

# Meta-Analysis of Postactivation Potentiation and Power

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Effects of oral adenosine-5â€²-triphosphate supplementation on athletic performance, skeletal muscle hypertrophy and recovery in resistance-trained men. <i>Nutrition and Metabolism</i> , 2013, 10, 57.	1.3	39
2	Effects of 8 weeks of XpandÂ® 2X pre workout supplementation on skeletal muscle hypertrophy, lean body mass, and strength in resistance trained males. <i>Journal of the International Society of Sports Nutrition</i> , 2013, 10, 44.	1.7	23
3	Concurrent fatigue and postactivation potentiation during extended interval training in long-distance runners. <i>Motriz Revista De Educacao Fisica</i> , 2014, 20, 423-430.	0.3	10
4	The Acute Effects of Conventional, Complex, and Contrast Protocols on Lower-Body Power. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 361-366.	1.0	14
5	Comparison of Acute Countermovement Jump Responses After Functional Isometric and Dynamic Half Squats. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 3363-3374.	1.0	2
6	Acute Prior Heavy Strength Exercise Bouts Improve the 20-km Cycling Time Trial Performance. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 2513-2520.	1.0	31
7	The Temporal Profile of Postactivation Potentiation Is Related to Strength Level. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 706-715.	1.0	138
8	Phosphatidic acid enhances mTOR signaling and resistance exercise induced hypertrophy. <i>Nutrition and Metabolism</i> , 2014, 11, 29.	1.3	60
9	The effects of 12Âweeks of beta-hydroxy-beta-methylbutyrate free acid supplementation on muscle mass, strength, and power in resistance-trained individuals: a randomized, double-blind, placebo-controlled study. <i>European Journal of Applied Physiology</i> , 2014, 114, 1217-1227.	1.2	91
10	The Back Squat and the Power Clean: Elicitation of Different Degrees of Potentiation. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 643-649.	1.1	46
11	Acute Effects of a Loaded Warm-Up Protocol on Change of Direction Speed in Professional Badminton Players. <i>Journal of Applied Biomechanics</i> , 2014, 30, 637-642.	0.3	17
12	The Effects of Whole-Body Vibration on the Wingate Test for Anaerobic Power When Applying Individualized Frequencies. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 2035-2041.	1.0	5
13	Effectiveness of Different Postactivation Potentiation Protocols With and Without Whole Body Vibration on Jumping Performance in College Athletes. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 232-239.	1.0	25
14	Effects of Three Different Conditioning Activity Volumes on the Optimal Recovery Time for Potentiation in College Athletes. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 2579-2585.	1.0	14
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17	Postactivation Potentiation Effects From Accommodating Resistance Combined With Heavy Back Squats on Short Sprint Performance. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 3115-3123.	1.0	27
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20	Acute Effects of Extended Interval Training on Countermovement Jump and Handgrip Strength Performance in Endurance Athletes. Journal of Strength and Conditioning Research, 2015, 29, 11-21.	1.0	43
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109	Effects of Various Warm-Up Protocol on Special Judo Fitness Test Performance. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 459-465.	1.0	27

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143	Acute Effects of Muscular Fatigue on Vertical Jump Performance in Acrobatic Gymnasts, Evaluated by Instrumented Insoles: A Pilot Study. <i>Journal of Sensors</i> , 2021, 2021, 1-6.	0.6	1
144	High-Intensity Warm-Up Increases Anaerobic Energy Contribution during 100-m Sprint. <i>Biology</i> , 2021, 10, 198.	1.3	6
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148	Self-Selecting the Number of Repetitions in Potentiation Protocols: Enhancement Effects on Jumping Performance. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 353-359.	1.1	6
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