

# Primary Prevention of Cardiovascular Disease with a M

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Citation Report

#	ARTICLE	IF	CITATIONS
3	Sequential proteome alterations during genesis and progression of colon cancer. Cellular and Molecular Life Sciences, 2004, 61, 1246-1255.	2.4	71
5	Hyaline Cartilage Tissue Is Formed through the Co-culture of Passaged Human Chondrocytes and Primary Bovine Chondrocytes. Journal of Histochemistry and Cytochemistry, 2012, 60, 576-587.	1.3	10
6	Rigorous science as the road to better public health. Population Health Metrics, 2013, 11, 10.	1.3	2
7	Reducing Sugar-Sweetened Beverage Consumption: Evidence, Policies, and Economics. Current Obesity Reports, 2013, 2, 191-199.	3.5	23
8	The State of US Health, 1990-2010. JAMA - Journal of the American Medical Association, 2013, 310, 591.	3.8	2,070
9	Bioactive compounds present in the Mediterranean sofrito. Food Chemistry, 2013, 141, 3365-3372.	4.2	61
10	Serum sTWEAK Concentrations and Risk of Developing Type 2 Diabetes in a High Cardiovascular Risk Population: A Nested Case-Control Study. Journal of Clinical Endocrinology and Metabolism, 2013, 98, 3482-3490.	1.8	20
11	Quantitative metabolic profiling of lipid mediators. Molecular Nutrition and Food Research, 2013, 57, 1359-1377.	1.5	24
12	Oxidative stress and vascular inflammation in aging. Free Radical Biology and Medicine, 2013, 65, 380-401.	1.3	452
13	Mediterranean diet, stroke, cognitive impairment, and depression: A meta-analysis. Annals of Neurology, 2013, 74, 580-591.	2.8	613
14	Should we go nuts about nuts?. BMC Medicine, 2013, 11, 165.	2.3	5
15	Frequency of nut consumption and mortality risk in the PREDIMED nutrition intervention trial. BMC Medicine, 2013, 11, 164.	2.3	135
16	Should We All Be Vegetarians?. JAMA Internal Medicine, 2013, 173, 1238.	2.6	5
17	The unrelenting fall of the pharmacological treatment of obesity. Endocrine, 2013, 44, 598-609.	1.1	27
18	Atherosclerosis and Transit of HDL Through the Lymphatic Vasculature. Current Atherosclerosis Reports, 2013, 15, 354.	2.0	23
19	Pediatric Lipid Screening and Treatment for Cardiovascular Disease Prevention: An Ounce or a Pound?. Current Cardiovascular Risk Reports, 2013, 7, 261-269.	0.8	1
20	'Mediterranean' dietary pattern for the primary prevention of cardiovascular disease. The Cochrane Library, 2013, , CD009825.	1.5	154
21	Effect of the Mediterranean diet on plasma adipokine concentrations in men with metabolic syndrome. Metabolism: Clinical and Experimental, 2013, 62, 1803-1810.	1.5	31

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22	Mediterranean Diet Reduces the Adverse Effect of the <i>TCF7L2</i>-rs7903146 Polymorphism on Cardiovascular Risk Factors and Stroke Incidence. <i>Diabetes Care</i> , 2013, 36, 3803-3811.	4.3	125
24	Perioperative Implications of Vascular Endothelial Dysfunction: Current Understanding of this Critical Sensor-Effector Organ. <i>Current Anesthesiology Reports</i> , 2013, 3, 151-161.	0.9	9
25	Appreciating the local and systemic effects of exercise training on vascular health. <i>Atherosclerosis</i> , 2013, 231, 15-17.	0.4	1
26	A parallel randomized trial on the effect of a healthful diet on inflammation and its consequences in European elderly people: Design of the NU-AGE dietary intervention study. <i>Mechanisms of Ageing and Development</i> , 2013, 134, 523-530.	2.2	64
27	Dyslipidemia in Adults: How Recent Research and Recommendations Affect Nurse Practitioner Practice. <i>Journal for Nurse Practitioners</i> , 2013, 9, 669-678.	0.4	1
28	The major European dietary patterns and metabolic syndrome. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2013, 14, 265-271.	2.6	70
29	Thérapie nutritionnelle. <i>Canadian Journal of Diabetes</i> , 2013, 37, S409-S421.	0.4	2
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32	Nutrition Therapy. <i>Canadian Journal of Diabetes</i> , 2013, 37, S45-S55.	0.4	123
33	Influences on Children's Dietary Behavior, and Innovative Attempts to Change It. <i>Annals of Nutrition and Metabolism</i> , 2013, 62, 38-46.	1.0	11
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37	Behavioral and Dietary Risk Factors for Noncommunicable Diseases. <i>New England Journal of Medicine</i> , 2013, 369, 954-964.	13.9	573
38	Consumption of Nuts in the Prevention of Cardiovascular Disease. <i>Current Nutrition Reports</i> , 2013, 2, 258-266.	2.1	10
39	Tratamiento de los factores de riesgo vascular y objetivos terapéuticos. <i>Medicine</i> , 2013, 11, 2410-2419.	0.0	0
40	Saturated fat is not the major issue. <i>BMJ, The</i> , 2013, 347, f6340-f6340.	3.0	104
41	Cardiovascular risk in rheumatoid arthritis: How to lower the risk?. <i>Atherosclerosis</i> , 2013, 231, 163-172.	0.4	54
42	Interleukins and Atherosclerosis: A Dysfunctional Family Grows. <i>Cell Metabolism</i> , 2013, 18, 614-616.	7.2	12

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43	Knowledge, beliefs, habits and attitudes of California consumers regarding extra virgin olive oil. Food Research International, 2013, 54, 2104-2111.	2.9	39
44	Association of Nut Consumption with Total and Cause-Specific Mortality. New England Journal of Medicine, 2013, 369, 2001-2011.	13.9	304
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46	“Towards an even healthier mediterranean diet” Nutrition, Metabolism and Cardiovascular Diseases, 2013, 23, 1163-1166.	1.1	58
48	Mediterranean Diet and Cardiovascular Disease: Historical Perspective and Latest Evidence. Current Atherosclerosis Reports, 2013, 15, 370.	2.0	47
49	Nutritional Recommendations for Cardiovascular Disease Prevention. Nutrients, 2013, 5, 3646-3683.	1.7	165
50	Mediterranean Diet for Primary Prevention of Cardiovascular Disease. New England Journal of Medicine, 2013, 369, 672-677.	13.9	119
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52	Mediterranean Diet and Cardiovascular Prevention. Revista Espanola De Cardiologia (English Ed ), 2013, 66, 771-774.	0.4	18
53	Socioeconomic Status and Health Inequalities for Cardiovascular Prevention Among Elderly Spaniards. Revista Espanola De Cardiologia (English Ed ), 2013, 66, 803-811.	0.4	8
55	ESC Guidelines on diabetes, pre-diabetes, and cardiovascular diseases developed in collaboration with the EASD. European Heart Journal, 2013, 34, 3035-3087.	1.0	1,758
56	Role of Diet and Diet Interventions in Diabetic Patients: Physiological and Metabolic Changes and Reduction in Morbidity and Mortality. Current Nutrition Reports, 2013, 2, 174-180.	2.1	6
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58	Effect of the Mediterranean diet on blood pressure in the PREDIMED trial: results from a randomized controlled trial. BMC Medicine, 2013, 11, 207.	2.3	227
59	Mediterranean dietary pattern and depression: the PREDIMED randomized trial. BMC Medicine, 2013, 11, 208.	2.3	297
60	Multiple Adipose Depots Increase Cardiovascular Risk via Local and Systemic Effects. Current Atherosclerosis Reports, 2013, 15, 361.	2.0	42
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63	Reduced Serum Concentrations of Carboxylated and Undercarboxylated Osteocalcin Are Associated With Risk of Developing Type 2 Diabetes Mellitus in a High Cardiovascular Risk Population: A Nested Case-Control Study. Journal of Clinical Endocrinology and Metabolism, 2013, 98, 4524-4531.	1.8	83

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65	Demystifying the management of hypertriglyceridaemia. <i>Nature Reviews Cardiology</i> , 2013, 10, 648-661.	6.1	92
66	Antiplatelet properties of natural products. <i>Vascular Pharmacology</i> , 2013, 59, 67-75.	1.0	97
67	Mediterranean Diet and Cardiovascular Risk – Are We There Yet?. <i>Current Cardiovascular Risk Reports</i> , 2013, 7, 520-526.	0.8	1
68	Roundoc Rx: Natural Interventions to Prevent Hypertension: Part 2 – Six Things to Include. <i>Alternative and Complementary Therapies</i> , 2013, 19, 113-118.	0.1	0
69	Roundoc Rx: Natural Interventions to Prevent Hypertension: Part 1 – Six Things to Avoid. <i>Alternative and Complementary Therapies</i> , 2013, 19, 63-66.	0.1	1
71	Implausible results in human nutrition research. <i>BMJ, The</i> , 2013, 347, f6698-f6698.	3.0	208
72	Effects of red wine on established markers of arterial structure and function in human studies: current knowledge and future research directions. <i>Expert Review of Clinical Pharmacology</i> , 2013, 6, 613-625.	1.3	4
73	Diet Prevention and Therapy for Heart Failure?. <i>Circulation: Heart Failure</i> , 2013, 6, 1109-1111.	1.6	13
74	Focus. <i>Journal of Hepatology</i> , 2013, 59, 403-404.	1.8	0
76	Diet and Upper Gastrointestinal Cancers: In Search of Dark Matter. <i>Clinical Gastroenterology and Hepatology</i> , 2013, 11, 1137-1139.	2.4	2
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79	Dieta mediterránea y prevención de enfermedad cardiovascular. <i>Revista Española De Cardiología</i> , 2013, 66, 771-774.	0.6	33
80	¿Qué nos ha enseñado y qué nos queda por aprender del estudio PREDIMED. <i>Avances En Diabetología</i> , 2013, 29, 81-87.	0.1	2
82	In vivo transcriptomic profile after a Mediterranean diet in high cardiovascular risk patients: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 845-853.	2.2	79
83	Atheroprotective effect of dietary walnut intake in ApoE-deficient mice: involvement of lipids and coagulation factors. <i>Thrombosis Research</i> , 2013, 131, 375-376.	0.8	0
84	Routine health screens: A time for reflection. <i>Maturitas</i> , 2013, 75, 197-198.	1.0	0
85	Cardiology for gynecologists – A minireview. <i>Maturitas</i> , 2013, 75, 386-391.	1.0	3

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86	Should Heart Failure Patients Move to Catalonia?. Revista Espanola De Cardiologia (English Ed ), 2013, 66, 526-528.	0.4	0
88	Guía de práctica clínica de la ESH/ESC para el manejo de la hipertensión arterial (2013). Revista Espanola De Cardiologia, 2013, 66, 880.e1-880.e64.	0.6	24
89	Nuts and not olive oil decrease small and dense LDL: Results from the PREDIMED Study. Atherosclerosis, 2013, 231, 59-60.	0.4	2
90	¿Deben mudarse a Cataluña a los pacientes con insuficiencia cardiaca?. Revista Espanola De Cardiologia, 2013, 66, 526-528.	0.6	0
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93	Mediterranean diet and physical activity: An intervention study. Does olive oil exercise the body through the mind?. International Journal of Cardiology, 2013, 168, 4408-4409.	0.8	19
94	Designing and implementing a comparative effectiveness study of two strategies for delivering high quality CHD prevention: Methods and participant characteristics for the Heart to Health study. Contemporary Clinical Trials, 2013, 36, 394-405.	0.8	16
95	Comentarios del Comité Español Interdisciplinario de Prevención Cardiovascular (CEIPC) a las Guías Europeas de Prevención Cardiovascular 2012. Hipertension Y Riesgo Vascular, 2013, 30, 143-155.	0.3	22
96	The benefits of a Mediterranean diet. Nature Reviews Cardiology, 2013, 10, 239-239.	6.1	1
97	Intestinal microbiota metabolism of l-carnitine, a nutrient in red meat, promotes atherosclerosis. Nature Medicine, 2013, 19, 576-585.	15.2	3,355
98	Diet and Neuroimaging Markers of Cerebrovascular Disease. Current Nutrition Reports, 2013, 2, 81-89.	2.1	6
99	Something New under the Sun? The Mediterranean Diet and Cardiovascular Health. New England Journal of Medicine, 2013, 368, 1274-1276.	13.9	32
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101	Cardiovascular Effects of Intensive Lifestyle Intervention in Type 2 Diabetes. New England Journal of Medicine, 2013, 369, 145-154.	13.9	2,294
102	2013 ESH/ESC Guidelines for the management of arterial hypertension. Blood Pressure, 2013, 22, 193-278.	0.7	355
103	Interventions for the metabolic dysfunction in polycystic ovary syndrome. Steroids, 2013, 78, 777-781.	0.8	16
104	Fat Intake After Diagnosis and Risk of Lethal Prostate Cancer and All-Cause Mortality. JAMA Internal Medicine, 2013, 173, 1318.	2.6	101

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105	New Directions in the Prevention of Pediatric Atherogenesis and Obesity. <i>Journal of the American College of Nutrition</i> , 2013, 32, 355-358.	1.1	0
106	2013 ESH/ESC Guidelines for the management of arterial hypertension. <i>European Heart Journal</i> , 2013, 34, 2159-2219.	1.0	5,681
107	Toward a Life Cycle-Based, Diet-level Framework for Food Environmental Impact and Nutritional Quality Assessment: A Critical Review. <i>Environmental Science &amp; Technology</i> , 2013, 47, 12632-12647.	4.6	273
108	An International Atherosclerosis Society Position Paper: Global recommendations for the management of dyslipidemia. <i>Journal of Clinical Lipidology</i> , 2013, 7, 561-565.	0.6	147
109	Consumption of Plant Seeds and Cardiovascular Health. <i>Circulation</i> , 2013, 128, 553-565.	1.6	123
110	Dietary strategies to reduce metabolic syndrome. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2013, 14, 241-254.	2.6	119
112	An Emerging Role for Metabolomics in Nutrition Science. <i>Journal of Nutrigenetics and Nutrigenomics</i> , 2013, 6, 181-200.	1.8	71
113	2013 ESC guidelines on the management of stable coronary artery disease. <i>European Heart Journal</i> , 2013, 34, 2949-3003.	1.0	3,915
115	Dietary Patterns Are Associated With Incident Stroke and Contribute to Excess Risk of Stroke in Black Americans. <i>Stroke</i> , 2013, 44, 3305-3311.	1.0	85
116	Do healthier foods and diet patterns cost more than less healthy options? A systematic review and meta-analysis. <i>BMJ Open</i> , 2013, 3, e004277.	0.8	510
117	SFAs do not impair endothelial function and arterial stiffness. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 677-683.	2.2	40
118	Better Diet Quality and Decreased Mortality Among Myocardial Infarction Survivors. <i>JAMA Internal Medicine</i> , 2013, 173, 1808.	2.6	75
119	Intensive Lifestyle Intervention in Type 2 Diabetes. <i>New England Journal of Medicine</i> , 2013, 369, 2356-2359.	13.9	39
120	nâ€“3 Fatty Acids in Patients with Cardiac Risk Factors. <i>New England Journal of Medicine</i> , 2013, 369, 780-782.	13.9	8
121	Did the PREDIMED Trial Test a Mediterranean Diet?. <i>New England Journal of Medicine</i> , 2013, 368, 1353-1354.	13.9	61
122	Challenges in the Management of Type 2 Diabetes Mellitus and Cardiovascular Risk Factors in Obese Subjects: What Is the Evidence and What Are the Myths?. <i>International Journal of Endocrinology</i> , 2013, 1-10.	0.6	11
123	Intensive risk factor control in stroke prevention. <i>F1000prime Reports</i> , 2013, 5, 42.	5.9	11
124	Nutrition research to affect food and a healthy life span. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 620-625.	2.2	30

