

# CITATION REPORT

List of articles citing

**American College of Sports Medicine Position Stand.  
Appropriate physical activity intervention strategies  
for weight loss and prevention of weight regain for adults**

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**Medicine and Science in Sports and Exercise, 2009, 41, 459-71**

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1633	MYACTIVITY PYRAMID FOR ADULTS. <b>2009</b> , 13, 24-27		
1632	OM News. <b>2009</b> , 5, 95-100		
1631	Predictors of exercise-induced mood change during a 6-month exercise and nutrition education program with obese women. <b>2009</b> , 109, 931-40		4
1630	Cardiometabolic effects of physical activity interventions for people with schizophrenia. <b>2009</b> , 14, 388-398		41
1629	Position of the American Dietetic Association: weight management. <b>2009</b> , 109, 330-46		214
1628	American Dietetic Association Standards of Practice and Standards of Professional Performance for registered dietitians (generalist, specialty, advanced) in sports dietetics. <b>2009</b> , 109, 544-52, 552.e1-30		10
1627	Are pedometers adequate instruments for assessing energy expenditure?. <b>2009</b> , 63, 1425-32		11
1626	Physical activity patterns and prevention of weight gain in premenopausal women. <b>2009</b> , 33, 1039-47		38
1625	Fat distribution in men of different waist girth, fitness level and exercise habit. <b>2009</b> , 33, 1356-62		37
1624	Rest interval between sets in strength training. <b>2009</b> , 39, 765-77		178
1623	ACSM STRENGTH TRAINING GUIDELINES. <b>2009</b> , 13, 14-22		12
1622	Exercise is Medicineâ <b>2009</b> , 13, 36-37		
1621	Effects of energy balance on postprandial triacylglycerol metabolism. <b>2010</b> , 13, 608-17		19
1620	Personal Training Post-Bariatric Surgery Patients: Exercise Recommendations. <b>2010</b> , 32, 101-104		
1619	Walking and cycling to health: a comparative analysis of city, state, and international data. <b>2010</b> , 100, 1986-92		264
1618	Influence of brisk walking on appetite, energy intake, and plasma acylated ghrelin. <i>Medicine and Science in Sports and Exercise</i> , <b>2010</b> , 42, 485-92	1.2	71
1617	Greater exercise sweating in obese women with polycystic ovary syndrome compared with obese controls. <i>Medicine and Science in Sports and Exercise</i> , <b>2010</b> , 42, 1660-8	1.2	15

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1615	Cardiac rehabilitation, health behaviors, and body mass index post-myocardial infarction. <b>2010</b> , 30, 28-34	12
1614	Relationship of exercise program participation with weight loss in adults with severe obesity: assessing psychologically based mediators. <b>2010</b> , 103, 1119-23	8
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1610	Effect of moderate intensity resistance training during weight loss on body composition and physical performance in overweight older adults. <b>2010</b> , 109, 517-25	67
1609	Greater forearm venous compliance in resistance-trained men. <b>2010</b> , 110, 769-77	6
1608	Composition corporelle et activit� physique chez le sujet g�. <b>2010</b> , 2, 45-49	0
1607	Using self-determination theory to promote physical activity and weight control: a randomized controlled trial in women. <b>2010</b> , 33, 110-22	304
1606	Benchmarking best practices in weight loss surgery. <b>2010</b> , 47, 79-174	45
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1604	Resistance training in overweight women on a ketogenic diet conserved lean body mass while reducing body fat. <b>2010</b> , 7, 17	45
1603	Fitness versus fatness: moving beyond weight loss in nonalcoholic fatty liver disease. <b>2010</b> , 52, 370-81	98
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1586	Effects of diet and physical activity interventions on weight loss and cardiometabolic risk factors in severely obese adults: a randomized trial. <b>2010</b> , 304, 1795-802		353
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1457	Influence of weight classification on walking and jogging energy expenditure prediction in women. <b>2012</b> , 83, 391-9		7
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834	Weight management and physical activity throughout the cancer care continuum. <b>2018</b> , 68, 64-89		75
833	Adipose tissue inflammation in breast cancer survivors: effects of a 16-week combined aerobic and resistance exercise training intervention. <b>2018</b> , 168, 147-157		38
832	Role of Physical Activity and Exercise in Treating Patients with Overweight and Obesity. <b>2018</b> , 64, 99-107		59
831	Behavioral Weight Loss Intervention for Migraine: A Randomized Controlled Trial. <b>2018</b> , 26, 81-87		27
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829	7. Obesity Management for the Treatment of Type 2 Diabetes:. <b>2018</b> , 41, S65-S72		87
828	Guideline Recommendations for Obesity Management. <b>2018</b> , 102, 49-63		63
827	Aerobic training but no resistance training increases SIRT3 in skeletal muscle of sedentary obese male adolescents. <b>2018</b> , 18, 226-234		10
826	Validity of Wearable Activity Monitors during Cycling and Resistance Exercise. <i>Medicine and Science in Sports and Exercise</i> , <b>2018</b> , 50, 624-633	1.2	77
825	Effect of High-Intensity Interval Training on Total, Abdominal and Visceral Fat Mass: A Meta-Analysis. <b>2018</b> , 48, 269-288		106

