean diet to Mediterranean lifestyle: a narrative review. <i>Public Health Nutrition</i> , 2019, 22, 2703-2713.	1.1	48
95	Association Between Dairy Product Consumption and Colorectal Cancer Risk in Adults: A Systematic Review and Meta-Analysis of Epidemiologic Studies. <i>Advances in Nutrition</i> , 2019, 10, S190-S211.	2.9	63
96	Mediterranean Diet and Longevity. , 2019, , .		1
97	Inflammatory dietary pattern and incident psoriasis, psoriatic arthritis, and atopic dermatitis in women: A cohort study. <i>Journal of the American Academy of Dermatology</i> , 2019, 80, 1682-1690.	0.6	11
98	Dietary Intake of Nutrients Involved in One-Carbon Metabolism and Risk of Gastric Cancer: A Prospective Study. <i>Nutrition and Cancer</i> , 2019, 71, 605-614.	0.9	19
99	Renewed: Protocol for a randomised controlled trial of a digital intervention to support quality of life in cancer survivors. <i>BMJ Open</i> , 2019, 9, e024862.	0.8	10
100	Hydroxytyrosol protects from aging process via AMPK and autophagy; a review of its effects on cancer, metabolic syndrome, osteoporosis, immune-mediated and neurodegenerative diseases. <i>Pharmacological Research</i> , 2019, 143, 58-72.	3.1	92
101	The motivations that define eating patterns in some Mediterranean countries. <i>Nutrition and Food Science</i> , 2019, 49, 1126-1141.	0.4	13
102	Current Prevalence of Major Cancer Risk Factors and Screening Test Use in the United States: Disparities by Education and Race/Ethnicity. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2019, 28, 629-642.	1.1	122
103	Secoiridoids of olive and derivatives as potential adjuvant drugs in cancer: A critical analysis of experimental studies. <i>Pharmacological Research</i> , 2019, 142, 77-86.	3.1	62
104	Barriers and solutions to improving nutrition among fire academy recruits: a qualitative assessment. <i>International Journal of Food Sciences and Nutrition</i> , 2019, 70, 771-779.	1.3	9
105	Multisite Medical Student-Led Community Culinary Medicine Classes Improve Patients' Diets: Machine Learning-Augmented Propensity Score-Adjusted Fixed Effects Cohort Analysis of 1381 Subjects. <i>American Journal of Lifestyle Medicine</i> , 2022, 16, 214-220.	0.8	15
106	Definition of the Traditional Mexican Diet and Its Role in Health: A Systematic Review. <i>Nutrients</i> , 2019, 11, 2803.	1.7	49
107	Ability of 2 estimation methods of body fat percentage in identifying unfavorable levels of cardiometabolic biomarkers in adolescents: Results from the LabMed study. <i>Porto Biomedical Journal</i> , 2019, 4, e52.	0.4	0
108	Obesity and cancer risk: Emerging biological mechanisms and perspectives. <i>Metabolism: Clinical and Experimental</i> , 2019, 92, 121-135.	1.5	821
109	Relevance of functional foods in the Mediterranean diet: the role of olive oil, berries and honey in the prevention of cancer and cardiovascular diseases. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 893-920.	5.4	126



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110	Risk factors for endometrial cancer: An umbrella review of the literature. <i>International Journal of Cancer</i> , 2019, 145, 1719-1730.	2.3	290
111	Food groups and risk of coronary heart disease, stroke and heart failure: A systematic review and dose-response meta-analysis of prospective studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 1071-1090.	5.4	424
112	An update of research evidence on nutrition and prostate cancer. <i>Urologic Oncology: Seminars and Original Investigations</i> , 2019, 37, 387-401.	0.8	34
113	Comparative effects of different dietary approaches on blood pressure in hypertensive and pre-hypertensive patients: A systematic review and network meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2674-2687.	5.4	93
