Emerging Adulthood and Collegeâ€aged Youth: An Over Behavior Change

Obesity

16, 2205-2211

DOI: 10.1038/oby.2008.365

Citation Report

#	Article	IF	Citations
1	Dietary fiber and associations with adiposity and fasting insulin among college students with plausible dietary reports. Nutrition, 2009, 25, 896-904.	1.1	16
2	Understanding the Perceived Determinants of Weight-related Behaviors in Late Adolescence: A Qualitative Analysis among College Youth. Journal of Nutrition Education and Behavior, 2009, 41, 287-292.	0.3	158
3	Five-Year Longitudinal and Secular Shifts in Adolescent Beverage Intake: Findings from Project EAT (Eating Among Teens)-II. Journal of the American Dietetic Association, 2009, 109, 308-312.	1.3	52
4	Latent Class Analysis of Lifestyle Characteristics and Health Risk Behaviors among College Youth. Prevention Science, 2009, 10, 376-386.	1.5	202
5	Are standard behavioral weight loss programs effective for young adults?. International Journal of Obesity, 2009, 33, 1374-1380.	1.6	108
6	Food Environments in University Dorms. American Journal of Preventive Medicine, 2009, 36, 523-526.	1.6	52
7	Disparities in Dietary Intake, Meal Patterning, and Home Food Environments Among Young Adult Nonstudents and 2- and 4-Year College Students. American Journal of Public Health, 2009, 99, 1216-1219.	1.5	56
8	Understanding young adult physical activity, alcohol and tobacco use in community colleges and 4-year post-secondary institutions: A cross-sectional analysis of epidemiological surveillance data. BMC Public Health, 2010, 10, 208.	1.2	75
9	Dietary patterns and home food availability during emerging adulthood: do they differ by living situation? Public Health Nutrition, 2010, 13, 222-228.	1.1	65
10	Young Adult Eating and Food-Purchasing Patterns. American Journal of Preventive Medicine, 2010, 39, 464-467.	1.6	33
11	Differential prevalence of alcohol use among 2-year and 4-year college students. Addictive Behaviors, 2011, 36, 1353-1356.	1.7	53
12	Environmental Influences on Young Adult Weight Gain: Evidence From a Natural Experiment. Journal of Adolescent Health, 2011, 48, 52-58.	1.2	53
13	Longitudinal and Secular Trends in Parental Encouragement for Healthy Eating, Physical Activity, and Dieting Throughout the Adolescent Years. Journal of Adolescent Health, 2011, 49, 306-311.	1.2	44
14	Beliefs About Weight Gain Among Young Adults: Potential Challenges to Prevention. Obesity, 2011, 19, 1901-1904.	1.5	29
15	Preventing Chronic Illness in Young Veterans by Promoting Healthful Behaviors. Preventing Chronic Disease, 0, , .	1.7	4
16	Training and Detraining Effects of the Resistance vs. Endurance Program on Body Composition, Body Size, and Physical Performance in Young Men. Journal of Strength and Conditioning Research, 2011, 25, 2246-2254.	1.0	31
17	The Freshman 15: A Critical Time for Obesity Intervention or Media Myth?. Social Science Quarterly, 2011, 92, 1389-1407.	0.9	14
18	The Differential Prevalence of Obesity and Related Behaviors in Two- vs. Four-Year Colleges. Obesity, 2011, 19, 453-456.	1.5	62

#	Article	IF	Citations
19	Identifying Clusters of College Students at Elevated Health Risk Based on Eating and Exercise Behaviors and Psychosocial Determinants of Body Weight. Journal of the American Dietetic Association, 2011, 111, 394-400.	1.3	106
20	Meal Patterns and Food Choices of Young African-American Men: Understanding Eating within the Context of Daily Life. Journal of the American Dietetic Association, 2011, 111, 1335-1342.	1.3	8
21	Young Adults and Eating Away from Home: Associations with Dietary Intake Patterns and Weight Status Differ by Choice of Restaurant. Journal of the American Dietetic Association, 2011, 111, 1696-1703.	1.3	155
22	Correlates of Family Health History Discussions Between College Students and Physicians: Does Family Cancer History Make a Difference?. Journal of Primary Prevention, 2011, 32, 311-322.	0.8	8
23	Peer effects and the Freshman 15: Evidence from a natural experiment. Economics and Human Biology, 2011, 9, 119-132.	0.7	83
24	Posting point-of-purchase nutrition information in university canteens does not influence meal choice and nutrient intake. American Journal of Clinical Nutrition, 2011, 94, 562-570.	2.2	70
25	Situational characteristics of young adults $\hat{a} \in \mathbb{N}$ eating occasions: a real-time data collection using Personal Digital Assistants. Public Health Nutrition, 2011, 14, 472-479.	1.1	41
26	Health Risk Behaviors of Afghanistan and Iraq War Veterans Attending College. American Journal of Health Promotion, 2011, 26, 101-108.	0.9	49
27	Socioeconomic Disparities in Emerging Adult Weight and Weight Behaviors. American Journal of Health Behavior, 2012, 36, 433-445.	0.6	28
28	Work Hours and Perceived Time Barriers to Healthful Eating Among Young Adults. American Journal of Health Behavior, 2012, 36, 786-796.	0.6	92
29	Perceived Risk of Developing Diabetes in Early Adulthood: Beliefs about Inherited and Behavioral Risk Factors across the Life Course. Journal of Health Psychology, 2012, 17, 285-296.	1.3	27
30	Does involvement in food preparation track from adolescence to young adulthood and is it associated with better dietary quality? Findings from a 10-year longitudinal study. Public Health Nutrition, 2012, 15, 1150-1158.	1.1	168
31	Assessing dietary intake during the transition to adulthood: a comparison of age-appropriate FFQ for youth/adolescents and adults. Public Health Nutrition, 2012, 15, 627-634.	1.1	15
32	College Students' Perceived Disease Risk Versus Actual Prevalence Rates. American Journal of Health Behavior, 2012, 36, 96-106.	0.6	17
33	Best approaches in the battle against Globesity? Learning lessons from our experience tackling HIV-AIDS and tobacco smoking. JRSM Short Reports, 2012, 3, 1-9.	0.6	5
34	Young Adults' Performance in a Low-Intensity Weight Loss Campaign. Obesity, 2012, 20, 2314-2316.	1.5	20
35	Longitudinal Associations Between Key Dietary Behaviors and Weight Gain Over Time: Transitions Through the Adolescent Years. Obesity, 2012, 20, 118-125.	1.5	97
36	Sleep Duration and BMI in a Sample of Young Adults. Obesity, 2012, 20, 1279-1287.	1.5	80

#	ARTICLE	IF	CITATIONS
37	Eating Regulation Styles, Appearance Schemas, and Body Satisfaction Predict Changes in Body Fat for Emerging Adults. Journal of Youth and Adolescence, 2012, 41, 1127-1141.	1.9	18
38	What nutrition label to use in a catering environment? A discrete choice experiment. Food Policy, 2012, 37, 741-750.	2.8	28
39	Self-Weighing Behaviors in Young Adults: Tipping the Scale Toward Unhealthy Eating Behaviors?. Journal of Adolescent Health, 2012, 51, 468-474.	1.2	30
40	Considering J.Lo and Ugly Betty: A qualitative examination of risk factors and prevention targets for body dissatisfaction, eating disorders, and obesity in young Latina women. Body Image, 2012, 9, 381-387.	1.9	36
41	Fitness on Facebook: Advertisements Generated in Response to Profile Content. Cyberpsychology, Behavior, and Social Networking, 2012, 15, 564-568.	2.1	38
42	Examination of weight control practices in a non-clinical sample of college women. Eating and Weight Disorders, 2012, 17, e157-e163.	1.2	10
43	ObesiTV: How television is influencing the obesity epidemic. Physiology and Behavior, 2012, 107, 146-153.	1.0	162
44	Nutrition Label Use Partially Mediates the Relationship between Attitude toward Healthy Eating and Overall Dietary Quality among College Students. Journal of the Academy of Nutrition and Dietetics, 2012, 112, 414-418.	0.4	85
45	Interventions for Weight Gain Prevention During the Transition to Young Adulthood: A Review of the Literature. Journal of Adolescent Health, 2012, 50, 324-333.	1.2	105
46	Predictors of Fruit and Vegetable Intake in Young Adulthood. Journal of the Academy of Nutrition and Dietetics, 2012, 112, 1216-1222.	0.4	112
47	Social and psychological factors affecting eating habits among university students in a Malaysian medical school: a cross-sectional study. Nutrition Journal, 2012, 11, 48.	1.5	104
48	Explaining the effects of a point-of-purchase nutrition-information intervention in university canteens: a structural equation modelling analysis. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 111.	2.0	30
49	Emerging science. Nutrition Bulletin, 2012, 37, 401-403.	0.8	0
50	A preliminary evaluation of BMI status in moderating changes in body composition and eating behavior in ethnically-diverse first-year college women. Eating Behaviors, 2012, 13, 402-405.	1.1	18
51	A framework for the youth with type $1$ diabetes during the emerging adulthood transition. Nursing Outlook, 2012, 60, 401-410.	1.5	47
52	Balancing Healthy Meals and Busy Lives: Associations between Work, School, and Family Responsibilities and Perceived Time Constraints among Young Adults. Journal of Nutrition Education and Behavior, 2012, 44, 481-489.	0.3	68
53	Toward Reducing Risk for Eating Disorders and Obesity in Latina College Women. Journal of Counseling and Development, 2012, 90, 298-307.	1.3	16
54	Young women's physical activity from one year to the next: What changes? What stays the same?. Translational Behavioral Medicine, 2012, 2, 129-136.	1.2	6

#	ARTICLE	IF	CITATIONS
55	Cardiovascular Fitness, Activity, and Metabolic Syndrome Among College Men and Women. Metabolic Syndrome and Related Disorders, 2013, 11, 370-376.	0.5	22
56	Mindful Eating and Its Relationship to Body Mass Index and Physical Activity Among University Students. Mindfulness, 2013, 4, 269-274.	1.6	50
57	Longitudinal predictors of dieting and disordered eating among young adults in the U.S International Journal of Eating Disorders, 2013, 46, 790-800.	2.1	152
58	Associations between internet use and fitness among college students: an experience sampling approach. Journal of Interaction Science, 2013, 1, 4.	1.1	13
59	Weight-gain misperceptions and the third-person effect in Black and White college-bound females: Potential implications for healthy weight management. Eating Behaviors, 2013, 14, 245-248.	1.1	8
60	Social-Cognitive Correlates of Fruit and Vegetable Consumption in Minority and Non-Minority Youth. Journal of Nutrition Education and Behavior, 2013, 45, 96-101.	0.3	19
61	Perceived Social-Ecological Factors Associated with Fruit and Vegetable Purchasing, Preparation, and Consumption among Young Adults. Journal of the Academy of Nutrition and Dietetics, 2013, 113, 1366-1374.	0.4	46
62	Assessment of Dietary Behaviors of College Students Participating in the Health Promotion Program BUCS: Live Well. Journal of the Academy of Nutrition and Dietetics, 2013, 113, A75.	0.4	5
63	What foods are US supermarkets promoting? A content analysis of supermarket sales circulars. Appetite, 2013, 62, 160-165.	1.8	43
64	Dietary factors are associated with coronary heart disease risk factors in college students. Nutrition Research, 2013, 33, 647-652.	1.3	23
65	"lf It Tastes Good, I'm Drinking It― Qualitative Study of Beverage Consumption Among College Students. Journal of Adolescent Health, 2013, 52, 702-706.	1.2	81
66	Role of the locus coeruleus in enhanced orexin A-induced spontaneous physical activity in obesity-resistant rats. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2013, 305, R1337-R1345.	0.9	34
67	Heterogeneous sources of customer-based brand equity within a product category. Marketing Intelligence and Planning, 2013, 31, 674-696.	2.1	19
68	A prospective study of weight gain associated with chronotype among college freshmen. Chronobiology International, 2013, 30, 682-690.	0.9	74
69	Prospective Predictors of Body Dissatisfaction in Young Adults. Emerging Adulthood, 2013, 1, 271-282.	1.4	47
70	Exploring the built environment, physical activity and related behaviours of young people attending school, college and those not in employment. Journal of Public Health, 2013, 35, 57-66.	1.0	17
71	The Relationship between Perceived Health, Health Attitude, and Healthy Offerings for Seniors at Family Restaurants. Cornell Hospitality Quarterly, 2013, 54, 262-273.	2.2	23
72	Emerging Adults With Type 1 Diabetes: A Comparison to Peers Without Diabetes. Journal of Pediatric Psychology, 2013, 38, 506-517.	1.1	52

#	ARTICLE	IF	Citations
73	A 10-Week Multimodal Nutrition Education Intervention Improves Dietary Intake among University Students: Cluster Randomised Controlled Trial. Journal of Nutrition and Metabolism, 2013, 2013, 1-11.	0.7	35
74	Shared meals among young adults are associated with better diet quality and predicted by family meal patterns during adolescence. Public Health Nutrition, 2013, 16, 883-893.	1.1	45
75	Campus Food and Beverage Purchases are Associated with Indicators of Diet Quality in College Students Living off Campus. American Journal of Health Promotion, 2013, 28, 80-87.	0.9	61
76	Using facebook and text messaging to deliver a weight loss program to college students. Obesity, 2013, 21, 25-31.	1.5	334
77	An Assessment of Proximity of Fitness Facilities and Equipment and Actual Perceived Usage by Undergraduate University Students: A Pilot Study. Recreational Sports Journal, 2013, 37, 123-135.	0.2	5
78	Potential Side Effects of Unhealthy Lifestyle Choices and Health Risks on Basal and Reactive Heart Rate Variability in College Drinkers. Journal of Studies on Alcohol and Drugs, 2013, 74, 787-796.	0.6	15
79	Acclimating to the High-Octane College Food Environment. SAGE Open, 2013, 3, 215824401350743.	0.8	1
80	Relationship of Stress on the Eating Behaviors of Science Undergraduates in Kuala Lumpur. Research Journal of Applied Sciences, Engineering and Technology, 2014, 7, 1668-1676.	0.1	2
81	Television Viewing Time in Hong Kong Adult Population: Associations with Body Mass Index and Obesity. PLoS ONE, 2014, 9, e85440.	1.1	26
82	Development and implementation of FRESH â€" a post-secondary nutrition education program incorporating population strategies, experiential learning and intersectoral partnerships. Canadian Journal of Public Health, 2014, 105, e306-e311.	1.1	17
83	Breakfast Cereal Consumption Moderates the Association Between Body Composition and Body Esteem in Young Women but not in Young Men. Canadian Journal of Dietetic Practice and Research, 2014, 75, 214-217.	0.5	1
84	Effect of a 12-week weight management program on the clinical characteristics and dietary intake of the young obese and the contributing factors to the successful weight loss. Nutrition Research and Practice, 2014, 8, 571.	0.7	1
85	Designing a Weight Gain Prevention Trial for Young Adults: The CHOICES Study. American Journal of Health Education, 2014, 45, 67-75.	0.3	29
86	Trading between healthy food, alcohol and physical activity behaviours. BMC Public Health, 2014, 14, 1231.	1.2	22
87	The Relationship of Worry About Hypoglycemia With Diabetes-specific and Typical Youth Behavior Among Emerging Adults With Type 1 Diabetes. The Diabetes Educator, 2014, 40, 533-542.	2.6	27
88	Transition to adult care in adolescent obesity: a systematic review and why it is a neglected topic. International Journal of Obesity, 2014, 38, 475-479.	1.6	20
89	Relations of Behavioral Autonomy to Health Outcomes Among Emerging Adults With and Without Type 1 Diabetes. Journal of Pediatric Psychology, 2014, 39, 1126-1137.	1.1	14
90	Social Norms and Dietary Behaviors among Young Adults. American Journal of Health Behavior, 2014, 38, 144-152.	0.6	90

#	Article	lF	Citations
91	Health Literacy, Self-efficacy, Food Label Use, and Diet in Young Adults. American Journal of Health Behavior, 2014, 38, 331-339.	0.6	126
92	Internet and Video Game Use in Relation to Overweight in Young Adults. American Journal of Health Promotion, 2014, 28, 321-324.	0.9	16
93	PACES: A Physical Activity Campus Environmental Supports Audit on University Campuses. American Journal of Health Promotion, 2014, 28, e104-e117.	0.9	18
94	Body Mass Index Selfâ€Perception and Weight Management Behaviors During Late Adolescence. Journal of School Health, 2014, 84, 654-660.	0.8	33
95	Binge eating and weight loss behaviors of overweight and obese college students. Journal of the American Association of Nurse Practitioners, 2014, 26, 445-451.	0.5	24
96	Adolescent food literacy programmes: A review of the literature. Nutrition and Dietetics, 2014, 71, 158-171.	0.9	82
97	Obesity and Perceived Severity of Obstructive Sleep Apneaâ€"Related Conditions. Family and Community Health, 2014, 37, 258-270.	0.5	6
98	A Latent Class Analysis of Weight-Related Health Behaviors Among 2- and 4-Year College Students and Associated Risk of Obesity. Health Education and Behavior, 2014, 41, 663-672.	1.3	23
99	Coronary Heart Disease Risk Factors in College Students. Advances in Nutrition, 2014, 5, 177-187.	2.9	54
100	Psychometric Evaluation of Dietary Self-Efficacy and Outcome Expectation Scales in Female College Freshmen. Behavior Modification, 2014, 38, 852-877.	1.1	1
101	Participation of Young Adults with High-Functioning Autism in Taiwan: A Pilot Study. OTJR Occupation, Participation and Health, 2014, 34, 41-51.	0.4	12
102	Development of Young Adults Eating and Active for Health (YEAH) Internet-Based Intervention via a Community-Based Participatory Research Model. Journal of Nutrition Education and Behavior, 2014, 46, S10-S25.	0.3	49
103	Efficacy of an acceptance-based behavioral intervention for weight gain prevention in young adult women. Journal of Contextual Behavioral Science, 2014, 3, 45-50.	1.3	94
104	Using PRECEDE to Develop a Weight Management Program for Disadvantaged Young Adults. Journal of Nutrition Education and Behavior, 2014, 46, S1-S9.	0.3	17
105	Engaging Youth in Physical Activity: Indicators of a Physically Active Friendly Community. Child Indicators Research, 2014, 7, 41-55.	1.1	5
106	Translating a health behavior change intervention for delivery to 2-year college students: the importance of formative research. Translational Behavioral Medicine, 2014, 4, 160-169.	1.2	17
107	Nutrient-Specific Perceptions of Food Healthiness and the Role of Nutrition Knowledge: A Comment on Rizk and Treat. Annals of Behavioral Medicine, 2014, 48, 3-4.	1.7	0
108	Early Adolescent Relationship Predictors of Emerging Adult Outcomes: Youth With and Without Type 1 Diabetes. Annals of Behavioral Medicine, 2014, 47, 270-279.	1.7	31