824	The effects of resistance training volume on osteosarcopenic obesity in older women. <b>2018</b> , 36, 1564-1571	31
823	Effects of an individualized home-based unsupervised aerobic training on body composition and physiological parameters in obese adults are independent of gender. <b>2018</b> , 41, 465-473	12
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652	Preferred temperatures with and without air movement during moderate exercise. <b>2020</b> , 207, 109565	11
651	Physical Activity, Exercise, and Physiotherapy in Parkinson's Disease: Defining the Concepts. <b>2020</b> , 7, 7-15	20
650	The effects of water temperature on gastric motility and energy intake in healthy young men. <b>2020</b> , 59, 103-109	4
649	Increased Energy Intake After Pregnancy Determines Postpartum Weight Retention in Women With Obesity. <b>2020</b> , 105,	7
648	Weight History in Clinical Practice: The State of the Science and Future Directions. <b>2020</b> , 28, 9-17	12
647	Circulatory and ventilatory power in diabetic patients: Secondary analysis of a randomized controlled trial. <b>2020</b> , 25, e1830	0
646	Multidimensional aspects of dyspnea in obese patients referred for cardiopulmonary exercise testing. <b>2020</b> , 274, 103365	7
645	Using the Onitor Track for weight loss: A mixed methods study among overweight and obese women. <b>2020</b> , 26, 1841-1865	0