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125	Mediterranean and DASH Diet Scores and Mortality in Women With Heart Failure. <i>Circulation: Heart Failure</i> , 2013, 6, 1116-1123.	1.6	170
126	Relationship between Platelet PPARs, cAMP Levels, and P-Selectin Expression: Antiplatelet Activity of Natural Products. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013, 2013, 1-10.	0.5	18
127	Ultrasound measurements of carotid intima-media thickness and plaque in HIV-infected patients on the Mediterranean diet. <i>Croatian Medical Journal</i> , 2013, 54, 330-338.	0.2	15
128	We need more data before rejecting the saturated fat hypothesis. <i>BMJ, The</i> , 2013, 347, f6847-f6847.	3.0	4
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130	Efficiently Killing a Sugar-Coated Yeast. <i>New England Journal of Medicine</i> , 2013, 368, 1354-1356.	13.9	11
131	It's time to ban junk food on hospital premises. <i>BMJ, The</i> , 2013, 346, f3932-f3932.	3.0	10
132	<i>Mauritia flexuosa</i> Presents <i>In Vitro</i> and <i>In Vivo</i> Antiplatelet and Antithrombotic Activities. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013, 2013, 1-11.	0.5	15
133	The Mediterranean diet as prevention strategy for dementia as a multicausal geriatric syndrome. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 1411.	2.2	3
134	Effects of Extra Virgin Olive Oil Phenolic Compounds and the Mediterranean Diet on Cardiovascular Health. <i>Holistic Nursing Practice</i> , 2013, 27, 303-307.	0.3	11
135	Commentary. <i>Epidemiology</i> , 2013, 24, 503-506.	1.2	16
136	Eating Mediterranean on a Budget. <i>Lippincott S Bone and Joint Newsletter</i> , 2013, 39, 4-5.	0.0	0
137	High Concentrations of a Urinary Biomarker of Polyphenol Intake Are Associated with Decreased Mortality in Older Adults. <i>Journal of Nutrition</i> , 2013, 143, 1445-1450.	1.3	76
138	Commentary. <i>Epidemiology</i> , 2013, 24, 500-502.	1.2	0
139	Diving Deep Into the Mediterranean Diet. <i>Lippincott S Bone and Joint Newsletter</i> , 2013, 39, 1-4.	0.0	0
140	2013 ESH/ESC Guidelines for the management of arterial hypertension. <i>Journal of Hypertension</i> , 2013, 31, 1281-1357.	0.3	4,251
141	PUFAs in sickle cell disease. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 1415-1416.	2.2	3
142	Reply to T Aalbers et al. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 1412-1413.	2.2	3



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143	Sleep apnoea and metabolic dysfunction. <i>European Respiratory Review</i> , 2013, 22, 353-364.	3.0	81
144	Reply to Wolever. <i>Journal of Nutrition</i> , 2013, 143, 1522-1523.	1.3	0
145	Mayo Clinic: management of patients with statin intolerance. <i>Clinical Lipidology</i> , 2013, 8, 541-549.	0.4	1
146	Mediterranean food for thought?. <i>Journal of Neurology, Neurosurgery and Psychiatry</i> , 2013, 84, 1297-1297.	0.9	7
147	Reply to UN Das. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 1416-1417.	2.2	0
149	Mediterranean diet improves cognition: the PREDIMED-NAVARRA randomised trial. <i>Journal of Neurology, Neurosurgery and Psychiatry</i> , 2013, 84, 1318-1325.	0.9	534
150	Diet. <i>Clinical Journal of the American Society of Nephrology: CJASN</i> , 2013, 8, 1469-1470.	2.2	0
151	Eat a Healthy Diet and Drink Wisely to Postpone Dying If You Survived a Myocardial Infarction?. <i>JAMA Internal Medicine</i> , 2013, 173, 1819.	2.6	3
152	Mediterranean Diet, Kidney Function, and Mortality in Men with CKD. <i>Clinical Journal of the American Society of Nephrology: CJASN</i> , 2013, 8, 1548-1555.	2.2	119
153	Nutrition research to affect food and a healthy lifespan. <i>Advances in Nutrition</i> , 2013, 4, 579-584.	2.9	35
154	Where Is the Missing 40 µg/d of Vitamin D?. <i>Journal of Nutrition</i> , 2013, 143, 1520.	1.3	1
155	Cardiovascular protection in type 2 diabetes: time to ADVANCE management ACCORDing to the evidence. <i>Research Reports in Clinical Cardiology</i> , 2013, , 1.	0.2	0
156	Effect of Coptic Orthodox Christian church fasting on healthy and diabetic subjects. <i>International Journal of Nutrition, Pharmacology, Neurological Diseases</i> , 2013, 3, 375.	0.6	6
157	Preeclampsia Is a Biomarker for Vascular Disease in Both Mother and Child: The Need for a Medical Alert System. <i>International Journal of Pediatrics (United Kingdom)</i> , 2013, 2013, 1-8.	0.2	56
158	Moving Dietary Management of Diabetes Forward. <i>JAMA Internal Medicine</i> , 2013, 173, 1692-3.	2.6	0
159	Behaviours associated with weight loss maintenance and regaining in a Mediterranean population sample. A qualitative study. <i>Clinical Obesity</i> , 2013, 3, 141-149.	1.1	32
160	Thought for food: Clinical evidence for the dietary prevention strategy in cardiovascular disease. <i>International Journal of Evidence-Based Healthcare</i> , 2013, 11, 330-336.	0.1	7
161	Diet and cardiovascular disease: Dietary patterns, foods and nutrients. <i>Nutrition and Dietetics</i> , 2013, 70, 170-171.	0.9	6

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162	Nutrition research to affect food and a healthy life span <sup>1,2</sup> . <i>Journal of Nutrition</i> , 2013, 143, 1349-1354.	1.3	41
163	A Clinician's Guide to the <sc>ABCs</sc> of Cardiovascular Disease Prevention: The Johns Hopkins Ciccarone Center for the Prevention of Heart Disease and American College of Cardiology Cardiosource Approach to the Million Hearts Initiative. <i>Clinical Cardiology</i> , 2013, 36, 383-393.	0.7	45
164	Diet quality indexes and mortality in postmenopausal women: the Iowa Women's Health Study. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 444-453.	2.2	70
165	Association of dietary patterns with insulin resistance and clinically silent carotid atherosclerosis in apparently healthy people. <i>European Journal of Clinical Nutrition</i> , 2013, 67, 1284-1290.	1.3	58
166	Dietary Patterns and Sarcopenia in an Urban African American and White Population in the United States. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2013, 32, 291-316.	0.4	43
167	Nutrition Therapy Recommendations for the Management of Adults With Diabetes. <i>Diabetes Care</i> , 2013, 36, 3821-3842.	4.3	702
168	Prehypertension and the cardiometabolic syndrome: pathological and clinical consequences. <i>Expert Review of Cardiovascular Therapy</i> , 2013, 11, 1725-1733.	0.6	9
169	Self-report-based estimates of energy intake offer an inadequate basis for scientific conclusions. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 1413-1415.	2.2	157
170	Landmark Lipid-Lowering Trials in the Primary Prevention of Cardiovascular Disease. <i>Clinical Cardiology</i> , 2013, 36, 516-523.	0.7	19
171	Eat (less) for health. <i>Health Promotion Journal of Australia</i> , 2013, 24, 1-2.	0.6	1
172	Alcohol intake, wine consumption and the development of depression: the PREDIMED study. <i>BMC Medicine</i> , 2013, 11, 192.	2.3	85
174	Molecular sources of residual cardiovascular risk, clinical signals, and innovative solutions: relationship with subclinical disease, undertreatment, and poor adherence: implications of new evidence upon optimizing cardiovascular patient outcomes. <i>Vascular Health and Risk Management</i> , 2013, 9, 617.	1.0	71
175	Metabolic disturbances connecting obesity and depression. <i>Frontiers in Neuroscience</i> , 2013, 7, 177.	1.4	232
176	Chemopreventive Potential of Flavonoids in Oral Squamous Cell Carcinoma in Human Studies. <i>Nutrients</i> , 2013, 5, 2564-2576.	1.7	69
177	Fruit and vegetable intake and risk of cardiovascular disease. <i>Proceedings of the Nutrition Society</i> , 2013, 72, 399-406.	0.4	82
178	Review: Vitamin and antioxidant supplements do not prevent adverse cardiovascular events. <i>Annals of Internal Medicine</i> , 2013, 158, JC10.	2.0	6
179	Dietary patterns and cardiovascular disease. <i>Proceedings of the Nutrition Society</i> , 2013, 72, 407-411.	0.4	36
180	Croton schiedeanus Schltd prevents experimental hypertension in rats induced by nitric oxide deficit. <i>Brazilian Journal of Pharmaceutical Sciences</i> , 2013, 49, 865-871.	1.2	4

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181	High Blood Pressure and Diet Quality in the Spanish Childhood Population. <i>Journal of Hypertension: Open Access</i> , 2013, 02, .	0.2	1
182	Varietal Tracing of Virgin Olive Oils Based on Plastid DNA Variation Profiling. <i>PLoS ONE</i> , 2013, 8, e70507.	1.1	45
183	Effects of High and Low Fat Dairy Food on Cardio-Metabolic Risk Factors: A Meta-Analysis of Randomized Studies. <i>PLoS ONE</i> , 2013, 8, e76480.	1.1	139
184	Prevalence of Dementia and Subtypes in Valladolid, Northwestern Spain: The DEMINVALL Study. <i>PLoS ONE</i> , 2013, 8, e77688.	1.1	40
185	Nutritional Management of Insulin Resistance in Nonalcoholic Fatty Liver Disease (NAFLD). <i>Nutrients</i> , 2013, 5, 4093-4114.	1.7	58
186	Food Labels Use Is Associated with Higher Adherence to Mediterranean Diet: Results from the Moli-Sani Study. <i>Nutrients</i> , 2013, 5, 4364-4379.	1.7	15
187	Nutritionally Mediated Oxidative Stress and Inflammation. <i>Oxidative Medicine and Cellular Longevity</i> , 2013, 2013, 1-11.	1.9	139
188	Effect of tomato consumption on high-density lipoprotein cholesterol level: a randomized, single-blinded, controlled clinical trial. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2013, 6, 263.	1.1	30
189	Benefits of the Mediterranean diet. <i>British Journal of Cardiac Nursing</i> , 2013, 8, 220-220.	0.0	0
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519	Mediterranean diet and heart rate: The PREDIMED randomised trial. <i>International Journal of Cardiology</i> , 2014, 171, 299-301.	0.8	17
520	Commentary on Alcohol use and health. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014, 24, e25-e26.	1.1	1
522	Canadian Cardiovascular Society Position Statement on the Management of Thoracic Aortic Disease. <i>Canadian Journal of Cardiology</i> , 2014, 30, 577-589.	0.8	179
523	Depression, Dietary Habits, and Cardiovascular Events Among Women with Suspected Myocardial Ischemia. <i>American Journal of Medicine</i> , 2014, 127, 840-847.	0.6	23
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525	Natural history of venous thromboembolism in patients from the Mediterranean region. A systematic review. <i>Revista Clínica Española</i> , 2014, 214, 184-191.	0.3	1
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1220	Saturated fat and heart disease: The latest evidence. <i>Lipid Technology</i> , 2016, 28, 7-12.	0.3	6
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1250	Mediterranean Diet, Cognitive Function, and Dementia: A Systematic Review of the Evidence. <i>Advances in Nutrition</i> , 2016, 7, 889-904.	2.9	310
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1425	Mediterranean diet for type 2 diabetes: cardiometabolic benefits. <i>Endocrine</i> , 2017, 56, 27-32.	1.1	88
1426	Antioxidant and antiplatelet activity by polyphenol-rich nutrients: focus on extra virgin olive oil and cocoa. <i>British Journal of Clinical Pharmacology</i> , 2017, 83, 96-102.	1.1	48
1427	Targeting vascular (endothelial) dysfunction. <i>British Journal of Pharmacology</i> , 2017, 174, 1591-1619.	2.7	355
1428	Egg consumption and cardiovascular disease according to diabetic status: The PREDIMED study. <i>Clinical Nutrition</i> , 2017, 36, 1015-1021.	2.3	40
1429	It is rocket science – why dietary nitrate is hard to –beat™! <i>Part I: twists and turns in the realization of the nitrate–nitrite–NO pathway</i>. <i>British Journal of Clinical Pharmacology</i> , 2017, 83, 129-139.	1.1	46

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1431	Review on cell models to evaluate the potential antioxidant activity of polysaccharides. <i>Food and Function</i> , 2017, 8, 915-926.	2.1	72
1432	Adherence to the Mediterranean Diet in children and adolescents: A systematic review. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, 283-299.	1.1	209
1433	The Role of Nutrition and Lifestyle in the Prevention and Treatment of Cardiovascular Disease. , 2017, , 137-150.		0
1434	Adherence to Mediterranean diet and risk of developing cognitive disorders: An updated systematic review and meta-analysis of prospective cohort studies. <i>Scientific Reports</i> , 2017, 7, 41317.	1.6	142
1435	Effects of Mediterranean diet in patients with recurring colds and frequent complications. <i>Allergologia Et Immunopathologia</i> , 2017, 45, 417-424.	1.0	23
1436	A nutritional perspective on UCP1-dependent thermogenesis. <i>Biochimie</i> , 2017, 134, 99-117.	1.3	53
1437	Beneficial effects of the Mediterranean spices and aromas on non-alcoholic fatty liver disease. <i>Trends in Food Science and Technology</i> , 2017, 61, 141-159.	7.8	26
1438	Healthy Eating: How Do We Define It and Measure It? What's the Evidence?. <i>Journal for Nurse Practitioners</i> , 2017, 13, e7-e15.	0.4	2
1439	Urinary 1H Nuclear Magnetic Resonance Metabolomic Fingerprinting Reveals Biomarkers of Pulse Consumption Related to Energy-Metabolism Modulation in a Subcohort from the PREDIMED study. <i>Journal of Proteome Research</i> , 2017, 16, 1483-1491.	1.8	15
1440	Eating Well While Dining Out: Collaborating with Local Restaurants to Promote Heart Healthy Menu Items. <i>American Journal of Health Education</i> , 2017, 48, 11-21.	0.3	5
1443	Mediterranean diet and risk of heart failure: results from the PREDIMED randomized controlled trial. <i>European Journal of Heart Failure</i> , 2017, 19, 1179-1185.	2.9	71
1444	Neuroprotective diets for stroke. <i>Neurochemistry International</i> , 2017, 107, 4-10.	1.9	26
1445	A low-protein diet induces body weight loss and browning of subcutaneous white adipose tissue through enhanced expression of hepatic fibroblast growth factor 21 (FGF21). <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1600725.	1.5	42
1446	Legume consumption and CVD risk: a systematic review and meta-analysis. <i>Public Health Nutrition</i> , 2017, 20, 245-254.	1.1	118
1447	Dietary Change Interventions for Undergraduate Populations: Systematic Review and Recommendations. <i>American Journal of Health Education</i> , 2017, 48, 48-57.	0.3	7
1448	Non-pharmacological interventions in non-alcoholic fatty liver disease patients. <i>Liver International</i> , 2017, 37, 90-96.	1.9	34
1449	Selection bias and relationships between alcohol consumption and mortality. <i>Addiction</i> , 2017, 112, 220-221.	1.7	9

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1451	The INTERSTROKE study on risk factors for stroke. <i>Lancet, The</i> , 2017, 389, 35-36.	6.3	3
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1453	Heart Disease and Stroke Statisticsâ€”2017 Update: A Report From the American Heart Association. <i>Circulation</i> , 2017, 135, e146-e603.	1.6	7,085
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1455	Comments on the 2016 ESC/EAS Guidelines for the Management of Dyslipidemias. <i>Revista Espanola De Cardiologia (English Ed )</i> , 2017, 70, 72-77.	0.4	5
1456	Metabolic Phenotyping of Diet and Dietary Intake. <i>Advances in Food and Nutrition Research</i> , 2017, 81, 231-270.	1.5	9
1457	Cardiac Diseases in Rheumatoid Arthritis. <i>Handbook of Systemic Autoimmune Diseases</i> , 2017, , 227-263.	0.1	1
1458	Adherencia a la dieta mediterrÃ¡nea en pacientes afectos de glaucoma primario de Ã¡ngulo abierto. <i>Archivos De La Sociedad Espanola De Oftalmologia</i> , 2017, 92, 353-358.	0.1	4
1459	Total and subtypes of dietary fat intake and risk of type 2 diabetes mellitus in the PrevenciÃ³n con Dieta MediterrÃ¡nea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 723-735.	2.2	86
1461	Integrated Approach to Hypertension. , 2017, , 185-201.		2
1462	Cambios en el Ãndice de HÃgado Graso con una intervenciÃ³n con dieta mediterrÃ¡nea: seguimiento de 6 aÃ±os del ensayo PREDIMED-MÃ¡laga. <i>Medicina ClÃnica</i> , 2017, 148, 435-443.	0.3	25
1463	A pilot <scp>randomised controlled trial</scp> investigating a Mediterranean diet intervention in pregnant women for the primary prevention of allergic diseases in infants. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 604-614.	1.3	13
1465	Are diabetes guidelines truly evidence based?. <i>Diabetes Research and Clinical Practice</i> , 2017, 127, 70-79.	1.1	5
1466	Cardio-oncology Related to Heart Failure. <i>Heart Failure Clinics</i> , 2017, 13, 367-380.	1.0	44
1467	Mediterranean style diet is associated with low risk of new-onset diabetes after renal transplantation. <i>BMJ Open Diabetes Research and Care</i> , 2017, 5, e000283.	1.2	43
1468	Plasma Ceramides, Mediterranean Diet, and Incident Cardiovascular Disease in the PREDIMED Trial (PrevenciÃ³n con Dieta MediterrÃ¡nea). <i>Circulation</i> , 2017, 135, 2028-2040.	1.6	227
1469	The hypoglycemic effects of guava leaf ( <i>Psidium guajava</i> L.) extract are associated with improving endothelial dysfunction in mice with diet-induced obesity. <i>Food Research International</i> , 2017, 96, 64-71.	2.9	27

