

# CITATION REPORT

List of articles citing

**The Insomnia Severity Index: psychometric indicators to detect insomnia cases and evaluate treatment response**

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#	Paper	IF	Citations
2284	CBT for insomnia in patients with high and low depressive symptom severity: adherence and clinical outcomes. <b>2011</b> , 7, 645-52		167
2283	Management of Late-Life Insomnia. <b>2011</b> , 4, 9-22		1
2282	Bibliography. Sleep and respiratory neurobiology. Current world literature. <b>2012</b> , 18, 639-43		
2281	Can we modify maladaptive attributions for fatigue?. <b>2012</b> , 41, 40-50		3
2280	Cognitive behavioral therapy for shift workers with chronic insomnia. <b>2012</b> , 13, 1238-46		28
2279	Cognitive behavior therapy for chronic insomnia in occupational health services. <b>2012</b> , 22, 511-21		9
2278	The relation of objective sleep patterns, depressive symptoms, and sleep disturbances in adolescent children and their parents: a sleep-EEG study with 47 families. <b>2012</b> , 46, 1374-82		55
2277	A neurologist's guide to common subjective and objective sleep assessments. <b>2012</b> , 30, 987-1006		3
2276	Personality disorder features and insomnia status amongst hypnotic-dependent adults. <b>2012</b> , 13, 1122-9		14
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2274	Perceived stress, insomnia and related factors in women around the menopause. <b>2012</b> , 72, 367-72		53
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2272	Response to Dr. Mommersteeg and colleagues on Germain et al., Placebo-controlled comparison of prazosin and cognitive-behavioral treatments for sleep disturbances in US Military Veterans <b>2012</b> , 73, 154-155		
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2084	Insomnia Severity, Subjective Sleep Quality, and Risk for Obstructive Sleep Apnea in Veterans With Gulf War Illness. <b>2016</b> , 181, 1127-34	6
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2082	Psychometric Validation of the Insomnia Severity Index in Adults with Sickle Cell Disease. <b>2016</b> , 27, 209-218	9
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2080	Behavioral Periodicity Detection from 24 h Wrist Accelerometry and Associations with Cardiometabolic Risk and Health-Related Quality of Life. <b>2016</b> , 2016, 4856506	11
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2076	Cognition in MDD: implications for primary care. 30-46	
2075	Insomnia and Relationship with Anxiety in University Students: A Cross-Sectional Designed Study. <b>2016</b> , 11, e0149643	60
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2073	More Severe Insomnia Complaints in People with Stronger Long-Range Temporal Correlations in Wake Resting-State EEG. <b>2016</b> , 7, 576	18
2072	Metacognitions Are Associated with Subjective Memory Problems in Individuals on Sick Leave due to Chronic Fatigue. <b>2016</b> , 7, 729	6
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2070	Validation study of the Italian version of the Insomnia Severity Index (ISI). <b>2016</b> , 37, 1517-24	82

2069	The LITE study: Rationale and protocol for a randomized controlled trial of light therapy for cancer-related fatigue in cancer survivors. <b>2016</b> , 49, 166-73	8
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2066	Motivational Factors Predict Weight Loss in Rural Adults. <b>2016</b> , 33, 232-241	5
2065	Sleep Problems are Associated With Chronic Pain Over and Above Mutual Associations With Depression and Catastrophizing. <b>2016</b> , 32, 792-9	24
2064	Ultramicronized palmitoylethanolamide in spinal cord injury neuropathic pain: a randomized, double-blind, placebo-controlled trial. <b>2016</b> , 157, 2097-2103	28
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2061	Validation of the German version of the insomnia severity index in adolescents, young adults and adult workers: results from three cross-sectional studies. <b>2016</b> , 16, 174	87
2060	Self-guided internet-based and mobile-based stress management for employees: results of a randomised controlled trial. <b>2016</b> , 73, 315-23	96
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2058	A prospective study of pre-trauma risk factors for post-traumatic stress disorder and depression. <b>2016</b> , 46, 2571-82	97
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2055	Treatment of insomnia reduces fatigue in chronic fatigue syndrome in those able to comply with the intervention. <b>2016</b> , 4, 208-216	1
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2053	Longitudinal Association of Poor Sleep Quality With Chemotherapy-Induced Nausea and Vomiting in Patients With Breast Cancer. <b>2016</b> , 78, 959-965	14
2052	Decision Support to Enhance Prenatal Care Using the Screening, Brief Intervention, and Referral to Treatment Model. <b>2016</b> , 12, 605-612	0

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2049	Auricular acupuncture for substance use: a randomized controlled trial of effects on anxiety, sleep, drug use and use of addiction treatment services. <b>2016</b> , 11, 24	13
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2047	Telephone-Based Cognitive Behavioral Therapy for Insomnia in Perimenopausal and Postmenopausal Women With Vasomotor Symptoms: A MsFLASH Randomized Clinical Trial. <b>2016</b> , 176, 913-20	70
2046	Severity of self-reported insomnia in adults with epilepsy is related to comorbid medical disorders and depressive symptoms. <b>2016</b> , 60, 27-32	17
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2043	Shift Work: A Risk Factor for Central Serous Chorioretinopathy. <b>2016</b> , 165, 23-8	32
2042	Insomnia in epilepsy is associated with continuing seizures and worse quality of life. <b>2016</b> , 122, 91-6	49
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2040	A comparative polysomnography analysis of sleep in healthy controls and patients with chronic fatigue syndrome. <b>2016</b> , 4, 80-93	2
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2038	Psychological effects following the Iran nuclear deal: Iranian nuclear threat salience moderates the relationship between PTSD symptoms and sleep problems. <b>2016</b> , 243, 292-4	7
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2036	Facilitating and hindering factors in Internet-delivered treatment for insomnia and depression. <b>2016</b> , 4, 51-60	18
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2032	Long-term chemotherapy-induced peripheral neuropathy among breast cancer survivors: prevalence, risk factors, and fall risk. <b>2016</b> , 159, 327-33		160
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2029	The role of psychiatric and somatic conditions in incidence and persistence of insomnia: a longitudinal, community study. <b>2016</b> , 2, 229-238		4
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2027	Examining the cardiovascular symptoms in adults living with chronic insomnia. <b>2016</b> , 11, 430-436		1
2026	Nocturnal heart rate variability in patients treated with cognitive-behavioral therapy for insomnia. <b>2016</b> , 35, 638-41		12
2025	Fatigue in myasthenia gravis: risk factors and impact on quality of life. <b>2016</b> , 6, e00538		37
2024	The effects of the new guidance <i>Take your sleeping pills 7 h before your wake-up time</i> : a pilot study. <b>2016</b> , 14, 397-404		4
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2018	Chronobiology, sleep-related risk factors and light therapy in perinatal depression: the "Life-ON" project. <b>2016</b> , 16, 374		7
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1993	Acute Pain and Depressive Symptoms: Independent Predictors of Insomnia Symptoms among Adults with Sickle Cell Disease. <b>2016</b> , 17, 38-46	11
1992	Sleep Telemedicine: An Emerging Field's Latest Frontier. <b>2016</b> , 149, 1556-65	29
1991	Insomnia Symptoms Following Treatment for Comorbid Panic Disorder With Agoraphobia and Generalized Anxiety Disorder. <b>2016</b> , 204, 267-73	14
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1989	Implementing Computer-Based Psychotherapy Among Veterans in Outpatient Treatment for Substance Use Disorders. <b>2016</b> , 67, 176-83	10
1988	An Evaluation of Central Sensitization in Patients With Sickle Cell Disease. <b>2016</b> , 17, 617-27	55
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1982	Deployment, Mental Health Problems, Suicidality, and Use of Mental Health Services Among Military Personnel. <b>2016</b> , 4, 243-250	4
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1970	Sleeping for Two: An Open-Pilot Study of Cognitive Behavioral Therapy for Insomnia in Pregnancy. <b>2017</b> , 15, 377-393	48
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1965	Nutrition therapy with high intensity interval training to improve prostate cancer-related fatigue in men on androgen deprivation therapy: a study protocol. <b>2017</b> , 17, 1	100
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1924	Associations between physical activity and sedentary behavior with sleep quality and quantity in young adults. <b>2017</b> , 3, 56-61		28
1923	Examining Physical and Sexual Abuse Histories as Correlates of Suicide Risk Among Firefighters. <b>2017</b> , 30, 672-681		3
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1919	Insomnia treatment in the context of alcohol use disorder: A systematic review and meta-analysis. <b>2017</b> , 181, 200-207		36
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1917	Does nurses' role, health or symptoms influence their personal use of ingestible complementary and alternative medicines?. <b>2017</b> , 35, 39-46		1
1916	Longitudinal Study of Insomnia Symptoms Among Women During Perimenopause. <b>2017</b> , 46, 804-813		23
1915	Gender differences in sleep disorders in the US military. <b>2017</b> , 3, 336-341		17
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1910	Insomnia moderates the association between alcohol use and consequences among young adult veterans. <b>2017</b> , 75, 59-63		9
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1901	Investigating psychological and physiological responses to the Trier Social Stress Test in young adults with insomnia. <b>2017</b> , 40, 11-22		23
1900	Attention deficit hyperactivity disorder symptom severity and sleep problems in adult participants of the Netherlands sleep registry. <b>2017</b> , 40, 94-102		19
1899	Women Firefighters and Workplace Harassment: Associated Suicidality and Mental Health Sequelae. <b>2017</b> , 205, 910-917		22
1898	Sleep Health Promotion: Practical Information for Physical Therapists. <b>2017</b> , 97, 826-836		26
1897	REM Sleep Behavior Disorder and Cognitive Impairment in Parkinson's Disease. <i>Sleep</i> , <b>2017</b> , 40,	1.1	71
1896	Sleep Disturbance after Hospitalization and Critical Illness: A Systematic Review. <b>2017</b> , 14, 1457-1468		85
1895	Subjective sleep disturbance in Chinese adults with epilepsy: Associations with affective symptoms. <b>2017</b> , 135, 150-157		19
1894	Internet delivered cognitive behavior therapy for antenatal depression: A randomised controlled trial. <b>2017</b> , 221, 56-64		53
1893	Three-Year Follow-Up Comparing Cognitive Behavioral Therapy for Depression to Cognitive Behavioral Therapy for Insomnia, for Patients With Both Diagnoses. <i>Sleep</i> , <b>2017</b> , 40,	1.1	46
1892	Assessing and adjusting for non-response in the Millennium Cohort Family Study. <b>2017</b> , 17, 16		29
1891	Validation of the German version of two scales (RIS, RCS-HCP) for measuring regret associated with providing healthcare. <b>2017</b> , 15, 56		6
1890	Hypertension with unsatisfactory sleep health (HUSH): study protocol for a randomized controlled trial. <b>2017</b> , 18, 256		7

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1888	Psychometric properties of the Sleep Condition Indicator and Insomnia Severity Index in the evaluation of insomnia disorder. <b>2017</b> , 33, 76-81	40
1887	Sleep Health: Reciprocal Regulation of Sleep and Innate Immunity. <b>2017</b> , 42, 129-155	177
1886	Evidence for the Propositions of the Interpersonal Theory of Suicide Among a Military Sample. <b>2017</b> , 73, 669-680	28
1885	Insomnia symptoms as a risk factor for cessation failure following smoking treatment. <b>2017</b> , 25, 17-23	22
1884	Mindfulness-Based Stress Reduction in Post-treatment Breast Cancer Patients: Immediate and Sustained Effects Across Multiple Symptom Clusters. <b>2017</b> , 53, 85-95	76
1883	Assessment and treatment at a pain clinic: A one-year follow-up of patients with chronic pain. <b>2017</b> , 17, 233-242	5
1882	Examination of MMPI-2-RF Substantive Scales as Indicators of Acute Suicidal Affective Disturbance Components. <b>2017</b> , 99, 424-434	11
1881	Thwarted belongingness as an explanatory link between insomnia symptoms and suicidal ideation: Findings from three samples of military service members and veterans. <b>2017</b> , 209, 114-123	23
1880	Period 3 gene polymorphism and sleep adaptation to stressful urban environments. <b>2017</b> , 26, 115-118	3
1879	How Does Cognitive Behavioral Therapy for Insomnia Work? An Investigation of Cognitive Processes and Time in Bed as Outcomes and Mediators in a Sample With Insomnia and Depressive Symptomatology. <b>2017</b> , 10, 304-329	8
1878	Efficacité d'interventions comportementales pour le sommeil des travailleurs de nuit. Exploration préliminaire. <b>2017</b> , 14, 174-185	0
1877	Familial Aggregation of Insomnia. <i>Sleep</i> , <b>2017</b> , 40,	1.1 10
1876	Effectiveness of Benzodiazepine Receptor Agonists in the Treatment of Insomnia: An Examination of Response and Remission Rates. <i>Sleep</i> , <b>2017</b> , 40,	1.1 26
1875	Feasibility and Efficacy of a Shared Yoga Intervention for Sleep Disturbance in Older Adults With Osteoarthritis. <b>2017</b> , 1-10	2
1874	A Twelve-Week Moderate Exercise Programme Improved Symptoms of Depression, Insomnia, and Verbal Learning in Post-Aneurysmal Subarachnoid Haemorrhage Patients: A Comparison with Meningioma Patients and Healthy Controls. <b>2017</b> , 76, 59-71	11
1873	Use of Clinical Tools and Tests in Sleep Medicine. <b>2017</b> , 607-617.e5	1
1872	Are Patients with Childhood Onset of Insomnia and Depression More Difficult to Treat Than Are Those with Adult Onsets of These Disorders? A Report from the TRIAD Study. <b>2017</b> , 13, 205-213	5



1871	A Single Arm Pilot Trial of Brief Cognitive Behavioral Therapy for Insomnia in Adolescents with Physical and Psychiatric Comorbidities. <b>2017</b> , 13, 401-410	46
1870	Computerized Cognitive Behavioral Therapy for Insomnia in a Community Health Setting. <b>2017</b> , 13, 267-274	17
1869	Sleep Disorders and Sleep Quality in Moroccan Adult Patients with Cancer during Treatment. <b>2017</b> , 09,	2
1868	Effectiveness of Working Memory Training among Subjects Currently on Sick Leave Due to Complex Symptoms. <b>2016</b> , 7, 2003	7
1867	How Hyperarousal and Sleep Reactivity Are Represented in Different Adult Age Groups: Results from a Large Cohort Study on Insomnia. <b>2017</b> , 7,	11
1866	Aberrant Functional Connectivity Architecture in Participants with Chronic Insomnia Disorder Accompanying Cognitive Dysfunction: A Whole-Brain, Data-Driven Analysis. <b>2017</b> , 11, 259	22
1865	Sleep in the Postpartum: Characteristics of First-Time, Healthy Mothers. <b>2017</b> , 2017, 8520358	10
1864	Sleep and Multiple Sclerosis. <b>2017</b> , 167-182	
1863	Insomnia in tension-type headache: a population-based study. <b>2017</b> , 18, 95	22
1862	Distinctive subgroups derived by cluster analysis based on pain and psychological symptoms in Swedish older adults with chronic pain - a population study (PainS65+). <b>2017</b> , 17, 200	17
1861	Insomnia and hearing impairment among occupational noise exposed male workers. <b>2017</b> , 29, 36	8
1860	Successful use of closed-loop allostatic neurotechnology for post-traumatic stress symptoms in military personnel: self-reported and autonomic improvements. <b>2017</b> , 4, 38	10
1859	Validation of the Farsi version of the revised Adolescent Sleep Hygiene Scale (ASHSr): a cross-sectional study. <b>2017</b> , 17, 408	7
1858	Spreading of pain and insomnia in patients with chronic pain: results from a national quality registry (SQRP). <b>2017</b> , 49, 63-70	15
1857	Effects of Yoga and Aerobic Exercise on Actigraphic Sleep Parameters in Menopausal Women with Hot Flashes. <b>2017</b> , 13, 11-18	21
1856	Can we improve pain and sleep in elderly individuals with transcranial direct current stimulation? - Results from a randomized controlled pilot study. <b>2017</b> , 12, 937-947	25
1855	Tai Chi Chih Compared With Cognitive Behavioral Therapy for the Treatment of Insomnia in Survivors of Breast Cancer: A Randomized, Partially Blinded, Noninferiority Trial. <b>2017</b> , 35, 2656-2665	87
1854	Prevention in the Context of Cross-Cultural Neuroscience. 478-491	

1853	Characterization of Patients Who Present With Insomnia: Is There Room for a Symptom Cluster-Based Approach?. <b>2017</b> , 13, 911-921	11
1852	Insomnia and hypertension: A systematic review. <b>2018</b> , 41, 3-38	68
1851	Streamlining screening of emotional function in Veterans with traumatic brain injury. <b>2018</b> , 74, 1281-1292	4
1850	Validity of a single PTSD checklist item to screen for insomnia in survivors of critical illness. <b>2018</b> , 47, 87-92	1
1849	Internet-Delivered Cognitive-Behavioral Therapy for Insomnia in Breast Cancer Survivors: A Randomized Controlled Trial. <b>2018</b> , 110, 880-887	69
1848	Sleep disorder prevalence in at-risk adolescents and potential effects of nightmare triad syndrome. <b>2018</b> , 32,	
1847	Heart Rate Variability Markers as Correlates of Survival in Recipients of Hematopoietic Cell Transplantation. <b>2018</b> , 45, 250-259	2
1846	Cardiovascular autonomic dysfunction in insomnia patients with objective short sleep duration. <b>2018</b> , 27, e12663	34
1845	Neighborhood stress and autonomic nervous system activity during sleep. <i>Sleep</i> , <b>2018</b> , 41,	1.1 11
1844	Increasing access to and utilization of cognitive behavioral therapy for insomnia (CBT-I): a narrative review. <b>2018</b> , 33, 955-962	78
1843	Does food addiction contribute to excess weight among clinic patients seeking weight reduction? Examination of the Modified Yale Food Addiction Survey. <b>2018</b> , 84, 1-6	18
1842	An integrative Tai Chi program for patients with breast cancer undergoing cancer therapy: study protocol for a randomized controlled feasibility study. <b>2018</b> , 16, 99-105	6
1841	Randomised controlled trial using a theory-based m-health intervention to improve physical activity and sleep health in adults: the Synergy Study protocol. <b>2018</b> , 8, e018997	14
1840	The Measurable Benefits of a Workplace Wellness Program in Canada: Results After One Year. <b>2018</b> , 60, 211-216	12
1839	Sleep Disturbances in Chronic Pain: Neurobiology, Assessment, and Treatment in Physical Therapist Practice. <b>2018</b> , 98, 325-335	50
1838	An Initial Report of Sleep Disorders in Women in the U.S. Military. <b>2018</b> , 183, e266-e271	11
1837	Psychometric properties of the Epworth Sleepiness Scale: A factor analysis and item-response theory approach. <b>2018</b> , 35, 533-545	11
1836	Program Evaluation of Group-based Cognitive Behavioral Therapy for Insomnia: a Focus on Treatment Adherence and Outcomes in Older Adults with Co-morbidities. <b>2018</b> , 41, 487-497	4

