

The Pleasure and Displeasure People Feel When they Ex

Sports Medicine

41, 641-671

DOI: 10.2165/11590680-000000000-00000

Citation Report

#	ARTICLE	IF	CITATIONS
1	Perceptually Regulated Training at RPE13 Is Pleasant and Improves Physical Health. <i>Medicine and Science in Sports and Exercise</i> , 2012, 44, 1613-1618.	0.2	58
2	Rebranding Exercise: There's an App for That. <i>American Journal of Health Promotion</i> , 2012, 27, 69-70.	0.9	11
3	Comparison of Physiological and Psychological Responses to Exergaming and Treadmill Walking in Healthy Adults. <i>Games for Health Journal</i> , 2012, 1, 411-415.	1.1	11
4	Genetic Influences on Physiological and Subjective Responses to an Aerobic Exercise Session among Sedentary Adults. <i>Journal of Cancer Epidemiology</i> , 2012, 2012, 1-12.	0.5	71
5	Patterning of Affective Responses During a Graded Exercise Test in Children and Adolescents. <i>Pediatric Exercise Science</i> , 2012, 24, 275-288.	0.5	59
6	The effects of exercise on cocaine self-administration, food-maintained responding, and locomotor activity in female rats: Importance of the temporal relationship between physical activity and initial drug exposure.. <i>Experimental and Clinical Psychopharmacology</i> , 2012, 20, 437-446.	1.3	34
7	Comparison of Two Proposed Guidelines for Aerobic Training Sessions. <i>Perceptual and Motor Skills</i> , 2012, 115, 645-660.	0.6	2
8	Voluntary drinking behaviour, fluid balance and psychological affect when ingesting water or a carbohydrate-electrolyte solution during exercise. <i>Appetite</i> , 2012, 58, 56-63.	1.8	18
9	Health-enhancing physical activity, psychological needs satisfaction, and well-being: Is it how often, how long, or how much effort that matters?. <i>Mental Health and Physical Activity</i> , 2012, 5, 141-147.	0.9	16
10	Affect-regulated exercise intensity: Does training at an intensity that feels "good" improve physical health?. <i>Journal of Science and Medicine in Sport</i> , 2012, 15, 548-553.	0.6	89
11	Non-pharmacological strategies in cardiovascular prevention: 2011 highlights. <i>Annals of Physical and Rehabilitation Medicine</i> , 2012, 55, 342-374.	1.1	7
12	Does Affective Valence During and Immediately Following a 10-Min Walk Predict Concurrent and Future Physical Activity?. <i>Annals of Behavioral Medicine</i> , 2012, 44, 43-51.	1.7	176
13	Doing What Feels Good (and Avoiding What Feels Bad)"a Growing Recognition of the Influence of Affect on Exercise Behavior: a Comment on Williams et al.. <i>Annals of Behavioral Medicine</i> , 2012, 44, 7-9.	1.7	9
14	Effect of caffeine on RPE and perceptions of pain, arousal, and pleasure/displeasure during a cycling time trial in endurance trained and active men. <i>Physiology and Behavior</i> , 2012, 106, 211-217.	1.0	72
15	Exercise as a novel treatment for drug addiction: A neurobiological and stage-dependent hypothesis. <i>Neuroscience and Biobehavioral Reviews</i> , 2013, 37, 1622-1644.	2.9	239
16	Do Olympic Athletes Train as in the Paleolithic Era?. <i>Sports Medicine</i> , 2013, 43, 909-917.	3.1	34
17	Invited Guest Editorial: Envisioning the next fifty years of research on the exercise-affect relationship. <i>Psychology of Sport and Exercise</i> , 2013, 14, 751-758.	1.1	106
18	The Moderating Influence of Situational Motivation on the Relationship Between Preferred Exercise and Positive Affect. <i>SAGE Open</i> , 2013, 3, 215824401350841.	0.8	3

#	ARTICLE	IF	CITATIONS
20	Exploring the peak and end rule of past affective episodes within the exercise context. <i>Psychology of Sport and Exercise</i> , 2013, 14, 169-178.	1.1	43
21	Clarifying the Link Between Distress Intolerance and Exercise: Elevated Anxiety Sensitivity Predicts Less Vigorous Exercise. <i>Cognitive Therapy and Research</i> , 2013, 37, 476-482.	1.2	28
22	The upper limit of the cardiorespiratory training zone (40%–84%HRR) is overestimated for postmenopausal women. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 571-576.	0.6	4
23	Crawling to the Finish Line: Why do Endurance Runners Collapse?. <i>Sports Medicine</i> , 2013, 43, 413-424.	3.1	37
24	The perceptually regulated exercise test is sensitive to increases in maximal oxygen uptake. <i>European Journal of Applied Physiology</i> , 2013, 113, 1233-1239.	1.2	19
25	LET'S GET PHYSICAL: A CONTEMPORARY REVIEW OF THE ANXIOLYTIC EFFECTS OF EXERCISE FOR ANXIETY AND ITS DISORDERS. <i>Depression and Anxiety</i> , 2013, 30, 362-373.	2.0	262
26	Physical and Psychological Effects from Supervised Aerobic Music Exercise. <i>American Journal of Health Behavior</i> , 2013, 37, 780-793.	0.6	16
27	Mediterranean diet- and exercise-induced improvement in age-dependent vascular activity. <i>Clinical Science</i> , 2013, 124, 579-587.	1.8	66
28	Elucidating satisfaction with physical activity: An examination of the day-to-day associations between experiences with physical activity and satisfaction during physical activity initiation. <i>Psychology and Health</i> , 2013, 28, 1424-1441.	1.2	21
29	The effect of a single bout of exercise on energy and fatigue states: a systematic review and meta-analysis. <i>Fatigue: Biomedicine, Health and Behavior</i> , 2013, 1, 223-242.	1.2	66
30	Imagery Use and Affective Responses During Exercise: An Examination of Cerebral Hemodynamics Using Near-Infrared Spectroscopy. <i>Journal of Sport and Exercise Psychology</i> , 2013, 35, 503-513.	0.7	25
31	Impact of aerobic exercise intensity on craving and reactivity to smoking cues.. <i>Experimental and Clinical Psychopharmacology</i> , 2013, 21, 196-203.	1.3	23
32	Taking Stock of Where We Are in Understanding Mind/Body Interactions in the Exercise Domain. , 2013, , 1353-1366.		0
33	Inducing and Measuring Emotion and Affect. , 2014, , 220-252.		59
34	Is the Self-Selected Resistance Exercise Intensity by Older Women Consistent With the American College of Sports Medicine Guidelines to Improve Muscular Fitness?. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1877-1884.	1.0	30
35	An experience sampling study of physical activity and positive affect: investigating the role of situational motivation and perceived intensity across time. <i>Health Psychology Research</i> , 2013, 1, 21.	0.6	6
36	Characteristics of the Activity-Affect Association in Inactive People: An Ambulatory Assessment Study in Daily Life. <i>Frontiers in Psychology</i> , 2013, 4, 163.	1.1	27
37	Acute and medium term effects of a 10-week running intervention on mood state in apprentices. <i>Frontiers in Psychology</i> , 2013, 4, 411.	1.1	17

#	ARTICLE	IF	CITATIONS
38	Exercise and Physical Activity in Mental Disorders: Clinical and Experimental Evidence. <i>Journal of Preventive Medicine and Public Health</i> , 2013, 46, S12-S21.	0.7	183
39	Affect and Mindfulness as Predictors of Change in Mood Disturbance, Stress Symptoms, and Quality of Life in a Community-Based Yoga Program for Cancer Survivors. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013, 2013, 1-13.	0.5	35
40	Effects of acute boxing-style exercise on affect and mood states in young and middle-aged adults. <i>Taikuugaku Kenkyu (Japan Journal of Physical Education Health and Sport Sciences)</i> , 2014, 59, 251-261.	0.0	0
41	Prefrontal Cortex Haemodynamics and Affective Responses during Exercise: A Multi-Channel Near Infrared Spectroscopy Study. <i>PLoS ONE</i> , 2014, 9, e95924.	1.1	55
42	The Effect of Acute Rhodiola rosea Ingestion on Exercise Heart Rate, Substrate Utilisation, Mood State, and Perceptions of Exertion, Arousal, and Pleasure/Displeasure in Active Men. <i>Hindawi Publishing Corporation</i> , 2014, 2014, 1-8.	2.3	9
43	Why sprint interval training is inappropriate for a largely sedentary population. <i>Frontiers in Psychology</i> , 2014, 5, 1505.	1.1	148
44	A Test of Learned Industriousness in the Physical Activity Domain. <i>International Journal of Psychological Studies</i> , 2014, 6, 12-25.	0.1	3
45	Acute affective responses to prescribed and self-selected exercise sessions in adolescent girls: an observational study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2014, 6, 35.	0.7	39
46	Prescribing Pleasure and Meaning. <i>American Journal of Preventive Medicine</i> , 2014, 47, 838-841.	1.6	41
47	Enjoyment Perception during Exercise with Aerobic Machines. <i>Perceptual and Motor Skills</i> , 2014, 119, 146-155.	0.6	13
48	Water-Based Exercise and Quality of Life in Women: The Role of Depressive Symptoms. <i>Women and Health</i> , 2014, 54, 161-175.	0.4	21
49	Physical Activity Adoption to Adherence, Lapse, and Dropout. <i>Qualitative Health Research</i> , 2014, 24, 706-718.	1.0	73
50	Rural Environments and Community Health (REACH): a randomised controlled trial protocol for an online walking intervention in rural adults. <i>BMC Public Health</i> , 2014, 14, 969.	1.2	14
51	Cardiovascular and Affective Outcomes of Active Gaming. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 443-451.	1.0	40
52	The acute effects of physical activity on cigarette cravings: Exploration of potential moderators, mediators and physical activity attributes using individual participant data (IPD) meta-analyses. <i>Psychopharmacology</i> , 2014, 231, 1267-1275.	1.5	55
53	The experiences of participants in an innovative online resource designed to increase regular walking among rural cancer survivors: a qualitative pilot feasibility study. <i>Supportive Care in Cancer</i> , 2014, 22, 1923-1929.	1.0	31
54	On the role of lyrics in the music-exercise performance relationship. <i>Psychology of Sport and Exercise</i> , 2014, 15, 132-138.	1.1	19
55	Effects of high-intensity interval exercise versus continuous moderate-intensity exercise on postprandial glycemic control assessed by continuous glucose monitoring in obese adults. <i>Applied Physiology, Nutrition and Metabolism</i> , 2014, 39, 835-841.	0.9	137

#	ARTICLE	IF	CITATIONS
56	The effect of the physical environment and levels of activity on affective states. <i>Journal of Environmental Psychology</i> , 2014, 38, 241-251.	2.3	47
57	Steps toward improving diet and exercise for cancer survivors (STRIDE): a quasi-randomised controlled trial protocol. <i>BMC Cancer</i> , 2014, 14, 428.	1.1	7
58	High-intensity compared to moderate-intensity training for exercise initiation, enjoyment, adherence, and intentions: an intervention study. <i>BMC Public Health</i> , 2014, 14, 789.	1.2	178
59	Nutritional psychiatry research: an emerging discipline and its intersection with global urbanization, environmental challenges and the evolutionary mismatch. <i>Journal of Physiological Anthropology</i> , 2014, 33, 22.	1.0	113
60	Caffeine consumption around an exercise bout: effects on energy expenditure, energy intake, and exercise enjoyment. <i>Journal of Applied Physiology</i> , 2014, 117, 745-754.	1.2	36
61	Sources of autonomy support, subjective vitality and physical activity behaviour associated with participation in a lunchtime walking intervention for physically inactive adults. <i>Psychology of Sport and Exercise</i> , 2014, 15, 190-197.	1.1	27
62	Process evaluation and proximal impact of an affect-based exercise intervention among adolescents. <i>Translational Behavioral Medicine</i> , 2014, 4, 190-200.	1.2	9
63	Rating of Perceived Exertion and Affective Responses during Tai Chi Chuan. <i>Perceptual and Motor Skills</i> , 2014, 118, 926-939.	0.6	8
64	Associations between attention, affect and cardiac activity in a single yoga session for female cancer survivors: An enactive neurophenomenology-based approach. <i>Consciousness and Cognition</i> , 2014, 27, 129-146.	0.8	26
65	Self-regulating smoking and snacking through physical activity.. <i>Health Psychology</i> , 2014, 33, 349-359.	1.3	22
66	Vigorous Exercise in Clinical Practice. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 1053.	0.2	3
67	An investigation into the effects of different types of exercise on the maintenance of approach motivation levels. <i>Mental Health and Physical Activity</i> , 2015, 9, 24-34.	0.9	4
68	High-intensity interval exercise training for public health: a big HIT or shall we HIT it on the head?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 95.	2.0	236
69	Effect of a 12-week aerobic training program on perceptual and affective responses in obese women. <i>Journal of Physical Therapy Science</i> , 2015, 27, 2221-2224.	0.2	8
70	Examination of the Consistency in Affective Response to Acute Exercise in Overweight and Obese Women. <i>Journal of Sport and Exercise Psychology</i> , 2015, 37, 534-546.	0.7	34
71	Measuring the Ability to Tolerate Activity-Related Discomfort: Initial Validation of the Physical Activity Acceptance Questionnaire (PAAQ). <i>Journal of Physical Activity and Health</i> , 2015, 12, 717-726.	1.0	34
72	Affective Response to Exercise and Preferred Exercise Intensity Among Adolescents. <i>Journal of Physical Activity and Health</i> , 2015, 12, 546-552.	1.0	15
73	Momentary assessment of contextual influences on affective response during physical activity.. <i>Health Psychology</i> , 2015, 34, 1145-1153.	1.3	86

#	ARTICLE	IF	CITATIONS
75	Type 2 diabetes exaggerates exercise effort and impairs exercise performance in older women. <i>BMJ Open Diabetes Research and Care</i> , 2015, 3, e000124.	1.2	26
76	Effects of a physical activity support program based on bench-stepping exercise on physical fitness, mental health and health-related quality of life in Japanese returnees from China. <i>Japanese Journal of Physical Fitness and Sports Medicine</i> , 2015, 64, 173-182.	0.0	0
77	Resistance Exercise. <i>Current Sports Medicine Reports</i> , 2015, 14, 221-226.	0.5	5
78	The Multifaceted Relationship Between Physical Activity and Affect. <i>Social and Personality Psychology Compass</i> , 2015, 9, 419-433.	2.0	48
79	A Pilot Study of the Views of General Practitioners Regarding Exercise for the Treatment of Depression. <i>Perspectives in Psychiatric Care</i> , 2015, 51, 253-259.	0.9	27
80	Predicting Heart Rate at the Ventilatory Threshold for Aerobic Exercise Prescription in Persons With Chronic Stroke. <i>Journal of Neurologic Physical Therapy</i> , 2015, 39, 233-240.	0.7	6
81	Exercícios com pesos sobre as respostas afetivas e perceptuais. <i>Revista Brasileira De Medicina Do Esporte</i> , 2015, 21, 200-205.	0.1	5
83	Effects of the Visual Exercise Environments on Cognitive Directed Attention, Energy Expenditure and Perceived Exertion. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 7321-7336.	1.2	41
84	Differences in exercise intensity seems to influence the affective responses in self-selected and imposed exercise: a meta-analysis. <i>Frontiers in Psychology</i> , 2015, 6, 1105.	1.1	42
85	Commentary: Why sprint interval training is inappropriate for a largely sedentary population. <i>Frontiers in Psychology</i> , 2015, 6, 1359.	1.1	23
86	Effects of Aerobic Exercise Based upon Heart Rate at Aerobic Threshold in Obese Elderly Subjects with Type 2 Diabetes. <i>International Journal of Endocrinology</i> , 2015, 2015, 1-7.	0.6	33
87	High-Intensity Interval Training as an Efficacious Alternative to Moderate-Intensity Continuous Training for Adults with Prediabetes. <i>Journal of Diabetes Research</i> , 2015, 2015, 1-9.	1.0	122
88	Questionário de Preferência e Tolerância da Intensidade de Exercício: versão em português do Brasil. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2015, 17, 550.	0.5	9
89	Affective and Enjoyment Responses to High-Intensity Interval Training in Overweight-to-Obese and Insufficiently Active Adults. <i>Journal of Sport and Exercise Psychology</i> , 2015, 37, 138-149.	0.7	152
90	The barrier-belief approach in the counseling of physical activity. <i>Patient Education and Counseling</i> , 2015, 98, 129-136.	1.0	10
91	The strength model of self-control revisited: Linking acute and chronic effects of exercise on executive functions. <i>Journal of Sport and Health Science</i> , 2015, 4, 30-46.	3.3	84
92	Don't worry, be happy: cross-sectional associations between physical activity and happiness in 15 European countries. <i>BMC Public Health</i> , 2015, 15, 53.	1.2	162
93	Relationships between facial temperature changes, endocrine exercise affect and during exercise changes in affect: A preliminary study. <i>European Journal of Sport Science</i> , 2015, 15, 161-166.	1.4	6

