

CITATION REPORT

List of articles citing

Association of mediterranean diet with mild cognitive impairment and Alzheimer's disease: a systematic review and meta-analysis

DOI: 10.3233/jad-130830

Journal of Alzheimer's Disease, 2014, 39, 271-82.

Source: <https://exaly.com/paper-pdf/59842300/citation-report.pdf>

Version: 2024-04-28

This report has been generated based on the citations recorded by exaly.com for the above article. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

#	Paper	IF	Citations
485	Nutrition, frailty, and Alzheimer's disease. <i>Frontiers in Aging Neuroscience</i> , 2014 , 6, 221	5.3	11
484	Cardiovascular risk factors and future risk of Alzheimer's disease. 2014 , 12, 130		172
483	Voeding en dementie. 2014 , 30, 50-56		
482	Nutraceuticals in cognitive impairment and Alzheimer's disease. 2014 , 5, 147		76
481	[What should we eat?]. 2014 , 82, 309-10		
480	Definitions and potential health benefits of the Mediterranean diet: views from experts around the world. 2014 , 12, 112		284
479	Three midlife strategies to prevent cognitive impairment due to Alzheimer's disease. 2014 , 17 Suppl 2, 38-46		12
478	Nutrition and brain aging: how can we move ahead?. 2014 , 68, 1245-9		25
477	Transdermal rivastigmine in the treatment of Alzheimer's disease: current and future directions. 2014 , 14, 1119-25		7
476	Amyloid-beta (A β) induced paralysis in <i>Caenorhabditis elegans</i> is inhibited by the polyphenol quercetin through activation of protein degradation pathways. 2014 , 58, 1931-40		85
475	Prevention of Late-life Cognitive Disorders: Diet-Related Factors, Dietary Patterns, and Frailty Models. 2014 , 3, 110-129		6
474	Dietary patterns and cognitive dysfunction in a 12-year follow-up study of 70 year old men. <i>Journal of Alzheimer's Disease</i> , 2015 , 43, 109-19	4.3	53
473	The role of nutrition on cognition and brain health in ageing: a targeted approach. 2015 , 28, 167-180		17
472	Prevention of Age-Related Cognitive Decline: Which Strategies, When, and for Whom?. <i>Journal of Alzheimer's Disease</i> , 2015 , 48, 35-53	4.3	31
471	The Use of Neuroimaging to Assess Associations Among Diet, Nutrients, Metabolic Syndrome, and Alzheimer's Disease. <i>Journal of Alzheimer's Disease</i> , 2015 , 48, 303-18	4.3	10
470	Dietary interventions for maintaining cognitive function in cognitively healthy people in late life. 2015 ,		6
469	Mortality in mild cognitive impairment varies by subtype, sex, and lifestyle factors: the Mayo Clinic Study of Aging. <i>Journal of Alzheimer's Disease</i> , 2015 , 45, 1237-45	4.3	31

468	Dietary interventions for prevention of dementia in people with mild cognitive impairment. 2015,		5
467	The Mediterranean Lifestyle as a Non-Pharmacological and Natural Antioxidant for Healthy Aging. 2015, 4, 719-36		38
466	Role of dietary protein and thiamine intakes on cognitive function in healthy older people: a systematic review. <i>Nutrients</i> , 2015, 7, 2415-39	6.7	21
465	Dietary interventions for maintaining cognitive function in cognitively healthy people in mid life. 2015,		6
464	Effect of Nutrients, Dietary Supplements and Vitamins on Cognition: a Systematic Review and Meta-Analysis of Randomized Controlled Trials. 2015, 18, 231-45		53
463	Adherence to Mediterranean diet and risk of cancer: an updated systematic review and meta-analysis of observational studies. 2015, 4, 1933-47		184
462	Physical activity, dietary habits and cognitive decline in over 65 years Italian outpatients with type 2 diabetes: a cross-sectional pilot study. 2015, 12, 69-73		0
461	A randomised controlled trial investigating the effects of Mediterranean diet and aerobic exercise on cognition in cognitively healthy older people living independently within aged care facilities: the Lifestyle Intervention in Independent Living Aged Care (LILAC) study protocol [ACTRN12614001133626]. 2015, 14, 53		29
460	Diet-Induced Weight Loss Alters Functional Brain Responses during an Episodic Memory Task. 2015, 8, 261-72		36
459	Observational and ecological studies of dietary advanced glycation end products in national diets and Alzheimer's disease incidence and prevalence. <i>Journal of Alzheimer's Disease</i> , 2015, 45, 965-79	4.3	52
458	A major role for cardiovascular burden in age-related cognitive decline. 2015, 12, 267-77		206
457	Mediterranean diet and preserved brain structural connectivity in 'older' subjects. 2015, 11, 1023-31		74
456	Dietary patterns and cognitive decline in Taiwanese aged 65 years and older. 2015, 30, 523-30		15
455	Comment on Vandal et al. Insulin Reverses the High-Fat Diet-Induced Increase in Brain A β and Improves Memory in an Animal Model of Alzheimer Disease. <i>Diabetes</i> 2014;63:4291-4301. 2015, 64, e17		
454	Natural Phenolic Compounds as Therapeutic and Preventive Agents for Cerebral Amyloidosis. 2015, 863, 79-94		38
453	Natural Compounds as Therapeutic Agents for Amyloidogenic Diseases. 2015,		5
452	Treatment and Management of Dementia Due to Alzheimer's Disease. 2015, 17, 363		4
451	Le r�gime m�diterran�en peut-il ralentir le d�clin cognitif li� l'�ge ? 2015, 13, 96-103		

450	Association of dietary intake and lifestyle pattern with mild cognitive impairment in the elderly. <i>Journal of Nutrition, Health and Aging</i> , 2015 , 19, 164-8	5.2	32
449	Dietary patterns, cognitive decline, and dementia: a systematic review. 2015 , 6, 154-68		214
448	Dietary patterns and whole grain cereals in the Scandinavian countries--differences and similarities. The HELGA project. 2015 , 18, 905-15		10
447	Cognitive Frailty: A Systematic Review of Epidemiological and Neurobiological Evidence of an Age-Related Clinical Condition. 2015 , 18, 389-412		83
446	Mediterranean Diet and Age-Related Cognitive Decline: A Randomized Clinical Trial. 2015 , 175, 1094-1103		479
445	Healthy eating and reduced risk of cognitive decline: A cohort from 40 countries. 2015 , 84, 2258-65		44
444	Mediterranean diet and cognitive health: an update of available knowledge. 2015 , 18, 51-62		60
443	Welche Kost für wen?. 2015 , 40, S32-S35		3
442	Can we influence the epidemiology of dementia? Perspectives from population-based studies. 2015 , 91, 651-4		10
441	Ketosis may promote brain macroautophagy by activating Sirt1 and hypoxia-inducible factor-1. 2015 , 85, 631-9		28
440	Brain health: the importance of recognizing cognitive impairment: an IAGG consensus conference. 2015 , 16, 731-9		149
439	Individually modifiable risk factors to ameliorate cognitive aging: a systematic review and meta-analysis. 2015 , 18, 678-89		62
438	Cognitive frailty: A new geriatric syndrome?. 2015 , 6, 408-411		13
437	Mediterranean diet and cognitive decline over time in an elderly Mediterranean population. 2015 , 54, 1311-21		82
436	Coffee, tea, and caffeine consumption and prevention of late-life cognitive decline and dementia: a systematic review. <i>Journal of Nutrition, Health and Aging</i> , 2015 , 19, 313-28	5.2	128
435	New horizons in the management of Alzheimer disease. 2015 , 16, 1-5		9
434	Del deterioro cognitivo leve al trastorno neurocognitivo menor: avances en torno al constructo. 2015 , 7, 51-58		3
433	Cognitive health and Mediterranean diet: just diet or lifestyle pattern?. 2015 , 20, 74-8		66

