

What is a healthy Nordic diet? Foods and nutrients in th

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Citation Report

#	ARTICLE	IF	CITATIONS
1	What is a healthy Nordic diet? Foods and nutrients in the NORDIET study. Food and Nutrition Research, 2012, 56, 18189.	2.6	90
2	Diet, Inflammation and Prediabetesâ€™ Impact of Quality of Diet. Canadian Journal of Diabetes, 2013, 37, 327-331.	0.8	17
3	What do review papers conclude about food and dietary patterns?. Food and Nutrition Research, 2013, 57, 20523.	2.6	133
4	UPLCâ€™QTOF/MS metabolic profiling unveils urinary changes in humans after a whole grain rye versus refined wheat bread intervention. Molecular Nutrition and Food Research, 2013, 57, 412-422.	3.3	74
5	Plasma Alkylresorcinols Reflect Important Whole-Grain Components of a Healthy Nordic Diet. Journal of Nutrition, 2013, 143, 1383-1390.	2.9	22
6	The healthy Nordic diet and incidence of Type 2 Diabetes â€™ 10-year follow-up. Diabetes Research and Clinical Practice, 2014, 106, e34-e37.	2.8	26
7	Associations of the Baltic Sea diet with cardiometabolic risk factors â€™ a meta-analysis of three Finnish studies. British Journal of Nutrition, 2014, 112, 616-626.	2.3	32
8	The Baltic Sea Diet Score: a tool for assessing healthy eating in Nordic countries. Public Health Nutrition, 2014, 17, 1697-1705.	2.2	82
9	Effects of a healthy Nordic diet on plasma 25-hydroxyvitamin D concentration in subjects with metabolic syndrome: a randomized, placebo-controlled trial (SYSDIET). European Journal of Nutrition, 2014, 53, 1123-1134.	3.9	13
10	Certain dietary patterns are beneficial for the metabolic syndrome: reviewing the evidence. Nutrition Research, 2014, 34, 559-568.	2.9	97
11	Healthy Nordic diet and cardiovascular disease. Journal of Internal Medicine, 2015, 278, 542-544.	6.0	10
12	Adherence to the healthy Nordic food index, dietary composition, and lifestyle among Swedish women. Food and Nutrition Research, 2015, 59, 26336.	2.6	21
13	Bilberry and bilberry press cake as sources of dietary fibre. Food and Nutrition Research, 2015, 59, 28367.	2.6	26
14	A Healthy Nordic Diet Alters the Plasma Lipidomic Profile in Adults with Features of Metabolic Syndrome in a Multicenter Randomized Dietary Intervention. Journal of Nutrition, 2016, 146, 662-672.	2.9	68
15	Adherence to the healthy Nordic food index and total and cause-specific mortality among Swedish women. European Journal of Epidemiology, 2015, 30, 509-517.	5.7	54
16	Nutrition and Cardiovascular Disease: Finding the Perfect Recipe for Cardiovascular Health. Nutrients, 2016, 8, 363.	4.1	88
17	A healthy Nordic diet and physical performance in old age: findings from the longitudinal Helsinki Birth Cohort Study. British Journal of Nutrition, 2016, 115, 878-886.	2.3	49
18	Korean diet: Characteristics and historical background. Journal of Ethnic Foods, 2016, 3, 26-31.	1.9	107