1835	A systematic review and meta-analysis of cognitive and behavioral interventions to improve sleep health in adults without sleep disorders. <b>2018</b> , 40, 160-169		73
1834	Comorbid insomnia and sleep apnea in Veterans with post-traumatic stress disorder. <b>2018</b> , 22, 23-31		18
1833	Suicide-Specific Rumination Relates to lifetime suicide attempts above and beyond a variety of other suicide risk factors. <b>2018</b> , 98, 78-86		28
1832	Cognitive mechanisms of sleep outcomes in a randomized clinical trial of internet-based cognitive behavioral therapy for insomnia. <b>2018</b> , 47, 77-85		22
1831	The impact of pre-sleep arousal state and strategy to control unwanted thoughts on sleep quality. <b>2018</b> , 31, 338-347		5
1830	Effects of Pharmacologic and Nonpharmacologic Interventions on Insomnia Symptoms and Self-reported Sleep Quality in Women With Hot Flashes: A Pooled Analysis of Individual Participant Data From Four MsFLASH Trials. <i>Sleep</i> , <b>2018</b> , 41,	1.1	45
1829	Is sleep disturbance in patients with chronic pain affected by physical exercise or ACT-based stress management? - A randomized controlled study. <b>2018</b> , 19, 111		12
1828	Acceptability, tolerability, and potential efficacy of cognitive behavioural therapy for Insomnia Disorder subtypes defined by polysomnography: A retrospective cohort study. <b>2018</b> , 8, 6664		21
1827	Sleep disturbance in psoriasis: a case-controlled study. <b>2018</b> , 179, 1376-1384		24
1826	Going direct to the consumer: Examining treatment preferences for veterans with insomnia, PTSD, and depression. <b>2018</b> , 263, 108-114		21
1825	Sleep disturbances, posttraumatic stress, and psychological distress among survivors of the 2013 Super Typhoon Haiyan. <b>2018</b> , 266, 284-290		16
1824	Impact of CARE-related Regret Upon Sleep (ICARUS) cohort study: protocol of a 3-year multicentre, international, prospective cohort study of novice healthcare professionals. <b>2018</b> , 8, e022172		6
1823	Catastrophizing, Solicitous Responses From Significant Others, and Function in Individuals With Neuropathic Pain, Osteoarthritis, or Spinal Pain in the General Population. <b>2018</b> , 19, 983-995		4
1822	The Sociodemographic and Clinical Characteristics of Tramadol Dependence Among Egyptians and Their Relationship to the Associated Insomnia. <b>2018</b> , 17, 98-106		3
1821	Nineteen and Up study (19Up): understanding pathways to mental health disorders in young Australian twins. <b>2018</b> , 8, e018959		15
1820	Culturally Adapted CBTI for Chinese Insomnia Patients: a One-Arm Pilot Trial. <b>2018</b> , 25, 331-340		5
1819	Depression and Intention to Seek Treatment Among Black and White Suicidal Military Members Who Are Not Engaged in Mental Health Care. <b>2018</b> , 6, 290-299		2
1818	A German version of the Insomnia Severity Index. <b>2018</b> , 22, 27-35		12

1817	Working alliance with an avatar: How far can we go with internet interventions?. <b>2018</b> , 11, 41-46	17
1816	An examination of the relationship between binge eating disorder and insomnia symptoms. <b>2018</b> , 26, 186-196	12
1815	Brief Behavioral Treatment for Insomnia in Persons Living with HIV. <b>2018</b> , 16, 244-258	16
1814	Conceptual and Empirical Scrutiny of Covarying Depression Out of Suicidal Ideation. <b>2018</b> , 25, 159-172	54
1813	Psychometric Properties of the Treatment Perception and Preferences Measure. <b>2018</b> , 27, 743-761	12
1812	Psychometric Properties of the Consensus Sleep Diary in Those With Insomnia Disorder. <b>2018</b> , 16, 117-134	41
1811	Insomnia as a Moderator of Response to Time in Bed Restriction for Augmenting Antidepressant Treatment: A Preliminary Investigation. <b>2018</b> , 16, 315-324	0
1810	Associations of Insomnia Symptoms With Blood Pressure and Resting Heart Rate: The HUNT Study in Norway. <b>2018</b> , 16, 504-522	7
1809	Moderators of Treatment Effects of a Video-Based Cognitive-Behavioral Therapy for Insomnia Comorbid With Cancer. <b>2018</b> , 16, 294-309	5
1808	Cognitive and behavioral therapies in the treatment of insomnia: A meta-analysis. <b>2018</b> , 38, 3-16	251
1807	Racial Differences in the Associations of Posttraumatic Stress and Insomnia With Body Mass Index Among Trauma-Exposed Veterans. <b>2018</b> , 44, 263-270	4
1806	Randomized Controlled Trial of Adding Telephone Follow-Up to an Occupational Rehabilitation Program to Increase Work Participation. <b>2018</b> , 28, 265-278	12
1805	Sleep quality during pregnancy: A meta-analysis. <b>2018</b> , 38, 168-176	168
1804	To take or not to take: the association between perceived addiction risk, expected analgesic response and likelihood of trying novel pain relievers in self-identified chronic pain patients. <b>2018</b> , 113, 67-79	8
1803	The Effect of Insomnia on Neuropsychological Functioning in Patients with Comorbid Symptoms of Pain, Fatigue, and Mood Disorders. <b>2018</b> , 33, 14-23	10
1802	Resiliency among older adults: dispositional hope as a protective factor in the insomnia-depressive symptoms relation. <b>2018</b> , 22, 1088-1096	6
1801	The interaction between subclinical psychotic experiences, insomnia and objective measures of sleep. <b>2018</b> , 193, 204-208	16
1800	Sleep, chronic pain, and opioid risk for apnea. <b>2018</b> , 87, 234-244	30

1799	Severity of Suicidal Ideation Matters: Reexamining Correlates of Suicidal Ideation Using Quantile Regression. <b>2018</b> , 74, 442-452	10
1798	Measurements and status of sleep quality in patients with cancers. <b>2018</b> , 26, 405-414	46
1797	Screening for Insomnia: An Observational Study Examining Sleep Disturbances, Headache Characteristics, and Psychiatric Symptoms in Patients Visiting a Headache Center. <b>2018</b> , 19, 1067-1076	3
1796	Changes in subcortical resting-state functional connectivity in patients with psychophysiological insomnia after cognitive-behavioral therapy: Changes in resting-state FC after CBT for insomnia patients. <b>2018</b> , 17, 115-123	23
1795	Sleep disturbance in men receiving androgen deprivation therapy for prostate cancer: The role of hot flashes and nocturia. <b>2018</b> , 124, 499-506	23
1794	Prospective Associations Between Sleep Disturbance and Repetitive Negative Thinking: The Mediating Roles of Focusing and Shifting Attentional Control. <b>2018</b> , 49, 21-31	29
1793	Identifying the best sleep measure to screen clinical insomnia in a psychiatric population. <b>2018</b> , 41, 86-93	19
1792	Association of insomnia severity with well-being, quality of life and health care costs: A cross-sectional study in older adults with chronic pain (PainS65+). <b>2018</b> , 22, 414-425	35
1791	Sleep Patterns and Quality Are Associated with Severity of Obesity and Weight-Related Behaviors in Adolescents with Overweight and Obesity. <b>2018</b> , 14, 11-17	28
1790	Self-administered acupuncture for insomnia disorder: a pilot randomized controlled trial. <b>2018</b> , 27, 220-231	16
1789	Prevalence, correlates and outcomes of insomnia in patients with first episode psychosis from a tertiary psychiatric institution in Singapore. <b>2018</b> , 51, 15-21	12
1788	Neuropsychological Functioning in Older Adults with Mild Cognitive Impairment and Insomnia Randomized to CBT-I or Control Group. <b>2018</b> , 41, 136-144	32
1787	Efficacy of Violet oil, a traditional Iranian formula, in patients with chronic insomnia: A randomized, double-blind, placebo-controlled study. <b>2018</b> , 214, 22-28	8
1786	Non suicidal self-injury, emotional eating and insomnia after child sexual abuse: Are those symptoms related to emotion regulation?. <b>2018</b> , 53, 17-21	12
1785	A Multimethod Examination of the Effect of Insomnia Symptoms on Anxious Responding to a Social Stressor. <b>2018</b> , 49, 323-330	4
1784	The role of late life depressive symptoms on the trajectories of insomnia symptoms during antidepressant treatment. <b>2018</b> , 96, 162-166	3
1783	Sleep Characteristics in Mothers of Children With Developmental Disabilities. <b>2018</b> , 32, e9-e18	5
1782	Predictors of insomnia symptoms and nightmares among individuals with post-traumatic stress disorder: an ecological momentary assessment study. <b>2018</b> , 27, 64-72	22

1781	Severity, Prevalence, Predictors, and Rate of Identification of Insomnia Symptoms in a Sample of Hospitalized Psychiatric Patients. <b>2018</b> , 206, 765-769	7
1780	Insomnia and Regulation of Sleep-Wake Cycle With Drugs Among Adolescent Risky Drinkers. <b>2018</b> , 14, 1529-1537	4
1779	Prevalence and social and health correlates of insomnia symptoms among middle- and older-age persons in rural South Africa. <b>2018</b> , 28, 472-478	3
1778	Scale for retrospective assessment of immediate concussion symptoms. <b>2018</b> , 10, 7901	
1777	. <b>2018</b> ,	2
1776	Insomnia among non-depressed multiple sclerosis patients: a cross-sectional study. <b>2018</b> , 54, 17	5
1775	Scale for retrospective assessment of immediate concussion symptoms. <b>2018</b> , 10, 70-71	0
1774	Increased Sleep Disturbances and Pain in Veterans With Comorbid Traumatic Brain Injury and Posttraumatic Stress Disorder. <b>2018</b> , 14, 1865-1878	31
1773	Nightmares in United States Military Personnel With Sleep Disturbances. <b>2018</b> , 14, 419-426	23
1772	Clinical Pain-related Outcomes and Inflammatory Cytokine Response to Pain Following Insomnia Improvement in Adults With Knee Osteoarthritis. <b>2018</b> , 34, 1133-1140	8
1771	Cognitive Behavioral Therapy for Insomnia Reduces Fear of Sleep in Individuals With Posttraumatic Stress Disorder. <b>2018</b> , 14, 1193-1203	27
1770	Comorbid Insomnia With Obstructive Sleep Apnea: Clinical Characteristics and Risk Factors. <b>2018</b> , 14, 409-417	36
1769	Long Sleep Duration, Insomnia, and Insomnia With Short Objective Sleep Duration Are Independently Associated With Short Telomere Length. <b>2018</b> , 14, 2037-2045	12
1768	Internettherapie voor insomnia vermindert ook depressieklachten. <b>2018</b> , 61, 24-27	
1767	Factor structure and psychometric properties of the Insomnia Severity Index in Mainland China. <b>2018</b> , 46, 209-218	4
1766	Preventing PTSD, depression and associated health problems in student paramedics: protocol for PREVENT-PTSD, a randomised controlled trial of supported online cognitive training for resilience versus alternative online training and standard practice. <b>2018</b> , 8, e022292	10
1765	Cross-Sectional and Longitudinal Associations Between Athlete Burnout, Insomnia, and Polysomnographic Indices in Young Elite Athletes. <b>2018</b> , 40, 312-324	14
1764	Sleep Outcomes With Cognitive Behavioral Therapy for Insomnia Are Similar Between Older Adults With Low vs. High Self-Reported Physical Activity. <b>2018</b> , 10, 274	1

1763	Shift work disorder and its related factors among health-care workers in a Tertiary Care Hospital in Bangalore, India. <b>2018</b> , 34, 1076-1081		2
1762	Correlates of Perinatal Post-Traumatic Stress among Culturally Diverse Women with Depressive Symptomatology. <b>2018</b> , 39, 840-849		2
1761	Insufficient Sleep in Tension-Type Headache: A Population Study. <b>2018</b> , 14, 566-573		10
1760	Hypnotherapy for insomnia: A randomized controlled trial comparing generic and disease-specific suggestions. <b>2018</b> , 41, 231-239		7
1759	The Relationship Between Improvement in Insomnia Severity and Long-Term Outcomes in the Treatment of Chronic Fatigue. <b>2018</b> , 9, 1764		6
1758	Examining the efficacy of a multicomponent m-Health physical activity, diet and sleep intervention for weight loss in overweight and obese adults: randomised controlled trial protocol. <b>2018</b> , 8, e026179		4
1757	Improving Sleep Quality Through Integrated Care. <b>2018</b> , 257-280		
1756	Addressing Opioid-Related Chemical Coping in Long-Term Opioid Therapy for Chronic Noncancer Pain: A Multicenter, Observational, Cross-Sectional Study. <b>2018</b> , 7,		15
1755	Criteria for self-reported quantitative sleep characteristics of individuals who sought medical help for disturbed sleep - a survey of a representative sample of the Swedish population. <b>2018</b> , 10, 295-301		1
1754	Biopsychosocial predictors and trajectories of work participation after transdiagnostic occupational rehabilitation of participants with mental and somatic disorders: a cohort study. <b>2018</b> , 18, 1014		9
1753	Impact of migraine on the clinical presentation of insomnia: a population-based study. <b>2018</b> , 19, 86		13
1752	Overcoming insomnia: protocol for a large-scale randomised controlled trial of online cognitive behaviour therapy for insomnia compared with online patient education about sleep. <b>2018</b> , 8, e025152		8
1751	Impact of breast cancer on prospective memory functioning assessed by virtual reality and influence of sleep quality and hormonal therapy: PROSOM-K study. <b>2018</b> , 18, 866		3
1750	Insomnia Really Hurts: Effect of a Bad Night's Sleep on Pain Increases With Insomnia Severity. <b>2018</b> , 9, 377		25
1749	Reassessing GWAS findings for the shared genetic basis of insomnia and restless legs syndrome. <i>Sleep</i> , <b>2018</b> , 41,	1.1	6
1748	The effect of far-infrared emitting sheets on sleep. <b>2018</b> , 22, 247-259		2
1747	Design of a clinical effectiveness trial of in-home cognitive processing therapy for combat-related PTSD. <b>2018</b> , 73, 27-35		4
1746	A randomised controlled trial to test the efficacy of an m-health delivered physical activity and sleep intervention to improve sleep quality in middle-aged adults: The Refresh Study Protocol. <b>2018</b> , 73, 36-50		5



1745	Implementing the Integrated Strategy for the Cultural Adaptation of Evidence-Based Interventions: An Illustration. <b>2018</b> , 50, 214-221		4
1744	Cognitive behavior therapy for older adults with insomnia and depression: a randomized controlled trial in community mental health services. <i>Sleep</i> , <b>2018</b> , 41,	1.1	26
1743	Sleep Quality During and After Cardiothoracic Intensive Care and Psychological Health During Recovery. <b>2018</b> , 33, E40-E49		12
1742	Adults with Comorbid Posttraumatic Stress Disorder, Alcohol Use Disorder, and Opioid Use Disorder: The Effectiveness of Modified Prolonged Exposure. <b>2018</b> , 31, 373-382		6
1741	The effects of mindfulness and relaxation training for insomnia (MRTI) on postmenopausal women: a pilot study. <b>2018</b> , 25, 992-1003		25
1740	Insomnia in Community-Living Persons with Advanced Age. <b>2018</b> , 66, 1592-1597		10
1739	Development of an Algorithm to Identify Patients with Physician-Documented Insomnia. <b>2018</b> , 8, 7862		8
1738	Effect of insomnia treatments on depression: A systematic review and meta-analysis. <b>2018</b> , 35, 717-731		65
1737	Psychometric properties and accuracy of the European Portuguese version of the Pittsburgh Sleep Quality Index in clinical and non-clinical samples. <b>2018</b> , 16, 413-422		5
1736	Do Sleeping Disorders Impair Sexual Function in Married Iranian Women of Reproductive Age? Results from a Cross-Sectional Study. <b>2018</b> , 2018, 1045738		3
1735	Associations between sleep duration, sleep quality and diabetic retinopathy. <b>2018</b> , 13, e0196399		21
1734	Comparative Effectiveness of Usual Care With or Without Chiropractic Care in Patients with Recurrent Musculoskeletal Back and Neck Pain. <b>2018</b> , 33, 1469-1477		4
1733	Cost-effectiveness and long-term follow-up of three forms of minimal-contact cognitive behaviour therapy for severe health anxiety: Results from a randomised controlled trial. <b>2018</b> , 107, 95-105		10
1732	Chronic Pain in the Emergency Department: A Pilot Interdisciplinary Program Demonstrates Improvements in Disability, Psychosocial Function, and Healthcare Utilization. <b>2018</b> , 2018, 1875967		14
1731	Sleep Disorders in Multiple Sclerosis and Related Conditions. <b>2018</b> , 319-325		1
1730	Insomnia. <b>2018</b> , 143-153		
1729	Harm avoidance and depression, anxiety, insomnia, and migraine in fifth-year medical students in Taiwan. <b>2018</b> , 14, 1273-1280		8
1728	Exercise can improve sleep quality: a systematic review and meta-analysis. <b>2018</b> , 6, e5172		73



1727	Psychological Evaluation and Testing. <b>2018</b> , 47-52.e2		3
1726	A non-inferiority randomized controlled trial comparing a home-based aerobic exercise program to a self-administered cognitive-behavioral therapy for insomnia in cancer patients. <i>Sleep</i> , <b>2018</b> , 41,	1.1	11
1725	Poor sleep quality in migraine and probable migraine: a population study. <b>2018</b> , 19, 58		23
1724	Relationship between Sleep Disorders and Health Related Quality of Life-Results from the Georgia SOMNUS Study. <b>2018</b> , 15,		24
1723	Reciprocal relations between care-related emotional burden and sleep problems in healthcare professionals: a multicentre international cohort study. <b>2018</b> , 75, 647-653		6
1722	The sleep and sex survey: Relationships between sexual function and sleep. <b>2018</b> , 112, 59-65		14
1721	Influence of Gender on Associations of Obstructive Sleep Apnea Symptoms with Chronic Conditions and Quality of Life. <b>2018</b> , 15,		17
1720	Italian adaptation of the Insomnia Catastrophising Scale (ICS): a tool to evaluate insomnia-specific catastrophic thinking. <b>2018</b> , 16, 423-429		3
1719	Exposure to suicide and suicide bereavement among women firefighters: Associated suicidality and psychiatric symptoms. <b>2018</b> , 74, 2219-2237		5
1718	Clinical Aspects in Sleep Disorders and Apnea. <b>2018</b> , 1-20		
1717	Antidepressants for insomnia in adults. <b>2018</b> , 5, CD010753		45
1716	Effects of concentrated long-chain omega-3 polyunsaturated fatty acid supplementation before radical prostatectomy on prostate cancer proliferation, inflammation, and quality of life: study protocol for a phase IIb, randomized, double-blind, placebo-controlled trial. <b>2018</b> , 18, 64		11
1715	Pragmatic RANdomised controlled trial of a trauma-focused guided self-help Programme versus InDIVidual trauma-focused cognitive Behavioural therapy for post-traumatic stress disorder (RAPID): trial protocol. <b>2018</b> , 18, 77		6
1714	Prevalence of and characteristics associated with insomnia and obstructive sleep apnea among veterans with knee and hip osteoarthritis. <b>2018</b> , 19, 79		16
1713	Multimodal brain imaging investigation of self-reported sleep quality and daytime sleepiness in older adults with heart failure. <b>2018</b> , 128, 1044-1051		1
1712	Sleep quality and its association with the insular cortex in emotional empathy. <b>2018</b> , 48, 2288-2300		12
1711	Feasibility of a Telemedicine-Delivered Cognitive Behavioral Therapy for Insomnia in Rural Breast Cancer Survivors. <b>2018</b> , 45, 607-618		19
1710	Effects of Zero-time Exercise on inactive adults with insomnia disorder: a pilot randomized controlled trial. <b>2018</b> , 52, 118-127		7

