

CITATION REPORT

List of articles citing

Surfing the urge: brief mindfulness-based intervention for college student smokers

DOI: 10.1037/a0017127

Psychology of Addictive Behaviors, 2009, 23, 666-71.

Source: <https://exaly.com/paper-pdf/46864096/citation-report.pdf>

Version: 2024-04-29

This report has been generated based on the citations recorded by exaly.com for the above article. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

#	Paper	IF	Citations
257	Measuring mindfulness and examining its relationship with alcohol use and negative consequences. <i>Psychology of Addictive Behaviors</i> , 2010 , 24, 608-16	3.4	114
256	Posttraumatic Stress Symptom Severity and Marijuana Use Coping Motives: A Test of the Mediating Role of Non-Judgmental Acceptance within a Trauma-Exposed Community Sample. 2010 , 1, 98-106		23
255	Mindfulness-based treatments for co-occurring depression and substance use disorders: what can we learn from the brain?. 2010 , 105, 1698-706		96
254	Psychosocial outcomes of mindfulness-based relapse prevention in incarcerated substance abusers in Taiwan: A preliminary study. 2011 , 16, 476-483		32
253	Posttraumatic stress and alcohol use coping motives among a trauma-exposed community sample: the mediating role of non-judgmental acceptance. 2011 , 36, 707-12		26
252	Effects of mindfulness on psychological health: a review of empirical studies. 2011 , 31, 1041-56		1267
251	Combined Goal Management Training and Mindfulness meditation improve executive functions and decision-making performance in abstinent polysubstance abusers. 2011 , 117, 78-81		135
250	Mindfulness training for smoking cessation: results from a randomized controlled trial. 2011 , 119, 72-80		264
249	Open, aware, and active: contextual approaches as an emerging trend in the behavioral and cognitive therapies. 2011 , 7, 141-68		446
248	Overview of outcome data of potential meditation training for soldier resilience. 2011 , 176, 1232-42		31
247	Anxiety diagnoses in smokers seeking cessation treatment: relations with tobacco dependence, withdrawal, outcome and response to treatment. 2011 , 106, 418-27		132
246	Mindfulness predicts less texting while driving among young adults: Examining attention- and emotion-regulation motives as potential mediators. 2011 , 51, 856-861		78
245	Coping with Cigarette Cravings: Comparison of Suppression Versus Mindfulness-Based Strategies. 2011 , 2, 14-26		63
244	The Positive Impact of Mindful Eating on Expectations of Food Liking. 2011 , 2, 103-113		33
243	Role of sensitivity to anxiety symptoms in responsiveness to mindfulness versus suppression strategies for coping with smoking cravings. 2011 , 67, 439-45		16
242	The development of a brief acceptance and mindfulness-based program aimed at reducing sexual revictimization among college women with a history of childhood sexual abuse. 2011 , 67, 969-80		19
241	Meditation-State Functional Connectivity (msFC): Strengthening of the Dorsal Attention Network and Beyond. 2012 , 2012, 680407		67

240	Smoking, nicotine dependence, and motives to quit in Asian American versus Caucasian college students. <i>Nicotine and Tobacco Research</i> , 2012 , 14, 1235-40	4.9	8
239	Interpersonal mindfulness informed by Functional Analytic Psychotherapy: Findings from a pilot randomized trial.. 2012 , 7, 9-15		4
238	Concurrent drinking and smoking among college students: An event-level analysis. <i>Psychology of Addictive Behaviors</i> , 2012 , 26, 649-54	3.4	51
237	Mediators of the association of major depressive syndrome and anxiety syndrome with postpartum smoking relapse. <i>Journal of Consulting and Clinical Psychology</i> , 2012 , 80, 636-48	6.5	24
236	Responding to tobacco craving: experimental test of acceptance versus suppression. <i>Psychology of Addictive Behaviors</i> , 2012 , 26, 830-7	3.4	15
235	Acceptance and Mindfulness-Based Tobacco Cessation Interventions for Individuals With Mental Health Disorders. 2012 , 8, 89-98		5
234	A compassionate approach to the treatment of addictive behaviors: The contributions of Alan Marlatt to the field of mindfulness-based interventions. 2012 , 20, 243-249		6
233	The role of emotional nonacceptance in the relation between depression and recent cigarette smoking. 2012 , 21, 293-301		21
232	Motivational and mindfulness intervention for young adult female marijuana users. 2012 , 42, 56-64		58
231	Effects of emotion regulation strategies on smoking craving, attentional bias, and task persistence. 2012 , 50, 333-40		71
230	The impact of treatment components suggested by the psychological flexibility model: a meta-analysis of laboratory-based component studies. 2012 , 43, 741-56		240
229	Meditation-induced changes in high-frequency heart rate variability predict smoking outcomes. 2012 , 6, 54		35
228	Cue exposure and response prevention with heavy smokers: a laboratory-based randomised placebo-controlled trial examining the effects of D-cycloserine on cue reactivity and attentional bias. 2012 , 221, 273-84		32
227	Pavlovian Craving and Overeating: A Conditioned Incentive Model. 2013 , 2, 165-170		26
226	A Systematic Review of Gender Differences in the Effectiveness of Mindfulness-Based Treatments for Substance Use Disorders. 2013 , 4, 318-331		71
225	A Mindfulness-Based Smoking Cessation Program for Individuals with Mild Intellectual Disability. 2013 , 4, 148-157		23
224	The Experience of Meaning in Life. 2013 ,		50
223	Mindfulness training for smoking cessation: moderation of the relationship between craving and cigarette use. 2013 , 130, 222-9		115

