

CITATION REPORT

List of articles citing

Positive psychology interventions: a meta-analysis of randomized controlled studies

DOI: 10.1186/1471-2458-13-119
BMC Public Health, 2013, 13, 119.

Source: <https://exaly.com/paper-pdf/54852610/citation-report.pdf>

Version: 2024-04-29

This report has been generated based on the citations recorded by exaly.com for the above article. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

| # | Paper | IF | Citations |
|------|---|-----|-----------|
| 1096 | Positive psychological characteristics in diabetes: a review. 2013 , 13, 917-29 | | 35 |
| 1095 | Nudging socially isolated people towards well-being with the 'Happiness Route': design of a randomized controlled trial for the evaluation of a happiness-based intervention. 2013 , 11, 159 | | 11 |
| 1094 | Levenskunst in de medische psychologie. 2013 , 39, 343-350 | | |
| 1093 | Mental health among people with psoriasis undergoing patient education in climate therapy. 2013 , 54, 508-14 | | 6 |
| 1092 | Prevention of internalizing disorders in 9-10 year old children: efficacy of the Aussie Optimism Positive Thinking Skills Program at 30-month follow-up. 2013 , 4, 988 | | 20 |
| 1091 | Enjoyment of life and declining physical function at older ages: a longitudinal cohort study. 2014 , 186, E150-6 | | 93 |
| 1090 | Well-Being: Heritable and Changeable. 2014 , 9-36 | | 10 |
| 1089 | Effectiveness of an intervention to improve day centre services for people with psychiatric disabilities. 2014 , 61, 268-75 | | 20 |
| 1088 | A case for the advancement of the design and study of online positive psychological interventions. 2014 , 9, 502-508 | | 17 |
| 1087 | Feasibility and utility of positive psychology exercises for suicidal inpatients. 2014 , 36, 88-94 | | 101 |
| 1086 | A Test of Two Positive Psychology Interventions to Increase Employee Well-Being. 2014 , 29, 367-380 | | 64 |
| 1085 | Positive psychology interventions in people aged 50-79 years: long-term effects of placebo-controlled online interventions on well-being and depression. 2014 , 18, 997-1005 | | 98 |
| 1084 | Reducing distress in mothers of children with autism and other disabilities: a randomized trial. 2014 , 134, e454-63 | | 180 |
| 1083 | Happy@Work: protocol for a web-based randomized controlled trial to improve mental well-being among an Asian working population. <i>BMC Public Health</i> , 2014 , 14, 685 | 4.1 | 11 |
| 1082 | Increasing Happiness by Well-Being Therapy. 2014 , 147-166 | | 3 |
| 1081 | Life satisfaction and use of preventive health care services. 2015 , 34, 779-82 | | 25 |
| 1080 | Positive Psychology in Rehabilitation Psychology Research and Practice. 2015 , 443-460 | | 3 |

| | | |
|------|---|-----|
| 1079 | Clinical Applications of Well-Being Therapy. 2015 , 461-482 | 1 |
| 1078 | Building Recovery-Oriented Service Systems Through Positive Psychology. 2015 , 695-710 | 1 |
| 1077 | Positive Affect and Health Behaviors Across 5 Years in Patients With Coronary Heart Disease: The Heart and Soul Study. 2015 , 77, 1058-66 | 56 |
| 1076 | Resilience, health, and quality of life among long-term survivors of hematopoietic cell transplantation. 2015 , 121, 4250-7 | 69 |
| 1075 | Hope thinking and past trauma mediate the relationships of body mass index with perceived mental health treatment need and mental health treatment use. 2015 , 5, 31-7 | 1 |
| 1074 | Positive psychiatry: its time has come. 2015 , 76, 675-83 | 102 |
| 1073 | Positive Psychological Interventions for Patients with Type 2 Diabetes: Rationale, Theoretical Model, and Intervention Development. 2015 , 2015, 428349 | 50 |
| 1072 | Anxious or Depressed and Still Happy?. 2015 , 10, e0139912 | 16 |
| 1071 | Strengths-based positive psychology interventions: a randomized placebo-controlled online trial on long-term effects for a signature strengths- vs. a lesser strengths-intervention. 2015 , 6, 456 | 90 |
| 1070 | Effectiveness of Hope Therapy Protocol on Depression and Hope in Amphetamine Users. 2015 , 4, e21905 | 5 |
| 1069 | Feasibility, Acceptability, and Impact of a Web-based Gratitude Exercise among Individuals in Outpatient Treatment for Alcohol Use Disorder. 2015 , 10, 477-488 | 28 |
| 1068 | Improving psychological wellbeing with robots. 2015 , | 1 |
| 1067 | Music Therapy and Chronic Mental Illness: Overcoming the Silent Symptoms. 2015 , 33, 90-96 | 1 |
| 1066 | An evaluation of positive psychology intervention effectiveness trials using the re-aim framework: A practice-friendly review. 2015 , 10, 303-322 | 44 |
| 1065 | Positive Psychotherapy for Smoking Cessation: A Pilot Randomized Controlled Trial. 2015 , 17, 1385-92 | 67 |
| 1064 | What is the value of orthodontic treatment?. 2015 , 218, 185-90 | 24 |
| 1063 | Happiness Research: A Review of Critiques. 2015 , 9, 62-77 | 35 |
| 1062 | Happiness intervention decreases pain and depression, boosts happiness among primary care patients. 2015 , 16, 114-26 | 27 |

| | | |
|------|--|-----|
| 1061 | X good things in life: Processing fluency effects in the "three good things in life" exercise. 2015 , 55, 91-97 | 2 |
| 1060 | Resilience in chronic diseases: A systematic review. 2015 , 2, 1024928 | 41 |
| 1059 | Long-lasting effects of affective disorders and childhood trauma on dispositional optimism. 2015 , 175, 351-8 | 17 |
| 1058 | Happy despite pain: Pilot study of a positive psychology intervention for patients with chronic pain. 2015 , 7, 71-79 | 33 |
| 1057 | Social psychology. Comment on "Morality in everyday life". 2015 , 348, 767 | 3 |
| 1056 | Social psychology. Response to Comment on "Morality in everyday life". 2015 , 348, 767 | |
| 1055 | Toward a better understanding of what makes positive psychology interventions work: predicting happiness and depression from the person-intervention fit in a follow-up after 3.5 years. 2015 , 7, 108-28 | 64 |
| 1054 | Why do people prefer gratitude journaling over gratitude letters? The influence of individual differences in motivation and personality on web-based interventions. 2015 , 75, 1-6 | 77 |
| 1053 | Can Gratitude and Kindness Interventions Enhance Well-Being in a Clinical Sample?. 2015 , 16, 17-36 | 76 |
| 1052 | Positive Motivational Interviewing: Activating Clients' Strengths and Intrinsic Motivation to Change. 2015 , 45, 119-128 | 10 |
| 1051 | Positive psychotherapy: A strength-based approach. 2015 , 10, 25-40 | 179 |
| 1050 | The Say "Yes" to Life (SYTL) Program: A Positive Psychology Group Intervention for Depression. 2015 , 45, 109-118 | 11 |
| 1049 | Positive psychological states and health behaviors in acute coronary syndrome patients: A qualitative study. 2016 , 21, 1026-36 | 31 |
| 1048 | The Impact of Social and Cultural Engagement and Dieting on Well-Being and Resilience in a Group of Residents in the Metropolitan Area of Naples. 2016 , 2016, 4768420 | 20 |
| 1047 | Review of Positive Psychology Applications in Clinical Medical Populations. 2016 , 4, | 21 |
| 1046 | Contemplative Science and Secular Ethics. 2016 , 7, 98 | 3 |
| 1045 | Preserving Subjective Wellbeing in the Face of Psychopathology: Buffering Effects of Personal Strengths and Resources. 2016 , 11, e0150867 | 31 |
| 1044 | Can We Increase Psychological Well-Being? The Effects of Interventions on Psychological Well-Being: A Meta-Analysis of Randomized Controlled Trials. 2016 , 11, e0158092 | 159 |

| | | |
|------|--|----|
| 1043 | Indicateurs organisationnels et individuels du bien-être. Étude exploratoire auprès d'aînés-soignants et d'infirmiers. 2016 , Numfo541, 19 | 2 |
| 1042 | Positive Psychology Interventions Addressing Pleasure, Engagement, Meaning, Positive Relationships, and Accomplishment Increase Well-Being and Ameliorate Depressive Symptoms: A Randomized, Placebo-Controlled Online Study. 2016 , 7, 686 | 68 |
| 1041 | From Mental Health to Mental Wealth in Athletes: Looking Back and Moving Forward. 2016 , 7, 935 | 36 |
| 1040 | Gender differences in caregiver burden and its determinants in family members of terminally ill cancer patients. 2016 , 25, 808-14 | 58 |
| 1039 | Predicting Well-Being and Internalizing Symptoms in Late Adolescence From Trajectories of Externalizing Behavior Starting in Infancy. 2016 , 26, 991-1008 | 21 |
| 1038 | Health Behavior Change Support Systems as a research discipline; A viewpoint. 2016 , 96, 3-10 | 17 |
| 1037 | Effects of a Tailored Positive Psychology Intervention on Well-Being and Pain in Individuals With Chronic Pain and a Physical Disability: A Feasibility Trial. 2016 , 32, 32-44 | 79 |
| 1036 | Art-of-Living Training: Developing an Intervention for Students to Increase Art-of-Living. 2016 , 8, 279-300 | 9 |
| 1035 | Affect and Low Back Pain: More to Consider Than the Influence of Negative Affect Alone. 2016 , 32, 907-14 | 10 |
| 1034 | The Psychology of Positivity at Work. 2016 , 9-33 | 1 |
| 1033 | Evaluation of a positive psychotherapy group intervention for people with psychosis: pilot randomised controlled trial. 2016 , 25, 235-46 | 65 |
| 1032 | Predicting long-term outcomes of educational interventions using the evolutionary causal matrices and Markov chain based on educational neuroscience. 2016 , 5, 157-165 | 7 |
| 1031 | The Best Possible Selves Intervention: A Review of the Literature to Evaluate Efficacy and Guide Future Research. 2016 , 19, 607 | 20 |
| 1030 | Addressing the role of personality, ability, and positive and negative affect in positive psychology interventions: Findings from a randomized intervention based on the authentic happiness theory and extensions. 2016 , 11, 609-621 | 21 |
| 1029 | A Positive Technology System for the Promotion of Well-Being: From the Lab to the Hospital Setting. 2016 , 209-219 | 1 |
| 1028 | An Innovative Online Positive Psychology Training Addressed to Pregnant Youth. 2016 , 240-246 | 1 |
| 1027 | The Role of Resilience in the Clinical Management of Chronic Pain. 2016 , 20, 39 | 48 |
| 1026 | Hounds and Homesickness: The Effects of an Animal-assisted Therapeutic Intervention for First-Year University Students. 2016 , 29, 441-454 | 38 |

| | | |
|------|--|----|
| 1025 | Positive psychology in dual diagnosis: a preliminary investigation. 2016 , 9, 139-153 | 3 |
| 1024 | Form Matters: Design Creativity in Positive Psychological Interventions. 2016 , 6, 7 | 4 |
| 1023 | Positive Psychotherapy. 2016 , 321-347 | 5 |
| 1022 | Introduction: Advantages of Using the Concept Art-of-Living. 2016 , 1-21 | |
| 1021 | Interventions to Enhance Art-of-Living. 2016 , 109-174 | 0 |
| 1020 | Psychosocial factors associated with flourishing among Australian HIV-positive gay men. 2016 , 4, 46 | 6 |
| 1019 | Improving the Capacity to Treat Depression using Talking Therapies. 2016 , 181-204 | 3 |
| 1018 | What about the clean athletes? The need for positive psychology in anti-doping research. 2016 , 4, 116-122 | 9 |
| 1017 | Positive Cardiovascular Health: A Timely Convergence. 2016 , 68, 860-7 | 37 |
| 1016 | Using health psychology to help patients: promoting wellbeing. 2016 , 25, 852-5 | 4 |
| 1015 | The Protective Role of Positive Well-Being in Cardiovascular Disease: Review of Current Evidence, Mechanisms, and Clinical Implications. 2016 , 18, 106 | 52 |
| 1014 | Psychological Services. 2016 , 227-257 | |
| 1013 | Counselors' Perspectives of Positive Psychology for the Treatment of Addiction: A Mixed Methods Pilot Study. 2016 , 34, 370-385 | 7 |
| 1012 | The longitudinal relationship between flourishing mental health and incident mood, anxiety and substance use disorders. 2017 , 27, 563-568 | 41 |
| 1011 | Positive Interventions That Erode the Hedonic and Eudaimonic Divide to Promote Lasting Happiness. 2016 , 395-406 | 4 |
| 1010 | Improving Smartphone Users' Affect and Wellbeing with Personalized Positive Psychology Interventions. 2016 , | 12 |
| 1009 | Positive Activity Interventions for Mental Health Conditions. 2016 , 349-363 | 7 |
| 1008 | Brief report: Feasibility of a mindfulness and self-compassion based mobile intervention for adolescents. 2016 , 53, 217-221 | 30 |

| | | |
|------|--|----|
| 1007 | Positive Psychological Interventions. 2016 , 305-320 | 7 |
| 1006 | Positive Psychological Interventions and Chronic Non-Cancer Pain: A Systematic Review of the Literature. 2016 , 1, 133-157 | 8 |
| 1005 | Resilience in Patients With Recent Diagnosis of a Schizophrenia Spectrum Disorder. 2016 , 204, 578-84 | 16 |
| 1004 | Self-Reported Personal Well-Being of Youth Accessing Intensive Mental Health Treatment. 2016 , 33, 535-545 | 1 |
| 1003 | The effectiveness of email-based exercises in promoting psychological wellbeing and healthy lifestyle: a two-year follow-up study. 2016 , 4, 21 | 9 |
| 1002 | Enhancing social relationships through positive psychology activities: a randomised controlled trial. 2016 , 11, 149-162 | 42 |
| 1001 | Humor-based online positive psychology interventions: A randomized placebo-controlled long-term trial. 2016 , 11, 584-594 | 43 |
| 1000 | A Positive Psychology Intervention for Patients with an Acute Coronary Syndrome: Treatment Development and Proof-of-Concept Trial. 2016 , 17, 1985-2006 | 59 |
| 999 | The Behavioral Activation and Inhibition Systems: Implications for Understanding and Treating Chronic Pain. 2016 , 17, 529.e1-529.e18 | 30 |
| 998 | The mediating effect of leader-member exchange between strengths use and work engagement. 2016 , 26, 22-28 | 13 |
| 997 | Nine beautiful things: A self-administered online positive psychology intervention on the beauty in nature, arts, and behaviors increases happiness and ameliorates depressive symptoms. 2016 , 94, 189-193 | 20 |
| 996 | Feasibility of an online well-being intervention for people with spinal cord injury: a pilot study. 2016 , 54, 473-7 | 12 |
| 995 | The feasibility, acceptability and possible benefit of a positive psychology intervention group in an adolescent inpatient eating disorder service. 2016 , 11, 449-459 | 5 |
| 994 | More adaptive versus less maladaptive coping: What is more predictive of symptom severity? Development of a new scale to investigate coping profiles across different psychopathological syndromes. 2016 , 191, 300-7 | 39 |
| 993 | Psychological countermeasures in manned space missions: â€œEARTHâ€system for the Mars-500 project. 2016 , 55, 898-908 | 17 |
| 992 | How do positive psychology interventions work? A short-term placebo-controlled humor-based study on the role of the time focus. 2016 , 96, 1-6 | 32 |
| 991 | Effects of Positive Psychology Interventions on Risk Biomarkers in Coronary Patients: A Randomized, Wait-List Controlled Pilot Trial. 2016 , 57, 359-68 | 30 |
| 990 | Positive Psychology Interventions for Patients With Heart Disease: A Preliminary Randomized Trial. 2016 , 57, 348-58 | 34 |

| | | |
|-----|--|-----|
| 989 | Group therapy for university students: A randomized control trial of dialectical behavior therapy and positive psychotherapy. 2016 , 77, 78-85 | 38 |
| 988 | Positive psychology in tourism: A critique. 2016 , 56, 151-153 | 27 |
| 987 | A Bayesian approach to mitigation of publication bias. 2016 , 23, 74-86 | 29 |
| 986 | Theoretical Applications of Positive Psychology to Vocational Rehabilitation After Traumatic Brain Injury. 2016 , 26, 20-31 | 10 |
| 985 | Putting the "P" in Happiness: A Randomised Controlled Trial of a Smartphone-Based Mindfulness Intervention to Enhance Wellbeing. 2016 , 17, 163-185 | 232 |
| 984 | Psychological Capital in the Quick Service Restaurant Industry: A Study of Unit-Level Performance. 2017 , 41, 823-845 | 39 |
| 983 | The relativity of "placebos" defending a modified version of Gr̃nbaum's definition. 2017 , 194, 1363-1396 | 40 |
| 982 | Integrating Positive and Clinical Psychology: Viewing Human Functioning as Continua from Positive to Negative Can Benefit Clinical Assessment, Interventions and Understandings of Resilience. 2017 , 41, 335-349 | 48 |
| 981 | Lighten UP! A community-based group intervention to promote psychological well-being in older adults. 2017 , 21, 199-205 | 78 |
| 980 | The Impact of Positive Psychological Interventions on Well-Being in Healthy Elderly People. 2017 , 18, 269-291 | 22 |
| 979 | A Comparative Study on the Efficacy of a Positive Psychology Intervention and a Cognitive Behavioral Therapy for Clinical Depression. 2017 , 41, 417-433 | 67 |
| 978 | Neuromodulation as a cognitive enhancement strategy in healthy older adults: promises and pitfalls. 2017 , 24, 158-185 | 10 |
| 977 | Effects of joint stabilizers on proprioception and stability: A systematic review and meta-analysis. 2017 , 25, 65-75 | 29 |
| 976 | Both positive mental health and psychopathology should be monitored in psychotherapy: Confirmation for the dual-factor model in acceptance and commitment therapy. 2017 , 91, 58-63 | 54 |
| 975 | Upregulating the positive affect system in anxiety and depression: Outcomes of a positive activity intervention. 2017 , 34, 267-280 | 82 |
| 974 | Positive Psychology and Well-Being at Sea. 2017 , 19-47 | 8 |
| 973 | Positive Interventions and Their Effectiveness with Clinical Populations. 2017 , 81-108 | 1 |
| 972 | Positive Psychology at Work: Research and Practice. 2017 , 185-206 | 4 |