1709	Too Imperfect to Fall Asleep: Perfectionism, Pre-sleep Counterfactual Processing, and Insomnia. <b>2018</b> , 9, 1288	13
1708	Sleep Disturbances Are Commonly Reported Among Patients Presenting to a Gastroenterology Clinic. <b>2018</b> , 63, 2983-2991	23
1707	Patients' experiences of motivation, change, and challenges in group treatment for insomnia in primary care: a focus group study. <b>2018</b> , 19, 111	4
1706	Prevalence and Associated Factors of Insomnia in College Students with Irritable Bowel Syndrome. <b>2018</b> , 30, 235	0
1705	Perceived burdensomeness, thwarted belongingness and suicidal ideation in patients with fibromyalgia and healthy subjects: a cross-sectional study. <b>2018</b> , 38, 1479-1486	8
1704	Does sleep deprivation increase the vulnerability to acute psychosocial stress in young and older adults?. <b>2018</b> , 96, 155-165	37
1703	Effects of Inadequate Sleep on Blood Pressure and Endothelial Inflammation in Women: Findings From the American Heart Association Go Red for Women Strategically Focused Research Network. <b>2018</b> , 7,	30
1702	Sleep disturbances and sleep disorders in adults living with chronic pain: a meta-analysis. <b>2018</b> , 52, 198-210	78
1701	Efficacy of melatonin with behavioural sleep-wake scheduling for delayed sleep-wake phase disorder: A double-blind, randomised clinical trial. <b>2018</b> , 15, e1002587	50
1700	Sleep-disordered breathing, brain volume, and cognition in older individuals with heart failure. <b>2018</b> , 8, e01029	6
1699	The Military Suicide Research Consortium Common Data Elements: An Examination of Measurement Invariance Across Current Service Members and Veterans. <b>2019</b> , 26, 963-975	7
1698	Gender Differences in Perpetuating Factors, Experience and Management of Chronic Insomnia. <b>2019</b> , 28, 402-413	11
1697	Efficacy of digital CBT for insomnia to reduce depression across demographic groups: a randomized trial. <b>2019</b> , 49, 491-500	58
1696	The Relationship between Suicidal Responses and Traumatic Brain Injury and Severe Insomnia in Active Duty, Veteran, and Civilian Populations. <b>2019</b> , 23, 391-410	3
1695	Does online insomnia treatment reduce depressive symptoms? A randomized controlled trial in individuals with both insomnia and depressive symptoms. <b>2019</b> , 49, 501-509	45
1694	Heterogeneity in Short-Term Suicidal Ideation Trajectories: Predictors of and Projections to Suicidal Behavior. <b>2019</b> , 49, 826-837	10
1693	Effects of Osteoarthritis Pain and Concurrent Insomnia and Depression on Health Care Use in a Primary Care Population of Older Adults. <b>2019</b> , 71, 748-757	10
1692	Preliminary support for the role of reward relevant effort and chronotype in the depression/insomnia comorbidity. <b>2019</b> , 242, 220-223	12

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1690	Self-Compassion and Bedtime Procrastination: an Emotion Regulation Perspective. <b>2019</b> , 10, 434-445	26
1689	The Epidemiology of Patient-Reported Hypersomnia in Persons With Advanced Age. <b>2019</b> , 67, 2545-2552	3
1688	Improving Military Readiness and Reducing Suicide Risk: The Role Between Positive TBI Screens, Severe Insomnia, and Suicidal Outcomes. <b>2019</b> , 7, 448-458	
1687	Effect of ramelteon on insomnia severity: evaluation of patient characteristics affecting treatment response. <b>2019</b> , 17, 379-388	3
1686	Short and long-term effects of unguided internet-based cognitive behavioral therapy for chronic insomnia in morning and evening persons: a post-hoc analysis. <b>2019</b> , 36, 1384-1398	5
1685	Prevalence, and social and health correlates of insomnia among persons 15 years and older in South Africa. <b>2019</b> , 49, 467-478	5
1684	Prevalence and associations of insomnia in lung transplant recipients. <b>2019</b> , 17, 389-395	2
1683	Incidence of falls among community-dwelling older adults in Turkey and its relationship with pain and insomnia. <b>2019</b> , 25, e12766	6
1682	Melatonin use in an inpatient academic medical center: Factors affecting provider documentation of patients' sleep quality. <b>2019</b> , 59, 533-538	1
1681	The role of sleep deficiency in the trajectory of postconcussive symptoms in adolescents. <b>2019</b> , 33, 1413-1419	6
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1679	Does Cardiorespiratory Fitness Moderate the Association between Occupational Stress, Cardiovascular Risk, and Mental Health in Police Officers?. <b>2019</b> , 16,	20
1678	Sleep- and Wake-Promoting Drugs: Where Are They Being Sourced, and What Is Their Impact?. <b>2019</b> , 54, 1916-1928	8
1677	Treatable clinical intervention targets for patients with schizophrenia. <b>2019</b> , 211, 44-50	42
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1675	Effects and moderators of exercise on sleep in adults with cancer: Individual patient data and aggregated meta-analyses. <b>2019</b> , 124, 109746	10
1674	The Relationship Between Insomnia and Cognitive Impairment in Breast Cancer Survivors. <b>2019</b> , 3, pkz041	22

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1672	A randomized controlled trial of mindfulness-based stress reduction for insomnia secondary to cervical cancer: Sleep effects. <b>2019</b> , 48, 52-57	5
1671	Peer support for the maintenance of physical activity and health in cancer survivors: the PEER trial - a study protocol of a randomised controlled trial. <b>2019</b> , 19, 656	7
1670	Validation of a clinician-administered diagnostic measure of ICD-11 PTSD and Complex PTSD: the International Trauma Interview in a Swedish sample. <b>2019</b> , 10, 1665617	17
1669	Insomnia in Patients Seeking Care at an Orofacial Pain Unit. <b>2019</b> , 10, 542	5
1668	WITHDRAWN: Dynamic response of concrete slab under blast covered with aluminium foam: Numerical investigation. <b>2019</b> ,	
1667	The assessment and management of insomnia: an update. <b>2019</b> , 18, 337-352	48
1666	Retracted: A randomized controlled trial of mindfulness-based stress reduction for insomnia secondary to cervical cancer: Effects on sleep. <b>2019</b> , 2, e1190	0
1665	Efficacy of an m-Health Physical Activity and Sleep Health Intervention for Adults: A Randomized Waitlist-Controlled Trial. <b>2019</b> , 57, 503-514	23
1664	Insomnia Symptoms among African-American Older Adults in Economically Disadvantaged Areas of South Los Angeles. <b>2019</b> , 9,	6
1663	Prevalence, social and health correlates of insomnia among persons 15 years and older in Indonesia. <b>2019</b> , 24, 757-768	9
1662	Doctor-patient sleep discussions for US adults: results from the SHADES study. <b>2019</b> , 5, 658-665	5
1661	The Effect of Anxiety and Depression on Sleep Quality of Individuals With High Risk for Insomnia: A Population-Based Study. <b>2019</b> , 10, 849	57
1660	Cognitive Behavioral Therapy for Prenatal Insomnia: A Randomized Controlled Trial. <b>2019</b> , 133, 911-919	45
1659	Risk Factors for Persistent or Recurrent Central Serous Chorioretinopathy. <b>2019</b> , 2019, 5970659	8
1658	The Sleep Health Index: Correlations with standardized stress and sleep measures in a predominantly Hispanic college student population. <b>2019</b> , 5, 587-591	7
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1656	Changes in sleep predict changes in depressive symptoms in depressed subjects receiving vortioxetine: An open-label clinical trial. <b>2019</b> , 33, 1388-1394	9

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1654	Depression prevention via digital cognitive behavioral therapy for insomnia: a randomized controlled trial. <i>Sleep</i> , <b>2019</b> , 42,	1.1	59
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1650	Insomnia and obsessive-compulsive symptom dimensions: The mediating role of anxiety and depression. <b>2019</b> , 23, 100482		3
1649	Development and Validation of the Adolescent Insomnia Questionnaire. <b>2020</b> , 45, 61-71		2
1648	Sleep reductions associated with illicit opioid use and clinic-hour changes during opioid agonist treatment for opioid dependence: Measurement by electronic diary and actigraphy. <b>2019</b> , 106, 43-57		14
1647	Development and validation of the Hypersomnia Severity Index (HSI): A measure to assess hypersomnia severity and impairment in psychiatric disorders. <b>2019</b> , 281, 112547		6
1646	Interpersonal problems as a predictor of pain catastrophizing in patients with chronic pain. <b>2019</b> , 20, 51-59		1
1645	Choice, Expectations, and the Placebo Effect for Sleep Difficulty. <b>2020</b> , 54, 94-107		2
1644	Sleep Issues and Mild Traumatic Brain Injury. <b>2019</b> , 199-221		1
1643	The Sustainability of a Workplace Wellness Program That Incorporates Gamification Principles: Participant Engagement and Health Benefits After 2 Years. <b>2019</b> , 33, 850-858		13
1642	Brief behavioral treatment for insomnia in older adults with late-life treatment-resistant depression and insomnia: a pilot study. <b>2019</b> , 17, 287-295		7
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1640	Proof of Concept for an Adaptive Treatment Strategy to Prevent Failures in Internet-Delivered CBT: A Single-Blind Randomized Clinical Trial With Insomnia Patients. <b>2019</b> , 176, 315-323		28
1639	The Oslo University Hospital Pain Registry: development of a digital chronic pain registry and baseline data from 1,712 patients. <b>2019</b> , 19, 365-373		12
1638	A randomized controlled trial of bedtime music for insomnia disorder. <b>2019</b> , 28, e12817		18

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1620 Sleeping, sleeping environments, and human errors in South Korean male train drivers. **2019**, 61, 358-367 2

1619	Psychological Sleep Interventions for Migraine and Tension-Type Headache: A Systematic Review and Meta-Analysis. <b>2019</b> , 9, 6411	9
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1617	Screening for sleep disorders. <b>2019</b> , 117-135	1
1616	Variables associated with reductions in insomnia severity among acutely suicidal patients receiving brief cognitive behavioral therapy for suicide prevention. <b>2019</b> , 252, 230-236	4
1615	Haunted by the past: old emotions remain salient in insomnia disorder. <b>2019</b> , 142, 1783-1796	24
1614	Self-report versus objective measurement of weight history: implications for pre-treatment weight gain. <b>2019</b> , 42, 1142-1147	5
1613	Insomnia in Adolescents with Slow Recovery from Concussion. <b>2019</b> , 36, 2391-2399	5
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1611	Clinical features of isolated sleep paralysis. <b>2019</b> , 58, 102-106	9
1610	Cognitive Behavioral Therapy for Insomnia in Alcohol-Dependent Veterans: A Randomized, Controlled Pilot Study. <b>2019</b> , 43, 1244-1253	11
1609	Sleep regularity is associated with sleep-wake and circadian timing, and mediates daytime function in Delayed Sleep-Wake Phase Disorder. <b>2019</b> , 58, 93-101	19
1608	Physical activity as prognostic factor for bipolar disorder: An 18-month prospective study. <b>2019</b> , 251, 100-106	7
1607	Insomnia severity index: a psychometric investigation among Saudi nurses. <b>2019</b> , 23, 987-996	8
1606	Solving insomnia electronically: Sleep treatment for asthma (SIESTA): A study protocol for a randomized controlled trial. <b>2019</b> , 79, 73-79	2
1605	Variations in circadian genes and individual nocturnal symptoms of insomnia. The HUNT study. <b>2019</b> , 36, 681-688	4
1604	Open-Loop Audiovisual Stimulation Induces Delta EEG Activity in Older Adults With Osteoarthritis Pain and Insomnia. <b>2019</b> , 21, 307-317	2
1603	Biological and psychosocial predictors of anxiety worsening in the postpartum period: A longitudinal study. <b>2019</b> , 250, 218-225	14
1602	A sleep apnoea questionnaire predicts organ damage in hypertensive patients. <b>2019</b> , 28, 173-183	



1601	Acupuncture Versus Cognitive Behavioral Therapy for Insomnia in Cancer Survivors: A Randomized Clinical Trial. <b>2019</b> , 111, 1323-1331		44
1600	Prospective associations between insomnia symptoms and alcohol use problems among former and current military service personnel. <b>2019</b> , 199, 35-41		6
1599	Examining social capital in relation to sleep duration, insomnia, and daytime sleepiness. <b>2019</b> , 60, 165-172		10
1598	Psychopathological symptoms associated with synthetic cannabinoid use: a comparison with natural cannabis. <b>2019</b> , 236, 2677-2685		17
1597	Health-related quality among life of employees with persistent nonspecific indoor-air-associated health complaints. <b>2019</b> , 122, 112-120		4
1596	The Epworth Sleepiness Scale in Service Members with Sleep Disorders. <b>2019</b> , 184, e701-e707		7
1595	Reducing bedtime physiological arousal levels using immersive audio-visual respiratory bio-feedback: a pilot study in women with insomnia symptoms. <b>2019</b> , 42, 973-983		6
1594	Gender differences in the associations between insomnia and glycemic control in patients with type 2 diabetes: a cross-sectional study. <i>Sleep</i> , <b>2019</b> , 42,	1.1	3
1593	The Effect of Mind-Body Therapies on Insomnia: A Systematic Review and Meta-Analysis. <b>2019</b> , 2019, 9359807		22
1592	Insomnia Severity in Adults with Autism Spectrum Disorder is Associated with sensory Hyper-Reactivity and Social Skill Impairment. <b>2019</b> , 49, 2146-2155		14
1591	Cognitive Functioning and Associated Factors in Older Adults: Results from the Indonesian Family Life Survey-5 (IFLS-5) in 2014-2015. <b>2019</b> , 2019, 4527647		7
1590	Effects of a Workplace-Based Sleep Health Program on Sleep in Members of the German Armed Forces. <b>2019</b> , 15, 417-429		4
1589	Circadian Preference as a Moderator of Depression Outcome Following Cognitive Behavioral Therapy for Insomnia Plus Antidepressant Medications: A Report From the TRIAD Study. <b>2019</b> , 15, 573-580		9
1588	Predictors of Insomnia Severity Index Profiles in United States Veterans With Obstructive Sleep Apnea. <b>2019</b> , 15, 1827-1837		15
1587	A Longitudinal Study of Psychological Factors as Mediators of the Relationship Between Insomnia Symptoms and Suicidal Ideation Among Young Adults. <b>2019</b> , 15, 55-63		7
1586	Long-Term Effects of an Unguided Online Cognitive Behavioral Therapy for Chronic Insomnia. <b>2019</b> , 15, 101-110		14
1585	Protocol of the SOMNIA project: an observational study to create a neurophysiological database for advanced clinical sleep monitoring. <b>2019</b> , 9, e030996		16
1584	Machine Learning Model for Predicting Insomnia Levels in Indian College Students. <b>2019</b> ,		2



1583	Effects of e-aid cognitive behavioural therapy for insomnia (eCBTI) to prevent the transition from acute insomnia to chronic insomnia: study protocol for a randomised controlled trial. <b>2019</b> , 9, e033457	8
1582	Mindfulness-based stress reduction for women diagnosed with breast cancer. <b>2019</b> , 3, CD011518	33
1581	Sleep disturbance at pre-deployment is a significant predictor of post-deployment re-experiencing symptoms. <b>2019</b> , 10, 1679964	11
1580	Self-reported insomnia as a marker for anxiety and depression among migraineurs: a population-based cross-sectional study. <b>2019</b> , 9, 19608	4
1579	Effects of acupuncture on the hypothalamus-pituitary-adrenal axis in chronic insomnia patients: a study protocol for a randomized controlled trial. <b>2019</b> , 20, 810	8
1578	Effect of Yoga versus Light Exercise to Improve Well-Being and Promote Healthy Aging among Older Adults in Central India: A Study Protocol for a Randomized Controlled Trial. <b>2019</b> , 4,	6
1577	Cognitive behavioural therapy for insomnia (CBTi) as a treatment for tinnitus-related insomnia: protocol for a randomised controlled trial. <b>2019</b> , 20, 667	4
1576	Effects of upadacitinib on patient-reported outcomes: results from SELECT-BEYOND, a phase 3 randomized trial in patients with rheumatoid arthritis and inadequate responses to biologic disease-modifying antirheumatic drugs. <b>2019</b> , 21, 263	16
1575	Risk factors for obstructive sleep apnea-related hypertension in police officers in Southern China. <b>2019</b> , 11, 4169-4178	5
1574	Sleep disturbance in women who undergo surgical menopause compared with women who experience natural menopause. <b>2019</b> , 26, 357-364	14
1573	Minimal Effects of Binaural Auditory Beats for Subclinical Insomnia: A Randomized Double-Blind Controlled Study. <b>2019</b> , 39, 499-503	3
1572	Insomnia-related Memory Impairment in Individuals With Very Complex Chronic Pain. <b>2019</b> , 32, 164-171	1
1571	Development of the Lebanese insomnia scale (LIS-18): a new scale to assess insomnia in adult patients. <b>2019</b> , 19, 421	26
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1569	Zao Ren An Shen capsule for chronic insomnia: Study protocol for a randomized, placebo-controlled trial. <b>2019</b> , 98, e14853	3
1568	Insomnia among Medical and Paramedical Students in Jordan: Impact on Academic Performance. <b>2019</b> , 2019, 7136906	11
1567	Cardiovascular reactivity and psychological hyperarousal in hot flash-associated insomnia disorder. <b>2019</b> , 26, 728-740	3
1566	Understanding the High Frequency Use of the Emergency Department for Patients With Chronic Pain: A Mixed-Methods Study. <b>2019</b> , 41, 195-211	5