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1471	Ultrasound-assisted enzyme catalyzed hydrolysis of olive waste and recovery of antioxidant phenolic compounds. Innovative Food Science and Emerging Technologies, 2017, 44, 224-234.	2.7	44
1472	Trending Cardiovascular Nutrition Controversies. Journal of the American College of Cardiology, 2017, 69, 1172-1187.	1.2	115
1473	Nutrition Intervention on Cardiovascular Risk Factors in Healthy Individuals. Journal of the American College of Cardiology, 2017, 69, 1113-1115.	1.2	4
1474	Beyond Sodium, Phosphate and Potassium: Potential Dietary Interventions in Kidney Disease. Seminars in Dialysis, 2017, 30, 197-202.	0.7	20
1475	Vascular risk in obesity: Facts, misconceptions and the unknown. Diabetes and Vascular Disease Research, 2017, 14, 2-13.	0.9	26
1476	Nutritional Psychiatry: Where to Next?. EBioMedicine, 2017, 17, 24-29.	2.7	159
1477	Food for thought: why does the medical community struggle with research about nutritional therapy in the acute care setting?. BMC Medicine, 2017, 15, 38.	2.3	21
1478	Effect of Current Dietary Recommendations on Weight Loss and Cardiovascular Risk Factors. Journal of the American College of Cardiology, 2017, 69, 1103-1112.	1.2	38
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1480	Stroke Risk Factors, Genetics, and Prevention. Circulation Research, 2017, 120, 472-495.	2.0	920
1481	Dietary strategies for cardiovascular health. Trends in Cardiovascular Medicine, 2017, 27, 295-313.	2.3	8
1482	Paleolithic and Mediterranean Diet Pattern Scores Are Inversely Associated with All-Cause and Cause-Specific Mortality in Adults. Journal of Nutrition, 2017, 147, 612-620.	1.3	126
1483	Omega-3 fatty acids and cytochrome P450-derived eicosanoids in cardiovascular diseases: Which actions and interactions modulate hemodynamics?. Prostaglandins and Other Lipid Mediators, 2017, 128-129, 34-42.	1.0	11
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1485	Improvement of myocardial infarction risk prediction via inflammation-associated metabolite biomarkers. Heart, 2017, 103, 1278-1285.	1.2	38
1486	Crunch on This! A Fresh Look at Nuts for Renal Nutrition. , 2017, 27, e7-e9.		3
1487	Diet, life-style and cardiovascular morbidity in the rural, free living population of Elafonisos island. BMC Public Health, 2017, 17, 147.	1.2	15

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1489	Reply to "Discussion of "Dietary assessment is a critical element of health research" Perspective from the Partnership for Advancing Nutritional and Dietary Assessment in Canada" Misrepresentations distort the scientific record". <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 85-85.	0.9	0
1490	"What else can I do?": Insights from atrial fibrillation patient communication online. <i>European Journal of Cardiovascular Nursing</i> , 2017, 16, 194-200.	0.4	14
1491	Adherence to Mediterranean diet in HIV infected patients: Relation with nutritional status and cardiovascular risk. <i>Clinical Nutrition ESPEN</i> , 2017, 18, 31-36.	0.5	3
1492	Estudio de la valoración del estado nutricional y los hábitos alimentarios y de actividad física de la población escolarizada de Centelles, Hostalets de Balenyà y Sant Martí de Centelles (Estudio ALIN) <i>Tj ETQq0 0 0 qgBT /Overlock 10 Tf</i>		
1493	Attributing Death to Diet. <i>JAMA - Journal of the American Medical Association</i> , 2017, 317, 908.	3.8	14
1494	Association Between Dietary Factors and Mortality From Heart Disease, Stroke, and Type 2 Diabetes in the United States. <i>JAMA - Journal of the American Medical Association</i> , 2017, 317, 912.	3.8	764
1495	Increases in Plasma Tryptophan Are Inversely Associated with Incident Cardiovascular Disease in the Prevención con Dieta Mediterránea (PREDIMED) Study. <i>Journal of Nutrition</i> , 2017, 147, jn241711.	1.3	64
1496	Editorial Commentary: Lifestyle and life-long lasting cardiovascular health. <i>Trends in Cardiovascular Medicine</i> , 2017, 27, 314-315.	2.3	1
1497	Mediterranean Diet Improves High-Density Lipoprotein Function in High-Cardiovascular-Risk Individuals. <i>Circulation</i> , 2017, 135, 633-643.	1.6	171
1498	Mediterranean Approach to Improving High-Density Lipoprotein Function. <i>Circulation</i> , 2017, 135, 644-647.	1.6	5
1499	The EVIDENT diet quality index is associated with cardiovascular risk and arterial stiffness in adults. <i>BMC Public Health</i> , 2017, 17, 305.	1.2	14
1500	Food groups and risk of type 2 diabetes mellitus: a systematic review and meta-analysis of prospective studies. <i>European Journal of Epidemiology</i> , 2017, 32, 363-375.	2.5	522
1501	Mechanisms, Pathophysiology, and Management of Obesity. <i>New England Journal of Medicine</i> , 2017, 376, 1490-1492.	13.9	74
1502	A Mediterranean diet lowers blood pressure and improves endothelial function: results from the Medley randomized intervention trial. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1305-1313.	2.2	136
1503	Supplementation with n-3, n-6, n-9 fatty acids in an insulin-resistance animal model: does it improve VLDL quality?. <i>Food and Function</i> , 2017, 8, 2053-2061.	2.1	14
1504	Antioxidant therapy for management of oxidative stress induced hypertension. <i>Free Radical Research</i> , 2017, 51, 428-438.	1.5	85
1505	Dietary interventions for adults with chronic kidney disease. <i>The Cochrane Library</i> , 2017, 2017, CD011998.	1.5	78

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1507	The Effects of Dietary Factors on Blood Pressure. <i>Cardiology Clinics</i> , 2017, 35, 197-212.	0.9	45
1508	Family physician-led, team-based, lifestyle intervention in patients with metabolic syndrome: results of a multicentre feasibility project. <i>CMAJ Open</i> , 2017, 5, E229-E236.	1.1	23
1509	A review of the nutritional challenges experienced by people living with severe mental illness: a role for dietitians in addressing physical health gaps. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 545-553.	1.3	47
1510	Feasibility and Acceptability of a Clinic-based Mediterranean-style Diet Intervention to Reduce Cardiovascular Risk for Hispanic Americans With Type 2 Diabetes. <i>The Diabetes Educator</i> , 2017, 43, 286-296.	2.6	7
1511	Effect on the lipid parameters of an intervention to reduce weight in overweight and obese patients. <i>Clínica e Investigación En Arteriosclerosis (English Edition)</i> , 2017, 29, 103-110.	0.1	1
1512	Virgin Olive Oil as Frying Oil. <i>Comprehensive Reviews in Food Science and Food Safety</i> , 2017, 16, 632-646.	5.9	36
1513	Camellia as an Oilseed Crop. <i>Hortscience: A Publication of the American Society for Horticultural Science</i> , 2017, 52, 488-497.	0.5	31
1514	American Association of Clinical Endocrinologists and American College of Endocrinology Guidelines for Management of Dyslipidemia and Prevention of Cardiovascular Disease. <i>Endocrine Practice</i> , 2017, 23, 1-87.	1.1	766
1515	Challenges in secondary prevention after acute myocardial infarction: A call for action. <i>European Heart Journal: Acute Cardiovascular Care</i> , 2017, 6, 299-310.	0.4	25
1516	Neuronutrition: An Emerging Concept. , 2017, , 155-206.		0
1517	The PREDIMED study. <i>Endocrinología y Diabetes Y Nutrición (English Ed )</i> , 2017, 64, 63-66.	0.1	3
1518	The Role of the Skin and Gut Microbiome in Psoriatic Disease. <i>Current Dermatology Reports</i> , 2017, 6, 94-103.	1.1	99
1519	Prevention, diagnosis, and treatment of obesity. 2016 position statement of the Spanish Society for the Study of Obesity. <i>Endocrinología y Diabetes Y Nutrición (English Ed )</i> , 2017, 64, 15-22.	0.1	16
1520	Adherence to the Mediterranean Diet and all-cause mortality risk in an elderly Italian population: Data from the ILSA study. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 505-513.	1.5	26
1521	Metabolic Surgery in a Pill. <i>Cell Metabolism</i> , 2017, 25, 985-987.	7.2	8
1522	Does lifestyle contribute to disease severity in patients with inherited lipid disorders?. <i>Current Opinion in Lipidology</i> , 2017, 28, 177-185.	1.2	15
1523	Nutrition in Neurologic Disorders. , 2017, , .		3

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1525	Metabolite-Sensing G Protein-Coupled Receptors Facilitators of Diet-Related Immune Regulation. <i>Annual Review of Immunology</i> , 2017, 35, 371-402.	9.5	235
1526	Polyunsaturated fatty acid receptors, GPR40 and GPR120, are expressed in the hypothalamus and control energy homeostasis and inflammation. <i>Journal of Neuroinflammation</i> , 2017, 14, 91.	3.1	104
1527	Protective effect of homovanillyl alcohol on cardiovascular disease and total mortality: virgin olive oil, wine, and catechol-methylthion. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1297-1304.	2.2	37
1528	Who benefits from a dietary online intervention? Evidence from Italy, Spain and Greece. <i>Public Health Nutrition</i> , 2017, 20, 938-947.	1.1	10
1529	Healthy diet: Health impact, prevalence, correlates, and interventions. <i>Psychology and Health</i> , 2017, 32, 907-941.	1.2	172
1530	Iberian cured-ham consumption improves endothelial function in healthy subjects. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 1277-1283.	1.5	5
1531	Dietary Fats and Cardiovascular Disease: A Presidential Advisory From the American Heart Association. <i>Circulation</i> , 2017, 136, e1-e23.	1.6	884
1532	Current and future strategies for the nutritional management of cardiometabolic complications of androgen deprivation therapy for prostate cancer. <i>Nutrition Research Reviews</i> , 2017, 30, 220-232.	2.1	11
1533	Inclusion of Almonds in a Cholesterol-Lowering Diet Improves Plasma HDL Subspecies and Cholesterol Efflux to Serum in Normal-Weight Individuals with Elevated LDL Cholesterol. <i>Journal of Nutrition</i> , 2017, 147, 1517-1523.	1.3	24
1534	Integrative Medicine and Cardiovascular Disorders. <i>Primary Care - Clinics in Office Practice</i> , 2017, 44, 351-367.	0.7	8
1535	Plasma Arginine/Asymmetric Dimethylarginine Ratio and Incidence of Cardiovascular Events: A Case-Cohort Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2017, 102, 1879-1888.	1.8	20
1536	Academy of Nutrition and Dietetics Nutrition Practice Guideline for Type 1 and Type 2 Diabetes in Adults: Nutrition Intervention Evidence Reviews and Recommendations. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017, 117, 1637-1658.	0.4	69
1538	The Importance and Challenges of Dietary Intervention Trials for Inflammatory Bowel Disease. <i>Inflammatory Bowel Diseases</i> , 2017, 23, 181-191.	0.9	32
1539	The challenges of control groups, placebos and blinding in clinical trials of dietary interventions. <i>Proceedings of the Nutrition Society</i> , 2017, 76, 203-212.	0.4	83
1540	Dietary Intake of Omega-3 Fatty Acids From Fish and Risk of Diabetic Retinopathy. <i>JAMA - Journal of the American Medical Association</i> , 2017, 317, 2226.	3.8	15
1541	Position paper of the European Society of Cardiology working group of coronary pathophysiology and microcirculation: obesity and heart disease. <i>European Heart Journal</i> , 2017, 38, 1951-1958.	1.0	64
1542	Mediterranean diet and inflammaging within the hormesis paradigm. <i>Nutrition Reviews</i> , 2017, 75, 442-455.	2.6	132



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1544	Palmitate and oleate exert differential effects on insulin signalling and glucose uptake in human skeletal muscle cells. <i>Endocrine Connections</i> , 2017, 6, 331-339.	0.8	27
1545	Treatment of NAFLD with diet, physical activity and exercise. <i>Journal of Hepatology</i> , 2017, 67, 829-846.	1.8	838
1546	Red meat consumption and cardiovascular target organ damage (from the Strong Heart Study). <i>Journal of Hypertension</i> , 2017, 35, 1794-1800.	0.3	12
1547	Validation of the German version of the Mediterranean Diet Adherence Screener (MEDAS) questionnaire. <i>BMC Cancer</i> , 2017, 17, 341.	1.1	95
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1549	Stroke recurrence among Filipino patients taking aspirin for first-ever non-cardioembolic ischemic stroke. <i>Neurology and Clinical Neuroscience</i> , 2017, 5, 113-117.	0.2	2
1550	Patient-specific Hemodynamic Computations: Application to Personalized Diagnosis of Cardiovascular Pathologies. , 2017, , .		9
1551	Consumption of Fish Is Not Associated with Risk of Differentiated Thyroid Carcinoma in the European Prospective Investigation into Cancer and Nutrition (EPIC) Study. <i>Journal of Nutrition</i> , 2017, 147, 1366-1373.	1.3	19
1552	Examining the Association between Intervention-Related Changes in Diet, Physical Activity, and Weight as Moderated by the Food and Physical Activity Environments among Rural, Southern Adults. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017, 117, 1618-1627.	0.4	15
1553	The PREDIMED trial, Mediterranean diet and health outcomes: How strong is the evidence?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, 624-632.	1.1	90
1554	Changes in fatty liver index after consuming a Mediterranean diet: 6-Year follow-up of the PREDIMED-Malaga trial. <i>Medicina ClÃnica (English Edition)</i> , 2017, 148, 435-443.	0.1	9
1555	Causes of death in atrial fibrillation: Challenges and opportunities. <i>Trends in Cardiovascular Medicine</i> , 2017, 27, 494-503.	2.3	17
1556	Microbial metabolites are associated with a high adherence to a Mediterranean dietary pattern using a 1H-NMR-based untargeted metabolomics approach. <i>Journal of Nutritional Biochemistry</i> , 2017, 48, 36-43.	1.9	32
1557	A review of the relationship between pulse consumption and reduction of cardiovascular disease risk factors. <i>Journal of Functional Foods</i> , 2017, 38, 635-643.	1.6	49
1558	The Mediterranean Diet decreases LDL atherogenicity in high cardiovascular risk individuals: a randomized controlled trial. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1601015.	1.5	56
1559	Efecto sobre los parÃmetros lipÃdicos de una intervenciÃn para reducir peso en pacientes con sobrepeso y obesidad. <i>ClÃnica E InvestigaciÃn En Arteriosclerosis</i> , 2017, 29, 103-110.	0.4	5
1560	The PREDIMED study. <i>Endocrinologia, Diabetes Y NutriciÃn</i> , 2017, 64, 63-66.	0.1	18