644	Accelerometry calibration in people with class II-III obesity: Energy expenditure prediction and physical activity intensity identification. <b>2020</b> , 76, 104-109			5
643	Perceived barriers to physical activity during and after a behavioural weight loss programme. <b>2020</b> , 6, 10-18			0
642	Associations between lifestyle intervention-related changes in dietary targets and migraine headaches among women in the Women's Health and Migraine (WHAM) randomized controlled trial. <b>2020</b> , 6, 119-125			3
641	Association between body mass index and fitness in Korean adults according to the lump mean value and Gaussian fitting. <b>2020</b> , 135, 109471			2
640	Weight Loss Intervention Impact on the Physical Fitness Test Scores of Air Force Service Members. <b>2020</b> , 185, e781-e787			0
639	Basic psychological needs, exercise intention and sport commitment as predictors of recreational sport participants' exercise adherence. <b>2020</b> , 35, 916-932			10
638	The Effect of Exercise Timing on Glycemic Control: A Randomized Clinical Trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2020</b> , 52, 323-334	1.2		16
637	Moderate-Intensity Continuous Training or High-Intensity Interval Training with or without Resistance Training for Altering Body Composition in Postmenopausal Women. <i>Medicine and Science in Sports and Exercise</i> , <b>2020</b> , 52, 736-745	1.2		14
636	Exercise Training Reduces Reward for High-Fat Food in Adults with Overweight/Obesity. <i>Medicine and Science in Sports and Exercise</i> , <b>2020</b> , 52, 900-908	1.2		11
635	Post-moderate-intensity exercise energy replacement does not reduce subsequent appetite and energy intake in adolescents with obesity. <b>2020</b> , 123, 592-600			3
634	Lifestyle information and commercial weight management groups to support maternal postnatal weight management and positive lifestyle behaviour: the SWAN feasibility randomised controlled trial. <b>2020</b> , 127, 636-645			7
633	Impact of Lifestyles (Diet and Exercise) on Vascular Health: Oxidative Stress and Endothelial Function. <b>2020</b> , 2020, 1496462			22
632	The Effects of a 12-Month Weight Loss Intervention on Cognitive Outcomes in Adults with Overweight and Obesity. <b>2020</b> , 12,			4
631	High- and moderate-intensity training modify LPS-induced ex-vivo interleukin-10 production in obese men in response to an acute exercise bout. <b>2020</b> , 136, 155249			8
630	Low-carbohydrate diets: Effects on metabolism and exercise - A comprehensive literature review. <b>2020</b> , 40, 17-26			2
629	The role of the gut microbiome and exercise in non-alcoholic fatty liver disease. <b>2020</b> , 13, 1756284820941745			6
628	Genome-Wide Regulation of Electroacupuncture and Treadmill Exercise on Diet-Induced Obese Rats. <b>2020</b> , 2020, 8764507			0
627	Effect of Fat Mass Localization on Fat Oxidation During Endurance Exercise in Women. <b>2020</b> , 11, 585137			3

626	Effects of COVID-19 lockdown on type 2 diabetes, lifestyle and psychosocial health: A hospital-based cross-sectional survey from South India. <b>2020</b> , 14, 1815-1819		33
625	Efficacy of L-Leucine Supplementation Coupled with a Calorie-Restricted Diet to Promote Weight Loss in Mid-Life Women. <b>2021</b> , 40, 699-707		3
624	Effects of Exercise during Weight Loss Maintenance on Appetite Regulation in Women. <b>2020</b> , 5,		
623	Augmented Hemodynamic Responses in Obese Young Men during Dynamic Exercise: Role of the Muscle Metaboreflex. <b>2020</b> , 17,		1
622	Exercise for Weight Loss: Further Evaluating Energy Compensation with Exercise. <i>Medicine and Science in Sports and Exercise</i> , <b>2020</b> , 52, 2466-2475	1.2	9
621	Hypoxic Exercise Training to Improve Exercise Capacity in Obese Individuals. <i>Medicine and Science in Sports and Exercise</i> , <b>2020</b> , 52, 1641-1649	1.2	11
620	Wand Stretching Exercise Decreases Abdominal Obesity Among Adults With High Body Mass Index Without Altering Fat Oxidation. <b>2020</b> , 11, 565573		0
619	The effect of 4-week endurance training on serum levels of irisin and betatrophin in streptozotocin-induced diabetic rats. <b>2020</b> , 1-7		3
618	Weight management for adults with mobility related disabilities: Rationale and design for an 18-month randomized trial. <b>2020</b> , 96, 106098		
617	Fitness, Strength and Body Composition during Weight Loss in Women with Clinically Severe Obesity: A Randomised Clinical Trial. <b>2020</b> , 13, 307-321		1
616	Lifestyle Behaviors and Socio-Demographic Factors Associated with Overweight or Obesity Among Saudi Females Attending Fitness Centers. <b>2020</b> , 13, 2613-2622		2
615	Eating behaviors and strategies to promote weight loss and maintenance. <b>2020</b> , 159-183		
614	Cancer cases and deaths attributable to lifestyle risk factors in Chile. <b>2020</b> , 20, 693		8
613	Protocol for Partner2Lose: A randomized controlled trial to evaluate partner involvement on long-term weight loss. <b>2020</b> , 96, 106092		0
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611	Energy expenditure estimation of a moderate-intensity strength training session. <b>2020</b> , 7,		1
610	8. Obesity Management for the Treatment of Type 2 Diabetes:. <b>2020</b> , 43, S89-S97		87
609	Effects of Acute Aerobic Exercise Combined with Resistance Exercise on Neurocognitive Performance in Obese Women. <b>2020</b> , 10,		3