#	ARTICLE	IF	CITATIONS
94	Low- and High-Resistance Exercise: Long-Term Adherence and Motivation among Older Adults. <i>Gerontology</i> , 2015, 61, 551-560.	1.4	46
95	Development of Burnout Perceptions During Adolescence Among High-Level Athletes: A Developmental and Gendered Perspective. <i>Journal of Sport and Exercise Psychology</i> , 2015, 37, 436-448.	0.7	58
96	More isn't necessarily better: Examining the intensity-affect-enjoyment relationship in the context of resistance exercise. <i>Sport, Exercise, and Performance Psychology</i> , 2015, 4, 75-87.	0.6	17
97	Music Enhances Performance and Perceived Enjoyment of Sprint Interval Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 1052-1060.	0.2	114
98	Patterning of physiological and affective responses in older active adults during a maximal graded exercise test and self-selected exercise. <i>European Journal of Applied Physiology</i> , 2015, 115, 1855-1866.	1.2	31
99	See Hear: Psychological Effects of Music and Music-Video During Treadmill Running. <i>Annals of Behavioral Medicine</i> , 2015, 49, 199-211.	1.7	72
101	Natural environments, ancestral diets, and microbial ecology: is there a modern "paleo-deficit disorder"? Part II. <i>Journal of Physiological Anthropology</i> , 2015, 34, 9.	1.0	25
102	Should menopausal characteristics be considered during cardiorespiratory exercise prescription in postmenopausal women?. <i>Climacteric</i> , 2015, 18, 278-283.	1.1	0
103	Affect-regulated exercise: an alternative approach for lifestyle modification in overweight/obese women with polycystic ovary syndrome. <i>Gynecological Endocrinology</i> , 2015, 31, 971-975.	0.7	9
104	The use of periodization in exercise prescriptions for inactive adults: A systematic review. <i>Preventive Medicine Reports</i> , 2015, 2, 385-396.	0.8	55
105	A case for leveraging integrated regulation strategies to optimize health benefits from self-determined exercise behavior. <i>Annals of Behavioral Medicine</i> , 2015, 49, 783-784.	1.7	1
106	Mindfulness and Cardiovascular Disease Risk: State of the Evidence, Plausible Mechanisms, and Theoretical Framework. <i>Current Cardiology Reports</i> , 2015, 17, 112.	1.3	106
107	Do Changes in Tympanic Temperature Predict Changes in Affective Valence During High-Intensity Exercise?. <i>Research Quarterly for Exercise and Sport</i> , 2015, 86, 252-259.	0.8	1
108	A hard/heavy intensity is too much: The physiological, affective, and motivational effects (immediately) of high-intensity interval exercise. <i>Journal of Science and Fitness</i> , 2015, 13, 123-130.	0.8	12
109	Single bouts of exercise selectively sustain attentional processes. <i>Psychophysiology</i> , 2015, 52, 618-625.	1.2	60
110	Does Aerobic Exercise and the FITT Principle Fit into Stroke Recovery?. <i>Current Neurology and Neuroscience Reports</i> , 2015, 15, 519.	2.0	87
111	Mood changes following social dance sessions in people with Parkinson's disease. <i>Journal of Health Psychology</i> , 2016, 21, 483-492.	1.3	47
112	Acute Affective Responses and Frontal Electroencephalographic Asymmetry to Prescribed and Self-selected Exercise. <i>Clinical Practice and Epidemiology in Mental Health</i> , 2016, 12, 108-119.	0.6	12

#	ARTICLE	IF	CITATIONS
113	Needs Satisfaction Effect on Exercise Emotional Response: A Serial Mediation Analysis with Motivational Regulations and Exercise Intensity. <i>Motriz Revista De Educacao Fisica</i> , 2016, 22, 368-375.	0.3	8
114	Affect Following First Exercise Session as a Predictor of Treatment Response in Depression. <i>Journal of Clinical Psychiatry</i> , 2016, 77, 1036-1042.	1.1	15
115	Psychological concomitants of crossfit training. <i>Kinesiology</i> , 2016, 48, 39-48.	0.3	8
116	Exercise is medicine for depression: even when the “pill” is small. <i>Neuropsychiatric Disease and Treatment</i> , 2016, Volume 12, 2715-2721.	1.0	13
117	Differences in Ventilatory Threshold for Exercise Prescription in Outpatient Diabetic and Sarcopenic Obese Subjects. <i>International Journal of Endocrinology</i> , 2016, 2016, 1-6.	0.6	19
118	Measurement of Affective Responses to Exercise. , 2016, , 299-321.		15
119	Escape From Cognitivism: Exercise as Hedonic Experience. , 2016, , 389-414.		39
120	Influences of Green Outdoors versus Indoors Environmental Settings on Psychological and Social Outcomes of Controlled Exercise. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 363.	1.2	88
121	Transforming Life: A Broad View of the Developmental Origins of Health and Disease Concept from an Ecological Justice Perspective. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 1075.	1.2	49
122	The Influence of Various Distraction Stimuli on Affective Responses during Recumbent Cycle Ergometry. <i>Sports</i> , 2016, 4, 21.	0.7	3
123	Comparison of High-Intensity Interval Training and Moderate-to-Vigorous Continuous Training for Cardiometabolic Health and Exercise Enjoyment in Obese Young Women: A Randomized Controlled Trial. <i>PLoS ONE</i> , 2016, 11, e0158589.	1.1	129
124	Commentary: Why sprint interval training is inappropriate for a largely sedentary population. <i>Frontiers in Psychology</i> , 2015, 6, 1999.	1.1	37
125	Response: Commentary: Why sprint interval training is inappropriate for a largely sedentary population. <i>Frontiers in Psychology</i> , 2016, 7, 746.	1.1	18
126	Dropping Out or Keeping Up? Early-Dropouts, Late-Dropouts, and Maintainers Differ in Their Automatic Evaluations of Exercise Already before a 14-Week Exercise Course. <i>Frontiers in Psychology</i> , 2016, 7, 838.	1.1	40
127	Exercise Experiences and Changes in Affective Attitude: Direct and Indirect Effects of In Situ Measurements of Experiences. <i>Frontiers in Psychology</i> , 2016, 7, 900.	1.1	18
128	The Exercise"Affect" Adherence Pathway: An Evolutionary Perspective. <i>Frontiers in Psychology</i> , 2016, 07, 1285.	1.1	120
129	A Qualitative Analysis of Emotional Facilitators in Exercise. <i>Frontiers in Psychology</i> , 2016, 7, 1296.	1.1	40
130	Classroom-Based Physical Activity Breaks and Children's Attention: Cognitive Engagement Works!. <i>Frontiers in Psychology</i> , 2016, 7, 1474.	1.1	98

#	ARTICLE	IF	CITATIONS
131	Dissimilar Physiological and Perceptual Responses Between Sprint Interval Training and High-Intensity Interval Training. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 244-250.	1.0	68
132	Feel your stride and find your preferred running speed. <i>Biology Open</i> , 2016, 5, 45-48.	0.6	16
133	Physiological, Perceptual and Psychological Responses of Career versus Volunteer Firefighters to Live-fire Training Drills. <i>Stress and Health</i> , 2016, 32, 328-336.	1.4	8
134	Perceptual Changes in Response to Two Regimens of Interval Training in Sedentary Women. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 1067-1076.	1.0	15
135	Psychobiological Responses to Preferred and Prescribed Intensity Exercise in Major Depressive Disorder. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 2207-2215.	0.2	34
136	Energy Drinks Improve Five-Kilometer Running Performance in Recreational Endurance Runners. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2979-2990.	1.0	27
137	Effects of music and music-video on core affect during exercise at the lactate threshold. <i>Psychology of Music</i> , 2016, 44, 1471-1487.	0.9	15
138	Associations of awareness of physical activity recommendations for health and self-reported physical activity behaviours among adult South Australians. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 837-842.	0.6	9
139	An attempt to design optimal personalized exercise prescriptions using the KEIO-SENIOR treadmill protocol for patients with type 2 diabetes. <i>Personalized Medicine Universe</i> , 2016, 5, 27-31.	0.1	3
140	Acute effects of resistance exercise on affect, arousal, and urge to drink in temporarily abstinent young adult hazardous drinkers. <i>American Journal on Addictions</i> , 2016, 25, 623-627.	1.3	5
141	Words matter: Reframing exercise is medicine for the general population to optimize motivation and create sustainable behaviour change. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 1212-1215.	0.9	13
142	Bewegungsbezogene Gesundheitskompetenz als integrative Zielgröße in Bewegungstherapie und Gesundheitssport – Konzeption und Validierung eines Erhebungsverfahrens. <i>Sportwissenschaft</i> , 2016, 46, 74-87.	0.6	78
143	Training fast or slow? Exercise for depression: A randomized controlled trial. <i>Preventive Medicine</i> , 2016, 91, 123-131.	1.6	60
144	Self-selected intensity, ratings of perceived exertion, and affective responses in sedentary male subjects during resistance training. <i>Journal of Physical Therapy Science</i> , 2016, 28, 1795-1800.	0.2	17
145	Are rate of perceived exertion and feelings of pleasure/displeasure modified in elderly women undergoing 8 week of strength training of prescribe intensity?. <i>Journal of Physical Therapy Science</i> , 2016, 28, 407-411.	0.2	3
146	Affective and cognitive predictors of affective response to exercise: Examining unique and overlapping variance. <i>Psychology of Sport and Exercise</i> , 2016, 27, 1-8.	1.1	14
147	Examining the construct validity of affective judgments of physical activity measures.. <i>Psychological Assessment</i> , 2016, 28, 1128-1141.	1.2	31
148	PHYSICAL ACTIVITY PROGRAMMING FOR CLIENTS WITH OBESITY. <i>ACSM's Health and Fitness Journal</i> , 2016, 20, 21-27.	0.3	4

#	ARTICLE	IF	CITATIONS
149	Measuring moderate-intensity walking in older adults using the ActiGraph accelerometer. <i>BMC Geriatrics</i> , 2016, 16, 211.	1.1	64
150	A Preliminary Investigation Into the Use of the Emotional Contagion Effect in the Exercise Environment. <i>Comprehensive Psychology</i> , 2016, 5, 216522281663403.	0.3	2
151	Cardiorespiratory fitness moderates the effect of an affect-guided physical activity prescription: a pilot randomized controlled trial. <i>Cognitive Behaviour Therapy</i> , 2016, 45, 445-457.	1.9	20
152	Physiological responses and exercise preference between the Trikke and the bicycle ergometer. <i>Journal of Exercise Science and Fitness</i> , 2016, 14, 7-13.	0.8	1
153	Characterizing the affective responses to an acute bout of moderate-intensity exercise among outpatients with schizophrenia. <i>Psychiatry Research</i> , 2016, 237, 264-270.	1.7	2
154	Testing the effects of narrative and play on physical activity among breast cancer survivors using mobile apps: study protocol for a randomized controlled trial. <i>BMC Cancer</i> , 2016, 16, 202.	1.1	44
155	Severe hypoxia during incremental exercise to exhaustion provokes negative post-exercise affects. <i>Physiology and Behavior</i> , 2016, 156, 171-176.	1.0	9
156	Where to put your best foot forward: Psycho-physiological responses to walking in natural and urban environments. <i>Journal of Environmental Psychology</i> , 2016, 45, 22-29.	2.3	252
157	Exercise training “ A beneficial intervention in the treatment of alcohol use disorders?. <i>Drug and Alcohol Dependence</i> , 2016, 160, 2-11.	1.6	29
158	Effects of autonomous motivational priming on motivation and affective responses towards high-intensity interval training. <i>Journal of Sports Sciences</i> , 2016, 34, 1491-1499.	1.0	14
159	An initial investigation of smokers’s “ urges to smoke and their exercise intensity preference: A mixed-methods approach. <i>Cogent Medicine</i> , 2016, 3, 1149043.	0.7	3
160	Acute effects of outdoor physical activity on affect and psychological well-being in depressed patients “ A preliminary study. <i>Mental Health and Physical Activity</i> , 2016, 10, 4-9.	0.9	73
161	The Effect of Caffeine and Rhodiola Rosea, Alone or in Combination, on 5-km Running Performance in Men. <i>Journal of Caffeine Research</i> , 2016, 6, 40-48.	1.0	6
162	Exploring Perceptions of Barriers, Facilitators, and Motivators to Physical Activity Among Female Bariatric Patients. <i>American Journal of Health Promotion</i> , 2016, 30, 536-544.	0.9	41
163	Correlates of Mood and RPE During Multi-Lap Off-Road Cycling. <i>Applied Psychophysiology Biofeedback</i> , 2016, 41, 1-7.	1.0	9
164	The Development of a Novel Measure to Assess Motives for Compensatory Eating in Response to Exercise: The CEMQ. <i>Behavioral Medicine</i> , 2016, 42, 93-104.	1.0	14
165	Can Doping be a Good Thing? Using Psychoactive Drugs to Facilitate Physical Activity Behaviour. <i>Sports Medicine</i> , 2016, 46, 1-5.	3.1	58
166	The effectiveness of multi-component goal setting interventions for changing physical activity behaviour: a systematic review and meta-analysis. <i>Health Psychology Review</i> , 2016, 10, 67-88.	4.4	172

#	ARTICLE	IF	CITATIONS
167	A perspective on the future role of brain pet imaging in exercise science. <i>NeuroImage</i> , 2016, 131, 73-80.	2.1	27
168	Effects of Performance Versus Game-Based Mobile Applications on Response to Exercise. <i>Annals of Behavioral Medicine</i> , 2016, 50, 157-162.	1.7	16
169	Self-reported tolerance influences prefrontal cortex hemodynamics and affective responses. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2016, 16, 63-71.	1.0	33
170	A pilot study of women's affective responses to common and uncommon forms of aerobic exercise. <i>Psychology and Health</i> , 2016, 31, 239-257.	1.2	10
171	A comparison of four typical green exercise environments and prediction of psychological health outcomes. <i>Perspectives in Public Health</i> , 2016, 136, 171-180.	0.8	65
172	Higher chronic psychological stress is associated with blunted affective responses to strenuous resistance exercise: RPE, pleasure, pain. <i>Psychology of Sport and Exercise</i> , 2016, 22, 27-36.	1.1	25
173	Adaptation of Perceptual Responses to Low-Load Blood Flow Restriction Training. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 765-772.	1.0	35
174	Affective outcomes during and after high-intensity exercise in outdoor green and indoor gym settings. <i>International Journal of Environmental Health Research</i> , 2017, 27, 106-116.	1.3	15
175	Acute effects of resistance exercise in a depressed HIV sample: The exercise for people who are immunocompromised (EPIC) study. <i>Mental Health and Physical Activity</i> , 2017, 12, 2-9.	0.9	9
176	Effect of mouth rinsing and ingestion of carbohydrate solutions on mood and perceptual responses during exercise. <i>Journal of the International Society of Sports Nutrition</i> , 2017, 14, 4.	1.7	10
177	The role of physical activity in life happiness of Greek drug abusers participating in a treatment program. <i>Sport Sciences for Health</i> , 2017, 13, 25-32.	0.4	7
178	Changes in physical activity and sedentary behavior associated with an exercise intervention in depressed adults. <i>Psychology of Sport and Exercise</i> , 2017, 30, 10-18.	1.1	7
179	Effects of Resistance Band Exercise on Vascular Activity and Fitness in Older Adults. <i>International Journal of Sports Medicine</i> , 2017, 38, 184-192.	0.8	9
180	Impact of Playing Exergames on Mood States: A Randomized Controlled Trial. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2017, 20, 246-250.	2.1	20
181	The effect of carbohydrate and protein co-ingestion on energy substrate metabolism, sense of effort, and affective responses during prolonged strenuous endurance exercise. <i>Physiology and Behavior</i> , 2017, 174, 170-177.	1.0	10
182	Modeling Perceived Exertion during Graded Arm Cycling Exercise in Spinal Cord Injury. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 1190-1196.	0.2	22
183	People have feelings! Exercise psychology in paradigmatic transition. <i>Current Opinion in Psychology</i> , 2017, 16, 84-88.	2.5	77
184	Changes in light-, moderate-, and vigorous-intensity physical activity and changes in depressive symptoms in breast cancer survivors: a prospective observational study. <i>Supportive Care in Cancer</i> , 2017, 25, 3305-3312.	1.0	26