222	Retraining the addicted brain: a review of hypothesized neurobiological mechanisms of mindfulness-based relapse prevention. <i>Psychology of Addictive Behaviors</i> , 2013 , 27, 351-365	3-4	122
221	Mind-body practices: an alternative, drug-free treatment for smoking cessation? A systematic review of the literature. 2013 , 132, 399-410		57
220	Cannabidiol reduces cigarette consumption in tobacco smokers: preliminary findings. 2013 , 38, 2433-6		107
219	Craving to quit: psychological models and neurobiological mechanisms of mindfulness training as treatment for addictions. <i>Psychology of Addictive Behaviors</i> , 2013 , 27, 366-79	3-4	182
218	Relapse and Lapse. 2013 , 125-132		6
217	Effects of brief mindfulness instructions on reactions to body image stimuli among female smokers: an experimental study. <i>Nicotine and Tobacco Research</i> , 2013 , 15, 376-84	4-9	30
216	Mindful attention reduces neural and self-reported cue-induced craving in smokers. 2013 , 8, 73-84		177
215	Strategies for Reducing Antipsychotic Polypharmacy. 2013 , 9, 208-218		4
214	Tobacco Dependence. 2013 , 1299-1314		
213	Meditative practices predict spirituality but mindfulness does not predict alcohol use in African-American college students. 2014 , 17, 379-389		7
212	Qualitative research building real-life interventions: user-involving development of a mindfulness-based lifestyle change support program for overweight citizens. 2014 , 68, 1129-33		5
211	Metaphors of smokeless tobacco addiction and cessation. 2014 , 22, 49-56		2
210	Mindfulness training targets neurocognitive mechanisms of addiction at the attention-appraisal-emotion interface. 2014 , 4, 173		142
209	Mindfulness as a strategy for coping with cue-elicited cravings for alcohol: an experimental examination. 2014 , 38, 1134-42		30
208	Using spiritually modified cognitive-behavioral therapy in substance dependence treatment: therapists' and clients' perceptions of the presumed benefits and limitations. 2014 , 39, 200-10		4
207	Mindfulness-Based Relapse Prevention for Addictive Behaviors. 2014 , 141-157		10
206	Relative efficacy of mindfulness-based relapse prevention, standard relapse prevention, and treatment as usual for substance use disorders: a randomized clinical trial. 2014 , 71, 547-56		393
205	The Addict in Us all. 2014 , 5, 139		17