#	Article	IF	CITATIONS
109	A review of college-level health textbooks for coverage of type 2 diabetes, prediabetes, and metabolic syndrome. Health Education Journal, 2014, 73, 217-227.	0.6	2
110	Sleep Quality and Body Mass Index in College Students: The Role of Sleep Disturbances. Journal of American College Health, 2014, 62, 534-541.	0.8	123
111	The Effects of Young Adults Eating and Active for Health (YEAH): A Theory-Based Web-Delivered Intervention. Journal of Nutrition Education and Behavior, 2014, 46, S27-S41.	0.3	89
112	Moving Beyond Seating-centered Learning Environments: Opportunities and Challenges Identified in a POE of a Campus Library. Journal of Academic Librarianship, 2014, 40, 574-584.	1.3	31
113	Mobile MyPlate: A Pilot Study Using Text Messaging to Provide Nutrition Education and Promote Better Dietary Choices in College Students. Journal of American College Health, 2014, 62, 320-327.	0.8	83
114	Curbing Craving. Psychological Science, 2014, 25, 1932-1942.	1.8	70
115	Difference in adult food group intake by sex and age groups comparing Brazil and United States nationwide surveys. Nutrition Journal, 2014, 13, 74.	1.5	47
116	Recruitment of young adults into a randomized controlled trial of weight gain prevention: message development, methods, and cost. Trials, 2014, 15, 326.	0.7	50
117	Metabolic Syndrome: Comparison of Prevalence in Young Adults at 3 Land-Grant Universities. Journal of American College Health, 2014, 62, 1-9.	0.8	27
118	Nutrition label use mediates the positive relationship between nutrition knowledge and attitudes towards healthy eating with dietary quality among university students in the UK. Appetite, 2014, 83, 297-303.	1.8	78
119	Sufficiently and Insufficiently Active Lesbian, Bisexual, and Questioning Female College Students: Sociodemographic Factors Among Two Age Cohorts. Women's Health Issues, 2014, 24, e243-e249.	0.9	8
121	Reasons for Exercise Behavior Among American and Chinese College Women. Women in Sport and Physical Activity Journal, 2014, 22, 18-23.	1.0	7
122	Weight-related Disparities for Transgender College Students. Health Behavior and Policy Review, 2014, 1, 161-171.	0.3	52
123	Digital Junk: Food and Beverage Marketing on Facebook. American Journal of Public Health, 2014, 104, e56-e64.	1.5	157
124	How we eat what we eat: identifying meal routines and practices most strongly associated with healthy and unhealthy dietary factors among young adults. Public Health Nutrition, 2015, 18, 2135-2145.	1.1	60
125	Fruit and vegetable consumption and its determinants among Saudi university students. Journal of Taibah University Medical Sciences, 2015, 10, 201-207.	0.5	20
126	Frequent self-weighing as part of a constellation of healthy weight control practices in young adults. Obesity, 2015, 23, 943-949.	1.5	22
127	Trajectories of eating behaviors in a nationally representative cohort of U.S. adolescents during the transition to young adulthood. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 138.	2.0	67

#	Article	IF	CITATIONS
128	Lifestyle habits and obesity progression in overweight and obese American young adults: Lessons for promoting cardiometabolic health. Australian Journal of Cancer Nursing, 2015, 17, 467-475.	0.8	24
129	Disparities in Weight and Weight Behaviors by Sexual Orientation in College Students. American Journal of Public Health, 2015, 105, 111-121.	1.5	91
130	Validation of Accelerometer Thresholds and Inclinometry for Measurement of Sedentary Behavior in Young Adult University Students. Research in Nursing and Health, 2015, 38, 492-499.	0.8	58
131	Frequent Selfâ€Weighing with Electronic Graphic Feedback to Prevent Ageâ€Related Weight Gain in Young Adults. Obesity, 2015, 23, 2009-2014.	1.5	40
132	The effects of physical activity interventions on preventing weight gain and the effects on body composition in young adults with intellectual disabilities: systematic review and metaâ€analysis of randomized controlled trials. Clinical Obesity, 2015, 5, 198-210.	1.1	23
133	Growth Trajectories of Health Behaviors from Adolescence through Young Adulthood. International Journal of Environmental Research and Public Health, 2015, 12, 13711-13729.	1.2	54
134	Who is the Treatment-Seeking Young Adult with Severe Obesity: A Comprehensive Characterization with Emphasis on Mental Health. PLoS ONE, 2015, 10, e0145273.	1.1	24
135	Sports and energy drink consumption are linked to health-risk behaviours among young adults. Public Health Nutrition, 2015, 18, 2794-2803.	1.1	51
136	Young adults: beloved by food and drink marketers and forgotten by public health?: Fig.Â1:. Health Promotion International, 2016, 31, dav081.	0.9	61
137	Changing the lifestyles of young adults. Journal of Social Marketing, 2015, 5, 206-225.	1.3	13
138	#Gettinghealthy: The perceived influence of social media on young adult health behaviors. Computers in Human Behavior, 2015, 45, 151-157.	5.1	224
139	Energy drink consumption is associated with unhealthy dietary behaviours among college youth. Perspectives in Public Health, 2015, 135, 316-321.	0.8	40
140	Reducing Risk for Cardiovascular Disease. Emerging Adulthood, 2015, 3, 24-36.	1.4	24
141	Stress and dietary behaviour among first-year university students in Australia: Sex differences. Nutrition, 2015, 31, 324-330.	1.1	91
142	Risk Patterns Among College Youth. Health Promotion Practice, 2015, 16, 132-141.	0.9	31
143	An exploratory study of time spent with interactive technology and body mass among young adults. Computers in Human Behavior, 2015, 52, 107-114.	5.1	8
144	A 2-year young adult obesity prevention trial in the US: Process evaluation results. Health Promotion International, 2015, 31, dav066.	0.9	18
145	A self-regulation resource model of self-compassion and health behavior intentions in emerging adults. Preventive Medicine Reports, 2015, 2, 218-222.	0.8	72

#	Article	IF	Citations
146	The Feasibility of an E-mail–Delivered Intervention to Improve Nutrition and Physical Activity Behaviors in African American College Students. Journal of American College Health, 2015, 63, 109-117.	0.8	13
147	Weight and Weight-Related Behaviors Among 2-Year College Students. Journal of American College Health, 2015, 63, 221-229.	0.8	40
148	College Women's Weight-related Behavior Profiles Differ by Sexual Identity. American Journal of Health Behavior, 2015, 39, 461-470.	0.6	13
149	The Impact of Nutrition Labeling on Menus: A Naturalistic Cohort Study. American Journal of Health Behavior, 2015, 39, 540-548.	0.6	19
150	Body size estimation and other psychosocial risk factors for obesity onset among US adolescents: findings from a longitudinal population level study. International Journal of Obesity, 2015, 39, 601-607.	1.6	33
151	Body satisfaction, thin-ideal internalization, and perceived pressure to be thin among Canadian women: The role of acculturation and religiosity. Body Image, 2015, 14, 85-93.	1.9	19
152	Can Changes in Psychosocial Factors and Residency Explain the Decrease in Physical Activity During the Transition from High School to College or University?. International Journal of Behavioral Medicine, 2015, 22, 178-186.	0.8	52
153	Food Shopping Profiles and Their Association with Dietary Patterns: A Latent Class Analysis. Journal of the Academy of Nutrition and Dietetics, 2015, 115, 1109-1116.	0.4	10
154	Eating Disorders and Associated Health Risks Among University Students. Journal of Nutrition Education and Behavior, 2015, 47, 412-420.e1.	0.3	86
155	Examining the influence of a text message-based sleep and physical activity intervention among young adult smokers in the United States. BMC Public Health, 2015, 15, 671.	1.2	17
156	Development of the Adolescent and Young Adult Activity Card Sort. OTJR Occupation, Participation and Health, 2015, 35, 221-231.	0.4	15
157	Feasibility, acceptability, and characteristics associated with adherence and completion of a culturally relevant internet-enhanced physical activity pilot intervention for overweight and obese young adult African American women enrolled in college. BMC Research Notes, 2015, 8, 209.	0.6	19
158	Preventive strategies to reduce depressive symptoms in overweight and obese young adults. Archives of Psychiatric Nursing, 2015, 29, 258-264.	0.7	1
159	Weight Status, Gender, and Race/Ethnicity. Journal of School Nursing, 2015, 31, 135-145.	0.9	17
160	Weight Control Behaviors Among Emerging Adults With Type 1 Diabetes. The Diabetes Educator, 2015, 41, 444-451.	2.6	1
161	Future of Research on Procrastination, Health, and Well-Being: Key Themes and Recommendations. , 2016, , 255-271.		5
162	Preferences of Young Adults Regarding Dissemination of Online Vitamin D Information. Canadian Journal of Dietetic Practice and Research, 2016, 77, 183-188.	0.5	3
163	Adherence to the Mediterranean Diet and Lifestyle Characteristics of University Students in Cyprus: A Cross-Sectional Survey. Journal of Nutrition and Metabolism, 2016, 2016, 1-8.	0.7	43

#	Article	IF	CITATIONS
164	Comprehension and Use of Nutrition Facts Tables among Adolescents and Young Adults in Canada. Canadian Journal of Dietetic Practice and Research, 2016, 77, 59-65.	0.5	16
165	Knowledge, Attitude, and Behaviors Related to Eating Out among University Students in China. International Journal of Environmental Research and Public Health, 2016, 13, 696.	1.2	20
166	Cross-Sectional Associations between Empirically-Derived Dietary Patterns and Indicators of Disease Risk among University Students. Nutrients, 2016, 8, 3.	1.7	51
167	Recruitment of young adults for weight gain prevention: randomized comparison of direct mail strategies. Trials, 2016, 17, 282.	0.7	18
168	Diet and Physical Activity Intervention Strategies for College Students. Health Behavior and Policy Review, 2016, 3, 336-347.	0.3	13
169	Lesbian, gay and bisexual college student perspectives on disparities in weightâ€related behaviours and body image: a qualitative analysis. Journal of Clinical Nursing, 2016, 25, 3676-3686.	1.4	35
170	Relationship between weightâ€related behavioral profiles and health outcomes by sexual orientation and gender. Obesity, 2016, 24, 1572-1581.	1.5	20
171	Perceived influence and college students' diet and physical activity behaviors: an examination of ego-centric social networks. BMC Public Health, 2016, 16, 473.	1.2	20
172	Level of nutrition knowledge and its association with fat consumption among college students. BMC Public Health, 2016, 16, 1047.	1.2	90
173	Correlates of nutrition label use among college students and young adults: a review. Public Health Nutrition, 2016, 19, 2135-2148.	1.1	28
174	Motivational and neural correlates of self-control of eating: A combined neuroimaging and experience sampling study in dieting female college students. Appetite, 2016, 103, 192-199.	1.8	39
175	Mapping and evaluation of physical activity interventions for school-aged children. Public Health, 2016, 136, 75-79.	1.4	7
176	A New Measure of Home Exercise Benefits and Barriers. American Journal of Health Education, 2016, 47, 99-107.	0.3	0
177	Factors Influencing Changes in Eating Patterns Among Hong Kong Young Adults Transitioning to Tertiary Education. Asia-Pacific Journal of Public Health, 2016, 28, 347-355.	0.4	7
178	Bridging the Gap: Patient Experiences Following Transfer of Care from a Pediatric Obesity Management Program to an Adult Bariatric Surgery Program. Bariatric Surgical Patient Care, 2016, 11, 67-72.	0.1	2
179	Efficacy of a brief web-based intervention with and without SMS to enhance healthy eating behaviors among university students. Eating Behaviors, 2016, 23, 104-109.	1.1	18
180	Higher Diet Quality in Adolescence and Dietary Improvements Are Related to Less Weight Gain During the Transition From Adolescence to Adulthood. Journal of Pediatrics, 2016, 178, 188-193.e3.	0.9	49
181	Trajectories of total and central adiposity throughout adolescence and cardiometabolic factors in early adulthood. International Journal of Obesity, 2016, 40, 1899-1905.	1.6	21

#	Article	IF	CITATIONS
182	Understanding How Overweight and Obese Emerging Adults Make Lifestyle Choices. Journal of Pediatric Nursing, 2016, 31, e325-e332.	0.7	10
183	A Self-assessment Tool for Screening Young Adults at Risk of Type 2 Diabetes Using Strong Heart Family Study Data. The Diabetes Educator, 2016, 42, 607-617.	2.6	7
184	Physical health, lifestyle beliefs and behaviors, and mental health of entering graduate health professional students: Evidence to support screening and early intervention. Journal of the American Association of Nurse Practitioners, 2016, 28, 204-211.	0.5	59
185	Frequency of selfâ€weighing and weight loss outcomes within a brief lifestyle intervention targeting emerging adults. Obesity Science and Practice, 2016, 2, 88-92.	1.0	18
186	Gender and genetic contributions to weight identity among adolescents and young adults in the U.S Social Science and Medicine, 2016, 165, 99-107.	1.8	3
187	Adolescents' perspectives on food literacy and its impact on their dietary behaviours. Appetite, 2016, 107, 549-557.	1.8	88
188	Do depressive symptoms explain associations between binge eating symptoms and later psychosocial adjustment in young adulthood?. Eating Behaviors, 2016, 23, 126-130.	1.1	13
189	A mixed methods approach to improving recruitment and engagement of emerging adults in behavioural weight loss programs. Obesity Science and Practice, 2016, 2, 341-354.	1.0	27
190	Using social and mobile tools for weight loss in overweight and obese young adults (Project SMART): a 2 year, parallel-group, randomised, controlled trial. Lancet Diabetes and Endocrinology,the, 2016, 4, 747-755.	<b>5.</b> 5	132
191	Associations between physical activity patterns and dietary patterns in a representative sample of Polish girls aged 13-21 years: a cross-sectional study (GEBaHealth Project). BMC Public Health, 2016, 16, 698.	1.2	29
192	Longitudinal social networks impacts on weight and weight-related behaviors assessed using mobile-based ecological momentary assessments: Study Protocols for the SPARC study. BMC Public Health, 2016, 16, 901.	1.2	26
193	Cross-cultural comparison of perspectives on healthy eating among Chinese and American undergraduate students. BMC Public Health, 2016, 16, 1015.	1.2	34
194	A randomized, controlled trial evaluating the efficacy of an online intervention targeting vitamin D intake, knowledge and status among young adults. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 116.	2.0	24
195	Intra-abdominal fat accumulation is a hypertension risk factor in young adulthood. Medicine (United) Tj ETQq $1\ 1$	0.784314	f rgBT /Overl
196	Objectively measured patterns of sedentary time and physical activity in young adults of the Raine study cohort. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 41.	2.0	49
197	$\hat{a}$ €¯Moving on and feeling good $\hat{a}$ €™: a feasibility study to explore the lifestyle behaviours of young adults with intellectual disabilities as they transition from school to adulthood $\hat{a}$ €"a study protocol. Pilot and Feasibility Studies, 2016, 2, 8.	0.5	5
198	Results of a 2-year randomized, controlled obesity prevention trial: Effects on diet, activity and sleep behaviors in an at-risk young adult population. Preventive Medicine, 2016, 89, 230-236.	1.6	28
199	Racial and socioeconomic disparities in body mass index among college students: understanding the role of early life adversity. Journal of Behavioral Medicine, 2016, 39, 866-875.	1.1	14