608	Exercise and Obesity: The role of exercise in prevention, weight loss, and maintenance of weight loss. <b>2020</b> , 32, 530-537	0
607	Weight loss: Lifestyle interventions and pharmacotherapy. <b>2020</b> , 219-234	
606	Generation and characterisation of C-terminally stabilised PYY molecules with potential in vivo NPYR2 activity. <b>2020</b> , 111, 154339	3
605	Effectiveness of martial arts exercise on anthropometric and body composition parameters of overweight and obese subjects: a systematic review and meta-analysis. <b>2020</b> , 20, 1246	3
604	Acute Effects of Whole-Body Vibration Exercise on Pain Level, Functionality, and Rating of Exertion of Elderly Obese Knee Osteoarthritis Individuals: A Randomized Study. <b>2020</b> , 10, 5870	0
603	Increased Physical Activity in a Public Health Perspective. <b>2020</b> ,	
602	A Review of Obesity, Physical Activity, and Cardiovascular Disease. <b>2020</b> , 9, 571-581	16
601	Effects of Combined Training With Linear Periodization and Non-Periodization on Sleep Quality of Adults With Obesity. <b>2020</b> , 1-9	1
600	The Consumption of Fast Food Favors Weight Increase in Young Hellenic Navy Personnel: A 10-Year Follow-Up Study. <b>2020</b> , 18, 493-497	
599	Exercise Amounts and Short- to Long-Term Weight Loss: Psychological Implications for Behavioral Treatments of Obesity. <b>2021</b> , 92, 851-864	3
598	An NP's guide to current physical activity recommendations. <b>2020</b> , 45, 24-31	
597	Effect of Exercise or Metformin on Biomarkers of Inflammation in Breast and Colorectal Cancer: A Randomized Trial. <b>2020</b> , 13, 1055-1062	7
596	HITting the Barriers for Exercising during Social Isolation. <b>2020</b> , 9,	11
595	Efficacy of a Culture-Specific Dancing Programme to Meet Current Physical Activity Recommendations in Postmenopausal Women. <b>2020</b> , 17,	1
594	Being with others during physical activity: experiences of well-being among adults with severe obesity. <b>2020</b> , 1-13	1
593	Acute Exercise Increases the Ambulatory Cardiac Modulation of Young Men With Overweight/Obesity. <b>2021</b> , 92, 796-804	1
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591	A Preventive Role of Exercise Across the Coronavirus 2 (SARS-CoV-2) Pandemic. <b>2020</b> , 11, 572718	20

590	Lifestyle Habits Associated with Weight Regain After Intentional Loss in Primary Care Patients Participating in a Randomized Trial. <b>2020</b> , 35, 3227-3233	1
589	Physical Activity Counseling for Adults with Hypertension: A Randomized Controlled Pilot Trial. <b>2020</b> , 17,	2
588	Health Behavior Interventions. <b>2020</b> , 193-202	
587	An Exercise Training and Healthy Eating Group Program (ATHENA) for Overweight and Obese Women with Urinary Incontinence: An Intervention Description. <b>2020</b> , 8,	2
586	Feasibility of a Weight Management Program Tailored for Overweight Men with Localized Prostate Cancer - A Pilot Study. <b>2020</b> , 1-16	1
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583	A systematic review of the behaviour change techniques and digital features in technology-driven type 2 diabetes prevention interventions. <b>2020</b> , 6, 2055207620914427	27
582	Effect of exercise on epicardial adipose tissue in adults: a systematic review and meta-analyses. <b>2021</b> , 26, 1399-1411	10
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573	Similar Energy Expenditure During BodyPump and Heavy Load Resistance Exercise in Overweight Women. <b>2020</b> , 11, 570	1