204	Mindfulness Ameliorates the Relationship between Weight Concerns and Smoking Behavior in Female Smokers: A Cross-Sectional Investigation. 2014 , 5, 179-185		14
203	A Randomized Controlled Trial of a Mindfulness-Based Smoking Cessation Program for Individuals with Mild Intellectual Disability. 2014 , 12, 153-168		31
202	Relationship between dispositional mindfulness and substance use: findings from a clinical sample. 2014 , 39, 532-7		57
201	Are mindfulness-based interventions effective for substance use disorders? A systematic review of the evidence. 2014 , 49, 492-512		214
200	Randomized trial on mindfulness training for smokers targeted to a disadvantaged population. 2014 , 49, 571-85		67
199	Unresolved issues in the application of mindfulness-based interventions for substance use disorders. 2014 , 49, 601-4		9
198	A meta-analysis of the relationship between trait mindfulness and substance use behaviors. 2014 , 143, 1-10		79
197	Cognitive and affective mechanisms linking trait mindfulness to craving among individuals in addiction recovery. 2014 , 49, 525-35		30
196	Mindfulness-based treatment to prevent addictive behavior relapse: theoretical models and hypothesized mechanisms of change. 2014 , 49, 513-24		131
195	Finding the right match: mindfulness training may potentiate the therapeutic effect of nonjudgment of inner experience on smoking cessation. 2014 , 49, 586-94		15
194	Effects of a brief mindfulness intervention on negative affect and urge to drink among college student drinkers. 2014 , 59, 82-93		56
193	Randomized trial comparing mindfulness training for smokers to a matched control. 2014 , 47, 213-21		57
192	Mindfulness Training Targets Addiction at the Attention-Emotion Interface: A Neurocognitive Framework. 2014 , 794-817		1
191	Development and evaluation of a mobile intervention for heavy drinking and smoking among college students. <i>Psychology of Addictive Behaviors</i> , 2014 , 28, 639-50	3-4	74
190	Positive smoking outcome expectancies mediate the association between negative affect and smoking urge among women during a quit attempt. <i>Experimental and Clinical Psychopharmacology</i> , 2014 , 22, 332-40	3.2	11
189	Commentary on McCarthy et al. (2015): Ecological momentary assessment--Reactivity? Intervention?. 2015 , 110, 1561-2		7
188	A brief mindfulness intervention for college student binge drinkers: A pilot study. <i>Psychology of Addictive Behaviors</i> , 2015 , 29, 259-69	3-4	48
187	Investigating Impacts of Incorporating an Adjuvant MindBody Intervention Method Into Treatment as Usual at a Community-Based Substance Abuse Treatment Facility: A Pilot Randomized Controlled Study. 2015 , 5, 215824401557248		9

186	Effect of Suppressing Thoughts of Desire to Smoke on Ratings of Desire to Smoke and Tobacco Withdrawal Symptoms. 2015 , 5, 215824401557248		2
185	Mindfulness-based interventions for the treatment of smoking: a systematic literature review. 2015 , 21, 129-40		38
184	The LIFE Model: A Meta-Theoretical Conceptual Map for Applied Positive Psychology. 2015 , 16, 1347-1364		33
183	Delay discounting and the use of mindful attention versus distraction in the treatment of drug addiction: a conceptual review. 2015 , 103, 234-48		25
182	Elucidating the Association between Trait Mindfulness and Alcohol Use Behaviors among College Students. 2015 , 6, 1242-1249		18
181	Acute responses to opioidergic blockade as a biomarker of hedonic eating among obese women enrolled in a mindfulness-based weight loss intervention trial. <i>Appetite</i> , 2015 , 91, 311-320	4.5	28
180	Effect of Brief Mindfulness Practice on Self-Reported Affect, Craving, and Smoking: A Pilot Randomized Controlled Trial Using Ecological Momentary Assessment. <i>Nicotine and Tobacco Research</i> , 2016 , 18, 64-73	4.9	37
179	Mindfulness training for smokers via web-based video instruction with phone support: a prospective observational study. 2015 , 15, 95		21
178	Smoking, food, and alcohol cues on subsequent behavior: a qualitative systematic review. 2015 , 36, 13-27		21
177	Neural Mechanisms Underlying Craving and the Regulation of Craving. 2015 , 195-218		5
176	Handbook of Mindfulness and Self-Regulation. 2015 ,		25
175	Drinking motives and college alcohol problems: a prospective study. 2015 , 20, 340-346		16
174	Decoupling as a mechanism of change in mindfulness and acceptance: a literature review. 2015 , 39, 870-911		47
173	Texting while driving as impulsive choice: A behavioral economic analysis. 2015 , 83, 182-9		48
172	Mindfulness and the Addictive Process: Psychological Models and Neurobiological Mechanisms. 2015 , 185-198		3
171	Mindfulness and Emotion Regulation. 2015 , 107-120		19
170	Coping Mediates the Association of Mindfulness with Psychological Stress, Affect, and Depression Among Smokers Preparing to Quit. 2015 , 6, 433-443		9
169	Testing a Moderated Mediation Model of Mindfulness, Psychosocial Stress, and Alcohol Use among African American Smokers. 2015 , 6, 315-325		21

