

Does chocolate reduce blood pressure? A meta-analysis

BMC Medicine

8, 39

DOI: [10.1186/1741-7015-8-39](https://doi.org/10.1186/1741-7015-8-39)

Citation Report

#	ARTICLE	IF	CITATIONS
2	Cocoa flavanols: effects on vascular nitric oxide and blood pressure. <i>Journal of Clinical Biochemistry and Nutrition</i> , 2010, 48, 63-67.	0.6	75
3	Statistics in the News. <i>American Statistician</i> , 2011, 65, 80-88.	0.9	0
4	Dietary factors associated with hypertension. <i>Nature Reviews Cardiology</i> , 2011, 8, 456-465.	6.1	108
5	Protective effect of lycopene on serum cholesterol and blood pressure: Meta-analyses of intervention trials. <i>Maturitas</i> , 2011, 68, 299-310.	1.0	160
6	The impact of chocolate on cardiovascular health. <i>Maturitas</i> , 2011, 69, 312-321.	1.0	74
7	Nuts, hypertension and endothelial function. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2011, 21, S21-S33.	1.1	74
8	Candy consumption was not associated with body weight measures, risk factors for cardiovascular disease, or metabolic syndrome in US adults: NHANES 1999-2004. <i>Nutrition Research</i> , 2011, 31, 122-130.	1.3	36
9	Chocolate consumption and cardiometabolic disorders: systematic review and meta-analysis. <i>BMJ: British Medical Journal</i> , 2011, 343, d4488-d4488.	2.4	198
10	Does chocolate reduce blood pressure? A meta-analysis. <i>Yearbook of Cardiology</i> , 2011, 2011, 26-28.	0.0	0
11	Effects on Peripheral and Central Blood Pressure of Cocoa With Natural or High-Dose Theobromine: A Randomized, Double-Blind Crossover Trial. <i>Yearbook of Cardiology</i> , 2011, 2011, 88-89.	0.0	0
12	Nondrug Interventions for Treatment of Hypertension. <i>Journal of Clinical Hypertension</i> , 2011, 13, 829-835.	1.0	20
13	Dietary flavonoids: Role of (âˆ™)-epicatechin and related procyanidins in cell signaling. <i>Free Radical Biology and Medicine</i> , 2011, 51, 813-823.	1.3	212
14	Cocoa Consumption, Cocoa Flavonoids, and Effects on Cardiovascular Risk Factors: An Evidence-Based Review. <i>Current Cardiovascular Risk Reports</i> , 2011, 5, 120-127.	0.8	15
15	Chocolate and Coronary Heart Disease: A Systematic Review. <i>Current Atherosclerosis Reports</i> , 2011, 13, 447-452.	2.0	30
16	Is Bitter Better? The Benefits of Chocolate for the Cardiovascular System. <i>Current Hypertension Reports</i> , 2011, 13, 401-403.	1.5	0
17	Compliance, tolerability and safety of two antioxidant-rich diets: a randomised controlled trial in male smokers. <i>British Journal of Nutrition</i> , 2011, 106, 557-571.	1.2	13
18	Effects of dark chocolate on blood pressure in patients with hypertension. <i>American Journal of Health-System Pharmacy</i> , 2012, 69, 1287-1293.	0.5	3
19	The effectiveness and cost effectiveness of dark chocolate consumption as prevention therapy in people at high risk of cardiovascular disease: best case scenario analysis using a Markov model. <i>BMJ, The</i> , 2012, 344, e3657-e3657.	3.0	39

