

# The role of therapist self-disclosure in psychotherapy: A

Clinical Psychology Review

30, 63-77

DOI: [10.1016/j.cpr.2009.09.004](https://doi.org/10.1016/j.cpr.2009.09.004)

Citation Report

#	ARTICLE	IF	CITATIONS
1	â€œWhat Would You Do if You Were Me?â€ Effects of Counselor Self-Disclosure Versus Non-disclosure in a Hypothetical Genetic Counseling Session. <i>Journal of Genetic Counseling</i> , 2010, 19, 570-584.	0.9	13
2	Keep it in or Let it out?. <i>Swiss Journal of Psychology</i> , 2010, 69, 141-146.	0.9	8
4	How does disclosing countertransference affect perceptions of the therapist and the session?. <i>Psychotherapy</i> , 2011, 48, 322-329.	0.7	16
5	Reflections on the meaning of clinician self-reference: Are we speaking the same language?. <i>Psychotherapy</i> , 2011, 48, 349-358.	0.7	14
6	Directions for research on self-disclosure and immediacy: Moderation, mediation, and the inverted U.. <i>Psychotherapy</i> , 2011, 48, 342-348.	0.7	13
7	A comfortable witness is a good witness: rapportâ€building and susceptibility to misinformation in an investigative mockâ€crime interview. <i>Applied Cognitive Psychology</i> , 2011, 25, 960-970.	0.9	131
8	Lessons learned from a longâ€term psychoanalysis on the telephone. <i>Journal of Clinical Psychology</i> , 2011, 67, 818-827.	1.0	1
9	Communication in Cognitive Behavioral Therapy. , 2011, , .		5
10	Gay and bisexual male clients' perceptions of counseling: The role of perceived sexual orientation similarity and counselor universal-diverse orientation.. <i>Journal of Counseling Psychology</i> , 2011, 58, 299-309.	1.4	11
11	Care of others and self: A suicidal patient's impact on the psychologist.. <i>Professional Psychology: Research and Practice</i> , 2011, 42, 215-221.	0.6	6
12	Predictors of the change in self-stigma following a single session of group counseling.. <i>Journal of Counseling Psychology</i> , 2011, 58, 170-182.	1.4	70
13	Therapeutic Use of Self: Theoretical and Evidence-Based Considerations for Clinical Practice and Supervision. <i>Clinical Supervisor, The</i> , 2012, 31, 1-24.	1.1	25
14	Opening Up: Therapist Self-Disclosure in Theory, Research, and Practice. <i>Clinical Social Work Journal</i> , 2012, 40, 287-296.	1.3	41
15	Social Workersâ€™ Attitudes Towards and Engagement in Self-Disclosure. <i>Clinical Social Work Journal</i> , 2012, 40, 297-306.	1.3	24
17	Professional boundaries and psychotherapy: a review. <i>Bangladesh Journal of Bioethics</i> , 2012, 3, 16-26.	0.1	1
18	What Would You Say? Genetic Counseling Graduate Studentsâ€™ and Counselorsâ€™ Hypothetical Responses to Patient Requested Selfâ€Disclosure. <i>Journal of Genetic Counseling</i> , 2013, 22, 455-468.	0.9	15
19	A Child Who Sees Ghosts Every Night: Manifestations of Psychosocial and Familial Stress Following Immigration. <i>Culture, Medicine and Psychiatry</i> , 2013, 37, 549-564.	0.7	1
20	Le silence comme outil thÃ©rapeutique dans la dÃ©pression: Ã©laboration thÃ©orique basÃ©e sur une Ã©tude de cas. <i>Journal De ThÃ©rapie Comportementale Et Cognitive</i> , 2013, 23, 171-180.	0.2	0

