Loving-kindness and compassion meditation: Potential

Clinical Psychology Review 31, 1126-1132

DOI: 10.1016/j.cpr.2011.07.003

Citation Report

#	Article	IF	CITATIONS
1	Adapting CBT for traumatized refugees and ethnic minority patients: Examples from culturally adapted CBT (CA-CBT). Transcultural Psychiatry, 2012, 49, 340-365.	0.9	161
2	An Exploration of Group-Based Compassion Focused Therapy for a Heterogeneous Range of Clients Presenting to a Community Mental Health Team. International Journal of Cognitive Therapy, 2012, 5, 420-429.	1.3	97
3	A heuristic model of enactive compassion. Current Opinion in Supportive and Palliative Care, 2012, 6, 228-235.	0.5	80
4	Effects of mindful-attention and compassion meditation training on amygdala response to emotional stimuli in an ordinary, non-meditative state. Frontiers in Human Neuroscience, 2012, 6, 292.	1.0	283
5	Fears of compassion and happiness in relation to alexithymia, mindfulness, and selfâ€criticism. Psychology and Psychotherapy: Theory, Research and Practice, 2012, 85, 374-390.	1.3	169
6	Exploring compassion: A meta-analysis of the association between self-compassion and psychopathology. Clinical Psychology Review, 2012, 32, 545-552.	6.0	1,163
7	The Unique Brain Anatomy of Meditation Practitioners: Alterations in Cortical Gyrification. Frontiers in Human Neuroscience, 2012, 6, 34.	1.0	152
8	Social influences on neuroplasticity: stress and interventions to promote well-being. Nature Neuroscience, 2012, 15, 689-695.	7.1	606
9	Mindfulness and positive affect: Cross-sectional, prospective intervention, and real-time relations. Journal of Positive Psychology, 2012, 7, 349-361.	2.6	45
10	EMOTION DYSREGULATION MODEL OF MOOD AND ANXIETY DISORDERS. Depression and Anxiety, 2012, 29, 409-416.	2.0	440
11	The interplay of emotional instability, empathy, and coping on prosocial and aggressive behaviors. Personality and Individual Differences, 2012, 53, 675-680.	1.6	90
12	Mindfulness-based therapy: A comprehensive meta-analysis. Clinical Psychology Review, 2013, 33, 763-771.	6.0	1,446
13	Lovingâ€Kindness in the Treatment of Traumatized Refugees and Minority Groups: A Typology of Mindfulness and the Nodal Network Model of Affect and Affect Regulation. Journal of Clinical Psychology, 2013, 69, 817-828.	1.0	62
14	Promoting Altruism Through Meditation: An 8-Week Randomized Controlled Pilot Study. Mindfulness, 2013, 4, 223-234.	1.6	93
15	Mindfulness and other Buddhist-derived interventions in correctional settings: A systematic review. Aggression and Violent Behavior, 2013, 18, 365-372.	1.2	108
16	Buddhist Universities in the United States of America. International Journal of Dharma Studies, 2013, 1, 4.	0.3	1
17	A Pilot Study and Randomized Controlled Trial of the Mindful Selfâ€Compassion Program. Journal of Clinical Psychology, 2013, 69, 28-44.	1.0	1,311
18	Pre-existing brain function predicts subsequent practice of mindfulness and compassion meditation. Neurolmage, 2013, 69, 35-42.	2.1	59

#	Article	IF	CITATIONS
20	Mapping Mindfulness Facets Onto Dimensions of Anxiety and Depression. Behavior Therapy, 2013, 44, 373-384.	1.3	120
21	Social Anxiety and Social Anxiety Disorder. Annual Review of Clinical Psychology, 2013, 9, 249-274.	6.3	245
22	The Sisters of Mindfulness. Journal of Clinical Psychology, 2013, 69, 793-804.	1.0	22
23	Can Paranoid Thoughts be Reduced by Targeting Negative Emotions and Self-Esteem? An Experimental Investigation of a Brief Compassion-Focused Intervention. Cognitive Therapy and Research, 2013, 37, 390-402.	1.2	80
24	Mindful mating: exploring the connection between mindfulness and relationship satisfaction. Sexual and Relationship Therapy, 2013, 28, 92-104.	0.7	80
25	Compassion Training Alters Altruism and Neural Responses to Suffering. Psychological Science, 2013, 24, 1171-1180.	1.8	442
26	Loving-kindness meditation: a field study. Contemporary Buddhism, 2013, 14, 187-203.	0.1	14
27	Improving classroom learning environments by Cultivating Awareness and Resilience in Education (CARE): Results of a randomized controlled trial School Psychology Quarterly, 2013, 28, 374-390.	2.4	360
28	The Relationship between Self-compassion and Other-focused Concern among College Undergraduates, Community Adults, and Practicing Meditators. Self and Identity, 2013, 12, 160-176.	1.0	368
29	Buddhist philosophy for the treatment of problem gambling. Journal of Behavioral Addictions, 2013, 2, 63-71.	1.9	60
30	Emotion Regulation Skills Training Enhances the Efficacy of Inpatient Cognitive Behavioral Therapy for Major Depressive Disorder: A Randomized Controlled Trial. Psychotherapy and Psychosomatics, 2013, 82, 234-245.	4.0	234
31	Cultivating self-care and compassion in psychological therapists in training: The experience of practicing loving-kindness meditation Training and Education in Professional Psychology, 2013, 7, 267-277.	0.9	59
32	Individual mindfulnessâ€based psychotherapy for cannabis or cocaine dependence: A pilot feasibility trial. American Journal on Addictions, 2013, 22, 521-526.	1.3	12
33	Exploring change processes in compassion focused therapy in psychosis: Results of a feasibility randomized controlled trial. British Journal of Clinical Psychology, 2013, 52, 199-214.	1.7	213
34	The Pursuit of Happiness and Its Relationship to the Metaâ€experience of Emotions and Culture. Australian Psychologist, 2013, 48, 94-97.	0.9	11
35	Buddhist-inspired meditation increases the value of calm Emotion, 2013, 13, 497-505.	1.5	38
38	G.R.A.C.E. for nurses: Cultivating compassion in nurse/patient interactions. Journal of Nursing Education and Practice, 2013, 4, .	0.1	13
39	Facial Expressions Depicting Compassionate and Critical Emotions: The Development and Validation of a New Emotional Face Stimulus Set. PLoS ONE, 2014, 9, e88783.	1.1	22

#	ARTICLE	IF	CITATIONS
40	Nondirective meditation activates default mode network and areas associated with memory retrieval and emotional processing. Frontiers in Human Neuroscience, 2014, 8, 86.	1.0	60
41	Thematic Research on the Vimalak?rti Nirde?a S?tra: An Integrative Review. Buddhist Studies Review, 2014, 31, 3-52.	0.1	2
42	Fears of Compassion in a Depressed Population Implication for Psychotherapy. Journal of Depression $\&$ Anxiety, 2014, S2, .	0.1	36
43	Compassion Motivations: Distinguishing Submissive Compassion From Genuine Compassion and its Association With Shame, Submissive Behavior, Depression, Anxiety and Stress. Journal of Social and Clinical Psychology, 2014, 33, 399-412.	0.2	61
44	Pilot study of a compassion meditation intervention in chronic pain. Journal of Compassionate Health Care, 2014, 1 , .	1.2	44
45	Loving-kindness meditation: a tool to improve healthcare provider compassion, resilience, and patient care. Journal of Compassionate Health Care, 2014, 1, .	1.2	56
46	Mindfulness-Based Cognitive Therapy for Children. , 2014, , 161-188.		14
47	Potential Therapeutic Effects of Meditation for Treating Affective Dysregulation. Evidence-based Complementary and Alternative Medicine, 2014, 2014, 1-7.	0.5	9
48	Down-Regulating Narcissistic Tendencies. Personality and Social Psychology Bulletin, 2014, 40, 488-500.	1.9	66
49	Cognitive-Behavioral Therapy: Next Generation of Treatments. Focus (American Psychiatric) Tj ETQq1 1 0.784314	rgBT /Ove	erlock 10 Tf
50	A systematic review of psychosocial factors associated with emotional adjustment in in vitro fertilization patients. Human Reproduction Update, 2014, 20, 594-613.	5.2	105
51	The Emergence of Mindfulness-Based Interventions in Educational Settings. Advances in Motivation and Achievement: A Research Annual, 2014, , 379-419.	0.3	27
52	Peace of Mind and Organizational Citizenship Behavior. Archive for the Psychology of Religion, 2014, 36, 233-252.	0.5	7
54	Evaluating the effectiveness of enhancing resilience in human service professionals using a retreat-based Mindfulness with Metta Training Program: A randomised control trial. Psychology, Health and Medicine, 2014, 19, 355-364.	1.3	75
55	Applications of Buddhist Compassion Practices Among People Suffering from Depression and Anxiety in Confucian Societies in East Asia. Journal of Religion and Spirituality in Social Work, 2014, 33, 19-32.	0.6	3
56	BOLD signal and functional connectivity associated with loving kindness meditation. Brain and Behavior, 2014, 4, 337-347.	1.0	60
58	Mindfulness and compassion training in adolescence: A developmental contemplative science perspective. New Directions for Youth Development, 2014, 2014, 9-30.	0.6	67
	Use of Mindful Reappraisal Coping Among Meditation Practitioners. Journal of Clinical Psychology,		

#	Article	IF	CITATIONS
60	Let Go of Your (Inflated) Ego: Caring more about Others Reduces Narcissistic Tendencies. Social and Personality Psychology Compass, 2014, 8, 511-523.	2.0	21
61	Compassion vs. empathy. Interactions, 2014, 21, 48-53.	0.8	24
62	Emotion Regulation: Definition and Relevance for Mental Health. , 2014, , 5-17.		14
63	A qualitative study of the understanding and use of â€~compassion focused coping strategies' in people who suffer from serious weight difficulties. Journal of Compassionate Health Care, 2014, 1, .	1.2	10
64	Meditation $\hat{a}\in$ "Neuroscientific Approaches and Philosophical Implications. Studies in Neuroscience, Consciousness and Spirituality, 2014, , .	0.2	21
65	Self-compassion training modulates alpha-amylase, heart rate variability, and subjective responses to social evaluative threat in women. Psychoneuroendocrinology, 2014, 42, 49-58.	1.3	226
66	Exploring ageâ€related brain degeneration in meditation practitioners. Annals of the New York Academy of Sciences, 2014, 1307, 82-88.	1.8	57
67	A Literature Review Exploring the Potential of Mindfulness as a Tool to Develop Skills and Qualities for Effective Consultation. Mindfulness, 2014, 5, 669-681.	1.6	12
68	The Role of Mindfulness and Loving-Kindness Meditation in Cultivating Self-Compassion and Other-Focused Concern in Health Care Professionals. Mindfulness, 2014, 5, 129-138.	1.6	168
69	The origins and nature of compassion focused therapy. British Journal of Clinical Psychology, 2014, 53, 6-41.	1.7	843
70	Compassionâ€focused therapy: Preface and introduction for special section. British Journal of Clinical Psychology, 2014, 53, 1-5.	1.7	31
71	The development and application of compassionâ€focused therapy for eating disorders (<scp>CFT</scp> â€E). British Journal of Clinical Psychology, 2014, 53, 62-77.	1.7	87
72	PULLING BACK THE CURTAIN ON HERITABILITY STUDIES: BIOSOCIAL CRIMINOLOGY IN THE POSTGENOMIC ERA. Criminology, 2014, 52, 223-262.	2.0	103
73	Practical compassions: repertoires of practice and compassion talk in acute mental healthcare. Sociology of Health and Illness, 2014, 36, 383-399.	1.1	35
74	Mindfulnessâ€based interventions for obesityâ€related eating behaviours: a literature review. Obesity Reviews, 2014, 15, 453-461.	3.1	407
75	Just think: The challenges of the disengaged mind. Science, 2014, 345, 75-77.	6.0	332
76	Sustratos psiconeurobiológicos de la meditación y la conciencia plena. Psiquiatria Biologica, 2014, 21, 59-64.	0.0	3
77	Mindfulness: An effective coaching tool for improving physical and mental health. Journal of the American Association of Nurse Practitioners, 2014, 26, 511-518.	0.5	23

