

# CITATION REPORT

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## Health benefits of nut consumption

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#	Paper	IF	Citations
484	Nuts, hypertension and endothelial function. <b>2011</b> , 21 Suppl 1, S21-33		59
483	The effects of a pressure extraction system on quality the parameters of different virgin pistachio ( <i>Pistacia vera</i> L. var. Larnaka) oils. <b>2012</b> , 63, 260-266		25
482	The heart speaks II: embracing integrative medicine for heart health. <b>2012</b> , 27, 568-71		3
481	Nutritional antioxidants and their applications in cardiometabolic diseases. <b>2012</b> , 12, 388-401		28
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479	Lessons from <i>Anaplasma phagocytophilum</i> : chromatin remodeling by bacterial effectors. <b>2012</b> , 12, 380-7		23
478	Miscellaneous Foods and Food Components. <b>2012</b> , 127-146		1
477	The role of nuts in the optimal diet: time for a critical appraisal?. <b>2012</b> , 22, 1019-23		3
476	Functional Foods and Nutraceuticals. <b>2012</b> ,		44
475	Potential roles of longan flower and seed extracts for anti-cancer. <b>2012</b> , 2, 78-85		19
474	Tiger Nut ( <i>Cyperus esculentus</i> ) Commercialization: Health Aspects, Composition, Properties, and Food Applications. <b>2012</b> , 11, 366-377		108
473	Dietary strategies to increase satiety. <b>2013</b> , 69, 105-82		37
472	Should we go nuts about nuts?. <b>2013</b> , 11, 165		4
471	Frequency of nut consumption and mortality risk in the PREDIMED nutrition intervention trial. <b>2013</b> , 11, 164		107
470	Composition of fatty acids in commercially available tree nuts and their relationship with protective effects against oxidative stress-induced neurotoxicity. <b>2013</b> , 22, 1097-1104		4
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468	Nutritional recommendations for cardiovascular disease prevention. <i>Nutrients</i> , <b>2013</b> , 5, 3646-83	6.7	122

467	Vegetable protein and vegetable fat intakes in pre-adolescent and adolescent girls, and risk for benign breast disease in young women. <b>2013</b> , 141, 299-306		25
466	Improving the quality and safety of walnuts. <b>2013</b> , 245-273		4
465	Protein and mineral nutrient contents in kernels from 72 sweet almond cultivars and accessions grown in France, Greece and Italy. <b>2013</b> , 64, 202-9		10
464	The Impact of Pistachio Consumption on Blood Lipid Profile: A Literature Review. <b>2013</b> , 7, 274-277		3
463	Prevalence and potential for aflatoxin contamination in groundnuts and peanut butter from farmers and traders in Nairobi and Nyanza provinces of Kenya. <b>2013</b> , 65,		10
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455	Walnut allergens: molecular characterization, detection and clinical relevance. <b>2014</b> , 44, 319-41		58
454	Nut consumption and risk of type 2 diabetes, cardiovascular disease, and all-cause mortality: a systematic review and meta-analysis. <b>2014</b> , 100, 256-69		162
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451	Beneficial effect of pistachio consumption on glucose metabolism, insulin resistance, inflammation, and related metabolic risk markers: a randomized clinical trial. <b>2014</b> , 37, 3098-105		81
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366	Nut consumption in relation to all-cause and cause-specific mortality: a meta-analysis 18 prospective studies. <i>Food and Function</i> , <b>2017</b> , 8, 3893-3905	6.1	36
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349	Nutrient Content and Nutritional Water Productivity of Selected Grain Legumes in Response to Production Environment. <b>2017</b> , 14,		15
348	Effects of roasting on kernel peroxide value, free fatty acid, fatty acid composition and crude protein content. <b>2017</b> , 12, e0184279		19
347	Associations between tree nut consumption and cardiovascular disease risk markers in the UK adult population based on National Diet and Nutrition Survey (NDNS) rolling programme 2008-2014. <b>2017</b> , 76,		1