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1562	Dyslipidemia in diabetes mellitus and cardiovascular disease. <i>Cardiovascular Endocrinology</i> , 2017, 6, 27-32.	0.8	41
1563	Plant phosphates, phytate and pathological calcifications in chronic kidney disease. <i>Nefrologia</i> , 2017, 37, 20-28.	0.2	20
1564	Gut Microbiota in Cardiovascular Health and Disease. <i>Circulation Research</i> , 2017, 120, 1183-1196.	2.0	1,079
1565	Exercise addiction risk and health in male and female amateur endurance cyclists. <i>Journal of Behavioral Addictions</i> , 2017, 6, 74-83.	1.9	52
1566	Chemical composition of pine nut ( <i>Pinus pinea</i> ) grown in three geographical macrozones in Chile. <i>CYTA - Journal of Food</i> , 2017, 15, 284-290.	0.9	26
1567	Mediterranean diet adherence by patients with primary open angle glaucoma. <i>Archivos De La Sociedad Espanola De Oftalmologia</i> , 2017, 92, 353-358.	0.1	2
1568	A methodology to discover and understand complex patterns: Interpreted Integrative Multiview Clustering (I <sup>2</sup> MC). <i>Pattern Recognition Letters</i> , 2017, 93, 85-94.	2.6	3
1569	Validation of a literature-based adherence score to Mediterranean diet: the MEDI-LITE score. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 757-762.	1.3	113
1570	Obesity Mediates the Association between Mediterranean Diet Consumption and Insulin Resistance and Inflammation in US Adults. <i>Journal of Nutrition</i> , 2017, 147, 563-571.	1.3	50
1571	Effects of dyslipidaemia on monocyte production and function in cardiovascular disease. <i>Nature Reviews Cardiology</i> , 2017, 14, 387-400.	6.1	66
1572	Prediction of Cardiovascular Disease by the Framingham REGICOR Equation in the High-Risk PREDIMED Cohort: Impact of the Mediterranean Diet Across Different Risk Strata. <i>Journal of the American Heart Association</i> , 2017, 6, .	1.6	17
1573	Dietary Self-management in Heart Failure: High Tech or High Touch?. <i>Current Treatment Options in Cardiovascular Medicine</i> , 2017, 19, 19.	0.4	5
1574	Mediterranean tomato-based <i>sofrito</i> protects against vascular alterations in obese Zucker rats by preserving NO bioavailability. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1601010.	1.5	17
1575	Targeting the Microbiome in Heart Failure. <i>Current Treatment Options in Cardiovascular Medicine</i> , 2017, 19, 27.	0.4	40
1576	2016 European Guidelines on cardiovascular disease prevention in clinical practice. <i>International Journal of Behavioral Medicine</i> , 2017, 24, 321-419.	0.8	84
1577	Effects on Health Outcomes of a Mediterranean Diet With No Restriction on Fat Intake. <i>Annals of Internal Medicine</i> , 2017, 166, 377.	2.0	1
1578	Management of Atherosclerotic Cardiovascular Disease Risk Factors in the Older Adult Patient With Diabetes. <i>Diabetes Care</i> , 2017, 40, 476-484.	4.3	9

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1579	Need of improvement of diet and life habits among university student regardless of religion professed. <i>Appetite</i> , 2017, 114, 6-14.	1.8	18
1580	One-year follow-up of clinical, metabolic and oxidative stress profile of morbid obese patients after laparoscopic sleeve gastrectomy. 8-oxo-dG as a clinical marker. <i>Redox Biology</i> , 2017, 12, 389-402.	3.9	55
1581	High-Fiber Diet and Acetate Supplementation Change the Gut Microbiota and Prevent the Development of Hypertension and Heart Failure in Hypertensive Mice. <i>Circulation</i> , 2017, 135, 964-977.	1.6	695
1582	Exercise for stroke prevention. <i>Neurology</i> , 2017, 88, 342-343.	1.5	5
1583	Med Diet 4.0: the Mediterranean diet with four sustainable benefits. <i>Public Health Nutrition</i> , 2017, 20, 1322-1330.	1.1	231
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1587	Associations between Both Lignan and Yogurt Consumption and Cardiovascular Risk Parameters in an Elderly Population: Observations from a Cross-Sectional Approach in the PREDIMED Study. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017, 117, 609-622.e1.	0.4	10
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1596	Dietary Patterns and Cardiovascular Disease Risk in People with Type 2 Diabetes. <i>Current Obesity Reports</i> , 2017, 6, 405-413.	3.5	67
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1616	Mediterranean Diet and Prevention of Chronic Diseases. <i>Nutrition Today</i> , 2017, 52, 208-222.	0.6	118
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1725	Contemporary issues regarding nutrition in cardiovascular rehabilitation. <i>Annals of Physical and Rehabilitation Medicine</i> , 2017, 60, 36-42.	1.1	20
1726	Should This Patient Receive Aspirin?. <i>Annals of Internal Medicine</i> , 2017, 167, 786.	2.0	3
1727	Inflammation in Atherosclerosis. , 2017, , 1279-1300.		0
1728	The role of dietary patterns and exceptional parental longevity in healthy aging. <i>Nutrition and Healthy Aging</i> , 2017, 4, 247-254.	0.5	7
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1734	Bloqueo de la inflamación: nuevo arsenal contra la arteriosclerosis. <i>Endocrinología, Diabetes Y Nutrición</i> , 2017, 64, 515-516.	0.1	2
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1740	Wheat: A Crop in the Bottom of the Mediterranean Diet Pyramid. , 0, , .		19
1742	The Mediterranean diet: an "evergreen" diet. <i>Journal of Public Health and Emergency</i> , 0, 1, 54-54.	4.4	0
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1745	Association between Family Meals and the Adherence to the Mediterranean Diet in Spanish Adolescents. <i>Journal of Child and Adolescent Behavior</i> , 2017, 05, .	0.2	1
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1749	A Walnut-Enriched Diet Reduces Lipids in Healthy Caucasian Subjects, Independent of Recommended Macronutrient Replacement and Time Point of Consumption: a Prospective, Randomized, Controlled Trial. <i>Nutrients</i> , 2017, 9, 1097.	1.7	41
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1752	The Role of Diet in the Prevention and Treatment of Cardiovascular Disease. , 2017, , 595-623.		4
1753	Dietary Fiber and Risk of Cardiovascular Diseases. , 2017, , 91-120.		1
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1755	Olive Polyphenols and the Metabolic Syndrome. <i>Molecules</i> , 2017, 22, 1082.	1.7	69
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1776	Precision Nutrition: A Review of Personalized Nutritional Approaches for the Prevention and Management of Metabolic Syndrome. <i>Nutrients</i> , 2017, 9, 913.	1.7	292
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1779	Fermented Dairy Foods and Cardiovascular Risk. , 2017, , 225-229.		0
1780	Nutritional and Lifestyle Interventions for Age-Related Macular Degeneration: A Review. <i>Oxidative Medicine and Cellular Longevity</i> , 2017, 2017, 1-13.	1.9	46
1781	Modulation of Nrf2 by Olive Oil and Wine Polyphenols and Neuroprotection. <i>Antioxidants</i> , 2017, 6, 73.	2.2	70
1782	Saturated Fatty Acids and Cardiovascular Disease: Replacements for Saturated Fat to Reduce Cardiovascular Risk. <i>Healthcare (Switzerland)</i> , 2017, 5, 29.	1.0	207
1783	NutrimiRAging: Micromanaging Nutrient Sensing Pathways through Nutrition to Promote Healthy Aging. <i>International Journal of Molecular Sciences</i> , 2017, 18, 915.	1.8	25
1784	Transcriptional Reprogramming at Genome-Scale of <i>Lactobacillus plantarum</i> WCFS1 in Response to Olive Oil Challenge. <i>Frontiers in Microbiology</i> , 2017, 8, 244.	1.5	12
1785	The Walnuts and Healthy Aging Study (WAHA): Protocol for a Nutritional Intervention Trial with Walnuts on Brain Aging. <i>Frontiers in Aging Neuroscience</i> , 2016, 8, 333.	1.7	57
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1797	Fermented Meat Sausages. , 2017, , 203-235.		3
1798	Olive Oil-related Anti-inflammatory Effects on Atherosclerosis: Potential Clinical Implications. <i>Endocrine, Metabolic and Immune Disorders - Drug Targets</i> , 2017, 18, 51-62.	0.6	35
1799	Recent advances in preventing stroke recurrence. <i>F1000Research</i> , 2017, 6, 1017.	0.8	8
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1806	Potential Treatments for Alzheimerâ€™s Disease. , 2017, , 279-330.		0
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1810	Does dietary fat affect inflammatory markers in overweight and obese individuals?â€”a review of randomized controlled trials from 2010 to 2016. <i>Genes and Nutrition</i> , 2017, 12, 26.	1.2	21

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1817	Free fatty acids profile among lean, overweight and obese non-alcoholic fatty liver disease patients: a case “control” study. <i>Lipids in Health and Disease</i> , 2017, 16, 165.	1.2	79
1818	Apolipoprotein E gene polymorphism modifies fasting total cholesterol concentrations in response to replacement of dietary saturated with monounsaturated fatty acids in adults at moderate cardiovascular disease risk. <i>Lipids in Health and Disease</i> , 2017, 16, 222.	1.2	12
1819	Frequency of eating home cooked meals and potential benefits for diet and health: cross-sectional analysis of a population-based cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 109.	2.0	170
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1824	The scope, efficacy and effectiveness of Mediterranean diet interventions outside Mediterranean countries: A systematic review and meta-analysis of intervention studies. <i>Proceedings of the Nutrition Society</i> , 2017, 76, .	0.4	0
1825	Cardiovascular risk and dyslipidemia among persons living with HIV: a review. <i>BMC Infectious Diseases</i> , 2017, 17, 551.	1.3	112
1826	Paradigm Shifts in Nutrition Therapy for Type 2 Diabetes. <i>Keio Journal of Medicine</i> , 2017, 66, 33-43.	0.5	7
1828	Mediterranean Eating Pattern. <i>Diabetes Spectrum</i> , 2017, 30, 72-76.	0.4	54
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1832	Impacto de la dieta mediterránea sobre las lipoproteínas de alta densidad. <i>Revista Chilena De Cardiología</i> , 2017, 36, 136-143.	0.0	1
1833	Análisis descriptivo del consumo de sustancias nocivas, adhesión a la dieta Mediterránea y tipo de residencia en estudiantes universitarios de Granada. <i>Revista Complutense De Educacion</i> , 2017, 28, 823-838.	0.3	5
1834	Interventions to Support Healthy Eating in Later Life. , 2017, , 283-298.		1
1835	The Influence of Fiber on Gut Microbiota: Butyrate as Molecular Player Involved in the Beneficial Interplay Between Dietary Fiber and Cardiovascular Health. , 2017, , 61-71.		4
1836	Omega-3 Fatty Acids Supplementation Differentially Modulates the SDF-1/CXCR-4 Cell Homing Axis in Hypertensive and Normotensive Rats. <i>Nutrients</i> , 2017, 9, 826.	1.7	0
1838	Dietary Patterns and Healthy Aging. , 2017, , 223-254.		1
1839	Clinical Implementation of Exercise Guidelines for Cancer Patients: Adaptation of ACSM's Guidelines to the Italian Model. <i>Journal of Functional Morphology and Kinesiology</i> , 2017, 2, 4.	1.1	34
1840	Tratamiento médico-quirúrgico de la obesidad en el SAHOS. <i>Revista Facultad De Medicina</i> , 2017, 65, 115-119.	0.0	0
1841	Impact of Mediterranean diet on metabolic syndrome, cancer and longevity. <i>Oncotarget</i> , 2017, 8, 8947-8979.	0.8	231
1843	Guía de práctica clínica para el tratamiento de la diabetes mellitus tipo 2: manejo inicial. <i>Revista Universitas Medica</i> , 2017, 58, .	0.0	0
1844	The 2015-2020 Dietary Guidelines. <i>Home Healthcare Now</i> , 2017, 35, 72-82.	0.1	7
1845	Morphine in acute heart failure: good in relieving symptoms, bad in improving outcomes. <i>Journal of Thoracic Disease</i> , 2017, 9, E871-E874.	0.6	6
1846	Vaccine against PCSK9: the natural strategy from passive to active immunization for the prevention of atherosclerosis. <i>Journal of Thoracic Disease</i> , 2017, 9, 4291-4294.	0.6	6
1847	Lifestyle Modification for Secondary Stroke Prevention. <i>American Journal of Lifestyle Medicine</i> , 2018, 12, 140-147.	0.8	22
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1852	Cut stroke in half: Polypill for primary prevention in stroke. <i>International Journal of Stroke</i> , 2018, 13, 633-647.	2.9	29
1853	The association between physical activity and dietary inflammatory index on mortality risk in U.S. adults. <i>Physician and Sportsmedicine</i> , 2018, 46, 249-254.	1.0	10
1854	Olive oil aromatization with saffron by liquidâ€“liquid extraction. <i>Journal of Food Science and Technology</i> , 2018, 55, 1093-1103.	1.4	13
1855	Diet and Cardiovascular Disease: Advances and Challenges in Population-Based Studies. <i>Cell Metabolism</i> , 2018, 27, 489-496.	7.2	69
1856	Mediterranean diet, diet quality, and bone mineral content in adolescents: the HELENA study. <i>Osteoporosis International</i> , 2018, 29, 1329-1340.	1.3	11
1857	Dietary Patterns and Stroke Risk. , 2018, , 435-449.		0
1858	Polyunsaturated fatty acids and risk of melanoma: A <sc>M</sc>endelian randomisation analysis. <i>International Journal of Cancer</i> , 2018, 143, 508-514.	2.3	18
1859	Impact of Particulate Air Pollution on Cardiovascular Health. <i>Current Allergy and Asthma Reports</i> , 2018, 18, 15.	2.4	80
1860	Dietary Patterns to Reduce Weight and Optimize Cardiovascular Health. <i>Circulation</i> , 2018, 137, 1114-1116.	1.6	3
1861	Localization of lipopolysaccharide from <i>Escherichia Coli</i> into human atherosclerotic plaque. <i>Scientific Reports</i> , 2018, 8, 3598.	1.6	88
1862	Randomised trial of coconut oil, olive oil or butter on blood lipids and other cardiovascular risk factors in healthy men and women. <i>BMJ Open</i> , 2018, 8, e020167.	0.8	129
1863	Iterative conceptual modeling: A case study in cardiac patient survival simulation. <i>Operations Research for Health Care</i> , 2018, 19, 57-65.	0.8	1
1864	Short- and long-term effectiveness of a smartphone application for improving measures of adiposity: A randomised clinical trial â€“ EVIDENT II study. <i>European Journal of Cardiovascular Nursing</i> , 2018, 17, 552-562.	0.4	28
1865	Diet and Weight Management. , 2018, , 71-82.		0
1866	Morphometric and chemical fruit variability of selected stone pine trees ( <i>Pinus pinea</i> L.) grown in non-native environments. <i>Plant Biosystems</i> , 2018, 152, 547-555.	0.8	12
1867	Interaction of smoking and dietary habits modifying the risk of coronary heart disease in women: results from a caseâ€“control study. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 1673-1681.	1.3	11
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1870	Fostering active living and healthy eating through understanding physical activity and dietary behaviours of Arabic-speaking adults: a cross-sectional study from the Middle East. <i>BMJ Open</i> , 2018, 8, e019980.	0.8	16
1871	Association of proinflammatory diet with low-grade inflammation: results from the Moli-sani study. <i>Nutrition</i> , 2018, 54, 182-188.	1.1	66
1872	Epigenetic control of lipid metabolism: implications for lifespan and healthspan. <i>Cardiovascular Research</i> , 2018, 114, e33-e35.	1.8	0
1873	Dairy product consumption and risk of colorectal cancer in an older mediterranean population at high cardiovascular risk. <i>International Journal of Cancer</i> , 2018, 143, 1356-1366.	2.3	25
1874	The paradoxical effect of extra-virgin olive oil on oxidative phenomena during in vitro co-digestion with meat. <i>Food Research International</i> , 2018, 109, 82-90.	2.9	27
1875	Plasma branched chain/aromatic amino acids, enriched Mediterranean diet and risk of type 2 diabetes: case-cohort study within the PREDIMED Trial. <i>Diabetologia</i> , 2018, 61, 1560-1571.	2.9	89
1876	Effect of Breastfeeding in Early Life on Cardiorespiratory and Physical Fitness: A Systematic Review and Meta-Analysis. <i>Breastfeeding Medicine</i> , 2018, 13, 248-258.	0.8	11
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1878	A Healthy Asian A Posteriori Dietary Pattern Correlates with A Priori Dietary Patterns and Is Associated with Cardiovascular Disease Risk Factors in a Multiethnic Asian Population. <i>Journal of Nutrition</i> , 2018, 148, 616-623.	1.3	40
1879	Antioxidant activity from extra virgin olive oil via inhibition of hydrogen peroxide-mediated NADPH-oxidase 2 activation. <i>Nutrition</i> , 2018, 55-56, 36-40.	1.1	13
1880	Sodium-Glucose Cotransporter-2 Inhibition in Type 2 Diabetes Mellitus. <i>Cardiology in Review</i> , 2018, 26, 312-320.	0.6	5
1881	Effect of pasta in the context of low-glycaemic index dietary patterns on body weight and markers of adiposity: a systematic review and meta-analysis of randomised controlled trials in adults. <i>BMJ Open</i> , 2018, 8, e019438.	0.8	45
1882	Dietary fats and cardiovascular health: a summary of the scientific evidence and current debate. <i>International Journal of Food Sciences and Nutrition</i> , 2018, 69, 916-927.	1.3	16
1883	<i>Preventive Cardiology</i> . , 2018, , 269-289.		0
1884	Reprint of: Proteomics in cardiovascular diseases: Unveiling sex and gender differences in the era of precision medicine. <i>Journal of Proteomics</i> , 2018, 178, 57-72.	1.2	9
1885	Nitrate, the oral microbiome, and cardiovascular health: a systematic literature review of human and animal studies. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 504-522.	2.2	49
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1888	Nutrition Therapy. <i>Canadian Journal of Diabetes</i> , 2018, 42, S64-S79.	0.4	121
1889	The Ossabaw Pig Is a Suitable Translational Model to Evaluate Dietary Patterns and Coronary Artery Disease Risk. <i>Journal of Nutrition</i> , 2018, 148, 542-551.	1.3	19
1890	Managing premature atherosclerosis in patients with chronic inflammatory diseases. <i>Cmaj</i> , 2018, 190, E430-E439.	0.9	6
1891	Obesity and cardiovascular risk. <i>Journal of Hypertension</i> , 2018, 36, 1427-1440.	0.3	86
1892	Influence of Dietary Patterns and Inflammatory Markers on Atherosclerosis Using Ankle Brachial Index as a Surrogate. <i>Journal of Nutrition, Health and Aging</i> , 2018, 22, 619-626.	1.5	7
1893	Ω-3 Fatty Acids, Impaired Fetal Growth, and Cardiovascular Risk: Nutrition as Precision Medicine. <i>Advances in Nutrition</i> , 2018, 9, 99-104.	2.9	2
1894	Low-grade inflammation and muscular fitness on insulin resistance in adolescents: Results from LabMed Physical Activity Study. <i>Pediatric Diabetes</i> , 2018, 19, 429-435.	1.2	13
1895	Replacement of saturated and trans-fatty acids in the diet v. CVD risk in the light of the most recent studies. <i>Public Health Nutrition</i> , 2018, 21, 2291-2300.	1.1	11
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1898	Structuration of lipid bases with fully hydrogenated crambe oil and sorbitan monostearate for obtaining zero-trans/low sat fats. <i>Food Research International</i> , 2018, 107, 61-72.	2.9	14
1899	Ideal Cardiovascular Health and Arterial Stiffness in Spanish Adults—The EVIDENT Study. <i>Journal of Stroke and Cerebrovascular Diseases</i> , 2018, 27, 1386-1394.	0.7	20
1900	Evidence, Not Evangelism, for Dietary Recommendations. <i>Mayo Clinic Proceedings</i> , 2018, 93, 138-144.	1.4	7
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1902	Buttermilk and Krill Oil Phospholipids Improve Hippocampal Insulin Resistance and Synaptic Signaling in Aged Rats. <i>Molecular Neurobiology</i> , 2018, 55, 7285-7296.	1.9	34
1903	Cardiorespiratory fitness and adiposity in breast cancer survivors: is meeting current physical activity recommendations really enough?. <i>Supportive Care in Cancer</i> , 2018, 26, 2293-2301.	1.0	7
1904	Diet and primary prevention of stroke: Systematic review and dietary recommendations by the ad hoc Working Group of the Italian Society of Human Nutrition. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 309-334.	1.1	46
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1908	As You Eat It: Effects of Prenatal Nutrition on Asthma. Journal of Allergy and Clinical Immunology: in Practice, 2018, 6, 711-718.	2.0	13
1909	Dietary supplementation with hybrid palm oil alters liver function in the common Marmoset. Scientific Reports, 2018, 8, 2765.	1.6	11
1910	Cashew Nut Consumption Increases HDL Cholesterol and Reduces Systolic Blood Pressure in Asian Indians with Type 2 Diabetes: A 12-Week Randomized Controlled Trial. Journal of Nutrition, 2018, 148, 63-69.	1.3	61
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1912	Heart Disease and Stroke Statistics—2018 Update: A Report From the American Heart Association. Circulation, 2018, 137, e67-e492.	1.6	5,228
1913	Flavonoids, Dairy Foods, and Cardiovascular and Metabolic Health. Circulation Research, 2018, 122, 369-384.	2.0	214
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1915	Methodological Issues in Nutritional Epidemiology Research—Sorting Through the Confusion. Current Cardiovascular Risk Reports, 2018, 12, 1.	0.8	9
1916	The Evolving Epidemiology of Atherosclerotic Cardiovascular Disease in People with Diabetes. Endocrinology and Metabolism Clinics of North America, 2018, 47, 1-32.	1.2	16
1917	Sulfated modification of polysaccharides: Synthesis, characterization and bioactivities. Trends in Food Science and Technology, 2018, 74, 147-157.	7.8	193
1918	Occurrence of variable levels of health-promoting fruit compounds in horn-shaped Italian sweet pepper varieties assessed by a comprehensive approach. Journal of the Science of Food and Agriculture, 2018, 98, 3280-3289.	1.7	11
1919	The Mediterranean Diet: its definition and evaluation of <i>a priori</i> dietary indexes in primary cardiovascular prevention. International Journal of Food Sciences and Nutrition, 2018, 69, 647-659.	1.3	74
1920	Variability studies of allochthonous stone pine ( <i>Pinus pinea</i> L.) plantations in Chile through nut protein profiling. Journal of Proteomics, 2018, 175, 95-104.	1.2	5
1921	Diet for stroke prevention. Stroke and Vascular Neurology, 2018, 3, 44-50.	1.5	42
1922	Sexual Dysfunction Among Young Men: Overview of Dietary Components Associated With Erectile Dysfunction. Journal of Sexual Medicine, 2018, 15, 176-182.	0.3	14
1924	Obesity. Journal of the American College of Cardiology, 2018, 71, 69-84.	1.2	375