#	ARTICLE	IF	Citations
78	Mindfulness, Self-Compassion, and Empathy Among Health Care Professionals: A Review of the Literature. Journal of Health Care Chaplaincy, 2014, 20, 95-108.	0.7	284
80	Development of the "Affect Regulation Training―(ART) Program. , 2014, , 53-65.		0
81	Climate change and wind intensification in coastal upwelling ecosystems. Science, 2014, 345, 77-80.	6.0	443
82	Brief cognitive intervention can modulate neuroendocrine stress responses to the Trier Social Stress Test: Buffering effects of a compassionate goal orientation. Psychoneuroendocrinology, 2014, 44, 60-70.	1.3	69
83	Mind–Body Therapies for the Self-Management of Chronic Pain Symptoms. Pain Medicine, 2014, 15, S21-S39.	0.9	65
85	Mindfulness and sustainability. Ecological Economics, 2014, 104, 73-79.	2.9	198
86	Self-compassion as an emotion regulation strategy in major depressive disorder. Behaviour Research and Therapy, 2014, 58, 43-51.	1.6	201
87	Body dysmorphic disorder: The functional and evolutionary context in phenomenology and a compassionate mind. Journal of Obsessive-Compulsive and Related Disorders, 2014, 3, 150-160.	0.7	30
88	Successful Application of Adaptive Emotion Regulation Skills Predicts the Subsequent Reduction of Depressive Symptom Severity but neither the Reduction of Anxiety nor the Reduction of General Distress during the Treatment of Major Depressive Disorder. PLoS ONE, 2014, 9, e108288.	1.1	18
89	A Qualitative Study of the Mindfulness Meditation Training for Sport: Division I Female Soccer Players' Experience. Journal of Clinical Sport Psychology, 2014, 8, 221-244.	0.6	45
90	Anger concepts and anger reduction method in Theravada Buddhism Spirituality in Clinical Practice, 2014, 1, 56-66.	0.5	1
91	The emerging role of Buddhism in clinical psychology: Toward effective integration Psychology of Religion and Spirituality, 2014, 6, 123-137.	0.9	152
92	Effect of kindness-based meditation on health and well-being: A systematic review and meta-analysis Journal of Consulting and Clinical Psychology, 2014, 82, 1101-1114.	1.6	265
93	Successful emotion regulation skills application predicts subsequent reduction of symptom severity during treatment of major depressive disorder Journal of Consulting and Clinical Psychology, 2014, 82, 248-262.	1.6	88
94	Intensive meditation training influences emotional responses to suffering Emotion, 2015, 15, 775-790.	1.5	71
95	Dispositional sources of sanction perceptions: Emotionality, cognitive style, intolerance of ambiguity, and self-efficacy Law and Human Behavior, 2015, 39, 624-640.	0.6	23
96	Prevalence and correlates of explosive anger among pregnant and post-partum women in post-conflict Timor-Leste. BJPsych Open, 2015, 1, 34-41.	0.3	8
97	Family, Friends, and Romantic Partners of Eating Disorder Sufferers. Family Journal, 2015, 23, 320-329.	0.7	4

#	Article	IF	CITATIONS
98	A New Therapeutic Community: Development of a Compassionâ€Focussed and Contextual Behavioural Environment. Clinical Psychology and Psychotherapy, 2015, 22, 285-303.	1.4	23
99	Do therapeutic imagery practices affect physiological and emotional indicators of threat in high selfâ€critics?. Psychology and Psychotherapy: Theory, Research and Practice, 2015, 88, 270-284.	1.3	34
100	The Parenting Coordinator as Peacemaker and Peacebuilder. Family Court Review, 2015, 53, 398-406.	0.2	3
101	The Evolution and Social Dynamics of Compassion. Social and Personality Psychology Compass, 2015, 9, 239-254.	2.0	113
102	Augmenting brain function with meditation: can detachment coincide with empathy?. Frontiers in Systems Neuroscience, 2015, 9, 141.	1.2	2
103	The neural mediators of kindness-based meditation: a theoretical model. Frontiers in Psychology, 2015, 6, 109.	1.1	36
104	The default mode network as a biomarker for monitoring the therapeutic effects of meditation. Frontiers in Psychology, 2015, 06, 776.	1.1	73
105	Calm and smart? A selective review of meditation effects on decision making. Frontiers in Psychology, 2015, 6, 1059.	1.1	28
106	The effect of loving-kindness meditation on positive emotions: a meta-analytic review. Frontiers in Psychology, 2015, 6, 1693.	1.1	144
107	Loving-Kindness Meditation to Target Affect in Mood Disorders: A Proof-of-Concept Study. Evidence-based Complementary and Alternative Medicine, 2015, 2015, 1-11.	0.5	25
108	Psychotherapeutic benefits of compassion-focused therapy: an early systematic review. Psychological Medicine, 2015, 45, 927-945.	2.7	387
109	Applying the Buddhist Four Immeasurables to Mental Health Care: A Critical Review. Journal of Religion and Spirituality in Social Work, 2015, 34, 24-50.	0.6	9
110	Self-Compassion in Recovery Following Potentially Traumatic Stress: Longitudinal Study of At-Risk Youth. Journal of Abnormal Child Psychology, 2015, 43, 645-653.	3.5	122
111	The effect of contemplation and meditation on â€~great compassion' on the psychological well-being of adolescents. Journal of Positive Psychology, 2015, 10, 359-369.	2.6	19
112	Mindfulness in cultural context. Transcultural Psychiatry, 2015, 52, 447-469.	0.9	101
113	Mindfulness and compassion in human development: Introduction to the special section Developmental Psychology, 2015, 51, 1-6.	1.2	52
114	Compassionate Family Care Framework: A New Collaborative Compassionate Care Model for NICU Families and Caregivers. Newborn and Infant Nursing Reviews, 2015, 15, 33-41.	0.4	16
115	Exploring Mindfulness and Mindfulness with Self-Compassion-Centered Interventions to Assist Weight Loss: Theoretical Considerations and Preliminary Results of a Randomized Pilot Study. Mindfulness, 2015, 6, 824-835.	1.6	79

#	Article	IF	CITATIONS
116	Letter to the editor: Potential treatment targets for misophonia. General Hospital Psychiatry, 2015, 37, 370-371.	1.2	19
117	Selfâ€Compassion as a Prospective Predictor of PTSD Symptom Severity Among Traumaâ€Exposed U.S. Iraq and Afghanistan War Veterans. Journal of Traumatic Stress, 2015, 28, 127-133.	1.0	75
118	An Evolutionary Approach to Emotion in Mental Health With a Focus on Affiliative Emotions. Emotion Review, 2015, 7, 230-237.	2.1	60
119	Mindfulness: Awareness Informed by an Embodied Ethic. Mindfulness, 2015, 6, 17-22.	1.6	90
120	Mindfulness and Metta-based Trauma Therapy (MMTT): Initial Development and Proof-of-Concept of an Internet Resource. Mindfulness, 2015, 6, 1322-1334.	1.6	26
121	Recreational 3,4-methylenedioxy-N-methylamphetamine (MDMA) or â€ecstasy' and self-focused compassion: Preliminary steps in the development of a therapeutic psychopharmacology of contemplative practices. Journal of Psychopharmacology, 2015, 29, 961-970.	2.0	30
122	Invited Address: "The Times They Are A-Changin'―Gene Expression, Neuroplasticity, and Developmental Research. Journal of Youth and Adolescence, 2015, 44, 573-580.	1.9	13
123	Is meditation always relaxing? Investigating heart rate, heart rate variability, experienced effort and likeability during training of three types of meditation. International Journal of Psychophysiology, 2015, 97, 38-45.	0.5	87
124	Mindfulness as a Key Construct in Modern Psychotherapy., 2015, , 141-154.		1
125	Ethics, Values, Virtues, and Character Strengths in Mindfulness-Based Interventions: a Psychological Science Perspective. Mindfulness, 2015, 6, 956-969.	1.6	78
126	Handbook of Mindfulness and Self-Regulation. , 2015, , .		63
127	Self-Compassion: What It Is, What It Does, and How It Relates to Mindfulness., 2015, , 121-137.		224
128	Buddhist-Derived Loving-Kindness and Compassion Meditation for the Treatment of Psychopathology: a Systematic Review. Mindfulness, 2015, 6, 1161-1180.	1.6	212
129	The contemporary mindfulness movement and the question of nonself. Transcultural Psychiatry, 2015, 52, 485-500.	0.9	38
130	Psychometric Properties of the Hebrew Short Version of the Zimbardo Time Perspective Inventory. Evaluation and the Health Professions, 2015, 38, 219-245.	0.9	37
131	Washing Dishes to Wash the Dishes: Brief Instruction in an Informal Mindfulness Practice. Mindfulness, 2015, 6, 1095-1103.	1.6	67
132	Loving-Kindness Meditation's Effects on Nitric Oxide and Perceived Well-being: A Pilot Study in Experienced and Inexperienced Meditators. Explore: the Journal of Science and Healing, 2015, 11, 32-39.	0.4	19
133	Can Gratitude and Kindness Interventions Enhance Well-Being in a Clinical Sample?. Journal of Happiness Studies, 2015, 16, 17-36.	1.9	122

#	ARTICLE	IF	Citations
134	Self-Compassion and Body Dissatisfaction in Women: A Randomized Controlled Trial of a Brief Meditation Intervention. Mindfulness, 2015, 6, 444-454.	1.6	322
135	Cognitions as mediators in the relationship between self-compassion and affect. Personality and Individual Differences, 2015, 74, 41-48.	1.6	54
136	A Waitâ€List Randomized Controlled Trial of Lovingâ€Kindness Meditation Programme for Selfâ€Criticism. Clinical Psychology and Psychotherapy, 2015, 22, 346-356.	1.4	90
137	Self/Other Referential Processing Following Mindfulness and Loving-Kindness Meditation. Mindfulness, 2015, 6, 778-787.	1.6	26
139	Modelo Integrador de Mindfulness (MIM): El cultivo de los estados mentales positivos hacia uno mismo y los demás a través del Mindfulness y la autocompasión. Anales De Psicologia, 2016, 32, 749.	0.3	17
141	Compassion, Well-Being, and the Hypo-egoic Self. , 2016, , .		5
142	From Self to Nonself: The Nonself Theory. Frontiers in Psychology, 2016, 7, 124.	1.1	53
143	Phenotypic Dimensions of Spirituality: Implications for Mental Health in China, India, and the United States. Frontiers in Psychology, 2016, 7, 1600.	1.1	40
144	Defining Contemplative Science: The Metacognitive Self-Regulatory Capacity of the Mind, Context of Meditation Practice and Modes of Existential Awareness. Frontiers in Psychology, 2016, 7, 1788.	1.1	59
145	Effects of Healing Touch and Relaxation Therapy on Adult Patients Undergoing Hematopoietic Stem Cell Transplant. Cancer Nursing, 2016, 39, E1-E11.	0.7	10
146	The role of mindfulness and compassion in enhancing nurturing family environments Clinical Psychology: Science and Practice, 2016, 23, 142-157.	0.6	44
147	Definition of compassion in healthcare: a systematic literature review. International Journal of Palliative Nursing, 2016, 22, 599-606.	0.2	101
148	Enhanced happiness and stress alleviation upon insight meditation retreat: mindfulness, a part of traditional Buddhist meditation. Mental Health, Religion and Culture, 2016, 19, 648-659.	0.6	4
149	Working on self-compassion online: A proof of concept and feasibility study. Internet Interventions, 2016, 6, 64-70.	1.4	49
150	Individual Differences in Affective States During Meditation. International Journal for the Psychology of Religion, The, 2016, 26, 268-282.	1.3	3
151	Life Lessons from Women with HIV: Mutuality, Self-Awareness, and Self-Efficacy. AIDS Patient Care and STDs, 2016, 30, 261-273.	1.1	21
152	Processes of Teaching, Learning, and Transfer in Mindfulness-Based Interventions (MBIs) for Teachers: A Contemplative Educational Perspective. Mindfulness in Behavioral Health, 2016, , 149-170.	0.2	38
153	Contemplation in Education. Mindfulness in Behavioral Health, 2016, , 17-28.	0.2	17