432	Nutrient biomarkers and vascular risk factors in subtypes of mild cognitive impairment: a cross-sectional study. <i>Journal of Nutrition, Health and Aging</i> , 2015 , 19, 39-47	5.2	14
431	Paths to Alzheimer's disease prevention: from modifiable risk factors to biomarker enrichment strategies. <i>Journal of Nutrition, Health and Aging</i> , 2015 , 19, 154-63	5.2	34
430	Use of the Internet as a prevention tool against cognitive decline in normal aging. 2016 , 11, 1231-1237		21
429	A Surgical Method to Improve the Homeostasis of CSF for the Treatment of Alzheimer's Disease. <i>Frontiers in Aging Neuroscience</i> , 2016 , 8, 261	5.3	3
428	Nutritional Cues Tie Living Organisms to Their Environment and Its Sustainability. 2016 , 3, 28		10
427	Putative Role of Red Wine Polyphenols against Brain Pathology in Alzheimer's and Parkinson's Disease. 2016 , 3, 31		71
426	The Deep Correlation between Energy Metabolism and Reproduction: A View on the Effects of Nutrition for Women Fertility. <i>Nutrients</i> , 2016 , 8, 87	6.7	83
425	Sustaining Effect of Intensive Nutritional Intervention Combined with Health Education on Dietary Behavior and Plasma Glucose in Type 2 Diabetes Mellitus Patients. <i>Nutrients</i> , 2016 , 8,	6.7	2
424	The Mediterranean Diet and Cognitive Function among Healthy Older Adults in a 6-Month Randomised Controlled Trial: The MedLey Study. <i>Nutrients</i> , 2016 , 8,	6.7	61
423	High-Fat Diet Changes Hippocampal Apolipoprotein E (ApoE) in a Genotype- and Carbohydrate-Dependent Manner in Mice. 2016 , 11, e0148099		13
422	Preferential interaction of the Alzheimer peptide A β (1-42) with Omega-3-containing lipid bilayers: structure and interaction studies. 2016 , 590, 582-91		10
421	Hydroxytyrosol mildly improve cognitive function independent of APP processing in APP/PS1 mice. 2016 , 60, 2331-2342		50
420	Ten Challenges of the Amyloid Hypothesis of Alzheimer's Disease. <i>Journal of Alzheimer's Disease</i> , 2017 , 55, 447-457	4.3	61
419	Predicting dementia in primary care patients with a cardiovascular health metric: a prospective population-based study. 2016 , 16, 116		23
418	Association between the Mediterranean-style Dietary Pattern Score and Physical Performance: Results from TRELONG Study. <i>Journal of Nutrition, Health and Aging</i> , 2016 , 20, 415-9	5.2	27
417	Mediterranean Diet. 2016 ,		2
416	Does a Mediterranean-Type Diet Reduce Cancer Risk?. 2016 , 5, 9-17		74
415	References. 2016 , 353-428		

414	Can Dementia Be Delayed? What You Need to Know to Counsel Your Older Patients. 2016 , 1-12		
413	Dose-response gradients between a composite measure of six risk factors and cognitive decline and cardiovascular disease. 2016 , 91, 329-334		12
412	Design of the NL-ENIGMA study: Exploring the effect of Souvenaid on cerebral glucose metabolism in early Alzheimer's disease. 2016 , 2, 233-240		4
411	Dietary Patterns and Incident Dementia in Elderly Japanese: The Ohsaki Cohort 2006 Study. 2016 , 71, 1322-8		30
410	Towards Personalized Intervention for Alzheimer's Disease. 2016 , 14, 289-297		17
409	Alzheimer Mythology: A Time to Think Out of the Box. 2016 , 17, 769-74		5
408	Total and cancer mortality in a cohort of ulcerative colitis and Crohn's disease patients: The Florence inflammatory bowel disease study, 1978-2010. 2016 , 48, 1162-7		31
407	The Association Between the Mediterranean Lifestyle and Depression. 2016 , 4, 1085-1093		28
406	Adherence to a Mediterranean-Style Diet and Its Influence on Cardiovascular Risk Factors in Postmenopausal Women. 2016 , 116, 1767-1775		16
405	Aerobic exercise ameliorates cognitive function in older adults with mild cognitive impairment: a systematic review and meta-analysis of randomised controlled trials. 2016 , 50, 1443-1450		149
404	Principles of Healthful Eating. 2016 , 5, 180-190		2
403	Tailored Nutrition Education in the Elderly Can Lead to Sustained Dietary Behaviour Change. <i>Journal of Nutrition, Health and Aging</i> , 2016 , 20, 8-15	5.2	12
402	Alzheimer's disease due to loss of function: A new synthesis of the available data. 2016 , 143, 36-60		85
401	Are microRNAs the Molecular Link Between Metabolic Syndrome and Alzheimer's Disease?. <i>Molecular Neurobiology</i> , 2016 , 53, 2320-38	6.2	25
400	Convenience foods and health in the elderly. 2016 , 86, 1-2		3
399	Examining techniques for measuring the effects of nutrients on mental performance and mood state. 2016 , 55, 1991-2000		7
398	Healthy brain ageing and cognition: Nutritional factors. 2016 , 7, 77-85		19
397	Hypertension and aging. 2016 , 26, 96-111		192

396	Pharmacological modulation of dietary lipid-induced cerebral capillary dysfunction: Considerations for reducing risk for Alzheimer's disease. 2016 , 53, 166-83		8
395	Mediterranean Diet and Neurodegenerative Diseases. 2016 , 153-164		2
394	Lifestyle and Alzheimer's Disease. 2016 , 197-237		4
393	Metabolic syndrome, adherence to the Mediterranean diet and 10-year cardiovascular disease incidence: The ATTICA study. 2016 , 246, 87-93		39
392	Dietary Patterns and Risk of Dementia: a Systematic Review and Meta-Analysis of Cohort Studies. <i>Molecular Neurobiology</i> , 2016 , 53, 6144-6154	6.2	120
391	Efficacy of lifestyle interventions on clinical and neuroimaging outcomes in elderly. 2016 , 25, 1-12		12
390	Nut consumption and age-related disease. 2016 , 84, 11-6		71
389	Mild cognitive decline. A position statement of the Cognitive Decline Group of the European Innovation Partnership for Active and Healthy Ageing (EIPAH). 2016 , 83, 83-93		27
388	Is the Mediterranean diet a feasible approach to preserving cognitive function and reducing risk of dementia for older adults in Western countries? New insights and future directions. 2016 , 25, 85-101		62
387	Midlife adiposity predicts earlier onset of Alzheimer's dementia, neuropathology and presymptomatic cerebral amyloid accumulation. 2016 , 21, 910-5		78
386	Association of Long-Term Dietary Fat Intake, Exercise, and Weight with Later Cognitive Function in the Finnish Diabetes Prevention Study. <i>Journal of Nutrition, Health and Aging</i> , 2016 , 20, 146-54	5.2	26
385	Adherence to the Mediterranean diet and academic performance in youth: the UP&DOWN study. 2016 , 55, 1133-40		36
384	Alzheimer's disease and diet: a systematic review. 2017 , 127, 161-175		70
383	Dietary pattern, inflammation and cognitive decline: The Whitehall II prospective cohort study. 2017 , 36, 506-512		89
382	The Mediterranean diet and age-related cognitive functioning: A systematic review of study findings and neuropsychological assessment methodology. 2017 , 20, 449-468		24
381	Developing a broad categorisation scheme to describe risk factors for mental illness, for use in prevention policy and planning. 2017 , 51, 230-240		13
380	Development of a memory center for older adults in Almaty, Kazakhstan: Innovative Practice. 2017 , 16, 665-672		
379	Long-term association between the dietary inflammatory index and cognitive functioning: findings from the SU.VI.MAX study. 2017 , 56, 1647-1655		49