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571	Exercise and metabolic health: beyond skeletal muscle. <b>2020</b> , 63, 1464-1474	37
570	The consequences of exercise-induced weight loss on food reinforcement. A randomized controlled trial. <b>2020</b> , 15, e0234692	5
569	Effects of a weight control intervention based on the transtheoretical model on physical activity and psychological variables in middle-aged obese women. <b>2021</b> , 33, 556-568	5
568	Changes in Bariatric Patients' Physical Activity Levels and Health-Related Quality of Life Following a Postoperative Motivational Physical Activity Intervention. <b>2020</b> , 30, 2302-2312	5
567	Temporomandibular dysfunction affects aerobic capacity in females: A preliminary study. <b>2020</b> , 1-6	
566	The association between physical activity, sleep, and quality of life in patients in bio-chemical remission from Cushing's syndrome. <b>2020</b> , 29, 2089-2100	0
565	Spatial index relating urban environment to health lifestyle and obesity risk in men and women from different age groups. <b>2020</b> , 15, e0229961	1
564	Molecular and Lifestyle Factors Modulating Obesity Disease. <b>2020</b> , 8,	2
563	Bidirectional association between stress and physical activity in adults with overweight and obesity. <b>2020</b> , 43, 246-253	7
562	The Effects of Short-Term High-Intensity Interval Training and Moderate Intensity Continuous Training on Body Fat Percentage, Abdominal Circumference, BMI and VO in Overweight Subjects. <b>2020</b> , 5,	1
561	Evidences from Clinical Trials in Down Syndrome: Diet, Exercise and Body Composition. <b>2020</b> , 17,	4
560	Mobile Apps for Weight Management: A Review of the Latest Evidence to Inform Practice. <b>2020</b> , 11, 412	18
559	Effect of high intensity interval training on body composition in women before and after menopause: a meta-analysis. <b>2020</b> , 105, 1470-1490	11
558	Biomechanics of Breast Support for Active Women. <b>2020</b> , 48, 99-109	8
557	Tracking physical activity using smart phone apps: assessing the ability of a current app and systematically collecting patient recommendations for future development. <b>2020</b> , 20, 17	5
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555	Examining barriers, physical activity, and weight change among parents and nonparents in a weight loss intervention. <b>2020</b> , 6, 264-271	2

554	Effects of functional training and 2 interdisciplinary interventions on maximal oxygen uptake and weight loss of women with obesity: a randomized clinical trial. <b>2020</b> , 45, 777-783	1
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549	Exercise Training and Fasting: Current Insights. <b>2020</b> , 11, 1-28	20
548	Influences of Resistance versus Aerobic Exercise on Physiological and Physical Fitness Changes in Previously Inactive Men with Obesity: A Prospective, Single-Blinded Randomized Controlled Trial. <b>2020</b> , 13, 267-276	3
547	Comparison between Sexes of the Relationships between Body Composition and Maximum Oxygen Volume in Elderly People. <b>2020</b> , 12, 3156	
546	Effects of 8-Weeks Concurrent Strength and Aerobic Training on Body Composition, Physiological and Cognitive Performance in Older Adult Women. <b>2020</b> , 12, 1944	2
545	Strength plus Endurance Training and Individualized Diet Reduce Fat Mass in Overweight Subjects: A Randomized Clinical Trial. <b>2020</b> , 17,	1
544	The Impact of Physical Activity on Food Reward: Review and Conceptual Synthesis of Evidence from Observational, Acute, and Chronic Exercise Training Studies. <b>2020</b> , 9, 63-80	14
543	Improving health engagement and lifestyle management for breast cancer survivors with diabetes. <b>2020</b> , 92, 105998	2
542	The effect of caloric restriction on blood pressure and cardiovascular function: A systematic review and meta-analysis of randomized controlled trials. <b>2021</b> , 40, 728-739	9
541	Hemoglobin, hematocrit and plasma volume variations following combined sprint and strength: Effect of advanced age. <b>2021</b> , 36, e13-e21	2
540	Comparison of Acute Energy Expenditure and Rating of Perceived Exertion in Equivalent Bouts of Circuit Training and Treadmill Running. <b>2021</b> , 35, 680-687	1
539	Provision of ready-to-drink protein following bariatric surgery: An evaluation of tolerability, body composition, and metabolic rate. <b>2021</b> , 40, 2319-2327	1
538	Modulation of Insulin Sensitivity by Exercise Training: Implications for Cardiovascular Prevention. <b>2021</b> , 14, 256-270	15
537	Emotional eating: A treatment-worthy construct, or artifact of relations between mood and eating behaviors in younger and older women with obesity. <b>2021</b> , 62, 193-202	2

