

Whey protein ingestion in elderly persons results in greater
ingestion of its constituent essential amino acid content

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Whey or No Whey?. ACSM's Health and Fitness Journal, 2009, 13, 30-31.	0.3	0
2	Place de l'alpha-cetoglutarate d'ornithine dans le traitement de la sarcopénie. Nutrition Clinique Et Metabolisme, 2009, 23, 137-148.	0.2	2
3	Physiologic and molecular bases of muscle hypertrophy and atrophy: impact of resistance exercise on human skeletal muscle (protein and exercise dose effects) This paper is one of a selection of papers published in this Special Issue, entitled 14th International Biochemistry of Exercise Conference "Muscles as Molecular and Metabolic Machines, and has undergone the Journal's usual peer review process.. Applied Physiology, Nutrition and Metabolism, 2009, 34, 403-410.	0.9	86
5	A native whey protein extract. Nutrafoods, 2010, 9, 33-37.	0.5	2
6	Ornithine alpha-ketoglutarate: Could it be a new therapeutic option for sarcopenia?. Journal of Nutrition, Health and Aging, 2010, 14, 570-577.	1.5	16
7	Effect of protein/essential amino acids and resistance training on skeletal muscle hypertrophy: A case for whey protein. Nutrition and Metabolism, 2010, 7, 51.	1.3	158
8	Effect of protein intake on bone and muscle mass in the elderly. Nutrition Reviews, 2010, 68, 616-623.	2.6	71
9	Short-term protein intake increases fractional synthesis rate of muscle protein in the elderly: meta-analysis. Nutrition Research and Practice, 2010, 4, 375.	0.7	8
10	Different digestion of caprine whey proteins by human and porcine gastrointestinal enzymes. British Journal of Nutrition, 2010, 104, 374-381.	1.2	60
11	Nutritional aspects of the cancer/aging interface. Journal of Geriatric Oncology, 2011, 2, 177-186.	0.5	12
12	Muscle protein synthesis in cancer patients can be stimulated with a specially formulated medical food. Clinical Nutrition, 2011, 30, 759-768.	2.3	178
13	Similar effects of leucine rich and regular dairy products on muscle mass and functions of older polymyalgia rheumatica patients: A randomized crossover trial. Journal of Nutrition, Health and Aging, 2011, 15, 462-467.	1.5	23
14	Whey proteins. , 2011, , 30-55.		14
15	Greater stimulation of myofibrillar protein synthesis with ingestion of whey protein isolate <i>v.</i> micellar casein at rest and after resistance exercise in elderly men. British Journal of Nutrition, 2012, 108, 958-962.	1.2	229
16	The role of dietary protein in optimizing muscle mass, function and health outcomes in older individuals. British Journal of Nutrition, 2012, 108, S88-S93.	1.2	124
18	Necesidades proteicas de los deportistas y pautas dietico-nutricionales para la ganancia de masa muscular. Revista Espanola De Nutricion Humana Y Dietetica, 2012, 16, 25-35.	0.1	6
19	Protein Supplementation Improves Physical Performance in Frail Elderly People: A Randomized, Double-Blind, Placebo-Controlled Trial. Journal of the American Medical Directors Association, 2012, 13, 720-726.	1.2	353
20	Whey protein and essential amino acids promote the reduction of adipose tissue and increased muscle protein synthesis during caloric restriction-induced weight loss in elderly, obese individuals. Nutrition Journal, 2012, 11, 105.	1.5	67