#	Article	IF	CITATIONS
200	Young Adults' Attitudes and Perceptions of Obesity and Weight Management: Implications for Treatment Development. Current Obesity Reports, 2016, 5, 14-22.	3.5	25
201	Tailoring a web-based weight maintenance intervention for Northern Plains American Indian public university students. Health Education Journal, 2016, 75, 528-539.	0.6	2
202	The Influence of Nutrition Label Placement on Awareness and Use among College Students in a Dining Hall Setting. Journal of the Academy of Nutrition and Dietetics, 2016, 116, 1395-1405.	0.4	19
203	Investigation on vitamin D knowledge, attitude and practice of university students in Nanjing, China. Public Health Nutrition, 2016, 19, 78-82.	1.1	23
204	â€T'm not trusted in the kitchen': food environments and food behaviours of young people attending school and college: TableÂ1. Journal of Public Health, 2016, 38, 289-299.	1.0	11
205	Relationships of Sleep Duration With Weight-Related Behaviors of U.S. College Students. Behavioral Sleep Medicine, 2016, 14, 565-580.	1.1	37
206	Exploring healthy eating among ethnic minority students using mobile technology: Feasibility and adherence. Health Informatics Journal, 2016, 22, 440-450.	1.1	13
207	Racial Disparities in Sugar-Sweetened Beverage Consumption Change Efficacy Among Male First-Year College Students. American Journal of Men's Health, 2016, 10, NP168-NP175.	0.7	11
208	Sex and age group differences in the associations between sleep duration and BMI from adolescence to young adulthood. Psychology and Health, 2016, 31, 976-992.	1.2	18
209	Capitalizing on mobile technology to support healthy eating in ethnic minority college students. Journal of American College Health, 2016, 64, 125-132.	0.8	8
210	Recruiting and retaining young adults in a weight gain prevention trial: Lessons learned from the CHOICES study. Clinical Trials, 2016, 13, 205-213.	0.7	13
211	Respiratory sinus arrhythmia as a predictor of eating disorder symptoms in college students: Moderation by responses to stress and parent psychological control. Eating Behaviors, 2016, 21, 109-115.	1.1	6
212	Weight-related correlates of psychological dysregulation in adolescent and young adult (AYA) females with severe obesity. Appetite, 2016, 99, 211-218.	1.8	18
213	Feminist identity, body image, and disordered eating. Eating Disorders, 2016, 24, 297-311.	1.9	15
214	Food environments of young people: linking individual behaviour to environmental context. Journal of Public Health, 2017, 39, fdw019.	1.0	26
215	The Link Between Inadequate Sleep and Obesity in Young Adults. Current Obesity Reports, 2016, 5, 38-50.	3.5	14
216	Culturally-Based Communication about Health, Eating, and Food: Development and validation of the CHEF scale. Appetite, 2016, 96, 399-407.	1.8	4
217	Breakfast and fast food consumption are associated with selected biomarkers in adolescents. Preventive Medicine Reports, 2016, 3, 49-52.	0.8	40

#	Article	IF	Citations
218	Differences in Weight-Related Behavioral Profiles by Sexual Orientation Among College Men. American Journal of Health Promotion, 2016, 30, 623-633.	0.9	7
219	Changes in type 1 diabetes health indicators from high school to college. Journal of American College Health, 2016, 64, 157-161.	0.8	10
220	Stress, Health Risk Behaviors, and Weight Status Among Community College Students. Health Education and Behavior, 2016, 43, 139-144.	1.3	75
221	Perfectionism and Health Behaviors: A Self-Regulation Resource Perspective., 2016,, 45-67.		13
222	Assessment of weight status, dietary habits and beliefs, physical activity, and nutritional knowledge among university students. Perspectives in Public Health, 2016, 136, 231-244.	0.8	135
223	Life transitions and relevance of healthy living in late adolescence. Journal of Health Psychology, 2016, 21, 1085-1095.	1.3	18
224	Self-Management Strategies in Emerging Adults With Type 1 Diabetes. Journal of Pediatric Health Care, 2017, 31, 29-36.	0.6	48
225	Boost Your Body: Self-Improvement Magazine Messages Increase Body Satisfaction in Young Adults. Health Communication, 2017, 32, 200-210.	1.8	31
226	Universal prevention efforts should address eating disorder pathology across the weight spectrum: Implications for screening and intervention on college campuses. Eating Behaviors, 2017, 25, 74-80.	1.1	26
227	Obesity-Related Dietary Patterns and Health Status of Diabetes Among At-Risk Latino College Students. Journal of Hispanic Higher Education, 2017, 16, 291-313.	1.2	7
228	College Students' Perceived Differences Between the Terms Real Meal , Meal , and Snack. Journal of Nutrition Education and Behavior, 2017, 49, 228-235.e1.	0.3	9
229	Emerging adults without a driver's license engage in more transportation-related physical activity to school/work in certain environmental contexts. Preventive Medicine, 2017, 96, 42-48.	1.6	6
230	Smoking and sedentary behavior changes from adolescence to emerging adulthood: A multilevel modeling perspective. Preventive Medicine, 2017, 101, 223-228.	1.6	7
231	Weight-Gain Reduction Among 2-Year College Students: The CHOICES RCT. American Journal of Preventive Medicine, 2017, 52, 183-191.	1.6	43
232	Mental distress in treatment seeking young adults (18â€"25 years) with severe obesity compared with population controls of different body mass index levels: cohort study. Clinical Obesity, 2017, 7, 1-10.	1.1	16
233	The Pivotal Role of User-Friendly Food Label and Personality Traits on Intention to Consume Packaged Food Products. Journal of Food Products Marketing, 2017, 23, 835-856.	1.4	2
234	A mediational model of obesity related disordered eating: The roles of childhood emotional abuse and self-perception. Eating Behaviors, 2017, 26, 27-32.	1.1	33
235	Nutritional Considerations for Young Athletes. , 2017, , 267-280.		0

#	Article	IF	CITATIONS
236	Health Communication With Same-Sex and Other-Sex Friends in Emerging Adulthood. International Journal of Aging and Human Development, 2017, 85, 231-247.	1.0	O
237	Metabolic syndrome components and estimated glomerular filtration rate based on creatinine and/or cystatin C in young adults: A gender issue?. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2017, 11, S351-S357.	1.8	2
238	Stage-based healthy lifestyles program for non-college young adults. Health Education, 2017, 117, 148-161.	0.4	3
239	Dietary Intake and Associated Body Weight in Canadian Undergraduate Students Enrolled in Nutrition Education. Ecology of Food and Nutrition, 2017, 56, 205-217.	0.8	7
240	Face-to-Face and Online Networks: College Students' Experiences in a Weight-Loss Trial. Journal of Health Communication, 2017, 22, 75-83.	1.2	27
241	Developing a digital photography-based method for dietary analysis in self-serve dining settings. Appetite, 2017, 114, 217-225.	1.8	10
242	Erythritol is a pentose-phosphate pathway metabolite and associated with adiposity gain in young adults. Proceedings of the National Academy of Sciences of the United States of America, 2017, 114, E4233-E4240.	3.3	77
243	Diet quality of US adolescents during the transition to adulthood: changes and predictors ,. American Journal of Clinical Nutrition, 2017, 105, 1424-1432.	2.2	62
244	Racial and gender disparities in sugar consumption change efficacy among first-year college students. Appetite, 2017, 109, 33-39.	1.8	13
245	Fruit and vegetable intake: change with age across childhood and adolescence. British Journal of Nutrition, 2017, 117, 759-765.	1.2	54
246	Accumulated exposure to rural areas of residence over the life course is associated with overweight and obesity in adulthood: a 25-year prospective cohort study. Annals of Epidemiology, 2017, 27, 169-175.e2.	0.9	19
247	Breakfast Skipping, Anxiety, Exercise, and Soda Consumption are Associated with Diet Quality in Mexican College Students. Ecology of Food and Nutrition, 2017, 56, 218-237.	0.8	16
248	A Cross-Sectional Study of the Relationship between Nutrition Label Use and Food Selection, Servings, and Consumption in aAUniversity Dining Setting. Journal of the Academy of Nutrition and Dietetics, 2017, 117, 1528-1537.	0.4	21
249	Decision-making processes shaping the home food environments of young adult women with and without children. Appetite, 2017, 113, 124-133.	1.8	22
250	Outcome Evaluation of a Policy-Mandated Lifestyle and Environmental Modification Program in a National Job Training Center. Journal of Community Health, 2017, 42, 466-471.	1.9	0
251	Food professionals' opinions of the Food Studies curriculum in Australia. British Food Journal, 2017, 119, 2945-2958.	1.6	6
252	Awareness, Perception, and Self-Reported Purchasing Behaviors of College Students Regarding Front-of-Package Nutrition Labeling Systems and Symbols. Journal of the Academy of Nutrition and Dietetics, 2017, 117, A81.	0.4	0
253	The Transition into Young Adulthood: a Critical Period for Weight Control. Current Diabetes Reports, 2017, 17, 114.	1.7	44

#	Article	IF	CITATIONS
254	Introduction to the Special Issue on Adolescent and Young Adult Health: Why We Care, How Far We Have Come, and Where We Are Going. Journal of Pediatric Psychology, 2017, 42, 903-909.	1.1	12
255	Changes in consumption of added sugars from age 13 to 30Âyears: a systematic review and metaâ€analysis of longitudinal studies. Obesity Reviews, 2017, 18, 1336-1349.	3.1	26
256	Later circadian timing of food intake is associated with increased body fat. American Journal of Clinical Nutrition, 2017, 106, 1213-1219.	2,2	280
257	"Borrowing Happiness from the Future― Exploring College Students' Own Experiences on Health-Related Lifestyles. Journal of College and Character, 2017, 18, 112-129.	0.9	1
258	Construction of Nutrition Literacy Indicators for College Students in Taiwan: A Delphi Consensus Study. Journal of Nutrition Education and Behavior, 2017, 49, 734-742.e1.	0.3	17
259	The relationship between adherence to the Mediterranean diet and body composition in Croatian university students. European Journal of Integrative Medicine, 2017, 13, 41-46.	0.8	10
260	East Asian International Students' Perceptions, Attitudes, and Behaviors in Relation to US Food and the Food Environment. Journal of Nutrition Education and Behavior, 2017, 49, S31-S32.	0.3	0
261	College Cafeteria Signage Increases Water Intake but Water Position on the Soda Dispenser Encourages More Soda Consumption. Journal of Nutrition Education and Behavior, 2017, 49, 764-771.e1.	0.3	3
262	Fit Minded College Edition Pilot Study: Can a Magazine-Based Discussion Group Improve Physical Activity in Female College Freshmen?. Journal of Public Health Management and Practice, 2017, 23, e10-e19.	0.7	7
264	Promoting Adaptive Coping Skills and Subjective Well-Being through Credit-Based Leisure Education Courses. Journal of Student Affairs Research and Practice, 2017, 54, 303-315.	0.6	14
265	Obesity and associated factors in young adults attending tertiary institutions in south-eastern Nigeria. South African Journal of Clinical Nutrition, 2017, 30, 43-48.	0.3	5
266	An Examination of Weight-Associated Memorable Messages, Sources, and Outcomes. Atlantic Journal of Communication, 2017, 25, 263-279.	0.7	5
267	The individual environment, not the family is the most important influence on preferences for common non-alcoholic beverages in adolescence. Scientific Reports, 2017, 7, 16822.	1.6	4
268	Introducing sit-stand desks increases classroom standing time among university students. Preventive Medicine Reports, 2017, 8, 232-237.	0.8	27
269	Young Men's Preferences for Design and Delivery of Physical Activity and Nutrition Interventions: A Mixed-Methods Study. American Journal of Men's Health, 2017, 11, 1588-1599.	0.7	14
270	Global Health Promotion on College Campuses: Considerations for Use of eHealth and mHealth Self-monitoring Applications with Nutritional Food Labeling Features. American Journal of Health Education, 2017, 48, 283-286.	0.3	2
271	Daily self-weighing and weight gain prevention: a longitudinal study of college-aged women. Journal of Behavioral Medicine, 2017, 40, 846-853.	1.1	15
272	Emerging Adulthood, Emergent Health Lifestyles: Sociodemographic Determinants of Trajectories of Smoking, Binge Drinking, Obesity, and Sedentary Behavior. Journal of Health and Social Behavior, 2017, 58, 181-197.	2.7	83

#	Article	IF	Citations
273	Do socio-cultural factors influence college students' self-rated health status and health-promoting lifestyles? A cross-sectional multicenter study in Dalian, China. BMC Public Health, 2017, 17, 478.	1.2	48
274	Change in diet in the period from adolescence to early adulthood: a systematic scoping review of longitudinal studies. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 60.	2.0	59
275	Health-related messages about physical activity promotion: an analysis of photographs on social networking sites of universities. Journal of Higher Education Policy and Management, 2017, 39, 75-88.	1.5	2
276	Eating behaviour of university students in Germany: Dietary intake, barriers to healthy eating and changes in eating behaviour since the time of matriculation. Appetite, 2017, 109, 100-107.	1.8	125
277	Charlotte Attitudes Towards Sleep (CATS) Scale: A validated measurement tool for college students. Journal of American College Health, 2017, 65, 22-31.	0.8	10
278	Self-reported food skills of university students. Appetite, 2017, 108, 270-276.	1.8	47
279	The barriers and enablers of healthy eating among young adults: a missing piece of the obesity puzzle: A scoping review. Obesity Reviews, 2017, 18, 1-17.	3.1	228
280	The Longitudinal Effects of Oppositional Defiant Disorder Symptoms on Academic and Occupational Functioning in the Transition to Young Adulthood. Journal of Abnormal Child Psychology, 2017, 45, 749-763.	3.5	31
281	How do emerging adults respond to exercise advice from parents? A test of advice response theory. Journal of Social and Personal Relationships, 2017, 34, 936-960.	1.4	19
282	Sociodemographic associations of 4â€year overweight and obese incidence among a racially diverse cohort of healthy weight 18â€yearâ€olds. Pediatric Obesity, 2017, 12, 502-510.	1.4	5
283	Nudging Our Way to a Healthier Population: The Effect of Calorie Labeling and Self-Control on Menu Choices of Emerging Adults. Health Communication, 2017, 32, 1032-1038.	1.8	11
284	Dietary contribution of foods and beverages sold within a university campus and its effect on diet quality of young adults. Nutrition, 2017, 34, 118-123.	1.1	27
285	Attention to Physical Activity–Equivalent Calorie Information on Nutrition Facts Labels: AnÂEye-Tracking Investigation. Journal of Nutrition Education and Behavior, 2017, 49, 35-42.e1.	0.3	14
286	The Relationship Between Body Image Concerns and Weight-Related Behaviours of Adolescents and Emerging Adults: A Systematic Review. Behaviour Change, 2017, 34, 208-252.	0.6	32
287	Food intake of university students. Revista De Nutricao, 2017, 30, 847-865.	0.4	59
288	The Reliability of the Mediterranean Diet Quality Index (KIDMED) Questionnaire. Nutrients, 2017, 9, 419.	1.7	69
289	Sport Nutrition Knowledge, Behaviors and Beliefs of High School Soccer Players. Nutrients, 2017, 9, 350.	1.7	59
290	The Effects of a Campus Forest-Walking Program on Undergraduate and Graduate Students' Physical and Psychological Health. International Journal of Environmental Research and Public Health, 2017, 14, 728.	1.2	57

#	Article	IF	CITATIONS
291	The Relationship between Lifestyle Factors and Body Compositionin Young Adults. International Journal of Environmental Research and Public Health, 2017, 14, 893.	1.2	26
292	Association between Eating Out and Socio-Demographic Factors of University Students in Chongqing, China. International Journal of Environmental Research and Public Health, 2017, 14, 1322.	1.2	9
293	The Role of Race and Gender in Nutrition Habits and Self-Efficacy: Results from the Young Adult Weight Loss Study. Journal of Obesity, 2017, 2017, 1-6.	1.1	12
294	Can Malaysian Young Adults Report Dietary Intake Using a Food Diary Mobile Application? A Pilot Study on Acceptability and Compliance. Nutrients, 2017, 9, 62.	1.7	29
295	Nutrition and Culinary in the Kitchen Program: a randomized controlled intervention to promote cooking skills and healthy eating in university students – study protocol. Nutrition Journal, 2017, 16, 83.	1.5	21
296	Transitional Instability, Psychological Health, and Sexual Risk Taking Among College Students. Journal of Student Affairs Research and Practice, 2017, 54, 400-414.	0.6	6
297	Food and Mood: Diet Quality is Inversely Associated with Depressive Symptoms in Female University Students. Canadian Journal of Dietetic Practice and Research, 2017, 78, 124-128.	0.5	19
298	Night eating syndrome and emotional states in university students. Journal of Human Growth and Development, 2017, 27, 332.	0.2	15
299	Menu labelling and healthy food choices: a randomised controlled trial. British Food Journal, 2018, 120, 788-803.	1.6	7
300	Dietary Behaviors and Glucose Metabolism in Young Adults at Risk for Type 2 Diabetes. The Diabetes Educator, 2018, 44, 158-167.	2.6	5
301	Nutrition Facts Panels: Who Uses Them, What Do They Use, and How Does Use Relate to Dietary Intake?. Journal of the Academy of Nutrition and Dietetics, 2018, 118, 217-228.	0.4	55
302	Effect of nutrition labels on dietary quality among college students: a systematic review and meta-analysis. Nutrition Reviews, 2018, 76, 187-203.	2.6	25
303	Promoting physical activity using a wearable activity tracker in college students: A cluster randomized controlled trial. Journal of Sports Sciences, 2018, 36, 1889-1896.	1.0	56
304	Sedentary behavior and physical activity of young adult university students. Research in Nursing and Health, 2018, 41, 30-38.	0.8	78
305	Gardening Experience Is Associated with Increased Fruit and Vegetable Intake among First-Year College Students: A Cross-Sectional Examination. Journal of the Academy of Nutrition and Dietetics, 2018, 118, 275-283.	0.4	19
306	Stress and psychological constructs related to eating behavior are associated with anthropometry and body composition in young adults. Appetite, 2018, 125, 287-294.	1.8	48
307	Factors associated with fruit and vegetable and total fat intake in university students: A crossâ€sectional explanatory study. Nutrition and Dietetics, 2018, 75, 151-158.	0.9	16
308	Yoga and body image: Findings from a large population-based study of young adults. Body Image, 2018, 24, 69-75.	1.9	71