168	A new look at the science of weight control: how acceptance and commitment strategies can address the challenge of self-regulation. <i>Appetite</i> , 2015 , 84, 171-80	4-5	123
167	Effects of Brief Mindfulness Induction on Weakening Habits: Evidence from a Computer Mouse Control Task. 2015 , 6, 582-588		13
166	Depression Symptoms Among Homeless Smokers: Effect of Motivational Interviewing. 2016 , 51, 1393-7		7
165	Conscious content generated by unconscious action-related adjustments. 2016 , 39, e190		
164	At what timescale does consciousness operate?. 2016 , 39, e181		
163	Consciousness for perception and for action: A perspective from unconscious binding. 2016 , 39, e185		
162	An "ecological" action-based synthesis. 2016 , 39, e173		4
161	How does consciousness for action relate to attention for action?. 2016 , 39, e176		
160	Homing in on consciousness: Why is a dream conscious?. 2016 , 39, e192		
159	Explaining consciousness: From correlations to foundations. 2016 , 39, e193		
158	The chemosensory brain requires a distributed cellular mechanism to harness information and resolve conflicts—Is consciousness the forum?. 2016 , 39, e184		
157	What if consciousness has no function?. 2016 , 39, e171		
156	Conscious olfaction: Content, function, and localization. 2016 , 39, e188		0
155	The primary (dis)function of consciousness: (Non)Integration. 2016 , 39, e189		1
154	The science of consciousness must include its more advanced forms. 2016 , 39, e198		
153	Infer yourself: Interoception and internal "action" in conscious selfhood. 2016 , 39, e196		2
152	Human consciousness is fundamental for perception and highest emotions. 2016 , 39, e191		3
151	Calling for a developmental perspective on action-based consciousness. 2016 , 39, e174		

- 150 Consciousness of emotions and action selection. **2016**, 39, e177
- 149 Metacognition and conscious experience. **2016**, 39, e195
- 148 Insights on consciousness from taste memory research. **2016**, 39, e178 1
- 147 Getting back from the basics: What is the role for attention and fronto-parietal circuits in consciousness?. **2016**, 39, e175
- 146 Administration and Assessment of Brief Mindfulness Practice in the Field: a Feasibility Study Using Ecological Momentary Assessment. **2016**, 7, 988-999 10
- 145 Efficacy of mindfulness-based addiction treatment (MBAT) for smoking cessation and lapse recovery: A randomized clinical trial. *Journal of Consulting and Clinical Psychology*, **2016**, 84, 824-838 6.5 67
- 144 Anxiety sensitivity and working memory capacity: Risk factors and targets for health behavior promotion. **2016**, 49, 67-78 83
- 143 Cognitive Behavioral Therapy and Motivational Enhancement Therapy. **2016**, 25, 629-43 8
- 142 Stress-related increases in risk taking and attentional failures predict earlier relapse to smoking in young adults: A pilot investigation. *Experimental and Clinical Psychopharmacology*, **2016**, 24, 110-9 3.2 5
- 141 Locating consciousness: We are conflicted by the role of conflict. **2016**, 39, e186
- 140 Four questions for passive frame theory. **2016**, 39, e194
- 139 Consciousness weaves our internal view of the outside world. **2016**, 39, e179 1
- 138 Origins of emotional consciousness. **2016**, 39, e187
- 137 Is conscious content available only to the skeletal muscle system?. **2016**, 39, e183
- 136 Consciousness around the time of saccadic eye movements. **2016**, 39, e172
- 135 Content encapsulation in consciousness is likely to be incomplete. **2016**, 39, e170
- 134 Passive frame theory: A new synthesis. **2016**, 39, e199 8
- 133 Food-Specific Decentering Experiences Are Associated with Reduced Food Cravings in Meditators: A Preliminary Investigation. **2016**, 7, 1123-1131 6

132	Mindfulness Scholarship and Interventions: A Review. 3-28	2
131	Action-based synthesis of parental brain consciousness. 2016 , 39, e197	
130	Examination of trait impulsivity on the response to a brief mindfulness intervention among college student drinkers. 2016 , 242, 365-374	6
129	Dispositional Mindfulness Predicts Enhanced Smoking Cessation and Smoking Lapse Recovery. 2016 , 50, 337-47	31
128	Beyond Deficit Reduction: Exploring the Positive Potentials of Mindfulness. 2016 , 277-295	1
127	The Emerging Science of Mindfulness as a Treatment for Addiction. 2016 , 191-210	3
126	The Role of Smoking-Specific Experiential Avoidance in the Relation Between Perceived Stress and Tobacco Dependence, Perceived Barriers to Cessation, and Problems during Quit Attempts Among Treatment-Seeking Smokers. 2016 , 5, 58-63	11
125	Mindfulness and Buddhist-Derived Approaches in Mental Health and Addiction. 2016 ,	3
124	Prison Meditation Movements and Mass Incarceration. 2016 , 60, 1363-75	19
123	Mindfulness and Meditation in the Conceptualization and Treatment of Posttraumatic Stress Disorder. 2016 , 225-245	5
122	Managing temptation in obesity treatment: A neurobehavioral model of intervention strategies. <i>Appetite</i> , 2016 , 96, 268-279	4-5 62
121	Addressing negative affect in substance use relapse prevention. 2016 , 26, 2-14	8
120	Efficacy of mindfulness meditation for smoking cessation: A systematic review and meta-analysis. 2017 , 69, 27-34	50
119	Mindfulness treatment for substance misuse: A systematic review and meta-analysis. 2017 , 75, 62-96	235
118	A Brief Mindfulness Practice Increases Self-Reported Calmness in Young Children: a Pilot Study. 2017 , 8, 1088-1095	14
117	Testing Mindfulness-Based Acceptance Against Implementation Intentions to Discourage Counterintentional Cell Phone Use. 2017 , 8, 1212-1224	1
116	Urge Surfing as Aftercare in Adolescent Alcohol Use: a Randomized Control Trial. 2017 , 8, 144-149	2
115	Mindfulness in Social Psychology. 2017 ,	9

