

# Construct Validity of the Five Facet Mindfulness Questionnaire in Nonmeditating Samples

Assessment

15, 329-342

DOI: [10.1177/1073191107313003](https://doi.org/10.1177/1073191107313003)

Citation Report

#	ARTICLE	IF	CITATIONS
1	Body Awareness: Construct and Self-Report Measures. PLoS ONE, 2009, 4, e5614.	1.1	394
2	Assessing "Western" Mindfulness Among Thai Theravāda Buddhist Monks. Mental Health, Religion and Culture, 2009, 12, 303-314.	0.6	49
3	Self-Focused Attention and Mechanisms of Change in Mindfulness-Based Treatment. Cognitive Behaviour Therapy, 2009, 38, 15-20.	1.9	128
4	Association of an Educational Program in Mindful Communication With Burnout, Empathy, and Attitudes Among Primary Care Physicians. JAMA - Journal of the American Medical Association, 2009, 302, 1284.	3.8	1,228
5	Psychological Functioning in a Sample of Long-Term Practitioners of Mindfulness Meditation. Journal of Cognitive Psychotherapy, 2009, 23, 226-241.	0.2	182
6	Differential item function across meditators and non-meditators on the Five Facet Mindfulness Questionnaire. Personality and Individual Differences, 2009, 47, 516-521.	1.6	148
7	Mindfulness, Big Five personality, and affect: A meta-analysis. Personality and Individual Differences, 2009, 47, 805-811.	1.6	410
8	An empirical study of the mechanisms of mindfulness in a mindfulness-based stress reduction program. Journal of Clinical Psychology, 2009, 65, 613-626.	1.0	372
9	Mindfulness and attention deficit hyperactivity disorder. Journal of Clinical Psychology, 2009, 65, 1087-1098.	1.0	79
10	A Model of Mindful Parenting: Implications for Parent-Child Relationships and Prevention Research. Clinical Child and Family Psychology Review, 2009, 12, 255-270.	2.3	582
11	A Mind-Body Program for Older Adults with Chronic Low Back Pain: Results of a Pilot Study. Pain Medicine, 2009, 10, 1395-1407.	0.9	126
12	Mindfulness Research Update: 2008. Complementary Health Practice Review, 2009, 14, 10-18.	1.1	204
13	Do improvements in emotional distress correlate with becoming more mindful? A study of older adults. Aging and Mental Health, 2009, 13, 328-335.	1.5	64
14	Associations between Mindfulness and Implicit Cognition and Self-Reported Affect. Substance Abuse, 2009, 30, 328-337.	1.1	28
15	Clinical Handbook of Mindfulness. , 2009, , .		149
16	Mindfulness Training and Stress Reactivity in Substance Abuse: Results from a Randomized, Controlled Stage I Pilot Study. Substance Abuse, 2009, 30, 306-317.	1.1	247
17	The relationship between dispositional mindfulness and conditional goal setting in depressed patients. British Journal of Clinical Psychology, 2010, 49, 281-290.	1.7	15
19	Mindfulness-Based Stress Reduction in Oncology: Evaluating Mindfulness and Rumination as Mediators of Change in Depressive Symptoms. Mindfulness, 2010, 1, 28-40.	1.6	69

#	ARTICLE	IF	CITATIONS
20	Mindfulness: A Dialogue between Buddhism and Clinical Psychology. <i>Mindfulness</i> , 2010, 1, 161-173.	1.6	116
21	What Facets of Mindfulness Contribute to Psychological Well-being and Depressive, Anxious, and Stress-related Symptomatology?. <i>Mindfulness</i> , 2010, 1, 177-182.	1.6	264
22	Dispositional Mindfulness, Meditation, and Conditional Goal Setting. <i>Mindfulness</i> , 2010, 1, 204-214.	1.6	27
23	Mindfulness and Health Behaviors. <i>Mindfulness</i> , 2010, 1, 227-234.	1.6	121
24	Incremental Validity of Components of Mindfulness in the Prediction of Satisfaction with Life and Depression. <i>Current Psychology</i> , 2010, 29, 10-23.	1.7	71
25	Self-report Mindfulness as a Mediator of Psychological Well-being in a Stress Reduction Intervention for Cancer Patientsâ€”A Randomized Study. <i>Annals of Behavioral Medicine</i> , 2010, 39, 151-161.	1.7	244
26	Mindfulness-Based Childbirth and Parenting Education: Promoting Family Mindfulness During the Perinatal Period. <i>Journal of Child and Family Studies</i> , 2010, 19, 190-202.	0.7	255
27	Studying mindfulness in experienced meditators: A quasi-experimental approach. <i>Personality and Individual Differences</i> , 2010, 48, 305-310.	1.6	79
28	The role of mindfulness facets in affective forecasting. <i>Personality and Individual Differences</i> , 2010, 49, 815-818.	1.6	58
29	Validation of a French version of the Freiburg Mindfulness Inventory - short version: relationships between mindfulness and stress in an adult population. <i>BioPsychoSocial Medicine</i> , 2010, 4, 8.	0.9	57
30	The benefits of meditation vis-à-vis emotional intelligence, perceived stress and negative mental health. <i>Stress and Health</i> , 2010, 26, 169-180.	1.4	72
31	Exploring self-compassion and empathy in the context of mindfulness-based stress reduction (MBSR). <i>Stress and Health</i> , 2010, 26, 359-371.	1.4	410
32	The Psychometric Properties of the Kentucky Inventory of Mindfulness Skills in Clinical Populations. <i>Assessment</i> , 2010, 17, 220-229.	1.9	59
33	Toward a Deweyan Theory of Communicative Mindfulness. <i>Imagination, Cognition and Personality</i> , 2010, 30, 57-75.	0.5	11
34	Mindfulness Skills and Depressive Symptoms: A Longitudinal Study. <i>Imagination, Cognition and Personality</i> , 2010, 30, 77-91.	0.5	66
35	Intrapsychic Correlates of Professional Quality of Life: Mindfulness, Empathy, and Emotional Separation. <i>Journal of the Society for Social Work and Research</i> , 2010, 1, 83-98.	0.9	66
37	A systematic review of neurobiological and clinical features of mindfulness meditations. <i>Psychological Medicine</i> , 2010, 40, 1239-1252.	2.7	533
38	Mindfulness and experiential avoidance as predictors of posttraumatic stress disorder avoidance symptom severity. <i>Journal of Anxiety Disorders</i> , 2010, 24, 409-415.	1.5	186

#	ARTICLE	IF	CITATIONS
39	Mindfulness-based cognitive therapy for hypochondriasis, or severe health anxiety: A pilot study. <i>Journal of Anxiety Disorders</i> , 2010, 24, 931-935.	1.5	92
40	Internet-delivered exposure and mindfulness based therapy for irritable bowel syndrome – A randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2010, 48, 531-539.	1.6	210
41	Is learning mindfulness associated with improved affect after mindfulness-based cognitive therapy?. <i>British Journal of Psychology</i> , 2010, 101, 95-107.	1.2	95
42	Vipassana Meditation: Systematic Review of Current Evidence. <i>Journal of Alternative and Complementary Medicine</i> , 2010, 16, 37-46.	2.1	91
43	Cortical thickness and pain sensitivity in zen meditators.. <i>Emotion</i> , 2010, 10, 43-53.	1.5	282
44	A Scale to Measure Nonattachment: A Buddhist Complement to Western Research on Attachment and Adaptive Functioning. <i>Journal of Personality Assessment</i> , 2010, 92, 116-127.	1.3	222
45	The mindfulness-based relapse prevention adherence and competence scale: Development, interrater reliability, and validity. <i>Psychotherapy Research</i> , 2010, 20, 388-397.	1.1	73
46	Spirituality and the International Classification of Functioning, Disability and Health: content comparison of questionnaires measuring mindfulness based on the International Classification of Functioning. <i>Disability and Rehabilitation</i> , 2011, 33, 2434-2445.	0.9	12
47	Mindfulness-Based Cognitive Therapy for Problem Gambling. <i>Clinical Case Studies</i> , 2011, 10, 210-228.	0.5	88
48	Psychometric Properties of the Five Facet Mindfulness Questionnaire in Depressed Adults and Development of a Short Form. <i>Assessment</i> , 2011, 18, 308-320.	1.9	678
49	Exploring the Relationship between Facets of Mindfulness and Eating Pathology in Women. <i>Cognitive Behaviour Therapy</i> , 2011, 40, 174-182.	1.9	63
50	Differential Item Functioning on the Five Facet Mindfulness Questionnaire Is Minimal in Demographically Matched Meditators and Nonmeditators. <i>Assessment</i> , 2011, 18, 3-10.	1.9	60
51	An Examination of the Effectiveness of an 8-week Bikram Yoga Program on Mindfulness, Perceived Stress, and Physical Fitness. <i>Journal of Exercise Science and Fitness</i> , 2011, 9, 87-92.	0.8	29
52	Mindfulness Meditation: A Primer for Rheumatologists. <i>Rheumatic Disease Clinics of North America</i> , 2011, 37, 63-75.	0.8	11
53	Measuring mindfulness. <i>Contemporary Buddhism</i> , 2011, 12, 241-261.	0.1	204
54	Mindfulness, by any other name – trials and tribulations of <i>sati</i> in western psychology and science. <i>Contemporary Buddhism</i> , 2011, 12, 219-239.	0.1	438
55	Assessing mindfulness in children and adolescents: Development and validation of the Child and Adolescent Mindfulness Measure (CAMM).. <i>Psychological Assessment</i> , 2011, 23, 606-614.	1.2	428
56	Effects of mindfulness on psychological health: A review of empirical studies. <i>Clinical Psychology Review</i> , 2011, 31, 1041-1056.	6.0	1,703

#	ARTICLE	IF	CITATIONS
57	Self-Centeredness and Selflessness: A Theory of Self-Based Psychological Functioning and Its Consequences for Happiness. <i>Review of General Psychology</i> , 2011, 15, 138-157.	2.1	243
59	The Mindful Negotiator. , 2011, , .		2
60	Measuring Mindfulness: A Rasch Analysis of the Freiburg Mindfulness Inventory. <i>Religions</i> , 2011, 2, 693-706.	0.3	40
61	An eight-week yoga intervention is associated with improvements in pain, psychological functioning and mindfulness, and changes in cortisol levels in women with fibromyalgia. <i>Journal of Pain Research</i> , 2011, 4, 189.	0.8	114
62	Mindfulness in the treatment of posttraumatic stress disorder among military veterans.. <i>Professional Psychology: Research and Practice</i> , 2011, 42, 24-31.	0.6	78
63	Exploring the Relationship Between Goal Achievement Orientation and Mindfulness in Collegiate Athletics. <i>Journal of Clinical Sport Psychology</i> , 2011, 5, 44-57.	0.6	15
64	Association of participation in a mindfulness programme with bowel symptoms, gastrointestinal symptomâ€specific anxiety and quality of life. <i>Alimentary Pharmacology and Therapeutics</i> , 2011, 34, 363-373.	1.9	50
65	The Precious Necessity of Compassion. <i>Journal of Pain and Symptom Management</i> , 2011, 41, 146-153.	0.6	61
66	Intensive meditation training, immune cell telomerase activity, and psychological mediators. <i>Psychoneuroendocrinology</i> , 2011, 36, 664-681.	1.3	361
67	Mindfulness, self-compassion, and happiness in non-meditators: A theoretical and empirical examination. <i>Personality and Individual Differences</i> , 2011, 50, 222-227.	1.6	328
68	Emotional intelligence mediates the relationship between mindfulness and subjective well-being. <i>Personality and Individual Differences</i> , 2011, 50, 1116-1119.	1.6	267
69	Dispositional mindfulness moderates the relation between neuroticism and depressive symptoms. <i>Personality and Individual Differences</i> , 2011, 51, 958-962.	1.6	112
70	A randomized controlled trial examining Iyengar yoga for young adults with rheumatoid arthritis: a study protocol. <i>Trials</i> , 2011, 12, 19.	0.7	25
71	Cross-cultural validity of the Five Facets Mindfulness Questionnaire: Adaptation and validation in a French-speaking sample. <i>Revue Europeenne De Psychologie Appliquee</i> , 2011, 61, 147-151.	0.4	137
72	Meditators and non-meditators on sustained and executive attentional performance. <i>Mental Health, Religion and Culture</i> , 2011, 14, 291-309.	0.6	46
73	The association between dispositional mindfulness, psychological well-being, and perceived health in a Swedish population-based sample. <i>British Journal of Health Psychology</i> , 2011, 16, 300-316.	1.9	182
74	A feasibility study of mindfulnessâ€based cognitive therapy for individuals with borderline personality disorder. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2011, 84, 184-200.	1.3	34
75	Psychometric properties of the Dutch Five Facet Mindfulness Questionnaire (FFMQ) in patients with fibromyalgia. <i>Clinical Rheumatology</i> , 2011, 30, 1045-1054.	1.0	125

#	ARTICLE	IF	CITATIONS
77	Self-Reported Mindfulness Mediates the Relation Between Meditation Experience and Psychological Well-Being. <i>Mindfulness</i> , 2011, 2, 49-58.	1.6	60
78	A Pilot Investigation of Mindfulness-Based Stress Reduction for Caregivers of Frail Elderly. <i>Mindfulness</i> , 2011, 2, 95-102.	1.6	49
79	The Five Facet Mindfulness Questionnaire: Psychometric Properties of the Chinese Version. <i>Mindfulness</i> , 2011, 2, 123-128.	1.6	207
80	Mindfulness Skills and Anxiety-Related Cognitive Processes Among Young Adult Daily Smokers: A Pilot Test. <i>Mindfulness</i> , 2011, 2, 129-136.	1.6	14
81	Short-Term Training in Loving-Kindness Meditation Produces a State, But Not a Trait, Alteration of Attention. <i>Mindfulness</i> , 2011, 2, 143-153.	1.6	26
82	Mechanisms of Mindfulness: A Buddhist Psychological Model. <i>Mindfulness</i> , 2011, 2, 154-166.	1.6	290
83	On the Relationship Between the Practice of Mindfulness Meditation and Personalityâ€”an Exploratory Analysis of the Mediating Role of Mindfulness Skills. <i>Mindfulness</i> , 2011, 2, 194-200.	1.6	92
84	The Mindful Attention Awareness Scale for Adolescents (MAAS-A): Psychometric Properties in a Dutch Sample. <i>Mindfulness</i> , 2011, 2, 201-211.	1.6	59
86	Mindful Awareness and Non-judging in Relation to Posttraumatic Stress Disorder Symptoms. <i>Mindfulness</i> , 2011, 2, 219-227.	1.6	55
87	A Preliminary Investigation of the Relationships Between Dispositional Mindfulness and Impulsivity. <i>Mindfulness</i> , 2011, 2, 228-235.	1.6	124
88	Assessment of Response to Mindfulness Meditation: Meditation Breath Attention Scores in Association with Subjective Measures of State and Trait Mindfulness and Difficulty Letting Go of Depressive Cognition. <i>Mindfulness</i> , 2011, 2, 254-269.	1.6	42
89	A randomized controlled pilot study of a brief web-based mindfulness training. <i>BMC Psychiatry</i> , 2011, 11, 175.	1.1	129
90	Testing the effectiveness of a mindfulness-based intervention to reduce emotional distress in outpatients with diabetes (DiaMind): design of a randomized controlled trial. <i>BMC Public Health</i> , 2011, 11, 131.	1.2	34
91	Dialectics of mindfulness: implications for western medicine. <i>Philosophy, Ethics, and Humanities in Medicine</i> , 2011, 6, 10.	0.7	35
92	Mindfulnessâ€”based approaches: are they all the same?. <i>Journal of Clinical Psychology</i> , 2011, 67, 404-424.	1.0	311
93	Dissociative and metacognitive factors in hallucination-proneness when controlling for comorbid symptoms. <i>Cognitive Neuropsychiatry</i> , 2011, 16, 193-217.	0.7	52
94	Characteristics of Dispositional Mindfulness in Patients With Severe Cardiac Disease. <i>Journal of Evidence-Based Complementary &amp; Alternative Medicine</i> , 2011, 16, 218-225.	1.5	9
95	The neural substrates of mindfulness: An fMRI investigation. <i>Social Neuroscience</i> , 2011, 6, 231-242.	0.7	151

#	ARTICLE	IF	CITATIONS
96	Meditation in Higher Education: The Question of Change, a Current Problem, and Evidence Toward a Solution. <i>Biofeedback</i> , 2011, 39, 64-66.	0.3	6
97	Effects of Mindfulness-Based Stress Reduction (MBSR) on Health Among Breast Cancer Survivors. <i>Western Journal of Nursing Research</i> , 2011, 33, 996-1016.	0.6	69
98	Five Facets Mindfulness Questionnaire's Reliability and Factor Structure: A Swedish Version. <i>Cognitive Behaviour Therapy</i> , 2011, 40, 291-303.	1.9	103
99	A Randomized Study of a Novel Zen Dialogue Method for Producing Spiritual and Well-Being Enhancement. <i>Journal of Holistic Nursing</i> , 2011, 29, 201-210.	0.6	2
100	Defining mindfulness by how poorly I think I pay attention during everyday awareness and other intractable problems for psychology's (re)invention of mindfulness: Comment on Brown et al. (2011).. <i>Psychological Assessment</i> , 2011, 23, 1034-1040.	1.2	497
101	Further evaluation of the psychometric properties of the Acceptance and Action Questionnaire-II. <i>Psychological Assessment</i> , 2012, 24, 925-936.	1.2	126
102	Psychometric Properties of the Five Facets Mindfulness Questionnaire (FFMQ) in a Meditating and a Non-meditating Sample. <i>Assessment</i> , 2012, 19, 187-197.	1.9	230
103	The "What" and the "How" of Dispositional Mindfulness. <i>Assessment</i> , 2012, 19, 276-286.	1.9	107
104	Mind Your Words. <i>Assessment</i> , 2012, 19, 198-204.	1.9	71
106	Mindfulness and self-compassion as predictors of psychological wellbeing in long-term meditators and matched nonmeditators. <i>Journal of Positive Psychology</i> , 2012, 7, 230-238.	2.6	260
107	Dispositional Mindfulness Moderates the Effects of Stress Among Adolescents: Rumination as a Mediator. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2012, 41, 760-770.	2.2	136
108	An update on mindfulness meditation as a self-help treatment for anxiety and depression. <i>Psychology Research and Behavior Management</i> , 2012, 5, 131.	1.3	76
109	Mindfulness and Problem Gambling: A Review of the Literature. <i>Journal of Gambling Studies</i> , 2012, 28, 719-739.	1.1	62
110	Mindfulness to Enhance Athletic Performance: Theoretical Considerations and Possible Impact Mechanisms. <i>Mindfulness</i> , 2012, 3, 235-246.	1.6	178
111	Hypertension Analysis of stress Reduction using Mindfulness meditation and Yoga (The HARMONY) Trial. <i>Journal of Hypertension</i> , 2012, 30, 1075-1083.	0.8	13
112	Mindful awareness in body-oriented therapy as an adjunct to women's substance use disorder treatment: A pilot feasibility study. <i>Journal of Substance Abuse Treatment</i> , 2012, 43, 94-107.	1.5	73
113	Participation in mindfulness-based stress reduction is not associated with reductions in emotional eating or uncontrolled eating. <i>Nutrition Research</i> , 2012, 32, 413-420.	1.3	50
114	A Randomized Study of the Effects of Mindfulness Training on Psychological Well-being and Symptoms of Stress in Patients Treated for Cancer at 6-month Follow-up. <i>International Journal of Behavioral Medicine</i> , 2012, 19, 535-542.	0.8	79

#	ARTICLE	IF	CITATIONS
115	A randomized clinical trial of mindfulness-based cognitive therapy versus unrestricted services for health anxiety (hypochondriasis).. Journal of Consulting and Clinical Psychology, 2012, 80, 817-828.	1.6	142
116	Mindfulness and mind-wandering: Finding convergence through opposing constructs.. Emotion, 2012, 12, 442-448.	1.5	430
117	Mindfulness-Based Cognitive Therapy for Mental Health Professionals: a Long-Term Quantitative Follow-up Study. Mindfulness, 2014, 5, 268.	1.6	7
118	Mindfulness-based cognitive therapy for multiple chemical sensitivity: a study protocol for a randomized controlled trial. Trials, 2012, 13, 179.	0.7	3
119	The Development and Validation of the Langer Mindfulness Scale - Enabling a Socio-Cognitive Perspective of Mindfulness in Organizational Contexts. SSRN Electronic Journal, 0, , .	0.4	59
120	Psychometric properties of the Spanish validation of the Five Facets of Mindfulness Questionnaire (FFMQ). European Journal of Psychiatry, 2012, 26, 118-126.	0.7	173
121	MeditaÃ§Ã£o, bem-estar e a ciÃªncia psicolÃ³gica: revisÃ£o de estudos empÃ©ricos. Interacao Em Psicologia, 2012, 15, .	0.1	4
122	Regular, brief mindfulness meditation practice improves electrophysiological markers of attentional control. Frontiers in Human Neuroscience, 2012, 6, 18.	1.0	217
123	Effects of Meditation Experience on Functional Connectivity of Distributed Brain Networks. Frontiers in Human Neuroscience, 2012, 6, 38.	1.0	256
124	Are the DSM-IV Personality Disorders Related to Mindfulness? An Italian Study on Clinical Participants. Journal of Clinical Psychology, 2012, 68, 672-683.	1.0	23
125	Weekly Change in Mindfulness and Perceived Stress in a Mindfulness-Based Stress Reduction Program. Journal of Clinical Psychology, 2012, 68, 755-765.	1.0	329
126	The psychological effects of meditation: A meta-analysis.. Psychological Bulletin, 2012, 138, 1139-1171.	5.5	659
127	Helping Depressed Clients Reconnect to Positive Emotion Experience: Current Insights and Future Directions. Clinical Psychology and Psychotherapy, 2012, 19, 326-340.	1.4	107
128	Performance-Based Tests of Attention and Memory in Long-Term Mindfulness Meditators and Demographically Matched Nonmeditators. Cognitive Therapy and Research, 2012, 36, 103-114.	1.2	68
129	Development and Validation of the Japanese Version of the Five Facet Mindfulness Questionnaire. Mindfulness, 2012, 3, 85-94.	1.6	114
130	The Disciplined Mind: Associations Between the Kentucky Inventory of Mindfulness Skills and Attention Control. Mindfulness, 2012, 3, 95-103.	1.6	17
131	From Mindfulness to Meta-mindfulness: Further Integration of Meta-mindfulness Concept and Strategies into Cognitive-Behavioral Therapy. Mindfulness, 2012, 3, 104-116.	1.6	19
132	Mindfulness and Emotional Well-being in Women with Borderline Personality Disorder. Mindfulness, 2012, 3, 117-123.	1.6	12



#	ARTICLE	IF	CITATIONS
133	Exploring the Psychometric Properties of the Five Facet Mindfulness Questionnaire. <i>Mindfulness</i> , 2012, 3, 124-131.	1.6	172
134	Mindfulness groups for men with advanced prostate cancer: a pilot study to assess feasibility and effectiveness and the role of peer support. <i>Supportive Care in Cancer</i> , 2012, 20, 1183-1192.	1.0	55
135	Toward a Cognitive View of Trait Mindfulness: Distinct Cognitive Skills Predict Its Observing and Nonreactivity Facets. <i>Journal of Personality</i> , 2012, 80, 255-285.	1.8	76
136	A Fresh Look at Potential Mechanisms of Change in Applied Relaxation for Generalized Anxiety Disorder: A Case Series. <i>Cognitive and Behavioral Practice</i> , 2012, 19, 451-462.	0.9	28
137	When Expectations Predict Experience: The Influence of Psychological Factors on Chemotherapy Toxicities. <i>Journal of Pain and Symptom Management</i> , 2012, 43, 1036-1050.	0.6	29
138	Relationships between mindfulness, self-control, and psychological functioning. <i>Personality and Individual Differences</i> , 2012, 52, 411-415.	1.6	213
139	The relationship between dispositional mindfulness, attachment security and emotion regulation. <i>Personality and Individual Differences</i> , 2012, 52, 622-626.	1.6	160
140	The role of active inhibitory control in psychological well-being and mindfulness. <i>Personality and Individual Differences</i> , 2012, 53, 618-621.	1.6	29
141	Les effets de la mindfulness et des interventions psychologiques basées sur la pleine conscience. <i>Pratiques Psychologiques</i> , 2012, 18, 147-159.	0.4	9
142	P05.61. The multidimensional assessment of interoceptive awareness (MAIA). <i>BMC Complementary and Alternative Medicine</i> , 2012, 12, .	3.7	5
143	Association of participation in a mindfulness program with measures of PTSD, depression and quality of life in a veteran sample. <i>Journal of Clinical Psychology</i> , 2012, 68, 101-116.	1.0	224
144	The Relation Between the Five Facets of Mindfulness and Worry in a Non-clinical Sample. <i>Mindfulness</i> , 2012, 3, 15-21.	1.6	50
145	A Preliminary Investigation of the Process of Mindfulness. <i>Mindfulness</i> , 2012, 3, 30-43.	1.6	47
146	Living in the here and now: interrelationships between impulsivity, mindfulness, and alcohol misuse. <i>Psychopharmacology</i> , 2012, 219, 527-536.	1.5	116
147	Conscious Presence and Self Control as a measure of situational awareness in soldiers – A validation study. <i>International Journal of Mental Health Systems</i> , 2013, 7, 1.	1.1	55
148	Mindfulness: a systematic review of instruments to measure an emergent patient-reported outcome (PRO). <i>Quality of Life Research</i> , 2013, 22, 2639-2659.	1.5	258
149	The effects of mindfulness-based cognitive therapy in patients with bipolar disorder: A controlled functional MRI investigation. <i>Journal of Affective Disorders</i> , 2013, 150, 1152-1157.	2.0	125
150	Changes in Mindfulness Following a Mindfulness Telehealth Intervention. <i>Mindfulness</i> , 2013, 4, 301-310.	1.6	25

#	ARTICLE	IF	CITATIONS
151	The Assessment of Mindfulness with Self-Report Measures: Existing Scales and Open Issues. <i>Mindfulness</i> , 2013, 4, 191-202.	1.6	346
152	Observing as an Essential Facet of Mindfulness: A Comparison of FFMQ Patterns in Meditating and Non-Meditating Individuals. <i>Mindfulness</i> , 2013, 4, 203-212.	1.6	106
153	Evaluation of an Occupational Mindfulness Program for Staff Employed in the Disability Sector in Australia. <i>Mindfulness</i> , 2013, 4, 122-136.	1.6	59
154	Effects of a mindfulness-based intervention on psychological distress, well-being, and maternal self-efficacy in breast-feeding mothers: results of a pilot study. <i>Archives of Women's Mental Health</i> , 2013, 16, 227-236.	1.2	121
155	Training in and implementation of Acceptance and Commitment Therapy for depression in the Veterans Health Administration: Therapist and patient outcomes. <i>Behaviour Research and Therapy</i> , 2013, 51, 555-563.	1.6	76
156	Mindfulness reduces habitual responding based on implicit knowledge: Evidence from artificial grammar learning. <i>Consciousness and Cognition</i> , 2013, 22, 833-845.	0.8	25
157	Implicit attitudes towards children with autism versus normally developing children as predictors of professional burnout and psychopathology. <i>Research in Developmental Disabilities</i> , 2013, 34, 17-28.	1.2	58
158	Measuring values and committed action with the Engaged Living Scale (ELS): Psychometric evaluation in a nonclinical sample and a chronic pain sample. <i>Psychological Assessment</i> , 2013, 25, 1235-1246.	1.2	127
159	Mindfulness training for stress management: a randomised controlled study of medical and psychology students. <i>BMC Medical Education</i> , 2013, 13, 107.	1.0	253
160	Mindfulness for Teachers: A Pilot Study to Assess Effects on Stress, Burnout, and Teaching Efficacy. <i>Mind, Brain, and Education</i> , 2013, 7, 182-195.	0.9	387
161	Mindfulness interventions for psychosis: A meta-analysis. <i>Schizophrenia Research</i> , 2013, 150, 176-184.	1.1	240
162	Mindfulness-Based Interventions in Counseling. <i>Journal of Counseling and Development</i> , 2013, 91, 96-104.	1.3	50
163	Brief body-scan meditation practice improves somatosensory perceptual decision making. <i>Consciousness and Cognition</i> , 2013, 22, 348-359.	0.8	98
164	Sex-specific effects of mindfulness on romantic partners' cortisol responses to conflict and relations with psychological adjustment. <i>Psychoneuroendocrinology</i> , 2013, 38, 2905-2913.	1.3	35
165	The association between meditation practice and treatment outcome in Mindfulness-based Cognitive Therapy for bipolar disorder. <i>Behaviour Research and Therapy</i> , 2013, 51, 338-343.	1.6	89
166	A Medical Student Elective Promoting Humanism, Communication Skills, Complementary and Alternative Medicine and Physician Self-Care: An Evaluation of the HEART Program. <i>Explore: the Journal of Science and Healing</i> , 2013, 9, 292-298.	0.4	18
167	Dispositional mindfulness, insomnia, sleep quality and dysfunctional sleep beliefs in post-treatment cancer patients. <i>Personality and Individual Differences</i> , 2013, 55, 306-311.	1.6	31
168	CF-CATS: An uncontrolled feasibility study of using tai chi for adults with cystic fibrosis. <i>European Journal of Integrative Medicine</i> , 2013, 5, 476-486.	0.8	7

#	ARTICLE	IF	CITATIONS
169	Psychometric properties of the Spanish version of the mindful attention awareness scale (MAAS) in patients with fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 6.	1.0	26
170	Mapping Mindfulness Facets Onto Dimensions of Anxiety and Depression. <i>Behavior Therapy</i> , 2013, 44, 373-384.	1.3	120
171	Efficacy of Mind-body Therapy on Stress Reduction in Cancer Care. <i>Evidence-based Anticancer Complementary and Alternative Medicine</i> , 2013, , 153-173.	0.1	1
172	Effect of Mindfulness-based Interventions in Cancer Care. <i>Evidence-based Anticancer Complementary and Alternative Medicine</i> , 2013, , 175-192.	0.1	0
173	The positive effects of mindfulness on self-esteem. <i>Journal of Positive Psychology</i> , 2013, 8, 376-386.	2.6	111
174	Secure attachment and autonomy orientation may foster mindfulness. <i>Contemporary Buddhism</i> , 2013, 14, 265-283.	0.1	7
175	Effects of Participation in a Mindfulness Program for Veterans With Posttraumatic Stress Disorder: A Randomized Controlled Pilot Study. <i>Journal of Clinical Psychology</i> , 2013, 69, 14-27.	1.0	135
176	State Mindfulness Scale (SMS): Development and initial validation.. <i>Psychological Assessment</i> , 2013, 25, 1286-1299.	1.2	292
177	Mindfulness training and reductions in teacher stress and burnout: Results from two randomized, waitlist-control field trials.. <i>Journal of Educational Psychology</i> , 2013, 105, 787-804.	2.1	482
178	Impact of Iyengar Yoga on Quality of Life in Young Women With Rheumatoid Arthritis. <i>Clinical Journal of Pain</i> , 2013, 29, 988-997.	0.8	68
179	Mindfulness-Based Stress Reduction and Change in Health-Related Behaviors. <i>Journal of Evidence-Based Complementary &amp; Alternative Medicine</i> , 2013, 18, 243-247.	1.5	25
180	The Evaluation of Mindfulness-Based Stress Reduction for Veterans With Mental Health Conditions. <i>Journal of Holistic Nursing</i> , 2013, 31, 248-255.	0.6	23
181	A Multicenter Study of Physician Mindfulness and Health Care Quality. <i>Annals of Family Medicine</i> , 2013, 11, 421-428.	0.9	186
182	Mindfulness-Oriented Recovery Enhancement Reduces Pain Attentional Bias in Chronic Pain Patients. <i>Psychotherapy and Psychosomatics</i> , 2013, 82, 311-318.	4.0	102
183	Increased Mindfulness Is Related to Improved Stress and Mood Following Participation in a Mindfulness-Based Stress Reduction Program in Individuals With Cancer. <i>Integrative Cancer Therapies</i> , 2013, 12, 31-40.	0.8	64
184	Rumination and Modes of Processing around Meal Times in Women with Anorexia Nervosa: Qualitative and Quantitative Results from a Pilot Study. <i>European Eating Disorders Review</i> , 2013, 21, 411-419.	2.3	15
185	Loving-Kindness Meditation for Posttraumatic Stress Disorder: A Pilot Study. <i>Journal of Traumatic Stress</i> , 2013, 26, 426-434.	1.0	155
186	Identifying and describing feelings and psychological flexibility predict mental health in men with HIV. <i>British Journal of Health Psychology</i> , 2013, 18, 844-857.	1.9	20

#	ARTICLE	IF	CITATIONS
187	The Five Factor Mindfulness Questionnaire in Norway. <i>Scandinavian Journal of Psychology</i> , 2013, 54, 250-260.	0.8	63
188	The Role of Therapeutic Alliance in Mindfulness Interventions: Therapeutic alliance in Mindfulness Training for Smokers. <i>Journal of Clinical Psychology</i> , 2013, 69, 936-950.	1.0	33
189	Investigating the Five Facet Mindfulness Questionnaire (FFMQ): Construction of a Short Form and Evidence of a Two-Factor Higher Order Structure of Mindfulness. <i>Journal of Clinical Psychology</i> , 2013, 69, 951-965.	1.0	127
190	The place of mindfulness in a sensorimotor psychotherapy intervention to improve women's sexual health. <i>Sexual and Relationship Therapy</i> , 2013, 28, 63-76.	0.7	11
191	Mindfulness-Based Cognitive Therapy for Patients with Medically Unexplained Symptoms: A Randomized Controlled Trial. <i>Psychotherapy and Psychosomatics</i> , 2013, 82, 299-310.	4.0	56
192	What facilitates countertransference management? The roles of therapist meditation, mindfulness, and self-differentiation. <i>Psychotherapy Research</i> , 2013, 23, 502-513.	1.1	30
193	Self-reported mindfulness and cortisol during a Shamatha meditation retreat.. <i>Health Psychology</i> , 2013, 32, 1104-1109.	1.3	47
194	Mind the Gap in Mindfulness Research: A Comparative Account of the Leading Schools of Thought. <i>Review of General Psychology</i> , 2013, 17, 453-466.	2.1	117
195	Mindfulness in the treatment of posttraumatic stress disorder among military veterans.. <i>Spirituality in Clinical Practice</i> , 2013, 1, 15-25.	0.5	28
197	The Relationship between Mindfulness and Resiliency among Active Duty Service Members and Military Veterans. <i>Proceedings of the Human Factors and Ergonomics Society</i> , 2013, 57, 1387-1391.	0.2	7
198	Pilates, mindfulness and somatic education. <i>Journal of Dance and Somatic Practices</i> , 2013, 5, 141-153.	0.0	22
199	Changes in Mindfulness following Repetitive Transcranial Magnetic Stimulation for Mood Disorders. <i>Canadian Journal of Psychiatry</i> , 2013, 58, 687-691.	0.9	9
200	Child and adolescent mindfulness measure (CMM): estudo das características psicométricas da versão portuguesa. <i>Psicologia: Reflexão e Crítica</i> , 2013, 26, 459-468.	0.4	30
201	Self-reported interoceptive awareness in primary care patients with past or current low back pain. <i>Journal of Pain Research</i> , 2013, 6, 403.	0.8	85
202	Mediators of the Link Between Adult Attachment and Mindfulness. <i>Interpersona</i> , 2013, 7, 299-310.	0.2	41
203	Dispositional Mindfulness Co-Varies with Smaller Amygdala and Caudate Volumes in Community Adults. <i>PLoS ONE</i> , 2013, 8, e64574.	1.1	80
204	Complementary and Alternative Medicine in the Treatment of Chronic Pelvic Pain in Women: What Is the Evidence?. <i>ISRN Pain</i> , 2013, 2013, 1-8.	0.4	6
205	The Serenity of the Meditating Mind: A Cross-Cultural Psychometric Study on a Two-Factor Higher Order Structure of Mindfulness, Its Effects, and Mechanisms Related to Mental Health among Experienced Meditators. <i>PLoS ONE</i> , 2014, 9, e110192.	1.1	68

#	ARTICLE	IF	CITATIONS
207	Benefits of Mindfulness Meditation on Emotional Intelligence, General Self-Efficacy, and Perceived Stress: Evidence from Thailand. <i>Journal of Spirituality in Mental Health</i> , 2014, 16, 171-192.	0.5	52
208	Meditative practices predict spirituality but mindfulness does not predict alcohol use in African-American college students. <i>Mental Health, Religion and Culture</i> , 2014, 17, 379-389.	0.6	9
209	Antenatal mindfulness intervention to reduce depression, anxiety and stress: a pilot randomised controlled trial of the MindBabyBody program in an Australian tertiary maternity hospital. <i>BMC Pregnancy and Childbirth</i> , 2014, 14, 369.	0.9	169
210	Rehabilitation of individuals on long-term sick leave due to sustained stress-related symptoms: A comparative follow-up study. <i>Scandinavian Journal of Public Health</i> , 2014, 42, 719-727.	1.2	12
211	Buddhist Mindfulness as an Influence in Recent Empirical CBT Approaches to Addiction: Convergence with the Alcoholics Anonymous Model. <i>Alcoholism Treatment Quarterly</i> , 2014, 32, 194-213.	0.5	7
212	Mindful Parenting. <i>Mindfulness in Behavioral Health</i> , 2014, , .	0.2	129
214	Can art therapy reduce death anxiety and burnout in end-of-life care workers? A quasi-experimental study. <i>International Journal of Palliative Nursing</i> , 2014, 20, 233-240.	0.2	50
215	Examining the factor structures of the Five Facet Mindfulness Questionnaire and the Self-Compassion Scale.. <i>Psychological Assessment</i> , 2014, 26, 407-418.	1.2	244
216	The secret ingredient in mindfulness interventions? A case for practice quality over quantity.. <i>Journal of Counseling Psychology</i> , 2014, 61, 491-497.	1.4	57
217	Mindful embodiment in synthetic environments. <i>Metaverse Creativity</i> , 2014, 4, 5-14.	0.1	1
218	Evaluating the effectiveness of enhancing resilience in human service professionals using a retreat-based Mindfulness with Metta Training Program: A randomised control trial. <i>Psychology, Health and Medicine</i> , 2014, 19, 355-364.	1.3	75
219	Self-regulatory deficits associated with unpracticed mindfulness strategies for coping with acute pain. <i>Journal of Applied Social Psychology</i> , 2014, 44, 23-30.	1.3	35
220	Child Behavior Problems and Parental Well-Being in Families of Children With Autism: The Mediating Role of Mindfulness and Acceptance. <i>American Journal on Intellectual and Developmental Disabilities</i> , 2014, 119, 171-185.	0.8	133
221	Mindfulness-Based Stress Reduction for Parents of Young Children with Developmental Delays: Implications for Parental Mental Health and Child Behavior Problems. <i>Journal of Applied Research in Intellectual Disabilities</i> , 2014, 27, 174-186.	1.3	209
222	Psychometric properties of the Spanish version of the Philadelphia Mindfulness Scale. <i>Revista De Psiquiatr�a Y Salud Mental (English Edition)</i> , 2014, 7, 157-165.	0.2	9
223	Validation of a Chinese Version of the Five Facet Mindfulness Questionnaire in Hong Kong and Development of a Short Form. <i>Assessment</i> , 2014, 21, 363-371.	1.9	125
224	Psychological Mechanisms of Mindfulness-Based Interventions. <i>Holistic Nursing Practice</i> , 2014, 28, 124-148.	0.3	88
225	Mindfulness-based Stress Reduction (MBSR) Reduces Anxiety, Depression, and Suicidal Ideation in Veterans. <i>Medical Care</i> , 2014, 52, S19-S24.	1.1	123

