

Does Participating in Physical Activity in Outdoor Natural Settings Have a Greater Effect on Physical and Mental Wellbeing than Physical Activity in Urban Settings? A Systematic Review

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Investigations at the Henry R. Carter Memorial Laboratory of the United States Public Health Service. <i>Journal of Economic Entomology</i> , 1946, 39, 15-17.	0.8	0
2	Mediterranean diet pyramid today. Science and cultural updates. <i>Public Health Nutrition</i> , 2011, 14, 2274-2284.	1.1	1,259
3	College of Medicine: A new vision of healthcare. <i>European Journal of Integrative Medicine</i> , 2011, 3, e255-e257.	0.8	0
4	The Whole Person and Psychological Well-Being. , 2011, , 65-77.		0
5	Moving Bodies: Open Gyms and Physical Activity in Santiago. <i>Journal of Urban Design</i> , 2012, 17, 485-497.	0.6	24
6	Descriptive Assessment of Exercise Program on Fitness and Correlates of Participation. <i>American Journal of Health Behavior</i> , 2012, 36, 647-654.	0.6	5
7	How, where and with whom? Physical activity context preferences of three adult groups at risk of inactivity. <i>British Journal of Sports Medicine</i> , 2012, 46, 1125-1131.	3.1	81
8	Sustainability of natural movement activity. <i>Sustainability: Science, Practice, and Policy</i> , 2012, 8, 54-60.	1.1	0
9	Mood changes in individuals who regularly participate in various forms of physical activity. <i>Human Movement</i> , 2012, 13, 170-177.	0.5	3
10	The effects of views of nature on autonomic control. <i>European Journal of Applied Physiology</i> , 2012, 112, 3379-3386.	1.2	123
11	Outdoor physical activity and self rated health in older adults living in two regions of the U.S.. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 89.	2.0	64
12	Vis Medicatrix naturae: does nature "minister to the mind"?. <i>BioPsychoSocial Medicine</i> , 2012, 6, 11.	0.9	40
13	Physical exercise through mountain hiking in high-risk suicide patients. A randomized crossover trial. <i>Acta Psychiatrica Scandinavica</i> , 2012, 126, 467-475.	2.2	59
14	Visual Color Perception in Green Exercise: Positive Effects on Mood and Perceived Exertion. <i>Environmental Science & Technology</i> , 2012, 46, 8661-8666.	4.6	121
15	Urban ecology and urban ecosystems: understanding the links to human health and well-being. <i>Current Opinion in Environmental Sustainability</i> , 2012, 4, 385-392.	3.1	112
16	Does living by the coast improve health and wellbeing?. <i>Health and Place</i> , 2012, 18, 1198-1201.	1.5	290
17	The Relationship between Outdoor Activity and Health in Older Adults Using GPS. <i>International Journal of Environmental Research and Public Health</i> , 2012, 9, 4615-4625.	1.2	88
18	Getting down to earth: Finding a place for nature in social work practice. <i>International Journal of Social Welfare</i> , 2012, 21, 309-318.	1.0	100

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19	Oceans and Human Health (OHH): a European Perspective from the Marine Board of the European Science Foundation (Marine Board-ESF). <i>Microbial Ecology</i> , 2013, 65, 889-900.	1.4	32
20	Locations of Joint Physical Activity in Parent-Child Pairs Based on Accelerometer and GPS Monitoring. <i>Annals of Behavioral Medicine</i> , 2013, 45, 162-172.	1.7	38
21	Linking ecosystem services and human health: the Eco-Health Relationship Browser. <i>International Journal of Public Health</i> , 2013, 58, 747-755.	1.0	64
22	Biotherapy - History, Principles and Practice. , 2013, , .		11
23	Streetscape greenery and health: Stress, social cohesion and physical activity as mediators. <i>Social Science and Medicine</i> , 2013, 94, 26-33.	1.8	668
24	The beach as a setting for families' health promotion: A qualitative study with parents and children living in coastal regions in Southwest England. <i>Health and Place</i> , 2013, 23, 138-147.	1.5	126