#	ARTICLE	IF	CITATIONS
185	Misremembering Past Affect Predicts Adolescents' Future Affective Experience During Exercise. <i>Research Quarterly for Exercise and Sport</i> , 2017, 88, 316-328.	0.8	6
186	A scoping review of the psychological responses to interval exercise: is interval exercise a viable alternative to traditional exercise?. <i>Health Psychology Review</i> , 2017, 11, 324-344.	4.4	122
187	A Social Identity Approach to Understanding and Promoting Physical Activity. <i>Sports Medicine</i> , 2017, 47, 1911-1918.	3.1	66
188	Effects of exercise intensity on VO2max in studies comparing two or more exercise intensities: a meta-analysis. <i>Sport Sciences for Health</i> , 2017, 13, 239-252.	0.4	3
189	Physical Activity. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 474-481.	0.2	40
190	A school-based rope skipping program for adolescents: Results of a randomized trial. <i>Preventive Medicine</i> , 2017, 101, 188-194.	1.6	19
191	Rethinking physical activity communication: using focus groups to understand women's goals, values, and beliefs to improve public health. <i>BMC Public Health</i> , 2017, 17, 462.	1.2	47
192	Prefrontal oxygenation and the acoustic startle eyeblink response during exercise: A test of the dual-mode model. <i>Psychophysiology</i> , 2017, 54, 1070-1080.	1.2	4
193	The role of habit in different phases of exercise. <i>British Journal of Health Psychology</i> , 2017, 22, 429-448.	1.9	51
194	Reducing depressive symptoms after the Great East Japan Earthquake in older survivors through group exercise participation and regular walking: a prospective observational study. <i>BMJ Open</i> , 2017, 7, e013706.	0.8	32
195	Heritability of the affective response to exercise and its correlation to exercise behavior. <i>Psychology of Sport and Exercise</i> , 2017, 31, 139-148.	1.1	64
196	A Single Bout of Arm-crank Exercise Promotes Positive Emotions and Post-Exercise Hypotension in Patients with Symptomatic Peripheral Artery Disease. <i>European Journal of Vascular and Endovascular Surgery</i> , 2017, 53, 223-228.	0.8	13
197	From inactivity to becoming physically active: The experiences of behaviour change in people with serious mental illness. <i>Mental Health and Physical Activity</i> , 2017, 13, 83-93.	0.9	22
198	The Effects of Cycling on a Desk Bike on Attention, Retention and Mood during a Video Lecture. <i>Applied Cognitive Psychology</i> , 2017, 31, 593-603.	0.9	6
199	Physical Education Students' Ownership, Empowerment, and Satisfaction With PE and Physical Activity. <i>Research Quarterly for Exercise and Sport</i> , 2017, 88, 468-478.	0.8	21
200	Behavioral and Psychological Phenotyping of Physical Activity and Sedentary Behavior: Implications for Weight Management. <i>Obesity</i> , 2017, 25, 1653-1659.	1.5	28
201	AFFECT-BASED EXERCISE PRESCRIPTION. <i>ACSM's Health and Fitness Journal</i> , 2017, 21, 10-15.	0.3	36
202	Ecological Momentary Assessment in Physical Activity Research. <i>Exercise and Sport Sciences Reviews</i> , 2017, 45, 48-54.	1.6	177

#	ARTICLE	IF	CITATIONS
203	AExaCTT “ Aerobic Exercise and Consecutive Task-specific Training for the upper limb after stroke: Protocol for a randomised controlled pilot study. Contemporary Clinical Trials Communications, 2017, 7, 179-185.	0.5	7
204	Exercise behavior and gender-related differences in posttraumatic stress disorder symptoms. Psychology of Sport and Exercise, 2017, 33, 18-23.	1.1	17
205	Automatic Affective Evaluations of Physical Activity. Exercise and Sport Sciences Reviews, 2017, 45, 230-237.	1.6	91
206	Relationships between respiratory parameters, exercise capacity and psychosocial factors in people with chronic obstructive pulmonary disease. Annals of Physical and Rehabilitation Medicine, 2017, 60, 387-392.	1.1	9
207	Motives for exercise participation: The role of individual and psychological characteristics. Cogent Psychology, 2017, 4, 1345141.	0.6	13
208	It is time to investigate acute and chronic perceptual responses to eccentric cycling. Journal of Applied Physiology, 2017, 123, 1416-1417.	1.2	4
209	Barriers and facilitators to physical activity and exercise among adults with depression: A scoping review. Mental Health and Physical Activity, 2017, 13, 108-119.	0.9	77
210	The reinforcing value and liking of resistance training and aerobic exercise as predictors of adult's physical activity. Physiology and Behavior, 2017, 179, 284-289.	1.0	16
211	Slow Down and Enjoy. Perceptual and Motor Skills, 2017, 124, 233-247.	0.6	16
212	Expectations affect psychological and neurophysiological benefits even after a single bout of exercise. Journal of Behavioral Medicine, 2017, 40, 293-306.	1.1	34
213	Whole-body strength training with Huber Motion Lab and traditional strength training in cardiac rehabilitation: A randomized controlled study. Annals of Physical and Rehabilitation Medicine, 2017, 60, 20-26.	1.1	9
214	La fatiga como estado motivacional subjetivo. Revista Andaluza De Medicina Del Deporte, 2017, 10, 31-41.	0.1	8
215	Physical activity and motivational predictors of changes in health behavior and health among <sc>DM</sc>2 and <sc>CAD</sc> patients. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 1454-1469.	1.3	18
216	Physical Exercise for Late-Life Depression: Customizing an Intervention for Primary Care. Journal of the American Geriatrics Society, 2017, 65, 348-355.	1.3	20
217	More efficient, perhaps, but at what price? Pleasure and enjoyment responses to high-intensity interval exercise in low-active women with obesity. Psychology of Sport and Exercise, 2017, 28, 1-10.	1.1	102
218	Metastable Pain-Attention Dynamics during Incremental Exhaustive Exercise. Frontiers in Psychology, 2016, 07, 2054.	1.1	9
219	The Utility of the Health Action Process Approach Model for Predicting Physical Activity Intentions and Behavior in Schizophrenia. Frontiers in Psychiatry, 2017, 8, 135.	1.3	20
220	Physical Activity and Quality of Life in Cancer Survivors: A Meta-Synthesis of Qualitative Research. Cancers, 2017, 9, 53.	1.7	66

#	ARTICLE	IF	CITATIONS
221	The effects of a pilates-aerobic program on maximum exercise capacity of adult women. <i>Revista Brasileira De Medicina Do Esporte</i> , 2017, 23, 246-249.	0.1	8
222	Energy expenditure and affect responses to different types of active video game and exercise. <i>PLoS ONE</i> , 2017, 12, e0176213.	1.1	23
223	Do placebo expectations influence perceived exertion during physical exercise?. <i>PLoS ONE</i> , 2017, 12, e0180434.	1.1	16
224	Self-reported physical activity correlates in Swedish adults with multiple sclerosis: a cross-sectional study. <i>BMC Neurology</i> , 2017, 17, 204.	0.8	7
225	Effect of insulin therapy and dietary adjustments on safety and performance during simulated soccer tests in people with type 1 diabetes: study protocol for a randomized controlled trial. <i>Trials</i> , 2017, 18, 338.	0.7	1
226	In It Together: A Qualitative Evaluation of Participant Experiences of a 10-Week, Group-Based, Workplace HIIT Program for Insufficiently Active Adults. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 10-19.	0.7	25
227	Greater variability in daily physical activity is associated with poorer mental health profiles among obese adults. <i>Mental Health and Physical Activity</i> , 2018, 14, 74-81.	0.9	6
228	Poorer positive affect in response to self-paced exercise among the obese. <i>Physiology and Behavior</i> , 2018, 189, 32-39.	1.0	9
229	Brief report: Exploring the benefits of a peer-tutored physical education programme among high school students with intellectual disability. <i>Journal of Applied Research in Intellectual Disabilities</i> , 2018, 31, 937-941.	1.3	6
230	Physical exercise for late-life depression: Effects on symptom dimensions and time course. <i>Journal of Affective Disorders</i> , 2018, 230, 65-70.	2.0	74
231	Let the Pleasure Guide Your Resistance Training Intensity. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 1472-1479.	0.2	21
232	Aerobic Training Improves Quality of Life in Women with Polycystic Ovary Syndrome. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 1357-1366.	0.2	38
233	Affective response to acute resistance exercise: a comparison among machines and free weights. <i>Sport Sciences for Health</i> , 2018, 14, 283-288.	0.4	16
234	Pacing and perceived exertion in endurance performance in exercise therapy and health sports. <i>German Journal of Exercise and Sport Research</i> , 2018, 48, 136-144.	1.0	24
235	Baseline Intraocular Pressure Is Associated With Subjective Sensitivity to Physical Exertion in Young Males. <i>Research Quarterly for Exercise and Sport</i> , 2018, 89, 25-37.	0.8	4
236	Cognitive reappraisal reduces perceived exertion during endurance exercise. <i>Motivation and Emotion</i> , 2018, 42, 482-496.	0.8	18
237	Physiological and psychological determinants of whole-body endurance exercise following short-term sustained operations with partial sleep deprivation. <i>European Journal of Applied Physiology</i> , 2018, 118, 1373-1384.	1.2	23
238	A test-retest assessment of the effects of mental load on ratings of affect, arousal and perceived exertion during submaximal cycling. <i>Journal of Sports Sciences</i> , 2018, 36, 2521-2530.	1.0	5

#	ARTICLE	IF	CITATIONS
239	Acute effects of outdoor and indoor exercise on feelings of energy and fatigue in people with depressive symptoms. <i>Journal of Environmental Psychology</i> , 2018, 56, 91-96.	2.3	13
240	Behavioral and Neural Evidence of the Rewarding Value of Exercise Behaviors: A Systematic Review. <i>Sports Medicine</i> , 2018, 48, 1389-1404.	3.1	77
241	High intensity interval training negatively affects mood state in professional athletes. <i>Science and Sports</i> , 2018, 33, e151-e157.	0.2	9
242	The Psychophysiological Determinants of Pacing Behaviour and Performance During Prolonged Endurance Exercise: A Performance Level and Competition Outcome Comparison. <i>Sports Medicine</i> , 2018, 48, 2387-2400.	3.1	16
243	Pilot Test of an Acceptance-Based Behavioral Intervention to Promote Physical Activity During Weight Loss Maintenance. <i>Behavioral Medicine</i> , 2018, 44, 77-87.	1.0	14
244	Interval training elicits higher enjoyment versus moderate exercise in persons with spinal cord injury. <i>Journal of Spinal Cord Medicine</i> , 2018, 41, 77-84.	0.7	36
245	Psychological demands experienced by recreational endurance athletes. <i>International Journal of Sport and Exercise Psychology</i> , 2018, 16, 415-430.	1.1	38
246	Attending to Timely Contingencies: Promoting Physical Activity Uptake Among Adults with Serious Mental Illness with an Exercise-For-Mood vs. an Exercise-For-Fitness Prescription. <i>Behavioral Medicine</i> , 2018, 44, 108-115.	1.0	6
247	Effects of television on enjoyment of exercise in college students. <i>International Journal of Sport and Exercise Psychology</i> , 2018, 16, 657-669.	1.1	3
248	An Examination of Exercise-Induced Feeling States and Their Association With Future Participation in Physical Activity Among Older Adults. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 52-60.	0.5	3
249	Positive affective processes underlie positive health behaviour change. <i>Psychology and Health</i> , 2018, 33, 77-97.	1.2	177
250	Effect of carbohydrate ingestion during cycling exercise on affective valence and activation in recreational exercisers. <i>Journal of Sports Sciences</i> , 2018, 36, 340-347.	1.0	2
251	Repeated Effects of Vigorous Interval Training in Basketball, Running-Biking, and Boxing on the Physical Self-Perceptions of Obese Adolescents. <i>Journal of Applied Sport Psychology</i> , 2018, 30, 64-82.	1.4	4
252	Comparison of Acute Physiological and Psychological Responses Between Moderate-Intensity Continuous Exercise and Three Regimes of High-Intensity Interval Training. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2130-2138.	1.0	73
253	Opioid Release after High-Intensity Interval Training in Healthy Human Subjects. <i>Neuropsychopharmacology</i> , 2018, 43, 246-254.	2.8	83
254	Health resources, ageing and physical activity: a study of physically active women aged 69-75 years. <i>Qualitative Research in Sport, Exercise and Health</i> , 2018, 10, 206-222.	3.3	12
255	Glucose response to exercise in the postprandial period is independent of exercise intensity. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 939-946.	1.3	15
256	The acute physiological effects of high- and low-velocity resistance exercise in older adults. <i>European Journal of Ageing</i> , 2018, 15, 311-319.	1.2	2

#	ARTICLE	IF	CITATIONS
257	Affective Adaptation to Repeated SIT and MICT Protocols in Insulin-Resistant Subjects. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 18-27.	0.2	17
258	Sport activities in daily routine. <i>German Journal of Exercise and Sport Research</i> , 2018, 48, 26-39.	1.0	13
259	Strength, Affect Regulation, and Subcortical Morphology in Military Pilots. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 722-728.	0.2	6
260	Sticking with it? Factors associated with exercise adherence in people with mild to moderate depression. <i>Psychology of Sport and Exercise</i> , 2018, 35, 104-110.	1.1	13
261	Using the Intervention Mapping and Behavioral Intervention Technology Frameworks: Development of an mHealth Intervention for Physical Activity and Sedentary Behavior Change. <i>Health Education and Behavior</i> , 2018, 45, 331-348.	1.3	38
262	Conflating Time and Energy: Views From Older Adults in Lower Socioeconomic Status Areas on Physical Activity. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 506-513.	0.5	8
263	Exercise is medicine? Most of the time for most; but not always for all. <i>Qualitative Research in Sport, Exercise and Health</i> , 2018, 10, 441-456.	3.3	35
264	That feeling I get: Examination of the exercise intensity-affect-enjoyment relationship. <i>Psychology of Sport and Exercise</i> , 2018, 35, 39-46.	1.1	10
265	Psychological and Psychophysiological Effects of Recuperative Music Postexercise. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 739-746.	0.2	17
266	Affectiveâ€œReflective Theory of physical inactivity and exercise. <i>German Journal of Exercise and Sport Research</i> , 2018, 48, 48-58.	1.0	316
267	The perceptual responses to high-velocity, low-load and low-velocity, high-load resistance exercise in older adults. <i>Journal of Sports Sciences</i> , 2018, 36, 1594-1601.	1.0	12
268	Meaningful weight loss in obese postmenopausal women: a pilot study of high-intensity interval training and wearable technology. <i>Menopause</i> , 2018, 25, 465-470.	0.8	21
269	Dopaminergic Genetic Variants and Voluntary Externally Paced Exercise Behavior. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 700-708.	0.2	14
270	Influence of Resistance Exercise on Appetite and Affect Following Pre-Sleep Feeding. <i>Sports</i> , 2018, 6, 172.	0.7	1
271	Ratings of Perceived Exertion Misclassify Intensities for Sedentary Older Adults During Graded Cycling Test: Effect of Supramaximal High-Intensity Interval Training. <i>Frontiers in Physiology</i> , 2018, 9, 1505.	1.3	6
272	Psychophysiological characterization of different capoeira performances in experienced individuals: A randomized controlled trial. <i>PLoS ONE</i> , 2018, 13, e0207276.	1.1	3
273	Anaerobic Exercise Training in the Therapy of Substance Use Disorders: A Systematic Review. <i>Frontiers in Psychiatry</i> , 2018, 9, 644.	1.3	19
274	Sprint Interval Training and Continuous Aerobic Exercise Training Have Similar Effects on Exercise Motivation and Affective Responses to Exercise in Patients With Major Depressive Disorders: A Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2018, 9, 694.	1.3	26