346	OBTENTION OF PROTEIN CONCENTRATE AND POLYPHENOLS FROM MACADAMIA ( <i>MACADAMIA INTEGRIFOLIA</i> ) WITH AQUEOUS EXTRACTION METHOD. <b>2017</b> , 10, 138		6
345	FATTY ACIDS COMPOSITION IN MACADAMIA SEDES OIL ( <i>MACADAMIA INTEGRIFOLIA</i> ) FROM ECUADOR. <b>2017</b> , 10, 303		8
344	Powdery Mildew and Nutritional Qualities of Cashew Apple and Kernels. <b>2017</b> , 5, 116		1
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339	Patterns of plant and animal protein intake are strongly associated with cardiovascular mortality: the Adventist Health Study-2 cohort. <b>2018</b> , 47, 1603-1612	57
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333	The effect of beta-sitosterol and its derivatives on depression by the modification of 5-HT, DA and GABA-ergic systems in mice.. <b>2018</b> , 8, 671-680	8
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317	The effects of 'activating' almonds on consumer acceptance and gastrointestinal tolerance. <i>European Journal of Nutrition</i> , <b>2018</b> , 57, 2771-2783	5.2	2
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309	Effect of nut consumption on semen quality and functionality in healthy men consuming a Western-style diet: a randomized controlled trial. <b>2018</b> , 108, 953-962		30
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305	Pistachio Consumption Prevents and Improves Lipid Dysmetabolism by Reducing the Lipid Metabolizing Gene Expression in Diet-Induced Obese Mice. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	15
304	Tree Nut Consumption and Adipose Tissue Mass: Mechanisms of Action. <b>2018</b> , 2, nzy069		11
303	Nut consumption and incidence of seven cardiovascular diseases. <b>2018</b> , 104, 1615-1620		25
302	The impact of nuts consumption on glucose/insulin homeostasis and inflammation markers mediated by adiposity factors among American adults. <b>2018</b> , 9, 31173-31186		7
301	Effects of Long-Term Walnut Supplementation on Body Weight in Free-Living Elderly: Results of a Randomized Controlled Trial. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	15
300	A Randomized Controlled Trial to Compare the Effect of Peanuts and Almonds on the Cardio-Metabolic and Inflammatory Parameters in Patients with Type 2 Diabetes Mellitus. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	32
299	Can Nuts Mitigate Malnutrition in Older Adults? A Conceptual Framework. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	4
298	Nut consumption and metabolic syndrome in US adolescents. <b>2018</b> , 21, 3245-3252		5
297	Effect of microfluidization on the microstructure and physical properties of a novel yoghurt formulation. <b>2018</b> , 237, 69-77		16
296	Sensitisation to outdoor and indoor fungi in atopic dermatitis patients and the relation to the occurrence of food allergy to peanuts and walnuts. <b>2018</b> , 61, 698-703		5
295	A Small Handful of Mixed Nuts. <b>2018</b> , 89-99		
294	Effects of Mediterranean Diet on Endothelial Function. <b>2018</b> , 363-389		1
293	Nuts and Cardiovascular Disease. <b>2018</b> , 61, 33-37		45
292	Nutrients and Oxidative Stress: Friend or Foe?. <b>2018</b> , 2018, 9719584		115
291	Nutraceutical potential of <i>Corylus avellana</i> daily supplements for obesity and related dysmetabolism. <b>2018</b> , 47, 562-574		42
290	Effects of the Varietal Diversity and the Thermal Treatment on the Protein Profile of Peanuts and Hazelnuts. <b>2018</b> , 2018, 1-10		2
289	The Antioxidant Activity of Pistachios Reduces Cardiac Tissue Injury of Acute Ischemia/Reperfusion (I/R) in Diabetic Streptozotocin (STZ)-Induced Hyperglycaemic Rats. <b>2018</b> , 9, 51		26
288	What Prompts Agricultural Innovation in Rural Nepal: A Study Using the Example of Macadamia and Walnut Trees as Novel Cash Crops. <b>2018</b> , 8, 21		5

287	A non-destructive determination of peroxide values, total nitrogen and mineral nutrients in an edible tree nut using hyperspectral imaging. <b>2018</b> , 151, 492-500	22