#	ARTICLE	IF	CITATIONS
20	Influence of sugar type on the bioavailability of cocoa flavanols. <i>British Journal of Nutrition</i> , 2012, 108, 2243-2250.	1.2	32
21	Epicatechin ingested via cocoa products reduces blood pressure in humans: a nonlinear regression model with a Bayesian approach. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 1365-1377.	2.2	74
22	Consumption of High-Polyphenol Dark Chocolate Improves Endothelial Function in Individuals with Stage 1 Hypertension and Excess Body Weight. <i>International Journal of Hypertension</i> , 2012, 2012, 1-9.	0.5	38
23	Blood pressure-lowering effect of dietary (âˆ”)-epicatechin administration in L-NAME-treated rats is associated with restored nitric oxide levels. <i>Free Radical Biology and Medicine</i> , 2012, 53, 1894-1902.	1.3	56
24	Petite histoire mÃ©dicale et savoureuse du chocolat. <i>Medecine Des Maladies Metaboliques</i> , 2012, 6, 252-255.	0.1	0
25	Effects of chocolate, cocoa, and flavan-3-ols on cardiovascular health: a systematic review and meta-analysis of randomized trials. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 740-751.	2.2	513
26	Relative impact of flavonoid composition, dose and structure on vascular function: A systematic review of randomised controlled trials of flavonoidâ€”rich food products. <i>Molecular Nutrition and Food Research</i> , 2012, 56, 1605-1616.	1.5	126
27	Polyphenols in the diet: friend or foe?. <i>Nutrition Bulletin</i> , 2012, 37, 297-308.	0.8	9
28	<i>Theobroma cacao</i> . , 2012, , 208-251.		1
29	Ingestion of cocoa ameliorates endothelial dysfunction in mesentery arterioles induced by high fat diet in rats: An in vivo intravital microscopy study. <i>Life Sciences</i> , 2012, 91, 1196-1200.	2.0	5
31	Hypotensive, hypoglycaemic and antioxidant effects of consuming a cocoa product in moderately hypercholesterolemic humans. <i>Food and Function</i> , 2012, 3, 867.	2.1	28
32	Blueberry supplementation induces spatial memory improvements and region-specific regulation of hippocampal BDNF mRNA expression in young rats. <i>Psychopharmacology</i> , 2012, 223, 319-330.	1.5	102
33	Effect of cocoa on blood pressure. , 2012, , CD008893.		103
34	<i>Theobroma cacao</i> â€”An Introduction to the Plant, Its Composition, Uses, and Health Benefits. , 2012, , 35-62.		2
35	Cocoa intake and arterial stiffness in subjects with cardiovascular risk factors. <i>Nutrition Journal</i> , 2012, 11, 8.	1.5	10
36	The Effects of Cocoa- and Chocolate-Related Products on Neurocognitive Functioning. , 2013, , 369-379.		3
37	Cocoa and Human Health. <i>Annual Review of Nutrition</i> , 2013, 33, 105-128.	4.3	86
38	Nutrition and Nutraceutical Supplements for the Treatment of Hypertension: Part III. <i>Journal of Clinical Hypertension</i> , 2013, 15, 931-937.	1.0	5

#	ARTICLE	IF	CITATIONS
39	Kiwifruit decreases blood pressure and whole-blood platelet aggregation in male smokers. <i>Journal of Human Hypertension</i> , 2013, 27, 126-130.	1.0	34
40	Roundoc Rx: Natural Interventions to Prevent Hypertension: Part 2â€”Six Things to Include. <i>Alternative and Complementary Therapies</i> , 2013, 19, 113-118.	0.1	0
41	Roundoc Rx: Natural Interventions to Prevent Hypertension: Part 1â€”Six Things to Avoid. <i>Alternative and Complementary Therapies</i> , 2013, 19, 63-66.	0.1	1
42	The role of nutrition and nutraceutical supplements in the prevention and treatment of hypertension. <i>Clinical Practice (London, England)</i> , 2013, 10, 209-229.	0.1	4
43	Cardioprotective effects of cocoa: Clinical evidence from randomized clinical intervention trials in humans. <i>Molecular Nutrition and Food Research</i> , 2013, 57, 936-947.	1.5	73
44	Behavioural effects of compounds co-consumed in dietary forms of caffeinated plants. <i>Nutrition Research Reviews</i> , 2013, 26, 49-70.	2.1	14
45	Cocoa Polyphenols: Can We Consider Cocoa and Chocolate as Potential Functional Food?. <i>Journal of Chemistry</i> , 2013, 2013, 1-7.	0.9	25
46	Characterisation of Hypertensive Patients with Improved Endothelial Function after Dark Chocolate Consumption. <i>International Journal of Hypertension</i> , 2013, 2013, 1-6.	0.5	14
47	Effect of cocoa and theobromine consumption on serum HDL-cholesterol concentrations: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 1201-1209.	2.2	90
48	Flavan 3-ols improve metabolic syndrome risk factors: evidence and mechanisms. <i>Journal of Clinical Biochemistry and Nutrition</i> , 2013, 52, 186-192.	0.6	36
49	Cocoa Consumption Alters the Global DNA Methylation of Peripheral Leukocytes in Humans with Cardiovascular Disease Risk Factors: A Randomized Controlled Trial. <i>PLoS ONE</i> , 2013, 8, e65744.	1.1	50
50	Enhancement of Energy Expenditure following a Single Oral Dose of Flavan-3-Ols Associated with an Increase in Catecholamine Secretion. <i>PLoS ONE</i> , 2014, 9, e112180.	1.1	40
51	The effects of acute aerobic activity on cognition and cross-domain transfer to eating behavior. <i>Frontiers in Human Neuroscience</i> , 2014, 8, 267.	1.0	25
52	Cocoa, Flavonoids and Cardiovascular Protection. , 2014, , 1009-1023.		3
53	Cacao Polyphenols Influence the Regulation of Apolipoproteins. , 2014, , 963-970.		0
55	Effects of dark chocolate and cocoa consumption on endothelial function and arterial stiffness in overweight adults. <i>British Journal of Nutrition</i> , 2014, 111, 653-661.	1.2	103
56	Chocolate â€” the heartâ€”healthy treat. Is this too good to be true?. <i>Nutrition Bulletin</i> , 2014, 39, 89-94.	0.8	0
57	Regular consumption of a cocoa product improves the cardiometabolic profile in healthy and moderately hypercholesterolaemic adults. <i>British Journal of Nutrition</i> , 2014, 111, 122-134.	1.2	70