#	ARTICLE	IF	CITATIONS
22	Therapist self-disclosure as an integrative intervention.. Journal of Psychotherapy Integration, 2013, 23, 59-74.	0.7	51
24	A Therapist's Self-Disclosure and Its Impact on the Therapy Process in Cross-Cultural Encounters: Disclosure of Personal Self, Professional Self, and/or Cultural Self?. Families in Society, 2014, 95, 15-23.	0.6	10
25	Lesbian and Queer Women Professors Disclosing in the Classroom. Counseling Psychologist, 2014, 42, 1084-1107.	0.8	17
26	Students' Attitudes Towards and Engagement in Self-Disclosure: Implications for Supervision. Clinical Supervisor, The, 2014, 33, 163-181.	1.1	6
27	The impact of counselor self-disclosure on clients: A meta-analytic review of experimental and quasi-experimental research.. Journal of Counseling Psychology, 2014, 61, 191-207.	1.4	45
28	Social media's challenges for psychiatry. World Psychiatry, 2014, 13, 21-23.	4.8	41
29	Emerging from Shame. Harvard Review of Psychiatry, 2014, 22, 231-240.	0.9	0
30	Should psychotherapists disclose their own psychological problems?. Counselling and Psychotherapy Research, 2014, 14, 249-255.	1.7	9
31	â€œI Will Fear no Evil, for I Am with Meâ€ Mentalization-Oriented Intervention with PTSD Patients. A Case Study. Journal of Contemporary Psychotherapy, 2014, 44, 173-182.	0.7	14
32	Therapist Self-disclosure and Culturally Competent Care with Mexicanâ€American Court Mandated Clients: A Phenomenological Study. Contemporary Family Therapy, 2014, 36, 417-425.	0.6	8
33	Ultimately It Comes Down to the Relationship: Experienced Consultantsâ€™ Views of Effective Sport Psychology Consulting. Sport Psychologist, 2015, 29, 358-370.	0.4	35
34	Crossing the Boundaries of Privacy in Accidental Encounters: Interpretative Phenomenological Analysis of Therapists' Experiences. Clinical Psychology and Psychotherapy, 2015, 22, 708-721.	1.4	5
36	The view from thefertility counselor's chair. , 2015, , 239-251.		16
37	A qualitative exploration of the experience of restorative approaches in a forensic mental health setting. Journal of Forensic Psychiatry and Psychology, 2015, 26, 510-531.	0.6	13
38	Listening to Both Sides of the Therapeutic Dyad: Self-Disclosure of Gay Male Therapists and Reflections From Their Gay Male Clients. Psychoanalytic Social Work, 2015, 22, 162-181.	0.1	8
39	The use of self-disclosure among Swedish psychotherapists. European Journal of Psychotherapy and Counselling, 2015, 17, 80-98.	0.2	2
40	Clinician self-disclosure or clinician self-concealment? Lesbian, gay and bisexual mental health practitionersâ€™ experiences of disclosure in therapeutic relationships. Counselling and Psychotherapy Research, 2015, 15, 41-49.	1.7	8
41	Sexuality in the Therapeutic Relationship: An Interpretative Phenomenological Analysis of the Experiences of Gay Therapists. Journal of Gay and Lesbian Mental Health, 2015, 19, 165-183.	0.8	9

