

# Mediterranean diets and metabolic syndrome status in

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Citation Report

#	ARTICLE	IF	CITATIONS
2	Nut consumption is inversely associated with both cancer and total mortality in a Mediterranean population: prospective results from the Moli-sani study. <i>British Journal of Nutrition</i> , 2015, 114, 804-811.	1.2	46
3	Adherence to the Mediterranean diet is inversely associated with visceral abdominal tissue in Caucasian subjects. <i>Clinical Nutrition</i> , 2015, 34, 1266-1272.	2.3	54
5	Effect of consuming novel foods consisting high oleic canola oil, barley $\beta$ -glucan, and DHA on cardiovascular disease risk in humans: the CONFIDENCE (Canola Oil and Fibre with DHA Enhanced) study " protocol for a randomized controlled trial. <i>Trials</i> , 2015, 16, 489.	0.7	6
6	Working toward Healthy and Sustainable Diets: The "Double Pyramid Model" Developed by the Barilla Center for Food and Nutrition to Raise Awareness about the Environmental and Nutritional Impact of Foods. <i>Frontiers in Nutrition</i> , 2015, 2, 9.	1.6	67
7	Proposal of a Mediterranean Diet Serving Score. <i>PLoS ONE</i> , 2015, 10, e0128594.	1.1	87
8	Protective Effects of the Mediterranean Diet on Type 2 Diabetes and Metabolic Syndrome. <i>Journal of Nutrition</i> , 2016, 146, 920S-927S.	1.3	155
9	A journey into a Mediterranean diet and type 2 diabetes: a systematic review with meta-analyses. <i>BMJ Open</i> , 2015, 5, e008222.	0.8	368
10	Extra virgin olive oil use is associated with improved post-prandial blood glucose and LDL cholesterol in healthy subjects. <i>Nutrition and Diabetes</i> , 2015, 5, e172-e172.	1.5	74
11	Benefits of the Mediterranean Diet: Insights From the PREDIMED Study. <i>Progress in Cardiovascular Diseases</i> , 2015, 58, 50-60.	1.6	538
12	New Insights into the Role of Nutrition in CVD Prevention. <i>Current Cardiology Reports</i> , 2015, 17, 26.	1.3	34
13	MUFAs. <i>Advances in Nutrition</i> , 2015, 6, 276-277.	2.9	21
15	Mediterranean Diet, Retinopathy, Nephropathy, and Microvascular Diabetes Complications: A Post Hoc Analysis of a Randomized Trial. <i>Diabetes Care</i> , 2015, 38, 2134-2141.	4.3	104
16	Effect of low-fat diet interventions versus other diet interventions on long-term weight change in adults: a systematic review and meta-analysis. <i>Lancet Diabetes and Endocrinology</i> , 2015, 3, 968-979.	5.5	286
17	Consumption of Yogurt, Low-Fat Milk, and Other Low-Fat Dairy Products Is Associated with Lower Risk of Metabolic Syndrome Incidence in an Elderly Mediterranean Population. <i>Journal of Nutrition</i> , 2015, 145, 2308-2316.	1.3	127
20	Nutrition, insulin resistance and dysfunctional adipose tissue determine the different components of metabolic syndrome. <i>World Journal of Diabetes</i> , 2016, 7, 483.	1.3	108
21	Mediterranean diet in the southern Croatia " does it still exist?. <i>Croatian Medical Journal</i> , 2016, 57, 415-424.	0.2	36
22	Adherence to a Mediterranean-Style Diet and Effects on Cognition in Adults: A Qualitative Evaluation and Systematic Review of Longitudinal and Prospective Trials. <i>Frontiers in Nutrition</i> , 2016, 3, 22.	1.6	128
23	The Effect of the Traditional Mediterranean-Style Diet on Metabolic Risk Factors: A Meta-Analysis. <i>Nutrients</i> , 2016, 8, 168.	1.7	81

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24	Frequent Consumption of Sugar- and Artificially Sweetened Beverages and Natural and Bottled Fruit Juices Is Associated with an Increased Risk of Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Disease Risk. <i>Journal of Nutrition</i> , 2016, 146, 1528-1536.	1.3	60
25	American Association of Clinical Endocrinologists and American College of Endocrinology Comprehensive Clinical Practice Guidelines for Medical Care of Patients with Obesity. <i>Endocrine Practice</i> , 2016, 22, 842-884.	1.1	162
26	American Association of Clinical Endocrinologists and American College of Endocrinology Comprehensive Clinical Practice Guidelines For Medical Care of Patients with Obesity. <i>Endocrine Practice</i> , 2016, 22, 1-203.	1.1	952
28	Replacing red meat and processed red meat for white meat, fish, legumes or eggs is associated with lower risk of incidence of metabolic syndrome. <i>Clinical Nutrition</i> , 2016, 35, 1442-1449.	2.3	53
29	Mediterranean diets supplemented with virgin olive oil and nuts enhance plasmatic antioxidant capabilities and decrease xanthine oxidase activity in people with metabolic syndrome: The PREDIMED study. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 2654-2664.	1.5	55