#	ARTICLE	IF	CITATIONS
58	Uptake and metabolism of (âˆ™)-epicatechin in endothelial cells. Archives of Biochemistry and Biophysics, 2014, 559, 17-23.	1.4	31
59	Realistic intake of a flavanol-rich soluble cocoa product increases HDL-cholesterol without inducing anthropometric changes in healthy and moderately hypercholesterolemic subjects. Food and Function, 2014, 5, 364.	2.1	40
60	The flavan-3-ol fraction of cocoa powder suppressed changes associated with early-stage metabolic syndrome in high-fat diet-fed rats. Life Sciences, 2014, 114, 51-56.	2.0	24
61	Flavan-3-ol fraction from cocoa powder promotes mitochondrial biogenesis in skeletal muscle in mice. Lipids in Health and Disease, 2014, 13, 64.	1.2	37
62	Oxidised LDL levels decreases after the consumption of ready-to-eat meals supplemented with cocoa extract within a hypocaloric diet. Nutrition, Metabolism and Cardiovascular Diseases, 2014, 24, 416-422.	1.1	57
63	The role of nutrition and nutraceutical supplements in the treatment of hypertension. World Journal of Cardiology, 2014, 6, 38.	0.5	68
64	Title is missing!. , 2015, , 43-84.		0
66	Habitual Chocolate Consumption and 24â€¢Hour Blood Pressure Control in Older Adults with Hypertension. Journal of the American Geriatrics Society, 2015, 63, 2637-2639.	1.3	0
67	The acute and sub-chronic effects of cocoa flavanols on mood, cognitive and cardiovascular health in young healthy adults: a randomized, controlled trial. Frontiers in Pharmacology, 2015, 6, 93.	1.6	71
68	Chocolate Consumption and Risk of Atrial Fibrillation (from the Physicians' Health Study). American Journal of Cardiology, 2015, 116, 563-566.	0.7	14
69	Pharmacokinetic, partial pharmacodynamic and initial safety analysis of (âˆ™)-epicatechin in healthy volunteers. Food and Function, 2015, 6, 824-833.	2.1	31
70	Effects of the pure flavonoids epicatechin and quercetin on vascular function and cardiometabolic health: a randomized, double-blind, placebo-controlled, crossover trial. American Journal of Clinical Nutrition, 2015, 101, 914-921.	2.2	177
71	Cocoa, Blood Pressure, and Cardiovascular Health. Journal of Agricultural and Food Chemistry, 2015, 63, 9901-9909.	2.4	33
72	Cocoa consumption dose-dependently improves flow-mediated dilation and arterial stiffness decreasing blood pressure in healthy individuals. Journal of Hypertension, 2015, 33, 294-303.	0.3	91
73	Diabetes and Chocolate: Friend or Foe?. Journal of Agricultural and Food Chemistry, 2015, 63, 9910-9918.	2.4	9
74	Antihypertensive activity of blueberries fermented by Lactobacillus plantarum DSM 15313 and effects on the gut microbiota in healthy rats. Clinical Nutrition, 2015, 34, 719-726.	2.3	82
75	Cocoa and Human Health: From Head to Footâ€¢A Review. Critical Reviews in Food Science and Nutrition, 2016, 56, 1-12.	5.4	63
76	(âˆ™)-Epicatechin Prevents Blood Pressure Increase and Reduces Locomotor Hyperactivity in Young Spontaneously Hypertensive Rats. Oxidative Medicine and Cellular Longevity, 2016, 2016, 1-14.	1.9	41