536	Association between characteristics of physical activity in leisure time and obesity in Brazilians adults and elderly. <b>2021</b> , 15, 37-41	1
535	Best Practices in the Management of Overweight and Obesity. <b>2021</b> , 105, 149-174	18
534	Effectiveness of diet and physical activity interventions amongst adults attending colorectal and breast cancer screening: a systematic review and meta-analysis. <b>2021</b> , 32, 13-26	2
533	Central blood pressure and aortic pulse wave reflection in water-exercised postmenopausal hypertensive women: A cross-sectional study. <b>2021</b> , 143, 111-146	1
532	The effect of lifestyle physical activity in reducing cardiovascular disease risk factors (blood pressure and cholesterol) in women: A systematic review. <b>2021</b> , 42, 4-27	1
531	A Randomized Trial Evaluating Exercise for the Prevention of Weight Regain. <b>2021</b> , 29, 62-70	5
530	Is More Exercise Better to Prevent Weight Regain? The Jury is Still Out. <b>2021</b> , 29, 16	
529	Evaluation of intervention components to maximize outcomes of behavioral obesity treatment delivered online: A factorial experiment following the multiphase optimization strategy framework. <b>2021</b> , 100, 1062-17	6
528	Obesity Trends and Associations with Types of Physical Activity and Sedentary Behavior in US Adults: National Health and Nutrition Examination Survey, 2007-2016. <b>2021</b> , 29, 240-250	5
527	Critical Reappraisal of the Role and Importance of Exercise Intervention in the Treatment of Obesity in Adults. <b>2021</b> , 51, 379-389	5
526	Effets d'un entraînement dans la zone du LIPOXmax sur la composition corporelle de femmes obèses d'âge postménopausique. <b>2021</b> , 36, 193-201	0
525	Association between favourable changes in objectively measured physical activity and telomere length after a lifestyle intervention in pediatric patients with abdominal obesity. <b>2021</b> , 46, 205-212	6
524	The effect of exercise training on cardiometabolic health in men with prostate cancer receiving androgen deprivation therapy: a systematic review and meta-analysis. <b>2021</b> , 24, 35-48	6
523	Rehabilitación de sobrecarga ponderal por obesidad. <b>2021</b> , 42, 1-12	
522	Bewegung und körperlich-sportliche Aktivitäten als ein wichtiges Feld der Prävention und Gesundheitsförderung. <b>2021</b> , 523-536	
521	Influence of Physical Activity on the Regulation of Disease of Elderly Persons with Metabolic Syndrome. <b>2021</b> , 18,	6
520	Quelle activité physique, pourquoi et comment?. <b>2021</b> , 51-80	
519	A pilot study on the relationship between counts and inflammatory factors following exercise training. <b>2021</b> , 1-10	3