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1926	The Deficit of Nutrition Education of Physicians. <i>American Journal of Medicine</i> , 2018, 131, 339-345.	0.6	61
1927	Cerebrovascular and Alzheimer disease: fellow travelers or partners in crime?. <i>Journal of Neurochemistry</i> , 2018, 144, 513-516.	2.1	34
1928	The role of noninvasive cardiovascular testing, applied clinical nutrition and nutritional supplements in the prevention and treatment of coronary heart disease. <i>Therapeutic Advances in Cardiovascular Disease</i> , 2018, 12, 85-108.	1.0	42
1929	Gut microbiota in cardiovascular disease and heart failure. <i>Clinical Science</i> , 2018, 132, 85-91.	1.8	63
1930	Tree nut, peanut, and peanut butter intake and risk of postmenopausal breast cancer: The Netherlands Cohort Study. <i>Cancer Causes and Control</i> , 2018, 29, 63-75.	0.8	18
1931	The Mediterranean Diet, the OGG1 Gene, and Disease Risk: Early Evidence. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 547-549.	0.4	1
1932	Plasma lipidome patterns associated with cardiovascular risk in the PREDIMED trial: A case-cohort study. <i>International Journal of Cardiology</i> , 2018, 253, 126-132.	0.8	52
1933	Health Benefits of the Mediterranean Diet: Metabolic and Molecular Mechanisms. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2018, 73, 318-326.	1.7	401
1934	The healthâ€ nutrition dimension: a methodological approach to assess the nutritional sustainability of typical agroâ€ food products and the Mediterranean diet. <i>Journal of the Science of Food and Agriculture</i> , 2018, 98, 3684-3705.	1.7	11
1935	Recent Science and Clinical Application of Nutrition to Coronary Heart Disease. <i>Journal of the American College of Nutrition</i> , 2018, 37, 169-187.	1.1	15
1936	Accordance to the Dietary Approaches to Stop Hypertension diet pattern and cardiovascular disease in a British, population-based cohort. <i>European Journal of Epidemiology</i> , 2018, 33, 235-244.	2.5	53
1937	Hypothetical interventions to prevent stroke: an application of the parametric g-formula to a healthy middle-aged population. <i>European Journal of Epidemiology</i> , 2018, 33, 557-566.	2.5	14
1938	Dietary management of dyslipidaemias. Is there any evidence for cardiovascular benefit?. <i>Maturitas</i> , 2018, 108, 45-52.	1.0	23
1939	Effects of the Ser326Cys Polymorphism in the DNA Repair OGG1 Gene on Cancer, Cardiovascular, and All-Cause Mortality in the PREDIMED Study: Modulation by Diet. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 589-605.	0.4	20
1940	Anti-hyperlipidemia of garlic by reducing the level of total cholesterol and low-density lipoprotein. <i>Medicine (United States)</i> , 2018, 97, e0255.	0.4	47
1941	Dietary inflammatory index: a potent association with cardiovascular risk factors among patients candidate for coronary artery bypass grafting (CABG) surgery. <i>Nutrition Journal</i> , 2018, 17, 20.	1.5	30
1942	Adherence to Mediterranean and low-fat diets among heart and lung transplant recipients: a randomized feasibility study. <i>Nutrition Journal</i> , 2018, 17, 22.	1.5	14
1943	The wild taxa utilized as vegetables in Sicily (Italy): a traditional component of the Mediterranean diet. <i>Journal of Ethnobiology and Ethnomedicine</i> , 2018, 14, 14.	1.1	50

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1944	Effects of combined high-intensity aerobic interval training program and Mediterranean diet recommendations after myocardial infarction (INTERFARCT Project): study protocol for a randomized controlled trial. <i>Trials</i> , 2018, 19, 156.	0.7	7
1945	Associations of fats and carbohydrates with cardiovascular disease and mortalityâ€”PURE and simple? â€” Authors' reply. <i>Lancet, The</i> , 2018, 391, 1681-1682.	6.3	5
1947	The Association of Mediterranean and DASH Diets with Mortality in Adults on Hemodialysis: The DIET-HD Multinational Cohort Study. <i>Journal of the American Society of Nephrology: JASN</i> , 2018, 29, 1741-1751.	3.0	33
1948	Nutritional Genomics of Cardiovascular Disease. <i>Current Genetic Medicine Reports</i> , 2018, 6, 98-106.	1.9	11
1949	Generating the evidence for risk reduction: a contribution to the future of food-based dietary guidelines. <i>Proceedings of the Nutrition Society</i> , 2018, 77, 432-444.	0.4	24
1950	Associations of fats and carbohydrates with cardiovascular disease and mortalityâ€”PURE and simple?. <i>Lancet, The</i> , 2018, 391, 1679.	6.3	3
1951	Olive oil and prevention of chronic diseases: Summary of an International conference. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 649-656.	1.1	113
1953	Impact of Healthy Lifestyle Factors on Life Expectancies in the US Population. <i>Circulation</i> , 2018, 138, 345-355.	1.6	506
1954	Improvement in dietary inflammatory index score after 6-month dietary intervention is associated with reduction in interleukin-6 in patients with coronary heart disease: The AUSMED heart trial. <i>Nutrition Research</i> , 2018, 55, 108-121.	1.3	35
1955	New diet trials and cardiovascular risk. <i>Current Opinion in Cardiology</i> , 2018, 33, 423-428.	0.8	8
1956	Defining the Human Envirome. <i>Circulation Research</i> , 2018, 122, 1259-1275.	2.0	47
1957	Associations between physical fitness and adherence to the Mediterranean diet with health-related quality of life in adolescents: results from the LabMed Physical Activity Study. <i>European Journal of Public Health</i> , 2018, 28, 631-635.	0.1	49
1958	Mediterranean Diet in Preventing Neurodegenerative Diseases. <i>Current Nutrition Reports</i> , 2018, 7, 10-20.	2.1	78
1959	Higher dietary inflammation is associated with increased odds of depression independent of Framingham Risk Score in the National Health and Nutrition Examination Survey. <i>Nutrition Research</i> , 2018, 54, 23-32.	1.3	29
1960	On-site images taken and processed to classify olives according to quality â€” The foundation of a high-grade olive oil. <i>Postharvest Biology and Technology</i> , 2018, 140, 60-66.	2.9	5
1961	Cardiovascular and Metabolic Heterogeneity of Obesity. <i>Circulation</i> , 2018, 137, 1391-1406.	1.6	493
1962	RE: â€œTHE RELATIONSHIP BETWEEN OCCUPATIONAL STANDING AND SITTING AND INCIDENT HEART DISEASE OVER A 12-YEAR PERIOD IN ONTARIO, CANADAâ€• <i>American Journal of Epidemiology</i> , 2018, 187, 399-400.	1.6	1
1963	Cardiovascular disease risk factor profile of male Gaelic Athletic Association sports referees. <i>Irish Journal of Medical Science</i> , 2018, 187, 915-924.	0.8	2

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1964	From inflammation to sexual dysfunctions: a journey through diabetes, obesity, and metabolic syndrome. <i>Journal of Endocrinological Investigation</i> , 2018, 41, 1249-1258.	1.8	101
1965	Consensus paper on the executive summary of the international conference on Mediterranean diet and health: a lifelong approach—an Italian initiative supported by the Mediterranean Diet Foundation and the Menarini Foundation. <i>Nutrition</i> , 2018, 51-52, 38-45.	1.1	16
1966	More sugar? No, thank you! The elusive nature of low carbohydrate diets. <i>Endocrine</i> , 2018, 61, 383-387.	1.1	22
1967	Dietary cost associated with adherence to the Mediterranean diet, and its variation by socio-economic factors in the UK Fenland Study. <i>British Journal of Nutrition</i> , 2018, 119, 685-694.	1.2	72
1968	Dietary patterns in association to cancer incidence and survival: concept, current evidence, and suggestions for future research. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 818-825.	1.3	31
1969	A comparison between two healthy diet scores, the modified Mediterranean diet score and the Healthy Nordic Food Index, in relation to all-cause and cause-specific mortality. <i>British Journal of Nutrition</i> , 2018, 119, 836-846.	1.2	39
1970	Evolving Trends in the Epidemiology, Risk Factors, and Prevention of Type 2 Diabetes: A Review. <i>Canadian Journal of Cardiology</i> , 2018, 34, 552-564.	0.8	105
1971	Risk Factors and Prevention in Alzheimer's Disease and Dementia. , 2018, , 93-112.		3
1972	Monounsaturated fats from plant and animal sources in relation to risk of coronary heart disease among US men and women. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 445-453.	2.2	79
1973	Effect of the Mediterranean diet on cognition and brain morphology and function: a systematic review of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 389-404.	2.2	115
1974	Functional Food and Cardiovascular Disease Prevention and Treatment: A Review. <i>Journal of the American College of Nutrition</i> , 2018, 37, 429-455.	1.1	64
1975	Dietary patterns and the risk of obesity, type 2 diabetes mellitus, cardiovascular diseases, asthma, and neurodegenerative diseases. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 262-296.	5.4	210
1976	Long-chain n-3 PUFA supplied by the usual diet decrease plasma stearoyl-CoA desaturase index in non-hypertriglyceridemic older adults at high vascular risk. <i>Clinical Nutrition</i> , 2018, 37, 157-162.	2.3	6
1977	A modified Mediterranean dietary intervention for adults with major depression: Dietary protocol and feasibility data from the SMILES trial. <i>Nutritional Neuroscience</i> , 2018, 21, 487-501.	1.5	69
1978	Critical review: CPAP and weight management of obstructive sleep apnea cardiovascular co-morbidities. <i>Sleep Medicine Reviews</i> , 2018, 37, 14-23.	3.8	18
1979	Dietary interventions to contrast the onset and progression of diabetic nephropathy: A critical survey of new data. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 1671-1680.	5.4	7
1980	Legume consumption is inversely associated with type 2 diabetes incidence in adults: A prospective assessment from the PREDIMED study. <i>Clinical Nutrition</i> , 2018, 37, 906-913.	2.3	108
1981	A nutritional intervention programme at a worksite canteen to promote a healthful lifestyle inspired by the traditional Mediterranean diet. <i>International Journal of Food Sciences and Nutrition</i> , 2018, 69, 117-124.	1.3	13