#	ARTICLE	IF	CITATIONS
226	Spousal Mindfulness and Social Support in Couples With Chronic Pain. <i>Clinical Journal of Pain</i> , 2014, 30, 528-535.	0.8	35
227	Mindfulness, health symptoms and healthcare utilization: Active facets and possible affective mediators. <i>Psychology, Health and Medicine</i> , 2014, 19, 392-401.	1.3	17
228	Return to work after vocational rehabilitation: does mindfulness matter?. <i>Psychology Research and Behavior Management</i> , 2014, 7, 77.	1.3	12
229	Measures of mindfulness and anxiety in OM meditators and non-meditators: A cross-sectional study. <i>International Journal of Medicine and Public Health</i> , 2014, 4, 110.	0.3	7
230	Perceived Stress in Multiple Sclerosis. <i>Journal of Evidence-Based Complementary &amp; Alternative Medicine</i> , 2014, 19, 104-111.	1.5	89
231	Análisis Rasch de la versión española de la escala Mindful Attention Awareness Scale en una muestra clínica. <i>Revista De Psiquiatría Y Salud Mental</i> , 2014, 7, 32-41.	1.0	14
232	Teasing apart low mindfulness: Differentiating deficits in mindfulness and in psychological flexibility in predicting symptoms of generalized anxiety disorder and depression. <i>Journal of Affective Disorders</i> , 2014, 166, 41-47.	2.0	33
233	Body awareness: differentiating between sensitivity to and monitoring of bodily signals. <i>Journal of Behavioral Medicine</i> , 2014, 37, 564-575.	1.1	67
234	Exploring the Relationship Between Mindfulness and Cardiac Perception. <i>Mindfulness</i> , 2014, 5, 298-313.	1.6	79
235	How Does Mindfulness Reduce Anxiety, Depression, and Stress? An Exploratory Examination of Change Processes in Wait-List Controlled Mindfulness Meditation Training. <i>Mindfulness</i> , 2014, 5, 574-588.	1.6	39
236	The Influence of Therapist Mindfulness Practice on Psychotherapeutic Work: A Mixed-Methods Study. <i>Mindfulness</i> , 2014, 5, 689-703.	1.6	37
237	Mindfulness and Disgust in Colorectal Cancer Scenarios: Non-judging and Non-reacting Components Predict Avoidance When It Makes Sense. <i>Mindfulness</i> , 2014, 5, 442-452.	1.6	15
238	Mindfulness, Nonattachment, and Suicide Rumination in College Students: The Mediating Role of Depressive Symptoms. <i>Mindfulness</i> , 2014, 5, 487-496.	1.6	50
239	Mindfulness Skills and Emotion Regulation: the Mediating Role of Coping Self-Efficacy. <i>Mindfulness</i> , 2014, 5, 373-380.	1.6	85
240	Mindfulness Based Tinnitus Stress Reduction Pilot Study. <i>Mindfulness</i> , 2014, 5, 322-333.	1.6	29
241	The Differential Relationship Between Mindfulness and Attachment in Experienced and Inexperienced Meditators. <i>Mindfulness</i> , 2014, 5, 392-399.	1.6	43
242	Tracking Longitudinal Changes in Affect and Mindfulness Caused by Concentration and Loving-kindness Meditation with Hierarchical Linear Modeling. <i>Mindfulness</i> , 2014, 5, 249-258.	1.6	44
243	Mindful Parenting Assessed Further: Psychometric Properties of the Dutch Version of the Interpersonal Mindfulness in Parenting Scale (IM-P). <i>Mindfulness</i> , 2014, 5, 200-212.	1.6	134

#	ARTICLE	IF	CITATIONS
244	Using Cognitive Interviews to Assess the Cultural Validity of State and Trait Measures of Mindfulness among Zen Buddhists. <i>Mindfulness</i> , 2014, 5, 145-160.	1.6	33
245	Meditation Breath Attention Scores (MBAS): Test-Retest Reliability and Sensitivity to Repeated Practice. <i>Mindfulness</i> , 2014, 5, 161-169.	1.6	29
246	The Effects of a Short-term Mindfulness Based Intervention on Self-reported Mindfulness, Decentering, Executive Attention, Psychological Health, and Coping Style: Examining Unique Mindfulness Effects and Mediators. <i>Mindfulness</i> , 2014, 5, 18-35.	1.6	84
247	Study protocol of a randomized controlled trial comparing Mindfulness-Based Stress Reduction with treatment as usual in reducing psychological distress in patients with lung cancer and their partners: the MILON study. <i>BMC Cancer</i> , 2014, 14, 3.	1.1	27
248	Is meditation associated with altered brain structure? A systematic review and meta-analysis of morphometric neuroimaging in meditation practitioners. <i>Neuroscience and Biobehavioral Reviews</i> , 2014, 43, 48-73.	2.9	569
249	The Development and Initial Validation of the Cognitive Fusion Questionnaire. <i>Behavior Therapy</i> , 2014, 45, 83-101.	1.3	535
250	The Italian Five Facet Mindfulness Questionnaire: A Contribution to its Validity and Reliability. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2014, 36, 415-423.	0.7	94
251	Dispositional mindfulness and life satisfaction: The role of core self-evaluations. <i>Personality and Individual Differences</i> , 2014, 56, 165-169.	1.6	125
252	Meditation for Migraines: A Pilot Randomized Controlled Trial. <i>Headache</i> , 2014, 54, 1484-1495.	1.8	124
253	Propiedades psicométricas de la versión española de la Philadelphia Mindfulness Scale. <i>Revista De Psiquiatría Y Salud Mental</i> , 2014, 7, 157-165.	1.0	18
254	Mindfulness Training in a Heterogeneous Psychiatric Sample: Outcome Evaluation and Comparison of Different Diagnostic Groups. <i>Journal of Clinical Psychology</i> , 2014, 70, 60-71.	1.0	15
255	The attention training technique, self-focused attention, and anxiety: A laboratory-based component study. <i>Behaviour Research and Therapy</i> , 2014, 61, 150-155.	1.6	34
256	Randomized Trial on Mindfulness Training for Smokers Targeted to a Disadvantaged Population. <i>Substance Use and Misuse</i> , 2014, 49, 571-585.	0.7	82
257	A meta-analysis of the relationship between trait mindfulness and substance use behaviors. <i>Drug and Alcohol Dependence</i> , 2014, 143, 1-10.	1.6	111
258	Toward a Theoretical Model for Mindfulness-Based Pain Management. <i>Journal of Pain</i> , 2014, 15, 691-703.	0.7	97
259	Dispositional mindfulness as a positive predictor of psychological well-being and the role of the private self-consciousness insight factor. <i>Personality and Individual Differences</i> , 2014, 71, 15-18.	1.6	39
260	Web-based Mindfulness-based Cognitive Therapy for reducing residual depressive symptoms: An open trial and quasi-experimental comparison to propensity score matched controls. <i>Behaviour Research and Therapy</i> , 2014, 63, 83-89.	1.6	71
261	A Pilot Study of 2 Brief Forms of Dialectical Behavior Therapy Skills Training for Emotion Dysregulation in College Students. <i>Journal of American College Health</i> , 2014, 62, 434-439.	0.8	44

#	ARTICLE	IF	CITATIONS
262	A Preliminary Examination of the Role of Emotion Differentiation in the Relationship Between Borderline Personality and Urges for Maladaptive Behaviors. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2014, 36, 616-625.	0.7	47
263	Factor Analysis of the Five Facet Mindfulness Questionnaire in a Heterogeneous Clinical Sample. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2014, 36, 683-694.	0.7	68
264	Mindfulness and Flow in Elite Athletes. <i>Journal of Clinical Sport Psychology</i> , 2014, 8, 119-141.	0.6	52
265	Group mindfulness-based therapy significantly improves sexual desire in women. <i>Behaviour Research and Therapy</i> , 2014, 57, 43-54.	1.6	179
266	Modulation of induced frontocentral theta (Fm- $\hat{\imath}$ ) event-related (de-)synchronisation dynamics following mindfulness-based cognitive therapy in Major Depressive Disorder. <i>Cognitive Neurodynamics</i> , 2014, 8, 373-388.	2.3	21
267	Comparison of complementary and alternative medicine with conventional mind-body therapies for chronic back pain: protocol for the Mind-body Approaches to Pain (MAP) randomized controlled trial. <i>Trials</i> , 2014, 15, 211.	0.7	26
268	Finding the Right Match: Mindfulness Training May Potentiate the Therapeutic Effect of Nonjudgment of Inner Experience on Smoking Cessation. <i>Substance Use and Misuse</i> , 2014, 49, 586-594.	0.7	18
269	Rasch analysis of the Spanish version of the Mindful Attention Awareness Scale (MAAS) in a clinical sample. <i>Revista De Psiquiatría Y Salud Mental (English Edition)</i> , 2014, 7, 32-41.	0.2	4
270	A pilot study of processes of change in group-based acceptance and commitment therapy for health anxiety. <i>Journal of Contextual Behavioral Science</i> , 2014, 3, 189-195.	1.3	15
271	Assessing Decentering: Validation, Psychometric Properties, and Clinical Usefulness of the Experiences Questionnaire in a Spanish Sample. <i>Behavior Therapy</i> , 2014, 45, 863-871.	1.3	68
272	Observing nonreactively: A conditional process model linking mindfulness facets, cognitive emotion regulation strategies, and depression and anxiety symptoms. <i>Journal of Affective Disorders</i> , 2014, 165, 31-37.	2.0	104
273	Effectiveness of Mindfulness-Based Cognitive Therapy for Co-Morbid Depression in Drug-Dependent Males. <i>Archives of Psychiatric Nursing</i> , 2014, 28, 314-318.	0.7	21
274	Randomized trial comparing mindfulness training for smokers to a matched control. <i>Journal of Substance Abuse Treatment</i> , 2014, 47, 213-221.	1.5	71
275	Comparing Self-Compassion, Mindfulness, and Psychological Inflexibility as Predictors of Psychological Health. <i>Mindfulness</i> , 2014, 5, 410-421.	1.6	64
276	Validity evidence of the Brazilian version of the five facet mindfulness questionnaire (FFMQ). <i>Psicologia: Teoria E Pesquisa</i> , 2014, 30, 317-327.	0.1	37
277	Self- and Team-Efficacy Beliefs of Rowers and Their Relation to Mindfulness and Flow. <i>Journal of Clinical Sport Psychology</i> , 2014, 8, 142-158.	0.6	35
280	Reflective functioning, affect consciousness, and mindfulness: Are these different functions?. <i>Psychoanalytic Psychology</i> , 2014, 31, 26-40.	0.4	23
281	Association of brief mindfulness training with reductions in perceived stress and distress in Colombian health care professionals.. <i>International Journal of Stress Management</i> , 2014, 21, 207-225.	0.9	71



#	ARTICLE	IF	CITATIONS
282	Parental mindfulness and dyadic relationship quality in low-income cohabiting Black stepfamilies: Associations with parenting experienced by adolescents.. <i>Couple and Family Psychology: Research and Practice</i> , 2014, 3, 67-82.	0.9	29
283	Relationships of Mindfulness, Self-Compassion, and Meditation Experience With Shame-Proneness. <i>Journal of Cognitive Psychotherapy</i> , 2014, 28, 20-33.	0.2	64
284	Mindfulness and Related Factors among Undergraduate Students. <i>Procedia, Social and Behavioral Sciences</i> , 2014, 159, 20-24.	0.5	6
285	Changes and Interactions of Flourishing, Mindfulness, Sense of Coherence, and Quality of Life in Patients of a Mind-Body Medicine Outpatient Clinic. <i>Research in Complementary Medicine</i> , 2014, 21, 154-162.	2.2	22
286	Investigating the phenomenological matrix of mindfulness-related practices from a neurocognitive perspective.. <i>American Psychologist</i> , 2015, 70, 632-658.	3.8	452
287	Yoga for military service personnel with PTSD: A single arm study.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2015, 7, 555-562.	1.4	30
288	Nonjudging facet of mindfulness predicts enhanced smoking cessation in Hispanics.. <i>Psychology of Addictive Behaviors</i> , 2015, 29, 918-923.	1.4	15
289	Version française de la Distress Tolerance Scale et de la Discomfort Intolerance Scale.. <i>Canadian Journal of Behavioural Science</i> , 2015, 47, 241-250.	0.5	6
290	Examining trait mindfulness, emotion dysregulation, and quality of life in multiple sclerosis.. <i>Health Psychology</i> , 2015, 34, 1107-1115.	1.3	47
291	Does Mindfulness Improve after Heart Coherence Training in Patients with Chronic Musculoskeletal Pain and Healthy Subjects? A Pilot Study. <i>Global Advances in Health and Medicine</i> , 2015, 4, 50-55.	0.7	9
293	The potential role of mindfulness in protecting against sexual insecurities. <i>Canadian Journal of Human Sexuality</i> , 2015, 24, 92-103.	0.6	17
294	Mindfulness-based wellbeing for socio-economically disadvantaged parents: a pre-post pilot study. <i>Journal of Children's Services</i> , 2015, 10, 17-28.	0.5	9
295	Cultural intelligence and mindfulness in two French banks operating in the US environment. <i>Management Research Review</i> , 2015, 38, 930-951.	1.5	9
296	A randomized controlled trial of Mindfulness-Based Cognitive Therapy (MBCT) versus treatment-as-usual (TAU) for chronic, treatment-resistant depression: study protocol. <i>BMC Psychiatry</i> , 2015, 15, 275.	1.1	13
297	Development of the Six Factors Mindfulness Scale. <i>The Japanese Journal of Health Psychology</i> , 2015, 28, 55-64.	0.1	3
298	Development and Validation of the Japanese Version of the Mindful Attention Awareness Scale Using Item Response Theory Analysis. <i>Japanese Journal of Personality</i> , 2015, 24, 61-76.	0.0	31
299	A Small Randomized Pilot Study of a Workplace Mindfulness-Based Intervention for Surgical Intensive Care Unit Personnel. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, 393-399.	0.9	101
300	The Role of Supervisors' and Supervisees' Mindfulness in Clinical Supervision. <i>Counselor Education and Supervision</i> , 2015, 54, 221-232.	0.9	8

#	ARTICLE	IF	CITATIONS
301	Anger Rumination as a Mediator of the Relationship Between Mindfulness and Aggression: The Utility of a Multidimensional Mindfulness Model. <i>Journal of Clinical Psychology</i> , 2015, 71, 871-884.	1.0	67
302	How being mindful impacts individuals' work-family balance, conflict, and enrichment: a review of existing evidence, mechanisms and future directions. , 0, , 213-238.		15
303	Association between Mindfulness and Weight Status in a General Population from the NutriNet-Sant� Study. <i>PLoS ONE</i> , 2015, 10, e0127447.	1.1	33
304	The relationship of mindfulness and self-compassion to desired wildland fire leadership. <i>International Journal of Wildland Fire</i> , 2015, 24, 201.	1.0	13
305	Bifactor analysis and construct validity of the five facet mindfulness questionnaire (FFMQ) in non-clinical Spanish samples. <i>Frontiers in Psychology</i> , 2015, 6, 404.	1.1	90
306	Interoception, contemplative practice, and health. <i>Frontiers in Psychology</i> , 2015, 6, 763.	1.1	348
307	The default mode network as a biomarker for monitoring the therapeutic effects of meditation. <i>Frontiers in Psychology</i> , 2015, 06, 776.	1.1	73
308	Atenci�n Plena: Validaci�n del Five Facet Mindfulness Questionnaire (FFMQ) en estudiantes universitarios chilenos. <i>Terapia Psicol�gica</i> , 2015, 33, 93-102.	0.2	26
309	Examining the effects of a mindfulness-based professional training module on mindfulness, perceived stress, self-compassion and self-determination. <i>African Journal of Health Professions Education</i> , 2015, 7, 220.	0.1	9
311	The temporal order of change in daily mindfulness and affect during mindfulness-based stress reduction.. <i>Journal of Counseling Psychology</i> , 2015, 62, 106-114.	1.4	68
312	Measuring Mindful Responding in Daily Life: Validation of the Daily Mindful Responding Scale (DMRS). <i>Mindfulness</i> , 2015, 6, 1422-1436.	1.6	15
313	Psychological Flexibility and Mindfulness Explain Intuitive Eating in Overweight Adults. <i>Behavior Modification</i> , 2015, 39, 557-579.	1.1	24
314	Mindfulness-Based Cognitive Therapy for Perinatal Women with Depression or Bipolar Spectrum Disorder. <i>Cognitive Therapy and Research</i> , 2015, 39, 590-600.	1.2	26
315	Associations Between Mindfulness, Psychological Well-Being, and Subjective Well-Being with Respect to Contemplative Practice. <i>Journal of Happiness Studies</i> , 2015, 16, 1423-1436.	1.9	70
316	Fibromyalgia Impact and Mindfulness Characteristics in 4986 People with Fibromyalgia. <i>Explore: the Journal of Science and Healing</i> , 2015, 11, 304-309.	0.4	17
317	What Factors Promote Resilience and Protect Against Burnout in First-Year Pediatric and Medicine-Pediatric Residents?. <i>Journal of Evidence-Based Complementary &amp; Alternative Medicine</i> , 2015, 20, 192-198.	1.5	132
318	Meditation has stronger relationships with mindfulness, kundalini, and mystical experiences than yoga or prayer. <i>Consciousness and Cognition</i> , 2015, 35, 115-127.	0.8	13
319	Feasibility of Mindfulness-based Stress Reduction Intervention for Parents of Children with Developmental Delays. <i>Issues in Mental Health Nursing</i> , 2015, 36, 592-602.	0.6	23

#	ARTICLE	IF	CITATIONS
320	Mindfulness Meditation Training for Attention-Deficit/Hyperactivity Disorder in Adulthood: Current Empirical Support, Treatment Overview, and Future Directions. <i>Cognitive and Behavioral Practice</i> , 2015, 22, 172-191.	0.9	79
321	Dispositional mindfulness and perceived stress: The role of emotional intelligence. <i>Personality and Individual Differences</i> , 2015, 78, 48-52.	1.6	118
322	Associations between mindfulness and panic symptoms among young adults with asthma. <i>Psychology, Health and Medicine</i> , 2015, 20, 322-331.	1.3	54
323	Acceptance and commitment therapy for depression. <i>Current Opinion in Psychology</i> , 2015, 2, 65-69.	2.5	17
324	Braving Human Suffering: Death Education and its Relationship to Empathy and Mindfulness. <i>Social Work Education</i> , 2015, 34, 91-109.	0.8	28
325	Conflicts in Learning to Care for Critically Ill Newborns: "It Makes Me Question My Own Morals". <i>Journal of Bioethical Inquiry</i> , 2015, 12, 437-448.	0.9	20
326	Mindfulness at Work: Positive Affect, Hope, and Optimism Mediate the Relationship Between Dispositional Mindfulness, Work Engagement, and Well-Being. <i>Mindfulness</i> , 2015, 6, 1250-1262.	1.6	205
327	Multi-dimensional modulations of $\delta$ and $\beta$ cortical dynamics following mindfulness-based cognitive therapy in Major Depressive Disorder. <i>Cognitive Neurodynamics</i> , 2015, 9, 13-29.	2.3	28
328	Mindfulness Facets Predict Helping Behavior and Distinct Helping-Related Emotions. <i>Mindfulness</i> , 2015, 6, 1211-1218.	1.6	50
329	Time-Series Analysis of Daily Changes in Mindfulness, Repetitive Thinking, and Depressive Symptoms During Mindfulness-Based Treatment. <i>Mindfulness</i> , 2015, 6, 1053-1062.	1.6	21
330	Assessing Mindfulness in Multiple Contexts: a Comment on Christopher, Woodrich, and Tiernan (2014). <i>Mindfulness</i> , 2015, 6, 687-692.	1.6	9
331	Connecting Mindfulness and Meaning in Life: Exploring the Role of Authenticity. <i>Mindfulness</i> , 2015, 6, 996-1003.	1.6	53
332	The "Observing" Facet of Mindfulness Moderates Stress/Symptom Relations Only Among Meditators. <i>Mindfulness</i> , 2015, 6, 1286-1291.	1.6	11
333	Divergent effects of reappraisal and labeling internal affective feelings on subjective emotional experience. <i>Motivation and Emotion</i> , 2015, 39, 563-570.	0.8	12
334	Appropriateness and acceptability of a Tele-Yoga intervention for people with heart failure and chronic obstructive pulmonary disease: qualitative findings from a controlled pilot study. <i>BMC Complementary and Alternative Medicine</i> , 2015, 15, 21.	3.7	53
335	Mindfulness Mediates Associations Between Attachment and Anxiety Sensitivity. <i>Mindfulness</i> , 2015, 6, 1263-1270.	1.6	10
336	Can mindful parenting be observed? Relations between observational ratings of mother's "youth interactions and mothers' self-report of mindful parenting.. <i>Journal of Family Psychology</i> , 2015, 29, 276-282.	1.0	90
337	Cell Phone-Related Near Accidents Among Young Drivers: Associations With Mindfulness. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2015, 149, 665-683.	0.9	19

#	ARTICLE	IF	CITATIONS
338	Predicting short-term positive affect in individuals with social anxiety disorder: The role of selected personality traits and emotion regulation strategies. <i>Journal of Anxiety Disorders</i> , 2015, 34, 53-62.	1.5	4
339	Meta-Awareness During Day and Night. <i>Imagination, Cognition and Personality</i> , 2015, 34, 415-433.	0.5	27
340	Mindfulness-based Intervention for Perinatal Grief after Stillbirth in Rural India. <i>Issues in Mental Health Nursing</i> , 2015, 36, 222-230.	0.6	27
341	Effect of mindfulness-based stress reduction on somatic symptoms, distress, mindfulness and spiritual wellbeing in women with breast cancer: Results of a randomized controlled trial. <i>Acta Oncologica</i> , 2015, 54, 712-719.	0.8	48
342	Empathy and nonattachment independently predict peer nominations of prosocial behavior of adolescents. <i>Frontiers in Psychology</i> , 2015, 6, 263.	1.1	85
343	Mindfulness-based stress reduction for overweight/obese women with and without polycystic ovary syndrome: Design and methods of a pilot randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2015, 41, 287-297.	0.8	16
344	Spectral power and functional connectivity changes during mindfulness meditation with eyes open: A magnetoencephalography (MEG) study in long-term meditators. <i>International Journal of Psychophysiology</i> , 2015, 98, 95-111.	0.5	24
345	The relationship between dissociation and voices: A systematic literature review and meta-analysis. <i>Clinical Psychology Review</i> , 2015, 40, 138-155.	6.0	103
346	Design and methods of the Gentle Cardiac Rehabilitation Study – A behavioral study of tai chi exercise for patients not attending cardiac rehabilitation. <i>Contemporary Clinical Trials</i> , 2015, 43, 243-251.	0.8	12
347	Curb your neuroticism – Mindfulness mediates the link between neuroticism and subjective well-being. <i>Personality and Individual Differences</i> , 2015, 80, 68-75.	1.6	50
348	The Relationship Between Mindfulness, Depression, Diabetes Self-Care, and Health-Related Quality of Life in Patients with Type 2 Diabetes. <i>Mindfulness</i> , 2015, 6, 1313-1321.	1.6	10
349	Improved Social Skills in Children with Developmental Delays After Parent Participation in MBSR: The Role of Parent-Child Relational Factors. <i>Journal of Child and Family Studies</i> , 2015, 24, 3117-3129.	0.7	28
350	Five Facets of Mindfulness and Psychological Health: Evaluating a Psychological Model of the Mechanisms of Mindfulness. <i>Mindfulness</i> , 2015, 6, 1021-1032.	1.6	120
351	Mindfulness training for smokers via web-based video instruction with phone support: a prospective observational study. <i>BMC Complementary and Alternative Medicine</i> , 2015, 15, 95.	3.7	26
352	Meditation Practice and Self-Reported Mindfulness: a Cross-Sectional Investigation of Meditators and Non-Meditators Using the Comprehensive Inventory of Mindfulness Experiences (CHIME). <i>Mindfulness</i> , 2015, 6, 1411-1421.	1.6	48
353	A Mind-Body Bridging Treatment Program for Domestic Violence Offenders: Program Overview and Evaluation Results. <i>Journal of Family Violence</i> , 2015, 30, 783-794.	2.1	24
354	Zen and the art of dating: Mindfulness, differentiation of self, and satisfaction in dating relationships.. <i>Couple and Family Psychology: Research and Practice</i> , 2015, 4, 1-13.	0.9	18
355	Zen and the art of sex: examining associations among mindfulness, sexual satisfaction, and relationship satisfaction in dating relationships. <i>Sexual and Relationship Therapy</i> , 2015, 30, 268-285.	0.7	52

#	ARTICLE	IF	CITATIONS
356	Mindfulness-based cognitive therapy vs. psycho-education for patients with major depression who did not achieve remission following antidepressant treatment. <i>Psychiatry Research</i> , 2015, 226, 474-483.	1.7	54
357	An Investigation of the Associations Between Measures of Mindfulness and Pain Catastrophizing. <i>Clinical Journal of Pain</i> , 2015, 31, 222-228.	0.8	26
358	Burden on Informal Caregivers of Elderly Cancer Survivors: Risk Versus Resilience. <i>Journal of Psychosocial Oncology</i> , 2015, 33, 178-198.	0.6	16
359	An Adapted Mindfulness-Based Stress Reduction Program for Elders in a Continuing Care Retirement Community. <i>Journal of Applied Gerontology</i> , 2015, 34, 518-538.	1.0	47
360	Mindfulness-Based Stress Reduction as a Promising Intervention for Amelioration of Premenstrual Dysphoric Disorder Symptoms. <i>Mindfulness</i> , 2015, 6, 1292-1302.	1.6	21
361	Effectiveness of Acceptance and Commitment Therapy in treating depression and suicidal ideation in Veterans. <i>Behaviour Research and Therapy</i> , 2015, 74, 25-31.	1.6	84
362	Mindfulness Therapy for Maladaptive Interpersonal Dependency: A Preliminary Randomized Controlled Trial. <i>Behavior Therapy</i> , 2015, 46, 856-868.	1.3	14
363	Facets of Dispositional Mindfulness and Health Among College Students. <i>Journal of Alternative and Complementary Medicine</i> , 2015, 21, 645-652.	2.1	44
364	A Metacognitive Perspective on Mindfulness: An Empirical Investigation. <i>BMC Psychology</i> , 2015, 3, 24.	0.9	35
365	Third-wave strategies for emotion regulation in early psychosis: a pilot study. <i>Microbial Biotechnology</i> , 2015, 9, 76-83.	0.9	46
366	On Being Mindful: What Do People Think They're Doing?. <i>Social and Personality Psychology Compass</i> , 2015, 9, 31-44.	2.0	0
367	Handbook of Mindfulness and Self-Regulation. , 2015, , .		63
368	The Relationship Between Mindfulness and Forgiveness of Infidelity. <i>Mindfulness</i> , 2015, 6, 1462-1471.	1.6	25
370	The Mindfulness-to-Meaning Theory: Putting a Name to Clinical Observations. <i>Psychological Inquiry</i> , 2015, 26, 322-325.	0.4	4
371	Back to the Basics: How Attention Monitoring and Acceptance Stimulate Positive Growth. <i>Psychological Inquiry</i> , 2015, 26, 343-348.	0.4	27
372	The Emerging Neurobiology of Mindfulness and Emotion Processing. , 2015, , 9-22.		23
373	How Do Mindfulness-Based Interventions Work? Strategies for Studying Mechanisms of Change in Clinical Research. , 2015, , 155-170.		3
374	From mindful attention to social connection: The key role of emotion regulation. <i>Cognition and Emotion</i> , 2015, 29, 1466-1474.	1.2	41

#	ARTICLE	IF	CITATIONS
375	Mindfulness skills are associated with female orgasm?. <i>Sexual and Relationship Therapy</i> , 2015, 30, 256-267.	0.7	30
376	Mindfulness and emotional outcomes: Identifying subgroups of college students using latent profile analysis. <i>Personality and Individual Differences</i> , 2015, 76, 33-38.	1.6	95
377	Moving Beyond Mindfulness: Defining Equanimity as an Outcome Measure in Meditation and Contemplative Research. <i>Mindfulness</i> , 2015, 6, 356-372.	1.6	310
378	Mindfulness-based Group Therapy for Women with Provoked Vestibulodynia. <i>Mindfulness</i> , 2015, 6, 417-432.	1.6	102
379	Feasibility of a Mindfulness-Based Intervention for Aboriginal Adults with Type 2 Diabetes. <i>Mindfulness</i> , 2015, 6, 264-280.	1.6	13
380	Development of the Sexual Five-Facet Mindfulness Questionnaire (FFMQ-S): Validation Among a Community Sample of French-Speaking Women. <i>Journal of Sex Research</i> , 2015, 52, 617-626.	1.6	29
381	Peer contagion, lenient legal-ethical position, and music piracy intentions in emerging adults: Mindfulness as a protective factor. <i>Musicae Scientiae</i> , 2015, 19, 3-22.	2.2	5
382	Individual Mindfulness-Based Cognitive Therapy for People with Diabetes: a Pilot Randomized Controlled Trial. <i>Mindfulness</i> , 2015, 6, 99-110.	1.6	37
383	Why It Pays to be Mindful: Trait Mindfulness Predicts Physiological Recovery from Emotional Stress and Greater Differentiation among Negative Emotions. <i>Mindfulness</i> , 2015, 6, 175-185.	1.6	58
384	Does Patients'™ Pretreatment Trait-Mindfulness Predict the Success of Cognitive Psychotherapy for Emotion Regulation?. <i>Mindfulness</i> , 2015, 6, 186-191.	1.6	1
385	Dispositional Mindfulness and Bias in Self-theories. <i>Mindfulness</i> , 2015, 6, 202-207.	1.6	15
386	The Effectiveness of Mindfulness-Based Stress Reduction on Educator Stress and Well-Being: Results from a Pilot Study. <i>Mindfulness</i> , 2015, 6, 208-216.	1.6	126
387	Mindfulness, Self-compassion, Self-efficacy, and Gender as Predictors of Depression, Anxiety, Stress, and Well-being. <i>Mindfulness</i> , 2015, 6, 217-226.	1.6	168
388	Does Change in Self-reported Mindfulness Mediate the Clinical Benefits of Mindfulness Training? A Controlled Study Using the French Translation of the Five Facet Mindfulness Questionnaire. <i>Mindfulness</i> , 2015, 6, 553-559.	1.6	21
389	Mindfulness and Psychological Status of Japanese Yoga Practitioners: a Cross-Sectional Study. <i>Mindfulness</i> , 2015, 6, 560-571.	1.6	8
390	Common Factors of Meditation, Focusing, and Cognitive Behavioral Therapy: Longitudinal Relation of Self-Report Measures to Worry, Depressive, and Obsessive-Compulsive Symptoms Among Nonclinical Students. <i>Mindfulness</i> , 2015, 6, 610-623.	1.6	11
391	Distinguishing Mindful Process from Outcome in the Prediction of Global Health and Perceived Stress in a Mindfulness-Based Stress Reduction Program. <i>Mindfulness</i> , 2015, 6, 693-699.	1.6	9
392	Self/Other Referential Processing Following Mindfulness and Loving-Kindness Meditation. <i>Mindfulness</i> , 2015, 6, 778-787.	1.6	26

#	ARTICLE	IF	CITATIONS
393	Trait mindfulness is associated with blood pressure and interleukin-6: exploring interactions among subscales of the Five Facet Mindfulness Questionnaire to better understand relationships between mindfulness and health. <i>Journal of Behavioral Medicine</i> , 2015, 38, 28-38.	1.1	46
394	Two-Week Web-Based Mindfulness Training Reduces Stress, Anxiety, and Depressive Symptoms in Individuals with Self-reported Stress: A Randomized Control Trial. <i>International Journal of Neurorehabilitation</i> , 2016, 3, .	0.1	5
395	Mindfulness Training for Older Adults with Subjective Cognitive Decline: Results from a Pilot Randomized Controlled Trial. <i>Journal of Alzheimer's Disease</i> , 2016, 52, 757-774.	1.2	83
396	Examining the factor structure of the 39-item and 15-item versions of the Five Facet Mindfulness Questionnaire before and after mindfulness-based cognitive therapy for people with recurrent depression.. <i>Psychological Assessment</i> , 2016, 28, 791-802.	1.2	255
397	Modelo Integrador de Mindfulness (MIM): El cultivo de los estados mentales positivos hacia uno mismo y los demás a través del Mindfulness y la autocompasión. <i>Anales De Psicología</i> , 2016, 32, 749.	0.3	17
398	The Effectiveness of Mindfulness-Based Cognitive Therapy on Severity of Social Anxiety and Self-Control People with Social Anxiety Symptoms. <i>Mediterranean Journal of Social Sciences</i> , 2016, , .	0.1	0
399	Instruments for assessing the construct mindfulness: A review. <i>Avaliacao Psicologica</i> , 2016, 14, 329-338.	0.1	4
400	Mindful approach to University education. <i>Advances in Medical Education and Practice</i> , 2016, Volume 7, 553-558.	0.7	0
401	Mindfulness for Motor and Nonmotor Dysfunctions in Parkinson's Disease. <i>Parkinson's Disease</i> , 2016, 2016, 1-13.	0.6	53
402	Evaluation of a Specialized Yoga Program for Persons Admitted to a Complex Continuing Care Hospital: A Pilot Study. <i>Evidence-based Complementary and Alternative Medicine</i> , 2016, 2016, 1-16.	0.5	7
403	Dispositional Mindfulness and Subjective Time in Healthy Individuals. <i>Frontiers in Psychology</i> , 2016, 7, 786.	1.1	24
404	Distinguishing Dispositional and Cultivated Forms of Mindfulness: Item-Level Factor Analysis of Five-Facet Mindfulness Questionnaire and Construction of Short Inventory of Mindfulness Capability. <i>Frontiers in Psychology</i> , 2016, 7, 1348.	1.1	17
405	Defining Contemplative Science: The Metacognitive Self-Regulatory Capacity of the Mind, Context of Meditation Practice and Modes of Existential Awareness. <i>Frontiers in Psychology</i> , 2016, 7, 1788.	1.1	59
406	Psychological Effects of a 1-Month Meditation Retreat on Experienced Meditators: The Role of Non-attachment. <i>Frontiers in Psychology</i> , 2016, 7, 1935.	1.1	38
407	Mindfulness-Cofac breathing exercise modulates EEG alpha activity during cognitive performance. <i>Psychophysiology</i> , 2016, 53, 1366-1376.	1.2	52
408	Psychometric Properties of the Spanish Version of the Nonattachment Scale (NAS) and Its Relationship with Mindfulness, Decentering, and Mental Health. <i>Mindfulness</i> , 2016, 7, 1156-1169.	1.6	23
409	Mechanistic Pathways of Mindfulness Meditation in Combat Veterans With Posttraumatic Stress Disorder. <i>Journal of Clinical Psychology</i> , 2016, 72, 365-383.	1.0	72
410	HowNutsAreTheDutch (HoeGekIsNL): A crowdsourcing study of mental symptoms and strengths. <i>International Journal of Methods in Psychiatric Research</i> , 2016, 25, 123-144.	1.1	78

#	ARTICLE	IF	CITATIONS
411	Parenting an Early Adolescent: a Pilot Study Examining Neural and Relationship Quality Changes of a Mindfulness Intervention. <i>Mindfulness</i> , 2016, 7, 1203-1213.	1.6	13
412	Neural correlates of mindful self-awareness in mindfulness meditators and meditation-naïve subjects revisited. <i>Biological Psychology</i> , 2016, 119, 21-30.	1.1	29
413	A Controlled Study of a Group Mindfulness Intervention for Individuals Living With Inflammatory Bowel Disease. <i>Inflammatory Bowel Diseases</i> , 2016, 22, 694-701.	0.9	66
414	Trait Mindfulness Predicts Efficient Top-Down Attention to and Discrimination of Facial Expressions. <i>Journal of Personality</i> , 2016, 84, 393-404.	1.8	24
415	The effect of training in mindfulness and affect consciousness on the therapeutic environment for patients with psychoses: an explorative intervention study. <i>Scandinavian Journal of Caring Sciences</i> , 2016, 30, 391-402.	1.0	8
416	Mindfulness-Based Intervention for Perinatal Grief in Rural India: Improved Mental Health at 12-Months Follow-Up. <i>Issues in Mental Health Nursing</i> , 2016, 37, 942-951.	0.6	10
417	Field Education in the Present Moment: Evaluating a 14-Week Pedagogical Model to Increase Mindfulness Practice. <i>Journal of Social Work Education</i> , 2016, 52, 473-483.	0.5	13
418	Can a mindfulness-informed intervention reduce aggressive behaviour in people with intellectual disabilities? Protocol for a feasibility study. <i>Pilot and Feasibility Studies</i> , 2016, 2, 58.	0.5	12
419	Mindfulness, meet self-regulation: Boosting out-of-class meditation practice with brief action plans. <i>Motivation Science</i> , 2016, 2, 220-237.	1.2	18
420	Meditation Breath Attention Scores (MBAS): Development and investigation of an internet-based assessment of focused attention during meditation practice. <i>Psychological Assessment</i> , 2016, 28, 830-840.	1.2	23
421	Measurement of dispositional mindfulness in children and adolescents: A review of available self-report measures in Spanish. <i>Mindfulness &amp; Compassion</i> , 2016, 1, 58-67.	0.5	9
422	A Mindfulness-Based Compassionate Living Training in a Heterogeneous Sample of Psychiatric Outpatients: a Feasibility Study. <i>Mindfulness</i> , 2016, 7, 809-818.	1.6	30
423	Keeping Weight Off: study protocol of an RCT to investigate brain changes associated with mindfulness-based stress reduction. <i>BMJ Open</i> , 2016, 6, e012573.	0.8	6
424	Teaching Health Care Professionals. , 2016, , 391-407.		2
425	Pilot Study of a Mindfulness-Based Group Intervention for Individuals with Parkinson's Disease and Their Caregivers. <i>Mindfulness</i> , 2016, 7, 361-371.	1.6	44
426	The Effects of a Brief Mindfulness Exercise on Executive Attention and Recognition Memory. <i>Mindfulness</i> , 2016, 7, 745-753.	1.6	25
427	Getting Personal with Mindfulness: a Latent Profile Analysis of Mindfulness and Psychological Outcomes. <i>Mindfulness</i> , 2016, 7, 420-432.	1.6	70
428	Facets of mindfulness related to a change in anxiety following a mindfulness-based intervention. <i>Journal of Human Behavior in the Social Environment</i> , 2016, 26, 100-109.	1.1	5



#	ARTICLE	IF	CITATIONS
429	Present Moment Contact and Nonjudgment: Pilot Data on Dismantling Mindful Awareness in Trauma-Related Symptomatology. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2016, 38, 572-581.	0.7	8
430	Administration and Assessment of Brief Mindfulness Practice in the Field: a Feasibility Study Using Ecological Momentary Assessment. <i>Mindfulness</i> , 2016, 7, 988-999.	1.6	11
431	The Effect of a Mindfulness Practice and Dispositional Mindfulness on Affective Forecasting. <i>Basic and Applied Social Psychology</i> , 2016, 38, 153-165.	1.2	8
432	Mindfulness Facets and Depression in Adolescents: Rumination as a Mediator. <i>Mindfulness</i> , 2016, 7, 1092-1102.	1.6	63
433	Mechanisms of mindfulness: The dynamics of affective adaptation during open monitoring. <i>Biological Psychology</i> , 2016, 118, 94-106.	1.1	32
434	Self-Doubt During Emerging Adulthood. <i>Emerging Adulthood</i> , 2016, 4, 176-185.	1.4	25
435	Reduced stress and inflammatory responsiveness in experienced meditators compared to a matched healthy control group. <i>Psychoneuroendocrinology</i> , 2016, 68, 117-125.	1.3	84
436	Mindfulness-based interventions with social workers and the potential for enhanced patient-centered care: A systematic review of the literature. <i>Social Work in Health Care</i> , 2016, 55, 101-124.	0.8	43
437	Maximizing recovery through the promotion of mindfulness and spirituality. <i>Journal of Religion and Spirituality in Social Work</i> , 2016, 35, 41-56.	0.6	11
438	Mindfulness in Sex Therapy and Intimate Relationships (MSIR): Clinical Protocol and Theory Development. <i>Mindfulness</i> , 2016, 7, 690-699.	1.6	10
439	Changes in Facets of Mindfulness Predict Stress and Anger Outcomes for Police Officers. <i>Mindfulness</i> , 2016, 7, 851-858.	1.6	47
440	Processes of Teaching, Learning, and Transfer in Mindfulness-Based Interventions (MBIs) for Teachers: A Contemplative Educational Perspective. <i>Mindfulness in Behavioral Health</i> , 2016, , 149-170.	0.2	38
441	The Attention Training Technique: A Review of a Neurobehavioral Therapy for Emotional Disorders. <i>Cognitive and Behavioral Practice</i> , 2016, 23, 502-516.	0.9	41
442	Popular Conceptions of Mindfulness: Awareness and Emotional Control. <i>Mindfulness</i> , 2016, 7, 940-949.	1.6	7
443	Mediation role of individual strengths in dispositional mindfulness and mental health. <i>Personality and Individual Differences</i> , 2016, 99, 7-10.	1.6	37
444	Yoga Enhances Positive Psychological States in Young Adult Musicians. <i>Applied Psychophysiology Biofeedback</i> , 2016, 41, 191-202.	1.0	20
445	A Mindfulness-Based Group Intervention for Enhancing Self-Regulation of Emotion in Late Childhood and Adolescence: A Pilot Study. <i>International Journal of Mental Health and Addiction</i> , 2016, 14, 775-790.	4.4	43
446	Withinâ€person changes in mindfulness and selfâ€compassion predict enhanced emotional wellâ€being in healthy, but stressed adolescents. <i>Journal of Adolescence</i> , 2016, 49, 204-217.	1.2	97