286	Resilience with Mixed Agricultural and Urban Land Uses in Tokyo, Japan. <b>2018</b> , 10, 435	10
285	Potential of High Hydrostatic Pressure to Improve the Production of Plants Used as Food. <b>2018</b> , 213-241	2
284	High density SNP mapping and QTL analysis for time of leaf budburst in <i>Corylus avellana</i> L. <b>2018</b> , 13, e0195408	18
283	Prospective Association Between Nut Consumption and Physical Function in Older Men and Women. <b>2019</b> , 74, 1091-1097	14
282	Long-term nuts intake and metabolic syndrome: A 13-year longitudinal population-based study. <b>2019</b> , 38, 1246-1252	9
281	Determination of serotonin in nuts and nut containing products by liquid chromatography tandem mass spectrometry. <b>2019</b> , 272, 347-353	16
280	Health Benefits of Nut Consumption in Middle-Aged and Elderly Population. <b>2019</b> , 8,	22
279	The Protective Effect of Dietary Phytosterols on Cancer Risk: A Systematic Meta-Analysis. <b>2019</b> , 2019, 7479518	38
278	Kombucha as a Functional Beverage. <b>2019</b> , 413-446	8
277	Identification of Plasma Lipid Metabolites Associated with Nut Consumption in US Men and Women. <b>2019</b> , 149, 1215-1221	8
276	Dietary intake from birth through adolescence in relation to risk of benign breast disease in young women. <b>2019</b> , 177, 513-525	1
275	A Hazelnut-Enriched Diet Modulates Oxidative Stress and Inflammation Gene Expression without Weight Gain. <b>2019</b> , 2019, 4683723	7
274	Urolithin Metabotypes Can Determine the Modulation of Gut Microbiota in Healthy Individuals by Tracking Walnuts Consumption over Three Days. <i>Nutrients</i> , <b>2019</b> , 11,	6.7 29
273	Nutritional composition and consumer acceptability of cheese analog from soy and cashew nut milk. <b>2019</b> , 43, e14285	12
272	Oxidative Stress in Cardiovascular Diseases: Still a Therapeutic Target?. <i>Nutrients</i> , <b>2019</b> , 11,	6.7 197
271	Mycological quality of pecan nuts from Brazil: absence of aflatoxigenic fungi and aflatoxins. <b>2019</b> , 49,	7
270	Impact of the Degree of Maturity of Walnuts ( <i>L.</i> ) and Their Variety on the Antioxidant Potential and the Content of Tocopherols and Polyphenols. <i>Molecules</i> , <b>2019</b> , 24,	4.8 15

269	Plant-Based Fat, Dietary Patterns Rich in Vegetable Fat and Gut Microbiota Modulation. <i>Frontiers in Nutrition</i> , <b>2019</b> , 6, 157	6.2	19
268	Chemical Composition and Bioaccessibility of Antioxidant Phytochemicals from Selected Edible Nuts. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	11
267	Relationship Between Nut Consumption and Metabolic Syndrome: A Meta-Analysis of Observational Studies. <b>2019</b> , 38, 499-505		18
266	Nut Oils and their Dietetic and Cosmetic Significance: a Review. <b>2019</b> , 68, 111-120		11
265	Enzymolysis of walnut ( <i>Juglans regia</i> L.) meal protein: Ultrasonication-assisted alkaline pretreatment impact on kinetics and thermodynamics. <b>2019</b> , 43, e12948		13
264	A Box-Behnken Design for Optimal Extraction of Phenolics from Almond By-products. <b>2019</b> , 12, 2009-2024		10
263	Effectiveness of Following Mediterranean Diet Recommendations in the Real World in the Incidence of Gestational Diabetes Mellitus (GDM) and Adverse Maternal-Foetal Outcomes: A Prospective, Universal, Interventional Study with a Single Group. The St Carlos Study. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	27
262	The effects of tree spacing regime and tree species composition on mineral nutrient composition of cocoa beans and canarium nuts in 8-year-old cocoa plantations. <b>2019</b> , 26, 22021-22029		6
261	Effects of nut and seed consumption on markers of glucose metabolism in adults with prediabetes: a systematic review of randomised controlled trials. <i>British Journal of Nutrition</i> , <b>2019</b> , 122, 361-375	3.6	5
260	Evaluation of linkage disequilibrium, population structure, and genetic diversity in the U.S. peanut mini core collection. <b>2019</b> , 20, 481		20