#	ARTICLE	IF	CITATIONS
77	Lifestyle Choices, Risk Factors, and Cardiovascular Disease. , 2016, , 97-118.		0
78	Impact of Cocoa Consumption on Inflammation Processesâ€”A Critical Review of Randomized Controlled Trials. <i>Nutrients</i> , 2016, 8, 321.	1.7	29
79	Cocoaâ€”past medicinal uses, current scientific evidence, and advertised health benefits. , 2016, , 271-292.		1
80	Update in Hypertension Therapy. <i>Medical Clinics of North America</i> , 2016, 100, 665-693.	1.1	7
81	Fast and comprehensive analysis of secondary metabolites in cocoa products using ultra highâ€”performance liquid chromatography directly after pressurized liquid extraction. <i>Journal of Separation Science</i> , 2016, 39, 3113-3122.	1.3	12
82	Onset of a hypotensive effect following ingestion of flavan 3-ols involved in the activation of adrenergic receptors. <i>Free Radical Biology and Medicine</i> , 2016, 99, 584-592.	1.3	12
83	Nutritional Supplements for the Treatment of Hypertension: A Practical Guide for Clinicians. <i>Current Cardiology Reports</i> , 2016, 18, 126.	1.3	10
84	A single oral dose of flavan-3-ols enhances energy expenditure by sympathetic nerve stimulation in mice. <i>Free Radical Biology and Medicine</i> , 2016, 91, 256-263.	1.3	32
85	Effect of cocoa on blood pressure. <i>The Cochrane Library</i> , 2017, 2017, CD008893.	1.5	107
86	Exploring Possible Health Effects of Polyphenols in Foods. <i>Nutrition Today</i> , 2017, 52, 62-72.	0.6	2
87	Catechins as Potential Mediators of Cardiovascular Health. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2017, 37, 757-763.	1.1	75
88	Effects of cocoaâ€”enriched diet on orofacial pain in a murine model. <i>Orthodontics and Craniofacial Research</i> , 2017, 20, 157-161.	1.2	5
89	Role of Dietary Antioxidants in the Preservation of Vascular Function and the Modulation of Health and Disease. <i>Frontiers in Cardiovascular Medicine</i> , 2017, 4, 64.	1.1	62
90	Cocoa, Blood Pressure, and Vascular Function. <i>Frontiers in Nutrition</i> , 2017, 4, 36.	1.6	68
91	Changes in endothelial function, arterial stiffness and blood pressure in pregnant women after consumption of high-flavanol and high-theobromine chocolate: a double blind randomized clinical trial. <i>Hypertension in Pregnancy</i> , 2018, 37, 68-80.	0.5	9
92	Possible mechanisms of postprandial physiological alterations following flavan 3-ol ingestion. <i>Nutrition Reviews</i> , 2018, 76, 174-186.	2.6	17
93	Sensory profiling and consumer acceptability of new dark cocoa bars containing Tuscan autochthonous food products. <i>Food Science and Nutrition</i> , 2018, 6, 245-252.	1.5	8
94	Cardioprotection by Cocoa Polyphenols and <i>n</i> -3 Fatty Acids: A Disease-Prevention Perspective on Aging-Associated Cardiovascular Risk. <i>Journal of Medicinal Food</i> , 2018, 21, 1060-1069.	0.8	37