#	ARTICLE	IF	CITATIONS
447	Cost-utility and biological underpinnings of Mindfulness-Based Stress Reduction (MBSR) versus a psychoeducational programme (FibroQoL) for fibromyalgia: a 12-month randomised controlled trial (EUDAIMON study). <i>BMC Complementary and Alternative Medicine</i> , 2016, 16, 81.	3.7	34
448	Mindfulness facets as differential mediators of short and long-term effects of Mindfulness-Based Cognitive Therapy in diabetes outpatients: Findings from the DiaMind randomized trial. <i>Journal of Psychosomatic Research</i> , 2016, 85, 44-50.	1.2	22
449	Mindfulness, Obsessive-Compulsive Symptoms, and Executive Dysfunction. <i>Cognitive Therapy and Research</i> , 2016, 40, 627-644.	1.2	20
450	Modeling the cognitive mechanisms linking autism symptoms and anxiety in adults.. <i>Journal of Abnormal Psychology</i> , 2016, 125, 692-703.	2.0	98
452	Innovations in the Treatment of Substance Addiction. , 2016, , .		11
453	Attentional orienting and executive control are affected by different types of meditation practice. <i>Consciousness and Cognition</i> , 2016, 46, 110-126.	0.8	29
455	Does rumination mediate the relationship between mindfulness and depressive relapse?. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2016, 89, 33-49.	1.3	24
456	The Relationship Between Mindfulness and Multicultural Counseling Competence. <i>Journal of Counseling and Development</i> , 2016, 94, 72-82.	1.3	34
457	Effects of a Mindfulness Intervention on Sports Anxiety, Pessimism, and Flow in Competitive Cyclists. <i>Applied Psychology: Health and Well-Being</i> , 2016, 8, 85-103.	1.6	84
458	Facets of Mindfulness Mediate the Relationship Between Depressive Symptoms and Smoking Behavior. <i>Mindfulness</i> , 2016, 7, 1408-1415.	1.6	8
459	Experiential reflective learning as a foundation for emotional resilience: An evaluation of contemplative emotional training in mental health workers. <i>International Journal of Educational Research</i> , 2016, 80, 25-36.	1.2	14
460	Mindfulness and mood stimulate each other in an upward spiral: a mindful walking intervention using experience sampling. <i>Mindfulness</i> , 2016, 7, 1114-1122.	1.6	44
461	A parallel-group, randomized controlled trial into the effectiveness of Mindfulness-Based Compassionate Living (MBCL) compared to treatment-as-usual in recurrent depression: Trial design and protocol. <i>Contemporary Clinical Trials</i> , 2016, 50, 77-83.	0.8	10
462	Mindful Attention Awareness Scale (MAAS): factorial validity and psychometric properties in a sample of medical students in Malaysia. <i>Journal of Mental Health Training, Education and Practice</i> , 2016, 11, 305-316.	0.3	8
463	Is mindfulness protective against PTSD? A neurocognitive study of 25 Tsunami disaster survivors. <i>Journal of Negative Results in BioMedicine</i> , 2016, 15, 13.	1.4	6
464	Can a leopard change its spots? An investigation of mindfulness in relation to brain plasticity. <i>Person-Centered and Experiential Psychotherapies</i> , 2016, 15, 221-234.	0.2	2
465	Does the Five Facet Mindfulness Questionnaire measure what we think it does? Construct validity evidence from an active controlled randomized clinical trial.. <i>Psychological Assessment</i> , 2016, 28, 1009-1014.	1.2	106
466	Does Mindfulness-Based Cognitive Therapy benefit all people with diabetes and comorbid emotional complaints equally? Moderators in the DiaMind trial. <i>Journal of Psychosomatic Research</i> , 2016, 91, 40-47.	1.2	24

#	ARTICLE	IF	CITATIONS
467	General inattentiveness is a long-term reliable trait independently predictive of psychological health: Danish validation studies of the Mindful Attention Awareness Scale.. Psychological Assessment, 2016, 28, e70-e87.	1.2	24
468	Mindful Disintegration and the Decomposition of Self in Healthy Populations: Conception and Preliminary Study. Psychological Studies, 2016, 61, 307-320.	0.5	4
469	Exploratory study of mindfulness in modern-day sport psychology consulting relationships. Journal of Psychology in Africa, 2016, 26, 477-480.	0.3	0
470	Development of a self-distancing task and initial validation of responses.. Psychological Assessment, 2016, 28, 841-855.	1.2	23
471	Experiential self-referential and selfless processing in mindfulness and mental health: Conceptual model and implicit measurement methodology.. Psychological Assessment, 2016, 28, 856-869.	1.2	41
472	Effects of Eight-Week-Web-Based Mindfulness Training on Pain Intensity, Pain Acceptance, and Life Satisfaction in Individuals With Chronic Pain. Psychological Reports, 2016, 119, 586-607.	0.9	50
473	3D Scale for Awareness, Attitude, Stigma of Addiction. Studies on Ethno-Medicine, 2016, 10, 156-165.	0.1	5
474	Relationship among Mindfulness, Well-Being and Attention Regulation. Japanese Journal of Personality, 2016, 25, 35-49.	0.0	2
475	The Role of Adherence in the Effects of a Mindfulness Intervention for Competitive Athletes: Changes in Mindfulness, Flow, Pessimism, and Anxiety. Journal of Clinical Sport Psychology, 2016, 10, 99-117.	0.6	33
476	Mindfulness Scholarship and Interventions: A Review. , 0, , 3-28.		3
477	Changes in disengagement coping mediate changes in affect following mindfulness-based cognitive therapy in a non-clinical sample. British Journal of Psychology, 2016, 107, 434-447.	1.2	13
478	The Stress-Buffering Role of Mindfulness in the Relationship Between Perceived Stress and Psychological Adjustment. Mindfulness, 2016, 7, 928-939.	1.6	78
479	A Mindfulness Psychoeducational Group Intervention Targeting Sexual Adjustment for Women with Multiple Sclerosis and Spinal Cord Injury: A Pilot Study. Sexuality and Disability, 2016, 34, 183-198.	0.4	34
480	Mindfulness training increases cooperative decision making in economic exchanges: Evidence from fMRI. NeuroImage, 2016, 138, 274-283.	2.1	55
481	Psychological skills and mindfulness training effects on the psychological wellbeing of undergraduate music students: An exploratory study. Journal of Psychology in Africa, 2016, 26, 167-171.	0.3	34
482	An Examination of Concurrent and Incremental Validity of Four Mindfulness Scales. Journal of Psychopathology and Behavioral Assessment, 2016, 38, 559-571.	0.7	19
483	Manual Development and Pilot Randomised Controlled Trial of Mindfulness-Based Cognitive Therapy Versus Usual Care for Parents with a History of Depression. Mindfulness, 2016, 7, 1024-1033.	1.6	12
485	Does mindfulness affect participants' response to a vocational rehabilitation program?. Health Psychology and Behavioral Medicine, 2016, 4, 91-113.	0.8	2

#	ARTICLE	IF	CITATIONS
486	A protocol for a randomised active-controlled trial to evaluate the effects of an online mindfulness intervention on executive control, critical thinking and key thinking dispositions in a university student sample. <i>BMC Psychology</i> , 2016, 4, 17.	0.9	37
487	Mindfulness-Based Cognitive Therapy for Psychosis: Measuring Psychological Change Using Repertory Grids. <i>Clinical Psychology and Psychotherapy</i> , 2016, 23, 496-508.	1.4	11
488	Mindfulness: Nurturing Global Mind-set and Leadership. <i>Thunderbird International Business Review</i> , 2016, 58, 617-625.	0.9	14
489	The importance of mindfulness in psychosocial distress and quality of life in dermatology patients. <i>British Journal of Dermatology</i> , 2016, 175, 930-936.	1.4	57
490	Does mindfulness have potential in eating disorders prevention? A preliminary controlled trial with young adult women. <i>Microbial Biotechnology</i> , 2016, 10, 234-245.	0.9	53
491	Mindfulness for Cultivating Self-Esteem. , 2016, , 259-275.		4
492	Experimental Approaches to Loving-Kindness Meditation and Mindfulness That Bridge the Gap Between Clinicians and Researchers. , 2016, , 85-93.		3
493	Self-esteem mediates the relationship between mindfulness and well-being. <i>Personality and Individual Differences</i> , 2016, 94, 96-100.	1.6	107
494	Effects of a mindfulness-based intervention on fertility quality of life and pregnancy rates among women subjected to first in vitro fertilization treatment. <i>Behaviour Research and Therapy</i> , 2016, 77, 96-104.	1.6	67
495	Integrating exercise and mindfulness for an emerging conceptual framework: The intuitive approach to prevention and health promotion (IAPHP). <i>Eating Disorders</i> , 2016, 24, 90-97.	1.9	7
496	Perfectionism and Mindfulness: Effectiveness of a Bibliotherapy Intervention. <i>Mindfulness</i> , 2016, 7, 433-444.	1.6	27
498	The mindful personality: Associations between dispositional mindfulness and the Five Factor Model of personality. <i>Personality and Individual Differences</i> , 2016, 91, 154-158.	1.6	36
499	Mindfulness-based stress reduction (MBSR) enhances distress tolerance and resilience through changes in mindfulness. <i>Mental Health and Prevention</i> , 2016, 4, 36-41.	0.7	68
500	Mindfulness Training to Promote Self-Regulation in Youth: Effects of the Inner Kids Program. <i>Mindfulness in Behavioral Health</i> , 2016, , 295-311.	0.2	24
501	The Self-Compassion Scale is Not Validated in a Buddhist Sample. <i>Journal of Religion and Health</i> , 2016, 55, 1996-2009.	0.8	41
502	Effectiveness of a school-based mindfulness program for transdiagnostic prevention in young adolescents. <i>Behaviour Research and Therapy</i> , 2016, 81, 1-11.	1.6	114
503	An Examination of Mindfulness-Based Experiences Through Adventure in Substance Use Disorder Treatment for Young Adult Males: a Pilot Study. <i>Mindfulness</i> , 2016, 7, 320-328.	1.6	18
504	Mindfulness in Organizations: A Cross-Level Review. <i>Annual Review of Organizational Psychology and Organizational Behavior</i> , 2016, 3, 55-81.	5.6	267

#	ARTICLE	IF	CITATIONS
505	An online guided ACT intervention for enhancing the psychological wellbeing of university students: A randomized controlled clinical trial. <i>Behaviour Research and Therapy</i> , 2016, 78, 30-42.	1.6	152
506	Mindfulness and Parenting: A Correlational Study of Non-meditating Mothers of Preschool Children. <i>Journal of Child and Family Studies</i> , 2016, 25, 1672-1683.	0.7	53
507	Mindfulness-Related Traits Partially Mediate the Association Between Lifetime and Childhood Trauma Exposure and PTSD and Dissociative Symptoms in a Community Sample Assessed Online. <i>Mindfulness</i> , 2016, 7, 672-679.	1.6	37
508	Handbook of Mindfulness in Education. <i>Mindfulness in Behavioral Health</i> , 2016, , .	0.2	97
509	Mediating role of self-esteem on the relationship between mindfulness, anxiety, and depression. <i>Personality and Individual Differences</i> , 2016, 96, 127-131.	1.6	125
510	Mindfulness and Meditation in the Conceptualization and Treatment of Posttraumatic Stress Disorder. , 2016, , 225-245.		6
511	The Effects of Internet-Delivered Mindfulness Training on Stress, Coping, and Mindfulness in University Students. <i>AERA Open</i> , 2016, 2, 233285841562518.	1.3	14
512	Mindfulness-based therapy and behavioral activation: A randomized controlled trial with depressed college students. <i>Behaviour Research and Therapy</i> , 2016, 77, 118-128.	1.6	84
513	Internalized HIV Stigma and Mindfulness. <i>Behavior Modification</i> , 2016, 40, 144-163.	1.1	35
514	Randomized controlled pilot trial of mindfulness-based stress reduction for breast and colorectal cancer survivors: effects on cancer-related cognitive impairment. <i>Journal of Cancer Survivorship</i> , 2016, 10, 437-448.	1.5	77
515	Trait mindfulness correlates with individual differences in multisensory imagery vividness. <i>Personality and Individual Differences</i> , 2016, 93, 44-50.	1.6	16
516	Meditation and happiness: Mindfulness and self-compassion may mediate the meditationâ€“happiness relationship. <i>Personality and Individual Differences</i> , 2016, 93, 80-85.	1.6	90
517	A parallel group randomised open blinded evaluation of Acceptance and Commitment Therapy for Depression After Psychosis: A Pilot Trial Protocol (ADAPT). <i>Psychosis</i> , 2016, 8, 143-155.	0.4	2
518	Dispositional mindfulness and rejection sensitivity: The critical role of nonjudgment. <i>Personality and Individual Differences</i> , 2016, 93, 125-129.	1.6	33
519	Validity of the Five Facet Mindfulness Questionnaire in an Australian, meditating, demographically diverse sample. <i>Personality and Individual Differences</i> , 2016, 90, 73-77.	1.6	15
520	Mindfulness-based Stress Reduction in Addition to Usual Care Is Associated with Improvements in Pain, Fatigue, and Cognitive Failures Among Veterans with Gulf War Illness. <i>American Journal of Medicine</i> , 2016, 129, 204-214.	0.6	57
521	Mindfulness moderates the relationship between aggression and Antisocial Personality Disorder traits: Preliminary investigation with an offender sample. <i>Comprehensive Psychiatry</i> , 2016, 64, 38-45.	1.5	46
522	Dispositional mindfulness: A critical review of construct validation research. <i>Personality and Individual Differences</i> , 2016, 93, 32-43.	1.6	133

#	ARTICLE	IF	CITATIONS
523	Mediating role of resilience in the impact of mindfulness on life satisfaction and affect as indices of subjective well-being. <i>Personality and Individual Differences</i> , 2016, 93, 63-67.	1.6	227
524	Development and Validation of a Brief Version of the Difficulties in Emotion Regulation Scale: The DERS-16. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2016, 38, 284-296.	0.7	430
525	Mindfulness-Based Interventions for Older Adults: a Review of the Effects on Physical and Emotional Well-Being. <i>Mindfulness</i> , 2016, 7, 296-307.	1.6	109
526	Impulsivity and Stress Response in Nondependent Smokers (Tobacco Chippers) in Comparison to Heavy Smokers and Nonsmokers. <i>Nicotine and Tobacco Research</i> , 2016, 18, 547-556.	1.4	26
527	The origins of individual differences in dispositional mindfulness. <i>Personality and Individual Differences</i> , 2016, 93, 130-136.	1.6	36
528	Altered processing of self-related emotional stimuli in mindfulness meditators. <i>NeuroImage</i> , 2016, 124, 958-967.	2.1	40
529	Mindfulness facets distinctively predict depressive symptoms after two years: The mediating role of rumination. <i>Personality and Individual Differences</i> , 2016, 93, 92-96.	1.6	58
530	How do the facets of mindfulness predict the constructs of depression and anxiety as seen through the lens of the tripartite theory?. <i>Personality and Individual Differences</i> , 2016, 93, 104-111.	1.6	34
531	Factors Associated with Recurrent Suicidal Ideation among Racially and Ethnically Diverse College Students with a History of Suicide Attempt: The Role of Mindfulness. <i>Archives of Suicide Research</i> , 2016, 20, 29-44.	1.2	33
532	A Pilot Study Evaluating the Effectiveness of a Mindfulness-Based Intervention on Cortisol Awakening Response and Health Outcomes among Law Enforcement Officers. <i>Journal of Police and Criminal Psychology</i> , 2016, 31, 15-28.	1.2	99
533	Mindfulness and the College Transition: The Efficacy of an Adapted Mindfulness-Based Stress Reduction Intervention in Fostering Adjustment among First-Year Students. <i>Mindfulness</i> , 2016, 7, 179-188.	1.6	70
534	Brief Online Mindfulness Training. <i>Journal of Evidence-Based Complementary &amp; Alternative Medicine</i> , 2017, 22, 75-80.	1.5	47
535	Mindful Aging: The Effects of Regular Brief Mindfulness Practice on Electrophysiological Markers of Cognitive and Affective Processing in Older Adults. <i>Mindfulness</i> , 2017, 8, 78-94.	1.6	84
536	Development and Validation of a State-Based Measure of Emotion Dysregulation. <i>Assessment</i> , 2017, 24, 197-209.	1.9	81
537	Long-term effects of mindfulness-based psychological intervention for coping with pain in endometriosis: A six-year follow-up on a pilot study. <i>Nordic Psychology</i> , 2017, 69, 100-109.	0.4	29
538	Outcome of a web-based mindfulness intervention for families living with mental illness â€œ A feasibility study. <i>Informatics for Health and Social Care</i> , 2017, 42, 97-108.	1.4	14
539	Examining mindfulness as a predictor of weight loss â€œ Findings from the DIABEGG study. <i>Obesity Research and Clinical Practice</i> , 2017, 11, 88-96.	0.8	3
540	Mindfulness training for smoking cessation: A meta-analysis of randomized-controlled trials. <i>Journal of Health Psychology</i> , 2017, 22, 1841-1850.	1.3	91

#	ARTICLE	IF	CITATIONS
541	Mindfulness is associated with psychological health and moderates pain in knee osteoarthritis. <i>Osteoarthritis and Cartilage</i> , 2017, 25, 824-831.	0.6	39
542	Changes in Mindfulness and Posttraumatic Stress Disorder Symptoms Among Veterans Enrolled in Mindfulness-Based Stress Reduction. <i>Journal of Clinical Psychology</i> , 2017, 73, 201-217.	1.0	56
543	Individualised mindfulness-based stress reduction for head and neck cancer patients undergoing radiotherapy of curative intent: a descriptive pilot study. <i>European Journal of Cancer Care</i> , 2017, 26, e12474.	0.7	24
544	Mindful Mates: A Pilot Study of the Relational Effects of Mindfulness-Based Stress Reduction on Participants and Their Partners. <i>Family Process</i> , 2017, 56, 636-651.	1.4	39
545	Counteractive control over temptations: Promoting resistance through enhanced perception of conflict and goal value. <i>Self and Identity</i> , 2017, 16, 439-459.	1.0	56
546	Effects of preventive online mindfulness interventions on stress and mindfulness: A meta-analysis of randomized controlled trials. <i>Preventive Medicine Reports</i> , 2017, 5, 150-159.	0.8	111
547	Assessment of the body Image-Acceptance and Action Questionnaire in a female residential eating disorder treatment facility. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 21-28.	1.3	15
548	Adaptation de la thérapie comportementale dialectique aux adolescents francophones, une expérience pilote auprès des adolescentes avec dépression et trouble de personnalité limite. <i>Neuropsychiatrie De L'Enfance Et De L'Adolescence</i> , 2017, 65, 5-13.	0.1	7
549	Improving the Precision of the Five Facet Mindfulness Questionnaire Using a Rasch Approach. <i>Mindfulness</i> , 2017, 8, 995-1008.	1.6	42
550	The Immediate and Long-Term Effects of an Intensive Meditation Retreat. <i>Mindfulness</i> , 2017, 8, 1064-1077.	1.6	15
551	Mortality salience in virtual reality experiences and its effects on users' attitudes towards risk. <i>International Journal of Human Computer Studies</i> , 2017, 101, 10-22.	3.7	47
552	Intervening variables in group-based acceptance & commitment therapy for severe health anxiety. <i>Behaviour Research and Therapy</i> , 2017, 92, 24-31.	1.6	24
553	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. <i>Consciousness and Cognition</i> , 2017, 49, 172-180.	0.8	30
555	Opportunities and Challenges for the Emerging Field of Positive Emotion Regulation: A Commentary on the Special Edition on Positive Emotions and Cognitions in Clinical Psychology. <i>Cognitive Therapy and Research</i> , 2017, 41, 469-478.	1.2	20
556	Trait Mindfulness Attenuates the Adverse Psychological Impact of Stigma on Parents of Children with Autism Spectrum Disorder. <i>Mindfulness</i> , 2017, 8, 984-994.	1.6	59
557	Experiences of Psychopathology Distract from Focused Attention During Mindfulness Meditation: Assessment in Relation to Meditation Breath Attention Scores in Mental Health Help-Seeking Participants. <i>Mindfulness</i> , 2017, 8, 943-948.	1.6	4
558	Mindfulness-based cognitive therapy as an augmentation treatment for obsessive-compulsive disorder. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 1109-1120.	1.4	71
559	Effectiveness and Usability of a Web-Based Mindfulness Intervention for Families Living with Mental Illness. <i>Mindfulness</i> , 2017, 8, 751-764.	1.6	21

#	ARTICLE	IF	CITATIONS
560	Meditation Practice Is Associated with a Values-Oriented Life: the Mediating Role of Decentering and Mindfulness. <i>Mindfulness</i> , 2017, 8, 1259-1268.	1.6	24
561	Dimensions of Mindfulness and Their Relations with Psychological Well-Being and Neuroticism. <i>Mindfulness</i> , 2017, 8, 664-676.	1.6	41
562	Mindfulness Is Associated With Treatment Response From Nonpharmacologic Exercise Interventions in Knee Osteoarthritis. <i>Archives of Physical Medicine and Rehabilitation</i> , 2017, 98, 2265-2273.e1.	0.5	12
563	Mindfulness-based stress reduction for breast cancer patients: a mixed method study on what patients experience as a suitable stage to participate. <i>Supportive Care in Cancer</i> , 2017, 25, 3067-3074.	1.0	22
564	Trait mindfulness at work: A meta-analysis of the personal and professional correlates of trait mindfulness. <i>Human Performance</i> , 2017, 30, 79-98.	1.4	145
565	Role of Resilience in Mindfulness Training for First Responders. <i>Mindfulness</i> , 2017, 8, 1373-1380.	1.6	83
566	Compassion Fatigue and Mindfulness: Comparing Mental Health Professionals and MSW Student Interns. <i>Journal of Evidence-informed Social Work</i> , 2017, 14, 119-130.	0.8	23
567	Mechanisms of action in mindfulness-based cognitive therapy (MBCT) and mindfulness-based stress reduction (MBSR) in people with physical and/or psychological conditions: A systematic review. <i>Clinical Psychology Review</i> , 2017, 55, 74-91.	6.0	211
568	Mindful Yoga for women with metastatic breast cancer: design of a randomized controlled trial. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 153.	3.7	24
569	A parallel group randomised open blinded evaluation of Acceptance and Commitment Therapy for depression after psychosis: Pilot trial outcomes (ADAPT). <i>Schizophrenia Research</i> , 2017, 183, 143-150.	1.1	29
570	Benefits of preparing for childbirth with mindfulness training: a randomized controlled trial with active comparison. <i>BMC Pregnancy and Childbirth</i> , 2017, 17, 140.	0.9	120
571	Emotion Regulation Mediates the Associations of Mindfulness on Symptoms of Depression and Anxiety in the General Population. <i>Mindfulness</i> , 2017, 8, 1339-1344.	1.6	45
572	OBSERVING THE INFLUENCE OF MINDFULNESS AND ATTACHMENT STYLES THROUGH MOTHER AND INFANT INTERACTION: A LONGITUDINAL STUDY. <i>Infant Mental Health Journal</i> , 2017, 38, 343-350.	0.7	17
573	Assessing Mindfulness on Samples of Italian Children and Adolescents: the Validation of the Italian Version of the Child and Adolescent Mindfulness Measure. <i>Mindfulness</i> , 2017, 8, 1364-1372.	1.6	13
574	Meditation, Cognitive Flexibility and Well-Being. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2017, 1, 182-196.	0.8	11
576	Differential Effects of Attention-, Compassion-, and Socio-Cognitively Based Mental Practices on Self-Reports of Mindfulness and Compassion. <i>Mindfulness</i> , 2017, 8, 1488-1512.	1.6	65
577	The role of mindfulness skills in terms of anxiety-related cognitive risk factors among college students with problematic alcohol use. <i>Substance Abuse</i> , 2017, 38, 337-343.	1.1	2
578	Mindfulness programming for parents and teachers of children with ADHD. <i>Complementary Therapies in Clinical Practice</i> , 2017, 28, 108-115.	0.7	9



#	ARTICLE	IF	CITATIONS
579	Self-interest may not be entirely in the interest of the self: Association between selflessness, dispositional mindfulness and psychological well-being. <i>Personality and Individual Differences</i> , 2017, 117, 166-171.	1.6	27
580	Efficacy of a Brief Mindfulness Intervention to Prevent Athletic Task Performance Deterioration: A Randomized Controlled Trial. <i>Sport Psychologist</i> , 2017, 31, 410-421.	0.4	64
581	Development and initial evaluation of a mobile application to help with mindfulness training and practice. <i>International Journal of Medical Informatics</i> , 2017, 105, 59-67.	1.6	24
582	The Role of Mindfulness in Daily Relationship Process: Examining Daily Conflicts and Relationship Mood. <i>Mindfulness</i> , 2017, 8, 1559-1568.	1.6	20
583	Compassionate Attention and Regulation of Eating Behaviour: A pilot study of a brief low-intensity intervention for binge eating. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, O1437-O1447.	1.4	37
584	A Brief Mindfulness Intervention Is Associated with Negative Outcomes in a Randomised Controlled Trial Among Chemotherapy Patients. <i>Mindfulness</i> , 2017, 8, 1291-1303.	1.6	25
585	Mindfulness facets and problematic Internet use: A six-month longitudinal study. <i>Addictive Behaviors</i> , 2017, 72, 57-63.	1.7	50
586	The mediating effects of stress on the relationship between mindfulness and parental responsiveness.. <i>Couple and Family Psychology: Research and Practice</i> , 2017, 6, 48-59.	0.9	19
587	Effects of Tai Chi versus Physical Therapy on Mindfulness in Knee Osteoarthritis. <i>Mindfulness</i> , 2017, 8, 1195-1205.	1.6	11
588	Mindfulness-based stress reduction added to care as usual for lung cancer patients and/or their partners: A multicentre randomized controlled trial. <i>Psycho-Oncology</i> , 2017, 26, 2118-2126.	1.0	94
589	Trainee Wellness: Why It Matters, and How to Promote It. <i>Annals of the American Thoracic Society</i> , 2017, 14, 505-512.	1.5	29
590	Are Mindfulness and Self-Compassion Related to Psychological Distress and Communication in Couples Facing Lung Cancer? A Dyadic Approach. <i>Mindfulness</i> , 2017, 8, 325-336.	1.6	55
591	The Relationship Between Mindfulness and Life Stress in Student-Athletes: The Mediating Role of Coping Effectiveness and Decision Rumination. <i>Sport Psychologist</i> , 2017, 31, 288-298.	0.4	22
592	The structure, correlates, and treatment related changes of mindfulness facets across the anxiety disorders and obsessive compulsive disorder. <i>Journal of Anxiety Disorders</i> , 2017, 49, 65-75.	1.5	21
593	Social Judgments as a Measure of Right Mindfulness. <i>SAGE Open</i> , 2017, 7, 215824401668681.	0.8	1
594	Mindfulness in Daily Life: a Multidimensional Approach. <i>Mindfulness</i> , 2017, 8, 737-750.	1.6	39
595	Impact of a Tibetan Buddhist Meditation Course and Application of Related Modern Contemplative Practices on College Students' Psychological Well-being: a Pilot Study. <i>Mindfulness</i> , 2017, 8, 911-919.	1.6	9
596	An open trial of mindfulness-based stress reduction for young adults with social anxiety disorder. <i>Scandinavian Journal of Psychology</i> , 2017, 58, 80-90.	0.8	21

#	ARTICLE	IF	CITATIONS
597	GAUGING MINDFULNESS IN CHILDREN AND YOUTH: SCHOOL-BASED APPLICATIONS. <i>Psychology in the Schools</i> , 2017, 54, 101-114.	1.1	13
598	Impact of a Mindfulness-Based Weight-Loss Intervention on Sleep Quality Among Adults with Obesity: Data from the SHINE Randomized Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2017, 23, 188-195.	2.1	14
599	A content review of cognitive process measures used in pain research within adult populations. <i>European Journal of Pain</i> , 2017, 21, 45-60.	1.4	23
600	Mindfulness-Based Therapies for Sexual Dysfunction: a Review of Potential Theory-Based Mechanisms of Change. <i>Mindfulness</i> , 2017, 8, 527-543.	1.6	33
601	Mindless Suffering: the Relationship Between Mindfulness and Non-Suicidal Self-Injury. <i>Mindfulness</i> , 2017, 8, 788-796.	1.6	14
602	Compared to self-immersion, mindful attention reduces salivation and automatic food bias. <i>Scientific Reports</i> , 2017, 7, 13839.	1.6	13
603	The Relationship between Mindful Awareness and Cognitive Performance among U.S. Military Service Members and Veterans. <i>Proceedings of the Human Factors and Ergonomics Society</i> , 2017, 61, 843-847.	0.2	3
604	ACT for Life: Using Acceptance and Commitment Therapy to Understand and Prevent Suicide. , 2017, , 485-504.		5
605	Respond, don't react: The influence of mindfulness training on performance monitoring in older adults. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2017, 17, 1151-1163.	1.0	25
606	Awareness Versus Un-Clinging: Which Matters in Mindfulness?. <i>Contemporary Buddhism</i> , 2017, 18, 277-291.	0.1	8
607	Individual-Level Interventions: Mindfulness-Based Approaches to Reducing Stress and Improving Performance Among Teachers. <i>Aligning Perspectives on Health, Safety and Well-being</i> , 2017, , 319-346.	0.2	9
608	Mindfulness-based Intervention in Elementary School Students With Anxiety and Depression: A Series of n-of-1 Trials on Effects and Feasibility. <i>Journal of Evidence-Based Complementary &amp; Alternative Medicine</i> , 2017, 22, 856-869.	1.5	23
609	How Personal Factors Influence Academic Behavior and GPA in African American STEM Students. <i>SAGE Open</i> , 2017, 7, 215824401770468.	0.8	15
611	The Use of a Child-Based Acceptance and Commitment Therapy Curriculum to Increase Attention. <i>Child and Family Behavior Therapy</i> , 2017, 39, 200-224.	0.5	16
612	Emotional Understanding: Examining Alexithymia as a Mediator of the Relationship Between Mindfulness and Empathy. <i>Mindfulness</i> , 2017, 8, 1644-1652.	1.6	25
613	A distinction between two instruments measuring dispositional mindfulness and the correlations between those measurements and the neuroanatomical structure. <i>Scientific Reports</i> , 2017, 7, 6252.	1.6	26
614	Posttraumatic Stress Disorder and Emotion-Focused Coping Among Disaster Mental Health Counselors. <i>Journal of Counseling and Development</i> , 2017, 95, 322-331.	1.3	15
615	Trait Mindfulness Is Associated with Lower Post-Injury Psychological Symptoms Following a Mild Head Injury. <i>Mindfulness</i> , 2017, 8, 1594-1602.	1.6	1

#	ARTICLE	IF	CITATIONS
617	Reducing Current Limitations in Order to Enhance the Quality of Subjective Well-Being Research: The Example of Mindfulness. <i>Happiness Studies Book Series</i> , 2017, , 107-132.	0.1	7
618	Testing the Relationship Between Social Anxiety Schemas, Mindfulness Facets, and State and Trait Social Anxiety Symptoms. <i>Mindfulness</i> , 2017, 8, 1634-1643.	1.6	12
619	Effects of Mindfulness-Based Stress Reduction on the Mental Health of Clinical Clerkship Students: A Cluster-Randomized Controlled Trial. <i>Academic Medicine</i> , 2017, 92, 1012-1021.	0.8	56
620	Effectiveness of Mindfulness Intervention in Reducing Stress and Burnout for Mental Health Professionals in Singapore. <i>Explore: the Journal of Science and Healing</i> , 2017, 13, 319-326.	0.4	39
621	The Effectiveness of Mindfulness-Based Stress Reduction on Psychological Distress and Cognitive Functioning in Patients with Multiple Sclerosis: a Pilot Study. <i>Mindfulness</i> , 2017, 8, 1251-1258.	1.6	49
622	Dispositional Mindfulness, Shame, and Compulsive Sexual Behaviors Among Men in Residential Treatment for Substance Use Disorders. <i>Mindfulness</i> , 2017, 8, 1552-1558.	1.6	68
623	The Relationship Between Adult Attachment Orientation and Mindfulness: a Systematic Review and Meta-analysis. <i>Mindfulness</i> , 2017, 8, 1438-1455.	1.6	57
624	The Happy Mind: Cognitive Contributions to Well-Being. , 2017, , .		9
625	Relations Between Mindfulness Processes, Psychiatric Symptoms, and Functioning in Psychiatric and Pre-bariatric Surgery Outpatients. <i>Mindfulness</i> , 2017, 8, 417-432.	1.6	2
626	A Mindfulness-Based Lifestyle Intervention for Obese, Inactive Endometrial Cancer Survivors: A Feasibility Study. <i>Integrative Cancer Therapies</i> , 2017, 16, 263-275.	0.8	13
627	Can mindfulness-based interventions influence cognitive functioning in older adults? A review and considerations for future research. <i>Aging and Mental Health</i> , 2017, 21, 1113-1120.	1.5	54
629	Mechanisms of mindfulness training: Monitor and Acceptance Theory (MAT). <i>Clinical Psychology Review</i> , 2017, 51, 48-59.	6.0	456
630	Potential benefits of mindfulness during pregnancy on maternal autonomic nervous system function and infant development. <i>Psychophysiology</i> , 2017, 54, 279-288.	1.2	46
631	Project on the Good Physician: A Proposal for a Moral Intuitionist Model of Virtuous Caring. <i>Teaching and Learning in Medicine</i> , 2017, 29, 75-84.	1.3	16
632	Effectiveness of Mindfulness-Based Stress Reduction Bibliotherapy: A Preliminary Randomized Controlled Trial. <i>Journal of Clinical Psychology</i> , 2017, 73, 626-637.	1.0	40
633	Is mindfulness associated with stress and burnout among mental health professionals in Singapore?. <i>Psychology, Health and Medicine</i> , 2017, 22, 673-679.	1.3	18
634	A Pilot Study of Eight-Session Mindfulness-Based Cognitive Therapy Adapted for Women's Sexual Interest/Arousal Disorder. <i>Journal of Sex Research</i> , 2017, 54, 850-861.	1.6	96
635	Intra-Individual and Cross-Partner Associations Between the Five Facets of Mindfulness and Relationship Satisfaction. <i>Mindfulness</i> , 2017, 8, 171-180.	1.6	39

#	ARTICLE	IF	CITATIONS
636	The Meaning and Doing of Mindfulness: The Role of Values in the Link Between Mindfulness and Well-Being. <i>Mindfulness</i> , 2017, 8, 368-378.	1.6	33
637	The role of mindfulness as approach-based coping in the PTSD-substance abuse cycle. <i>Addictive Behaviors</i> , 2017, 64, 212-216.	1.7	27
638	Cultivating teacher mindfulness: Effects of a randomized controlled trial on work, home, and sleep outcomes.. <i>Journal of Occupational Health Psychology</i> , 2017, 22, 138-152.	2.3	116
639	Mindfulness-Based Cancer Recovery (MBCR) versus Supportive Expressive Group Therapy (SET) for distressed breast cancer survivors: evaluating mindfulness and social support as mediators. <i>Journal of Behavioral Medicine</i> , 2017, 40, 414-422.	1.1	45
641	Trait Mindfulness Measures for Use with Adolescents: a Systematic Review. <i>Mindfulness</i> , 2017, 8, 110-125.	1.6	45
642	Trait Mindfulness and Self-Compassion as Moderators of the Association Between Gender Nonconformity and Psychological Health. <i>Mindfulness</i> , 2017, 8, 615-626.	1.6	36
643	Mindfulness Practice and Its Relationship to the Five-Facet Mindfulness Questionnaire. <i>Mindfulness</i> , 2017, 8, 361-367.	1.6	26
644	An empirical investigation into the cognitive and relational dynamics of mindfulness: Adult attachment security mediates the relationship between mindfulness and naïve dialecticalism. <i>Mindfulness &amp; Compassion</i> , 2017, 2, 138-148.	0.5	0
645	An examination of the reliability and factor structure of the mindfulness process questionnaire (MPQ). <i>Mindfulness &amp; Compassion</i> , 2017, 2, 71-81.	0.5	1
646	Self-Development. , 0, , 88-136.		0
647	Mindfulness for men with pregnant partners: An integrative literature review (Part two). <i>British Journal of Midwifery</i> , 2017, 25, 783-791.	0.1	0
649	Ultra-Brief Mindfulness Training Reduces Alcohol Consumption in At-Risk Drinkers: A Randomized Double-Blind Active-Controlled Experiment. <i>International Journal of Neuropsychopharmacology</i> , 2017, 20, 936-947.	1.0	29
650	Experiential Avoidance as a Mediator of the Relationship between Dispositional Mindfulness and Compulsive Sexual Behaviors among Men in Residential Substance Use Treatment. <i>Sexual Addiction and Compulsivity</i> , 2017, 24, 257-269.	0.9	15
651	Mindfulness-based stress reduction (MBSR) for improving health, quality of life and social functioning in adults: a systematic review and meta-analysis. <i>Campbell Systematic Reviews</i> , 2017, 13, 1-264.	1.2	100
653	Struktura usredotočene svjesnosti i njezina povezanost s crtama ličnosti i emocionalnim reagiranjem. <i>Psihologijske Teme</i> , 2017, 26, 675-700.	0.1	2
654	Ruminação e habilidades de mindfulness em praticantes e não praticantes de meditação. <i>Psico</i> , 2017, 48, 264.	0.1	1
655	A Pilot Study of the Effects of Mindfulness-Based Stress Reduction on Post-traumatic Stress Disorder Symptoms and Brain Response to Traumatic Reminders of Combat in Operation Enduring Freedom/Operation Iraqi Freedom Combat Veterans with Post-traumatic Stress Disorder. <i>Frontiers in Psychiatry</i> , 2017, 8, 157.	1.3	61
656	Mindfulness, burnout, and effects on performance evaluations in internal medicine residents. <i>Advances in Medical Education and Practice</i> , 2017, Volume 8, 591-597.	0.7	20

#	ARTICLE	IF	CITATIONS
657	Women Benefit More Than Men in Response to College-based Meditation Training. <i>Frontiers in Psychology</i> , 2017, 8, 551.	1.1	148
658	Restructuring Reward Mechanisms in Nicotine Addiction: A Pilot fMRI Study of Mindfulness-Oriented Recovery Enhancement for Cigarette Smokers. <i>Evidence-based Complementary and Alternative Medicine</i> , 2017, 2017, 1-10.	0.5	60
659	Meditation experts try Virtual Reality Mindfulness: A pilot study evaluation of the feasibility and acceptability of Virtual Reality to facilitate mindfulness practice in people attending a Mindfulness conference.. <i>PLoS ONE</i> , 2017, 12, e0187777.	1.1	114
660	Reexamining the Association Between Facets of Mindfulness and Cognitive Performance. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2017, 1, 345-351.	0.8	2
661	Resilience in Veterinary Students and the Predictive Role of Mindfulness and Self-Compassion. <i>Journal of Veterinary Medical Education</i> , 2017, 44, 106-115.	0.4	50
662	Mindfulness Mechanisms in Sports: Mediating Effects of Rumination and Emotion Regulation on Sport-Specific Coping. <i>Mindfulness</i> , 2017, 8, 1354-1363.	1.6	67
663	Meditation's Effect on Attentional Efficiency, Stress, and Mindfulness Characteristics of Nursing Students. <i>Journal of Nursing Education</i> , 2017, 56, 430-434.	0.4	25
664	Effects of Group Mindfulness-Based Cognitive Therapy on Depression and Role Impairment in a Comorbid Psychiatric Population. , 2017, 07, .		0
665	Dispositional Mindfulness as a Moderator of the Relationship Between Perceived Partner Infidelity and Women's Dating Violence Perpetration. <i>Journal of Interpersonal Violence</i> , 2018, 33, 250-267.	1.3	15
666	A Preliminary Study Investigating the Effectiveness of the Caring for Body and Mind in Pregnancy (CBMP) in Reducing Perinatal Depression, Anxiety and Stress. <i>Journal of Child and Family Studies</i> , 2018, 27, 1556-1566.	0.7	12
667	Randomized Controlled Trial of Online Acceptance and Commitment Therapy for Fibromyalgia. <i>Journal of Pain</i> , 2018, 19, 741-753.	0.7	109
668	The Fatigue and Depressive Symptom Relationship in Mothers of Young Children: the Moderating Role of Mindfulness. <i>Mindfulness</i> , 2018, 9, 1955-1965.	1.6	2
669	Exploring whether mindfulness can enhance ethnic identity among undergraduate and graduate students. <i>Journal of Research in Innovative Teaching &amp; Learning</i> , 2018, 11, 67-93.	1.5	1
670	Mindfulness-Based Cognitive Therapy for OCD: Stand-Alone and Post-CBT Augmentation Approaches. <i>International Journal of Cognitive Therapy</i> , 2018, 11, 58-79.	1.3	23
671	Mindfulness-based interventions and their effects on emotional clarity: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2018, 235, 265-276.	2.0	45
672	Effectiveness of a smartphone-based worry-reduction training for stress reduction: A randomized-controlled trial. <i>Psychology and Health</i> , 2018, 33, 1079-1099.	1.2	16
673	Examining the Association between Trait Mindfulness and Distress in Response to a Repeated CO2 Challenge. <i>Mindfulness</i> , 2018, 9, 925-938.	1.6	0
674	Common and Dissociable Neural Activity After Mindfulness-Based Stress Reduction and Relaxation Response Programs. <i>Psychosomatic Medicine</i> , 2018, 80, 439-451.	1.3	50