#	ARTICLE	IF	CITATIONS
42	Physician self-disclosure in primary care: a mixed methods study of GPs' attitudes, skills, and behaviour. <i>British Journal of General Practice</i> , 2015, 65, e601-e608.	0.7	14
43	Introduction to a special issue on disclosure and concealment in psychotherapy. <i>Counselling Psychology Quarterly</i> , 2016, 29, 1-6.	1.5	2
44	Therapeutic self-disclosure in integrative psychotherapy: When is this a clinical error?. <i>Psychotherapy</i> , 2016, 53, 273-277.	0.7	11
46	Practical considerations for self-disclosure in applied sport psychology. <i>Journal of Sport Psychology in Action</i> , 2016, 7, 23-32.	0.6	2
47	How therapist self-disclosure relates to alliance and outcomes: A naturalistic study. <i>Counselling Psychology Quarterly</i> , 2016, 29, 7-28.	1.5	27
49	Immediate therapist self-disclosure bolsters the effect of brief integrative psychotherapy on psychiatric symptoms and the perceptions of therapists: A randomized clinical trial. <i>Psychotherapy Research</i> , 2017, 27, 558-570.	1.1	14
50	Ethically Problematic Value Change as an Outcome of Psychotherapeutic Interventions. <i>Ethics and Behavior</i> , 2017, 27, 297-312.	1.3	3
51	Therapist self-disclosure and the therapeutic alliance in the treatment of eating problems. <i>Eating Disorders</i> , 2017, 25, 151-164.	1.9	13
52	Sincerely speaking: Why do psychotherapists self-disclose in therapy? – A qualitative hermeneutic phenomenological study. <i>Nordic Psychology</i> , 2017, 69, 143-159.	0.4	1
53	Self-Disclosure. , 2017, , 113-140.		0
54	Attitudes to professional boundaries among therapists with and without substance abuse history. <i>Polish Psychological Bulletin</i> , 2017, 48, 411-422.	0.3	3
55	Therapeutic Self-Disclosure within DBT, Schema Therapy, and CBASP: Opportunities and Challenges. <i>Frontiers in Psychology</i> , 2017, 8, 2073.	1.1	8
56	Self-Disclosure. , 2018, , 3369-3371.		0
57	Utilizing an ecological framework to integrate social identities and sociopolitical analysis in psychotherapy. <i>Journal of Clinical Psychology</i> , 2018, 74, 755-765.	1.0	3
58	Facilitating the Genetic Counseling Process. , 2018, , .		21
59	Patients' perspectives on political self-disclosure, the therapeutic alliance, and the infiltration of politics into the therapy room in the Trump era. <i>Journal of Clinical Psychology</i> , 2018, 74, 779-787.	1.0	21
60	The Experience of Forming a Therapeutic Relationship from the Client's Perspective: A Metasynthesis. <i>Psychotherapy Research</i> , 2018, 28, 281-296.	1.1	19
61	Exploring Decision Making Around Therapist Self-Disclosure in Cognitive Behavioural Therapy. <i>Australian Psychologist</i> , 2018, 53, 33-39.	0.9	7

#	ARTICLE	IF	CITATIONS
62	Transforming nurseâ€œpatient relationshipsâ€œA qualitative study of nurse selfâ€œdisclosure in mental health care. <i>Journal of Clinical Nursing</i> , 2018, 27, e798-e807.	1.4	15
63	The Self of the Mormon Sex Therapist: Strategies for Sex Therapists-in-Training. <i>American Journal of Family Therapy</i> , The, 2018, 46, 258-271.	0.8	1
64	Clientsâ€™ Experience of Therapist-Disclosure: Helpful and Hindering Factors and Conditions. <i>The Indo-Pacific Journal of Phenomenology</i> , 2018, 18, 155-166.	0.2	0
65	Culture and therapist self-disclosure. <i>The Cognitive Behaviour Therapist</i> , 2019, 12, .	0.4	2
66	Development of the Internet-Delivered Cognitive Behaviour Therapy Undesirable Therapist Behaviours Scale (ICBT-UTBS). <i>Internet Interventions</i> , 2019, 18, 100255.	1.4	10
67	â€œIt is OK to let them know you are human tooâ€œ Mentor selfâ€œdisclosure in formal youth mentoring relationships. <i>Journal of Community Psychology</i> , 2019, 47, 943-963.	1.0	13
68	The Ethical Implications of Social Media: Issues and Recommendations For Clinical Practice. <i>Ethics and Behavior</i> , 2019, 29, 341-351.	1.3	14
69	Conducting psychotherapy in the Trump era: Therapistsâ€™ perspectives on political selfâ€œdisclosure, the therapeutic alliance, and politics in the therapy room. <i>Journal of Clinical Psychology</i> , 2019, 75, 1508-1518.	1.0	9
70	Knowledge and expertise in care practices: the role of the peer worker in mental health teams. <i>Sociology of Health and Illness</i> , 2019, 41, 1305-1322.	1.1	33
71	Self-Disclosure Among Youth with Problematic Methamphetamine Use Who Received Treatment in Public Health Centers of the Bangkok Metropolitan Administration: A Qualitative Analysis. <i>Journal of Child and Adolescent Substance Abuse</i> , 2019, 28, 363-375.	0.5	1
72	The â€œcome tooâ€œdecision: An analog study of therapist selfâ€œdisclosure of psychological problems. <i>Journal of Clinical Psychology</i> , 2019, 75, 794-800.	1.0	5
73	Therapistsâ€™ and clientsâ€™ ratings of real relationship, attachment, therapist self-disclosure, and treatment progress. <i>Psychotherapy Research</i> , 2019, 29, 594-606.	1.1	12
74	â€œWhat do I Share?â€œPersonal and Private Experiences in Educational Psychological Counselling. <i>Scandinavian Journal of Educational Research</i> , 2020, 64, 181-194.	1.0	2
75	Clientâ€œinitiated disclosure of psychotherapists' sexual orientation: A narrative inquiry. <i>Counselling and Psychotherapy Research</i> , 2020, 20, 365-377.	1.7	0
76	Therapist selfâ€œdisclosure and the problem of sharedâ€œdecision making. <i>Journal of Evaluation in Clinical Practice</i> , 2020, 26, 397-402.	0.9	5
77	Genetic counselor and proxy patient perceptions of genetic counselor responses to prenatal patient selfâ€œdisclosure requests: Skillfulness is in the eye of the beholder. <i>Journal of Genetic Counseling</i> , 2020, 29, 894-909.	0.9	0
78	The therapist's dilemma: Tell the whole truth?. <i>Journal of Clinical Psychology</i> , 2020, 76, 286-291.	1.0	0
79	Empowerment through Accessibility: Community Needs Assessment Data for LGBTQ Communities. <i>Social Work in Public Health</i> , 2020, 35, 483-493.	0.7	5