30	Anti-inflammatory diet and 10-year (2002-2012) cardiovascular disease incidence: The ATTICA study. <i>International Journal of Cardiology</i> , 2016, 222, 473-478.	0.8	28
31	Healthful dietary patterns and long-term weight change among women with a history of gestational diabetes mellitus. <i>International Journal of Obesity</i> , 2016, 40, 1748-1753.	1.6	32
32	Long-Term Immunomodulatory Effects of a Mediterranean Diet in Adults at High Risk of Cardiovascular Disease in the PREvención con Dieta MEDiterránea (PREDIMED) Randomized Controlled Trial. <i>Journal of Nutrition</i> , 2016, 146, 1684-1693.	1.3	133
33	Effects of canola and high-oleic acid canola oils on abdominal fat mass in individuals with central obesity. <i>Obesity</i> , 2016, 24, 2261-2268.	1.5	72
34	Human monocytes and macrophages undergo M1-type inflammatory polarization in response to high levels of glucose. <i>Immunology Letters</i> , 2016, 176, 81-89.	1.1	115
35	Oleic acid stimulates glucagon-like peptide-1 release from enteroendocrine cells by modulating cell respiration and glycolysis. <i>Metabolism: Clinical and Experimental</i> , 2016, 65, 8-17.	1.5	22
36	Food-Based Approaches for Achieving Nutritional Adequacy with the Mediterranean, DASH, and USDA Food Patterns. , 2016, , 239-259.		4
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38	Nutrient interface with biology and aging. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2016, 19, 1-4.	1.3	5
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40	Polyphenol-based nutraceuticals for the prevention and treatment of cardiovascular disease: Review of human evidence. <i>Phytomedicine</i> , 2016, 23, 1145-1174.	2.3	104
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44	Mediterranean diet for type 2 diabetes: cardiometabolic benefits. <i>Endocrine</i> , 2017, 56, 27-32.	1.1	88
45	Cambios en el Índice de Hígado Graso con una intervención con dieta mediterránea: seguimiento de 6 años del ensayo PREDIMED-Málaga. <i>Medicina Clínica</i> , 2017, 148, 435-443.	0.3	25
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48	Dietary energy density and body weight changes after 3 years in the PREDIMED study. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 865-872.	1.3	14
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50	A walnut-containing meal had similar effects on early satiety, CCK, and PYY, but attenuated the postprandial GLP-1 and insulin response compared to a nut-free control meal. <i>Appetite</i> , 2017, 117, 51-57.	1.8	28
51	The PREDIMED trial, Mediterranean diet and health outcomes: How strong is the evidence?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, 624-632.	1.1	90
52	Changes in fatty liver index after consuming a Mediterranean diet: 6-Year follow-up of the PREDIMED-Málaga trial. <i>Medicina Clínica (English Edition)</i> , 2017, 148, 435-443.	0.1	9
53	Lifestyle recommendations for the prevention and management of metabolic syndrome: an international panel recommendation. <i>Nutrition Reviews</i> , 2017, 75, 307-326.	2.6	294
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55	The PREDIMED study. <i>Endocrinología, Diabetes Y Nutrición</i> , 2017, 64, 63-66.	0.1	18
56	<i>In vitro</i> fermented raw and roasted walnuts induce expression of CAT and GSTT2 genes, growth inhibition, and apoptosis in LT97 colon adenoma cells. <i>Nutrition Research</i> , 2017, 47, 72-80.	1.3	16
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66	Survival Mediterranean Style: Lifestyle Changes to Improve the Health of the US Fire Service. Frontiers in Public Health, 2017, 5, 331.	1.3	16
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87	Nuts and Cardio-Metabolic Disease: A Review of Meta-Analyses. <i>Nutrients</i> , 2018, 10, 1935.	1.7	46
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89	Dietary Fats and Chronic Noncommunicable Diseases. <i>Nutrients</i> , 2018, 10, 1385.	1.7	68
90	COSMIC project: consensus on the objectives of the metabolic syndrome in clinic. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2018, Volume 11, 683-697.	1.1	19
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93	Effects of Mediterranean Diet on Endothelial Function. , 2018, , 363-389.		1
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95	Hypertension and cardiometabolic disease. <i>Frontiers in Bioscience - Scholar</i> , 2018, 10, 166-174.	0.8	19
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100	Nut consumption and risk of metabolic syndrome and overweight/obesity: a meta-analysis of prospective cohort studies and randomized trials. <i>Nutrition and Metabolism</i> , 2018, 15, 46.	1.3	55