#	ARTICLE	IF	CITATIONS
675	Emotion Regulation for Counselors. <i>Journal of Counseling and Development</i> , 2018, 96, 206-212.	1.3	18
676	Effectiveness and usability of a web-based mindfulness intervention for caregivers of people with mental or somatic illness. A randomized controlled trial. <i>Internet Interventions</i> , 2018, 12, 46-56.	1.4	13
677	Time and Meditation: When Does the Perception of Time Change with Mindfulness Exercise?. <i>Mindfulness</i> , 2018, 9, 1557-1570.	1.6	20
678	Mindfulness and connectedness to nature: A meta-analytic investigation. <i>Personality and Individual Differences</i> , 2018, 127, 10-14.	1.6	84
679	Enabling a Socio-cognitive Perspective of Mindfulness: The Development and Validation of the Langer Mindfulness Scale. <i>Journal of Adult Development</i> , 2018, 25, 168-185.	0.8	46
680	Mindfulness and Cancer Patients's Emotional States: a Latent Profile Analysis Among Newly Diagnosed Cancer Patients. <i>Mindfulness</i> , 2018, 9, 521-533.	1.6	22
681	Mindfulness and leadership flexibility. <i>Journal of Management Development</i> , 2018, 37, 165-177.	1.1	37
682	Towards an Objective Measure of Mindfulness: Replicating and Extending the Features of the Breath-Counting Task. <i>Mindfulness</i> , 2018, 9, 1402-1410.	1.6	44
683	Happier Healers: Randomized Controlled Trial of Mobile Mindfulness for Stress Management. <i>Journal of Alternative and Complementary Medicine</i> , 2018, 24, 505-513.	2.1	129
684	Effect of Seminar on Compassion on student self-compassion, mindfulness and well-being: A randomized controlled trial. <i>Journal of American College Health</i> , 2018, 66, 537-545.	0.8	29
685	Examining the psychological and emotional mechanisms of mindfulness that reduce stress to enhance healthy behaviours. <i>Stress and Health</i> , 2018, 34, 379-390.	1.4	23
686	Mindfulness vs psychoeducation in adult ADHD: a randomized controlled trial. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2018, 268, 321-335.	1.8	46
687	Mindfulness and Chronic Headache/Migraine. <i>Clinical Journal of Pain</i> , 2018, 34, 638-649.	0.8	6
688	Effects of a Mindfulness Task on Women's Sexual Response. <i>Journal of Sex Research</i> , 2018, 55, 747-757.	1.6	36
689	A prospective study of adolescents' body dysmorphic symptoms: Peer victimization and the direct and protective roles of emotion regulation and mindfulness. <i>Body Image</i> , 2018, 24, 17-25.	1.9	25
690	Improvements in Psychological Health Following a Residential Yoga-Based Program for Frontline Professionals. <i>Journal of Occupational and Environmental Medicine</i> , 2018, 60, 357-367.	0.9	18
691	TOP-DOWN AND BOTTOM-UP: THE ROLE OF SOCIAL INFORMATION PROCESSING AND MINDFULNESS AS PREDICTORS IN MATERNAL-INFANT INTERACTION. <i>Infant Mental Health Journal</i> , 2018, 39, 44-54.	0.7	7
692	Mindfulness in nursing students: The five facet mindfulness questionnaire in samples of nursing students in China, the Philippines, and South Africa. <i>International Journal of Mental Health Nursing</i> , 2018, 27, 975-986.	2.1	12

#	ARTICLE	IF	CITATIONS
693	Parent Engagement in Online Mindfulness Exercises Within a Parent Training Program for Post-Deployed Military Families. <i>Mindfulness</i> , 2018, 9, 725-736.	1.6	14
694	Associations Between Early Maladaptive Schemas and Mindful Attention-Awareness. <i>Mindfulness</i> , 2018, 9, 1216-1223.	1.6	4
695	Thwarted interpersonal needs mediate the relation between facets of mindfulness and suicide ideation among psychiatric inpatients. <i>Psychiatry Research</i> , 2018, 265, 167-173.	1.7	12
696	A Randomised Controlled Trial of a Brief Online Mindfulness-Based Intervention in a Non-clinical Population: Replication and Extension. <i>Mindfulness</i> , 2018, 9, 1191-1205.	1.6	78
697	The Role of Mindfulness in the Insomnia Severity of Female Chronic Hypnotic Users. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 526-531.	0.8	4
698	Do mindfulness traits prevent worsening of rumination? Japanese Journal of Research on Emotions, 2018, 25, 27-35.	0.0	3
699	Dynamic functional connectivity markers of objective trait mindfulness. <i>NeuroImage</i> , 2018, 176, 193-202.	2.1	45
700	The Co-creation and Feasibility of a Compassion Training as a Follow-up to Mindfulness-Based Cognitive Therapy in Patients with Recurrent Depression. <i>Mindfulness</i> , 2018, 9, 412-422.	1.6	12
701	On the Association Between Mindfulness and Romantic Relationship Satisfaction: the Role of Partner Acceptance. <i>Mindfulness</i> , 2018, 9, 1543-1556.	1.6	41
702	The unique contribution of acceptance without judgment in predicting nonsuicidal self-injury after 20-weeks of dialectical behaviour therapy group skills training. <i>Behaviour Research and Therapy</i> , 2018, 104, 44-50.	1.6	22
703	Investigating Unique Contributions of Dispositional Mindfulness Facets to Depression, Anxiety, and Stress in General and Student Populations. <i>Mindfulness</i> , 2018, 9, 1757-1767.	1.6	58
704	Lectio for living: an exploration of mindful listening to poetic texts. <i>Journal of Poetry Therapy</i> , 2018, 31, 87-106.	0.4	4
705	Associations between Mindfulness Facets and PTSD Symptom Severity in Psychiatric Inpatients. <i>Mindfulness</i> , 2018, 9, 1571-1583.	1.6	17
706	Mindfulness and Emotional Distress: the Mediating Role of Psychological well-Being. <i>Current Psychology</i> , 2018, 37, 467-476.	1.7	15
707	Facet Benchmarking: Advanced application of a new instrument refinement method. <i>Personality and Individual Differences</i> , 2018, 120, 288-298.	1.6	6
708	Does Being Mindful of Your Character Strengths Enhance Psychological Wellbeing? A Longitudinal Mediation Analysis. <i>Journal of Happiness Studies</i> , 2018, 19, 1045-1066.	1.9	25
709	A mindfulness parent well-being course: evaluation of outcomes for parents of children with autism and related disabilities recruited through special schools. <i>European Journal of Special Needs Education</i> , 2018, 33, 16-30.	1.5	34
710	Self-Other Agreement in the Assessment of Mindfulness Using the Five-Facet Mindfulness Questionnaire. <i>Mindfulness</i> , 2018, 9, 105-116.	1.6	14

#	ARTICLE	IF	CITATIONS
711	Impact of Mindfulness-Based Teacher Training on MBSR Participant Well-Being Outcomes and Course Satisfaction. <i>Mindfulness</i> , 2018, 9, 117-128.	1.6	38
712	Trait Mindfulness Moderates the Relationship Between Early Maladaptive Schemas and Depressive Symptoms. <i>Mindfulness</i> , 2018, 9, 140-150.	1.6	14
713	Relating to Self and Other: Mindfulness Predicts Compassionate and Self-Image Relationship Goals. <i>Mindfulness</i> , 2018, 9, 176-186.	1.6	11
714	Mindful and Resilient? Incremental Validity of Sense of Coherence Over Mindfulness and Big Five Personality Factors for Quality of Life Outcomes. <i>Journal of Happiness Studies</i> , 2018, 19, 1883-1902.	1.9	23
715	Emotion regulation contributes to the development of diabetes distress among adults with type 1 diabetes. <i>Patient Education and Counseling</i> , 2018, 101, 124-131.	1.0	31
716	Efficacy of a Mindfulness-Based Mobile Application: a Randomized Waiting-List Controlled Trial. <i>Mindfulness</i> , 2018, 9, 187-198.	1.6	74
717	Examining the Relationship Between Mindfulness and Multicultural Counseling Competencies in Counselor Trainees. <i>Mindfulness</i> , 2018, 9, 79-87.	1.6	12
718	Mindfulness-Based Intervention for Stress Reduction of Family Caregivers of People with Dementia: A Systematic Review and Meta-Analysis. <i>Mindfulness</i> , 2018, 9, 7-22.	1.6	28
719	When Traits Match States: Examining the Associations Between Self-Report Trait and State Mindfulness Following a State Mindfulness Induction. <i>Mindfulness</i> , 2018, 9, 199-211.	1.6	49
720	The Five-Facet Mindfulness Questionnaire: Why the Observing Subscale Does Not Predict Psychological Symptoms. <i>Mindfulness</i> , 2018, 9, 230-242.	1.6	63
721	Feasibility of the mobile mindfulness-based stress reduction for breast cancer (<scp>mMBSR(BC)</scp>) program for symptom improvement among breast cancer survivors. <i>Psycho-Oncology</i> , 2018, 27, 524-531.	1.0	82
722	Posttraumatic Stress and Mindfulness Facets in Relation to Suicidal Ideation Severity Among Psychiatric Inpatients. <i>Mindfulness</i> , 2018, 9, 761-772.	1.6	17
723	The link between stress, well-being, and psychological flexibility during an Acceptance and Commitment Therapy self-help intervention. <i>International Journal of Clinical and Health Psychology</i> , 2018, 18, 60-68.	2.7	138
724	A 12-week integrative exercise program improves self-reported mindfulness and interoceptive awareness in war veterans with posttraumatic stress symptoms. <i>Journal of Clinical Psychology</i> , 2018, 74, 554-565.	1.0	65
725	Mindfulness-based cognitive therapy for Japanese breast cancer patients—a feasibility study. <i>Japanese Journal of Clinical Oncology</i> , 2018, 48, 68-74.	0.6	15
726	Internet-Delivered Exposure Therapy for Fibromyalgia. <i>Clinical Journal of Pain</i> , 2018, 34, 532-542.	0.8	59
727	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	1.6	29
728	The Application of Mindfulness for Individuals Living with HIV in South Africa: a Hybrid Effectiveness-Implementation Pilot Study. <i>Mindfulness</i> , 2018, 9, 871-883.	1.6	8



#	ARTICLE	IF	CITATIONS
729	Leader Mindfulness and Employee Well-Being: The Mediating Role of Transformational Leadership. <i>Mindfulness</i> , 2018, 9, 884-896.	1.6	47
731	Exploration of Quantitative Sensory Testing in Latent Trigger Points and Referred Pain Areas. <i>Clinical Journal of Pain</i> , 2018, 34, 409-414.	0.8	9
732	Experiential Avoidance: An Examination of the Construct Validity of the AAQ-II and MEAQ. <i>Behavior Therapy</i> , 2018, 49, 435-449.	1.3	145
733	To What Extent is Mindfulness as Presented in Commonly Used Mindfulness Questionnaires Different from How it is Conceptualized by Senior Ordained Buddhists?. <i>Mindfulness</i> , 2018, 9, 441-460.	1.6	32
734	Exploring the impact of choral singing on mindfulness. <i>Psychology of Music</i> , 2018, 46, 848-861.	0.9	10
735	Résultats préliminaires d'une thérapie cognitive basée sur la pleine conscience (MBCT) appliquée à un groupe de patients phobiques sociaux. <i>Annales Medico-Psychologiques</i> , 2018, 176, 495-500.	0.2	0
736	The Role of Cognitive Content and Cognitive Processes in Chronic Pain. <i>Clinical Journal of Pain</i> , 2018, 34, 391-401.	0.8	18
737	Effects of brief mindfulness and loving-kindness meditation inductions on emotional and behavioral responses to social rejection among individuals with high borderline personality traits. <i>Behaviour Research and Therapy</i> , 2018, 100, 44-53.	1.6	22
738	Sexual Functioning in Experienced Meditators. <i>Journal of Sex and Marital Therapy</i> , 2018, 44, 459-467.	1.0	5
739	Infant HPA axis as a potential mechanism linking maternal mental health and infant telomere length. <i>Psychoneuroendocrinology</i> , 2018, 88, 38-46.	1.3	30
740	From Aha to Ta-dah: insights during life coaching and the link to behaviour change. <i>Coaching</i> , 2018, 11, 3-15.	0.8	3
741	Increased Attention Regulation from Emotion Regulation Therapy for Generalized Anxiety Disorder. <i>Cognitive Therapy and Research</i> , 2018, 42, 121-134.	1.2	20
742	Potential Mechanisms of Mindfulness in Improving Sleep and Distress. <i>Mindfulness</i> , 2018, 9, 547-555.	1.6	42
743	Mindfulness and Fear Extinction: A Brief Review of Its Current Neuropsychological Literature and Possible Implications for Posttraumatic Stress Disorder. <i>Psychological Reports</i> , 2018, 121, 792-814.	0.9	13
744	Factor Structure and External Validity of the Five Facet Mindfulness Questionnaire in Pregnancy. <i>Mindfulness</i> , 2018, 9, 243-257.	1.6	10
745	A Randomised Controlled Trial of a Brief Online Mindfulness-Based Intervention on Paranoia in a Non-Clinical Sample. <i>Mindfulness</i> , 2018, 9, 294-302.	1.6	20
746	Psychometric Evaluation of the Five Facet Mindfulness Questionnaire in a Clinical Sample of African Americans. <i>Mindfulness</i> , 2018, 9, 312-324.	1.6	27
747	The many facets of mindfulness and the prediction of change following mindfulness-based stress reduction (MBSR). <i>Journal of Clinical Psychology</i> , 2018, 74, 523-535.	1.0	34

#	ARTICLE	IF	CITATIONS
748	Evidence for Transdiagnostic Repetitive Negative Thinking and Its Association with Rumination, Worry, and Depression and Anxiety Symptoms: A Commonality Analysis. <i>Collabra: Psychology</i> , 2018, 4, .	0.9	37
749	A Mindfulness-Based Intervention for Students With Psychiatric Disorders in a Special Education Curriculum: A Series of n-of-1 Trials on Internalized and Externalized Symptoms. <i>Frontiers in Education</i> , 2018, 3, .	1.2	2
751	Yoga as a Complementary Therapy for Adults with Type 2 Diabetes: Design and Rationale of the Healthy, Active, and in Control (HA1C) Study. <i>International Journal of Yoga Therapy</i> , 2018, 28, 123-132.	0.4	9
752	Internet Mindfulness Meditation Intervention (IMMI) Improves Depression Symptoms in Older Adults. <i>Medicines (Basel, Switzerland)</i> , 2018, 5, 119.	0.7	21
753	Effectiveness of Online Mindfulness-Based Interventions on Psychological Distress and the Mediating Role of Emotion Regulation. <i>Frontiers in Psychology</i> , 2018, 9, 2090.	1.1	42
754	Mindfulness and Acceptance as Potential Protective Factors for Mothers of Children With Fragile X Syndrome. <i>Frontiers in Public Health</i> , 2018, 6, 316.	1.3	8
755	Randomized controlled trial of an 8-week intervention combining self-care and hypnosis for post-treatment cancer patients: study protocol. <i>BMC Cancer</i> , 2018, 18, 1113.	1.1	7
756	Interoception in Psychiatric Disorders: A Review of Randomized, Controlled Trials with Interoception-Based Interventions. <i>Harvard Review of Psychiatry</i> , 2018, 26, 250-263.	0.9	61
758	When Mindfulness Interacts With Neuroticism to Enhance Transformational Leadership: The Role of Psychological Need Satisfaction. <i>Frontiers in Psychology</i> , 2018, 9, 2588.	1.1	25
759	Dispositional Mindfulness and Attentional Control: The Specific Association Between the Mindfulness Facets of Non-judgment and Describing With Flexibility of Early Operating Orienting in Conflict Detection. <i>Frontiers in Psychology</i> , 2018, 9, 2359.	1.1	23
760	Mindful Self-Compassion Training Reduces Stress and Burnout Symptoms Among Practicing Psychologists: A Randomized Controlled Trial of a Brief Web-Based Intervention. <i>Frontiers in Psychology</i> , 2018, 9, 2340.	1.1	137
761	Dispositional mindfulness in daily life: A naturalistic observation study. <i>PLoS ONE</i> , 2018, 13, e0206029.	1.1	22
762	Thought-action Fusion in Individuals with a History of Recurrent Depression and Suicidal Depression: Findings from a Community Sample. <i>Cognitive Therapy and Research</i> , 2018, 42, 782-793.	1.2	3
763	Mindfulness for Healthcare Providers: The Role of Non-Reactivity in Reducing Stress. <i>Explore: the Journal of Science and Healing</i> , 2018, 14, 453-456.	0.4	13
764	The forest and the trees: Examining the association of self-compassion and its positive and negative components with psychological functioning. <i>Self and Identity</i> , 2018, 17, 627-645.	1.0	131
765	Interactive effects of pain catastrophizing and mindfulness on pain intensity in women with fibromyalgia. <i>Health Psychology Open</i> , 2018, 5, 205510291880740.	0.7	24
766	The Efficacy of Cognitively-Based Compassion Training for African American Suicide Attempters. <i>Mindfulness</i> , 2018, 9, 1941-1954.	1.6	20
767	Mind-body therapies: an intervention to reduce work-related stress in veterinary academia. <i>Veterinary Record</i> , 2018, 183, 596-596.	0.2	2

#	ARTICLE	IF	CITATIONS
768	Investigating Multidimensional Interoceptive Awareness in a Japanese Population: Validation of the Japanese MAIA-J. <i>Frontiers in Psychology</i> , 2018, 9, 1855.	1.1	43
769	Relationship Between the Five Facets of Mindfulness on Mood and Substance Use Relapse. <i>Families in Society</i> , 2018, 99, 209-218.	0.6	1
770	Mindful breath awareness meditation facilitates efficiency gains in brain networks: A steady-state visually evoked potentials study. <i>Scientific Reports</i> , 2018, 8, 13687.	1.6	25
771	An examination of mindfulness skills in terms of affect tolerance among individuals with elevated levels of health anxiety. <i>Anxiety, Stress and Coping</i> , 2018, 31, 702-713.	1.7	8
772	Efeito da Meditação Focada no Estresse e Mindfulness Disposicional em Universitários. <i>Psicologia: Teoria E Pesquisa</i> , 0, 34, .	0.1	5
773	Stress and Release: Case Studies of Teacher Resilience Following a Mindfulness-Based Intervention. <i>American Journal of Education</i> , 2018, 125, 1-28.	0.7	43
774	Benefits of Mindfulness for Parenting in Mothers of Preschoolers in Chile. <i>Frontiers in Psychology</i> , 2018, 9, 1443.	1.1	24
775	A Mindfulness-Based Intervention: Differential Effects on Affective and Processual Evolution. <i>Applied Psychology: Health and Well-Being</i> , 2018, 10, 368-390.	1.6	8
776	Accessibility and feasibility of using technology to support mindfulness practice, reduce stress and promote long term mental health. <i>Complementary Therapies in Clinical Practice</i> , 2018, 33, 93-99.	0.7	13
777	Association of Mindfulness With Residency Preference and Curriculum Selection in Preclinical Osteopathic Medical Students. <i>Journal of Osteopathic Medicine</i> , 2018, 118, 587-595.	0.4	1
778	The Self-as-Context Scale: Development and preliminary psychometric properties. <i>Journal of Contextual Behavioral Science</i> , 2018, 10, 64-74.	1.3	33
779	Mindfulness, self-compassion, anxiety and depression measures in South Australian yoga participants: implications for designing a yoga intervention. <i>Complementary Therapies in Clinical Practice</i> , 2018, 32, 92-99.	0.7	21
780	The Association Between Mindfulness and Hypnotizability: Clinical and Theoretical Implications. <i>American Journal of Clinical Hypnosis</i> , 2018, 61, 4-17.	0.3	14
781	Examining the factors that are correlated with mindfulness with a focus on attention deficit hyperactivity symptoms. <i>Perspectives in Psychiatric Care</i> , 2018, 54, 596-602.	0.9	1
782	Relationship between effortful control and facets of mindfulness in meditators, non-meditators and individuals with borderline personality disorder. <i>Personality and Mental Health</i> , 2018, 12, 265-278.	0.6	6
783	Trait Mindfulness: A Multifaceted Evaluation. <i>Imagination, Cognition and Personality</i> , 2018, , 027623661877432.	0.5	3
784	Understanding the Role of Alcohol, Anxiety, and Trait Mindfulness in the Perpetration of Physical and Sexual Dating Violence in Emerging Adults. <i>Violence Against Women</i> , 2018, 24, 1166-1186.	1.1	13
785	Mindfully Green and Healthy: An Indirect Path from Mindfulness to Ecological Behavior. <i>Frontiers in Psychology</i> , 2017, 8, 2306.	1.1	56

#	ARTICLE	IF	CITATIONS
786	A Randomized Controlled Trial Comparing the Attention Training Technique and Mindful Self-Compassion for Students With Symptoms of Depression and Anxiety. <i>Frontiers in Psychology</i> , 2018, 9, 827.	1.1	38
787	The influence of trait mindfulness on incident involvement among Chinese airline pilots: The role of risk perception and flight experience. <i>Journal of Safety Research</i> , 2018, 66, 161-168.	1.7	27
788	Identification of post-meditation perceptual states using wearable EEG and Self-Calibrating Protocols. , 2018, , .		3
789	Psychological inflexibility explains distress in parents whose children have chronic conditions. <i>PLoS ONE</i> , 2018, 13, e0201155.	1.1	29
790	Mindfulness and Cognitive Training in a CBT-resistant Patient With Gambling Disorder: A Combined Therapy to Enhance Self-control. <i>Journal of Addiction Medicine</i> , 2018, 12, 484-489.	1.4	12
791	Adaptation of the Five-Facet Mindfulness Questionnaire-Short Form to Spanish Family Caregivers of People with Intellectual and Developmental Disabilities. <i>Anales De Psicología</i> , 2018, 34, 305.	0.3	2
792	Emotion regulation, mindfulness, and alexithymia: Specific or general impairments in sexual, violent, and homicide offenders?. <i>Journal of Criminal Justice</i> , 2018, 58, 56-66.	1.5	45
793	A Pilot Study of the Effects of Mindfulness-Based Cognitive Therapy on Positive Affect and Social Anxiety Symptoms. <i>Frontiers in Psychology</i> , 2018, 9, 866.	1.1	24
794	Affective neuroscience of self-generated thought. <i>Annals of the New York Academy of Sciences</i> , 2018, 1426, 25-51.	1.8	60
795	Protocol: a multi-level intervention program to reduce stress in 9-1-1 telecommunicators. <i>BMC Public Health</i> , 2018, 18, 570.	1.2	11
796	The Effectiveness of a Brief Mindfulness-Based Intervention for College Freshmen Who Have Aged out of Foster Care. <i>Innovative Higher Education</i> , 2018, 43, 339-352.	1.5	7
797	Mindfulness-based cognitive therapy for patients with chronic, treatment-resistant depression: A pragmatic randomized controlled trial. <i>Depression and Anxiety</i> , 2018, 35, 914-924.	2.0	67
798	Mindful Eating: Connecting With the Wise Self, the Spiritual Self. <i>Frontiers in Psychology</i> , 2018, 9, 1271.	1.1	20
799	Emotion regulation and mindfulness in adolescents: Conceptual and empirical connection and associations with social anxiety symptoms. <i>Personality and Individual Differences</i> , 2018, 134, 7-12.	1.6	20
800	Qigong and Tai-Chi for Mood Regulation. <i>Focus (American Psychiatric Publishing)</i> , 2018, 16, 40-47.	0.4	62
801	Who is prone to wander and when? Examining an integrative effect of working memory capacity and mindfulness trait on mind wandering under different task loads. <i>Consciousness and Cognition</i> , 2018, 63, 1-10.	0.8	26
802	Effects of Mindfulness-Based Stress Reduction on employees' mental health: A systematic review. <i>PLoS ONE</i> , 2018, 13, e0191332.	1.1	226
803	Relating Mindfulness, Heartfulness, and Psychological Well-Being: the Role of Self-Compassion and Gratitude. <i>Mindfulness</i> , 2019, 10, 339-351.	1.6	64

#	ARTICLE	IF	CITATIONS
804	Dispositional mindfulness promotes public health of the obesity population by reducing perceived discrimination and weight stigma concerns. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2019, 27, 195-202.	0.8	3
805	Mindfulness, Construction of Meaning, and Sustainable Food Consumption. <i>Mindfulness</i> , 2019, 10, 446-458.	1.6	43
806	The Mindfulness Manifold: Exploring How Self-Preoccupation, Self-Compassion, and Self-Transcendence Translate Mindfulness Into Positive Psychological Outcomes. <i>Mindfulness</i> , 2019, 10, 131-145.	1.6	19
807	Leader Mindfulness and Employee Performance: A Sequential Mediation Model of LMX Quality, Interpersonal Justice, and Employee Stress. <i>Journal of Business Ethics</i> , 2019, 160, 745-763.	3.7	78
808	The Association Between Mindfulness and Grit: an East vs. West Cross-cultural Comparison. <i>Mindfulness</i> , 2019, 10, 146-158.	1.6	28
809	Associations Between Mindfulness and Emotion Regulation: the Key Role of Describing and Nonreactivity. <i>Mindfulness</i> , 2019, 10, 366-375.	1.6	49
810	Can mindfulness in health care professionals improve patient care? An integrative review and proposed model. <i>Translational Behavioral Medicine</i> , 2019, 9, 187-201.	1.2	44
811	The Relationship of Mindfulness to Body Shame, Body Responsiveness, and Health Outcomes. <i>Mindfulness</i> , 2019, 10, 639-649.	1.6	6
812	Depressive Symptoms and Emotional Eating: Mediated by Mindfulness?. <i>Mindfulness</i> , 2019, 10, 670-678.	1.6	12
813	Psychometric properties of acceptance measures: A systematic review. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 261-277.	1.3	9
814	Does Thought Suppression Mediate the Association Between Mindfulness and Body Satisfaction?. <i>Mindfulness</i> , 2019, 10, 679-688.	1.6	2
815	Facets of Mindfulness Predict Depressive and Anxiety Symptom Improvement Above CBT Skills. <i>Mindfulness</i> , 2019, 10, 559-570.	1.6	13
816	Mindfulness-Based Interventions for Psoriasis: a Randomized Controlled Trial. <i>Mindfulness</i> , 2019, 10, 288-300.	1.6	25
817	Psychological Well-being and Coping: the Predictive Value of Adult Attachment, Dispositional Mindfulness, and Emotion Regulation. <i>Mindfulness</i> , 2019, 10, 256-271.	1.6	39
818	Scrutinizing the Components of Mindfulness: Insights from Current, Past, and Non-meditators. <i>Mindfulness</i> , 2019, 10, 492-505.	1.6	12
819	Assessing the Impact of Mindfulness and Life Stress on Maternal Well-Being. <i>Mindfulness</i> , 2019, 10, 26-35.	1.6	5
820	Nonreactivity and Resilience to Stress: Gauging the Mindfulness of African American College Students. <i>Mindfulness</i> , 2019, 10, 2302-2311.	1.6	11
821	Do Less Mindful Mothers Show Better Parenting via Improvements in Trait Mindfulness Following a Military Parent Training Program?. <i>Frontiers in Psychology</i> , 2019, 10, 909.	1.1	7

#	ARTICLE	IF	CITATIONS
822	The Effect of Brief Mindfulness Training on Brain Reactivity to Food Cues During Nicotine Withdrawal: A Pilot Functional Imaging Study. <i>Mindfulness</i> , 2019, 10, 2272-2276.	1.6	4
823	Network-based intervention strategies to reduce violence among homeless. <i>Social Network Analysis and Mining</i> , 2019, 9, 1.	1.9	1
824	For Whom Does Cognitively Based Compassion Training (CBCT) Work? An Analysis of Predictors and Moderators among African American Suicide Attempters. <i>Mindfulness</i> , 2019, 10, 2327-2340.	1.6	5
825	Exploring the Relationships Between Mindfulness, Self-Compassion, and Shame. <i>SAGE Open</i> , 2019, 9, 215824401986629.	0.8	20
826	The Relationships of Dispositional Mindfulness with Sexual Prejudice and Internalized Sexual Stigma Among Heterosexual and Gay/Bisexual Men. <i>Mindfulness</i> , 2019, 10, 2375-2384.	1.6	18
827	Feasibility, acceptability and preliminary outcomes of a mindfulness-based relapse prevention program in a naturalistic setting among treatment-seeking patients with alcohol use disorder: a prospective observational study. <i>BMJ Open</i> , 2019, 9, e026839.	0.8	14
828	State mindfulness, rumination, and emotions in daily life: An ambulatory assessment study. <i>Asian Journal of Social Psychology</i> , 2019, 22, 369-377.	1.1	17
829	Association among dispositional mindfulness, self-compassion, and leukocyte telomere length in Chinese adults. <i>BMC Psychology</i> , 2019, 7, 47.	0.9	3
830	Effects of brief daily mindfulness practice on affective outcomes and correlates in a high BPD trait sample. <i>Psychiatry Research</i> , 2019, 280, 112485.	1.7	4
831	Functional Brain Changes During Mindfulness-Based Cognitive Therapy Associated With Tinnitus Severity. <i>Frontiers in Neuroscience</i> , 2019, 13, 747.	1.4	19
832	Mindfulness predicts insight in obsessive-compulsive disorder over and above OC symptoms: An experience-sampling study. <i>Behaviour Research and Therapy</i> , 2019, 121, 103449.	1.6	7
833	Difficulties in emotion regulation and deficits in interoceptive awareness in moderate and severe obesity. <i>Eating and Weight Disorders</i> , 2019, 24, 633-644.	1.2	38
834	Measurement of Maternal Mindful Awareness of Fetal Movement. <i>Journal of Midwifery and Women's Health</i> , 2019, 64, 604-612.	0.7	2
835	Vigilance declines following sleep deprivation are associated with two previously identified dynamic connectivity states. <i>NeuroImage</i> , 2019, 200, 382-390.	2.1	24
836	Keeping culture in mind: A systematic review and initial conceptualization of mentalizing from a cross-cultural perspective. <i>Clinical Psychology: Science and Practice</i> , 2019, 26, e12300.	0.6	21
837	The Psychometric Properties of the Portuguese Version of the State Mindfulness Scale. <i>Mindfulness</i> , 2019, 10, 2661-2672.	1.6	5
838	“Making space”: a study into the use of mindfulness for alternative school teachers. <i>Journal of Psychologists and Counsellors in Schools</i> , 2019, 29, 108-129.	0.5	4
839	Long-term impacts of the CARE program on teachers' self-reported social and emotional competence and well-being. <i>Journal of School Psychology</i> , 2019, 76, 186-202.	1.5	71

#	ARTICLE	IF	CITATIONS
840	Exploring Mindfulness Benefits for Students and Teachers in Three German High Schools. <i>Mindfulness</i> , 2019, 10, 2682-2702.	1.6	11
841	An Analysis of Psychological Distress Profiles and their Correlates in Interdisciplinary Health-care Professional Students. <i>Global Advances in Health and Medicine</i> , 2019, 8, 216495611987987.	0.7	8
842	The Relationship Between Adopting Mindfulness Practice and Reperceiving: a Qualitative Investigation of CARE for Teachers. <i>Mindfulness</i> , 2019, 10, 2567-2582.	1.6	17
843	Mind the Silver Bullet Thinking: A Multilevel Study on the Impact of Manager Trait Mindfulness on Subordinate Objective Job Performance. <i>Frontiers in Psychology</i> , 2019, 10, 2171.	1.1	1
844	Pre-sleep Cognitive Arousal Decreases Following a 4-Week Introductory Mindfulness Course. <i>Mindfulness</i> , 2019, 10, 2429-2438.	1.6	14
845	Mindfulness-based Wellness and Resilience intervention among interdisciplinary primary care teams: a mixed-methods feasibility and acceptability trial. <i>Primary Health Care Research and Development</i> , 2019, 20, e91.	0.5	11
846	Accuracy of self-referral in health anxiety: comparison of patients self-referring to internet-delivered treatment versus patients clinician-referred to face-to-face treatment. <i>BJPsych Open</i> , 2019, 5, e80.	0.3	6
847	The wandering mind oscillates: EEG alpha power is enhanced during moments of mind-wandering. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2019, 19, 1184-1191.	1.0	82
848	Effectiveness of a web-based Acceptance and Commitment Therapy intervention for wellbeing of parents whose children have chronic conditions: A randomized controlled trial. <i>Journal of Contextual Behavioral Science</i> , 2019, 13, 94-102.	1.3	29
849	Reducing compulsive Internet use and anxiety symptoms via two brief interventions: A comparison between mindfulness and gradual muscle relaxation. <i>Journal of Behavioral Addictions</i> , 2019, 8, 530-536.	1.9	66
850	On Variation in Mindfulness Training: A Multimodal Study of Brief Open Monitoring Meditation on Error Monitoring. <i>Brain Sciences</i> , 2019, 9, 226.	1.1	12
851	Hype and hope? Mind-body practice predicts pro-environmental engagement through global identity. <i>Journal of Environmental Psychology</i> , 2019, 66, 101340.	2.3	41
852	How is physiological arousal related to self-reported measures of emotional intensity and valence of events and their autobiographical memories?. <i>Consciousness and Cognition</i> , 2019, 75, 102811.	0.8	16
853	Acceptance-based interventions in the treatment of PTSD: Group and individual pilot data using Acceptance and Commitment Therapy. <i>Journal of Contextual Behavioral Science</i> , 2019, 14, 55-64.	1.3	25
854	Evaluation of Breathworks™ Mindfulness for Stress 8-week course: Effects on depressive symptoms, psychiatric symptoms, affects, self-compassion, and mindfulness facets in Brazilian health professionals. <i>Journal of Clinical Psychology</i> , 2019, 75, 970-984.	1.0	18
855	Psychometric Investigation of the Five Facets of Mindfulness and Well-Being Measures in the Kingdom of Bhutan and the USA. <i>Mindfulness</i> , 2019, 10, 1339-1351.	1.6	15
856	Changes in mindfulness facets in a dialectical behaviour therapy skills training group program for borderline personality disorder. <i>Journal of Clinical Psychology</i> , 2019, 75, 958-969.	1.0	17
857	Posttraumatic stress disorder symptoms and mindfulness facets in relation to suicide risk among firefighters. <i>Journal of Clinical Psychology</i> , 2019, 75, 696-709.	1.0	40

#	ARTICLE	IF	CITATIONS
858	Short-term mindful breath awareness training improves inhibitory control and response monitoring. <i>Progress in Brain Research</i> , 2019, 244, 137-163.	0.9	40
859	The role of sexual mindfulness in sexual wellbeing, Relational wellbeing, and self-esteem. <i>Journal of Sex and Marital Therapy</i> , 2019, 45, 497-509.	1.0	71
860	Brief Yoga Intervention for Dental and Dental Hygiene Students: A Feasibility and Acceptability Study. <i>Journal of Evidence-based Integrative Medicine</i> , 2019, 24, 2515690X1985530.	1.4	6
861	Assessing mindfulness-based cognitive therapy intervention for tinnitus using behavioural measures and structural MRI: a pilot study. <i>International Journal of Audiology</i> , 2019, 58, 889-901.	0.9	14
862	Improvements in Psychological and Occupational Well-being Following a Brief Yoga-Based Program for Education Professionals. <i>Global Advances in Health and Medicine</i> , 2019, 8, 216495611985685.	0.7	9
863	Teaching Note™ BSW Students™ Experiences With an MBSR Assignment and the Five Facets of Mindfulness. <i>Journal of Social Work Education</i> , 2019, 55, 409-416.	0.5	3
864	Mindfulness for teachers: notes toward a discursive cartography. <i>History of Education Review</i> , 2019, 48, 91-108.	0.2	8
865	Effects on stress reduction of a modified mindfulness-based cognitive therapy for family caregivers of those with dementia: study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 303.	0.7	11
866	Grief, Mindfulness and Neural Predictors of Improvement in Family Dementia Caregivers. <i>Frontiers in Human Neuroscience</i> , 2019, 13, 155.	1.0	11
867	Evaluation of a structured skills training group for adolescents with attention deficit/hyperactivity disorder (ADHD) – study protocol of a randomised controlled trial. <i>BMC Psychiatry</i> , 2019, 19, 171.	1.1	8
868	Self-Compassion and Mindfulness: Modeling Change Processes Associated with the Reduction of Perinatal Depression. <i>Journal of Child and Family Studies</i> , 2019, 28, 1790-1802.	0.7	5
869	Dispositional Mindfulness and Its Moderating Role in the Predictive Association Between Stressors and Psychological Symptoms in Adolescents. <i>Mindfulness</i> , 2019, 10, 2046-2059.	1.6	23
870	Unpleasant meditation-related experiences in regular meditators: Prevalence, predictors, and conceptual considerations. <i>PLoS ONE</i> , 2019, 14, e0216643.	1.1	79
871	Short-term mindfulness practice attenuates reward prediction errors signals in the brain. <i>Scientific Reports</i> , 2019, 9, 6964.	1.6	10
872	Profile of trait mindfulness and its association with emotional regulation for early adolescents. <i>Personality and Individual Differences</i> , 2019, 147, 12-17.	1.6	22
873	Improvements in Psychological and Occupational Well-Being in a Pragmatic Controlled Trial of a Yoga-Based Program for Professionals. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 593-605.	2.1	15
874	Acceptance and Commitment Therapy for Health Anxiety. , 2019, , 123-142.		5
875	Exploring the Role of Meditation and Dispositional Mindfulness on Social Cognition Domains: A Controlled Study. <i>Frontiers in Psychology</i> , 2019, 10, 809.	1.1	30



#	ARTICLE	IF	CITATIONS
876	Anger regulation in interpersonal contexts: Anger experience, aggressive behavior, and cardiovascular reactivity. <i>Journal of Social and Personal Relationships</i> , 2019, 36, 1441-1458.	1.4	21
877	Validation of the Dutch Comprehensive Inventory of Mindfulness Experiences (CHIME) and Development of a Short Form (CHIME-SF). <i>Mindfulness</i> , 2019, 10, 1893-1904.	1.6	7
878	The explanatory determinants of a successful mindfulness intervention in an ecuadorian university: a logit analysis. <i>International Journal of Adolescence and Youth</i> , 2019, 24, 252-263.	0.9	1
879	Trait Mindfulness and Functional Connectivity in Cognitive and Attentional Resting State Networks. <i>Frontiers in Human Neuroscience</i> , 2019, 13, 112.	1.0	30
880	Mechanisms and moderators in mindfulness- and acceptance- based treatments for binge eating spectrum disorders: A systematic review. <i>European Eating Disorders Review</i> , 2019, 27, 352-380.	2.3	20
881	Exploring Gender Differences in the Relationship Between Dispositional Mindfulness and Compulsive Sexual Behavior Among Adults in Residential Substance Use Treatment. <i>Mindfulness</i> , 2019, 10, 1592-1602.	1.6	8
882	A Mindfulness-Based Intervention for Low-Income African American Women with Depressive Symptoms Delivered by an Experienced Instructor Versus a Novice Instructor. <i>Journal of Alternative and Complementary Medicine</i> , 2019, 25, 699-708.	2.1	14
883	Toward effective interventions to reduce diabetes distress among adults with type 1 diabetes: Enhancing-Emotion regulation and cognitive skills. <i>Patient Education and Counseling</i> , 2019, 102, 1499-1505.	1.0	10
884	The Mutual Support Model of Mindfulness and Character Strengths. <i>Mindfulness</i> , 2019, 10, 1545-1559.	1.6	27
885	Insurance-Reimbursable Mindfulness for Safety-Net Primary Care Patients: a Pilot Randomized Controlled Trial. <i>Mindfulness</i> , 2019, 10, 1744-1759.	1.6	12
886	Effects of a modified mindfulness-based cognitive therapy for family caregivers of people with dementia: A pilot randomized controlled trial. <i>International Journal of Nursing Studies</i> , 2019, 98, 107-117.	2.5	34
887	Feasibility of a mindful yoga program for women with metastatic breast cancer: results of a randomized pilot study. <i>Supportive Care in Cancer</i> , 2019, 27, 4307-4316.	1.0	40
888	Illawarra Born cross-generational health study: feasibility of a multi-generational birth cohort study. <i>Pilot and Feasibility Studies</i> , 2019, 5, 32.	0.5	5
889	Less Binge Eating and Loss of Control over Eating Are Associated with Greater Levels of Mindfulness: Identifying Patterns in Postmenopausal Women with Obesity. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2019, 9, 36.	1.0	3
890	Feasibility of a Mindfulness-Based Intervention for Caregivers of Veterans: A Pilot Study. <i>Journal of Holistic Nursing</i> , 2019, 37, 322-337.	0.6	1
891	Moderating Effect of Mindfulness on the Relationships Between Perceived Stress and Mental Health Outcomes Among Chinese Intensive Care Nurses. <i>Frontiers in Psychiatry</i> , 2019, 10, 260.	1.3	46
892	Mindfulness and negative affectivity in real time: a within-person process model. <i>Cognition and Emotion</i> , 2019, 33, 1687-1701.	1.2	3
893	The Beneficial Role of Mindfulness Facets in Relatives of People with Intellectual and Developmental Disabilities. <i>Mindfulness</i> , 2019, 10, 1883-1892.	1.6	3