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1982	Aging and Adherence to the Mediterranean Diet: Relationship with Cardiometabolic Disorders and Polypharmacy. <i>Journal of Nutrition, Health and Aging</i> , 2018, 22, 73-81.	1.5	13
1983	The future of nutrition: Nutrigenomics and nutrigenetics in obesity and cardiovascular diseases. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 3030-3041.	5.4	54
1984	Dietary Inflammatory Index and liver status in subjects with different adiposity levels within the PREDIMED trial. <i>Clinical Nutrition</i> , 2018, 37, 1736-1743.	2.3	59
1985	Effects of hazelnuts and cocoa on vascular reactivity in healthy subjects: a randomised study. <i>International Journal of Food Sciences and Nutrition</i> , 2018, 69, 223-234.	1.3	7
1986	Interventions to slow cardiovascular aging: Dietary restriction, drugs and novel molecules. <i>Experimental Gerontology</i> , 2018, 109, 108-118.	1.2	21
1987	Mediterranean diet as the diet of choice for patients with chronic kidney disease. <i>Nephrology Dialysis Transplantation</i> , 2018, 33, 725-735.	0.4	114
1988	Nut intake and 5-year changes in body weight and obesity risk in adults: results from the EPIC-PANACEA study. <i>European Journal of Nutrition</i> , 2018, 57, 2399-2408.	1.8	58
1989	Fructose metabolism, cardiometabolic risk, and the epidemic of coronary artery disease. <i>European Heart Journal</i> , 2018, 39, 2497-2505.	1.0	64
1990	Does a Mediterranean-type dietary pattern exert a cardio-protective effect outside the Mediterranean region? A review of current evidence. <i>International Journal of Food Sciences and Nutrition</i> , 2018, 69, 524-535.	1.3	30
1991	Is PLOS ONE Attracting Highly Cited Papers in the Food Sciences? Comparing Authors' Most Cited Work to Their PLOS ONE Articles Published 2006-2016. <i>Journal of Agricultural and Food Information</i> , 2018, 19, 97-100.	1.1	1
1992	Intake of Milk or Fermented Milk Combined With Fruit and Vegetable Consumption in Relation to Hip Fracture Rates: A Cohort Study of Swedish Women. <i>Journal of Bone and Mineral Research</i> , 2018, 33, 449-457.	3.1	31
1993	Uric acid and obesity-related phenotypes in postmenopausal women. <i>Molecular and Cellular Biochemistry</i> , 2018, 443, 111-119.	1.4	9
1994	Chemical, nutritional, and spectroscopic characterization of typical ecotypes of Mediterranean area beans. <i>European Food Research and Technology</i> , 2018, 244, 795-804.	1.6	6
1995	Cardiovascular Screening and Primary Prevention in Older Adults. <i>Clinics in Geriatric Medicine</i> , 2018, 34, 81-93.	1.0	1
1996	Inflammageing and metaflammation: The yin and yang of type 2 diabetes. <i>Ageing Research Reviews</i> , 2018, 41, 1-17.	5.0	182
1998	Mediterranean diet, physical activity and their combined effect on all-cause mortality: The Seguimiento Universidad de Navarra (SUN) cohort. <i>Preventive Medicine</i> , 2018, 106, 45-52.	1.6	120
1999	Dietary patterns and cognition in older persons. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2018, 21, 10-13.	1.3	54
2000	Central obesity and the Mediterranean diet: A systematic review of intervention trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 3070-3084.	5.4	92



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2001	Beyond gut feelings: how the gut microbiota regulates blood pressure. <i>Nature Reviews Cardiology</i> , 2018, 15, 20-32.	6.1	287
2003	Dyslipidemia. , 2018, , 264-275.e5.		1
2004	Metabolically healthy obesity: the low-hanging fruit in obesity treatment?. <i>Lancet Diabetes and Endocrinology</i> ,the, 2018, 6, 249-258.	5.5	221
2005	Fruits and vegetables, as a source of nutritional compounds and phytochemicals: Changes in bioactive compounds during lactic fermentation. <i>Food Research International</i> , 2018, 104, 86-99.	2.9	353
2006	Antiinflammatory Diet. , 2018, , 869-877.e4.		1
2007	Dietary Patterns and Long-Term Survival: A Retrospective Study of Healthy Primary Care Patients. <i>American Journal of Medicine</i> , 2018, 131, 48-55.	0.6	25
2008	Effect of a multinutrient intervention after ischemic stroke in female C57Bl/6 mice. <i>Journal of Neurochemistry</i> , 2018, 144, 549-564.	2.1	12
2009	Structured advice provided by a dietitian increases adherence of consumers to diet and lifestyle changes and lowers blood low-density lipoprotein (LDL) cholesterol: the Increasing Adherence of Consumers to Diet & Lifestyle Changes to Lower (LDL) Cholesterol (ACT) randomised controlled trial. <i>Journal of Human Nutrition and Dietetics</i> . 2018. 31. 197-208.	1.3	21
2011	Secondary prevention programme of ischaemic heart disease in the elderly: A randomised clinical trial. <i>European Journal of Preventive Cardiology</i> , 2018, 25, 278-286.	0.8	16
2012	Barriers to adopting a Mediterranean diet in Northern European adults at high risk of developing cardiovascular disease. <i>Journal of Human Nutrition and Dietetics</i> , 2018, 31, 451-462.	1.3	42
2013	The Effects of Extrinsic Cues on Olive Oil Price in Brazil. <i>Journal of International Food and Agribusiness Marketing</i> , 2018, 30, 70-87.	1.0	9
2014	Effects of an energy-restricted low-carbohydrate, high unsaturated fat/low saturated fat diet versus a high-carbohydrate, low-fat diet in type 2 diabetes: A 2-year randomized clinical trial. <i>Diabetes, Obesity and Metabolism</i> , 2018, 20, 858-871.	2.2	139
2015	Intensive dietary intervention promoting the Mediterranean diet in people with high cardiometabolic risk: a non-randomized study. <i>Acta Diabetologica</i> , 2018, 55, 219-226.	1.2	10
2016	Targeting oxidant-dependent mechanisms for the treatment of respiratory diseases and their comorbidities. <i>Current Opinion in Pharmacology</i> , 2018, 40, 1-8.	1.7	25
2017	Dietary intake in people consuming a low-carbohydrate diet in the <sc>UK</sc> Biobank. <i>Journal of Human Nutrition and Dietetics</i> , 2018, 31, 228-238.	1.3	6
2018	Exosome biogenesis, bioactivities and functions as new delivery systems of natural compounds. <i>Biotechnology Advances</i> , 2018, 36, 328-334.	6.0	239
2019	Proteomics in cardiovascular diseases: Unveiling sex and gender differences in the era of precision medicine. <i>Journal of Proteomics</i> , 2018, 173, 62-76.	1.2	21
2020	Long-term effects of a Swedish lifestyle intervention programme on lifestyle habits and quality of life in people with increased cardiovascular risk. <i>Scandinavian Journal of Public Health</i> , 2018, 46, 613-622.	1.2	12

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2021	Mediterranean Diet and Musculoskeletal-Functional Outcomes in Community-Dwelling Older People: A Systematic Review and Meta-Analysis. <i>Journal of Nutrition, Health and Aging</i> , 2018, 22, 655-663.	1.5	59
2022	Improving Metabolic Health Through Precision Dietetics in Mice. <i>Genetics</i> , 2018, 208, 399-417.	1.2	44
2023	Adherence to Mediterranean Diet and All-Cause Mortality After an Episode of Acute Heart Failure. <i>JACC: Heart Failure</i> , 2018, 6, 52-62.	1.9	40
2024	The Right Diet for Heart Failure. <i>JACC: Heart Failure</i> , 2018, 6, 63-64.	1.9	0
2025	Global aetiology and epidemiology of type 2 diabetes mellitus and its complications. <i>Nature Reviews Endocrinology</i> , 2018, 14, 88-98.	4.3	3,156
2026	4. Lifestyle Management: Standards of Medical Care in Diabetes 2018. <i>Diabetes Care</i> , 2018, 41, S38-S50.	4.3	493
2027	The Effect of Berry-Based Food Interventions on Markers of Cardiovascular and Metabolic Health: A Systematic Review of Randomized Controlled Trials. <i>Molecular Nutrition and Food Research</i> , 2018, 62, 1700645.	1.5	22
2028	Relation between plasma phospholipid oleic acid and risk of heart failure. <i>European Journal of Nutrition</i> , 2018, 57, 2937-2942.	1.8	7
2029	Predictors of adherence to treatment by patients with coronary heart disease after percutaneous coronary intervention. <i>Journal of Clinical Nursing</i> , 2018, 27, 989-1003.	1.4	32
2030	Effect of Distinct Lifestyle Interventions on Mobilization of Fat Storage Pools. <i>Circulation</i> , 2018, 137, 1143-1157.	1.6	185
2031	Proinflammatory Dietary Intake is Associated with Increased Risk of Colorectal Cancer: Results of a Case-Control Study in Argentina Using a Multilevel Modeling Approach. <i>Nutrition and Cancer</i> , 2018, 70, 61-68.	0.9	23
2032	The relationship of saturated fats and coronary heart disease: fact or fiction? A commentary. <i>Therapeutic Advances in Cardiovascular Disease</i> , 2018, 12, 33-37.	1.0	20
2033	Diet and Men's Sexual Health. <i>Sexual Medicine Reviews</i> , 2018, 6, 54-68.	1.5	97
2034	Determining the Mechanisms of Dietary Turnip Rapeseed Oil on Cholesterol Metabolism in Men with Metabolic Syndrome. <i>Journal of Investigative Medicine</i> , 2018, 66, 11-16.	0.7	3
2035	Association between the severity of symptomatic knee osteoarthritis and cumulative metabolic factors. <i>Aging Clinical and Experimental Research</i> , 2018, 30, 481-488.	1.4	22
2036	Food patterns and nutritional assessment in Galician university students. <i>Journal of Physiology and Biochemistry</i> , 2018, 74, 119-126.	1.3	15
2037	OBSOLETE: Diet in Heart Failure. , 2018, , .		0
2038	Keeping up-to-date with diabetes care and education. <i>Nursing</i> , 2018, 48, 22-29.	0.2	2

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2040	Trajectories of Mediterranean Diet Adherence and Risk of Hypertension in China: Results from the CHNS Study, 1997–2011. <i>Nutrients</i> , 2018, 10, 2014.	1.7	17
2041	Nutrition and Ageing. <i>Sub-Cellular Biochemistry</i> , 2018, 90, 373-424.	1.0	11
2042	Adherence to the dietary approaches to stop hypertension diet and risk of stroke. <i>Medicine (United States)</i> , 2018, 97, e13246.	0.4	5
2043	Mediterranean Diet Adherence in Cardiac Patients: A Cross-sectional Study. <i>American Journal of Health Behavior</i> , 2018, 42, 3-10.	0.6	3
2044	Cardiovascular Disease and Risk Management: Review of the American Diabetes Association Standards of Medical Care in Diabetes 2018. <i>Annals of Internal Medicine</i> , 2018, 168, 640-650.	2.0	66
2045	Plasma trimethylamine-N-oxide and related metabolites are associated with type 2 diabetes risk in the Prevención con Dieta Mediterránea (PREDIMED) trial. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 163-173.	2.2	37
2046	Lifestyle Habits Adjustment for Hypertension and Discontinuation of Antihypertensive Agents. <i>Journal of Hypertension: Open Access</i> , 2018, 07, .	0.2	1
2047	Awareness of Cardiovascular Diseases and Knowledge of Cardiovascular Risk Factors and Risk Reduction Measures among Urban and Rural Primary School Teachers in South-Eastern Nigeria. <i>Journal of Health Education Research &amp; Development</i> , 2018, 06, .	0.1	2
2048	Adherence to and acceptability of the Mediterranean diet amongst young adults in the North East of England. <i>Proceedings of the Nutrition Society</i> , 2018, 77, .	0.4	1
2049	OBSOLETE: Behavior Modification and Cardiovascular Disease. , 2018, , .		0
2050	Mediterranean diet and nonalcoholic fatty liver disease. <i>World Journal of Gastroenterology</i> , 2018, 24, 2083-2094.	1.4	226
2051	Ultra Pirineu 2017: Characteristics of elite and non-elite runners and effects on health of a mountain marathon: Serialmed-UP pilot study. <i>Apunts Medicine De L'Esport</i> , 2018, 53, 139-146.	0.5	2
2052	Weight reduction and cardiovascular benefits. <i>Medicine (United States)</i> , 2018, 97, e13246.	0.4	5
2053	27 Ernährungsmedizin in der Rehabilitation. , 2018, , .		0
2054	50 Herz- und Gefäßkrankheiten. , 2018, , .		0
2055	69 Neurologische Erkrankungen. , 2018, , .		0
2057	Influence of Mediterranean Diet on Blood Pressure. <i>Nutrients</i> , 2018, 10, 1700.	1.7	75
2058	Mapping the 3D structure of almond trees using UAV acquired photogrammetric point clouds and object-based image analysis. <i>Biosystems Engineering</i> , 2018, 176, 172-184.	1.9	75

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2060	Benchmarks of Diabetes Care in Men Living With Treated HIV-Infection: A Tertiary Center Experience. <i>Frontiers in Endocrinology</i> , 2018, 9, 634.	1.5	3
2061	Cardioprotective whole-diet advice in cardiac rehabilitation. <i>British Journal of Cardiac Nursing</i> , 2018, 13, 428-435.	0.0	1
2063	Documento de recomendaciones de la SEA 2018. El estilo de vida en la prevención cardiovascular. <i>Clínica E Investigación En Arteriosclerosis</i> , 2018, 30, 280-310.	0.4	20
2064	Socioeconomic, demographic and lifestyle-related factors associated with unhealthy diet: a cross-sectional study of university students. <i>BMC Public Health</i> , 2018, 18, 1241.	1.2	28
2065	Fish, Fish Oils and Cardioprotection: Promise or Fish Tale?. <i>International Journal of Molecular Sciences</i> , 2018, 19, 3703.	1.8	46
2066	Effectiveness of the physical activity intervention program in the PREDIMED-Plus study: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 110.	2.0	32
2067	Comparison of a Mediterranean to a low-fat diet intervention in adults with type 1 diabetes and metabolic syndrome: A 6-month randomized trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 1275-1284.	1.1	29
2068	The Mediterranean Diet: Lost in Translation. <i>Current Hypertension Reports</i> , 2018, 20, 104.	1.5	3
2069	Coronary artery stenosis and associations with indicators of anthropometric and diet in patients undergoing coronary angiography. <i>Journal of Diabetes and Metabolic Disorders</i> , 2018, 17, 203-210.	0.8	6
2070	Cardiovascular and Metabolic Comorbidities in Rheumatoid Arthritis. <i>Current Rheumatology Reports</i> , 2018, 20, 81.	2.1	31
2071	Reliability and validity of a Mediterranean diet and culinary index (MediCul) tool in an older population with mild cognitive impairment. <i>British Journal of Nutrition</i> , 2018, 120, 1189-1200.	1.2	13
2072	Document of recommendations of the SEA 2018. Lifestyle in cardiovascular prevention. <i>Clínica E Investigación En Arteriosclerosis (English Edition)</i> , 2018, 30, 280-310.	0.1	5
2073	Vasculoprotective Role of Olive Oil Compounds via Modulation of Oxidative Stress in Atherosclerosis. <i>Frontiers in Cardiovascular Medicine</i> , 2018, 5, 188.	1.1	35
2074	Documento de consenso de la Sociedad Española de Arteriosclerosis (SEA) para la prevención y tratamiento de la enfermedad cardiovascular en la diabetes mellitus tipo 2. <i>Clínica E Investigación En Arteriosclerosis</i> , 2018, 30, 1-19.	0.4	5
2075	Claves para disfrutar de una vida larga y sana. <i>Revista Espanola De Cardiologia</i> , 2018, 71, 993-995.	0.6	1
2076	Effect of the type of packaging on the oxidative stability of pine nuts ( <i>Pinus pinea</i> L.) grown in Chile. <i>CYTA - Journal of Food</i> , 2018, 16, 255-262.	0.9	7
2077	Population-Based Gut Microbiome Associations With Hypertension. <i>Circulation Research</i> , 2018, 123, 1185-1187.	2.0	6
2078	Body, Brain, Life for Cognitive Decline (BBL-CD): protocol for a multidomain dementia risk reduction randomized controlled trial for subjective cognitive decline and mild cognitive impairment. <i>Clinical Interventions in Aging</i> , 2018, Volume 13, 2397-2406.	1.3	25