114	Future Directions in Food Addiction—Next Steps and Treatment Implications. <i>Current Addiction Reports</i> , 2017 , 4, 165-171	3.9	13
113	Mindfulness Reduces Reactivity to Food Cues: Underlying Mechanisms and Applications in Daily Life. <i>Current Addiction Reports</i> , 2017 , 4, 151-157	3.9	17
112	Group behaviour therapy programmes for smoking cessation. <i>The Cochrane Library</i> , 2017 , 3, CD001007	5.2	112
111	Acceptance and Commitment Therapy. 2017 , 413-432		4
110	Neuroscience-informed psychoeducation for addiction medicine: A neurocognitive perspective. 2017 , 235, 239-264		35
109	Investigating an Incentive-Sensitization Model of Eating Behavior: Impact of a Simulated Fast-Food Laboratory. 2017 , 5, 1014-1026		55
108	Towards Technologically Assisted Mindfulness Meditation Practice in Older Adults: An Analysis of Difficulties Faced and Design Suggestions for Neurofeedback. 2017 , 423-442		1
107	Toward Enhancing Treatment for Pregnant Smokers: Laying the Groundwork for the Use of Complementary and Alternative Medicine Approaches. <i>Nicotine and Tobacco Research</i> , 2017 , 19, 562-574 ⁹	4.9	3
106	Ultra-Brief Mindfulness Training Reduces Alcohol Consumption in At-Risk Drinkers: A Randomized Double-Blind Active-Controlled Experiment. 2017 , 20, 936-947		21
105	Higher Behavioral Profile of Mindfulness and Psychological Flexibility is Related to Reduced Impulsivity in Smokers, and Reduced Risk Aversion Regardless of Smoking Status. 2017 , 48, 445-455		2
104	Does trait mindfulness level affect quitting cannabis use? A six week follow-up study. 2017 , 44, 139-144		5
103	Mechanisms underlying mindfulness-based addiction treatment versus cognitive behavioral therapy and usual care for smoking cessation. <i>Journal of Consulting and Clinical Psychology</i> , 2017 , 85, 1029-1040	6.5	39
102	Rescuing cognitive and emotional regulatory skills to aid smoking prevention in at-risk youth: A randomized trial. 2018 , 70, 1-7		4
101	Mindfulness-based relapse prevention combined with virtual reality cue exposure for methamphetamine use disorder: Study protocol for a randomized controlled trial. 2018 , 70, 99-105		11
100	Rationale, design and pilot feasibility results of a smartphone-assisted, mindfulness-based intervention for smokers with mood disorders: Project mSMART MIND. 2018 , 66, 36-44		9
99	Associations Between Early Maladaptive Schemas and Mindful Attention-Awareness. 2018 , 9, 1216-1223		3
98	Drug use patterns and predictors among homeless youth: Results of an ecological momentary assessment. 2018 , 44, 551-560		28
97	Mindfulness-based resilience training to reduce health risk, stress reactivity, and aggression among law enforcement officers: A feasibility and preliminary efficacy trial. 2018 , 264, 104-115		70