259	Sensory Characterization of Dominant Malawi Peanut Varieties After Roasting. <b>2019</b> , 84, 1554-1562		4
258	Dietary fats and cardiometabolic disease: mechanisms and effects on risk factors and outcomes. <b>2019</b> , 16, 581-601		65
257	Mechanisms underlying the cardiometabolic protective effect of walnut consumption in obese people: A cross-over, randomized, double-blind, controlled inpatient physiology study. <b>2019</b> , 21, 2086-2095		25
256	The Associations between Meat Group Consumption and Acute Myocardial Infarction Risks in an Iranian Population: a Case-Control Study. <b>2019</b> , 8, 159-168		
255	A Prospective Study of Nut Consumption and Risk of Primary Hepatocellular Carcinoma in the U.S. Women and Men. <b>2019</b> , 12, 367-374		9
254	Association of nuts and unhealthy snacks with subclinical atherosclerosis among children and adolescents with overweight and obesity. <b>2019</b> , 16, 23		4
253	Effect of Terminal Drought on Arginine Content in Peanut Genotypes with Difference in Levels of Drought Resistance. <b>2019</b> , 13, 155-162		3
252	Dietary components and risk of cardiovascular disease and all-cause mortality: a review of evidence from meta-analyses. <b>2019</b> , 26, 1415-1429		26

251	Biomarkers of food intake for nuts and vegetable oils: an extensive literature search. <b>2019</b> , 14, 7		27
250	Biogas generation from by-products of edible oil processing: a review of opportunities, challenges and strategies. <b>2019</b> , 9, 803-826		17
249	Dietary Interventions in Fatty Liver. <b>2019</b> , 245-255		
248	Cashew nut allergy; immune health challenge. <b>2019</b> , 86, 209-216		4
247	Influence of boiling and autoclave processing on the phenolic content, antioxidant activity and functional properties of pistachio, cashew and chestnut flours. <b>2019</b> , 105, 250-256		13
246	Freezing, roasting and salt dipping impacts on peroxide value, free fatty acid and fatty acid concentrations of nut kernels. <b>2019</b> , 71-76		5
245	Acute Effect of Pistachio Intake on Postprandial Glycemic and Gut Hormone Responses in Women With Gestational Diabetes or Gestational Impaired Glucose Tolerance: A Randomized, Controlled, Crossover Study. <i>Frontiers in Nutrition</i> , <b>2019</b> , 6, 186	6.2	3
244	Association between nut intake and non-alcoholic fatty liver disease risk: a retrospective case-control study in a sample of Chinese Han adults. <b>2019</b> , 9, e028961		14
243	Destructive and non-destructive techniques used for quality evaluation of nuts: A review. <b>2019</b> , 247, 138-146		8
242	Nutritional quality of almond, canarium, cashew and pistachio and their oil photooxidative stability. <b>2019</b> , 56, 792-798		22
241	Quantitative determination of free and esterified phytosterol profile in nuts and seeds commonly consumed in China by SPE/GCMS. <b>2019</b> , 100, 355-361		13
240	Fat replacement by oleogel rich in oleic acid and its impact on the technological, nutritional, oxidative, and sensory properties of Bologna-type sausages. <b>2019</b> , 149, 141-148		75
239	Hydrolysable tannins, gallic acid, and ellagic acid in walnut reduced 3-(4,5-Dimethylthiazol-2-yl)-2,5-Diphenyltetrazolium bromide (MTT) reduction in T-Cells cultured from the spleen of mice. <b>2019</b> , 7, 100140		3
238	Dietary Fatty Acids and Other Nutrients in Relation to Inflammation and Particularly to Oral Mucosa Inflammation. A Literature Review. <b>2019</b> , 71, 718-730		1
237	Effects of dietary fibres extracted from defatted sesame husk, rice bran & flaxseed on hypercholesteromic rats. <b>2019</b> , 17, 100176		3
236	Nut and peanut butter consumption and the risk of lung cancer and its subtypes: A prospective cohort study. <b>2019</b> , 128, 57-66		12
235	Metabolic syndrome, Mediterranean diet, and polyphenols: Evidence and perspectives. <b>2019</b> , 234, 5807-5826		68