1565	Insomnia, Short Sleep, And Snoring In Mid-To-Late Pregnancy: Disparities Related To Poverty, Race, And Obesity. <b>2019</b> , 11, 301-315		19
1564	Confirmatory factor analysis of the Insomnia Severity Index (ISI) and invariance across race: a pooled analysis of MsFLASH data. <b>2019</b> , 26, 850-855		6
1563	Patient-Reported Psychological Distress After Spontaneous Coronary Artery Dissection: EVIDENCE FOR POST-TRAUMATIC STRESS. <b>2019</b> , 39, E20-E23		10
1562	Mental health among university students with eating disorders and irritable bowel syndrome in France. <b>2019</b> , 67, 295-301		9
1561	Sleep improvements and associations with default mode network functional connectivity following rTMS for generalized anxiety disorder. <b>2019</b> , 12, 184-186		6
1560	A narrative review of interventions for improving sleep and reducing circadian disruption in medical inpatients. <b>2019</b> , 59, 42-50		17
1559	Outcomes of Subjective Sleep-Wake Disturbances Twenty Years after Traumatic Brain Injury in Childhood. <b>2019</b> , 36, 669-678		8
1558	Sleep Disorders in Early Psychosis: Incidence, Severity, and Association With Clinical Symptoms. <b>2019</b> , 45, 287-295		54
1557	Adjunctive Internet-delivered cognitive behavioural therapy for insomnia in men with depression: A randomised controlled trial. <b>2019</b> , 53, 350-360		12
1556	Combat exposure, post-traumatic stress symptoms, and health-related behaviors: the role of sleep continuity and duration. <i>Sleep</i> , <b>2019</b> , 42,	1.1	8
1555	Fatigue in systemic lupus: the role of disease activity and its correlates. <b>2019</b> , 28, 163-173		27
1554	Diabetes sleep treatment trial: Premise, design, and methodology. <b>2019</b> , 76, 104-111		8
1553	Overnight worsening of emotional distress indicates maladaptive sleep in insomnia. <i>Sleep</i> , <b>2019</b> , 42,	1.1	18
1552	Anxiety, Depression, and Insomnia Among Adults With Opioid Dependence Treated With Extended-Release Naltrexone vs Buprenorphine-Naloxone: A Randomized Clinical Trial and Follow-up Study. <b>2019</b> , 76, 127-134		27
1551	L-theanine in the adjunctive treatment of generalized anxiety disorder: A double-blind, randomised, placebo-controlled trial. <b>2019</b> , 110, 31-37		19
1550	Validity and Reliability of the Fibromyalgia Rapid Screening Tool Among Individuals with Chronic Daily Headache: A Clinic-Based Study. <b>2019</b> , 20, 1193-1201		1
1549	Does exercise improve sleep for adults with insomnia? A systematic review with quality appraisal. <b>2019</b> , 68, 1-12		37
1548	Validation of selected sleeping disorders related scales in Arabic among the Lebanese Population. <b>2019</b> , 17, 183-189		8

1547	The role of modifiable health-related behaviors in the association between PTSD and respiratory illness. <b>2019</b> , 115, 64-72		2
1546	Cognition in schizophrenia improves with treatment of severe obstructive sleep apnoea: A pilot study. <b>2019</b> , 15, 14-20		7
1545	Chronic Widespread Pain in a tertiary pain clinic: classification overlap and use of a patient generated quality of life instrument. <b>2019</b> , 19, 245-255		5
1544	Consistency of trajectories of suicidal ideation and depression symptoms: Evidence from a randomized controlled trial. <b>2019</b> , 36, 321-329		24
1543	A Comparative Study of the Efficacy of Cognitive Behavioral Therapy and Zopiclone in Chronic Insomnia. <b>2019</b> , 49, 38-44		
1542	Insomnia disorder subtypes derived from life history and traits of affect and personality. <b>2019</b> , 6, 151-163		67
1541	Sleep ultradian cycling: Statistical distribution and links with other sleep variables, depression, insomnia and sleepiness-A retrospective study on 2,312 polysomnograms. <b>2019</b> , 279, 140-147		4
1540	Effect of Early Management on Pain and Depression in Patients with Pancreatobiliary Cancer: A Randomized Clinical Trial. <b>2019</b> , 11,		5
1539	Employment status and the association of sociocultural stress with sleep in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). <i>Sleep</i> , <b>2019</b> , 42,	1.1	17
1538	Psychometric properties of the Insomnia Severity Index in cancer survivors. <b>2019</b> , 28, 540-546		7
1537	Cognitive behavioural therapy for tinnitus-related insomnia: evaluating a new treatment approach. <b>2019</b> , 58, 311-316		6
1536	Mindfulness and associations with symptoms of insomnia, anxiety and depression in early adulthood: A twin and sibling study. <b>2019</b> , 118, 18-29		3
1535	Sleep interventions for osteoarthritis and spinal pain: a systematic review and meta-analysis of randomized controlled trials. <b>2019</b> , 27, 196-218		27
1534	Sleep and Inflammatory Bowel Disease: An Important Bi-Directional Relationship. <b>2019</b> , 25, 843-852		20
1533	Effects of suvorexant on the Insomnia Severity Index in patients with insomnia: analysis of pooled phase 3 data. <b>2019</b> , 56, 219-223		14
1532	Cognitive processes mediate the effects of insomnia treatment: evidence from a randomized wait-list controlled trial. <b>2019</b> , 54, 86-93		15
1531	Examining the link between prior suicidality and subsequent suicidal ideation among high-risk US military service members. <b>2019</b> , 49, 2237-2246		4
1530	The added value of cognitive behavioral therapy for insomnia to current best evidence physical therapy for chronic spinal pain: protocol of a randomized controlled clinical trial. <b>2019</b> , 23, 62-70		8

1529	What makes surgical nerve injury painful? A 4-year to 9-year follow-up of patients with intercostobrachial nerve resection in women treated for breast cancer. <b>2019</b> , 160, 246-256	27
1528	Nonrestorative sleep mediates eveningness and insomnia severity. <b>2019</b> , 17, 73-78	1
1527	Insomnia and cardiorespiratory fitness in a middle-aged population: the SCAPIS pilot study. <b>2019</b> , 23, 319-326	5
1526	Treating chronic insomnia in postmenopausal women: a randomized clinical trial comparing cognitive-behavioral therapy for insomnia, sleep restriction therapy, and sleep hygiene education. <i>Sleep</i> , <b>2019</b> , 42, 1.1	41
1525	Predictors of change in cognitive processing therapy for veterans in a residential PTSD treatment program. <b>2019</b> , 75, 364-379	6
1524	Preliminary evidence linking complex-PTSD to insomnia in a sample of Yazidi genocide survivors. <b>2019</b> , 271, 161-166	6
1523	Borderline personality disorder traits and suicide risk: The mediating role of insomnia and nightmares. <b>2019</b> , 244, 85-91	9
1522	Managing Acute Insomnia in Prison: Evaluation of a "One-Shot" Cognitive Behavioral Therapy for Insomnia (CBT-I) Intervention. <b>2019</b> , 17, 827-836	19
1521	Developing Predictive Models to Enhance Clinician Prediction of Suicide Attempts Among Veterans With and Without PTSD. <b>2019</b> , 49, 1094-1104	2
1520	Broad clinical high-risk mental state (CHARMS): Methodology of a cohort study validating criteria for pluripotent risk. <b>2019</b> , 13, 379-386	45
1519	Role of Combat Exposure and Insomnia in Student Veterans' Adaptation to College. <b>2019</b> , 17, 213-223	2
1518	Insomnia Symptoms, Subjective Appraisals, and Fatigue: A Multiple Mediation Model. <b>2019</b> , 17, 269-280	4
1517	Description of a multifaceted intervention programme for fatigue after acquired brain injury: a pilot study. <b>2019</b> , 29, 946-968	3
1516	How sleep problems contribute to simulator sickness: Preliminary results from a realistic driving scenario. <b>2019</b> , 28, e12677	7
1515	Literature review on Insomnia (2010-2016). <b>2019</b> , 50, 94-163	16
1514	Cognitive behavioural therapy for post-stroke fatigue and sleep disturbance: a pilot randomised controlled trial with blind assessment. <b>2019</b> , 29, 723-738	37
1513	Psychometric Characteristics of the Insomnia Severity Index in Veterans With History of Traumatic Brain Injury. <b>2019</b> , 17, 12-18	21
1512	Effectiveness of Group Cognitive Behavioral Therapy for Insomnia (CBT-I) in a Primary Care Setting. <b>2019</b> , 17, 191-201	14

1511	Insomnia Management in the Australian Primary Care Setting. <b>2019</b> , 17, 19-30	14
1510	Modified Cognitive Behavioral Therapy for Insomnia in Depressed Adolescents: A Pilot Study. <b>2019</b> , 17, 99-111	9
1509	Usefulness of psychoeducational intervention in chronic insomnia: an actigraphic study. <b>2020</b> , 29, 20-26	3
1508	Psychometric properties of the Insomnia Severity Index in Ethiopian adults with substance use problems. <b>2020</b> , 19, 238-252	10
1507	Effects of Cognitive Behavioral Therapy for Insomnia on Sleep, Symptoms, Stress, and Autonomic Function Among Patients With Heart Failure. <b>2020</b> , 18, 190-202	15
1506	Comparing Suicide Risk Factors Among Individuals with a History of Aborted, Interrupted, and Actual Suicide Attempts. <b>2020</b> , 24, 57-74	6
1505	Association of change in physical activity associated with change in sleep complaints: results from a six-year longitudinal study with Swedish health care workers. <b>2020</b> , 69, 189-197	4
1504	Psychomotor Performance Decrements following a Successful Physical Activity Intervention for Insomnia. <b>2020</b> , 18, 298-308	4
1503	Development of Dysfunctional Beliefs and Attitude about Sleep Scale for Cancer Patients. <b>2020</b> , 18, 287-297	5
1502	Nursing Home Eligible, Community-Dwelling Older Adults' Perceptions and Beliefs About Sleep: A Mixed-Methods Study. <b>2020</b> , 29, 177-188	5
1501	A Pilot Study of a Sleep Intervention Delivered through Group Prenatal Care to Overweight and Obese Women. <b>2020</b> , 18, 477-487	7
1500	The prevalence of insomnia and its risk factors among older adults in a city in Turkey's Aegean Region. <b>2020</b> , 20, 111-117	5
1499	Cognitive-Behavioral Therapy for Insomnia Tailored to Patients With Cardiovascular Disease: A Pre-Post Study. <b>2020</b> , 18, 372-385	7
1498	New-onset insomnia among cancer patients undergoing chemotherapy: prevalence, risk factors, and its correlation with other symptoms. <b>2020</b> , 24, 241-251	12
1497	Changes in Sleep Quality and Associated Health Outcomes among Gay and Bisexual Men Living with HIV. <b>2020</b> , 18, 406-419	7
1496	A combination of Cham. and L. extracts for adjustment insomnia: A prospective observational study. <b>2020</b> , 10, 116-123	5
1495	Psychometric Properties of Two Brief Versions of Cognitive, Insomnia-Specific Measures: The Anxiety and Preoccupation About Sleep Questionnaire and the Sleep-Associated Monitoring Index. <b>2020</b> , 123, 966-982	1
1494	Profiles of Risk for Suicidal Behavior in Past and Current United States Military Personnel: Latent Profile Analysis of Current Risk Factors. <b>2020</b> , 24, 1-17	4

1493	Examining Relationships between Multiple Self-Reported Sleep Measures and Gait Domains in Cognitively Healthy Older Adults. <b>2020</b> , 66, 47-54		3
1492	What makes one respond to acupuncture for insomnia? Perspectives of cancer survivors. <b>2020</b> , 18, 301-306		3
1491	Perceived racial discrimination and risk of insomnia among middle-aged and elderly Black women. <i>Sleep</i> , <b>2020</b> , 43,	1.1	18
1490	Improving Our Understanding of the Death/Life Implicit Association Test. <b>2020</b> , 102, 845-857		7
1489	Systemic assessment of depressive symptoms among registered nurses: A new situation-specific theory. <b>2020</b> , 68, 207-219		4
1488	Sleep quality, insomnia, and internalizing difficulties in adolescents: insights from a twin study. <i>Sleep</i> , <b>2020</b> , 43,	1.1	8
1487	Comparing internet-delivered cognitive therapy and behavior therapy with telephone support for insomnia disorder: a randomized controlled trial. <i>Sleep</i> , <b>2020</b> , 43,	1.1	7
1486	Objective and subjective sleep problems and quality of life of rehabilitation in patients with mild to moderate stroke. <b>2020</b> , 27, 199-207		4
1485	Factors associated with the remission of insomnia after traumatic brain injury: a traumatic brain injury model systems study. <b>2020</b> , 34, 187-194		2
1484	Longitudinal associations between family identification, loneliness, depression, and sleep quality. <b>2020</b> , 25, 1-16		28
1483	Validity, potential clinical utility, and comparison of consumer and research-grade activity trackers in Insomnia Disorder I: In-lab validation against polysomnography. <b>2020</b> , 29, e12931		22
1482	Prevalence of Insomnia (Symptoms) in T2D and Association With Metabolic Parameters and Glycemic Control: Meta-Analysis. <b>2020</b> , 105,		11
1481	Developing and Testing a Novel, Computerized Insomnia and Anxiety Intervention to Reduce Safety Aids Among an at-Risk Student Sample: A Randomized Controlled Trial. <b>2020</b> , 51, 149-161		4
1480	Empathy, compassion fatigue, guilt and secondary traumatic stress in nurses. <b>2020</b> , 27, 494-504		13
1479	A thorough psychometric comparison between Athens Insomnia Scale and Insomnia Severity Index among patients with advanced cancer. <b>2020</b> , 29, e12891		24
1478	Treatment Outcomes and Mechanisms for an ACT-Based 10-Week Interdisciplinary Chronic Pain Rehabilitation Program. <b>2020</b> , 20, 44-54		20
1477	Depression and suicidal ideation in pregnancy: exploring relationships with insomnia, short sleep, and nocturnal rumination. <b>2020</b> , 65, 62-73		22
1476	Investigating the Putative Impact of Odors Purported to Have Beneficial Effects on Sleep: Neural and Perceptual Processes. <b>2020</b> , 13, 93-105		2

1475	Internet-Based Cognitive Behavioral Therapy for Insomnia in Appalachian Women: A Pilot Study. <b>2020</b> , 18, 680-689		5
1474	A randomized, placebo-controlled trial using a novel PAP delivery platform to treat patients with OSA and comorbid PTSD. <b>2020</b> , 24, 1001-1009		1
1473	Psychological distress and quality of life in Iranian adolescents with overweight/obesity: mediating roles of weight bias internalization and insomnia. <b>2020</b> , 25, 1583-1592		8
1472	Effectively Assessing Sleep and Circadian Rhythms in Psychosis. <b>2020</b> , 245-272		
1471	What do people do before going to bed? A study of bedtime procrastination using time use surveys. <i>Sleep</i> , <b>2020</b> , 43,	1.1	27
1470	Validity, potential clinical utility and comparison of a consumer activity tracker and a research-grade activity tracker in insomnia disorder II: Outside the laboratory. <b>2020</b> , 29, e12944		10
1469	The relationship between sleep-wake disturbances and frailty among older adults: A systematic review. <b>2020</b> , 76, 96-108		18
1468	Insomnia symptoms predict the development of post-traumatic stress symptoms following an experimental trauma. <b>2020</b> , 29, e12909		9
1467	Developing efficient and effective behavioral treatment for insomnia in cancer survivors: Results of a stepped care trial. <b>2020</b> , 126, 165-173		13
1466	Gender differences influence over insomnia in Korean population: A cross-sectional study. <b>2020</b> , 15, e0227190		19
1465	A comparison of diabetes self-care behavior in people with type 2 diabetes with and without insomnia symptoms. <b>2020</b> , 57, 651-659		2
1464	Overeating and food addiction in Major Depressive Disorder: Links to peripheral dopamine. <b>2020</b> , 148, 104586		19
1463	[Effects of physical exercise on sleep quality, insomnia, and daytime sleepiness in the elderly. A literature review]. <b>2020</b> , 55, 42-49		6
1462	Effects of school-based physical activity and multi-micronutrient supplementation intervention on growth, health and well-being of schoolchildren in three African countries: the KaziAfya cluster randomised controlled trial protocol with a 2 x 2 factorial design. <b>2020</b> , 21, 22		6
1461	Cognitive behavioural therapy interventions for insomnia among shift workers: RCT in an occupational health setting. <b>2020</b> , 93, 535-550		10
1460	Non-pharmacological treatment for insomnia following acquired brain injury: A systematic review. <b>2020</b> , 50, 101255		5
1459	Self-reported disability and quality of life in an online Australian community sample with suicidal thoughts. <b>2020</b> , 263, 707-714		2
1458	Nocturnal cognitive arousal is associated with objective sleep disturbance and indicators of physiologic hyperarousal in good sleepers and individuals with insomnia disorder. <b>2020</b> , 71, 151-160		19



1457	Is sleep disturbance linked to short- and long-term outcomes following treatments for recurrent depression?. <b>2020</b> , 262, 323-332	6
1456	The associations of objectively measured sleep duration and sleep disturbances with diabetic retinopathy. <b>2020</b> , 159, 107967	18
1455	Subjective and objective features of sleep disorders in patients with acute ischemic or haemorrhagic stroke: It is not only sleep apnoea which is important. <b>2020</b> , 136, 109512	9
1454	Revisiting the value of polysomnographic data in insomnia: more than meets the eye. <b>2020</b> , 66, 184-200	16
1453	A Pilot Randomized Controlled Trial of Cognitive-Behavioral Therapy for Insomnia in Adolescents With Persistent Postconcussion Symptoms. <b>2020</b> , 35, E103-E112	15
1452	Kava for generalised anxiety disorder: A 16-week double-blind, randomised, placebo-controlled study. <b>2020</b> , 54, 288-297	10
1451	Sleep and schizophrenia: From epiphenomenon to treatable causal target. <b>2020</b> , 221, 44-56	25
1450	Sleep and eating disorders: current research and future directions. <b>2020</b> , 34, 89-94	11
1449	Prevalence and characteristics of prediabetes in workers in industry. <b>2020</b> , 76, 803-813	0
1448	The effect of anticipatory stress and openness and engagement on subsequently perceived sleep quality-An Experience Sampling Method study. <b>2020</b> , 29, e12957	
1447	A prospective three-year follow-up study on the clinical significance of anti-neuronal antibodies in acute psychiatric disorders. <b>2019</b> , 10, 35	3
1446	Effects of the lockdown on the mental health of the general population during the COVID-19 pandemic in Italy: Results from the COMET collaborative network. <b>2020</b> , 63, e87	106
1445	Longitudinal suicide ideation trajectories in a clinical trial of brief CBT for U.S. military personnel recently discharged from psychiatric hospitalization. <b>2020</b> , 293, 113335	3
1444	Internet-Delivered Acceptance and Commitment Therapy for Adolescents with Chronic Pain and Their Parents: A Nonrandomized Pilot Trial. <b>2020</b> , 45, 990-1004	2
1443	Clinical and cost-effectiveness of a guided internet-based Acceptance and Commitment Therapy to improve chronic pain-related disability in green professions (PACT-A): study protocol of a pragmatic randomised controlled trial. <b>2020</b> , 10, e034271	4
1442	Effectiveness and Cost-Effectiveness of Internet-Based Cognitive Behavioral Therapy for Insomnia in Clinical Settings. <b>2020</b> , 11, 838	3
1441	Mental health during the COVID-19 pandemic: Effects of stay-at-home policies, social distancing behavior, and social resources. <b>2020</b> , 293, 113419	219
1440	Do symptoms of depression, anxiety or stress impair the effectiveness of cognitive behavioural therapy for insomnia? A chart-review of 455 patients with chronic insomnia. <b>2020</b> , 75, 401-410	11