#	ARTICLE	IF	CITATIONS
80	Using a Trauma-Informed, Socially Just Research Framework with Marginalized Populations: Practices and Barriers to Implementation. <i>Social Work Research</i> , 2020, 44, 169-181.	0.3	29
81	Dynamics of professional parental status disclosure in child protection work. <i>Journal of Social Work Practice</i> , 2020, , 1-18.	0.6	3
82	Balancing closeness and distance through identity enactment: Psychological therapy assessments explored through the assessor-client dyad. <i>Qualitative Research in Psychology</i> , 2020, , 1-25.	9.4	2
83	Using the Generic Model of Psychotherapy to Develop a Culturally-Sensitive Approach to Psychotherapy With Sexual and Gender Minority Patients. <i>Frontiers in Psychology</i> , 2020, 11, 599319.	1.1	1
84	Exploring the use of rapport in professional information-gathering contexts by systematically mapping the evidence base. <i>Applied Cognitive Psychology</i> , 2021, 35, 329-341.	0.9	43
85	A Practical and Contemporary Model of Depression for Our Times—A Timeless Existential Clinician’s Perspective. <i>Open Journal of Depression</i> , 2021, 10, 54-89.	0.2	0
87	Therapist self-disclosure: Let’s tackle the elephant in the room. <i>Clinical Child Psychology and Psychiatry</i> , 2021, 26, 443-450.	0.8	2
88	The Synergistic Process of Improvement in Cognitive Behavioral Therapy for Major Depression. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2292.	1.2	4
89	Engaging public policy with psychological science.. <i>Translational Issues in Psychological Science</i> , 2021, 7, 1-8.	0.6	1
90	Defining self-disclosure of personal cancer coping experiences in oncology social workers’ helping relationships: When cancer “hits home”. <i>Journal of Psychosocial Oncology</i> , 2022, 40, 288-302.	0.6	3
91	Qu’est-ce que les professionnels dévoilent d’eux-mêmes dans la relation thérapeutique avec les personnes atteintes de schizophrénie? <i>Pratiques Psychologiques</i> , 2021, 28, 43-43.	0.4	2
92	The nature, motives, and perceived consequences of therapist dishonesty. <i>Psychotherapy Research</i> , 2021, , 1-17.	1.1	1
93	Self-Disclosure as a Public Health Intervention. <i>Academic Psychiatry</i> , 2021, 45, 653-654.	0.4	2
94	Sharing Lived Experiences Framework (SLEF): a framework for mental health practitioners when making disclosure decisions. <i>Journal of Social Work Practice</i> , 2022, 36, 25-39.	0.6	8
95	Engaging Nonresident Fathers: Exploring Collaborative Competencies in Support of Family-Centered Practice. <i>Research on Social Work Practice</i> , 0, , 104973152110228.	1.1	5
96	Stepping carefully on sacred ground: religion and spirituality in psychotherapy. <i>Journal of Spirituality in Mental Health</i> , 0, , 1-21.	0.5	1
97	Strengths and Limitations of Case Formulation in Constructivist Cognitive Behavioral Therapies. , 2021, , 143-161.		1
99	Sediments and vistas in the relational matrix of the unfolding “œl”: A qualitative study of therapists’ experiences with self-disclosure in psychotherapy.. <i>Journal of Psychotherapy Integration</i> , 2016, 26, 248-258.	0.7	6

