

Effects of Exercise and Amino Acid Supplementation on
Function in Communityâ€Dwelling Elderly Japanese Sa
Controlled Trial

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Lifestyle and Sarcopenia – Etiology, Prevention and Treatment. Rambam Maimonides Medical Journal, 2012, 3, e0024.	0.4	82
4	Evidence-Based Recommendations for Optimal Dietary Protein Intake in Older People: A Position Paper From the PROT-AGE Study Group. Journal of the American Medical Directors Association, 2013, 14, 542-559.	1.2	1,767
5	Resistance exercise combined with essential amino acid supplementation improved walking ability in elderly people. Acta Physiologica Hungarica, 2013, 100, 329-339.	0.9	11
6	Effects of exercise and tea catechins on muscle mass, strength and walking ability in community-dwelling elderly Japanese sarcopenic women: A randomized controlled trial. Geriatrics and Gerontology International, 2013, 13, 458-465.	0.7	118
7	Effectiveness of Nutritional Supplementation on Muscle Mass in Treatment of Sarcopenia in Old Age: A Systematic Review. Journal of the American Medical Directors Association, 2013, 14, 10-17.	1.2	188
8	Muscle Strength Rather Than Muscle Mass Is Associated With Standing Balance in Elderly Outpatients. Journal of the American Medical Directors Association, 2013, 14, 493-498.	1.2	51
9	Fighting Sarcopenia in Older Frail Subjects: Protein Fuel for Strength, Exercise for Mass. Journal of the American Medical Directors Association, 2013, 14, 140-143.	1.2	36
10	Perspective: Protein and Exercise for Frailty and Sarcopenia: Still Learning. Journal of the American Medical Directors Association, 2013, 14, 69-71.	1.2	19
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18	Strength and Endurance Training Prescription in Healthy and Frail Elderly. , 2014, 5, 183-95.		178
19	From sarcopenia to frailty: a road less traveled. Journal of Cachexia, Sarcopenia and Muscle, 2014, 5, 5-8.	2.9	141
20	A pilot study of the SARC-F scale on screening sarcopenia and physical disability in the Chinese older people. Journal of Nutrition, Health and Aging, 2014, 18, 277-283.	1.5	114

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22	Protein intake and exercise for optimal muscle function with aging: Recommendations from the ESPEN Expert Group. <i>Clinical Nutrition</i> , 2014, 33, 929-936.	2.3	1,108
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123	Exercise interventions in healthy older adults with sarcopenia: A systematic review and meta-analysis. <i>Australasian Journal on Ageing</i> , 2018, 37, 169-183.	0.4	146
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126	Effects of Low-Dose Dairy Protein Plus Micronutrient Supplementation during Resistance Exercise on Muscle Mass and Physical Performance in Older Adults: A Randomized, Controlled Trial. <i>Journal of Nutrition, Health and Aging</i> , 2018, 22, 59-67.	1.5	22
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144	Exercise and Nutrition Strategies to Counteract Sarcopenic Obesity. <i>Nutrients</i> , 2018, 10, 605.	1.7	103
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146	Plasma Amino Acid Concentrations Are Associated with Muscle Function in Older Japanese Women. <i>Journal of Nutrition, Health and Aging</i> , 2018, 22, 819-823.	1.5	24
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149	Effect of Aerobic Exercise Training and Essential Amino Acid Supplementation for 24 Weeks on Physical Function, Body Composition, and Muscle Metabolism in Healthy, Independent Older Adults: A Randomized Clinical Trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 1598-1604.	1.7	38
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