#	Article	IF	CITATIONS
154	Preliminary Investigation of a Mindfulness-Based Intervention for Social Anxiety Disorder That Integrates Compassion Meditation and Mindful Exposure. Journal of Alternative and Complementary Medicine, 2016, 22, 363-374.	2.1	39
155	Attachment Security and Self-compassion Priming Increase the Likelihood that First-time Engagers in Mindfulness Meditation Will Continue with Mindfulness Training. Mindfulness, 2016, 7, 642-650.	1.6	32
156	Industrial halal meat production and animal welfare: A review. Meat Science, 2016, 120, 60-70.	2.7	52
158	Mindfulness-based Therapy in Modern Psychology: Convergence and Divergence from Early Buddhist Thought. Contemporary Buddhism, 2016, 17, 275-325.	0.1	12
159	Treatment for Anhedonia: A Neuroscience Driven Approach. Depression and Anxiety, 2016, 33, 927-938.	2.0	232
160	Enhancing well-being at work: The role of emotion regulation skills as personal resources Journal of Occupational Health Psychology, 2016, 21, 480-493.	2.3	103
161	Effects of compassion meditation on a psychological model of charitable donation Emotion, 2016, 16, 691-705.	1.5	58
162	Compassion and its role in the clinical encounter – An argument for compassion training. Journal of Herbal Medicine, 2016, 6, 198-203.	1.0	2
163	Studying the teaching of kindness: A conceptual model for evaluating kindness education programs in schools. Evaluation and Program Planning, 2016, 58, 160-170.	0.9	27
164	The Ultimate Rx: Cutting Through the Delusion of Self-cherishing. Mindfulness in Behavioral Health, 2016, , 337-352.	0.2	2
165	Reconciling and Thematizing Definitions of Mindfulness: The Big Five of Mindfulness. Review of General Psychology, 2016, 20, 183-193.	2.1	75
167	Validation of the Psychometric Properties of the Selfâ€Compassion Scale. Testing the Factorial Validity and Factorial Invariance of the Measure among Borderline Personality Disorder, Anxiety Disorder, Eating Disorder and General Populations. Clinical Psychology and Psychotherapy, 2016, 23, 460-468.	1.4	196
168	Evaluation of a Meditation Intervention to Reduce the Effects of Stressors Associated With Compassion Fatigue Among Nurses. Journal of Holistic Nursing, 2016, 34, 343-350.	0.6	76
169	The relationship of self-compassion and depression: Cross-lagged panel analyses in depressed patients after outpatient therapy. Journal of Affective Disorders, 2016, 202, 39-45.	2.0	96
170	Repressed anger mediates associations between sexual minority stressors and negative psychological outcomes in gay men and lesbian women. Journal of Gay and Lesbian Mental Health, 2016, 20, 280-296.	0.8	6
171	Positive Effects of a Stress Reduction Program Based on Mindfulness Meditation in Brazilian Nursing Professionals: Qualitative and Quantitative Evaluation. Explore: the Journal of Science and Healing, 2016, 12, 90-99.	0.4	92
172	Oxytocin improves compassion toward women among patients with PTSD. Psychoneuroendocrinology, 2016, 64, 143-149.	1.3	31
173	The expression of compassion in social work practice. Journal of Religion and Spirituality in Social Work, 2016, 35, 120-131.	0.6	9

#	Article	IF	CITATIONS
174	Effects of a 12-Week Mindfulness, Compassion, and Loving Kindness Program on Chronic Depression: A Pilot Within-Subjects Wait-List Controlled Trial. Journal of Cognitive Psychotherapy, 2016, 30, 35-49.	0.2	24
175	Embodying self-compassion within virtual reality and its effects on patients with depression. BJPsych Open, 2016, 2, 74-80.	0.3	190
176	Affect and Motivation Are Critical in Constructive Meditation. Trends in Cognitive Sciences, 2016, 20, 159-160.	4.0	29
177	A single session of meditation reduces of physiological indices of anger in both experienced and novice meditators. Consciousness and Cognition, 2016, 40, 54-66.	0.8	24
178	A Randomized Controlled Trial of Tong Len Meditation Practice in Cancer Patients: Evaluation of a Distant Psychological Healing Effect. Explore: the Journal of Science and Healing, 2016, 12, 42-49.	0.4	8
179	Can Compassion Meditation Contribute to the Development of Psychotherapists' Empathy? A Review. Mindfulness, 2016, 7, 255-263.	1.6	40
180	How do the facets of mindfulness predict the constructs of depression and anxiety as seen through the lens of the tripartite theory?. Personality and Individual Differences, 2016, 93, 104-111.	1.6	34
181	The Structure and Development of Dispositional Compassion in Early Adolescence. Journal of Early Adolescence, 2016, 36, 840-873.	1.1	18
182	Intellectual humility and prosocial values: Direct and mediated effects. Journal of Positive Psychology, 2017, 12, 13-28.	2.6	83
183	Can Religion be Explained?. Method and Theory in the Study of Religion, 2017, 29, 1-30.	0.4	17
184	Outcome of a web-based mindfulness intervention for families living with mental illness – A feasibility study. Informatics for Health and Social Care, 2017, 42, 97-108.	1.4	14
185	Online Training in Specific Meditation Practices Improves Gratitude, Well-Being, Self-Compassion, and Confidence in Providing Compassionate Care Among Health Professionals. Journal of Evidence-Based Complementary & Alternative Medicine, 2017, 22, 237-241.	1.5	78
186	A Comparative Study on the Efficacy of a Positive Psychology Intervention and a Cognitive Behavioral Therapy for Clinical Depression. Cognitive Therapy and Research, 2017, 41, 417-433.	1.2	103
187	Adaptation of CBT for Traumatized Egyptians: Examples from Culturally Adapted CBT (CA-CBT). Cognitive and Behavioral Practice, 2017, 24, 58-71.	0.9	47
188	Why Does Positive Mental Health Buffer Against Psychopathology? An Exploratory Study on Self-Compassion as a Resilience Mechanism and Adaptive Emotion Regulation Strategy. Cognitive Therapy and Research, 2017, 41, 459-468.	1.2	182
189	Fostering Selfâ€Compassion and Lovingâ€Kindness in Patients With Borderline Personality Disorder: A Randomized Pilot Study. Clinical Psychology and Psychotherapy, 2017, 24, 278-286.	1.4	77
190	User value and usability of a web-based mindfulness intervention for families living with mental health problems. Health and Social Care in the Community, 2017, 25, 700-709.	0.7	17
191	TheÂFour Immeasurables Meditations: Differential Effects of Appreciative Joy and Compassion Meditations on Emotions. Mindfulness, 2017, 8, 949-959.	1.6	33

#	Article	IF	CITATIONS
192	Exploring the efficacy of an acceptance, mindfulness & Department of the efficacy of an acceptance, mindfulness are compassionate-based group intervention for women struggling with their weight (Kg-Free): A randomized controlled trial. Appetite, 2017, 112, 107-116.	1.8	95
193	Trauma appraisals, emotion regulation difficulties, and self-compassion predict posttraumatic stress symptoms following childhood abuse. Child Abuse and Neglect, 2017, 65, 37-47.	1.3	96
194	Using health promotion guidelines for persons with disabilities to develop and evaluate a physical activity program for individuals with multiple sclerosis: A feasibility study. Evaluation and Program Planning, 2017, 61, 150-159.	0.9	7
195	Angry Rumination Mediates the Unique Associations Between Self-Compassion and Anger and Aggression. Mindfulness, 2017, 8, 554-564.	1.6	42
196	Mindfulness and Loving-Kindness Meditation. Psychological Reports, 2017, 120, 102-117.	0.9	66
197	Compassion and self-compassion: Construct and measurement. Mindfulness & Compassion, 2017, 2, 34-40.	0.5	26
198	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. Consciousness and Cognition, 2017, 49, 172-180.	0.8	30
199	Other Approaches: From Neurofeedback to Cognitive-Enhancing Drugs. , 2017, , 237-316.		1
200	The role of grief symptoms and a sense of injustice in the pathways to post-traumatic stress symptoms in post-conflict Timor-Leste. Epidemiology and Psychiatric Sciences, 2017, 26, 403-413.	1.8	17
201	Effectiveness and Usability of a Web-Based Mindfulness Intervention for Families Living with Mental Illness. Mindfulness, 2017, 8, 751-764.	1.6	21
202	Can Selfâ€Compassion Promote Healthcare Provider Wellâ€Being and Compassionate Care to Others? Results of a Systematic Review. Applied Psychology: Health and Well-Being, 2017, 9, 168-206.	1.6	65
203	Processes of Believing: The Acquisition, Maintenance, and Change in Creditions. New Approaches To the Scientific Study of Religion, 2017, , .	0.3	15
204	Neurobiological Factors Underlying Attachment and Trust in the Believing Process. New Approaches To the Scientific Study of Religion, 2017, , 83-95.	0.3	2
205	A Randomized Micro-Trial of a Loving-Kindness Meditation for Young Adults Living at Home with their Parents. Journal of Child and Family Studies, 2017, 26, 1888-1899.	0.7	15
206	Mindfulness in Social Psychology. , 0, , .		15
207	Contemplative Cognition: A More Integrative Framework for Advancing Mindfulness and Meditation Research. Mindfulness, 2017, 8, 1580-1593.	1.6	12
208	Delivering your daily dose of well-being to the workplace: a randomized controlled trial of an online well-being programme for employees. European Journal of Work and Organizational Psychology, 2017, 26, 555-573.	2.2	46
209	Psychological and Physiological Effects of Compassionate Mind Training: a Pilot Randomised Controlled Study. Mindfulness, 2017, 8, 1699-1712.	1.6	133

#	Article	IF	CITATIONS
210	Differential Effects of Attention-, Compassion-, and Socio-Cognitively Based Mental Practices on Self-Reports of Mindfulness and Compassion. Mindfulness, 2017, 8, 1488-1512.	1.6	65
211	Adapting compassion focused therapy for an adult with a learning disability—A case study. British Journal of Learning Disabilities, 2017, 45, 142-150.	0.8	17
212	What does Positivity Add to Psychopathology? An Introduction to the Special Issue on $\hat{a} \in \text{Positive}$ Emotions and Cognitions in Clinical Psychology $\hat{a} \in \text{Im}$. Cognitive Therapy and Research, 2017, 41, 325-334.	1.2	35
213	Culture-Bound Syndromes of a Brazilian Amazon Riverine population: Tentative correspondence between traditional and conventional medicine terms and possible ethnopharmacological implications. Journal of Ethnopharmacology, 2017, 203, 80-89.	2.0	16
215	Who am I? Differential effects of three contemplative mental trainings on emotional word use in self-descriptions. Self and Identity, 2017, 16, 607-628.	1.0	9
216	Anticipatory and consummatory pleasure and displeasure in major depressive disorder: An experience sampling study Journal of Abnormal Psychology, 2017, 126, 149-159.	2.0	62
218	A structured literature review on the role of mindfulness, mindful eating and intuitive eating in changing eating behaviours: effectiveness and associated potential mechanisms. Nutrition Research Reviews, 2017, 30, 272-283.	2.1	216
219	Effects of brief mindful breathing and loving-kindness meditation on shame and social problem solving abilities among individuals with high borderline personality traits. Behaviour Research and Therapy, 2017, 97, 43-51.	1.6	10
220	"l feel I can live every minute if I choose to†participants' experience of a positive mindfulness programme. Qualitative Research in Psychology, 2017, 14, 482-504.	9.4	3
221	The relevance of selfâ€compassion as an intervention target in mood and anxiety disorders: A narrative review based on an emotion regulation framework. Clinical Psychologist, 2017, 21, 90-103.	0.5	93
222	Compassion in Clinical Practice: Current Applications and New Directions. Clinical Psychologist, 2017, 21, 59-61.	0.5	3
223	Counselor Self-care and Mindfulness. Contemporary Buddhism, 2017, 18, 321-330.	0.1	20
224	Bracing Later and Coping Better: Benefits of Mindfulness During a Stressful Waiting Period. Personality and Social Psychology Bulletin, 2017, 43, 1399-1414.	1.9	24
225	The development of compassionate engagement and action scales for self and others. Journal of Compassionate Health Care, 2017, 4, .	1.2	247
226	Measuring competitive self-focus perspective taking, submissive compassion and compassion goals. Journal of Compassionate Health Care, 2017, 4, .	1.2	3
227	Selfâ€Compassion Online: A Pilot Study of an Internetâ€Based Selfâ€Compassion Cultivation Program for Psychology Trainees. Journal of Clinical Psychology, 2017, 73, 797-816.	1.0	87
228	The Mediating Role of Self-Compassion Between Mindfulness and Compassion Fatigue Among Therapists in Hong Kong. Mindfulness, 2017, 8, 460-470.	1.6	34
229	Compassion interventions: The programmes, the evidence, and implications for research and practice. Psychology and Psychotherapy: Theory, Research and Practice, 2017, 90, 432-455.	1.3	249