#	ARTICLE	IF	CITATIONS
100	â€œLetâ€™s get in formationâ€: On becoming a psychologistâ€“activist in the 21st century.. American Psychologist, 2017, 72, 935-946.	3.8	73
101	Accomplishments of 77 VA mental health professionals with a lived experience of mental illness.. American Journal of Orthopsychiatry, 2016, 86, 610-619.	1.0	22
102	Therapist self-disclosure and immediacy: A qualitative meta-analysis.. Psychotherapy, 2018, 55, 445-460.	0.7	36
103	Supervisory experiences of trainees with disabilities: The good, the bad, and the realistic.. Training and Education in Professional Psychology, 2019, 13, 194-199.	0.9	3
104	When to disclose and to whom? examining within- and between-client moderators of therapist self disclosure-outcome associations in psychodynamic psychotherapy. Psychotherapy Research, 2021, 31, 921-931.	1.1	7
106	Mature Students Speak Up: Career Exploration and the Working Alliance. Qualitative Research in Education, 2015, 4, 225.	0.2	1
107	Inescapable Self-Disclosure: The Lived Experiences of Pregnant Counselors Working With Sexual Offenders. Journal of Mental Health Counseling, 2018, 40, 75-91.	0.6	1
108	Impact of the therapistâ€™s â€œuse of selfâ€: European Journal of Counselling Psychology, 2019, 8, 118-143.	0.8	5
109	Empathic communication in dignity therapy: Feasibility of measurement and descriptive findings. Palliative and Supportive Care, 2022, 20, 321-327.	0.6	3
110	Ethical issues in child and adolescent psychotherapy: a clinical review. Indian Journal of Medical Ethics, 2010, 7, 157-61.	0.2	5
111	Providing Information and Involving the Patient in the Therapeutic Process. , 2011, , 71-105.		0
112	La thÃ©rapie de couple. , 2011, , 67-103.		0
114	Ethics Education in Allied Health: A Systematic Review of Learning Outcomes for Entry-Level Students. Humanities and Social Sciences, 2016, 4, 13.	0.0	0
115	Counselor Self-Reference: Self-Disclosure and Self-Involving Skills. , 2018, , 303-327.		1
116	The cracks where the light gets in: Exploring therapist transformation following the loss of a family member to suicide.. Journal of Psychotherapy Integration, 2019, 29, 188-196.	0.7	0
117	Emotionsregulation bei psychischen StÃ¶rungen und in der Psychotherapie. , 2020, , 175-205.		3
118	Should psychiatrists self disclose?. Innovations in Clinical Neuroscience, 2011, 8, 14-7.	0.1	95
119	Social Media and Clinical Practice. , 2022, , 169-190.		1