378	Adherence to Mediterranean diet and risk of developing cognitive disorders: An updated systematic review and meta-analysis of prospective cohort studies. 2017 , 7, 413-17		102
377	Prevalence and incidence of Alzheimer's disease in Europe: A meta-analysis. 2017 , 32, 523-532		144
376	Biophenols pharmacology against the amyloidogenic activity in Alzheimer's disease. <i>Biomedicine and Pharmacotherapy</i> , 2017 , 89, 396-413	7.5	29
375	Current evidence linking nutrition with brain health in ageing. 2017 , 42, 61-68		2
374	Neuroprotective Diets Are Associated with Better Cognitive Function: The Health and Retirement Study. 2017 , 65, 1857-1862		114
373	Mild Cognitive Impairment. 2017 , 33, 325-337		119
372	Alzheimer's disease: How metal ions define amyloid function. 2017 , 351, 127-159		93
371	Extra-virgin olive oil ameliorates cognition and neuropathology of the 3xTg mice: role of autophagy. 2017 , 4, 564-574		44
370	Micronutrient deficiencies in the elderly - could ready meals be part of the solution?. 2017 , 6, e2		18
369	Trends of mortality from Alzheimer's disease in the European Union, 1994-2013. 2017 , 24, 858-866		17
368	The relevance of nutrition for the concept of cognitive frailty. 2017 , 20, 61-68		24
367	Risk factors associated with the onset and progression of Alzheimer's disease: A systematic review of the evidence. 2017 , 61, 143-187		128
366	Dietary Diversity and Cognitive Function among Elderly People: A Population-Based Study. <i>Journal of Nutrition, Health and Aging</i> , 2017 , 21, 1089-1094	5.2	25
365	Nutrition as a component of dementia risk reduction strategies. 2017 , 30, 40-45		6
364	Med Diet 4.0: the Mediterranean diet with four sustainable benefits. 2017 , 20, 1322-1330		136
363	Relationships of Dietary Patterns, Foods, and Micro- and Macronutrients with Alzheimer's Disease and Late-Life Cognitive Disorders: A Systematic Review. <i>Journal of Alzheimer's Disease</i> , 2017 , 59, 815-849	4.3	163
362	Prevalence and incidence of Alzheimer's disease in Europe: A meta-analysis. 2017 , 32, 523-532		27
361	The relationship between obesity and cognitive health and decline. 2017 , 76, 443-454		137

360	The Impact of the Mediterranean Diet on the Cognitive Functioning of Healthy Older Adults: A Systematic Review and Meta-Analysis. 2017 , 8, 571-586		104
359	Nutritional Strategies in the Management of Alzheimer Disease: Systematic Review With Network Meta-Analysis. 2017 , 18, 897.e13-897.e30		16
358	Effect of canola oil consumption on memory, synapse and neuropathology in the triple transgenic mouse model of Alzheimer's disease. 2017 , 7, 17134		6
357	Diet quality and attention capacity in European adolescents: the Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study. 2017 , 117, 1587-1595		15
356	Nutrition for the ageing brain: Towards evidence for an optimal diet. 2017 , 35, 222-240		120
355	Whole dietary patterns to optimize cognitive function for military mission-readiness: a systematic review and recommendations for the field. 2017 , 75, 73-88		58
354	Plant Flavonoids in Health, Prevention, and Treatment of Chronic Diseases. 2017 , 347-376		
353	Estilo de vida e intervenções não farmacológicas no tratamento e na prevenção das síndromes geriátricas: uma revisão integrativa. 2017 , 20, 375		
352	The Association between the Mediterranean Dietary Pattern and Cognitive Health: A Systematic Review. <i>Nutrients</i> , 2017 , 9,	6.7	100
351	Trends of Adherence to the Mediterranean Dietary Pattern in Northern Italy from 2010 to 2016. <i>Nutrients</i> , 2017 , 9,	6.7	31
350	Semantic Dementia: A Mini-Review. 2018 , 18, 3-8		4
349	Metal Dyshomeostasis and Their Pathological Role in Prion and Prion-Like Diseases: The Basis for a Nutritional Approach. 2017 , 11, 3		31
348	Alzheimer's Disease?. 2017 ,		1
347	Role of Diet and Nutritional Supplements in Parkinson's Disease Progression. <i>Oxidative Medicine and Cellular Longevity</i> , 2017 , 2017, 6405278	6.7	66
346	[Role of Mediterranean diet on the prevention of Alzheimer disease]. 2017 , 145, 501-507		9
345	Mediterranean diet and cognitive health: Initial results from the Hellenic Longitudinal Investigation of Ageing and Diet. 2017 , 12, e0182048		164
344	Association between dietary patterns and cognitive function among 70-year-old Japanese elderly: a cross-sectional analysis of the SONIC study. 2017 , 16, 56		45
343	Collaborative Management of Neurocognitive Disorders in Primary Care: Explorations of an Attempt at Culture Change. 2017 , 21,		

342	Dietary Patterns, Foods and Beverages in Age-Related Cognitive Performance and Dementia. 2018 , 471-518		
341	Dietary Patterns in Aging and Disease. 2018 , 29-58		
340	Impact of Nutrition on the Gut Microbiota. 2018 , 105-131		1
339	Dementia. 2018 , 131, 1161-1169		128
338	Botanicals and phytochemicals active on cognitive decline: The clinical evidence. 2018 , 130, 204-212		45
337	Adherence to Mediterranean Diet Reduces Incident Frailty Risk: Systematic Review and Meta-Analysis. 2018 , 66, 783-788		131
336	Editorial: Nonpharmacological Treatment of Cognitive Impairment. <i>Journal of Nutrition, Health and Aging</i> , 2018 , 22, 632-633	5.2	5
335	Mediterranean Diet in Preventing Neurodegenerative Diseases. 2018 , 7, 10-20		50
334	Effect of the Mediterranean diet on cognition and brain morphology and function: a systematic review of randomized controlled trials. 2018 , 107, 389-404		71
333	Dietary patterns and the risk of obesity, type 2 diabetes mellitus, cardiovascular diseases, asthma, and neurodegenerative diseases. 2018 , 58, 262-296		136
332	Mediterranean diet and multiple health outcomes: an umbrella review of meta-analyses of observational studies and randomised trials. 2018 , 72, 30-43		394
331	A nutritional intervention programme at a worksite canteen to promote a healthful lifestyle inspired by the traditional Mediterranean diet. 2018 , 69, 117-124		8
330	[Anti-ageing therapies in Alzheimer's disease]. 2018 , 53, 45-53		0
329	The age-related slow increase in amyloid pathology in APP.V717I mice activates microglia, but does not alter hippocampal neurogenesis. 2018 , 61, 112-123		6
328	Adherence to Mediterranean diet and subjective cognitive function in men. 2018 , 33, 223-234		45
327	Study of community-living Alzheimer's patients' adherence to the Mediterranean diet and risks of malnutrition at different disease stages. 2018 , 6, e5150		4
326	Antiaging and Neuroprotective Properties of Mediterranean Diet Components in Humans. 2018 , 237-252		1
325	Cognitive Decline in Adults Aged 65 and Older in Cumbayá Quito, Ecuador: Prevalence and Risk Factors. 2018 , 10, e3269		6

324	Phenolic Compounds Characteristic of the Mediterranean Diet in Mitigating Microglia-Mediated Neuroinflammation. 2018 , 12, 373		57
323	Primary prevention of dementia: from modifiable risk factors to a public brain health agenda?. 2018 , 53, 1289-1301		22
322	Mediterranean Lifestyle in Relation to Cognitive Health: Results from the HELIAD Study. <i>Nutrients</i> , 2018 , 10,	6.7	30
321	Molecular Basis and Emerging Strategies for Anti-aging Interventions. 2018 ,		1
320	Clinical Application of APOE in Alzheimer's Prevention: A Precision Medicine Approach. 2018 , 5, 245-252		20
319	Mild cognitive impairment and progression to dementia in people with diabetes, prediabetes and metabolic syndrome: a systematic review and meta-analysis. 2018 , 53, 1149-1160		85
318	Nutrition and Alzheimer Disease. 2018 , 34, 677-697		22
317	Multinutrient Intervention in the Prevention and Treatment of Dementia. 2018 , 341-351		1
316	Neuroprotective Properties of Wine. 2018 , 271-284		
315	Nutrition and prevention of cognitive impairment. 2018 , 17, 1006-1015		174
314	Dietary patterns derived by factor analysis are associated with cognitive function among a middle-aged and elder Chinese population. 2018 , 269, 640-645		5
313	Effects of Mediterranean Diet on Endothelial Function. 2018 , 363-389		1
312	Mediterranean Diet, Its Components, and Amyloid Imaging Biomarkers. <i>Journal of Alzheimer's Disease</i> , 2018 , 64, 281-290	4.3	16
311	Effect of the NU-AGE Diet on Cognitive Functioning in Older Adults: A Randomized Controlled Trial. 2018 , 9, 349		47
310	A randomized controlled trial of Mediterranean diet and metformin to prevent age-related diseases in people with metabolic syndrome. 2018 , 104, 137-142		11
309	Preventive Effects of Dairy Products on Dementia and the Underlying Mechanisms. <i>International Journal of Molecular Sciences</i> , 2018 , 19,	6.3	27
308	Precision Medicine for Alzheimer's Disease Prevention. <i>Healthcare (Switzerland)</i> , 2018 , 6,	3.4	12
307	Mediterranean Diet as a Potential Strategy to Reduce Cognitive Decline and Dementia in Elderly. 2018 , 183-207		