#	ARTICLE	IF	CITATIONS
95	Can flavonoid-rich chocolate modulate arterial elasticity and pathological uterine artery Doppler blood flow in pregnant women? A pilot study. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2018, 31, 2293-2298.	0.7	1
97	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults. <i>Journal of the American College of Cardiology</i> , 2018, 71, e127-e248.	1.2	4,042
98	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. <i>Hypertension</i> , 2018, 71, e13-e115.	1.3	3,332
99	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. <i>Circulation</i> , 2018, 138, e484-e594.	1.6	330
100	Chocolate and Its Component's Effect on Cardiovascular Disease. , 2018, , 255-266.		3
101	Cocoa-induced (<i>Theobroma cacao</i>) effects on cardiovascular system: HDL modulation pathways. <i>Clinical Nutrition ESPEN</i> , 2018, 27, 10-15.	0.5	21
102	A nutritive dose of pure (â€“)â€“)-epicatechin does not beneficially affect increased cardiometabolic risk factors in overweight-to-obese adultsâ€“a randomized, placebo-controlled, double-blind crossover study. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 948-956.	2.2	25
103	Single oral administration of flavan 3-ols induces stress responses monitored with stress hormone elevations in the plasma and paraventricular nucleus. <i>Neuroscience Letters</i> , 2018, 682, 106-111.	1.0	11
104	Treatment of Hypertension with Nutrition and Nutraceutical Supplements: Part 2. Alternative and Complementary Therapies, 2019, 25, 23-36.	0.1	3
105	Effects of Extra Virgin Olive Oil and Apples Enriched-Dark Chocolate on Endothelial Progenitor Cells in Patients with Cardiovascular Risk Factors: A Randomized Cross-Over Trial. <i>Antioxidants</i> , 2019, 8, 88.	2.2	7
106	Non-pharmacological Treatment. Updates in Hypertension and Cardiovascular Protection, 2019, , 263-284.	0.1	0
107	The Possible Role of Nutraceuticals in the Prevention of Cardiovascular Disease. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2019, 26, 101-111.	1.0	15
108	The effects of polyphenols and other bioactives on human health. <i>Food and Function</i> , 2019, 10, 514-528.	2.1	664
109	Cocoa Consumption and Prevention of Cardiometabolic Diseases and Other Chronic Diseases. , 2019, , 317-345.		0
110	Cardioprotective Mechanisms of Cocoa. <i>Journal of the American College of Nutrition</i> , 2019, 38, 564-575.	1.1	7
111	Theobromine consumption does not improve fasting and postprandial vascular function in overweight and obese subjects. <i>European Journal of Nutrition</i> , 2019, 58, 981-987.	1.8	5
112	The Effect of a Single Dose of Dark Chocolate on Cardiovascular Parameters and Their Reactivity to Mental Stress. <i>Journal of the American College of Nutrition</i> , 2020, 39, 414-421.	1.1	8
113	The role of nutraceuticals in prevention and treatment of hypertension: An updated review of the literature. <i>Food Research International</i> , 2020, 128, 108749.	2.9	39

#	ARTICLE	IF	CITATIONS
114	Acute, chronic, recovery, and prevention stages. , 2020, , 35-53.		0
115	The effect of cocoa consumption on markers of oxidative stress: A systematic review and meta-analysis of interventional studies. <i>Complementary Therapies in Medicine</i> , 2020, 48, 102240.	1.3	10
116	Using digital health technology to evaluate the impact of chocolate on blood pressure: Results from the COCOA-BP study. <i>Cardiovascular Digital Health Journal</i> , 2020, 1, 89-96.	0.5	1
117	Effect of Cocoa and Cocoa Products on Cognitive Performance in Young Adults. <i>Nutrients</i> , 2020, 12, 3691.	1.7	36
118	The influence of different concentrations of flavanol chocolate bars under acute supplement conditions on exercise and performance. <i>European Journal of Applied Physiology</i> , 2020, 120, 2075-2082.	1.2	4
119	Cocoa Consumption and Blood Pressure in Middle-Aged and Elderly Subjects: a Meta-Analysis. <i>Current Hypertension Reports</i> , 2020, 22, 1.	1.5	38
120	Relationship between hemodynamic alteration and sympathetic nerve activation following a single oral dose of cinnamtannin A2. <i>Free Radical Research</i> , 2021, 55, 491-498.	1.5	4
121	Chocolate consumption and risk of coronary artery disease: the Million Veteran Program. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 1137-1144.	2.2	5
122	Weekly Physiological Changes in Blood Pressure During Three Weeks Daily Consumption of 10 Grams of Cocoa Powder Among Young Black Africans in Côte d'Ivoire. <i>Frontiers in Physiology</i> , 2021, 12, 634791.	1.3	1
123	Impact of cocoa flavanols on human health. <i>Food and Chemical Toxicology</i> , 2021, 151, 112121.	1.8	39
125	Clinical Benefits of Cocoa: An Overview. , 2013, , 265-275.		3
126	Cocoa, Chocolate and Hypertension. , 2012, , 115-125.		3
127	Chocolate dose may be too much. <i>BMJ: British Medical Journal</i> , 2010, 341, c4176-c4176.	2.4	2
128	HEAL for Non-Communicable Diseases. , 2016, , 1-26.		3
129	Cocoa, Hazelnuts, Sterols and Soluble Fiber Cream Reduces Lipids and Inflammation Biomarkers in Hypertensive Patients: A Randomized Controlled Trial. <i>PLoS ONE</i> , 2012, 7, e31103.	1.1	37
130	Bone Marrow Stromal and Vascular Smooth Muscle Cells Have Chemosensory Capacity via Bitter Taste Receptor Expression. <i>PLoS ONE</i> , 2013, 8, e58945.	1.1	48
131	Alteration of the Systemic and Microcirculation by a Single Oral Dose of Flavan-3-Ols. <i>PLoS ONE</i> , 2014, 9, e94853.	1.1	12
132	Chocolate and Health-Related Quality of Life: A Prospective Study. <i>PLoS ONE</i> , 2015, 10, e0123161.	1.1	8

