â€~Small Changes' to Diet and Physical Activity Behavio

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Citation Report

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1	What is the optimal type of physical activity to enhance health?. British Journal of Sports Medicine, 1997, 31, 277-284.	3.1	49
2	Group cohesion in older adult exercisers: prediction and intervention effects. Journal of Behavioral Medicine, 1999, 22, 575-588.	1.1	112
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