306	Evaluating the effect of Brainfood groups for people with mild cognitive impairment and mild dementia: preliminary mixed-methodology study. 2018 , 4, 208-214		8
305	Evaluating Mediterranean diet and risk of chronic disease in cohort studies: an umbrella review of meta-analyses. 2018 , 33, 909-931		87
304	Diet, exercise and dementia: The potential impact of a Mediterranean diet pattern and physical activity on cognitive health in a UK population. 2018 , 43, 284-289		4
303	Current understanding of Alzheimer's disease diagnosis and treatment. 2018 , 7,		307
302	How you live is how you feel? Positive associations between different lifestyle factors, cognitive functioning, and health-related quality of life across adulthood. 2018 , 27, 3281-3292		8
301	The Amyloid- β Oligomer Hypothesis: Beginning of the Third Decade. <i>Journal of Alzheimer's Disease</i> , 2018 , 64, S567-S610	4-3	339
300	Nutritional Intervention as a Preventive Approach for Cognitive-Related Outcomes in Cognitively Healthy Older Adults: A Systematic Review. <i>Journal of Alzheimer's Disease</i> , 2018 , 64, S229-S254	4-3	26
299	Body Composition, Dietary, and Gustatory Function Assessment in People With Alzheimer's Disease. 2018 , 33, 508-515		4
298	Nutritional Intervention to Prevent Alzheimer's Disease: Potential Benefits of Xanthophyll Carotenoids and Omega-3 Fatty Acids Combined. <i>Journal of Alzheimer's Disease</i> , 2018 , 64, 367-378	4-3	35
297	Multinutrient Approach to Slow Down Brain Aging and Related Neurodegenerative Disorders. 2018 , 77-88		
296	Biophenols. 2018 , 103-148		4
295	Mediterranean Diet and Dementia. 2018 , 103-115		
294	Making DEEP Sense of Lifestyle Risk and Resilience. <i>Frontiers in Aging Neuroscience</i> , 2019 , 11, 171	5-3	2
293	Nutrition and Metabolic Profiles in the Natural History of Dementia: Recent Insights from Systems Biology and Life Course Epidemiology. 2019 , 8, 256-269		4
292	A Systematic Review of Meta-Analyses that Evaluate Risk Factors for Dementia to Evaluate the Quantity, Quality, and Global Representativeness of Evidence. <i>Journal of Alzheimer's Disease</i> , 2019 , 70, S165-S186	4-3	38
291	The Nutritional Components of Beer and Its Relationship with Neurodegeneration and Alzheimer's Disease. <i>Nutrients</i> , 2019 , 11,	6-7	17
290	Dietary Strategies and Supplements for the Prevention of Cognitive Decline and Alzheimer's Disease. 2019 , 231-247		
289	Nutritional and Botanical Approaches for Cognitive HealthâPart 1. 2019 , 25, 211-218		

288	Influence of Changes in Diet Quality on Unhealthy Aging: The Seniors-ENRICA Cohort. 2019 , 132, 1091-1102.e912		
287	Diet and Alzheimer's dementia - Nutritional approach to modulate inflammation. 2019 , 184, 172743		38
286	Common risk factors for major noncommunicable disease, a systematic overview of reviews and commentary: the implied potential for targeted risk reduction. 2019 , 10, 2040622319880392		40
285	Effect of nutrition on neurodegenerative diseases. A systematic review. 2021 , 24, 810-834		35
284	Updating the Food-Based Dietary Guidelines for the Spanish Population: The Spanish Society of Community Nutrition (SENC) Proposal. <i>Nutrients</i> , 2019 , 11,	6.7	35
283	Diagnosis and Management of Dementia: Review. 2019 , 322, 1589-1599		269
282	Pathways of Prevention: A Scoping Review of Dietary and Exercise Interventions for Neurocognition. 2019 , 5, 3-38		5
281	Obesity-related cognitive impairment: The role of endothelial dysfunction. <i>Neurobiology of Disease</i> , 2019 , 132, 104580	7.5	36
280	Extra-virgin olive oil for potential prevention of Alzheimer disease. 2019 , 175, 705-723		22
279	Nutrients in the Prevention of Alzheimer's Disease. <i>Oxidative Medicine and Cellular Longevity</i> , 2019 , 2019, 9874159	6.7	35
278	Artificial Neural Networks Help to Better Understand the Interplay Between Cognition, Mediterranean Diet, and Physical Performance: Clues from TRELONG Study. <i>Journal of Alzheimer's Disease</i> , 2019 , 71, 1321-1330	4.3	5
277	Nutrition and Cognition. 2019 , 179-202		0
276	Modulating Effect of Diet on Alzheimer's Disease. 2019 , 7,		14
275	State of the science on mild cognitive impairment (MCI). 2019 , 24, 78-87		52
274	The Relationship between Social Capital within Its Different Contexts and Adherence to a Mediterranean Diet Among Lithuanian Adolescents. <i>Nutrients</i> , 2019 , 11,	6.7	3
273	Gene-by-environment interactions in Alzheimer's disease and Parkinson's disease. 2019 , 103, 73-80		45
272	Mediterranean diet adherence and cognitive function in older UK adults: the European Prospective Investigation into Cancer and Nutrition-Norfolk (EPIC-Norfolk) Study. 2019 , 110, 938-948		48
271	The Mediterranean, Dietary Approaches to Stop Hypertension (DASH), and Mediterranean-DASH Intervention for Neurodegenerative Delay (MIND) Diets Are Associated with Less Cognitive Decline and a Lower Risk of Alzheimer's Disease-A Review. 2019 , 10, 1040-1065		127

270	Frailty, Cognitive Decline, Neurodegenerative Diseases and Nutrition Interventions. <i>International Journal of Molecular Sciences</i> , 2019 , 20,	6.3	45
269	Dietary pattern in relation to the risk of Alzheimer's disease: a systematic review. 2019 , 40, 2031-2043		36
268	Mediterranean and MIND Diets Containing Olive Biophenols Reduces the Prevalence of Alzheimer's Disease. <i>International Journal of Molecular Sciences</i> , 2019 , 20,	6.3	31
267	Dietary Protein and Amino Acid Intake: Links to the Maintenance of Cognitive Health. <i>Nutrients</i> , 2019 , 11,	6.7	14
266	Senolytics: The Modern Snake Oil?. <i>Journal of Nutrition, Health and Aging</i> , 2019 , 23, 490-493	5.2	3
265	A systematic review of existing peripheral biomarkers of cognitive aging: Is there enough evidence for biomarker proxies in behavioral modification interventions?: An initiative in association with the nutrition, exercise and lifestyle team of the Canadian Consortium on Neurodegeneration in Aging. 2019 , 53, 1101-1112		9
264	Dietary Patterns Are Related to Clinical Characteristics in Memory Clinic Patients with Subjective Cognitive Decline: The SCIENCE Project. <i>Nutrients</i> , 2019 , 11,	6.7	9
263	Interventions involving a major dietary component improve cognitive function in cognitively healthy adults: a systematic review and meta-analysis. 2019 , 66, 1-12		11
262	Mediterranean Diet and Longevity. 2019 ,		1
261	Neurochemical Aspects of Dementia. 2019 , 1-38		
260	How efficient is resveratrol as an antioxidant of the Mediterranean diet, towards alterations during the aging process?. 2019 , 53, 1101-1112		22
259	Dietary patterns during adulthood and cognitive performance in midlife: The CARDIA study. 2019 , 92, e1589-e1599		31
258	The Role of Nutrition for the Aging Population: Implications for Cognition and Alzheimer's Disease. 2019 , 10, 619-639		27
257	Dietary Fat Intake and Cognitive Function among Older Populations: A Systematic Review and Meta-Analysis. 2019 , 6, 204-211		12
256	Neuroprotection of multifunctional phytochemicals as novel therapeutic strategy for neurodegenerative disorders: antiapoptotic and antiamyloidogenic activities by modulation of cellular signal pathways. 2019 , 14, FNL9		21
255	The Mediterranean Diet: From an Environment-Driven Food Culture to an Emerging Medical Prescription. 2019 , 16,		90
254	Dietary Patterns, Skeletal Muscle Health, and Sarcopenia in Older Adults. <i>Nutrients</i> , 2019 , 11,	6.7	68
253	Diet and Inflammation in Cognitive Ageing and Alzheimer's Disease. 2019 , 8, 53-65		92