#	Article	IF	CITATIONS
309	Show your best self(ie): An exploratory study on selfie-related motivations and behavior in emerging adulthood. Telematics and Informatics, 2018, 35, 1392-1407.	3.5	50
310	Activity space-based measures of the food environment and their relationships to food purchasing behaviours for young urban adults in Canada. Public Health Nutrition, 2018, 21, 2103-2116.	1.1	27
311	Body size reference norms and subjective weight status: A gender and life course approach. Social Forces, 2018, 96, 1377-1409.	0.9	7
312	Path Analysis of Campus Walkability/Bikeability and College Students' Physical Activity Attitudes, Behaviors, and Body Mass Index. American Journal of Health Promotion, 2018, 32, 578-586.	0.9	23
313	A theoryâ€informed qualitative exploration of social and environmental determinants of physical activity and dietary choices in adolescents with intellectual disabilities in their final year of school. Journal of Applied Research in Intellectual Disabilities, 2018, 31, 52-67.	1.3	15
314	Weight-Related Perceptions and Experiences of Young Adult Women in Southwest Georgia. Health Promotion Practice, 2018, 19, 125-133.	0.9	1
316	Illness-related parenting stress among parents of adolescents and young adults with inflammatory bowel diseases. Children's Health Care, 2018, 47, 136-149.	0.5	7
317	Motivations of Young Adults for Improving Dietary Choices: Focus Group Findings Prior to the MENU GenY Dietary Change Trial. Health Education and Behavior, 2018, 45, 492-500.	1.3	5
318	The relationship between family-based adverse childhood experiences and substance use behaviors among a diverse sample of college students. Addictive Behaviors, 2018, 76, 298-304.	1.7	101
319	Longitudinal patterns in BMI and percent total body fat from peak height velocity through emerging adulthood into young adulthood. American Journal of Human Biology, 2018, 30, e23056.	0.8	12
320	Emerging adulthood, sharing utilities and intention to use sharing services. Journal of Services Marketing, 2018, 32, 161-174.	1.7	42
321	Fifteen-year Weight and Disordered Eating Patterns Among Community-based Adolescents. American Journal of Preventive Medicine, 2018, 54, e21-e29.	1.6	24
322	Development of culinary recipes in an intervention program with Brazilian university students. Revista De Nutricao, 2018, 31, 397-411.	0.4	2
323	Weight perceptions, weight management practices, and nutritional status of emerging adults living in the Accra Metropolis. BMC Nutrition, 2018, 4, 53.	0.6	3
324	The impact of unhealthy food sponsorship vs. pro-health sponsorship models on young adults' food preferences: a randomised controlled trial. BMC Public Health, 2018, 18, 1399.	1.2	19
325	Support Groups for Severe Obesity. , 0, , 228-248.		0
326	Awareness of Omega-3 Fatty Acids and Possible Health Effects among Young Adults. Canadian Journal of Dietetic Practice and Research, 2018, 79, 106-112.	0.5	3
327	Changes in Sport Nutrition Knowledge, Attitudes/Beliefs and Behaviors Following a Two-Year Sport Nutrition Education and Life-Skills Intervention among High School Soccer Players. Nutrients, 2018, 10, 1636.	1.7	33

#	Article	IF	CITATIONS
328	Sedentary time, physical activity, and adiposity in a longitudinal cohort of nonobese young adults. American Journal of Clinical Nutrition, 2018, 108, 946-952.	2.2	14
329	Prevalence of orthorexia nervosa in university students and its relationship with psychopathological aspects of eating behaviour disorders. BMC Psychiatry, 2018, 18, 364.	1.1	64
330	Multilevel Structural Equation Modeling of Students' Dietary Intentions/Behaviors, BMI, and the Healthfulness of Convenience Stores. Nutrients, 2018, 10, 1569.	1.7	5
331	Understanding Eating Behavior during the Transition from Adolescence to Young Adulthood: A Literature Review and Perspective on Future Research Directions. Nutrients, 2018, 10, 667.	1.7	121
332	Assessing College Students' Use of Campus Recreation Facilities through Individual and Environmental Factors. Recreational Sports Journal, 2018, 42, 145-159.	0.2	12
333	Diet, physical activity and screen time but not body mass index are associated with the gut microbiome of a diverse cohort of college students living in university housing: a cross-sectional study. BMC Microbiology, 2018, 18, 210.	1.3	51
334	Exploring the Role of Family Functioning in the Association Between Frequency of Family Dinners and Dietary Intake Among Adolescents and Young Adults. JAMA Network Open, 2018, 1, e185217.	2.8	18
335	Behavioral Correlates of Empirically-Derived Dietary Patterns among University Students. Nutrients, 2018, 10, 716.	1.7	21
336	Promoting a Healthy Diet in Young Adults: The Role of Nutrition Labelling. Nutrients, 2018, 10, 1335.	1.7	25
337	The use of social media in nutrition interventions for adolescents and young adultsâ€"A systematic review. International Journal of Medical Informatics, 2018, 120, 77-91.	1.6	143
338	A quasi-experimental study of a mandatory calorie-labelling policy in restaurants: Impact on use of nutrition information among youth and young adults in Canada. Preventive Medicine, 2018, 116, 166-172.	1.6	15
339	Cracks in the Wall: Habit Discontinuities as Vehicles for Behaviour Change. , 2018, , 189-205.		73
340	Posttraumatic Stress Symptoms and Emerging Adult Sexual Minority Men: Implications for Assessment and Treatment of Childhood Sexual Abuse. Journal of Traumatic Stress, 2018, 31, 665-675.	1.0	4
341	Using a Multitheory Model to Predict Initiation and Sustenance of Fruit and Vegetable Consumption Among College Students. Journal of Osteopathic Medicine, 2018, 118, 507-517.	0.4	17
342	Health promoting lifestyle of university students in Saudi Arabia: a cross-sectional assessment. BMC Public Health, 2018, 18, 1093.	1.2	100
343	Helpful or harmful? The comparative value of self-weighing and calorie counting versus intuitive eating on the eating disorder symptomology of college students. Eating and Weight Disorders, 2018, 23, 841-848.	1.2	29
344	A systematic review and metaâ€analysis of lifestyle interventions in women of reproductive age with overweight or obesity: the effects on symptoms of depression and anxiety. Obesity Reviews, 2018, 19, 1679-1687.	3.1	34
345	Obesity and cardio-metabolic risk factors in Ecuadorian university students. First report, 2014–2015. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2018, 12, 917-921.	1.8	8

#	Article	IF	Citations
346	Breakfast food health and acute exercise: Effects on state body image. Eating Behaviors, 2018, 30, 22-27.	1.1	2
347	Assessing Physical Activity, Fruit, Vegetable, and Sugar-Sweetened Beverage Intake Patterns of College Students in Kansas. Journal of Nutrition Education and Behavior, 2018, 50, 977-983.	0.3	9
348	Eating, Activity, and Weight-related Problems From Adolescence to Adulthood. American Journal of Preventive Medicine, 2018, 55, 133-141.	1.6	76
349	Health-Related Social Control and Risk Perceptions in Emerging Adults. Emerging Adulthood, 2018, 6, 206-212.	1.4	5
350	Sleep, Lifestyle Behaviors, and Cardiometabolic Health Markers in Overweight/Obese Young Adults: A Pilot Study Using the SenseWear® Armband. Biological Research for Nursing, 2018, 20, 541-548.	1.0	11
351	An Evaluation of an eHealth Tool Designed to Improve College Students' Label-Reading Skills and Feelings of Empowerment to Choose Healthful Foods. Frontiers in Public Health, 2018, 5, 359.	1.3	6
352	More rapid increase in BMI from age $5\hat{a} \in 15$ is associated with elevated weight status at age 24 among non-Hispanic white females. Eating Behaviors, 2018, 31, 12-17.	1.1	5
353	Parental Socialization and Financial Capability Among Chinese Adolescents in Hong Kong. Journal of Family and Economic Issues, 2018, 39, 566-576.	1.3	13
354	Depressive symptom trajectories and physical health: Persistence of problems from adolescence to young adulthood. Journal of Affective Disorders, 2018, 240, 121-129.	2.0	30
355	The lifestyle behaviours of young adults with intellectual disabilities as they transition from school to adulthood: A pilot and feasibility study. Journal of Applied Research in Intellectual Disabilities, 2018, 31, 1154-1163.	1.3	4
356	The Measurements and an Elaborated Understanding of Chinese eHealth Literacy (C-eHEALS) in Chronic Patients in China. International Journal of Environmental Research and Public Health, 2018, 15, 1553.	1.2	61
357	Changes in sedentary time are associated with changes in mental wellbeing over 1â€year in young adults. Preventive Medicine Reports, 2018, 11, 274-281.	0.8	38
358	Food sources among young people in five major Canadian cities. Canadian Journal of Public Health, 2018, 109, 506-515.	1.1	12
359	Who Cares? The Importance of Emotional Connections with Nature to Ensure Food Security and Wellbeing in Cities. Sustainability, 2018, 10, 1844.	1.6	27
360	Weight Shame, Social Connection, and Depressive Symptoms in Late Adolescence. International Journal of Environmental Research and Public Health, 2018, 15, 891.	1.2	20
361	Comparison of body image perception, nutrition knowledge, dietary attitudes, and dietary habits between Korean and Mongolian college students. Nutrition Research and Practice, 2018, 12, 149.	0.7	5
362	Associations of Anthropometric Characteristics, Dietary Habits, and Aerobic Capacity With Cardiovascular Risk Factors of Health-Science Students. Biological Research for Nursing, 2018, 20, 549-557.	1.0	3
363	Are young Canadians supportive of proposed nutrition policies and regulations? An overview of policy support and the impact of socio-demographic factors on public opinion. Canadian Journal of Public Health, 2018, 109, 498-505.	1.1	26

#	Article	IF	CITATIONS
364	Decreased eating frequency linked to increased visceral adipose tissue, body fat, and BMI in Hispanic college freshmen. BMC Nutrition, 2018, 4, 10.	0.6	3
365	Understanding college students' intention to consume fruits and vegetables: an application of the Model of Goal Directed Behavior. International Journal of Health Promotion and Education, 2018, 56, 211-225.	0.4	4
366	Health-focused course content is associated with altered health behaviours in undergraduate university students. Health Education Journal, 2018, 77, 598-605.	0.6	3
367	Positive impact of a cooking skills intervention among Brazilian university students: Six months follow-up of a randomized controlled trial. Appetite, 2018, 130, 247-255.	1.8	44
368	Identifying the Validity and Reliability of a Self-Report Motivation Instrument for Health-Promoting Lifestyles Among Emerging Adults. Frontiers in Psychology, 2018, 9, 1222.	1.1	3
369	You can't "nudge―nuggets: An investigation of college late-night dining with behavioral economics interventions. PLoS ONE, 2018, 13, e0198162.	1.1	9
370	Identity and the body: Trajectories of body esteem from adolescence to emerging adulthood Developmental Psychology, 2018, 54, 1159-1171.	1.2	107
371	Health Perception According to the Lifestyle of University Students. Journal of Community Health, 2019, 44, 74-80.	1.9	26
372	The effects of meal-timing on self-rated hunger and dietary inflammatory potential among a sample of college students. Journal of American College Health, 2019, 67, 328-337.	0.8	4
373	Fruit and vegetable intakes, associated characteristics and perceptions of current and future availability in Dutch university students. Public Health Nutrition, 2019, 22, 1951-1959.	1.1	19
374	Time attitudes and mental well-being, psychological, and somatic symptomatology in final year high school students. Current Psychology, 2021, 40, 4541-4552.	1.7	8
375	Social Jet Lag Associates Negatively with the Adherence to the Mediterranean Diet and Body Mass Index among Young Adults. Nutrients, 2019, 11, 1756.	1.7	63
376	Food Consumption in Adolescents and Young Adults: Age-Specific Socio-Economic and Cultural Disparities (Belgian Food Consumption Survey 2014). Nutrients, 2019, 11, 1520.	1.7	34
377	High cooking skills do not lead to healthy mediterranean eating habits. Focus on catering students. International Journal of Gastronomy and Food Science, 2019, 17, 100169.	1.3	3
378	Non-food rewards and highly processed food intake in everyday life. Appetite, 2019, 142, 104355.	1.8	2
379	Vegetable Consumption and Factors Associated with Increased Intake among College Students: A Scoping Review of the Last 10 Years. Nutrients, 2019, 11, 1634.	1.7	44
380	Overweight and obesity in sexual and gender minority adolescents: A systematic review. Obesity Reviews, 2019, 20, 1350-1366.	3.1	20
381	Front-of-Pack Labeling and the Nutritional Quality of Students' Food Purchases: A 3-Arm Randomized Controlled Trial. American Journal of Public Health, 2019, 109, 1122-1129.	1.5	34

#	Article	IF	CITATIONS
382	SMART 2.0., 2019, 2019, .		0
383	Changes in weight and body composition across five years at university: AÂprospective observational study. PLoS ONE, 2019, 14, e0225187.	1.1	13
384	Prevalence of overweight and obesity in Mozambique in 2005 and 2015. Public Health Nutrition, 2019, 22, 3118-3126.	1.1	16
385	Does an Age-Specific Treatment Program Augment the Efficacy of a Cognitive-Behavioral Weight Loss Program in Adolescence and Young Adulthood? Results from a Controlled Study. Nutrients, 2019, 11, 2053.	1.7	3
386	Adverse Childhood Experiences, Ethnicity, and Substance Use among College Students: Findings from a Two-State Sample. Substance Use and Misuse, 2019, 54, 2368-2379.	0.7	39
387	The impact of nutrition literacy on the food habits among young adults in Turkey. Nutrition Research and Practice, 2019, 13, 352.	0.7	55
388	Constraints and Negotiations to Student Recreational Sport Center Usage. Journal of Amateur Sport, 2019, 5, 18-38.	0.2	8
389	Recruiting young women to weight management programs: Barriers and enablers. Nutrition and Dietetics, 2019, 76, 392-398.	0.9	12
390	Tracking of Physical Activity and Sedentary Behavior From Adolescence to Young Adulthood: A Systematic Literature Review. Journal of Adolescent Health, 2019, 65, 446-454.	1.2	117
391	Parental and peer social support is associated with healthier physical activity behaviors in adolescents: a cross-sectional analysis of Texas School Physical Activity and Nutrition (TX SPAN) data. BMC Public Health, 2019, 19, 640.	1.2	50
392	Monetary Cost of the MyPlate Diet in Young Adults: Higher Expenses Associated with Increased Fruit and Vegetable Consumption. Journal of Nutrition and Metabolism, 2019, 2019, 1-7.	0.7	7
393	Trends and disparities in urinary BPA concentrations among U.S. emerging adults. Environmental Research, 2019, 176, 108515.	3.7	19
394	Testing product, pricing, and promotional strategies for vending machine interventions with a college population. Journal of Foodservice Business Research, 2019, 22, 303-325.	1.3	4
395	Mediterranean Diet adherence in emerging adults in Izmir. British Food Journal, 2019, 121, 725-737.	1.6	2
396	Identifying perceived barriers and enablers of healthy eating in college students in Hawai'i: a qualitative study using focus groups. BMC Nutrition, 2019, 5, 16.	0.6	35
397	Smartphone Use and Physical Activity among College Students in Health Science-Related Majors in the United States and Thailand. International Journal of Environmental Research and Public Health, 2019, 16, 1315.	1.2	30
398	"Everybody I Know Is Always Hungry…But Nobody Asks Why― University Students, Food Insecurity and Mental Health. Sustainability, 2019, 11, 1571.	1.6	20
399	Reduction of the carbon footprint of college freshman diets after a food-based environmental science course. Climatic Change, 2019, 154, 547-564.	1.7	24

#	Article	IF	CITATIONS
400	Single-Meal Nutrient Assessment by a Self-Administered, Electronic Exit Survey Compared with a Multipass Dietary Interview in University Undergraduates in an All-You-Care-to-Eat Campus Dining Hall. Journal of the Academy of Nutrition and Dietetics, 2019, 119, 739-749.	0.4	2
401	Challenges following a personalised diet adhering to dietary guidelines in a sample of Australian university students. Nutrition and Health, 2019, 25, 185-194.	0.6	5
402	We Don't Have a Lot of Healthy Options: Food Environment Perceptions of First-Year, Minority College Students Attending a Food Desert Campus. Nutrients, 2019, 11, 816.	1.7	39
403	Longitudinal trajectories and prevalence of meeting dietary guidelines during the transition from adolescence to young adulthood. American Journal of Clinical Nutrition, 2019, 109, 656-664.	2.2	37
404	Diet Quality Is an Indicator of Disease Risk Factors in Hispanic College Freshmen. Journal of the Academy of Nutrition and Dietetics, 2019, 119, 760-768.	0.4	8
405	Motivation for weight loss and association with outcomes in a lifestyle intervention: comparing emerging adults to middle aged adults. Obesity Science and Practice, 2019, 5, 15-20.	1.0	9
406	The role of teachers' controlling behaviour in physical education on adolescents' health-related quality of life: test of a conditional process model*. Educational Psychology, 2019, 39, 862-880.	1.2	79
407	Health and fitness online communities and product behaviour. Journal of Product and Brand Management, 2019, 28, 188-199.	2.6	19
408	Preferences for vegetables among university foodservice users. British Food Journal, 2019, 121, 3338-3349.	1.6	4
409	Becoming obese in young adulthood: the role of career-family pathways in the transition to adulthood for men and women. BMC Public Health, 2019, 19, 1511.	1.2	11
410	Factors Associated with Meat Consumption in Students of Spanish Universities: UniHcos Project. International Journal of Environmental Research and Public Health, 2019, 16, 3924.	1.2	4
411	Text messaging as an intervention for weight loss in emerging adults. Journal of the American Association of Nurse Practitioners, 2019, 31, 527-536.	0.5	5
412	Promoting Wellness on College Campuses. Topics in Clinical Nutrition, 2019, 34, 125-137.	0.2	1
413	Development of an At-Risk Score for Metabolic Syndrome. Topics in Clinical Nutrition, 2019, 34, 246-258.	0.2	1
414	Expanding Advice Response Theory by Incorporating Goal Inference: College Students' Perceptions of Parental Exercise Advice. Communication Theory, 2021, 31, 336-359.	2.0	6
415	In their own words: A qualitative study exploring influences on the food choices of university students. Health Promotion Journal of Australia, 2019, 30, 66-75.	0.6	26
416	The impact of a social media literacy intervention on positive attitudes to tanning: A pilot study. Computers in Human Behavior, 2019, 90, 188-195.	5.1	24
417	Perceptions of Health Behaviors and Mobile Health Applications in an Academically Elite College Population to Inform a Targeted Health Promotion Program. International Journal of Behavioral Medicine, 2019, 26, 165-174.	0.8	16