#	ARTICLE	IF	CITATIONS
275	An Investigation Into How Motivational Factors Differed Among Individuals Engaging in CrossFit Training. <i>SAGE Open</i> , 2018, 8, 215824401880313.	0.8	7
276	Dynamics of pleasure-displeasure at the limit of exercise tolerance: conceptualizing the sense of exertional physical fatigue as an affective response. <i>Journal of Experimental Biology</i> , 2019, 222, .	0.8	27
277	Development of a Self-Determination Theory-Based Physical Activity Intervention for Aged Care Workers: Protocol for the Activity for Well-being Program. <i>Frontiers in Public Health</i> , 2018, 6, 341.	1.3	11
278	Endurance Exercise Enhances Emotional Valence and Emotion Regulation. <i>Frontiers in Human Neuroscience</i> , 2018, 12, 398.	1.0	22
279	Intrinsic Motivation Mediates the Association Between Exercise-Associated Affect and Physical Activity Among Adolescents. <i>Frontiers in Psychology</i> , 2018, 9, 1151.	1.1	10
280	Effect of a 12-Week Online Walking Intervention on Health and Quality of Life in Cancer Survivors: A Quasi-Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2081.	1.2	30
281	Age-specific affective responses and self-efficacy to acute high-intensity interval training and continuous exercise in insufficiently active young and middle-aged men. <i>Journal of Exercise Science and Fitness</i> , 2018, 16, 106-111.	0.8	17
282	Recovery Habits: A Habit Perspective on Recovery from Substance Use Disorder. , 2018, , 305-322.		1
283	In the Zone: An Exploration of Personal Characteristics Underlying Affective Responses to Heavy Exercise. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 249-258.	0.7	13
284	Goals Matter: Exercising for Well-Being But Not Health or Appearance Predicts Future Exercise Among Parents. <i>Journal of Physical Activity and Health</i> , 2018, 15, 857-865.	1.0	13
285	Acute and chronic effects of hot water immersion on inflammation and metabolism in sedentary, overweight adults. <i>Journal of Applied Physiology</i> , 2018, 125, 2008-2018.	1.2	59
286	Brief aerobic exercise immediately enhances visual attentional control and perceptual speed. Testing the mediating role of feelings of energy. <i>Acta Psychologica</i> , 2018, 191, 25-31.	0.7	16
287	Individual Differences in the Competence for Physical-Activity-Related Affect Regulation Moderate the Activityâ€Affect Association in Real-Life Situations. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 196-205.	0.7	26
288	Enhancing the acute psychological benefits of green exercise: An investigation of expectancy effects. <i>Psychology of Sport and Exercise</i> , 2018, 39, 213-221.	1.1	25
289	Predictors of change in affect in response to high intensity interval exercise (HIIE) and sprint interval exercise (SIE). <i>Physiology and Behavior</i> , 2018, 196, 211-217.	1.0	17
290	Psychological and Behavioral Responses to Interval and Continuous Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 2110-2121.	0.2	54
291	Exercise is medicine: critical considerations in the qualitative research landscape. <i>Qualitative Research in Sport, Exercise and Health</i> , 2018, 10, 391-399.	3.3	27
292	Comparison of the acute effects of traditional versus high velocity resistance training on metabolic, cardiovascular, and psychophysiological responses in elderly hypertensive women. <i>Clinical Interventions in Aging</i> , 2018, Volume 13, 1331-1340.	1.3	13

#	ARTICLE	IF	CITATIONS
293	Avoiding sedentary behaviors requires more cortical resources than avoiding physical activity: An EEG study. <i>Neuropsychologia</i> , 2018, 119, 68-80.	0.7	61
294	Experiencing Nature through Immersive Virtual Environments: Environmental Perceptions, Physical Engagement, and Affective Responses during a Simulated Nature Walk. <i>Frontiers in Psychology</i> , 2017, 8, 2321.	1.1	128
295	Acute Bouts of Exercising Improved Mood, Rumination and Social Interaction in Inpatients With Mental Disorders. <i>Frontiers in Psychology</i> , 2018, 9, 249.	1.1	39
296	Hypoxia Worsens Affective Responses and Feeling of Fatigue During Prolonged Bed Rest. <i>Frontiers in Psychology</i> , 2018, 9, 362.	1.1	7
297	Self-Selected and Prescribed Intensity Exercise to Improve Physical Activity Among Inactive Retirees. <i>Western Journal of Nursing Research</i> , 2018, 40, 1301-1318.	0.6	3
298	Mood State Changes Accompanying the Crossfit Openâ„¢ Competition in Healthy Adults. <i>Sports</i> , 2018, 6, 67.	0.7	13
299	Neuromuscular and perceptual responses to moderate-intensity incline, level and decline treadmill exercise. <i>European Journal of Applied Physiology</i> , 2018, 118, 2039-2053.	1.2	13
300	Increasing studentsâ€™ physical activity during school physical education: rationale and protocol for the SELF-FIT cluster randomized controlled trial. <i>BMC Public Health</i> , 2018, 18, 11.	1.2	21
301	Impact of active and passive social facilitation on self-paced endurance and sprint exercise: encouragement augments performance and motivation to exercise. <i>BMJ Open Sport and Exercise Medicine</i> , 2018, 4, e000368.	1.4	39
302	Exercise as a buffer against difficulties with emotion regulation: A pathway to emotional wellbeing. <i>Behaviour Research and Therapy</i> , 2018, 109, 29-36.	1.6	63
303	Saddle Height and Cadence Effects on the Physiological, Perceptual, and Affective Responses of Recreational Cyclists. <i>Perceptual and Motor Skills</i> , 2018, 125, 923-938.	0.6	6
304	A program evaluation of an in-school daily physical activity initiative for children and youth. <i>BMC Public Health</i> , 2018, 18, 1023.	1.2	15
305	â€œMy Best Memory Is When I Was Done with Itâ€• PE Memories Are Associated with Adult Sedentary Behavior. <i>Translational Journal of the American College of Sports Medicine</i> , 2018, 3, 119-129.	0.3	64
306	Individual Differences in Negative Affectivity and Physical Activity in Adolescents: An Ecological Momentary Assessment Study. <i>Journal of Child and Family Studies</i> , 2018, 27, 2772-2779.	0.7	17
307	Affective and enjoyment responses in high intensity interval training and continuous training: A systematic review and meta-analysis. <i>PLoS ONE</i> , 2018, 13, e0197124.	1.1	110
308	The acute effects of resistance exercise on affect, anxiety, and mood â€“ practical implications for designing resistance training programs. <i>International Review of Sport and Exercise Psychology</i> , 2019, 12, 295-324.	3.1	22
309	Promoting physical activity in rural Australian adults using an online intervention. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 70-75.	0.6	12
310	Self-Limiting Progressive Intensity to Promote Initiation and Maintenance of Physical Activity. <i>Activities, Adaptation and Aging</i> , 2019, 43, 186-194.	1.7	0

#	ARTICLE	IF	CITATIONS
311	Perceived treadmill function is correlated with enjoyment of use in trained runners: A user-centred approach. <i>Applied Ergonomics</i> , 2019, 74, 37-40.	1.7	1
312	Self-regulation in endurance sports: theory, research, and practice. <i>International Review of Sport and Exercise Psychology</i> , 2019, 12, 235-264.	3.1	43
313	Comparison of Psychological and Physiological Responses to Imposed vs. Self-selected High-Intensity Interval Training. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 2945-2952.	1.0	18
314	An Exploratory Study on Determinants of Regular Group Indoor Cycling Participation in Black and White Adults. <i>SAGE Open</i> , 2019, 9, 215824401986356.	0.8	0
315	Affective Responses From Different Modalities of Resistance Exercise: Timing Matters!. <i>Frontiers in Sports and Active Living</i> , 2019, 1, 5.	0.9	10
316	A 12-Week Pilot Exercise Program for Inactive Adults With Celiac Disease: Study Protocol. <i>Global Advances in Health and Medicine</i> , 2019, 8, 216495611985377.	0.7	11
317	Comparison of perceptual responses between different upper-body sprint interval exercise protocols. <i>Physiology and Behavior</i> , 2019, 210, 112626.	1.0	5
318	Conceptualizing and intervening on affective determinants of health behaviour. <i>Psychology and Health</i> , 2019, 34, 1267-1281.	1.2	58
319	The Limits of Cognitive Reappraisal: Changing Pain Valence, but not Persistence, during a Resistance Exercise Task. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3739.	1.2	5
320	Coffee Ingestion Improves 5 km Cycling Performance in Men and Women by a Similar Magnitude. <i>Nutrients</i> , 2019, 11, 2575.	1.7	14
321	High Intensity Long Interval Sets Provides Similar Enjoyment as Continuous Moderate Intensity Exercise. The TromsÅ, Exercise Enjoyment Study. <i>Frontiers in Psychology</i> , 2019, 10, 1788.	1.1	9
322	Rewiring the Addicted Brain Through a Psychobiological Model of Physical Exercise. <i>Frontiers in Psychiatry</i> , 2019, 10, 600.	1.3	21
323	<p>Acute antihypertensive effect of self-selected exercise intensity in older women with hypertension: a crossover trial</p>. <i>Clinical Interventions in Aging</i> , 2019, Volume 14, 1407-1418.	1.3	9
324	Self-reported tolerance of the intensity of exercise influences affective responses to and intentions to engage with high-intensity interval exercise. <i>Journal of Sports Sciences</i> , 2019, 37, 1472-1480.	1.0	13
325	Implementing a school-based physical activity program: process evaluation and impact on teachersâ€™ confidence, perceived barriers and self-perceptions. <i>Physical Education and Sport Pedagogy</i> , 2019, 24, 233-248.	1.8	16
326	Modality-specific training adaptations â€ do they lead to a dampened acute inflammatory response to exercise?. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 965-972.	0.9	1
327	Why are cyclists the happiest commuters? Health, pleasure and the e-bike. <i>Journal of Transport and Health</i> , 2019, 14, 100569.	1.1	63
328	Physical activity as an adjunct treatment for erectile dysfunction. <i>Nature Reviews Urology</i> , 2019, 16, 553-562.	1.9	19

#	ARTICLE	IF	CITATIONS
329	A Comparison of the Effects of 45-minute Aerobic Training and Cognitive Task Solving on Transient Mood States in a Female Student Sample. <i>Applied Psychology: Health and Well-Being</i> , 2019, 11, 499-521.	1.6	8
330	Interplay Between Workload and Functional Perceptual-Cognitive-Affective Responses: An Inclusive Model. <i>Journal of Sport and Exercise Psychology</i> , 2019, 41, 107-118.	0.7	7
331	Exercise Science and Child Health: A Tale of Many Journeys. <i>Pediatric Exercise Science</i> , 2019, 31, 164-174.	0.5	6
332	Enjoyment and affective responses to two regimes of high intensity interval training in inactive women with obesity. <i>European Journal of Sport Science</i> , 2019, 19, 1377-1385.	1.4	16
333	Exercise Testing of Adolescents and Young Adults With Sickle Cell Disease: Perceptual Responses and the Gas Exchange Threshold. <i>Journal of Pediatric Oncology Nursing</i> , 2019, 36, 310-320.	1.5	4
334	Neuromuscular and Perceptual Responses to Sub-Maximal Eccentric Cycling. <i>Frontiers in Physiology</i> , 2019, 10, 354.	1.3	20
335	Affect and prefrontal hemodynamics during exercise under immersive audiovisual stimulation: Improving the experience of exercise for overweight adults. <i>Journal of Sport and Health Science</i> , 2019, 8, 325-338.	3.3	30
336	The Absolute and Relative Reliability of Psychophysiological Responses to Self-Selected Exercise Intensity in Elderly Women. <i>Research Quarterly for Exercise and Sport</i> , 2019, 90, 270-275.	0.8	1
337	Can Sprint Interval Training (SIT) Improve the Psychological and Physiological Health of Adolescents with SMI?. <i>Evidence-Based Practice in Child and Adolescent Mental Health</i> , 2019, 4, 219-234.	0.7	1
338	Effects of low-load resistance training with blood flow restriction on the perceived exertion, muscular resistance and endurance in healthy young adults. <i>Sport Sciences for Health</i> , 2019, 15, 503-510.	0.4	7
339	Is improved fitness following a 12-week exercise program associated with decreased symptom severity, better wellbeing, and fewer sleep complaints in patients with major depressive disorders? A secondary analysis of a randomized controlled trial. <i>Journal of Psychiatric Research</i> , 2019, 113, 58-64.	1.5	23
340	Examining a training effect on the state anxiety response to an acute bout of exercise in low and high anxious individuals. <i>Journal of Affective Disorders</i> , 2019, 247, 29-35.	2.0	17
341	Does sex mediate the affective response to high intensity interval exercise?. <i>Physiology and Behavior</i> , 2019, 204, 27-32.	1.0	9
342	Improving Active Gaming's Energy Expenditure in Healthy Adults Using Structured Playing Instructions for the Nintendo Wii and Xbox Kinect. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 549-558.	1.0	12
343	I Can See It in Your Face. Affective Valuation of Exercise in More or Less Physically Active Individuals. <i>Frontiers in Psychology</i> , 2019, 10, 2901.	1.1	8
344	Effect of acute high-intensity interval cycling while viewing a virtual natural scene on mood and eating behavior in men: A randomized pilot trial. <i>Clinical Nutrition Experimental</i> , 2019, 28, 92-101.	2.0	9
345	Physical activity promotion in daily exercise therapy: the perspectives of exercise therapists in German rehabilitation settings. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2019, 11, 28.	0.7	14
346	Optimal Approach to Load Progressions during Strength Training in Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 2224-2233.	0.2	28

#	ARTICLE	IF	CITATIONS
347	Can people self-select an exercise intensity sufficient to enhance muscular strength during weight training?. <i>Medicine (United States)</i> , 2019, 98, e17290.	0.4	3
348	Affective responses to and automatic affective valuations of physical activity: Fifty years of progress on the seminal question in exercise psychology. <i>Psychology of Sport and Exercise</i> , 2019, 42, 130-137.	1.1	83
349	Sprint Interval Training and the School Curriculum: Benefits Upon Cardiorespiratory Fitness, Physical Activity Profiles, and Cardiometabolic Risk Profiles of Healthy Adolescents. <i>Pediatric Exercise Science</i> , 2019, 31, 296-305.	0.5	17
350	Internal consistency and validity of measures of automatic exercise associations. <i>Psychology of Sport and Exercise</i> , 2019, 43, 4-15.	1.1	22
351	Peak oxygen uptake measured during a perceptually-regulated exercise test is reliable in community-based manual wheelchair users. <i>Journal of Sports Sciences</i> , 2019, 37, 701-707.	1.0	1
352	Physical activity in secure settings: A scoping review of methods, theory and practise. <i>Mental Health and Physical Activity</i> , 2019, 16, 80-95.	0.9	10
353	Short-Term Psychological and Physiological Effects of Varying the Volume of High-Intensity Interval Training in Healthy Men. <i>Perceptual and Motor Skills</i> , 2019, 126, 119-142.	0.6	3
354	Psychological responses, muscle damage, inflammation, and delayed onset muscle soreness to high-intensity interval and moderate-intensity continuous exercise in overweight men. <i>Physiology and Behavior</i> , 2019, 199, 200-209.	1.0	23
355	Physical Exercise in Major Depression: Reducing the Mortality Gap While Improving Clinical Outcomes. <i>Frontiers in Psychiatry</i> , 2018, 9, 762.	1.3	107
356	Effects of chronotype and time of day on mood responses to CrossFit training. <i>Chronobiology International</i> , 2019, 36, 237-249.	0.9	18
357	Testing the influence of negative and positive emotion on future health-promoting behaviors in a community sample. <i>Motivation and Emotion</i> , 2019, 43, 285-298.	0.8	18
358	A twin study on the correlates of voluntary exercise behavior in adolescence. <i>Psychology of Sport and Exercise</i> , 2019, 40, 99-109.	1.1	3
359	Effects of high-intensity functional circuit training on motor function and sport motivation in healthy, inactive adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 144-153.	1.3	33
360	Physical Activity Preferences Among Older Adults: A Systematic Review. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 128-139.	0.5	57
361	The effects of power and stretch yoga on affect and salivary cortisol in women. <i>Journal of Health Psychology</i> , 2019, 24, 1658-1667.	1.3	26
362	Is a general or specific exercise recommendation more effective for promoting physical activity among postpartum mothers?. <i>Journal of Health Psychology</i> , 2019, 24, 964-978.	1.3	14
363	Physical Test to Estimate Suitable Workloads for an Exercise Program in Breast Cancer Survivors. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 3593-3599.	1.0	0
364	Age Moderates the Effect of Self-Paced Exercise on Exercise Adherence among Overweight Adults. <i>Journal of Aging and Health</i> , 2020, 32, 154-161.	0.9	8

