

Executive Summary From the National Strength and Conditioning Association Blue Ribbon Panel on Military Physical Readiness

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Development of the Tactical Human Optimization, Rapid Rehabilitation, and Reconditioning Program Military Operator Readiness Assessment for the Special Forces Operator. <i>Strength and Conditioning Journal</i> , 2016, 38, 55-60.	0.7	5
2	Comparison of characteristics and outcomes of percutaneous coronary intervention in military and non-military men. <i>Journal of the Royal Army Medical Corps</i> , 2017, 163, 288-292.	0.8	1
3	Body mass index predicts selected physical fitness attributes but is not associated with performance on military relevant tasks in U.S. Army Soldiers. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, S79-S84.	0.6	35
4	Greater ankle strength, anaerobic and aerobic capacity, and agility predict Ground Combat Military Occupational School graduation in female Marines. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, S85-S90.	0.6	4
5	Functional physical training improves women's military occupational performance. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, S91-S97.	0.6	21
6	Significantly Increased Odds of Reporting Previous Shoulder Injuries in Female Marines Based on Larger Magnitude Shoulder Rotator Bilateral Strength Differences. <i>Orthopaedic Journal of Sports Medicine</i> , 2018, 6, 232596711875628.	0.8	7
7	Physical, Physiological, and Dietary Comparisons Between Marine Corps Forces Special Operations Command Critical Skills Operators and Enablers. <i>Military Medicine</i> , 2018, 183, e341-e347.	0.4	11
8	Associations of Physical Fitness and Body Composition Characteristics With Simulated Military Task Performance. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1089-1098.	1.0	53
9	A balance and proprioception intervention programme to enhance combat performance in military personnel. <i>Journal of the Royal Army Medical Corps</i> , 2018, 164, 52-57.	0.8	6
10	Reliability and agreement of the IsoKai isokinetic lift test "A test used for admission to the Swedish Armed Forces. <i>PLoS ONE</i> , 2018, 13, e0209419.	1.1	5
11	Physical Fitness Predictors of a Warrior Task Simulation Test. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2562-2568.	1.0	13
12	Perspectives on resilience for military readiness and preparedness: Report of an international military physiology roundtable. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 1116-1124.	0.6	85
13	International consensus on military research priorities and gaps " Survey results from the 4th International Congress on Soldiers' Physical Performance. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 1125-1130.	0.6	23
14	Reliability and Validity of a Maximal Treadmill Test for Predicting Aerobic Fitness in Norwegian Prospective Soldiers. <i>Military Medicine</i> , 2019, 184, e245-e252.	0.4	7
15	Exercise Testing of Muscle Strength in Military. <i>Military Medicine</i> , 2019, 184, e426-e430.	0.4	6
16	The Relationship Between Army Physical Fitness and Functional Capacities in Infantry Members of the Slovenian Armed Forces. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 3506-3512.	1.0	9
17	Altered Physical Performance Following Advanced Special Operations Tactical Training. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 1809-1816.	1.0	5
18	The Overtraining Syndrome in Soldiers: Insights from the Sports Domain. <i>Military Medicine</i> , 2019, 184, e192-e200.	0.4	18

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19	Epidemiology and Financial Burden of Musculoskeletal Injuries as the Leading Health Problem in the Military. <i>Military Medicine</i> , 2020, 185, e480-e486.	0.4	25
20	Differential recovery rates of fitness following U.S. Army Ranger training. <i>Journal of Science and Medicine in Sport</i> , 2020, 23, 529-534.	0.6	13
21	Association Between Performance in Muscle Fitness Field Tests and Skeletal Muscle Mass in Soldiers. <i>Military Medicine</i> , 2020, 185, e839-e846.	0.4	12
22	Integration of strength training into UK Defence Rehabilitation practice: current trends and future challenges. <i>BMJ Military Health</i> , 2022, 168, 314-319.	0.4	12
23	Monitoring Neuromuscular Performance in Military Personnel. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9147.	1.2	28
24	Retrospective Cohort Analysis of the Army Physical Fitness Test and the Occupational Physical Assessment Test in Reserve Officer Training Corps Cadets: A Brief Report. <i>Military Medicine</i> , 2020, 185, e937-e943.	0.4	9
25	Effects of baseline fitness and BMI levels on changes in physical fitness during military service. <i>Journal of Science and Medicine in Sport</i> , 2020, 23, 841-845.	0.6	14
26	Factors associated with musculoskeletal injuries in an infantry commanders course. <i>Physician and Sportsmedicine</i> , 2021, 49, 81-91.	1.0	4
27	Training Load Monitoring and Injury Prevention in Military Recruits: Considerations for Preparing Soldiers to Fight Sustainably. <i>Strength and Conditioning Journal</i> , 2021, 43, 23-30.	0.7	10
28	Risk factors for injuries along an infantry commanders course. <i>Research in Sports Medicine</i> , 2021, , 1-14.	0.7	0
29	Physical training considerations for optimizing performance in essential military tasks. <i>European Journal of Sport Science</i> , 2022, 22, 43-57.	1.4	20
30	Applying Force Plate Technology to Inform Human Performance Programming in Tactical Populations. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 6538.	1.3	15
31	Anthropometrics and Body Composition Predict Physical Performance and Selection to Attend Special Forces Training in United States Army Soldiers. <i>Military Medicine</i> , 2021, , .	0.4	8
32	The Potential Role of Functional Motor Competence to Promote Physical Military Readiness: A Developmental Perspective. <i>Military Medicine</i> , 2021, 186, 242-247.	0.4	4
33	Injury Prevention Exercises for Reduced Incidence of Injuries in Combat Soldiers. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 3128-3138.	1.0	5
34	Military Body Composition Standards and Physical Performance: Historical Perspectives and Future Directions. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 3551-3561.	1.0	9
35	Body mass index and aerobic capacity: The key variables for good performance in soldiers. <i>European Journal of Sport Science</i> , 2022, 22, 1467-1474.	1.4	3
36	Effects of 12-week full body resistance exercise on vertical jumping with and without military equipment in Slovenian Armed Forces. <i>BMJ Military Health</i> , 2023, 169, 391-396.	0.4	1