96	The effects of a brief mindfulness exercise on state mindfulness and affective outcomes among adult daily smokers. 2018 , 77, 73-80	12
95	Mindfulness and craving: effects and mechanisms. 2018 , 59, 101-117	43
94	Mindfulness, Acceptance and Defusion Strategies in Smokers: a Systematic Review of Laboratory Studies. 2018 , 9, 44-58	7
93	Assessing Time-Varying Causal Effect Moderation in Mobile Health. 2018 , 113, 1112-1121	42
92	. 2018 ,	
91	References. 2018 , 189-215	
90	A mindful model of sexual health: A review and implications of the model for the treatment of individuals with compulsive sexual behavior disorder. 2018 , 7, 917-929	18
89	The Acute Impact of Hatha Yoga on Craving Among Smokers Attempting to Reduce or Quit. <i>Nicotine and Tobacco Research</i> , 2020 , 22, 446-451	4-9 1
88	Mindful moments: A review of brief, low-intensity mindfulness meditation and induced mindful states. 2018 , 12, e12424	18
87	Mindfulness meditation in the treatment of substance use disorders and preventing future relapse: neurocognitive mechanisms and clinical implications. 2018 , 9, 103-114	35
86	Mindfulness-Based Therapies in Severe Obesity. 175-198	
85	Mindfulness-Based Interventions for the Treatment of Substance and Behavioral Addictions: A Systematic Review. 2018 , 9, 95	79
84	Mindfulness-based treatment of addiction: current state of the field and envisioning the next wave of research. 2018 , 13, 14	114
83	Guest Editor's Introduction. 2018 , 24, 1115-1131	
82	Mechanisms underlying the association between insomnia, anxiety, and depression in adolescence: Implications for behavioral sleep interventions. 2018 , 63, 25-40	108
81	Tobacco Cessation in Oncology Care. 2018 , 95, 129-137	15
80	Pain-related anxiety and smoking processes: The explanatory role of dysphoria. 2019 , 88, 15-22	7
79	Abstinence or Acceptance? A Case Series of Men's Experiences With an Intervention Addressing Self-Perceived Problematic Pornography Use. 2019 , 26, 191-210	9

78	An experiential reflection of a mindful lecturer: exploring enhancement of active learning in higher education. 2019 , 4, 304-306	2
77	Mindful Awareness: Can a Neuro-Developmentally Timed Approach Prevent Youth Substance Misuse. 2019 , 40, 493-503	3
76	Baseline Craving Strength as a Prognostic Marker of Benefit from Smartphone App-Based Mindfulness Training for Smoking Cessation. 2019 , 10, 2165-2171	2
75	Effects of Brief Mindfulness-Based Interventions on Health-Related Outcomes: a Systematic Review. 2019 , 10, 1957-1968	43
74	Effects of Mindfulness on Negative Affect, Body Dissatisfaction, and Disordered Eating Urges. 2019 , 10, 1779-1791	6
73	A Role for Mindfulness and Mindfulness Training in Substance Use Prevention. 2019 , 335-346	2
72	Ancient Indian Education and Mindfulness. 2019 , 10, 964-969	2
71	A brief mindfulness intervention reduces depression, increases nonjudgment, and speeds processing of emotional and neutral stimuli. 2019 , 13, 58-67	9
70	Mindfulness-Based Practices for the Treatment of Cannabis Use Disorder. 2019 , 237-243	1
69	Compulsive internet use and the development of self-esteem and hope: A four-year longitudinal study. 2019 , 87, 981-995	5
68	Personality and Coping: Individual Differences in Responses to Emotion. 2019 , 70, 651-671	30
67	Standardized Effect Sizes for Preventive Mobile Health Interventions in Micro-randomized Trials. 2019 , 20, 100-109	14
66	Effect of a Brief Meditation Intervention on Gambling Cravings and Rates of Delay Discounting. 2020 , 18, 1247-1263	2
65	A 1-day acceptance and commitment therapy workshop leads to reductions in emotional eating in adults. <i>Eating and Weight Disorders</i> , 2020 , 25, 1399-1411	3.6 3
64	Trait mindfulness and health behaviours: a meta-analysis. 2020 , 14, 345-393	24
63	Mindfulness and Its Association With Varied Types of Motivation: A Systematic Review and Meta-Analysis Using Self-Determination Theory. 2020 , 46, 1121-1138	26
62	An Ultra-Brief Mindfulness-Based Intervention for Patients in Treatment for Opioid Addiction with Buprenorphine: A Primary Care Feasibility Pilot Study. 2020 , 26, 34-43	8
61	Dispositional Mindfulness Profiles and Cannabis Use in Young Adults. 2020 , 1	0