#	Article	IF	CITATIONS
230	Health Practitioners and the Directive Towards Compassionate Healthcare in the UK: Exploring the Need to Educate Health Practitioners on How to be Self-Compassionate and Mindful Alongside Mandating Compassion Towards Patients. Health Professions Education, 2017, 3, 61-63.	1.4	13
231	Does Loving-Kindness Meditation Reduce Anxiety? Results from a Randomized Controlled Trial. Mindfulness, 2017, 8, 565-571.	1.6	17
232	Self-Compassion and Psychological Well-being. , 2017, , .		48
233	Uloga osobnih Äimbenika u objaÅ _i njenju kompulzivnog prejedanja. Hrvatska Revija Za Rehabilitacijska Istrazivanja, 2017, 53, 1-16.	0.1	1
234	A Systematic Review of Associations between Amount of Meditation Practice and Outcomes in Interventions Using the Four Immeasurables Meditations. Frontiers in Psychology, 2017, 8, 141.	1.1	26
235	Getting a Grip on the Handgrip Task: Handgrip Duration Correlates with Neuroticism But Not Conscientiousness. Frontiers in Psychology, 2017, 8, 1367.	1.1	7
236	The Mindful Self: A Mindfulness-Enlightened Self-view. Frontiers in Psychology, 2017, 8, 1752.	1.1	34
237	Women Benefit More Than Men in Response to College-based Meditation Training. Frontiers in Psychology, 2017, 8, 551.	1.1	148
238	Mindfulness-Based Cognitive Behavioral Treatments. , 2017, , 175-197.		0
239	The Cultural Shaping of Compassion. , 2017, , .		6
240	The Unconditional Self-Kindness Scale: Assessing the Ability to Respond with Kindness to Threats to the Self. Mindfulness, 2018, 9, 1713-1722.	1.6	16
241	A Randomized Micro-trial of a Loving-Kindness Meditation to Help Parents Respond to Difficult Child Behavior Vignettes. Journal of Child and Family Studies, 2018, 27, 1614-1628.	0.7	15
242	A Fourth Wave of Psychotherapies: Moving Beyond Recovery Toward Well-Being. Harvard Review of Psychiatry, 2018, 26, 90-95.	0.9	21
243	Shame and Depressive Symptoms: Self-compassion and Contingent Self-worth as Mediators?. Journal of Clinical Psychology in Medical Settings, 2018, 25, 408-419.	0.8	15
244	Motivational interviewing in compassionâ€based interventions: Theory and practical applications. Clinical Psychologist, 2018, 22, 265-279.	0.5	21
245	Relationships Among Meditation, Perfectionism, Mindfulness, and Performance Anxiety Among Collegiate Music Students. Journal of Research in Music Education, 2018, 66, 150-167.	1.0	39
246	Effect on Well-Being from an Online Mindfulness Intervention: "Mindful in May― Mindfulness, 2018, 9, 1637-1647.	1.6	14
247	Effectiveness and usability of a web-based mindfulness intervention for caregivers of people with mental or somatic illness. A randomized controlled trial. Internet Interventions, 2018, 12, 46-56.	1.4	13

#	ARTICLE	IF	Citations
248	Examining self-care, self-compassion and compassion for others: a cross-sectional survey of palliative care nurses and doctors. International Journal of Palliative Nursing, 2018, 24, 4-11.	0.2	42
249	The limited prosocial effects of meditation: A systematic review and meta-analysis. Scientific Reports, 2018, 8, 2403.	1.6	110
250	Effect of Seminar on Compassion on student self-compassion, mindfulness and well-being: A randomized controlled trial. Journal of American College Health, 2018, 66, 537-545.	0.8	29
251	Implicit or Explicit Compassion? Effects of Compassion Cultivation Training and Comparison with Mindfulness-based Stress Reduction. Mindfulness, 2018, 9, 1494-1508.	1.6	78
252	Deficits in general emotion regulation skills–Evidence of a transdiagnostic factor. Journal of Clinical Psychology, 2018, 74, 1017-1033.	1.0	20
253	Love of God, others, and self and their association with satisfaction with life and mental health for Christians. Journal of Spirituality in Mental Health, 2018, 20, 239-260.	0.5	3
254	Acceptance and Commitment Therapy for Injured Athletes: Development and Preliminary Feasibility of the Return to ACTion Protocol. Journal of Clinical Sport Psychology, 2018, 12, 4-26.	0.6	12
255	Bio-adaptive Social VR to Evoke Affective Interdependence. , 2018, , .		15
256	Exploring the social side of selfâ€compassion: Relations with empathy and outgroup attitudes. European Journal of Social Psychology, 2018, 48, 769-783.	1.5	21
257	Loving-kindness language exposure leads to changes in sensitivity to imagined pain. Journal of Positive Psychology, 2018, 13, 429-433.	2.6	8
258	\hat{a} € Finding the person you really are \hat{a} € on the inside \hat{a} € Compassion focused therapy for adults with intellectual disabilities. Journal of Intellectual Disabilities, 2018, 22, 135-153.	1.0	36
259	Altering the Trajectory of Affect and Affect Regulation: the Impact of Compassion Training. Mindfulness, 2018, 9, 283-293.	1.6	46
260	Selfâ€compassion moderates the predictive effects of implicit cognitions on subjective wellâ€being. Stress and Health, 2018, 34, 143-151.	1.4	9
261	Endogenous oxytocin is associated with the experience of compassion and recalled upbringing in Borderline Personality Disorder. Depression and Anxiety, 2018, 35, 50-57.	2.0	31
262	Structural changes in socio-affective networks: Multi-modal MRI findings in long-term meditation practitioners. Neuropsychologia, 2018, 116, 26-33.	0.7	58
263	Mind–Body Therapy for Military Veterans with Post-Traumatic Stress Disorder: A Systematic Review. Journal of Alternative and Complementary Medicine, 2018, 24, 106-114.	2.1	41
264	Effects of brief mindfulness and loving-kindness meditation inductions on emotional and behavioral responses to social rejection among individuals with high borderline personality traits. Behaviour Research and Therapy, 2018, 100, 44-53.	1.6	22
265	How One Experiences and Embodies Compassionate Mind Training Influences Its Effectiveness. Mindfulness, 2018, 9, 1224-1235.	1.6	26

#	Article	IF	CITATIONS
266	Adaptation of CBT for Traumatized South African Indigenous Groups: Examples from Multiplex CBT for PTSD. Cognitive and Behavioral Practice, 2018, 25, 335-349.	0.9	14
267	Meditational spiritual intercession and recovery from disease in palliative care: a literature review. Annals of Palliative Medicine, 2018, 7, 41-62.	0.5	4
268	Atypical Anxiety-Related Amygdala Reactivity and Functional Connectivity in Sant Mat Meditation. Frontiers in Behavioral Neuroscience, 2018, 12, 298.	1.0	4
269	Yoga Practitioners Uniquely Activate the Superior Parietal Lobule and Supramarginal Gyrus During Emotion Regulation. Frontiers in Integrative Neuroscience, 2018, 12, 60.	1.0	22
270	Divergent effects of brief contemplative practices in response to an acute stressor: A randomized controlled trial of brief breath awareness, loving-kindness, gratitude or an attention control practice. PLoS ONE, 2018, 13, e0207765.	1.1	18
271	Does Meditation Alter Brain Responses to Negative Stimuli? A Systematic Review. Frontiers in Human Neuroscience, 2018, 12, 448.	1.0	17
272	Breath of Life: The Respiratory Vagal Stimulation Model of Contemplative Activity. Frontiers in Human Neuroscience, 2018, 12, 397.	1.0	126
273	The Efficacy of Cognitively-Based Compassion Training for African American Suicide Attempters. Mindfulness, 2018, 9, 1941-1954.	1.6	20
274	Compassion and Human Development: Current Approaches and Future Directions. Research in Human Development, 2018, 15, 238-251.	0.8	23
275	Organizational change: insights from Buddhism and Acceptance and Commitment Therapy(ACT). Journal of Management, Spirituality and Religion, 2018, 15, 424-449.	0.9	3
276	Effects of self-transcendence on neural responses to persuasive messages and health behavior change. Proceedings of the National Academy of Sciences of the United States of America, 2018, 115, 9974-9979.	3.3	39
277	Mindfulness-based treatments for posttraumatic stress disorder: a review of the treatment literature and neurobiological evidence. Journal of Psychiatry and Neuroscience, 2018, 43, 7-25.	1.4	219
278	Compassionate education from preschool to graduate school. Journal of Research in Innovative Teaching & Learning, 2018, 11, 22-66.	1.5	31
279	Self-compassion induction enhances recovery from social stressors: Comparing adults with social anxiety disorder and healthy controls. Anxiety, Stress and Coping, 2018, 31, 594-609.	1.7	20
280	Psychopathy to Altruism: Neurobiology of the Selfish–Selfless Spectrum. Frontiers in Psychology, 2018, 9, 575.	1.1	32
281	Visual Attention to Suffering After Compassion Training Is Associated With Decreased Amygdala Responses. Frontiers in Psychology, 2018, 9, 771.	1.1	50
282	Misophonia and Potential Underlying Mechanisms: A Perspective. Frontiers in Psychology, 2018, 9, 953.	1.1	39
283	Associations between Religiosity, Spirituality, and Happiness among Adults Living with Neurological Illness. Geriatrics (Switzerland), 2018, 3, 35.	0.6	10

