

# Exercise and Blood Flow Restriction

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Is There a Minimum Intensity Threshold for Resistance Training-Induced Hypertrophic Adaptations?. Sports Medicine, 2013, 43, 1279-1288.	3.1	67
2	Hypoxia and Resistance Exercise: A Comparison of Localized and Systemic Methods. Sports Medicine, 2014, 44, 1037-1054.	3.1	116
3	Hypertrophic and Strength Responses to Eccentric Resistance Training with Blood Flow Restriction: A Pilot Study. International Journal of Sports Science and Coaching, 2015, 10, 919-931.	0.7	2
4	Hypotensive Effects of Resistance Exercises With Blood Flow Restriction. Journal of Strength and Conditioning Research, 2015, 29, 1064-1070.	1.0	51
5	Efficacy of Blood Flow-Restricted Low-Load Resistance Training For Quadriceps Strengthening in Men at Risk of Symptomatic Knee Osteoarthritis. Geriatric Orthopaedic Surgery and Rehabilitation, 2015, 6, 160-167.	0.6	52
6	Blood flow-restricted strength training displays high functional and biological efficacy in women: a within-subject comparison with high-load strength training. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2015, 309, R767-R779.	0.9	97
7	Blood flow restriction prevents muscle damage but not protein synthesis signaling following eccentric contractions. Physiological Reports, 2015, 3, e12449.	0.7	27
8	A Review on the Mechanisms of Blood-Flow Restriction Resistance Training-Induced Muscle Hypertrophy. Sports Medicine, 2015, 45, 187-200.	3.1	295
9	Unilateral bicep curl hemodynamics: Lowâ€pressure continuous vs highâ€pressure intermittent blood flow restriction. Scandinavian Journal of Medicine and Science in Sports, 2015, 25, 770-777.	1.3	68
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11	Hemodynamic response to resistance exercise with and without blood flow restriction in healthy subjects. Clinical Physiology and Functional Imaging, 2016, 36, 231-236.	0.5	58
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15	Blood Flow Restriction Training After Knee Arthroscopy. Clinical Journal of Sport Medicine, 2017, 27, 245-252.	0.9	118
16	Effects of 4â€weeks of low-load unilateral resistance training, with and without blood flow restriction, on strength, thickness, V wave, and H reflex of the soleus muscle in men. European Journal of Applied Physiology, 2017, 117, 1339-1347.	1.2	40
17	The effects of muscle blood flow restriction during running training on measures of aerobic capacity and run time to exhaustion. European Journal of Applied Physiology, 2017, 117, 2579-2585.	1.2	31
18	Strength Training with Vascular Occlusion: A Review of Possible Adaptive Mechanisms. Human Movement, 2017, 18, .	0.5	6