1439	Mental health impacts among health workers during COVID-19 in a low resource setting: a cross-sectional survey from Nepal. <b>2020</b> , 16, 89	101
1438	Ibudilast for alcohol use disorder: study protocol for a phase II randomized clinical trial. <b>2020</b> , 21, 779	3
1437	Motivational nondirective resonance breathing versus transcutaneous vagus nerve stimulation in the treatment of fibromyalgia: study protocol for a randomized controlled trial. <b>2020</b> , 21, 808	2
1436	Nurses endured high risks of psychological problems under the epidemic of COVID-19 in a longitudinal study in Wuhan China. <b>2020</b> , 131, 132-137	55
1435	Psychological, addictive, and health behavior implications of the COVID-19 pandemic. <b>2020</b> , 134, 103715	61
1434	Racial discrimination as a mediator of racial disparities in insomnia disorder. <b>2020</b> , 6, 543-549	10
1433	Acculturation Associated with Sleep Duration, Sleep Quality, and Sleep Disorders at the US-Mexico Border. <b>2020</b> , 17,	5
1432	Treating depression with a smartphone-delivered self-help cognitive behavioral therapy for insomnia: study protocol for a parallel group randomized controlled trial. <b>2020</b> , 21, 843	1
1431	WITHDRAWN: Efficacy of exercise on sleep quality and insomnia: a systematic review and meta-analysis. <b>2020</b> , 113442	
1430	Effects of forehead cooling and supportive care on menopause-related sleep difficulties, hot flashes and menopausal symptoms: a pilot study. <b>2021</b> , 19, 615-628	
1429	The relationship between insomnia and the intensity of drinking in treatment-seeking individuals with alcohol dependence. <b>2020</b> , 215, 108189	5
1428	Sleep state instabilities in patients with periodic limb movements in sleep - Detection and quantification with heart rate variability. <b>2020</b> , 293, 113454	0
1427	Efficacy of digital cognitive behavioural therapy for insomnia: a meta-analysis of randomised controlled trials. <b>2020</b> , 75, 315-325	160
1426	Relationship between Sleep Problems and Self-Injury: A Systematic Review. <b>2021</b> , 19, 689-704	11
1425	Prevalence of sleep disturbances during COVID-19 outbreak in an urban Chinese population: a cross-sectional study. <b>2020</b> , 74, 18-24	43
1424	Cocreated internet-based stepped care for individuals with cancer and concurrent symptoms of anxiety and depression: Results from the U-CARE AdultCan randomized controlled trial. <b>2020</b> , 29, 2012-2018	8
1423	The effect of age, gender, income, work, and physical activity on mental health during coronavirus disease (COVID-19) lockdown in Austria. <b>2020</b> , 136, 110186	355
1422	Factors related to mental health of inpatients with COVID-19 in Wuhan, China. <b>2020</b> , 89, 587-593	53

1421	A Systematic Review of Instruments for the Assessment of Insomnia in Adults. <b>2020</b> , 12, 377-409	8
1420	Mental Health and Work Attitudes among People Resuming Work during the COVID-19 Pandemic: A Cross-Sectional Study in China. <b>2020</b> , 17,	33
1419	A systematic review and meta-analysis of wind turbine noise effects on sleep using validated objective and subjective sleep assessments. <b>2021</b> , 30, e13228	7
1418	Evaluation of the Effects of an Intervention Intended to Optimize the Sleep Environment Among the Elderly: An Exploratory Study. <b>2020</b> , 15, 2117-2127	2
1417	Longitudinal investigation of the relationships between trauma exposure, post-migration stress, sleep disturbance, and mental health in Syrian refugees. <b>2020</b> , 11, 1825166	4
1416	Correspondence between physiological and behavioural responses to vibratory stimuli during the sleep onset period: A quantitative electroencephalography analysis. <b>2021</b> , 30, e13232	3
1415	Insomnia, fatigue and psychosocial well-being during COVID-19 pandemic: A cross-sectional survey of hospital nursing staff in the United States. <b>2020</b> ,	49
1414	Evidence of Mitochondrial Dysfunction in Fibromyalgia: Deviating Muscle Energy Metabolism Detected Using Microdialysis and Magnetic Resonance. <b>2020</b> , 9,	3
1413	Sleep Quality, Empathy, and Mood During the Isolation Period of the COVID-19 Pandemic in the Canadian Population: Females and Women Suffered the Most. <b>2020</b> , 1, 585938	24
1412	Light therapy for insomnia symptoms in fatigued cancer survivors: a secondary analysis of a randomized controlled trial. <b>2020</b> , 2, e27	1
1411	The impact of SARS-CoV-2 on the mental health of healthcare workers in a hospital setting-A Systematic Review. <b>2020</b> , 62, e12175	63
1410	Feasibility of electronic sleep disorder screening in healthcare workers of a large healthcare system. <b>2020</b> , 73, 181-186	3
1409	Sleep disturbance and insomnia in individuals seeking bariatric surgery. <b>2020</b> , 16, 940-947	1
1408	Cognitive-behavioral therapy for insomnia in adolescents with comorbid psychiatric disorders: A clinical pilot study. <b>2020</b> , 25, 958-971	7
1407	Comparison of Cortisol level by Shift Cycle in Korean Firefighters. <b>2020</b> , 17,	7
1406	Evaluation of sedative effects of an intranasal dosage form containing saffron, lettuce seeds and sweet violet in primary chronic insomnia: A randomized, double-dummy, double-blind placebo controlled clinical trial. <b>2020</b> , 262, 113116	4
1405	Sleep Efficiency and Total Sleep Time in Individuals with Type 2 Diabetes with and without Insomnia Symptoms. <b>2020</b> , 2020, 5950375	0
1404	Prevalence of RLS among subjects with chronic liver disease and its effect on sleep and mood. <b>2020</b> , 73, 144-152	2

1403	Effects of digital cognitive behavioural therapy for insomnia on insomnia severity: a large-scale randomised controlled trial. <b>2020</b> , 2, e397-e406	18
1402	Sleep disturbances are among the risk factors associated with cognitive impairment. <b>2020</b> , 32, 791-792	1
1401	COVID-19 Pandemic and Lockdown Measures Impact on Mental Health Among the General Population in Italy. <b>2020</b> , 11, 790	544
1400	The effect of acceptance and commitment therapy on insomnia and sleep quality: A systematic review. <b>2020</b> , 20, 300	17
1399	Identifying subgroups within a sample of adults with a suicide attempt history using the Interpersonal Psychological Theory of Suicide. <b>2020</b> , 293, 113406	1
1398	Using Machine Learning to Predict Suicide Attempts in Military Personnel. <b>2020</b> , 294, 113515	4
1397	Insomnia and Susceptibility to Depressive Symptoms and Fatigue in Diverse Breast Cancer Survivors. <b>2021</b> , 30, 1604-1615	4
1396	Prevalence of insomnia and relationship with depression, anxiety and stress among Jazan University students: A cross-sectional study. <b>2020</b> , 7, 1789424	6
1395	Posttraumatic stress disorder symptoms in healthcare workers after the peak of the COVID-19 outbreak: A survey of a large tertiary care hospital in Wuhan. <b>2020</b> , 294, 113541	30
1394	Using Cognitive Behavioral Therapy for Insomnia in People with Type 2 Diabetes, Pilot RCT Part I: Sleep and Concomitant Symptom. <b>2021</b> , 19, 652-671	2
1393	Valerian Root in Treating Sleep Problems and Associated Disorders-A Systematic Review and Meta-Analysis. <b>2020</b> , 25, 2515690X20967323	18
1392	A blended eHealth intervention for insomnia following acquired brain injury: study protocol for a randomized controlled trial. <b>2020</b> , 21, 861	0
1391	Effect of Tropisetron on Prevention of Emergence Delirium in Patients After Noncardiac Surgery: A Trial Protocol. <b>2020</b> , 3, e2013443	1
1390	Cognitive behavioral therapy for insomnia to enhance cognitive function and reduce the rate of A $\beta$ deposition in older adults with symptoms of insomnia: A single-site randomized pilot clinical trial protocol. <b>2020</b> , 99, 106190	4
1389	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. <b>2020</b> , 17,	12
1388	An Operational Clinical Approach in the Diagnosis and Management of Sleep Bruxism: A First Step Towards Validation. <b>2020</b> , 34, 236-239	4
1387	Sleep and sleep disorders in pregnancy. <b>2020</b> , 172, 169-186	6
1386	Prevalence and Correlates of Mental Health Problems in Norwegian Peacekeepers 18-38 Years Postdeployment. <b>2020</b> , 33, 762-772	2

1385	Age-Related Differences in Mood, Diabetes-Related Distress, and Functional Outcomes in Adults With Type 2 Diabetes Mellitus and Comorbid Obstructive Sleep Apnea and Insomnia. <b>2020</b> , 46, 540-551	0
1384	Sleep paralysis in college students. <b>2020</b> , 1-6	1
1383	Psychological impact of COVID-19 in the Swedish population: Depression, anxiety, and insomnia and their associations to risk and vulnerability factors. <b>2020</b> , 63, e81	67
1382	Sleep Characteristics in Adults With and Without Chronic Musculoskeletal Pain: The Role of Mental Distress and Pain Catastrophizing. <b>2020</b> , 36, 707-715	3
1381	COVID-19 Lockdown: Housing Built Environment's Effects on Mental Health. <b>2020</b> , 17,	157
1380	Insomnia Symptoms Moderate the Relationship Between Perseverative Cognition and Backward Inhibition in the Task-Switching Paradigm. <b>2020</b> , 11, 1837	1
1379	Experiences of racism and subjective cognitive function in African American women. <b>2020</b> , 12, e12067	9
1378	High-resolution, relational, resonance-based, electroencephalic mirroring (HIRREM) improves symptoms and autonomic function for insomnia: A randomized, placebo-controlled clinical trial. <b>2020</b> , 10, e01826	1
1377	Evaluation of Mental Health Factors among People with Systemic Lupus Erythematosus during the SARS-CoV-2 Pandemic. <b>2020</b> , 9,	16
1376	Prevalence of Depression, Anxiety, Distress and Insomnia and Related Factors in Healthcare Workers During COVID-19 Pandemic in Turkey. <b>2020</b> , 45, 1168-1177	98
1375	Relationship quality and mental health during COVID-19 lockdown. <b>2020</b> , 15, e0238906	74
1374	Assessment of Mental Health Factors among Health Professionals Depending on Their Contact with COVID-19 Patients. <b>2020</b> , 17,	44
1373	The efficacy of ball blankets on insomnia in depression in outpatient clinics: study protocol for a randomized crossover multicentre trial. <b>2020</b> , 21, 720	
1372	Rates and Predictors of Deterioration in a Trial of Internet-Delivered Cognitive Behavioral Therapy for Reducing Suicidal Thoughts. <b>2020</b> , 1-11	2
1371	The Feasibility and Effects of Qigong Intervention (Mind-Body Exercise) in Cancer Patients With Insomnia: A Pilot Qualitative Study. <b>2020</b> , 19, 153473542097767	0
1370	Prevalence and Related Factors of Insomnia Among Chinese Medical Staff in the Middle and Late Stage of COVID-19. <b>2020</b> , 11, 602315	7
1369	A Multimodal Stress-Prevention Program Supplemented by Telephone-Coaching Sessions to Reduce Perceived Stress among German Farmers: Results from a Randomized Controlled Trial. <b>2020</b> , 17,	0
1368	Infodemia: Another Enemy for Romanian Frontline Healthcare Workers to Fight during the COVID-19 Outbreak. <b>2020</b> , 56,	10

1367	Profile of Somryst Prescription Digital Therapeutic for Chronic Insomnia: Overview of Safety and Efficacy. <b>2020</b> , 17, 1239-1248	9
1366	The Long-Term, Prospective, Therapeutic Impact of Cannabis on Post-Traumatic Stress Disorder. <b>2020</b> ,	6
1365	Mental Health and Health-Related Quality-of-Life Outcomes Among Frontline Health Workers During the Peak of COVID-19 Outbreak in Vietnam: A Cross-Sectional Study. <b>2020</b> , 13, 2927-2936	21
1364	Factors associated with mental health outcomes among health care workers in the Fangcang shelter hospital in China. <b>2020</b> , 20764020975805	8
1363	Effects of saffron on sleep quality in healthy adults with self-reported poor sleep: a randomized, double-blind, placebo-controlled trial. <b>2020</b> , 16, 937-947	12
1362	Stress and sleep in college students prior to and during the COVID-19 pandemic. <b>2021</b> , 37, 504-515	30
1361	Sleep-HD trial: short and long-term effectiveness of existing insomnia therapies for patients undergoing hemodialysis. <b>2020</b> , 21, 443	4
1360	The Mediating Role of Insomnia and Exhaustion in the Relationship between Secondary Traumatic Stress and Mental Health Complaints among Frontline Medical Staff during the COVID-19 Pandemic. <b>2020</b> , 10,	8
1359	Personnel Well-Being in the Helsinki University Hospital during the COVID-19 Pandemic-A Prospective Cohort Study. <b>2020</b> , 17,	6
1358	Assessment of mental health outcomes and associated factors among workers in community-based HIV care centers in the early stage of the COVID-19 outbreak in Mali. <b>2020</b> , 1, 100017	13
1357	Integration of insomnia management strategies in cognitive behavior therapy for generalized anxiety disorder. <b>2020</b> , 30, 187-199	2
1356	Measuring the occupational balance of people with insomnia in a Chinese population: Preliminary psychometric evidence on the Chinese version of the Occupational Balance Questionnaire. <b>2020</b> , 33, 33-41	4
1355	The effect of short or long sleep duration on quality of life and depression: an internet-based survey in Japan. <b>2020</b> , 76, 80-85	5
1354	The Impact of Sleep Disorders on Functional Recovery and Participation Following Stroke: A Systematic Review and Meta-Analysis. <b>2020</b> , 34, 1050-1061	4
1353	Measures of Sleep in Rheumatologic Diseases: Sleep Quality Patient-Reported Outcomes in Rheumatologic Diseases. <b>2020</b> , 72 Suppl 10, 410-430	
1352	Prevalence of Posttraumatic Stress Symptoms and Associated Characteristics Among Patients With Chronic Pain Conditions in a Norwegian University Hospital Outpatient Pain Clinic. <b>2020</b> , 11, 749	4
1351	Isolating the role of time in bed restriction in the treatment of insomnia: a randomized, controlled, dismantling trial comparing sleep restriction therapy with time in bed regularization. <i>Sleep</i> , <b>2020</b> , 43,	1.1 11
1350	Pilot Trial of a Noninvasive Closed-Loop Neurotechnology for Stress-Related Symptoms in Law Enforcement: Improvements in Self-Reported Symptoms and Autonomic Function. <b>2020</b> , 9, 2164956120923288 <sup>4</sup>	

1349	Insomnia is a risk factor for spreading of chronic pain: A Swedish longitudinal population study (SwePain). <b>2020</b> , 24, 1348-1356	4
1348	Overnight pulse wave analysis to assess autonomic changes during sleep in insomnia patients and healthy sleepers. <b>2020</b> , 15, e0232589	3
1347	Cognitive behavioural therapy for insomnia in patients with rheumatoid arthritis: protocol for the randomised, single-blinded, parallel-group Sleep-RA trial. <b>2020</b> , 21, 440	3
1346	The Mediating Effects of Eating Disorder, Food Addiction, and Insomnia in the Association between Psychological Distress and Being Overweight among Iranian Adolescents. <b>2020</b> , 12,	13
1345	A randomized controlled trial of digital cognitive behavioral therapy for insomnia in pregnant women. <b>2020</b> , 72, 82-92	31
1344	Mental Health Outcomes Among Frontline and Second-Line Health Care Workers During the Coronavirus Disease 2019 (COVID-19) Pandemic in Italy. <b>2020</b> , 3, e2010185	373
1343	Depression prevention in digital cognitive behavioral therapy for insomnia: Is rumination a mediator?. <b>2020</b> , 273, 434-441	16
1342	Sleep Disturbances in Patients with Autoimmune Encephalitis. <b>2020</b> , 20, 28	12
1341	Sleep Quality and Psychological Status in a Group of Italian Prisoners. <b>2020</b> , 17,	1
1340	Gray Matter Volume Correlates of Sleepiness: A Voxel-Based Morphometry Study in Younger and Older Adults. <b>2020</b> , 12, 289-298	2
1339	Strategies for controlling sleep-related intrusive thoughts, and subjective and objective sleep quality: how self-reported poor and good sleepers differ. <b>2021</b> , 25, 1959-1966	5
1338	A Prospective Study Examining the Relationship Between Dispositional Mindfulness and Insomnia Among Male Prisoners in Iran: The Mediating Effect of Psychological Distress and Perceived Stress. <b>2020</b> , 1	2
1337	Randomized controlled trial of multi-modular motion-assisted memory desensitization and reconsolidation (3MDR) for male military veterans with treatment-resistant post-traumatic stress disorder. <b>2020</b> , 142, 141-151	11
1336	The Impact of Quarantine and Physical Distancing Following COVID-19 on Mental Health: Study Protocol of a Multicentric Italian Population Trial. <b>2020</b> , 11, 533	97
1335	Suicidal ideation during the COVID-19 pandemic: The role of insomnia. <b>2020</b> , 290, 113134	64
1334	The associations of insomnia symptoms and chronotype with daytime sleepiness, mood symptoms and suicide risk in adolescents. <b>2020</b> , 74, 124-131	19
1333	Prevalence rates and correlates of insomnia disorder in post-9/11 veterans enrolling in VA healthcare. <i>Sleep</i> , <b>2020</b> , 43,	1.1 13
1332	Psychological distress, coping behaviors, and preferences for support among New York healthcare workers during the COVID-19 pandemic. <b>2020</b> , 66, 1-8	403

1331	Exploding head syndrome: clinical features, theories about etiology, and prevention strategies in a large international sample. <b>2020</b> , 75, 251-255		1
1330	Objective sleep disturbance is associated with poor response to cognitive and behavioral treatments for insomnia in postmenopausal women. <b>2020</b> , 73, 82-92		8
1329	Intraindividual variability in sleep schedule: effects of an internet-based cognitive-behavioral therapy for insomnia program and its relation with symptom remission. <i>Sleep</i> , <b>2020</b> , 43,	1.1	5
1328	Primary care treatment of insomnia: study protocol for a pragmatic, multicentre, randomised controlled trial comparing nurse-delivered sleep restriction therapy to sleep hygiene (the HABIT trial). <b>2020</b> , 10, e036248		2
1327	Influence of group resilience on job satisfaction among Korean nurses: A cross-sectional study. <b>2020</b> , 29, 3473-3481		5
1326	Agility Training to Integratively Promote Neuromuscular, Cognitive, Cardiovascular and Psychosocial Function in Healthy Older Adults: A Study Protocol of a One-Year Randomized-Controlled Trial. <b>2020</b> , 17,		4
1325	Development of a Tailored Behavioral Weight Loss Program for Veterans With PTSD (MOVE!+UP): A Mixed-Methods Uncontrolled Iterative Pilot Study. <b>2020</b> , 34, 587-598		3
1324	Factors Associated with Life Satisfaction in Older Adults with Chronic Pain (PainS65+). <b>2020</b> , 13, 475-489		11
1323	Workplace-Related Interpersonal Group Psychotherapy to Improve Life at Work in Individuals With Major Depressive Disorders: A Randomized Interventional Pilot Study. <b>2020</b> , 11, 168		5
1322	Age-related emotional bias in associative memory consolidation: The role of sleep. <b>2020</b> , 171, 107204		4
1321	Mindfulness and nocturnal rumination are independently associated with symptoms of insomnia and depression during pregnancy. <b>2020</b> , 6, 185-191		6
1320	Brief Behavioral Therapy for Insomnia in Patients with Irritable Bowel Syndrome: A Pilot Study. <b>2020</b> , 65, 3260-3270		4
1319	Sex-specific association of poor sleep quality with gray matter volume. <i>Sleep</i> , <b>2020</b> , 43,	1.1	9
1318	Consistent altered internal capsule white matter microstructure in insomnia disorder. <i>Sleep</i> , <b>2020</b> , 43,	1.1	5
1317	Serum Neurosteroid Levels Are Associated With Cortical Thickness in Individuals Diagnosed With Posttraumatic Stress Disorder and History of Mild Traumatic Brain Injury. <b>2020</b> , 51, 285-299		4
1316	Clinical and Cost-Effectiveness of Personalized Tele-Based Coaching for Farmers, Foresters and Gardeners to Prevent Depression: Study Protocol of an 18-Month Follow-Up Pragmatic Randomized Controlled Trial (TEC-A). <b>2020</b> , 11, 125		3
1315	Brief digital sleep questionnaire powered by machine learning prediction models identifies common sleep disorders. <b>2020</b> , 71, 66-76		4
1314	Prevalence and factors associated with non-medical prescription stimulant use to promote wakefulness in young adults. <b>2020</b> , 1-8		2