518	Exercise Interventions Targeting Obesity in Persons With Spinal Cord Injury. <b>2021</b> , 27, 109-120		7
517	Expected Benefits and Perceived Barriers to Exercise During the COVID-19 Pandemic. <b>2021</b> , 122-138		
516	Types of Exercises: Recommended Exercise Programs. <b>2021</b> , 667-675		
515	Rôle et adaptation de l'activité physique. <b>2021</b> , 443-446		
514	Development and validation of prognostic models to estimate body weight loss in overweight and obese people. <b>2021</b> , 38, 511-518		
513	Extrapolation from Clinical Trial to Practice: Current Pharmacotherapy on Obesity. <b>2021</b> , 125-148		
512	Postpartum Weight Retention: A Retrospective Data Analysis Measuring Weight Loss and Program Engagement with a Mobile Health Program. <b>2021</b> , 30, 1645-1652		1
511	Motivations to exercise in young men following a residential weight loss programme conducted in National Service - a mixed methods study. <b>2021</b> , 21, 370		2
510	Another Weapon against Cancer and Metastasis: Physical-Activity-Dependent Effects on Adiposity and Adipokines. <b>2021</b> , 22,		6
509	Randomized Trial Examining the Effect of a 12-wk Exercise Program on Hedonic Eating. <i>Medicine and Science in Sports and Exercise</i> , <b>2021</b> , 53, 1638-1647	1.2	1
508	Impact of different training modalities on anthropometric outcomes in patients with obesity: A systematic review and network meta-analysis. <b>2021</b> , 22, e13218		6
507	Long-Term Weight Loss Strategies for Obesity. <b>2021</b> , 106, 1854-1866		5
506	Effects of 5 Week Low-Intensity Blood Flow Restriction Resistance Exercise and Moderate-Intensity Resistance Exercise on Body Composition and Blood Lipids in Normal Weight Obese Women. <b>2021</b> , 30, 70-79		0
505	Combined Aerobic and Resistance Training Lowers Body Fat Percentage in Rural Black South African Women. <b>2021</b> , 12,		
504	Riabilitazione nell'obesità da sovrappeso. <b>2021</b> , 28, 1-12		
503	Sedentary behaviour levels in adults with an intellectual disability: a systematic review protocol. <b>2020</b> , 3, 57		3
502	Factors that Contribute to the Reduction of Participation in Sports Activities Among University Students. <b>2021</b> , 66, 51-59		
501	Secular trends of population attributable risk of overweight and obesity for hypertension among Chinese adults from 1991 to 2011. <b>2021</b> , 11, 6371		1



500	Einfluss von körperlicher Aktivität und sportlichem Training auf Übergewicht. <b>2021</b> , 37, 18-25		
499	The Effect of Pilates Training on Body Composition, Lipid Profile, and Serum 25-Hydroxy Vitamin D Levels in Inactive Overweight Women. <b>2021</b> , 23,		0
498	Telehealth Diabetes Prevention Intervention for the Next Generation of African American Youth: Protocol for a Pilot Trial. <b>2021</b> , 10, e25699		
497	Dose-response effects of aerobic exercise on adiposity markers in postmenopausal women: pooled analyses from two randomized controlled trials. <b>2021</b> , 45, 1298-1309		2
496	Initial Weight Change and Long-Term Changes in Weight and Compensation during Supervised Exercise Training. <i>Medicine and Science in Sports and Exercise</i> , <b>2021</b> , 53, 1675-1684	1.2	2
495	Quality of information of websites dedicated to obesity: a systematic search to promote high level of information for Internet users and professionals. <b>2021</b> , 1		1
494	Prescribed exercise to Reduce Recidivism After Weight Loss-Pilot (PREVAIL-P): Design, methods and rationale. <b>2021</b> , 21, 100717		0
493	Does regular strength training cause urinary incontinence in overweight inactive women? A randomized controlled trial. <b>2021</b> , 32, 2827-2834		1
492	Physical activity and exercise in the context of SARS-Cov-2: A perspective from geroscience field. <b>2021</b> , 66, 101258		2
491	Recommendations for Ramadan fasting to patients with cardiovascular diseases; Turkish Society of Cardiology consensus report. <b>2021</b> , 25, 284-293		3
490	Effect of Various Types of Intermittent Fasting (IF) on Weight Loss and Improvement of Diabetic Parameters in Human. <b>2021</b> , 10, 146-154		4
489	Exercise Interventions to Prevent and Improve Sarcopenia. <b>2021</b> , 305-333		
488	Effects of Behavioral Weight Loss and Metformin on IGFs in Cancer Survivors: A Randomized Trial. <b>2021</b> , 106, e4179-e4191		3
487	The impact of weight loss related to risk of new-onset atrial fibrillation in patients with type 2 diabetes mellitus treated with sodium-glucose cotransporter 2 inhibitor. <b>2021</b> , 20, 93		3
486	Physical Exercise, Energy Expenditure and Weight Loss: An Assumption not Always Observed in Practice. <b>2021</b> ,		
485	The Role of Exercise, Diet, and Cytokines in Preventing Obesity and Improving Adipose Tissue. <b>2021</b> , 13,		7
484	Effect of an Endurance and Strength Mixed Circuit Training on Regional Fat Thickness: The Quest for the "Spot Reduction". <b>2021</b> , 18,		1
483	Direnç Egzersiz Etkiminin Obez Bireylerde Vücut Kas ve Yağ Parametreleri Üzerine Etkisi. <b>2021</b> , 5, 75-80		