#	ARTICLE	IF	CITATIONS
894	Boredom proneness as a predictor of depression, anxiety and stress: The moderating effects of dispositional mindfulness. <i>Personality and Individual Differences</i> , 2019, 146, 68-75.	1.6	68
895	Relationships among Training, Mindfulness, and Workplace Injuries among Nurse Aides Working in Long-Term Care Settings. <i>Occupational Health Science</i> , 2019, 3, 45-58.	1.0	8
896	Mindfulness and situational interest. <i>Educational Psychology</i> , 2019, 39, 353-369.	1.2	6
897	Mindfulness Promotes a More Balanced Time Perspective: Correlational and Intervention-Based Evidence. <i>Mindfulness</i> , 2019, 10, 1579-1591.	1.6	27
898	A 7-year follow-up study of the Mindfulness-Based Program for Infertility: Are there long-term effects?. <i>Clinical Psychology and Psychotherapy</i> , 2019, 26, 409-417.	1.4	10
899	A preventive intervention to modify depression risk targets after breast cancer diagnosis: Design and single-arm pilot study. <i>Psycho-Oncology</i> , 2019, 28, 880-887.	1.0	15
900	Effects of Mindfulness-Based Cognitive Therapy on a Behavioural Measure of Rumination in Patients with Chronic, Treatment-Resistant Depression. <i>Cognitive Therapy and Research</i> , 2019, 43, 666-678.	1.2	14
901	Immune-inflammatory pathways and clinical changes in fibromyalgia patients treated with Mindfulness-Based Stress Reduction (MBSR): A randomized, controlled clinical trial. <i>Brain, Behavior, and Immunity</i> , 2019, 80, 109-119.	2.0	50
902	Mindfulness and self-compassion along the chronotype: a cross-sectional study. <i>Chronobiology International</i> , 2019, 36, 541-547.	0.9	13
903	Mindfulness Improves Emotion Regulation and Executive Control on Bereaved Individuals: An fMRI Study. <i>Frontiers in Human Neuroscience</i> , 2018, 12, 541.	1.0	39
904	The Importance of Mindfulness in the Achievement of Optimal Functioning: Conceptualization for Research Development. , 2019, , .		1
905	Resilience and mindfulness in active duty and veteran U.S. military service members. , 2019, , .		0
906	Systematic Review and Meta-Analysis of Correlates of FFMQ Mindfulness Facets. <i>Frontiers in Psychology</i> , 2019, 10, 2684.	1.1	32
907	The relationship between trait mindfulness and affective symptoms: A meta-analysis of the Five Facet Mindfulness Questionnaire (FFMQ). <i>Clinical Psychology Review</i> , 2019, 74, 101785.	6.0	157
908	Relationships Between Meaning in Life, Dispositional Mindfulness, Perceived Stress, and Psychological Symptoms Among Chinese Patients With Gastrointestinal Cancer. <i>Journal of Nervous and Mental Disease</i> , 2019, 207, 34-37.	0.5	20
909	Mindfulness-based Cognitive Therapy for Obsessive-Compulsive Disorder: A Pilot Study. <i>Journal of Psychiatric Practice</i> , 2019, 25, 156-170.	0.3	25
910	A Novel Third Wave Contextual Approach of Positive Behavior Support in School for Adolescent at High Psychosocial Risk: Rationale, Feasibility, and First Pilot Outcomes. <i>Frontiers in Psychology</i> , 2019, 10, 2635.	1.1	5
911	Psychological well-being and distress in patients with generalized anxiety disorder: The roles of positive and negative functioning. <i>PLoS ONE</i> , 2019, 14, e0225646.	1.1	9

#	ARTICLE	IF	CITATIONS
912	The relationship between mindfulness and objective measures of body awareness: A meta-analysis. <i>Scientific Reports</i> , 2019, 9, 17386.	1.6	47
913	Efficacy of Acceptance and Commitment Therapy in Daily Life (ACT-DL) in early psychosis: study protocol for a multi-centre randomized controlled trial. <i>Trials</i> , 2019, 20, 769.	0.7	65
914	Differences between individuals with schizophrenia or obsessive-compulsive disorder and healthy controls in social cognition and mindfulness skills: A controlled study. <i>PLoS ONE</i> , 2019, 14, e0225608.	1.1	11
915	A Multisite Randomized Controlled Trial of Mindfulness-Based Stress Reduction in the Treatment of Posttraumatic Stress Disorder. <i>Psychiatric Research and Clinical Practice</i> , 2019, 1, 39-48.	1.3	31
916	The more you judge the worse you feel. A judgemental attitude towards one's inner experience predicts depression and anxiety. <i>Personality and Individual Differences</i> , 2019, 138, 33-39.	1.6	40
917	Difficulties with emotion regulation, mindfulness, and substance use disorder severity: the mediating role of self-regulation of attention and acceptance attitudes. <i>American Journal of Drug and Alcohol Abuse</i> , 2019, 45, 97-107.	1.1	27
918	Trait mindfulness and PTSD symptom clusters: Considering the influence of emotion dysregulation. <i>Personality and Individual Differences</i> , 2019, 137, 62-70.	1.6	13
919	The role of psychological flexibility in appearance anxiety in people who have experienced a visible burn injury. <i>Burns</i> , 2019, 45, 942-949.	1.1	29
920	A brief mindfulness intervention reduces depression, increases nonjudgment, and speeds processing of emotional and neutral stimuli. <i>Mental Health and Prevention</i> , 2019, 13, 58-67.	0.7	16
921	“Experiencing life for the first time”: the effects of a traumatic death course on social work student mindfulness and empathy. <i>Social Work Education</i> , 2019, 38, 470-484.	0.8	8
922	Unhappy and addicted to your phone? “Higher mobile phone use is associated with lower well-being. <i>Computers in Human Behavior</i> , 2019, 93, 210-218.	5.1	75
923	The effect of a six-week focused meditation training on depression and anxiety symptoms in Brazilian university students with 6 and 12 months of follow-up. <i>Journal of Affective Disorders</i> , 2019, 246, 401-407.	2.0	10
924	Deficits in mindfulness account for the link between borderline personality features and maladaptive humor styles. <i>Personality and Individual Differences</i> , 2019, 139, 19-23.	1.6	6
925	Mindfulness and Daily Negative Mood Variation in Romantic Relationships. <i>Mindfulness</i> , 2019, 10, 933-942.	1.6	10
926	On the porosity of subject and object in “mindfulness” scientific study: challenges to “scientific” construction, operationalization and measurement of mindfulness. <i>Current Opinion in Psychology</i> , 2019, 28, 102-107.	2.5	47
927	Facets of Mindfulness in Adults with Generalized Anxiety Disorder and Impact of Co-occurring Depression. <i>Mindfulness</i> , 2019, 10, 903-912.	1.6	5
928	Mindfulness mechanisms and psychological effects for aMCI patients: A comparison with psychoeducation. <i>Complementary Therapies in Clinical Practice</i> , 2019, 34, 93-104.	0.7	27
929	The Effects of Tai Chi and Qigong on Anxiety and Depression. , 2019, , 211-222.		2

#	ARTICLE	IF	CITATIONS
930	Dispositional mindfulness attenuates the emotional attentional blink. <i>Consciousness and Cognition</i> , 2019, 67, 16-25.	0.8	18
931	Specific Facets of Trait Mindfulness Reduce Risk for Alcohol and Drug Use Among First-Year Undergraduate Students. <i>Mindfulness</i> , 2019, 10, 1269-1279.	1.6	10
932	Being in the moment later? Testing the inverse relation between mindfulness and procrastination. <i>Personality and Individual Differences</i> , 2019, 141, 123-126.	1.6	10
933	A Brief Mindfulness-Based Self-Care Curriculum for an Interprofessional Group of Palliative Care Providers. <i>Journal of Palliative Medicine</i> , 2019, 22, 561-565.	0.6	14
934	Mindfulness, Experiential Avoidance, and Recovery From Hematopoietic Stem Cell Transplantation. <i>Annals of Behavioral Medicine</i> , 2019, 53, 886-895.	1.7	22
935	Mindfulness is associated with psychological health and moderates the impact of fibromyalgia. <i>Clinical Rheumatology</i> , 2019, 38, 1737-1745.	1.0	30
936	Being Mindful: A Long-term Investigation of an Interdisciplinary Course in Mindfulness. <i>Global Advances in Health and Medicine</i> , 2019, 8, 216495611882006.	0.7	17
938	Mindfulness Relates to Decreased Depressive Symptoms Via Enhancement of Self-Insight. <i>Mindfulness</i> , 2019, 10, 894-902.	1.6	10
939	Assessment of mindfulness by self-report. <i>Current Opinion in Psychology</i> , 2019, 28, 42-48.	2.5	96
940	Mechanisms of Mindfulness in the General Population. <i>Mindfulness</i> , 2019, 10, 469-480.	1.6	34
941	Morningness-eveningness and social anxiety symptoms: the influence of depression symptoms on the indirect effect through punishment sensitivity and experiential avoidance. <i>Chronobiology International</i> , 2019, 36, 214-224.	0.9	5
942	Network analysis: A new psychometric approach to examine the underlying ACT model components. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 285-289.	1.3	14
943	Effect of Mindfulness on Value Incongruence: a Pilot Study. <i>Mindfulness</i> , 2019, 10, 1031-1043.	1.6	8
944	Conceptualizing Acceptance in Postdeployment Soldiers. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2019, 41, 112-122.	0.7	0
945	Trait Mindfulness Is Associated With Lower Pain Reactivity and Connectivity of the Default Mode Network. <i>Journal of Pain</i> , 2019, 20, 645-654.	0.7	33
946	Mindfulness Training Enhances Self-Regulation and Facilitates Health Behavior Change for Primary Care Patients: a Randomized Controlled Trial. <i>Journal of General Internal Medicine</i> , 2019, 34, 293-302.	1.3	37
947	Does Rumination Function as a Longitudinal Mediator Between Mindfulness and Depression?. <i>Mindfulness</i> , 2019, 10, 1091-1104.	1.6	25
948	A Trauma-Adapted Mindfulness and Loving-Kindness Intervention for Patients with PTSD After Interpersonal Violence: a Multiple-Baseline Study. <i>Mindfulness</i> , 2019, 10, 1105-1123.	1.6	16

#	ARTICLE	IF	CITATIONS
949	Longitudinal associations between mindfulness and well-being in people with multiple sclerosis. <i>International Journal of Clinical and Health Psychology</i> , 2019, 19, 22-30.	2.7	47
950	Evaluating the role of mindfulness in terms of asthma-related outcomes and depression and anxiety symptoms among individuals with asthma. <i>Psychology, Health and Medicine</i> , 2019, 24, 155-166.	1.3	6
951	Feasibility of yoga as a complementary therapy for patients with type 2 diabetes: The Healthy Active and in Control (HAIC) study. <i>Complementary Therapies in Medicine</i> , 2019, 42, 125-131.	1.3	21
952	Age-related changes in the temporal focus and self-referential content of spontaneous cognition during periods of low cognitive demand. <i>Psychological Research</i> , 2019, 83, 747-760.	1.0	20
953	Validation of the Five Facet Mindfulness Questionnaire Among Community-Dwelling Older Adults. <i>Mindfulness</i> , 2019, 10, 529-536.	1.6	10
954	What Can We Learn from Randomized Clinical Trials About the Construct Validity of Self-Report Measures of Mindfulness? A Meta-Analysis. <i>Mindfulness</i> , 2019, 10, 775-785.	1.6	24
955	The Impact of Mindfulness on Empathy, Active Listening, and Perceived Provisions of Emotional Support. <i>Communication Research</i> , 2019, 46, 838-865.	3.9	71
956	Theoretical Foundations to Guide Mindfulness Meditation: A Path to Wisdom. <i>Current Psychology</i> , 2019, 38, 627-646.	1.7	13
957	Mechanisms of Mindfulness: the Mediating Roles of Adaptive and Maladaptive Cognitive Factors. <i>Current Psychology</i> , 2019, 38, 846-854.	1.7	9
958	Chronic pain experience on depression and physical disability: The importance of acceptance and mindfulness-based processes in a sample with rheumatoid arthritis. <i>Journal of Health Psychology</i> , 2019, 24, 153-165.	1.3	9
959	Complicated Exploring the Mindfulness-Alcohol Use Connection in Undergraduate Students. <i>International Journal of Mental Health and Addiction</i> , 2019, 17, 615-627.	4.4	2
960	Consensus on core phenomena and statements describing Basic Body Awareness Therapy within the movement awareness domain in physiotherapy. <i>Physiotherapy Theory and Practice</i> , 2019, 35, 80-93.	0.6	18
961	Mindfulness-based weekend retreats for people bereaved by suicide (<i>Panta Rhei</i>): A pilot feasibility study. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 39-56.	1.3	14
962	The initial validation of a state version of the Cognitive Fusion Questionnaire. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 207-215.	1.3	15
963	A Randomized Pilot Study of a Phone-Based Mindfulness and Weight Loss Program. <i>Behavioral Medicine</i> , 2019, 45, 271-281.	1.0	19
964	Relations of mindfulness facets with psychological symptoms among individuals with a diagnosis of obsessive-compulsive disorder, major depressive disorder, or borderline personality disorder. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 112-130.	1.3	22
965	Adaptation française et analyse des qualités psychométriques du questionnaire d'évitement et de fusion (AFQ) dans une population adulte. <i>Annales Medico-Psychologiques</i> , 2019, 177, 358-363.	0.2	4
966	Relationships Among Dispositional Mindfulness, Distress Tolerance, and Women's Dating Violence Perpetration: A Path Analysis. <i>Journal of Interpersonal Violence</i> , 2019, 34, 2996-3016.	1.3	13

#	ARTICLE	IF	CITATIONS
967	Incorporating psychoeducation, mindfulness and self-compassion in a new programme for binge eating (BEfree): Exploring processes of change. <i>Journal of Health Psychology</i> , 2019, 24, 466-479.	1.3	28
968	Effects of Attachment-Based Compassion Therapy (ABCT) on Self-compassion and Attachment Style in Healthy People. <i>Mindfulness</i> , 2020, 11, 51-62.	1.6	25
969	Concurrent effects of different psychological processes in the prediction of depressive symptoms – the role of cognitive fusion. <i>Current Psychology</i> , 2020, 39, 528-539.	1.7	20
970	The assessment of mindfulness skills: the “what” and the “how”. <i>Journal of Mental Health</i> , 2020, 29, 144-151.	1.0	9
971	Latent Profile Analysis of the Five Facet Mindfulness Questionnaire in a Sample With a History of Recurrent Depression. <i>Assessment</i> , 2020, 27, 149-163.	1.9	16
972	Mechanisms of change in dialectical behaviour therapy and cognitive behaviour therapy for borderline personality disorder: a critical review of the literature. <i>Journal of Mental Health</i> , 2020, 29, 92-102.	1.0	49
973	Emotion regulation therapy for cancer caregivers – an open trial of a mechanism-targeted approach to addressing caregiver distress. <i>Translational Behavioral Medicine</i> , 2020, 10, 413-422.	1.2	26
974	Mindful aging: The association between trait mindfulness and expectations regarding aging among middle-aged and older adults. <i>Aging and Mental Health</i> , 2020, 24, 591-595.	1.5	6
975	An Exploration of Self-Compassion in Incarcerated Women. <i>Journal of Police and Criminal Psychology</i> , 2020, 35, 182-190.	1.2	4
976	Feasibility and Acceptability of Mindfulness-based Cognitive Therapy Compared with Mindfulness-based Stress Reduction and Treatment as Usual in People with Depression and Cardiovascular Disorders: a Three-Arm Randomised Controlled Trial. <i>Mindfulness</i> , 2020, 11, 30-50.	1.6	13
977	Training on mind-body skills: Feasibility and effects on physician mindfulness, compassion, and associated effects on stress, burnout, and clinical outcomes. <i>Journal of Positive Psychology</i> , 2020, 15, 194-207.	2.6	16
978	Mindfulness and physical activity: a systematic review and hierarchical model of mindfulness. <i>International Journal of Sport and Exercise Psychology</i> , 2020, 18, 794-817.	1.1	13
979	Mindfulness meditation is associated with decreases in partner negative affect in daily life. <i>European Journal of Social Psychology</i> , 2020, 50, 35-45.	1.5	15
980	Dispositional Mindfulness Mediates the Relationship Between Sensory-Processing Sensitivity and Trait Anxiety, Well-Being, and Psychosomatic Symptoms. <i>Psychological Reports</i> , 2020, 123, 1083-1098.	0.9	13
981	The relationship between mindfulness facets, depression, pain severity and pain interference. <i>Psychology, Health and Medicine</i> , 2020, 25, 53-63.	1.3	12
982	An Examination of the Association Between Relationship Mindfulness and Psychological and Relational Well-being in Committed Couples. <i>Journal of Marital and Family Therapy</i> , 2020, 46, 30-41.	0.6	21
983	Development of a Short Form of the Five Facet Mindfulness Questionnaire – Adolescents for Children and Adolescents. <i>Journal of Personality Assessment</i> , 2020, 102, 641-652.	1.3	12
984	Effects of guided mindfulness meditation on anxiety and stress in a pre-healthcare college student population: a pilot study. <i>Journal of American College Health</i> , 2020, 68, 666-672.	0.8	16

#	ARTICLE	IF	CITATIONS
985	The effects of mindfulness training on persistent or intermittent sub-acute pain: using the Headspace® application. <i>European Journal of Physiotherapy</i> , 2020, 22, 253-261.	0.7	0
986	The relative impact of 15-minutes of meditation compared to a day of vacation in daily life: An exploratory analysis. <i>Journal of Positive Psychology</i> , 2020, 15, 278-284.	2.6	6
987	Facets of dispositional mindfulness versus sources of social support predicting college students' psychological adjustment. <i>Journal of American College Health</i> , 2020, 68, 403-410.	0.8	19
988	Development and psychometric properties of the Self-efficacy for Mindfulness Meditation Practice scale. <i>Journal of Health Psychology</i> , 2020, 25, 2017-2030.	1.3	2
989	Emotion regulation mediates relationships between mindfulness facets and aggression dimensions. <i>Aggressive Behavior</i> , 2020, 46, 60-71.	1.5	37
990	Cognitively-Based Compassion Training for parents reduces cortisol in infants and young children. <i>Infant Mental Health Journal</i> , 2020, 41, 126-144.	0.7	15
991	A Systematic Review and Meta-Analysis of Cultural Adaptations of Mindfulness-Based Interventions for Hispanic Populations. <i>Mindfulness</i> , 2020, 11, 317-332.	1.6	45
992	A Psychometric Review and Conceptual Replication Study of the Five Facets Mindfulness Questionnaire Latent Structure. <i>Assessment</i> , 2020, 27, 859-872.	1.9	25
993	The Effects of Teaching Mindfulness on Stress in Physical Therapy Students – A Randomized Controlled Trial. <i>Health Professions Education</i> , 2020, 6, 142-152.	1.4	4
994	The Association of Trait Mindfulness and Self-compassion with Obsessive-Compulsive Disorder Symptoms: Results from a Large Survey with Treatment-Seeking Adults. <i>Cognitive Therapy and Research</i> , 2020, 44, 120-135.	1.2	17
995	Development of a multidimensional, multi-informant measure of teacher mindfulness as experienced and expressed in the middle school classroom. <i>International Journal of Behavioral Development</i> , 2020, 44, 5-19.	1.3	16
996	Developmental changes in mindful awareness during adolescence. <i>International Journal of Behavioral Development</i> , 2020, 44, 31-40.	1.3	8
997	The Contribution of Meaningfulness and Mindfulness to Psychological Well-Being and Mental Health: A Structural Equation Model. <i>Journal of Happiness Studies</i> , 2020, 21, 2827-2850.	1.9	26
998	Statistical Mediators of the Association Between Mindfulness and Sexual Experiences in Men with Impaired Sexual Function. <i>Archives of Sexual Behavior</i> , 2020, 49, 1545-1557.	1.2	9
999	Greater mindfulness associated with lower pain, fatigue, and psychological distress in women with metastatic breast cancer. <i>Psycho-Oncology</i> , 2020, 29, 263-270.	1.0	35
1000	Dispositional Mindfulness Profiles in Adolescents and their Associations with Psychological Functioning and Hypothalamic-Pituitary-Adrenal Axis Hormones. <i>Journal of Youth and Adolescence</i> , 2020, 49, 1406-1419.	1.9	17
1001	Ayahuasca's "afterglow": improved mindfulness and cognitive flexibility in ayahuasca drinkers. <i>Psychopharmacology</i> , 2020, 237, 1161-1169.	1.5	72
1002	The maladaptive aspect of observing: Interactive effects of mindfulness and alexithymia on trait anxiety. <i>Current Psychology</i> , 2020, , 1.	1.7	2

#	ARTICLE	IF	CITATIONS
1003	A Review of Latino/Latinx Participants in Mindfulness-Based Intervention Research. <i>Mindfulness</i> , 2020, 11, 529-553.	1.6	20
1004	Greater Mindfulness is Linked to Less Procrastination. <i>International Journal of Applied Positive Psychology</i> , 2020, 5, 1-12.	1.2	5
1005	Exploring Differences Among Video Gamers With and Without Depression: Contrasting Emotion Regulation and Mindfulness. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2020, 23, 119-125.	2.1	11
1006	Mindful social inferences: Decentering decreases hostile attributions. <i>European Journal of Social Psychology</i> , 2020, 50, 1073-1087.	1.5	5
1007	The Examined Life is Wise Living: The Relationship Between Mindfulness, Wisdom, and the Moral Foundations. <i>Journal of Adult Development</i> , 2020, 27, 305-322.	0.8	12
1008	Differential Impact of Mindfulness Practices on Aggression Among Law Enforcement Officers. <i>Mindfulness</i> , 2020, 11, 734-745.	1.6	11
1009	Integrating mindfulness and connection practices into preservice teacher education improves classroom practices. <i>Learning and Instruction</i> , 2020, 66, 101298.	1.9	29
1010	Compassion-focused self-help for psychological distress associated with skin conditions: a randomized feasibility trial. <i>Psychology and Health</i> , 2020, 35, 1095-1114.	1.2	20
1011	Psychometric properties and validation of the Swedish Five Facet Mindfulness Questionnaire in a clinical and non-clinical sample among meditators and non-meditators. <i>Scandinavian Journal of Psychology</i> , 2020, 61, 369-379.	0.8	6
1012	Dispositional mindfulness is associated with heart rate reactivity and recovery in response to a lab stressor. <i>Stress and Health</i> , 2020, 36, 3-10.	1.4	5
1013	Internalizing symptoms and loneliness: Direct effects of mindfulness and protection against the negative effects of peer victimization and exclusion. <i>International Journal of Behavioral Development</i> , 2020, 44, 51-61.	1.3	21
1014	Exploring Connections Between Self-Compassion, Mindfulness, and Social Anxiety. <i>Mindfulness</i> , 2020, 11, 480-492.	1.6	21
1015	Facets of Mindfulness and Health Among a Predominantly Low-Income Community Sample. <i>Mindfulness</i> , 2020, 11, 771-784.	1.6	2
1016	Validation of the Philadelphia Mindfulness Scale on experienced meditators and nonmeditators. <i>Journal of Clinical Psychology</i> , 2020, 76, 725-748.	1.0	5
1017	The Implementation of a Mindfulness-Oriented Retreat Intervention for Rural Women Veterans. <i>Mindfulness</i> , 2020, 11, 333-349.	1.6	3
1018	Effectiveness of acceptance and commitment therapy for irritable bowel syndrome non-patients: A pilot randomized waiting list controlled trial. <i>Journal of Contextual Behavioral Science</i> , 2020, 15, 85-91.	1.3	8
1019	Mediators of change in online acceptance and commitment therapy for psychological symptoms of parents of children with chronic conditions: An investigation of change processes. <i>Journal of Contextual Behavioral Science</i> , 2020, 15, 123-130.	1.3	7
1020	The Relationship Between Dispositional Mindfulness and Grit Moderated by Meditation Experience and Culture. <i>Mindfulness</i> , 2020, 11, 587-598.	1.6	8



#	ARTICLE	IF	CITATIONS
1021	Adaptation and Validation of a Short French Version of the Affective Style Questionnaire. <i>International Journal of Cognitive Therapy</i> , 2020, 13, 146-158.	1.3	1
1022	How the Mindfulness Manifold Relates to the Five Moral Foundations, Prejudice, and Awareness of Privilege. <i>Mindfulness</i> , 2020, 11, 241-254.	1.6	26
1023	Authenticity and subjective well-being: The mediating role of mindfulness. <i>Journal of Research in Personality</i> , 2020, 84, 103900.	0.9	9
1024	Mindfulness is associated with sleep quality among patients with fibromyalgia. <i>International Journal of Rheumatic Diseases</i> , 2020, 23, 294-301.	0.9	10
1025	Linking Trait Mindfulness to Life Satisfaction in Adolescents: the Mediating Role of Resilience and Self-Esteem. <i>Child Indicators Research</i> , 2020, 13, 321-335.	1.1	37
1026	Sleep Disturbance and PTSD Symptoms in Psychiatric Inpatients: the Role of Mindfulness Facets. <i>Mindfulness</i> , 2020, 11, 425-438.	1.6	2
1027	Can Acceptance, Mindfulness, and Self-Compassion Be Learned by Smartphone Apps? A Systematic and Meta-Analytic Review of Randomized Controlled Trials. <i>Behavior Therapy</i> , 2020, 51, 646-658.	1.3	68
1028	The Association Between Mindfulness and Postoperative Pain: A Prospective Cohort Study of Gynecologic Oncology Patients Undergoing Minimally Invasive Hysterectomy. <i>Journal of Minimally Invasive Gynecology</i> , 2020, 27, 1119-1126.e2.	0.3	14
1029	Dynamics of the Sphere Model of Consciousness: Silence, Space, and Self. <i>Frontiers in Psychology</i> , 2020, 11, 548813.	1.1	12
1030	Testing the Intermediary Role of Perceived Stress in the Relationship between Mindfulness and Burnout Subtypes in a Large Sample of Spanish University Students. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7013.	1.2	10
1031	A 3-Day residential yoga-based program improves education professionals' psychological and occupational health in a single arm trial. <i>Explore: the Journal of Science and Healing</i> , 2020, 17, 513-520.	0.4	1
1032	The impact of mindfulness training on performance in a group decision-making task: Evidence from an experimental study. <i>Quarterly Journal of Experimental Psychology</i> , 2020, 73, 2236-2245.	0.6	3
1033	Association of cognitive fusion with domains of health. <i>Journal of Contextual Behavioral Science</i> , 2020, 18, 9-15.	1.3	7
1034	Examining the effectiveness of an online program to cultivate mindfulness and self-compassion skills (Mind-OP): Randomized controlled trial on Amazon's Mechanical Turk. <i>Behaviour Research and Therapy</i> , 2020, 134, 103724.	1.6	19
1035	Examining the correlates of psychological flexibility in romantic relationship and family dynamics: A meta-analysis. <i>Journal of Contextual Behavioral Science</i> , 2020, 18, 214-238.	1.3	35
1036	Evaluation of a novel application of a mindfulness phone application for patients with brain tumours: a feasibility study. <i>Journal of Neuro-Oncology</i> , 2020, 149, 489-498.	1.4	3
1037	The alchemy of teacher mindfulness: voices from veteran language teachers in China. <i>Professional Development in Education</i> , 2020, , 1-17.	1.7	6
1038	Mindfulness-based stress reduction alters brain activity for breast cancer survivors with chronic neuropathic pain: preliminary evidence from resting-state fMRI. <i>Journal of Cancer Survivorship</i> , 2021, 15, 518-525.	1.5	17

#	ARTICLE	IF	CITATIONS
1039	Experiential avoidance mediates the relation between mindfulness and anxiety. <i>Current Psychology</i> , 2022, 41, 3947-3957.	1.7	19
1040	Feasibility, Acceptability, and Preliminary Efficacy of an App-Based Mindfulness-Meditation Program Among Older Adults. <i>Gerontologist</i> , The, 2021, 61, 775-786.	2.3	14
1041	A qualitative investigation of a mindfulness-based yoga program for educators: How program attendance relates to outcomes. <i>Psychology in the Schools</i> , 2020, 57, 1077-1096.	1.1	7
1042	Examining the mediating role of work engagement on the relationship between workplace mindfulness and organizational justice and its association with well-being. <i>South Asian Journal of Business Studies</i> , 2022, 11, 129-148.	0.5	6
1043	Results from a pre-post, uncontrolled pilot study of a mindfulness-based program for early elementary school teachers. <i>Pilot and Feasibility Studies</i> , 2020, 6, 178.	0.5	9
1044	MDMA-assisted psychotherapy for treatment of anxiety and other psychological distress related to life-threatening illnesses: a randomized pilot study. <i>Scientific Reports</i> , 2020, 10, 20442.	1.6	70
1045	Knowledge of COVID-19 and Its Influence on Mindfulness, Cognitive Emotion Regulation and Psychological Flexibility in the Indian Community. <i>Frontiers in Psychology</i> , 2020, 11, 589365.	1.1	30
1046	Examining mediators of change in wellbeing, stress, and depression in a blended, Internet-based, ACT intervention for university students. <i>Internet Interventions</i> , 2020, 22, 100343.	1.4	10
1047	Looking Beyond the Value of Individual Facets of Mindfulness: a Person-Centered Examination of Mindfulness. <i>Mindfulness</i> , 2020, 11, 2349-2359.	1.6	7
1048	Effectiveness of a Mindfulness-Based Retreat on Distress and Well-Being in Bereaved Parents. <i>Research on Social Work Practice</i> , 2020, 30, 770-782.	1.1	7
1049	Advancing the Study of Positive Psychology: The Use of a Multifaceted Structure of Mindfulness for Development. <i>Frontiers in Psychology</i> , 2020, 11, 1602.	1.1	19
1050	The psychometric properties of the cognitive emotion regulation questionnaire (CERQ) in a clinical sample of adults with recurrent depression. <i>Journal of Affective Disorders</i> , 2020, 276, 212-219.	2.0	12
1051	Mindfulness, Compassion, and Self-Compassion Among Health Care Professionals: What's New? A Systematic Review. <i>Frontiers in Psychology</i> , 2020, 11, 1683.	1.1	100
1052	Mindfulness attenuates the positive association between disordered eating cognition and disordered eating behavior in a sample of college women. <i>Current Psychology</i> , 2020, , 1.	1.7	1
1053	Development and validation of the Expanded Mindful Eating Scale. <i>International Journal of Health Care Quality Assurance</i> , 2020, 33, 309-321.	0.2	10
1054	Soles of the Feet Meditation Intervention for People with Intellectual Disability and Problems with Anger and Aggression—a Feasibility Study. <i>Mindfulness</i> , 2020, 11, 2371-2385.	1.6	6
1055	Enhancing creativity through seven stages of transformation in a graduate level writing course—a mixed method study. <i>Thinking Skills and Creativity</i> , 2020, 38, 100712.	1.9	3
1056	Improvements in Mindfulness Facets Mediate the Alleviation of Burnout Dimensions. <i>Mindfulness</i> , 2020, 11, 2779-2792.	1.6	12

#	ARTICLE	IF	CITATIONS
1057	Effects of a Modified Mindfulness-Based Cognitive Therapy for Family Caregivers of People With Dementia: A Randomized Clinical Trial. <i>Gerontologist</i> , The, 2021, 61, 977-990.	2.3	17
1058	The Interpersonal Mindfulness Program for Health Care Professionals: a Feasibility Study. <i>Mindfulness</i> , 2020, 11, 2629-2638.	1.6	9
1059	The Relationship of Two Types of Shame with Meditation Experience. <i>Mindfulness</i> , 2020, 11, 2765-2778.	1.6	0
1060	Higher trait mindfulness is associated with empathy but not with emotion recognition abilities. <i>Royal Society Open Science</i> , 2020, 7, 192077.	1.1	8
1061	Alexithymia and Problematic Mobile Phone Use: A Moderated Mediation Model. <i>Frontiers in Psychology</i> , 2020, 11, 541507.	1.1	11
1062	Mindfulness mediates the relationship between mental health self-stigma and psychological distress: A cross-sectional study. <i>Current Psychology</i> , 2022, 41, 5333-5342.	1.7	2
1063	Association Between Sleep Disturbances and Suicide Risk Among Firefighters: the Moderating Role of Mindfulness. <i>Mindfulness</i> , 2020, 11, 2793-2803.	1.6	6
1064	Common Factors Underlying the Five Facets of Mindfulness and Proposed Mechanisms: a Psychometric Study Among Meditators and Non-meditators. <i>Mindfulness</i> , 2020, 11, 2804-2817.	1.6	10
1065	Mindfulness and Affect During Mindfulness-Based Cognitive Therapy for Recurrent Depression: an Autoregressive Latent Trajectory Analysis. <i>Mindfulness</i> , 2020, 11, 2360-2370.	1.6	5
1066	A Yoga-Based Program Decreases Physician Burnout in Neonatologists and Obstetricians at an Academic Medical Center. <i>Workplace Health and Safety</i> , 2020, 68, 560-566.	0.7	11
1067	Inter-individual predictors of pain inhibition during performance of a competing cognitive task. <i>Scientific Reports</i> , 2020, 10, 21785.	1.6	11
1068	Impact of a University-Wide Interdisciplinary Mind-Body Skills Program on Student Mental and Emotional Well-Being. <i>Global Advances in Health and Medicine</i> , 2020, 9, 216495612097398.	0.7	4
1069	Effects of Mindfulness-Based Stress Reduction Training on Healthcare Professionals' Mental Health: Results from a Pilot Study Testing Its Predictive Validity in a Specialized Hospital Setting. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9420.	1.2	7
1070	Assessing Facets of Mindfulness in the Context of Work: The Mindfulness@Work Scale as a Work-specific, Multidimensional Measure of Mindfulness. <i>Applied Psychology</i> , 2020, 70, 1728.	4.4	8
1071	Feasibility and Acceptability of a Community-Based Modified Mindfulness-Based Stress Reduction Program for the Under- and Unemployed. <i>Global Advances in Health and Medicine</i> , 2020, 9, 216495612097363.	0.7	5
1072	Emotion Regulation and Psychological Well-being as Contributors Towards Mindfulness Among Under-Graduate Students. <i>Human Arenas</i> , 2022, 5, 279-297.	1.1	3
1073	Mindfulness and psychological health in practitioners of Japanese martial arts: a cross-sectional study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2020, 12, 75.	0.7	15
1074	Naturalness, Personality, and Mindfulness Predict EcoWellness: Implications for Counseling Practice. <i>International Journal for the Advancement of Counselling</i> , 2020, 42, 439-454.	0.5	2

#	ARTICLE	IF	CITATIONS
1075	The Role of Impulsivity and Stress Mind-Set in Understanding the Mindfulnessâ€‘Intimate Partner Aggression Relationship. <i>Journal of Interpersonal Violence</i> , 2022, 37, NP571-NP593.	1.3	2
1076	A study protocol for a cluster randomised controlled trial on mindfulness-based stress reduction: studying effects of mindfulness-based stress reduction and an additional organisational health intervention on mental health and work-related perceptions of teachers in Dutch secondary vocational schools. <i>Trials</i> , 2020, 21, 376.	0.7	7
1077	How mindfulness shapes the situational use of emotion regulation strategies in daily life. <i>Cognition and Emotion</i> , 2020, 34, 1408-1422.	1.2	16
1078	A deeper look at the relationship between dispositional mindfulness and empathy: Meditation experience as a moderator and dereification processes as mediators. <i>Personality and Individual Differences</i> , 2020, 165, 110122.	1.6	14
1079	An Investigation of Multicultural Counseling Competence Development among Graduate-Level Counseling Students through Mindfulness, Cognitive Complexity, and Cognitive Flexibility. <i>International Journal for the Advancement of Counselling</i> , 2020, 42, 292-306.	0.5	6
1080	Attachment and well-being: Mediatory roles of mindfulness, psychological inflexibility, and resilience. <i>Current Psychology</i> , 2022, 41, 2966-2979.	1.7	20
1081	Self-reported mindfulness, cyclist anger and aggression. <i>Accident Analysis and Prevention</i> , 2020, 144, 105625.	3.0	11
1082	Study of Dialectical Behavior Therapy Versus Cognitive Behavior Therapy on Emotion Regulation and Mindfulness in Patients with Generalized Anxiety Disorder. <i>Journal of Contemporary Psychotherapy</i> , 2020, 50, 305-312.	0.7	11
1083	Parenting Self-compassion: a Systematic Review and Meta-analysis. <i>Mindfulness</i> , 2020, 11, 2067-2088.	1.6	31
1084	Predicting Individual Preferences in Mindfulness Techniques Using Personality Traits. <i>Frontiers in Psychology</i> , 2020, 11, 1163.	1.1	14
1085	The effects of mindfulness-based cognitive therapy on risk and protective factors of depressive relapse â€‘ a randomized wait-list controlled trial. <i>BMC Psychology</i> , 2020, 8, 57.	0.9	18
1086	A Pragmatic Controlled Trial of a Brief Yoga and Mindfulness-Based Program for Psychological and Occupational Health in Education Professionals. <i>Complementary Therapies in Medicine</i> , 2020, 52, 102470.	1.3	9
1087	Towards an Individual Differences Perspective in Mindfulness Training Research: Theoretical and Empirical Considerations. <i>Frontiers in Psychology</i> , 2020, 11, 818.	1.1	32
1088	Online Mindfulness Training Increases Well-Being, Trait Emotional Intelligence, and Workplace Competency Ratings: A Randomized Waitlist-Controlled Trial. <i>Frontiers in Psychology</i> , 2020, 11, 255.	1.1	31
1089	Mindfulness and Affect-Network Density: Does Mindfulness Facilitate Disengagement from Affective Experiences in Daily Life?. <i>Mindfulness</i> , 2020, 11, 1253-1266.	1.6	6
1090	Effects of Mindfulness Training on School Teachersâ€™ Self-Reported Personality Traits As Well As Stress and Burnout Levels. <i>Perceptual and Motor Skills</i> , 2020, 127, 515-532.	0.6	25
1091	The Relationship between Workaholism and Negative Affect: Mindfulness Matters!. <i>International Journal of Mental Health and Addiction</i> , 2021, 19, 1605-1614.	4.4	8
1092	Exploring How Trait Mindfulness Relates to Perceived Stress and Cardiovascular Reactivity. <i>International Journal of Behavioral Medicine</i> , 2020, 27, 415-425.	0.8	6