60	Associations Between Mindfulness and Mental Health Outcomes: a Systematic Review of Ecological Momentary Assessment Research. 2020 , 11, 2455-2469		9
59	Losing Ourselves: Active Inference, Depersonalization, and Meditation. <i>Frontiers in Psychology</i> , 2020 , 11, 539726	3.4	10
58	Effect of a Brief Mindfulness-Based Program on Stress in Health Care Professionals at a US Biomedical Research Hospital: A Randomized Clinical Trial. 2020 , 3, e2013424		8
57	Gender as a Moderating Variable between Delay Discounting and Text-Message Dependency in College Students. <i>Psychological Record</i> , 2020 , 70, 99-108	1.1	5
56	An alternative goal-setting technique for addictive behaviour interventions: The Chronos Approach. <i>Clinical Psychologist</i> , 2020 ,	1.6	1
55	Addictive Behavior Change and Mindfulness-Based Interventions: Current Research and Future Directions. <i>Current Addiction Reports</i> , 2020 , 7, 117-124	3.9	6
54	Treatment of the sensory and motor components of urges to eat (eating addiction?): a mobile-health pilot study for obesity in young people. <i>Eating and Weight Disorders</i> , 2020 , 25, 1779-1787	3.6	6
53	Effectiveness of Mindfulness-Based Relapse Prevention Program as an Adjunct to the Standard Treatment for Smoking: A Pragmatic Design Pilot Study. <i>Nicotine and Tobacco Research</i> , 2020 , 22, 1605-1613	4.9	5
52	Playing it safe: Dispositional mindfulness partially accounts for age differences in health and safety risk-taking propensity. <i>Current Psychology</i> , 2021 , 40, 2142-2152	1.4	8
51	Mindfulness for the Treatment of Substance Use Disorders. 2021 , 305-317		
50	Smoking Cessation Using Wearable Sensors: Protocol for a Microrandomized Trial. <i>JMIR Research Protocols</i> , 2021 , 10, e22877	2	0
49	Minding the Gap: Leveraging Mindfulness to Inform Cue Exposure Treatment for Substance Use Disorders. <i>Frontiers in Psychology</i> , 2021 , 12, 649409	3.4	1
48	Reducing Loneliness: The Impact of Mindfulness, Social Cognitions, and Coping. <i>Psychological Reports</i> , 2021 , 33294121997779	1.6	1
47	Mindfulness in face recognition: Embedding mindfulness instructions in the face-composite construction process. <i>Applied Cognitive Psychology</i> , 2021 , 35, 999	2.1	1
46	An alternative goal-setting technique for addictive behaviour interventions: The Chronos Approach. <i>Clinical Psychologist</i> , n/a-n/a	1.6	1
45	Mindfulness and smoking frequency: An investigation with Australian students. <i>Addictive Behaviors Reports</i> , 2021 , 13, 100342	3.7	
44	Smartband-Based Automatic Smoking Detection and Real-time Mindfulness Intervention: Protocol for a Feasibility Trial. <i>JMIR Research Protocols</i> , 2021 , 10, e32521	2	0
43	Smartband/smartphone-based automatic smoking detection and real time mindfulness intervention: Study protocol for a feasibility trial (Preprint).		

42	Relationship between levels of mindfulness and substance use pattern. <i>Jornal Brasileiro De Psiquiatria</i> ,	0.5	2
41	"The thought is gonna come and the thought is gonna go": A qualitative study on how non-meditators learn and apply brief mindfulness-based instructions for food cravings. <i>Appetite</i> , 2021 , 166, 105482	4.5	1
40	A Meaning-Based Intervention for Addiction: Using Narrative Therapy and Mindfulness to Treat Alcohol Abuse. 2013 , 379-391		15
39	Smartphone-based, momentary intervention for alcohol cravings amongst individuals with an alcohol use disorder. <i>Psychology of Addictive Behaviors</i> , 2017 , 31, 601-607	3.4	18
38	Disrupting the path to craving: Acting without awareness mediates the link between negative affect and craving. <i>Psychology of Addictive Behaviors</i> , 2020 , 34, 620-627	3.4	5
37	Brief mindfulness training for negative affectivity: A systematic review and meta-analysis. <i>Journal of Consulting and Clinical Psychology</i> , 2018 , 86, 569-583	6.5	87
36	Effects of craving on opioid use are attenuated after pain coping counseling in adults with chronic pain and prescription opioid addiction. <i>Journal of Consulting and Clinical Psychology</i> , 2019 , 87, 918-926	6.5	6
35	The association of positive emotion and first smoking lapse: An ecological momentary assessment study. <i>Health Psychology</i> , 2017 , 36, 1038-1046	5	12
34	Expressing Discrepancies between Religious Affiliations and Drinking Reduces Drinking Intentions. <i>Psychology of Religion and Spirituality</i> , 2020 , 12, 124-136	2.5	1
33	Intense passionate love attenuates cigarette cue-reactivity in nicotine-deprived smokers: an FMRI study. <i>PLoS ONE</i> , 2012 , 7, e42235	3.7	19
32	Effects of a brief mindfulness-meditation intervention on neural measures of response inhibition in cigarette smokers. <i>PLoS ONE</i> , 2018 , 13, e0191661	3.7	20
31	Dispositional mindfulness, anticipation and abstinence symptoms related to hypnotic dependence among insomniac women who seek treatment: A cross-sectional study. <i>PLoS ONE</i> , 2018 , 13, e0194035	3.7	3
30	Virtual Reality Smartphone-Based Intervention for Smoking Cessation: Pilot Randomized Controlled Trial on Initial Clinical Efficacy and Adherence. <i>Journal of Medical Internet Research</i> , 2020 , 22, e17571	7.6	16
29	Feasibility and Acceptability of a Text Message-Based Smoking Cessation Program for Young Adults in Lima, Peru: Pilot Study. <i>JMIR MHealth and UHealth</i> , 2017 , 5, e116	5.5	8
28	Psychosocial Interventions. 2016 , 100-129		
27	The Effect of Mindfulness Instruction on Anxiety and Post-event Rumination in Socially Anxious Undergraduate Students. <i>The Korean Journal of Clinical Psychology</i> , 2016 , 35, 165-193	2.5	1
26	Smoking Cessation. 2017 , 9-35		
25	Can repetitive mental simulation of smoking engender habituation?. <i>Experimental and Clinical Psychopharmacology</i> , 2016 , 24, 415-422	3.2	