#	ARTICLE	IF	CITATIONS
120	Therapist in-session feelings predict change in depressive symptoms in interpersonal and brief relational psychotherapy. <i>Psychotherapy Research</i> , 2022, 32, 571-584.	1.1	3
121	Meaningful Conversations: Reciprocity in Power Dynamics between Humanist Chaplains and Patients in Dutch Hospitals. <i>Religions</i> , 2022, 13, 109.	0.3	1
122	Show Me the Real You: Enhanced Expression of Rogerian Conditions in Therapeutic Relationship Building with Autistic Adults. <i>Autism in Adulthood</i> , 2022, 4, 151-163.	4.0	8
123	Therapist self-disclosure of sexual orientation revisited: Considerations with a case example. <i>Journal of Gay and Lesbian Mental Health</i> , 0, , 1-13.	0.8	0
124	Therapist disclosure to combat COVID-19 vaccine hesitancy: a narrative review. <i>Journal of Behavioral Medicine</i> , 2022, , 1.	1.1	1
125	Teaching Noteâ€”The Hidden Key: Opening the Door to Self-Disclosure in Social Work Education. <i>Journal of Social Work Education</i> , 2023, 59, 1258-1264.	0.5	0
126	Identifying patient verbal coaching in psychotherapy. <i>Counselling and Psychotherapy Research</i> , 2023, 23, 247-257.	1.7	5
129	Bringing It in the Room: Addressing the Impact of Racism on the Therapeutic Alliance.. <i>Innovations in Clinical Neuroscience</i> , 2021, 18, 39-43.	0.1	0
130	Using Motivational Monitoring to Evaluate the Efficacy of Self-disclosure and Self-involving Interventions. <i>Journal of Contemporary Psychotherapy</i> , 0, , .	0.7	3
131	When stress becomes shared: exploring the emergence of team stress. <i>Cognition, Technology and Work</i> , 0, , .	1.7	0
132	Factors influencing UK residentsâ€™ preferences in how psychologists present themselves online: a conjoint analysis during the early months of the COVID-19 pandemic. <i>BMC Health Services Research</i> , 2022, 22, .	0.9	0
133	Exploring selfâ€”disclosure between the survivorâ€”therapist and survivorâ€”clients: An autoethnography of the value of â€”sisterhoodâ€” between female survivors of sexual violence. <i>Counselling and Psychotherapy Research</i> , 0, , .	1.7	0
137	Client-therapist temporal congruence in perceiving immediate therapist self-disclosure and its association with treatment outcome. <i>Psychotherapy Research</i> , 2023, 33, 704-718.	1.1	2
138	What Mechanisms of the Helping Relationship Promote Personal Recovery? A Critical Realist Qualitative Research. <i>Journal of Psychosocial Rehabilitation and Mental Health</i> , 2024, 11, 67-82.	0.4	1
139	Being seen: The lived experience of psychodynamic practitioners disclosing or not disclosing sight impairment. <i>European Journal of Psychotherapy and Counselling</i> , 2023, 25, 60-88.	0.2	1
140	How Careproviders Can Acquire and Apply Greater Wisdom. <i>Journal of Clinical Ethics</i> , 2012, 23, 3-12.	0.1	6
141	Working with survivors of childhood sexual abuse from South Asian communities: Reflections and practice points to consider. , 2015, 1, 41-45.		0
142	Therapist self-disclosure in positive psychotherapy for psychosis. , 2020, 1, 14-21.		5



#	ARTICLE	IF	CITATIONS
143	The Dilemma of Therapist Self-Disclosure in Transgender Group Therapy. <i>Studies in Gender and Sexuality</i> , 2022, 23, 279-288.	0.2	0
144	Better Data from AI Users: A Field Experiment on the Impacts of Robot Self-Disclosure on the Utterance of Child Users in Home Environment. <i>Sensors</i> , 2023, 23, 3026.	2.1	0
145	The Use of Therapist Self-Disclosure in Acceptance and Commitment Therapy for Psychosis. , 2023, , 323-345.		0
149	Can the Use of Instructor Self-Disclosure Influence Collective Resilience in the Virtual Classroom During the COVID-19 Pandemic?. , 2023, , 273-293.		0