| | | |
|-----|--|----|
| 971 | Positive Technologies for Improving Health and Well-Being. 2017 , 219-234 | 8 |
| 970 | Feeling Thanks and Saying Thanks: A Randomized Controlled Trial Examining If and How Socially Oriented Gratitude Journals Work. 2017 , 73, 1280-1300 | 29 |
| 969 | Reliability and validity of the Positive Mental Health Questionnaire in a sample of Spanish university students. 2017 , 24, 123-133 | 9 |
| 968 | Creating Workplace Well-Being. 2017 , 570-604 | 15 |
| 967 | The Effects of Yoga on Positive Mental Health Among Healthy Adults: A Systematic Review and Meta-Analysis. 2017 , 23, 505-517 | 49 |
| 966 | A Pilot Evaluation of a Strengths-Based CBT Intervention Module with College Students. 2017 , 45, 427-431 | 61 |
| 965 | Delivering your daily dose of well-being to the workplace: a randomized controlled trial of an online well-being programme for employees. 2017 , 26, 555-573 | 31 |
| 964 | A qualitative analysis of the Three Good Things intervention in healthcare workers. 2017 , 7, e015826 | 38 |
| 963 | The mediating role of resilience in the relationship between social support and posttraumatic growth among colorectal cancer survivors with permanent intestinal ostomies: A structural equation model analysis. 2017 , 29, 47-52 | 47 |
| 962 | Responses to Positive Affect in Daily Life: Positive Rumination and Dampening Moderate the Association Between Daily Events and Depressive Symptoms. 2017 , 39, 412-425 | 25 |
| 961 | Cognitive Behavioral Therapy. 2017 , 4-14 | |
| 960 | Using Gratitude to Promote Positive Change: A Series of Meta-Analyses Investigating the Effectiveness of Gratitude Interventions. 2017 , 39, 193-208 | 87 |
| 959 | Towards a science and practice of resilience in the face of pain. 2017 , 21, 1301-1315 | 64 |
| 958 | An Empirical Assessment of REBT Models of Psychopathology and Psychological Health in the Prediction of Anxiety and Depression Symptoms. 2017 , 45, 600-615 | 28 |
| 957 | Positive Narrative Therapy for an Unspecified Eating Disorder: A Child Case Report. 2017 , 16, 351-369 | 2 |
| 956 | What does Positivity Add to Psychopathology? An Introduction to the Special Issue on "Positive Emotions and Cognitions in Clinical Psychology" 2017 , 41, 325-334 | 22 |
| 955 | The Geelong Grammar Positive Psychology Experience. 2017 , 353-370 | 6 |
| 954 | Happy Despite Pain: A Randomized Controlled Trial of an 8-Week Internet-delivered Positive Psychology Intervention for Enhancing Well-being in Patients With Chronic Pain. 2017 , 33, 962-975 | 63 |

| | | |
|-----|---|-----|
| 953 | Disentangling the Effects of Gratitude and Optimism: A Cross-Cultural Investigation. 2017 , 48, 754-770 | 16 |
| 952 | The Positive Emotions after Acute Coronary Events behavioral health intervention: Design, rationale, and preliminary feasibility of a factorial design study. 2017 , 14, 128-139 | 24 |
| 951 | Effect of an Emotion Regulation Training Program on Mental Well-Being. 2017 , 67, 108-123 | 6 |
| 950 | Reducing depressive symptoms after the Great East Japan Earthquake in older survivors through group exercise participation and regular walking: a prospective observational study. 2017 , 7, e013706 | 23 |
| 949 | A Preliminary Study of New Positive Psychology Interventions: Neurofeedback-Aided Meditation Therapy and Modified Positive Psychotherapy. 2017 , 36, 683-695 | 5 |
| 948 | Pattern of Changes during Treatment: A Comparison between a Positive Psychology Intervention and a Cognitive Behavioral Treatment for Clinical Depression. 2017 , 20, E52 | 3 |
| 947 | Positive Technologies for Understanding and Promoting Positive Emotions. 2017 , 20, E50 | 4 |
| 946 | A fully automated conversational agent for promoting mental well-being: A pilot RCT using mixed methods. 2017 , 10, 39-46 | 116 |
| 945 | Why does happiness matter? Understanding the relation between positive emotion and health outcomes. 2017 , 191, 61-64 | 2 |
| 944 | Psychological Well-being's Link with Cardiovascular Health in Older Adults. 2017 , 53, 791-798 | 12 |
| 943 | Positive psychological well-being and health in patients with heart disease: a brief review. 2017 , 13, 443-450 | 9 |
| 942 | Positive Psychology Interventions for Chronic Physical Illnesses: A Systematic Review. 2017 , 62, 213-232 | 13 |
| 941 | The Effects of Group-Administered Canine Therapy on University Students's Wellbeing: A Randomized Controlled Trial. 2017 , 30, 397-414 | 33 |
| 940 | Comparing the acceptability of a positive psychology intervention versus a cognitive behavioural therapy for clinical depression. 2017 , 24, 1029-1039 | 17 |
| 939 | Benefits of Well-Being Training in Healthy Older Adults. 2017 , 9, 261-284 | 13 |
| 938 | Internal resources among informal caregivers: trajectories and associations with well-being. 2017 , 26, 3239-3250 | 12 |
| 937 | An early intervention to promote well-being and flourishing and reduce anxiety and depression: A randomized controlled trial. 2017 , 9, 15-24 | 53 |
| 936 | Can positive affect attenuate (persistent) pain? State of the art and clinical implications. 2017 , 19, 80 | 20 |

| | | |
|-----|--|----|
| 935 | GRATITUDE ET BIEN-ÊTRE SOCIAL : MÉCANISMES EXPLICATIFS DES EFFETS DE LA GRATITUDE SUR LE BIEN-ÊTRE INDIVIDUEL ET COLLECTIF. 2017 , 38, 43-64 | 3 |
| 934 | Effectiveness of Workplace Interventions for Depression in Asia: A Meta-Analysis. 2017 , 7, 215824401771029 | 3 |
| 933 | Meaning and importance of weeping. 2017 , 47, 72-76 | 5 |
| 932 | Efficacy of a Transdiagnostic internet-based treatment for emotional disorders with a specific component to address positive affect: Study protocol for a randomized controlled trial. 2017 , 17, 145 | 11 |
| 931 | Maintaining Healthy Behavior: a Prospective Study of Psychological Well-Being and Physical Activity. 2017 , 51, 337-347 | 67 |
| 930 | ENHANCE: Design and rationale of a randomized controlled trial for promoting enduring happiness & well-being. 2017 , 52, 62-74 | 13 |
| 929 | Positive affect and cognitive decline: a 12-year follow-up of the Maastricht Aging Study. 2017 , 32, 1305-1311 | 3 |
| 928 | Happiness in Behaviour Genetics: An Update on Heritability and Changeability. 2017 , 18, 1533-1552 | 12 |
| 927 | Noticing nature: Individual and social benefits of a two-week intervention. 2017 , 12, 537-546 | 69 |
| 926 | Linking perceived management support with employees' readiness for change: the mediating role of psychological capital. 2017 , 17, 47-66 | 47 |
| 925 | A mixed-methods longitudinal evaluation of a one-day mental health wellness intervention. 2017 , 76, 244-256 | 9 |
| 924 | Positive affect and its association with viral control among women with HIV infection. 2017 , 36, 91-100 | 27 |
| 923 | What triggers prosocial effort? A positive feedback loop between positive activities, kindness, and well-being. 2017 , 12, 385-398 | 60 |
| 922 | Psychological interventions to reduce suicidality in high-risk patients with major depression: a randomized controlled trial. 2017 , 47, 810-821 | 43 |
| 921 | Positive Psychological Interventions Aimed at Enhancing Psychological Ownership. 2017 , 119-134 | 4 |
| 920 | Future Perspectives on Psychological Ownership in Multi-cultural Contexts. 2017 , 315-332 | 1 |
| 919 | Regards croisés sur la santé, le rétablissement et le bien-être : psychologie positive, psychopathologie clinique et psychologie de la santé 2017 , 38, 83-102 | 1 |
| 918 | Online Positive Interventions to Promote Well-being and Resilience in the Adolescent Population: A Narrative Review. 2017 , 8, 10 | 32 |

| | | |
|-----|---|-----|
| 917 | [Effects of a Positive Psychotherapy Program on Positive Affect, Interpersonal Relations, Resilience, and Mental Health Recovery in Community-Dwelling People with Schizophrenia]. 2017 , 47, 638-650 | 4 |
| 916 | Effects of dual tasks and dual-task training on postural stability: a systematic review and meta-analysis. 2017 , 12, 557-577 | 99 |
| 915 | A Novel Heart-Centered, Gratitude-Meditation Intervention to Increase Well-Being among Adolescents. 2017 , 2017, 1-12 | 2 |
| 914 | Effect of rhythmic auditory cueing on gait in cerebral palsy: a systematic review and meta-analysis. 2018 , 14, 43-59 | 30 |
| 913 | Moderators of wellbeing interventions: Why do some people respond more positively than others?. 2017 , 12, e0187601 | 17 |
| 912 | Population levels of wellbeing and the association with social capital. 2017 , 5, 23 | 6 |
| 911 | Randomized controlled trial of a positive affect intervention for people newly diagnosed with HIV. 2017 , 85, 409-423 | 96 |
| 910 | Positive PsychoTherapy in ABI Rehab (PoPsTAR): A pilot randomised controlled trial. 2018 , 28, 17-33 | 42 |
| 909 | A systematic review of the quality of randomized controlled trials of psychological treatments for emotional distress in breast cancer. 2018 , 108, 22-31 | 5 |
| 908 | A Fourth Wave of Psychotherapies: Moving Beyond Recovery Toward Well-Being. 2018 , 26, 90-95 | 10 |
| 907 | Personal strengths reported by people with chronic illness: A qualitative study. 2018 , 21, 787-795 | 23 |
| 906 | Health, well-being, and psychopathology in a clinical population: Structure and discriminant validity of Mental Health Continuum Short Form (MHC-SF). 2018 , 74, 1719-1729 | 10 |
| 905 | Determinants of happiness and quality of life in patients with rheumatoid arthritis: a structural equation modelling approach. 2018 , 77, 1118-1124 | 11 |
| 904 | Optimizing a Positive Psychology Intervention to Promote Health Behaviors After an Acute Coronary Syndrome: The Positive Emotions After Acute Coronary Events III (PEACE-III) Randomized Factorial Trial. 2018 , 80, 526-534 | 44 |
| 903 | PERMA and the building blocks of well-being. 2018 , 13, 333-335 | 183 |
| 902 | Positive psychological interventions for people with epilepsy: An assessment on factors related to intervention participation. 2018 , 80, 90-97 | 4 |
| 901 | Self-compassion in somatoform disorder. 2018 , 262, 34-39 | 9 |
| 900 | Empowering public service workers to face bystander conflict: Enhancing resources through a training intervention. 2018 , 91, 84-109 | 10 |

| | | |
|-----|---|-----|
| 899 | Reducing university students' stress through a drop-in canine-therapy program. 2018 , 27, 197-204 | 29 |
| 898 | Effect of rhythmic auditory cueing on parkinsonian gait: A systematic review and meta-analysis. 2018 , 8, 506 | 112 |
| 897 | Efficacy of an adaptation of the Best Possible Self intervention implemented through positive technology: a randomized control trial. 2018 , 13, 671-689 | 12 |
| 896 | Building employee resilience through wellbeing in organizations. 2018 , 29, 107-124 | 40 |
| 895 | Subjective and psychological well-being in Parkinson's Disease: A systematic review. 2018 , 138, 12-23 | 11 |
| 894 | The effectiveness of positive psychology intervention on the well-being, meaning, and life satisfaction of mothers of children with cancer: A brief report. 2018 , 36, 382-388 | 6 |
| 893 | Happy to help? A systematic review and meta-analysis of the effects of performing acts of kindness on the well-being of the actor. 2018 , 76, 320-329 | 131 |
| 892 | GET.HAPPY - Acceptance of an internet-based self-management positive psychology intervention for adult primary care patients with mild and moderate depression or dysthymia: A pilot study. 2018 , 12, 26-35 | 7 |
| 891 | Happy thoughts: Enhancing well-being in the classroom with a positive events diary. 2018 , 13, 110-121 | 10 |
| 890 | Emotion Regulation in Adolescent Well-Being and Positive Education. 2018 , 19, 1543-1564 | 29 |
| 889 | Building personal resources through interventions: An integrative review. 2018 , 39, 214-228 | 31 |
| 888 | A randomized crossover trial to test the effects of positive psychology intervention delivered by text messaging. 2018 , 13, 393-405 | 3 |
| 887 | Effect of Positive Psychological Intervention on Well-Being, 2-Week Illness Prevalence, and Salivary Immunoglobulin A. 2018 , 40, 889-906 | 1 |
| 886 | Effect of a web-based positive psychology intervention on prenatal well-being: A case series study. 2018 , 31, e1-e8 | 22 |
| 885 | Well-Being and Generalized Anxiety in Japanese Undergraduates: A Prospective Cohort Study. 2018 , 19, 917-937 | 5 |
| 884 | Gratitude, Psychopathology and Subjective Well-Being: Results from a 7.5-Month Prospective General Population Study. 2018 , 19, 1673-1689 | 24 |
| 883 | Positive emotional well-being, health Behaviors, and inflammation measured by C-Reactive protein. 2018 , 197, 235-243 | 29 |
| 882 | A qualitative study on the attributes of nurses' workplace social capital in Japan. 2018 , 26, 74-81 | 8 |

| | | |
|-----|--|-----|
| 881 | Rationale and design of the Staying Positive with Arthritis (SPA) Study: A randomized controlled trial testing the impact of a positive psychology intervention on racial disparities in pain. 2018 , 64, 243-253 | 9 |
| 880 | Collaborative Care and Related Interventions in Patients With Heart Disease: An Update and New Directions. 2018 , 59, 1-18 | 18 |
| 879 | Motivation, health-related lifestyles and depression among university students: A longitudinal analysis. 2018 , 260, 412-417 | 17 |
| 878 | Individual differences in the effects of a positive psychology intervention: Applied psychology. 2018 , 122, 140-147 | 19 |
| 877 | Optimism as predictor of patient-reported outcomes in patients with an implantable cardioverter defibrillator (data from the WEBCARE study). 2018 , 50, 90-95 | 2 |
| 876 | Effects of cognitive-behavioural therapy (CBT) and positive psychological intervention (PPI) on female offenders with psychological distress in Hong Kong. 2018 , 28, 158-173 | 6 |
| 875 | A Placebo-Controlled Online Study on Potential Mediators of a Pleasure-Based Positive Psychology Intervention: The Role of Emotional and Cognitive Components. 2018 , 19, 2035-2048 | 11 |
| 874 | A topographical map approach to representing treatment efficacy: a focus on positive psychology interventions. 2018 , 47, 34-42 | 10 |
| 873 | Development and validation of a web-delivered positive psychological intervention in an Indian Milieu: Lessons from a limited pilot randomized controlled trial. 2018 , 5, 1488512 | 1 |
| 872 | Positive Variables in Adult Patients Who Are at Different Stages of a Naturalistic Psychotherapeutic Treatment. 2018 , 14, 748-763 | 1 |
| 871 | Public Mental Health. 353-372 | |
| 870 | Remaining Positive About Positive Psychological Interventions for Pain. 2018 , 1, e182531 | 1 |
| 869 | Advances and Open Questions in the Science of Subjective Well-Being. 2018 , 4, | 202 |
| 868 | The Welfare Effects of Social Media. 2018 , | 1 |
| 867 | Effect of a Positive Psychological Intervention on Pain and Functional Difficulty Among Adults With Osteoarthritis: A Randomized Clinical Trial. 2018 , 1, e182533 | 20 |
| 866 | B-positive: a randomized controlled trial of a multicomponent positive psychology intervention for euthymic patients with bipolar disorder - study protocol and intervention development. 2018 , 18, 335 | 5 |
| 865 | Application of psychosocial strengths to predict employment satisfaction. 2018 , 49, 299-307 | 1 |
| 864 | Improving the wellbeing and resilience of health services staff via psychological skills training. 2018 , 11, 924 | 10 |

| | | |
|-----|--|-------|
| 863 | Exploring the Incorporation of a Positive Psychology Component in a Cognitive Behavioral Internet-Based Program for Depressive Symptoms. Results Throughout the Intervention Process. 2018, 9, 2360 | 8 |
| 862 | Self-Care and Palliative Care. 2018, 1-16 | |
| 861 | Having an Eating Disorder and Still Being Able to Flourish? Examination of Pathological Symptoms and Well-Being as Two Continua of Mental Health in a Clinical Sample. 2018, 9, 2145 | 20 |
| 860 | Reprint of: Positive Psychological Well-Being and Cardiovascular Disease: JACC Health Promotion Series. 2018, 72, 3012-3026 | 8 |
| 859 | The BeHealthyR Study: a randomized trial of a multicomponent intervention to reduce stress, smoking and improve financial health of low-income residents in Rotterdam. <i>BMC Public Health</i> , 2018, 18, 891 | 4.1 1 |
| 858 | Frontal Alpha EEG Asymmetry Before and After Positive Psychological Interventions for Medical Students. 2018, 9, 432 | 4 |
| 857 | Effect of Rhythmic Auditory Cueing on Aging Gait: A Systematic Review and Meta-Analysis. 2018, 9, 901-923 | 35 |
| 856 | Resounding Meaning: A PERMA Wellbeing Profile of Classical Musicians. 2018, 9, 1895 | 30 |
| 855 | A Positive Psychology Intervention to Promote Health Behaviors in Heart Failure: A Proof-of-Concept Trial. 2018, 206, 800-808 | 14 |
| 854 | The effect of positive psychotherapy in test anxiety among Zahedan students with hemophilia. 2018, 21, 307 | 1 |
| 853 | Randomized controlled trial of a positive affect intervention for methamphetamine users. 2018, 192, 8-15 | 22 |
| 852 | Promoting resilience in adolescents and young adults with cancer: Results from the PRISM randomized controlled trial. 2018, 124, 3909-3917 | 67 |
| 851 | Positive Psychological Well-Being and Cardiovascular Disease: JACC Health Promotion Series. 2018, 72, 1382-1396 | 118 |
| 850 | Life Enhancing Activities for Family Caregivers of people with dementia: protocol for a randomized controlled trial of a positive affect skills intervention. 2018, 10, 1-12 | 3 |
| 849 | The Relationship Between Life Satisfaction and Healthcare Utilization: A Longitudinal Study. 2018, 55, 142-150 | 12 |
| 848 | A process model of health consciousness: Its application to the prevention of workplace prescription drug misuse. 2018, 23, e12130 | 1 |
| 847 | Happiness as a Buffer of the Association Between Dependence and Acute Tobacco Abstinence Effects in African American Smokers. 2018, 20, 1215-1222 | 6 |
| 846 | Feasibility of a culturally adapted positive psychological intervention for Hispanics/Latinos with elevated risk for cardiovascular disease. 2018, 8, 887-897 | 5 |