234	Evaluating the associations of consumption of non-red meat protein sources and flavor preferences on sleeping patterns among older adults in China. <b>2019</b> , 17, 79-92		7

233	Pistachio nut allergy: An updated overview. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2019</b> , 59, 546-562	5.25	22
232	Health benefits of pistachios consumption. <i>Natural Product Research</i> , <b>2019</b> , 33, 715-726	2.3	18
231	Cashew Nut Allergy: Clinical Relevance and Allergen Characterisation. <b>2019</b> , 57, 1-22		31
230	Application of real-time PCR for tree nut allergen detection in processed foods. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2020</b> , 60, 1077-1093	11.5	18
229	Peanut and cardiovascular disease risk factors: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2020</b> , 60, 1123-1140	11.5	14
228	Consumption of nuts and seeds and pancreatic ductal adenocarcinoma risk in the European Prospective Investigation into Cancer and Nutrition. <b>2020</b> , 146, 76-84		8
227	Nut and peanut butter intake are not directly associated with the risk of endometrial or ovarian cancer: Results from a Dutch prospective cohort study. <b>2020</b> , 39, 2202-2210		4
226	The potential of the pecan nut cake as an ingredient for the food industry. <b>2020</b> , 127, 108718		8
225	Morphological and Compositional Analysis of Two Walnut ( <i>Juglans regia</i> L.) Cultivars Growing in China. <b>2020</b> , 75, 116-123		4
224	Bioactives and health benefits of nuts and dried fruits. <b>2020</b> , 314, 126192		52
223	Health aspects of peanuts as an outcome of its chemical composition. <b>2020</b> , 9, 21-30		34
222	Raman spectra and ab-initio calculations in <i>Bertholletia excelsa</i> oil. <b>2020</b> , 106, 102986		2
221	DNA barcoding coupled with high-resolution melting analysis for nut species and walnut milk beverage authentication. <b>2020</b> , 100, 2372-2379		6
220	Identification of health-promoting bioactive phenolics in black walnut using cloud-based metabolomics platform. <b>2020</b> , 14, 770-777		3
219	A Pilot Randomized Crossover Trial Assessing the Safety and Short-Term Effects of Walnut Consumption by Patients with Chronic Kidney Disease. <i>Nutrients</i> , <b>2019</b> , 12,	6.7	3
218	Contribution of nuts to the Mediterranean diet. <b>2020</b> , 141-150		1
217	Exploring the Resource Value of Transvaal Red Milk Wood ( ) for Food Security and Sustainability: An Appraisal of Existing Evidence. <b>2020</b> , 9,		2
216	Fatty Acid Profile of Mature Red Blood Cell Membranes and Dietary Intake as a New Approach to Characterize Children with Overweight and Obesity. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	8



215	Comparative Proteomic Analysis of Walnut ( L.) Pellicle Tissues Reveals the Regulation of Nut Quality Attributes. <b>2020</b> , 10,		1
214	Nutrient Composition of Different Hazelnut Cultivars Grown in Germany. <i>Foods</i> , <b>2020</b> , 9,	4.9	5
213	Cashew ( L.) Nuts Counteract Oxidative Stress and Inflammation in an Acute Experimental Model of Carrageenan-Induced Paw Edema. <b>2020</b> , 9,		29
212	Minor bioactive lipids in cold pressed oils. <b>2020</b> , 7-14		5
211	Nut and peanut butter intake and the risk of colorectal cancer and its anatomical and molecular subtypes: the Netherlands Cohort Study. <b>2020</b> , 41, 1368-1384		1
210	Adolescent alcohol, nuts, and fiber: combined effects on benign breast disease risk in young women. <b>2020</b> , 6, 61		4
209	Consumption of dietary nuts in midlife and risk of cognitive impairment in late-life: the Singapore Chinese Health Study. <b>2021</b> , 50, 1215-1221		4
208	Barriers and Facilitators to Nut Consumption: A Narrative Review. <b>2020</b> , 17,		7
207	The effect of a bread matrix on mastication of hazelnuts. <b>2020</b> , 137, 109692		0
206	Effects of walnut oil on metabolic profile and transcription factors in rats fed high-carbohydrate-/fat diets. <b>2020</b> , 44, e13235		5
205	Nutrition, Thrombosis, and Cardiovascular Disease. <b>2020</b> , 126, 1415-1442		14