#	ARTICLE	IF	CITATIONS
1093	Aspects of Self-Awareness in Meditators and Meditation-Naïve Participants: Self-Report Versus Task Performance. <i>Mindfulness</i> , 2020, 11, 1028-1037.	1.6	7
1094	Emotional difficulties among individuals with alcohol use disorder: the mediating role of psychological mechanisms linked to mindfulness. <i>Journal of Substance Use</i> , 2020, 25, 561-568.	0.3	0
1095	Rationale, Methods, Feasibility, and Preliminary Outcomes of a Transdiagnostic Prevention Program for At-Risk College Students. <i>Frontiers in Psychiatry</i> , 2019, 10, 1030.	1.3	24
1096	The influence of mindfulness training on running economy and perceived flow under different attentional focus conditions – an intervention study. <i>International Journal of Sport and Exercise Psychology</i> , 2021, 19, 564-583.	1.1	9
1097	Effect of Mindfulness on Empathy and Self-Compassion: An Adapted MBCT Program on Filipino College Students. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2020, 10, 61.	1.0	29
1098	The Mediating Role of Non-reactivity to Mindfulness Training and Cognitive Flexibility: A Randomized Controlled Trial. <i>Frontiers in Psychology</i> , 2020, 11, 1053.	1.1	20
1099	Meditation experience is associated with lower levels of repetitive negative thinking: The key role of self-compassion. <i>Current Psychology</i> , 2022, 41, 3144-3155.	1.7	8
1100	The influence of trait mindfulness on depression in multiple sclerosis: potential implications for treatment. <i>Quality of Life Research</i> , 2020, 29, 3243-3250.	1.5	4
1101	The Moderating Effects of the Facets of Mindfulness on the Relationship between Daily Life Stress and Suicidal Ideation among Korean College Students. <i>International Journal of Mental Health and Addiction</i> , 2022, 20, 136-151.	4.4	9
1102	Mindfulness in everyday life: between- and within-person relationships to motivational conflicts. <i>Current Psychology</i> , 2022, 41, 2786-2801.	1.7	6
1103	Applying Generalizability Theory to Differentiate Between Trait and State in the Five Facet Mindfulness Questionnaire (FFMQ). <i>Mindfulness</i> , 2020, 11, 953-963.	1.6	32
1104	The role of sensuality, imagination, and curiosity in high and optimal sexual satisfaction. <i>Sexual and Relationship Therapy</i> , 2020, , 1-20.	0.7	3
1105	Changes in the daily life experience of patients with obsessive-compulsive disorder following mindfulness-based cognitive therapy: Looking beyond symptom reduction using ecological momentary assessment. <i>Psychiatry Research</i> , 2020, 286, 112842.	1.7	12
1106	Association of mindfulness to resilience, anxiety, and depressive symptoms after spinal cord injury—a correlational study. <i>Spinal Cord Series and Cases</i> , 2020, 6, 7.	0.3	5
1107	Interoceptive reliance as a major determinant of emotional eating in adult obesity. <i>Journal of Health Psychology</i> , 2021, 26, 2118-2130.	1.3	8
1108	Increasing Mindfulness Skills of Veterans With PTSD Through Daily Mindfulness Training Incorporated Into an Intensive Treatment Program. <i>Mindfulness</i> , 2020, 11, 964-974.	1.6	2
1109	Mindfulness profiles in a sample of self-reported sleep disturbance individuals. <i>Journal of Contextual Behavioral Science</i> , 2020, 15, 219-224.	1.3	6
1110	Coercive Parenting Mediates the Relationship between Military Fathers'™ Emotion Regulation and children'™s Adjustment. <i>Journal of Abnormal Child Psychology</i> , 2020, 48, 633-645.	3.5	11

#	ARTICLE	IF	CITATIONS
1111	Older and more mindful? Age differences in mindfulness components and well-being. <i>Aging and Mental Health</i> , 2021, 25, 1320-1331.	1.5	33
1112	Testing the Role of State Mindfulness in Facilitating Autonomous Physical Activity Motivation. <i>Mindfulness</i> , 2020, 11, 1018-1027.	1.6	8
1113	Effects of a Brief, Online, Focused Attention Mindfulness Training on Cognition in Older Adults: a Randomized Controlled Trial. <i>Mindfulness</i> , 2020, 11, 1182-1193.	1.6	7
1114	The role of mindfulness and self-compassion in depressive symptoms and affect: A Comparison between Cancer Patients and Healthy Controls. <i>Mindfulness</i> , 2020, 11, 883-894.	1.6	10
1115	Evaluation of the Psychometric Properties of the Five Facet of Mindfulness Questionnaire. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2020, 42, 271-280.	0.7	13
1116	Depressive Symptoms and Resilience among Hispanic Emerging Adults: Examining the Moderating Effects of Mindfulness, Distress Tolerance, Emotion Regulation, Family Cohesion, and Social Support. <i>Behavioral Medicine</i> , 2020, 46, 245-257.	1.0	42
1117	Mindful self-regulation of attention is a key protective factor for emotional dysregulation and addictive behaviors among individuals with alcohol use disorder. <i>Addictive Behaviors</i> , 2020, 105, 106317.	1.7	3
1118	Self-Reported Trait Mindfulness and Couplesâ€™ Relationship Satisfaction: a Meta-Analysis. <i>Mindfulness</i> , 2020, 11, 835-848.	1.6	34
1119	Psychological Processes and Symptom Outcomes in Mindfulness-Based Stress Reduction for Cancer Survivors: A Pilot Study. <i>Mindfulness</i> , 2020, 11, 905-916.	1.6	0
1120	Personality and nonjudging make you happier: Contribution of the Five-Factor Model, mindfulness facets and a mindfulness intervention to subjective well-being. <i>PLoS ONE</i> , 2020, 15, e0228655.	1.1	11
1121	Validation of a Short-Form Five Facet Mindfulness Questionnaire Instrument in China. <i>Frontiers in Psychology</i> , 2019, 10, 3031.	1.1	26
1122	Cumulative Trauma Exposure and Mindfulness in College Students. <i>Journal of College Counseling</i> , 2020, 23, 30-43.	0.6	3
1123	Social support, emotion regulation and mindfulness: A linkage towards social anxiety among adolescents attending secondary schools in Birgunj, Nepal. <i>PLoS ONE</i> , 2020, 15, e0230991.	1.1	11
1124	The interplay between mindfulness, depression, stress and academic performance in medical students: A Saudi perspective. <i>PLoS ONE</i> , 2020, 15, e0231088.	1.1	35
1125	Neural Correlate of Acceptance: Relating Individual Differences in Dispositional Acceptance to Error Processing. <i>Mindfulness</i> , 2020, 11, 1401-1412.	1.6	1
1126	The explanatory role of facets of dispositional mindfulness and negative beliefs about worry in anxiety symptoms. <i>Personality and Individual Differences</i> , 2020, 160, 109933.	1.6	5
1127	Mindfulness-based stress reduction improves irritable bowel syndrome (IBS) symptoms via specific aspects of mindfulness. <i>Neurogastroenterology and Motility</i> , 2020, 32, e13828.	1.6	35
1128	Profiles of Mindfulness across Adulthood. <i>Mindfulness</i> , 2020, 11, 1557-1569.	1.6	14

#	ARTICLE	IF	CITATIONS
1129	The impact of state and dispositional mindfulness on prospective memory: A virtual reality study. <i>Consciousness and Cognition</i> , 2020, 81, 102920.	0.8	8
1130	Is Dispositional Self-Compassion Associated With Psychophysiological Flexibility Beyond Mindfulness? An Exploratory Pilot Study. <i>Frontiers in Psychology</i> , 2020, 11, 614.	1.1	9
1131	Facets of Mindfulness in Stages of Behavior Change Toward Organic Food Consumption. <i>Mindfulness</i> , 2020, 11, 1354-1369.	1.6	20
1132	Predicting hallucination proneness based on mindfulness in university students: the mediating role of mental distress. <i>Community Mental Health Journal</i> , 2021, 57, 203-211.	1.1	5
1133	Intervention Design and Trial Protocol: Mindfulness-based Exposure for PAP-associated Claustrophobia. <i>Western Journal of Nursing Research</i> , 2021, 43, 261-272.	0.6	2
1134	Mindfulness Predicts Psycho-behavioral Improvement after Breast Cancer Diagnosis: Influence of Childhood Adversity. <i>Western Journal of Nursing Research</i> , 2021, 43, 239-249.	0.6	6
1135	Relationship Between Mindfulness, Psychopathological Symptoms, and Academic Performance in University Students. <i>Psychological Reports</i> , 2021, 124, 459-478.	0.9	19
1136	Factorial validity and invariance analysis of the five items version of <i>Mindful Awareness Attention Scale</i> in older adults. <i>Aging and Mental Health</i> , 2021, 25, 756-765.	1.5	9
1137	Examining Facets of Mindfulness in the Relationship Between Invalidating Childhood Environments and Emotion Regulation. <i>Psychological Reports</i> , 2021, 124, 1134-1149.	0.9	2
1138	Dispositional Mindfulness and Serenity: Their Unique Relations with Stress and Mental Well-being. <i>Journal of Happiness Studies</i> , 2021, 22, 1517-1536.	1.9	10
1139	A Pilot Randomized Trial of a Mindfulness-Informed Intervention for Child Welfare-Involved Families. <i>Mindfulness</i> , 2021, 12, 420-435.	1.6	8
1140	Parent Mindfulness, Parenting, and Child Psychopathology in China. <i>Mindfulness</i> , 2021, 12, 334-343.	1.6	56
1141	The Relationship between Trait Mindfulness and Emotional Reactivity Following Mood Manipulation. <i>Mindfulness</i> , 2021, 12, 170-185.	1.6	9
1142	Differential Contribution of the Five Facets of Mindfulness to Well-being and Psychological Distress. <i>Mindfulness</i> , 2021, 12, 693-700.	1.6	16
1143	Outcomes of "Brain Breaks": Short Consistent Meditation and Silent Sessions in the College Classroom Are Associated with Subtle Benefits. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2021, 5, 99-117.	0.8	3
1144	Impact of mindfulness-based cognitive therapy on counseling self-efficacy: A randomized controlled crossover trial. <i>Patient Education and Counseling</i> , 2021, 104, 360-368.	1.0	16
1145	Metacognition, Mindfulness Attention Awareness, and Their Relationships with Depression and Anxiety. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2021, 39, 183-200.	1.0	11
1146	Emotion regulation processes and middle-aged Japanese women's health. <i>Climacteric</i> , 2021, 24, 200-205.	1.1	2

#	ARTICLE	IF	CITATIONS
1147	Like clouds in a windy sky: Mindfulness training reduces negative affect reactivity in daily life in a randomized controlled trial. <i>Stress and Health</i> , 2021, 37, 232-242.	1.4	4
1148	Randomized controlled trial of a group intervention combining self-hypnosis and self-care: secondary results on self-esteem, emotional distress and regulation, and mindfulness in post-treatment cancer patients. <i>Quality of Life Research</i> , 2021, 30, 425-436.	1.5	13
1149	Mindfulness, mood, and food: The mediating role of positive affect. <i>Appetite</i> , 2021, 158, 105001.	1.8	13
1150	Technology supported mindfulness for obsessive compulsive disorder: Self-reported mindfulness and EEG correlates of mind wandering. <i>Behaviour Research and Therapy</i> , 2021, 136, 103757.	1.6	21
1151	The Impact of App-Delivered Mindfulness Meditation on Functional Connectivity and Self-Reported Mindfulness Among Health Profession Trainees. <i>Mindfulness</i> , 2021, 12, 92-106.	1.6	18
1152	Mindfulness and De-automatization: Effect of Mindfulness-Based Interventions on Emotional Facial Expressions Processing. <i>Mindfulness</i> , 2021, 12, 226-239.	1.6	11
1153	A Pragmatic Study of the Impact of a Brief Mindfulness Intervention on Prisoners and Staff in a Category B Prison and Men Subject to Community-Based Probation Supervision. <i>International Journal of Offender Therapy and Comparative Criminology</i> , 2021, 65, 136-156.	0.8	9
1154	Facets of Mindfulness as Predictors of Emotional Distress Among Chinese Adults with Chronic Musculoskeletal Pain. <i>Mindfulness</i> , 2021, 12, 775-783.	1.6	4
1155	Network Analysis of Mindfulness Facets, Affect, Compassion, and Distress. <i>Mindfulness</i> , 2021, 12, 911-922.	1.6	29
1156	Adult attachment and Mindfulness: Examining directionality, causality, and theoretical implications. <i>Journal of Research in Personality</i> , 2021, 90, 104043.	0.9	7
1157	Distress and risk perception in people living with multiple sclerosis during the early phase of the COVID-19 pandemic. <i>Multiple Sclerosis and Related Disorders</i> , 2021, 47, 102618.	0.9	25
1158	Mind your gaze: Examining the relation between trait mindfulness and visual attention to valenced images. <i>Behavioural Brain Research</i> , 2021, 401, 113063.	1.2	4
1159	Effectiveness of Mindfulness Meditation vs Headache Education for Adults With Migraine. <i>JAMA Internal Medicine</i> , 2021, 181, 317.	2.6	87
1160	Mindfulness Training for Adults with Attention-Deficit/Hyperactivity Disorder: Implementation of Mindful Awareness Practices in a French-Speaking Attention-Deficit/Hyperactivity Disorder Unit. <i>Journal of Alternative and Complementary Medicine</i> , 2021, 27, 179-183.	2.1	2
1161	The Association Between Implicit Racial Bias and Mindfulness in Mental Health Practitioners. <i>Journal of Counseling and Development</i> , 2021, 99, 11-23.	1.3	12
1162	Examining Transdiagnostic Factors among Firefighters in Relation to Trauma Exposure, Probable PTSD, and Probable Alcohol Use Disorder. <i>Journal of Dual Diagnosis</i> , 2021, 17, 52-63.	0.7	13
1163	Problematic Internet Use and Psychosocial Well-being: Role of Mindfulness Mediated by Self-Control and Negative Affect. <i>IIM Kozhikode Society &amp; Management Review</i> , 2021, 10, 99-112.	1.8	5
1164	Psychometric Properties of the 15-Item Five Facet Mindfulness Questionnaire in a Large Sample of Spanish Pilgrims. <i>Mindfulness</i> , 2021, 12, 852-862.	1.6	8



#	ARTICLE	IF	CITATIONS
1165	Training emotion regulation processes in alcohol-abstinent individuals: A pilot study. <i>Addictive Behaviors</i> , 2021, 114, 106652.	1.7	11
1166	Impulsivity and Mindfulness among Inpatients with Alcohol Use Disorder. <i>Substance Use and Misuse</i> , 2021, 56, 25-32.	0.7	9
1167	Advancing the Assessment of Mindfulness-Based Meditation Practice: Psychometric Evaluation of the Mindfulness Adherence Questionnaire. <i>Cognitive Therapy and Research</i> , 2021, 45, 190-204.	1.2	8
1168	Dispositional Mindfulness Moderates the Relationship Between Family Risks and Chinese Parents' Mental Health. <i>Mindfulness</i> , 2021, 12, 672-682.	1.6	5
1169	Development and Initial Validation of the Relaxation Sensitivity Index. <i>International Journal of Cognitive Therapy</i> , 2021, 14, 320-340.	1.3	2
1170	Simultaneous EEG and pupillary evidence for post-error arousal during a speeded performance task. <i>European Journal of Neuroscience</i> , 2021, 53, 543-555.	1.2	9
1171	Improving Mental Health and Well-Being through Informal Mindfulness Practices: An Intervention Study. <i>Applied Psychology: Health and Well-Being</i> , 2021, 13, 63-83.	1.6	30
1172	Correlates and Mediators of Dissociation: Towards a Trans-theoretical Perspective. <i>Imagination, Cognition and Personality</i> , 2021, 40, 372-392.	0.5	8
1173	Immediate effects of meditation in college students: A pilot study examining the role of baseline attention performance and trait mindfulness. <i>Journal of American College Health</i> , 2021, 69, 38-46.	0.8	8
1174	To Erect Temples to Virtue: Effects of State Mindfulness on Other-Focused Ethical Behaviors. <i>Journal of Business Ethics</i> , 2021, 169, 785-798.	3.7	13
1175	A self-regulation model of leader authenticity based on mindful self-regulated attention and political skill. <i>Human Relations</i> , 2021, 74, 473-501.	3.8	19
1176	Mechanisms of Change in Mindfulness-Based Cognitive Therapy in Adults With ADHD. <i>Journal of Attention Disorders</i> , 2021, 25, 1331-1342.	1.5	13
1177	Maternal Mindfulness and School-Age Children's Emotion Regulation: Mediation by Positive Parenting Practices and Moderation by Maternal Perceived Life Stress. <i>Mindfulness</i> , 2021, 12, 306-318.	1.6	9
1179	Adaptive Coping: Psychological Mindfulness for Teachers. , 2021, , 51-90.		0
1180	Mindfulness for the Development of Relational Therapeutic Skills for Health Professionals. , 2021, , 179-188.		0
1181	Mindfulness and Silent Sitting in the Classroom. , 2021, , 55-78.		0
1182	Clinical Efficacy and Psychological Mechanisms of an App-Based Digital Therapeutic for Generalized Anxiety Disorder: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2021, 23, e26987.	2.1	13
1183	Mindfulness, anxiety, and perceived stress in university students: Comparing a mindfulness-based intervention (MBI) against active and traditional control conditions. <i>Journal of American College Health</i> , 2022, 70, 2116-2125.	0.8	4

#	ARTICLE	IF	CITATIONS
1184	Leader Mindfulness: Well-Being Throughout the Organization. , 2021, , 1111-1137.		3
1185	Self-acceptance and nonreactive observing predict adolescent psychopathology over and above the big five. <i>Current Psychology</i> , 2022, 41, 7185-7199.	1.7	4
1186	Psychometric Properties of the Five Facets Mindfulness Questionnaire in Moderate-to-Severe, Persistent Depression. <i>Mindfulness</i> , 2021, 12, 1009-1021.	1.6	4
1187	Listening Fast and Slow. <i>Advances in Linguistics and Communication Studies</i> , 2021, , 172-188.	0.2	1
1188	The Contribution of Common and Specific Therapeutic Factors to Mindfulness-Based Intervention Outcomes. <i>Frontiers in Psychology</i> , 2020, 11, 603394.	1.1	24
1189	Refinement and Validation of the Balanced Inventory of Mindfulness-Related Skills (BIMS). <i>Mindfulness</i> , 2021, 12, 1208-1223.	1.6	3
1190	Workplace Cyberbullying. <i>Advances in Human Resources Management and Organizational Development Book Series</i> , 2020, , 23-44.	0.2	2
1191	Developing and Validating a Japanese Version of the Multidimensional Attitude toward Ambiguity Scale (MAAS). <i>Psychology</i> , 2021, 12, 477-497.	0.3	4
1192	Quality of Life among Adolescents in Hong Kong: General and Gender-Specific Effects of Self-Efficacy and Mindfulness. <i>Applied Research in Quality of Life</i> , 2021, 16, 2311-2334.	1.4	9
1193	Brief mindfulness-based training and mindfulness trait attenuate psychological stress in university students: a randomized controlled trial. <i>BMC Psychology</i> , 2021, 9, 21.	0.9	26
1194	The Art of Happiness: An Explorative Study of a Contemplative Program for Subjective Well-Being. <i>Frontiers in Psychology</i> , 2021, 12, 600982.	1.1	4
1195	Psychometric properties of the Chinese version of Five Facet Mindfulness Questionnaire’s short form in cancer patients: a Bayesian structural equation modeling approach. <i>Health and Quality of Life Outcomes</i> , 2021, 19, 51.	1.0	11
1196	Modifiable Psychological Factors Affecting Functioning in Fibromyalgia. <i>Journal of Clinical Medicine</i> , 2021, 10, 803.	1.0	8
1197	Mindfulness as a mediator between trauma exposure and mental health outcomes: Results from the National Health and Resilience in Veterans Study.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2021, 13, 223-230.	1.4	12
1198	Adverse Childhood Experiences and Psychological Well-Being in Chinese College Students: Mediation Effect of Mindfulness. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1636.	1.2	12
1199	Smoking Cessation Using Wearable Sensors: Protocol for a Microrandomized Trial. <i>JMIR Research Protocols</i> , 2021, 10, e22877.	0.5	2
1200	Enhancing Mental Health Services for Survivors of Intimate Partner Violence: A Stage One Pilot. <i>Community Mental Health Journal</i> , 2021, 57, 1588-1594.	1.1	1
1201	Positive schizotypy and the experience of creativity: The distinctive roles of suspiciousness and dispositional mindfulness. <i>Schizophrenia Research</i> , 2021, 228, 151-158.	1.1	7

#	ARTICLE	IF	CITATIONS
1202	Examining Impacts of a Peer-Based Mindfulness and Yoga Intervention to Reduce Interpersonal Violence Among Young Adults Experiencing Homelessness. <i>Journal of the Society for Social Work and Research</i> , 2021, 12, 41-57.	0.9	2
1203	Dispositional Mindfulness and Inflammatory Bowel Disease: Mindful Awareness Mediates the Relation Between Severity and Quality of Life, Stress, and Fatigue. <i>Mindfulness</i> , 2021, 12, 1524-1533.	1.6	6
1204	Moral Injury and the Absurd: The suffering of moral paradox. <i>Journal of Religion and Health</i> , 2021, 60, 3012-3033.	0.8	16
1205	Applying the Mindful Parenting Program Among Chinese Parents of Children with ADHD: A Randomized Control Trial. <i>Mindfulness</i> , 2021, 12, 1473-1489.	1.6	9
1206	Mindfulness Assessment Scales: A Critical Review. <i>The Korean Journal of Psychology General</i> , 2021, 40, 33-74.	0.3	1
1207	The Impact of a Web-Based Mindfulness, Nutrition, and Physical Activity Platform on the Health Status of First-Year University Students: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2021, 10, e24534.	0.5	12
1208	Evaluation of a structured skills training group for adolescents with attention-deficit/hyperactivity disorder: a randomised controlled trial. <i>European Child and Adolescent Psychiatry</i> , 2022, 31, 1-13.	2.8	6
1209	Take me into the ball game: an examination of a brief psychological skills training and mindfulness-based intervention with baseball players. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 612-629.	1.1	7
1210	Emotion regulation, mindfulness, and self-compassion among patients with borderline personality disorder, compared to healthy control subjects. <i>PLoS ONE</i> , 2021, 16, e0248409.	1.1	6
1211	Mindfulness and personality: More natural for some than others and how it matters.. <i>Consulting Psychology Journal</i> , 2021, 73, 51-64.	0.6	1
1212	Modeling the mindfulness-meaning theory's mindful reappraisal hypothesis: Replication with longitudinal data from a randomized controlled study. <i>Stress and Health</i> , 2021, 37, 778-789.	1.4	23
1213	Vocational Identity Resources in Emerging Adulthood: Associations With Facets of Dispositional Mindfulness. <i>Career Development Quarterly</i> , 2021, 69, 2-18.	0.8	7
1214	Effects of 8-Week Tai Chi Chuan Practice on Mindfulness Level. <i>Mindfulness</i> , 2021, 12, 1534-1541.	1.6	8
1215	Specific mindfulness traits protect against negative effects of trait anxiety on medical student wellbeing during high-pressure periods. <i>Advances in Health Sciences Education</i> , 2021, 26, 1095-1111.	1.7	16
1216	The relationship between alexithymia and self-harm: The mediating role of mindfulness. <i>Current Psychology</i> , 2023, 42, 1516-1528.	1.7	1
1217	Internet-delivered Mindfulness-Based Cognitive Therapy for anxiety and depression in cancer survivors: Predictors of treatment response. <i>Internet Interventions</i> , 2021, 23, 100365.	1.4	15
1218	Individual and social psychological factors to explain climate change efficacy: The role of mindfulness, sense of global community, and egalitarianism. <i>Journal of Community Psychology</i> , 2021, 49, 2003-2022.	1.0	7
1219	Comparison of the Effectiveness of an Abbreviated Program versus a Standard Program in Mindfulness, Self-Compassion and Self-Perceived Empathy in Tutors and Resident Intern Specialists of Family and Community Medicine and Nursing in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4340.	1.2	11

#	ARTICLE	IF	CITATIONS
1220	Wellbeing, burnout, and safe practice among healthcare professionals: predictive influences of mindfulness, values, and self-compassion. <i>Psychology, Health and Medicine</i> , 2022, 27, 1130-1143.	1.3	23
1221	When the capacity to be alone is associated with psychological distress among Chinese adolescents: Individuals with low mindfulness or high rumination may suffer more by their capacity to be alone. <i>Current Psychology</i> , 2023, 42, 5110-5122.	1.7	2
1222	Mindfulness-Based Stress Reduction Interventions for Mood in Older Adults: How Do Qualitative Experiences Inform Clinical Response?. <i>Mindfulness</i> , 2021, 12, 1733-1747.	1.6	1
1223	Challenges and Opportunities of Immersive Technologies for Mindfulness Meditation: A Systematic Review. <i>Frontiers in Virtual Reality</i> , 2021, 2, .	2.5	34
1224	A brief mindfulness-based intervention (bMBI) to reduce teacher stress and burnout. <i>Teaching and Teacher Education</i> , 2021, 100, 103284.	1.6	28
1225	Does Mindfulness Linked to Harmful Behaviors?: The Moderating Effect of Ethics on the Relationships between Mindfulness and Proactive Aggression. <i>Japanese Journal of Personality</i> , 2021, 30, 1-11.	0.0	2
1226	Evaluating the Implementation and Effectiveness of a Low-Dose Mindfulness-Based Intervention in a Student Sample: a Randomized Controlled Trial. <i>Mindfulness</i> , 2021, 12, 1438-1450.	1.6	14
1227	Mindfulness Is Linked with Affectivity in Daily Life: An Experience-Sampling Study with Meditators. <i>Mindfulness</i> , 2021, 12, 1459-1472.	1.6	4
1228	Validation of a Chinese version of the five facet mindfulness questionnaire and development of a short form based on item response theory. <i>Current Psychology</i> , 2023, 42, 4212-4224.	1.7	3
1229	Metaphor can influence meta-thinking and affective levels in guided meditation. <i>Current Psychology</i> , 2023, 42, 3617-3629.	1.7	3
1231	Protective role of mindfulness, self-compassion and psychological flexibility on the burnout subtypes among psychology and nursing undergraduate students. <i>Journal of Advanced Nursing</i> , 2021, 77, 3398-3411.	1.5	14
1232	Using the Broaden-and-Build Theory to Test a Model of Mindfulness, Affect, and Stress. <i>Mindfulness</i> , 2021, 12, 1696-1707.	1.6	7
1233	How could mindfulness-based intervention reduce aggression in adolescent? Mindfulness, emotion dysregulation and self-control as mediators. <i>Current Psychology</i> , 0, , 1.	1.7	3
1234	Mindfulness Buffers the Effect of Inauthenticity on Depression. <i>Psychological Reports</i> , 2022, 125, 1977-1987.	0.9	5
1235	The Effect of Mindfulness and Compassion Meditation on State Empathy and Emotion. <i>Mindfulness</i> , 2021, 12, 1768-1778.	1.6	3
1236	Healthy trees â€“ Healthy people: A model for engaging citizen scientists in exotic pest detection in urban parks. <i>Urban Forestry and Urban Greening</i> , 2021, 60, 127067.	2.3	8
1237	Naturalistic development of trait mindfulness: A longitudinal examination of victimization and supportive relationships in early adolescence. <i>PLoS ONE</i> , 2021, 16, e0250960.	1.1	2
1238	In search of mindfulness: a review and reconsideration of cultural dynamics from a cognitive perspective. <i>Journal of the Royal Society of New Zealand</i> , 2022, 52, 168-191.	1.0	13

#	ARTICLE	IF	CITATIONS
1239	Adverse Childhood Experiences and Mindfulness in Chinese College Students During the COVID-19 Pandemic. <i>Frontiers in Psychiatry</i> , 2021, 12, 619128.	1.3	8
1240	Examining the Relationship Between Trait Rumination and Mindfulness Across Development and Risk Status. <i>Mindfulness</i> , 2021, 12, 1965-1975.	1.6	3
1241	Mindfulness and equanimity moderate approach/avoidance motor responses. <i>Cognition and Emotion</i> , 2021, 35, 1085-1098.	1.2	8
1242	Mindfulness, depression, and emotional eating: The moderating role of nonjudging of inner experience. <i>Appetite</i> , 2021, 160, 105089.	1.8	8
1243	Mindfulness and Next-Generation Members of Family Firms: A Source for Sustainability. <i>Sustainability</i> , 2021, 13, 5380.	1.6	5
1244	Differences between meditators and non-meditators in mindfulness, its components and related qualities. <i>Current Psychology</i> , 0, , 1.	1.7	3
1245	Mindfulness-based stress reduction for breast cancer survivors (MBSR(BC)): evaluating mediators of psychological and physical outcomes in a large randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2021, 44, 591-604.	1.1	12
1246	The effects of app-based mindfulness practice on the well-being of university students and staff. <i>Current Psychology</i> , 2023, 42, 4412-4421.	1.7	21
1247	The Individual Green-Washing Effect in E-Mobility: Emotional Evaluations of Electric and Gasoline Cars. <i>Frontiers in Psychology</i> , 2021, 12, 594844.	1.1	8
1248	Effects of Brief Mindfulness Interventions on the Interference Induced by Experimental Heat Pain on Cognition in Healthy Individuals. <i>Frontiers in Pain Research</i> , 2021, 2, 673027.	0.9	2
1250	Workplace mindfulness: An integrative review of antecedents, mediators, and moderators. <i>Human Resource Management Review</i> , 2022, 32, 100849.	3.3	20
1251	Mindfulness-based stress reduction adapted to pregnant women with psychosocial vulnerabilities—a protocol for a randomized feasibility study in a Danish hospital-based outpatient setting. <i>Pilot and Feasibility Studies</i> , 2021, 7, 118.	0.5	4
1252	Promoting recovery in daily life: study protocol for a randomized controlled trial. <i>BMC Psychology</i> , 2021, 9, 91.	0.9	1
1253	When does emotional intelligence (EI) benefit team-member exchange? The cross-level moderating role of EI-based leader-member exchange differentiation. <i>Career Development International</i> , 2021, 26, 391-414.	1.3	4
1254	Optimism, mindfulness, and resilience as potential protective factors for the mental health consequences of fear of the coronavirus. <i>Psychiatry Research</i> , 2021, 300, 113927.	1.7	84
1255	The Mental Health and Wellbeing of University Students: Acceptability, Effectiveness, and Mechanisms of a Mindfulness-Based Course. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6023.	1.2	20
1256	The Relationship Between Mindfulness and Cognitive Flexibility of University Students. <i>Yaşlım Becerileri Psikoloji Dergisi</i> , 2021, 5, 11-20.	0.2	6
1257	Mindfulness Promotes Online Prosocial Behavior via Cognitive Empathy. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7017.	1.2	5

#	ARTICLE	IF	CITATIONS
1258	City gas distribution projects delay in India: a critical assessment of risks. <i>International Journal of Energy Sector Management</i> , 2021, ahead-of-print, .	1.2	4
1259	Mindfulness-Based Cognitive Therapy vs. Psycho-education for Patients with Anxiety Disorders Who Did Not Achieve Remission Following Adequate Pharmacological Treatment. <i>Mindfulness</i> , 2021, 12, 2059-2075.	1.6	1
1260	Sustained, Multifaceted Improvements in Mental Well-Being Following Psychedelic Experiences in a Prospective Opportunity Sample. <i>Frontiers in Psychiatry</i> , 2021, 12, 647909.	1.3	21
1261	Relationships Between Mindfulness Facets and Mental and Physical Health in Meditating and Nonmeditating University Students. <i>European Journal of Health Psychology</i> , 2021, 28, 1-10.	0.3	3
1262	“We really need this” Trauma-informed yoga for Veteran women with a history of military sexual trauma. <i>Complementary Therapies in Medicine</i> , 2021, 59, 102729.	1.3	15
1263	Anxiety sensitivity and suicide risk: Mindfulness as a psychological buffer for Black adults. <i>Journal of Affective Disorders</i> , 2021, 289, 74-80.	2.0	5
1264	Are explicit and implicit affective attitudes toward different body shape categories related to the own body-satisfaction in young women? The role of mindfulness, self-compassion and social media activity. <i>Psychological Research</i> , 2022, 86, 698-710.	1.0	1
1265	Schema modes and their associations with emotion regulation, mindfulness, and self-compassion among patients with personality disorders. <i>Borderline Personality Disorder and Emotion Dysregulation</i> , 2021, 8, 19.	1.1	8
1266	Dance movement therapy for depressed clients: Profiles of the level and changes in depression. <i>Body, Movement and Dance in Psychotherapy</i> , 2022, 17, 133-149.	0.8	3
1267	Predictors and moderators of outcomes in mindfulness-based cognitive therapy intervention for early breast cancer patients. <i>Palliative and Supportive Care</i> , 2022, 20, 159-166.	0.6	6
1268	Prosocial motivation as a mediator between dispositional mindfulness and prosocial behavior. <i>Personality and Individual Differences</i> , 2021, 177, 110806.	1.6	13
1269	Resilience mediates the cross-sectional relationship between mindfulness and positive mental health in early adolescence. <i>Journal of Contextual Behavioral Science</i> , 2021, 21, 171-175.	1.3	7
1270	MYPATH: A novel mindfulness and yoga-based peer leader intervention to prevent violence among youth experiencing homelessness. <i>Journal of Community Psychology</i> , 2022, 50, 1952-1965.	1.0	3
1271	THE EFFECTS OF SHORT TERM AND LONG TERM NAAD YOGA MEDITATION TRAINING ON MINDFULNESS IN UNIVERSITY STUDENTS. <i>International Journal of Research -GRANTHAALAYAH</i> , 2021, 9, 292-298.	0.1	0
1272	A network approach to the five-facet model of mindfulness. <i>Scientific Reports</i> , 2021, 11, 15094.	1.6	9
1273	Trends and Developments in Mindfulness Research over 55 Years: A Bibliometric Analysis of Publications Indexed in Web of Science. <i>Mindfulness</i> , 2021, 12, 2099-2116.	1.6	87
1274	The Role of Mindfulness in the Intimate Relationships and Psychological Wellbeing in Emerging Adulthood. <i>Social Sciences</i> , 2021, 10, 259.	0.7	2
1275	A Network Analysis of the Five Facets Mindfulness Questionnaire (FFMQ). <i>Mindfulness</i> , 2021, 12, 2281-2294.	1.6	15

#	ARTICLE	IF	CITATIONS
1276	Effects of Mindfulness Meditation on Musical Aesthetic Emotion Processing. <i>Frontiers in Psychology</i> , 2021, 12, 648062.	1.1	7
1277	Initial Validation of the Mindful Presence Scale: The Issue of the Construal Level of Scale Items. <i>Frontiers in Psychology</i> , 2021, 12, 626084.	1.1	2
1278	The Effects of COVID-19 Risk Perception on Travel Intention: Evidence From Chinese Travelers. <i>Frontiers in Psychology</i> , 2021, 12, 655860.	1.1	46
1279	Sexual Minority Status, Affect Lability, and Suicide Ideation: Buffering Role of Trait Mindfulness. <i>Archives of Suicide Research</i> , 2022, 26, 1926-1943.	1.2	2
1280	There is virtue in mindfulness: The relationship between the mindfulness manifold, virtues, and eudemonic wellbeing. <i>Personality and Individual Differences</i> , 2021, 176, 110767.	1.6	8
1281	Is Negative Emotion Differentiation Associated With Emotion Regulation Choice? Investigations at the Person and Day Level. <i>Frontiers in Psychology</i> , 2021, 12, 684377.	1.1	4
1282	Associations between psychological distress and facets of mindfulness: Implications for campus-based university wellness services. <i>Journal of American College Health</i> , 2023, 71, 1074-1083.	0.8	4
1283	Efficacy of a mindfulness-based programme with and without virtual reality support to reduce stress in university students: A randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2021, 142, 103866.	1.6	23
1284	Does variability across three universities in the implementation of a college course on human flourishing affect student outcomes?. <i>Journal of American College Health</i> , 2023, 71, 1111-1124.	0.8	2
1285	Does Psychedelic Therapy Have a Transdiagnostic Action and Prophylactic Potential?. <i>Frontiers in Psychiatry</i> , 2021, 12, 661233.	1.3	41
1286	Translation, Cross-Cultural Adaptation, and Psychometric Validation of the English Version of the Postural Awareness Scale. <i>Pain Medicine</i> , 2021, 22, 2686-2699.	0.9	1
1287	Effects of Facets of Mindfulness on College Adjustment Among First-Year Chinese College Students: The Mediating Role of Resilience. <i>Psychology Research and Behavior Management</i> , 2021, Volume 14, 1101-1109.	1.3	6
1288	Mentalizing imagery therapy for depressed family dementia caregivers: Feasibility, clinical outcomes and brain connectivity changes. <i>Journal of Affective Disorders Reports</i> , 2021, 5, 100155.	0.9	6
1289	Mindfulness Versus Cognitive Reappraisal: the Impact of Mindfulness-Based Stress Reduction (MBSR) on the Early and Late Brain Potential Markers of Emotion Regulation. <i>Mindfulness</i> , 2021, 12, 2266-2280.	1.6	8
1290	Physical activity to address multimorbidity among survivors of sexual violence: A comprehensive narrative review. <i>Psychology of Sport and Exercise</i> , 2021, 55, 101962.	1.1	10
1291	Workplace spirituality, self-compassion and mindfulness as antecedents of employee mental wellbeing. <i>South Asian Journal of Business Studies</i> , 2023, 12, 269-292.	0.5	9
1292	When you are talking to yourself, is anybody listening? The relationship between inner speech, self-awareness, wellbeing, and multiple aspects of self-regulation. <i>International Journal of Personality Psychology</i> , 0, 7, 8-24.	0.0	6
1293	Yoga-Based Group Intervention for In-patients With Schizophrenia Spectrum Disorders—A Qualitative Approach. <i>Frontiers in Psychiatry</i> , 2021, 12, 715670.	1.3	3

#	ARTICLE	IF	CITATIONS
1294	Cyberbullying victimization and nonsuicidal self-injury in adolescents: The role of maladaptive schemas and dispositional mindfulness. <i>Child Abuse and Neglect</i> , 2021, 118, 105135.	1.3	27
1295	Effect of interventions for the well-being, satisfaction and flourishing of general practitionersâ€™ a systematic review. <i>BMJ Open</i> , 2021, 11, e046599.	0.8	13
1296	Dispositional mindfulness predicting psychological adjustment among college students: the role of rumination and gender. <i>Journal of American College Health</i> , 2023, 71, 1584-1595.	0.8	4
1297	Endocrine and psychosocial moderators of mindfulness-based stress reduction for the prevention of perimenopausal depressive symptoms: A randomized controlled trial. <i>Psychoneuroendocrinology</i> , 2021, 130, 105277.	1.3	18
1298	Exploring the Multidimensional Links Between Trait Mindfulness and Trait Empathy. <i>Frontiers in Psychiatry</i> , 2021, 12, 498614.	1.3	5
1299	Alcohol Use and Aggression Among Men in Residential Treatment for Substance Use Disorders: the Moderating Role of Mindfulness Facets. <i>Mindfulness</i> , 2021, 12, 2681-2692.	1.6	0
1300	Psychological mediators of avoidance and endurance behavior after concussion.. <i>Rehabilitation Psychology</i> , 2021, 66, 470-478.	0.7	9
1301	Humility in Seminary Student Formation: A Mixed Method Community Action Study. <i>Journal of Spiritual Formation and Soul Care</i> , 2021, 14, 211-234.	0.1	3
1302	How Relevant is the Systemic Oxytocin Concentration for Human Sexual Behavior? A Systematic Review. <i>Sexual Medicine</i> , 2021, 9, 100370-100370.	0.9	15
1303	A Multivariate Randomized Controlled Experiment about the Effects of Mindfulness Priming on EEG Neurofeedback Self-Regulation Serious Games. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 7725.	1.3	3
1304	Measuring Mindfulness in Emergency Telecommunicators: A Preliminary Study of a Revised Observing Construct. <i>Mindfulness</i> , 2021, 12, 2339-2353.	1.6	1
1305	Sanal gerÅ§elik uygulamalarÄ±yla mindfulness temelli stres azaltma programÄ±nÄ±n hemÅirelikte kullanÄ±mÄ±. , 2021, 6, 121-131.		1
1306	Exploratory and Confirmatory Bayesian Networks Identify the Central Role of Non-judging in Symptoms of Depression. <i>Mindfulness</i> , 2021, 12, 2544-2551.	1.6	3
1307	Mindfulness and Sexual Mindfulness as Moderators Between Conflict Resolution and Sexual and Relationship Satisfaction. <i>Journal of Sex and Marital Therapy</i> , 2021, 47, 814-828.	1.0	10
1308	Is Parental Mindfulness Associated with Quality of Life and Itch Intensity in Children with Psoriasis and Eczema and Well-being in Parents?. <i>Mindfulness</i> , 2021, 12, 2707-2717.	1.6	2
1309	3-Doors Compassion Project: Examining the longitudinal effects of a nine-month Tibetan mind-body meditation program. <i>Current Psychology</i> , 0, , 1.	1.7	0
1310	Why should teachers cultivate resilience through mindfulness?. <i>Journal of Psychologists and Counsellors in Schools</i> , 2022, 32, 3-14.	0.5	2
1311	Mindfulness-Based Stress Reduction for Coronary Artery Disease Patients: Potential Improvements in Mastery and Depressive Symptoms. <i>Journal of Clinical Psychology in Medical Settings</i> , 2022, 29, 489-497.	0.8	2