252	Health Economic Evaluation Modeling Shows Potential Health Care Cost Savings with Increased Conformance with Healthy Dietary Patterns among Adults in the United States. 2019 , 119, 599-616	19
251	Medical foods in Alzheimer's disease. 2019 , 8, 1-7	10
250	Prevention of Cognitive Decline. 2019 , 205-229	
249	Olive Oil Phenols. 2019 ,	5
248	Association of Dietary Patterns in Midlife and Cognitive Function in Later Life in US Adults Without Dementia. <i>JAMA Network Open</i> , 2019 , 2, e1916641	10.4 7
247	Can deficits in functional capacity and practical judgment indicate cognitive impairment in older adults?. 2021 , 28, 737-744	1
246	Development of Alzheimer disease in old major depressive patients based upon their health status: A retrospective study in Taiwan. 2019 , 98, e15527	2
245	Preventing Cognitive Decline and Dementia. 2019 , 291-306	1
244	Eating habits in the population of the Aeolian Islands: an observational study. 2019 , 22, 1590-1596	
243	Changing the Irish dietary guidelines to incorporate the principles of the Mediterranean diet: proposing the Medfire diet. 2018 , 1-7	7
242	The association between diet and mood: A systematic review of current literature. 2019 , 271, 428-437	24
241	Does lifestyle matter? Individual lifestyle factors and their additive effects associated with cognitive function in older men and women. 2020 , 24, 405-412	7
240	The Mediterranean diet: A historical perspective on food for health. 2020 , 132, 65-69	33
239	Randomized controlled trial on the efficacy of a multilevel non-pharmacologic intervention in older adults with subjective memory decline: design and baseline findings of the E.Mu.N.I. study. 2020 , 32, 817-826	1
238	Long-Term Trajectories of Body Weight, Diet, and Physical Activity From Midlife Through Late Life and Subsequent Cognitive Decline in Women. 2020 , 189, 305-313	11
237	The effect of a Mediterranean diet on metabolic parameters in patients with non-alcoholic fatty liver disease: A systematic review of randomized controlled trials. 2020 , 35, 40-46	21
236	Dietary Mitophagy Enhancer: A Strategy for Healthy Brain Aging?. 2020 , 9,	21
235	Dietary Fatty Acid Factors in Alzheimer's Disease: A Review. <i>Journal of Alzheimer's Disease</i> , 2020 , 78, 887-904	4.3 4

234	Body weight and cognitive impairment. 2020 , 15, 51-59		
233	The Mediterranean diet and menopausal health: An EMAS position statement. 2020 , 139, 90-97		18
232	Microglia-mediated neuroinflammation and Mediterranean diet. 2020 , 347-356		1
231	The Mediterranean style diet and cognition. 2020 , 453-464		
230	KIMEHS-Proposal of an Index for Qualitative Evaluation of Children's Menus-A Pilot Study. <i>Foods</i> , 2020 , 9,	4-9	2
229	Type 2 Diabetes and Mediterranean Diet in Older Adults: a Brief Review of the Evidence. 2020 , 9, 237-241		
228	Eating Behavior in Aging and Dementia: The Need for a Comprehensive Assessment. 2020 , 7, 604488		8
227	How to protect both health and food system sustainability? A holistic 'global health'-based approach via the 3V rule proposal. 2020 , 23, 3028-3044		14
226	A Comprehensive, Multi-Modal Strategy to Mitigate Alzheimer's Disease Risk Factors Improves Aspects of Metabolism and Offsets Cognitive Decline in Individuals with Cognitive Impairment. 2020 , 4, 223-230		1
225	Healthy brain, healthy life: a review of diet and exercise interventions to promote brain health and reduce Alzheimer's disease risk. 2020 , 45, 1055-1065		20
224	Diet Quality, Saturated Fat and Metabolic Syndrome. <i>Nutrients</i> , 2020 , 12,	6.7	2
223	Association between coffee consumption and total dietary caffeine intake with cognitive functioning: cross-sectional assessment in an elderly Mediterranean population. 2021 , 60, 2381-2396		8
222	Do Olive and Fish Oils of the Mediterranean Diet Have a Role in Triple Negative Breast Cancer Prevention and Therapy? An Exploration of Evidence in Cells and Animal Models. 2020 , 7, 571455		7
221	Dietary Pattern, Diet Quality, and Dementia: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. <i>Journal of Alzheimer's Disease</i> , 2020 , 78, 151-168	4-3	8
220	Emerging Therapeutic Promise of Ketogenic Diet to Attenuate Neuropathological Alterations in Alzheimer's Disease. <i>Molecular Neurobiology</i> , 2020 , 57, 4961-4977	6.2	9
219	Nutritional Status Is Associated With Clinical Progression in Alzheimer's Disease: The NUDAD Project. 2020 ,		5
218	Defining Wellness. 2020 , 1-12		
217	Wellness Interventions in the Workplace. 2020 , 248-257		

216 Engaging the Five Senses. **2020**, 448-462

215 Family Relations, Friendships, and Love. **2020**, 553-564

214 Index. **2020**, 623-636

213 Adherence to Dietary Patterns and Risk of Incident Dementia: Findings from the Atherosclerosis Risk in Communities Study. *Journal of Alzheimer's Disease*, **2020**, 78, 827-835 4:3 4

212 Screening and Assessment Methods for Wellness. **2020**, 13-22

211 The Biopsychosocial Assessment. **2020**, 23-36

210 Wellness Measurement. **2020**, 37-44

209 The Wellness Treatment Plan. **2020**, 45-56

208 The Concept of Wellness in Psychiatric and Substance-Use Disorders. **2020**, 57-65

207 Neurological and Neurosurgical Disorders and Wellness. **2020**, 66-78

206 Cardiovascular and Pulmonary Wellness. **2020**, 79-86

205 Gastrointestinal System and Wellness. **2020**, 87-97

204 Wellness and the Genito-Urinary System. **2020**, 98-115

203 Reproductive System. **2020**, 116-134

202 Allergic, Infectious, and Immunological Processes. **2020**, 135-159

201 Wellness in Endocrine and Metabolic Disorders. **2020**, 160-176

200 Wellness in Older Individuals. **2020**, 188-198

199 Wellness in Children and Adolescents. **2020**, 199-208

198 Wellness in Cancer and Neoplastic Diseases. **2020**, 225-236

197 Wellness in Terminal Illness. **2020**, 237-247

196 Wellness Interventions for Physicians and Healthcare Professionals. **2020**, 258-270

195 Nutrition. **2020**, 271-291

194 Exercise, Dance, Tai Chi, Pilates, and Alexander Technique. **2020**, 315-323

193 Sleep, Rest, and Relaxation in Improving Wellness. **2020**, 324-331

192 Sex, Intimacy, and Well-Being. **2020**, 332-344

191 Mindfulness, Meditation, and Yoga. **2020**, 345-356

190 Positive Neuropsychology, Cognitive Rehabilitation, and Neuroenhancement. **2020**, 365-377

189 Acupuncture, Herbs, and Ayurvedic Medicine. **2020**, 378-393

188 Massage, Humor, and Music. **2020**, 403-412

187 Nature and Pets. **2020**, 413-422

1

186 Resilience and Wellness. **2020**, 484-493

185 Developing Purpose, Meaning, and Achievements. **2020**, 494-503

184 Healing and Wellness. **2020**, 504-514

183 Connection, Compassion, and Community. **2020**, 515-524

182 Work, Love, Play, and Joie de Vivre. **2020**, 535-544

181 Well-Being and Work-Life Balance. **2020**, 545-552

180 The Role of Leisure, Recreation, and Play in Health and Well-Being. **2020**, 565-572

179 Wellness Apps and Devices. **2020**, 605-622

0

178 Wellness Interventions in Patients Living with Chronic Medical Conditions. **2020**, 177-187

177 Pharmaceuticals and Alternatives for Wellness. **2020**, 302-314

176 Emotional Intelligence and Its Role in Sustaining Fulfillment in Life. **2020**, 463-473

175 Wellness and Whole-Person Care. **2020**, 573-581

174 Wellness in Pain Disorders. **2020**, 209-224

173 Forgiveness, Gratitude, and Spirituality. **2020**, 357-364

172 The Role of Aesthetics in Wellness. **2020**, 394-402

0

171 Circadian Rhythm in the Digital Age. **2020**, 423-434

170 The Arts in Health Settings. **2020**, 435-447

169 Wellness Interventions for Chronicity and Disability. **2020**, 525-534

168 The Personalized Wellness Life Plan. **2020**, 582-597

167 Wellness Measures. **2020**, 597-604

166 Utilisation of the OliveNetâ€”Library to investigate phenolic compounds using molecular modelling studies in the context of Alzheimer’s disease. **2020**, 87, 107271