| | | |
|-----|--|-----|
| 845 | Positive psychotherapy for smoking cessation enhanced with text messaging: Protocol for a randomized controlled trial. 2018 , 71, 146-153 | 1 |
| 844 | Resilience, hope and flourishing are inversely associated with burnout among members of the Society for Gynecologic Oncology. 2018 , 25, 52-55 | 16 |
| 843 | Validation of the Mental Health Continuum-Short Form and the dual continua model of well-being and psychopathology in an adult mental health setting. 2018 , 74, 2187-2202 | 30 |
| 842 | Educator Toolkits on Second Victim Syndrome, Mindfulness and Meditation, and Positive Psychology: The 2017 Resident Wellness Consensus Summit. 2018 , 19, 327-331 | 24 |
| 841 | Effects of Real-Time (Sonification) and Rhythmic Auditory Stimuli on Recovering Arm Function Post Stroke: A Systematic Review and Meta-Analysis. 2018 , 9, 488 | 16 |
| 840 | Integral Organizational Wellness—An evidence-based model of socially inspired well-being. 2018 , 23, e12136 | |
| 839 | Who Benefits From Humor-Based Positive Psychology Interventions? The Moderating Effects of Personality Traits and Sense of Humor. 2018 , 9, 821 | 27 |
| 838 | Implementation of a Positive Technology Application in Patients With Eating Disorders: A Pilot Randomized Control Trial. 2018 , 9, 934 | 4 |
| 837 | The Future of Technology in Positive Psychology: Methodological Advances in the Science of Well-Being. 2018 , 9, 962 | 11 |
| 836 | Character Strengths, Strengths Use, Future Self-Continuity and Subjective Well-Being Among Chinese University Students. 2018 , 9, 1040 | 20 |
| 835 | CBT and positive psychology interventions for clinical depression promote healthy attentional biases: An eye-tracking study. 2018 , 35, 966-973 | 13 |
| 834 | Effects of Rhythmic Auditory Cueing in Gait Rehabilitation for Multiple Sclerosis: A Mini Systematic Review and Meta-Analysis. 2018 , 9, 386 | 20 |
| 833 | The effect of positive psychology interventions on well-being and distress in clinical samples with psychiatric or somatic disorders: a systematic review and meta-analysis. 2018 , 18, 211 | 133 |
| 832 | The acceptability of an online intervention using positive psychology for depression: A qualitative study. 2018 , 13, 60-66 | 2 |
| 831 | Enhancing Positive Psychology Coaching Practice. 2018 , 87-101 | |
| 830 | The association between hope, marital status, depression and persistent pain in men and women following cardiac surgery. 2018 , 18, 2 | 16 |
| 829 | Genetics, personality and wellbeing. A twin study of traits, facets and life satisfaction. 2018 , 8, 12298 | 29 |
| 828 | What might affect acceptability of online positive psychology interventions for depression: a qualitative study on patient expectations'. 2018 , 18, 240 | 7 |

| | | |
|-----|---|----|
| 827 | Towards sustainable mental health promotion: trial-based health-economic evaluation of a positive psychology intervention versus usual care. 2018 , 18, 265 | 2 |
| 826 | As a Happy Kindergarten Teacher: The Mediating Effect of Happiness Between Role Stress and Turnover Intention. 2018 , 27, 431-440 | 10 |
| 825 | Happy older people live longer. 2018 , 47, 860-866 | 11 |
| 824 | Promoting well-being through group drumming with mental health service users and their carers. 2018 , 13, 1484219 | 29 |
| 823 | Intensive care nurse conceptions of well-being: a prototype analysis. 2018 , 23, 324-331 | 15 |
| 822 | The physical and psychological health benefits of positive emotional writing: Investigating the moderating role of Type D (distressed) personality. 2018 , 23, 857-871 | 11 |
| 821 | Resilience Predicts Social Functioning in Clinically Stable Patients With Bipolar Disorder. 2018 , 206, 567-574 | 4 |
| 820 | Predictors of completion of a psychological-behavioral intervention in acute coronary syndrome patients. 2018 , 112, 9-12 | 2 |
| 819 | Attitude of Gratitude: Exploring the Implementation of a Gratitude Intervention with College Athletes. 2019 , 31, 273-284 | 22 |
| 818 | Rational beliefs, happiness and optimism: An empirical assessment of REBT's model of psychological health. 2019 , 54, 495-500 | 10 |
| 817 | Strengths in older adults: differential effect of savoring, gratitude and optimism on well-being. 2019 , 23, 1017-1024 | 27 |
| 816 | Effectiveness of an Energy Management Training Course on Employee Well-Being: A Randomized Controlled Trial. 2019 , 33, 118-130 | 7 |
| 815 | Looking Forward: The Effect of the Best-Possible-Self Intervention on Thriving Through Relative Intrinsic Goal Pursuits. 2019 , 20, 1379-1395 | 8 |
| 814 | Positive psychological interventions for neurological disorders: A systematic review. 2019 , 33, 490-518 | 60 |
| 813 | A positive psychology-motivational interviewing intervention for patients with type 2 diabetes: Proof-of-concept trial. 2019 , 54, 97-114 | 13 |
| 812 | Wellbeing Matters in Kuwait: The Alnowairâ Bareec Education Initiative. 2019 , 143, 741-763 | 6 |
| 811 | A Positive Psychology Intervention Program in a Culturally-Diverse University: Boosting Happiness and Reducing Fear. 2019 , 20, 1141-1162 | 34 |
| 810 | Fostering teachers' resilience and well-being through professional learning: effects from a training programme. 2019 , 46, 681-698 | 14 |

| | | |
|-----|---|----|
| 809 | Cognitive and Physiological Measures in Well-Being Science: Limitations and Lessons. 2019 , 10, 1630 | 7 |
| 808 | : Rationale, design, and implementation of a randomized control trial for young adults. 2019 , 15, 100391 | 6 |
| 807 | Co-development of an interactive digital intervention to promote the well-being of people with intellectual disabilities. 2019 , 65, 128-134 | 2 |
| 806 | Purpose in life, social support, and internet gaming disorder among Chinese university students: A 1-year follow-up study. 2019 , 99, 106070 | 20 |
| 805 | Randomized controlled trial of a well-being intervention in cardiac patients. 2019 , 61, 116-124 | 4 |
| 804 | Assessing the efficacy and acceptability of an internet-delivered intervention for resilience among college students: A pilot randomised control trial protocol. 2019 , 17, 100254 | 6 |
| 803 | Developing Leaders in Multicultural Organisational Contexts Within a Positive Psychology Framework: Jungâs Active Imagination Intervention. 2019 , 361-379 | 1 |
| 802 | Brief Positive Psychological Interventions Within Multi-cultural Organizational Contexts: A Systematic Literature Review. 2019 , 523-544 | 5 |
| 801 | Assessing depression improvement with the remission evaluation and mood inventory tool (REMIT). 2019 , 60, 44-49 | 1 |
| 800 | The MARIGOLD study: Feasibility and enhancement of an online intervention to improve emotion regulation in people with elevated depressive symptoms. 2019 , 257, 352-364 | 10 |
| 799 | Predicting optimal interventions for clinical depression: Moderators of outcomes in a positive psychological intervention vs. cognitive-behavioral therapy. 2019 , 61, 104-110 | 8 |
| 798 | Happy Together: The Development of Dyadic Functioning and Individual Well-Being Among Heterosexual Couples Through a Positive Psychological Intervention. 2019 , 105-129 | 1 |
| 797 | Promoting Wellbeing in Pregnancy: A Multi-component Positive Psychology and Mindfulness-Based Mobile App. 2019 , 250-262 | 2 |
| 796 | Would you be happier if you moved more? Physical activity focusing illusion. 2019 , 40, 3716 | 2 |
| 795 | What the World Needs Now: An Intervention for Promoting Prosocial Behavior. 2019 , 41, 215-229 | 12 |
| 794 | The Contribution of Food Consumption to Well-Being. 2019 , 74 Suppl 2, 44-52 | 11 |
| 793 | Well-Being at Work: Applying Dynamics of Affect in Positive Psychological Interventions. 2019 , 325-344 | 1 |
| 792 | Does Negative Emotional Reactivity Moderate the Relation between Contextual Cohesion and Adolescent Well-Being?. 2019 , 48, 2179-2189 | 3 |

| | | |
|-----|--|----|
| 791 | The Relationship between Self-Perceived Burden and Posttraumatic Growth among Colorectal Cancer Patients: The Mediating Effects of Resilience. 2019 , 2019, 6840743 | 8 |
| 790 | An evaluation of a positive psychological intervention to reduce burnout among nurses. 2019 , 33, 186-191 | 5 |
| 789 | Positive psychology and health: Well-being interventions in the context of illness. 2019 , 61, 136-138 | 10 |
| 788 | Multicomponent positive psychology intervention for health promotion of Brazilian retirees: a quasi-experimental study. 2019 , 32, 6 | 4 |
| 787 | Evaluating Positive Psychology Interventions at Work: a Systematic Review and Meta-Analysis. 2019 , 4, 113-134 | 45 |
| 786 | Spotlight on eudaimonia and depression. A systematic review of the literature over the past 5 years. 2019 , 12, 767-792 | 10 |
| 785 | Investing in Happiness: The Gerontological Perspective. 2019 , 65, 634-639 | 7 |
| 784 | Development of Subjective Well-Being in Adolescence. 2019 , 16, | 17 |
| 783 | Effects of the Best Possible Self intervention: A systematic review and meta-analysis. 2019 , 14, e0222386 | 26 |
| 782 | Positive Aging: The Impact of a Community Wellbeing and Resilience Program. 2019 , 42, 377-386 | 23 |
| 781 | Feasibility and Acceptability of an Online Positive Affect Intervention for Those Living with Comorbid HIV Depression. 2019 , 23, 753-764 | 5 |
| 780 | Best-Practice Guidelines for Positive Psychological Intervention Research Design. 2019 , 1-32 | 6 |
| 779 | Developing Positive Psychological Interventions: Maximizing Efficacy for Use in Eastern Cultures. 2019 , 277-295 | 3 |
| 778 | Efficacy of an internet and app-based gratitude intervention in reducing repetitive negative thinking and mechanisms of change in the intervention's effect on anxiety and depression: Results from a randomized controlled trial. 2019 , 119, 103415 | 17 |
| 777 | Positive Journal Writing Across Multicultural Contexts: A Protocol for Practice. 2019 , 415-433 | 3 |
| 776 | The Effectiveness of Positive Psychology Interventions in the Workplace: A Theory-Driven Evaluation Approach. 2019 , 115-159 | 9 |
| 775 | Online positive psychology intervention for nursing home staff: A cluster-randomized controlled feasibility trial of effectiveness and acceptability. 2019 , 98, 48-56 | 6 |
| 774 | Prospective associations of happiness and optimism with lifestyle over up to two decades. 2019 , 126, 105754 | 19 |

| | | |
|-----|--|----|
| 773 | Technological Unemployment and Psychological Well-being—Course or Benefit?. 2019 , 95-113 | 1 |
| 772 | 'It's about willpower in the end. You've got to keep going': a qualitative study exploring the experience of pain in inflammatory bowel disease. 2019 , 13, 201-213 | 7 |
| 771 | Meta-analyses of positive psychology interventions: The effects are much smaller than previously reported. 2019 , 14, e0216588 | 66 |
| 770 | Program Logic Modelling and Complex Positive Psychology Intervention Design and Implementation: The "Resilient Futures" Case Example. 2019 , 3, 43-67 | 5 |
| 769 | Psychological Capital Development in Organizations: An Integrative Review of Evidence-Based Intervention Programs. 2019 , 81-102 | 8 |
| 768 | Efficacy and feasibility of a humor training for people suffering from depression, anxiety, and adjustment disorder: a randomized controlled trial. 2019 , 19, 93 | 6 |
| 767 | Qualitative analysis of the Best Possible Self intervention: Underlying mechanisms that influence its efficacy. 2019 , 14, e0216896 | 7 |
| 766 | Self-Care and Palliative Care. 2019 , 617-632 | 1 |
| 765 | Protocol for a randomized controlled dismantling study of an internet-based intervention for depressive symptoms: exploring the contribution of behavioral activation and positive psychotherapy strategies. 2019 , 19, 133 | 1 |
| 764 | Persons, Selves, and Wellbeing. 2019 , 107-138 | |
| 763 | Cheer* in Health Care Practice: What It Excludes and Why It Matters. 2019 , 29, 1890-1903 | 6 |
| 762 | Exploratory analysis of treatment response trajectories in the PRISM trial: Models of psychosocial care. 2019 , 28, 1470-1476 | 9 |
| 761 | Well-being in Patients with Affective Disorders Compared to Nonclinical Participants: A Multi-Model Evaluation of the Mental Health Continuum-Short Form. 2019 , 75, 1585-1612 | 8 |
| 760 | Servant Leadership in Sport: Theory and Practice. 2019 , 1-28 | |
| 759 | Positive mental health as a predictor of recovery from mental illness. 2019 , 251, 227-230 | 30 |
| 758 | Reducing burnout and anxiety among doctors: Randomized controlled trial. 2019 , 274, 383-390 | 16 |
| 757 | Positive cognitive behavior therapy in the treatment of depression: A randomized order within-subject comparison with traditional cognitive behavior therapy. 2019 , 116, 119-130 | 22 |
| 756 | The effects of three positive psychology interventions using online diaries: A randomized-placebo controlled trial. 2019 , 17, 100242 | 5 |

| | | |
|-----|---|----|
| 755 | Do All Positive Psychology Exercises Work for Everyone? Replication of Seligman et al.'s (2005) Interventions among Adolescents. 2019 , 64, 1-10 | 12 |
| 754 | Health and Wellness Coaching Implemented by Trainees: Impact in Worksite Wellness. 2019 , 8, 2164956119831226 | |
| 753 | Introduction: Musings on a Regional Positive Psychology. 2019 , 1-7 | 1 |
| 752 | Positive Psychotherapy: Clinical and Cross-cultural Applications of Positive Psychology. 2019 , 333-362 | 1 |
| 751 | Positivity at Work: It's Not a Contradiction!. 2019 , 133-156 | |
| 750 | Recovery from mood and anxiety disorders: The influence of positive mental health. 2019 , 252, 107-113 | 19 |
| 749 | 'It Brings Out the Best' Incorporating Positive Health into Health Promotion Initiatives from the UAE's Physically Active. 2019 , 313-332 | |
| 748 | Self-Management Support Intervention for Parents of Children with Developmental Disorders: The Role of Gratitude and Hope. 2019 , 28, 980-992 | 6 |
| 747 | Reimagining Health-Flourishing. 2019 , 321, 1667-1668 | 69 |
| 746 | Stress and Growth in Cancer: Mechanisms and Psychotherapeutic Interventions to Facilitate a Constructive Balance. 2019 , 10, 177 | 16 |
| 745 | Common mental disorders and subjective well-being: Emotional training among medical students based on positive psychology. 2019 , 14, e0211926 | 11 |
| 744 | The challenge of well-being and quality of life: A meta-analysis of psychological interventions in schizophrenia. 2019 , 208, 16-24 | 22 |
| 743 | Drug and alcohol workers' view of positive psychology in the treatment of coexisting problems. 2019 , 12, 145-160 | 1 |
| 742 | Attributions, Forgiveness, and Gratitude as Relationship Maintenance Processes. 2019 , 134-151 | |
| 741 | Randomized controlled trial of a positive affect intervention to reduce HIV viral load among sexual minority men who use methamphetamine. 2019 , 22, e25436 | 21 |
| 740 | Pozitív pszichológia: Az elmúlt évek gyakorlata. 2019 , 74, 289-299 | 0 |
| 739 | Psychosocial interventions for cancer survivors: A meta-analysis of effects on positive affect. 2019 , 13, 943-955 | 11 |
| 738 | The German Version of the PERMA-Profiler: Evidence for Construct and Convergent Validity of the PERMA Theory of Well-Being in German Speaking Countries. 2019 , 3, 75-96 | 8 |

| | | |
|-----|--|--------|
| 737 | Editor's Spotlight/Take 5: What Role Does Positive Psychology Play in Understanding Pain Intensity and Disability Among Patients with Hand and Upper-extremity Conditions?. 2019 , 477, 1765-1768 | 2 |
| 736 | Recent Advances in Cognitive Behavioral Therapy For Digestive Disorders and the Role of Applied Positive Psychology Across the Spectrum of GI Care. 2019 , 53, 477-485 | 8 |
| 735 | Teaching Happiness to Teachers - Development and Evaluation of a Training in Subjective Well-Being. 2019 , 10, 2703 | 17 |
| 734 | What Role Does Positive Psychology Play in Understanding Pain Intensity and Disability Among Patients with Hand and Upper Extremity Conditions?. 2019 , 477, 1769-1776 | 12 |
| 733 | Psychological well-being as part of the public health debate? Insight into dimensions, interventions, and policy. <i>BMC Public Health</i> , 2019 , 19, 1712 | 4-1 37 |
| 732 | Enhancing Student's Self-Leadership Through a Positive Psychology Intervention? A Randomized Controlled Trial Using an Idiographic Perspective. 2019 , 4, 149-167 | 1 |
| 731 | The Effects of Positive Psychological Interventions on Medical Patients' Anxiety: A Meta-analysis. 2019 , 81, 595-602 | 10 |
| 730 | How WEIRD are positive psychology interventions? A bibliometric analysis of randomized controlled trials on the science of well-being. 2019 , 14, 489-501 | 71 |
| 729 | Acceptance and Commitment Training (ACT) as a Positive Psychological Intervention: A Systematic Review and Initial Meta-analysis Regarding ACT's Role in Well-Being Promotion Among University Students. 2019 , 20, 1995-2010 | 17 |
| 728 | Relationships Between Life Stressors, Health Behaviors, and Chronic Medical Conditions in Mid-Life Adults: A Narrative Review. 2019 , 60, 153-163 | 11 |
| 727 | The Integrative Positive Psychological Intervention for Depression (IPPI-D). 2019 , 49, 177-185 | 6 |
| 726 | Happiness and Health. 2019 , 40, 339-359 | 109 |
| 725 | Well-being interventions for individuals with diabetes: A systematic review. 2019 , 147, 118-133 | 31 |
| 724 | Cross-Lagged Analyses Between Life Meaning, Self-Compassion, and Subjective Well-being Among Gifted Adults. 2019 , 10, 1294-1303 | 17 |
| 723 | People's Motives to Participate in a Positive Psychology Intervention with Email Support and Who Might Benefit Most?. 2019 , 3, 1-22 | 2 |
| 722 | Do self-administered positive psychology exercises work in persons in recovery from problematic substance use? An online randomized survey. 2019 , 99, 16-23 | 7 |
| 721 | Hope and benefit finding: Results from the PRISM randomized controlled trial. 2019 , 66, e27485 | 35 |
| 720 | Positive Psychology: A Personal History. 2019 , 15, 1-23 | 108 |

| | | |
|-----|---|-----|
| 719 | The Efficacy and Mechanism of Online Positive Psychological Intervention (PPI) on Improving Well-Being Among Chinese University Students: A Pilot Study of the Best Possible Self (BPS) Intervention. 2019 , 20, 2525-2550 | 12 |
| 718 | Resilience attenuates the association between neurocognitive functioning and everyday functioning in individuals aging with HIV in the Deep South. 2019 , 34, 72-78 | 15 |
| 717 | Strengthening workplace well-being: perceptions of intensive care nurses. 2019 , 24, 15-23 | 20 |
| 716 | Positive Affect and Health: What Do We Know and Where Next Should We Go?. 2019 , 70, 627-650 | 144 |
| 715 | Upregulating Positive Affectivity in the Transdiagnostic Treatment of Emotional Disorders: A Randomized Pilot Study. 2019 , 43, 26-55 | 4 |
| 714 | Modeling subjective well-being in individuals with chronic pain and a physical disability: the role of pain control and pain catastrophizing. 2019 , 41, 498-507 | 15 |
| 713 | Self-Criticism and Depressive Symptoms: Mediating Role of Self-Compassion. 2019 , 80, 202-223 | 19 |
| 712 | Extending the Comfort Zone: Building Resilience in Older People With Long-Term Conditions. 2019 , 38, 825-848 | 7 |
| 711 | Character strengths and clinical presentation. 2019 , 14, 51-60 | 6 |
| 710 | Possible mechanisms in a multicomponent email guided positive psychology intervention to improve mental well-being, anxiety and depression: A multiple mediation model. 2019 , 14, 141-155 | 18 |
| 709 | An Internet based intervention for improving resilience and coping strategies in university students: Study protocol for a randomized controlled trial. 2019 , 16, 43-51 | 31 |
| 708 | Intergenerational Transmission of Latent Satisfaction Reflected by Satisfaction Across Multiple Life Domains: A Prospective 32-year Follow-Up Study. 2019 , 20, 955-970 | 9 |
| 707 | Gratitude predicts hope and happiness: A two-study assessment of traits and states. 2019 , 14, 271-282 | 23 |
| 706 | Long-term outcome of a mental health promotion program in Germany. 2019 , 34, 532-540 | 3 |
| 705 | The student voice in well-being: a case study of participatory action research in positive education. 2019 , 27, 173-196 | 27 |
| 704 | Skills to Enhance Positivity in Suicidal Adolescents: Results From an Open Development Trial. 2019 , 43, 202-221 | 10 |
| 703 | Positive Psychology for Overcoming Symptoms of Depression: A Pilot Study Exploring the Efficacy of a Positive Psychology Self-Help Book versus a CBT Self-Help Book. 2019 , 47, 95-113 | 3 |
| 702 | From therapy to daily life of a depressed adolescent: Crossing psychopathology and optimal functioning. 2020 , 39, 155-166 | 3 |