#	ARTICLE	IF	CITATIONS
365	Affective responses to supervised 10-week programs of resistance exercise in older adults. <i>Journal of Sport and Health Science</i> , 2020, 9, 604-613.	3.3	10
366	Being physically active through chronic illness: life experiences of people with arthritis. <i>Qualitative Research in Sport, Exercise and Health</i> , 2020, 12, 242-255.	3.3	11
367	Predicting Engagement With Online Walking Promotion Among Metropolitan and Rural Cancer Survivors. <i>Cancer Nursing</i> , 2020, 43, 52-59.	0.7	10
368	Why do they do it? Differences in high-intensity exercise-affect between those with higher and lower intensity preference and tolerance. <i>Psychology of Sport and Exercise</i> , 2020, 47, 101521.	1.1	25
369	Affective and perceptual responses during reduced-exertion high-intensity interval training (REHIT). <i>International Journal of Sport and Exercise Psychology</i> , 2020, 18, 717-732.	1.1	12
370	Similar perceptual responses to reduced exertion high intensity interval training (REHIT) in adults differing in cardiorespiratory fitness. <i>Physiology and Behavior</i> , 2020, 213, 112687.	1.0	10
371	Modulation of cortical and subcortical brain areas at low and high exercise intensities. <i>British Journal of Sports Medicine</i> , 2020, 54, 110-115.	3.1	25
372	High-intensity interval neuromuscular training promotes exercise behavioral regulation, adherence and weight loss in inactive obese women. <i>European Journal of Sport Science</i> , 2020, 20, 783-792.	1.4	23
373	Progressively increasing the intensity of eccentric cycling over four training sessions: A feasibility study in coronary heart disease patients. <i>Annals of Physical and Rehabilitation Medicine</i> , 2020, 63, 241-244.	1.1	9
374	The iReAct study – A biopsychosocial analysis of the individual response to physical activity. <i>Contemporary Clinical Trials Communications</i> , 2020, 17, 100508.	0.5	13
375	Mindfulness Versus Distraction to Improve Affective Response and Promote Cardiovascular Exercise Behavior. <i>Annals of Behavioral Medicine</i> , 2020, 54, 423-435.	1.7	14
376	Short Sprints Accumulated at School Modulate Postprandial Metabolism in Boys. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 67-76.	0.2	4
377	Effects of exergaming in postmenopausal women with high cardiovascular risk: A randomized controlled trial. <i>Clinical Cardiology</i> , 2020, 43, 363-370.	0.7	20
378	Accuracy of reproduction of physical training load is not associated with resting heartbeat perception in healthy individuals. <i>Biological Psychology</i> , 2020, 150, 107831.	1.1	16
379	Rating of Perceived Effort: Methodological Concerns and Future Directions. <i>Sports Medicine</i> , 2020, 50, 679-687.	3.1	61
380	Physical Activity-Related Health Competence, Physical Activity, and Physical Fitness: Analysis of Control Competence for the Self-Directed Exercise of Adolescents. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 39.	1.2	34
381	Poor reporting of physical activity and exercise interventions in youth mental health trials: A brief report. <i>Microbial Biotechnology</i> , 2021, 15, 1414-1422.	0.9	4
382	When Pandemic Hits: Exercise Frequency and Subjective Well-Being During COVID-19 Pandemic. <i>Frontiers in Psychology</i> , 2020, 11, 570567.	1.1	116

#	ARTICLE	IF	CITATIONS
383	Dissimilar perceptual response between trained women and men in resistance training to concentric failure: A quasi-experimental study. <i>Journal of Bodywork and Movement Therapies</i> , 2020, 24, 527-535.	0.5	2
384	Effects of Two Community-Based Exercise Programs on Adherence, Cardiometabolic Markers, and Body Composition in Older People with Cardiovascular Risk Factors: A Prospective Observational Cohort Study. <i>Journal of Personalized Medicine</i> , 2020, 10, 176.	1.1	1
385	Negative effects of blood flow restriction on perceptual responses to walking in healthy young adults: A pilot study. <i>Heliyon</i> , 2020, 6, e04745.	1.4	6
386	Physical activity level and perceived exertion predict in-task affective valence to low-volume high-intensity interval exercise in adult males. <i>Physiology and Behavior</i> , 2020, 224, 112960.	1.0	6
387	The Effect of Resistance Exercise Movement Tempo on Psychophysiological Responses in Novice Men. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1264-1273.	1.0	6
388	Role of exercise in managing substance use disorders. <i>The Prescriber</i> , 2020, 31, 15-19.	0.1	3
390	Travel, health and well-being: A focus on past studies, a special issue, and future research. <i>Journal of Transport and Health</i> , 2020, 19, 100973.	1.1	6
391	Network Analysis of the Social Environment Relative to Preference for and Tolerance of Exercise Intensity in CrossFit Gyms. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8370.	1.2	6
392	Motivation States for Physical Activity and Sedentary Behavior: Desire, Urge, Wanting, and Craving. <i>Frontiers in Psychology</i> , 2020, 11, 568390.	1.1	19
393	Affective Determinants of Physical Activity: A Conceptual Framework and Narrative Review. <i>Frontiers in Psychology</i> , 2020, 11, 568331.	1.1	72
394	Affect and Exercise. , 2020, , .		1
395	Analysis of physiological changes related to emotions during a zipline activity. <i>Sports Engineering</i> , 2020, 23, 1.	0.5	3
396	The effect of environmental factors and physical activity on emotions and attention while walking and jogging. <i>Journal of Leisure Research</i> , 2020, , 1-23.	1.0	8
397	Process evaluation of the receipt of an exercise intervention for fatigued employees: the role of exposure and exercise experiences. <i>European Journal of Work and Organizational Psychology</i> , 2020, , 1-17.	2.2	3
398	Selecting music for exercise: The music preferences of UK exercisers. <i>Cogent Psychology</i> , 2020, 7, 1802928.	0.6	0
399	The Influence of an Enriched Sport Program on Children's Sport Motivation in the School Context: The ESA PROGRAM. <i>Frontiers in Psychology</i> , 2020, 11, 601000.	1.1	5
400	Using Bodyweight as Resistance Can Be a Promising Avenue to Promote Interval Training: Enjoyment Comparisons to Treadmill-Based Protocols. <i>Research Quarterly for Exercise and Sport</i> , 2020, , 1-9.	0.8	4
401	Dissociable Effects of Executive Load on Perceived Exertion and Emotional Valence during Submaximal Cycling. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5576.	1.2	5

#	ARTICLE	IF	CITATIONS
402	Cardioceptive accuracy is associated with arousal but not with valence and perceived exertion under physical load. <i>Psychophysiology</i> , 2020, 57, e13620.	1.2	13
403	Integrating high-intensity interval training into the workplace: The Work-HIIT pilot RCT. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 2445-2455.	1.3	20
404	Short-Term Effect of Self-Selected Training Intensity on Ambulatory Blood Pressure in Hypertensive Older Women: A Randomized Controlled Trial. <i>Clinical Interventions in Aging</i> , 2020, Volume 15, 1449-1460.	1.3	1
405	Physical Activity Counseling for Adults with Hypertension: A Randomized Controlled Pilot Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6076.	1.2	7
406	Device-measured sedentary behaviour and anxiety symptoms during adolescence: a 6-year prospective cohort study. <i>Psychological Medicine</i> , 2022, 52, 2962-2971.	2.7	9
407	The Use of Virtual Reality to Influence Motivation, Affect, Enjoyment, and Engagement During Exercise: A Scoping Review. <i>Frontiers in Virtual Reality</i> , 2020, 1, .	2.5	42
408	The circumplex model of affect in physical activity contexts: a systematic review. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 168-201.	1.1	24
409	Commentaries on Viewpoint: Time to reconsider how ventilation is regulated above the respiratory compensation point during incremental exercise. <i>Journal of Applied Physiology</i> , 2020, 128, 1450-1455.	1.2	1
410	Exercise-related factors that influence post-exercise energy intake: A psychological perspective. <i>Journal of Science and Medicine in Sport</i> , 2020, 23, 1068-1073.	0.6	6
411	Aerobic exercise enhances positive emotional reactivity in individuals with depressive symptoms: Evidence from neural responses to reward and emotional content. <i>Mental Health and Physical Activity</i> , 2020, 19, 100339.	0.9	11
412	Motivations, barriers and preferences to exercise among overweight and obese desk-based employees. <i>International Journal of Sport and Exercise Psychology</i> , 2021, 19, 723-737.	1.1	4
413	The effect of low-volume high-intensity interval training on cardiometabolic health and psychological responses in overweight/obese middle-aged men. <i>Journal of Sports Sciences</i> , 2020, 38, 1997-2004.	1.0	27
414	Exercise interventions for mental disorders in young people: a scoping review. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000678.	1.4	14
415	Motivational processes during physical endurance tasks. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 1769-1776.	1.3	11
417	Effect of Acute Exercise on Prefrontal Oxygenation and Inhibitory Control Among Male Children With Autism Spectrum Disorder: An Exploratory Study. <i>Frontiers in Behavioral Neuroscience</i> , 2020, 14, 84.	1.0	18
419	Enable, Reconnect and Augment: A New ERA of Virtual Nature Research and Application. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1738.	1.2	50
420	Does Emotion Regulation Predict Gains in Exercise-Induced Fitness? A Prospective Mixed-Effects Study with Elite Helicopter Pilots. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4174.	1.2	1
421	Affective responses to climbing exercises in children and adolescents during in-patient treatment for mental health disorders a pilot study on acute effects of different exercise interventions. <i>Psychiatry Research</i> , 2020, 291, 113245.	1.7	12

#	ARTICLE	IF	CITATIONS
422	Ratings of affective valence closely track changes in oxygen uptake: Application to high-intensity interval exercise. <i>Performance Enhancement and Health</i> , 2020, 7, 100158.	0.8	17
423	Biopsychosocial correlates of physical activity and sedentary time in adults with severe obesity. <i>Clinical Obesity</i> , 2020, 10, e12355.	1.1	7
424	A systematic review and meta-analysis of affective responses to acute high intensity interval exercise compared with continuous moderate- and high-intensity exercise. <i>Health Psychology Review</i> , 2021, 15, 540-573.	4.4	41
425	Affect and exertion during incremental physical exercise: Examining changes using automated facial action analysis and experiential self-report. <i>PLoS ONE</i> , 2020, 15, e0228739.	1.1	20
426	Affective and Enjoyment Responses to Short-Term High-Intensity Interval Training with Low-Carbohydrate Diet in Overweight Young Women. <i>Nutrients</i> , 2020, 12, 442.	1.7	8
427	Motivation to CrossFit training: a narrative review. <i>Sport Sciences for Health</i> , 2020, 16, 195-206.	0.4	13
428	Affective Outcomes of Group versus Lone Green Exercise Participation. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 624.	1.2	9
429	Physical Inactivity: A Behavioral Disorder in the Physical Therapist's Scope of Practice. <i>Physical Therapy</i> , 2020, 100, 743-746.	1.1	18
430	Conceptualizing Health Behaviors as Acute Mood-Altering Agents: Implications for Cancer Control. <i>Cancer Prevention Research</i> , 2020, 13, 343-350.	0.7	8
431	Exert more and feel better, not worse?: Examining links among changes in exertion, feelings of accomplishment, and feeling states. <i>Psychology of Sport and Exercise</i> , 2020, 48, 101657.	1.1	4
432	Capturing the perspectives of women with coronary artery disease regarding interval training or continuous exercise in cardiac rehabilitation. <i>Disability and Rehabilitation</i> , 2022, 44, 68-78.	0.9	4
433	Incentive sensitization for exercise reinforcement to increase exercise behaviors. <i>Journal of Health Psychology</i> , 2021, 26, 2487-2504.	1.3	5
434	Physical activity and exercise in youth mental health promotion: a scoping review. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000677.	1.4	140
435	The affective interval: An investigation of the peaks and valleys during high- and moderate-intensity interval exercise in regular exercisers. <i>Psychology of Sport and Exercise</i> , 2020, 49, 101686.	1.1	13
436	Positive Affective and Enjoyment Responses to Four High-Intensity Interval Exercise Protocols. <i>Perceptual and Motor Skills</i> , 2020, 127, 742-765.	0.6	10
437	Viability of high intensity interval training in persons with spinal cord injury—a perspective review. <i>Spinal Cord</i> , 2021, 59, 3-8.	0.9	10
438	Ready Exerciser One : Effects of music and virtual reality on cycle ergometer exercise. <i>British Journal of Health Psychology</i> , 2021, 26, 15-32.	1.9	16
439	Effect of a Time-Efficient Physical Activity Intervention on Senior School Students' On-Task Behaviour and Subjective Vitality: the "Burn 2 Learn" Cluster Randomised Controlled Trial. <i>Educational Psychology Review</i> , 2021, 33, 299-323.	5.1	33

#	ARTICLE	IF	CITATIONS
440	Prime Movers: Effects of Subliminal Primes, Music, and Music Video on Psychological Responses to Exercise. <i>Annals of Behavioral Medicine</i> , 2021, 55, 112-122.	1.7	7
441	Same-day, cross-day, and upward spiral relations between positive affect and positive health behaviours. <i>Psychology and Health</i> , 2021, 36, 444-460.	1.2	19
442	Effects of four exercise orders on perceived exertion, feeling, and arousal in older women following 12 weeks of resistance training. <i>Science and Sports</i> , 2021, 36, 176-178.	0.2	3
443	Descriptive analysis of university-student music preferences during different forms of physical activity. <i>Psychology of Music</i> , 2021, 49, 177-192.	0.9	2
444	Associations between physical activity and core affects within and across days: a daily diary study. <i>Psychology and Health</i> , 2021, 36, 43-58.	1.2	5
445	Employee Physical Activity: A Multidisciplinary Integrative Review. <i>Journal of Management</i> , 2021, 47, 144-170.	6.3	22
446	Body surveillance and affective judgments of physical activity in daily life. <i>Body Image</i> , 2021, 36, 127-133.	1.9	9
447	A genetic perspective on the association between exercise and mental health in the era of genome-wide association studies. <i>Mental Health and Physical Activity</i> , 2021, 20, 100378.	0.9	7
448	Effects of Self-selected Resistance Training on Physical Fitness and Psychophysiological Responses in Physically Inactive Older Women: A Randomized Controlled Study. <i>Perceptual and Motor Skills</i> , 2021, 128, 467-491.	0.6	10
449	Psychological variables of CrossFit participants: a systematic review. <i>Sport Sciences for Health</i> , 2021, 17, 21-41.	0.4	24
450	From the Body to the Brain: The Biological Background. , 2021, , 41-73.		0
451	The effects of local versus systemic passive heating on the acute inflammatory, vascular and glycaemic response. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 1-11.	0.9	8
452	Research on the Emotion Regulation Effect of Home Sports Based on Social Media Data Analysis and Online Experimental Investigation. , 2021, , .		0
453	Effects of different verbal commands on perceptual, affective, and physiological responses during running. <i>Motriz Revista De Educacao Fisica</i> , 0, 27, .	0.3	0
454	The Bright Side of Body Sensations. , 2021, , 343-364.		2
455	What Can We Sense? Interoceptive Accuracy. , 2021, , 75-164.		2
456	Within-Person Variation of Affective Well-Being during and after Exercise: Does the Personâ€™Exercise Fit Matter?. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 549.	1.2	5
457	Affective responses to exercise: Measurement considerations for practicing professionals. , 0, , 271-293.		11