#	ARTICLE	IF	CITATIONS
133	A single dose of dark chocolate increases parasympathetic modulation and heart rate variability in healthy subjects. <i>Revista De Nutricao</i> , 2016, 29, 765-773.	0.4	10
134	Flavonoids and Reduction of Cardiovascular Disease (CVD) in Chronic Obstructive Pulmonary Disease (COPD). <i>Current Medicinal Chemistry</i> , 2019, 26, 7048-7058.	1.2	7
135	An Apple Plus a Brazil Nut a Day Keeps the Doctors Away: Antioxidant Capacity of Foods and their Health Benefits. <i>Current Pharmaceutical Design</i> , 2015, 22, 189-195.	0.9	14
136	EDITORIAL - Perspectives on Chocolate Consumption and Risk of Cardiovascular Dis-eases and Cognitive Function. <i>The Open Nutraceuticals Journal</i> , 2012, 5, 207-212.	0.2	9
137	Polyphenols more than an Antioxidant: Role and Scope. <i>Journal of Pure and Applied Microbiology</i> , 2020, 14, 47-61.	0.3	13
138	Diagnosed, undiagnosed and overall atrial fibrillation research on population over 60 year-old. AFABE study. <i>Cardiovascular System</i> , 2014, 2, 2.	1.0	2
139	Short Term Effects of Cocoa Consumption on Blood Pressure. <i>West Indian Medical Journal</i> , 2014, 63, 312-7.	0.4	4
140	Doseâ€effect relation between regular consumption of 100% cocoa powder and blood pressure in young, healthy black Africans. <i>Physiological Reports</i> , 2021, 9, e15070.	0.7	2
141	Dark Chocolate and (Pre-)Hypertension. , 2013, , 313-325.		1
142	Diagnosed, undiagnosed and overall atrial fibrillation research on population over 60 year-old. AFABE study. <i>Cardiovascular System</i> , 2014, 2, 3.	1.0	0
143	The cardiometabolic benefits of flavonoids and dark chocolate intake in patients at risk. <i>ARS Medica Tomitana</i> , 2014, 20, 14-18.	0.0	1
144	Cacao as a Globalised Functional Food: Review on Cardiovascular Effects of Chocolate Consumption. <i>Open Agriculture Journal</i> , 2016, 10, 36-51.	0.3	3
145	Pain response following prenatal stress and its modulation by antioxidants. , 2022, , 487-497.		0
146	Cocoa and chocolate consumption and prevention of cardiovascular diseases and other chronic diseases. , 2022, , 279-299.		1
147	Consumption of caffeinated and decaffeinated coffee enriched with cocoa and fructoâ€oligosaccharides among nonâ€diabetic persons: Double blind randomized clinical trial. <i>Journal of Food Biochemistry</i> , 2022, , e14081.	1.2	1
148	Effects of cocoa products intake on cardiometabolic biomarkers of type 2 diabetes patients: a systematic review and meta-analysis based on both long-term and short-term randomised controlled trials. <i>International Journal of Food Sciences and Nutrition</i> , 2022, 73, 571-587.	1.3	6
149	Genusmittel und Fettleber. , 2022, , 375-383.		0
150	From Cocoa to Chocolate: Effect of Processing on Flavanols and Methylxanthines and Their Mechanisms of Action. <i>International Journal of Molecular Sciences</i> , 2022, 23, 14365.	1.8	20

#	ARTICLE	IF	CITATIONS
152	Polyphenols: A promising nutritional strategy for the prevention and treatment of hypertension. Studies in Natural Products Chemistry, 2024, , 15-54.	0.8	0