#	Article	IF	CITATIONS
284	Experiencing meditation $\hat{a}\in$ Evidence for differential effects of three contemplative mental practices in micro-phenomenological interviews. Consciousness and Cognition, 2018, 62, 82-101.	0.8	56
285	Cognitively-Based Compassion Training (CBCT ^{\hat{A}^{\otimes}}) in Breast Cancer Survivors: A Randomized Clinical Trial Study. Integrative Cancer Therapies, 2018, 17, 684-696.	0.8	61
286	Compassion and Loving-Kindness Meditation: An Overview and Prospects for the Application in Clinical Samples. Harvard Review of Psychiatry, 2018, 26, 201-215.	0.9	40
287	Dispositional selfâ€compassion and responses to mood challenge in people at risk for depressive relapse/recurrence. Clinical Psychology and Psychotherapy, 2018, 25, 621-633.	1.4	17
288	Exploring the self-compassion of health-care social workers: How do they fare?. Social Work in Health Care, 2018, 57, 563-580.	0.8	9
289	Feasibility and Pilot Testing of a Mindfulness Intervention for Frail Older Adults and Individuals With Dementia. Research in Gerontological Nursing, 2018, 11, 137-150.	0.2	12
290	Differences in the Semantics of Prosocial Words: an Exploration of Compassion and Kindness. Mindfulness, 2019, 10, 2259-2271.	1.6	59
291	Equanimity: The somatization of a moral sentiment from the eighteenth to late twentieth century. Journal of the History of the Behavioral Sciences, 2019, 55, 281-298.	0.1	6
292	Comparing state anxiety and mindfulness between mindfulness and loving-kindness meditation whilst controlling for the effect of altruism and boredom. Current Issues in Personality Psychology, 2019, 7, 109-119.	0.2	7
294	Promoting Wellbeing in Pregnancy: A Multi-component Positive Psychology and Mindfulness-Based Mobile App. Lecture Notes of the Institute for Computer Sciences, Social-Informatics and Telecommunications Engineering, 2019, , 250-262.	0.2	2
295	Promoting Psychological Well-Being Through an Evidence-Based Mindfulness Training Program. Frontiers in Human Neuroscience, 2019, 13, 237.	1.0	53
297	Mindfulness-based Wellness and Resilience intervention among interdisciplinary primary care teams: a mixed-methods feasibility and acceptability trial. Primary Health Care Research and Development, 2019, 20, e91.	0.5	11
298	Social Ambivalence and Disease (SAD): A Theoretical Model Aimed at Understanding the Health Implications of Ambivalent Relationships. Perspectives on Psychological Science, 2019, 14, 941-966.	5.2	34
299	Hype and hope? Mind-body practice predicts pro-environmental engagement through global identity. Journal of Environmental Psychology, 2019, 66, 101340.	2.3	41
300	Bringing light into darkness: A multiple baseline mixed methods case series evaluation of Augmented Depression Therapy (ADepT). Behaviour Research and Therapy, 2019, 120, 103418.	1.6	47
301	A thematic analysis of compassionâ€focused imagery for people with personality disorder: Inhibitors, facilitators and clinical recommendations. Clinical Psychologist, 2019, 23, 213-224.	0.5	10
302	Theoretical Approaches to Multi-Cultural Positive Psychological Interventions. , 2019, , .		7
303	Women's experiences of group intervention with schema therapy techniques: A qualitative process analysis. Counselling and Psychotherapy Research, 2019, 19, 301-310.	1.7	0

#	Article	IF	Citations
304	The mind is its own place: The difficulties and benefits of thinking for pleasure. Advances in Experimental Social Psychology, 2019, 60, 175-221.	2.0	11
305	Compassion Cultivation. , 2019, , 33-53.		O
307	Sex Work and the Karmic Wheel: How Buddhism Influences Sex Work in China. International Journal of Offender Therapy and Comparative Criminology, 2019, 63, 2356-2377.	0.8	5
309	Effects of Mindfulness-Based Positive Behavior Support (MBPBS) Training Are Equally Beneficial for Mothers and Their Children With Autism Spectrum Disorder or With Intellectual Disabilities. Frontiers in Psychology, 2019, 10, 385.	1.1	40
310	Compassion Meditation for Posttraumatic Stress Disorder in Veterans: A Randomized Proof of Concept Study. Journal of Traumatic Stress, 2019, 32, 299-309.	1.0	33
311	Soothing Your Heart and Feeling Connected: A New Experimental Paradigm to Study the Benefits of Self-Compassion. Clinical Psychological Science, 2019, 7, 545-565.	2.4	65
312	Commentary Regarding Wilson et al. (2018) "Effectiveness of â€~Self-Compassion' Related Therapies: a Systematic Review and Meta-analysis.―All is Not as it Seems. Mindfulness, 2019, 10, 1006-1016.	1.6	21
313	The Role of One's Motive in Meditation Practices and Prosociality. Frontiers in Human Neuroscience, 2019, 13, 48.	1.0	10
314	The Effects of Mindfulness Retreats on the Psychological Health of Non-clinical Adults: a Meta-analysis. Mindfulness, 2019, 10, 1443-1454.	1.6	21
315	Meditation and Emotion., 0, , .		0
316	Dynamic and Static Models of Body-Mind Approaches from Neurobiological Perspectives. , 0, , .		1
317	Monk on fire: The meditative mind of a burning monk. Cogent Psychology, 2019, 6, .	0.6	1
318	Time evolution of affective processes in a mindfulness-based intervention. Current Psychology, 2019, , 1.	1.7	7
319	Evoking Physiological Synchrony and Empathy Using Social VR With Biofeedback. IEEE Transactions on Affective Computing, 2022, 13, 746-755.	5.7	30
320	"Will I find a job when I graduate?― Employment anxiety, self-compassion, and life satisfaction among South Korean college students. International Journal for Educational and Vocational Guidance, 2019, 19, 239-256.	0.7	8
321	Toward a brain theory of meditation. Progress in Brain Research, 2019, 244, 207-232.	0.9	37
322	Feasibility Pilot of a Brief Mindfulness Intervention for College Students with Posttraumatic Stress Symptoms and Problem Drinking. Mindfulness, 2019, 10, 1255-1268.	1.6	6
323	Comparing the Effects of Loving-Kindness Meditation (LKM), Music and LKM Plus Music on Psychological Well-Being. Journal of Psychology: Interdisciplinary and Applied, 2019, 153, 267-287.	0.9	19

#	Article	IF	CITATIONS
324	Mindfulness Meditation and Psychopathology. Annual Review of Clinical Psychology, 2019, 15, 285-316.	6.3	200
325	On the role of mindfulness and compassion skills in students' coping, wellâ€being, and development across the transition to college: A conceptual analysis. Stress and Health, 2019, 35, 146-156.	1.4	47
326	The Impact of Social Isolation on Pain Interference: A Longitudinal Study. Annals of Behavioral Medicine, 2019, 53, 65-74.	1.7	104
327	Learning situated emotions. Neuropsychologia, 2020, 145, 106637.	0.7	30
328	Clinical Correlates of Vulnerable and Grandiose Narcissism: A Personality Perspective. Journal of Personality Disorders, 2020, 34, 107-130.	0.8	58
329	Happiness, love, and compassion as antidotes for anxiety. Journal of Positive Psychology, 2020, 15, 438-447.	2.6	8
330	Nurses' experiences of compassion when giving palliative care at home. Nursing Ethics, 2020, 27, 194-205.	1.8	6
331	From disability to human flourishing: how fourth wave psychotherapies can help to reimagine rehabilitation and medicine as a whole. Disability and Rehabilitation, 2020, 42, 1511-1517.	0.9	2
332	Actorâ€"Partner Interdependence of Compassion toward Others with Qualities of Marital Relationship and Parentâ€"Child Relationships in Chinese Families. Family Process, 2020, 59, 740-755.	1.4	13
333	Is Selfâ€Compassion Selfish? The Development of Selfâ€Compassion, Empathy, and Prosocial Behavior in Adolescence. Journal of Research on Adolescence, 2020, 30, 472-484.	1.9	40
334	Caring for Others Cares for the Self: An Experimental Test of Brief Downward Social Comparison, Loving-Kindness, and Interconnectedness Contemplations. Journal of Happiness Studies, 2020, 21, 765-778.	1.9	10
335	Differential benefits of mental training types for attention, compassion, and theory of mind. Cognition, 2020, 194, 104039.	1.1	84
336	Hispanic teachers' experiences with occupational stressors while working in Title I elementary schools. Journal of Latinos and Education, 2020, 19, 148-163.	0.5	3
337	The relationship of dispositional compassion with well-being: a study with a 15-year prospective follow-up. Journal of Positive Psychology, 2020, 15, 806-820.	2.6	17
338	Helping People by Being in the Present: Mindfulness Increases Prosocial Behavior. Organizational Behavior and Human Decision Processes, 2020, 159, 21-38.	1.4	95
339	The effect of four Immeasurables meditations on depressive symptoms: A systematic review and meta-analysis. Clinical Psychology Review, 2020, 76, 101814.	6.0	25
340	Metta-based group meditation and individual cognitive behavioral therapy (MeCBT) for chronic depression: study protocol for a randomized controlled trial. Trials, 2020, 21, 20.	0.7	8
341	How Would the Buddha Rate on Rosenberg's Self-Esteem Scale?. Mindfulness, 2020, 11, 521-526.	1.6	1

#	Article	IF	CITATIONS
342	Beyond the Psychology Industry. , 2020, , .		1
343	Powered by compassion: The effect of loving-kindness meditation on entrepreneurs' sustainable decision-making. Journal of Business Venturing, 2020, 35, 105986.	4.0	31
344	Examining the effectiveness of an online program to cultivate mindfulness and self-compassion skills (Mind-OP): Randomized controlled trial on Amazon's Mechanical Turk. Behaviour Research and Therapy, 2020, 134, 103724.	1.6	19
345	Development and validation of the (inner) Strength-Based Inventory. Mental Health, Religion and Culture, 0, , 1-11.	0.6	3
346	Mindfulness and Behavior Change. Harvard Review of Psychiatry, 2020, 28, 371-394.	0.9	124
347	Spanish version of the Santa Clara Brief Compassion Scale: evidence of validity and factorial invariance in Peru. Current Psychology, 2022, 41, 4431-4446.	1.7	6
348	Implementing a training program to promote mindful, empathic, and pro-environmental attitudes in the classroom: a controlled exploratory study with elementary school students. Current Psychology, 2022, 41, 4422-4430.	1.7	12
349	Revisiting the Organismic Valuing Process Theory of Personal Growth: A Theoretical Review of Rogers and Its Connection to Positive Psychology. Frontiers in Psychology, 2020, 11, 1706.	1.1	9
350	Loving-Kindness Meditation and Compassion Meditation: Do They Affect Emotions in a Different Way?. Mindfulness, 2020, 11, 2519-2530.	1.6	13
351	The Influence of Compassion Meditation on the Psychotherapist's Empathy and Clinical Practice: A Phenomenological Analysis. Journal of Humanistic Psychology, 2020, , 002216782095325.	1.4	5
352	Healthcare providers perspectives on compassion training: a grounded theory study. BMC Medical Education, 2020, 20, 249.	1.0	17
353	Brief Compassion-Focused Imagery Dampens Physiological Pain Responses. Mindfulness, 2020, 11, 2730-2740.	1.6	7
354	Common and distinct lateralised patterns of neural coupling during focused attention, open monitoring and loving kindness meditation. Scientific Reports, 2020, 10, 7430.	1.6	11
355	Loving-Kindness Meditation Promotes Mental Health in University Students. Mindfulness, 2020, 11, 1623-1631.	1.6	25
356	Relational inquiry approach for developing deeper awareness of patient suffering. Nursing Ethics, 2020, 27, 935-945.	1.8	13
357	Mindfulness in education for sustainable development to nurture socioemotional competencies: a systematic review and meta-analysis. Environmental Education Research, 2020, 26, 1527-1555.	1.6	13
358	Parenting Self-compassion: a Systematic Review and Meta-analysis. Mindfulness, 2020, 11, 2067-2088.	1.6	31
359	Predicting Individual Preferences in Mindfulness Techniques Using Personality Traits. Frontiers in Psychology, 2020, 11, 1163.	1.1	14