25	Humans and Nature: How Knowing and Experiencing Nature Affect Well-Being. <i>Annual Review of Environment and Resources</i> , 2013, 38, 473-502.	5.6	448
26	Towards a better understanding of the relationship between greenspace and health: Development of a theoretical framework. <i>Landscape and Urban Planning</i> , 2013, 118, 62-69.	3.4	343
27	Regulation of the immune system by biodiversity from the natural environment: An ecosystem service essential to health. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2013, 110, 18360-18367.	3.3	574
28	Self-Reported Depression and Physical Activity in Adults With Mobility Impairments. <i>Archives of Physical Medicine and Rehabilitation</i> , 2013, 94, 731-736.	0.5	41
29	Natural radiation and geochemical data for rocks and soils, in the North International Douro Cliffs (NE Portugal). <i>Journal of Geochemical Exploration</i> , 2013, 130, 60-64.	1.5	6
30	Is physical activity in natural environments better for mental health than physical activity in other environments?. <i>Social Science and Medicine</i> , 2013, 91, 130-134.	1.8	297
31	Mental health benefits of neighbourhood green space are stronger among physically active adults in middle-to-older age: Evidence from 260,061 Australians. <i>Preventive Medicine</i> , 2013, 57, 601-606.	1.6	163
32	Feelings of restoration from recent nature visits. <i>Journal of Environmental Psychology</i> , 2013, 35, 40-51.	2.3	303
33	Fatigue-Recovering Effect of a House Designed With Open Space. <i>Explore: the Journal of Science and Healing</i> , 2013, 9, 82-86.	0.4	7
34	What physical activity contexts do adults with psychological distress prefer?. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 417-421.	0.6	20
35	Vitamin D deficiency in alcohol-use disorders and its relationship to comorbid major depression: A cross-sectional study of inpatients in Nepal. <i>Drug and Alcohol Dependence</i> , 2013, 133, 480-485.	1.6	22
36	The great outdoors: how a green exercise environment can benefit all. <i>Extreme Physiology and Medicine</i> , 2013, 2, 3.	2.5	229

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37	Viewing Nature Scenes Positively Affects Recovery of Autonomic Function Following Acute-Mental Stress. <i>Environmental Science & Technology</i> , 2013, 47, 5562-5569.	4.6	244
39	The Effect of the Public Exercise Environment on the Physical Activity for the Active Ageing of the Elderly. <i>Indoor and Built Environment</i> , 2013, 22, 319-331.	1.5	16
40	Impact of brisk walking on perceived health evaluated by a novel short questionnaire in sedentary and moderately obese postmenopausal women. <i>Menopause</i> , 2013, 20, 804-812.	0.8	14
41	Experiencing Connection With Nature: The Matrix of Psychological Well-Being, Mindfulness, and Outdoor Recreation. <i>Ecopsychology</i> , 2013, 5, 80-91.	0.8	130
42	Implications of attention restoration theory for leisure planners and managers. <i>Leisure/ Loisir</i> , 2013, 37, 1-16.	0.6	17
43	Gender, physical activity and fear: women, exercise and the great outdoors. <i>Qualitative Research in Sport, Exercise and Health</i> , 2013, 5, 43-57.	3.3	10
46	Measuring time spent outdoors using a wearable camera and GPS. , 2013, , .		9
47	A Repeated Measures Experiment of Green Exercise to Improve Self-Esteem in UK School Children. <i>PLoS ONE</i> , 2013, 8, e69176.	1.1	38
48	Walking for Well-Being: Are Group Walks in Certain Types of Natural Environments Better for Well-Being than Group Walks in Urban Environments?. <i>International Journal of Environmental Research and Public Health</i> , 2013, 10, 5603-5628.	1.2	118
49	Exercise and Physical Activity in Mental Disorders: Clinical and Experimental Evidence. <i>Journal of Preventive Medicine and Public Health</i> , 2013, 46, S12-S21.	0.7	183