#	ARTICLE	IF	CITATIONS
1312	Validation of the English-Language Version of the Five Facet Mindfulness Questionnaire in India: a Rasch Analysis. <i>Mindfulness</i> , 2021, 12, 2955-2965.	1.6	4
1313	Predictive Associations of Dispositional Mindfulness Facets with Anxiety and Depression: a Meta-analytic Structural Equation Modeling Approach. <i>Mindfulness</i> , 2022, 13, 37-53.	1.6	10
1314	Caregiversâ€™ Considerations of Remorse and Responsibility Among Youth Who Sexually Offend. <i>Journal of Interpersonal Violence</i> , 2021, , 088626052110428.	1.3	1
1315	Mindfulness Training for Primary Care for Portuguese-Speaking Immigrants: A Pilot Study. <i>Frontiers in Psychiatry</i> , 2021, 12, 664381.	1.3	4
1316	Differential Effects of Mindfulness-Based Intervention Programs at Work on Psychological Wellbeing and Work Engagement. <i>Frontiers in Psychology</i> , 2021, 12, 715146.	1.1	3
1317	The measurement and benefit of decentering for coping self-efficacy, flexibility, and ways of coping with interpersonal stress. <i>Personality and Individual Differences</i> , 2021, 179, 110932.	1.6	6
1318	Educatorsâ€™ implementation and use of social and emotional learning early in the COVID-19 pandemic.. <i>School Psychology</i> , 2021, 36, 388-397.	1.7	16
1319	Feasibility and acceptability of mindful recovery opioid use care continuum (M-ROCC): A concurrent mixed methods study. <i>Journal of Substance Abuse Treatment</i> , 2021, 130, 108415.	1.5	9
1320	Disentangling the link between mindfulness and dissociation: The mediating role of attention and emotional acceptance. <i>European Journal of Trauma and Dissociation</i> , 2021, 5, 100220.	0.6	6
1321	What do people mean when they talk about mindfulness?. <i>Clinical Psychology Review</i> , 2021, 89, 102085.	6.0	26
1322	Mindfulness and academic emotions: A field study during a lecture. <i>Learning and Individual Differences</i> , 2021, 92, 102079.	1.5	3
1323	Development and Validation of the Four Facet Mindful Eating Scale (FFaMES). <i>Appetite</i> , 2022, 168, 105689.	1.8	15
1324	Being Mindful at University: A Pilot Evaluation of the Feasibility of an Online Mindfulness-Based Mental Health Support Program for Students. <i>Frontiers in Psychology</i> , 2020, 11, 581086.	1.1	14
1325	Effects of a Brief Mindfulness-Based Attentional Intervention on Threat-Related Perceptual Decision-Making. <i>Mindfulness</i> , 2021, 12, 959-969.	1.6	2
1326	Mental health and quality of life of patients undergoing hematopoietic stem cell transplantation (HSCT) prior to hospitalization: a cross-sectional complete state health study. <i>Health Psychology and Behavioral Medicine</i> , 2021, 9, 70-83.	0.8	0
1327	The Development of Mindfulness in Young Adults: the Relationship of Personality, Reinforcement Sensitivity, and Mindfulness. <i>Mindfulness</i> , 2021, 12, 1103-1114.	1.6	6
1328	From Mindfulness to Personal Recovery: the Mediating Roles of Self-Warmth, Psychological Flexibility, and Valued Living. <i>Mindfulness</i> , 2021, 12, 994-1001.	1.6	14
1329	Assessment of Mindfulness. , 2009, , 153-168.		61

#	ARTICLE	IF	CITATIONS
1330	Strengthening Family Resilience Through Spiritual and Religious Resources. , 2013, , 441-455.		3
1331	Leader Mindfulness: Well-Being Throughout the Organization. , 2020, , 1-28.		3
1332	Mindfulness-Based Cognitive Therapy application for People Living with Chronic Disease: the case of HIV. , 2016, , 83-103.		3
1333	Character Strengths and Mindfulness as Core Pathways to Meaning in Life. , 2016, , 383-405.		10
1334	Mindfulness and Well-Being. , 2017, , 41-58.		7
1335	Improved Social Skills in Children with Developmental Delays After Parent Participation in MBSR: The Role of Parentâ€™Child Relational Factors. , 0, .		1
1336	Measuring Decentering and Related Constructs: Capacity and Limitations of Extant Assessment Scales. Mindfulness, 2017, 8, 1674-1688.	1.6	17
1337	Mindfulness training for healthcare professional students: A waitlist controlled pilot study on psychological and work-relevant outcomes. Complementary Therapies in Medicine, 2020, 51, 102405.	1.3	12
1338	An adapted Delphi approach: The use of an expert panel to operationally define non-judgment of internal experiences as it relates to mindfulness. Complementary Therapies in Medicine, 2020, 51, 102444.	1.3	3
1339	Neural activations during self-related processing in patients with chronic pain and effects of a brief self-compassion training â€™ A pilot study. Psychiatry Research - Neuroimaging, 2020, 304, 111155.	0.9	14
1344	Does Dispositional Mindfulness Predict the Development of Grit?. Journal of Individual Differences, 2018, 39, 76-87.	0.5	32
1345	Associations between dispositional mindfulness, craving, and drinking in alcohol-dependent patients: An ecological momentary assessment study.. Psychology of Addictive Behaviors, 2019, 33, 431-441.	1.4	23
1346	Leadersâ€™ trait mindfulness and transformational leadership: The mediating roles of leadersâ€™ positive affect and leadership self-efficacy.. Canadian Journal of Behavioural Science, 2018, 50, 185-194.	0.5	42
1347	Meditation-focused attention with the MBAS and solving anagrams.. Psychology of Consciousness: Theory Research, and Practice, 2017, 4, 348-366.	0.3	6
1348	Spatial frame of reference as a phenomenological feature of self-transcendence: Measurement and manipulation through mindfulness meditation.. Psychology of Consciousness: Theory Research, and Practice, 2019, 6, 329-345.	0.3	16
1349	The mindful adolescent: Developmental changes in nonreactivity to inner experiences and its association with emotional well-being.. Developmental Psychology, 2020, 56, 350-363.	1.2	20
1351	A mind full of happiness: How mindfulness shapes affect dynamics in daily life.. Emotion, 2020, 20, 436-451.	1.5	20
1352	Discomfort with emotion moderates distress reduction in a brief mindfulness intervention.. International Journal of Behavioral and Consultation Therapy, 2013, 7, 24-27.	0.4	17

#	ARTICLE	IF	CITATIONS
1353	Can mindfulness mechanistically target worry to improve sleep disturbances? Theory and study protocol for app-based anxiety program.. <i>Health Psychology</i> , 2020, 39, 776-784.	1.3	11
1354	Bayesian dynamic mediation analysis.. <i>Psychological Methods</i> , 2017, 22, 667-686.	2.7	17
1355	Internet-based instructor-led mindfulness for work-related rumination, fatigue, and sleep: Assessing facets of mindfulness as mechanisms of change. A randomized waitlist control trial.. <i>Journal of Occupational Health Psychology</i> , 2017, 22, 153-169.	2.3	105
1356	The content and process of self-stigma in people with mental illness.. <i>American Journal of Orthopsychiatry</i> , 2017, 87, 34-43.	1.0	33
1357	Assessment of mindfulness and closely related constructs: Introduction to the special issue.. <i>Psychological Assessment</i> , 2016, 28, 787-790.	1.2	24
1358	Mindfulness is positively related to socioeconomic job status and income and independently predicts mental distress in a long-term perspective: Danish validation studies of the Five-Factor Mindfulness Questionnaire.. <i>Psychological Assessment</i> , 2019, 31, e1-e20.	1.2	15
1359	Differential sensitivity of mindfulness questionnaires to change with treatment: A systematic review and meta-analysis.. <i>Psychological Assessment</i> , 2019, 31, 1247-1263.	1.2	42
1360	Neural changes associated with mindfulness-based stress reduction (MBSR): Current knowledge, limitations, and future directions.. <i>Psychology and Neuroscience</i> , 2017, 10, 41-56.	0.5	13
1361	The psychological health benefits of accepting negative emotions and thoughts: Laboratory, diary, and longitudinal evidence.. <i>Journal of Personality and Social Psychology</i> , 2018, 115, 1075-1092.	2.6	121
1362	Process factors explaining psycho-social outcomes in adventure therapy.. <i>Psychotherapy</i> , 2017, 54, 273-280.	0.7	24
1363	The effectiveness of a meditation course on mindfulness and meaning in life.. <i>Spirituality in Clinical Practice</i> , 2017, 4, 100-112.	0.5	17
1364	Effect of yoga-based interventions for anxiety symptoms: A meta-analysis of randomized controlled trials.. <i>Spirituality in Clinical Practice</i> , 2019, 6, 256-278.	0.5	21
1365	Seeking refuge in the present moment: A qualitatively refined model of dispositional mindfulness, minority stress, and psychosocial health among Latino/a sexual minorities and their families.. <i>Psychology of Sexual Orientation and Gender Diversity</i> , 2019, 6, 408-419.	2.0	15
1366	A randomized-controlled crossover trial of mindfulness for student psychotherapists.. <i>Training and Education in Professional Psychology</i> , 2017, 11, 235-242.	0.9	10
1367	Mindfulness changes construal level: An experimental investigation.. <i>Journal of Experimental Psychology: General</i> , 2019, 148, 1656-1664.	1.5	23
1368	The psychological impact of the COVID-19 pandemic on Dutch people with and without an inflammatory rheumatic disease. <i>Rheumatology</i> , 2021, 60, 3709-3715.	0.9	16
1369	Effects of Mindfulness-Based Stress Reduction on Experimental Pain Sensitivity and Cortisol Responses in Women With Early Life Abuse: A Randomized Controlled Trial. <i>Psychosomatic Medicine</i> , 2021, 83, 515-527.	1.3	8
1372	The Multidimensional Assessment of Interoceptive Awareness (MAIA). <i>PLoS ONE</i> , 2012, 7, e48230.	1.1	769

#	ARTICLE	IF	CITATIONS
1373	Relationship between Meditative Practice and Self-Reported Mindfulness: The MINDSENS Composite Index. PLoS ONE, 2014, 9, e86622.	1.1	96
1374	Testing the mindfulness-to-meaning theory: Evidence for mindful positive emotion regulation from a reanalysis of longitudinal data. PLoS ONE, 2017, 12, e0187727.	1.1	81
1375	Dispositional mindfulness, anticipation and abstinence symptoms related to hypnotic dependence among insomniac women who seek treatment: A cross-sectional study. PLoS ONE, 2018, 13, e0194035.	1.1	6
1376	Facetas de mindfulness: características psicométricas de um instrumento de avaliação. Psychologica, 2011, , 259-279.	0.2	28
1377	Classroom-Based Mindfulness Training Reduces Anxiety in Adolescents: Acceptability and Effectiveness of a Cluster-Randomized Pilot Study. Journal of Restorative Medicine, 2020, 9, .	0.7	8
1379	Experiential Self-Referential Processing & Autobiographical Memory Retrieval: A Preliminary Look. PSU McNair Scholars Online Journal, 2011, 5, 190-215.	0.3	1
1381	Mindfulness and Quality of Life in Cancer Survivors: The Mediating Role of Self-Kindness and Alexithymia. Journal of Mental Health Counseling, 2016, 38, 346-359.	0.6	3
1382	Psychological Well-Being, Health Behaviors, and Weight Loss Among Participants in a Residential, Kripalu Yoga-Based Weight Loss Program. International Journal of Yoga Therapy, 2012, 22, 9-22.	0.4	41
1383	If they like it they can take it with them: A mixed methods look at the use of Internet-based instruction of mindfulness meditation with incarcerated youth. Advances in Social Work, 2015, 16, 90-106.	0.4	3
1384	Does Personal Distress Mediate the Effect of Mindfulness on Professional Quality of Life?. Advances in Social Work, 2012, 13, 561-585.	0.4	17
1385	Feasibility study protocol to examine the role of mantra meditation at reducing psychological distress in emergency department staff. International Journal of Clinical Trials, 2017, 4, 88.	0.0	1
1389	Social Anxiety and Misinterpretation of the Five Facet Mindfulness Questionnaire <i>Describe</i> Subscale. Journal of Cognitive Psychotherapy, 2016, 30, 168-176.	0.2	4
1390	An evaluation of a mindfulness group. Groupwork, 2009, 19, 40-58.	0.1	3
1391	Efficacy of Acceptance and Commitment Therapy in Reducing Suicidal Ideation and Deliberate Self-Harm: Systematic Review. JMIR Mental Health, 2018, 5, e10732.	1.7	31
1392	Continuous Measurement of Reconnaissance Marines in Training With Custom Smartphone App and Watch: Observational Cohort Study. JMIR MHealth and UHealth, 2020, 8, e14116.	1.8	9
1393	Effects of a 12-Minute Smartphone-Based Mindful Breathing Task on Heart Rate Variability for Students With Clinically Relevant Chronic Pain, Depression, and Anxiety: Protocol for a Randomized Controlled Trial. JMIR Research Protocols, 2019, 8, e14119.	0.5	11
1394	Internet Mindfulness Meditation Intervention for the General Public: Pilot Randomized Controlled Trial. JMIR Mental Health, 2016, 3, e37.	1.7	35
1395	A Platform to Build Mobile Health Apps: The Personal Health Intervention Toolkit (PHIT). JMIR MHealth and UHealth, 2015, 3, e46.	1.8	21

#	ARTICLE	IF	CITATIONS
1396	Mindfulness with Collegiate Gymnasts: Effects on Flow, Stress and Overall Mindfulness Levels. <i>International Journal of Physical Education Fitness and Sports</i> , 0, , 19-31.	0.2	3
1397	The Effects of Mindfulness on Self-Rumination, Self-Reflection, and Depressive Symptoms: A Research Proposal. <i>Behavioural Sciences Undergraduate Journal</i> , 2017, 3, 1-7.	0.0	1
1398	The Effectiveness of Mindfulness-Based Intervention on Anxiety, Depression and Burden of Caregivers of Multiple Sclerosis Patients Through Web Conferencing. <i>Practice in Clinical Psychology</i> , 0, , 21-32.	0.1	9
1399	Mindfulness trait, eating behaviours and body uneasiness: a case-control study of binge eating disorder. <i>Eating and Weight Disorders</i> , 2012, 17, e244-51.	1.2	14
1400	Behavioural modification interventions for medically unexplained symptoms in primary care: systematic reviews and economic evaluation. <i>Health Technology Assessment</i> , 2020, 24, 1-490.	1.3	23
1401	Investigating the Role of Interpretation Bias in Mindfulness-Based Treatment of Adults With Generalized Anxiety Disorder. <i>Frontiers in Psychology</i> , 2020, 11, 82.	1.1	10
1402	Personality correlates of mindfulness. <i>Yoga Mimamsa</i> , 2014, 46, 29-36.	0.2	9
1403	Evaluating a Brief Group Program for Women Victims of Intimate Partner Abuse. <i>Journal of Traumatic Stress Disorders &amp; Treatment</i> , 2017, 06, .	0.3	3
1404	Investigating Mindfulness, Borderline Personality Traits, and Well-Being in a Nonclinical Population. <i>Psychology</i> , 2015, 06, 1232-1248.	0.3	7
1405	Mindfulness-Based Cognitive Therapy for Trichotillomania: A Bayesian Case-Control Study. <i>Psychologica Belgica</i> , 2015, 55, 118-133.	1.0	4
1406	Mindfulness and its role in psychological well-being among medical college students. <i>Open Journal of Psychiatry and Allied Sciences</i> , 2019, 10, 52.	0.4	8
1407	Mindfulness: Age and gender differences on a Bosnian sample. <i>Psychological Thought</i> , 2017, 10, 155-166.	0.1	43
1408	Mindfulness in Motion for People with Multiple Sclerosis: A Feasibility Study. <i>International Journal of MS Care</i> , 2017, 19, 225-231.	0.4	24
1409	Association Between Pain and Mindfulness in Multiple Sclerosis. <i>International Journal of MS Care</i> , 2018, 20, 28-34.	0.4	24
1410	Reliability and validity of an equanimity questionnaire: the two-factor equanimity scale (EQUA-S). <i>PeerJ</i> , 2020, 8, e9405.	0.9	21
1411	Mindfulness and Sexual Dysfunction: A Systematic Research Synthesis. <i>Journal of Sex and Marital Therapy</i> , 2022, 48, 323-342.	1.0	5
1412	A Telephone-Adapted Mindfulness-Based Stress Reduction Program: Preliminary Effects among Healthcare Employees. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2021, 11, 139.	1.0	3
1413	Development of the Pain Responses Scale: A measure informed by the BIS&#x2013;BAS model of pain. <i>European Journal of Pain</i> , 2021, 26, 505.	1.4	1

#	ARTICLE	IF	CITATIONS
1414	The Mindful Lawyer. Journal of Occupational and Environmental Medicine, 2021, Publish Ahead of Print, e871-e882.	0.9	3
1415	The benefits of mindfulness in mental healthcare professionals. F1000Research, 2021, 10, 1085.	0.8	1
1416	The Mindfulness Map: A Practical Classification Framework of Mindfulness Practices, Associated Intentions, and Experiential Understandings. Frontiers in Psychology, 2021, 12, 727857.	1.1	17
1417	Are reinforcement sensitivity personality constructs and attentional control important predictors of restrictive disordered eating?. International Journal of Personality Psychology, 0, 7, 25-34.	0.0	0
1418	A Novel Mindful-Compassion Art-Based Therapy for Reducing Burnout and Promoting Resilience Among Healthcare Workers: Findings From a Waitlist Randomized Control Trial. Frontiers in Psychology, 2021, 12, 744443.	1.1	10
1419	Validation of the Spanish Version of the Lucidity and Consciousness in Dreams Scale. Frontiers in Psychology, 2021, 12, 742438.	1.1	1
1420	Dispositional Mindfulness in Heterosexual and Lesbian/Bisexual Women: Associations with Sexual Prejudice and Internalized Sexual Stigma. Journal of Homosexuality, 2023, 70, 448-472.	1.3	11
1421	Mindfulness in Pregnancy: A Brief Intervention for Women at Risk. Maternal and Child Health Journal, 2021, 25, 1875-1883.	0.7	4
1422	The Political Consequences of Be(com)ing Mindful. How Mindfulness Might Affect Political Attitudes. Frontiers in Political Science, 2021, 3, .	1.0	2
1425	Psychothérapies de la mindfulness et neuroscience cognitive. , 2009, , 137-163.		0
1426	The Roles of Experiential Avoidance and Mindful Attention Awareness in Depressive and Anxiety Symptoms and in Well-Being. The Korean Journal of Clinical Psychology, 2009, 28, 1135-1154.	0.3	6
1427	O Traço de Mindfulness como Protector nos Comportamentos Bulímicos. Psychologica, 2010, , 401-422.	0.2	1
1428	The Mindful Negotiator: Strategic Emotion Management and Wellbeing. SSRN Electronic Journal, 0, , .	0.4	0
1429	Mind“body medicine. , 2011, , 49-73.		0
1430	The Effect of Attentional Control, Mindfulness, and Decentering on Worrying. Japanese Journal of Personality, 2013, 22, 108-116.	0.0	0
1432	Mitf¼hlend leben â€“ â€žMindfulness-Based Compassionate Livingâ€œ. , 2016, , 93-109.		1
1434	Learning Mindfulness One Surgery at a Time. , 2016, , 187-198.		0
1435	Discussion, Implication, and Conclusion. SpringerBriefs in Well-being and Quality of Life Research, 2016, , 49-61.	0.1	0

#	ARTICLE	IF	CITATIONS
1437	Mindfulness and Substance Abuse. , 2016, , 101-117.		0
1439	Struktura konstrukta ÅujeÅnosti: zavedanje doÅ¾ivljanja in sprejemanje doÅ¾ivljanja. Psiholoska Obzorja, 0, , 41-51.	0.1	1
1440	A Figyelem Ås TudatosÅg Mindfulness SkÅla (FTMS) pilot tesztelÅse. Mentálhigiéné Es Pszichoszomatika, 2017, 18, 334-364.	0.0	2
1441	The Role of Mindfulness in the Relationship between Borderline Personality Trait and Psychological Distress. Seuteureseu Yeon-gu, 2017, 25, 227-232.	0.1	0
1442	The Effectiveness of Mindfulness-Based Training on Pregnancy Stress. , 2018, , .		0
1443	Validation of the Polish version of the Short Form of the Five Facet Mindfulness Questionnaire. Roczniki Psychologiczne, 2018, 21, 279-298.	0.0	2
1447	Spirituality for Individual Success. , 2019, , 109-134.		0
1448	Kronik Pelvik AÅrÅya TamamlayÅcÅ ve Alternatif YaklaÅm. Duzce Universitesi Tip FakÅltesi Dergisi, 2018, 20, 46-49.	0.3	3
1449	The Mindful Seon Hwadu: Sisimma as a healing utility; its efficacy for AD/HD and Beyond. International Journal of Theology Philosophy and Science, 2018, 2, 38-59.	0.0	0
1452	Increased lucid dream frequency in long-term meditators but not following mindfulness-based stress reduction training.. Psychology of Consciousness: Theory Research, and Practice, 2019, 6, 40-54.	0.3	11
1455	The relationship between mindfulness and positive psychology skills on response rate to pain in cancer patients. Electronic Journal of General Medicine, 2019, 16, em120.	0.3	0
1456	Recursos para uso pÅblico y bienes comunes en el norte de Italia: LombardÅa, 569-1100. Studia Historica, Historia Medieval, 2019, 37, 29.	0.1	0
1459	Is Ethics Necessary for Mindfulness?: Examination of the Moderation Effect of Ethics on the Relation between Mindfulness and Nonattachment/Perspective-Taking. Japanese Journal of Personality, 2019, 28, 150-159.	0.0	2
1460	Mindfulness, procrastination, and anxiety: Assessing their interrelationships.. Psychology of Consciousness: Theory Research, and Practice, 2023, 10, 441-453.	0.3	10
1461	Climate risk for the self and community: The role of Nature Relatedness, Personal Control and Mindfulness. Rivista Di Studi Sulla Sostenibilita, 2020, , 89-108.	0.1	1
1462	Validity Evidence of an Instrument for Mindfulness Assessment (MA) Based on its Internal Structure and External Criterion. Psicologia: CiÅncia E ProfissÅo, 0, 40, .	0.0	0
1463	Application of mindfulness-based psychological interventions in infertility. Journal of Human Reproductive Sciences, 2020, 13, 3.	0.4	11
1464	&lt;p&gt;Dispositional Mindfulness and Past-Negative Time Perspective: The Differential Mediation Effects of Resilience and Inner Peace in Meditators and Non-Meditators&lt;p&gt;. Psychology Research and Behavior Management, 2020, Volume 13, 397-405.	1.3	11

#	ARTICLE	IF	CITATIONS
1466	Associations of mindfulness with adolescent outcomes and sexuality. <i>Journal of Adolescence</i> , 2020, 81, 73-86.	1.2	10
1467	Role of masculinity in relationships between mindfulness, self-compassion, and well-being in military veterans.. <i>Psychology of Men and Masculinity</i> , 2020, 21, 357-368.	1.0	7
1469	Delaying Gratificationâ€™s role in the relationship between facets of mindfulness and substance use outcomes. <i>Addictive Behaviors</i> , 2022, 125, 107163.	1.7	4
1470	Mindfulness-based cognitive therapy added to usual care improves eating behaviors in patients with bulimia nervosa and binge eating disorder by decreasing the cognitive load of words related to body shape, weight, and food. <i>European Psychiatry</i> , 2021, 64, e67.	0.1	4
1471	Mindfulness Training Associated With Resting-State Electroencephalograms Dynamics in Novice Practitioners via Mindful Breathing and Body-Scan. <i>Frontiers in Psychology</i> , 2021, 12, 748584.	1.1	9
1472	A Web-Based Cognitive Behavioral Therapy, Mindfulness Meditation, and Yoga Intervention for Posttraumatic Stress Disorder: Single-Arm Experimental Clinical Trial. <i>JMIR Mental Health</i> , 2022, 9, e26479.	1.7	5
1473	Dispositional Mindfulness and Aggression Among Adults in Residential Treatment for Opioid Use Disorder: Preliminary Findings From an Applied Setting. <i>Violence and Victims</i> , 2020, 35, 828-840.	0.4	0
1474	Measuring Mindfulness Grounded in the Original Buddhaâ€™s Discourses on Meditation Practice. , 2021, , 355-381.		2
1476	Dispositional mindfulness among BDSM practitioners: A preliminary investigation. <i>Canadian Journal of Human Sexuality</i> , 2020, 29, 314-322.	0.6	0
1477	The effect of priming on food choice: A field and laboratory study. <i>Appetite</i> , 2022, 168, 105749.	1.8	3
1478	Mindful engagement, psychological restoration, and connection with nature in constrained nature experiences. <i>Landscape and Urban Planning</i> , 2022, 217, 104263.	3.4	34
1479	The Treatment of Dually Diagnosed Individuals with Sleep Disturbances and Intellectual Disabilities. <i>Autism and Child Psychopathology Series</i> , 2020, , 613-645.	0.1	3
1480	Mindfulness-based therapies for rumination. , 2020, , 345-379.		0
1481	When â€™negativityâ€™ becomes obstructive: a novel exploration of the two-factor model of the Self-Compassion Scale and a comparison of self-compassion and self-criticism interventions. <i>Current Issues in Personality Psychology</i> , 2020, 8, 289-300.	0.2	4
1482	Effects of dialogical mindfulness on psychopathology: A pilot studyâ€™s results from a seven-day psychosynthesis course about the inner child.. <i>Humanistic Psychologist</i> , 2020, 48, 84-99.	0.2	1
1483	Understanding equanimity from a psychological perspective: implications for holistic well-being during a global pandemic. <i>Mental Health, Religion and Culture</i> , 2021, 24, 873-886.	0.6	5
1484	Improving Emotion Regulation, Well-being, and Neuro-cognitive Functioning in Teachers: a Matched Controlled Study Comparing the Mindfulness-Based Stress Reduction and Health Enhancement Programs. <i>Mindfulness</i> , 2022, 13, 123-144.	1.6	11
1485	Mindfulness-Based Stress Reduction Specifically Improves Social Anhedonia Among Adults with Chronic Stress. <i>Affective Science</i> , 0, , 1.	1.5	4



#	ARTICLE	IF	CITATIONS
1486	Mindfulness Effects on Mind Wandering and Autonomic Balance. <i>Applied Psychophysiology Biofeedback</i> , 2022, 47, 53-64.	1.0	8
1487	Mindfulness-Based Interventions for Undergraduate Nursing Students in a University Setting: A Narrative Review. <i>Healthcare (Switzerland)</i> , 2021, 9, 1493.	1.0	5
1488	Collegiate Substance Use: A Tale of Differential Risk and Coping. <i>Drug and Alcohol Dependence</i> , 2020, 212, 108038.	1.6	1
1491	The Effectiveness of Mindfulness Training in Improving the Quality of Life of the War Victims with Post Traumatic stress disorder (PTSD). <i>Iranian Journal of Psychiatry</i> , 2014, 9, 228-36.	0.4	14
1492	Internet-based Mindfulness Meditation for Cognition and Mood in Older Adults: A Pilot Study. <i>Alternative Therapies in Health and Medicine</i> , 2016, 22, 44-53.	0.0	20
1493	Mindfulness-based Intervention for Perinatal Grief Education and Reduction among Poor Women in Chhattisgarh, India: a Pilot Study. <i>Interdisciplinary Journal of Best Practices in Global Development</i> , 2016, 2, .	0.0	6
1494	The application of mindfulness for individuals living with HIV in South Africa: A hybrid effectiveness-implementation pilot study. <i>Mindfulness</i> , 2018, 9, 871-883.	1.6	3
1495	Impact of Experiential Neuroscience of Meditation Course on Attitudes Toward Meditation and Science. <i>Journal of Undergraduate Neuroscience Education: JUNE: A Publication of FUN, Faculty for Undergraduate Neuroscience</i> , 2018, 17, A59-A66.	0.6	0
1496	Mindful Use of Facebook as a Self-Help Therapeutic Tool in Psychological Settings. <i>Advances in Media, Entertainment and the Arts</i> , 2022, , 128-152.	0.0	0
1497	Mindful Non-judging and Experiential Avoidance Before Allogeneic Hematopoietic Stem Cell Transplantation (HSCT) are Associated to Post-traumatic Stress Disorder (PTSD) Symptomatology 5 Months Later. <i>Mindfulness</i> , 0, , 1.	1.6	1
1498	The Link Between Neuroticism and Everyday Cognitive Failures is Mediated by Self-Reported Mindfulness Among College Students. <i>Psychological Reports</i> , 2021, , 003329412110484.	0.9	2
1499	Decentering, Acceptance, and Non-Attachment: Challenging the Question "Is It Me?". <i>Frontiers in Psychiatry</i> , 2021, 12, 659835.	1.3	2
1500	Dissociable Associations of Facets of Mindfulness with Worry, Rumination, and Transdiagnostic Perseverative Thought. <i>Mindfulness</i> , 2022, 13, 80-91.	1.6	3
1501	Hand Therapy Patients'™ Psychosocial Symptomology and Interests in Mindfulness: A Cross-Sectional Study. <i>Canadian Journal of Occupational Therapy</i> , 2022, 89, 44-50.	0.8	2
1502	Exploring the Optimal Factor Structure of the Five Facet Mindfulness Questionnaire: Associations Between Mindfulness Facets and Dimensions of Psychopathology. <i>Journal of Personality Assessment</i> , 2022, 104, 813-823.	1.3	2
1503	The link between mindfulness and psychological well-being among university students: The mediating role of social connectedness and self-esteem. <i>Current Psychology</i> , 2023, 42, 11772-11781.	1.7	15
1505	Mindfulness-based stress reduction intervention for elementary school teachers: a mixed method study. <i>Trials</i> , 2021, 22, 826.	0.7	2
1506	The Current State of Mind: a Systematic Review of the Relationship Between Mindfulness and Mind-Wandering. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2022, 6, 272-294.	0.8	3

#	ARTICLE	IF	CITATIONS
1507	Effects of a Novel, Transdiagnostic, Hybrid Ecological Momentary Intervention for Improving Resilience in Youth (EMlcompass): Protocol for an Exploratory Randomized Controlled Trial. JMIR Research Protocols, 2021, 10, e27462.	0.5	14
1508	Embodied Mindfulness Questionnaire: Scale Development and Validation. Assessment, 2023, 30, 458-483.	1.9	8
1509	Affective explicit and implicit attitudes towards vegetarian and vegan food consumption: The role of mindfulness. Appetite, 2022, 169, 105831.	1.8	14
1511	Mindfulness and Acceptance-Based Interventions in Physical Therapist Practice: The Time Is Now. Physical Therapy, 2022, 102, .	1.1	10
1512	Cognitive Defusion as Strategy to Reduce the Intensity of Craving Episodes and Improve Eating Behavior. Spanish Journal of Psychology, 2022, 25, .	1.1	1
1513	Investigating the relationship between consumer mindfulness and sustainable consumption behavior. International Journal of Research in Business and Social Science, 2020, 9, 37-43.	0.1	1
1514	A latent profile analysis of the five facets of mindfulness in a U.S. adult sample: Spiritual and psychological differences among four profiles. Current Psychology, 2023, 42, 14223-14236.	1.7	3
1515	Design Considerations for Supporting Mindfulness in Virtual Reality. Frontiers in Virtual Reality, 2022, 2, .	2.5	8
1516	Effect of a Novel Mindfulness Curriculum on Burnout During Pediatric Internship. JAMA Pediatrics, 2022, 176, 365.	3.3	13
1517	Effects of an Online Acceptance and Commitment Therapy Intervention on Children's Quality of Life. Journal of Child and Family Studies, 2022, 31, 1079-1093.	0.7	2
1518	Trait Mindfulness Is Associated With Less Amyloid, Tau, and Cognitive Decline in Individuals at Risk for Alzheimer's Disease. Biological Psychiatry Global Open Science, 2023, 3, 130-138.	1.0	6
1519	Interpersonal Style Contributes to the Association of Dispositional Mindfulness with Social Functioning. Mindfulness, 2022, 13, 373-384.	1.6	1
1520	Measuring Psychological Mechanisms in Meditation Practice: Using a Phenomenologically Grounded Classification System to Develop Theory-Based Composite Scores. Mindfulness, 2022, 13, 600.	1.6	9
1521	Effects of mindfulness-based stress reduction and an organizational health intervention on Dutch teachers' mental health. Health Promotion International, 2023, 38, .	0.9	1
1522	The mediating effect of mindfulness and self-compassion on leaders' communication competence and job satisfaction. Journal of Communication Management, 2022, ahead-of-print, .	1.4	2
1523	Child and Adolescent Mindfulness Measure (CAMM)., 2022, , 1-14.		0
1526	The benefits of mindfulness in mental healthcare professionals. F1000Research, 0, 10, 1085.	0.8	0
1527	Mindfulness attenuates the impact of worry on late-life cognitive function. Aging and Mental Health, 2023, 27, 399-407.	1.5	0

#	ARTICLE	IF	CITATIONS
1528	Nature, Assessment, and Mechanisms of Mindfulness. , 2022, , 1-12.		3
1529	Caregiversâ€™ Self-Compassion and Bereaved Childrenâ€™s Adjustment: Testing Caregiversâ€™ Mental Health and Parenting as Mediators. <i>Mindfulness</i> , 2022, 13, 462-473.	1.6	4
1530	Nonattachment as a Mediator of the Mindfulness-Well-being Relationship: Comparing Emirati and Australian Students. <i>Mindfulness</i> , 2022, 13, 526-538.	1.6	2
1531	Mental health during the COVID-19 pandemic: exploring the role of psychological flexibility and stress-related variables. <i>Psychology and Health</i> , 2023, 38, 1378-1401.	1.2	8
1532	Mindfulness as a Moderator of the Relationship Between Engaged Living and Depression in Emerging Adulthood. <i>Mindfulness</i> , 2022, 13, 742-750.	1.6	5
1534	The relationship between mindfulness and multicultural counseling competence among mental health practitioners. <i>Journal of Humanistic Counseling</i> , 0, , .	0.3	2
1535	Relationships between interoceptive sensibility and resting-state functional connectivity of the insula in obsessive-compulsive disorder. <i>Cerebral Cortex</i> , 2022, 32, 5285-5300.	1.6	7
1536	An experience with Holotropic Breathwork is associated with improvement in non-judgement and satisfaction with life while reducing symptoms of stress in a Czech-speaking population. <i>Journal of Psychedelic Studies</i> , 2022, 5, 176-189.	0.5	2
1537	Bringing Mindfulness-Based Relapse Prevention for Substance Use Disorders into Individual Therapy with Spanish Population: a Feasibility and Effectiveness Study. <i>Mindfulness</i> , 2022, 13, 766-785.	1.6	3
1538	Art therapistsâ€™ fear of COVID-19, subjective well-being, and mindfulness. <i>Arts in Psychotherapy</i> , 2022, 77, 101881.	0.6	7
1539	Mindfulness, connectedness to nature, personal ecological norm and pro-environmental behavior: A daily diary study. <i>Current Research in Ecological and Social Psychology</i> , 2022, 3, 100038.	0.9	8
1540	Psychological distress among university students: the role of mindfulness, decentering, reappraisal and emotion regulation. <i>Current Psychology</i> , 2023, 42, 14823-14833.	1.7	4
1541	Mindfulness and posttraumatic response patterns among adolescents following the tornado. <i>Children and Youth Services Review</i> , 2022, 134, 106375.	1.0	0
1542	The effectiveness of mindfulness-based interventions on the psychological well-being of nurses: A systematic review. <i>Applied Nursing Research</i> , 2022, 64, 151565.	1.0	34
1543	What is the mindful personality? Implications for physical and psychological health. <i>Acta Psychologica</i> , 2022, 224, 103514.	0.7	2
1544	The awesome as well as the awful: Heightened sensory sensitivity predicts the presence and intensity of Autonomous Sensory Meridian Response (ASMR). <i>Journal of Research in Personality</i> , 2022, 97, 104183.	0.9	11
1545	Attentional Features of Mindfulness are Better Predictors of Face Recognition than Empathy and Compassion-Based Constructs. <i>Psychological Reports</i> , 2023, 126, 1481-1515.	0.9	1
1546	The modulatory role of internet-supported mindfulness-based cognitive therapy on extracellular vesicles and psychological distress in people who have had cancer: a protocol for a two-armed randomized controlled study. <i>Trials</i> , 2022, 23, 118.	0.7	5

#	ARTICLE	IF	CITATIONS
1547	PTSD Symptom Severity, Pain Intensity, and Pain-Related Disability Among Trauma-Exposed Firefighters: the Moderating Role of Mindfulness. <i>Mindfulness</i> , 2022, 13, 786-798.	1.6	3
1548	Neurobiology of Mindfulness-Based Interventions. , 2021, , 225-261.		1
1550	School Counselor Consultation Effects on Teachersâ€™ Mindfulness, Stress, and Relationships. <i>Professional School Counseling</i> , 2022, 26, 2156759X2210867.	0.7	7
1551	Interaction of mediation and moderation effects of positivity, cognitive fusion, brooding and mindfulness. <i>L'Encephale</i> , 2022, , .	0.3	0
1552	Impact of Meditation-Based Lifestyle Practices on Mindfulness, Wellbeing, and Plasma Telomerase Levels: A Case-Control Study. <i>Frontiers in Psychology</i> , 2022, 13, 846085.	1.1	5
1553	Integration of hatha yoga and evidenceâ€based psychological treatments for common mental disorders: An evidence map. <i>Journal of Clinical Psychology</i> , 2022, 78, 1671-1711.	1.0	8
1554	When Mindfulness Becomes a Mental Health Risk: The Relevance of Emotion Regulation Difficulties and Need Frustration. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2022, 156, 310-329.	0.9	2
1555	A Longitudinal Study on Maternal Depressive Symptoms During the COVID-19 Pandemic: The Role of Strict Lockdown Measures and Social Support. <i>International Journal of Public Health</i> , 2022, 67, 1604608.	1.0	4
1556	Four-Week Mentalizing Imagery Therapy for Family Dementia Caregivers: A Randomized Controlled Trial with Neural Circuit Changes. <i>Psychotherapy and Psychosomatics</i> , 2022, 91, 180-189.	4.0	7
1557	Self-efficacy, mindfulness, and self-compassion as predictors of math anxiety in undergraduate students. <i>International Journal of Mathematical Education in Science and Technology</i> , 0, , 1-16.	0.8	4
1558	A mindfulnessâ€based wellâ€being group for international students in higher education: A pilot study. <i>Journal of Counseling and Development</i> , 2022, 100, 374-385.	1.3	10
1559	How do people conceptualize mindfulness?. <i>Royal Society Open Science</i> , 2022, 9, 211366.	1.1	5
1560	Childhood Maltreatment Is Associated with Adult Psychopathology through Decreased Dispositional Mindfulness. <i>Journal of Aggression, Maltreatment and Trauma</i> , 2022, 31, 1263-1278.	0.9	6
1561	Women, Painful Sex, and Mindfulness. <i>Mindfulness</i> , 0, , 1.	1.6	0
1562	Drunkorexia and trait mindfulness among college students. <i>Journal of American College Health</i> , 2022, , 1-7.	0.8	1
1563	Anxiety and theory of mind: A moderated mediation model of mindfulness and gender. <i>PsyCh Journal</i> , 2022, 11, 510-519.	0.5	3
1564	A randomized controlled trial of a smartphone-based well-being training in public school system employees during the COVID-19 pandemic.. <i>Journal of Educational Psychology</i> , 2022, 114, 1895-1911.	2.1	21
1565	Psychometric Evaluation of a Sinhalese Version of the Five Facet Mindfulness Questionnaire and Development of a Six-Facet Short Form in a Sri Lankan Buddhist Context. <i>Mindfulness</i> , 2022, 13, 1069-1082.	1.6	3

#	ARTICLE	IF	CITATIONS
1566	Subjective judgments on direct and generative retrieval of autobiographical memory: The role of interoceptive sensibility and emotion. <i>Memory and Cognition</i> , 2022, 50, 1644-1663.	0.9	5
1567	Feasibility and acceptability of a nurse-delivered mindfulness-based therapy for panic disorder. <i>Minerva Psychiatry</i> , 2022, 63, .	0.3	0
1568	Emotion regulation patterns: Capturing variability and flexibility in emotion regulation in an experience sampling study. <i>Scandinavian Journal of Psychology</i> , 2022, 63, 297-307.	0.8	9
1569	The State of Dispositional Mindfulness Research. <i>Mindfulness</i> , 2022, 13, 1357-1372.	1.6	18
1570	Changes in Multisensory Integration Following Brief State Induction and Longer-Term Training with Body Scan Meditation. <i>Mindfulness</i> , 2022, 13, 1214-1231.	1.6	2
1571	A Comparison Between the Relaxation/Meditation/Mindfulness Tracker t Inventory and the Freiburg Mindfulness Inventory for Predicting General Health, Anxiety, and Anger in Adult General Population. <i>Frontiers in Psychology</i> , 2022, 13, 810383.	1.1	2
1572	Resting-state fMRI functional connectivity and mindfulness in clinical and non-clinical contexts: A review and synthesis. <i>Neuroscience and Biobehavioral Reviews</i> , 2022, 135, 104583.	2.9	53
1573	Mindfulness as a Protective Factor Against Depression, Anxiety and Psychological Distress During the COVID-19 Pandemic: Emotion Regulation and Insomnia Symptoms as Mediators. <i>Frontiers in Psychology</i> , 2022, 13, 820959.	1.1	10
1574	Turkish adaptation of the scale of dissociative activities. <i>European Journal of Trauma and Dissociation</i> , 2022, 6, 100270.	0.6	0
1575	Mindfulness-Informed Guided Imagery to Target Physical Activity: A Mixed Method Feasibility and Acceptability Pilot Study. <i>Frontiers in Psychology</i> , 2021, 12, 742989.	1.1	1
1576	Insecure Attachment and Sexual Satisfaction: A Path Analysis Model Integrating Sexual Mindfulness, Sexual Anxiety, and Sexual Self-Esteem. <i>Journal of Sex and Marital Therapy</i> , 2022, 48, 535-551.	1.0	13
1577	Mediators for Effect of Mindfulness in Promoting Marital Satisfaction: Modeling Structural Equations in an Experimental Study. <i>Iranian Journal of Psychiatry</i> , 2022, 17, 72-83.	0.4	2
1579	Enhanced interoceptive attention mediates the relationship between mindfulness training and the reduction of negative mood. <i>Psychophysiology</i> , 2021, , e13991.	1.2	3
1580	A Bibliometric and Visualization Analysis of Mindfulness and Meditation Research from 1900 to 2021. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13150.	1.2	12
1581	The effects of basic psychological needs satisfaction and mindfulness on solicitorsâ€™ well-being. <i>International Journal of the Legal Profession</i> , 0, , 1-16.	0.1	3
1582	Absorption and Mindfulness Reflect Distinct Patterns of Attentional Control and Self-Related Processing. <i>Journal of Individual Differences</i> , 0, , .	0.5	1
1583	Does mindfulness reduce negative interpretation bias?. <i>Cognition and Emotion</i> , 2022, 36, 284-299.	1.2	8
1585	Psychometric properties of persian version of five facets of mindfulness questionnaire. <i>Journal of Research in Medical Sciences</i> , 2022, 27, 29.	0.4	3