#	Article	IF	CITATIONS
360	An affective neuroscience model of boosting resilience in adults. Neuroscience and Biobehavioral Reviews, 2020, 115, 321-350.	2.9	53
361	The Effect of Loving-Kindness Meditation on Flight Attendants' Spirituality, Mindfulness and Subjective Well-Being. Healthcare (Switzerland), 2020, 8, 174.	1.0	27
363	Cost-Utility of Attachment-Based Compassion Therapy (ABCT) for Fibromyalgia Compared to Relaxation: A Pilot Randomized Controlled Trial. Journal of Clinical Medicine, 2020, 9, 726.	1.0	8
364	Social Safety Theory: A Biologically Based Evolutionary Perspective on Life Stress, Health, and Behavior. Annual Review of Clinical Psychology, 2020, 16, 265-295.	6.3	185
365	Mystical Love: The Universal Solvent. Anthropology of Consciousness, 2020, 31, 5-62.	0.5	0
366	The Understudied Side of Contemplation: Words, Images, and Intentions in a Syncretic Spiritual Practice. International Journal of Clinical and Experimental Hypnosis, 2020, 68, 183-199.	1.1	2
367	Gender, Age, and Time Invariance of the Child and Adolescent Mindfulness Measure (CAMM) and Psychometric Properties in Three Greek-Speaking Youth Samples. Mindfulness, 2020, 11, 1298-1307.	1.6	13
368	Meditation effect in changing functional integrations across large-scale brain networks: Preliminary evidence from a meta-analysis of seed-based functional connectivity. Journal of Pacific Rim Psychology, 2020, 14, e10.	1.0	11
369	Meditation and Yoga Practices as Potential Adjunctive Treatment of SARS-CoV-2 Infection and COVID-19: A Brief Overview of Key Subjects. Journal of Alternative and Complementary Medicine, 2020, 26, 547-556.	2.1	59
370	Group membership dictates the neural correlates of social optimism biases. Scientific Reports, 2020, 10, 1139.	1.6	18
373	Does Mindfulness Training Without Explicit Ethics-Based Instruction Promote Prosocial Behaviors? A Meta-Analysis. Personality and Social Psychology Bulletin, 2020, 46, 1247-1269.	1.9	52
374	Ehrfurcht/Dankbarkeit als säulare Form der Spiritualitäbei jungen Erwachsenen und Ordens-Christen. Spiritual Care, 2020, 9, 3-11.	0.1	10
375	A model for cognitively-based compassion training: theoretical underpinnings and proposed mechanisms. Social Theory and Health, 2021, 19, 43-67.	1.0	32
376	"Non-Symmetric Awe: Why it Matters Even if We Don't― Philosophia (United States), 2021, 49, 217-233	. 0.2	2
377	Compassion focused therapy in a university counseling and psychological services center: A feasibility trial of a new standardized group manual. Psychotherapy Research, 2021, 31, 419-431.	1.1	16
378	Meditation and the Wandering Mind: A Theoretical Framework of Underlying Neurocognitive Mechanisms. Perspectives on Psychological Science, 2021, 16, 39-66.	5.2	22
379	Stressed, depressed, and rank obsessed: Individual differences in compassion and neuroticism predispose towards rankâ€based depressive symptomatology. Psychology and Psychotherapy: Theory, Research and Practice, 2021, 94, 188-211.	1.3	8
380	The Divine States (brahmaviharas) in Managerial Ethical Decision-Making in Organisations in Sri Lanka: An Interpretative Phenomenological Analysis. Journal of Business Ethics, 2021, 168, 151-171.	3.7	13

#	Article	IF	CITATIONS
381	Exploring the perceptions of cancer survivors of a mindfulness intervention at a tertiary hospital in Singapore: a descriptive qualitative study. Supportive Care in Cancer, 2021, 29, 2723-2733.	1.0	3
382	The effectiveness of smartphone compassion training on stress among Swedish university students: A pilot randomized trial. Journal of Clinical Psychology, 2021, 77, 927-945.	1.0	9
383	Compassionate Mind Training: An 8â€week group for the general public. Psychology and Psychotherapy: Theory, Research and Practice, 2021, 94, 443-463.	1.3	27
384	When Being "Essential―Illuminates Disparities: Counseling Clients Affected by COVID―19. Journal of Counseling and Development, 2021, 99, 3-10.	1.3	15
385	Advancing the Assessment of Mindfulness-Based Meditation Practice: Psychometric Evaluation of the Mindfulness Adherence Questionnaire. Cognitive Therapy and Research, 2021, 45, 190-204.	1.2	8
386	Self-Compassion When Coping With Venture Obstacles: Loving-Kindness Meditation and Entrepreneurial Fear of Failure. Entrepreneurship Theory and Practice, 2021, 45, 263-290.	7.1	46
387	Mindfulness-Based Compassionate Living: Cultivating Relationality with †Heartful Mind†and †Mindful Heartâ€., 2021, , 123-144.		0
388	Can compassion-focused imagery be used as an attention bias modification treatment?. Current Psychology, 2022, 41, 8021-8031.	1.7	2
389	Self-compassion and posttraumatic growth mediate the relations between social support, prosocial behavior, and antisocial behavior among adolescents after the Ya'an earthquake. Högre Utbildning, 2021, 12, 1864949.	1.4	14
390	Will Self-Compassion Relieve Distress?: A Correlational Study Among Indonesian Undergraduate Students. Yonago Acta Medica, 2021, 64, 192-199.	0.3	2
391	ISDT Case Study of Loving Kindness Meditation for Flight Attendants. Lecture Notes in Computer Science, 2021, , 201-216.	1.0	2
392	Loving-Kindness Colouring and Loving-Kindness Meditation: Exploring the Effectiveness of Non-Meditative and Meditative Practices on State Mindfulness and Anxiety. Journal of Creativity in Mental Health, 2022, 17, 305-312.	0.6	7
393	COVID-19 Lockdown and Mental Health in a Sample Population in Spain: The Role of Self-Compassion. International Journal of Environmental Research and Public Health, 2021, 18, 2103.	1.2	40
394	The Integration of Meditation and Positive Psychology Practices to Relieve Stress in Women Workers (Flourish): Effects in Two Pilot Studies. Behavioral Sciences (Basel, Switzerland), 2021, 11, 43.	1.0	1
395	The Impermanence Awareness and Acceptance Scale. Mindfulness, 2021, 12, 1542-1554.	1.6	4
396	Effects of Combining Meditation Techniques on Short-Term Memory, Attention, and Affect in Healthy College Students. Frontiers in Psychology, 2021, 12, 607573.	1.1	5
397	Peer navigation-delivered loving kindness meditation: A pilot project. Complementary Therapies in Medicine, 2021, 57, 102661.	1.3	3
398	A mindfulness-based compassion workshop and pre-session preparation to enhance therapist effectiveness in psychotherapy: A pilot study. Counselling Psychology Quarterly, 2022, 35, 546-561.	1.5	3

#	Article	IF	CITATIONS
399	Attentional and cognitive monitoring brain networks in long-term meditators depend on meditation states and expertise. Scientific Reports, 2021, 11, 4909.	1.6	6
400	Effect of a Compassion Cultivation Training Program for Caregivers of People With Mental Illness in Denmark. JAMA Network Open, 2021, 4, e211020.	2.8	12
401	Psychological intervention with adult victims of sexual abuse: A comprehensive review. Clinical Psychology and Psychotherapy, 2021, , .	1.4	2
402	Clinical Case of a Schizotypal Personality Disorder: Rumination-Focused CBT for Anger Rumination. Journal of Contemporary Psychotherapy, 2021, 51, 311-321.	0.7	9
403	Psychobiological mechanisms underlying the mood benefits of meditation: A narrative review. Comprehensive Psychoneuroendocrinology, 2021, 6, 100037.	0.7	20
404	Effectiveness of selfâ€compassionâ€related interventions for reducing selfâ€criticism: A systematic review and metaâ€analysis. Clinical Psychology and Psychotherapy, 2022, 29, 1-25.	1.4	49
405	Compassion-Focused Technologies: Reflections and Future Directions. Frontiers in Psychology, 2021, 12, 603618.	1.1	4
406	Assessing self-criticism and self-reassurance: Examining psychometric properties and clinical usefulness of the Short-Form of the Forms of Self-Criticizing/Attacking & Defrance Scale (FSCRS-SF) in Spanish sample. PLoS ONE, 2021, 16, e0252089.	1.1	4
407	Effects of compassion training on brain responses to suffering others. Social Cognitive and Affective Neuroscience, 2021, 16, 1036-1047.	1.5	8
408	Reducing Stigma Through Interconnectedness and Compassion: a Buddhism-Based Approach to Reduce Stigma Toward People with Mental Illness. Mindfulness, 2021, 12, 1779-1790.	1.6	6
409	Beneficial Effects of Mindfulness-Based Stress Reduction Training on the Well-Being of a Female Sample during the First Total Lockdown Due to COVID-19 Pandemic in Italy. International Journal of Environmental Research and Public Health, 2021, 18, 5512.	1.2	18
410	Adapting a neuroscience-informed intervention to alter reward mechanisms of anorexia nervosa: a novel direction for future research. Journal of Eating Disorders, 2021, 9, 63.	1.3	13
411	Differences between meditators and non-meditators in mindfulness, its components and related qualities. Current Psychology, 0 , 1 .	1.7	3
412	Upshots of Intrinsic Traits on Social Entrepreneurship Intentions among Young Business Graduates: An Investigation through Moderated-Mediation Model. Sustainability, 2021, 13, 5192.	1.6	8
413	Augmented Virtual Reality Meditation. ACM Transactions on Social Computing, 2021, 4, 1-19.	1.7	30
414	Exploiting the plasticity of compassion to improve psychotherapy. Current Opinion in Behavioral Sciences, 2021, 39, 64-71.	2.0	12
415	"An automatic Bible in the brain― Trauma and prayer among Acholi Pentecostals in northern Uganda. Transcultural Psychiatry, 2021, 58, 561-572.	0.9	4
416	Imagination-Based Loving-Kindness and Compassion Meditation: A New Meditation Method Developed from Chinese Buddhism. Journal of Religion and Health, 2022, 61, 2753-2769.	0.8	1

#	Article	IF	CITATIONS
417	Impacto da questão "quanto tempo me resta de vida?―numa estudante de pós-graduação em cuidados paliativos. International Journal of Developmental and Educational Psychology Revista INFAD De PsicologÃa, 2021, 2, 255-262.	0.0	0
418	Social belonging, compassion, and kindness: Key ingredients for fostering resilience, recovery, and growth from the COVID-19 pandemic. Anxiety, Stress and Coping, 2022, 35, 1-8.	1.7	39
419	Combining mindfulness and compassion in the treatment of complex trauma $\hat{a} \in \text{``a theoretical exploration.}$ European Journal of Trauma and Dissociation, 2021, 5, 100217.	0.6	4
420	Non-traditional immersive seminar enhances learning by promoting greater physiological and psychological engagement compared to a traditional lecture format. Physiology and Behavior, 2021, 238, 113461.	1.0	3
421	Advancing the assessment of compassion: Psychometric study of the compassion motivation and action scales in a Portuguese sample. Current Psychology, 2023, 42, 10092-10106.	1.7	7
422	Interpersonal Aspects of Mindfulness and Concentrative Meditations. Advances in Psychology, Mental Health, and Behavioral Studies, 2022, , 237-254.	0.1	2
423	Artificial Kindness The Italian Case of Google Mini Recognition Patterns. Lecture Notes in Computer Science, 2021, , 714-727.	1.0	0
424	Secular Mindfulness and Its Relationship to Mental Health: Benefits, Mcmindfulness and Other Critiques, and Mindfulness Revisited., 2021, , 1-9.		O
425	A Systematic Review of Self-Compassion in Chronic Pain: From Correlation to Efficacy. Spanish Journal of Psychology, 2021, 24, e26.	1.1	7
426	Mindfulness and Mental Health. , 2021, , 1-17.		0
429	Compassion at Work., 0,, 210-230.		2
430	Neurobiological Bases of Self-Reference and Deliberate Processing in Tailored Health Communication. , 2013, , 73-82.		4
431	Mindfulness- and Compassion-Based Interventions in Relational Contexts. European Family Therapy Association Series, 2020, , 223-247.	0.3	1
432	Meditation Effects in the Social Domain: Self-Other Connectedness as a General Mechanism?. Studies in Neuroscience, Consciousness and Spirituality, 2014, , 175-198.	0.2	25
433	Mindfulness Within the Full Range of Buddhist and Asian Meditative Practices. Mindfulness in Behavioral Health, 2016, , 47-62.	0.2	3
434	On Heartfulness. , 2017, , 123-128.		3
435	Compassion as the Highest Ethic. Mindfulness in Behavioral Health, 2017, , 253-277.	0.2	4
436	Anhedonia in Trauma Related Disorders: The Good, the Bad, and the Shut-Down. , 2014, , 175-189.		4