| | | |
|-----|---|----|
| 701 | A Multimodal Intervention for Improving the Mental Health and Emotional Well-being of College Students. 2020 , 14, 216-224 | 9 |
| 700 | A positive psychology intervention for patients with bipolar depression: a randomized pilot trial. 2020 , 29, 60-68 | 14 |
| 699 | Effect Size Strengths in Subjective Well-Being Research. 2020 , 15, 167-185 | 14 |
| 698 | The Efficacy of Multi-component Positive Psychology Interventions: A Systematic Review and Meta-analysis of Randomized Controlled Trials. 2020 , 21, 357-390 | 72 |
| 697 | Understanding Factors Affecting Positive Education in Practice: an Australian Case Study. 2020 , 24, 128-145 | 5 |
| 696 | Can Positive Psychology Improve Psychological Well-Being and Economic Decision-Making? Experimental Evidence from Kenya. 2020 , 68, 1345-1376 | 7 |
| 695 | Skills to Enhance Positivity in Suicidal Adolescents: Results from a Pilot Randomized Clinical Trial. 2020 , 15, 348-361 | 6 |
| 694 | Intensive care nurses' well-being: A systematic review. 2020 , 33, 106-111 | 15 |
| 693 | German Translation of the Satisfaction With Life Scale for Children and Adolescents. 2020 , 38, 291-304 | 1 |
| 692 | Good things better? Reappraisal and discrete emotions in acquired brain injury. 2020 , 30, 1947-1975 | 3 |
| 691 | Association Between Character Strengths and Caregiver Burden: Hope as a Mediator. 2020 , 21, 1445-1462 | 11 |
| 690 | Measuring the effects of listening for leisure on outcome after stroke (MELLO): A pilot randomized controlled trial of mindful music listening. 2020 , 15, 149-158 | 9 |
| 689 | Patient patients: Increased patience associated with decreased depressive symptoms in psychiatric treatment. 2020 , 15, 300-313 | 4 |
| 688 | From disability to human flourishing: how fourth wave psychotherapies can help to reimagine rehabilitation and medicine as a whole. 2020 , 42, 1511-1517 | 1 |
| 687 | Dealing with conflict: Reducing goal ambivalence using the best-possible-self intervention. 2020 , 15, 325-337 | 6 |
| 686 | A pilot digital intervention targeting loneliness in young people with psychosis. 2020 , 55, 877-889 | 38 |
| 685 | Positive technology for elderly well-being: A review. 2020 , 137, 61-70 | 29 |
| 684 | The case for targeted mid-life interventions to prevent cardiovascular disease. 2020 , 75, 805-807 | |

| | | |
|-----|---|----|
| 683 | Achievement Goals in Music Contexts: A Review of Literature. 2020 , 38, 10-19 | 1 |
| 682 | Clinical or gimmickal: The use and effectiveness of mobile mental health apps for treating anxiety and depression. 2020 , 54, 20-28 | 22 |
| 681 | Effect of Positive Psychotherapy on Psychological Well-Being, Happiness, Life Expectancy and Depression Among Retired Teachers with Depression: A Randomized Controlled Trial. 2020 , 56, 229-237 | 4 |
| 680 | Validation of an Emotion Regulation Training Program on Mental Well-Being. 2020 , 123, 1518-1536 | 3 |
| 679 | Changes in playfulness, creativity and honesty as possible outcomes of psychotherapy. 2020 , 30, 788-799 | 3 |
| 678 | Cultivating well-being beyond symptomatology in a clinical sample with paranoid tendencies; the feasibility, acceptability and possible benefit of a group intervention. 2020 , 15, 455-466 | 5 |
| 677 | Increasing Psychological Capital: A Pre-Registered Meta-Analysis of Controlled Interventions. 2020 , 69, 1506-1556 | 20 |
| 676 | The relationship between leisure activities and psychological resources that support a sustainable career: The role of leisure seriousness and work-leisure similarity. 2020 , 117, 103340 | 23 |
| 675 | You can do it! An experimental evaluation of an encouragement intervention for female students. 2020 , 15, 427-437 | 3 |
| 674 | Examining key sociodemographic characteristics of adolescents and young adults with cancer: A post hoc analysis of the Promoting Resilience in Stress Management randomized clinical trial. 2020 , 34, 336-348 | 6 |
| 673 | How can joy escape jingle-jangle? Virtue and telos conceptualizations as alternative approaches to the scientific study of joy. 2020 , 15, 44-48 | 2 |
| 672 | GET.HAPPY2 - User perspectives on an internet-based self-management positive psychology intervention among persons with and without depression: Results from a retrospective survey. 2020 , 76, 1030-1046 | 2 |
| 671 | Positive Maternal Mental Health, Parenting, and Child Development. 2020 , 87, 328-337 | 24 |
| 670 | Using Neuroscience to Augment Behavioral Interventions for Depression. 2020 , 28, 14-25 | 4 |
| 669 | No evidence for any effect of multiple sessions of frontal transcranial direct stimulation on mood in healthy older adults. 2020 , 137, 107325 | 2 |
| 668 | Is wellbeing at work related to professional recognition: a pilot intervention. 2020 , 25, 950-957 | 1 |
| 667 | Determinants of physical, mental and social well-being: a longitudinal environment-wide association study. 2020 , 49, 380-389 | 14 |
| 666 | Online interventions geared toward increasing resilience and reducing distress in family caregivers. 2020 , 14, 60-66 | 12 |

| | | |
|-----|---|----|
| 665 | Positive Epidemiology?. 2020 , 31, 189-193 | 44 |
| 664 | A WeChat-based "Three Good Things" positive psychotherapy for the improvement of job performance and self-efficacy in nurses with burnout symptoms: A randomized controlled trial. 2020 , 28, 480-487 | 7 |
| 663 | A Brief Scale to Measure Caring for Bliss: Conceptualization, Initial Development, and Validation. 2020 , 11, 615-626 | 4 |
| 662 | Intermittent mindfulness practice can be beneficial, and daily practice can be harmful. An in depth, mixed methods study of the "Calm" app's (mostly positive) effects. 2020 , 19, 100293 | 20 |
| 661 | Between-Individual Differences in Baseline Well-Being and Emotion Regulation Strategy Use Moderate the Effect of a Self-Help Cognitive-Behavioral Intervention for Typical Adults. 2020 , 12, 411-431 | 2 |
| 660 | Exploring meaning in life through a brief photo-ethnographic intervention using Instagram: a Bayesian growth modelling approach. 2020 , 32, 723-745 | 2 |
| 659 | Facilitators and Barriers to Utilization of Psychosocial Care in Adolescents and Young Adults with Advanced Cancer: Integrating Mobile Health Perspectives. 2021 , 10, 476-482 | 4 |
| 658 | Application of a classroom-based positive psychology education course for Chinese medical students to increase their psychological well-being: a pilot study. 2020 , 20, 323 | 4 |
| 657 | Effects of a mental health promotion intervention on mental health of Iranian female adolescents: a school-based study. 2020 , 14, 36 | 3 |
| 656 | Psychological predictors of functional outcomes in service members with traumatic brain injury. 2020 , 34, 1183-1192 | 2 |
| 655 | Gratitude: the state of art. 2020 , 1-13 | 3 |
| 654 | Will Happiness-Trainings Make Us Happier? A Research Synthesis Using an Online Findings-Archive. 2020 , 11, 1953 | 7 |
| 653 | Mediterranean Lifestyle to Promote Physical, Mental, and Environmental Health: The Case of Chile. 2020 , 17, | 9 |
| 652 | A Low-Intensity Internet-Based Intervention Focused on the Promotion of Positive Affect for the Treatment of Depression in Spanish Primary Care: Secondary Analysis of a Randomized Controlled Trial. 2020 , 17, | 0 |
| 651 | Inducing positive emotions to reduce chronic pain: a randomized controlled trial of positive psychology exercises. 2020 , 1-14 | 5 |
| 650 | Positive Psychotherapy with a Pulse: Achieving Depth through Dialogue. 2020 , 6, 233 | 1 |
| 649 | Resilience mediates the association between school bullying victimization and self-harm in Chinese adolescents. 2020 , 277, 115-120 | 11 |
| 648 | Positive psychology in health care: defining key stakeholders and their roles. 2020 , 10, 637-647 | 3 |

| | | |
|-----|---|----|
| 647 | Effects of School-based Multicomponent Positive Psychology Interventions on Well-being and Distress in Adolescents: A Systematic Review and Meta-analysis. 2020 , 49, 1943-1960 | 20 |
| 646 | The impact of a wellbeing program imbedded in university classes: the importance of valuing happiness, baseline wellbeing and practice frequency. 2020 , 1-20 | 10 |
| 645 | Health Coaching as an Intervention for Picky Eaters. 2020 , 14, 606-611 | 0 |
| 644 | The Impact of Psychological Resources on Body Mass Index in Obesity Surgery Candidates. 2020 , 11, 649 | 3 |
| 643 | A community-based positive psychology group intervention to promote physical activity among people with metabolic syndrome: Proof of concept results to inform a pilot randomized controlled trial protocol. 2020 , 19, 100626 | 2 |
| 642 | Effects of a Community-Based Multicomponent Positive Psychology Intervention on Mental Health of Rural Adults in Ghana. 2020 , 12, 828-862 | 14 |
| 641 | Factorial validity of the Twi versions of five measures of mental health and well-being in Ghana. 2020 , 15, e0236707 | 12 |
| 640 | The potential use of 'positive psychology interventions' as a means of affecting individual senses of identity and coping capacity impacted by 4IR job and employment changes. 2020 , 32, 606-615 | 1 |
| 639 | Exploring the feasibility and impact of positive psychology-motivational interviewing interventions to promote positive affect and physical activity in type 2 diabetes: design and methods from the BEHOLD-8 and BEHOLD-16 clinical trials. 2020 , 8, 398-422 | 2 |
| 638 | Moving Beyond the Negative: Contributions of Positive and Negative Affect on Quality of Life in Patients With Generalized Anxiety Disorder. 2020 , 208, 843-847 | 2 |
| 637 | Encyclopedia of Quality of Life and Well-Being Research. 2020 , 1-6 | |
| 636 | Feasibility and preliminary efficacy of a positive psychology-based intervention to promote health behaviors in heart failure: The REACH for Health study. 2020 , 139, 110285 | 4 |
| 635 | Emotions and Instructed Language Learning: Proposing a Second Language Emotions and Positive Psychology Model. 2020 , 11, 2142 | 12 |
| 634 | A Positive Psychology-Motivational Interviewing Intervention to Promote Positive Affect and Physical Activity in Type 2 Diabetes: The BEHOLD-8 Controlled Clinical Trial. 2020 , 82, 641-649 | 6 |
| 633 | Key concepts for managing organizations and employees turning towards the Fourth Industrial Revolution. 2020 , 32, 673-684 | 3 |
| 632 | State of Mind Ireland-Higher Education: A Mixed-Methods Longitudinal Evaluation of a Positive Mental Health Intervention. 2020 , 17, | 2 |
| 631 | Influence of humor expression on suicidal ideation among adolescents: mediating effects of depressive emotion and positive emotion. 2020 , 20, 421 | 3 |
| 630 | Psychosocial Resources for Hedonic Balance, Life Satisfaction and Happiness in the Elderly: A Path Analysis. 2020 , 17, | 8 |

| | | |
|-----|--|----|
| 629 | Optimism and social support moderate the indirect relationship between self-efficacy and happiness through mental health in the elderly. 2020 , 7, 2055102920947905 | 2 |
| 628 | The Impact of an Optimism Training Intervention on Biological Measures Associated With Cardiovascular Health: Data From a Randomized Controlled Trial. 2020 , 82, 634-640 | 3 |
| 627 | POSITIVE PSYCHIATRY INTERVENTIONS IN GERIATRIC MENTAL HEALTH. 2020 , 7, 471-488 | 5 |
| 626 | Mindfulness and Affect During Mindfulness-Based Cognitive Therapy for Recurrent Depression: an Autoregressive Latent Trajectory Analysis. 2020 , 11, 2360-2370 | 2 |
| 625 | Effectiveness of positive psychology interventions: a systematic review and meta-analysis. 2020 , 1-21 | 57 |
| 624 | The Hummingbird Project: A Positive Psychology Intervention for Secondary School Students. 2020 , 11, 2012 | 4 |
| 623 | Performance Habits: A Framework Proposal. 2020 , 11, 1815 | 3 |
| 622 | Stability and change in adolescents' well-being: The role of relationships with caregivers in residential care. 2020 , 119, 105567 | 2 |
| 621 | Belonging and Social Integration as Factors of Well-Being in Latin America and Latin Europe Organizations. 2020 , 11, 604412 | 0 |
| 620 | Defining Wellness. 2020 , 1-12 | |
| 619 | The effects of yoga on student mental health: a randomised controlled trial. 2020 , 8, 573-586 | 2 |
| 618 | Wellness Interventions in the Workplace. 2020 , 248-257 | |
| 617 | Engaging the Five Senses. 2020 , 448-462 | |
| 616 | Family Relations, Friendships, and Love. 2020 , 553-564 | |
| 615 | Index. 2020 , 623-636 | |
| 614 | Screening and Assessment Methods for Wellness. 2020 , 13-22 | |
| 613 | The Biopsychosocial Assessment. 2020 , 23-36 | |
| 612 | Wellness Measurement. 2020 , 37-44 | |

611 The Wellness Treatment Plan. **2020**, 45-56

610 The Concept of Wellness in Psychiatric and Substance-Use Disorders. **2020**, 57-65

609 Neurological and Neurosurgical Disorders and Wellness. **2020**, 66-78

608 Cardiovascular and Pulmonary Wellness. **2020**, 79-86

607 Gastrointestinal System and Wellness. **2020**, 87-97

606 Wellness and the Genito-Urinary System. **2020**, 98-115

605 Reproductive System. **2020**, 116-134

604 Allergic, Infectious, and Immunological Processes. **2020**, 135-159

603 Wellness in Endocrine and Metabolic Disorders. **2020**, 160-176

602 Wellness in Older Individuals. **2020**, 188-198

601 Wellness in Children and Adolescents. **2020**, 199-208

600 Wellness in Cancer and Neoplastic Diseases. **2020**, 225-236

599 Wellness in Terminal Illness. **2020**, 237-247

598 Wellness Interventions for Physicians and Healthcare Professionals. **2020**, 258-270

597 Nutrition. **2020**, 271-291

596 Exercise, Dance, Tai Chi, Pilates, and Alexander Technique. **2020**, 315-323

595 Sleep, Rest, and Relaxation in Improving Wellness. **2020**, 324-331

594 Sex, Intimacy, and Well-Being. **2020**, 332-344

593 Mindfulness, Meditation, and Yoga. **2020**, 345-356

592 Positive Neuropsychology, Cognitive Rehabilitation, and Neuroenhancement. **2020**, 365-377

591 Acupuncture, Herbs, and Ayurvedic Medicine. **2020**, 378-393

590 Massage, Humor, and Music. **2020**, 403-412

589 Nature and Pets. **2020**, 413-422

1

588 Resilience and Wellness. **2020**, 484-493

587 Developing Purpose, Meaning, and Achievements. **2020**, 494-503

586 Healing and Wellness. **2020**, 504-514

585 Connection, Compassion, and Community. **2020**, 515-524

584 Work, Love, Play, and Joie de Vivre. **2020**, 535-544

583 Well-Being and Work-Life Balance. **2020**, 545-552

582 The Role of Leisure, Recreation, and Play in Health and Well-Being. **2020**, 565-572

581 Wellness Apps and Devices. **2020**, 605-622

0

580 Wellness Interventions in Patients Living with Chronic Medical Conditions. **2020**, 177-187

579 Pharmaceuticals and Alternatives for Wellness. **2020**, 302-314

578 Emotional Intelligence and Its Role in Sustaining Fulfillment in Life. **2020**, 463-473

577 Wellness and Whole-Person Care. **2020**, 573-581

576 Wellness in Pain Disorders. **2020**, 209-224

| | | |
|-----|---|----|
| 575 | Forgiveness, Gratitude, and Spirituality. 2020 , 357-364 | |
| 574 | The Role of Aesthetics in Wellness. 2020 , 394-402 | 0 |
| 573 | Circadian Rhythm in the Digital Age. 2020 , 423-434 | |
| 572 | The Arts in Health Settings. 2020 , 435-447 | |
| 571 | Wellness Interventions for Chronicity and Disability. 2020 , 525-534 | |
| 570 | The Personalized Wellness Life Plan. 2020 , 582-597 | |
| 569 | Wellness Measures. 2020 , 597-604 | |
| 568 | Design for Sustained Wellbeing through Positive Activitiesâ Multi-Stage Framework. 2020 , 4, 71 | 0 |
| 567 | Relationship between Resilience and Quality of Life in Patients with Fear of Hypoglycemia: The Mediating Effects of Anxiety and Depression. 2020 , 12, 8512 | 3 |
| 566 | Enhancing Social Connectedness in Anxiety and Depression Through Amplification of Positivity: Preliminary Treatment Outcomes and Process of Change. 2020 , 44, 788-800 | 9 |
| 565 | A brief social-belonging intervention in college improves adult outcomes for black Americans. 2020 , 6, eaay3689 | 24 |
| 564 | Raise of Happiness Following Raised Awareness of How Happy One Feels: A Follow-Up of Repeated Users of the Happiness Indicator Website. 2020 , 5, 153-187 | 4 |
| 563 | Stress Management or Post-traumatic Growth Facilitation to Diminish Distress in Cancer Survivors? A Randomized Controlled Trial. 2020 , 1-11 | 5 |
| 562 | Improving the Wellbeing of Female Prisoners via Psychological Skills Training: A Feasibility Study. 2020 , 64, 1571-1586 | 2 |
| 561 | The questionable efficacy of manualized psychological treatments for distressed breast cancer patients: An individual patient data meta-analysis. 2020 , 80, 101883 | 3 |
| 560 | The long and winding road to happiness: A randomized controlled trial and cost-effectiveness analysis of a positive psychology intervention for lonely people with health problems and a low socio-economic status. 2020 , 18, 162 | 8 |
| 559 | Positive intervention for depression and teacher-student relationship in Iranian high school girl students with moderate/mild depression: a pilot randomized controlled trial. 2020 , 14, 25 | 1 |
| 558 | A systematic review of gratitude interventions: Effects on physical health and health behaviors. 2020 , 135, 110165 | 20 |