#	Article	IF	Citations
418	Perceived Parental and Peer Social Support Is Associated With Healthier Diets in Adolescents. Journal of Nutrition Education and Behavior, 2019, 51, 23-31.	0.3	16
419	University Lebanese students are not immune to the metabolic syndrome. Mediterranean Journal of Nutrition and Metabolism, 2019, 12, 23-32.	0.2	1
420	College student television binge watching: Conceptualization, gratifications, and perceived consequences. Social Science Journal, 2019, 56, 470-479.	0.9	47
421	Psychometric Analyses of the Motivation to Prepare Healthy Foods Questionnaire Used With Adult College Students. Journal of Nutrition Education and Behavior, 2019, 51, 456-464.	0.3	1
422	The Role of Self-Identity in Predicting College Students' Intention to Consume Fruits and Vegetables. Journal of Nutrition Education and Behavior, 2019, 51, 173-181.	0.3	20
423	Findings From a Randomized Trial of Weight Gain Prevention Among Overweight Puerto Rican Young Adults. Journal of Nutrition Education and Behavior, 2019, 51, 205-216.	0.3	13
424	Adapting evidence-based behavioral weight loss programs for emerging adults: A pilot randomized controlled trial. Journal of Health Psychology, 2019, 24, 870-887.	1.3	27
425	Associations between social control, motivation, and exercise: How romantic partners influence exercise during young adulthood. Journal of Health Psychology, 2019, 24, 1425-1435.	1.3	8
426	Change in physical activity from adolescence to early adulthood: a systematic review and meta-analysis of longitudinal cohort studies. British Journal of Sports Medicine, 2019, 53, 496-503.	3.1	204
427	Automatic Analysis of Food Intake and Meal Microstructure Based on Continuous Weight Measurements. IEEE Journal of Biomedical and Health Informatics, 2019, 23, 893-902.	3.9	16
428	Asthma and allergy as risk factors for suicidal behavior among young adults. Journal of American College Health, 2019, 67, 97-112.	0.8	9
429	Reciprocal longitudinal relations between weight/shape concern and comorbid pathology among women at very high risk for eating disorder onset. Eating and Weight Disorders, 2019, 24, 1189-1198.	1.2	3
430	Parental Confirmation and Emerging Adult Children's Body Image: Self-Concept and Social Competence as Mediators. Communication Research, 2020, 47, 373-401.	3.9	4
431	Patterns of marijuana use and physical health indicators among Canadian youth. International Journal of Psychology, 2020, 55, 1-12.	1.7	16
432	Rural-urban differences in college students' cardiovascular risk perceptions. Journal of American College Health, 2020, 68, 477-483.	0.8	4
433	Sleep duration and body mass: direction of the associations from adolescence to young adulthood. International Journal of Obesity, 2020, 44, 852-856.	1.6	11
434	Significant Relationships Exist between Perceived and Objective Diet Quality in Young Adults. Journal of the Academy of Nutrition and Dietetics, 2020, 120, 103-110.	0.4	7
435	Challenges, Opportunities, and Motivators for Developing and Applying Food Literacy in a University Setting: A Qualitative Study. Journal of the Academy of Nutrition and Dietetics, 2020, 120, 33-44.	0.4	36

#	ARTICLE	IF	CITATIONS
436	The serially mediated relationship between emerging adults' social media use and mental well-being. Computers in Human Behavior, 2020, 102, 206-213.	5.1	54
437	Socio-economic and cultural disparities in diet among adolescents and young adults: a systematic review. Public Health Nutrition, 2020, 23, 843-860.	1.1	54
438	Cluster patterns of behavioural risk factors among children: Longitudinal associations with adult cardio-metabolic risk factors. Preventive Medicine, 2020, 130, 105861.	1.6	11
439	Weight Gain Over 6 Years in Young Adults: The Study of Novel Approaches to Weight Gain Prevention Randomized Trial. Obesity, 2020, 28, 80-88.	1.5	10
440	Brain activation and affective judgements in response to personal dietary images: An fMRI preliminary study. Appetite, 2020, 148, 104561.	1.8	4
441	Association between Physical Activity, Food Consumption and Depressive Symptoms Among Young Adults in Spain: Findings of a National Survey. Issues in Mental Health Nursing, 2020, 41, 59-65.	0.6	6
442	Associations between weight misperception, contextual factors, and weight loss behaviours in young adult men with overweight/obesity. Obesity Science and Practice, 2020, 6, 39-46.	1.0	4
443	Development of an Instrument Measuring Perceived Environmental Healthfulness: Behavior Environment Perception Survey (BEPS). Journal of Nutrition Education and Behavior, 2020, 52, 152-161.	0.3	5
444	How to integrate nutritional recommendations and environmental policy targets at the meal level: A university canteen example. Sustainable Production and Consumption, 2020, 21, 120-131.	5.7	10
445	How online self-presentation affects well-being and body image: A systematic review. Telematics and Informatics, 2020, 47, 101316.	<b>3.</b> 5	19
446	Impact of a Scalable, Multi-Campus "Foodprint―Seminar on College Students' Dietary Intake and Dietary Carbon Footprint. Nutrients, 2020, 12, 2890.	1.7	22
447	Predictors of diabetes risk perception among college students. Journal of American College Health, 2022, 70, 1803-1809.	0.8	5
448	Assessing the stress-buffering effects of social support for exercise on physical activity, sitting time, and blood lipid profiles. Journal of American College Health, 2022, 70, 1563-1569.	0.8	4
449	Lifestyle Changes and Weight Gain. Journal of Occupational and Environmental Medicine, 2020, 62, e318-e327.	0.9	0
450	Challenges and Opportunities for the Prevention and Treatment of Cardiovascular Disease Among Young Adults: Report From a National Heart, Lung, and Blood Institute Working Group. Journal of the American Heart Association, 2020, 9, e016115.	1.6	75
451	College Students' Intention to Select Healthy Snacks: An Application of the Theory of Planned Behavior. American Journal of Health Education, 2020, 51, 215-224.	0.3	1
452	†When I have time pressure, sport is the first thing that is cancelled': A mixed-methods study on barriers to physical activity among university students in Germany. Journal of Sports Sciences, 2020, 38, 2479-2488.	1.0	12
453	Using motivational interviewing to enhance emerging adults' engagement in weight loss: The Live Well RVA pilot randomized clinical trial. Obesity Science and Practice, 2020, 6, 460-472.	1.0	10

#	Article	IF	CITATIONS
454	Patterns of behavioral risk factors for non-communicable diseases in Vietnam: A narrative scoping review. Health Psychology Open, 2020, 7, 205510292096724.	0.7	10
455	Differences in physical activity and perceived benefits and barriers to physical activity between LGBTQ + and non-LGBTQ + college students. Journal of American College Health, 2022, 70, 208	5 <sup>0</sup> 28990.	9
456	Stability of the timing of food intake at daily and monthly timescales in young adults. Scientific Reports, 2020, 10, 20849.	1.6	14
457	Sex Differences in the Relationship Between Childhood Selfâ€Regulation and Adolescent Adiposity. Obesity, 2020, 28, 1761-1769.	1.5	3
458	Healthy Sleep Leads to Improved Nutrition and Exercise in College Females. Topics in Clinical Nutrition, 2020, 35, 135-143.	0.2	1
459	Lifestyle patterns and their nutritional, socio-demographic and psychological determinants in a community-based study: A mixed approach of latent class and factor analyses. PLoS ONE, 2020, 15, e0236242.	1.1	14
460	Health Behavior Change in the Classroom: A Means to a Healthy End?. Journal of Primary Prevention, 2020, 41, 445-472.	0.8	8
461	Obesity in Young Adulthood: The Role of Physical Activity Level, Musculoskeletal Pain, and Psychological Distress in Adolescence (The HUNT-Study). International Journal of Environmental Research and Public Health, 2020, 17, 4603.	1.2	5
462	College campuses' influence on student weight and related behaviours: A review of observational and intervention research. Obesity Science and Practice, 2020, 6, 694-707.	1.0	21
463	Diet and Mental Health During Emerging Adulthood: A Systematic Review. Emerging Adulthood, 2022, 10, 645-659.	1.4	26
464	A Multi Theory–Based Investigation of College Students' Underlying Beliefs About Local Food Consumption. Journal of Nutrition Education and Behavior, 2020, 52, 907-917.	0.3	12
465	When clean eating isn't as faultless: the dangerous obsession with healthy eating and the relationship between Orthorexia nervosa and eating disorders in Mexican University students. Journal of Eating Disorders, 2020, 8, 54.	1.3	7
466	Experiences of Discrimination and Urinary Catecholamine Concentrations: Longitudinal Associations in a College Student Sample. Annals of Behavioral Medicine, 2020, 54, 843-852.	1.7	9
467	The Association of Demographic Characteristics and Food Choice Motives with the Consumption of Functional Foods in Emerging Adults. Nutrients, 2020, 12, 2582.	1.7	19
468	Faith in Fat: A Multisite Examination of University Students' Perceptions of Fat in the Diet. Nutrients, 2020, 12, 2560.	1.7	0
469	Disparities in fresh fruit and vegetable intake by sociodemographic and behavioural factors among adults in China. Public Health Nutrition, 2022, 25, 649-656.	1.1	12
470	Mothers' Nutrition Knowledge Is Unlikely to Be Related to Adolescents' Habitual Nutrient Intake Inadequacy in Japan: A Cross-Sectional Study of Japanese Junior High School Students. Nutrients, 2020, 12, 2801.	1.7	5
471	A brief whole-body vibration intervention to avoid weight gain in college students: A randomized controlled pilot trial. Journal of American College Health, 2022, 70, 1010-1018.	0.8	2

#	Article	IF	CITATIONS
472	Get healthy to marry or marry to get healthy?. Personal Relationships, 2020, 27, 613-629.	0.9	2
473	Physical activity and perceived benefits, but not barriers, to exercise differ by sex and school year among college students. Journal of American College Health, 2022, 70, 1426-1433.	0.8	8
474	Transitions in risk-behavior profiles among first-year college students. Journal of American College Health, 2020, , 1-10.	0.8	3
475	Obesity across the lifespan in congenital heart disease survivors: Prevalence and correlates. Heart and Lung: Journal of Acute and Critical Care, 2020, 49, 788-794.	0.8	10
476	Physical Activity, Sedentary Behavior, Anxiety, and Pain Among Musicians in the United Kingdom. Frontiers in Psychology, 2020, 11, 560026.	1.1	18
477	Factors associated with overweight and obesity among Bangladeshi university students: a case–control study. Journal of American College Health, 2022, 70, 2327-2333.	0.8	13
478	Adherence to the Mediterranean Diet in College Students: Evaluation of Psychometric Properties of the KIDMED Questionnaire. Nutrients, 2020, 12, 3897.	1.7	8
479	Knowledge, Attitudes, and Practices Regarding Dietary Sodium in College Students. Journal of Nutrition Education and Behavior, 2020, 52, 1139-1147.	0.3	3
480	The role of executive functioning on the intention-behaviour relationship of health behaviours: a temporal self-regulatory perspective. Psychology and Health, 2020, 36, 1-16.	1.2	5
481	The Psychological Effects of a Campus Forest Therapy Program. International Journal of Environmental Research and Public Health, 2020, 17, 3409.	1.2	20
482	Evaluating the association of free sugars intake and glycemic load on cardiometabolic outcomes: A prospective analysis throughout adolescence into early adulthood. Obesity Research and Clinical Practice, 2020, 14, 142-150.	0.8	2
483	Momentary Physical Activity Co-Occurs with Healthy and Unhealthy Dietary Intake in African American College Freshmen. Nutrients, 2020, 12, 1360.	1.7	15
484	Association between gastrointestinal phenotypes and weight gain in younger adults: a prospective 4-year cohort study. International Journal of Obesity, 2020, 44, 2472-2478.	1.6	16
485	Using geographic information systems to characterize food environments around historically black colleges and universities: Implications for nutrition interventions. Journal of American College Health, 2022, 70, 818-823.	0.8	7
486	Binge eating, but not dietary restraint, moderates the association between unhealthy food marketing exposure and sugary food consumption. Eating Behaviors, 2020, 38, 101401.	1.1	3
487	<p>Eating Habits Among Medical Students at King Abdulaziz University, Jeddah, Saudi Arabia</p> . International Journal of General Medicine, 2020, Volume 13, 77-88.	0.8	26
488	Constrained choices: Combined influences of work, social circumstances, and social location on time-dependent health behaviors. SSM - Population Health, 2020, $11$ , $100562$ .	1.3	5
489	Measuring university students' beliefs toward healthy snack selection. Journal of American College Health, 2020, , 1-8.	0.8	3

#	Article	IF	CITATIONS
490	Food literacy can described adequate? Optimizing cut-off scores for the short food literacy questionnaire (SFLQ). Mediterranean Journal of Nutrition and Metabolism, 2020, 13, 119-126.	0.2	4
491	A GIS-based approach to evaluating environmental influences on active and public transport accessibility of university students. Journal of Urban Management, 2020, 9, 331-346.	2.3	18
492	Associations between Chronotype, Adherence to the Mediterranean Diet and Sexual Opinion among University Students. Nutrients, 2020, 12, 1900.	1.7	20
493	Predicted Lifetime Thirdâ€Party Costs of Obesity for Black and White Adolescents with Raceâ€Specific Ageâ€Related Weight Gain. Obesity, 2020, 28, 397-403.	1.5	4
494	Design Features Associated with User Engagement in Digital Games for Healthy Lifestyle Promotion in Youth: A Systematic Review of Qualitative and Quantitative Studies. Games for Health Journal, 2020, 9, 150-163.	1.1	35
495	Dietary behaviors and poor sleep quality among young adult women: watch that sugary caffeine!. Sleep Health, 2020, 6, 214-219.	1.3	17
496	Changes in physical activity, diet, and body weight across the education and employment transitions of early adulthood: A systematic review and metaâ€analysis. Obesity Reviews, 2020, 21, e12962.	3.1	58
497	Health literacy promotion among young adults: a web-based intervention in German vocational schools. Health Education Research, 2020, 35, 87-98.	1.0	9
498	Physical activity information seeking among emerging adults attending university. Journal of American College Health, 2022, 70, 223-231.	0.8	4
499	Exercise-related coping beliefs predict physical activity levels in response to naturally occurring stress: A daily diary study of college students. Journal of American College Health, 2022, 70, 411-419.	0.8	4
500	HIV Testing Among Latino Emerging Adults: Examining Associations with FamilismÂSupport, Nativity, and Gender. Journal of Immigrant and Minority Health, 2020, 22, 1039-1048.	0.8	4
501	Language of Health of Young Australian Adults: A Qualitative Exploration of Perceptions of Health, Wellbeing and Health Promotion via Online Conversations. Nutrients, 2020, 12, 887.	1.7	20
502	How do short-term associations between diet quality and metabolic risk vary with age?. European Journal of Nutrition, 2021, 60, 517-527.	1.8	9
503	The health of college students on the autism spectrum as compared to their neurotypical peers. Autism, 2021, 25, 719-730.	2.4	15
504	The mirror's curse: Weight perceptions mediate the link between physical activity and life satisfaction among 727,865 teens in 44 countries. Journal of Sport and Health Science, 2021, 10, 48-54.	3.3	14
505	Is late bedtime an overlooked sleep behaviour? Investigating associations between sleep timing, sleep duration and eating behaviours in adolescence and adulthood. Public Health Nutrition, 2021, 24, 1671-1677.	1.1	29
506	Weight status, dietary habits, physical activity, screen time and sleep duration among university students. Nutrition and Health, 2021, 27, 69-78.	0.6	9
507	A qualitative study about college students' attitudes, knowledge and perceptions regarding sugar intake. Appetite, 2021, 159, 105059.	1.8	13