50	The Effect of Green Exercise on Blood Pressure, Heart Rate and Mood State in Primary School Children. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 3678-3688.	1.2	71
51	Parks and Health: Aligning Incentives to Create Innovations in Chronic Disease Prevention. <i>Preventing Chronic Disease</i> , 2014, 11, E63.	1.7	19
52	Exercício Físico Outdoor, Bem-Estar e Conectividade com a Natureza. <i>Psico</i> , 2014, 45, 299.	0.1	28
53	PROTOCOL: The impact of care farms on quality of life among different population groups: protocol for a systematic review. <i>Campbell Systematic Reviews</i> , 2014, 10, 1-61.	1.2	1
54	The impact of the natural environment on the promotion of active living: An integrative systematic review. <i>BMC Public Health</i> , 2014, 14, 873.	1.2	113
55	Positive health effects of the natural outdoor environment in typical populations in different regions in Europe (PHENOTYPE): a study programme protocol. <i>BMJ Open</i> , 2014, 4, e004951.	0.8	120
56	The Relationship between Perceived Health and Physical Activity Indoors, Outdoors in Built Environments, and Outdoors in Nature. <i>Applied Psychology: Health and Well-Being</i> , 2014, 6, 324-346.	1.6	112
57	Nature and Health. <i>Annual Review of Public Health</i> , 2014, 35, 207-228.	7.6	2,181

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58	Action-Dependent Photobiomodulation on Health, Suboptimal Health, and Disease. <i>International Journal of Photoenergy</i> , 2014, 2014, 1-11.	1.4	2
59	Exploring the public health potential of a mass community participation event. <i>Journal of Public Health</i> , 2014, 36, 268-274.	1.0	105
60	Green space, health and wellbeing: making space for individual agency. <i>Health and Place</i> , 2014, 30, 287-292.	1.5	127
61	Salutogenic Effects of the Environment: Review of Health Protective Effects of Nature and Daylight. <i>Applied Psychology: Health and Well-Being</i> , 2014, 6, 67-95.	1.6	94
62	Does walking explain associations between access to greenspace and lower mortality?. <i>Social Science and Medicine</i> , 2014, 107, 9-17.	1.8	89
64	Tracking human activity and well-being in natural environments using wearable sensors and experience sampling. <i>Social Science and Medicine</i> , 2014, 106, 83-92.	1.8	84
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66	Evaluating restoration in urban green spaces: Does setting type make a difference?. <i>Landscape and Urban Planning</i> , 2014, 127, 173-181.	3.4	268
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68	In an Urban Neighborhood, Who Is Physically Active and Where?. <i>Women and Health</i> , 2014, 54, 194-211.	0.4	7
69	A Systematic Review of the Health and Well-Being Benefits of Biodiverse Environments. <i>Journal of Toxicology and Environmental Health - Part B: Critical Reviews</i> , 2014, 17, 1-20.	2.9	156
70	Social determinants of mental health. <i>International Review of Psychiatry</i> , 2014, 26, 392-407.	1.4	711
71	Predicting Outdoor Recreation Area Use in a Southeastern US County: A Signal Detection Analysis. <i>Journal of Community Health</i> , 2014, 39, 1101-1108.	1.9	1
72	Do low-income neighbourhoods have the least green space? A cross-sectional study of Australia's most populous cities. <i>BMC Public Health</i> , 2014, 14, 292.	1.2	226
73	The Sustainable Neighborhoods for Happiness Index (SNHI): A metric for assessing a community's sustainability and potential influence on happiness. <i>Ecological Indicators</i> , 2014, 40, 147-152.	2.6	51
74	A 1-Year Follow-Up on Effects of Exercise Programs on Well-Being in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2014, 22, 52-64.	0.5	15
75	Physical Activity: Does Environment Make a Difference for Tension, Stress, Emotional Outlook, and Perceptions of Health Status?. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1503-1511.	1.0	30