114	An inverse association between the Mediterranean diet and bladder cancer risk: a pooled analysis of 13 cohort studies. <i>European Journal of Nutrition</i> , 2020, 59, 287-296.	1.8	38
115	Epithelial ovarian cancer risk: A review of the current genetic landscape. <i>Clinical Genetics</i> , 2020, 97, 54-63.	1.0	31
116	Breast cancer prevention in premenopausal women: role of the Mediterranean diet and its components. <i>Nutrition Research Reviews</i> , 2020, 33, 19-32.	2.1	38
117	Evaluating Mediterranean diet adherence in university student populations: Does this dietary pattern affect students' academic performance and mental health?. <i>International Journal of Health Planning and Management</i> , 2020, 35, 5-21.	0.7	62
118	Adherence to Mediterranean diet of children living in small Southern Italian villages. <i>International Journal of Food Sciences and Nutrition</i> , 2020, 71, 490-499.	1.3	21
119	Nutritional Assessment in Gastrointestinal Tumors: News from the 2020 ASCO and ESMO World GI Meetings. <i>Gastrointestinal Disorders</i> , 2020, 2, 310-317.	0.4	2
120	Mediterranean diet and quality of life in women treated for breast cancer: A baseline analysis of DEDiCa multicentre trial. <i>PLoS ONE</i> , 2020, 15, e0239803.	1.1	42
121	Ketogenic diet: a tool for the management of neuroendocrine neoplasms?. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 1035-1045.	5.4	9
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123	Influence of nutrition education in paediatric coeliac disease: impact of the role of the registered dietitian: a prospective, single-arm intervention study. <i>Journal of Human Nutrition and Dietetics</i> , 2020, 33, 775-785.	1.3	14
124	Role of dietary patterns and acculturation in cancer risk and mortality among postmenopausal Hispanic women: results from the Women's Health Initiative (WHI). <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2022, 30, 811-822.	0.8	13
125	Do Olive and Fish Oils of the Mediterranean Diet Have a Role in Triple Negative Breast Cancer Prevention and Therapy? An Exploration of Evidence in Cells and Animal Models. <i>Frontiers in Nutrition</i> , 2020, 7, 571455.	1.6	15
126	How Health Habits Influence the Physiological Response During a Physical Activity in Extreme Temperatures?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6374.	1.2	0
127	Impact of Mediterranean Diet on Disease Activity and Gut Microbiota Composition of Rheumatoid Arthritis Patients. <i>Microorganisms</i> , 2020, 8, 1989.	1.6	35



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128	Adherence to Prudent and Mediterranean Dietary Patterns Is Inversely Associated with Lung Cancer in Moderate But Not Heavy Male Polish Smokers: A Case-Control Study. <i>Nutrients</i> , 2020, 12, 3788.	1.7	16
129	Evaluation of adherence to Mediterranean diet and association with clinical and biological markers in an Italian population. <i>Nutrition</i> , 2020, 77, 110813.	1.1	16
130	A review of nutrition and dietary interventions in oncology. <i>SAGE Open Medicine</i> , 2020, 8, 205031212092687.	0.7	25
131	The Role of Diet in Cancer Prevention and Chemotherapy Efficacy. <i>Annual Review of Nutrition</i> , 2020, 40, 273-297.	4.3	41
132	American Cancer Society guideline for diet and physical activity for cancer prevention. <i>Ca-A Cancer Journal for Clinicians</i> , 2020, 70, 245-271.	157.7	362
133	The Forgotten Fruit: A Case for Consuming Avocado Within the Traditional Mediterranean Diet. <i>Frontiers in Nutrition</i> , 2020, 7, 78.	1.6	7
134	Host microbiomes and disease. , 2020, , 122-153.		1