#	ARTICLE	IF	CITATIONS
458	Physical Activity in Relation to Wellbeing Among Newly Arrived Refugees in Sweden: A Quantitative Study. <i>Frontiers in Public Health</i> , 2020, 8, 532883.	1.3	10
459	Effect of a 7-week low intensity synchronous handcycling training programme on physical capacity in abled-bodied women. <i>Journal of Sports Sciences</i> , 2021, 39, 1472-1480.	1.0	5
460	Exploring the physical and psychosocial experience of Immersion Therapy for people living with a disability. <i>F1000Research</i> , 0, 10, 135.	0.8	2
461	Effects of Acute Exercise on Anxiety Ratings in Patients With Coronary Heart Disease and Elevated Anxiety. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2021, Publish Ahead of Print, 277-281.	1.2	5
462	Grants: The Good, the Bad, the Ugly, and the Puzzling. <i>Kinesiology Review</i> , 2021, 10, 18-28.	0.4	0
463	Feasibility of high dose medical exercise therapy in patients with long-term symptomatic knee osteoarthritis. <i>Physiotherapy Theory and Practice</i> , 2022, 38, 1615-1623.	0.6	2
464	Mental well-being profiles and physical activity in times of social isolation by the COVID-19: a latent class analysis. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 436-450.	1.1	11
465	Flow dynamics during incremental velocity running. <i>Journal of Complexity in Health Sciences</i> , 0, , .	0.5	0
466	Physiological and Perceptual Responses to Self-Selected Exercise Pace on A Track Versus Treadmill. <i>International Journal of Strength and Conditioning</i> , 2021, 1, .	0.2	1
467	Comparative effectiveness of an adult social physical play versus traditional group exercise program for adherence and fitness: Protocol for a randomized-controlled trial. <i>Contemporary Clinical Trials Communications</i> , 2021, 21, 100736.	0.5	2
468	Exploring determinants of recalled in-task affective valence during recreational exercise. <i>Physiology and Behavior</i> , 2021, 230, 113261.	1.0	5
469	Increased Cardiopulmonary Fitness Is Associated with a Greater Reduction in Depression among People Who Underwent Bariatric Surgery. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2508.	1.2	1
470	Proposal for a Fitness Program in the School Setting during the COVID 19 Pandemic: Effects of an 8-Week CrossFit Program on Psychophysical Well-Being in Healthy Adolescents. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3141.	1.2	15
471	Stay True to Your Workout: Does Repeated Physical Testing Boost Exercise Attendance? A One-Year Follow-Up Study. <i>Journal of Sports Science and Medicine</i> , 2021, 20, 35-44.	0.7	2
472	Preference for and tolerance of the intensity of exercise questionnaire (PRETIE-Q): validity, reliability and gender invariance in Portuguese health club exercisers. <i>Current Psychology</i> , 0, , 1.	1.7	10
473	High versus Low-Moderate Intensity Exercise Training Program as an Adjunct to Antihypertensive Medication: A Pilot Clinical Study. <i>Journal of Personalized Medicine</i> , 2021, 11, 291.	1.1	2
474	The Theory of Effort Minimization in Physical Activity. <i>Exercise and Sport Sciences Reviews</i> , 2021, 49, 168-178.	1.6	65
475	High-Intensity Interval Exercise Performance and Short-Term Metabolic Responses to Overnight-Fasted Acute-Partial Sleep Deprivation. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3655.	1.2	3

#	ARTICLE	IF	CITATIONS
476	Internalized weight bias is associated with perceived exertion and affect during exercise in a sample with higher body weight. <i>Obesity Science and Practice</i> , 2021, 7, 405-414.	1.0	0
477	Cognitiveâ€“Perceptualâ€“Affectiveâ€“Motivational Dynamics During Incremental Workload Accounting for Exertion Tolerance. <i>Journal of Sport and Exercise Psychology</i> , 2021, 43, 178-190.	0.7	2
478	Exercise-induced euphoria and anxiolysis do not depend on endogenous opioids in humans. <i>Psychoneuroendocrinology</i> , 2021, 126, 105173.	1.3	26
479	Better together: The impact of exercising with a romantic partner. <i>Journal of Social and Personal Relationships</i> , 2021, 38, 3078-3096.	1.4	4
480	Women's exercise identity increases after a 16-week exercise RCT and is linked to behavior maintenance at follow-up. <i>Psychology of Sport and Exercise</i> , 2021, 54, 101888.	1.1	5
481	Changes in affect from mid-intensity exercise. <i>Journal of Inclusion Phenomena and Macrocyclic Chemistry</i> , 2021, 101, 353.	0.9	0
482	Did You Enjoy It? The Role of Intensity-Trait Preference/Tolerance in Basic Psychological Needs and Exercise Enjoyment. <i>Frontiers in Psychology</i> , 2021, 12, 682480.	1.1	8
483	Does Attentional Focus Influence Psychophysiological Responses to an Acute Bout of Exercise? Evidence From an Experimental Study Using a Repeated-Measures Design. <i>Frontiers in Physiology</i> , 2021, 12, 680149.	1.3	2
484	Exercise intensity assessment and prescription in cardiovascular rehabilitation and beyond: why and how: a position statement from the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology. <i>European Journal of Preventive Cardiology</i> , 2022, 29, 230-245.	0.8	111
485	Impact of replacing sedentary behaviour with other movement behaviours on depression and anxiety symptoms: a prospective cohort study in the UK Biobank. <i>BMC Medicine</i> , 2021, 19, 133.	2.3	33
486	Body focus and cardioceptive accuracy are not associated with physical performance and perceived fatigue in a sample of individuals with regular physical activity. <i>Psychophysiology</i> , 2021, 58, e13880.	1.2	4
487	Neural Efficiency and Ability to Produce Accurate Efforts in Different Perceived Intensity Zones. <i>Applied Psychophysiology Biofeedback</i> , 2021, 46, 335-345.	1.0	2
488	Applying P-Technique Factor Analysis to Explore Person-Specific Models of Readiness-to-Exercise. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 685813.	0.9	2
489	Affective Change With Variations in Zumba Fitness Intensity as Measured by a Smartwatch. <i>Perceptual and Motor Skills</i> , 2021, 128, 2255-2278.	0.6	4
491	Improvement of Emotional Response to Negative Stimulations With Moderate-Intensity Physical Exercise. <i>Frontiers in Psychology</i> , 2021, 12, 656598.	1.1	5
492	Effects of Exercise Structure and Modality on Physiological and Perceptual Responses to Exercise. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2427-2432.	1.0	4
493	Direct and Stress-Buffering Effects of COVID-19-Related Changes in Exercise Activity on the Well-Being of German Sport Students. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7117.	1.2	4
494	A randomized controlled trial of exercise on augmenting the effects of cognitive remediation in persons with severe mental illness. <i>Journal of Psychiatric Research</i> , 2021, 139, 38-46.	1.5	9

#	ARTICLE	IF	CITATIONS
495	Improvements in vascular function in response to acute lower limb heating in young healthy males and females. <i>Journal of Applied Physiology</i> , 2021, 131, 277-289.	1.2	11
496	Exploring the acute affective responses to resistance training: A comparison of the predetermined and the estimated repetitions to failure approaches. <i>PLoS ONE</i> , 2021, 16, e0256231.	1.1	6
497	Physical activity and interoceptive processing: Theoretical considerations for future research. <i>International Journal of Psychophysiology</i> , 2021, 166, 38-49.	0.5	33
498	Different Endurance Exercise Modalities, Different Affective Response: A Within-Subject Study. <i>Frontiers in Psychology</i> , 2021, 12, 686661.	1.1	6
499	Physical Activity Intensity, Perceived Exertion, and Enjoyment During Head-Mounted Display Virtual Reality Games. <i>Games for Health Journal</i> , 2021, 10, 314-320.	1.1	9
500	Acute Responses to Cycling Exercise With Blood Flow Restriction During Various Intensities. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 3366-3373.	1.0	3
501	Affective and Enjoyment Responses to Sprint Interval Exercise at Different Hypoxia Levels. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8171.	1.2	3
502	Efficacy of the Motivational Interviewingâ€“Walk Intervention for Chemotherapy-Induced Peripheral Neuropathy and Quality of Life During Oxaliplatin Treatment. <i>Cancer Nursing</i> , 2022, 45, E531-E544.	0.7	5
503	Sedentary work and participation in leisureâ€“time physical activity. <i>International Archives of Occupational and Environmental Health</i> , 2022, 95, 509-525.	1.1	3
504	Psychobiological Mechanisms Underlying the Mental Health Benefits of Yoga-Based Interventions: a Narrative Review. <i>Mindfulness</i> , 2021, 12, 2877-2889.	1.6	14
505	Rethinking physical exercise training in the modern era of cystic fibrosis: A step towards optimising short-term efficacy and long-term engagement. <i>Journal of Cystic Fibrosis</i> , 2022, 21, e83-e98.	0.3	17
506	Adaptive High-Intensity Exergaming: The More Enjoyable Alternative to Conventional Training Approaches Despite Working Harder. <i>Games for Health Journal</i> , 2021, 10, 400-407.	1.1	6
507	Acute affective responses to highâ€“intensity interval exercise: Implications on the use of different stimulusâ€“recovery amplitudes. <i>European Journal of Sport Science</i> , 2022, 22, 1775-1785.	1.4	2
508	Changes in craving following acute aerobic exercise in adults with alcohol use disorder. <i>Journal of Psychiatric Research</i> , 2021, 142, 243-249.	1.5	9
509	Health behaviors and mental health during the COVID-19 pandemic: A longitudinal population-based survey in Germany. <i>Social Science and Medicine</i> , 2021, 287, 114333.	1.8	84
510	The effects of a single session of mindful exercise on anxiety: A systematic review and meta-analysis. <i>Mental Health and Physical Activity</i> , 2021, 21, 100403.	0.9	12
511	When American Adults Do Move, How Do They Do So? Trends in Physical Activity Intensity, Type, and Modality: 1988â€“2017. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1181-1198.	1.0	4
512	How One Feels During Resistance Exercises: A Repetition-by-Repetition Analysis Across Exercises and Loads. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 135-144.	1.1	10

#	ARTICLE	IF	CITATIONS
513	Strategies to facilitate more pleasant exercise experiences. , 0, , 242-270.		11
514	Exercise video games are associated with more positive affective response, which predicts physical activity adherence. <i>Psychology of Sport and Exercise</i> , 2021, 52, 101802.	1.1	5
515	Are the Recommended Physical Activity Guidelines Practical and Realistic for Older People With Complex Medical Issues?. <i>Journal of Geriatric Physical Therapy</i> , 2021, 44, 2-8.	0.6	9
516	Cognitive, affective, and global attitude toward physical activity with different intensities. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 551-568.	1.1	2
517	Enjoyment and acceptability of different exercise modalities to improve bone health in young adult women. <i>Health Promotion Journal of Australia</i> , 2020, 31, 369-380.	0.6	2
518	The Multidimensionality of Pleasure in Later Life Physical Activity. , 2015, , 101-112.		7
519	How Can the Health System Benefit from Increasing Participation in Sport, Exercise and Physical Activity?. , 2016, , 29-52.		4
520	Psychosocial Benefits and Aspects of Physical Activity. , 2020, , 1-8.		1
521	The Shrinking Black Box of Human Biology. , 2016, , 311-326.		1
522	Sport, Wohlbefinden und psychische Gesundheit. , 2020, , 551-579.		9
527	Perceived social integration predicts future physical activity through positive affect and spontaneous thoughts.. <i>Emotion</i> , 2020, 20, 1074-1083.	1.5	8
528	What to expect when youâ€™re exercising: An experimental test of the anticipated affectâ€™exercise relationship.. <i>Health Psychology</i> , 2017, 36, 309-319.	1.3	44
529	Affective response during physical activity: Within-subject differences across phases of behavior change.. <i>Health Psychology</i> , 2018, 37, 915-923.	1.3	18
530	Modeling longitudinal variation in affective response to exercise across a 16-week randomized control trial (RCT).. <i>Health Psychology</i> , 2021, 40, 928-939.	1.3	5
531	Worksite physical activity intervention and somatic symptoms burden: The role of coworker support for basic psychological needs and autonomous motivation.. <i>Journal of Occupational Health Psychology</i> , 2019, 24, 55-65.	2.3	18
532	No pain, no gain? Recovery and strenuousness of physical activity.. <i>Journal of Occupational Health Psychology</i> , 2019, 24, 499-511.	2.3	20
533	National franchise membersâ€™ perceptions of the exercise psychosocial environment, ownership, and satisfaction.. <i>Sport, Exercise, and Performance Psychology</i> , 2017, 6, 188-198.	0.6	4
534	Perceptions of groupness during fitness classes positively predict recalled perceptions of exertion, enjoyment, and affective valence: An intensive longitudinal investigation.. <i>Sport, Exercise, and Performance Psychology</i> , 2019, 8, 290-304.	0.6	26

#	ARTICLE	IF	CITATIONS
535	Do exercisers maximize their pleasure by default? Using prompts to enhance the affective experience of exercise.. Sport, Exercise, and Performance Psychology, 2020, 9, 405-417.	0.6	5
536	Development and initial validation of Sport Experiences Questionnaire (SEQ). Journal of Leisure Research, 2019, 50, 132-156.	1.0	6
537	Increasing the Pleasure and Enjoyment of Exercise: A Novel Resistance-Training Protocol. Journal of Sport and Exercise Psychology, 2020, 42, 143-152.	0.7	15
538	Perceptions of Ability Mediate the Effect of Motor Coordination on Aerobic and Musculoskeletal Exercise Performance in Young Children at Risk for Developmental Coordination Disorder. Journal of Sport and Exercise Psychology, 2020, 42, 407-416.	0.7	2
539	Development and Evaluation of the High-Intensity Interval Training Self-Efficacy Questionnaire. Journal of Sport and Exercise Psychology, 2020, 42, 114-122.	0.7	10
540	No Differences in Active Young Adults's™ Affective Valence or Enjoyment Between Rowing and Cycling. Perceptual and Motor Skills, 2020, 127, 555-570.	0.6	3
541	From a Vital Sign to Vitality: Selling Exercise So Patients Want to Buy It. Current Sports Medicine Reports, 2016, 15, 276-281.	0.5	33
542	Development of a Cadence-based Metabolic Equation for Walking. Medicine and Science in Sports and Exercise, 2021, 53, 165-173.	0.2	5
544	Self-selected exercise intensity for inactive hypertensive older women: a pilot study. Revista Brasileira De Atividade Física E Saãde, 0, 24, 1-9.	0.1	1
545	Continuous and High-Intensity Interval Training: Which Promotes Higher Pleasure?. PLoS ONE, 2013, 8, e79965.	1.1	121
546	Acute Effects of Brisk Walking on Sugary Snack Cravings in Overweight People, Affect and Responses to a Manipulated Stress Situation and to a Sugary Snack Cue: A Crossover Study. PLoS ONE, 2015, 10, e0119278.	1.1	15
547	Feeling of Pleasure to High-Intensity Interval Exercise Is Dependent of the Number of Work Bouts and Physical Activity Status. PLoS ONE, 2016, 11, e0152752.	1.1	84
548	Psychometric Properties of the Physical Activity Questionnaire for Older Children in Italy: Testing the Validity among a General and Clinical Pediatric Population. PLoS ONE, 2016, 11, e0156354.	1.1	38
549	High-Intensity Interval Training Elicits Higher Enjoyment than Moderate Intensity Continuous Exercise. PLoS ONE, 2017, 12, e0166299.	1.1	195
550	Affective responses in mountain hiking" A randomized crossover trial focusing on differences between indoor and outdoor activity. PLoS ONE, 2017, 12, e0177719.	1.1	69
551	Exergaming: Feels good despite working harder. PLoS ONE, 2017, 12, e0186526.	1.1	31
552	Affect during incremental exercise: The role of inhibitory cognition, autonomic cardiac function, and cerebral oxygenation. PLoS ONE, 2017, 12, e0186926.	1.1	26
553	Training intensity and improvements in exercise capacity in elderly patients undergoing European cardiac rehabilitation " the EU-CaRE multicenter cohort study. PLoS ONE, 2020, 15, e0242503.	1.1	11