| | | |
|-----|---|----|
| 557 | An affective neuroscience model of boosting resilience in adults. 2020 , 115, 321-350 | 20 |
| 556 | Long-term effects and impact of a positive psychology intervention for Brazilian retirees. 2020 , 1 | 2 |
| 555 | Positive psychological constructs and health behavior adherence in heart failure: A qualitative research study. 2020 , 22, 620-628 | 4 |
| 554 | Mamma Mia – A randomized controlled trial of an internet intervention to enhance subjective well-being in perinatal women. 2020 , 1-9 | 4 |
| 553 | Positive Predictors of Life Satisfaction for Autistic College Students and Their Neurotypical Peers. 2020 , 2, 163-170 | 2 |
| 552 | Understanding the relationships between mental disorders, self-reported health outcomes and positive mental health: findings from a national survey. 2020 , 18, 55 | 6 |
| 551 | Positive Psychological Micro-Interventions to Improve the Work-Family Interface: Use Your Resources and Count Your Blessings. 2020 , 11, 275 | 5 |
| 550 | Working mechanisms in positive interventions: A study using daily assessment of positive emotions. 2020 , 15, 633-638 | 6 |
| 549 | Positive psychological interventions and cognition. 2020 , 15, 629-632 | 2 |
| 548 | Modification of Affective Trajectory in a Positive Psychology Intervention. 2020 , 12, 770-786 | 2 |
| 547 | The effect of positive psychology interventions on well-being and psychopathology in patients with severe mental illness: A systematic review and meta-analysis. 2020 , 15, 572-587 | 11 |
| 546 | Positive interventions in depression change the structure of well-being and psychological symptoms: A network analysis. 2020 , 15, 623-628 | 4 |
| 545 | Who is most likely to benefit from a positive psychological intervention? Moderator analyses from a randomized trial in people newly diagnosed with HIV. 2020 , 15, 605-612 | 1 |
| 544 | Recommendations for positive psychology interventions in school settings. 2020 , 15, 653-656 | 6 |
| 543 | What do daily reports add to the picture? Results from a photography intervention designed to increase positive emotion. 2020 , 15, 639-644 | 1 |
| 542 | Building Resources in Caregivers: Feasibility of a Brief Writing Intervention to Increase Benefit Finding in Caregivers. 2020 , 12, 513-531 | 2 |
| 541 | Building Wellbeing in People With Chronic Conditions: A Qualitative Evaluation of an 8-Week Positive Psychotherapy Intervention for People Living With an Acquired Brain Injury. 2020 , 11, 66 | 9 |
| 540 | Improving Quality of Life in Hematopoietic Stem Cell Transplantation Survivors Through a Positive Psychology Intervention. 2020 , 26, 1144-1153 | 4 |

| | | | |
|-----|--|-----|----|
| 539 | The influence of fear on risk taking: a meta-analysis. 2020 , 34, 1143-1159 | | 11 |
| 538 | The Welfare Effects of Social Media. 2020 , 110, 629-676 | | 95 |
| 537 | How to Cope with the Challenges of Medical Education? Stress, Depression, and Coping in Undergraduate Medical Students. 2020 , 44, 380-387 | | 24 |
| 536 | Positive Psychological Interventions for Teachers: a Randomised Placebo-Controlled Field Experiment Investigating the Effects of Workplace-Related Positive Activities. 2020 , 5, 77-97 | | 7 |
| 535 | Positive psychology intervention for couples: A pilot study. 2020 , 36, 179-190 | | 4 |
| 534 | Pilot Test of an Appreciative Inquiry Intervention in Hypertension Self-management. 2020 , 42, 543-553 | | 1 |
| 533 | The design and development of a hybrid off-job crafting intervention to enhance needs satisfaction, well-being and performance: a study protocol for a randomized controlled trial. <i>BMC Public Health</i> , 2020 , 20, 115 | 4.1 | 6 |
| 532 | Resilience as a mediator factor in the relationship between childhood trauma and mood disorder: A community sample of young adults. 2020 , 274, 48-53 | | 11 |
| 531 | Efficacy of psychological interventions on psychological outcomes in coronary artery disease: systematic review and meta-analysis. 2021 , 51, 1846-1860 | | 7 |
| 530 | Gratitude Texting Touches the Heart: Challenge/Threat Cardiovascular Responses to Gratitude Expression Predict Self-initiation of Gratitude Interventions in Daily Life. 2021 , 22, 49-69 | | 5 |
| 529 | My Best Self in the Past, Present or Future: Results of Two Randomized Controlled Trials. 2021 , 22, 955-980 | | 2 |
| 528 | Positive Psychology and Hope as Lifestyle Medicine Modalities in the Therapeutic Encounter: A Narrative Review. 2021 , 15, 6-13 | | 7 |
| 527 | Positive Emotions as a Potential Mediator of a Multi-Component Positive Psychology Intervention Aimed at Increasing Mental Well-Being and Resilience. 2021 , 6, 1-21 | | 1 |
| 526 | Inducing positive affect and positive future expectations using the best-possible-self intervention: A systematic review and meta-analysis. 2021 , 16, 322-347 | | 13 |
| 525 | Promoting well-being in refugee children: An exploratory controlled trial of a positive psychology intervention delivered in Greek refugee camps. 2021 , 33, 87-95 | | 7 |
| 524 | Extinguishing burnout: National analysis of predictors and effects of burnout in abdominal transplant surgery fellows. 2021 , 21, 307-313 | | 5 |
| 523 | The Effects of a Character Strength Focused Positive Psychology Course on Undergraduate Happiness and Well-Being. 2021 , 22, 343-362 | | 12 |
| 522 | Gratitude Interventions: Effective Self-help? A Meta-analysis of the Impact on Symptoms of Depression and Anxiety. 2021 , 22, 413-445 | | 34 |

| | | |
|-----|---|----|
| 521 | Past, present, and future life satisfaction: The role of age, positive and negative mood. 2021 , 40, 629-638 | 5 |
| 520 | Importance of play for young children facing illness and hospitalization: rationale, opportunities, and a case study illustration. 2021 , 191, 58-67 | 9 |
| 519 | A brief positive psychological intervention prior to a potentially stressful task facilitates more challenge-like cardiovascular reactivity in high trait anxious individuals. 2021 , 58, e13709 | 1 |
| 518 | Growth in patience in Christian Moral Wisdom and contemporary positive psychology. 2021 , 42, 333-347 | |
| 517 | Informal Caregivers' Well-Being at the Transition to Caregiving. 2021 , 64, 208-221 | 1 |
| 516 | The relationship between depressive symptoms, general psychopathology, and well-being in patients with major depressive disorder. 2021 , 77, 1472-1486 | 5 |
| 515 | Gratitude: A Resilience Factor for More Securely Attached Children. 2021 , 30, 416-430 | 5 |
| 514 | A positive psychology-motivational interviewing program to promote physical activity in type 2 diabetes: The BEHOLD-16 pilot randomized trial. 2021 , 68, 65-73 | 5 |
| 513 | The impact of online brain training exercises on experiences of depression, anxiety and emotional wellbeing in a twin sample. 2021 , 134, 138-149 | 3 |
| 512 | Evidence for Relationships Between Hope, Resilience, and Mental Health Among Youth. 2021 , 99, 96-103 | 3 |
| 511 | Nature Exposure Achieves Comparable Health and Well-Being Improvements as Best Practice, Positive Psychology Interventions. 2021 , 13, 27-36 | 1 |
| 510 | Measuring Positive Emotion Outcomes in Positive Psychology Interventions: A Literature Review. 2021 , 13, 60-73 | 8 |
| 509 | Can Playfulness be Stimulated? A Randomised Placebo-Controlled Online Playfulness Intervention Study on Effects on Trait Playfulness, Well-Being, and Depression. 2021 , 13, 129-151 | 10 |
| 508 | Comparing the effects of performing and recalling acts of kindness. 2021 , 16, 73-81 | 17 |
| 507 | Social identification-building interventions to improve health: a systematic review and meta-analysis. 2021 , 15, 85-112 | 89 |
| 506 | A PRISMA review of collective flow experiences in music contexts. 2021 , 49, 667-683 | 1 |
| 505 | A Meta-Analysis of the Effectiveness of Randomized Controlled Positive Psychological Interventions on Subjective and Psychological Well-Being. 2021 , 16, 1145-1185 | 31 |
| 504 | From Unemployment to Employment and Back: Professional Trajectories and Well-Being. 2021 , 16, 739-751 | 5 |

| | | |
|-----|---|----|
| 503 | Developing authentic happiness: Growth curve models to assess lifelong happiness. 2021 , 16, 11-19 | 0 |
| 502 | Exkurs: Die Sicht auf das Positive und Stärkende. 2021 , 155-167 | |
| 501 | Can we increase the subjective well-being of the general population? An umbrella review of the evidence. 2021 , 14, 50-64 | 1 |
| 500 | A Happier Balance. 2021 , 1915-1935 | |
| 499 | Six strategies to build resilience. 2021 , 19, 17-19 | 0 |
| 498 | Anxiety and excitement in the fourth industrial revolution: A systems- psychodynamic perspective. 47, | 1 |
| 497 | Introduction and Overview. 2021 , 1-17 | 0 |
| 496 | The feasibility and acceptability study of a positive psychology group intervention for people with severe psychiatric conditions. 1-14 | 2 |
| 495 | Tangible Tools for Positive Psychology Coaching. 2021 , 437-460 | |
| 494 | General Practitioners. 2021 , 351-373 | |
| 493 | The perception of well-being: Do people with severe psychiatric conditions and their therapists put themselves in each other's shoes?. 1-9 | 2 |
| 492 | Coaching as the Missing Ingredient in the Application and Training of Positive Psychological Science. 2021 , 41-60 | 0 |
| 491 | Can we increase the subjective well-being of the general population? An umbrella review of the evidence. 2021 , 14, 50-64 | |
| 490 | The Effectiveness of an Online Positive Psychology Intervention among Healthcare Professionals with Depression, Anxiety or Stress Symptoms and Burnout. 2021 , 12, 392-408 | 2 |
| 489 | Subjective well-being as a dynamic construct. 2021 , 1231-1249 | 0 |
| 488 | Fostering Well-Being over the Radio? An Empirical Study Investigating the Effects of an Audio Podcast-Based Intervention Program on Student Teachers's Well-Being. 1 | 1 |
| 487 | Resilient Aging: Psychological Well-Being and Social Well-Being as Targets for the Promotion of Healthy Aging. 2021 , 7, 23337214211002951 | 10 |
| 486 | Positive Psychological Interventions and Information and Communication Technologies. 2021 , 1648-1668 | 1 |

485 Ressourcen und Resilienzfaktoren. **2021**, 65-74

484 Adult Development and Positive Psychology Coaching. **2021**, 357-373

483 A three-arm randomised controlled trial to evaluate the efficacy of a positive psychology and social networking intervention in promoting mental health among HIV-infected men who have sex with men in China. **2021**, 30, e24 1

482 Predictors of completion and response to a psychological intervention to promote health behavior adherence in heart failure. **2022**, 57, 21-34

481 Benefits of a psychoeducational happiness course on university student mental well-being both before and during a COVID-19 lockdown. **2021**, 8, 2055102921999291 9

480 Coaching psychology interventions vs. positive psychology interventions: The measurable benefits of a coaching relationship. 1-13 4

479 Encouraging Job Crafting through a Coaching Partnership. **2021**, 417-435

478 Design and evaluation of a positive intervention to cultivate mental health: preliminary findings. **2021**, 34, 7 0

477 Greater Focus on Strengths is Associated with Successful Discharge in Youth Public Mental Health Treatment. **2021**, 48, 732-741

476 Life Satisfaction and Subsequent Physical, Behavioral, and Psychosocial Health in Older Adults. **2021**, 99, 209-239 14

475 Study protocol of a randomised controlled trial on SISU, a software agent providing a brief self-help intervention for adults with low psychological well-being. **2021**, 11, e041573 0

474 Negative and Positive Affect Regulation in a Transdiagnostic Internet-Based Protocol for Emotional Disorders: Randomized Controlled Trial. **2021**, 23, e21335 3

473 Commonly Reported Problems and Coping Strategies During the COVID-19 Crisis: A Survey of Graduate and Professional Students. **2021**, 12, 598557 17

472 Is veterinary work more than satisfying? A critical review of the literature. **2021**, 188, e77 2

471 Outcomes, mechanisms and contextual factors of positive psychology interventions for health workers: a systematic review of global evidence. **2021**, 19, 24 3

470 Positive Solitude Scale: Theoretical Background, Development and Validation. 1 8

469 Effectiveness of NoiBene: A Web-based programme to promote psychological well-being and prevent psychological distress in university students. **2021**, 13, 317-340 2

468 The Integration of Meditation and Positive Psychology Practices to Relieve Stress in Women Workers (Flourish): Effects in Two Pilot Studies. **2021**, 11,

| | | |
|-----|---|----|
| 467 | Last word: a call to view temperamental traits as dual vulnerabilities and strengths in anorexia nervosa. 2021 , 1-10 | 2 |
| 466 | Empowering Well-Being: Validation of a Locus of Control Scale Specific to Well-Being. 2021 , 22, 3513 | 1 |
| 465 | An interdisciplinary mental wellbeing intervention for increasing flourishing: two experimental studies. 1-16 | 5 |
| 464 | Association between Participation Activities, Pain Severity, and Psychological Distress in Old Age: A Population-Based Study of Swedish Older Adults. 2021 , 18, | 1 |
| 463 | Effects of a positive thinking program on hope and sleep quality in Iranian patients with thalassemia: a randomized clinical trial. 2021 , 9, 43 | 0 |
| 462 | Experience of positive psychology coaching while working from home during the COVID-19 pandemic: an Interpretative Phenomenological Analysis. 1-18 | 2 |
| 461 | An intervention to improve coping strategies in adult male prisoners with a history of traumatic brain injury: A pilot randomised clinical trial. 2021 , 35, 1185-1195 | 1 |
| 460 | The Importance of Well-Being on Resiliency of Filipino Adults During the COVID-19 Enhanced Community Quarantine: A Necessary Condition Analysis. 2021 , 12, 558930 | 2 |
| 459 | The role of positive affect in the association between stress and college student alcohol use. 2021 , 1-8 | 1 |
| 458 | The effects of adolescent prosocial behavior interventions: a meta-analytic review. 2021 , 22, 565-577 | 1 |
| 457 | Teaching well-being at scale: An intervention study. 2021 , 16, e0249193 | 4 |
| 456 | Effects of the Gratitude Letter and Positive Attention Bias Modification on Attentional Deployment and Emotional States. 1 | 1 |
| 455 | â€œCorona und Duâ€ 2021 , 40, 333-340 | 0 |
| 454 | A systematic review and meta-analysis of psychological interventions to improve mental wellbeing. 2021 , 5, 631-652 | 32 |
| 453 | The positive psychology constructs of parents of children with intellectual and developmental disabilities in Turkey. 2021 , 65, 638-654 | 0 |
| 452 | The Inspired Life Program: Development of a multicomponent positive psychology intervention for rural adults in Ghana. 2021 , | 2 |
| 451 | No Impact? Long-Term Effects of Applying the Best Possible Self Intervention in a Real-World Undergraduate Classroom Setting. 2021 , 1-21 | 3 |
| 450 | ColorGuardian: Customize Skin Tattoos for Children with Vitiligo. 2021 , | |

| | | |
|-----|---|---|
| 449 | Strength-centered therapy: a positive and culturally flexible therapeutic approach. 2021 , 12, 154-169 | |
| 448 | Online interventions to support family caregivers: The value of community-engaged research practices. 2021 , 1-16 | 0 |
| 447 | The effectiveness of an online interdisciplinary intervention for mental health promotion: a randomized controlled trial. 2021 , 9, 77 | 7 |
| 446 | A "PERMA" Response to the Pandemic: An Online Positive Education Programme to Promote Wellbeing in University Students. 2021 , 6, | 4 |
| 445 | The effect of combined sertraline and positive psychotherapy on hopelessness and suicidal ideation among patients with major depressive disorder: a randomized controlled trial. 1-10 | 1 |
| 444 | Understanding the impact of 'wish-granting' interventions on the health and well-being of children with life-threatening health conditions and their families: A systematic review. 2021 , 13674935211016712 | 1 |
| 443 | Humor in Psychiatry: Lessons From Neuroscience, Psychopathology, and Treatment Research. 2021 , 12, 681903 | 0 |
| 442 | A Randomized Placebo-Controlled Study on the Effectiveness of the "Three Good Things for Others" Intervention. 2021 , 12, 661336 | |
| 441 | Enhanced academic motivation in university students following a 2-week online gratitude journal intervention. 2021 , 9, 71 | 1 |
| 440 | Positive Massage: An Intervention for Couples' Wellbeing in a Touch-Deprived Era. 2021 , 11, 450-467 | 2 |
| 439 | Fear of happiness through the prism of the dual continua model of mental health. 2021 , 77, 2245-2261 | 1 |
| 438 | How positive affect buffers stress responses. 2021 , 39, 153-160 | 3 |
| 437 | Antecedents of psychological Capital at Work: A Systematic Review of Moderatoàmediator Effects and a New Integrative Proposal. | 2 |
| 436 | Psychological and social interventions for mental health issues and disorders in Southeast Asia: a systematic review. 2021 , 15, 56 | 0 |
| 435 | New horizons in understanding the experience of Chinese people living with dementia: a positive psychology approach. 2021 , 50, 1493-1498 | 2 |
| 434 | Effectiveness of different music interventions on managing symptoms in cancer survivors: A meta-analysis. 2021 , 52, 101968 | 1 |
| 433 | Validation of a German and English Version of the Revised Art-of-Living Inventory. 1-13 | 1 |
| 432 | An Adaptive Text Message Intervention to Promote Well-Being and Health Behavior Adherence for Patients With Cardiovascular Disease: Intervention Design and Preliminary Results. 2021 , 62, 617-624 | 0 |