2

165 Healthy Lifestyle and Cognition: Interaction between Diet and Physical Activity. **2020**, 9, 64-74

5

164 Neuroprotective Role of Dietary Supplementation with Omega-3 Fatty Acids in the Presence of Basal Forebrain Cholinergic Neurons Degeneration in Aged Mice. *International Journal of Molecular Sciences*, **2020**, 21,

6.3 7

163 Crosstalk Between the Gut Microbiome and Bioactive Lipids: Therapeutic Targets in Cognitive Frailty. **2020**, 7, 17

12

162	Targeted Nutritional Intervention for Patients with Mild Cognitive Impairment: The Cognitive impAiRmEnt Study (CARES) Trial 1. 2020 , 10,		8
161	Preventive Role of L-Carnitine and Balanced Diet in Alzheimer's Disease. <i>Nutrients</i> , 2020 , 12,	6.7	10
160	Purified oleocanthal and ligstroside protect against mitochondrial dysfunction in models of early Alzheimer's disease and brain ageing. 2020 , 328, 113248		26
159	Central and Peripheral Metabolic Defects Contribute to the Pathogenesis of Alzheimer's Disease: Targeting Mitochondria for Diagnosis and Prevention. 2020 , 32, 1188-1236		27
158	Adherence to Mediterranean diet and subsequent cognitive decline in men with cardiovascular disease. 2020 , 1-9		4
157	Therapeutic approaches targeting Apolipoprotein E function in Alzheimer's disease. 2020 , 15, 8		43
156	Influence of the Mediterranean and Ketogenic Diets on Cognitive Status and Decline: A Narrative Review. <i>Nutrients</i> , 2020 , 12,	6.7	15
155	Mediterranean diet and health: A systematic review of epidemiological studies and intervention trials. 2020 , 136, 25-37		35
154	Association of Baltic Sea and Mediterranean diets with frailty phenotype in older women, Kuopio OSTPRE-FPS study. 2021 , 60, 821-831		3
153	Diet, psychosocial stress, and Alzheimer's disease-related neuroanatomy in female nonhuman primates. 2021 , 17, 733-744		5
152	How can dementia and disability be prevented in older adults: where are we today and where are we going?. 2021 , 289, 807-830		17
151	Role of nutraceuticals in cognition during aging and related disorders. 2021 , 143, 104928		6
150	Hydroxytyrosol Acetate Improves the Cognitive Function of APP/PS1 Transgenic Mice in ERDependent Manner. 2021 , 65, e2000797		5
149	The role of peripheral fatty acids as biomarkers for Alzheimer's disease and brain inflammation. 2021 , 164, 102205		1
148	Changes in a specific dietary pattern and incident dementia: A prospective cohort study. 2021 , 40, 3495-3502		2
147	Association of healthy lifestyle with cognitive function among Chinese older adults. 2021 , 75, 325-334		13
146	Probiotics from fermented olives. 2021 , 215-229		0
145	An Innovative Approach to Designing Digital Health Solutions Addressing the Unmet Needs of Obese Patients in Europe. 2021 , 18,		4

144	A mixed methods pilot randomised controlled trial to develop and evaluate the feasibility of a Mediterranean diet and lifestyle education intervention 'THINK-MED' among people with cognitive impairment. 2021 , 7, 3		5
143	Role of gastronomy and new technologies in shaping healthy diets. 2021 , 19-34		0
142	Extra-virgin olive oil, cognition and brain health. 2021 , 415-423		
141	GenoRisk: A polygenic risk score for Alzheimer's disease. 2021 , 7, e12211		0
140	A Prediction Model for Cognitive Impairment Risk in Colorectal Cancer after Chemotherapy Treatment. 2021 , 2021, 6666453		1
139	FORMATION, ASSESSMENT AND CORRECTION OF COGNITIVE DISORDERS IN PATIENTS WITH COMORBID CHRONIC OBSTRUCTIVE PULMONARY AND CORONARY HEART DISEASES. 2021 , 10-18		
138	Mediterranean Diet and Risk of Dementia and Alzheimer's Disease in the EPIC-Spain Dementia Cohort Study. <i>Nutrients</i> , 2021 , 13,	6.7	10
137	Cerebrovascular disease in senile patient (clinical case). 2021 , 103-110		
136	Mediterranean lifestyle patterns are associated with cognition in older adults. 2021 , 2, e30		1
135	Impact of Polyphenolic-Food on Longevity: An Elixir of Life. An Overview. 2021 , 10,		17
134	Mediterranean diet and risk for dementia and cognitive decline in a Mediterranean population. 2021 , 69, 1548-1559		18
133	Precision Nutrition for Alzheimer's Prevention in Carriers. <i>Nutrients</i> , 2021 , 13,	6.7	8
132	Adherence to the Mediterranean Diet and anthropometric profile of obese Algerian subjects. 2021 , 5, 23-29		
131	Microglia and modifiable life factors: Potential contributions to cognitive resilience in aging. 2021 , 405, 113207		6
130	The salivary proteome reflects some traits of dietary habits in diabetic and non-diabetic older adults. 2021 , 60, 4331-4344		1
129	Mediterranean Diet, Alzheimer Disease Biomarkers and Brain Atrophy in Old Age. 2021 ,		17
128	The Effect of Mediterranean Diet on Cognitive Functions in the Elderly Population. <i>Nutrients</i> , 2021 , 13,	6.7	2
127	Building research in diet and cognition (BRIDGE): Baseline characteristics of older obese African American adults in a randomized controlled trial to examine the effect of the Mediterranean diet with and without weight loss on cognitive functioning. 2021 , 22, 101302		4

126	Impact of Mediterranean Diet on Chronic Non-Communicable Diseases and Longevity. <i>Nutrients</i> , 2021 , 13,	6.7	14
125	Impact of Transcranial Direct Current Stimulation on Cognitive Function, Brain Functional Segregation, and Integration in Patients with Mild Cognitive Impairment According to Amyloid-Beta Deposition and β -Allele: A Pilot Study. 2021 , 11,		0
124	Promoting Successful Cognitive Aging: A Ten-Year Update. <i>Journal of Alzheimer's Disease</i> , 2021 , 81, 871-920		16
123	Dietary Patterns and Mild Cognitive Impairment Risk in Korean Adults over 50 Years Old. 2021 , 26, 132-145		1
122	Metabolic Syndrome: Is It Time to Add the Central Nervous System?. <i>Nutrients</i> , 2021 , 13,	6.7	3
121	A review on advances of treatment modalities for Alzheimer's disease. 2021 , 276, 119129		11
120	Gut Microbiota, Probiotic Interventions, and Cognitive Function in the Elderly: A Review of Current Knowledge. <i>Nutrients</i> , 2021 , 13,	6.7	7
119	Probiotics for Mild Cognitive Impairment and Alzheimer's Disease: A Systematic Review and Meta-Analysis. <i>Foods</i> , 2021 , 10,	4.9	8
118	The Effects of Multi-Domain Interventions on Cognition: A Systematic Review. 2021 , 1939459211032272		1
117	Mild cognitive impairment: when nutrition helps brain energy rescue-a report from the EuGMS 2020 Congress. 2021 , 12, 1285-1292		2
116	Editorial: Management of Cognitive Dysfunction. <i>Journal of Nutrition, Health and Aging</i> , 2021 , 25, 819-820		2
115	The Mediterranean diet and health: a comprehensive overview. 2021 , 290, 549-566		26
114	Polyphenols as adjunctive treatments in psychiatric and neurodegenerative disorders: Efficacy, mechanisms of action, and factors influencing inter-individual response. 2021 , 172, 101-122		5
113	Sarcopenia and Mild Cognitive Impairment in Older Adults from Six Low- and Middle-Income Countries. <i>Journal of Alzheimer's Disease</i> , 2021 , 82, 1745-1754	4.3	0
112	What Makes Families Healthy? Examining Correlates of Family Health in a Nationally Representative Sample of Adults in the United States. 0192513X2110428		2
111	Synergistic Action of Membrane-Bound and Water-Soluble Antioxidants in Neuroprotection. 2021 , 26,		3
110	Neuroprotective Potential of Mung Bean (L.) Polyphenols in Alzheimer's Disease: A Review. 2021 , 69, 11554-11571		2
109	Gut Microbiota and Alzheimer's Disease: Pathophysiology and Therapeutic Perspectives. <i>Journal of Alzheimer's Disease</i> , 2021 , 83, 963-976	4.3	1