1313	A randomized controlled trial of CBT-I and PAP for obstructive sleep apnea and comorbid insomnia: main outcomes from the MATRICS study. <i>Sleep</i> , <b>2020</b> , 43,	1.1	18
1312	Circadian rhythm in the assessment of postconcussion insomnia: a cross-sectional observational study. <b>2020</b> , 8, E142-E147		4
1311	Digital Cognitive Behavioral Therapy for Insomnia in Women With Chronic Migraines. <b>2020</b> , 60, 902-915		11
1310	Unsupervised Classifications of Depression Levels Based on Machine Learning Algorithms Perform Well as Compared to Traditional Norm-Based Classifications. <b>2020</b> , 11, 45		4
1309	Mild sleep restriction increases 24-hour ambulatory blood pressure in premenopausal women with no indication of mediation by psychological effects. <b>2020</b> , 223, 12-22		9
1308	Evening chronotype is associated with poor cardiovascular health and adverse health behaviors in a diverse population of women. <b>2020</b> , 37, 673-685		30
1307	Association between Health Problems and Turnover Intention in Shift Work Nurses: Health Problem Clustering. <b>2020</b> , 17,		10
1306	Sleep Disturbance, Mental Health Symptoms, and Quality of Life: A Structural Equation Model Assessing Aspects of Caregiver Burden. <b>2020</b> , 1-10		4
1305	The mental health of frontline and non-frontline medical workers during the coronavirus disease 2019 (COVID-19) outbreak in China: A case-control study. <b>2020</b> , 275, 210-215		106
1304	Trial of Nemolizumab and Topical Agents for Atopic Dermatitis with Pruritus. <b>2020</b> , 383, 141-150		83
1303	Pain Catastrophizing in Older Adults with Chronic Pain: The Mediator Effect of Mood Using a Path Analysis Approach. <b>2020</b> , 9,		10
1302	Effectiveness of Sequential Psychological and Medication Therapies for Insomnia Disorder: A Randomized Clinical Trial. <b>2020</b> , 77, 1107-1115		18
1301	Psychological impact of the COVID-19 pandemic on healthcare workers: a cross-sectional study in China. <b>2020</b> , 33, e100259		204
1300	Routinized categorization of suicide risk into actionable strata: Establishing the validity of an existing suicide risk assessment framework in an outpatient sample. <b>2020</b> , 76, 2264-2282		5
1299	Internet-delivered insomnia intervention improves sleep and quality of life for adolescent and young adult cancer survivors. <b>2020</b> , 67, e28506		16
1298	Sleep disturbance and next-day physical activity in COPD patients. <b>2020</b> , 41, 872-877		2
1297	Mental health circumstances among health care workers and general public under the pandemic situation of COVID-19 (HOME-COVID-19). <b>2020</b> , 99, e20751		35
1296	A paradoxical effect of sleep for emotional reactivity in insomnia disorder?. <i>Sleep</i> , <b>2020</b> , 43,	1.1	



1295	Changes in quality of life and sleep across the perinatal period in women with mood disorders. <b>2020</b> , 29, 1767-1774		4
1294	Hyperarousal Is Associated with Socioemotional Processing in Individuals with Insomnia Symptoms and Good Sleepers. <b>2020</b> , 10,		1
1293	Heartfulness meditation improves sleep in chronic insomnia. <b>2020</b> , 10, 10-15		6
1292	Insomnia, hypnotic use, and road collisions: a population-based, 5-year cohort study. <i>Sleep</i> , <b>2020</b> , 43,	1.1	5
1291	Machine-learned identification of psychological subgroups with relation to pain interference in patients after breast cancer treatments. <b>2020</b> , 50, 71-80		2
1290	Assessment and treatment of sleep problems in bipolar disorder-A guide for psychologists and clinically focused review. <b>2020</b> , 27, 364-377		12
1289	Perampanel in chronic insomnia. <b>2020</b> , 192, 105724		2
1288	Post-9/11 Veteran Satisfaction With the VA eScreening Program. <b>2020</b> , 185, 519-529		3
1287	Nurse-Guided Internet-Delivered Cognitive Behavioral Therapy for Insomnia in General Practice: Results from a Pragmatic Randomized Clinical Trial. <b>2020</b> , 89, 174-184		14
1286	Predictors of Cognitive Behavioral Therapy for Insomnia (CBTi) Outcomes in Active-Duty U.S. Army Personnel. <b>2020</b> , 51, 522-534		4
1285	Examining sleep over time in a randomized control trial comparing two integrated PTSD and alcohol use disorder treatments. <b>2020</b> , 209, 107905		5
1284	Practical Evaluation and Management of Insomnia in Parkinson's Disease: A Review. <b>2020</b> , 7, 250-266		11
1283	[Predictors of asthenia in breast and prostate cancer patients undergoing curative radiotherapy]. <b>2020</b> , 24, 15-20		0
1282	Insomnia and poor sleep quality are associated with poor seizure control in patients with epilepsy. <b>2020</b> ,		6
1281	Feasibility and treatment effect of cognitive behavioral therapy for insomnia in individuals with multiple sclerosis: A pilot randomized controlled trial. <b>2020</b> , 40, 101958		21
1280	A disease-focused view on the temporomandibular joint using a Delphi-guided process. <b>2020</b> , 62, 1-8		3
1279	Pre-consultation biopsychosocial data from patients admitted for management at pain centers in Norway. <b>2020</b> , 20, 363-373		3
1278	Children with home mechanical ventilation-Parents' health-related quality of life, family functioning and sleep. <b>2020</b> , 109, 1807-1814		2

1277	Efficacy of Digital Cognitive Behavioral Therapy for the Treatment of Insomnia Symptoms Among Pregnant Women: A Randomized Clinical Trial. <b>2020</b> , 77, 484-492		46
1276	Relationship between Intrinsically Photosensitive Ganglion Cell Function and Circadian Regulation in Diabetic Retinopathy. <b>2020</b> , 10, 1560		8
1275	Negative mood as a mediator of the association between insomnia severity and marijuana problems in college students. <b>2020</b> , 29, e12985		3
1274	Modeling sleep onset misperception in insomnia. <i>Sleep</i> , <b>2020</b> , 43,	1.1	7
1273	Vulnerability and resistance to sleep disruption by a partner: A study of bed-sharing couples. <b>2020</b> , 6, 506-512		3
1272	Survey of Insomnia and Related Social Psychological Factors Among Medical Staff Involved in the 2019 Novel Coronavirus Disease Outbreak. <b>2020</b> , 11, 306		315
1271	Sleep disturbance underlies the co-occurrence of trauma and pediatric chronic pain: a longitudinal examination. <b>2020</b> , 161, 821-830		17
1270	Impact on mental health and perceptions of psychological care among medical and nursing staff in Wuhan during the 2019 novel coronavirus disease outbreak: A cross-sectional study. <b>2020</b> , 87, 11-17		622
1269	Subgrouping Poor Sleep Quality in Community-Dwelling Older Adults with Latent Class Analysis - The Yilan Study, Taiwan. <b>2020</b> , 10, 5432		9
1268	Exercising before a nap benefits memory better than napping or exercising alone. <i>Sleep</i> , <b>2020</b> , 43,	1.1	3
1267	Sleep problems in active duty military personnel seeking treatment for posttraumatic stress disorder: presence, change, and impact on outcomes. <i>Sleep</i> , <b>2020</b> , 43,	1.1	9
1266	A Fuzzy Interface System for the Prediction of Caffeine Addiction. <b>2020</b> ,		0
1265	Acupuncture for insomnia with short sleep duration: protocol for a randomised controlled trial. <b>2020</b> , 10, e033731		1
1264	Detecting the Cognitive Prodrome of Dementia in Parkinson's Disease. <b>2020</b> , 10, 1033-1046		5
1263	Sleep Quality and Mental Disorder Symptoms among Canadian Public Safety Personnel. <b>2020</b> , 17,		9
1262	A randomised controlled trial of therapist-assisted online psychological therapies for posttraumatic stress disorder (STOP-PTSD): trial protocol. <b>2020</b> , 21, 355		5
1261	Effects of acupuncture versus cognitive behavioral therapy on cognitive function in cancer survivors with insomnia: A secondary analysis of a randomized clinical trial. <b>2020</b> , 126, 3042-3052		6
1260	Sleep Disorders in Women. <b>2020</b> ,		1

1259	The role of emotion dysregulation in negative affect reactivity to a trauma cue: Differential associations through elicited posttraumatic stress disorder symptoms. <b>2020</b> , 267, 203-210	3
1258	Sleep onset (mis)perception in relation to sleep fragmentation, time estimation and pre-sleep arousal. <b>2020</b> , 2, 100014	3
1257	The INternet ThERapy for deprESSion Trial (INTEREST): protocol for a patient-preference, randomised controlled feasibility trial comparing iACT, iCBT and attention control among individuals with comorbid chronic pain and depression. <b>2020</b> , 10, e033350	2
1256	Clinical correlates of insomnia in patients with persistent post-traumatic headache compared with migraine. <b>2020</b> , 21, 33	11
1255	Internet-guided cognitive, behavioral and chronobiological interventions in depression-prone insomnia subtypes: protocol of a randomized controlled prevention trial. <b>2020</b> , 20, 163	3
1254	Mental Health and Psychosocial Problems of Medical Health Workers during the COVID-19 Epidemic in China. <b>2020</b> , 89, 242-250	649
1253	Brief Behavioral Treatment for Insomnia vs. Cognitive Behavioral Therapy for Insomnia: Results of a Randomized Noninferiority Clinical Trial Among Veterans. <b>2020</b> , 51, 535-547	10
1252	Pilot cohort study of obstructive sleep apnoea in community-dwelling people with schizophrenia. <b>2021</b> , 38, 23-29	2
1251	Sleep disturbance, associated symptoms, and quality of life in adults living with HIV in Jakarta, Indonesia. <b>2021</b> , 33, 39-46	2
1250	A feasibility study of a mobile app to treat insomnia. <b>2021</b> , 11, 604-612	3
1249	Factors associated with the sleep of carers: A survey of New Zealanders supporting a family member with cognitive impairment or dementia. <b>2021</b> , 20, 919-935	6
1248	Association between 5-hydroxytryptamine gene polymorphism rs140700 and primary insomnia in Chinese population. <b>2021</b> , 51, 732-738	0
1247	Managing Insomnia Using Lucid Dreaming Training: A Pilot Study. <b>2021</b> , 19, 273-283	3
1246	Low-Intensity Cognitive Behavioral Therapy for Insomnia as the Entry of the Stepped-Care Model in the Community: A Randomized Controlled Trial. <b>2021</b> , 19, 378-394	5
1245	Factor Mixture Modeling of the Insomnia Severity Index among Psychology Clinic Outpatients. <b>2021</b> , 43, 227-239	
1244	The Perspectives of Australian Naturopaths about Providing Health Services for People with Sleep Disorders. <b>2021</b> , 19, 318-332	1
1243	The immediate impact of the 2019 novel coronavirus (COVID-19) outbreak on subjective sleep status. <b>2021</b> , 77, 348-354	108
1242	The Development of a Brief Version of the Insomnia Severity Index (ISI-3) in Older Adult Veterans with Posttraumatic Stress Disorder. <b>2021</b> , 19, 352-362	1

1241	Effects of a forehead cooling device in veterans with chronic insomnia disorder and co-morbid medical and psychiatric conditions: a pilot study. <b>2021</b> , 25, 441-448	3
1240	Nightmares and Insomnia in the US National Guard: Mental and Physical Health Correlates. <b>2021</b> , 28, 238-249	2
1239	Trajectories of Insomnia Symptoms and Associations with Mood and Anxiety from Early Pregnancy to the Postpartum. <b>2021</b> , 19, 395-406	11
1238	Sleep HAPi: A Feasibility and Descriptive Analysis of an Early and Longitudinal Sleep Education Intervention for Pregnant Women. <b>2021</b> , 19, 427-444	2
1237	Intervention Design and Trial Protocol: Mindfulness-based Exposure for PAP-associated Claustrophobia. <b>2021</b> , 43, 261-272	1
1236	Impact of COVID-19 lockdown on sleep quality in university students and administration staff. <b>2021</b> , 268, 8-15	214
1235	Potential Maladaptive Sleep-Related Cognitions in Depression with Comorbid Hypersomnolence: An Exploratory Investigation. <b>2021</b> , 19, 232-242	2
1234	Habitability in Berthing Compartments and Well-Being of Sailors Working on U.S. Navy Surface Ships. <b>2021</b> , 63, 462-473	9
1233	Sleep Disruption Due to Stress in Women Veterans: A Comparison between Caregivers and Noncaregivers. <b>2021</b> , 19, 243-254	2
1232	Comparing the Experience of and Factors Perpetuating Chronic Insomnia Severity Among Young, Middle-Aged, and Older Adults. <b>2021</b> , 30, 12-22	1
1231	Positive personality: Relationships among mindful and grateful personality traits with quality of life and health outcomes. <b>2021</b> , 40, 1448-1465	6
1230	Tired and lack focus? Insomnia increases distractibility. <b>2021</b> , 26, 795-804	1
1229	Factors associated with mental health outcomes among patients with COVID-19 treated in the Fangcang shelter hospital in China. <b>2021</b> , 13, e12443	21
1228	Brain mechanisms of insomnia: new perspectives on causes and consequences. <b>2021</b> , 101, 995-1046	33
1227	The Effect of Reducing Insomnia Severity on Work- and Activity-Related Impairment. <b>2021</b> , 19, 505-515	2
1226	Telemedicine versus face-to-face delivery of cognitive behavioral therapy for insomnia: a randomized controlled noninferiority trial. <i>Sleep</i> , <b>2021</b> , 44, 1.1	23
1225	What makes people want to make changes to their sleep? Assessment of perceived risks of insufficient sleep as a predictor of intent to improve sleep. <b>2021</b> , 7, 98-104	1
1224	The Nature and Structure of the Military Suicide Research Consortium's Common Data Elements. <b>2021</b> , 9, 129-138	3

1223	Cognitive behavioral therapy for insomnia among young adults who are actively drinking: a randomized pilot trial. <i>Sleep</i> , <b>2021</b> , 44,	1.1	4
1222	Effect of herbal medicine ( granule) for somatic symptoms and insomnia in patients with : A randomized controlled trial. <b>2021</b> , 10, 100453		1
1221	The European Portuguese version of the insomnia severity index. <b>2021</b> , 30, e13198		4
1220	The effect of in-session exposure in Fear-Avoidance treatment of chronic low back pain: A randomized controlled trial. <b>2021</b> , 25, 171-188		
1219	ISI-3: evaluation of a brief screening tool for insomnia. <b>2021</b> , 82, 104-109		2
1218	Achieving clinically meaningful quality of life benefits in nocturia takes time: Results from a long-term, multicenter phase 3 study of desmopressin in Japanese patients. <b>2021</b> , 13, 129-138		1
1217	Impact of a Nordic diet on psychological function in young students. <b>2021</b> , 27, 97-104		2
1216	Testing the contiguity of the sleep and fatigue relationship: a daily diary study. <i>Sleep</i> , <b>2021</b> , 44,	1.1	3
1215	A Menopause Strategies-Finding Lasting Answers for Symptoms and Health (MsFLASH) Investigation of Self-Reported Menopausal Palpitation Distress. <b>2021</b> , 30, 533-538		6
1214	Correlates of insomnia among the adults during COVID19 pandemic: evidence from an online survey in India. <b>2021</b> , 77, 66-73		14
1213	The mediating role of insomnia severity in internet-based cognitive behavioral therapy for chronic stress: Secondary analysis of a randomized controlled trial. <b>2021</b> , 136, 103782		2
1212	The role of psychological flexibility in the context of COVID-19: Associations with depression, anxiety, and insomnia. <b>2021</b> , 19, 28-35		22
1211	Difficulty in initiating sleep is associated with poor morning cardiovascular function. <b>2021</b> , 295, 113518		0
1210	"Life" beyond classical test theory: some considerations on using complementary psychometric approaches in sleep medicine. <b>2021</b> , 79, 225-226		
1209	Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine systematic review, meta-analysis, and GRADE assessment. <b>2021</b> , 17, 263-298		36
1208	Sleep and circadian problems during the coronavirus disease 2019 (COVID-19) pandemic: the International COVID-19 Sleep Study (ICOSS). <b>2021</b> , 30, e13206		32
1207	Sleep Disturbances and Atopic Dermatitis: Relationships, Methods for Assessment, and Therapies. <b>2021</b> , 9, 1488-1500		8
1206	Complexité du diagnostic d'insomnie à l'adolescence et considérations à propos de ses conséquences. <b>2021</b> , 69, 66-73		

1205	Eveningness Predicts Negative Affect Following Sleep Restriction. <b>2021</b> , 52, 797-805	2
1204	The influence of sleep disturbances and sleep disorders on pain outcomes among veterans: A systematic scoping review. <b>2021</b> , 56, 101411	3
1203	Cohort Profile Update: The PATH Through Life Project. <b>2021</b> , 50, 35-36	5
1202	Assessing the effect of inattention-related error and anger in driving on road accidents among Iranian heavy vehicle drivers. <b>2021</b> , 45, 210-217	3
1201	Correlates of psychological distress in epileptic patients during the COVID-19 outbreak. <b>2021</b> , 115, 107632	7
1200	Effects of cognitive behavioural therapy on insomnia in adults with tinnitus: Systematic review and meta-analysis of randomised controlled trials. <b>2021</b> , 56, 101405	2
1199	Einfluss von abendlicher Computerspielnutzung auf Parameter der Alertness und des Schlafs bei Jugendlichen. <b>2021</b> , 25, 20-28	0
1198	Postconcussive Symptoms Explained by PTSD Symptom Severity in U.S. National Guard Personnel. <b>2021</b> , 9, 119-128	4
1197	Superwomen and Sleep: an Assessment of Black College Women Across the African Diaspora. <b>2021</b> , 28, 130-139	3
1196	Correlates of olfactory impairment in middle-aged non-diabetic Caucasian subjects with stage I-II obesity. <b>2021</b> , 278, 2047-2054	3
1195	Validation of insomnia questionnaires in the general population: The Nord-Trøndelag Health Study (HUNT). <b>2021</b> , 30, e13222	10
1194	Evaluation of Absenteeism, Pain, and Disability in Nurses With Persistent Low Back Pain Following Cognitive Functional Therapy: A Case Series Pilot Study With 3-Year Follow-Up. <b>2021</b> , 101,	1
1193	Association between sleep structure and amnesic mild cognitive impairment in patients with insomnia disorder: a case-control study. <b>2021</b> , 17, 37-43	4
1192	Escalation of sleep disturbances amid the COVID-19 pandemic: a cross-sectional international study. <b>2021</b> , 17, 45-53	53
1191	Video cognitive-behavioral therapy for insomnia in cancer patients: A cost-effective alternative. <b>2021</b> , 30, 44-51	4
1190	Low-intensity sleep intervention in a youth mental health service: a case series analysis. <b>2021</b> , 49, 62-75	2
1189	Sleep Health as Measured by RU SATED: A Psychometric Evaluation. <b>2021</b> , 19, 48-56	17
1188	The Development and Accuracy of the THIM Wearable Device for Estimating Sleep and Wakefulness. <b>2021</b> , 13, 39-53	5