76	Depression: Current treatments with low-cost strategies. <i>British Journal of Mental Health Nursing</i> , 2014, 3, 210-216.	0.1	0

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77	Walking Trail Use among a Sample of Black, White, Hispanic, and Asian Adult Walkers. <i>Journal of Physical Activity and Health</i> , 2015, 12, S31-S39.	1.0	7
78	Momentary assessment of contextual influences on affective response during physical activity.. <i>Health Psychology</i> , 2015, 34, 1145-1153.	1.3	86
79	Influence des plantes d'intérieur et d'extérieur sur la santé: Synthèse des recherches.. <i>Canadian Psychology</i> , 2015, 56, 405-425.	1.4	3
80	HEALTH BENEFITS OF PLANTS AND GREEN SPACE: ESTABLISHING THE EVIDENCE BASE. <i>Acta Horticulturae</i> , 2015, , 19-30.	0.1	12
81	Green exercise as a workplace intervention to reduce job stress. Results from a pilot study. <i>Work</i> , 2015, 53, 99-111.	0.6	70
82	Older people, the natural environment and common mental disorders: cross-sectional results from the Cognitive Function and Ageing Study. <i>BMJ Open</i> , 2015, 5, e007936.	0.8	48
83	Beyond greenspace: an ecological study of population general health and indicators of natural environment type and quality. <i>International Journal of Health Geographics</i> , 2015, 14, 17.	1.2	252
84	Understanding how environmental enhancement and conservation activities may benefit health and wellbeing: a systematic review. <i>BMC Public Health</i> , 2015, 15, 864.	1.2	33
85	Reproducibility and Validity of the Myotest for Measuring Step Frequency and Ground Contact Time in Recreational Runners. <i>Journal of Human Kinetics</i> , 2015, 45, 19-26.	0.7	12
86	Adherence to exercise and affective responses. <i>Menopause</i> , 2015, 22, 731-740.	0.8	47
87	Just What the Doctor Ordered: Using Parks to Improve Children's Health. <i>Environmental Health Perspectives</i> , 2015, 123, A254-9.	2.8	49
88	Flourishing in nature: A review of the benefits of connecting with nature and its application as a wellbeing intervention. <i>International Journal of Wellbeing</i> , 2015, 5, 1-16.	1.5	223
89	Effects of the Visual Exercise Environments on Cognitive Directed Attention, Energy Expenditure and Perceived Exertion. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 7321-7336.	1.2	41
90	Autonomic Nervous System Responses to Viewing Green and Built Settings: Differentiating Between Sympathetic and Parasympathetic Activity. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 15860-15874.	1.2	76
91	Moving beyond Green: Exploring the Relationship of Environment Type and Indicators of Perceived Environmental Quality on Emotional Well-Being following Group Walks. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 106-130.	1.2	91
92	The Effects of Exercising in Different Natural Environments on Psycho-Physiological Outcomes in Post-Menopausal Women: A Simulation Study. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 11929-11953.	1.2	24
93	Differences in exercise intensity seems to influence the affective responses in self-selected and imposed exercise: a meta-analysis. <i>Frontiers in Psychology</i> , 2015, 6, 1105.	1.1	42
94	Value of urban green spaces in promoting healthy living and wellbeing: prospects for planning. <i>Risk Management and Healthcare Policy</i> , 2015, 8, 131.	1.2	226

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95	Is practice rate rather than exercise intensity more important in health benefits of moderately obese postmenopausal women?. <i>Annals of Physical and Rehabilitation Medicine</i> , 2015, 58, 119-125.	1.1	6
96	Places for active outdoor recreation – a scoping review. <i>Journal of Outdoor Recreation and Tourism</i> , 2015, 12, 25-46.	1.3	42
97	Understanding, Evidencing, and Promoting Adolescent Well-Being. <i>Youth and Society</i> , 2015, 47, 659-683.	1.3	22