| | | |
|-----|---|----|
| 431 | Optimism, mindfulness, and resilience as potential protective factors for the mental health consequences of fear of the coronavirus. 2021 , 300, 113927 | 26 |
| 430 | POZİTİF PSİKOLOJİK EMELİ PERMA GRUPLA PSİKOLOJİK DANIŞMA UYGULAMASININ NİVERSİTE BENCİLERİNİN MÜDÜRLERİNİN ETKİSİ ÜZERİNE. 2021 , 21, 453-466 | 1 |
| 429 | Positive psychology intervention (PPI) coaching: an experimental application of coaching to improve the effectiveness of a gratitude intervention. 1-12 | 1 |
| 428 | Sustained, Multifaceted Improvements in Mental Well-Being Following Psychedelic Experiences in a Prospective Opportunity Sample. 2021 , 12, 647909 | 3 |
| 427 | A Solution-Focused Brief Therapy (SFBT) Intervention Model to Facilitate Hope and Subjective Well-being Among Trauma Survivors. 2021 , 51, 303 | 2 |
| 426 | Interest Consistency Can Buffer the Effect of COVID-19 Fear on Psychological Distress. 2021 , 1-12 | 5 |
| 425 | The effects of an intervention to improve mental health during the COVID-19 quarantine: comparison with a COVID control group, and a pre-COVID intervention group. 2021 , 1-16 | 2 |
| 424 | Posttraumatic stress disorder symptom severity modulates avoidance of positive emotions among trauma-exposed military veterans in the community. 2021 , | 0 |
| 423 | Long-Term Patient Satisfaction and Quality of Life After Breast-Conserving Therapy: A Prospective Study Using the BREAST-Q. 2021 , 28, 8742-8751 | 0 |
| 422 | Positive psychology interventions in the United Arab Emirates: boosting wellbeing - and changing culture?. 2021 , 1-14 | 2 |
| 421 | A Framework for the Adaptation of Positive Psychological Interventions to North American Indigenous Populations. 2021 , 22, 913-922 | 4 |
| 420 | Using Positive Psychological Interventions to Improve Well-Being: Are They Effective Across Cultures, for Clinical and Non-Clinical Samples?. 1 | 4 |
| 419 | A Systematic Review and Lived-Experience Panel Analysis of Hopefulness in Youth Depression Treatment. 2021 , 1-32 | 1 |
| 418 | Effects of positive psychology interventions in Arab countries: a protocol for a systematic review. 2021 , 11, e052477 | 4 |
| 417 | The Influence of Human Support on the Effectiveness of Digital Mental Health Promotion Interventions for the General Population. 2021 , 12, 716106 | 0 |
| 416 | A local community course that raises wellbeing and pro-sociality: Evidence from a randomised controlled trial. 2021 , 188, 322-336 | 1 |
| 415 | Psychological well-being and distress: Their associations with temporomandibular disorder symptoms and interrelationships. 2021 , 132, 163-171 | 1 |
| 414 | Are positive psychology interventions efficacious in chronic pain treatment? A systematic review and meta-analysis of randomized controlled trials. 2021 , | 2 |

| | | |
|-----|---|---|
| 413 | Effect of Occupational Therapy Program to Promote Well-Being in People with Experiences of Mental Illness- Quasi-Experimental Study. 1-17 | |
| 412 | Effectiveness of Mindfulness-Based Cognitive Therapy for Improving Subjective and Eudaimonic Well-Being in Healthy Individuals: A Randomized Controlled Trial. 2021 , 12, 700916 | 3 |
| 411 | An autoregressive cross-lagged model unraveling co-occurring stimulant use and HIV: Results from a randomized controlled trial. 2021 , 225, 108752 | 0 |
| 410 | Effects of positive psychology interventions on happiness in women with unintended pregnancy: randomized controlled trial. 2021 , 7, e07789 | 1 |
| 409 | The Impact of the Aussie Optimism Program on the Emotional Coping of 5- to 6-Year-Old Children. 2021 , 12, 570518 | 0 |
| 408 | Are all domains of life satisfaction equal? Differential associations with health and well-being in older adults. 2021 , 1 | 2 |
| 407 | Six-Week Online Multi-component Positive Psychology Intervention Improves Subjective Wellbeing in Young Adults. 2021 , 1-22 | 2 |
| 406 | Life goal reconstruction for people with chronic health conditions: Feasibility of a brief internet-based writing intervention using a minimally monitored delivery. 2021 , 25, 100431 | |
| 405 | Positive interventions for stress-related difficulties: A systematic review of randomized and non-randomized trials. 2021 , | 2 |
| 404 | The Pursuit of Resilience: A Meta-Analysis and Systematic Review of Resilience-Promoting Interventions. 1 | 2 |
| 403 | Mental health economics: A prospective study on psychological flourishing and associations with healthcare costs and sickness benefit transfers in Denmark. 2021 , 200222 | 1 |
| 402 | Effects of a Written Expression-Based Positive Psychological Intervention on the Psychological Status of Patients With Inflammatory Bowel Disease: A Randomized Controlled Trial. 2021 , 44, 437-448 | |
| 401 | Effectiveness of a brief positive skills intervention to improve psychological adjustment in patients with end-stage kidney disease newly initiated on haemodialysis: protocol for a randomised controlled trial (HED-Start). 2021 , 11, e053588 | 1 |
| 400 | Fostering Positive Communities: A Scoping Review of Community-Level Positive Psychology Interventions. 2021 , 12, 720793 | 2 |
| 399 | The Well-Being Development Model: A Theoretical Model to Improve Outcomes among Criminal Justice System-Involvement Individuals. 2021 , 95, 413-468 | 2 |
| 398 | The Effect of Gratitude on Well-being: Should We Prioritize Positivity or Meaning?. 1 | |
| 397 | A Suite of Mobile Conversational Agents for Daily Stress Management (Popbots): Mixed Methods Exploratory Study. 2021 , 5, e25294 | 0 |
| 396 | Efficacy of positive psychotherapy in reducing negative and enhancing positive psychological outcomes: a meta-analysis of randomised controlled trials. 2021 , 11, e046017 | 1 |

| | | |
|-----|--|-------|
| 395 | Predictors of subjective well-being among individuals with severe psychiatric conditions. 2021 , 110, 152266 | 0 |
| 394 | Financial self-control strategy use: Generating personal strategies reduces spending more than learning expert strategies. 2021 , 97, 104189 | 0 |
| 393 | Peer victimisation during adolescence and its impact on wellbeing in adulthood: a prospective cohort study. <i>BMC Public Health</i> , 2021 , 21, 148 | 4.1 7 |
| 392 | OUP accepted manuscript. | 0 |
| 391 | Relationships between resilience and quality of life in parents of children with cancer. 2021 , 1359105321990806 | |
| 390 | Participants' experiences and impressions of a group-based positive psychology intervention programme for rural adults in Ghana. 2021 , 16, 1891760 | 5 |
| 389 | Resilience as Moderator Between Workplace Humour and Well-Being, a Positive Psychology Perspective. 2021 , 263-287 | 2 |
| 388 | Surviving the Digital Era: The Link Between Positive Coping, Workplace Friendships and Career Adaptability. 2021 , 57-78 | 0 |
| 387 | Online Positive Psychological Interventions: State of the Art and Future Directions. 286-309 | 23 |
| 386 | Good Work. 231-247 | 3 |
| 385 | Psychosocial Safety Climate. 2015 , 414-436 | 7 |
| 384 | Meaning-Centered Menâ Groups (MCMG) for the Transition to Retirement. 2018 , 209-245 | 3 |
| 383 | Design for Engagement of Online Positive Psychology Interventions. 2019 , 297-313 | 6 |
| 382 | Models of Change and Well-Being from Behavioral Health Disorders. 2021 , 59-84 | 2 |
| 381 | Improving the Health Care Sector with a Happiness-Based Approach. 2015 , 59-71 | 1 |
| 380 | Positive Psychotherapy in Cancer: Facilitating Posttraumatic Growth in Assimilation and Accommodation of Traumatic Experience. 2015 , 1-14 | 0 |
| 379 | Encyclopedia of Personality and Individual Differences. 2017 , 1-3 | 1 |
| 378 | Families, Poly-victimization, & Resilience Portfolios: Understanding Risk, Vulnerability & Protection Across the Span of Childhood. 2017 , 3-22 | 3 |

| | | |
|-----|---|----|
| 377 | Genes, Environments and Core Features of Eudaimonic Wellbeing. 2016 , 233-252 | 1 |
| 376 | How Design Can (Not) Support Human Flourishing. 2017 , 235-255 | 1 |
| 375 | Partnering Evidence-Based Coaching and Positive Psychology. 2017 , 63-69 | 3 |
| 374 | Mindfulness and Compassion as Foundations for Well-Being. 2017 , 225-233 | 4 |
| 373 | Staying Happier. 2017 , 95-114 | 2 |
| 372 | Happiness Goal Orientations and their Associations with Well-Being. 2020 , 4, 121-162 | 2 |
| 371 | The Science of Self-Help. 2014 , 19, 145-155 | 51 |
| 370 | Thinking About the Joneses?. 2018 , 25, 83-95 | 2 |
| 369 | Big smile, small self: Awe walks promote prosocial positive emotions in older adults. 2020 , | 17 |
| 368 | Longitudinal associations between psychological well-being and the consumption of fruits and vegetables. 2018 , 37, 959-967 | 31 |
| 367 | Randomized controlled trial of a facilitated online positive emotion regulation intervention for dementia caregivers. 2019 , 38, 391-402 | 30 |
| 366 | How mindfulness training promotes positive emotions: Dismantling acceptance skills training in two randomized controlled trials. 2018 , 115, 944-973 | 55 |
| 365 | Does mindfulness practice promote psychological functioning or is it the other way around? A daily diary study. 2020 , 57, 310-322 | 7 |
| 364 | Development of a novel positive psychology-based intervention for couples post-stroke. 2018 , 63, 43-54 | 12 |
| 363 | Positive factors, pain, and function in adults with multiple sclerosis. 2018 , 63, 612-620 | 7 |
| 362 | Character strengths and their associations with well-being and mental distress among lesbian, gay, bisexual, and queer individuals. 2021 , 33, 157-179 | 2 |
| 361 | Magnitude and sources of distress in mid-life adults with chronic medical illness: an exploratory mixed-methods analysis. 2018 , 23, 555-566 | 8 |
| 360 | Evaluating the impact of a time orientation intervention on well-being during the COVID-19 lockdown: past, present or future?. 1-11 | 7 |

| | | |
|-----|--|----|
| 359 | Concept Analysis of Gratitude. 2014 , 23, 299 | 3 |
| 358 | Stability and Change in Genetic and Environmental Influences on Well-Being in Response to an Intervention. 2016 , 11, e0155538 | 10 |
| 357 | Psychological Well-Being and Type 2 Diabetes. 2017 , 4, | 2 |
| 356 | The Intertwined Relationship Between Job Crafting, Work-Related Positive Emotions, and Work Engagement. Evidence from a Positive Psychology Intervention Study. 2018 , 11, 210-221 | 10 |
| 355 | Online Positive Affect Journaling in the Improvement of Mental Distress and Well-Being in General Medical Patients With Elevated Anxiety Symptoms: A Preliminary Randomized Controlled Trial. 2018 , 5, e11290 | 60 |
| 354 | Mental Health Promotion Among University Students Using Text Messaging: Protocol for a Randomized Controlled Trial of a Mobile Phone-Based Intervention. 2019 , 8, e12396 | 4 |
| 353 | Understanding Long-Term Trajectories in Web-Based Happiness Interventions: Secondary Analysis From Two Web-Based Randomized Trials. 2019 , 21, e13253 | 4 |
| 352 | A New Mental Health Mobile App for Well-Being and Stress Reduction in Working Women: Randomized Controlled Trial. 2019 , 21, e14269 | 15 |
| 351 | A Mobile Health App (Roadmap 2.0) for Patients Undergoing Hematopoietic Stem Cell Transplant: Qualitative Study on Family Caregivers' Perspectives and Design Considerations. 2019 , 7, e15775 | 10 |
| 350 | Efficacy of Three Low-Intensity, Internet-Based Psychological Interventions for the Treatment of Depression in Primary Care: Randomized Controlled Trial. 2020 , 22, e15845 | 9 |
| 349 | Development of a National Caregiver Health Survey for Hematopoietic Stem Cell Transplant: Qualitative Study of Cognitive Interviews and Verbal Probing. 2020 , 4, e17077 | 7 |
| 348 | A Novel Multimodal Digital Service (Moderated Online Social Therapy+) for Help-Seeking Young People Experiencing Mental Ill-Health: Pilot Evaluation Within a National Youth E-Mental Health Service. 2020 , 22, e17155 | 19 |
| 347 | A Mobile Health Intervention for Mental Health Promotion Among University Students: Randomized Controlled Trial. 2020 , 8, e17208 | 19 |
| 346 | Promoting Health and Well-Being Through Mobile Health Technology (Roadmap 2.0) in Family Caregivers and Patients Undergoing Hematopoietic Stem Cell Transplantation: Protocol for the Development of a Mobile Randomized Controlled Trial. 2020 , 9, e19288 | 5 |
| 345 | Assessing the Efficacy and Acceptability of a Web-Based Intervention for Resilience Among College Students: Pilot Randomized Controlled Trial. 2020 , 4, e20167 | 3 |
| 344 | An Internet-based intervention to promote mental fitness for mildly depressed adults: randomized controlled trial. 2013 , 15, e200 | 75 |
| 343 | Web-Based Interventions for Depression in Individuals with Diabetes: Review and Discussion (Preprint). | 2 |
| 342 | Development of an online well-being intervention for young people: an evaluation protocol. 2015 , 4, e48 | 11 |

| | | |
|-----|--|----|
| 341 | Efficacy of a Multicomponent Positive Psychology Self-Help Intervention: Study Protocol of a Randomized Controlled Trial. 2015 , 4, e105 | 22 |
| 340 | Strengths-Based Behavioral Intervention for Parents of Adolescents With Type 1 Diabetes Using an mHealth App (Type 1 Doing Well): Protocol for a Pilot Randomized Controlled Trial. 2018 , 7, e77 | 4 |
| 339 | Increasing Students' Long-Term Well-Being by Mandatory Intervention - A Positive Psychology Field Study. 2020 , 11, 553764 | 1 |
| 338 | Positive psychology interventions: Are they selling old wine in a new bottle?. 2018 , 26, 1831 | 5 |
| 337 | Positive Psychological Interventions and Information and Communication Technologies. 2016 , 38-58 | 2 |
| 336 | Feasibility and Acceptability of a Positive Psychological Intervention for Patients With Type 2 Diabetes. 2016 , 18, | 20 |
| 335 | Positive Massage for Couples' Wellbeing and Relationships: The Bridge between Positive Psychology and Massage. 2019 , 11, 1609-1624 | 1 |
| 334 | The Effectiveness of a Brief Self-Compassion Intervention Program on Self-Compassion, Positive and Negative Affect and Life Satisfaction. 2017 , 08, 590-610 | 13 |
| 333 | Effect of an Ecological Attentional Bias Modification towards Positive Cues on Positive Affect and Well-Being. 2019 , 10, 648-666 | 2 |
| 332 | A positive psychological intervention to promote well-being in a multicultural school setting in greece. 2017 , 6, 113-137 | 7 |
| 331 | A Pilot Study of a Group Positive Psychology Intervention for Patients with Multiple Sclerosis. 2018 , 20, 136-141 | 6 |
| 330 | Exploring Models of Care and the Perceived Impact in an Offender Rehabilitation Program. 2021 , 306624X211049201 | |
| 329 | Parental Happiness Associates With the Co-occurrence of Preschool-Aged Children's Healthy Energy Balance-Related Behaviors. 1 | |
| 328 | Feeling Good Despite EDS: The Effects of a 5-Week Online Positive Psychology Programme for Ehlers-Danlos-Syndromes Patients. 2021 , 1-9 | 0 |
| 327 | The Role of Signature Strengths in Treatment Outcome: Initial Results from a Large and Diverse University Sample. 1 | 1 |
| 326 | Adaptability and Resilience in Aging Adults (ARIAA): protocol for a pilot and feasibility study in chronic low back pain. 2021 , 7, 188 | 1 |
| 325 | The effects of gratitude and kindness on life satisfaction, positive emotions, negative emotions, and COVID-19 anxiety: An online pilot experimental study. 2021 , | 4 |
| 324 | Aging and Positive Psychology. 2021 , 4, 43-56 | 1 |

- 323 The Role of Place Attachment in Promoting Refugees' Well-Being and Resettlement: A Literature Review. **2021**, 18, 0
- 322 The complex creation of happiness: Multidimensional conditionality in the drivers of happy people and societies. 1-19 2
- 321 Using the Intervention Mapping Approach to Develop a Mental Health Intervention: A Case Study on Improving the Reporting Standards for Developing Psychological Interventions. **2021**, 12, 648678 0
- 320 Practicing Other-Focused Kindness and Self-Focused Kindness Among Those at Risk for Mental Illness: Results of a Randomized Controlled Trial. **2021**, 12, 741546 0
- 319 Références bibliographiques. **2015**, 325-360
- 318 Positive Psychology in India: A Review. **2016**, 1-15 2
- 317 Vision Quest. **2016**, 180-196
- 316 Meaning Making in the Aftermath of a Spinal Cord Injury. **2016**, 261-282
- 315 What mental health promotion do university students need?. **2016**, 14, 53-72 2
- 314 Work-Life Balance and Burnout. **2017**, 175-185
- 313 The Relationship between Savoring and Psychological Health: The Mediating Effect of Rumination. **2016**, 24, 303-308
- 312 Den stufungsorientierten Blick erweitern. **2017**, 3-18
- 311 Encyclopedia of Personality and Individual Differences. **2017**, 1-5
- 310 Effects of mental fitness positive psychology program for improvement of adjustment to military life. **2017**, 30, 275-298
- 309 LE COACHING EN PSYCHOLOGIE POSITIVE : CULTIVER LE BIEN-ÊTRE, LES ÉMOTIONS POSITIVES ET LES FORCES PERSONNELLES. **2017**, 38, 207-224 0
- 308 L'EFFICACITÉ DES INTERVENTIONS FAVORISANT LE BONHEUR : UNE SYNTHÈSE. **2017**, 38, 159-184
- 307 PROCESSUS DE RÉALISATION DES BUTS PERSONNELS ET BIEN-ÊTRE SUBJECTIF : SYNTHÈSE ET APPLICATIONS. **2017**, 38, 81-99 0
- 306 Psychological Bases of Positive Mental Health. 45-64

305 Positive Psychologie und Lebenskunst im klinischen Kontext. **2018**, 171-180

304 The effect of positive psychological intervention program on mood state, self-esteem and happiness of university student athletes: Exploratory studies. **2017**, 28, 1020-1033 2

303 The Effectiveness of Emotion Regulation Training with a Positive Thinking Approach in Quality of Life and Its Dimensions Among Children with Cancer. **2017**, 7,

302 Chapitre 6. Interventions en psychologie positive. **2018**, 75-86

301 The Effect of Positive Psychotherapy on Perceived Competence and Quality of Life Among Children With Thalassemia. **2018**, 7,

300 Personalmanagement im Automobilhandel im Kontext der Elektromobilität. **2018**, 137-214

299 Nouvelles directions. **2018**, 145-150

298 Gratitude as a Protective Factor for Suicidal Ideation and Behaviour: The Theory and the Evidence Base. **2018**, 89-110

297 Online Positive Affect Journaling in the Improvement of Mental Distress and Well-Being in General Medical Patients With Elevated Anxiety Symptoms: A Preliminary Randomized Controlled Trial (Preprint).

296 Understanding Long-Term Trajectories in Web-Based Happiness Interventions: Secondary Analysis From Two Web-Based Randomized Trials (Preprint).