#	ARTICLE	IF	CITATIONS
1586	ADAPTATION AND VALIDATION OF FIVE FACTOR MINDFULNESS QUESTIONNAIRE. <i>International Journal of Innovative Technologies in Social Science</i> , 2022, , .	0.0	2
1587	Targeting Anxiety to Improve Sleep Disturbance: A Randomized Clinical Trial of App-Based Mindfulness Training. <i>Psychosomatic Medicine</i> , 2022, 84, 632-642.	1.3	8
1588	A workplace Acceptance and Commitment Therapy (ACT) intervention for improving healthcare staff psychological distress: A randomised controlled trial. <i>PLoS ONE</i> , 2022, 17, e0266357.	1.1	12
1589	The Validity and Reliability of the Short Form of the Five Facet Mindfulness Questionnaire in Japan. <i>Frontiers in Psychology</i> , 2022, 13, 833381.	1.1	8
1590	Chronic pain domains and their relationship to personality, abilities, and brain networks. <i>Pain</i> , 2023, 164, 59-71.	2.0	5
1591	Breathing our way into mindful academic writing: a collaborative autoethnography of an online writing community. <i>Journal of Further and Higher Education</i> , 0, , 1-14.	1.4	1
1592	Academic stress, mindfulness-related skills and mental health in international university students. <i>Journal of American College Health</i> , 2022, , 1-9.	0.8	1
1610	Enhanced declarative memory in long-term mindfulness practitioners. <i>Psychological Research</i> , 2023, 87, 294-307.	1.0	2
1611	Individual differences in social power: Links with beliefs about emotion and emotion regulation. <i>Journal of Personality</i> , 2023, 91, 314-331.	1.8	2
1612	State Mindfulness Scale (SMS). , 2022, , 1-16.		2
1613	Workplace Cyberbullying. , 2022, , 712-733.		1
1614	Do bigger egos mean bigger presence? Facets of grandiose narcissism and mindfulness. <i>Current Psychology</i> , 2023, 42, 19795-19807.	1.7	2
1615	Examining the Relation Between Practicing Meditation and Having Peak Experiences and Lucid Dreams. A Cross-Sectional Study. <i>Frontiers in Psychology</i> , 2022, 13, 858745.	1.1	0
1616	Mindfulness and Depersonalization: a Nuanced Relationship. <i>Mindfulness</i> , 2022, 13, 1479-1489.	1.6	4
1617	Effects of mindful emotion regulation on parents'™ loneliness and social support: A longitudinal study during the coronavirus disease 2019 (COVID-19) pandemic in the United States. <i>Journal of Social and Personal Relationships</i> , 2022, 39, 3415-3435.	1.4	1
1618	Mindfulness-Based Stress Reduction in Pre-symptomatic Genetic Frontotemporal Dementia: A Pilot Study. <i>Frontiers in Psychiatry</i> , 2022, 13, 864391.	1.3	1
1619	The Relationships among Mindfulness, Self-Compassion, and Subjective Well-Being: The Case of Employees in an International Business. <i>Sustainability</i> , 2022, 14, 5266.	1.6	5
1620	Feasibility of Mindful After Cancer: Pilot Study of a Virtual Mindfulness-Based Intervention for Sexual Health in Cancer Survivorship. <i>Journal of Sexual Medicine</i> , 2022, 19, 1131-1146.	0.3	5

#	ARTICLE	IF	CITATIONS
1621	Mindfulness Facets and Death Anxiety: The Role of Cognitive Flexibility Components. <i>Psychological Studies</i> , 2022, 67, 208-217.	0.5	3
1622	The search for scientific meaning in mindfulness research: Insights from a scoping review. <i>PLoS ONE</i> , 2022, 17, e0264924.	1.1	3
1623	Effects of a mindfulness course on vital signs and five facet mindfulness questionnaire scores of college students. <i>Journal of American College Health</i> , 2022, , 1-9.	0.8	0
1624	Mindful Caring: A pilot study of an online mindfulness workshop for medical students to improve self-compassion. <i>MedEdPublish</i> , 0, 12, 33.	0.3	0
1625	Mindfulness-based intervention in patients with persistent pain in chest (MIPIC) of non-cardiac cause: a feasibility randomised control study. <i>Open Heart</i> , 2022, 9, e001970.	0.9	1
1627	Assessing mindfulness and self-compassion facets as mediators of change in patients with depressive, anxious and adjustment disorders: Secondary data analysis of a randomized controlled trial. <i>Journal of Contextual Behavioral Science</i> , 2022, 24, 171-178.	1.3	4
1628	Propiedades psicométricas de la versión en español de la Escala de Atención Plena (Mindfulness) Interpersonal en la Parentalidad en madres de preescolares en Chile. <i>Revista CES Psicología</i> , 2022, 15, 44-60.	0.1	1
1629	Are mindful people less aggressive? The role of emotion regulation in the relations between mindfulness and aggression. <i>Aggressive Behavior</i> , 2022, 48, 546-562.	1.5	10
1630	Mindful Caring: A pilot study of an online mindfulness workshop for medical students to improve self-compassion. <i>MedEdPublish</i> , 0, 12, 33.	0.3	0
1631	Acceptance and effectiveness of mindfulness-based interventions within regular university course teaching: Comparison of two different formats with a control group. <i>Current Psychology</i> , 0, , .	1.7	0
1632	Multidimensional Profiles of Addictive Smartphone Use: A Latent Profile Analysis. <i>Current Psychology</i> , 2022, 41, 8410-8423.	1.7	5
1633	Effectiveness of mindfulness-based intervention on post-traumatic stress symptoms among emergency nursing students. <i>Middle East Current Psychiatry</i> , 2022, 29, .	0.5	0
1634	Dispositional Mindfulness Mediates the Relationship between Emotion Regulation and Creativity. <i>Journal of Creativity in Mental Health</i> , 2023, 18, 511-521.	0.6	3
1635	Meditatorsâ€™ Non-academic Definition of Mindfulness. <i>Mindfulness</i> , 2022, 13, 1544-1554.	1.6	5
1636	Mindfulness Intervention Decreases Frequency and Severity of Flares in Inactive Ulcerative Colitis Patients: Results of a Phase II, Randomized, Placebo-Controlled Trial. <i>Inflammatory Bowel Diseases</i> , 2022, 28, 1872-1892.	0.9	4
1643	Absence of structural brain changes from mindfulness-based stress reduction: Two combined randomized controlled trials. <i>Science Advances</i> , 2022, 8, .	4.7	27
1644	Temporal Changes in Mindfulness Skills and Positive and Negative Affect and Their Interrelationships During Mindfulness-Based Cognitive Therapy for Cancer Patients. <i>Mindfulness</i> , 2022, 13, 1745-1756.	1.6	3
1645	Psychedelic Microdosing, Mindfulness, and Anxiety: A Cross-Sectional Mediation Study. <i>Journal of Psychoactive Drugs</i> , 2023, 55, 310-320.	1.0	3

#	ARTICLE	IF	CITATIONS
1646	Questioning the Universality of Mindfulness-Based Programs: Reflections From a Self-Construal Perspective. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	0
1647	IS IT POSSIBLE TO GET AWAY FROM COGNITIVE FAILURES BY MINDFULNESS AND SUBJECTIVE WELL-BEING?. <i>Kafkas Üniversitesi İktisadi Ve İdari Bilimler Fakültesi Dergisi</i> , 2022, 13, 305-326.	0.1	0
1648	Mindfulness and pain catastrophization: how are they associated in women with chronic painful temporomandibular disorder (TMD)?. <i>Cranio - Journal of Craniomandibular Practice</i> , 0, , 1-7.	0.6	0
1649	Experience Similarity, Mindful Awareness, and Accurate Interpersonal Understanding. <i>Mindfulness</i> , 0, , .	1.6	2
1650	A psychometric validation of contextual cognitive behavioral therapy-informed measures with racially and ethnically diverse adults. <i>Journal of Contextual Behavioral Science</i> , 2022, 25, 61-72.	1.3	5
1651	Pilot study evaluating a 12-h mindfulness-based curriculum for OB/GYN residents. <i>Complementary Therapies in Clinical Practice</i> , 2022, 48, 101620.	0.7	0
1652	Classical Test Theory and the Measurement of Mindfulness. , 2022, , 1-14.		4
1653	Over-Identifying with Social Roles: Selfing Scale Development and Validation. <i>Mindfulness</i> , 2022, 13, 1957-1970.	1.6	1
1654	Adolescents' Experiences of Distress and Well-being During Intensive Mindfulness Practice: A Mixed-Methods Study. <i>Mindfulness</i> , 2022, 13, 1971-1983.	1.6	0
1655	What Next After MBSR/MBCT? An Open Trial of an 8-Week Follow-on Program Exploring Mindfulness of Feeling Tone (vedanā). <i>Mindfulness</i> , 2022, 13, 1931-1944.	1.6	3
1656	The wellbeing protocol mitigates the effects of COVID-19 on stress and burnout: a qualitative analysis of the underlying mechanisms. <i>Journal of Workplace Learning</i> , 2022, 34, 725.	0.9	1
1657	Unraveling Heterogeneities in Mindfulness Profiles: a Review and Latent Profile Analysis of the Five Facet Mindfulness Questionnaire Short-Form (FFMQ-SF) in the Spanish Population. <i>Mindfulness</i> , 2022, 13, 2031-2046.	1.6	7
1658	(Just Thinking of) Uncertainty Increases Intolerance of Uncertainty. <i>Journal of Individual Differences</i> , 0, , .	0.5	0
1659	Mindfulness-based retreat for mothers of paediatric heart transplant recipients: protocol for a pilot intervention study. <i>BMJ Open</i> , 2022, 12, e060461.	0.8	0
1660	How Emotion Regulation Mediates the Relationship Between Dispositional Mindfulness, Depression, and Complicated Grief Among the Bereaved Population. <i>Mindfulness</i> , 2022, 13, 2092-2100.	1.6	1
1661	Preschool Teachers' Mindfulness and Children's Social, Emotional, and Behavioral Functioning. <i>Mindfulness</i> , 2022, 13, 2059-2068.	1.6	2
1662	Exploring Aftercare Experiences and Well-Being after Completion of a Young Adult Addiction Treatment Program. <i>Residential Treatment for Children and Youth</i> , 0, , 1-20.	0.6	0
1663	How Might Mindfulness-Based Interventions Reduce Job Burnout? Testing a Potential Self-regulation Model with a Randomized Controlled Trial. <i>Mindfulness</i> , 2022, 13, 1907-1922.	1.6	5



#	ARTICLE	IF	CITATIONS
1664	Implementing a Remote Synchronous Mindfulness Program for Master of Science in Speech-Language Pathology Students: Preliminary Findings. Perspectives of the ASHA Special Interest Groups, 2022, 7, 1072-1086.	0.4	2
1665	Prospective feasibility study of a mindfulness-based program for breast cancer patients in the southeastern US. Complementary Therapies in Clinical Practice, 2022, 49, 101639.	0.7	0
1666	Analyzing the Impact of Mobile App Engagement on Mental Health Outcomes: Secondary Analysis of the Unwinding Anxiety Program. Journal of Medical Internet Research, 2022, 24, e33696.	2.1	5
1667	Can the Academic and Experiential Study of Flourishing Improve Flourishing in College Students? A Multi-university Study. Mindfulness, 0, , .	1.6	3
1668	Peer Victimization and Adolescent Non-Suicidal Self-Injury: The Mediating Role of Alienation and Moderating Role of Mindfulness. Journal of Interpersonal Violence, 2023, 38, 3864-3882.	1.3	3
1669	Examining the Acceptability and Feasibility of the Compassionate Mindful Resilience (CMR) Programme in Adult Patients with Chronic Kidney Disease: The COSMIC Study Protocol. Healthcare (Switzerland), 2022, 10, 1387.	1.0	2
1670	Effects of mindfulness-based therapy for insomnia and a sleep hygiene/exercise programme on subjective-objective sleep discrepancy in older adults with sleep disturbances: Exploratory secondary analysis of a randomised clinical trial. Journal of Sleep Research, 0, , .	1.7	3
1671	Mindfulness Training Changes Brain Dynamics During Depressive Rumination: A Randomized Controlled Trial. Biological Psychiatry, 2023, 93, 233-242.	0.7	12
1672	Mind full of kindness: self-awareness, self-regulation, and self-transcendence as vehicles for compassion. BMC Psychology, 2022, 10, .	0.9	7
1673	Influence of Financial Social Agents and Attitude Toward Money on Financial Literacy: The Mediating Role of Financial Self-Efficacy and Moderating Role of Mindfulness. SAGE Open, 2022, 12, 215824402211171.	0.8	1
1674	Trait Mindfulness, Self-Compassion, and Self-Talk: A Correlational Analysis of Young Adults. Behavioral Sciences (Basel, Switzerland), 2022, 12, 300.	1.0	4
1675	The Association between Mindfulness and Resilience among University Students: A Meta-Analysis. Sustainability, 2022, 14, 10405.	1.6	2
1676	Systematic Review of Mindfulness-Based Interventions in Child-Adolescent Population: A Developmental Perspective. European Journal of Investigation in Health, Psychology and Education, 2022, 12, 1220-1243.	1.1	7
1677	The Value of Contemplative Practices: A Mixed Methods Approach Exploring Associations between Resilience and Experiences of the COVID-19 Pandemic among Older Adults. International Journal of Environmental Research and Public Health, 2022, 19, 10224.	1.2	3
1678	Is Mindfulness Associated With Lower Pain Reactivity and Connectivity of the Default Mode Network? A Replication and Extension Study in Healthy and Episodic Migraine Participants. Journal of Pain, 2022, 23, 2110-2120.	0.7	4
1679	Effects of mindfulness training on resilience, self-confidence and emotion regulation of elite football players: The mediating role of locus of control. Asian Journal of Sport and Exercise Psychology, 2022, 2, 198-205.	0.4	5
1680	Through mindful colored glasses? The role of trait mindfulness in evaluating interactions with strangers. Journal of Social and Personal Relationships, 0, , 026540752211197.	1.4	1
1681	The metacognitive link between co-occurring intra- and interpersonal symptoms in major depression. L'Encephale, 2022, , .	0.3	0

#	ARTICLE	IF	CITATIONS
1682	No Effects of a Brief Mindfulness Intervention on Controlled Motivation and Amotivation, but Effect Moderation Through Trait Mindfulness: a Randomized Controlled Trial. <i>Mindfulness</i> , 2022, 13, 2434-2447.	1.6	6
1683	Effectiveness of Mobile-Based Mindfulness Interventions in Improving Mindfulness Skills and Psychological Outcomes for Adults: a Systematic Review and Meta-regression. <i>Mindfulness</i> , 2022, 13, 2379-2395.	1.6	5
1684	Validation of the Italian Translation of the Philadelphia Mindfulness Scale. <i>Mindfulness</i> , 0, , .	1.6	0
1685	Protocol for a randomized controlled trial of mindfulness-based stress reduction to improve attentional control in older adults (HealthyAgers trial). <i>BMC Geriatrics</i> , 2022, 22, .	1.1	3
1686	Mindfulness as a Symptom Management Strategy for Fibromyalgia: An Integrative Review. <i>Journal of Holistic Nursing</i> , 0, , 089801012211238.	0.6	1
1687	Mindful language learning: The effects of college students's mindfulness on short-term vocabulary retention. <i>System</i> , 2022, 110, 102909.	1.7	4
1688	A mixed-methods feasibility study of Nyamekela4Care: An intervention to support improved quality of care among service providers in low-resource settings. <i>SSM Mental Health</i> , 2022, 2, 100154.	0.9	1
1689	Mindfulness-based stress reduction to improve depression, pain and high patient global assessment in controlled rheumatoid arthritis. <i>Rheumatology Advances in Practice</i> , 2022, 6, .	0.3	1
1690	Estructura Interna del Inventario Peruano de Mindfulness y Ecuanimidad. <i>Revista Colombiana De Psicología</i> , 2022, 31, 49-64.	0.1	0
1691	The Effectiveness of Mindfulness Meditation as an Intervention for Well-Being in the New Normal of COVID-19: A Review. <i>Springer Proceedings in Business and Economics</i> , 2022, , 221-243.	0.3	1
1692	Breath Counting Task (BCT). , 2022, , 1-13.		2
1693	Personalized Prediction of Response to Smartphone-Delivered Meditation Training: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e41566.	2.1	3
1694	Maintenance of Effects and Correlates of Changes Following Mindfulness for Interdisciplinary Health Care Professional Students. , 2022, 1, 177-185.		0
1695	The effectiveness of immersive virtual reality (VR) based mindfulness training on improvement mental-health in adults: A narrative systematic review. <i>Explore: the Journal of Science and Healing</i> , 2023, 19, 310-318.	0.4	22
1696	Relation of Mindfulness, Heartfulness and Well-Being in Students during the Coronavirus-Pandemic. <i>International Journal of Applied Positive Psychology</i> , 2022, 7, 419-438.	1.2	3
1697	Effectiveness of a Mindful Compassion Care Program in reducing burnout and psychological distress amongst frontline hospital nurses during the COVID-19 pandemic: a study protocol for a randomized controlled trial. <i>Trials</i> , 2022, 23, .	0.7	4
1698	The mediating role of basic psychological needs satisfaction in the relationship between trait mindfulness and psychological distress in clinical trainees. <i>Counselling Psychology Quarterly</i> , 0, , 1-18.	1.5	0
1699	Outcomes From an Online Pilot Mindfulness Based Intervention with Adolescents: A Comparison by Categories of Risk. <i>Journal of Child and Family Studies</i> , 2023, 32, 438-450.	0.7	4

#	ARTICLE	IF	CITATIONS
1700	The Effect of Trait Mindfulness on Subjective Well-Being of Kindergarten Teachers: The Sequential Mediating Roles of Emotional Intelligence and Work-Family Balance. <i>Psychology Research and Behavior Management</i> , 0, Volume 15, 2815-2830.	1.3	5
1701	Letting Go as an Aspect of Rumination and Its Relationship to Mindfulness, Dysphoria, Anxiety, and Eudemonic Well-Being. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2022, 12, 369.	1.0	0
1702	Peacefull: A French mindfulness-based intervention for adolescents with chronic pain a feasibility study. <i>Archives De Pediatrie</i> , 2022, 29, 581-587.	0.4	2
1703	The role of mindful acceptance and lucid dreaming in nightmare frequency and distress. <i>Scientific Reports</i> , 2022, 12, .	1.6	3
1704	What Happens When You Smoke a Cigarette Mindfully? A Deductive Qualitative Study. <i>Mindfulness</i> , 0, , .	1.6	0
1705	Meditative State Scale (MSS): Psychometric Validation and Exploration of Gamma-Band Correlates. <i>Mindfulness</i> , 0, , .	1.6	0
1706	Biomarker Response to Mindfulness Intervention in Veterans Diagnosed with Post-traumatic Stress Disorder. <i>Mindfulness</i> , 0, , .	1.6	0
1707	Self-judgment dissected: A computational modeling analysis of self-referential processing and its relationship to trait mindfulness facets and depression symptoms. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2023, 23, 171-189.	1.0	4
1708	How Daily Mindfulness Predicts Life Satisfaction: From the Perspective of Mindfulness Coping Model. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2022, 156, 568-581.	0.9	4
1709	A Randomized Controlled Study of a French Compassionate Mind Training. <i>Mindfulness</i> , 2022, 13, 2891-2903.	1.6	1
1710	Stress reduction interventions: A scoping review to explore progress toward use of haptic feedback in virtual reality. <i>Frontiers in Virtual Reality</i> , 0, 3, .	2.5	2
1711	A Preliminary Investigation into the Factor Structure of Two Psychological Flexibility Measures in a Sample of Community-Dwelling Older Adults. <i>Clinical Gerontologist</i> , 0, , 1-13.	1.2	0
1712	Enhancing Parental Well-being: Initial Efficacy of a 21-Day Online Self-help Mindfulness-Based Intervention for Parents. <i>Mindfulness</i> , 2022, 13, 2812-2826.	1.6	6
1713	Psychological Resources for Sustainable Lifestyles. , 2022, , 47-114.		0
1714	First Wave Conceptualizations of Anxiety Disorders. , 2022, , 293-328.		0
1715	Depression, Anxiety and Stress Scales (DASS). , 2022, , 1-15.		0
1716	Chronic Pain: Third Wave Case Conceptualizations. , 2022, , 697-719.		0
1718	Five Facet Mindfulness Questionnaire (FFMQ). , 2022, , 1-23.		4

#	ARTICLE	IF	CITATIONS
1719	Which adolescents are well-suited to app-based mindfulness training? A randomized clinical trial and data-driven approach for personalized recommendations.. Journal of Consulting and Clinical Psychology, 2022, 90, 655-669.	1.6	8
1720	Contemplative Practices Behavior Is Positively Associated with Well-Being in Three Global Multi-Regional Stanford WELL for Life Cohorts. International Journal of Environmental Research and Public Health, 2022, 19, 13485.	1.2	2
1721	The efficacy of online mindfulness-based interventions in a university student sample: Videoconference or podcast-delivered intervention. Applied Psychology: Health and Well-Being, 2023, 15, 740-756.	1.6	4
1722	Dispositional Mindfulness and Self-Compassion Buffer the Effects of COVID-19 Stress on Depression and Anxiety Symptoms. Mindfulness, 2022, 13, 3028-3042.	1.6	6
1723	The Relationship Between Mindfulness and Perfectionism in University Students During Emerging Adulthood. Emerging Adulthood, 0, , 216769682211267.	1.4	1
1724	Complementary Approaches for Military Women with Chronic Pelvic Pain: A Randomized Trial. , 0, , .		1
1726	Mindfulness or expectancy? The label of mindfulness leads to expectancy effects. Counselling and Psychotherapy Research, 0, , .	1.7	0
1727	Infraslow Neurofeedback Training Alters Effective Connectivity in Individuals with Chronic Low Back Pain: A Secondary Analysis of a Pilot Randomized Placebo-Controlled Study. Brain Sciences, 2022, 12, 1514.	1.1	3
1728	State Mindful Attention Awareness as a Dyadic Protective Factor During COVID-19: a Daily Diary Study. Mindfulness, 2022, 13, 3134-3144.	1.6	3
1729	Examining socio-cognitive factors and beliefs about mindful eating in healthy adults with differing practice experience: a cross-sectional study. BMC Psychology, 2022, 10, .	0.9	0
1730	Design and Evaluation of a Loving Kindness Virtual Reality Meditation Experience. Journal of Japan Society for Fuzzy Theory and Intelligent Informatics, 2022, 34, 697-709.	0.0	1
1731	Psychological and socio-demographic factors in the pre-decision stage for the purchase of e-cars. Current Research in Ecological and Social Psychology, 2022, , 100072.	0.9	1
1732	Childhood maltreatment and suicidal ideation in Chinese children and adolescents: the mediating role of mindfulness. BMC Psychiatry, 2022, 22, .	1.1	1
1733	Identifying Core Program Components of Mindfulness-Based Programming for Youth: Delphi Approach Consensus Outcomes. Mindfulness, 2023, 14, 279-292.	1.6	10
1735	Mindfulness for stress and anxiety management in nursing students in a clinical simulation: A quasi-experimental study. Nurse Education in Practice, 2023, 66, 103533.	1.0	5
1736	Delivering mindfulness in the classroom via a technology-enabled approach: Feasibility and the potential impact on teachers' psychological well-being, self-efficacy, and mindfulness. Teaching and Teacher Education, 2023, 122, 103950.	1.6	1
1737	Dispositional mindfulness, alexithymia and sensory processing: Emerging insights from habituation of the acoustic startle reflex response. International Journal of Psychophysiology, 2023, 184, 20-27.	0.5	2
1738	Mindfulness-based stress reduction for men on active surveillance for prostate cancer and their spouses: Design and methodology of a randomized controlled trial. Contemporary Clinical Trials, 2023, 125, 107059.	0.8	2

#	ARTICLE	IF	CITATIONS
1739	Kontemplativ opmÅ   rksomhedskultur i skolen. , 2013, 34, 28.		1
1740	Muslim Students' Dispositional Mindfulness and Mental Well-Being: The Mediating Role of Core Self-Evaluation. <i>Islamic Guidance and Counseling Journal</i> , 2022, 5, 1-14.	0.3	2
1741	Psychometric properties of the short version of the Five Facets of Mindfulness Questionnaire in Brazilian Portuguese. <i>Psico-USF</i> , 2022, 27, 489-499.	0.1	1
1743	Protocol of a randomized controlled trial to investigate the efficacy and neural correlates of mindfulness-based habit reversal training in children with Tourette syndrome. <i>Frontiers in Psychiatry</i> , 0, 13, .	1.3	0
1744	Relational Health as a Pathway from Trauma to Flourishing in School Communities. <i>Journal of School Health</i> , 2023, 93, 628-637.	0.8	2
1745	Evaluating an embodied mindfulness approach to teach reflective practice to MSW students: a mixed methods case study. <i>Social Work Education</i> , 0, , 1-18.	0.8	0
1746	Effect of mindfulness on online impulse buying: Moderated mediation model of problematic internet use and emotional intelligence. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	3
1747	Increases in External Sensory Observing Cross-Sectionally Mediate the Repair of Positive Affect Following Mindfulness-Based Cognitive Therapy in Individuals with Residual Depression Symptoms. <i>Mindfulness</i> , 2023, 14, 113-127.	1.6	1
1748	From Distraction to Mindfulness: Latent Structure of the Spanish Mind-Wandering Deliberate and Spontaneous Scales and Their Relationship to Dispositional Mindfulness and Attentional Control. <i>Mindfulness</i> , 2023, 14, 732-745.	1.6	2
1749	Burnout Syndrome and COVID-19 Lockdown: Research on Residential Care Workers Who Assume Parental Roles with Youths. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 16320.	1.2	3
1750	The less you judge, the better you sleep: The benefits of mindfulness and forgiveness for insomnia and sleep problems. <i>Bulletin of the Menninger Clinic</i> , 2022, 86, 324-338.	0.3	1
1751	Advanced brain age correlates with greater rumination and less mindfulness in schizophrenia. <i>NeuroImage: Clinical</i> , 2023, 37, 103301.	1.4	0
1752	Trait Mindfulness is Associated with Self-Disclosure and Responsiveness During Social Interactions with New Acquaintances. <i>Mindfulness</i> , 2023, 14, 205-217.	1.6	1
1753	Effects of Insight Dialogue Retreats on Mindfulness, Self-Compassion, and Psychological Well-Being. <i>Mindfulness</i> , 0, , .	1.6	4
1754	Should I pet or should I work? Human-animal interactions andÂ(tele)work engagement: anÂexploration of the underlying within-level mechanisms. <i>Personnel Review</i> , 2022, ahead-of-print, .	1.6	8
1755	Effects of a traumaâ€informed mindful recovery program on comorbid pain, anxiety, and substance use during primary care buprenorphine treatment: A proofâ€ofâ€concept study. <i>American Journal on Addictions</i> , 2023, 32, 244-253.	1.3	2
1757	Mindfulness is associated with improved psychological well-being but no change in stress biomarkers in breast cancer survivors with depression: a single group clinical pilot study. <i>BMC Women's Health</i> , 2022, 22, .	0.8	1
1758	The psychometric properties of the Vietnamese Version of the Five Facet Mindfulness Questionnaire. <i>BMC Psychology</i> , 2022, 10, .	0.9	2

#	ARTICLE	IF	CITATIONS
1759	Internet delivered, non-inferiority, two-arm, assessor-blinded intervention comparing mindfulness-based stress reduction and cognitive-behavioral treatment for insomnia: a protocol study for a randomized controlled trial for nursing staff with insomnia. <i>Trials</i> , 2022, 23, .	0.7	0
1760	The impact of mindfulness meditation training and practice on post-graduate coaching students. , 2022, 17, 5-20.		1
1761	Relieving Pandemic-Related Psychological Distress: Key Protective Factors Against Mental Health Impairment. , 2022, 4, .		0
1762	A randomized controlled trial protocol for persistent physical symptoms associated with indoor environment or chronic fatigue: Effectiveness of video-based functional case conceptualization and web-program for improving quality of life. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	1
1763	Exploring the Influence of a Mindfulness Intervention on the Experiences of Mothers with Infants in Neonatal Intensive Care Units. <i>Mindfulness</i> , 2023, 14, 218-229.	1.6	2
1764	Group Nature-Based Mindfulness Interventions: Nature-Based Mindfulness Training for College Students with Anxiety. <i>International Journal of Environmental Research and Public Health</i> , 2023, 20, 1451.	1.2	3
1765	Effect moderators in Internet-based exposure therapy for fibromyalgia: The role of pain intensity. <i>European Journal of Pain</i> , 2023, 27, 507-517.	1.4	3
1766	The benefits of delivering a mindfulnessbased cognitive therapy course to trainee clinical psychologists. , 2013, 1, 32-36.		0
1767	Exploring electroencephalographic infraslow neurofeedback treatment for chronic low back pain: a double-blinded safety and feasibility randomized placebo-controlled trial. <i>Scientific Reports</i> , 2023, 13, .	1.6	2
1768	Mindfulness and foreign language learners's self-perceived proficiency: the mediating roles of anxiety and burnout. <i>Journal of Multilingual and Multicultural Development</i> , 0, , 1-18.	1.0	2
1769	Mindfulness Training Improves Attention: Evidence from Behavioral and Event-related Potential Analyses. <i>Brain Topography</i> , 0, , .	0.8	2
1770	What role does mindfulness play in regulating fear of COVID-19 and associated mental health? The results of a cross-sectional study. <i>Frontiers in Psychology</i> , 0, 13, .	1.1	0
1771	Mindfulness through agency in health consumption: Empirical evidence from committed dietary supplement consumers. <i>Journal of Consumer Affairs</i> , 2023, 57, 871-905.	1.2	3
1772	Mindful Parenting Group Intervention for Parents of Children with Anxiety Disorders. <i>Child Psychiatry and Human Development</i> , 0, , .	1.1	2
1773	Relationship between early-life stress and trait mindfulness in adulthood: a correlational study. <i>BMC Psychology</i> , 2023, 11, .	0.9	1
1774	A randomized controlled trial of a 14-day mindfulness ecological momentary intervention (MEMI) for generalized anxiety disorder. <i>European Psychiatry</i> , 2023, 66, .	0.1	6
1775	Trait mindfulness and sleep: Interactions between observing and nonreactivity in the association with sleep health. <i>Health Psychology Open</i> , 2023, 10, 205510292211492.	0.7	0
1776	Development and Validation of the Awareness Outcomes Measure (AOM) Using Rasch Approach. <i>Mindfulness</i> , 2023, 14, 473-481.	1.6	2

#	ARTICLE	IF	CITATIONS
1777	Can Mindfulness Buffer Against Negative Effects of Job Demands for Military and Police Personnel?. <i>Journal of Occupational and Environmental Medicine</i> , 2023, 65, 428-436.	0.9	0
1778	Enhanced electroencephalography effective connectivity in frontal low- $\gamma$ band correlates of emotional regulation after mindfulness training. <i>Journal of Neuroscience Research</i> , 2023, 101, 901-915.	1.3	3
1779	Longitudinal associations between mindfulness and changes to body image in first-time parent couples. <i>Body Image</i> , 2023, 44, 187-196.	1.9	2
1780	The influence of childhood maltreatment on trait depression in patients with major depressive disorder: A moderated mediation model of rumination and mindful attention awareness. <i>Journal of Affective Disorders</i> , 2023, 331, 130-138.	2.0	3
1781	A Randomized Controlled Trial of Mindfulness in Recovery from Colorectal Cancer. <i>Chinese Journal of Integrative Medicine</i> , 2023, 29, 590-599.	0.7	1
1783	Presence and personality: A factorial exploration of the relationship between facets of dispositional mindfulness and personality. , 2019, 34, 27-40.		0
1784	An expanded mindful mindset: The role of different skills in stress reduction and life satisfaction. <i>Journal of Consumer Affairs</i> , 2023, 57, 821-847.	1.2	1
1785	Process of interpersonal empathy: a proposed framework of empathy competence in psychotherapies. <i>Person-Centered and Experiential Psychotherapies</i> , 2024, 23, 39-53.	0.2	0
1786	Factor structure of the Five Facets Mindfulness Questionnaire (FFMQ) (15 items) in a collectivist society—Pakistan. <i>Psychology in the Schools</i> , 2023, 60, 2502-2519.	1.1	0
1787	Measuring Mindfulness in Black Americans: A Psychometric Validation of the Five Facet Mindfulness Questionnaire. <i>Mindfulness</i> , 2023, 14, 565-581.	1.6	4
1788	Impacts of the Attachment and Child Health (ATTACHTM) Parenting Program on Mothers and Their Children at Risk of Maltreatment: Phase 2 Results. <i>International Journal of Environmental Research and Public Health</i> , 2023, 20, 3078.	1.2	0
1790	Innovation in Health Programming: College Students Benefit from an Array of Complementary Approaches to Health Improvement Framed by the Biopsychosocial-Spiritual Model. <i>American Journal of Health Education</i> , 2023, 54, 135-154.	0.3	1
1792	Mindfulness Profiles Among Chinese University Students: Exploring Differences in Phenomenon, Cognition, and Performance of Mind Wandering. <i>Mindfulness</i> , 2023, 14, 908-918.	1.6	1
1793	The Impact of an Online Mindfulness-Based Practice Program on the Mental Health of Brazilian Nurses during the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , 2023, 20, 3666.	1.2	4
1794	Mindfulness training reduces slippery slope effects in moral decision-making and moral judgment. <i>Scientific Reports</i> , 2023, 13, .	1.6	6
1795	Exploring the moderating role of mindfulness, mindful eating, and self-compassion on the relationship between eating-disordered quality of life and orthorexia nervosa. <i>Eating and Weight Disorders</i> , 2023, 28, .	1.2	2
1796	Differential associations of the two higher-order factors of mindfulness with trait empathy and the mediating role of emotional awareness. <i>Scientific Reports</i> , 2023, 13, .	1.6	2
1797	Fostering collective climate action and leadership: Insights from a pilot experiment involving mindfulness and compassion. <i>IScience</i> , 2023, 26, 106191.	1.9	3

#	ARTICLE	IF	CITATIONS
1798	Do Mindfulness-Based Interventions Reduce Burnout of College Students in China? A Randomized Controlled Trial. <i>Mindfulness</i> , 2023, 14, 880-890.	1.6	2
1799	Exploring the Association between Attachment Style, Psychological Well-Being, and Relationship Status in Young Adults and Adultsâ€”A Cross-Sectional Study. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2023, 13, 525-539.	1.1	1
1800	Beyond Mindfulness Assessed by Questionnaires: The Mindful-Breathing Exercise as an Additional Approach in PTSD and Depression. <i>Mindfulness</i> , 2023, 14, 919-932.	1.6	2
1802	Exploring the relationship between parent mental health and parentâ€™child emotion reminiscing. <i>Early Child Development and Care</i> , 0, , 1-18.	0.7	1
1803	Does Mindfulness Mediate the Relation between Impulsiveness and Job Stressfulness Perception of Professional Drivers?. <i>International Journal of Environmental Research and Public Health</i> , 2023, 20, 4559.	1.2	1
1804	The effectiveness, acceptability, and sustainability of a 4â€week DBTâ€informed group therapy in increasing psychological resilience for college students with mental health issues. <i>Journal of Clinical Psychology</i> , 2023, 79, 1929-1942.	1.0	0
1805	Mindfulness-Based Cognitive Therapy Self-Assessment Scale (MBCT-SAS). , 2022, , 1-15.		0
1806	Sporcularda BilinÅŒli FarkÃ±ndalÃ±k ve Zihnin Ã°stemli-Ã°stemsiz Gezinme DurumlarÃ±nÃ±n AkÃ±ÅŒ Deneyimine Etkisi. <i>Akdeniz Spor Bilimleri Dergisi</i> , 0, , .	0.1	0
1807	Art-based emotion regulation in major depression: Framework for intervention. <i>Arts in Psychotherapy</i> , 2023, 83, 102018.	0.6	1
1808	The relationship between trait mindfulness and resilience: A metaâ€analysis. <i>Personality and Mental Health</i> , 0, , .	0.6	0
1809	Is Mindfulness Associated With Safer Cannabis Use? A Latent Profile Analysis of Dispositional Mindfulness Among College Students Who Use Cannabis. <i>Mindfulness</i> , 2023, 14, 797-807.	1.6	0
1810	Trait Mindfulness, Compassion, and Stigma Towards Patients with Mental Illness: A Study Among Nurses in Sri Lanka. <i>Mindfulness</i> , 2023, 14, 979-991.	1.6	2
1811	Ecological Momentary Assessment in Mindfulness Research. , 2023, , 1-28.		1
1812	The Protective Role of Dispositional Mindfulness on Cyber Dating Abuse: A 6-Month Longitudinal Study. <i>Journal of Interpersonal Violence</i> , 0, , 088626052311628.	1.3	0
1813	A practical guide to planning, implementing, and evaluating the mindfulnessâ€based wellâ€being group for international students. <i>Journal of Humanistic Counseling</i> , 0, , .	0.3	1
1815	Long-term effects of a tailored mindfulness-based program for Chinese intensive care unit nurses: A randomized parallel-group trial. <i>Nurse Education in Practice</i> , 2023, 70, 103640.	1.0	0
1816	A Network Investigation of Core Mindfulness Processes. <i>Mindfulness</i> , 2023, 14, 992-1004.	1.6	0
1817	The effectiveness of a five-session workshop on the distress of international students in Finland â€” a pilot study. <i>British Journal of Guidance and Counselling</i> , 0, , 1-18.	0.6	1



#	ARTICLE	IF	CITATIONS
1818	Differential efficacy of physical exercise and mindfulness during lunch breaks as internal work recovery strategies: a daily study. <i>European Journal of Work and Organizational Psychology</i> , 2023, 32, 549-561.	2.2	0
1848	A Bibliometric Analysis of Mindfulness and Acceptance Research in Sports from 1969 to 2021. <i>Mindfulness</i> , 2023, 14, 1038-1053.	1.6	3
1902	The Relationship Between Time Perspective and Dispositional Mindfulness with Respect to Well-Being: A Systematic Review of Cross-Sectional Studies. <i>Mindfulness</i> , 0, , .	1.6	0
1905	Mindfulness Interventions and Surveys as Tools for Positive Emotional Regulation During COVID-19: A Scoping Review. <i>Mindfulness</i> , 2023, 14, 2583-2601.	1.6	2
1917	Mindfulness Interventions for ADHD. <i>Autism and Child Psychopathology Series</i> , 2023, , 631-647.	0.1	0
1923	Exploring the Effects of VR Activities on Stress Relief: A Comparison of Sitting-in-Silence, VR Meditation, and VR Smash Room. , 2023, , .		0
1955	Mindful Parenting and Mindfulness-Based Programs on Parents. <i>Mindfulness in Behavioral Health</i> , 2024, , 115-133.	0.2	0
1966	Coherence of emotional response systems: Theory, measurement, and benefits. <i>Advances in Experimental Social Psychology</i> , 2024, , 59-149.	2.0	0
1978	Awareness Outcomes Measure (AOM). , 2024, , 1-10.		0
1982	Mindfulness Is in the Eye of the Machine. <i>Lecture Notes in Computer Science</i> , 2024, , 223-239.	1.0	0
1983	Sexual Mindfulness Measure (SMM). , 2024, , 1-18.		0