135	Dietary Patterns Are Associated with Risk of Prostate Cancer in a Population-Based Case-Control Study in Montreal, Canada. <i>Nutrients</i> , 2020, 12, 1907.	1.7	11
136	Systematic review and meta-analysis of diet quality and colorectal cancer risk: is the evidence of sufficient quality to develop recommendations?. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 61, 1-10.	5.4	10
137	Anticancer Effects of Nutraceuticals in the Mediterranean Diet: An Epigenetic Diet Model. <i>Cancer Genomics and Proteomics</i> , 2020, 17, 335-350.	1.0	39
138	Nutrigenomics and Breast Cancer: State-of-Art, Future Perspectives and Insights for Prevention. <i>Nutrients</i> , 2020, 12, 512.	1.7	23
139	Breast Cancer: A Lifestyle Medicine Approach. <i>American Journal of Lifestyle Medicine</i> , 2020, 14, 483-494.	0.8	10
140	Mediterranean diet adherence and weight status among Sicilian Middle school adolescents. <i>International Journal of Food Sciences and Nutrition</i> , 2020, 71, 1010-1018.	1.3	16
141	Mediterranean diet adherence is associated with better cognitive status and less depressive symptoms in a Greek elderly population. <i>Aging Clinical and Experimental Research</i> , 2021, 33, 1033-1040.	1.4	34
142	An updated systematic review and meta-analysis on adherence to mediterranean diet and risk of cancer. <i>European Journal of Nutrition</i> , 2021, 60, 1561-1586.	1.8	164
143	Beneficial effects of olive oil and Mediterranean diet on cancer physio-pathology and incidence. <i>Seminars in Cancer Biology</i> , 2021, 73, 178-195.	4.3	24
144	Benefits of Phenolic Compounds Isolated from Olive Oil on Prevention of Cancer. <i>Health Sciences</i> , 2021, 2, .	0.2	1
145	Risk Factors for Pancreatic Cancer and Cholangiocarcinoma. , 2021, , 3-20.		0

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146	Sodium: What is the right amount?. <i>Advances in Food and Nutrition Research</i> , 2021, 96, 175-191.	1.5	0
147	Olive oil in the prevention of breast and colon carcinogenesis. , 2021, , 337-345.		1
148	Recent Trends in Dietary Habits of the Italian Population: Potential Impact on Health and the Environment. <i>Nutrients</i> , 2021, 13, 476.	1.7	19
149	Dietary Habits and Global Incidence of Colon Cancer. , 2021, , 15-52.		1
150	The SEEN comprehensive clinical survey of adult obesity: Executive summary. <i>Endocrinología y Nutrición</i> (English Ed ), 2021, 68, 130-136.	0.1	3
151	Abordaje clínico integral SEEN de la obesidad en la edad adulta: resumen ejecutivo. <i>Endocrinología, Diabetes Y Nutrición</i> , 2021, 68, 130-136.	0.1	15
152	Nutrition and upper gastrointestinal cancers: An overview of current understandings. <i>Seminars in Cancer Biology</i> , 2022, 83, 605-616.	4.3	11
153	Mediterranean diet assessment challenges: Validation of the Croatian Version of the 14-item Mediterranean Diet Serving Score (MDSS) Questionnaire. <i>PLoS ONE</i> , 2021, 16, e0247269.	1.1	18
154	Healthy Aging” Nutrition Matters: Start Early and Screen Often. <i>Advances in Nutrition</i> , 2021, 12, 1438-1448.	2.9	47
155	Adherence to the Mediterranean Diet and anthropometric profile of obese Algerian subjects. <i>Najfmr</i> , 2021, 5, 23-29.	0.1	0
156	The benefits of extra virgin olive oil polyphenols for possible prevention of parkinson’s disease: an integrative mini literature review. <i>International Physical Medicine &amp; Rehabilitation Journal</i> , 2021, 6, .	0.1	0
157	Dairy Consumption and Risk of Conventional and Serrated Precursors of Colorectal Cancer: A Systematic Review and Meta-Analysis of Observational Studies. <i>Journal of Oncology</i> , 2021, 2021, 1-15.	0.6	6
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