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105	Dietary Fat Intake and Metabolic Syndrome in Older Adults. <i>Nutrients</i> , 2019, 11, 1901.	1.7	32
106	Primary Prevention of ASCVD and T2DM in Patients at Metabolic Risk: An Endocrine Society* Clinical Practice Guideline. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2019, 104, 3939-3985.	1.8	42
107	Dietary fat intake and metabolic syndrome in adults: A systematic review. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 887-905.	1.1	78
108	Visceral fat reduction is positively associated with blood pressure reduction in overweight or obese males but not females: an observational study. <i>Nutrition and Metabolism</i> , 2019, 16, 44.	1.3	5
109	Benefits of the Mediterranean diet: Epidemiological and molecular aspects. <i>Molecular Aspects of Medicine</i> , 2019, 67, 1-55.	2.7	141
110	Nutritionally Attenuating the Human Gut Microbiome To Prevent and Manage Metabolic Syndrome. <i>Journal of Agricultural and Food Chemistry</i> , 2019, 67, 12675-12684.	2.4	15
111	&lt;p&gt;The Mediterranean Diet And Cardioprotection: Historical Overview And Current Research&lt;/p&gt;. <i>Journal of Multidisciplinary Healthcare</i> , 2019, Volume 12, 805-815.	1.1	22
112	Dietary share of ultra-processed foods and metabolic syndrome in the US adult population. <i>Preventive Medicine</i> , 2019, 125, 40-48.	1.6	142
113	A Randomized Controlled Pilot Study to Assess Effects of a Daily Pistachio ( <i>Pistacia Vera</i> ) Afternoon Snack on Next-Meal Energy Intake, Satiety, and Anthropometry in French Women. <i>Nutrients</i> , 2019, 11, 767.	1.7	22
114	Lifestyle interventions and nutraceuticals: Guideline-based approach to cardiovascular disease prevention. <i>Atherosclerosis: X</i> , 2019, 1, 100003.	0.0	5
115	Mediterranean Diet and Cardiometabolic Syndrome: A Systematic Review through Evidence-Based Answers to Key Clinical Questions. <i>Nutrients</i> , 2019, 11, 655.	1.7	83

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117	Experimental Outcomes of the Mediterranean Diet: Lessons Learned from the Predimed Randomized Controlled Trial. <i>Nutrients</i> , 2019, 11, 2991.	1.7	27
118	French and Mediterranean-style diets: Contradictions, misconceptions and scientific facts-A review. <i>Food Research International</i> , 2019, 116, 840-858.	2.9	24
119	Diet quality and well-being in children and adolescents: the UP&DOWN longitudinal study. <i>British Journal of Nutrition</i> , 2019, 121, 221-231.	1.2	27
120	Relevance of functional foods in the Mediterranean diet: the role of olive oil, berries and honey in the prevention of cancer and cardiovascular diseases. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 893-920.	5.4	126
121	Effectiveness of A Multifactorial Intervention in Increasing Adherence to the Mediterranean Diet among Patients with Diabetes Mellitus Type 2: A Controlled and Randomized Study (EMID Study). <i>Nutrients</i> , 2019, 11, 162.	1.7	48
122	Metabolic syndrome, Mediterranean diet, and polyphenols: Evidence and perspectives. <i>Journal of Cellular Physiology</i> , 2019, 234, 5807-5826.	2.0	118
123	Promoting and Implementing the Mediterranean Diet in the Southern Hemisphere: the Chilean Experience. <i>European Journal of Clinical Nutrition</i> , 2019, 72, 38-46.	1.3	13
124	Longitudinal changes in Mediterranean diet and transition between different obesity phenotypes. <i>Clinical Nutrition</i> , 2020, 39, 966-975.	2.3	16
125	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. <i>European Journal of Nutrition</i> , 2020, 59, 2395-2409.	1.8	11
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128	Daily consumption of pistachios over 12 weeks improves dietary profile without increasing body weight in healthy women: A randomized controlled intervention. <i>Appetite</i> , 2020, 144, 104483.	1.8	18
129	Evaluation of the effects of probiotic yoghurt on inflammation and cardiometabolic risk factors in subjects with metabolic syndrome: A randomised controlled trial. <i>International Dairy Journal</i> , 2020, 101, 104577.	1.5	10
130	Bioactives and health benefits of nuts and dried fruits. <i>Food Chemistry</i> , 2020, 314, 126192.	4.2	138
131	Relationship between legume consumption and metabolic syndrome: A systematic review and meta-analysis of observational studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 384-392.	1.1	8
132	Ethnicity and Metabolic Syndrome: Implications for Assessment, Management and Prevention. <i>Nutrients</i> , 2020, 12, 15.	1.7	38