295 Applying Positive Psychology to Prenatal Care Among Women from Different Cultures: A Web-Based Positive Psychology Intervention. **2019**, 269-287 0

294 A comparison of the effectiveness of group reality therapy and positive psychotherapy on irrational beliefs and psychological hardness in brilliant talent students. **2019**, 21, 31-38

293 SDT, PERMA and Autonomy Supportive Behaviors. **2019**, 247-259

292 The Best Possible Self Intervention: Evidence for Its Efficacy in Multi-cultural Contexts. **2019**, 251-267

291 Adventure Therapy and Positive Psychology: A Match Made in Nature. **2019**, 281-297

290 Giving Positive Psychology Interventions Depth: A Jungian Approach. **2019**, 391-412

289 The Effects of Using Socio-culturally Targeted Communications on the Uptake and Adherence to Positive Psychology Interventions. **2019**, 131-155

288 An Internet-Based Intervention for Depressive Symptoms: Preliminary Data on the Contribution of Behavioral Activation and Positive Psychotherapy Strategies. **2019**, 129-146

- 287 La gfontopsychiatrie ^ lâ Hôpital en sant'mentale Albert-Prvost: favoriser la rřilience des patients grře ^ la psychiatrie positive. **2019**, 44, 239
- 286 Positive Psychology Programs for Youth in Diverse Communities. **2019**, 197-225 1
- 285 A New Mental Health Mobile App for Well-Being and Stress Reduction in Working Women: Randomized Controlled Trial (Preprint).
- 284 PROGRAMA CRECIENDO FUERTES: EVIDENCIAS DE SU EFICACIA Y SATISFACCIŃ. **2019**, 1-19 1
- 283 PROGRAMA CRECIENDO FUERTES: EVIDENCIAS DE SU EFICACIA Y SATISFACCIŃ.. 1-19 2
- 282 Comparison the effectiveness of positive psychotherapy and cognitive behavioral therapy on psychological well-being and depression in adolescents with depression. **2019**, 18, 105-129
- 281 A Mobile Health App (Roadmap 2.0) for Patients Undergoing Hematopoietic Stem Cell Transplant: Qualitative Study on Family Caregivers' Perspectives and Design Considerations (Preprint).
- 280 Development of a National Caregiver Health Survey for Hematopoietic Stem Cell Transplant: Qualitative Study of Cognitive Interviews and Verbal Probing (Preprint).
- 279 A Novel Multimodal Digital Service (Moderated Online Social Therapy+) for Help-Seeking Young People Experiencing Mental Ill-Health: Pilot Evaluation Within a National Youth E-Mental Health Service (Preprint).
- 278 Encyclopedia of Personality and Individual Differences. **2020**, 1875-1879 1
- 277 Encyclopedia of Personality and Individual Differences. **2020**, 1913-1915
- 276 Immediate and Long-Term Effects of an 8-Week Digital Mental Health Intervention on Adults With Poorly Managed Type 2 Diabetes: Protocol for a Randomized Controlled Trial (Preprint).
- 275 Learning from Positive Adaptations of Pediatric Cancer Patients to Design Health Technologies. **2020**, 0
- 274 Assessing the Efficacy and Acceptability of a Web-Based Intervention for Resilience Among College Students: Pilot Randomized Controlled Trial (Preprint).
- 273 Different Components of Subjective Well-being Are Associated With Chronic Nondisabling and Disabling Knee Pain: ELSA-Brasil Musculoskeletal Cohort. **2021**, 27, S301-S307 0
- 272 Negative and Positive Affect Regulation in a Transdiagnostic Internet-Based Protocol for Emotional Disorders: Randomized Controlled Trial (Preprint).
- 271 Immediate and Long-Term Effects of an 8-Week Digital Mental Health Intervention on Adults With Poorly Managed Type 2 Diabetes: Protocol for a Randomized Controlled Trial. **2020**, 9, e18578 0
- 270 Pozitif Psikolojiye Dayal Kariyer Danřmanlık Grup Uygulamalarının Etkililiğinin İncelenmesi. 1-1 1

- 269 Be Your Best You: An Evaluation of a Positive Psychology Intervention Programme in Greece. **2020**, 11, 1021-1036
- 268 Harnessing mobile health technology to support long-term chronic illness management: exploring family caregiver support needs in the outpatient setting. **2020**, 3, 593-601 2
- 267 âStajyerâFilminin Teri YaEaki Bireylerin Yaâm Rollerindeki DeTmler AEn dan Ecelenmesi. 12, 82-99
- 266 Addressing the Need for Anger Management in Young People. **2020**, 33-63
- 265 Drugs and suicidal behavior: a call for positive, broad and preventive interventions. **2019**, 41, 373-374 0
- 264 Application of A Classroom-Based Positive Psychology Education Course on Chinese Medical Students to Increase Their Psychological Well-Being: A Pilot Study.
- 263 Be Your Best You: A Pilot Study of a Positive Psychology Programme for People with Depression, Anxiety or Stress in Greece. **2020**, 11, 13-29 1
- 262 Going It Alone: The Single, Unmarried, Unpartnered, Childless Woman Physician. **2020**, 217-275
- 261 Culture and Minorities: Positive Psychology and Positive Psychiatry Perspectives. **2020**, 189-200 1
- 260 General Practitioners. **2020**, 1-23
- 259 Promoting Health and Well-Being Through Mobile Health Technology (Roadmap 2.0) in Family Caregivers and Patients Undergoing Hematopoietic Stem Cell Transplantation: Protocol for the Development of a Mobile Randomized Controlled Trial (Preprint).
- 258 The Effectiveness of Online Counseling for University Students in Turkey: A Non-Randomized Controlled Trial. **2020**, 9, 4
- 257 Brief self-affirmation intervention for adults with psoriasis for reducing anxiety and depression and boosting well-being: Evidence from a randomized controlled trial. **2021**, 1-11 2
- 256 Addressing the transition to a chronic condition: exploring independent adoption of self-management by patients with ANCA-associated vasculitis. **2021**, 5, rkab075 1
- 255 The Handbook of Wellness Medicine. **2020**, 2
- 254 Nutraceuticals and Wellness. **2020**, 292-301 1
- 253 A Happier Balance. 91-111
- 252 The Effectiveness of Positive Psychotherapy on Improving Psychological Adjustment of the Students with Suicidal Ideation: With an Emphasis on Religious Teachings. **2020**, 5, 115-142

| | | |
|-----|--|---|
| 251 | Editorial: Positive Organizational Interventions: Contemporary Theories, Approaches and Applications. 2020 , 11, 607053 | 0 |
| 250 | Effectiveness of Positive Thinking Skills Training on the Hope and Quality of Life of Drug-Dependent People. 2017 , 9, 120-128 | 3 |
| 249 | Effect of positive psychology interventions on psychological well-being of midwives: A randomized clinical trial. 2019 , 8, 160 | 4 |
| 248 | The positive affect, promoting Positive Engagement, and Adherence for Life (APPEAL) feasibility trial: Design and rationale. 2020 , 39, 767-775 | 1 |
| 247 | Why Studies in the Effect of Positive Psychological Interventions Should Use Life-Satisfaction as an Outcome.. 2021 , 12, 758623 | 2 |
| 246 | Do Positive Psychology Interventions Impact on the Subjective Wellbeing and Depression of Clients? A Systematic Methodological Review. 1 | 0 |
| 245 | Interventions fostering well-being of schoolteachers: a review of research. 1-19 | 1 |
| 244 | Effects of Positive Psychology Interventions on the Well-Being of Young Children: A Systematic Literature Review. 2021 , 18, | 1 |
| 243 | Peculiarities of consultative and therapeutic process in positive psychology. 2021 , 2021, 60-74 | |
| 242 | Is variety the spice of happiness? More variety is associated with lower efficacy of positive activity interventions in a sample of over 200,000 happiness seekers. 1-12 | 0 |
| 241 | Empathy, friend or foe? Untangling the relationship between empathy and burnout in helping professions. 2021 , 1-20 | 1 |
| 240 | Building Positive Organizations: A Typology of Positive Psychology Interventions. 2021 , 12, 769782 | 1 |
| 239 | Vulnerable Dispositional Traits and Chronic Pain: Predisposing but not Predetermining. 2021 , | |
| 238 | Positive Psychological Capital (PsyCap) Meets Multitrait-Multimethod Analysis: Is PsyCap a Robust Predictor of Well-Being and Performance Controlling for Self-Report Bias?. 1 | 1 |
| 237 | Positive Interventionen im Arbeitskontext: Positives Denken, positive kognitive Umbewertung, Genießen und Dankbarkeit. 2021 , 1-14 | |
| 236 | Cognitive-affective responses to online positive-psychological interventions: The effects of optimistic, grateful, and self-compassionate writing.. 2022 , | 1 |
| 235 | Design of a randomized controlled trial of digital health and community health worker support for diabetes management among low-income patients.. 2022 , 25, 100878 | 0 |
| 234 | The structure of everyday happiness is best captured by a latent subjective well-being factor. 2022 , 96, 104177 | 2 |

- 233 Positive psychotherapy for psychosis in Hong Kong: A randomized controlled trial.. **2022**, 240, 175-183
- 232 Resilience mediates the association between impulsivity and self-harm in Chinese adolescents.. **2021**, 300, 34-34 0
- 231 Chapitre 2. L'approche centrée solution. **2018**, 26-41
- 230 The positive affect, promoting Positive Engagement, and Adherence for Life (APPEAL) feasibility trial: Design and rationale.. **2020**, 39, 767-775 1
- 229 A Suite of Mobile Conversational Agents for Daily Stress Management (Popbots): Mixed Methods Exploratory Study (Preprint).
- 228 Assessing changes associated in well-being after a psychological intervention for people with paranoid tendencies: An ESM application in clinical practice. 1
- 227 Psychological Interventions for Well-Being in Healthy Older Adults: Systematic Review and Meta-Analysis. 1
- 226 Region of Western Europe (Austria, Belgium, France, Germany, the Netherlands, and Switzerland). **2022**, 185-221
- 225 Positive Psychology in South Korea and Japan: Current State of Affairs and Future Potential. **2022**, 499-534
- 224 Outcomes of Student Trainee-Delivered Cognitive Behavioral Therapy (CBT) on Internalizing Symptoms, CBT Skills, and Life Satisfaction. **2022**, 15, 94 1
- 223 Changes in self-reflective thinking level in writing and educational needs of medical students: A longitudinal study.. **2022**, 17, e0262250 2
- 222 Psychological capital development effectiveness of face-to-face, online, and Micro-learning interventions.. **2022**, 1-23 2
- 221 Evaluation of two short-term stress interventions in the context of mobility. **2022**, 84, 155-164 1
- 220 Do beliefs in the malleability of well-being affect the efficacy of positive psychology interventions? Results of a randomized placebo-controlled trial.. **2022**, 0
- 219 A Multiple Component Positive Psychology Intervention to Reduce Anxiety and Increase Happiness in Adolescents: The Mediating Roles of Gratitude and Emotional Intelligence. 1 0
- 218 Evaluation of the Happiness through Goal-Setting Training.. **2022**, 332941211071007 1
- 217 The Mindful Self: Exploring Mindfulness in Relation with Self-esteem and Self-efficacy in Indian Population.. **2022**, 1-12 2
- 216 The role of positive behaviors, attitudes and virtues in the mental health of community-dwelling older adults: A 1-year follow-up study.. **2022**, 154, 110721

- 215 A look back, a path forward: Revisiting the mental health and well-being research and practice models and priorities in sub-Saharan Africa. **2022**, 65, 100931 0
- 214 Running a weight-management programme with a psychological focus within a lymphoedema service.. **2022**, 31, 114-118 0
- 213 Piloting positive psychology resources for caregivers of a child with a genetic developmental and epileptic encephalopathy.. **2022**, 37, 129-138
- 212 Intimate Relationships and Stroke: Piloting a Dyadic Intervention to Improve Depression.. **2022**, 19, 1
- 211 Clinical applications of the VIA Inventory of Strengths with Individuals with Intellectual/Developmental Disabilities. 1-10
- 210 La version française de l'échelle de Positivité: évaluer le facteur commun entre l'estime de soi, l'optimisme et la satisfaction de vie. **2022**,
- 209 Correctional rehabilitation and positive psychology: Opportunities and challenges.
- 208 Creativity and Life Satisfaction in Spanish University Students. Effects of an Emotionally Positive and Creative Program.. **2021**, 12, 746154 1
- 207 Designing Positive Organizational Psychology Interventions. **2021**, 1-38 1
- 206 Health in Coaching. **2022**, 419-428
- 205 Den stufungsorientierten Blick erweitern. **2022**, 3-24
- 204 Evaluation of a credit-bearing online administered happiness course on undergraduates' mental well-being during the COVID-19 pandemic.. **2022**, 17, e0263514 1
- 203 A Group-Facilitated, Internet-based Intervention to Promote Mental Health and Well-being in a Vulnerable Population of University Students: Randomized Controlled Trial of the Be Well Plan Program.. **2022**, 1
- 202 Values and Ethics in Information Systems. **2022**, 64, 247-264 1
- 201 Flourishing in Healthcare Trainees: Psychological Well-Being and the Conserved Transcriptional Response to Adversity.. **2022**, 19, 1
- 200 Effectiveness of Positive Psychotherapy on Depression and Alexithymia in Women Applying for a Divorce.. **2022**, 2022, 8446611
- 199 A facilitated, Internet-based intervention to promote mental health and wellbeing in a vulnerable population of university students: randomised controlled trial of the Be Well Plan (Preprint).
- 198 Feasibility and Preliminary Efficacy of a New Online Self-Help Intervention for Depression among Korean College Students' Families.. **2022**, 19, 0

| | | |
|-----|---|---|
| 197 | A phone and text message intervention to improve physical activity in midlife: initial feasibility testing.. 2022 , 10, 291-315 | 0 |
| 196 | Feasibility, Acceptability, and Preliminary Efficacy of a Positive Psychology Intervention in Patients with Coronary Heart Disease: A Randomized Controlled Trial.. 2022 , | 0 |
| 195 | Seeing Is Believing: Making Wellbeing More Tangible.. 2022 , 13, 809108 | 0 |
| 194 | Better to be optimistic, mindful, or both? The interaction between optimism, mindfulness, and task engagement. | 0 |
| 193 | Savoring Interventions Increase Positive Emotions After a Social-Evaluative Hassle.. 2022 , 13, 791040 | 0 |
| 192 | Spiritual Predictors of Improved Resilience in People Recovering from Alcohol Use Disorder: An Exploratory Study. 1-14 | |
| 191 | The efficacy and mechanism of positive psychological intervention on well-being for colostomy patients: a randomized controlled trial.. 2022 , 1 | 0 |
| 190 | Positive psychotherapy based on "Belief in divine goodness" for subclinical depression in Iran: treatment development, feasibility, and preliminary results. 1-19 | |
| 189 | School-Based Positive Psychology Interventions that Promote Well-Being in Children: A Systematic Review. 1 | 0 |
| 188 | Development and Initial Validation of the Persevering Hope Scale: Measuring Wait-Power in Four Independent Samples.. 2022 , 1-16 | 0 |
| 187 | Patients' self-perceived strengths increase during treatment and predict outcome in outpatient cognitive behavioral therapy.. 2022 , | 0 |
| 186 | Enhancing well-being and alleviating depressive symptoms in people with HIV/AIDS: An intervention based on if-then plans with self-affirming cognitions.. 2022 , | |
| 185 | Well-being and health in kidney failure: A scoping review.. 2022 , | |
| 184 | Nostalgia, Gratitude, or Optimism: The Impact of a Two-Week Intervention on Well-Being During COVID-19.. 2022 , 1-22 | 4 |
| 183 | An Extended Replication Study of the Well-Being Intervention, the Noticing Nature Intervention (NNI). 1 | 1 |
| 182 | The impact of a gratitude intervention on mental well-being during COVID-19: A quasi-experimental study of university students.. 2022 , | 2 |
| 181 | Regional Internet Access and Mental Stress Among University Students: A Representative Nationwide Study of China.. 2022 , 10, 845978 | |
| 180 | Stressful Life Events and Distress in Breast Cancer: A 5-Years Follow-Up.. 2022 , 22, 100303 | 1 |

- 179 Response to TMS treatment for depression associated with higher levels of psychological well-being.. **2022**, 150, 142-146 ○
- 178 Autobiographical Memory, Gratitude, Forgiveness and Sense of Humor: An Intervention in Older Adults.. **2021**, 12, 731319 ○
- 177 Improving Health of People With Multiple Sclerosis From a Multicenter Randomized Controlled Study in Parallel Groups: Preliminary Results on the Efficacy of a Mindfulness Intervention and Intention Implementation Associated With a Physical Activity Program.. **2021**, 12, 767784 ○
- 176 Happiness in the Lab: What Can Be Learned About Subjective Well-Being from Experiments?. **2022**, 1-27 ○
- 175 Das Potenzial Positiver Psychologie in der Arbeitswelt. **2022**, 29, 67-81 ○
- 174 The Development and Application of Positive Psychological Intervention Program for a College Ice Hockey Team. **2021**, 32, 613-627 ○
- 173 Following the Science to Generate Well-Being: Using the Highest-Quality Experimental Evidence to Design Interventions.. **2021**, 12, 739352 1
- 172 Impact of a School-Based Multicomponent Positive Psychology Intervention on Adolescents' Time Attitudes: A Latent Transition Analysis.. **2021**, 51, 1002 ○
- 171 Subjective well-being and COVID-19 prevention practices among people living with HIV in Cape Town, South Africa. **2021**, 1-12 ○
- 170 Effect of Psychological Intervention on Perceived Stress and Positive Psychological Traits Among Nursing Students: Findings During the COVID-19 Pandemic.. **2022**, 1-10 1
- 169 Well-Being Science for Teaching and the General Public.. **2022**, 17456916211046946 ○
- 168 Data_Sheet_1.DOCX. **2018**, ○
- 167 Table_1.docx. **2018**, ○
- 166 Data_Sheet_1.docx. **2019**, ○
- 165 DataSheet_1.pdf. **2020**, ○
- 164 Table_1.DOCX. **2018**, ○
- 163 Table_1.pdf. **2020**, ○
- 162 Table_2.pdf. **2020**, ○

161 Table_3.pdf. **2020**,

160 Table_4.pdf. **2020**,

159 Table_5.pdf. **2020**,

158 Table_6.pdf. **2020**,

157 Table_7.pdf. **2020**,

156 Data_Sheet_1.docx. **2020**,

155 Table_1.DOCX. **2020**,

154 Changes in the network structure of mental health after a multicomponent positive psychology intervention in adolescents: A moderated network analysis.. **2022**,

153 Is life satisfaction associated with future mental health service use? An observational population-based cohort study.. **2022**, 12, e050057 ○

152 Wellbeing in Winter: Testing the Noticing Nature Intervention During Winter Months.. **2022**, 13, 840273 ○

151 Satisfaction with life and risk of dementia: Findings from the Korean Longitudinal Study of Aging.. **2022**, ○

150 Positive Psychological Characteristics and Substance Use in First Nation Adolescents.. **2022**, 1-11

149 Variapsody: Creating Three Interactive Music Listening Experiences that Use Diversified Positive Emotion Regulation Strategies to Promote Subjective Well-being. **2022**, ○

148 Association of Affect and Performance in Dual-Task Walking in Non-demented Older Adults.. **2022**, 898264322108783

147 Cognitive-behavioral group therapy in major depressive disorder with focus on self-esteem and optimism: an interventional study.. **2022**, 22, 299 ○

146 Positive Psychology in Therapeutic Songwriting for People Living with Late-Life Depression—An Intervention Protocol. **2022**, 12, 626