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19	Different liking but similar healthiness perceptions of rye bread among younger and older consumers in Sweden. <i>Food Quality and Preference</i> , 2017, 61, 26-37.	4.6	9
20	The healthy Nordic diet predicts muscle strength 10 years later in old women, but not old men. <i>Age and Ageing</i> , 2017, 46, 588-594.	1.6	31
21	Metabolic syndrome and dietary patterns: a systematic review and meta-analysis of observational studies. <i>European Journal of Nutrition</i> , 2017, 56, 925-947.	3.9	143
22	Enhancing nutrition with pulses: defining a recommended serving size for adults. <i>Nutrition Reviews</i> , 2017, 75, 990-1006.	5.8	83
23	A comparison between two healthy diet scores, the modified Mediterranean diet score and the Healthy Nordic Food Index, in relation to all-cause and cause-specific mortality. <i>British Journal of Nutrition</i> , 2018, 119, 836-846.	2.3	39
24	Dairy product intake and mortality in a cohort of 70-year-old Swedes: a contribution to the Nordic diet discussion. <i>European Journal of Nutrition</i> , 2018, 57, 2869-2876.	3.9	19
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27	Plasma metabolites associated with healthy Nordic dietary indexes and risk of type 2 diabetes—a nested case-control study in a Swedish population. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 564-575.	4.7	28
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31	Dietary Patterns and Metabolic Syndrome in Adult Subjects: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2019, 11, 2056.	4.1	79
32	Study protocol: optimized complementary feeding study (OTIS): a randomized controlled trial of the impact of a protein-reduced complementary diet based on Nordic foods. <i>BMC Public Health</i> , 2019, 19, 134.	2.9	11
33	Protein-Reduced Complementary Foods Based on Nordic Ingredients Combined with Systematic Introduction of Taste Portions Increase Intake of Fruits and Vegetables in 9 Month Old Infants: A Randomised Controlled Trial. <i>Nutrients</i> , 2019, 11, 1255.	4.1	8
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35	Incorporating healthy dietary changes in addition to an increase in fruit and vegetable intake further improves the status of cardiovascular disease risk factors: A systematic review, meta-regression, and meta-analysis of randomized controlled trials. <i>Nutrition Reviews</i> , 2020, 78, 532-545.	5.8	19
36	The Power of Diet in CVD Risk Factor Reduction. , 2020, , 1-16.		0

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38	How to protect both health and food system sustainability? A holistic â€™global healthâ€™™-based approach via the 3V rule proposal. <i>Public Health Nutrition</i> , 2020, 23, 3028-3044.	2.2	22
39	Birth weight modifies the association between a healthy Nordic diet and office blood pressure in old age. <i>Journal of Human Hypertension</i> , 2021, 35, 849-858.	2.2	1
40	The Challenge by Multiple Environmental and Biological Factors Induce Inflammation in Aging: Their Role in the Promotion of Chronic Disease. <i>Frontiers in Immunology</i> , 2020, 11, 570083.	4.8	30
41	The Role of Specific Components of a Plant-Based Diet in Management of Dyslipidemia and the Impact on Cardiovascular Risk. <i>Nutrients</i> , 2020, 12, 2671.	4.1	116
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43	The effect of plant-based dietary patterns on blood pressure: a systematic review and meta-analysis of controlled intervention trials. <i>Journal of Hypertension</i> , 2021, 39, 23-37.	0.5	70
44	Dietary intake and lipid levels in Norwegian and Spanish children with familial hypercholesterolemia. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 1299-1307.	2.6	14
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47	A healthy Nordic diet score and risk of incident CHD among men: the Kuopio Ischaemic Heart Disease Risk Factor Study. <i>British Journal of Nutrition</i> , 2022, 127, 599-606.	2.3	6
48	The effect of the a regional cardioprotective nutritional program on inflammatory biomarkers and metabolic risk factors in secondary prevention for cardiovascular disease, a randomised trial. <i>Clinical Nutrition</i> , 2021, 40, 3828-3835.	5.0	4
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50	Nutritional Approach to Prevention and Treatment of Cardiovascular Disease in Childhood. <i>Nutrients</i> , 2021, 13, 2359.	4.1	16
51	Association of the Healthy Nordic Food Index with risk of bladder cancer: a caseâ€™control study. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 482-486.	2.9	3
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63	Nutrition and Cardiovascular Disease. , 2020, , 881-890.		0
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66	The Effect of Nutrition on Agingâ€”A Systematic Review Focusing on Aging-Related Biomarkers. Nutrients, 2022, 14, 554.	4.1	26
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73	Association between adherence to plant-based dietary patterns and obesity risk: a systematic review of prospective cohort studies. Applied Physiology, Nutrition and Metabolism, 2022, 47, 1115-1133.	1.9	11
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