108	Cardiovascular Complications of Acetylcholinesterase Inhibitors in Patients with Alzheimer's Disease: A Narrative Review. 2021 , 25, 170-177	1
107	The Mini-Cog, Clock Drawing Test, and Three-Item Recall Test: Rapid Cognitive Screening Tools with Comparable Performance in Detecting Mild NCD in Older Patients. 2021 , 6,	1
106	Long-term diet quality and its change in relation to late-life subjective cognitive decline. 2021 ,	0
105	Nonparametric parameters of 24-hour rest-activity rhythms and long-term cognitive decline and incident cognitive impairment in older men. 2021 ,	2
104	Modulation of the microbiota-gut-brain axis by bioactive food, prebiotics, and probiotics decelerates the course of Alzheimer's disease. 2021 , 51-86	1
103	Review of the Pathology, Diagnosis and Treatment for Alzheimer's Disease. 2021 ,	
102	Nutraceutical approach to age-related diseasesâthe clinical evidence on cognitive decline. 2021 , 255-272	
101	Epidemiology and Risk Factors of Alzheimer's Disease: A Focus on Diet. 2018 , 15-42	6
100	Cognitive Impairment and Rehabilitation in Alzheimer's Disease. 2019 , 1-30	2
99	Three Effective Ways to Nurture Our Brain. 2017 , 22, 101-120	7
98	Dietary Factors and Cognitive Decline. 2016 , 3, 53-64	46
97	Bridging the Translation Gap: From Dementia Risk Assessment to Advice on Risk Reduction. 2015 , 2, 189-198	23
96	Dietary Patterns and Cognitive Decline: key features for prevention. 2019 , 25, 2428-2442	17
95	Nutritional prevention of cognitive decline and dementia. 2018 , 89, 276-290	25
94	Dietary interventions in mild cognitive impairment and dementia. 2019 , 21, 69-82	21
93	Potential Therapeutic Role of Phytochemicals to Mitigate Mitochondrial Dysfunctions in Alzheimer's Disease. 2020 , 10,	5
92	Nutritional aspects of cognitive impairment. 2020 , 70, 98-108	0
91	Dietary Patterns and Healthy Ageing. 2021 , 301-314	

90	Meta-analysis of Virtual Reality Based on Delaying Mild Cognitive Impairment. 2021 , 210,		0
89	Unusual Bioactive Compounds with Antioxidant Properties in Adjuvant Therapy Supporting Cognition Impairment in Age-Related Neurodegenerative Disorders. <i>International Journal of Molecular Sciences</i> , 2021 , 22,	6.3	1
88	Metagenomics and chemotherapy-induced nausea: A roadmap for future research. 2021 ,		1
87	Alzheimer's Disease, Mild Cognitive Impairment and Mediterranean Diet. A Systematic Review and Dose-Response Meta-Analysis. 2021 , 10,		5
86	Prevention of Dementia. 2016 , 9-32		
85	[Cerebral markers of endothelial dysfunction in chronic brain ischemia]. <i>Zhurnal Nevrologii I Psikiatrii Imeni S S Korsakova</i> , 2017 , 117, 107-111	0.4	2
84	Mild Cognitive Impairment. <i>Advances in Medical Diagnosis, Treatment, and Care</i> , 2018 , 134-151	0.2	
83	Alzheimer's Disease ?. 2018 ,		
82	Extra-virgin Olive Oil, the Mediterranean Diet, and Neurodegenerative Diseases. <i>Practical Issues in Geriatrics</i> , 2018 , 81-95	0.1	
81	Diyet Yağlı Alzheimer Hastalığı Patolojisi Üzerine Potansiyel Koruyucu Etkileri. <i>Sağlık Bilimleri Dergisi</i>	0	
80	A Questionnaire-based Assessment of Dietary Adherence and Identification of Barriers to Healthy Eating. <i>The Open Nutrition Journal</i> , 2019 , 13, 1-15	0.2	0
79	A summary of the evidence and evaluation of the effectiveness of nonpharmacological interventions for mild cognitive impairment. <i>Frontiers of Nursing</i> , 2019 , 6, 301-316	0.4	
78	Nut Consumption and Noncommunicable Diseases: Evidence From Epidemiological Studies. 2020 , 441-452		
77	Dementia Risk Reduction in Practice: The Knowledge, Opinions and Perspectives of Australian Healthcare Providers.		
76	Disentangling Mitochondria in Alzheimer's Disease. <i>International Journal of Molecular Sciences</i> , 2021 , 22,	6.3	2
75	The Mediterranean Diet. 2020 , 17-31		0
74	[Prevention of dementia in patients with mild cognitive impairment]. <i>Zhurnal Nevrologii I Psikiatrii Imeni S S Korsakova</i> , 2020 , 120, 167-174	0.4	1
73	The Mediterranean Diet: A Healthy Diet for the Modern Times. 2020 , 409-434		

72	Cognitive Impairment in Obesity and Diabetes. 2020 , 399-414		0
71	Preventive Effects of Dairy Products on Dementia and Cognitive Decline. <i>Journal of Dairy Science and Biotechnology</i> , 2020 , 38, 27-36	0.5	
70	The Handbook of Wellness Medicine. 2020 ,		2
69	Nutraceuticals and Wellness. 2020 , 292-301		1
68	Nutritional Interventions to Improve Cognitive Function. 2021 , 59-79		
67	Diet, psychosocial stress, and Alzheimer’s disease-related neuroanatomy in female nonhuman primates.		
66	Diet therapy for the treatment of Alzheimer’s disease in view of traditional Persian medicine: A review. <i>Iranian Journal of Basic Medical Sciences</i> , 2019 , 22, 1102-1117	1.8	6
65	Adherence to the Mediterranean Diet and Healthy Aging: A Narrative Review over the Last Decade. <i>Médica</i> , 2020 , 15, 521-528		
64	Antioxidant diets and functional foods attenuate dementia and cognition in elderly subjects. 2022 , 533-549		0
63	Olive fruit and olive oil bioactive polyphenols in the promotion of health. 2022 , 203-220		1
62	A Scoping Review of Dietary Factors Conferring Risk or Protection for Cognitive Decline in APOE ε Carriers. <i>Journal of Nutrition, Health and Aging</i> , 2021 , 25, 1167-1178	5.2	
61	Nutrition, Physical Activity, and Other Lifestyle Factors in the Prevention of Cognitive Decline and Dementia. <i>Nutrients</i> , 2021 , 13,	6.7	13
60	The Effect of Olfactory Training on Olfaction, Cognition, and Brain Function in Patients with Mild Cognitive Impairment. <i>Journal of Alzheimer’s Disease</i> , 2021 ,	4.3	1
59	Pursuit of precision medicine: Systems biology approaches in Alzheimer’s disease mouse models. <i>Neurobiology of Disease</i> , 2021 , 161, 105558	7.5	3
58	Clinical Guidelines for Cognitive Disorders in Elderly and Older Patients. <i>Zhurnal Nevrologii i Psikiatrii Imeni S S Korsakova</i> , 2021 , 121, 6	0.4	4
57	[Food and nutrition for older adults to prevent frailty sarcopenia]. <i>Japanese Journal of Geriatrics</i> , 2021 , 58, 550-555	0	
56	Palmitic Acid and Oleic Acid Differently Modulate TLR2-Mediated Inflammatory Responses in Microglia and Macrophages.. <i>Molecular Neurobiology</i> , 2022 , 59, 2348	6.2	1
55	Feasibility of a Yoga Intervention for Individuals with Mild Cognitive Impairment: A Randomized Controlled Trial.. 2022 , 28, 250-260		0