24	The Mediating Effect of Mental Imagery on the Relationship Between Mindfulness and Reaction to Everyday Cravings. <i>Han-guk Simni Hakhoe Chi Kong-gang = the Korean Journal of Health Psychology</i> , 2017 , 22, 587-601	0.2	
23	Smoking Cessation in the Context of Integrated Care. 2018 , 241-256		
22	Smoking Cessation Using Wearable Sensors: Protocol for a Microrandomized Trial (Preprint).		
21	Interventions for sex offenders who target child victims. 2020 , 553-603		
20	Lessons Learned from an ACT-Based Physician-Delivered Weight Loss Intervention: A Pilot RCT Demonstrates Limits to Feasibility. <i>Open Psychology</i> , 2020 , 2, 22-39	2.1	0
19	A Mindfulness-Based Physical Activity Intervention: A Randomized Pilot Study. <i>Psychosomatic Medicine</i> , 2021 , 83, 615-623	3.7	1
18	Neurobiology of Mindfulness-Based Interventions. 2021 , 225-261		
17	Drunkorexia and trait mindfulness among college students.. <i>Journal of American College Health</i> , 2022 , 1-7	2.2	0
16	The Mediating Role of Mindfulness in the relationship between emotional distress tolerance and coping Styles in Turkish University students. <i>International Journal for the Advancement of Counselling</i> , 1	1.1	
15	Males (but not females) who use social networking sites excessively make more impulsive decisions than those who do not: Role of gender and delay discounting. <i>Behaviour and Information Technology</i> , 1-12	2.4	
14	Mindfulness Practices in Prevention and Therapy of Addictiveness: Review of Scientific Studies. 2020 , 609-616		
13	Mindfulness for smoking cessation.. <i>The Cochrane Library</i> , 2022 , 4, CD013696	5.2	0
12	data_sheet_1.doc. 2018 ,		
11	Acuation: Real Time Acupoint Stimulation To Mediate The Urge To Smoke.. 2022 ,		
10	The Perfect Storm: A Developmental Sociocultural Framework for the Role of Social Media in Adolescent Girls Body Image Concerns and Mental Health. <i>Clinical Child and Family Psychology Review</i> ,	6.9	1
9	App-Based Mindfulness Training Predicts Reductions in Smoking Behavior by Engaging Reinforcement Learning Mechanisms: A Preliminary Naturalistic Single-Arm Study. <i>Sensors</i> , 2022 , 22, 5131	3.8	
8	Mindfulness-Based Smoking Cessation Delivered Through Telehealth and Text Messaging for Low-Income Smokers: Protocol for a Randomized Controlled Trial. 2022 , 11, e35688		
7	Pain and Menthol Use Are Related to Greater Nicotine Dependence Among Black Adults Who Smoke Cigarettes at Wave 5 (2018-2019) of the Population Assessment of Tobacco and Health (PATH) Study.		0

- 6 End User Participation in the Development of an Ecological Momentary Intervention to Improve Coping with Cannabis Cravings: Formative Study (Preprint). ○
- 5 Health behavior interventions for university students measuring mental health outcomes: A scoping review. 10, ○
- 4 Pilot randomized controlled trial of mindfulness-based relapse prevention vs cognitive behavioral therapy for smoking and alcohol use. **2023**, 244, 109768 ○
- 3 Efficacy of mindfulness and goal setting interventions for increasing resilience and reducing smoking in lower socio-economic groups: randomised controlled trial protocol. **2023**, 18, ○
- 2 Effects of a brief mindfulness intervention on smoking urges and negative affect following a negative affect induction. ○
- 1 App-Delivered Mindfulness Training to Reduce Anxiety in People with HIV Who Smoke: A One-Armed Feasibility Trial. **2023**, 20, 4826 ○