98	“Nature lovers”, “Social animals”, “Quiet seekers” and “Activity lovers”: Participation of young adult immigrants and non-immigrants in outdoor recreation in the Netherlands. <i>Journal of Outdoor Recreation and Tourism</i> , 2015, 12, 47-58.	1.3	24
99	Exploring connections among nature, biodiversity, ecosystem services, and human health and well-being: Opportunities to enhance health and biodiversity conservation. <i>Ecosystem Services</i> , 2015, 12, 1-15.	2.3	767
100	From the inside out to the outside in: Exploring the role of parks and protected areas as providers of human health and well-being. <i>Journal of Outdoor Recreation and Tourism</i> , 2015, 10, 70-77.	1.3	84
101	Explicating Physical Activity Preferences of Community-Dwelling Filipino Elderly in Urban and Rural Settings: A Conjoint Analysis. <i>Educational Gerontology</i> , 2015, 41, 251-266.	0.7	3
102	Using Virtual Pets to Promote Physical Activity in Children: An Application of the Youth Physical Activity Promotion Model. <i>Journal of Health Communication</i> , 2015, 20, 807-815.	1.2	29
103	The Effects of Surfing and the Natural Environment on the Well-Being of Combat Veterans. <i>Qualitative Health Research</i> , 2015, 25, 76-86.	1.0	103
104	Green spaces and cognitive development in primary schoolchildren. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2015, 112, 7937-7942.	3.3	577
105	Coastal climate is associated with elevated solar irradiance and higher 25(OH)D level. <i>Environment International</i> , 2015, 77, 76-84.	4.8	16
106	Beliefs about using an outdoor pool: Understanding perceptions of place in the context of a recreational environment to improve health. <i>Health and Place</i> , 2015, 34, 1-8.	1.5	13
107	More than a Pretty Place: Assessing the Impact of Environmental Education on Children’s Knowledge and Attitudes about Outdoor Play in Nature. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 2054-2070.	1.2	7
108	Facilitating Participation in Health-Enhancing Physical Activity: A Qualitative Study of parkrun. <i>International Journal of Behavioral Medicine</i> , 2015, 22, 170-177.	0.8	71
109	Energy Cost and Enjoyment of Active Videogames in Children and Teens: Xbox 360 Kinect. <i>Games for Health Journal</i> , 2015, 4, 318-324.	1.1	20
110	Using <sc>GPS</sc> and geo-narratives: a methodological approach for understanding and situating everyday green space encounters. <i>Area</i> , 2015, 47, 88-96.	1.0	69
111	Patterns of Physical Activity Among Older Adults in New York City. <i>American Journal of Preventive Medicine</i> , 2015, 49, e13-e22.	1.6	27
112	Physical Activity and Mental Well-being in a Cohort Aged 60–64 Years. <i>American Journal of Preventive Medicine</i> , 2015, 49, 172-180.	1.6	48

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113	Assessing the usefulness of systematic reviews for policymakers in public health: A case study of overweight and obesity prevention interventions. <i>Preventive Medicine</i> , 2015, 81, 99-107.	1.6	17
114	The Potential of Using Exercise in Nature as an Intervention to Enhance Exercise Behavior: Results from a Pilot Study. <i>Perceptual and Motor Skills</i> , 2015, 121, 350-370.	0.6	32
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116	The role of urban green space for human well-being. <i>Ecological Economics</i> , 2015, 120, 139-152.	2.9	297
117	Blue space geographies: Enabling health in place. <i>Health and Place</i> , 2015, 35, 157-165.	1.5	203
118	Self-selected or imposed exercise? A different approach for affective comparisons. <i>Journal of Sports Sciences</i> , 2015, 33, 777-785.	1.0	19
119	Mothers' perceived proximity to green space is associated with TV viewing time in children: The Growing Up in Scotland study. <i>Preventive Medicine</i> , 2015, 70, 46-49.	1.6	43
120	Integrating health and environmental impact analysis. <i>Public Health</i> , 2015, 129, 1383-1389.	1.4	90