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21	Physiological effects beyond the significant gain in muscle mass in sarcopenic elderly men: evidence from a randomized clinical trial using a protein-rich food. <i>Clinical Interventions in Aging</i> , 2012, 7, 225.	1.3	61
22	Muscle weakness in the elderly: role of sarcopenia, dynapenia, and possibilities for rehabilitation. <i>European Review of Aging and Physical Activity</i> , 2012, 9, 109-117.	1.3	58
23	Do Frail Older Persons Need More Protein?. <i>Journal of the American Medical Directors Association</i> , 2012, 13, 667-668.	1.2	19
24	Sarcopenic obesity in the elderly and strategies for weight management. <i>Nutrition Reviews</i> , 2012, 70, 57-64.	2.6	92
25	Evidence-Based Recommendations for Optimal Dietary Protein Intake in Older People: A Position Paper From the PROT-AGE Study Group. <i>Journal of the American Medical Directors Association</i> , 2013, 14, 542-559.	1.2	1,767
26	Metabolic profiling and biological mechanisms of body fat reduction in mice fed the ethanolic extract of black-colored rice. <i>Food Research International</i> , 2013, 53, 373-390.	2.9	20
27	Influence of Amino Acids, Dietary Protein, and Physical Activity on Muscle Mass Development in Humans. <i>Nutrients</i> , 2013, 5, 852-876.	1.7	72
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32	MicroRNAs in skeletal muscle and their regulation with exercise, ageing, and disease. <i>Frontiers in Physiology</i> , 2013, 4, 266.	1.3	87
33	Effect of whey protein on plasma amino acids in diabetic mice. <i>Experimental and Therapeutic Medicine</i> , 2013, 6, 1449-1454.	0.8	4
34	Role of whey proteins in combating geriatric disorders. <i>Journal of the Science of Food and Agriculture</i> , 2013, 93, 3662-3669.	1.7	8
35	Nutrient-rich dairy proteins improve appendicular skeletal muscle mass and physical performance, and attenuate the loss of muscle strength in older men and women subjects: a single-blind randomized clinical trial. <i>Clinical Interventions in Aging</i> , 2014, 9, 1517.	1.3	64
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38	The World Supply of Food and the Role of Dairy Protein. , 2014, , 1-18.		0

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40	Current practices of dietitians in the assessment and management of malnutrition in elderly patients. Nutrition and Dietetics, 2015, 72, 254-260.	0.9	7
41	Dietary Protein Intake in Dutch Elderly People: A Focus on Protein Sources. Nutrients, 2015, 7, 9697-9706.	1.7	86
42	The effectiveness of leucine on muscle protein synthesis, lean body mass and leg lean mass accretion in older people: a systematic review and meta-analysis. British Journal of Nutrition, 2015, 113, 25-34.	1.2	89
43	The Biological Value of Protein. Nestle Nutrition Institute Workshop Series, 2015, 82, 39-51.	1.5	24
44	Tailoring the nutritional regimen in the elderly cancer patient. Nutrition, 2015, 31, 612-614.	1.1	8
45	Feeding critically ill patients the right "whey": thinking outside of the box. A personal view. Annals of Intensive Care, 2015, 5, 51.	2.2	57
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47	Protein and healthy aging. American Journal of Clinical Nutrition, 2015, 101, 1339S-1345S.	2.2	196
48	Building Muscle Mass: Physiology, Nutrition, and Supplementation. , 2015, , 123-157.		0
49	Citrulline stimulates muscle protein synthesis in the post-absorptive state in healthy people fed a low-protein diet " A pilot study. Clinical Nutrition, 2015, 34, 449-456.	2.3	60
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57	Ameliorating Effects of Sphingomyelin-Based Liposomes on Sarcopenia in Senescence-Accelerated Mice. <i>Biological and Pharmaceutical Bulletin</i> , 2016, 39, 786-793.	0.6	9
58	Protein quality as determined by the Digestible Indispensable Amino Acid Score: evaluation of factors underlying the calculation: Table 1. <i>Nutrition Reviews</i> , 2016, 74, 584-599.	2.6	87
59	Sarcopenic obesity: An appraisal of the current status of knowledge and management in elderly people. <i>Journal of Nutrition, Health and Aging</i> , 2016, 20, 780-788.	1.5	51
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93	The Effects of Cow-Milk Protein Supplementation in Elderly Population: Systematic Review and Narrative Synthesis. Nutrients, 2020, 12, 2548.	1.7	10
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95	World supply of food and the role of dairy protein. , 2020, , 1-19.		4

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96	Characterization of in silico modeled synthetic protein enriched with branched-chain amino acids expressed in <i>Pichia pastoris</i> . <i>International Journal of Biological Macromolecules</i> , 2021, 168, 518-525.	3.6	2
99	Development and Evaluation of a Low-cost Dairy Food Supplement with <i>Mauritia Flexuosa</i> (Buriti) to Combat Malnutrition: Translational Study in Mice and Institutionalized Elderly Woman. <i>Current Aging Science</i> , 2022, 15, 37-48.	0.4	2
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117	Muscle Metabolism, Nutrition, and Functional Status in Older Adults. , 2015, , 113-124.		0
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