54	Can Nutrients and Dietary Supplements Potentially Improve Cognitive Performance Also in Esports?. <i>Healthcare (Switzerland)</i> , 2022 , 10,	3.4	4
53	Neurodegenerative Diseases and the Gut Microbiota. 2022 , 339-392		
52	Healthy Aging and Dietary Patterns.. <i>Nutrients</i> , 2022 , 14,	6.7	4
51	Dietary consumption of desert olive tree pearls reduces brain A β content and improves learning and memory ability in aged mice. <i>Journal of Functional Foods</i> , 2022 , 91, 105021	5.1	
50	Mediterranean, DASH, and MIND Dietary Patterns and Cognitive Function: The 2-Year Longitudinal Changes in an Older Spanish Cohort.. <i>Frontiers in Aging Neuroscience</i> , 2021 , 13, 782067	5.3	0
49	Associations between Visual Acuity and Cognitive Decline in Older Adulthood: A 9-Year Longitudinal Study. <i>Journal of the International Neuropsychological Society</i> , 1-11	3.1	
48	Diet and Dementia: A Prospective Study.. <i>Nutrients</i> , 2021 , 13,	6.7	1
47	Association of adherence to high-intensity physical activity and the Mediterranean-dietary approaches to stop hypertension intervention for neurodegenerative delay diet with cognition: A cross-sectional study.. <i>International Journal of Nursing Studies</i> , 2022 , 131, 104243	5.8	2
46	Are dietary patterns becoming more processed? The effects of different dietary patterns on cognition: A review.. <i>Nutrition and Health</i> , 2022 , 2601060221094129	2.1	0
45	Amyloid B-Protein Aggregation at Physiologically Relevant Concentrations. A Critical Role of Membranes.. 2020 , 3,		
44	Knowledge, attitudes, and practice of general practitioners toward community detection and management of mild cognitive impairment: a cross-sectional study in Shanghai, China.. 2022 , 23, 114		0
43	Mechanisms of Mitochondrial Malfunction in Alzheimer's Disease: New Therapeutic Hope. <i>Oxidative Medicine and Cellular Longevity</i> , 2022 , 2022, 1-28	6.7	7
42	Diet Patterns, the Gut Microbiome, and Alzheimer's Disease. <i>Journal of Alzheimer's Disease</i> , 2022 , 1-9	4.3	1
41	Protective Role of the Mediterranean Diet against the Development of Age-Related Cognitive Disorders: An Umbrella Review of Meta-Analyses.		
40	Health Benefits, Food Applications, and Sustainability of Microalgae-Derived N-3 Pufa. <i>Foods</i> , 2022 , 11, 1883	4.9	3
39	Overview of therapeutic targets in management of dementia. <i>Biomedicine and Pharmacotherapy</i> , 2022 , 152, 113168	7.5	0
38	Panoply of plant extracts in the treatment of prion diseases. 2022 , 33-46		
37	Association of Mediterranean Diet With Cognitive Decline Among Diverse Hispanic or Latino Adults From the Hispanic Community Health Study/Study of Latinos. <i>JAMA Network Open</i> , 2022 , 5, e2221982	10.4	1

36	The road to precision medicine: Eliminating the “One Size Fits All” approach in Alzheimer’s disease. <i>Biomedicine and Pharmacotherapy</i> , 2022 , 153, 113337	7.5	1
35	Association between the mediterranean diet and cognitive health among healthy adults: A systematic review and meta-analysis. 9,		1
34	Diet, nutrition, and cognitive function: A narrative review of Japanese longitudinal studies.		
33	Dietary Fiber Modulates the Release of Gut Bacterial Products Preventing Cognitive Decline in an Alzheimer’s Mouse Model.		2
32	Pathophysiology of Alzheimer’s Disease. 2022 ,		1
31	Does diet matter? The implications of dietary habits for dementia. 10.1212/WNL.000000000201420		0
30	Association Between Dietary Habits in Midlife With Dementia Incidence Over a 20-Year Period. 10.1212/WNL.000000000		
29	Cognitive Impairment in Older Adults. 2022 ,		0
28	Lifestyle Factors and Successful Cognitive Aging in Older Adults. 2022 , 69-110		0
27	Cognitive decline and dementia in women after menopause: Prevention strategies. 2022 ,		0
26	Adherence to a Mediterranean Diet is associated with physical and cognitive health: A cross-sectional analysis of community-dwelling older Australians. 10,		0
25	Research Progress of Non-Drug Intervention in Patients with Type 2 Diabetes Mellitus and Mild Cognitive Impairment. 2022 , 12, 10472-10479		0
24	Cognitive impairments in cardiological patients: diagnosis and prevention. 2022 , 15, 560		0
23	Iron and Alzheimer’s Disease. 2023 , 139-170		0
22	Specific Nutritional Therapeutic Approaches Targeting Iron Overload and Other Hallmarks of Brain Degenerative Diseases. 2023 , 45-68		0
21	Effect of the Mediterranean diet and probiotic supplementation in the management of mild cognitive impairment: Rationale, methods, and baseline characteristics. 9,		0
20	Mild cognitive impairment treatment issues. 2022 , 14, 110-114		0
19	Mediterranean Diet and Neuro-Cognition: Focus on Alzheimer Disease. 2023 , 69-84		0

18	No effect of calorie restriction or dietary patterns on spatial working memory during a two-year intervention: a secondary analysis of the CALERIE trial. 2023 ,	0
17	Eating Behaviors, Lifestyle, and Ischemic Stroke: A Lebanese Case-Control Study. 2023 , 20, 1487	1
16	Association between Psychological Disorders, Mediterranean Diet, and Chronotype in a Group of Italian Adults. 2023 , 20, 335	0
15	Dietary Balance in Alzheimer's Patients vs. Healthy People. 2022 ,	0
14	Thwarting Alzheimer's Disease through Healthy Lifestyle Habits: Hope for the Future. 2023 , 15, 162-187	1
13	Mediterranean diet in the management and prevention of obesity. 2023 , 174, 112121	1
12	Future foods, dietary factors and healthspan. 2023 , 3, 75-98	0
11	Older adults and healthcare professionals have limited awareness of the link between the Mediterranean diet and the gut microbiome for healthy aging. 10,	0
10	The gut microbiome in Alzheimer's disease: what we know and what remains to be explored. 2023 , 18,	1
9	The role of nutrition and the Mediterranean diet on the trajectories of cognitive decline. 2023 , 173, 112110	1
8	Sense of Purpose in Life and Beliefs and Knowledge of Alzheimer's Disease.	0
7	Dietary diversity and risk of late-life disabling dementia in middle-aged and older adults. 2023 , 42, 541-549	0
6	Effectiveness of lifestyle medicine on cognitive functions in mild cognitive impairments and dementia: A systematic review on randomized controlled trials. 2023 , 86, 101886	0
5	The Role of Diet as a Modulator of the Inflammatory Process in the Neurological Diseases. 2023 , 15, 1436	0
4	Genetic risk for Alzheimer's disease and adherence to the Mediterranean diet: results from the HELIAD study. 1-11	0
3	Stem cells in the treatment of Alzheimer's disease - Promises and pitfalls. 2023 , 1869, 166712	0
2	The influence of healthy lifestyle behaviors on cognitive function among older Chinese adults across age and gender: Evidence from panel data. 2023 , 105040	0
1	Microbiota-gut-brain axis and related therapeutics in Alzheimer's disease: prospects for multitherapy and inflammation control. 2023 ,	0