#	ARTICLE	IF	CITATIONS
554	Comparison of the Affective Responses to Continuous Training and High-Intensity Interval Training Protocols. <i>Journal of Strength and Conditioning Research</i> , 2020, Publish Ahead of Print, .	1.0	6
555	Potential Utility of Self-Report Measures of Affect to Optimise Exercise Adherence in People with Type 2 Diabetes. <i>Current Diabetes Reviews</i> , 2019, 15, 302-308.	0.6	6
556	Progressive high-intensity interval training (HIIT) is not superior to unmodified non-progressive HIIT in an uncontrolled setting. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 59, 2022-2029.	0.4	2
557	Evidence-based recommendations to assist adults with depression to become lifelong movers. <i>Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice</i> , 2020, 40, 299-308.	0.8	5
558	Acute Effects of an Afterschool Running and Reading Program on Executive Functioning in Children: An Exploratory Study. <i>Frontiers in Public Health</i> , 2020, 8, 593916.	1.3	2
559	Understanding the Experiences of Heavy Smokers after Exercise. <i>Health</i> , 2015, 07, 1622-1633.	0.1	2
560	Perceived Exertion, Heart Rate, and other Non-Invasive Methods for Exercise Testing and Intensity Control. , 2018, , 464-499.		7
561	Enhancing our understanding of physical activity and wellbeing with a lifespan perspective. <i>International Journal of Wellbeing</i> , 2013, 3, 98-115.	1.5	30
562	Assessing the effect of physical activity and exercise on nurses' well-being. <i>Nursing Standard (Royal Tj ETQq0 0,0 rgBT /Qverlock 10</i>	0.1	11
563	Sport tut gut?! <i>Bewegung und Wohlbefinden</i> . , 2021, , 379-391.		1
564	A Game Design Framework for Alleviating Negative Emotions of Cancer Patients. , 2021, , .		0
565	The Impact of Sub-maximal Exercise on Neuropathic Pain, Inflammation, and Affect Among Adults With Spinal Cord Injury: A Pilot Study. <i>Frontiers in Rehabilitation Sciences</i> , 2021, 2, .	0.5	3
566	Comparison Between the Effects of Continuous and Intermittent Light-Intensity Aerobic Dance Exercise on Mood and Executive Functions in Older Adults. <i>Frontiers in Aging Neuroscience</i> , 2021, 13, 723243.	1.7	11
567	Single Session and Short-Term Exercise for Mental Health Promotion in Tertiary Students: A Scoping Review. <i>Sports Medicine - Open</i> , 2021, 7, 72.	1.3	7
568	Future Directions in Health and Fitness. <i>Studies in History and Philosophy of Science</i> , 2015, , 1065-1077.	0.1	1
570	Measurement of Affect: From Theoretical and Instrumental Perspectives. <i>Psychology Research (Libertyville, Ill)</i> , 2015, 05, .	0.0	1
571	<i>Sportwissenschaftliche Grundlagen</i> . , 2016, , 95-123.		2
572	<i>Schlaf, kÃ¶rperliche AktivitÃt und Stress</i> . , 2016, , 1-24.		0

#	ARTICLE	IF	CITATIONS
574	Physical exercise, cognitive performance, affective responses and mental health: challenges and perspectives.. Revista De Educaçãõ Fásica / Journal of Physical Education, 2017, 86, .	0.2	0
575	Schlaf, körperliche Aktivität und Stress. , 2018, , 293-310.		0
577	Sport tut gut?! Bewegung und Wohlbefinden. , 2019, , 1-13.		0
578	Physical Activity and Perceived Health: Can Time Diary Measures of Momentary Well-Being Inform the Association?. , 2018, 2018, 1-22.		1
579	Understanding and promoting physical activity adherence.. , 2019, , 241-270.		0
580	Advances in Psychological Science, 2019, 27, 1058-1071.	0.2	3
582	Feasibility of Aerobic Interval Training in Nonambulant Persons after Stroke. Bioengineered, 2019, 8, 97-101.	1.4	1
583	Acute Effects of Resistance-Exercise Intensity in Depressed Black/African Americans Living With HIV: A Randomized Pilot Study. Journal of Sport and Exercise Psychology, 2019, 41, 261-270.	0.7	2
584	Sport, Krankheit und Verletzungen. , 2020, , 607-635.		0
585	Emotionen im Sport. , 2020, , 235-265.		1
586	Quality of Single-Case Designs Targeting Adults' Exercise and Physical Activity: A Systematic Review. Translational Journal of the American College of Sports Medicine, 2019, 4, 257-265.	0.3	0
587	The Shared Criticisms of Periodization Models and Behavior-Change Theories for Exercise: An Opportunity for Collaborative Advancement?. Kinesiology Review, 2020, 9, 170-178.	0.4	2
588	The Effects of Running Compared with Functional High-Intensity Interval Training on Body Composition and Aerobic Fitness in Female University Students. International Journal of Environmental Research and Public Health, 2021, 18, 11312.	1.2	10
589	Psychosocial Benefits and Aspects of Physical Activity. , 2020, , 1786-1794.		0
590	Vigorous Activity Usage of Self-Identified Leaders: A Descriptive Quantitative Analysis. Open Journal of Leadership, 2020, 09, 53-69.	0.2	0
591	Affective responses to different prescriptions of high-intensity interval exercise in hypertensive patients. Journal of Sports Medicine and Physical Fitness, 2020, 60, 308-313.	0.4	4
592	The Sentient, Skilled and Situated of Sustaining a Physical Activity Career: Pleasurable Interpretations of Corporeal Ambiguity. International Review for the Sociology of Sport, 0, , 101269022110535.	1.6	0
593	Semisupervised Physical Exercise and Lifestyle Counseling in Cardiometabolic Risk Management in Sedentary Adults: Controlled Randomized Trial (BELLUGAT). Journal of Physical Activity and Health, 2020, 17, 744-755.	1.0	3

#	ARTICLE	IF	CITATIONS
594	To Run or Not to Run? Automatic Evaluations and Reflective Attitudes Toward Exercise. <i>Journal of Sport and Exercise Psychology</i> , 2020, 42, 358-367.	0.7	9
595	Recall of Affective Responses to Exercise: Examining the Influence of Intensity and Time. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 573525.	0.9	5
596	An enjoyable distraction during exercise augments the positive effects of exercise on mood. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 266-70.	0.7	10
597	Determining Dimensionality of Exercise Readiness Using Exploratory Factor Analysis. <i>Journal of Sports Science and Medicine</i> , 2016, 15, 229-38.	0.7	8
598	Psycho-Physiological Responses of Obese Adolescents to an Intermittent Run Test Compared with a 20-M Shuttle Run. <i>Journal of Sports Science and Medicine</i> , 2016, 15, 451-459.	0.7	7
599	Psycho-Physiological Effects of Television Viewing During Exercise. <i>Journal of Sports Science and Medicine</i> , 2016, 15, 524-531.	0.7	4
600	Assessing Energy Level as a Marker of Aerobic Exercise Readiness: A Pilot Investigation. <i>International Journal of Exercise Science</i> , 2017, 10, 62-75.	0.5	3
601	Mindfulness and Affective Responses to Treadmill Walking in Individuals with Low Intrinsic Motivation to Exercise. <i>International Journal of Exercise Science</i> , 2018, 11, 609-624.	0.5	9
602	Physiological and Psychological Responses during Low-Volume High-Intensity Interval Training Sessions with Different Work-Recovery Durations. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 181-190.	0.7	8
603	Development of the Physical Activity Tracking Preference Questionnaire. <i>International Journal of Exercise Science</i> , 2019, 12, 297-309.	0.5	3
604	Physiological Responses to Active Video Games Compared to Treadmill Walking and TV Watching in Obese Children and Adolescents. <i>International Journal of Exercise Science</i> , 2021, 14, 519-532.	0.5	0
605	Estimating the Lactate Threshold Using Wireless Near-Infrared Spectroscopy and Threshold Detection Analyses. <i>International Journal of Exercise Science</i> , 2021, 14, 284-294.	0.5	1
606	Cognitive and psychosocial effects of an acute sun salutation intervention among adults with stress. <i>Mental Health and Physical Activity</i> , 2022, 22, 100431.	0.9	3
607	Slow and Steady, or Hard and Fast? A Systematic Review and Meta-Analysis of Studies Comparing Body Composition Changes between Interval Training and Moderate Intensity Continuous Training. <i>Sports</i> , 2021, 9, 155.	0.7	14
608	Children's Enjoyment, Perceived Competency, and Vigorous Physical Activity During High-Intensity Interval Training in Physical Education. <i>Research Quarterly for Exercise and Sport</i> , 2022, 93, 835-844.	0.8	1
609	A Study Using Power Cycling on the Affective Responses of a Low-Volume High-Intensity Interval Training to Male Subjects with Type 2 Diabetes in Different Physical Activity Status. <i>Journal of Healthcare Engineering</i> , 2021, 2021, 1-9.	1.1	1
610	Nationale Empfehlungen für Bewegung und Bewegungsförderung bei Diabetes. <i>Public Health Forum</i> , 2021, 29, 331-334.	0.1	0
611	Impact of videos targeting intrinsic versus extrinsic motivation on exercise experience and effort. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 1795-1811.	1.1	2

#	ARTICLE	IF	CITATIONS
612	Anxiety Reduction and Emotional Responding After a Session of Yoga. <i>World Journal of Yoga, Physical Therapy and Rehabilitation</i> , 2019, 1, .	0.0	1
613	Aerobic Capacity Determines Habitual Walking Acceleration, Not Electromyography-Indicated Relative Effort. <i>Journal for the Measurement of Physical Behaviour</i> , 2022, 5, 32-41.	0.5	1
614	Acute effect of different resistance training loads on perceived effort and affectivity in older women: a cross-over and randomized study. <i>Aging Clinical and Experimental Research</i> , 2022, 34, 1333-1339.	1.4	2
615	Can regular physical exercise be a treatment for panic disorder? A systematic review. <i>Expert Review of Neurotherapeutics</i> , 2022, 22, 53-64.	1.4	2
616	Disturbance of desireâ€ goal motivational dynamics during different exercise intensity domains. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 798-806.	1.3	8
617	Effects of exercise in non-treatment seeking adults with alcohol use disorder: A three-armed randomized controlled trial (FitForChange). <i>Drug and Alcohol Dependence</i> , 2022, 232, 109266.	1.6	7
618	Influence of imagery-based suggestions on performance during the training of professional firefighters. <i>Journal of Imagery Research in Sport and Physical Activity</i> , 2022, 17, .	1.1	0
619	Increasing motivation and game performance of children in basketball classes using video applications. <i>Current Psychology</i> , 0, , 1.	1.7	0
620	Scaling-Up Adolescent High-Intensity Interval Training Programs for Population Health. <i>Exercise and Sport Sciences Reviews</i> , 2022, 50, 128-136.	1.6	9
621	Effects of Verbal Encouragement and Performance Feedback on Physical Fitness in Young Adults. <i>Sustainability</i> , 2022, 14, 1753.	1.6	6
622	The Effects of Various Stimuli on Motivation and Physical Fitness of Physically Active and Non-Active Students. <i>Annals of Applied Sport Science</i> , 2021, 9, 0-0.	0.4	4
623	Acute Perceptive Responses to 2 Combined Training Methods in Adolescents: A Crossover Study. <i>Pediatric Exercise Science</i> , 2022, , 1-10.	0.5	0
624	Positive Implicit Associations for Physical Activity Predict Physical Activity and Affective Responses During Exercise. <i>Journal of Sport and Exercise Psychology</i> , 2022, , 1-8.	0.7	0
625	The Unifying Theory of Physical Activity. <i>Quest</i> , 2022, 74, 180-204.	0.8	8
626	Attenuated Metabolic and Cardiorespiratory Responses to Isoenergetic High-Intensity Interval Exercise of Short Versus Long Bouts. <i>Medicine and Science in Sports and Exercise</i> , 2022, 54, 1199-1209.	0.2	4
627	Enjoyment as a Predictor of Exercise Habit, Intention to Continue Exercising, and Exercise Frequency: The Intensity Traits Discrepancy Moderation Role. <i>Frontiers in Psychology</i> , 2022, 13, 780059.	1.1	21
628	Motivations, barriers and exercise preferences among female undergraduates: A need assessment analysis. <i>PLoS ONE</i> , 2022, 17, e0264158.	1.1	6
629	Empirical links between emotions and listening to music mid- and post-exercise. <i>Psychology of Music</i> , 2022, 50, 2063-2076.	0.9	2

#	ARTICLE	IF	CITATIONS
630	Breath Tools: A Synthesis of Evidence-Based Breathing Strategies to Enhance Human Running. <i>Frontiers in Physiology</i> , 2022, 13, 813243.	1.3	14
632	The Effects of High-Intensity Multimodal Training in Apparently Healthy Populations: A Systematic Review. <i>Sports Medicine - Open</i> , 2022, 8, 43.	1.3	13
633	How to Investigate the Effect of Music on Breathing during Exercise: Methodology and Tools. <i>Sensors</i> , 2022, 22, 2351.	2.1	3
634	Affective Valence and Enjoyment in High- and Moderate-High Intensity Interval Exercise. The TromsÅ, Exercise Enjoyment Study. <i>Frontiers in Psychology</i> , 2022, 13, 825738.	1.1	3
635	A mixed-methods exploration of virtual reality as a tool to promote green exercise. <i>Scientific Reports</i> , 2022, 12, 5715.	1.6	7
636	Burpee Interval Training Is Associated With a More Favorable Affective Valence and Psychological Response Than Traditional High Intensity Exercise. <i>Perceptual and Motor Skills</i> , 2022, 129, 767-786.	0.6	3
637	A Physical Activity Program to Promote Mental Health. <i>Recreational Sports Journal</i> , 2022, 46, 31-41.	0.2	2
638	Rethinking aerobic exercise intensity prescription in adults with spinal cord injury: time to end the use of "moderate to vigorous" intensity?. <i>Spinal Cord</i> , 2022, 60, 484-490.	0.9	12
639	Acute Physiological Responses to Moderate-Intensity Continuous, High-Intensity Interval, and Variable-Intensity Intermittent Exercise. <i>Research Quarterly for Exercise and Sport</i> , 2023, 94, 82-91.	0.8	2
640	A Review of Cognitive Changes During Acute Aerobic Exercise. <i>Frontiers in Psychology</i> , 2021, 12, 653158.	1.1	16
641	Mobile Application Framework for Monitoring Target Heart Rate Zone During Physical Exercise Using Deep Learning. , 2021, , .		1
642	Serum and plasma brain-derived neurotrophic factor concentration are elevated by systemic but not local passive heating. <i>PLoS ONE</i> , 2021, 16, e0260775.	1.1	2
643	The Importance of Individual Choice and Intention in Exercise Adherence and Weight Management. <i>Journal of Obesity and Metabolic Syndrome</i> , 2021, 30, 317-319.	1.5	3
644	Des formes diffĂ©renciĂ©es de rĂ©ception dĂ©actions de prĂ©vention de lĂ©obĂ©sitiĂ©. LĂ©exemple dĂ©un programme de sport-santĂ© Ă destination dĂ©Ătudiants obĂ©ses. <i>Revue Francaise Des Affaires Sociales</i> , 2020, , 51-67.	0.0	0
645	Effects of Different Low-Intensity Exercise Types on Duration, Energy Expenditure and Perceived Exertion in Obese Individuals. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4893.	1.2	1
646	Influence of HIIRT With Fixed and Self-Selected Recovery Intervals on Physiological, Affective, and Enjoyment Responses. <i>Research Quarterly for Exercise and Sport</i> , 2023, 94, 678-686.	0.8	2
647	Virtual reality exergaming improves affect during physical activity and reduces subsequent food consumption in inactive adults. <i>Appetite</i> , 2022, 175, 106058.	1.8	4
648	Mental Fatigue Prior to Aerobic Exercise Reduces Exercise Pleasure and Negatively Affects Implicit Attitudes Toward Future Exercise. <i>Perceptual and Motor Skills</i> , 2022, 129, 816-832.	0.6	3

