

How Does Mindfulness Meditation Work? Proposing Mechanisms of Action: A Conceptual and Neural Perspective

Perspectives on Psychological Science
6, 537-559

DOI: 10.1177/1745691611419671

Citation Report

#	ARTICLE	IF	CITATIONS
1	Self-awareness, self-regulation, and self-transcendence (S-ART): a framework for understanding the neurobiological mechanisms of mindfulness. <i>Frontiers in Human Neuroscience</i> , 2012, 6, 296.	2.0	761
2	Regulation of negative affect in schizophrenia: The effectiveness of acceptance versus reappraisal and suppression. <i>Journal of Clinical and Experimental Neuropsychology</i> , 2012, 34, 497-508.	1.3	36
3	Pain Attenuation through Mindfulness is Associated with Decreased Cognitive Control and Increased Sensory Processing in the Brain. <i>Cerebral Cortex</i> , 2012, 22, 2692-2702.	2.9	217
4	Prolonged Exposure, Mindfulness, and Emotion Regulation for the Treatment of PTSD. <i>Clinical Case Studies</i> , 2012, 11, 184-200.	0.8	24
5	Effects of a yoga-based intervention for young adults on quality of life and perceived stress: The potential mediating roles of mindfulness and self-compassion. <i>Journal of Positive Psychology</i> , 2012, 7, 165-175.	4.0	110
6	The Concept of Salience Network Dysfunction in Schizophrenia: From Neuroimaging Observations to Therapeutic Opportunities. <i>Current Topics in Medicinal Chemistry</i> , 2012, 12, 2324-2338.	2.1	71
7	18: ORGANIZATIONAL STRATEGIES FOR FOSTERING FACULTY RACIAL INCLUSION. To Improve the Academy, 2012, 31, 277-291.	0.4	0
8	Effects of mindful-attention and compassion meditation training on amygdala response to emotional stimuli in an ordinary, non-meditative state. <i>Frontiers in Human Neuroscience</i> , 2012, 6, 292.	2.0	283
9	Randomized Controlled Trial of Mindfulness-Based Stress Reduction Versus Aerobic Exercise: Effects on the Self-Referential Brain Network in Social Anxiety Disorder. <i>Frontiers in Human Neuroscience</i> , 2012, 6, 295.	2.0	95
10	Using the Daydreaming Frequency Scale to Investigate the Relationships between Mind-Wandering, Psychological Well-Being, and Present-Moment Awareness. <i>Frontiers in Psychology</i> , 2012, 3, 363.	2.1	102
11	Mechanisms of white matter changes induced by meditation. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2012, 109, 10570-10574.	7.1	289
12	Neural correlates of establishing, maintaining, and switching brain states. <i>Trends in Cognitive Sciences</i> , 2012, 16, 330-337.	7.8	196
13	Mindful maths: Reducing the impact of stereotype threat through a mindfulness exercise. <i>Consciousness and Cognition</i> , 2012, 21, 471-475.	1.5	59
14	Cognitive-Affective Neural Plasticity following Active-Controlled Mindfulness Intervention. <i>Journal of Neuroscience</i> , 2012, 32, 15601-15610.	3.6	298
15	Mindfulness-Based Stress Reduction training reduces loneliness and pro-inflammatory gene expression in older adults: A small randomized controlled trial. <i>Brain, Behavior, and Immunity</i> , 2012, 26, 1095-1101.	4.1	417
16	Mindfulness meditation counteracts self-control depletion. <i>Consciousness and Cognition</i> , 2012, 21, 1016-1022.	1.5	210
17	Dealing with feeling: A meta-analysis of the effectiveness of strategies derived from the process model of emotion regulation.. <i>Psychological Bulletin</i> , 2012, 138, 775-808.	6.1	1,353
18	Intensive training induces longitudinal changes in meditation state-related EEG oscillatory activity. <i>Frontiers in Human Neuroscience</i> , 2012, 6, 256.	2.0	78

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19	The Effects of Mindfulness-Based Cognitive Therapy on Affective Memory Recall Dynamics in Depression: A Mechanistic Model of Rumination. <i>Frontiers in Human Neuroscience</i> , 2012, 6, 257.	2.0	68
20	Neurocognitive correlates of the effects of yoga meditation practice on emotion and cognition: a pilot study. <i>Frontiers in Integrative Neuroscience</i> , 2012, 6, 48.	2.1	93
21	The Potential Benefits of Mindfulness Training in Early Childhood: A Developmental Social Cognitive Neuroscience Perspective. <i>Child Development Perspectives</i> , 2012, 6, 154-160.	3.9	281
22	Improving Executive Function and Its Neurobiological Mechanisms Through a Mindfulness-Based Intervention: Advances Within the Field of Developmental Neuroscience. <i>Child Development Perspectives</i> , 2012, 6, 361-366.	3.9	147
23	P05.61. The multidimensional assessment of interoceptive awareness (MAIA). <i>BMC Complementary and Alternative Medicine</i> , 2012, 12, .	3.7	5
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28	A Developmental Systems Approach to Executive Function. <i>Advances in Child Development and Behavior</i> , 2013, 45, 39-66.	1.3	25
29	Attentional bias for prescription opioid cues among opioid dependent chronic pain patients. <i>Journal of Behavioral Medicine</i> , 2013, 36, 611-620.	2.1	53
30	Neuroimaging of Consciousness. , 2013, , .		6
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