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2079	Unhealthy Lifestyle and Nutritional Habits Are Risk Factors for Cardiovascular Diseases Regardless of Professed Religion in University Students. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2872.	1.2	7
2080	Health Benefits of Nut Consumption. , 2018, , .		6
2081	Nuts and Cardio-Metabolic Disease: A Review of Meta-Analyses. <i>Nutrients</i> , 2018, 10, 1935.	1.7	46
2082	Cardiometabolic risk factors in vegans; A meta-analysis of observational studies. <i>PLoS ONE</i> , 2018, 13, e0209086.	1.1	71
2083	Dietary total antioxidant capacity (TAC) among candidates for coronary artery bypass grafting (CABG) surgery: Emphasis to possible beneficial role of TAC on serum vitamin D. <i>PLoS ONE</i> , 2018, 13, e0208806.	1.1	12
2084	Treatment of Hypertension with Nutrition and Nutraceutical Supplements: Part 1. <i>Alternative and Complementary Therapies</i> , 2018, 24, 260-275.	0.1	8
2085	Endothelial Regenerative Capacity and Aging: Influence of Diet, Exercise and Obesity. <i>Current Cardiology Reviews</i> , 2018, 14, 233-244.	0.6	20
2086	Assessment of Risk Factors and Biomarkers Associated With Risk of Cardiovascular Disease Among Women Consuming a Mediterranean Diet. <i>JAMA Network Open</i> , 2018, 1, e185708.	2.8	65
2087	Anti-Inflammatory Effects of a Vegan Diet Versus the American Heart Association's Recommended Diet in Coronary Artery Disease Trial. <i>Journal of the American Heart Association</i> , 2018, 7, e011367.	1.6	110
2088	Dysglycemia-Based Chronic Disease: An American Association of Clinical Endocrinologists Position Statement. <i>Endocrine Practice</i> , 2018, 24, 995-1011.	1.1	63
2089	Anti-Inflammatory, Antioxidant, and Hypolipidemic Effects of Mixed Nuts in Atherogenic Diet-Fed Rats. <i>Molecules</i> , 2018, 23, 3126.	1.7	24
2090	Dietary Composition and Cardiovascular Risk: A Mediator or a Bystander?. <i>Nutrients</i> , 2018, 10, 1912.	1.7	26
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2092	Adipocyte OGT governs diet-induced hyperphagia and obesity. <i>Nature Communications</i> , 2018, 9, 5103.	5.8	47
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2122	Stair climbing exercise as a novel health intervention for menopause: cardiovascular and skeletal muscle implications. <i>Menopause</i> , 2018, 25, 721-722.	0.8	2
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2132	Healthy Weight and Obesity Prevention. <i>Journal of the American College of Cardiology</i> , 2018, 72, 1506-1531.	1.2	306
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2135	Nut consumption and metabolic syndrome in US adolescents. <i>Public Health Nutrition</i> , 2018, 21, 3245-3252.	1.1	11
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2145	Pilot randomized controlled trial of a Mediterranean diet or diet supplemented with fish oil, walnuts, and grape juice in overweight or obese US adults. <i>BMC Nutrition</i> , 2018, 4, 26.	0.6	19
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2148	The differential effects of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) on seizure frequency in patients with drug-resistant epilepsy — A randomized, double-blind, placebo-controlled trial. <i>Epilepsy and Behavior</i> , 2018, 87, 32-38.	0.9	11
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2155	Pathways and mechanisms linking dietary components to cardiometabolic disease: thinking beyond calories. <i>Obesity Reviews</i> , 2018, 19, 1205-1235.	3.1	60
2156	Better diet quality relates to larger brain tissue volumes. <i>Neurology</i> , 2018, 90, e2166-e2173.	1.5	55
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2160	Interventions to promote cardiometabolic health and slow cardiovascular ageing. <i>Nature Reviews Cardiology</i> , 2018, 15, 566-577.	6.1	63
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2162	A Healthy-Eating Model Called Mediterranean Diet. , 2018, , 1-24.		4
2163	Virgin Olive Oil. , 2018, , 59-87.		2
2164	A Small Handful of Mixed Nuts. , 2018, , 89-99.		0
2165	Cereals and Legumes. , 2018, , 111-132.		10
2166	Evolutionaire geneeskunde. <i>Bijblijven (Amsterdam, Netherlands)</i> , 2018, 34, 391-425.	0.0	0
2167	Autophagy and oxidative stress in non-communicable diseases: A matter of the inflammatory state?. <i>Free Radical Biology and Medicine</i> , 2018, 124, 61-78.	1.3	61
2168	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. <i>Progress in Cardiovascular Diseases</i> , 2018, 61, 43-53.	1.6	130
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2173	Microbiome-Mediated Effects of the Mediterranean Diet on Inflammation. <i>Advances in Nutrition</i> , 2018, 9, 193-206.	2.9	126
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2177	Nuts and Cardiovascular Disease. <i>Progress in Cardiovascular Diseases</i> , 2018, 61, 33-37.	1.6	64
2178	Fragilit de la personne g: un aperçu du rôle de la nutrition. <i>Cahiers De Nutrition Et De Dietetique</i> , 2018, 53, 279-285.	0.2	2
2179	The Role of Nutrition in Cognitive Function and Brain Ageing in the Elderly. <i>Current Nutrition Reports</i> , 2018, 7, 139-149.	2.1	50
2180	Broad-Spectrum Health Protection of Extra Virgin Olive Oil Compounds. <i>Studies in Natural Products Chemistry</i> , 2018, , 41-77.	0.8	22
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2182	Anti-Oxidant Treatment. , 2018, , 273-300.		1
2184	Diet in Heart Failure. , 2018, , 54-59.		0
2185	Effects of walnut consumption on blood lipids and other cardiovascular risk factors: an updated meta-analysis and systematic review of controlled trials. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 174-187.	2.2	105
2186	Machine Learning-Augmented Propensity Score-Adjusted Multilevel Mixed Effects Panel Analysis of Hands-On Cooking and Nutrition Education versus Traditional Curriculum for Medical Students as Preventive Cardiology: Multisite Cohort Study of 3,248 Trainees over 5 Years. <i>BioMed Research International</i> , 2018, 2018, 1-10.	0.9	34
2187	Adherence to Mediterranean diet, high-sensitive C-reactive protein, and severity of coronary artery disease: Contemporary data from the INTERCATH cohort. <i>Atherosclerosis</i> , 2018, 275, 256-261.	0.4	36
2188	Childhood nutrition and cardiovascular disease risk: People in training for a plant-centered diet. <i>Journal of Diabetes</i> , 2018, 10, 796-798.	0.8	1
2189	Are We Going Nuts on Coconut Oil?. <i>Current Nutrition Reports</i> , 2018, 7, 107-115.	2.1	29
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2193	Saturated Fat: Part of a Healthy Diet. <i>Current Nutrition Reports</i> , 2018, 7, 85-96.	2.1	26
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2196	Cystic Kidney Diseases From the Adult Nephrologist's Point of View. <i>Frontiers in Pediatrics</i> , 2018, 6, 65.	0.9	10
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2198	Cardiovascular Benefits of Dietary Melatonin: A Myth or a Reality?. <i>Frontiers in Physiology</i> , 2018, 9, 528.	1.3	72
2199	Fruit Phenolic Profiling: A New Selection Criterion in Olive Breeding Programs. <i>Frontiers in Plant Science</i> , 2018, 9, 241.	1.7	29
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2201	Diet and Blood Pressure. , 2018, , 201-210.		1
2202	Dyslipidemia. , 2018, , 353-360.		2
2203	Economic evaluation of a dietary intervention for adults with major depression (the "SMILES" trial). <i>BMC Public Health</i> , 2018, 18, 599.	1.2	50
2204	Hypercholesterolaemia " practical information for non-specialists. <i>Archives of Medical Science</i> , 2018, 1, 1-21.	0.4	39
2205	Dietary compounds have potential in controlling atherosclerosis by modulating macrophage cholesterol metabolism and inflammation via miRNA. <i>Npj Science of Food</i> , 2018, 2, 13.	2.5	23
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2207	Nuts. <i>Practical Issues in Geriatrics</i> , 2018, , 263-284.	0.3	1
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2210	Association between Access to Public Open Spaces and Physical Activity in a Mediterranean Population at High Cardiovascular Risk. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1285.	1.2	12
2211	Microbiome and Diet. , 2018, , 79-88.		1
2212	Lifestyle Interventions. , 2018, , 250-269.		0
2213	Keys to a Long and Healthy Life. <i>Revista Espanola De Cardiologia (English Ed )</i> , 2018, 71, 993-995.	0.4	1
2214	Hypertension and cardiometabolic disease. <i>Frontiers in Bioscience - Scholar</i> , 2018, 10, 166-174.	0.8	19
2215	Potential Role of Seaweed Polyphenols in Cardiovascular-Associated Disorders. <i>Marine Drugs</i> , 2018, 16, 250.	2.2	111
2216	Age and Age-Related Diseases: Role of Inflammation Triggers and Cytokines. <i>Frontiers in Immunology</i> , 2018, 9, 586.	2.2	756
2217	Olive Oil Nutraceuticals in the Prevention and Management of Diabetes: From Molecules to Lifestyle. <i>International Journal of Molecular Sciences</i> , 2018, 19, 2024.	1.8	44
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2222	Effects of dry needling in an exercise program for older adults with knee osteoarthritis. <i>Medicine (United States)</i> , 2018, 97, e11255.	0.4	32
2223	Food as Medicine for Secondary Prevention of Cardiovascular Events Following an Acute Coronary Syndrome. <i>Cardiovascular Drugs and Therapy</i> , 2018, 32, 611-616.	1.3	1
2224	Mediterranean diet and health outcomes: a systematic meta-review. <i>European Journal of Public Health</i> , 2018, 28, 955-961.	0.1	100
2225	Assessment of olive diversity for metabolites associated with the nutritional and sensory quality of virgin olive oil. <i>Acta Horticulturae</i> , 2018, , 517-522.	0.1	0
2226	Impact of Consuming Extra-Virgin Olive Oil or Nuts within a Mediterranean Diet on DNA Methylation in Peripheral White Blood Cells within the PREDIMED-Navarra Randomized Controlled Trial: A Role for Dietary Lipids. <i>Nutrients</i> , 2018, 10, 15.	1.7	75

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2228	Mediterranean Diet and Cardiometabolic Diseases in Racial/Ethnic Minority Populations in the United States. <i>Nutrients</i> , 2018, 10, 352.	1.7	24
2229	Relationship of the Adherence to a Mediterranean Diet and Its Main Components with CRP Levels in the Spanish Population. <i>Nutrients</i> , 2018, 10, 379.	1.7	30
2230	A Mediterranean Diet Model in Australia: Strategies for Translating the Traditional Mediterranean Diet into a Multicultural Setting. <i>Nutrients</i> , 2018, 10, 465.	1.7	45
2231	Cerebral Blood Flow Measurements in Adults: A Review on the Effects of Dietary Factors and Exercise. <i>Nutrients</i> , 2018, 10, 530.	1.7	84
2232	Irisin Serum Levels in Metabolic Syndrome Patients Treated with Three Different Diets: A Post-Hoc Analysis from a Randomized Controlled Clinical Trial. <i>Nutrients</i> , 2018, 10, 844.	1.7	23
2233	Natural Variation of Volatile Compounds in Virgin Olive Oil Analyzed by HS-SPME/GC-MS-FID. <i>Separations</i> , 2018, 5, 24.	1.1	7
2234	Lifestyle Interventions for Breast Cancer Prevention. <i>Current Breast Cancer Reports</i> , 2018, 10, 202-208.	0.5	7
2235	Chemical Compositions of Walnut ( <i>Juglans regia</i> L.) Oils from Different Cultivated Regions in China. <i>JAOCs, Journal of the American Oil Chemists' Society</i> , 2018, 95, 825-834.	0.8	37
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2237	Polyunsaturated fatty acids for the primary and secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2018, 7, CD012345.	1.5	83
2238	Effect of Mediterranean Diet Components on Type 2 Diabetes and Metabolic Syndrome. , 2018, , 209-222.		1
2239	Implementing Medical Nutritional Therapy Through Dietary Patterns in Prevention and Treatment of Diabetes. <i>Current Geriatrics Reports</i> , 2018, 7, 125-136.	1.1	1
2240	Diet microparticles and atherothrombosis. <i>Frontiers in Bioscience - Landmark</i> , 2018, 23, 432-457.	3.0	14
2241	Perspective: Limiting Dependence on Nonrandomized Studies and Improving Randomized Trials in Human Nutrition Research: Why and How. <i>Advances in Nutrition</i> , 2018, 9, 367-377.	2.9	75
2242	Microbiota-Host Crosstalk: A Bridge Between Cardiovascular Risk Factors, Diet, and Cardiovascular Disease. <i>American Journal of Hypertension</i> , 2018, 31, 941-944.	1.0	10
2243	Lifestyle Medicine: The Health Promoting Power of Daily Habits and Practices. <i>American Journal of Lifestyle Medicine</i> , 2018, 12, 499-512.	0.8	87
2244	Dietary Fibre as a Unifying Remedy for the Whole Spectrum of Obesity-Associated Cardiovascular Risk. <i>Nutrients</i> , 2018, 10, 943.	1.7	64

