## Meta-Analysis of Postactivation Potentiation and Powe

Journal of Strength and Conditioning Research 27, 854-859 DOI: 10.1519/jsc.0b013e31825c2bdb

**Citation Report** 

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ARTICLE IF CITATIONS # Optimal Training Sequences to Develop Lower Body Force, Velocity, Power, and Jump Height: A 146 6.5 29 Systematic Review with Meta-Analysis. Sports Medicine, 2021, 51, 1245-1271. The Effects of Resisted Post-Activation Sprint Performance Enhancement in Elite Female Sprinters. 147 2.8 Frontiers in Physiology, 2021, 12, 65165'9. Self-Selecting the Number of Repetitions in Potentiation Protocols: Enhancement Effects on Jumping 148 2.3 6 Performance. International Journal of Sports Physiology and Performance, 2021, 16, 353-359. Use of Tensiomyography in Evaluating Sex-Based Differences in Resistance-Trained Individuals After Plyometric and Isometric Midthigh Pull Postactivation Potentiation Protocols. Journal of Strength and Conditioning Research, 2021, 35, 1527-1534. 149 Continuous Jumps Enhance Twitch Peak Torque and Sprint Performance in Highly Trained Sprint 150 2.3 6 Athletes. International Journal of Sports Physiology and Performance, 2021, 16, 565-572. Plyometric exercise enhances twitch contractile properties but fails to improve voluntary rate of torque development in highly trained sprint athletes. European Journal of Sport Science, 2022, 22, 857-866. Effect of a plyometric training session on the ground vs on mini-trampoline on balance and jump 152 1.3 3 performance in basketball player. Sport Sciences for Health, 2022, 18, 97-105. Post-activation performance enhancement of dynamic stretching and heavy load warm-up strategies in 1.1 9 elite tennis players. Journal of Back and Musculoskeletal Rehabilitation, 2021, 34, 413-423. Does one heavy load back squat set lead to postactivation performance enhancement of three-point 154 explosion and sprint in third division American football players?. BMC Sports Science, Medicine and 1.7 4 Rehabilitation, 2021, 13, 64. Utilisation of Post-Activation Performance Enhancement in Elderly Adults. Journal of Clinical 2.4 Medicine, 2021, 10, 2483. Playing videogames or using social media applications on smartphones causes mental fatigue and impairs decision-making performance in amateur boxers. Applied Neuropsychology Adult, 2023, 30, 156 1.2 14 227-238. Postactivation performance enhancement (PAPE) of sprint acceleration performance. European Journal of Sport Science, 2022, 22, 1411-1417. Post-Eccentric Flywheel Underwater Undulatory Swimming Potentiation in Competitive Swimmers. 158 1.5 8 Journal of Human Kinetics, 2021, 79, 145-154. Effects of prior high-intensity endurance exercise in subsequent 4-km cycling time trial performance and fatigue development. Science and Sports, 2022, 37, 70.e1-70.e11. 159 Impact of Low Volume Velocity-Controlled vs. Repetition to Failure Resistance Training Session on 160 1.7 1 Measures of Explosive Performance in a Team of Adolescents Basketball Players. Sports, 2021, 9, 115. Comparing Active, Passive, and Combined Warm-Ups Among Junior Alpine Skiers in â<sup>-</sup>7°C. International 2.3 Journal of Sports Physiology and Performance, 2021, 16, 1140-1147. Reactive diving and sprinting performances in soccer goalkeepers improved by caffeine consumption 162 1.2 0 and post-activation performance enhancement. German Journal of Exercise and Sport Research, 0, , 1. Unilateral and Bilateral Post-Activation Performance Enhancement on Jump Performance and Agility. International Journal of Environmental Research and Public Health, 2021, 18, 10154.

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