#	Article	IF	CITATIONS
508	Weight Management Efforts, But Not Weight Perceptions, Are Associated with Dietary Quality among Youth and Young Adults in Canada. Journal of the Academy of Nutrition and Dietetics, 2021, 121, 942-951.	0.4	5
509	How does nutrition education contribute to the consumers' use and attitudes towards food labels?. Nutrition and Food Science, 2021, 51, 517-528.	0.4	5
510	Dietary pattern trajectories across adolescence and early adulthood and their associations with childhood and parental factors. American Journal of Clinical Nutrition, 2021, 113, 36-46.	2.2	32
511	Exploring the association between mental wellbeing, health-related quality of life, family affluence and food choice in adolescents. Appetite, 2021, 158, 105020.	1.8	20
512	Association of overweight and obesity with the risk of disordered eating attitudes and behaviors among Bangladeshi university students. Eating Behaviors, 2021, 40, 101474.	1.1	13
513	Moderate-to-vigorous intensity physical activity trajectories during adolescence and young adulthood predict adiposity in young adulthood: The Iowa Bone Development Study. Journal of Behavioral Medicine, 2021, 44, 231-240.	1.1	9
514	Eating behavior and body composition in Chilean young adults. Appetite, 2021, 156, 104857.	1.8	8
515	Sleep problems are associated with academic performance in a national sample of collegiate athletes. Journal of American College Health, 2021, 69, 74-81.	0.8	18
516	Sedentary time among undergraduate students: A systematic review. Journal of American College Health, 2021, 69, 237-244.	0.8	32
517	Proof of concept: The TRANSITION program for young adults with autism spectrum disorder and/or attention deficit hyperactivity disorder. Scandinavian Journal of Occupational Therapy, 2021, 28, 78-90.	1.1	8
518	Promoting an interdisciplinary food literacy framework to cultivate critical citizenship. Journal of American College Health, 2021, 69, 459-462.	0.8	8
519	Students on stairs: a participatory approach using decisional cues in the form of motivational signs to promote stair use. Journal of American College Health, 2021, , 1-11.	0.8	2
520	Promoting physical activity through text messages: the impact of attitude and goal priority messages. Health Psychology and Behavioral Medicine, 2021, 9, 165-181.	0.8	6
521	Body image and the relation to mindfulness and self-compassion in physical education students: a cross-cultural study. Anesthesia, Intensive Care and Pain in Neonates and Children, 2020, 8, 9172.	2.4	0
522	A cross-stressor adaptation perspective on challenge stressors, dietary behavior, and exercise of college students. Social Science Journal, 0, , 1-10.	0.9	3
523	Rest-activity rhythms in emerging adults: implications for cardiometabolic health. Chronobiology International, 2021, 38, 543-556.	0.9	12
524	Eating habits among medical students, Jeddah, Saudi Arabia. Journal of Biochemical and Clinical Genetics, 0, , 1119-1126.	0.1	0
525	Self-efficacy in cooking and consuming fruits and vegetables among Brazilian university students: the relationship with sociodemographic characteristics. British Food Journal, 2021, 123, 2049-2065.	1.6	9

#	Article	IF	CITATIONS
526	A systematic review of interventions to increase breakfast consumption: a socio-cognitive perspective. Public Health Nutrition, 2021, 24, 3253-3268.	1.1	9
527	Characterization, Nutrient Intake, and Nutritional Status of Low-Income Students Attending a Brazilian University Restaurant. International Journal of Environmental Research and Public Health, 2021, 18, 315.	1.2	6
528	Effect of sex/gender on obesity traits in Canadian first year university students: The GENEiUS study. PLoS ONE, 2021, 16, e0247113.	1.1	3
529	Understanding Vocational Students' Motivation for Dietary and Physical Activity Behaviors. International Journal of Environmental Research and Public Health, 2021, 18, 1381.	1.2	4
530	Orthorexia nervosa, intuitive eating, and eating competence in female and male college students. Eating and Weight Disorders, 2021, 26, 2625-2632.	1.2	17
531	Consumer Response to Cake with Apple Pomace as a Sustainable Source of Fibre. Foods, 2021, 10, 499.	1.9	13
532	A Comparison of Nutritional Status, Knowledge and Type 2 Diabetes Risk Among Malaysian Young Adults With and Without Family History of Diabetes. The Malaysian Journal of Medical Sciences, 2021, 28, 75-86.	0.3	1
533	The Influence of Forest Activities in a University Campus Forest on Student's Psychological Effects. International Journal of Environmental Research and Public Health, 2021, 18, 2457.	1.2	18
534	Relationship between dietary factors and S-Klotho plasma levels in young sedentary healthy adults. Mechanisms of Ageing and Development, 2021, 194, 111435.	2.2	14
535	University stakeholders largely unaware and unsupportive of university pouring rights contracts with companies supplying sugar-sweetened beverages. Journal of American College Health, 2023, 71, 403-410.	0.8	4
536	A 20-Year Follow-Up Study of Objectively Measured Physical Activity. International Journal of Environmental Research and Public Health, 2021, 18, 3076.	1.2	2
537	The Relationship between University Students' Nutritional Status, Cardio-Metabolic Biomarkers and Physical Activity Levels. Clinical and Experimental Health Sciences, 0, , .	0.1	0
538	Association between dental fear and eating disorders and Body Mass Index among Finnish university students: a national survey. BMC Oral Health, 2021, 21, 93.	0.8	4
539	Preventive Behavioral Insights for Emerging Adults: A Survey during the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 2021, 18, 2569.	1.2	5
540	Nutrition Literacy among Adolescents and Its Association with Eating Habits and BMI in Tripoli, Lebanon. Diseases (Basel, Switzerland), 2021, 9, 25.	1.0	20
541	Characteristics associated with cooking frequency among college students. International Journal of Gastronomy and Food Science, 2021, 23, 100303.	1.3	3
542	Changes in Body Composition, Energy Expenditure, and Energy Intake during Four Years of University—A Follow-Up Study. International Journal of Environmental Research and Public Health, 2021, 18, 3990.	1.2	5
543	Body Appearance (Dis)satisfaction Scale applied to Brazilian university students. Jornal Brasileiro De Psiquiatria, 2021, 70, 134-140.	0.2	0

#	Article	IF	CITATIONS
544	Association between weight control behaviors and diet quality among Brazilian adolescents and young adults: Health Survey of $S\tilde{A}$ Paulo with Focus on Nutrition, 2015. Eating and Weight Disorders, 2021, , 1.	1.2	1
545	Overweight and obesity are associated with increased eating disorder correlates and general psychopathology in university women with eating disorders. Eating Behaviors, 2021, 41, 101482.	1.1	13
546	Impact of Smart Snacks Intervention on College Students' Vending Selections. Journal of American College Health, 2021, , 1-7.	0.8	0
547	A Systematic Review of Psychosocial Nutrition Interventions for Young Adults. Journal of Nutrition Education and Behavior, 2021, 53, 316-335.	0.3	1
548	Dietary Habits, Perceptions and Barriers Among Government and Private College Intermediate Students in Karachi: A Cross-Sectional Survey. The Journal of Bahria University Medical and Dental College, 2021, 11, 81-86.	0.0	0
549	A theory-grounded text message–based intervention to reduce sedentary behaviour in university students. Health Education Journal, 2021, 80, 672-685.	0.6	2
550	Toward a Healthy and Environmentally Sustainable Campus Food Environment: A Scoping Review of Postsecondary Food Interventions. Advances in Nutrition, 2021, 12, 1996-2022.	2.9	9
551	Better together: The impact of exercising with a romantic partner. Journal of Social and Personal Relationships, 2021, 38, 3078-3096.	1.4	4
552	Understanding eating choices among university students: A study using data from cafeteria cashiers' transactions. Health Policy, 2021, 125, 665-673.	1.4	8
553	Capability, opportunity, and motivation: an across contexts empirical examination of the COM-B model. BMC Public Health, 2021, 21, 1014.	1.2	52
554	A life course perspective on BMI in rural America. Health and Place, 2021, 69, 102562.	1.5	3
555	Developing sugar-sweetened beverage warning labels for young adults. Public Health Nutrition, 2021, 24, 4765-4775.	1.1	8
556	Feasibility and acceptability of "active―classroom workstations among French university students and lecturers: a pilot study. BMC Public Health, 2021, 21, 1001.	1.2	2
557	Food Security Characteristics Vary for Undergraduate and Graduate Students at a Midwest University. International Journal of Environmental Research and Public Health, 2021, 18, 5730.	1.2	19
558	Classes of lifetime adversity in emerging adult women and men and their associations with weight status. Preventive Medicine, 2021, 146, 106455.	1.6	4
559	Association between diet and symptoms of anxiety and depression in college students: A systematic review. Journal of American College Health, 2021, , 1-11.	0.8	7
560	Changes in fruit and vegetable consumption in relation to changes in sleep characteristics over a 3-month period among young adults. Sleep Health, 2021, 7, 345-352.	1.3	15
561	Influence of biomedical education on health and eating habits of university students in Spain. Nutrition, 2021, 86, 111181.	1.1	14

#	Article	IF	CITATIONS
562	Self-Rated Health and Psychological Distress among Emerging Adults in Italy: A Comparison between Data on University Students, Young Workers and Working Students Collected through the 2005 and 2013 National Health Surveys. International Journal of Environmental Research and Public Health, 2021, 18, 6403.	1.2	12
563	A cross-sectional evaluation of the relationship between social jetlag and diet quality. Chronobiology International, 2021, 38, 1557-1568.	0.9	16
564	Effects of Advertising: A Qualitative Analysis of Young Adults' Engagement with Social Media About Food. Nutrients, 2021, 13, 1934.	1.7	18
565	Institutional factors associated with college students' healthy physical activity and body composition: A first semester follow-up. Journal of American College Health, 2023, 71, 1134-1142.	0.8	6
566	Effects of mHealth intervention on sexual and reproductive health in emerging adulthood: A systematic review and meta-analysis of randomized controlled trials. International Journal of Nursing Studies, 2021, 119, 103949.	2.5	8
567	Outcomes of Sleeve Gastrectomy at a Veterans Affairs Medical Center. Journal of Laparoendoscopic and Advanced Surgical Techniques - Part A, 2021, 31, 765-771.	0.5	2
568	Methodological Challenges in Estimating the Lifetime Medical Care Cost Externality of Obesity. Journal of Benefit-Cost Analysis, 2021, 12, 441-465.	0.6	2
569	The relationship between tree canopy and social capital on physical activity in college students. Journal of American College Health, 2023, 71, 1705-1714.	0.8	3
570	Individual, social–environmental and physical–environmental correlates of diet quality in young adults aged 18–30 years. Appetite, 2021, 162, 105175.	1.8	19
571	Characterizing eating disorder diagnosis and related outcomes by sexual orientation and gender identity in a national sample of college students. Eating Behaviors, 2021, 42, 101528.	1.1	16
572	The COMET study: Examining the effects of COVID-19-related perceived stress on Los Angeles Mothers' dysregulated eating behaviors, child feeding practices, and body mass index. Appetite, 2021, 163, 105209.	1.8	19
573	Behavioral weight loss in emerging adults: Design and rationale for the Richmond Emerging Adults Choosing Health (REACH) randomized clinical trial. Contemporary Clinical Trials, 2021, 107, 106426.	0.8	4
574	Behavioral impact of national health campaigns on healthy lifestyle practices among young adults in Singapore: a cross-sectional study. BMC Public Health, 2021, 21, 1601.	1.2	6
575	Where Do Online Games Fit into the Health Behaviour Ecology of Emerging Adults: A Scoping Review. Nutrients, 2021, 13, 2895.	1.7	11
576	Using Technology to Assess Bidirectionality between Daily Pain and Physical Activity: The Role of Marginalization during Emerging Adulthood. Children, 2021, 8, 756.	0.6	1
577	Evaluation of a front-of-pack food labeling intervention on a college campus. Journal of American College Health, 2021, , 1-9.	0.8	0
578	Lifestyle correlates of dietary patterns among young adults: evidence from an Australian birth cohort. Public Health Nutrition, 2022, 25, 2167-2178.	1.1	6
579	The Relationship between Online and Offline Information-Seeking Behaviors for Healthy Nutrition. International Journal of Environmental Research and Public Health, 2021, 18, 10241.	1.2	4

#	Article	IF	CITATIONS
580	Stress, Emotional Eating and Food Choices Among University Students During the Covid-19. Malaysian Journal of Social Sciences and Humanities, 2021, 6, 335-346.	0.0	2
581	Children's psychosocial factors of healthy meal preparation as predictors for nutritional status measures. International Journal for Vitamin and Nutrition Research, 2021, 91, 522-530.	0.6	3
582	Autonomous motivation and action planning are longitudinally associated with physical activity during adolescence and early adulthood. Psychology of Sport and Exercise, 2021, 56, 101974.	1.1	10
583	Weighing the Risk: Developmental Pathways and Processes Underlying Obesity to Substance Use in Adolescence. Journal of Research on Adolescence, 2021, , .	1.9	3
584	Relationships between components of the 24-hour activity cycle and feelings of energy and fatigue in college students: A systematic review. Mental Health and Physical Activity, 2021, 21, 100409.	0.9	6
585	The impact of childhood trauma on substance use trajectories from adolescence to adulthood: Findings from a longitudinal Hispanic cohort study. Child Abuse and Neglect, 2021, 120, 105200.	1.3	19
586	Adverse childhood experiences in relation to mood-, weight-, and eating-related outcomes in emerging adulthood: Does self-compassion play a buffering role?. Child Abuse and Neglect, 2021, 122, 105307.	1.3	9
587	College Students' Views on Functional, Interactive and Critical Nutrition Literacy: A Qualitative Study. International Journal of Environmental Research and Public Health, 2021, 18, 1124.	1.2	7
588	EATING BEHAVIOUR OF INTERNATIONAL STUDENTS IN UKRAINE. WiadomoÅci Lekarskie, 2021, 74, 708-712.	0.1	1
589	Media Influences on Body Image & Dehaviors in Adolescents. , 2020, , 177-235.		1
590	A study on the interplay between emerging adulthood and eating disorder symptomatology in young adults. Eating and Weight Disorders, 2018, 23, 797-805.	1.2	11
591	Validation of a Virtual Reality Buffet environment to assess food selection processes among emerging adults. Appetite, 2020, 153, 104741.	1.8	15
592	Re-evaluating the effect of age on physical activity over the lifespan. Preventive Medicine, 2017, 101, 102-108.	1.6	88
593	Eating pathology and psychological outcomes in young adults in self-regulation interventions using daily self-weighing Health Psychology, 2019, 38, 143-150.	1.3	14
594	Me, my selfie, and I: The relations between selfie behaviors, body image, self-objectification, and self-esteem in young women Psychology of Popular Media, 2020, 9, 3-13.	1.0	82
595	Using Facebook and Text Messaging to Deliver a Weight Loss Program to College Students. Obesity, 2013, 21, 25.	1.5	11
596	Associations between health-related skills and young adults' work ability within a structural health literacy model. Health Promotion International, 2021, 36, 1072-1083.	0.9	10
597	Warning Labels Reduce Sugar-Sweetened Beverage Intake among College Students. Journal of Nutrition, 2021, 151, 179-185.	1.3	12

#	Article	IF	CITATIONS
598	Mindfulness-Based College: A Stage 1 Randomized Controlled Trial for University Student Well-Being. Psychosomatic Medicine, 2021, 83, 602-614.	1.3	18
599	Physical Fitness, Adiposity, and Metabolic Risk Factors in Young College Students. Medicine and Science in Sports and Exercise, 2010, 42, 1039-1044.	0.2	58
600	Dietary Habits of Saudi Medical Students at University of Dammam. International Journal of Health Sciences, 2016, 10, 335-344.	0.4	27
601	Health Behavior and Metabolic Risk Factors Associated with Normal Weight Obesity in Adolescents. PLoS ONE, 2016, 11, e0161451.	1.1	43
602	Nationwide Trends in Prevalent Cardiovascular Risk Factors and Diseases in Young Adults: Differences by Sex and Race and In-Hospital Outcomes. Southern Medical Journal, 2020, 113, 311-319.	0.3	6
603	Social Mechanisms for Weight-related Behaviors among Emerging Adults. Health Behavior and Policy Review, 2017, 4, 419-426.	0.3	4
604	Describing Food and Beverage Restaurants: Creating a Reliable Coding Tool. Health Behavior and Policy Review, 2019, 6, 152-165.	0.3	2
605	Promoting Healthy Lifestyle in High School Students: Determination of the Lifestyle Status through the Healthy Lifestyle Screen (HLS) Assessment. Journal of Lifestyle Medicine, 2020, 10, 30-43.	0.3	13
606	Association between Stress and Dietary Behaviours among Undergraduate Students in Kuwait Gender Differences. Journal of Nutrition and Health Sciences, 2014, $1$ , .	0.2	9
607	Escala de Depressão, Ansiedade e Estresse: propriedades psicométricas e prevalência das afetividades. Jornal Brasileiro De Psiquiatria, 2019, 68, 32-41.	0.2	39
608	Qualitative Exploration of Collegiate Student-Athletes' Constructions of Health. Journal of Intercollegiate Sport, 2020, 13, 24-47.	0.1	1
609	Development of an Evidence-based Nutritional Intervention Protocol for Adolescent Athletes. Journal of Exercise Nutrition & Biochemistry, 2019, 23, 29-38.	1.3	6
610	Peer Effects and the Freshman 15: Evidence from a Natural Experiment. SSRN Electronic Journal, 0, , .	0.4	3
611	Type 1 Diabetes in Young Adulthood. Current Diabetes Reviews, 2015, 11, 239-250.	0.6	130
612	Eating Disorders on College Campuses in the United States: Current Insight on Screening, Prevention, and Treatment. Current Psychopharmacology, 2020, 9, 91-102.	0.1	11
613	Weight Management in Young Adults: Systematic Review of Electronic Health Intervention Components and Outcomes. Journal of Medical Internet Research, 2019, 21, e10265.	2.1	49
614	A Brief Web-Based Nutrition Intervention for Young Adult University Students: Development and Evaluation Protocol Using the PRECEDE-PROCEED Model. JMIR Research Protocols, 2019, 8, e11992.	0.5	8
615	Efficacy of the Mindfulness Meditation Mobile App "Calm―to Reduce Stress Among College Students: Randomized Controlled Trial. JMIR MHealth and UHealth, 2019, 7, e14273.	1.8	258