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2247	Promoting Risk Identification and Reduction of Cardiovascular Disease in Women Through Collaboration With Obstetricians and Gynecologists: A Presidential Advisory From the American Heart Association and the American College of Obstetricians and Gynecologists. <i>Circulation</i> , 2018, 137, e843-e852.	1.6	229
2248	A qualitative analysis exploring preferred methods of peer support to encourage adherence to a Mediterranean diet in a Northern European population at high risk of cardiovascular disease. <i>BMC Public Health</i> , 2018, 18, 213.	1.2	13
2249	Development of a dietary index based on the Brazilian Cardioprotective Nutritional Program (BALANCE). <i>Nutrition Journal</i> , 2018, 17, 49.	1.5	8
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2251	â€œBiosynthesis of volatile compounds by hydroperoxide lyase enzymatic activity during virgin olive oil extraction processâ€. <i>Food Research International</i> , 2018, 111, 220-228.	2.9	18
2252	Lifestyle advice and interventions for cardiovascular risk reduction: A systematic review of guidelines. <i>International Journal of Cardiology</i> , 2018, 263, 142-151.	0.8	39
2253	Phenotypic heterogeneity of obesityâ€related brain vulnerability: oneâ€size interventions will not fit all. <i>Annals of the New York Academy of Sciences</i> , 2018, 1428, 89-102.	1.8	15
2254	Ad Libitum Mediterranean and Lowâ€Fat Diets Both Significantly Reduce Hepatic Steatosis: A Randomized Controlled Trial. <i>Hepatology</i> , 2018, 68, 1741-1754.	3.6	138
2255	Tailored nurse-led cardiac rehabilitation after myocardial infarction results in better risk factor control at one year compared to traditional care: a retrospective observational study. <i>BMC Cardiovascular Disorders</i> , 2018, 18, 167.	0.7	8
2256	Healthcare Expenditure and Productivity Cost Savings from Reductions in Cardiovascular Disease and Type 2 Diabetes Associated with Increased Intake of Cereal Fibre among Australian Adults: A Cost of Illness Analysis. <i>Nutrients</i> , 2018, 10, 34.	1.7	12
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2258	Draft reports from the <sc>UK</sc>'s Scientific Advisory Committee on Nutrition and World Health Organization concur in endorsing the dietary guideline to restrict intake of saturated fat. <i>Nutrition Bulletin</i> , 2018, 43, 206-211.	0.8	6
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2261	2018 ESC/ESH Guidelines for the management of arterial hypertension. <i>European Heart Journal</i> , 2018, 39, 3021-3104.	1.0	6,826
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2265	Relative validity and reproducibility of dietary quality scores from a short diet screener in a multi-ethnic Asian population. <i>Public Health Nutrition</i> , 2018, 21, 2735-2743.	1.1	30
2266	OliveNet, a comprehensive library of compounds from <i>Olea europaea</i> . <i>Database: the Journal of Biological Databases and Curation</i> , 2018, 2018, .	1.4	70
2267	La dieta mediterránea, óptima contra las enfermedades cardiovasculares, pero poco seguida por supervivientes de un evento coronario isquémico en un país mediterráneo. <i>Revista Clínica Española</i> , 2018, 218, 241-243.	0.2	0
2268	Risk of peripheral artery disease according to a healthy lifestyle score: The PREDIMED study. <i>Atherosclerosis</i> , 2018, 275, 133-140.	0.4	21
2270	Emerging Trends in Clinical Research With Implications for Population Health and Health Policy. <i>Milbank Quarterly</i> , 2018, 96, 369-401.	2.1	5
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2274	Dietary fat and cardiometabolic health: evidence, controversies, and consensus for guidance. <i>BMJ: British Medical Journal</i> , 2018, 361, k2139.	2.4	213
2275	Dietary and nutritional approaches for prevention and management of type 2 diabetes. <i>BMJ: British Medical Journal</i> , 2018, 361, k2234.	2.4	266
2276	Food based dietary patterns and chronic disease prevention. <i>BMJ: British Medical Journal</i> , 2018, 361, k2396.	2.4	353
2277	Role of government policy in nutrition barriers to and opportunities for healthier eating. <i>BMJ: British Medical Journal</i> , 2018, 361, k2426.	2.4	256
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2280	Diet and longevity: The effects of traditional eating habits on human lifespan extension. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2018, 11, 261-294.	0.2	12
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2308	Improved adherence to Mediterranean Diet in adults with type 1 diabetes mellitus. European Journal of Nutrition, 2019, 58, 2271-2279.	1.8	18
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2328	Dietary Strategies and Supplements for the Prevention of Cognitive Decline and Alzheimer's Disease. , 2019, , 231-247.		0
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2331	Nutrition and frailty: Current knowledge. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2019, 95, 109703.	2.5	39
2332	Healthy diets and sustainable food systems – Authors' reply. <i>Lancet, The</i> , 2019, 394, 215-216.	6.3	42
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2335	Mediterranean-style diet in pregnant women with metabolic risk factors (ESTEEM): A pragmatic multicentre randomised trial. <i>PLoS Medicine</i> , 2019, 16, e1002857.	3.9	99
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2337	The Relationship Between Omega-3, Omega-6 and Total Polyunsaturated Fat and Musculoskeletal Health and Functional Status in Adults: A Systematic Review and Meta-analysis of RCTs. <i>Calcified Tissue International</i> , 2019, 105, 353-372.	1.5	41
2338	Gastronomic experience as a factor of motivation in the tourist movements. <i>International Journal of Gastronomy and Food Science</i> , 2019, 18, 100171.	1.3	71
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2340	The Consumption of Nuts is Associated with Better Dietary and Lifestyle Patterns in Polish Adults: Results of WOBASZ and WOBASZ II Surveys. <i>Nutrients</i> , 2019, 11, 1410.	1.7	10

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2350	Urolithin Metabotypes Can Determine the Modulation of Gut Microbiota in Healthy Individuals by Tracking Walnuts Consumption over Three Days. <i>Nutrients</i> , 2019, 11, 2483.	1.7	46
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2352	Dietary acid load significantly predicts 10-years survival in patients underwent coronary artery bypass grafting (CABG) surgery. <i>PLoS ONE</i> , 2019, 14, e0223830.	1.1	8
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2354	Biological, Diagnostic and Therapeutic Advances in Alzheimer's Disease. , 2019, , .		6
2355	Biochemical composition and antioxidant activity of three extra virgin olive oils from the Irpinia Province, Southern Italy. <i>Food Science and Nutrition</i> , 2019, 7, 3233-3243.	1.5	9
2357	Coconut oil intake and its effects on the cardiometabolic profile â€” A structured literature review. <i>Progress in Cardiovascular Diseases</i> , 2019, 62, 436-443.	1.6	31
2358	Obesity: A Malnourished Stateâ€”Real Food Is the Answer. <i>Alternative and Complementary Therapies</i> , 2019, 25, 234-237.	0.1	0
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2361	Ischemic Stroke Etiology and Secondary Prevention. , 2019, , 119-152.		0
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2369	Effect of olive oil consumption on aging in a senescence-accelerated mice-prone 8 (SAMP8) model. <i>Journal of Medical Investigation</i> , 2019, 66, 241-247.	0.2	4
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2379	Diet and Sexual Health. , 2019, , 3-25.		0
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2382	The effect of circuit resistance training, empagliflozin or "vegeterranean diet" on physical and metabolic function in older subjects with type 2 diabetes: a study protocol for a randomized control trial (CEV-65 trial). <i>BMC Geriatrics</i> , 2019, 19, 228.	1.1	12
2383	Health, not weight loss, focused programmes versus conventional weight loss programmes for cardiovascular risk factors: a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2019, 8, 200.	2.5	10
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2387	Nutrients in the Prevention of Alzheimer's Disease. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-20.	1.9	66
2388	Metformin and Aging: A Review. <i>Gerontology</i> , 2019, 65, 581-590.	1.4	98
2389	Zoonotic nematode parasites infecting selected edible fish in New South Wales, Australia. <i>International Journal of Food Microbiology</i> , 2019, 308, 108306.	2.1	21
2390	Assessing Validity of Self-Reported Dietary Intake within a Mediterranean Diet Cluster Randomized Controlled Trial among US Firefighters. <i>Nutrients</i> , 2019, 11, 2250.	1.7	12
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2397	Mediterranean diet is associated with bone mineral density and muscle mass in postmenopausal women. <i>Climacteric</i> , 2019, 22, 162-168.	1.1	22

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2404	Prevention of Frailty. , 2019, , 153-168.		0
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2406	Mediterranean Diet and the Association Between Air Pollution and Cardiovascular Disease Mortality Risk. <i>Circulation</i> , 2019, 139, 1766-1775.	1.6	97
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2409	Association Between Work-Related Factors and Diet: A Review of the Literature. <i>Workplace Health and Safety</i> , 2019, 67, 137-145.	0.7	6
2410	Perspective: The Evidence-Based Framework in Nutrition and Dietetics: Implementation, Challenges, and Future Directions. <i>Advances in Nutrition</i> , 2019, 10, 1-8.	2.9	40
2411	Recommendations for Management and Treatment of Nonalcoholic Steatohepatitis. <i>Transplantation</i> , 2019, 103, 28-38.	0.5	28
2412	Intake of Mediterranean Foods. <i>Reference Series in Phytochemistry</i> , 2019, , 29-51.	0.2	1
2413	Weight Management in Obstructive Sleep Apnea. <i>Sleep Medicine Clinics</i> , 2019, 14, 143-153.	1.2	31
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2420	Methylome-Wide Association Study in Peripheral White Blood Cells Focusing on Central Obesity and Inflammation. Genes, 2019, 10, 444.	1.0	14
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2430	Culinary Medicine: Bringing Healthcare Into the Kitchen. American Journal of Health Promotion, 2019, 33, 825-829.	0.9	16
2431	Effects of Mediterranean diet supplemented with lean pork on blood pressure and markers of cardiovascular risk: findings from the MedPork trial. British Journal of Nutrition, 2019, 122, 873-883.	1.2	17
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2433	Nutrient intake and dietary quality changes within a personalized lifestyle intervention program for metabolic syndrome in primary care. Applied Physiology, Nutrition and Metabolism, 2019, 44, 1297-1304.	0.9	12
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2438	EditorĀs Desk: Masterful Microbes: The Gut Microbiome and Food as Medicine. <i>American Journal of Health Promotion</i> , 2019, 33, 820-834.	0.9	2
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2443	Interventions involving a major dietary component improve cognitive function in cognitively healthy adults: a systematic review and meta-analysis. <i>Nutrition Research</i> , 2019, 66, 1-12.	1.3	19
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2449	Platelet mitochondrial DNA methylation: Markers of cardiovascular disease predisposition in overweight and obese individuals. <i>Nutrition Bulletin</i> , 2019, 44, 160-164.	0.8	1
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2452	Functional and sensory properties of olives fortified spreadable cheese. <i>Mljekarstvo</i> , 2019, 69, 125-137.	0.2	5
2454	Prior Knowledge of the Mediterranean Diet Is Associated With Dietary Adherence in Cardiac Patients. <i>Journal of the American Osteopathic Association, The</i> , 2019, 119, 183-188.	1.7	8
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2459	Dietary patterns during adulthood and cognitive performance in midlife. Neurology, 2019, 92, e1589-e1599.	1.5	53
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2502	Effects of Tart Cherry Juice on Biomarkers of Inflammation and Oxidative Stress in Older Adults. <i>Nutrients</i> , 2019, 11, 228.	1.7	49
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2511	Contenido de nutrientes en vegetales y frutas y bioaccesibilidad in vitro durante el almacenamiento pos-cosecha. <i>Acta Horticulturae</i> , 2019, , 109-114.	0.1	1
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2516	Intestinal Microbiota-Associated Metabolites: Crucial Factors in the Effectiveness of Herbal Medicines and Diet Therapies. <i>Frontiers in Physiology</i> , 2019, 10, 1343.	1.3	23
2517	2019 AHA/ACC Clinical Performance and Quality Measures for Adults With High Blood Pressure. <i>Journal of the American College of Cardiology</i> , 2019, 74, 2661-2706.	1.2	33
2518	Advancing Nutrition Education, Training, and Research for Medical Students, Residents, Fellows, Attending Physicians, and Other Clinicians: Building Competencies and Interdisciplinary Coordination. <i>Advances in Nutrition</i> , 2019, 10, 1181-1200.	2.9	54
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2533	Effect of a program of physical activity motivated by lipid parameters of patients with obesity and/or overweight. <i>Cl�nica E Investigaci�n En Arteriosclerosis (English Edition)</i> , 2019, 31, 245-250.	0.1	0
2534	Biomass and lipid characterization of microalgae genera <i>Botryococcus</i> , <i>Chlorella</i> , and <i>Desmodesmus</i> aiming high-value fatty acid production. <i>Biomass Conversion and Biorefinery</i> , 2021, 11, 1675-1689.	2.9	33

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2539	The Mediterranean Diet and Cardiovascular Disease. <i>Cardiology in Review</i> , 2019, 27, 127-130.	0.6	29
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2550	Marginal structural models and other analyses allow multiple estimates of treatment effects in randomized clinical trials: Meta-epidemiological analysis. <i>Journal of Clinical Epidemiology</i> , 2019, 107, 12-26.	2.4	8
2551	Impact of chronic dietary red meat, white meat, or non-meat protein on trimethylamine N-oxide metabolism and renal excretion in healthy men and women. <i>European Heart Journal</i> , 2019, 40, 583-594.	1.0	297
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2567	Functional Food Security for Prevention of Obesity and Metabolic Syndrome. , 2019, , 145-156.		2
2568	Functional Food Security for Prevention of Cardiovascular Diseases. , 2019, , 167-183.		2
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2574	Contribution of Fruits and Vegetables to Human Nutrition and Health. , 2019, , 19-45.		65
2575	Relevance of functional foods in the Mediterranean diet: the role of olive oil, berries and honey in the prevention of cancer and cardiovascular diseases. Critical Reviews in Food Science and Nutrition, 2019, 59, 893-920.	5.4	126
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2578	The Role of Dietary Modifications in Controlling Blood Pressure. , 2019, , 89-100.		0
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2591	<i>Mediterranean Diet.</i> , 2019, , 233-258.		0
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2593	Mediterranean diet and wellbeing: evidence from a nationwide survey. <i>Psychology and Health</i> , 2019, 34, 321-335.	1.2	28
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2818	Bluthochdruck “ Pr <sup>ä</sup> valenz, Bedeutung und Implikationen f <sup>u</sup> r die Pr <sup>ä</sup> vention und Gesundheitsf <sup>o</sup> rderung. <i>The Springer Reference Pflege, Gesundheit</i> , 2021, , 473-481.	0.2	1
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2820	The Importance of Nutrition for Older Adults. , 2021, , 39-52.		0
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2834	Healthy eating patterns and epigenetic measures of biological age. <i>American Journal of Clinical Nutrition</i> , 2022, 115, 171-179.	2.2	24
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2838	Can study of the ADRB3 gene help improve weight loss programs in obese individuals?. <i>Endocrinología y Nutrición (English Ed)</i> , 2021, 68, 66-73.	0.1	3
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2863	Role of Warburg Effect in Cardiovascular Diseases: A Potential Treatment Option. <i>Open Cardiovascular Medicine Journal</i> , 2021, 15, 6-17.	0.6	5
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2871	Social marketing-based interventions to promote healthy nutrition behaviors: a systematic review protocol. <i>Systematic Reviews</i> , 2021, 10, 75.	2.5	2
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2882	The link between nutrition and Alzheimer's disease: from prevention to treatment. <i>Neurodegenerative Disease Management</i> , 2021, 11, 155-166.	1.2	9
2883	Anti-Cancer and Cardiovascular Properties of Phenolic Compounds Present in Virgin Olive Oil. , 0, , ,		1
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2898	Influence of the Ripening Stage and Extraction Conditions on the Phenolic Fingerprint of "Corbella"™ Extra-Virgin Olive Oil. <i>Antioxidants</i> , 2021, 10, 877.	2.2	17
2899	Nutritional management of individuals with obesity and COVID-19: ESPEN expert statements and practical guidance. <i>Clinical Nutrition</i> , 2022, 41, 2869-2886.	2.3	30
2900	Physical activity, diet, and weight loss in patients recruited from primary care settings: An update on obesity management interventions. <i>Obesity Science and Practice</i> , 2021, 7, 619-628.	1.0	7
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2908	Adherence to healthy lifestyle improved clinical outcomes in coronary artery disease patients after coronary intervention. <i>Journal of the Chinese Medical Association</i> , 2021, 84, 596-605.	0.6	12
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3084	VALIDATION OF A QUESTIONNAIRE TO MEASURE OVERALL MEDITERRANEAN LIFESTYLE HABITS FOR RESEARCH APPLICATION: THE MEDITERRANEAN LIFESTYLE INDEX (MEDLIFE). <i>Nutricion Hospitalaria</i> , 2015, 32, 1153-63.	0.2	24
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3086	Clinical Trial of the Hypolipidemic Effects of a Brown Alga <i>Ecklonia cava</i> Extract in Patients with Hypercholesterolemia. <i>International Journal of Pharmacology</i> , 2015, 11, 798-805.	0.1	25
3087	Functional Foods for Type 2 Diabetes. <i>AIMS Medical Science</i> , 2016, 3, 278-297.	0.2	2
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3091	Labeled extra virgin olive oil as food supplement; phenolic compounds in oils from some autochthonous Croatian olives. <i>Grasas Y Aceites</i> , 2015, 66, e099.	0.3	3
3092	Red Meat and Health. Impact of Meat Consumption on Health and Environmental Sustainability, 2016, , 131-177.	0.4	7
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3099	Good Mental Health in Old Age is A Real Possibility. <i>Journal of Aging Science</i> , 2017, 05, .	0.5	3
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3103	Origin and therapy for hypertriglyceridaemia in type 2 diabetes. <i>World Journal of Diabetes</i> , 2014, 5, 165.	1.3	16
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3112	Association of metabolically healthy obesity and elevated risk of coronary artery calcification: a systematic review and meta-analysis. <i>PeerJ</i> , 2020, 8, e8815.	0.9	8
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3115	Trial to Encourage Adoption and Maintenance of a Mediterranean Diet (TEAM-MED): a randomised pilot trial of a peer support intervention for dietary behaviour change in adults from a Northern European population at high CVD risk. <i>British Journal of Nutrition</i> , 2022, 128, 1322-1334.	1.2	7
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3140	There is no Relationship with Plasma Fatty Acid Levels in New Zealanders with Severe Coronary Artery and Mortality. , 2014, 04, .		0
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