204	Quality Characteristics and Volatile Profile of Macarons Modified with Walnut Oilcake By-product. <i>Molecules</i> , <b>2020</b> , 25,	4.8	10
203	Beneficial Effects of Nuts From India in Cardiovascular Disorders. <b>2020</b> , 453-469		
202	Dietary Fat and Cancer-Which Is Good, Which Is Bad, and the Body of Evidence. <b>2020</b> , 21,		24
201	Science and Healthy Meals in the World: Nutritional Epigenomics and Nutrigenetics of the Mediterranean Diet. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	20
200	Nut Consumption and Risk of Cancer: A Meta-analysis of Prospective Studies. <b>2020</b> , 29, 565-573		6
199	The effects of whole almond snack consumption on fasting blood lipids and insulin sensitivity: a randomised controlled trial in adults. <b>2020</b> , 79,		0
198	Second Version of a Mini-Survey to Evaluate Food Intake Quality (Mini-ECCA v.2): Reproducibility and Ability to Identify Dietary Patterns in University Students. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	2

197	Tree Nut Oils: Chemical Profiles, Extraction, Stability, and Quality Concerns. <b>2020</b> , 122, 1900450		16
196	Does 'activating' nuts affect nutrient bioavailability?. <b>2020</b> , 319, 126529		3
195	Biologically active and health promoting food components of nuts, oilseeds, fruits, vegetables, cereals, and legumes. <b>2020</b> , 609-656		7
194	Function processed cheese sauce fortified with peanut butter. <b>2020</b> , 44, e14656		1
193	Changes Induced by Pressure Processing on Immunoreactive Proteins of Tree Nuts. <i>Molecules</i> , <b>2020</b> , 25,	4.8	13
192	Higher Dietary Inflammatory Index Scores are Associated with Increased Odds of Benign Breast Diseases in a Case-Control Study. <b>2020</b> , 13, 61-69		3
191	Tree nut snack consumption is associated with better diet quality and CVD risk in the UK adult population: National Diet and Nutrition Survey (NDNS) 2008-2014. <b>2020</b> , 23, 3160-3169		8
190	Effects of Supplementing the Usual Diet with a Daily Dose of Walnuts for Two Years on Metabolic Syndrome and Its Components in an Elderly Cohort. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	6
189	The effect of Brazil nuts on selenium levels, Glutathione peroxidase, and thyroid hormones: A systematic review and meta-analysis of randomized controlled trials. <b>2020</b> , 32, 1845-1852		10
188	Plant-based milk substitutes: Bioactive compounds, conventional and novel processes, bioavailability studies, and health effects. <b>2020</b> , 70, 103975		74
187	The associations of plant-based protein intake with all-cause and cardiovascular mortality in patients on peritoneal dialysis. <b>2020</b> , 30, 967-976		7
186	Diet and liver cancer risk: a narrative review of epidemiological evidence. <i>British Journal of Nutrition</i> , <b>2020</b> , 124, 330-340	3.6	32
185	Effect of multi-frequency countercurrent ultrasound treatment on extraction optimization, functional and structural properties of protein isolates from Walnut ( <i>Juglans regia</i> L.) meal. <b>2020</b> , 44, e13210		7
184	Establishment of Acid Hydrolysis by BoxBehnken Methodology as Pretreatment to Obtain Reducing Sugars from Tiger Nut Byproducts. <b>2020</b> , 10, 477		3
183	Healthy nutrition in Germany: a survey analysis of social causes, obesity and socioeconomic status. <b>2020</b> , 23, 2109-2123		4
182	The effect of nut consumption (tree nuts and peanuts) on the gut microbiota of humans: a systematic review. <i>British Journal of Nutrition</i> , <b>2021</b> , 125, 508-520	3.6	13
181	Association of Total Nut, Tree Nut, Peanut, and Peanut Butter Consumption with Cancer Incidence and Mortality: A Comprehensive Systematic Review and Dose-Response Meta-Analysis of Observational Studies. <b>2021</b> , 12, 793-808		11
180	Replacing white rice bars with peanuts as snacks in the habitual diet improves metabolic syndrome risk among Chinese adults: a randomized controlled trial. <b>2020</b> ,		3

179	Postharvest Pathology. <b>2021</b> ,		