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122	Ambient air pollution in China poses a multifaceted health threat to outdoor physical activity. <i>Journal of Epidemiology and Community Health</i> , 2015, 69, 201-204.	2.0	87
123	Associations between time spent in green areas and physical activity among late middle-aged adults. <i>Geospatial Health</i> , 2016, 11, 411.	0.3	24
124	Physical Activity and Blood Lead Concentration in Korea: Study Using the Korea National Health and Nutrition Examination Survey (2008-2013). <i>Journal of Korean Medical Science</i> , 2016, 31, 852.	1.1	4
125	Effects of the Coastal Environment on Well-being. <i>Journal of Coastal Zone Management</i> , 2016, 19, .	0.3	12
126	Advancing Sustainability through Urban Green Space: Cultural Ecosystem Services, Equity, and Social Determinants of Health. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 196.	1.2	270
127	The Online Dissemination of Nature-Health Concepts: Lessons from Sentiment Analysis of Social Media Relating to "Nature-Deficit Disorder". <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 142.	1.2	35
128	Feel Better But Exercise Less: An Examination of Exercise Enjoyment, Personality and Physical Activity in Young Adults. <i>Acta Psychopathologica</i> , 2016, 02, .	0.1	0
129	A Lunchtime Walk in Nature Enhances Restoration of Autonomic Control during Night-Time Sleep: Results from a Preliminary Study. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 280.	1.2	35
130	Influences of Green Outdoors versus Indoors Environmental Settings on Psychological and Social Outcomes of Controlled Exercise. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 363.	1.2	88

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132	What approaches to social prescribing work, for whom, and in what circumstances? A protocol for a realist review. <i>Systematic Reviews</i> , 2016, 5, 93.	2.5	48
133	Environmental Influences on Elite Sport Athletes Well Being: From Gold, Silver, and Bronze to Blue Green and Gold. <i>Frontiers in Psychology</i> , 2016, 7, 1167.	1.1	24
134	Social Mechanisms to Get People Outdoors: Bimodal Distribution of Interest in Nature?. <i>Frontiers in Public Health</i> , 2016, 4, 257.	1.3	16
135	The Human-Nature Relationship and Its Impact on Health: A Critical Review. <i>Frontiers in Public Health</i> , 2016, 4, 260.	1.3	139
136	Greening Cities in an Urbanizing Age: The Human Health Bases in the Nineteenth and Early Twenty-first Centuries. <i>Change Over Time</i> , 2016, 6, 216-246.	0.1	25
137	Preliminary Effectiveness and Sustainability of Group Aerobic Exercise Program in Patients with Schizophrenia. <i>Journal of Nervous and Mental Disease</i> , 2016, 204, 644-650.	0.5	13
138	Urban greenspace, physical activity and wellbeing: The moderating role of perceptions of neighbourhood affability and incivility. <i>Land Use Policy</i> , 2016, 57, 638-644.	2.5	34
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140	A randomized controlled trial for families with preschool children - promoting healthy eating and active playtime by connecting to nature. <i>BMC Public Health</i> , 2016, 16, 505.	1.2	21
141	How do brochures encourage walking in natural environments in the UK? A content analysis. <i>Health Promotion International</i> , 2018, 33, daw083.	0.9	5
142	Green Infrastructure and Public Health. , 0, , .		29
143	Greenspace, physical activity and well-being in Australian capital cities: how does population size moderate the relationship?. <i>Public Health</i> , 2016, 133, 38-44.	1.4	18
144	Evaluating Mind Fitness Training and Its Potential Effects on Surgical Residents's Well-Being: A Mixed Methods Pilot Study. <i>World Journal of Surgery</i> , 2016, 40, 29-37.	0.8	21
145	Ecosystem Services and Preventive Medicine. <i>American Journal of Preventive Medicine</i> , 2016, 50, 642-645.	1.6	20