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37	Critical tasks from the Global War on Terror: A combat-focused job task analysis. <i>Applied Ergonomics</i> , 2021, 95, 103465.	1.7	5
38	A structured review of literature on body composition profiles in Navy personnel: current practices and considerations for the future. <i>Journal of the Royal Naval Medical Service</i> , 2019, 105, 40-46.	0.0	1
39	Multivariate Analysis of Vertical Jump Predicting Health-related Physical Fitness Performance. <i>American Journal of Sports Science and Medicine</i> , 2018, 6, 99-105.	0.5	5
40	Physical Fitness and Activity Levels among Chinese People with Schizophrenia: A Cross-Sectional Study with Matched Case-Control Comparison. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3564.	1.2	2
41	Injury Risk Factors Associated With Weight Training. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, e24-e30.	1.0	5
42	Effects of Combined Strength and Endurance Training on Body Composition, Physical Fitness, and Serum Hormones During a 6-Month Crisis Management Operation. <i>Journal of Strength and Conditioning Research</i> , 2020, Publish Ahead of Print, .	1.0	3
43	Anthropometrical and Physical Fitness Predictors of Operational Military Test Performance in Air Force Personnel. <i>International Journal of Exercise Science</i> , 2020, 13, 1028-1040.	0.5	0
44	A Comparison of United States Marine Corps Physical Fitness Test and Combat Fitness Test Results. <i>International Journal of Exercise Science</i> , 2020, 13, 1741-1755.	0.5	2
45	Comparisons and Intercorrelations of Physical Performance Variables of Operational Preparedness in Special Operations Forces. <i>Military Medicine</i> , 2021, , .	0.4	1
46	The Relationship Between Functional Motor Competence and Performance on the Army Combat Fitness Test in Army Reserve Officer Training Corps Cadets. <i>Military Medicine</i> , 2023, 188, e1910-e1917.	0.4	6
47	Resilience, Psychological Stress, Physical Activity, and BMI among United States Air National Guardsmen: The COVID-19 Pandemic. <i>Journal of Lifestyle Medicine</i> , 2022, 12, 26-36.	0.3	5
48	Relationship between self-reported and objectively measured physical fitness in young men and women. <i>European Journal of Sport Science</i> , 2023, 23, 301-309.	1.4	2
49	Body Composition of Female Air Force Personnel: A Comparative Study of Aircrew, Airplane, and Helicopter Pilots. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 8640.	1.2	1
50	Association between trunk muscle endurance with change of direction, lower limb endurance and power performance in the special military police force of Rio de Janeiro (BOPE). <i>Science and Sports</i> , 2022, , .	0.2	0
51	Decreased Percent Body Fat but Not Body Mass is Associated with Better Performance on Combat Fitness Test in Male and Female Marines. <i>Journal of Strength and Conditioning Research</i> , 2023, 37, 887-893.	1.0	3
52	Relationship between a Maximum Plank Assessment and Fitness, Health Behaviors, and Moods in Tactical Athletes: An Exploratory Study. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 12832.	1.2	6
53	Circadian acclimatization of performance, sleep, and 6-sulfatoxymelatonin using multiple phase shifting stimuli. <i>Frontiers in Endocrinology</i> , 0, 13, .	1.5	4