178	Biogenic and Risk Elements in Walnuts ( <i>Juglans regia</i> L.) from Chosen Localities of Slovakia. <b>2021</b> , 199, 2047-2056		0
177	Nutraceuticals for Cardiovascular Risk Factors Management in Children: An Evidence Based Approach. <b>2021</b> , 255-288		
176	A higher-protein nut-based snack product suppresses glycaemia and decreases glycaemic response to co-ingested carbohydrate in an overweight prediabetic Asian Chinese cohort: the T <sup>2</sup> Ora postprandial RCT. <b>2021</b> , 10, e30		1
175	Associations of dairy intake with risk of incident metabolic syndrome in children and adolescents: Tehran Lipid and Glucose Study. <b>2021</b> , 58, 447-457		3
174	The Effect of Nut Consumption on Diet Quality, Cardiometabolic and Gastrointestinal Health in Children: A Systematic Review of Randomized Controlled Trials. <b>2021</b> , 18,		4
173	The Association between Diet and Hepatocellular Carcinoma: A Systematic Review. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	8
172	Nut and legume consumption and human health: an umbrella review of observational studies. <b>2021</b> , 72, 871-878		12
171	Nutrient Composition and Aflatoxin Contamination of African Sourced Peanuts and Cashew Nuts: Its Implications on Health.		
170	Effects of cashew nut consumption on body composition and glycemic indices: A meta-analysis and systematic review of randomized controlled trials. <b>2021</b> , 15, 605-613		3
169	Influence of foods and nutrients on COVID-19 recovery: A multivariate analysis of data from 170 countries using a generalized linear model. <b>2021</b> ,		8
168	Nut consumption, risk of cardiovascular mortality, and potential mediating mechanisms: The Women's Health Study. <b>2021</b> , 15, 266-274		2
167	Association of Major Dietary Protein Sources With All-Cause and Cause-Specific Mortality: Prospective Cohort Study. <b>2021</b> , 10, e015553		9
166	Diet quality and periodontal disease: Results from the oral infections, glucose intolerance and insulin resistance study (ORIGINS). <b>2021</b> , 48, 638-647		2
165	Demand analysis of peanuts and tree nuts in the United States: a micro-perspective. <b>2021</b> , 24, 523-544		0
164	Effects of a Brazil nut-enriched diet on oxidative stress and inflammation markers in coronary artery disease patients: A small and preliminary randomised clinical trial. <i>Nutrition Bulletin</i> , <b>2021</b> , 46, 139-148	3.5	3
163	Diversity of Chemical Structures and Biosynthesis of Polyphenols in Nut-Bearing Species. <b>2021</b> , 12, 642581		3
162	Associations between Age-Related Hearing Loss and Dietary Assessment Using Data from Korean National Health and Nutrition Examination Survey. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	2

161	An automated non-destructive prediction of peroxide value and free fatty acid level in mixed nut samples. <b>2021</b> , 143, 110893		3
160	Associations between nut intake, cognitive function and non-alcoholic fatty liver disease (NAFLD) in older adults in the United States: NHANES 2011-14. <b>2021</b> , 21, 313		4
159	Study Protocol of a Multicenter Randomized Controlled Trial to Tackle Obesity through a Mediterranean Diet vs. a Traditional Low-Fat Diet in Adolescents: The MED4Youth Study. <b>2021</b> , 18,		0
158	Management of oxidative stress and inflammation in cardiovascular diseases: mechanisms and challenges. <b>2021</b> , 28, 34121-34153		7
157	Health Benefits Related to Tree Nut Consumption and Their Bioactive Compounds. <b>2021</b> , 22,		9
156	Acute consumption of a shake containing cashew and Brazil nuts did not affect appetite in overweight subjects: a randomized, cross-over study. <i>European Journal of Nutrition</i> , <b>2021</b> , 60, 4321-4330 <sup>5.2</sup>		0
155	A Review on Phytochemical Composition and Potential Health-promoting Properties of Walnuts. 1-27		1
154	Nutritional Significance of Fruit and Fruit Products in the Average Polish Diet. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	5