#	Article	IF	CITATIONS
616	Improving Calcium Knowledge and Intake in Young Adults Via Social Media and Text Messages: Randomized Controlled Trial. JMIR MHealth and UHealth, 2020, 8, e16499.	1.8	6
617	A Technology-Mediated Behavioral Weight Gain Prevention Intervention for College Students: Controlled, Quasi-Experimental Study. Journal of Medical Internet Research, 2016, 18, e133.	2.1	46
618	A Mobile Ecological Momentary Assessment Tool (devilSPARC) for Nutrition and Physical Activity Behaviors in College Students: A Validation Study. Journal of Medical Internet Research, 2016, 18, e209.	2.1	52
619	A Mobile Health Lifestyle Program for Prevention of Weight Gain in Young Adults (TXT2BFiT): Nine-Month Outcomes of a Randomized Controlled Trial. JMIR MHealth and UHealth, 2016, 4, e78.	1.8	93
620	Availability and Accessibility of Student-Specific Weight Loss Programs and Other Risk Prevention Health Services on College Campuses. JMIR Public Health and Surveillance, 2016, 2, e29.	1.2	12
621	College Freshmen Students' Perspectives on Weight Gain Prevention in the Digital Age: Web-Based Survey. JMIR Public Health and Surveillance, 2017, 3, e71.	1.2	5
622	A randomized trial testing the efficacy of modifications to the nutrition facts table on comprehension and use of nutrition information by adolescents and young adults in Canada. Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice, 2015, 35, 173-183.	0.8	7
623	The Relationship Between Handball Players and Alcohol and Smoking Habits. Journal of Human Kinetics, 2018, 63, 127-136.	0.7	6
624	Perceived yoga exercise benefits and barriers of university students by gender: Results of a survey research. Turkish Journal of Kinesiology, 0, , 39-46.	0.5	2
625	Weight Gain in College Freshmen. Californian Journal of Health Promotion, 2017, 15, 13-26.	0.3	2
626	Mixed Method Evaluation of a College Student Fitness Program Using the RE-AIM Frameword. Californian Journal of Health Promotion, 2010, 8, 46-59.	0.3	4
627	Away from Home: A Qualitative Exploration of Health Experiences of Nigerian Students in a U.K. University. Journal of International Students, 2018, 8, .	0.4	10
629	Comparison of Factors Associated with Disordered Eating between Male and Female Malaysian University Students. Nutrients, 2020, 12, 318.	1.7	18
630	Personality traits, dieting self-efficacy and health behaviors in emerging adult women: implications for health promotion and education. Health Promotion Perspectives, 2020, 10, 230-237.	0.8	12
631	The Freshman Weight Gain Phenomenon: Does It Apply To Lebanese Students?. Open Access Macedonian Journal of Medical Sciences, 2018, 6, 2214-2220.	0.1	7
632	Nutritional Habits among Internet Users in a Private Malaysian Medical School. Pakistan Journal of Nutrition, 2015, 14, 409-411.	0.2	4
633	Gender Differences and Relationships among Lifestyle and Reproductive Health in University Students. Korean Journal of Women Health Nursing, 2019, 25, 446.	0.2	2
634	Prevalence and correlates of body dissatisfaction and disordered eating patterns in Indian youth: The role of media. Indian Journal of Psychiatry, 2020, 62, 509.	0.4	11

#	Article	IF	CITATIONS
635	Food Waste Knowledge, Attitudes, and Behavioral Intentions among University Students. Journal of Agriculture, Food Systems, and Community Development, 0, , 1-16.	2.4	6
636	Personality traits and health behaviors as predictors of subjective wellbeing among a multiethnic sample of university-attending emerging young adults. International Journal of Wellbeing, 2015, 5, 21-43.	1.5	16
637	Diet Quality, Carotenoid Status, and Body Composition in NCAA Division I Athletes. American Journal of Health Behavior, 2020, 44, 432-443.	0.6	20
638	The Association between Eating Habits and Body Mass Index among Nursing Students. IOSR Journal of Nursing and Health Science, 2017, 06, 14-26.	0.1	8
639	Person-specific dose-finding for a digital messaging intervention to promote physical activity Health Psychology, 2021, 40, 502-512.	1.3	9
640	Anxiety Status and Coping Strategies in Association with Sociodemographic Factors, Dietary and Lifestyle Habits in Greece. Clinical Practice and Epidemiology in Mental Health, 2021, 17, 152-160.	0.6	1
641	<i>à€œEverywhere You Look, You'll Find Food</i> à6€ Emerging Adult Perspectives Toward the Food Media Landscape. Ecology of Food and Nutrition, 2022, 61, 273-303.	0.8	4
642	Consequences of Picky Eating in College Students. Journal of Nutrition Education and Behavior, 2021, 53, 822-831.	0.3	4
643	Psychische Gesundheit und SexualitÃ♥– Anforderungen an Familie und Schule. , 2011, , 153-179.		0
644	Characteristics of Binge Eating Disorder and the Effectiveness of Cognitive Behavioral Therapy with College Students Prone to BED. Han'guk Simni Hakhoe Chi Kon'gang = the Korean Journal of Health Psychology, 2012, 17, 609-642.	0.2	1
645	Green Eating and dietary quality in university students. FASEB Journal, 2013, 27, 1065.15.	0.2	1
646	Nutrition behaviours among female students and their association with BMI, self-perceived health status, Saudi Arabia IOSR Journal of Nursing and Health Science, 2014, 3, 37-42.	0.1	0
647	Does Eating Behaviors among University Students in Nigeria Differ Based on Body Mass Index Differences. Science Journal of Public Health, 2014, 2, 38.	0.1	1
648	Anthropometric Indices and Lipid Profiles in Tertiary Institution Students. American Journal of Biochemistry, 2014, 4, 41-45.	0.3	0
649	Online College Energy Balance Course Improves Determinants of Behavior and Student Knowledge. Enliven Journal of Dietetics Research and Nutrition, 2015, 02, .	0.0	0
650	Conocimientos y prácticas sobre alimentación, salud y ejercicio en universitarios de MedellÃn-Colombia. Perspectivas En Nutrición Humana, 2015, 17, .	0.1	3
651	Eating Behavior and Body Mass Index Status of Senior Regular Undergraduate Students of Addis Ababa University. Science Journal of Public Health, 2016, 4, 107.	0.1	0
652	Short-Term Effects of the Stage-Matched Multicomponent Lifestyle Intervention on Weight Control. Middle East Journal of Rehabilitation and Health Studies, 2016, 3, .	0.1	1

#	Article	IF	CITATIONS
653	Development of Web-Based Nutritional Health Education Module. IOSR Journal of Nursing and Health Science, 2017, 06, 62-74.	0.1	1
658	The Effect of Emotion Regulation Skills' Training on Self-Control, Eating Styles and Body Mass Index in Overweight Students. , 2018, 06, 125-133.		1
659	The link between allergic disease and depression in young adults: A structural equation modelling analysis. Archives of Depression and Anxiety, 0, , 040-055.	0.8	1
660	Race and Exercise Engagement: Investigating the High-Calorie-Burning Activities of White and Black Collegiate Women. Women in Sport and Physical Activity Journal, 2018, 26, 69-75.	1.0	0
661	Developmental Issues Associated with Emerging Adulthood. , 2019, , 3-23.		0
662	â€⟨Socioeconomic status of Khulna university students deduced from their dietary intake profile. International Journal of Business Management and Social Research, 2019, 6, 338-349.	0.2	0
664	Assessment of Knowledge, Dietary Habits and Nutritional Status among Mansoura University Students. Journal of Food and Dairy Sciences, 2019, 10, 337-348.	0.1	0
665	Patient Prototypes. European Journal of Health Psychology, 2019, 26, 129-145.	0.3	0
666	The Healthfulness of Eateries at the University of Waterloo: A Comparison across 2 Time Points. Canadian Journal of Dietetic Practice and Research, 2020, 81, 72-79.	0.5	4
667	A Case Study on the Eating Habits of a Selection of University Students at the Eastern Mediterranean University (Emu) in Northern Cyprus. International Journal of Kurdish Studies, 0, , 202-221.	0.3	0
668	Rams Have Heart, a Mobile App Tracking Activity and Fruit and Vegetable Consumption to Support the Cardiovascular Health of College Students: Development and Usability Study. JMIR MHealth and UHealth, 2020, 8, e15156.	1.8	9
669	Can Social Cognitive Theory Influence Breakfast Frequency in an Institutional Context: A Qualitative Study. International Journal of Environmental Research and Public Health, 2021, 18, 11270.	1.2	3
670	Relevance of body mass index and bioelectrical impedance analysis vs. deuterium dilution technique to assess excess of fat among young adults. Isotopes in Environmental and Health Studies, 2021, 57, 193-203.	0.5	2
671	Assessment of the Food and Physical Activity Environment on a University Campus. Aresty Rutgers Undergraduate Research Journal, 2020, $1$ , .	0.0	0
672	Eating Behavior of Brazilian College Students: Influences of Lifestyle, Negative Affectivity, and Personal Characteristics. Perceptual and Motor Skills, 2021, 128, 781-799.	0.6	8
673	Motivation beliefs, emotions, leisure time physical activity, and sedentary behavior in university students: A full longitudinal model of mediation. Psychology of Sport and Exercise, 2022, 58, 102077.	1.1	9
674	Food Insecurity Among Adolescents and Emerging Adults. , 2020, , 269-285.		0
676	Formative work to design a digital learning self-assessment and feedback tool to prevent weight gain among college students. Digital Health, 2020, 6, 205520762097945.	0.9	0

#	Article	IF	CITATIONS
677	Lifestyle behavior of budding health care professionals: A cross-sectional descriptive study. Journal of Family Medicine and Primary Care, 2020, 9, 3525.	0.3	5
678	Trends in Weight among Undergraduate Students in a Northeast Public University. Journal of Public Health Issues and Practices, 2020, 4, .	0.2	0
680	The Effect of Eating Habits on Sleep Quality in 19-24 Years Old Young Adult Women. Interventions in Obesity & Diabetes, 2020, 3, .	0.0	0
681	Ação extensionista de promoção da saúde de estudantes universitários. Extensio: Revista Eletrônica De Extensão, 2020, 17, 81-95.	0.0	0
682	Desarrollo de habilidades conductuales alimentarias en situaciones de convivencia social con los amigos como estrategia para el seguimiento del tratamiento nutricional: Un ensayo aleatorizado. Revista Espanola De Nutricion Humana Y Dietetica, 2020, 24, 133.	0.1	0
683	Nutritional intervention promoting Mediterranean diet improves dietary intake and enhances score adherence in adolescent athletes. Mediterranean Journal of Nutrition and Metabolism, 2020, 13, 237-253.	0.2	1
684	La interacción de la luz con moléculas. Revista Digital Universitaria, 2020, 21, .	0.0	0
685	Lifestyle choices of Brazilian college students. PeerJ, 2020, 8, e9830.	0.9	7
686	It Takes a Village: Co-creation and Co-design for Social Media Health Promotion., 2021,, 67-93.		0
687	Preventing chronic illness in young veterans by promoting healthful behaviors. Preventing Chronic Disease, 2012, 9, E19.	1.7	6
688	Identifying correlates of young adults' weight behavior: survey development. American Journal of Health Behavior, 2011, 35, 712-25.	0.6	70
689	Do young adults participate in surveys that 'go green'? Response rates to a web and mailed survey of weight-related health behaviors. International Journal of Child Health and Human Development: IJCHD, 2011, 4, 225-231.	2.5	32
691	Teaching Goal-Setting for Weight-Gain Prevention in a College Population: Insights from the CHOICES Study. Journal of Health Education Teaching, 2013, 4, 39-49.	0.0	5
694	Dietary Habits of Saudi Medical Students at University of Dammam. International Journal of Health Sciences, 2016, 10, 353-62.	0.4	17
695	The Relationship of Living Environment with Behavioral and Fitness Outcomes by Sex: an Exploratory Study in College-aged Students. International Journal of Exercise Science, 2017, 10, 330-339.	0.5	8
696	Examining the Impact of a University-driven Exercise Programming Event on End-of-semester Stress in Students. International Journal of Exercise Science, 2017, 10, 754-763.	0.5	1
697	The association of nutrition behaviors and physical activity with general and central obesity in Caribbean undergraduate students. Revista Panamericana De Salud Publica/Pan American Journal of Public Health, 2015, 38, 278-85.	0.6	5
698	An evaluation of mHealth adoption and health self-management in emerging adulthood. AMIA Annual Symposium proceedings, 2019, 2019, 1021-1030.	0.2	1

#	Article	IF	CITATIONS
699	Experimental effects of fitspiration messaging on body satisfaction, exercise motivation, and exercise behavior among college women and men. Translational Behavioral Medicine, 2021, 11, 1441-1450.	1.2	2
700	Analysis of Eating Habits and Body Composition of Young Adult Poles. Nutrients, 2021, 13, 4083.	1.7	5
701	College-attending emerging adults $\hat{a} \in \mathbb{T}^M$ free time perception profiles: Relationships with well-being and identity development. Journal of Leisure Research, 0, , 1-20.	1.0	1
702	Aligning personal and collective interests in emerging adults during the COVID‶9 emergency in Italy. Journal of Community Psychology, 2022, 50, 2177-2197.	1.0	4
703	The CENTS program: promoting healthy eating by addressing perceived barriers. Psychology and Health, 2021, , 1-19.	1.2	1
704	Behavioral components of pro-healthy lifestyle and bioelectrical impedance body composition in Polish young adults: Preliminary results. Polish Annals of Medicine, 0, , .	0.3	0
705	Emotional eating and cognitive restraint mediate the association between sleep quality and BMI in young adults. Appetite, 2022, 170, 105899.	1.8	10
707	What Is Healthy Eating? Exploring Profiles of Intuitive Eating and Nutritionally Healthy Eating in College Women. American Journal of Health Promotion, 2022, 36, 823-833.	0.9	5
708	Identification and prioritization of pigeon peaâ€based products tailored to consumer preference perspective: A mixed method assessment approach. , 2022, 4, .		1
709	Social Mobile Approaches to Reducing Weight (SMART) 2.0: protocol of a randomized controlled trial among young adults in university settings. Trials, 2022, 23, 7.	0.7	1
710	The association of motivation and perceived social norms with eating behaviors in emerging adults. Health Psychology and Behavioral Medicine, 2022, 10, 81-91.	0.8	1
711	Framing Well: How Advertisement Framing Impacts Young Adult Female Intention to Engage in Exercise Behaviors. International Journal of Community Well-Being, $0$ , , $1$ .	0.7	1
712	Individual Circadian Preference, Eating Disorders and Obesity in Children and Adolescents: A Dangerous Liaison? A Systematic Review and a Meta-Analysis. Children, 2022, 9, 167.	0.6	13
713	Theory of planned behavior and college student 24-hour dietary recalls. Journal of American College Health, 2024, 72, 47-54.	0.8	1
714	Using apps to self-monitor diet and physical activity is linked to greater use of disordered eating behaviors among emerging adults. Preventive Medicine, 2022, 155, 106967.	1.6	9
715	The role of positive self-compassion, distress tolerance, and social problem-solving in the relationship between perfectionism and disordered eating among racially and ethnically diverse college students. Eating Behaviors, 2022, 44, 101598.	1.1	3
716	Development and Validation of a Food Systems Knowledge and Attitudes Survey for College Students. Journal of Hunger and Environmental Nutrition, 2024, 19, 217-235.	1.1	0
717	Integrating Preconception Health into Routine Reproductive Health Services of Ghana: A Qualitative Study Among University Students. Journal of Family & Reproductive Health, 0, , .	0.4	1