#	Article	IF	CITATIONS
437	Religion and Forgiveness of Others. Cross-cultural Advancements in Positive Psychology, 2014, , 303-318.	0.1	8
438	Neural activations during self-related processing in patients with chronic pain and effects of a brief self-compassion training – A pilot study. Psychiatry Research - Neuroimaging, 2020, 304, 111155.	0.9	14
441	Evidence That a Brief Meditation Exercise Can Reduce Prejudice Toward Homeless People. Social Psychology, 2014, 45, 458-465.	0.3	41
442	Positive affect treatment for depression and anxiety: A randomized clinical trial for a core feature of anhedonia Journal of Consulting and Clinical Psychology, 2019, 87, 457-471.	1.6	234
443	Socioaffective versus sociocognitive mental trainings differentially affect emotion regulation strategies Emotion, 2019, 19, 1329-1342.	1.5	13
444	Compassionate meditation to heal from race-related stress: A pilot study with Asian Americans American Journal of Orthopsychiatry, 2019, 89, 482-492.	1.0	19
445	Supporting improvements in classroom climate for students and teachers with the four pillars of wellbeing curriculum Translational Issues in Psychological Science, 2018, 4, 245-264.	0.6	17
446	Acts of kindness reduce depression in individuals low on agreeableness Translational Issues in Psychological Science, 2018, 4, 323-334.	0.6	25
448	The Questionnaire on Self-Transcendence (QUEST): A Measure of Trait Self-Transcendence Informed by Contextual Cognitive Behavioral Therapies. Assessment, 2022, 29, 508-526.	1.9	5
449	Embodying Compassion: A Virtual Reality Paradigm for Overcoming Excessive Self-Criticism. PLoS ONE, 2014, 9, e111933.	1.1	102
450	Self-Compassion, Emotion Regulation and Stress among Australian Psychologists: Testing an Emotion Regulation Model of Self-Compassion Using Structural Equation Modeling. PLoS ONE, 2015, 10, e0133481.	1.1	165
451	The Mediating Effects of Self-Compassion on the Relationship between Self-Consciousness and Fear of Negative Evaluation. Korea Journal of Counseling, 2013, 14, 3183-3200.	0.1	2
453	A Curriculum to Teach Resilience Skills to Medical Students During Clinical Training. MedEdPORTAL: the Journal of Teaching and Learning Resources, 2020, 16, 10975.	0.5	13
454	The Mediator Role of Depression and Anxiety in the Relationship between Cognitive Emotional Regulation and Self-care in Type 2 Diabetes. Pajouhan Scientific Journal, 2018, 16, 37-45.	0.2	3
455	Comparing Web-Based Mindfulness With Loving-Kindness and Compassion Training for Promoting Well-Being in Pregnancy: Protocol for a Three-Arm Pilot Randomized Controlled Trial. JMIR Research Protocols, 2020, 9, e19803.	0.5	6
457	DYNECOM: Augmenting Empathy in VR with Dyadic Synchrony Neurofeedback. , 2019, , .		3
458	Google Mini: Italian Example of Artificial Prosociality. Online Journal of Communication and Media Technologies, 2020, 10, e202015.	0.4	3
459	Affiliative and prosocial motives and emotions in mental health. Dialogues in Clinical Neuroscience, 2015, 17, 381-389.	1.8	30

#	Article	IF	CITATIONS
460	Integrating Metta Into CBT: How Loving Kindness and Compassion Meditation Can Enhance CBT for Treating Anxiety and Depression. Clinical Psychology in Europe, 2019, 1 , .	0.5	10
461	Compassion Education for Prosocial Behavior and Well-Being Among College Students. , 2020, 2, .		2
462	The Role of the Parent in Adolescent Substance Use. Pediatric Annals, 2014, 43, 410.	0.3	3
463	A Cross-sectional and longitudinal study of the effects of a mindfulness meditation mobile application platform on reducing stress and anxiety. International Journal of Yoga, 2019, 12, 226.	0.4	12
464	The Integration of Mindfulness-Based Biofeedback and Compassion in the Healthcare Setting. Biofeedback, 2015, 43, 111-116.	0.3	6
465	Clinical Use of Self-Compassion Within Mindfulness-Based Biofeedback in the Treatment of Veterans and Spouses: A Case Study. Biofeedback, 2016, 44, 138-144.	0.3	3
466	Examining Mindfulness in Education. International Journal of Modern Education and Computer Science, 2016, 8, 23-30.	2.4	8
467	Metta-Based Therapy for Chronic Depression: a Wait List Control Trial. Mindfulness, 2021, 12, 2929-2942.	1.6	3
468	The Political Consequences of Be(com)ing Mindful. How Mindfulness Might Affect Political Attitudes. Frontiers in Political Science, 2021, 3, .	1.0	2
471	Making Ketamine Work in the Long Run. International Journal of Transpersonal Studies, 2014, 33, 141-150.	0.2	1
472	Compassion in Mental Health. Middle East Journal of Nursing, 2015, 9, 21-24.	0.1	0
473	Clinical Implication of Meditation in Psychiatry : Focused on Mindfulness Meditation. Journal of Korean Neuropsychiatric Association, 2015, 54, 406.	0.2	1
474	Effect of Brief Open Monitoring Mindfulness Mediation on Theory of Mind. International Journal of Indian Psychology, 2016, 3, .	0.2	0
475	Compassion in Nursing: A Concept Analysis. , 2017, , 57-76.		0
476	The Moderating Effect of Self-Compassion in the Relation Between Negative Affect and School Adjustment of High School Student. The Korea Journal of Youth Counseling, 2017, 25, 319-341.	0.0	0
477	Soft is hard: building resilience with loving kindness meditation at work. International Journal of Complementary & Alternative Medicine, $2018,11,.$	0.1	1
478	The Practice of Helpfulness: Leading with Kindness. , 2018, , 69-82.		0
479	Achtsamkeitsverfahren., 2019,, 37-57.		0

#	Article	IF	CITATIONS
480	The Effect of Single-Session Mindful Loving- Kindness Compassion Meditation on Dysfunctional Expression and Rumination of Anger. Han'guk Simni Hakhoe Chi Kon'gang = the Korean Journal of Health Psychology, 2018, 23, 631-655.	0.2	2
481	Virtue Interventions and Interracial Interactions. , 2019, , 229-259.		1
482	The Effectiveness of Mindfulness-Based Cognitive Therapy on Ruminative Thoughts, Perceived Stress and Difficulties in Emotion Regulation of Women With Type 2 Diabetes. Iranian Journal of Psychiatry and Clinical Psychology, 0, , 370-383.	0.1	2
483	Anger, Compassion, and Happiness as Antidotes for Sadness. American Journal of Psychology, 2019, 132, 227-236.	0.5	1
484	Emotieregulatie aanleren aan kinderen en adolescenten., 2019, , 119-138.		0
485	AnsÃæe der kulturell angepassten kognitiven Verhaltenstherapie. , 2019, , 349-364.		1
486	Caring and Coping. , 2019, , 143-158.		1
487	A Case Study in the Use of Mindfulness-Based Biofeedback for Anxiety Reduction in a Chronic Pain Patient with a Spinal Cord Injury Preparing for Decannulation. Biofeedback, 2019, 47, 63-70.	0.3	0
488	Emotional Pain and Suffering: The Search for Global Solutions. , 2020, , 11-22.		0
489	Internet-basierte Interventionen zur FÄ \P rderung von Achtsamkeit und SelbstmitgefÄ $\rlap/4$ hl. Psychotherapie: Praxis, 2020, , 111-128.	0.0	0
503	The effectiveness of mindfulness-based cognitive therapy for reducing rumination and improving mindfulness and self-compassion in patients with treatment-resistant depression. Trends in Psychiatry and Psychotherapy, 2020, 42, 138-146.	0.4	11
504	Feasibility of the Internet Attachment–Based Compassion Therapy in the General Population: Protocol for an Open-Label Uncontrolled Pilot Trial. JMIR Research Protocols, 2020, 9, e16717.	0.5	5
505	The effect of a loving-kindness and compassion meditation program on the empathy, emotion, and stress of nursing college students. Journal of Korean Academic Society of Nursing Education, 2020, 26, 311-321.	0.2	2
507	Meditation and the Brain in Health and Disease. , 0, , .		2
508	Effects of Loving-Kindness Meditation on Mindfulness, Spirituality and Subjective Well-Being of Flight Attendants. Lecture Notes in Computer Science, 2020, , 151-165.	1.0	4
509	Buddhist Self-Enlightenment Psychotherapy. International and Cultural Psychology Series, 2020, , 105-162.	0.1	0
510	Positive Psychiatry and successful aging in people with schizophrenia., 2020,, 149-160.		0
511	The Psychology of Religious Rituals and Practices. Religion, Spirituality and Health: A Social Scientific Approach, 2020, , 17-30.	0.2	O

#	Article	IF	CITATIONS
512	Mindfulness-based therapies for rumination. , 2020, , 345-379.		0
513	Mindfulness and Mental Health., 2021,, 1517-1533.		1
514	La compasión: clave en la renovación de la atención en salud. Ars Medica, 2020, 45, 74-79.	0.1	1
515	Feasibility pilot of a brief mindfulness intervention for college students with posttraumatic stress symptoms and problem drinking. Mindfulness, 2019, 10, 1255-1268.	1.6	4
516	Infertility-related distress and clinical targets for psychotherapy: a qualitative study. BMJ Open, 2021, 11, e050373.	0.8	6
517	Effect of Mindfulness on Psychological Distress and Well-being of Children and Adolescents: a Meta-analysis. Mindfulness, 2022, 13, 285-300.	1.6	3
518	Selfâ€reassurance moderated by identity dysfunction: Associations with distress and impairment. Journal of Counseling and Development, 0, , .	1.3	0
519	Investigating the relationship between consumer mindfulness and sustainable consumption behavior. International Journal of Research in Business and Social Science, 2020, 9, 37-43.	0.1	1
520	Integrating Buddhist-Informed Interventions Into Narrative Family Therapy. Journal of Systemic Therapies: J S T, 2021, 40, 67-81.	0.2	1
521	A Randomized Trial of 21 Days of Loving Kindness Meditation for Stress Reduction and Emotional Well-being Within an Online Health Community for Patients, Family, and Friends Experiencing a Cancer Health Journey. , 2022, 28, 158-167.		5
522	Integrating mindfulness and connection practices into preservice teacher education results in durable automatic race bias reductions. Journal of School Psychology, 2022, 91, 50-64.	1.5	7
523	Attentional Features of Mindfulness are Better Predictors of Face Recognition than Empathy and Compassion-Based Constructs. Psychological Reports, 2023, 126, 1481-1515.	0.9	1
524	Real Mindfulness., 2022,, 85-101.		0
525	The Association Between Meditation, Egocentrism, and Workplace Spirituality. Advances in Human Resources Management and Organizational Development Book Series, 2022, , 96-112.	0.2	0
526	Post-secular affective labours of teaching: contemplative practices and the †belaboured selfâ€. Critical Studies in Education, 2023, 64, 134-150.	3.3	2
527	Cognitive behavioral therapy for reducing fear of cancer recurrence (FCR) among breast cancer survivors: a systematic review of the literature. BMC Cancer, 2022, 22, 217.	1.1	10
528	Nurturing self-compassionate performers. Australian Psychologist, 2022, 57, 77-85.	0.9	5
529	Analysis of the Predictive Role of Self-Compassion on Emotional Distress during COVID-19 Lockdown. Social Sciences, 2022, 11, 151.	0.7	2