482	Physical activity effects on bladder dysfunction in an obese and insulin-resistant murine model. <b>2021</b> , 9, e14792	1
481	Effectiveness and implementation of a virtual versus in-person walking program among employees on physical activity, fitness, and cognition. <b>2021</b> , 11, 909-917	0
480	The Effects of Combined Physical Exercise on Serum Redox Biomarkers and Leukocyte DNA Damage of Obese Women. <b>2021</b> , 2021, 6638420	0
479	Anti-carcinogenic effects of exercise-conditioned human serum: evidence, relevance and opportunities. <b>2021</b> , 121, 2107-2124	1
478	Predictors of long-term weight loss trajectories during a behavioral weight loss intervention: An exploratory analysis. <b>2021</b> , 7, 569-582	1
477	Playing around the anaerobic threshold during COVID-19 pandemic: advantages and disadvantages of adding bouts of anaerobic work to aerobic activity in physical treatment of individuals with obesity. <b>2021</b> , 58, 1329-1341	2
476	Health perception and commuting choice: a survey experiment measuring behavioral trade-offs between physical activity benefits and pollution exposure risks. <b>2021</b> , 16, 054026	1
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472	2020 Korean Society for the Study of Obesity Guidelines for the Management of Obesity in Korea. <b>2021</b> , 30, 81-92	27
471	Examining the Role of Exercise Timing in Weight Management: A Review. <b>2021</b> , 42, 967-978	2
470	Iron Beats Electricity: Resistance Training but Not Whole-Body Electromyostimulation Improves Cardiometabolic Health in Obese Metabolic Syndrome Patients during Caloric Restriction-A Randomized-Controlled Study. <b>2021</b> , 13,	3
469	Weight regulation in menopause. <b>2021</b> , 28, 960-965	5
468	Effect of exercise training on weight loss, body composition changes, and weight maintenance in adults with overweight or obesity: An overview of 12 systematic reviews and 149 studies. <b>2021</b> , 22 Suppl 4, e13256	17
467	Physical activity in management of persons with obesity. <b>2021</b> , 93, 8-12	6
466	Physical Activity, Weight Loss, and Weight Maintenance in the DiOGenes Multicenter Trial. <b>2021</b> , 8, 683369	1
465	The Association between the Levels of Sedentary Time, Physical Activity, and Obesity in Korean Older Adults. <b>2021</b> , 39, 60-67	1

464	Temporal patterns of physical activity in successful weight loss maintainers. <b>2021</b> , 45, 2074-2082	0
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