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19	Physiological Mechanisms of Eccentric Contraction and Its Applications: A Role for the Giant Titin Protein. <i>Frontiers in Physiology</i> , 2017, 8, 70.	1.3	78
20	Effects of strength training with blood flow restriction on torque, muscle activation and local muscular endurance in healthy subjects. <i>Biology of Sport</i> , 2017, 1, 83-90.	1.7	33
21	The effects of low-intensity blood flow restricted exercise compared with conventional resistance training on the clinical outcomes of active UK military personnel following a 3-week in-patient rehabilitation programme: protocol for a randomized controlled feasibility study. <i>Pilot and Feasibility Studies</i> , 2017, 3, 71.	0.5	10
22	Blood Flow Restriction Training After Achilles Tendon Rupture. <i>Journal of Foot and Ankle Surgery</i> , 2018, 57, 635-638.	0.5	34
23	Blood Flow Restriction Training for Postoperative Lower-Extremity Weakness: A Report of Three Cases. <i>Current Sports Medicine Reports</i> , 2018, 17, 119-122.	0.5	9
24	Acute physiological responses to low-intensity blood flow restriction cycling. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 969-974.	0.6	38
25	Effects of local vibration with blood flow restriction on muscle activation. <i>Isokinetics and Exercise Science</i> , 2018, 26, 9-15.	0.2	4
26	Does a resistance exercise session with continuous or intermittent blood flow restriction promote muscle damage and increase oxidative stress?. <i>Journal of Sports Sciences</i> , 2018, 36, 104-110.	1.0	31
27	Acute effects of whole body vibration combined with blood restriction on electromyography amplitude and hormonal. <i>Biology of Sport</i> , 2018, 35, 301-307.	1.7	14
28	The systemic myokine response of decorin, interleukin-6 (IL-6) and interleukin-15 (IL-15) to an acute bout of blood flow restricted exercise. <i>European Journal of Applied Physiology</i> , 2018, 118, 2679-2686.	1.2	24
29	The Role of Inflammation and Immune Cells in Blood Flow Restriction Training Adaptation: A Review. <i>Frontiers in Physiology</i> , 2018, 9, 1376.	1.3	22
30	Strengthening the Brain—Is Resistance Training with Blood Flow Restriction an Effective Strategy for Cognitive Improvement?. <i>Journal of Clinical Medicine</i> , 2018, 7, 337.	1.0	22
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37	Application of Blood Flow Restriction to Optimize Exercise Countermeasures for Human Space Flight. <i>Frontiers in Physiology</i> , 2019, 10, 33.	1.3	2
38	Effects of continuous moderate exercise with partial blood flow restriction during hemodialysis: A protocol for a randomized clinical trial. <i>MethodsX</i> , 2019, 6, 190-198.	0.7	6
39	Progression of Blood Flow Restricted Resistance Training in Older Adults at Risk of Mobility Limitations. <i>Frontiers in Physiology</i> , 2019, 10, 738.	1.3	15
40	Passive Strategies for the Prevention of Muscle Wasting During Recovery from Sports Injuries. <i>Journal of Science in Sport and Exercise</i> , 2019, 1, 13-19.	0.4	2
41	Blood Flow Restriction During Futsal Training Increases Muscle Activation and Strength. <i>Frontiers in Physiology</i> , 2019, 10, 614.	1.3	23
42	Blood Flow Restriction Therapy after Closed Treatment of Distal Radius Fractures. <i>Journal of Wrist Surgery</i> , 2019, 08, 288-294.	0.3	19
43	Advances in Rehabilitation Techniques. , 2019, , 399-406.		0
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52	Proximal, Distal, and Contralateral Effects of Blood Flow Restriction Training on the Lower Extremities: A Randomized Controlled Trial. <i>Sports Health</i> , 2019, 11, 149-156.	1.3	51
53	Intradialytic exercise with blood flow restriction is more effective than conventional exercise in improving walking endurance in hemodialysis patients: a randomized controlled trial. <i>Clinical Rehabilitation</i> , 2020, 34, 91-98.	1.0	22
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56	Low-load resistance training to task failure with and without blood flow restriction: muscular functional and structural adaptations. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2020, 318, R284-R295.	0.9	28
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61	Commentary: Blood Flow Restriction Exercise: Considerations of Methodology, Application, and Safety. <i>Frontiers in Physiology</i> , 2020, 11, 599592.	1.3	5
62	Upper-extremity blood flow restriction: the proximal, distal, and contralateral effectsâ€”a randomized controlled trial. <i>Journal of Shoulder and Elbow Surgery</i> , 2020, 29, 1267-1274.	1.2	22
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64	Walking With Leg Blood Flow Restriction: Wide-Rigid Cuffs vs. Narrow-Elastic Bands. <i>Frontiers in Physiology</i> , 2020, 11, 568.	1.3	10
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75	Cartilage Injuries in Football. , 2021, , 191-209.		0
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87	Effects of Ramadan Fasting on Health and Athletic Performance. , 0, , .		17
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100	Effects of Blood Flow Restriction Training on Muscle Strength and Architecture. <i>Journal of Strength and Conditioning Research</i> , 2020, Publish Ahead of Print, .	1.0	9
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120	Acute Intraocular Pressure Responses to Resistance Training in Combination With Blood Flow Restriction. <i>Research Quarterly for Exercise and Sport</i> , 2023, 94, 1110-1116.	0.8	1
121	Changes in Arterial Stiffness in Response to Various Types of Exercise Modalities: A Narrative Review on Physiological and Endothelial Senescence Perspectives. <i>Cells</i> , 2022, 11, 3544.	1.8	11
122	Acute Hormonal Responses to Multi-Joint Resistance Exercises with Blood Flow Restriction. <i>Journal of Functional Morphology and Kinesiology</i> , 2023, 8, 3.	1.1	1
123	Blood Flow Restriction Training in Clinical Rehabilitation: Occlusion Pressure Methods Relative to the Limb Occlusion Pressure. <i>Journal of Sport Rehabilitation</i> , 2023, 32, 361-368.	0.4	1
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130	Low-Level Laser Therapy Facilitates Post-Contraction Recovery with Ischemic Preconditioning. <i>Medicine and Science in Sports and Exercise</i> , 0, Publish Ahead of Print, .	0.2	1
131	Application and progress of blood flow restriction training in improving muscle mass and strength in the elderly. <i>Frontiers in Physiology</i> , 0, 14, .	1.3	1
132	Blood flow restricted walking in patients suffering from intermittent claudication: a case series feasibility and safety study. <i>Annals of Medicine and Surgery</i> , 2023, 85, 1430-1435.	0.5	1