1187	Development and Preliminary Evaluation of a Brief Behavioral Sleep Intervention for Veterans to Reduce Nocturnal Vigilance. <b>2021</b> , 9, 315-323	
1186	A Ten-Year Review of Treating Active Duty Military Service Members in a Gold-Standard Western Region Military Intensive Outpatient Program. <b>2021</b> , 9, 303-314	0
1185	Sleep Disturbances in Individuals Quarantined Due to SARS-CoV-2 Pandemic in Poland: A Mixed Methods Design Study. <b>2021</b> , 10, 21649561211020707	3
1184	A cross-sectional study of insomnia severity and cognitive dysfunction in bipolar disorder and schizophrenia patients under remission. <b>2021</b> ,	
1183	Rapid Systematic Review of Psychological Symptoms in Health Care Workers COVID-19. <b>2021</b> , 26, 638-655	5
1182	Internet-delivered acceptance and commitment therapy as microlearning for chronic pain: A randomized controlled trial with 1-year follow-up. <b>2021</b> , 25, 1012-1030	7
1181	Sleep Issues and Insomnia. <b>2021</b> , 169-183	
1180	Impact of COVID-19 Pandemic on the Emotional Well-being of Healthcare Workers: A Multinational Cross-sectional Survey. <b>2021</b> , 25, 499-506	2
1179	[Self-reported sleep and wake disorders in patients with osteoarthritis and end-stage renal disease]. <b>2021</b> , 121, 80-91	
1178	The reconsolidation using rewind study (RETURN): trial protocol. <b>2021</b> , 12, 1844439	0
1177	Initial Session Effects of Brief Cognitive Behavioral Therapy for Insomnia: A Secondary Analysis of A Small Randomized Pilot Trial. <b>2021</b> , 19, 769-782	
1176	Diurnal Rhythm Robustness in Individuals With PTSD and Insomnia and The Association With Sleep. <b>2021</b> , 36, 185-195	6
1175	[The dynamics of sleep quality in patients with chronic insomnia during the complex spa treatment with the inclusion of transcranial magnetic therapy]. <b>2021</b> , 98, 10-16	0
1174	US Army Drill Sergeants: Stressors, Behavioral Health, and Mitigating Factors. <b>2021</b> , 186, 767-776	1
1173	Sleep in Frontline Healthcare Workers on Social Media During the COVID-19 Pandemic.	1
1172	Why Treat Insomnia?. <b>2021</b> , 12, 21501327211014084	1
1171	Coping strategies and mental health during COVID-19 lockdown. <b>2021</b> , 30, 156-163	24
1170	Five-Factor Model Personality Disorder Traits, Health Behaviors, Health Perceptions, and Insomnia Symptoms in Older Adults. <b>2021</b> , 35, 801-S10	2

1169	Prevalence of insomnia and anxiety among healthcare workers during the COVID-19 pandemic in Jilin Province. <b>2021</b> , 54, e10602	3
1168	Sleep Characteristics and Mood of Professional Esports Athletes: A Multi-National Study. <b>2021</b> , 18,	8
1167	The Association between Symptoms of Nomophobia, Insomnia and Food Addiction among Young Adults: Findings of an Exploratory Cross-Sectional Survey. <b>2021</b> , 18,	6
1166	A Review of Insomnia Treatments for Patients with Mild Cognitive Impairment. <b>2021</b> , 12, 1036-1042	1
1165	Sleep, neurocognition, and aging, including secular trends in older adult sleep. <b>2021</b> , 99-117	
1164	The Resurrection of Interdisciplinary Pain Rehabilitation: Outcomes Across a Veterans Affairs Collaborative. <b>2021</b> , 22, 430-443	5
1163	Sleep Disorders in Later Life. <b>2021</b> ,	
1162	Psychological Interventions to Improve Sleep in Young Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <b>2021</b> , 1-18	1
1161	Behavioral and exercise interventions for sleep dysfunction in the elderly: a brief review and future directions. <b>2021</b> , 25, 2111-2118	1
1160	Agreement between self-reported and objective measures of sleep in people with HIV and lifestyle-similar HIV-negative individuals. <b>2021</b> , 35, 1051-1060	2
1159	A Portrait of Mental Health Services Utilization and Perceived Barriers to Care in Men and Women Evacuated During the 2016 Fort McMurray Wildfires. <b>2021</b> , 48, 1006-1018	1
1158	Sleep-related disorders and sleep quality among adults living in Parakou, a sub-Saharan African city. <b>2021</b> , 25, 1905-1912	2
1157	The Need for Three Separate Parallel WAD Ratings of Whiplash Injuries to Cervical, Lumbosacral, and Thoracic Spine in Clinical Assessments of Injured Motorists. <b>2021</b> , 3, 154-159	0
1156	Tobacco cigarette smokers who endorse greater intolerance for nicotine withdrawal also report more severe insomnia symptoms. <b>2021</b> ,	
1155	Sex differences in mental disorder symptoms among Canadian police officers: the mediating role of social support, stress, and sleep quality. <b>2021</b> , 1-18	3
1154	Stress, Sleep and Psychological Impact in Healthcare Workers During the Early Phase of COVID-19 in India: A Factor Analysis. <b>2021</b> , 12, 611314	19
1153	The Sleep Impact on Activity Diary (SIAD): A Novel Assessment of Daytime Functioning in Insomnia. <b>2021</b> , 11,	0
1152	Diagnostic and Therapeutic Approach to Sleep Disorders, High Blood Pressure and Cardiovascular Diseases: A Consensus Document by the Italian Society of Hypertension (SIIA). <b>2021</b> , 28, 85-102	4



1151	Framework for the Design Engineering and Clinical Implementation and Evaluation of mHealth Apps for Sleep Disturbance: Systematic Review. <b>2021</b> , 23, e24607	7
1150	Open-label placebo for insomnia (OPIN): study protocol for a cohort multiple randomised controlled trial. <b>2021</b> , 11, e044045	1
1149	An Investigation of the Rate and Predictors of Initiating and Attending Group Cognitive Behavioral Therapy for Insomnia After Referral. <b>2021</b> ,	
1148	Insomnia severity and depressive symptoms in people living with HIV and chronic pain: associations with opioid use. <b>2021</b> , 1-10	3
1147	Daily associations between sleep and pain in patients with chronic musculoskeletal pain. <b>2021</b> , 30, e13237	1
1146	Prevalence of psychological disorders in the COVID-19 epidemic in China: A real world cross-sectional study. <b>2021</b> , 281, 312-320	18
1145	Insomnia symptoms and biomarkers of monocyte activation, systemic inflammation, and coagulation in HIV: Veterans Aging Cohort Study. <b>2021</b> , 16, e0246073	2
1144	Healthcare workers' sleep and mood disturbances during COVID-19 outbreak in an Iranian referral center. <b>2021</b> , 25, 2197-2204	5
1143	Revisiting nocturnal heart rate and heart rate variability in insomnia: A polysomnography-based comparison of young self-reported good and poor sleepers. <b>2021</b> , 30, e13278	2
1142	The effect of nurse-led Internet-based cognitive behavioural therapy for insomnia on patients with cardiovascular disease: A randomized controlled trial with 6-month follow-up. <b>2021</b> , 8, 1755-1768	4
1141	Severe Mental Health Symptoms during COVID-19: A Comparison of the United Kingdom and Austria. <b>2021</b> , 9,	13
1140	Progressive gray matter hypertrophy with severity stages of insomnia disorder and its relevance for mood symptoms. <b>2021</b> , 31, 6312-6322	2
1139	Exposure to COVID-19-Related Information and its Association With Mental Health Problems in Thailand: Nationwide, Cross-sectional Survey Study. <b>2021</b> , 23, e25363	16
1138	Mental Health Status of the General Public, Frontline, and Non-frontline Healthcare Providers in the Early Stage of COVID-19. <b>2021</b> , 12, 553021	3
1137	Insomnia among Active Patients with COVID-19: A Cross-Sectional Study. <b>2021</b> , 3, 31-34	2
1136	Examining Patient Feedback and the Role of Cognitive Arousal in Treatment Non-response to Digital Cognitive-behavioral Therapy for Insomnia during Pregnancy. <b>2021</b> , 1-20	4
1135	Heartrate variability biofeedback for migraine using a smartphone application and sensor: A randomized controlled trial. <b>2021</b> , 69, 41-49	4
1134	Symptom Profile of Injured Motorists on the Structured Inventory of Malingered Symptomatology. <b>2021</b> , 3, 40-43	

1133	Prevalence of insomnia disorder and sleep apnea in a sample of veterans at risk for cardiovascular disease. <b>2021</b> , 17, 1441-1446	0
1132	Concomitants of Depressive Symptoms in Memory Clinic Patients. <b>2021</b> , 34, 37-44	2
1131	Symptom-Dependent Changes in MEG-Derived Neuroelectric Brain Activity in Traumatic Brain Injury Patients with Chronic Symptoms. <b>2021</b> , 9,	0
1130	Associations of Self-Consciousness with Insomnia Symptoms. <b>2021</b> , 3, 25-30	
1129	Sleep-Wake Survival Dynamics in People with Insomnia. <b>2021</b> , 13, 349-360	1
1128	Restless leg syndrome in patients with chronic kidney disease: a hospital-based study from Upper Egypt. <b>2021</b> , 1-12	
1127	The Military Service Sleep Assessment: an instrument to assess factors precipitating sleep disturbances in U.S. military personnel. <b>2021</b> , 17, 1401-1409	2
1126	Health-related quality of life and pain interference in two patient cohorts with neuropathic pain: breast cancer survivors and HIV patients. <b>2021</b> , 21, 512-521	1
1125	The association between perceived stress with sleep quality, insomnia, anxiety and depression in kidney transplant recipients during Covid-19 pandemic. <b>2021</b> , 16, e0248117	8
1124	Frequency of Formication Symptoms in Injured Motorists and in Normal Controls. <b>2021</b> , 3, 48-52	0
1123	A Network Analysis of Clinical Variables in Chronic Pain: A Study from the Swedish Quality Registry for Pain Rehabilitation (SQRP). <b>2021</b> , 22, 1591-1602	3
1122	The effect of the progressive muscle relaxation combined with lavender aromatherapy on insomnia of hemodialysis patients. <b>2021</b> , 24, 39-46	0
1121	Test Anxiety and Poor Sleep: A Vicious Cycle. <b>2021</b> , 28, 250-258	3
1120	Insomnia. <b>2021</b> , 174, ITC33-ITC48	10
1119	Postmigration stress and sleep disturbances mediate the relationship between trauma exposure and posttraumatic stress symptoms among Syrian and Iraqi refugees. <b>2021</b> , 17, 479-489	5
1118	Assessment of morning sleep propensity with lemborexant in adults with insomnia disorder in a randomized, placebo-controlled crossover study. <b>2021</b> , 2,	1
1117	Prevalence of sleep disturbances in Chinese adolescents: A systematic review and meta-analysis. <b>2021</b> , 16, e0247333	7
1116	Brain reactivity to humorous films is affected by insomnia. <i>Sleep</i> , <b>2021</b> , 44,	1.1 0

1115	The Impact of the COVID-19 Pandemic on Psychological Health and Insomnia among People with Chronic Diseases. <b>2021</b> , 10,		13
1114	The short-term impact of 3 smoked cannabis preparations versus placebo on PTSD symptoms: A randomized cross-over clinical trial. <b>2021</b> , 16, e0246990		11
1113	Cost-effectiveness of Guided Internet-Delivered Cognitive Behavioral Therapy in Comparison with Care-as-Usual for Patients with Insomnia in General Practice. <b>2021</b> , 1-16		3
1112	Factors associated with permissive attitudes of university students towards prescription medication misuse. 1-9		0
1111	Effects of work organization on the occurrence and resolution of sleep disturbances among night shift workers: a longitudinal observational study. <b>2021</b> , 11, 5499		2
1110	The case for investigating a bidirectional association between insomnia symptoms and eating disorder pathology. <b>2021</b> , 54, 701-707		5
1109	Association between Participation Activities, Pain Severity, and Psychological Distress in Old Age: A Population-Based Study of Swedish Older Adults. <b>2021</b> , 18,		1
1108	Medicinal seeds <i>Ziziphus spinosa</i> for insomnia: A randomized, placebo-controlled, cross-over, feasibility clinical trial. <b>2021</b> , 57, 102657		1
1107	Associations of Self-Reported Sleep Quality with Demographic and Other Characteristics in Older Korean Immigrants. <b>2021</b> , 1		1
1106	Greatest changes in objective sleep architecture during COVID-19 lockdown in night owls with increased REM sleep. <i>Sleep</i> , <b>2021</b> , 44,	1.1	11
1105	Postintensive Care Syndrome in Survivors of Critical Illness Related to Coronavirus Disease 2019: Cohort Study From a New York City Critical Care Recovery Clinic. <b>2021</b> , 49, 1427-1438		30
1104	Comparing Mental Health During the COVID-19 Lockdown and 6 Months After the Lockdown in Austria: A Longitudinal Study. <b>2021</b> , 12, 625973		32
1103	Efficacy of simplified-cognitive behavioral therapy for insomnia(S-CBTI) among female COVID-19 patients with insomnia symptom in Wuhan mobile cabin hospital. <b>2021</b> , 25, 2213-2219		1
1102	COVID-19 Pandemic and Helsinki University Hospital Personnel Psychological Well-Being: Six-Month Follow-Up Results. <b>2021</b> , 18,		3
1101	The Relationship between Fatigue and Actigraphy-Derived Sleep and Rest-Activity Patterns in Cancer Survivors. <b>2021</b> , 28, 1170-1182		4
1100	Nursing professionals' mental well-being and workplace impairment during the COVID-19 crisis: A Network analysis. <b>2021</b> , 29, 1653-1659		8
1099	Two-months quality of life of COVID-19 invasively ventilated survivors; an Italian single-center study. <b>2021</b> , 65, 912-920		16
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1078	The Herbal Formula CWBSD Improves Sleep Quality Dependent on Oral Microbial Type and Tongue Diagnostic Features in Insomnia. <b>2021</b> , 11,			1
1077	A Prospective Evaluation of the Acute Effects of High Altitude on Cognitive and Physiological Functions in Lowlanders. <b>2021</b> , 12, 670278			6
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1075	Preliminary Validation of the Sleep and Concussion Questionnaire as an Outcome Measure for Sleep Following Brain Injury. <b>2021</b> , 35, 743-750			0
1074	Mental Health During the First Weeks of the COVID-19 Pandemic in the United States. <b>2021</b> , 12, 561898			21
1073	The effect of quarantine due to Covid-19 pandemic on seizure frequency in 102 adult people with epilepsy from Apulia and Basilicata regions, Southern Italy. <b>2021</b> , 203, 106592			3
1072	The natural history of insomnia: predisposing, precipitating, coping, and perpetuating factors over the early developmental course of insomnia. <i>Sleep</i> , <b>2021</b> , 44,	1.1		13
1071	Sleep symptomatology is associated with greater subjective cognitive concerns: findings from the community-based Healthy Brain Project. <i>Sleep</i> , <b>2021</b> , 44,	1.1		2
1070	Boston College daily sleep and well-being survey data during early phase of the COVID-19 pandemic. <b>2021</b> , 8, 110			6
1069	Sleep quality and sleep disturbances among volunteer and professional French firefighters: FIRESLEEP study. <b>2021</b> , 80, 228-235			7
1068	Prevalence of and factors associated with acute withdrawal symptoms after 24 weeks of eszopiclone treatment in patients with chronic insomnia: a prospective, interventional study. <b>2021</b> , 21, 193			3
1067	Pilot randomized sham-controlled trial of self-acupressure to manage the symptom cluster of insomnia, depression, and anxiety in cancer patients undergoing chemotherapy. <b>2021</b> , 1			1
1066	A pathogenic cycle between insomnia and cognitive arousal fuels perinatal depression: exploring the roles of nocturnal cognitive arousal and perinatal-focused rumination. <i>Sleep</i> , <b>2021</b> , 44,	1.1		7
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1064	The effect of sleep-wake intraindividual variability in digital cognitive behavioral therapy for insomnia: a mediation analysis of a large-scale RCT. <i>Sleep</i> , <b>2021</b> , 44,	1.1		1
1063	Self-reported sleep quality and dysfunctional sleep-related beliefs in young and older adults: changes in times of COVID-19 lockdown. <b>2021</b> , 81, 127-135			8
1062	Nocturnal cognitive hyperarousal, perinatal-focused rumination, and insomnia are associated with suicidal ideation in perinatal women with mild to moderate depression. <b>2021</b> , 81, 439-442			4

1061	Prevalence of mental health symptoms and its effect on insomnia among healthcare workers who attended hospitals during COVID-19 pandemic: A survey in Dhaka city. <b>2021</b> , 7, e06985	8
1060	Results of the Optimune trial: A randomized controlled trial evaluating a novel Internet intervention for breast cancer survivors. <b>2021</b> , 16, e0251276	2
1059	Sleep disorders and related factors among frontline medical staff supporting Wuhan during the COVID-19 outbreak. <b>2021</b> , 1-17	
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1057	A very brief self-report scale for measuring insomnia severity using two items from the Insomnia Severity Index - development and validation in a clinical population. <b>2021</b> , 81, 365-374	3
1056	Change in Dysfunctional Sleep-Related Beliefs is Associated with Changes in Sleep and Other Health Outcomes Among Older Veterans With Insomnia: Findings From a Randomized Controlled Trial. <b>2021</b> ,	1
1055	Cognitive-Behavioral Therapy for Insomnia in Older Adults. <b>2021</b> ,	0
1054	Sex Differences, Sleep Disturbance and Risk of Persistent Pain Associated With Groin Hernia Surgery: A Nationwide Register-Based Cohort Study. <b>2021</b> , 22, 1360-1370	2
1053	Using the influenza vaccine as a mild, exogenous inflammatory challenge: When does inflammation peak?. <b>2021</b> , 13, 100239	1
1052	Psychological Symptoms Among Evacuees From the 2016 Fort McMurray Wildfires: A Population-Based Survey One Year Later. <b>2021</b> , 9, 655357	4
1051	Psychometric analysis of a Chinese version of the Sleep Hygiene Index in nursing students in China: a cross-sectional study. <b>2021</b> , 81, 253-260	2
1050	Sleep disturbance and memory dysfunction in early multiple sclerosis. <b>2021</b> , 8, 1172-1182	1
1049	Mother-to-Infant Bonding is Associated with Maternal Insomnia, Snoring, Cognitive Arousal, and Infant Sleep Problems and Colic. <b>2021</b> , 1-17	2
1048	Fidelity of Information Processing on a Psychomotor Vigilance Task Predicts Changes in Self-Reported Sleepiness Ratings. <b>2021</b> , 13, 659-671	0
1047	Racial disparities in sleep health between Black and White young adults: The role of neighborhood safety in childhood. <b>2021</b> , 81, 341-349	6
1046	Sleep Disturbances in Frontline Health Care Workers During the COVID-19 Pandemic: Social Media Survey Study. <b>2021</b> , 23, e27331	9
1045	Association of Symptoms of Attention Deficit and Hyperactivity with Problematic Internet Use among University Students in Wuhan, China During the COVID-19 Pandemic. <b>2021</b> , 286, 220-227	5
1044	Prevalence and factors associated with ulcer-related pain in persons with chronic leg ulcers-an explorative study. <b>2021</b> , 30, 2732-2741	1