145 Bem-estar psicológico, sintomas de depressão e forças do caráter em idosos da comunidade. **2022**, 53, e36703

144 Tourism as a dementia treatment based on positive psychology. **2022**, 92, 104556

6

- 143 If you're uncomfortable, go outside your comfort zone! A novel behavioral "stretch" intervention supports the well-being of unhappy people. 1-17
- 142 Temporomandibular disorder symptoms in young adults: Three-dimensional impact on oral health-related quality of life.. 2022,
- 141 Boosting Student Wellbeing Despite a Pandemic: Positive Psychology Interventions and the Impact of Sleep in the United Arab Emirates.
- 140 Factorial Validity of the Twi Version of the Mental Health Continuum-Short Form and Prevalence of Mental Health in a Rural Ghanaian Sample. 2022, 73-98 0
- 139 Positive Psychological Interventions in African Contexts: A Scoping Review. 2022, 375-397 0
- 138 Developing an online positive psychology application for patients with bipolar disorder: How the expectations of consumers and professionals turned into an intervention. (Preprint).
- 137 A Positive Psychology Resource for Students? Evaluation of the Effectiveness of the 6 Minutes Diary in a Randomized Control Trial. 2022, 13, 0
- 136 Mindfulness and Nondual Well-Being "What is the Evidence that We Can Stay Happy?. 108926802210930 1
- 135 Mastery Is Associated With Weight Status, Food Intake, Snacking, and Eating Disorder Symptoms in the NutriNet-Sant Cohort Study. 2022, 9, 0
- 134 A novel health behaviour intervention to promote adherence in kidney failure.
- 133 Development, feasibility, acceptability, and impact of a positive psychology journaling intervention to support addiction recovery. 1-19 0
- 132 Grand Challenges for Positive Psychology: Future Perspectives and Opportunities. 2022, 13, 1
- 131 Mediation of Resilience in the Association Between Personality Traits and Suicidal Ideation Among Chinese Adolescents. 2022, 13,
- 130 A Personal Journey of Studying Positive Psychology: Reflections of Undergraduate Students in the United Arab Emirates. 009862832211066
- 129 Editorial: Positive Psychology in Everyday Life. 2022, 13,
- 128 Chapitre 22. Améliorer la qualité de vie "l'âme": le rôle des interventions visant le développement de la gratitude et de la pleine conscience. 2021, 415-428
- 127 Usability Testing of a Gratitude Application for Promoting Mental Well-Being. 2022, 296-312
- 126 Modifiable Resources and Resilience in Racially and Ethnically Diverse Older Women: Implications for Health Outcomes and Interventions. 2022, 19, 7089

- 125 The effects of psychological interventions on well-being measured with the Mental Health Continuum: a meta-analysis. ○
- 124 Psychological resources and flexibility predict resilient mental health trajectories during the French covid-19 lockdown. **2022**, 12, ○
- 123 Promoting Mental Health and Well-Being in Children and Adolescents: The Intersection of Positive Psychology and Counseling Psychology. **2022**, 329-360
- 122 A Psychoeducational CBT-based Group Intervention (â€œDrop Itâ€œ) for Repetitive Negative Thinking: Theoretical Concepts and Treatment Processes. 1-36
- 121 Contribution to Desistance Research and Practice from Positive Psychology. **2022**, 41-59
- 120 Effectiveness of Positivity on Academic Well-being and Its Components in Students with Obsessive-compulsive Disorder: A Quasi-experimental Study of Pre-test and Post-test with Control Group. **2022**, In Press,
- 119 A Narrative Review of Peer-Led Positive Psychology Interventions: Current Evidence, Potential, and Future Directions. **2022**, 19, 8065 ○
- 118 The BERN Framework of Mind-Body Medicine: Integrating Self-Care, Health Promotion, Resilience, and Applied Neuroscience. 16, ○
- 117 Organizational Context as a Predictor of Positive Adjustment among Soldiers Following Combat Deployment.
- 116 When It Hurts, a Positive Attitude May Help. The Moderating Effect of Positive Affect on the Relationship Between Walking, Depression, and Symptoms in Women with Fibromyalgia. **2022**,
- 115 Exploring bridge symptoms in HIV-positive people with comorbid depressive and anxiety disorders. **2022**, 22, ○
- 114 Promoting Well-Being in Students Through an Art-of-Living Intervention. **2022**, 230, 229-240
- 113 The Mental Health of Patients With Psychotic Disorder From a Positive, Multidimensional and Recovery Perspective. 13,
- 112 More than Merely Positive: The Immediate Affective and Motivational Consequences of Gratitude. **2022**, 14, 8679 ○
- 111 Psychological Wellbeing and Employability of Retrenched Workforce During COVID-19: A Qualitative Study Exploring the Mitigations for Post Pandemic Recovery Phase. 10, ○
- 110 Kindness interventions for early-stage breast cancer survivors: An online, pilot randomized controlled trial. 1-12
- 109 Inducing and Recording Acute Stress Responses on a Large Scale With the Digital Stress Test (DST): Development and Evaluation Study. **2022**, 24, e32280
- 108 Rffences bibliographiques. **2021**, 359-385

107 The long-run Effects of Peers on Mental Health.

106 Exploring the Nexus Between Mindfulness, Gratitude, and Wellbeing Among Youth With the Mediating Role of Hopefulness: A South Asian Perspective. 13,

105 The effect of Tai chi on positive-activated affect in adults: a systematic review and multilevel meta-analysis of randomised controlled trials. 1-30

104 Identifying pathways to increased volunteering in older US adults. 2022, 12,

0

103 Developing an online positive psychology application for patients with bipolar disorder: 'How the expectations of consumers and professionals turned into an intervention.' (Preprint).

102 Therapy Online Plus (TOP) - Evaluation of Two Online Interventions ("Res-Up!" & "REMOTION") in Routine Outpatient Psychotherapy: Protocol of a Randomized Controlled Trial (Preprint).

101 The Impact of Mobile Technology-Delivered Interventions on Youth Well-being: Systematic Review and 3-Level Meta-analysis. 2022, 9, e34254

0

100 Four-Year Trajectories of Internal Strengths and Socioemotional Support Among Middle-Aged and Older Adults with HIV.

99 Changes in flourishing from adolescence to young adulthood: An 8-year follow-up.

1

98 The effects of positive psychology interventions in Arab countries: A systematic review.

1

97 Cognitive Behavioral Training and Positive Psychology Training for Pregnant Women's Psychological Health.

96 Learning to flourish in a new reality: a thematic analysis of couples' experience of participation in a positive psychology intervention post-stroke. 1-8

95 Context matters: Sociocultural considerations in the design and implementation of community-based positive psychology interventions in sub-Saharan Africa. 1354067X2211189

1

94 Negative affectivity and emotions in youths with temporomandibular disorders across cultures. 1-9

93 A positive psychology group intervention in Greek university students by the counseling center: Effectiveness of implementation. 13,

0

92 The Effects of Zentangle® on Affective Well-Being Among Adults: A Pilot Randomized Controlled Trial. 2022, 76,

91 Prospering in the midst of the COVID-19 pandemic: The effects of PROSPER-based intervention on psychological outcomes among preschool teachers. 2022, 94, 66-82

1

90 Success4life Youth Empowerment for Promoting Well-being and Boosting Mental Health: Protocol for an Experimental Study. 2022, 11, e38463

0

| | | |
|----|--|---|
| 89 | Conceptualisation and psychometric evaluation of positive psychological outcome measures used in adolescents and young adults living with HIV: a mixed scoping and systematic review protocol. 2022 , 12, e066129 | 1 |
| 88 | Self-compassion: Implications for work-family conflict and balance. 2022 , 138, 103785 | 0 |
| 87 | Physiological computing for occupational health and safety in construction: Review, challenges and implications for future research. 2022 , 54, 101729 | 0 |
| 86 | Thumbs up! A Pilot Study of a Positive Psychology Intervention for Children in Greece. 2022 , 13, 1299-1313 | 0 |
| 85 | Positive Interventionen im Arbeitskontext: Positives Denken, positive kognitive Umbewertung, Genießen und Dankbarkeit. 2022 , 43-55 | 0 |
| 84 | Meaninglessness, Depression and Suicidality: A Review of the Evidence. 2022 , 261-281 | 0 |
| 83 | A Brief mHealth-Based Psychological Intervention in Emotion Regulation to Promote Positive Subjective Well-Being in Cardiovascular Disease Patients: A Non-Randomized Controlled Trial. 2022 , 10, 1640 | 0 |
| 82 | Happy Days: Resolving the Structure of Daily Subjective Well-Being, Between and Within Individuals. 194855062211254 | 1 |
| 81 | PERMA Dimensions of Well-Being Among Diabetic and Non-Diabetic Adults: Evidence from Two Diabetic Care Hospitals in Odisha. | 0 |
| 80 | Domains of life satisfaction and perceived health and incidence of chronic illnesses and hospitalization: evidence from a large population-based Chinese cohort. 2022 , 22, | 0 |
| 79 | The Stress of Leprosy as a Mediator of the Relationship Between Coping Resources, Coping Strategies, and Psychological Well-Being in Persons Affected by Leprosy. The Structural Equation Models Through a Correlation Study. Volume 15, 2189-2202 | 0 |
| 78 | Editorial: Positive Psychological Assessments: Modern Approaches, Methodologies, Models and Guidelines: Current perspectives. 13, | 0 |
| 77 | ACTonDiabetes: study protocol of a pragmatic randomised controlled trial for the evaluation of an acceptance and commitment-based internet-based and mobile-based intervention for adults living with type 1 or type 2 diabetes. 2022 , 12, e059336 | 0 |
| 76 | Interventions to enhance eudaemonic psychological well-being: A meta-analytic review with Ryff's Scales of Psychological Well-being. | 0 |
| 75 | Making good decisions is hard when you are at your worst: Investigating the degree of users' decision-making in an e-Mental health service. | 0 |
| 74 | Positive Psychology Applied to Education in Practicing Teachers during the COVID-19 Pandemic: Personal Resources, Well-Being, and Teacher Training. 2022 , 14, 11728 | 0 |
| 73 | Positive Psychology Interventions in Medical Populations: Critical Issues in Intervention Development, Testing, and Implementation. | 0 |
| 72 | Positive Psychological Intervention Effects on Depression: Positive Emotion Does Not Mediate Intervention Impact in a Sample with Elevated Depressive Symptoms. | 0 |

| | | |
|----|--|---|
| 71 | Acting on Values: A Novel Intervention Enhancing Hedonic and Eudaimonic Well-Being. | 0 |
| 70 | A Smartphone App for Promoting Mental Well-being and Awareness of Anxious Symptoms in Adolescents: A Pilot Cluster Randomized Controlled Trial. | 1 |
| 69 | Appreciating the Good Things in Life During the Covid-19 Pandemic: A Randomized Controlled Trial and Evaluation of a Gratitude App. | 0 |
| 68 | Positive Psychological Well-Being and Cardiovascular Disease. 2022 , 541-569 | 0 |
| 67 | Special Section on Patient Engagement: Enhancing resilience in family caregivers using an mHealth app. | 0 |
| 66 | Positive Psychology Approaches to Interventions for Cancer Dyads: A Scoping Review. 2022 , 19, 13561 | 0 |
| 65 | The Impact of Cyberbullying Victimization on Psychosocial Behaviors among College Students during the Covid-19 Pandemic: The Indirect Effect of a Sense of Purpose in Life. 1-17 | 0 |
| 64 | Assessing a Happiness and Wellbeing Course in the United Arab Emirates: It is What They Want, but is it What They Need?. | 0 |
| 63 | Leaving Past Adversities Behind: Gratitude Intervention Compensates for the Undesirable Effects of Past Time Perspectives on Negative Affect. 2022 , 19, 12964 | 1 |
| 62 | Promoting Mental Health in Young Adults: A Brief Gratitude-Writing Intervention Reduced Brooding in People Who Ruminates. 263207702211117 | 0 |
| 61 | Does an Online Positive Psychological Intervention Improve Positive Affect in Young Adults During the COVID-19 Pandemic?. | 0 |
| 60 | Mental Health and Substance Use of Farmers in Canada during COVID-19. 2022 , 19, 13566 | 1 |
| 59 | Effects of prenatal subjective well-being on birth outcomes and child development: A longitudinal study. 1-29 | 0 |
| 58 | Pathways to reduced overnight hospitalizations in older adults: Evaluating 62 physical, behavioral, and psychosocial factors. 2022 , 17, e0277222 | 0 |
| 57 | A systematic review of the effect of university positive psychology courses on student psychological wellbeing. 13, | 0 |
| 56 | Community-Based Evaluation of the Associations Between Well-Being and Cardiovascular Disease Risk. 2022 , 11, | 0 |
| 55 | Reducing contrast avoidance in GAD by savoring positive emotions: Outcome and mediation in a randomized controlled trial. 2023 , 93, 102659 | 1 |
| 54 | The effectiveness of fully automated digital interventions to promote mental well-being in the general population: A systematic review and meta-analysis (Preprint). | 0 |

- 53 Effects of social support and positive psychology intervention on depression and subjective well-being among the left-behind children: a two-year longitudinal study. ○
- 52 Does the design of the NHS Low-Calorie Diet Programme have fidelity to the programme specification? A documentary review of service parameters and behaviour change content in a type 2 diabetes intervention. ○
- 51 A Longitudinal Experimental Study Examining How and Whether Practicing Acts of Kindness Affects Materialism. **2022**, 19, 16339 ○
- 50 School-based outdoor education and teacher subjective well-being: An exploratory study. 7, ○
- 49 Suffering, authenticity, and meaning in life: Toward an integrated conceptualization of well-being. 13, ○
- 48 Perceived Factors Contributing to the Subjective Wellbeing of Undergraduate Engineering Students: An Exploratory Study. **2022**, 19, 16284 1
- 47 Well-Being and Cognitive Resilience to Dementia-Related Neuropathology. 095679762211198 ○
- 46 Resilient Mindset. **2023**, 163-185 ○
- 45 Effect of positive event recording based on positive psychology on healthy behaviors and readmission rate of patients after PCI: a study protocol for a prospective, randomized controlled trial. **2022**, 23, ○
- 44 Positive psychological well-being and clinical characteristics in IBS: A systematic review. **2023**, ○
- 43 Cognitive and physical age-gaps in relation to mild cognitive impairment and behavioral phenotypes. ○
- 42 The positive effects of activity involvement on the subjective well-being of Chinese older adults: a moderated effects model. 1-13 ○
- 41 Positive psychotherapy in acquired brain injury rehabilitation (PoPsTAR). **2015**, 1, 13-14 ○
- 40 Promoting Kindness Through the Positive Theatrical Arts: Assessing Kuwaitâs Boomerang Programme. ○
- 39 Development of a Positive Psychology Well-Being Intervention in a Community Pharmacy Setting. **2023**, 11, 14 ○
- 38 Efficacy of a School-Based Mental Health Intervention Based on Mindfulness and Character Strengths Use Among Adolescents: a Pilot Study of Think Happy-Be Happy Intervention. ○
- 37 Longitudinal relationships in the psychopathology of depressive symptoms in middle-aged and older adults in China. 1-10 ○
- 36 Therapy Online Plus (TOP) - Evaluation of Two Online Interventions ("Res-Up!" & "REMOTION") in Routine Outpatient Psychotherapy: Protocol of a Randomized Controlled Trial (Preprint). ○

- 35 Positive Psychology and Healthy Lifestyles for Health and Happiness. ○
- 34 Mother-Child Bond through Feeding: A Prospective Study including Neuroticism, Pregnancy Worries and Post-Traumatic Symptomatology. **2023**, 20, 2115 ○
- 33 The effect on mental well-being, life attitude and depression levels of positive psychology program applied to patients diagnosed with depression. ○
- 32 Psychological distress and coping orientations in young adults: their associations with temporomandibular disorder symptoms. 1-8 ○
- 31 Kindness Makes You Happy and Happiness Makes You Healthy: Actual Persuasiveness and Personalisation of Persuasive Messages in a Behaviour Change Intervention for Wellbeing. **2023**, 198-214 ○
- 30 The evidence-base for positive psychology interventions: a mega-analysis of meta-analyses. 1-15 ○
- 29 What Emotions to Encourage? The Role of High and Low Arousal Positive Emotions in Three Randomized Controlled Trials of Different Positive Psychology Interventions. ○
- 28 The effects of a PROSPER-based intervention on well-being among pre-service preschool teachers during the COVID-19 pandemic: a randomized control trial. 1-18 ○
- 27 Development and Validation of Safe Motherhood-Accessible Resilience Training (SM-ART) Intervention to Improve Perinatal Mental Health. **2023**, 20, 5517 ○
- 26 An intervention to promote concrete thinking style in young adults: Effects on depressive symptoms and its protective factors. **2023**, 81, 101857 ○
- 25 Internal and External Causal Explanations of Happiness. **2022**, 135, 391-405 ○
- 24 Well-Being as a Protective Factor Against Cognitive Decline and Dementia: A Review of the Literature and Directions for Future Research. ○
- 23 Pilot study of an undergraduate college course to support student mental health: Wellness and resilience for college and beyond. **2023**, 33, 1-9 ○
- 22 Current Situation of Agricultural Soil Pollution in Jiangsu Province: A Meta-Analysis. **2023**, 12, 455 ○
- 21 Optimization of a Transdiagnostic Mobile Emotion Regulation Intervention for University Students: Protocol for a Micro Randomized Trial (Preprint). ○
- 20 Love Knows No Age: Fostering Romantic Relationships in Midlife and Older Age. **2023**, 225-262 ○
- 19 The Quest for Happiness: Applying Positive Psychology Principles to Foster Happiness in Midlife and Older Age. **2023**, 293-317 ○
- 18 Influence of Optimism, Social Support, and Spirituality on COVID-19 Stress in Christian Church Community. **2023**, 20, 130-136 ○

- 17 A randomized controlled trial of enhanced mentoring program practices for children of incarcerated caregivers: Assessing impacts on youth and match outcomes. ○
- 16 The Effects of an Online Positive Psychology Course on Happiness, Health, and Well-Being. ○
- 15 Strength-based methods â a narrative review and comparative multilevel meta-analysis of positive interventions in clinical settings. 1-17 ○
- 14 Study on positive psychology from 1999 to 2021: A bibliometric analysis. 14, 1
- 13 Reinventing mental health care in youth through mobile approaches: Current status and future steps. 14, ○
- 12 Effectiveness of ACT-based intervention in compliance with the model for sustainable mental health: A cluster randomized control trial in a group of older adults. **2023**, 28, 48-59 ○
- 11 Effects of Positive Psychotherapy for People with Psychosis: A Systematic Review and Meta-Analysis. **2023**, 44, 180-193 ○
- 10 Nondual Well-Being - The Evolution of Happiness. ○
- 9 A Positive Technology Approach for Improving Health Service Quality. **2023**, 282-303 ○
- 8 Designing Education for Wellbeing and Connection in a COVID Impacted World. **2023**, 43-57 ○
- 7 Positive Emotions Training (PoET) as an Online Intervention to Improve Mental Health: A Feasibility Study. ○
- 6 The Effects of Humor Intervention on TeenagersâSense of Humor, Positive Emotions, and Learning Ability: A Positive Psychological Perspective. ○
- 5 â A Little Superpower That I Know is ThereâExploring the Meaning and Role of Prâ in the Wellbeing of Adults in Mid-life. **2023**, 7, 113-146 ○
- 4 The effects of positive psychology interventions on well-being and distress in patients with cardiovascular diseases: A systematic review and Meta-analysis. **2023**, 111328 ○
- 3 Association of positive psychological well-being with circulating inflammatory markers: A systematic review and meta-analysis. **2023**, 105186 ○
- 2 Functional ability, psychological factors, and rehabilitation outcomes after elective total hip replacement. 000841742311680 ○
- 1 Strength Back â A qualitative study on the co-creation of a positive psychology digital health intervention for spinal surgery patients. 14, ○