153	Effect of Almond Consumption on Metabolic Risk Factors-Glucose Metabolism, Hyperinsulinemia, Selected Markers of Inflammation: A Randomized Controlled Trial in Adolescents and Young Adults. <i>Frontiers in Nutrition</i> , <b>2021</b> , 8, 668622	6.2	1
152	A calorie-restricted diet with nuts favourably raises plasma high-density lipoprotein-cholesterol in overweight and obese patients with stable coronary heart disease: A randomised controlled trial. <b>2021</b> , 75, e14431		1
151	The Relationship of Tree Nuts and Peanuts with Adiposity Parameters: A Systematic Review and Network Meta-Analysis. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	5
150	Evaluating progress of chestnut quality: A review of recent developments. <b>2021</b> , 113, 245-254		7
149	The nutritional impact of replacing dietary meat with meat alternatives in the UK: a modelling analysis using nationally representative data. <i>British Journal of Nutrition</i> , <b>2021</b> , 1-11	3.6	4
148	Oilseeds as Functional Foods: Content and Composition of Many Phytochemicals and Therapeutic Alternatives.		1
147	The Mediterranean diet and health: a comprehensive overview. <b>2021</b> , 290, 549-566		26
146	Diet and exercise in NAFLD/NASH: Beyond the obvious. <b>2021</b> , 41, 2249-2268		8
145	Gut Microbiota Composition is Associated with Responses to Peanut Intervention in Multiple Parameters Among Adults with Metabolic Syndrome Risk. <b>2021</b> , 65, e2001051		0
144	Mining Natural Products with Anticancer Biological Activity through a Systems Biology Approach. <b>2021</b> , 2021, 9993518		1

143	Nut Allergenicity: Effect of Food Processing. <b>2021</b> , 1, 150-162		4
142	Effects of preheating and drying methods on pyridoxine, phenolic compounds, ginkgolic acids, and antioxidant capacity of Ginkgo biloba nuts. <b>2021</b> , 86, 4197-4208		1
141	Physicochemical, Functional, Fatty Acids Profile, Health Lipid Indices, Microstructure and Sensory Characteristics of Walnut-Processed Cheeses. <i>Foods</i> , <b>2021</b> , 10,	4.9	1
140	Nuts: Natural Pleiotropic Nutraceuticals. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	10
139	The association between insulin resistance and the consumption of nut including peanut, pine nut and almonds in working-aged Korean population. <b>2021</b> , 1-8		1
138	Early intervention and prevention of allergic diseases. <b>2021</b> ,		6
137	Tree nut consumption is associated with higher sex hormone-binding globulin levels in premenopausal US women. <i>Nutrition Research</i> , <b>2021</b> , 93, 61-68	4	1
136	Intake of Nuts and Seeds Is Associated with a Lower Prevalence of Nonalcoholic Fatty Liver Disease in US Adults: Findings from 2005-2018 NHANES. <b>2021</b> , 151, 3507-3515		1
135	Allergenicity, antioxidant activity and ACE-inhibitory activity of protease hydrolyzed peanut flour. <b>2021</b> , 360, 129992		5
134	Mediterranean diet and cognitive function: From methodology to mechanisms of action. <b>2021</b> , 176, 105-117		6
133	Peacan Nut ( <i>Carya illinoensis</i> ) Morphology, Taxonomy, Composition and Health Benefits. <b>2021</b> , 297-303		
132	Fruits and Vegetables as Sources of Functional Phytochemicals for the Prevention and Management of Obesity, Diabetes, and Cancer. <b>2021</b> , 147-167		2
131	Protocol for a randomized controlled trial to test the acceptability and adherence to 6-months of walnut supplementation in Chinese adults at high risk of cardiovascular disease. <b>2021</b> , 20, 3		2
130	Macadamia ( <i>Macadamia spp.</i> ) Breeding. <b>2019</b> , 221-251		10
129	The effectiveness of pistachio on glycemic control and insulin sensitivity in patients with type 2 diabetes, prediabetes and metabolic syndrome: A systematic review and meta-analysis. <b>2020</b> , 14, 1589-1595		5
128	Walnut-Enriched Diet Elevated Linolenic Acid, Phytosterols, and Phytosterols in Rat Liver and Heart Tissues and Modulated Anti-inflammatory Lipid Mediators in the Liver. <b>2021</b> , 69, 9094-9101		4
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