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147	Does perceived restorativeness mediate the effects of perceived biodiversity and perceived naturalness on emotional well-being following group walks in nature?. <i>Journal of Environmental Psychology</i> , 2016, 46, 217-232.	2.3	106
148	Neighbourhood greenspace is associated with a slower decline in physical activity in older adults: A prospective cohort study. <i>SSM - Population Health</i> , 2016, 2, 683-691.	1.3	54

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150	An experimental task to explore the effects of age and sex on social foraging behavior.. <i>Evolutionary Behavioral Sciences</i> , 2016, 10, 168-178.	0.7	3
151	“Benches become like porches” Built and social environment influences on older adults’ experiences of mobility and well-being. <i>Social Science and Medicine</i> , 2016, 169, 33-41.	1.8	94
152	Let's go outside! Environmental restoration amongst adolescents and the impact of friends and phones. <i>Journal of Environmental Psychology</i> , 2016, 48, 131-139.	2.3	40
153	Ultraviolet Radiation Exposure and Its Impact on Skin Cancer Risk. <i>Seminars in Oncology Nursing</i> , 2016, 32, 241-254.	0.7	152
154	Cycling outdoors facilitates external thoughts and endurance. <i>Psychology of Sport and Exercise</i> , 2016, 27, 78-84.	1.1	11
155	Restoring Land and Mind: The Benefits of an Outdoor Walk on Mood Are Enhanced in a Naturalized Landfill Area Relative to Its Neighboring Urban Area. <i>Ecopsychology</i> , 2016, 8, 107-120.	0.8	12
156	Rationale and study protocol for the “CoFit” randomized controlled trial: Integrating smartphone technology, social support and the outdoor physical environment to improve health-related fitness among adults at risk of, or diagnosed with, Type 2 Diabetes. <i>Contemporary Clinical Trials</i> , 2016, 49, 116-125.	0.8	17
157	Physical Activity for Cognitive and Mental Health in Youth: A Systematic Review of Mechanisms. <i>Pediatrics</i> , 2016, 138, .	1.0	702
158	Indoor versus outdoor running: understanding how recreational exercise comes to inhabit environments through practitioner talk. <i>Transactions of the Institute of British Geographers</i> , 2016, 41, 503-514.	1.8	37
159	Residential neighbourhood greenspace is associated with reduced risk of incident diabetes in older people: a prospective cohort study. <i>BMC Public Health</i> , 2016, 16, 1171.	1.2	80
160	A methodological approach to understanding the wellbeing and restorative benefits associated with greenspace. <i>Urban Forestry and Urban Greening</i> , 2016, 19, 103-109.	2.3	39
161	The Effect of Increasing Autonomy Through Choice on Young Children’s Physical Activity Behavior. <i>Journal of Physical Activity and Health</i> , 2016, 13, 428-432.	1.0	9
162	An investigation into the synergistic wellbeing benefits of greenspace and physical activity: Moving beyond the mean. <i>Urban Forestry and Urban Greening</i> , 2016, 19, 7-12.	2.3	12
163	“I would rather put on warm clothes and go outdoors, than take off clothes to be indoors” – Norwegian lay men’s notion of being outdoors during physical activity. <i>Sport in Society</i> , 2016, 19, 1652-1666.	0.8	9
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170	Visiting green space is associated with mental health and vitality: A cross-sectional study in four european cities. <i>Health and Place</i> , 2016, 38, 8-15.	1.5	240
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249	Video Games and Outdoor Physical Activity for the Elderly: Applications of the HybridPLAY Technology. <i>Applied Sciences (Switzerland)</i> , 2018, 8, 1912.	1.3	9
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259	Prevention of Progression in Myopia: A Systematic Review. <i>Diseases (Basel, Switzerland)</i> , 2018, 6, 92.	1.0	29
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