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135	Oleic acid and implications for the Mediterranean diet. , 2020, , 267-274.		1
136	Contribution of nuts to the Mediterranean diet. , 2020, , 141-150.		2
137	The Mediterranean style diet and cognition. , 2020, , 453-464.		0
138	Dietary Pattern and Its Correlates among Lithuanian Young Adults: Mediterranean Diet Approach. <i>Nutrients</i> , 2020, 12, 2025.	1.7	8
139	Diet Quality, Saturated Fat and Metabolic Syndrome. <i>Nutrients</i> , 2020, 12, 3232.	1.7	31
140	Association of nutrient patterns and metabolic syndrome and its components in adults living in Tehran, Iran. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 1071-1079.	0.8	7
141	The role of the Mediterranean diet on weight loss and obesity-related diseases. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2020, 21, 315-327.	2.6	74
142	The Effect of the Mediterranean Diet on Metabolic Health: A Systematic Review and Meta-Analysis of Controlled Trials in Adults. <i>Nutrients</i> , 2020, 12, 3342.	1.7	119
143	Nutrition, Thrombosis, and Cardiovascular Disease. <i>Circulation Research</i> , 2020, 126, 1415-1442.	2.0	35
144	Effects of Supplementing the Usual Diet with a Daily Dose of Walnuts for Two Years on Metabolic Syndrome and Its Components in an Elderly Cohort. <i>Nutrients</i> , 2020, 12, 451.	1.7	15
145	Associations between omega-6 polyunsaturated fatty acids, hyperinsulinemia and incident diabetes by race/ethnicity: The Multi-Ethnic Study of Atherosclerosis. <i>Clinical Nutrition</i> , 2020, 39, 3031-3041.	2.3	26
146	Mediterranean diet and health: A systematic review of epidemiological studies and intervention trials. <i>Maturitas</i> , 2020, 136, 25-37.	1.0	81
147	Leisure-Time Physical Activity, Sedentary Behaviour and Diet Quality are Associated with Metabolic Syndrome Severity: The PREDIMED-Plus Study. <i>Nutrients</i> , 2020, 12, 1013.	1.7	48
148	Replacing white rice bars with peanuts as snacks in the habitual diet improves metabolic syndrome risk among Chinese adults: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 28-35.	2.2	10
149	Hydroxytyrosol, olive oil, and use in aging. , 2021, , 537-546.		0
150	Mediterranean diet and antihypertensive drug use: a randomized controlled trial. <i>Journal of Hypertension</i> , 2021, 39, 1230-1237.	0.3	3
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153	How fragile are Mediterranean diet interventions? A research-on-research study of randomised controlled trials. <i>BMJ Nutrition, Prevention and Health</i> , 2021, 4, 115-131.	1.9	14
154	Anti-inflammatory effects of diet and caloric restriction in metabolic syndrome. <i>Journal of Endocrinological Investigation</i> , 2021, 44, 2407-2415.	1.8	27
155	Impact of Christian Orthodox Church dietary recommendations on metabolic syndrome risk factors: a scoping review. <i>Nutrition Research Reviews</i> , 2022, 35, 221-235.	2.1	15
156	Phenolic Extracts from Extra Virgin Olive Oils Inhibit Dipeptidyl Peptidase IV Activity: In Vitro, Cellular, and In Silico Molecular Modeling Investigations. <i>Antioxidants</i> , 2021, 10, 1133.	2.2	7
157	The Mediterranean diet and health: a comprehensive overview. <i>Journal of Internal Medicine</i> , 2021, 290, 549-566.	2.7	210
158	Adherence to Dietary Recommendations after One Year of Intervention in Breast Cancer Women: The DIANA-5 Trial. <i>Nutrients</i> , 2021, 13, 2990.	1.7	18
159	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 2870-2886.	1.1	6
160	Effects of Wine Components in Inflammatory Bowel Diseases. <i>Molecules</i> , 2021, 26, 5891.	1.7	7
161	The antihypertensive and antihypertrophic effect of lycopene is not affected by and is independent of age. <i>Journal of Functional Foods</i> , 2021, 85, 104656.	1.6	3
162	Behavioral Counseling to Promote a Healthy Diet and Physical Activity for Cardiovascular Disease Prevention in Adults With Cardiovascular Risk Factors. <i>JAMA - Journal of the American Medical Association</i> , 2020, 324, 2076.	3.8	80
163	Polyunsaturated fatty acids for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2018, 11, CD012345.	1.5	46
164	Lifestyle Interventions to Stem the Tide of Type 2 Diabetes. , 2017, , 103-112.		3
165	Development of a lifestyle intervention for the metabolic syndrome: Discovery through proof-of-concept.. <i>Health Psychology</i> , 2018, 37, 929-939.	1.3	10
166	Can Mediterranean Diet Counteract Metabolic Syndrome Diffusion?. <i>Journal of Cardiology and Therapy</i> , 2015, 2, 452-455.	0.1	2
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