#	ARTICLE	IF	CITATIONS
649	Physical activity always benefits employees, right? Examining the role of physical activity type, grit, stress, and career satisfaction. <i>Journal of Management and Organization</i> , 0, , 1-19.	1.6	0
650	Physiological, perceptual and affective responses to high-intensity interval training using two work-matched programs with different bout duration in obese males. <i>Journal of Exercise Science and Fitness</i> , 2022, 20, 199-205.	0.8	2
657	Physical activity for young people with mental illness. , 2022, , 73-78.		0
658	Yoga and mental health. , 2022, , 251-260.		1
659	Psychological Adaptations to High-Intensity Interval Training in Overweight and Obese Adults: A Topical Review. <i>Sports</i> , 2022, 10, 64.	0.7	10
660	The preference for and tolerance of exercise intensity: An exploratory analysis of intensity discrepancy in health clubs settings. <i>Current Psychology</i> , 2023, 42, 20629-20637.	1.7	4
661	An Examination and Critique of Subjective Methods to Determine Exercise Intensity: The Talk Test, Feeling Scale, and Rating of Perceived Exertion. <i>Sports Medicine</i> , 2022, 52, 2085-2109.	3.1	21
662	High-intensity interval training elicits more enjoyment and positive affective valence than moderate-intensity training over a 12-week intervention in overweight young women. <i>Journal of Exercise Science and Fitness</i> , 2022, 20, 249-255.	0.8	5
663	The acute affective response to physical activity in people with depression: A meta-analysis. <i>Journal of Affective Disorders</i> , 2022, 311, 353-363.	2.0	8
664	A Comparison of Acute Effects of Climbing Therapy with Nordic Walking for Inpatient Adults with Mental Health Disorder: A Clinical Pilot Trial. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 6767.	1.2	2
665	Effects of Outdoor Walking on Positive and Negative Affect: Nature Contact Makes a Big Difference. <i>Frontiers in Behavioral Neuroscience</i> , 2022, 16, .	1.0	3
666	The Influence of Affective Priming on the Affective Response During Exercise: A Replication Study. <i>Journal of Sport and Exercise Psychology</i> , 2022, 44, 286-294.	0.7	2
667	Can acute exercise be more pleasant? Using audiovisual stimuli: A meta-analysis. <i>Applied Psychology: Health and Well-Being</i> , 0, , .	1.6	0
668	Dyspnea Is Attenuated by Auditory Distraction via Music with Headphones during Exercise in Healthy Individuals. <i>Medicine and Science in Sports and Exercise</i> , 2022, 54, 1973-1981.	0.2	2
669	Affective responses to resistance exercise: Toward a consensus on the timing of assessments. <i>Psychology of Sport and Exercise</i> , 2022, 62, 102223.	1.1	10
670	A Comparison of Affective Responses Between Time Efficient and Traditional Resistance Training. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	5
671	Exercise versus airway clearance techniques for people with cystic fibrosis. <i>The Cochrane Library</i> , 2022, 2022, .	1.5	9
672	Acute effect of physical exercise on negative affect in borderline personality disorder: A pilot study. <i>Clinical Psychology in Europe</i> , 2022, 4, .	0.5	1

#	ARTICLE	IF	CITATIONS
674	Anticipatory and Anticipated Emotions in Regular and Non-regular Exercisers – A Qualitative Study. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	6
675	Effects of Hatha Yoga and Resistance Exercise on Affect and State Anxiety in Women. <i>Translational Journal of the American College of Sports Medicine</i> , 2019, 4, 119-126.	0.3	3
676	Prescribing or co-designing exercise in healthy adults? Effects on mental health and interoceptive awareness. <i>Frontiers in Behavioral Neuroscience</i> , 0, 16, .	1.0	2
677	The effect of Tai chi on positive-activated affect in adults: a systematic review and multilevel meta-analysis of randomised controlled trials. <i>International Journal of Sport and Exercise Psychology</i> , 2023, 21, 807-836.	1.1	0
678	The experience of a physical activity counseling intervention among people with major depression within the PACINPAT trial – A reflexive thematic analysis. <i>Mental Health and Physical Activity</i> , 2022, 23, 100464.	0.9	8
679	Acute aerobic exercise and attentional focus influence the self-positivity bias in emotional evaluation. Evidence from an experimental study. <i>Open Psychology</i> , 2022, 4, 187-204.	0.2	0
680	Tracking of Walking and Running for Exercise: Alignment Between Ecological Momentary Assessment and Accelerometer-Based Estimates. <i>Journal for the Measurement of Physical Behaviour</i> , 2022, 5, 156-167.	0.5	1
681	Testing and Optimizing Guided Thinking Tasks to Promote Physical Activity: Protocol for a Randomized Factorial Trial (Preprint). <i>JMIR Research Protocols</i> , 0, , .	0.5	0
683	Changes in Canadian Adolescent Time Use and Movement Guidelines During the Early COVID-19 Outbreak: A Longitudinal Prospective Natural Experiment Design. <i>Journal of Physical Activity and Health</i> , 2022, 19, 566-577.	1.0	5
684	Complexity of Running and Its Relationship with Joint Kinematics during a Prolonged Run. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 9656.	1.2	1
685	Changes in the Fitness Fatness Index following reduced exertion high-intensity interval training versus moderate-intensity continuous training in physically inactive adults. <i>Frontiers in Sports and Active Living</i> , 0, 4, .	0.9	0
686	Set to fail: Affective dynamics in a resistance training program designed to reach muscle concentric failure. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 1710-1723.	1.3	5
687	A single functional training session induces positive emotions and post-exercise hypotension. <i>Science and Sports</i> , 2022, 37, 498.e1-498.e9.	0.2	0
688	Depression severity and psychosocial determinants of physical activity behavior in in-patients with major depressive disorders. <i>Psychology of Sport and Exercise</i> , 2022, 63, 102294.	1.1	2
689	Physical effort biases the perceived pleasantness of neutral faces: A virtual reality study. <i>Psychology of Sport and Exercise</i> , 2022, 63, 102287.	1.1	2
691	Validity and Reliability of the Preference for and Tolerance of the Intensity of Exercise Questionnaire among Chinese College Students. <i>International Journal of Mental Health Promotion</i> , 2023, 25, 127-138.	0.4	3
692	Physical Activity Influences Cortisol and Dehydroepiandrosterone (Sulfate) Levels in Older Adults: A Systematic Review and Meta-Analysis. <i>Journal of Aging and Physical Activity</i> , 2023, 31, 330-351.	0.5	1
693	Extraordinary Claims in the Literature on High-Intensity Interval Training: II. Are the Extraordinary Claims Supported by Extraordinary Evidence?. <i>Kinesiology Review</i> , 2023, 12, 144-157.	0.4	2

#	ARTICLE	IF	CITATIONS
694	âœœHear the Music and My Spirits Lift!âœœPleasure and Ballroom Dancing for Community-Dwelling Older Adults. <i>Journal of Aging and Physical Activity</i> , 2023, 31, 276-288.	0.5	0
695	Are physical activity and nutrition linked to personality disorders? Health habits and personality disorders: A scoping review. <i>Personality and Mental Health</i> , 2023, 17, 147-156.	0.6	3
696	Effects of one long vs. two short resistance training sessions on training volume and affective responses in resistance-trained women. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	3
697	Investigating the relation between positive affective responses and exercise instigation habits in an affect-based intervention for exercise trainers: A longitudinal field study. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	3
698	Physical activity improves body image of sedentary adults. Exploring the roles of interoception and affective response. <i>Current Psychology</i> , 0, , .	1.7	1
699	Relative reinforcement from physical activity in real-world environments: a novel application of behavioral economics. <i>Journal of Behavioral Medicine</i> , 0, , .	1.1	0
700	Device-measured physical activity and incident affective disorders. <i>BMC Medicine</i> , 2022, 20, .	2.3	0
701	âœœFeeling GoodâœœAfter Exercise During a Weight Loss Program: Subjective Well-Being in Support of a Hedonic Paradigm. <i>Perceptual and Motor Skills</i> , 2023, 130, 434-460.	0.6	2
702	Increase in peak oxygen uptake and Andersen test performance in children from age six to ten: The Health Oriented Pedagogical Project (HOPP). <i>Frontiers in Physiology</i> , 0, 13, .	1.3	0
703	Association Between Device-Measured Physical Activity and Incident Heart Failure: A Prospective Cohort Study of 94â€‰%739 UK Biobank Participants. <i>Circulation</i> , 2022, 146, 883-891.	1.6	12
704	Opposite effect of basic combat training on mood state of recruits with different physical fitness: A study from perspective of fatigue. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	2
705	Affective Responses to Fitness Testing in College-Aged Women. <i>Women in Sport and Physical Activity Journal</i> , 2023, 31, 1-8.	1.0	0
706	Exercise Task Characteristics Influence Time Perception During Vigorous Exercise. <i>Timing and Time Perception</i> , 2022, 10, 1-17.	0.4	0
707	Physical activity volume, intensity, and incident cardiovascular disease. <i>European Heart Journal</i> , 2022, 43, 4789-4800.	1.0	28
708	Acute exercise on memory: application of the retrieval-induced forgetting paradigm. <i>Psychological Research</i> , 0, , .	1.0	1
709	The Effects of Physical Activity on Positive Emotions in Children and Adolescents: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 14185.	1.2	6
710	Donâ€™t stop focusing when it gets harder! The positive effects of focused attention on affective experience at high intensities. <i>Journal of Sports Sciences</i> , 2022, 40, 2018-2027.	1.0	2
711	Physical activity and subjective well-being of older adults during COVID-19 prevention and control normalization: Mediating role of outdoor exercise environment and regulating role of exercise form. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	4

#	ARTICLE	IF	CITATIONS
712	Testing the feasibility and acceptability of an Acceptance and Commitment Therapy intervention to increase physical activity among individuals with depression: A protocol paper. <i>Mental Health and Physical Activity</i> , 2022, 23, 100475.	0.9	0
713	The Effects of a Single Session of High Intensity Functional Training on Energy Expenditure, VO ₂ , and Blood Lactate. <i>Journal of Sports Science and Medicine</i> , 0, , 545-554.	0.7	2
714	Why people should run after positive affective experiences instead of health benefits. <i>Journal of Sport and Health Science</i> , 2022, , .	3.3	5
715	Longitudinal affective response to high-intensity interval training and moderate-intensity continuous training in overweight women with polycystic ovary syndrome: A randomised trial. <i>Psychology of Sport and Exercise</i> , 2023, 64, 102325.	1.1	2
716	Load Carriage and Physical Exertion Influence Soldier Emotional Responses. <i>Medicine and Science in Sports and Exercise</i> , 2022, 54, 2149-2157.	0.2	0
718	Experiencing good results promotes positive feelings to high-intensity exercise among young adults: A qualitative study. <i>Frontiers in Sports and Active Living</i> , 0, 4, .	0.9	1
719	Examining whether affectively-charged motivations predict subsequent affective response during physical activity: An ecological momentary assessment study. <i>Frontiers in Sports and Active Living</i> , 0, 4, .	0.9	2
720	Comprehensive evaluation of military training-induced fatigue among soldiers in China: A Delphi consensus study. <i>Frontiers in Public Health</i> , 0, 10, .	1.3	1
721	Comparative Perceptual, Affective, and Cardiovascular Responses between Resistance Exercise with and without Blood Flow Restriction in Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 16000.	1.2	4
722	Enrichment and Conflict Between Work and Health Behaviors: New Scales for Assessing How Work Relates to Physical Exercise and Healthy Eating. <i>Occupational Health Science</i> , 2023, 7, 251-296.	1.0	1
723	Effects of Aquatic versus Land High-Intensity Interval Training on Acute Cardiometabolic and Perceptive Responses in Healthy Young Women. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 16761.	1.2	0
724	The Acute Effects of Cognitively Demanding Physical Activity on Inhibitory and Affective Responses in Children: An Online-Based Mixed Methods Approach. <i>Children</i> , 2022, 9, 1896.	0.6	1
725	The Effect of Aerobic Fitness on Psychological, Attentional and Physiological Responses during a Tabata High-Intensity Interval Training Session in Healthy Young Women. <i>International Journal of Environmental Research and Public Health</i> , 2023, 20, 1005.	1.2	1
726	Effect of High-Intensity Interval, Moderate-Intensity Continuous, and Self-Selected Intensity Training on Health and Affective Responses. <i>Research Quarterly for Exercise and Sport</i> , 2024, 95, 31-46.	0.8	0
727	Predictors of Long-Term Exercise Engagement in Patients With Obsessive-Compulsive Disorder: The Role of Physical Activity Enjoyment. <i>Behavior Therapy</i> , 2023, 54, 610-622.	1.3	2
728	A systematic review of the effect of The Daily Mile [®] on children's physical activity, physical health, mental health, wellbeing, academic performance and cognitive function. <i>PLoS ONE</i> , 2023, 18, e0277375.	1.1	4
729	Frequency, intensity and duration of muscle strengthening activity and associations with mental health. <i>Journal of Affective Disorders</i> , 2023, 325, 41-47.	2.0	4
730	The Effects of Acute Resistance Exercise on Memory, Processing Speed, and Mood State After a Cognitive Challenge. <i>Journal of Strength and Conditioning Research</i> , 2023, 37, 1738-1745.	1.0	2

#	ARTICLE	IF	CITATIONS
731	Short-term outcomes of physical activity counseling in in-patients with Major Depressive Disorder: Results from the PACINPAT randomized controlled trial. <i>Frontiers in Psychiatry</i> , 0, 13, .	1.3	4
732	Does Exercise Modality Matter Affectively? Contrasting Type and Sequence of Moderate-Intensity Continuous Training Versus High-Intensity Interval Training in a Randomized Within-Subject Study. <i>Journal of Sports Science and Medicine</i> , 0, , 84-97.	0.7	0
733	Exploring the use of music to promote physical activity: From the viewpoint of psychological hedonism. <i>Frontiers in Psychology</i> , 0, 14, .	1.1	2
734	Influence of Resistance Training Proximity-to-Failure, Determined by Repetitions-in-Reserve, on Neuromuscular Fatigue in Resistance-Trained Males and Females. <i>Sports Medicine - Open</i> , 2023, 9, .	1.3	6
735	Humans have a basic physical and psychological need to move the body: Physical activity as a primary drive. <i>Frontiers in Psychology</i> , 0, 14, .	1.1	7
736	Factors impacting the anticipated pleasure of potential physical activity experiences: a conjoint investigation across involvement segments. <i>International Journal of Sport and Exercise Psychology</i> , 0, , 1-16.	1.1	1
737	Comparing a recommendation for self-paced versus moderate intensity physical activity for midlife adults: Rationale and design. <i>Contemporary Clinical Trials</i> , 2023, 128, 107169.	0.8	1
738	Exploring the impact of individualized pleasure-oriented exercise sessions in a health club setting: Protocol for a randomized controlled trial. <i>Psychology of Sport and Exercise</i> , 2023, 67, 102424.	1.1	1
739	Is There a Doseâ€“Response Relationship between High-Intensity Interval Exercise (HIIE) Intensity and Affective Valence? Analysis of Three HIIE Sessions Performed with Different Amplitudes. <i>International Journal of Environmental Research and Public Health</i> , 2023, 20, 2698.	1.2	1
740	The assessment of affective responses within exercise prescription: A narrative review. <i>International Journal of Sports Medicine</i> , 0, , .	0.8	0
741	Dissociations between coachesâ€™ fatigue rating, athletesâ€™ perceived fatigue, and objective training load. <i>International Journal of Sports Science and Coaching</i> , 2023, 18, 1003-1009.	0.7	0
743	Physical Activity, Subjective Well-Being and Mental Health. , 2023, , 649-678.		1
744	Emotions in Sport. , 2023, , 247-279.		1
745	Exercise, Health Disorders, and Injuries. , 2023, , 707-734.		0
746	Assessing Affective Valence and Activation in Stretching Activities with the Feeling Scale and the Felt Arousal Scale: A Systematic Review. <i>Perceptual and Motor Skills</i> , 0, , 003151252311602.	0.6	1
747	Effects of running-based versus body-weight-based high-intensity interval training on physical fitness in healthy adolescents. <i>Frontiers in Physiology</i> , 0, 14, .	1.3	2
748	Effect of home-based, overground robotic-assisted gait training on vascular health in people with chronic stroke. <i>Frontiers in Neurology</i> , 0, 14, .	1.1	1
749	EGZERSÄZ VE KEYÄ°F: ERGEN VE YETÄ°ÄŒKÄ°N SPORCULAR Ä°Ä†Ä°N Ä–LÄ†EK UYARLAMA Ä†ALIÄŒMASI. Ankara Ä°niversitesi Beden EÄŒitimi Ve Spor YÄ¼ksekokulu SPORMETRE Beden EÄŒitimi Ve Spor Bilimleri Dergisi, 2023, 21, 93-104.	0.2	0

#	ARTICLE	IF	CITATIONS
750	Differences in the prefrontal cortex responses of healthy young men performing either water-based or land-based exercise at light to moderate intensity. <i>Experimental Brain Research</i> , 2023, 241, 991-1000.	0.7	0
751	Effect of Constant vs. Variable Moderate-Intensity Load on Peak Oxygen Uptake in Outpatient Cardiac Rehabilitation. <i>Circulation Reports</i> , 2023, , .	0.4	0
752	Perceived Exertion Responses to Exercise Differ for Progressively Increasing and Decreasing Order of Intensity: A Crossover Design Study. <i>Annals of Applied Sport Science</i> , 2023, 11, 0-0.	0.4	0
790	Behavioral Change Techniques to Increase Adherence to Physical Activity in Severe Mental Disorders. <i>Advances in Psychology, Mental Health, and Behavioral Studies</i> , 2023, , 239-264.	0.1	0
812	Sportwissenschaftliche Grundlagen. , 2023, , 111-146.		0