#	Article	IF	CITATIONS
718	Overweight and Obesity, Body Fat, Waist Circumference, and Anemia in Peruvian University Students: A Cross-Sectional Study. Journal of Nutrition and Metabolism, 2021, 2021, 1-9.	0.7	8
719	Associations between college/university campus characteristics and student body mass index. Environmental Health and Preventive Medicine, 2022, 27, 12-12.	1.4	2
720	Socio-Psychological Factors Associated with Young Australian Adults' Consumption of Energy Dense and Nutrient Poor (EDNP) Foods. Nutrients, 2022, 14, 812.	1.7	3
721	†You know what, l'm in the trend as well': understanding the interplay between digital and real-life social influences on the food and activity choices of young adults. Public Health Nutrition, 2022, 25, 2137-2155.	1.1	3
722	Motivations, barriers and exercise preferences among female undergraduates: A need assessment analysis. PLoS ONE, 2022, 17, e0264158.	1.1	6
723	Dietary Behaviors, Physical Activity, and Reported Role Models Among Emerging and Young Adults With Overweight and Obesity. Emerging Adulthood, 2022, 10, 679-688.	1.4	1
724	Participatory design application in obesity prevention targeting young adults and adolescents: a mixed-methods systematic scoping review protocol. Systematic Reviews, 2022, 11, 51.	2.5	4
725	Microbiome and metabolome profiles of high screen time in a cohort of healthy college students. Scientific Reports, 2022, 12, 3452.	1.6	8
726	Sleep and energy drink consumption among Norwegian adolescents – a cross-sectional study. BMC Public Health, 2022, 22, 534.	1.2	8
727	Changes of Self-Rated Health Status, Overweight and Physical Activity During Childhood and Adolescence—The Ratchet Effect of High Parental Socioeconomic Status. Frontiers in Sports and Active Living, 2022, 4, 781394.	0.9	2
728	The rewards US university students associate with campus dining halls and food choices. Journal of American College Health, 2022, , 1-11.	0.8	1
729	Transiting Out of Full-Time National Service: A Qualitative Study of Barriers and Motivators of Weight Change in Young Adult Men in Singapore. American Journal of Men's Health, 2022, 16, 155798832210747.	0.7	2
730	Association Between Ideal Cardiovascular Health and Vegetarian Dietary Patterns Among Community-Dwelling Individuals. Frontiers in Nutrition, 2022, 9, 761982.	1.6	2
731	Factors associated with weight gain prevention in young adults with serious mental illness. Microbial Biotechnology, 2022, , .	0.9	2
732	The Impact of the COVID-19 Pandemic on Young Australian Adults' Food Practices. Current Developments in Nutrition, 2022, 6, nzac009.	0.1	7
733	Calorie Compensation and Self-Regulation of Food Intake in College Students. Journal of Nutrition Education and Behavior, 2022, 54, 311-319.	0.3	3
734	How Does the University Food Environment Impact Student Dietary Behaviors? A Systematic Review. Frontiers in Nutrition, 2022, 9, 840818.	1.6	10
735	An exploratory social media intervention for perception and behavior on eating away from home: A cluster randomized trial in Chongqing, China. Journal of Cleaner Production, 2022, 347, 131206.	4.6	0

#	Article	IF	Citations
736	Identifying dietary pattern associated with adiposity among Malaysian young adults. Mediterranean Journal of Nutrition and Metabolism, 2021, , 1-12.	0.2	0
737	Ortaokul Öğrencilerinin Pandemi Sýrecindeki Fiziksel Aktivite Tutumu ve Stresle Başa Çıkma Durumlarının Değerlendirilmesi. Gümüşhane Üniversitesi Sağlık Bilimleri Dergisi, 2021,	10, 772-78 <sup>9</sup> : <sup>1</sup>	O
738	Associations Between College/University Physical Activity Requirements and Student Physical Activity. Research Quarterly for Exercise and Sport, 2023, 94, 485-492.	0.8	4
739	Increasing the Selection of Low-Carbon-Footprint Entrées through the Addition of New Menu Items and a Social Marketing Campaign in University Dining. Journal of the Association for Consumer Research, 2022, 7, 461-470.	1.0	2
743	Development and Validation of the Young Adult Nutrition Literacy Tool. Journal of Nutrition Education and Behavior, 2022, 54, 691-701.	0.3	5
745	Change in weight status and academic performance among senior high school students in Taiwan. Asia Pacific Journal of Clinical Nutrition, 2015, 24, 110-7.	0.3	2
746	Prevalence of Physical Activity Requirements Among US Colleges/Universities Participating in the American College Health Association-National College Health Assessment II. Inquiry (United States), 2022, 59, 004695802210878.	0.5	0
747	Effects of University Students' Perceived Food Literacy on Ecological Eating Behavior towards Sustainability. Sustainability, 2022, 14, 5242.	1.6	9
748	The Heart Healthy U Study: Formative Research to Design a Multimedia Campaign for Young Adults. Current Research in Nutrition and Food Science, 2022, 10, 85-98.	0.3	0
749	Analysis of nutrient intake and dietary adequacy on weekdays and weekends among undergraduate students. Journal of American College Health, 2022, , 1-7.	0.8	1
750	Social contexts are related to health behaviors: mEMA findings from the SPARC study. Appetite, 2022, 175, 106042.	1.8	4
751	Anthropometric Indices, Plasma Albumin, Uric Acid and Packed Cell Volume in Students of Tertiary Institutions. Universal Journal of Medical Science, 2014, 2, 15-19.	0.4	O
752	Self-tracking of daily physical activity using aÂfitness tracker and the effect of the 10,000 steps goal. German Journal of Exercise and Sport Research, 0, , .	1.0	5
753	Social and psychosocial factors affecting eating habits among students studying at the Syrian Private University: A questionnaire based cross-sectional study. Heliyon, 2022, 8, e09451.	1.4	8
754	Meeting Specific 24-Hour Movement Guidelines Is Associated With BMI Among University Students With Overweight/Obesity. American Journal of Lifestyle Medicine, 0, , 155982762210901.	0.8	1
755	Improving the Health of Emerging Adult Gamersâ€"A Scoping Review of Influences. Nutrients, 2022, 14 2226.	·, 1.7	9
756	Incentives and penalties tied to sales volume in contracts between beverage companies and public universities in the United States. Journal of American College Health, $0$ , , $1$ - $10$ .	0.8	3
757	Prevalence of obesity and its association with fast-food consumption and physical activity: A cross-sectional study and review of medical students' obesity rate. Annals of Medicine and Surgery, 2022, 79, .	0.5	7

#	ARTICLE	IF	CITATIONS
758	Assessment of energy and nutrient intakes among undergraduate students attending a University in the North of England. Nutrition and Health, 0, , 026010602210969.	0.6	O
759	University Students' Knowledge and Perceptions About Concepts, Recommendations, and Health Effects of Added Sugars. Frontiers in Nutrition, 0, 9, .	1.6	3
760	The psychological determinants of emotional and external eating behavior in a university student sample from Turkey. Psihologija, 2023, 56, 239-257.	0.2	0
761	Obesity Fact Sheet in Korea, 2021: Trends in Obesity Prevalence and Obesity-Related Comorbidity Incidence Stratified by Age from 2009 to 2019. Journal of Obesity and Metabolic Syndrome, 2022, 31, 169-177.	1.5	56
762	Health Literacy and Its Associations with Understanding and Perception of Front-of-Package Nutrition Labels among Higher Education Students. International Journal of Environmental Research and Public Health, 2022, 19, 8751.	1.2	7
763	Longitudinal change in physical activity and adiposity in the transition from adolescence to early adulthood: the 1993 Pelotas cohort study. International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, .	2.0	4
764	A Community-Based Obesity Prevention Program Decreased the Body Mass Index of University-Affiliated Participants. , $0$ , , .		0
765	A Socio-Cognitive Review of Healthy Eating Programs in Australian Indigenous Communities. International Journal of Environmental Research and Public Health, 2022, 19, 9314.	1.2	0
766	Social jet lag and eating styles in young adults. Chronobiology International, 2022, 39, 1277-1284.	0.9	9
767	College students' hope, body-esteem, motivation, and participation in exercise. Journal of American College Health, 0, , 1-6.	0.8	2
768	Do dietary patterns differ with video game usage in college men?. Journal of American College Health, 0, , 1-9.	0.8	2
769	Differential Associations between Weight Status (Obesity, Overweight, and Underweight) and Substance Use in Young Adulthood. Substance Use and Misuse, 2022, 57, 1663-1672.	0.7	1
770	The Relationships between Food Literacy, Health Promotion Literacy and Healthy Eating Habits among Young Adults in South Korea. Foods, 2022, 11, 2467.	1.9	21
771	Psychometric properties and measurement invariance across gender of the Italian version of the tempest self-regulation questionnaire for eating adapted for young adults. Frontiers in Psychology, 0, 13, .	1.1	3
772	Cyberbullying victimization and disordered eating behaviors: The mediating roles of self-compassion and self-objectification. Appetite, 2022, 178, 106267.	1.8	7
773	Towards Environmentally Sustainable Diets: Consumer Attitudes and Purchase Intentions for Plant-Based Meat Alternatives in Taiwan. Nutrients, 2022, 14, 3853.	1.7	7
774	Recruitment and retention of emerging adults in lifestyle interventions: Findings from the REACH trial. Contemporary Clinical Trials, 2022, 121, 106904.	0.8	3
775	The Contribution of BMI, Body Image Inflexibility, and Generalized Anxiety to Symptoms of Eating Disorders and Exercise Dependence in Exercisers. International Journal of Mental Health Promotion, 2022, 24, 811-823.	0.4	5

#	ARTICLE	IF	CITATIONS
776	Mediterranean Diet, a Posteriori Dietary Patterns, Time-Related Meal Patterns and Adiposity: Results from a Cross-Sectional Study in University Students. Diseases (Basel, Switzerland), 2022, 10, 64.	1.0	5
777	Trends in research: carbon footprint reduction in universities as a way to achieve a green campus. International Journal of Sustainability in Higher Education, 2023, 24, 584-601.	1.6	3
778	Diet Quality Is Associated with Glucose Regulation in a Cohort of Young Adults. Nutrients, 2022, 14, 3734.	1.7	10
779	Stress, eating and weight change in first year students: the moderating role of self-compassion. Psychology and Health, $0$ , $1 \cdot 17$ .	1.2	0
780	Environmental and Climate Impact Perceptions in University Students: Sustainability Motivations and Perceptions Correspond With Lower Red Meat Intake. Journal of the Academy of Nutrition and Dietetics, 2023, 123, 740-750.	0.4	7
781	Effect of a Lifestyle Intervention on Cardiometabolic Health Among Emerging Adults. JAMA Network Open, 2022, 5, e2231903.	2.8	3
782	Effects of school-based interventions on Food and Nutrition Literacy (FNLIT) in primary-school-age children: a systematic review. British Journal of Nutrition, 0, , 1-52.	1.2	0
783	Nature relatedness, connections to food and wellbeing in Australian adolescents. Journal of Environmental Psychology, 2022, 84, 101888.	2.3	5
784	Including sustainability factors inÂthe derivation of eater profiles ofÂyoung adults in Canada. British Food Journal, 2023, 125, 1874-1894.	1.6	2
785	Perceived Body Weight and Weight Management-Related Behaviors among Young Adults: Mediating Effects of Body Mass Index. American Journal of Health Education, 0, , 1-13.	0.3	0
786	Low subjective social status is associated with daily selection of fewer healthy foods and more high-fat/high sugar foods. Appetite, 2023, 180, 106338.	1.8	4
787	The Implementation of Farm-to-University Program in Historically Black Colleges and Universities: Assessment of Feasibility and Barriers. American Journal of Health Education, 0, , 1-9.	0.3	O
788	Perceived Benefits and Barriers to Physical Activity among LGBTQ+ College Students. Translational Journal of the American College of Sports Medicine, 2022, 7, .	0.3	1
789	Psychometric properties of the Chinese version of the sugar-sweetened beverages media literacy scale for undergraduates. Frontiers in Public Health, 0, 10, .	1.3	0
790	Eating-to-Cope Motives and Uncontrolled Eating as Mediators Between Negative Emotional States and Food Addiction Among Argentinean Young Adults. International Journal of Mental Health and Addiction, 0, , .	4.4	4
791	Diet Quality among Students Attending an Australian University Is Compromised by Food Insecurity and Less Frequent Intake of Home Cooked Meals. A Cross-Sectional Survey Using the Validated Healthy Eating Index for Australian Adults (HEIFA-2013). Nutrients, 2022, 14, 4522.	1.7	3
792	Network connectivity between benevolent childhood experiences and uncertainty stress among Chinese university students. Frontiers in Psychiatry, 0, 13, .	1.3	2
793	Eating behaviors, dietary patterns and weight status in emerging adulthood and longitudinal associations with eating behaviors in early childhood. International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, .	2.0	9

#	Article	IF	CITATIONS
794	Public understanding of sustainable diets and changes towards sustainability: A qualitative study in a UK population sample. Appetite, 2023, 181, 106388.	1.8	12
795	A Comparison of Caffeine Intake and Physical Activity According to Fatigue Severity in University Students. Evaluation and the Health Professions, 2023, 46, 92-99.	0.9	2
796	The relationships between social media exposure, food craving, cognitive impulsivity and cognitive restraint. Journal of Eating Disorders, 2022, $10$ , .	1.3	3
797	Gender Differences in Eating Habits of Polish Young Adults Aged 20–26. International Journal of Environmental Research and Public Health, 2022, 19, 15280.	1.2	7
798	Night Eating Syndrome and Palatable Eating Motives Among Medical Students., 2023,, 80-91.		0
799	Dietary intakes differ between LGBTQ + and non-LGBTQ + college students. Journal of American Health, 0, , 1-6.	College	0
800	Eating pace instruction is effective in slowing eating rate in women with overweight and obesity. Eating Behaviors, 2023, , 101701.	1,1	1
801	Trends and Patterns of Social History Data Collection Within an Electronic Health Record. Population Health Management, 0, , .	0.8	2
802	The message matters: Advertisement framing and college women $\hat{a} \in \mathbb{N}$ beliefs toward exercise. Journal of American College Health, 0, , 1-12.	0.8	0
803	Racial/ethnic and gender disparities in perceived stress and physical activity in college. Journal of American College Health, $0$ , $1$ -7.	0.8	1
805	University student practices and perceptions on eating behaviours whilst living away from home. International Journal of Educational Research, 2023, 117, 102133.	1.2	5
806	Understanding the Link between Childhood Emotional Abuse and Eating Behaviors: The Mediating Role of Self-Criticism. Journal of Aggression, Maltreatment and Trauma, 2023, 32, 1604-1621.	0.9	3
807	The Effects of an Online Health Education Class Using Group Chat Rooms on Affect, Depression and Physical Activity in Undergraduate Students: A Preliminary Study. Journal of Korean Association of Physical Education and Sport for Girls and Women, 2022, 36, 59-76.	0.1	0
808	"lf lt's not on Strava it Didn't Happen†Perceived Psychosocial Implications of Strava use in Collegiate Club Runners. Recreational Sports Journal, 2023, 47, 15-25.	0.2	1
809	Food Literacy Scale: Validation through Exploratory and Confirmatory Factor Analysis in a Sample of Portuguese University Students. Nutrients, 2023, 15, 166.	1.7	5
810	Impact of Online-Delivered eHealth Literacy Intervention on eHealth Literacy and Health Behavior Outcomes among Female College Students during COVID-19. International Journal of Environmental Research and Public Health, 2023, 20, 2044.	1.2	3
811	A 2-Year Longitudinal Study of Bone Mineral Density in Collegiate Distance Runners. Journal of Strength and Conditioning Research, 2023, 37, 1654-1659.	1.0	0
812	Emotional Appetite Questionnaire: psychometric properties in Brazilian adult samples before and after the COVID-19 pandemic onset. Peerl, 0, 11, e14597.	0.9	0

#	Article	IF	CITATIONS
813	A longitudinal study of lifestyle behaviours in emerging adulthood and risk for symptoms of depression, anxiety, and stress. Journal of Affective Disorders, 2023, 327, 244-253.	2.0	7
814	Age-dependent changes in the risk of weight gain in Chinese adults: results from the Kailuan cohort study. Public Health, 2023, 218, 139-145.	1.4	0
815	Involvement of Brazilian adolescents in home cooking: An exploratory analysis (EVA-JF Study). Nutrition, 2023, 110, 111998.	1.1	2
816	The role of self-compassion in the relationship between rejection and unhealthy eating: An ecological momentary assessment study. Appetite, 2023, 186, 106568.	1.8	2
817	The relationship between food cravings and body image with healthy eating index in adolescent girls. Nutrition, 2023, 111, 112037.	1.1	0
819	A Cross-Sectional Study of Gender Differences in Calorie Labeling Policy among Students: Dietary Habits, Nutritional Knowledge and Awareness. Nutrients, 2023, 15, 879.	1.7	3
820	Associations among perceived health competence, effortful control, self-control, and personality traits in Japanese university students. Scientific Reports, 2023, 13, .	1.6	0
821	Development and validation of a short nutrition literacy scale for young adults. Frontiers in Nutrition, $0,10,10$	1.6	2
822	Associations between Meeting 24-hour Movement Guidelines and Perceived Stress and Depressive Symptoms among College Students: Differences by Gender, Race, and Sexual Orientation. International Journal of Kinesiology in Higher Education, 0, , 1-13.	0.3	0
823	Sprouts consumption: A correlational study between Brazilian consumers' perception, motivation to eat new products levels and food choice factors. Journal of Sensory Studies, 0, , .	0.8	1
824	Factors associated with body image dissatisfaction in a Brazilian university sample during the COVID-19 pandemic. Frontiers in Education, 0, 8, .	1.2	2
825	Financial and Demographic Factors Associated with Cooking Self-Efficacy Among College Students from Three Minority Groups. American Journal of Health Education, 0, , 1-10.	0.3	0
826	Association of the gut microbiome with fecal short-chain fatty acids, lipopolysaccharides, and obesity in young Chinese college students. Frontiers in Nutrition, $0$ , $10$ , .	1.6	1
827	Work-related coping behaviour and experience patterns in university students: a review of 20 $\hat{a}$ escarch. Frontiers in Psychology, 0, 14, .	1.1	2
828	Helicopter Parenting Among Socio-Economically and Ethnically/Racially Diverse Emerging Adults: Associations with Weight-Related Behaviors. Emerging Adulthood, 0, , 216769682311713.	1.4	0
829	A pilot randomized trial of selfâ€compassion writing for young adult women engaged in emotional eating in the context of appearanceâ€related cyberbullying. International Journal of Eating Disorders, 2023, 56, 1520-1533.	2.1	1
855	Mental and Physical Health Impacts of Mindfulness Training for College Undergraduates: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Mindfulness, 2023, 14, 2077-2096.	1.6	3
859	Gesundheitskompetenz im Kontext der Gesundheitsf $ ilde{A}\P$ rderung von Auszubildenden in der Pflege. , 2023, , 111-123.		0

# Article IF Citations