1043	A study of the association of cognitive abilities and emotional function with allergic disorders in young women. <b>2021</b> , 21, 205	1
1042	Prevalence and Related Factors of Depression, Anxiety, Acute Stress, and Insomnia Symptoms Among Medical Staffs Experiencing the Second Wave of COVID-19 Pandemic in Xinjiang, China. <b>2021</b> , 9, 671400	2
1041	Insomnia Disorder in Adult Attention-Deficit/Hyperactivity Disorder Patients: Clinical, Comorbidity, and Treatment Correlates. <b>2021</b> , 12, 663889	3
1040	An investigation and replication of sleep-related cognitions, acceptance and behaviours as predictors of short- and long-term outcome in cognitive behavioural therapy for insomnia. <b>2021</b> , 30, e13376	0
1039	Diminished well-being persists beyond the end of the COVID-19 lockdown. <b>2021</b> , 70, 137-138	8
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1037	The accuracy of the THIM wearable device for estimating sleep onset latency. <b>2021</b> , 17, 973-981	1
1036	A therapist-guided smartphone app for major depression in young adults: A randomized clinical trial. <b>2021</b> , 286, 228-238	2
1035	The role of lifestyle on NHS ambulance workers' wellbeing. 1-13	1
1034	Arousability as a trait predisposition to insomnia: multidimensional structure and clinical utility of the Spanish and English versions of the Arousal Predisposition Scale. <b>2021</b> , 81, 235-243	0
1033	Validation of the Insomnia Severity Index (ISI) for identifying insomnia in young adult cancer survivors: comparison with a structured clinical diagnostic interview of the DSM-5 (SCID-5). <b>2021</b> , 81, 80-85	4
1032	Protocol for Digital Real-world Evidence trial for Adults with insomnia treated via Mobile (DREAM): an open-label trial of a prescription digital therapeutic for treating patients with chronic insomnia. <b>2021</b> , 10, 569-581	2
1031	Guided Internet-Based Cognitive Behavioral Therapy for Insomnia: Health-Economic Evaluation From the Societal and Public Health Care Perspective Alongside a Randomized Controlled Trial. <b>2021</b> , 23, e25609	1
1030	Re-evaluating randomized clinical trials of psychological interventions: Impact of response shift on the interpretation of trial results. <b>2021</b> , 16, e0252035	0
1029	Assessment of sleep problems with the Insomnia Severity Index (ISI) and the sleep item of the Patient Health Questionnaire (PHQ-9) in cancer patients. <b>2021</b> , 29, 7377-7384	3
1028	Virologic efficacy of tenofovir, lamivudine and dolutegravir as second-line antiretroviral therapy in adults failing a tenofovir-based first-line regimen. <b>2021</b> , 35, 1423-1432	6
1027	Acute psychological impact of coronavirus disease 2019 outbreak among psychiatric professionals in China: a multicentre, cross-sectional, web-based study. <b>2021</b> , 11, e047828	0
1026	Incidence and predictors of comorbid insomnia in a sleep surgery clinic. <b>2021</b> , 17, 2165-2169	0



1025	Long-Term Trigeminal Nerve Stimulation as a Treatment for Ocular Pain. <b>2021</b> , 24, 1107-1114	3
1024	Lose Pain, Lose Weight, and Lose Both: A Cohort Study of Patients with Chronic Pain and Obesity Using a National Quality Registry. <b>2021</b> , 14, 1863-1873	0
1023	Prevalence and Risk Factors Associated with Insomnia Symptoms Among the Chinese General Public After the Coronavirus Disease 2019 Epidemic Was Initially Controlled. <b>2021</b> , 13, 703-712	0
1022	Sleep Disruption and Depression, Stress and Anxiety Levels in Women With Polycystic Ovary Syndrome (PCOS) During the Lockdown Measures for COVID-19 in the UK. <b>2021</b> , 2, 649104	4
1021	Queensland Family Cohort: a study protocol. <b>2021</b> , 11, e044463	4
1020	A Cross-Sectional Study on Mental Health Problems of Medical and Nonmedical Students in Shandong During the COVID-19 Epidemic Recovery Period. <b>2021</b> , 12, 680202	1
1019	Review of the Efficacy and Safety of Lemborexant, a Dual Receptor Orexin Antagonist (DORA), in the Treatment of Adults With Insomnia Disorder. <b>2021</b> , 10600280211008492	2
1018	Presence of PTSD is Associated with Clinical and Functional Impact in Veterans with Depression Treated in Community-Based Clinics. <b>2021</b> , 1	
1017	Psychometric properties of the Insomnia Severity Index in a sample of family dementia caregivers. <b>2021</b> , 82, 65-70	2
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1015	Effect of an online healthy lifestyle psychoeducation programme to improve cardiometabolic outcomes and affective symptoms in youth receiving mental health care: study protocol for a pilot clinical trial. <b>2021</b> , 11, e044977	0
1014	The impact of the COVID-19 pandemic on self-harm and suicidal behaviour: a living systematic review. <b>2020</b> , 9, 1097	50
1013	Sleep-Wake Disturbances in Oncology. <b>2021</b> , 56, 175-187	3
1012	Childhood maltreatment reports in adult seasonal affective disorder: Associations with sleep disturbances, maladaptive cognitions, and brooding. <b>2021</b> , 288, 31-40	
1011	Nature-Based Therapies for Sleep Disorders in People Living with Human Immunodeficiency Virus. <b>2021</b> , 56, 189-202	
1010	Prevalence of sleep disturbances in patients with chronic non-cancer pain: A systematic review and meta-analysis. <b>2021</b> , 57, 101467	4
1009	In this together: Psychological wellbeing of foreign workers in the United Arab Emirates during the COVID-19 pandemic. <b>2021</b> , 56, 825-833	3
1008	Open-loop Audio-Visual Stimulation for sleep promotion in older adults with comorbid insomnia and osteoarthritis pain: results of a pilot randomized controlled trial. <b>2021</b> , 82, 37-42	1



1007	Assessment of Mental Health of High School Students During Social Distancing and Remote Schooling During the COVID-19 Pandemic in Austria. <b>2021</b> , 4, e2114866		15
1006	Military sexual trauma: Exploring the moderating role of restrictive emotionality among male veterans. <b>2021</b> ,		
1005	A pilot randomized clinical trial of Brief Behavioral Treatment for Insomnia to reduce problematic cannabis use among trauma-exposed young adults. <b>2021</b> , 131, 108537		1
1004	A machine learning model for multi-night actigraphic detection of chronic insomnia: development and validation of a pre-screening tool. <b>2021</b> , 8, 202264		0
1003	Patterns of concomitant prescription, over-the-counter and natural sleep aid use over a 12-month period: a population based study. <i>Sleep</i> , <b>2021</b> , 44,	1.1	0
1002	Sleep Disturbances During the Menopausal Transition: The Role of Sleep Reactivity and Arousal Predisposition. <b>2021</b> , 1-13		0
1001	Efficacy of cognitive behavioral therapy for insomnia in geriatric primary care patients. <b>2021</b> , 69, 2993-2995		1
1000	Mental health disorders among healthcare workers during the COVID-19 pandemic: a cross-sectional survey from three major hospitals in Kenya. <b>2021</b> , 11, e050316		9
999	Digital cognitive-behavioural therapy for insomnia compared with digital patient education about insomnia in individuals referred to secondary mental health services in Norway: protocol for a multicentre randomised controlled trial. <b>2021</b> , 11, e050661		2
998	Breast reconstruction after breast cancer surgery - persistent pain and quality of life 1-8 years after breast reconstruction. <b>2021</b> , 21, 522-529		1
997	Application accuracy of the sleep decision tree to standardized patient cases by physiotherapists: An observational study. <b>2021</b> , 1-10		1
996	Sleep's short-term memory preservation and long-term affect depotentiation effect in emotional memory consolidation: behavioral and EEG evidence. <i>Sleep</i> , <b>2021</b> , 44,	1.1	1
995	Sleep problems during COVID-19 pandemic and its' association to psychological distress: A systematic review and meta-analysis. <b>2021</b> , 36, 100916		69
994	Effects of Exercise on Sleep Quality and Insomnia in Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <b>2021</b> , 12, 664499		5
993	Prevalence, risk correlates, and health comorbidities of insomnia in US military veterans: results from the 2019-2020 National Health and Resilience in Veterans Study. <b>2021</b> , 17, 1267-1277		3
992	How does cognitive behavioural therapy for insomnia work? A systematic review and meta-analysis of mediators of change. <b>2021</b> , 86, 102027		6
991	A Time-Lag Study on Perceived Threat of COVID-19 in Hindu Religious Community: Moderating Role of Hindu Religious Coping. <b>2021</b> , 8, 217		0
990	Protocol for the Project SAVE randomised controlled trial examining CBT for insomnia among veterans in treatment for alcohol use disorder. <b>2021</b> , 11, e045667		0

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988	College Mental Health Before and During the COVID-19 Pandemic: Results From a Nationwide Survey. <b>2021</b> , 1-10	18
987	Altered brain activity related to inhibitory processing in youth with insomnia. <b>2021</b> , 30, e13398	1
986	Metabolic outcomes in adults with type 2 diabetes and sleep disorders. <b>2021</b> , 1	0
985	The association between adherence to a dietary approaches to stop hypertension (DASH) diet and neuro-psychological function in young women. <b>2021</b> , 7, 21	1
984	Sleep-Related Cognitive Processes and the Incidence of Insomnia Over Time: Does Anxiety and Depression Impact the Relationship?. <b>2021</b> , 12, 677538	2
983	Predictors of Parent Behavioral Engagement in Youth Suicide Discharge Recommendations: Implications for Family-Centered Crisis Interventions. <b>2021</b> , 1	0
982	A population-based psychometric analysis of the insomnia severity index in black women with and without a history of cancer. <b>2021</b> , e13421	1
981	Hubungan antara Kecemasan dan Kesepian dengan Insomnia pada Lansia. <b>2021</b> , 1, 595	
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979	Semi-Individualized Acupuncture for Insomnia Disorder and Oxidative Stress: A Randomized, Double-Blind, Sham-Controlled Trial. <b>2021</b> , 13, 1195-1207	3
978	A trauma-focused intensive outpatient program integrating elements of exposure therapy with acceptance and commitment therapy: Program development and initial outcomes. <b>2021</b> , 21, 66-72	2
977	Association Between Perceived Stress and Post-Traumatic Stress Disorder Among Medical Staff During the COVID-19 Epidemic in Wuhan City. <b>2021</b> , 9, 666460	1
976	Role of perceived family support in psychological distress for pregnant women during the COVID-19 pandemic. <b>2021</b> , 11, 365-374	1
975	A Randomized Clinical Trial of Cognitive-Behavioral Therapy for Insomnia to Augment Posttraumatic Stress Disorder Treatment in Survivors of Interpersonal Violence. <b>2021</b> , 1-13	3
974	New-onset and exacerbated insomnia symptoms during the COVID-19 pandemic in US military veterans: A nationally representative, prospective cohort study. <b>2021</b> , e13450	3
973	Poor Sleep in Inflammatory Bowel Disease Is Reflective of Distinct Sleep Disorders. <b>2021</b> , 1	0
972	A Novel Group Cognitive Behavioral Therapy Approach to Adult Non-rapid Eye Movement Parasomnias. <b>2021</b> , 12, 679272	3

971	Quality of life and subjective sleep-related measures in bipolar disorder and major depressive disorder. <b>2021</b> , 1	2
970	Changes in telomere length and serum neurofilament light chain levels in female patients with chronic insomnia disorder. <b>2021</b> ,	1
969	Evaluation of the mental health of health professionals in the COVID-19 era. What mental health conditions are our health care workers facing in the new wave of coronavirus?. <b>2021</b> , 75, e14607	2
968	Student-Athletes and Counseling Services: Recommendations for Identifying and Developing Referral Sources. 1-12	0
967	Effectiveness of non-pharmacological interventions on sleep characteristics among adults with musculoskeletal pain and a comorbid sleep problem: a systematic review. <b>2021</b> , 29, 23	2
966	A pilot study of sleep scholar: A single-session, internet-based insomnia intervention for college students with a history of suicide ideation. <b>2021</b> , 1-15	0
965	Using Mindful Attention Awareness Scale on male prisoners: Confirmatory factor analysis and Rasch models. <b>2021</b> , 16, e0254333	2
964	Qualitative Impressions of a Yoga Nidra Practice for Insomnia: An Exploratory Mixed-Methods Design. <b>2021</b> , 27, 884-892	
963	Prevalence of Insomnia and Internet Dependence Amidst the COVID 19 among the Northeast Indian Population: A Preliminary Study. <b>2021</b> , 5, 1-6	1
962	Did rest breaks help with acute fatigue among nursing staff on 12-h shifts during the COVID-19 pandemic? A cross-sectional study. <b>2021</b> , 77, 4711-4721	1
961	Mental health and its association with coping strategies and intolerance of uncertainty during the COVID-19 pandemic among the general population in Saudi Arabia: cross-sectional study. <b>2021</b> , 21, 382	6
960	Yoga for cancer survivors with chemotherapy-induced peripheral neuropathy: Health-related quality of life outcomes. <b>2021</b> , 10, 5456-5465	4
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958	Marital Adjustment in Patients with Cancer: Association with Psychological Distress, Quality of Life, and Sleep Problems. <b>2021</b> , 18,	1
957	Pediatric Pain Screening Tool: A Simple 9-Item Questionnaire Predicts Functional and Chronic Postsurgical Pain Outcomes After Major Musculoskeletal Surgeries. <b>2021</b> ,	0
956	Efficacy of a stepped care approach to deliver cognitive-behavioral therapy for insomnia in cancer patients: a noninferiority randomized controlled trial. <i>Sleep</i> , <b>2021</b> , 44,	1.1 8
955	Physical sleeping environment is related to insomnia risk and measures of readiness in US army special operations soldiers. <b>2021</b> ,	1
954	COVID-19 and mental well-being of nurses in a tertiary facility in Kenya. <b>2021</b> , 16, e0254074	1

953	Fatigue, insomnia and daytime sleepiness in multiple sclerosis versus narcolepsy. <b>2021</b> , 144, 566-575		1
952	Cross-Lagged Relationships Between Insomnia and Posttraumatic Stress Disorder in Treatment-Receiving Veterans. <b>2021</b> , 52, 982-994		3
951	Treating co-morbid insomnia and social anxiety disorder with sequential CBT protocols: a single-case experimental study. <b>2021</b> , 1-17		1
950	The Effect of Ultrahigh Altitude on the Mental Health of Civil Servants in Western China Based on Propensity Score Matching. <b>2021</b> ,		1
949	Mindfulness-based therapy for insomnia for older adults with sleep difficulties: a randomized clinical trial. <b>2021</b> , 1-11		3
948	The Psychological Impact of the Coronavirus Disease 2019 Pandemic on Pregnant Women in China. <b>2021</b> , 12, 628835		0
947	Automated identification of insomnia using optimal bi-orthogonal wavelet transform technique with single-channel EEG signals. <b>2021</b> , 224, 107078		15
946	The Impact of COVID-19 Pandemic on Practice Patterns and Psychological Status of Ophthalmologists in Turkey. <b>2021</b> , 13, e16614		0
945	Prevalence of insomnia and related psychological factors with coping strategies among medical students in clinical years during the COVID-19 pandemic. <b>2021</b> , 28, 6508-6514		1
944	Do different cognitive domains mediate the association between moderate-to-vigorous physical activity and adolescents' off-task behaviour in the classroom?. <b>2021</b> , e12445		1
943	Mental Health in Student Athletes: Associations With Sleep Duration, Sleep Quality, Insomnia, Fatigue, and Sleep Apnea Symptoms. <b>2021</b> , 13,		3
942	Insomnia predicts treatment engagement and symptom change: a secondary analysis of a web-based CBT intervention for veterans with PTSD symptoms and hazardous alcohol use. <b>2021</b> ,		2
941	Clinical Characteristics of Older Adults Seeking Hypoglossal Nerve Stimulation for the Treatment of Obstructive Sleep Apnea. <b>2021</b> , 1455613211042126		1
940	Evening-types show highest increase of sleep and mental health problems during the COVID-19 pandemic - Multinational study on 19,267 adults. <i>Sleep</i> , <b>2021</b> ,	1.1	10
939	Subjective and objective sleep in young people with borderline personality disorder features. <b>2021</b> , e13463		1
938	A Randomized Controlled Trial to Examine the Feasibility and Preliminary Efficacy of a Digital Mindfulness-Based Therapy for Improving Insomnia Symptoms. <b>2021</b> , 12, 1-13		4
937	Providing Psychological Services to Firefighters. <b>2021</b> , 47, 137-148		4
936	Insomnia severity and its correlates among English as a second language (ESL) college students. <b>2021</b> , 1-8		

935	Mode of delivery of Cognitive Behavioral Therapy for Insomnia: a randomized controlled non-inferiority trial of digital and face-to-face therapy. <i>Sleep</i> , <b>2021</b> , 44,	1.1	3
934	Targeting Depressive Symptoms in Younger Breast Cancer Survivors: The Pathways to Wellness Randomized Controlled Trial of Mindfulness Meditation and Survivorship Education. <b>2021</b> , 39, 3473-3484		4
933	The Effectiveness of Digital Insomnia Treatment with Adjunctive Wearable Technology: A Pilot Randomized Controlled Trial. <b>2021</b> , 1-14		0
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930	Fear, worry and sadness: an exploratory study of psychological wellbeing in men caring for their partner with ovarian cancer. <b>2022</b> , 30, 825-833		2
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927	Menstrual regularity and bleeding is associated with sleep duration, sleep quality and fatigue in a community sample. <b>2021</b> , e13434		0
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925	Effects of PS128 on Depressive Symptoms and Sleep Quality in Self-Reported Insomniacs: A Randomized, Double-Blind, Placebo-Controlled Pilot Trial. <b>2021</b> , 13,		10
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915	Sleeping for two: study protocol for a randomized controlled trial of cognitive behavioral therapy for insomnia in pregnant women. <b>2021</b> , 22, 532	0
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912	Associations between nutritional factors and excessive daytime sleepiness in older patients with chronic kidney disease. <b>2021</b> , 1	3
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910	Seasonal Changes in Sleep Patterns in Two Saskatchewan First Nation Communities. <b>2021</b> , 3, 415-428	0
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908	Sleep and alcohol use among young adult drinkers with Insomnia: A daily process model. <b>2021</b> , 119, 106911	4
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