#	Article	IF	Citations
530	Behavioral Activation, Mindfulness Exercises, and Loving-Kindness Meditation Exercises as Effective Therapies to Reduce Stress among Nursing Students' during COVID-19 Pandemic. Open Access Macedonian Journal of Medical Sciences, 2022, 10, 228-232.	0.1	6
531	Merhamet Eğitimi ve Eğitimde Merhamet. İnsan Ve Toplum Bilimleri Araştırmaları Dergisi, 2022, 11, 316	5-340.	0
532	Learning Compassion and Meditation: A Mixed-Methods Analysis of the Experience of Novice Meditators. Frontiers in Psychology, 2022, 13, 805718.	1.1	3
533	Mindfulness-based interventions for adults with type 2 diabetes mellitus. The Cochrane Library, 2021, 2021, .	1.5	0
534	Learning to learn from positive experiences. Journal of Positive Psychology, 2023, 18, 142-153.	2.6	6
535	Boosting prosocial career aspirations: ⟨scp⟩Lovingâ€kindness⟨/scp⟩ meditation relates to higher communal career goals in youth. Scandinavian Journal of Psychology, 2022, , .	0.8	O
536	Breathing our way into mindful academic writing: a collaborative autoethnography of an online writing community. Journal of Further and Higher Education, 0, , 1-14.	1.4	1
541	Implications of a "Null―Randomized Controlled Trial of Mindfulness and Compassion Interventions in Healthy Adults. Mindfulness, 2022, 13, 1197-1213.	1.6	9
542	Effect of a Mindfulness-Based Intervention on Self-Compassionate Behaviors: A Randomized Controlled Trial. Psychological Reports, 2023, 126, 2757-2788.	0.9	2
543	Compassionâ€supported development: A humanistic approach to counseling supervision. Journal of Humanistic Counseling, 0, , .	0.3	0
544	Investigating the impact of distinct contemplative mental trainings on daily life stress, thoughts and affectâ€"Evidence from a nine-month longitudinal ecological momentary assessment study. Psychoneuroendocrinology, 2022, 142, 105800.	1.3	3
545	The Role of Likeability in Discriminating Between Kindness and Compassion. Mindfulness, 2022, 13, 1555-1564.	1.6	4
547	Therapist Introduction. , 2022, , 1-24.		0
548	A Positive Psychology Resource for Students? Evaluation of the Effectiveness of the 6 Minutes Diary in a Randomized Control Trial. Frontiers in Psychology, 2022, 13, .	1.1	3
549	The effect of loving-kindness meditation on employees' mindfulness, affect, altruism and knowledge hiding. BMC Psychology, 2022, 10, .	0.9	12
550	Mindfulness and PERMA Well-Being: Intervention Effects and Mechanism of Change. Psychology, 2022, 13, 675-704.	0.3	0
551	Effects of Kindness- and Compassion-Based Meditation on Wellbeing, Prosociality, and Cognitive Functioning in Children and Adolescents: a Systematic Review. Mindfulness, 2022, 13, 2103-2127.	1.6	8
552	Effects of two mindfulness based interventions on the distinct phases of the stress response across different physiological systems. Biological Psychology, 2022, 172, 108384.	1.1	9

#	Article	IF	CITATIONS
553	THE JAPANESE ARTS AND MEDITATIONâ€INâ€ACTION. Zygon, 0, , .	0.2	0
554	Effects of group mindfulness-based cognitive therapy and group cognitive behavioural therapy on symptomatic generalized anxiety disorder: a randomized controlled noninferiority trial. BMC Psychiatry, 2022, 22, .	1.1	4
555	Evolving an idionomic approach to processes of change: Towards a unified personalized science of human improvement. Behaviour Research and Therapy, 2022, 156, 104155.	1.6	52
556	Social Connectedness in Schizotypy: The Role of Cognitive and Affective Empathy. Behavioral Sciences (Basel, Switzerland), 2022, 12, 253.	1.0	5
557	Compassion Meditation for Veterans with PTSD: Home Practice Matters. Mindfulness, 2022, 13, 2315-2323.	1.6	1
558	Trait Mindfulness Decouples the Association Between System Justification and Racial Outgroup Attitudes. Race and Social Problems, 0, , .	1.2	0
559	Meditation: Altes Wissen in neuem Kontext. , 2022, , 229-247.		0
560	From Self to Self-Nature: Buddhist Self-Enlightenment Theory. , 2022, , 35-56.		0
561	The impact of mindfulness meditation on social and moral behavior: Does mindfulness enhance other-oriented motivation or decrease monetary reward salience?. Frontiers in Integrative Neuroscience, 0, 16 , .	1.0	5
562	Cultivating Positivity to Achieve a Resilient Society: A Critical Narrative Review from Psychological Perspectives. Knowledge, 2022, 2, 443-451.	0.7	0
563	Loving-kindness meditation (LKM) modulates brain-heart connection: An EEG case study. Frontiers in Human Neuroscience, $0,16,1$	1.0	4
564	How and when leader mindfulness influences team member interpersonal behavior: Evidence from a quasi-field experiment and a field survey. Human Relations, 2023, 76, 1940-1965.	3.8	2
565	A Meta-analysis of Loving-Kindness Meditations on Self-Compassion. Mindfulness, 0, , .	1.6	4
566	A Randomized Controlled Study of a French Compassionate Mind Training. Mindfulness, 2022, 13, 2891-2903.	1.6	1
567	Self-compassion and body image in pregnancy and postpartum: A randomized pilot trial of a brief self-compassion meditation intervention. Body Image, 2022, 43, 264-274.	1.9	5
568	<scp>Compassionâ€based</scp> interventions in Asian communities: A <scp>metaâ€analysis</scp> of randomised controlled trials. Psychology and Psychotherapy: Theory, Research and Practice, 2023, 96, 148-171.	1.3	5
569	A meta-analysis and systematic review of the effect of loving-kindness and compassion meditations on negative interpersonal attitudes. Current Psychology, 2023, 42, 27813-27827.	1.7	1
570	Effects of Quality Practice on a Compassion Cultivation Training: Somatic and Imagery Levels of Analysis. Mindfulness, 2022, 13, 3070-3079.	1.6	1

#	Article	IF	CITATIONS
571	Design and Evaluation of a Loving Kindness Virtual Reality Meditation Experience. Journal of Japan Society for Fuzzy Theory and Intelligent Informatics, 2022, 34, 697-709.	0.0	1
572	The effectiveness of compassion-based interventions among cancer patients: A systematic review and meta-analysis. Palliative and Supportive Care, 2023, 21, 534-546.	0.6	2
573	In the shadow of COVID-19: A randomized controlled online ACT trial promoting adolescent psychological flexibility and self-compassion. Journal of Contextual Behavioral Science, 2023, 27, 34-44.	1.3	10
574	Advancing the treatment of long-lasting borderline personality disorder: a feasibility and acceptability study of an expanded DBT-based skills intervention. Borderline Personality Disorder and Emotion Dysregulation, 2022, 9, .	1.1	1
575	A school intervention promotes compassion, empathy and social relationships in children. School Psychology International, 2023, 44, 515-532.	1.1	2
576	Intergroup trust as a mediator between compassion and positive attitudes toward sexual minorities. Frontiers in Psychology, 0, 13, .	1.1	0
577	Using Buddhist Meditation-informed Hypnotic Techniques to Manage Rumination: Two Case Illustrations. International Journal of Clinical and Experimental Hypnosis, 2023, 71, 48-62.	1.1	1
578	Compassion-based initiatives in educational settings. , 2015, 32, 71-80.		20
579	The First Attempt to Apply an Online Mindfulness Program to Nursing Staff in a Traditional Korean Medicine Clinic in COVID-19 Era: A Case Series. Healthcare (Switzerland), 2023, 11, 145.	1.0	0
580	Outcome Expectancies, Effects, and Mechanisms of Brief Training in Mindfulness Meditation vs. Loving-Kindness Meditation vs a Control Condition for Pain Management: A Randomized Pilot Study. Journal of Pain and Palliative Care Pharmacotherapy, 0, , 1-11.	0.5	1
581	Mindful attention promotes control of brain network dynamics for self-regulation and discontinues the past from the present. Proceedings of the National Academy of Sciences of the United States of America, 2023, 120, .	3.3	10
582	Becoming Self-Compassionate Step by Step — a Field Study on the Effect of Long-Distance Walking on Self-Compassion in Hikers Traveling the Camino Francés. Mindfulness, 2023, 14, 101-112.	1.6	1
583	"Dual awakening?― Poligrafi, 2022, 27, 149-163.	0.1	0
584	Embedding compassionate micro skills of communication in higher education: Implementation with psychology undergraduates., 2020, 44, 68-72.		2
585	Social Safety Theory: Conceptual foundation, underlying mechanisms, and future directions. Health Psychology Review, 2023, 17, 5-59.	4.4	15
586	Differential effects of mindful breathing and loving kindness meditations: a component analysis study. Advances in Mental Health, 2023, 21, 129-149.	0.3	2
587	Stimulated brains and meditative minds: A systematic review on combining low intensity transcranial electrical stimulation and meditation in humans. International Journal of Clinical and Health Psychology, 2023, 23, 100369.	2.7	2
588	Self-Compassion and Mindfulness. Mindfulness in Behavioral Health, 2023, , 19-31.	0.2	0

#	Article	IF	CITATIONS
589	Effects of Loving-Kindness and Compassion Meditation on Anxiety: A Systematic Review and Meta-Analysis. Mindfulness, 2023, 14, 1021-1037.	1.6	1
591	Character Strengths as a Predictor of Adult Friendship Quality and Satisfaction: Implications for Psychological Interventions. European Journal of Counselling Psychology, 0, , .	0.8	2
592	Compassion, Happiness, and Self-Esteem. , 2022, , 1-5.		0
593	When depressedâ€"be mindful of and kind to yourself: Self-compassion as mediator of change in a mindful depression treatment. Psychotherapy Research, 2024, 34, 182-194.	1.1	O
594	Positive affect treatment targets reward sensitivity: A randomized controlled trial Journal of Consulting and Clinical Psychology, 2023, 91, 350-366.	1.6	14
596	Caring for the Carer – Self-Compassion in the Health Professions. Mindfulness in Behavioral Health, 2023, , 231-250.	0.2	1
597	Attachment and Self-Compassion: Associations Across the Lifespan. Mindfulness in Behavioral Health, 2023, , 71-88.	0.2	0
598	Unconditional Self-Kindness (USK) Scale. , 2023, , 1-16.		O
599	Trait Mindfulness, Compassion, and Stigma Towards Patients with Mental Illness: A Study Among Nurses in Sri Lanka. Mindfulness, 2023, 14, 979-991.	1.6	2
600	A pilot randomized study of a telephone-based cognitive-behavioral stress-management intervention to reduce distress in phase 1 oncology trial caregivers. Palliative and Supportive Care, 0, , 1-9.	0.6	1
601	Long-term effects of a tailored mindfulness-based program for Chinese intensive care unit nurses: A randomized parallel-group trial. Nurse Education in Practice, 2023, 70, 103640.	1.0	0
602	From theory to practice: a novel meditation program at a global corporation. Current Psychology, 0, ,	1.7	2
605	Review and Case Study: Rumination-Focused Cognitive Behavioral Therapy (CBT) for Anger and Anger Rumination., 2023, , 1-11.		0
609	Effects of Self-Compassion Interventions on Reducing Depressive Symptoms, Anxiety, and Stress: A Meta-Analysis. Mindfulness, 2023, 14, 1553-1581.	1.6	9
615	Achtsamkeit: Wie Sie durch Achtsamkeit leistungsfÄ h iger, entspannter und gelassener werden. , 2023, , 65-83.		0
617	Review and Case Study: Rumination-Focused Cognitive Behavioral Therapy (CBT) for Anger and Anger Rumination. , 2023, , 2911-2921.		0
636	Achtsam mit sich und der Umwelt. Chefsache, 2023, , 189-215.	0.1	0
637	Psychological Well-Being of Students in Higher Education Institutions. Advances in Higher Education and Professional Development Book Series, 2023, , 226-246.	0.1	0

#	Article	IF	CITATIONS
645	Compassion, Happiness, and Self-Esteem. , 2023, , 1242-1247.		0
653	Classification of Meditation Expertise from EEG Signals Using Shallow Neural Networks. Communications in Computer and Information Science, 2024, , 169-185.	0.4	0